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THE MAGAZINE OF *WESTERN LIVING*

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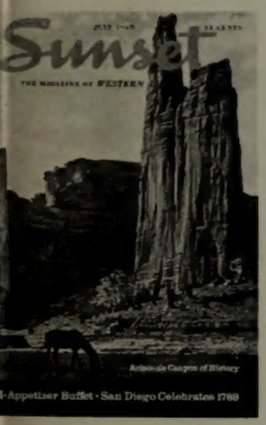

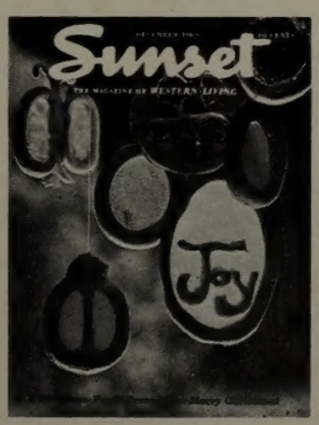

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Western Cooking and Entertaining

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Sunset

THE MAGAZINE OF WESTERN LIVING

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SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, Nevada, and Utah; Southwest edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the index page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert. The edition can also be found in small print at the bottom of the index page.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

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Garden touring, Oct 62 S, D
Kalalau Trail, July 50 S, D
Waipahee Falls, natural rock slide, Sept 30 S, D; Dec 24 N
Kauai and the Park Country of Hawaii, book review, Dec 30 all
Laie: Polynesian Cultural Center, June 10 N
Missionary Album, book review, Dec 30 all
Oahu
Sailplane sightseeing, Mar 39 all
Surfing competitions, Dec 32 all
Shoal of Time, book review, Dec 30 all

HIKING

Alta ski complex area, Utah, July 42 all
Big Basin Redwoods State Park to Castle Rock State Park, No. Calif., Sept 58 all
Bumping River area, U.S. Hwy. 401, Wash., May 77 all
Butano State Park, No. Calif., Oct 3 C
Chiricahua National Monument, Ariz., May 3 D
Columbia Gorge, Ore., May 86 N
Crater Lake National Park, Ore., Aug 36 all

HIKING (Cont.)

Gifford Pinchot National Forest, Wash., Indian race track, May 3 N
Kauai, Hawaii, Kalalau Trail, July 50 S, D
Jedediah Smith Redwoods State Park, No. Calif., Nickerson Ranch Trail, Nov 50 all
Olympic National Park, Wash., feature article, June 64 all
Oregon Hiking Trails, 100, book review, May 4 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N
Point Reyes National Seashore, No. Calif., San Andreas Earthquake Fault, Feb 4 C
Prairie Creek Redwoods State Park, No. Calif., Sept 45 all
Prescott Nat. Forest, Horsethief Basin, Sept 3 D
San Gabriel Wilderness, So. Calif., Feb 42 all; July 32 S, D
Sierra Club family outing, Calif., Apr 44 all
Ventana Wilderness, Santa Lucia Mtns., Marble Peak Trail, Nov 24 all
Wilderness Society trips, Mar 64 all
Yosemite Nat. Park, High Sierra Camps, Feb 56 all
Yuba River, South Fork, Trail, No. Calif., Oct 44 N, C, D

IDAHO

Crater Rings, north of Mountain Home, Aug 4 N
Kellogg, Jackass Ski Bowl, Dec 6 N
McCall, Winter Carnival, Jan 34 all
Travel Guide to Idaho, a *Sunset* book, June 56 all

INDIA

North India, Delhi, Nov 41 all

INDIANS

Cuzco, Peru, Sacsahuaman ruins, Nov 72 all
Flagstaff, Ariz., Museum of Northern Arizona, piki bread demonstration, July 47 all
Gifford Pinchot National Forest, Wash., Indian race track, May 3 N
Indians of Early Southern California, book review, Dec 24 S, D
Mojave Desert, Calif., Rock Pictures Renegade Canyon, Oct 108 all
Phoenix, Ariz., Heard Museum, Indian Fair, Mar 4 D
Prescott, Ariz., Smoki Ceremonials, Aug 6 D
Riverside County, Calif., Petroglyphs, Maze Stone Park, Nov 8 N, S, D, 38 C
Rock Drawings of the Coso Range, book review, Oct 108 all
San Juan Teotihaucán, Mexico, pyramids, Jan 28 N, C; Apr 68 S, D
Soap Lake, Wash., Indian encampment, July 32 N

MEXICO

Baja California, La Paz to the Cape, feature article, Mar 76 all
Cruises to West Coast ports, Oct 24 all
Ensenada to San Diego yacht cruise, July 4 S
Guadalajara
Glass factories, Jan 30 all
Parque Agua Azul, Dec 29 all

MEXICO (Cont.)

Mexico City
Guide to Mexico City Then and Now, A, book review, Jan 8 S, D
John Wilhelm's Guide to Mexico City, book review, Jan 8 S, D
La Merced produce market, May 66 all
Morelia to Pátzcuaro via train, Nov 48 all
San Juan Teotihaucán pyramids, Jan 28 N, C; Apr 68 S, D
San Miguel de Allende, autumn fiesta, Sept 40 N
Tonalá, pottery center, Oct 79 all
Yelapa from Puerto Vallarta by boat, Nov 70 all

MISCELLANEOUS

Airline circle, triangle, extension trips, May 50 all
Beachcombing at reservoirs, Oct 30 all
Camper vehicles, feature article, May 78 all
Cars, campers, high country driving, July 8 S, D; Aug 22 N, C
Department of Defense retail sales stores, Nov 64 all
Dogs, traveling with, Mar 62 all; Apr 6 N, S, D, 4 C
Gifts for travelers, Dec 43 all
Life preservers, July 58 all
Litter, cleaning up picnic spots, June 130 C, S, D
Luggage, precautions against loss, Apr 71 all
Museum art classes for children, Oct 106 N, 100 C, S, D
Student programs for travel abroad, Feb 26 all
Tire chains, putting on, Jan 72 N
Travel clubs, Aug 35 all

NATIONAL PARKS, MONUMENTS

(Abbreviations: N.H.M.: National Historic Monument; N.H.S.: National Historic Site; N.M.: National Monument; N.P.: National Park; N.R.S.: National Recreation Area)
California National Parks, a *Sunset* book, Mar 57 all
Canyon de Chelly N.M., Ariz., feature article, July 52 all
Chiricahua N.M., Ariz., May 3 D; Oct 41 N, C, S
Crater Lake N.P., Ore., side trips around, Aug 36 all
Death Valley N.M., Calif.
Amargosa Opera House, Feb 4 D
Feature article, Nov 78 all
Thousand Acres of Nothing, A, Feb 6 D
Golden Spike N. H. M., Promontory, Utah, May 44 C, S, D
Gran Quivira N.M., N. Mex., May 41 S, D; Oct 22 N, C
Grand Canyon N.P., Ariz., *Grand Canyon Perspectives*, book review, Dec 6 D
Lake Mead N. R. A., Nev., Boulder Beach Visitor Center, July 6 D
Lassen Volcanic N.P., Calif., Rainbow Lake, fishing, Oct 67 all
Montezuma Castle N.M., Ariz., Aug 26 all
North Cascades N.P., Wash.
North Cascades National Park, The, book review, Oct 6 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N

NAT. PARKS, MONUMENTS (Cont.)

Olympic N.P., Wash., feature article, June 64 all
Powell Expedition N.H.S., Green River, Wyo., May 64 all
Redwood N.P., No. Calif., May 90 all
Tumacacori N.M., Ariz., Dec 3 D
Yosemite N.P., Calif.
High Sierra Camps, Feb 56 all
New developments, May 34 all
Winter holiday, Dec 58 C, S, D

NATURE

Arboretum, Boyce Thompson Southwestern, Superior, Ariz., Jan 4 D
Arboretum, University of Wash., Seattle, waterfront trail, Mar 102 N
Beachcombing at reservoirs, Oct 30 all
Biological-Sonar Laboratory, Coyote Hills Regional Park, Newark, Calif., May 3 C
Bird-watching, Gunther Island, Eureka, Calif., July 3 C
Cactus, saguaro, drives to view bloom, May 4 D
Cave exploring, Ariz., July 3 D
Caves, near Lake Lenore, Lower Grand Coulee, Wash., Nov 3 N
Chalcedony roses, Mar 59 all
Cobra Lilies, Darlingtonia Botanical Wayside, Ore., June 49 N, S, D
Cranes, sandhill, Bitter Lake National Wildlife Refuge, New Mexico, Oct 48 all
Crater Rings, southeast Idaho, Aug 4 N
Desert Museum, Arizona-Sonora, near Tucson, Ariz., Mar 3 D
Dinosaur footprints, near Tuba City, Ariz., Nov 52 all
Earthquake Country, a *Sunset* book, May 4 N, C, S; June 4 D
Earthquake Fault, San Andreas, trail loop, Point Reyes National Seashore, No. Calif., Feb 4 C
Elk, Tule, Reserve State Park, west of Bakersfield, Calif., July 40 all
Flower touring, Lompoc, Calif., June 52 all
Fossil dig, Rancho La Brea tar pits, Los Angeles, Oct 58 all
Garden park, Quail Gardens, Encinitas, Calif., Dec 3 S
Geological map, Ariz., Aug 6 D
Geology maps, Calif., Nev., Oct 38 all
Herons, egrets, Audubon Canyon Ranch, Stinson Beach, Calif., Mar 4 C
Marine Science Center, University of Southern California, Santa Catalina Island, Sept 4 S
Marineland, Palos Verdes Peninsula, So. Calif., new attractions, Nov 30 S, D
Musk oxen, near Fairbanks, Alaska, May 46 all
Nature center, El Dorado Park, Long Beach, Calif., Aug 38 C, S, D
Oasis, Big Morongo, Morongo Valley, Calif., June 30 S, D
Otters, sea, Point Grenville, Wash., Sept 6 N
Palms, native, Kofa Mts., Ariz., Apr 3 D
Rain forests, Olympic National Park, Wash., June 64 all
Rockhounding, Dry Creek, south of Harper, Ore., June 39 N, C
Sea World, San Diego, Calif., Apr 58 all
Sheep, desert bighorn, Desert National Wildlife Range, near Las Vegas, Nev., Mar 28 C; May 9 N, S

NATURE (Cont.)

Sheep, desert bighorn, Kofa Game Refuge, Ariz., Apr 3 D
Telescope, gift idea, Dec 66 all
Telescope, Museum of National History, Santa Barbara, Calif., Jan 3 S
Tidepooling, Apr 3 C
Trees, Big, Social Register of, booklet review, Feb 6 N
Waterfowl, Gray Lodge Wildlife Area, Gridley, Calif., Nov 68 all
Weather station equipment, Dec 34 all
Wildflowers
Walks at Lake Tahoe Visitor Center, Calif., July 9 C
Tacoma and Yelm, Wash. area, Apr 250 N
Point Mugu to Point Dume, Calif. coast, Feb 4 S
So. Calif., Apr 4 S
Collections, May 4 C
Wildlife, Upper Newport Bay, Orange County, Calif., Feb 3 S

NEVADA

Candelaria, ghost town, off U.S. Hwy. 95, Nov 56 all
Lake Mead National Recreation Area, Boulder Beach Visitor Center, July 6 D
Lake Mohave, Nev.-Ariz. border, fishing, Jan 24 S, D
Las Vegas
Desert National Wildlife Refuge, Mar 28 C; May 9 N, S
Red Rock Canyon Recreation Land, Jan 8 N, C; Feb 51 S, D
Winnemucca to Crescent City, Calif., via State Hwy. 140, Oct 52 all

OREGON

Cascade Mountains, Sahalie and Koosah Falls, U.S. Hwy. 126, June 6 N
Columbia Gorge, exploring, May 86 N
Crater Lake National Park, side trips around, Aug 36 all
Darlingtonia Botanical Wayside, north of Florence, June 49 N, S, D
Eugene, flea market, Feb 6 N
Farwell Bend State Park, exploring the Snake, Mar 6 N
Glide to Lake of the Woods, forest tour, guide-yourself, Oct 4 N
Harper to Fields, June 39 N, C
Hiking Trails, 100 Oregon, May 4 N
Hood River Valley, scenic drive, Oct 3 N
Hosmer Lake, Atlantic salmon, July 4 N
McDonald, John Day ford, Oregon Trail, July 8 N; Sept 30 C
Mount Hood, summer ski racing school, May 42 N
Mount Hood Meadows Ski Area, Jan 6 N
Netarts, Beachcombing Fair, Mar 4 N
Portland
Joffrey Ballet, July 3 N
Old church, Nov 3 N
Sailboat races, Nov 6 N
Rogue River, river trips, July 4 N
Salem
Art Association festival, July 3 N
Christmas floral shows, Dec 182 N
Salmon, Atlantic, fishing, Hosmer Lake, west of Bend, July 4 N
Santiam Pass, Hoodoo Bowl ski area, Jan 6 N
Shaniko, Apr 48 all
Silver Falls State Park, fall color, Sept 3 N

***OREGON** (Cont.)*

Troy, roads to, Mar 3 N
Willamette Valley, back roads, exploring, May 70 all

PACIFIC AREA

Australia
Sydney, Opera House tours, Sept 56 all
Hong Kong, a *Sunset* book, Oct 61 all
Japan
Osaka, Expo '70, Oct 72 all
New Zealand
North Island, Ninety Mile Beach, Feb 52 all
Tahiti
New developments, June 30 N; July 50 C
Raft outings, Oct 42 N, S, D
Tuu upea, beach party, Nov 62 all
Tonga, July 36 N

SKIING

Canadian ski tours, Jan 4 N
Colorado's major areas, feature article, Feb 62 all
Dodge Ridge, State Hwy. 108, Calif., Feb 3 C
Equipment, how airlines handle, Feb 30 all
Gorgoza, Utah, Dec 48 all
Hoodoo Bowl, Santiam Pass, Ore., Jan 6 N
Jackass Ski Bowl, south of Kellogg, Idaho, Dec 6 N
Los Angeles area resorts, new facilities, Feb 4 S
Mount Baker, Wash., summer ski schools, May 41 N
Mount Hood Meadows Ski Area, Ore., Jan 6 N
Mount Hood, Ore., summer ski schools, May 42 N
Park City West, Utah, Dec 48 all
Racing Camp, Wyo., summer ski schools, May 43 N
Rail ski tours, Dec 4 S
Red Lodge, Mont., summer ski schools, May 43 N
Sand skiing, Point Mugu State Recreation Area, So. Calif., May 32 all
Sierra resorts, new facilities, Jan 24 C
Skiing reports, Northwest cities, Dec 4 N
Sundance, northwest of Provo, Utah, Dec 48 all
Whistler Mountain
November skiing, Nov 74 N
Summer ski schools, May 42 N
Whitefish, Mont., Big Mountain ski area, Feb 3 N

SPORTS

Beagle Club, Blossom Valley field trial, near Hollister, Calif., Mar 68 all
Biking Atlas, North American, book review, July 44 all
Boat races, Sammamish Slough, Wash Apr 4 N
Crew racing, University of Wash., Seattle, Apr 3 N
Dory racing, So. Calif., Aug 64 S
Gliders, model, radio-controlled, Sept 52 S, D
Horseback riding
Calif. State Parks, June 59 all
Phoenix area, Jan 3 D

***SPORTS** (Cont.)*

Jogging trails, Long Beach, Calif., Aug 4 S
Sailboat races, Pacific Northwest, Nov 6 N
Sailboat regatta, San Francisco, May 38 all
Sand skiing, Point Mugu State Recreation Area, So. Calif., May 32 all
Snow play, ideas, Jan 3 N
Snowmobiling, Feb 46 N, C
Spelunking, Ariz., July 3 D
Surfing competitions, Oahu, Hawaii, Dec 32 all
Surfing schools, May 86 C, S
Volleyball league, how to run, Oct 168 N
Winter carnival, McCall, Idaho, Jan 34 all
Winter sports, Yosemite National Park, Calif., Dec 58 C, S, D

STATES OTHER THAN EIGHT WESTERN

Colorado
Ski areas, feature article, Feb 62 all
Montana
Ghost towns, western Montana, Apr 10 N
Red Lodge, summer ski racing camp, May 43 N
Rimini, old mining area, Apr 10 N
Whitefish, Big Mountain Ski Area, Feb 3 N
New Mexico
Albuquerque, arts and crafts fair, Aug 4 D
Bitter Lake National Wildlife Refuge, Sandhill cranes, Oct 48 all
Cibola National Forest, Fourth of July Campground, Oct 76 S, D
Gran Quivira National Monument, May 41 S, D; Oct 22 N, C
Quarai Ruins State Monument, near Mountainair, May 41 S, D; Oct 22 N, C
Santa Fe
Fiesta, Sept 6 D
Religious art, Museum of New Mexico, July 4 D
Scholle, Abo State Monument, May 41 S, D; Oct 22 N, C
New York
Rochester, George Eastman House of Photography, Sept 29 all
Wyoming
Green River, Powell Expedition National Historic Site, May 64 all
Jackson Hole, summer ski camp, May 43 N

UTAH

Alta ski complex area, hiking, July 42 all
Corinne, railroad museum, Oct 56 all
Fairfield, Camp Floyd State Historical Park, Aug 41 all
Goblin Valley, off State Hwy. 24, Oct 36 all
Kanab, moviemaking location, Apr 68 C
Lake Powell
Bullfrog Basin Marina, bass fishing, Oct 74 all
Recreation facilities, Aug 3 D
Promontory, Golden Spike National Historic Monument, May 44 C, S, D
Salt Lake City area
Rail ski tours, Dec 4 S
Ski complexes, new, Dec 48 all

WASHINGTON

Bellingham, Whatcom Museum of History and Art, Dec 3 N
Bremerton, Nutcracker Ballet, Dec 6 N

***WASHINGTON** (Cont.)*

Bumping River area, off U.S. Hwy. 401, May 77 all
Cedar Creek Grist Mill, north of Woodland June 29 N
Christmas shows, displays, Dec 182 N
Columbia River, Wanapum Dam, near Vantage, June 4 N
Enumclaw, King County Fair, Aug 3 N
Gifford Pinchot National Forest, Indian race track, May 3 N
Kirkland, sailboat races, Nov 6 N
Leavenworth, Bavarian theme, Autumn Leaf Festival, Sept 3 N
Lower Grand Coulee, caves, east of Lake Lenore, Nov 3 N
Mount Adams area
Randle to Troutdale drive, Sept 36 N
Takhlakh Plateau, Aug 4 N
Mount Baker, summer ski camp, May 41 N
North Cascades National Park
North Cascades National Park, The, book review, Oct 6 N
Pocket Guide to Selected Trails of the North Cascades, booklet review, Feb 4 N
Olympic National Park, feature article, June 64 all
Point Grenville, sea otters, Sept 6 N
Puget Sound, boats, Mar 9 N, S, D; May 41 C
Redmond, golden retriever trials, Oct 6 N
Renton, annual art show, Aug 4 N
Sammamish Slough, boat races, Apr 4 N
Scenic, Cascade Scenic Highway, reopened, June 4 N
Seattle
Art exhibits, Mar 6 N
Boat show, Jan 4 N
Chamber music, July 4 N
Crew racing, University of Wash., Apr 3 N
Concours d'Elegance, Apr 6 N
Joffrey Ballet, July 3 N
Sailboat races, Nov 6 N
Shopping, Dec 56 N
Soul Food Recipe Contest, Apr 6 N
University of Wash. Arboretum, waterfront trail, Mar 102 N
Visiting passenger ships, Mar 30 all
Seattle to Victoria cruise, taking bike along, June 3 N
Skykomish River, waterfalls, May 6 N
Snoqualmie Pass, highway construction in area, Dec 4 N
Soap Lake, Indian encampment, July 32 N
Spokane, Madonna Festival, Immaculate Heart Retreat House, May 4 N
Takhlakh Plateau, northwest of Mount Adams, Aug 4 N
Tumwater Canyon, U.S. Hwy. 2, Oct 62 N
Where Washingtonians Lived, book review, Nov 4 N
Wildflowers, between Tacoma and Yelm, Apr 250 N

WEST INDIES

Caribbean Here and Now, book review, June 50 all
Fielding's Guide to the Caribbean, including the Bahamas, book review, June 50 all

BUILDING AND REMODELING

BATHROOMS

Bathtub, raised, May 110 all
Ceiling, luminous, with vent fan, Mar 104 N, 102 C, S, D
Garden behind the mirrors, Jan 85 S, D; Feb 92 N, C
Ideas, bathing, grooming, health facilities, Apr 92 all
Light with exhaust fan, Oct 118 all
Planning and Remodeling Bathrooms, a *Sunset* book, Nov 138 all
Remodel, oak and tile accents, Nov 136 all
Remodel, roomy, partitioned, Feb 103 N
Shower, spacious, Oct 130 N, C
Tub fixture, multipurpose, June 92 all
Wood walls, natural, moisture protection, Apr 107 all

BEDROOMS

Boys', upstairs addition, Mar 118 S, D
Bunk beds, folding, Feb 116 all
Coat rack for boy's room, Oct 118 all
Doors, wardrobe closet, mirrored, Apr 107 all
Extension over car hood, July 83 all
Headboard, macramé, Sept 106 N; Oct 126 C
Headboard with cabinet-tables, Sept 96 all
Screened balcony for ventilation, Mar 114 all
Serving, eating area in master bedroom, Feb 84 all
Toy storage, Mar 112 all

BOOK REVIEWS

Bathrooms, Planning and Remodeling, a *Sunset* book, Nov 138 all
Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Remodeling Your Home, a *Sunset* book, Nov 115 all

CABINS AND VACATION HOUSES

Beach house, June 126 N
Floating compound, two-family, July 62 all
Giant window cabin, Feb 80 all
Mountain cabin, compact, Jan 56 all

FURNITURE

Baby cabinet becomes desk, May 114 C, S, D; Aug 82 N
Book shelf desk, July 98 all
Bunk beds, folding, Feb 116 all
Cabinets, refacing kit, Mar 104 N, 102 C, S, D
Desk drawer, place for small items, Mar 121 N, 122 S, D
Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Headboard with cabinet-tables, Sept 96 all
Pune'e and hikie'e, Oct 153 N
Table, coffee, angle iron, walnut, May 140 all
Table, maple, Mar 127 all
Table-sunbathing pad, Aug 70 all

HOME MATERIALS AND EQUIPMENT

Bathroom light with exhaust fan, Oct 118 all
Bathtub fixture, multipurpose, June 92 all
Broiler, countertop, vertical, Nov 209 all
Carpeting, non-static, May 110 all
Ceiling panels, acoustic, Oct 118 all
Ceiling panels, reversible, Aug 102 N, C
Cleaners, ultrasonic, for kitchen, shop, May 175 all
Clothes closet, new hardware, Mar 104 N, 102 C, S, D
Doors, sliding, closers, Feb 120 all
Doors, wardrobe closet, mirrored, Apr 107 all
Drainage pans for washers, water heaters, May 110 all
Electrical switches, timed, Apr 107 all
Exhaust fan hood, ductless, Nov 209 all
Fan, wall, flush-mounted, Oct 210 all
Fire alarm, small, Oct 118 all
Flooring, cushioned vinyl, do-it-yourself, Jan 64 all
Freezer, manual defrost or automatic, Apr 165 all
Heater, portable baseboard, warm-water, Jan 64 all
Heater, supplementary, inconspicuous, Feb 84 all
Ice cube bin, semi-automatic, Oct 210 all
Kitchen countertop, wooden, Apr 138 all
Light fixture-attic access opening, Sept 88 all
Light tubes, fluorescent, incandescent, May 110 all
Locksets, door, Sept 88 all
Ovens, new developments, Feb 165 all
Paneling, plywood, invisible "nailing," Mar 104 N, 102 C, S, D
Paneling, pressed cedar, Feb 84 all
Plywood, textured, Jan 64 all
Range, instant hot water faucet, June 182 all
Refrigerator for outdoor entertaining, Sept 150 all
Refrigerator-freezer, outside water-ice dispenser, June 182 all
Roof, aluminum shake, June 92 all
Roof tiles, concrete, Sept 88 all
Stairway kit, circular, May 110 all
Subfloors, glued, Oct 118 all
Tiles, self-adhesive vinyl, wall, Sept 150 all
Water purifier, compact, Mar 145 all
Window, new replacement, Mar 104 N, 102 C, S, D

HOUSES

American Institute of Architects - *Sunset Magazine* Western Home Awards:
- Announcement of 1969 winners, Oct 84 all
- House with privacy from street, neighbors, Oct 100 N
- Townhouses, Nov 102 all

Desert

Site, house blended together, May 88 D

HOUSES (Cont.)

General

Subdivision changes for more privacy, usable land, Apr 72 all
View from major rooms, Jan 70 all

Hillside

Pavilion house cantilevered out from hill, Sept 110 C
View from major rooms, Jan 70 all

Ideas (Misc.) and Special Rooms

Art collection, light box over, Mar 116 N, C
Book shelf desk, July 98 all
Book walls, Apr 126 N, C
Carpeting, non-static, May 110 all
Closet, perforated hardboard lining, Oct 118 all
Coat rack from strips and dowels, Oct 118 all
Counters, flip-up, for dining area, Feb 90 all
Dining room addition enclosed by glass, Mar 106 N, C, 107 S, D
Dining room storage wall, two-way, Feb 119 all
Door, entry, from wine tank, June 92 all
Door, hand-carved panels, July 84 all
Door, handcrafted tile, Mar 118 N, 121 S, D; Nov 120 C
Electrical, plumbing system snapshots for future reference, July 94 S, D
File cases, disguised, Feb 87 all
Fireplace, wall, spark catcher for, Oct 168 C, S, D
Fireplace tools, hanging, Dec 90 all
Intercom system, front door, Jan 72 C, S, D; Feb 101 N
"Kitchen" in bedroom, Feb 84 all
Movie screen, concealed, Feb 106 all
Mud room ideas, Mar 100 N, C; Nov 119 all
Multipurpose room, storage wall for, May 116 S, D
Office, home, fold-out from wall, June 114 N, 102 S, D
Offices, home, two ideas, Oct 134 all
Screens, sliding, along two sides of room, May 144 all
Sewing center in breakfast area, July 88 S, D; Aug 82 C
Stair risers, vinyl tile, Jan 64 all
Stairway kit, circular, May 110 all
Study space, children's recreation room, Mar 112 all
Traveler's trophies, displaying, Mar 138 all
Ventilation, improving, May 98 all
Window screens, filigreed plywood, Feb 88 all
Windows, difficult, panels for, Mar 128 all
Wine bottles, closet for, July 78 all

Remodeling

Additions on both ends of two-story house, Nov 128 N
Bathroom, oak and tile accents, Nov 136 all
Bathroom, roomy, Feb 103 N
Bathroom facilities, ideas, Apr 92 all
Bathrooms, Planning and Remodeling, a *Sunset* book, Nov 138 all

[illegible] SES (Cont.)

[illegible] addition,
[illegible]
[illegible] extended over car hood,
July 83 all
Dining room addition enclosed by glass,
Mar 106 N, C, 107 S, D
Garage converted into house, Dec 84 S, D
Kitchen, family room, Mar 118 C
Kitchen, for new appliances, June 112 N
Kitchen, long counter, view, Feb 108 all
Kitchen, one-wall plan for two cooks,
June 88 all
Kitchen built along one wall,
Jan 85 N, C; May 151 S, D
New rooms wrapped vertically around old,
Aug 66 N
1920 house, garden, Jan 62 all
Old house for children, new addition for
parents, May 114 N
Remodeling Your Home, a *Sunset* book,
Nov 115 all
Ventilation, improving, May 98 all

KITCHENS

Appliance garages, Aug 76 all
Breadboards, multi-purpose, June 182 all
Broiler, countertop, vertical, Nov 209 all
Cabinet, two-way, in divider wall,
Apr 165 all
Cabinet becomes a cooler, Apr 165 all
Cabinet space, stretching, Mar 145 all
Cabinets, corner, revolving shelves,
Nov 108 all
Cabinets, refacing kit, Mar 104 N,
102 C, S, D
Cart, mobile, for food, dishes, Mar 145 all
Ceiling panels, reversible, Aug 102 N, C
Cereals, dry, storing, Sept 106 C, S, D;
Oct 147 N
Cleaners, ultrasonic, May 175 all
Containers, air-tight, for crisp relishes,
Nov 209 all
Cook books, library case for, Apr 165 all
Countertop inserts, useful, Oct 147 C, S, D
Countertops, wooden, Apr 138 all
Cutting board in counter, May 175 all
Cutting board to fit over sink, May 152 S, D
Divider-island, Feb 95 all
Dog's retreat, Jan 97 all
Drawers behind cabinet doors, Mar 145 all
Eating counter, pull-out under kitchen
island, Feb 165 all
Eating counter, slide out under
pass-through, Oct 124 all
Exhaust fan hood, ductless, Nov 209 all
Fan, wall, flush-mounted, Oct 210 all
Food storage, plastic pouches, May 175 all
Freezer, manual defrost or automatic,
Apr 165 all

KITCHENS (Cont.)

Ice cube bin, semi-automatic, Oct 210 all
Ideas from *Sunset's* test kitchens, Feb 165 all
Island, circular, Oct 210 all
Knife care, storage, Aug 102 N, C
Lettuce, drip-dry, Sept 150 all
Lighting ideas, May 128 all
Message center, Oct 210 all
Mobile units for extra working space,
Nov 141 all
Ovens, new developments, Feb 165 all
Pans, hot, place for on counter, May 175 all
Pantry shelves, pull out, Apr 165 all
Planning centers, four ideas, Nov 133 all
Range, instant hot water faucet,
June 182 all
Refrigerator-freezer, outside water-ice
dispenser, June 182 all
Remodel, built along one wall,
Jan 85 N, C; May 151 S, D
Remodel, family room, kitchen, Mar 118 C
Remodel, one-wall plan for two cooks,
June 88 all
Remodel, with long counter, view,
Feb 108 all
Remodeled, for new appliances,
June 112 N
Serving carts, disappearing, Nov 130 all
Shelves on end of counter, Sept 150 all
Sink, modern, improving, Nov 111 all
Sink, second, Dec 109 all
Spice rack, swing-down, Oct 157 C, S, D
Spice rack - light well under cabinets,
Sept 98 all
Steps, pull-out, to reach high shelves,
Feb 98 S, D
Storage, baking pan, vertical, May 175 all
Storage, four ideas, Jan 97 all
Storage cabinet, sliding panels, Nov 209 all
Storage cabinet, tall, slim, Oct 121 all
Storage on top, bottom, back of counter,
Sept 150 all
Storage under pitched roof, Feb 165 all
Tiled wall to protect from oven spatter,
Oct 210 all
Tiles, self-adhesive vinyl, wall, Sept 150 all
Towel rack, pull-out, Aug 102 N, C
Trash disposer arrangements, June 182 all
Utensil storage, sliding bin, Nov 209 all
Utensils, small, magnetic rack for,
May 175 all
Water purifier, Mar 145 all
Windowless, with eating area opening
into garden, Sept 86 all

LAUNDRIES

Drainage pans for washers, water heaters,
May 110 all
Drip-dry cabinet, July 96 all
Laundry traffic, self-help, Jan 76 all

LIGHTING

Electrical switches, timed, Apr 107 all
Fluorescent tubes, incandescent,
May 110 all
Kitchen, ideas for, May 128 all
Lamp, mushroom, Dec 84 N, C
Lamps, movable, on drop cords,
Aug 81 all
Light box over art collection,
Mar 116 N, C
Light fixture-attic access opening,
Sept 88 all
Lights hidden under cabinets,
Feb 114 all
Spice rack-light well under kitchen
cabinets, Sept 98 all
Window screens, filigreed plywood,
Feb 88 all

STORAGE

Baking pans, vertical, May 175 all
Book walls, Apr 126 N, C
Cabinet, two-way, in divider wall,
Apr 165 all
Cereals, dry, Sept 106 C, S, D;
Oct 147 N
Closet, perforated hardboard lining,
Oct 118 all
Clothes closet, new hardware,
Mar 104 N, 102 C, S, D
Cook books, library case for,
Apr 165 all
Dining room storage wall, two-way,
Feb 119 all
Drawers behind cabinet doors,
Mar 145 all
Kitchen, four ideas, Jan 97 all
Kitchen, under pitched roof, Feb 165 all
Kitchen appliance garages, Aug 76 all
Kitchen cabinet, sliding panels,
Nov 209 all
Kitchen cabinet, tall, slim, Oct 121 all
Kitchen cabinet space, stretching,
Mar 145 all
Kitchen corner cabinets, revolving shelves,
Nov 108 all
Kitchen counter, shelves on end,
Sept 150 all
Kitchen counter, top, bottom, and back,
Sept 150 all
Kitchen utensils, sliding bin, Nov 209 all
Knives, Aug 102 N, C
Pantry shelves, pull-out, Apr 165 all
Spice rack, swing-down, Oct 157 C, S, D
Storage wall, multipurpose room,
May 116 S, D
Toy display, storage, Mar 112 all
Toy drawers, rolling, Oct 157 N, 153 C, S, D
Wine bottles, closet for, July 78 all
Wine storage in garage, Mar 111 all

OUTDOOR BUILDING

BENCHES

Patio, over dryer vent, June 124 all
Garden, overhead protection, Sept 93 all

BOOK REVIEWS

Garden and Patio Building Book, a *Sunset*
book, Apr 116 all
Outdoor Lighting, a *Sunset* book,
Apr 150 all; Dec 164 N

CHILDREN'S PLAY AREAS

Dragon and stockade,
Nov 142 all
Indian Trail park, Spokane, Wash.,
June 90 all
Nursery school play yard, Sept 76 all
Playhouse, A-frame, Mar 94 all;
Aug 52 all
Sandbox, disappearing, Mar 137 all

CHILDREN'S PLAY AREAS (Cont.)

Sandbox-sun deck,
Sept 108 all
Swing, hanging on irregular tree branches,
July 163 N; Sept 185 C, 202 S, D
Toys, giant, from plywood triangles,
Dec 58 N, 56 C, S, D
Tree house, floating,
June 126 C

FENCES, GATES, SCREENS

Fence for roadside privacy, Oct 266 N; Nov 248 S, D; Dec 188 C
Fence, pool, to keep view, July 90 N, C
Fences, trees incorporated into, Sept 190 all
Gate, unclimbable, July 76 all
Screen, entry, is garden wall, Sept 104 all
Screen, privacy, beside front door, June 227 S, D
Screen fence for entrance, Feb 168 N
Screen for patio, plant shelter, Feb 176 C, S, D
Screen for pool to stop wind, children, June 108 all
Stile, May 146 all
Subdivision changes for more privacy, usable land, Apr 72 all

GREENHOUSES, PLANT SHELTERS

Greenhouse, portable patio, June 189 N
Greenhouse remodel, Apr 234 all
Home nursery, Mar 222 N

MISCELLANEOUS

Aviaries, birds for, Sept 62 all
Aviary screen, 12 types, Sept 113 all
Bird feeder, giant, Oct 142 N, C, 130 S, D
Birds, feeding, Aug 120 D
Barbecue storage unit, Oct 165 all
Bird feeder, giant, Oct 142 N, C, 130 S, D
Boat garage, May 113 C, S, D
Buffet, outdoor, roll-away, May 126 N, C
Carpet, outdoor, padded, July 76 all
Dryer vent, bench over, June 124 all
Entry-car shelter, Mar 134 all
Entry walk, doors, new, May 154 N, C; June 114 S, D
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Garden work center, Strybing Arboretum - *Sunset Magazine* Demonstration Home Gardens, San Francisco, Nov 94 all
Horse stable, plastic windows, Oct 158 all
Horses' loafing shed, July 94 N, C; Oct 142 S, D
Mailbox, sod-roof, Apr 224 S

MISCELLANEOUS (Cont.)

Mailbox, street number at driveway, June 98 all
Mailbox is sculpture base, May 113 N; June 114 C, 126 S, D
Neighborhood entryway, June 102 N, C; Nov 120 S, D
Planter boxes, bottomless, for new trees, Apr 247 all
Railroad ties, landscaping with, Sept 196 N; Oct 110 C, S, D
Railroad ties, where to find, Oct 262 C, S, D
Shower, portable, Apr 107 all
Shuffleboard court, July 100 N, C, 91 S, D
Smoke oven, built-in, Apr 132 all
Stable for desert climate, Feb 110 all
"Stage" for container plants, Apr 104 all
Stile, May 146 all
Summer-fall garden contest, *Sunset's*, winners, Apr 86 all
Summer-fall youngster's garden contest, *Sunset's*, winners, Apr 100 all
Trash cans, streetside enclosure, June 116 all

OUTDOOR LIGHTING

Automatic lights, Feb 84 all
Lights from trees to mark driveway, June 98 all
Outdoor Lighting, a *Sunset* book, Apr 150 all; Dec 164 N

PATIOS AND DECKS

Deck, at stair landing, Aug 66 C
Deck, enlarged, connected to play yard, Apr 125 N, C
Deck, glass doors for wind protection, Apr 145 all
Deck, sheltered, on sunny side of house, Sept 95 N, C
Deck, trellis addition at entry, Feb 103 C, S, D
Decks, engawa added to hillside house, Oct 122 N
Decks, hillside garden, Oct 126 S, D
Decks, wooden, at poolside, Sept 78 all
Garden house, screened, Aug 56 all
Patio, pivoting glass screens, July 103 C; Sept 110 N
Patio built around tree, Aug 82 S, D

PATIOS AND DECKS (Cont.)

Patio heater, gas, July 76 all
Patios, two, off living areas, Sept 82 N, C
Refrigerator for outdoor entertaining, Sept 150 all
Screen for privacy, plant shelter, Feb 176 C, S, D
Sun shade structures, May 118 all
Terrace, glass wall to control wind, Feb 98 N, C
Terrace-deck combination, hillside garden, Nov 122 N, C
Trees on terrace, water basin, June 120 all

PAVING

(*See* Gardening and Landscaping section)

STEPS AND STAIRS

Entry, uphill, Aug 74 all
Garden steps to beach, Nov 122 N, C
Steps, railroad tie, two ideas, Feb 100 all

SWIMMING POOLS, SHELTERS

Decks, wooden, at poolside, Sept 78 all
Heating, solar, May 131 all
Pool, desert garden, Aug 62 all
Pool, hillside garden, Oct 126 S, D
Pool, multifamily, Nov 127 C, S, D
Pool alarm, Sept 88 all
Pool fenced to keep view, July 90 N, C
Pool pole, light, buoyant, Oct 160 all
Pool wrapped around house, July 74 all
Screen to stop wind, children, June 108 all
Shower-foot wash, June 119 all
Waterfall for pool, Sept 88 all

WEATHER CONTROLS

Deck, heat, glare screened out, Sept 95 N, C
Glass wall for terrace to control wind, Feb 98 N, C
Screens, hinged, for sun control, privacy, Oct 132 all
Sun shade structures, May 118 all
Weather station, Dec 34 all
Wind, stopped by glass doors on deck, Apr 145 all
Wind screen, pivoting glass, July 103 C; Sept 110 N
Wind screen for pool, June 108 all

WORKSHOP AND CRAFT PROJECTS

BOOK REVIEWS

Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all

CRAFTS, Misc.

Barbecue skewers, Australian, June 136 all
Candles, making at beach, June 104 N, C
Candles, castle dough, Dec 99 all
Caning, easy, for chair seats, June 94 all
Christmas decorations and craft ideas: see *Christmas Ideas*
Craft Courses, Directory of, Apr 32 all
Curtain, bamboo, June 129 C, S, D
Dolls, kachina, May 157 all
Door, handcrafted tile, Mar 118 N, 121 S, D; Nov 120 C

CRAFTS (Cont.)

Easter eggs, dip and dye, Apr 131 all
Fern frond designs, concrete floors, Mar 130 all
Flower heads using dried materials, Apr 114 N, C, 137 S, D
Flowers from wood shavings, Oct 139 all
Headboard, macramé, Sept 106 N; Oct 126 C
Lamp, mushroom, Dec 84 N, C
Place cards, holly, Dec 100 all
Rickshaw for children, Aug 46 all
Shade cloth, iron-on, Apr 108 all
Spider webs, catching, mounting, Sept 207 N, 185 S, D
Sunshade, portable, Aug 54 all

SEWING

Apron, French chef's, Dec 68 all
Bean bag frog, Apr 148 all
Dog, patchwork, Dec 102 all
Hemming tape, iron-on, June 182 all
Pillow, giant, Dec 77 all
Smock-apron, child's, June 130 N
Sunglass cases, Dec 106 all
Sunshade, portable, Aug 54 all
Tote bag, burlap, June 123 all
Window shade, fabric, iron-on, April 108 all

WOODWORKING

Baby cabinet becomes desk, May 114 C, S, D; Aug 82 N

***WOODWORKING** (Cont.)*

Birdhouse, high-rise, Apr [illegible]
Birdhouses, Mar 204 N [illegible]
Birdhouses, entrance s[illegible]
Apr 224 C
Chess set, patio, Ma[illegible]
Coat rack from st[illegible]
Oct 118 all
Cutting board [illegible]
May 152 S, D
Desk drawer [illegible]
Mar 12[illegible] N [illegible]
Doll house [illegible] 98 all
Door [illegible] June 92 all
Door [illegible] panels, July 84 all
Dragon stockade for children's play area,
Nov 142 all

***WOODWORKING** (Cont.)*

Furniture Finishing and Refinishing, a *Sunset* book, Oct 162 all
Gift-wrapping kit, Nov 120 N
Headboard with cabinet-tables, Sept 96 all
Kayak, simple plywood, Aug 64 N C
Lambs, wooden, Dec 78 N
Light box for color slides, Jan 69 all
Ping-pong table, folding, rolling, Apr 135 C
Planter, rolling pedestal, Oct 140 all
Rare woods, where to find in Los Angeles, Dec 23 S, D
Rat cage, two-story, Mar 132 all
Rickshaw for children, Aug 46 all
Spice rack-light well for under kitchen cabinets, Sept 98 all

***WOODWORKING** (Cont.)*

Stile, May 146 all
Table, coffee, angle iron, walnut, May 140 all
Table, maple, Mar 127 all
Table-sunbathing pad, Aug 70 all
Tool rack for garden cart, June 107 all
Toy, counting device, Dec 92 all
Toy storage drawers, rolling, Oct 157 N, 153 C, S, D
Toy truck with catapult, Dec 80 all
Toys, giant, from plywood triangles, Dec 58 N, 56 C, S, D
Toys from scrap blocks, Nov 127 N
Wheelbarrow, wooden, Mar 104 C, S, D; May 222 N

HOME MANAGEMENT

COMMUNITY PROJECTS

Christmas tableau, front yards, Dec 86 all
Flood-irrigation system, Salt River Valley, Ariz., June 190 D
Indian Trail Park, Spokane, Wash., June 90 all
Neighborhood entryway, June 102 N, C, Nov 120 S, D
News kiosk, Orinda, Calif., May 148 all
Nursery school play yard, Millbrae, Calif., Sept 76 all
Pool, multifamily, Nov 127 C, S, D
Roadside Clean-Up Day, Bainbridge Island, Wash., May 104 all
Student garden project, University of California, Santa Cruz, Mar 96 N, C, 222 S, D
Trail building, 16 miles in a weekend, Sept 58 all
Volleyball league, how to run, Oct 168 N

COUNTRY LIVING

Horse stable, plastic windows, Oct 158 all
Loafing shed for horses, July 94 N, C; Oct 142 S, D
Rural land, ridding of undesirable plants, Sept 200 C, 197 S, D

***COUNTRY LIVING** (Cont.)*

Stable for desert climate, Feb 110 all
Vegetable garden, deer, water problems, May 224 all
Water system from spring, June 129 N; Nov 122 S, D

MAINTENANCE

Boat trailer maintenance, May 132 all
Garage doors, sticking, sagging, repairing, Oct 148 all
Garden tools, repairing broken, Apr 118 all
Moss, removing from paving, Mar 116 S, D; Apr 135 N; May 116 C

MISCELLANEOUS

Air conditioners, room, July 92 S, D; Aug 78 N, C
Aviaries, birds for, Sept 62 all
Aviary screen, 12 types, Sept 113 all
Boat, loading into station wagon, May 142 all
Boat tie-down, auto seat belts, May 150 N
Boats, carrying two on car top, Apr 126 S, D; May 152 N, C
Carpet, outdoor, padded, July 76 all
Clothesline, chain, for hangers, July 76 all

***MISCELLANEOUS** (Cont.)*

"Cold rooms," improving heat, Jan 80 all
Dishwashing in small space, July 105 all
Doors, small, in garage door, June 92 all
Electrical, plumbing system snapshots for future reference, July 94 S, D
Garage doors, sticking, sagging, repairing, Oct 148 all
Instructions, reading carefully, Feb 165 all
Laundry traffic, self-help, Jan 76 all
Refrigerator for outdoor entertaining, Sept 150 all
Rope, synthetic, cutting, Aug 69 all
Tire chains, putting on, Jan 72 N
Tools, vinyl handles for, July 76 all
Workshop concealed by folding doors, Feb 92 S, D

PAINTING

Tips from professionals, Nov 115 all
Wood stains, foam-on, June 92 all
Wood walls, natural, moisture protection, Apr 107 all

POOLS

(see Outdoor Building, Swimming Pools)

CHRISTMAS IDEAS

CHRISTMAS TREES

Living trees, Dec 72 all
Outdoor lights in tall tree, Dec 168 all
Outdoor tree for birds, Dec 173 all
Pine cone tree, Dec 163 N
Preventive medicine for, Dec 163 C
Tree farms, Dec 4 C

CRAFTS AND DECORATIONS

Candy house, Dec 78 C
Castles of dough hold candles, Dec 99 all

***CRAFTS, DECORATIONS** (Cont.)*

Centerpiece, holly and ivy, Dec 164 C
Christmas cards, bold cutouts, Dec 89 all
Decorated front yards, Phoenix, Ariz., neighborhood project, Dec 86 all
Greenery, mailing deadlines, Dec 163 N
Lambs, wooden, Dec 78 N
Mobile, Christmas card, Dec 82 all
Ornaments, baked candy, Dec 64 all
Ornaments, wood shaving, Dec 104 all
Outdoor lighting ideas, Dec 163 C
Outdoor lights in tall tree, Dec 168 all

***CRAFTS, DECORATIONS** (Cont.)*

Paper, decorating with, Dec 50 all
Place cards, holly, Dec 100 all
Swag for front door, Dec 163 N
Tree, pine cones, seed pods, Dec 163 N

FOOD AND ENTERTAINING

Almonds and cashews, candied, Dec 158 all
Bread, Christmas (pandoro di verona), Dec 54 all
Brunch, holiday, Dec 114 all

***FOOD AND ENTERTAINMENT** (Cont.)*

Cakes, Christmas tree, baked in funnel, Dec 144 N, C
Cheese ball, holiday, Dec 110 all
Christmas logs, individual, Dec 131 all
Cookies, lace, Norwegian, Dec 150 all
Dinner, Christmas, Dec 117 all
Fruitcake, almond white, Dec 144 N, C
Fruitcake, spicy dark, Dec 144 N, C
Jellies, wine, five recipes, Nov 200 all
Make-ahead dishes, Dec 147 all
Marzipan, modeling, Dec 70 all
Smörgåsbord, Western, Dec 120 all
Spritz, Swedish, Dec 150 all
Toffee, sesame seed, Dec 157 all
Toffee, sunflower seed, Dec 157 all
Walnuts and pecans, sugared, Dec 158 all

GIFT IDEAS

Almonds and cashews, candied, Dec 158 all
Apron, French chef's, Dec 68 all
Bonsai, instant, Nov 216 all
Bonsai pot, Dec 180 all
Brushes, unusual, Dec 97 all
Cooks, stocking stuffers for, Nov 164 N, 180 C; Dec 144 S, D
Discovery shopping in Seattle, Dec 56 N
Dog, patchwork, Dec 102 all
Garden, miniature, in glass container, Dec 170 all
Garden gift ideas, Dec 163 C
Glassware, chemical, Dec 62 all
Herb vinegar, June 197 all
Herb seed packets, Dec 163 N
Herbs, dried, June 197 all
Jellies, wine, five recipes, Nov 200 all

***GIFT IDEAS** (Cont.)*

Kitchen scales, Dec 141 N, 78 S, D
Kitchen utensils, wooden, Dec 142 all
Pillow, giant, Dec 77 all
Ship chandlery, gift ideas from, Dec 26 all
Sunflower seeds, June 197 all
Sunglass cases, Dec 106 all
Telescopes, Dec 66 all
Toffee, two recipes, Dec 157 all
Toy, counting device, Dec 92 all
Toy truck with catapult, Dec 80 all
Toys, giant, from plywood triangles, Dec 58 N, 56 C, S, D
Travel gifts, Dec 43 all
Tropical plants, Dec 60 N
Walnuts and pecans, sugared, Dec 158 all
Weather forecasting instruments, Dec 34 all
Wine books, Dec 128 all

FOOD AND ENTERTAINING

APPETIZERS

All-appetizer party, July 72 all
Antipasto platter, assorted, Aug 109 all
Cheese ball, holiday, Dec 110 all
Cheese-filled diamonds (bourekakia), July 72 all
Cheese plate, trio, Sept 131 all
Clams, pop-open barbecue, May 93 all
Clams, stuffed (kidonia yemista), July 72 all
Clams in half shells, snail butter, Dec 161 N, S, D
Corned beef appetizer tray, July 106 all
Cream cheese spread, tangy, Nov 152 all
Daikon tomato appetizers, May 108 all
Dolmathes, olives, eggplant, skewered, July 72 all
Garbanzo sesame spread (humus tahini), July 72 all
Grapefruit with Rosé, Oct 189 N, S, D
Green beans, marinated, Sept 142 all
Ham appetizers, July 113 all
Herring, Danish, and caviar rolls, Mar 150 N
Mandarins with Sherry, Oct 189 N, S, D
Meatballs in spicy sauce, Jan 86 all
Meatballs oregano (keftethakia), July 72 all
Meatballs with snail butter, Dec 161 N, S, D
Melon with Traminer, Oct 189 N, S, D
Mushroom appetizers, July 113 all
Mushroom caps, snail butter, Dec 161 N, S, D
Pancakes, crab and chive filling, Feb 150 all
Salmon, barbecued, with biscuits, May 93 all
Sausage, grilled Italian-style, and cheese, May 93 all
Shellfish in snail shells, Dec 161 N, S, D
Shrimp and artichokes, marinated, July 72 all
Shrimp appetizer spread, Nov 146 all
Shrimp with Chablis, Oct 189 N, S, D
Snails, in French manner, Dec 161 N, S, D
Snails in mushroom caps, Jan 109 C, S, D; Feb 126 N
Snails in herb butter, Jan 109 C, S, D; Feb 126 N
Soufflé roulade, Nov 156 all
Zucchini, garlic-buttered, Dec 161 N, S, D

BAKING

Breads

Quick Breads
flour tortilla cracker, Jan 61 all
lefse, Dec 153 all
muffins, bacon corn, Oct 174 S, D
muffins, lemon, upside-down, Oct 174 S, D
muffins, Mexican corn, Apr 184 all
muffins, whole wheat banana, June 142 all
oatmeal coffee, Mar 140 all
toast, carmelized, June 153 S, D
toast, cinnamon, deluxe, June 152 S, D
whole wheat, banana Apr 155 all

Yeast Breads
black peasants', Mar 169 S, D
buns, thousand-layer, quick, Mar 166 all
Christmas (pandoro di verona), Dec 54 all
croissants, quick butter, Mar 150 S, D
doughnuts, orange, baked, Feb 162 all
doughnuts, refrigerator yeast, Oct 204 all
julekage, Christmas bread, Dec 114 all
muffins, English, quick sourdough, Oct 208 all
rye, sour, Oct 224 N, S, D, 225 C
St. Basil's (vasilopeta), Jan 102 N
wheat, sour, Jan 109 N; Apr 170 C, S, D
wheat, whole, Feb 142 all

Cakes

Almond cream layer, July 132 N, D
Almond sponge, July 132 N, D
Apple, spiced, Nov 147 all
Baba-rin, fresh orange, Feb 140 all
Caramel crunch, Feb 131 all
Cheesecake, apple, Mar 173 all
Cheesecake, cherry, June 156 all
Cheesecake, Danish two-way, Mar 142 all
Cheesecake, double chocolate, Aug 101 N; Sept 169 S, D; Nov 194 C
Cheesecake, fluffy lemon, Jan 87 all
Cherry, Mar 141 all
Chocolate ribbon, May 187 N, C
Christmas logs, individual, Dec 131 all
Devil's food pecan, spicy, May 206 N, C; June 172 S, D

***BAKING** (Cont.)*

***Cakes** (Cont.)*

Filbert, toasted, chocolate, Feb 124 all
Fruitcake, almond white, Dec 144 N, C
Fruitcake, spicy dark, Dec 144 N, C
Pound, almond, May 206 N, C; June 172 S, D
Pound fingers, toasted, Mar 173 all
Rocky road ring, May 206 N, C; June 172 S, D
Roll, peaches and cream, Aug 104 all
Rose geranium, Sept 164 S, D
Savarin, Aug 88 N, C
Sour cream-chocolate bit, Apr 167 all
Torta, almond and pine nut, Feb 125 all
Torte, pecan zwieback, Feb 125 all
Trifle, rum cream, Oct 178 all

Coffee Cakes

Almond ring, Danish, Feb 161 N, C
Bear claw pastries, quick, Mar 154 C
Caramel-topped, Sept 117 all
Coffee bread, apricot-filled, Mar 169 N; Apr 156 C, S, D
Coffee bread, Easter swirl, Apr 181 all
Coffee bread, nut crumb, Nov 146 all
Coffee bread, oatmeal, Mar 140 all
Coffee spiral, Danish, Nov 148 all
Coffee twists, Swedish, Mar 180 all
Crescents, sweet-nut, Nov 152 all
Filbert buns, Swedish, Feb 161 N, C
Honey bee cake, German (bienenstich), Feb 161 N, C
Kuchen, apple, Garmisch, Nov 163 N
Orange marmalade, Mar 174 all
Streusel, chocolate, July 119 all

Cookies

Almond rounds, Dec 150 all
Apple, Oct 203 all
Apricot-coconut bars, May 188 C
Butter fingers, June 164 all
Carnival, Oct 220 all
Cheese squares, June 164 all
Chocolate layer, June 165 all
Chocolate pinwheel, Sept 117 all
Chocolate sprinkle rounds, May 186 N, C
Cinnamon crisps, May 186 N, C

BAKING (Cont.)

Cookies (Cont.)

Coconut oatmeal crinkles, O[illegible]
Date pinwheels, June 177 all
Easter egg, Apr 215 all
Ginger thins, crisp, Apr [illegible]
Lace, Norwegian, D[illegible] all
Lemon toffee bars, J[illegible]
Refrigerator, orange, J[illegible]
Sesame bars, sp[illegible]
Shortbread, ch[illegible]
Shortbreads, [illegible] 206 all
Spritz, Swedish, [illegible] all

Pancakes and Waffles

Pancakes
- Altadena (sourdough), Feb 154 all
- cabbage, toasted, Nov 185 all
- crêpes, ham and mushroom, Apr 205 S, D; Oct 174 C
- crêpes, strawberry ice cream, Apr 205 N
- egg, chafing dish, Feb 122 all
- filled, appetizer, Feb 150 all
- oyster, Oct 170 all
- Sloppy Joe stack, June 153 S, D

Waffles
- chocolate, May 196 N, D; Aug 101 C
- cinnamon, Jan 93 all
- yogurt, May 196 N, D; Aug 101 C

Pies and Pastries

Desserts
- apple pie, Golden Delicious, Feb 77 all
- apple streusel pie, Nov 163 N
- blueberry-marshmallow pie, July 107 all
- cantaloupe pie, glazed fresh, June 154 all
- clafouti, cherry, June 158 all
- coconut pie, toasted, Nov 183 all
- custard pastries, Turkish (bouyatsa), Mar 159 all
- Danish pastry, apricot and cheese, quick, Nov 192 all
- Danish pastry, date, pecan, Nov 192 all
- Danish pastry, prune and almond, quick, Nov 190 all
- date-orange pie, Feb 123 all
- ice cream pie, cantaloupe, June 154 all
- ice cream pie, fruit ripple, Nov 196 all
- ice cream pie, huckleberry-swirl, Aug 113 N
- ice cream pie, peanut cream, Nov 198 all
- ice cream pie, pumpkin sundae, Nov 198 all
- ice cream pie, spiced jewel cream, Nov 198 all
- plum custard pie, Sept 133 all
- plum pie, butter sauce, Sept 133 all
- pumpkin cheese pie, Oct 171 all
- strawberry French cream pie, June 172 C
- strawberry pie, sparkling, May 176 all
- strudel, Austrian cheese (toflenstrudel), Mar 160 all
- strudel, German apple, Mar 159 all
- strudel, Hungarian almond, Mar 156 all
- tart, apple-cheese, Aug 102 S, D; Sept 169 N
- tart, apricot, cheese-latticed, June 77 all
- tart, lemon custard cantaloupe, June 154 all
- tarts, apple-mincemeat, Nov 93 all
- tarts, huckleberry cream cheese, Aug 112 N
- tarts, pumpkin, Nov 93 all
- tarts, sugar plum, Sept 134 all

BAKING (Cont.)

Pies and Pastries (Cont.)

Entrées
- beef-vegetable pie, Apr 218 all
- calzone, filled pastry, June 178 all
- hare deep dish pie, Oct 196 all
- onion pie (tarte à l'oignon), Jan 99 all
- oyster pie, Myers's, Oct 184 all
- quiche, leek and mushroom, Jan 104 all
- quiche, pepper ring, Jan 104 all
- salmon and cheese pie, Aug 84 all
- spinach shrimp tart, Apr 163 all
- turnovers, beef and sausage, May 158 all

BARBECUING

Abalone, May 194 C, S
Beef brisket, Sept 161 all
Beef short ribs, spicy, May 165 all
Beef steak, July 120 all
Chicken, sweet-sour, May 165 all
Chicken in blue cheese sauce, May 158 all
Clams, pop-open, May 93 all
Eggplant, three recipes, Oct 230 all
Lamb, breast of (pecho de cordero valerio, Feb 156 all
Lamb, leg of, Yucatán style, Apr 174 all
Lamb chops, Chihuahua style, Apr 172 all
Lamb kebabs krishna, May 185 all
Lamb shanks, smoky, Sept 162 all
Onions, sweet, plus, May 159 all
Pastrami, how to make, Feb 138 all
Pork kebabs with marinated vegetables, July 131 all
Pork ribs, country-style, chile-glazed, July 131 all
Rib bones, Oct 184 all
Salmon with biscuits, May 93 all
Sausage, grilled, and cheese, May 93 all
Skewers, Australian, June 136 all
Spareribs, spicy, July 107 all
Steak, rolled, Hawaiian, Aug 94 all

BEVERAGES

Cider, hot buttered, Dec 141 C, 140 S, D
Cranberry cup, hot buttered, Dec 141 C, 140 S, D
Espresso, orange, Mar 147 all
Fizz, ice cream, rich, July 126 all
Juice, clam-and-tomato, hot, Aug 108 all
Punch, ginger grapefruit, June 174 all
Punch, lemon champagne, June 174 all
Punch, milk, cajeta style, Sept 140 all
Punch, milk, hot buttered, Dec 141 C, 140 S, D
Tea, rose geranium, Sept 164 S, D

BOOK REVIEWS

California Wine Country, a *Sunset* book, Dec 128 all
Guide to California Wines, Dec 128 all
Menu Cook Book, a *Sunset* book, Nov 178 all
Mexican Cook Book, a *Sunset* book, June 166 all
Sunset Cook Book of Favorite Recipes, a *Sunset* book, Dec 136 all
Wine . . . Wisdom . . . & Whimsy, Dec 128 all

CANDIES

Almonds and cashews, candied, Dec 158 all
Marzipan, modeling, Dec 70 all
[illegible]ee, sesame seed, Dec 157 all
Toffee, sunflower seed, Dec 157 all
Walnuts and pecans, sugared, Dec 158 all

CASSEROLES

Artichokes, Jerusalem, scalloped, Feb 145 all
Barley and pine nut, June 134 all
Beale's special, Sept 154 all
Beans, baked, with beef, Mar 140 all
Beans, picnic, Apr 184 all
Beef and cheese tortilla, Sept 116 all
Cassoulet, country, Dec 135 all
Cassoulet, Western, Dec 135 all
Cassoulet in brief, June 77 all
Chicken, Tijuana, with brassy rice, May 170 all
Chicken and artichokes, Mar 155 N
Chicken breasts, baked, with sour cream, Apr 186 all
Chicken-ham Marsala, Apr 196 all
Chicken in cream, French, Mar 155 N
Chiles rellenos puff, Apr 154 all
Crab, Florentine, Feb 122 all
Crab Huntington, deviled, Dec 110 all
Eggplant with mozzarella cheese, Sept 136 all
Enchilada, Apr 176 all
Fisherman's, Jan 86 all
Green beans in Swiss cheese sauce, Apr 155 all
Hasenpfeffer, Apr 213 all
Lamb, Luigi, Oct 186 all
Lasagne, chicken, with hunter's sauce, Feb 153 all
Macaroni and cheese casa rosa, Feb 158 all
Moussakas, individual, Nov 164 C
Mushrooms, much-more-than, Apr 196 all
Mushrooms au gratin, June 134 all
Okra with beef, Feb 134 all
Paella, Western, Dec 112 all
Rice, Assyrian, Apr 198 C
Rice, brown and white, July 120 all
Rice, chicken-flavored, Apr 186 all
Rice, green, Aug 98 all
Rice, Javanese, Aug 99 N, C, 98 S, D
Sole, fillet of, Florentine au gratin, June 144 all
Squash, summer, gratinée, Sept 158 all
Stew, beef, oven-simmered, Dec 111 all
Tomatoes, curry-glazed, with rice, Sept 158 all
Turkey, sliced, and gravy, Dec 161 C
Turkey Divan, Dec 161 C
Zucchini-rice, Feb 123 all

CEREALS AND MACARONI

Barley
- casserole, barley and pine nut, June 134 all
- tabouli, salad cone, Aug 108 all

Cornmeal
- muffins, bacon corn, Oct 174 S, D

Macaroni and cheese casa rosa, Feb 158 all

Noodles
- egg, homemade, Jan 90 all
- egg noodles with butter, cheese (fettuccine al burro), Jan 91 all
- with short ribs, Mar 140 all

Oatmeal
- cereal, Swiss-style, May 162 all
- coconut oatmeal crinkles, Oct 203 all

CEREALS, MACARONI (Cont.)

Rice
and baked halibut, Apr 154 all
Assyrian, Apr 198 C
brassy, with Tijuana chicken, May 170 all
Brazilian, Aug 98 all
casserole, brown and white, July 120 all
casserole, zucchini-rice, Feb 123 all
chicken-flavored, Apr 186 all
chorizo, Mar 189 all
curry, squid, Grosso's, July 114 all
fried, and eggs, June 153 S, D
golden, May 185 all
green, Aug 98 all
Javanese, Aug 99 N, C, 98 S, D
liver and baconed, Oct 170 all
pilaf, golden onion, Jan 61 all
pilaf, peanut, Aug 99 N, C, 98 S, D
pilaf, rice and vermicelli, Feb 134 all
pilaf-stuffed tomatoes, Sept 156 all
saffron, easy, Aug 99 N, C, 98 S, D
shrimp and scallops, sweet-and-sour, Nov 188 all
singing fried, Nov 187 all
soup, mushroom, mandarin, Nov 188 all
wild, with pine nuts, Nov 169 all
with almond chicken, Nov 176 all
with curry-glazed tomatoes, Sept 158 all
Spaghetti
Beauregard, July 116 all
Coquilles for George, July 116 all
stir-up, Aug 84 all
Spätzle, four serving ideas, Oct 198 all

DAIRY PRODUCTS AND EGGS

Butter

Honey, whipped, Jan 93 all
Jalapeño, July 113 all
Parsley, May 204 all
Serving ideas, Mar 179 all
Snail (beurre d'escargots), Dec 161 N, S, D

Cheese

Camembert, fried, on toast with jelly, Mar 197 all
Cheese, gingered, with pears, Sept 131 all
Cheese, green herb, Sept 131 all
Cheese, mint, with fruit, Sept 131 all
Cheese, toasted onion, Sept 131 all
Cheese ball holiday, Dec 110 all
Cheese plate, trio, Sept 131 all
Cheese squares, June 164 all
Cheesecake, apple, Mar 173 all
Cheesecake, cherry, June 156 all
Cheesecake, Danish two-way, Mar 142 all
Cheesecake, double chocolate, Aug 101 N; Sept 169 S, D; Nov 194 C
Cheesecake, fluffy lemon, Jan 87 all
Ramekins, Swiss custard, Sept 144 all
Sandwich, cream cheese and asparagus, Sept 128 N, C
Sandwich, Havarti cheese and radishes, Sept 128 N, C
Spread, cream cheese, tangy, Nov 152 all
To serve with Bartlett pears, Aug 48 all
To serve with green salads, 16 special, Mar 154 S, D
With rosemary, Nov 207 all

Cream

Sour cream mayonnaise, Jan 95 all
Sour cream mint chutney, Jan 61 all

DAIRY PRODUCTS (Cont.)

Eggs

And asparagus, Amandine, Mar 141 all
And corned beef hash, June 152 S, D
And fried rice, June 153 S, D
Avocado-stuffed, Apr 184 all
Baked, with cheese, July 122 all
Egg, asparagus, salmon, May 182 all
Egg and avocado on rye, Apr 169 all
Hangtown fry, Oct 183 all
Omelet, Mexican oven, June 163 all
Pancakes, chafing dish egg, Feb 122 all
Ramona, Sept 116 all
Rancheros, July 111 N, C; Aug 88 S, D
Sandwich, pickled herring and egg yolk, Sept 128 N, C
Scramble, crab-egg, creamy, Nov 152 all
Scrambled, shipboard, July 111 N, C; Aug 88 S, D
Scrambled, Swiss, Aug 109 all
Soup, lettuce and egg, Oct 171 all
Spätzle supper eggs, Oct 198 all
With beef jerky sauce (machacada con huevos), Sept 138 all
With onions, peppers, June 142 all

Yogurt

Chutney, banana yogurt, Jan 61 all
Chutney, zucchini yogurt, Jan 61 all
Fruit whip, tangy, Aug 85 all
Parfait, raspberry yogurt, Mar 147 all
Sauce for eggplant, Oct 228 all
Waffles, May 196 N, D; Aug 101 C

DESSERTS
(Also see listings under Baking)

Ambrosia, fig-orange, Sept 120 all
Apples, Golden Delicious, and cheese, Feb 77 all
Babas angelia, May 191 S
Bananas Jamaica, hot, Feb 137 C
Champagne melange, June 153 N
Chaudeau, July 125 all
Cheese, gingered, with pears, Sept 131 all
Cheese, mint, with fruit, Sept 131 all
Cheese with rosemary, Nov 207 all
Chocolate whip, Nov 204 all
Compote, fruit, Swedish, Dec 111 all
Compote, golden, Feb 126 C, 160 S, D
Crêpes, strawberry ice cream, Apr 205 N
Espresso, orange, Mar 147 all
Freeze, crème de menthe, Aug 111 all
Fromage, chocolate, Oct 217 all
Fromage, citrus, Oct 217 all
Fruit platter with strawberry ice cream, Aug 108 all
Fruit whip, tangy, Aug 85 all
Grapefruit with Rosé gelatin, Oct 189 N, S, D
Ice cream
chocolate surprise, Apr 216 all
lemon cream with strawberries, June 187 all
peaches mocha, June 187 all
pie, cantaloupe, June 154 all
pie, fruit ripple, Nov 196 all
pie, huckleberry-swirl, Aug 113 N
pie, peanut cream, Nov 198 all
pie, pumpkin sundae, Nov 198 all
pie, spiced jewel cream, Nov 198 all
strawberry, with fruit platter, Aug 108 all
sundae, Brazil nut, hot, Jan 95 all
sundae, coffee crunch, Aug 111 all
sundae, kiwi, gingered, June 170 all
sundae, strawberry, gingered, May 182 all

DESSERTS (Cont.)

Ice Cream (Cont.)
tortoni, macaroon, with raspberries, Sept 166 S, D
trial and error, May 172 all
with rum-flavored figs, Sept 120 all
Ice, lemon, Mar 147 all
Ices, fruits, feature story, Sept 84 all
Kiwi fruit medley with custard sauce, June 170 all
Lemon cream, frozen Danish, July 111 S, D
Macadamia tortoni, June 144 all
Mandarin orange cheese cream, Mar 146 all
Mandarins with Sherry gelatin, Oct 189 N, S, D
Melon with Traminer gelatin, Oct 189 N, S, D
Mocha igloo cups, July 128 all
Mousse, chocolate mallow, Jan 95 all
Mousse, fig, frozen, Sept 120 all
Parfait, raspberry yogurt, Mar 147 all
Peaches, Babcock, and cheese, July 132 C, S
Peaches, Babcock, wine-poached, July 132 C, S
Peaches and rum babas, Aug 104 all
Peaches fire and ice, Sept 124 all
Pears, Bartlett, with cheeses, Aug 48 all
Pears, cinnamon, in wine, Feb 137 C
Pears, Comice with chocolate whipped cream, Dec 119 all
Pears Rosé, glazed, Mar 147 all
Pineapple and praline diamonds, Mar 147 all
Puddings
plum, holiday, Nov 155 all
rhubarb, crunch-top, May 159 all
Raspberries and buttered macaroons, Sept 166 S, D
Raspberry babas, May 185 all
Sauce, lemon whipped cream, Apr 156 N; May 186 S, D
Sauce, macaroon cream, Apr 156 N; May 186 S, D
Soufflés
apricot, chilled, Mar 146 all
chocolate mocha, Apr 199 N
lemon Cointreau, Apr 199 N
rum praline, Apr 199 N
sour cream apple, Mar 177 all
Soup, peach champagne, June 152 N
Strawberries fire and ice, Sept 124 all
Strawberries in champagne, Mar 147 all
Strawberry champagne bowl, June 153 N
Syllabub, June 150 all
Tortes
apple, Aug 100 S, D; Sept 169 N
chocolate ladyfinger, Apr 221 all
cinnamon-chocolate, Jan 106 all
huckleberry-pecan crunch, Aug 112 N
lemon, Aug 94 all
lemon, frozen, July 108 S, D
nut crunch, June 135 all
strawberry lemon cream, May 160 all
strawberry zabaglione, May 160 all
Wine gelatins, Oct 189 N, S, D

FISH AND SHELLFISH

Abalone
and crab hollandaise, May 194 C, S
barbecued, May 194 C, S
gathering, storing, and trimming, May 193 C, S
soup, cream, May 196 C, S
with mushroom sauce, May 194 C, S
Anchovy and garlic dressing, Sept 138 all
Bass, sea, piquant, chilled, June 172 N

FISH AND SHELLFISH (Cont.)

Bouillabaise Antibes, Apr 208 all
Caviar
Danish herring and [illegible]
Mar 150 N
roulade, soufflé [illegible]
filling, Nov 158 all
sandwich, roast [illegible]
Sept 128 N, C
Clams
chowder Beauregard, Mar 189 all
in half [illegible]
Dec 162 N, S, D
juice [illegible] tomato hot, Aug 108 all
[illegible] May 93 all
soup [illegible], Nov 92 all
stuffed (kidonia yemista), July 72 all
Crab
and abalone hollandaise,
May 194 C, S
appetizer pancakes, crab and chive
filling, Feb 150 all
casserole, fisherman's, Jan 86 all
casserole, Florentine, Feb 122 all
casserole, paella, Western, Dec 112 all
chiles rellenos, crab and cheese filling,
Sept 74 N, S, D, 169 C
crab-egg scramble, creamy,
Nov 152 all
deviled, Huntington, Dec 110 all
salad, Green Goddess, Dungeness crab and
cantaloupe, Aug 61 all
salad, grapefruit and crab, Jan 95 all
salad, piquant, Apr 198 S, D
Fish soup Piraeus, lemon, Apr 210 all
Halibut, baked, and rice, Apr 154 all
Herring
Danish, and caviar rolls, Mar 150 N
kippered, sandwiches, four different,
Mar 149 C, S, D
pickled, Belgian-style, Mar 149 N
salad, sliced potato and herring,
Aug 96 all
sandwich, pickled herring and egg
yolk, Sept 128 N, C
sandwich supper, open-faced,
Mar 150 N
senfherring, Mar 150 N
Lingcod
fish in a fish, Oct 104 all
piquant, chilled, June 172 N
stockpot, classic fish, Nov 150 all
Lobster and papaya Green Goddess salad,
Aug 61 all
Oysters
gingered, with onion, June 153 C
Hangtown fry, Oct 183 all
pancakes, Oct 170 all
pie, Myers's, Oct 184 all
salad, smoked, Dec 119 all
Rockfish
fish española, Jan 100 all
Sablefish, poached, Oriental, June 173 N
Salmon
barbecued, with biscuits, May 93 all
buns, salmon onion, Aug 114 all
cured, piquant, Sept 127 N, S, D
fish in a fish, Oct 104 all
pie, salmon and cheese, Aug 84 all
platter, egg, asparagus, and salmon,
May 182 all
sandwich, smoked salmon and cucumber,
Sept 128 N, C
steaks, butter-broiled, July 106 all
Sashimi, Apr 200 all

FISH AND SHELLFISH (Cont.)

Scallops
and shrimp, sweet-and-sour, Nov 188 all
Coquilles for George, July 116 all
Seafood potpourri, Nov 147 all
Shellfish, kettle picnic, June 82 all
Shellfish in snail shells, Dec 161 N, S, D
Shrimp
and artichokes, marinated, July 72 all
and scallops, sweet-and-sour, Nov 188 all
appetizer spread, Nov 146 all
casserole, fisherman's, Jan 86 all
casserole, paella, Western, Dec 112 all
roulade, soufflé, cheese and shrimp
filling, Nov 158 all
salad, Green Goddess, shrimp and
pineapple, Aug 61 all
tart, spinach shrimp, Apr 163 all
with Chablis (gelatin), Oct 189 N, S, D
Snails, see listing under *Meat*
Sole
cooking, boning fresh whole sole,
Oct 112 all
fillet of sole Florentine au gratin,
June 144 all
sizzling, Oct 112 all
Soups, Mediterranean, two recipes,
Apr 208 all
Squid curry, Grosso's, July 114 all
Tuna rolls, capered, Aug 114 all

FOREIGN COOKERY

Armenian

Moussakas, individual, Nov 164 C

Basque

Chicken, Aug 117 N, C; Nov 194 S, D

Belgian

Herring, pickled, Mar 149 N

Chinese

Appetizers, daikon tomato, May 108 all
Beans, yard-long, in browned butter,
May 108 all
Beef, two-onion, June 153 C
Broccoli, ginger garlic, May 108 all
Buns, thousand-layer, quick, Mar 166 all
Chicken, walnut, Dec 124 all
Duck, Peking, Western-style, Mar 164 all
Lamb, Mongolian, with spring onions,
June 153 C
Lamb with cabbage, May 189 N;
June 160 S, D; Oct 176 C
Meatball dinner, Oriental, June 181 all
Okra, golden crusty, May 107 all
Oysters, gingered, with onion, June 153 C
Pork loin, plum-basted, Mar 186 all
Pork with cabbage, May 189 N;
June 160 S, D; Oct 176 C
Rice, singing fried, Nov 187 all
Shrimp and scallops, sweet-and-sour,
Nov 188 all
Snow peas, skillet, with celery, May 108 all
Soup, chicken, pungent, May 107 all
Soup, mushroom, mandarin, Nov 188 all

Czechoslovakian

Cikansky gulas (gypsy goulash),
Dec 126 all

Egyptian

Chicken, tomato glazed, Feb 134 all
Okra with beef, Feb 134 all
Pilaf, rice and vermicelli, Feb 134 all
Soup, chicken noodle, Feb 134 all

FOREIGN COOKERY (Cont.)

English

Onion pie, Jan 99 all

French

Beurre d'escargots (snail butter),
Dec 161 N, S, D
Bouillabaise Antibes, Apr 208 all
Cassoulets, two Western recipes,
Dec 135 all
Chicken in cream, Mar 155 N
Clafouti, cherry, June 158 all
Croissants, quick butter, Mar 150 S, D
Lamb, leg of, Port Saint Germain style,
May 204 all
Navarin à la Printanière (lamb, vegetable
stew), Oct 177 S, D
Petite marmite soup, Mar 89 all
Snails, French manner, Dec 161 N, S, D
Steak au poivre (pepper steak), Oct 190 all
Tarte à l'oignon (onion pie), Jan 99 all

German, Austrian, Swiss

Bienenstich (honey bee cake), Feb 161 N, C
Cereal, Swiss style, May 162 all
Chaudeau, July 125 all
Cookies, carnival, Oct 220 all
Erdöpfel suppe (Swiss potato soup),
May 201 N, C, 200 S, D
Hasenpfeffer, Apr 213 all
Kuchen, apple, Garmisch, Nov 168 N
Ochsenschwanzsuppe (oxtail soup),
Jan 88 all
Senfherring, Mar 150 N
Strudel, apple, Mar 159 all
Toflenstrudel (cheese strudel), Mar 160 all
Torte, apple, German-style, Aug 100 S, D;
Sept 169 N

Greek

Bourekakia (cheese-filled diamonds),
July 72 all
Buffet, Aegean, July 71 all
Dolmathes, olives, eggplant, skewered,
July 72 all
Garides me anginares marinata (marinated
shrimp and artichokes), July 72 all
Giouvarlakia (meatball soup), Sept 147 all
Humus tahini (garbanzo sesame spread),
July 72 all
Keftethakia (meatballs oregano), July 72 a
Kidonia yemista (stuffed clams), July 72 a
Soup, lemon fish Piraeus, Apr 210 all
Vasilopeta (St. Basil's bread), Jan 102 N

Hungarian

Cabbage, toasted, Nov 185 all
Spätzle with Hungarian sauce, Oct 198 all
Strudel, almond, Mar 156 all

Italian

Calzone (filled pastry), June 178 all
Fettuccine al burro (egg noodles with
butter, cheese), Jan 91 all
Lasagne, chicken, with hunter's sauce,
Feb 153 all
Maritata (soup), Mar 89 all
Melanzane con mozzarella (eggplant with
mozzarella cheese), Sept 136 all
Pandoro di verona (Christmas bread),
Dec 54 all
Pasta with peas, Aug 117 S, D;
Oct 174 N, 189 C
Salsa cacciatora (hunter's sauce),
Feb 153 all

***FOREIGN COOKERY** (Cont.)*

Italian (Cont.)

Salsa marinara (seaman's sauce), Feb 152 all
Sauce, tomato, for pastas, Feb 152 all
Scaloppine, red, Apr 160 all
Scaloppine, white, Apr 158 all
Stracciatella (soup), Mar 89 all
Syllabub, June 150 all

Japanese

Mizutaki (meat and vegetables in broth), May 167 all
Sashimi (raw fish), Apr 200 all

Malaysian

Chicken, Feb 156 all

Mexican

Caldo xochilt (soup), Mar 89 all
Carne seca (dried meat), Feb 137 S, D
Casuela (soup), Feb 137 S, D
Chiles rellenos, Sept 74 N, S, D, 166 C
Chimichangas (tacos), Feb 137 S, D
Enchilada casserole, Apr 176 all
Lamb, leg of, Yucatán style, Apr 174 all
Lamb chops, Chihuahua style, Apr 172 all
Machacada con huevos (beef jerky sauce with eggs), Sept 138 all
Mexican Cook Book, a *Sunset* book, June 166 all
Omelet, oven, June 163 all
Picadillo (tortilla filling), June 140 all
Pie, coconut, toasted, Nov 183 all
Punch, milk, cajeta style, Sept 140 all
Sauce, carne seca, Feb 137 S, D
Tortillas, corn, warm, June 140 all

Middle Eastern

Artichokes, savory, May 193 N, D
Beans, Italian, in a mist, May 194 N, D
Cauliflower roma, May 194 N, D
Dressing, oil-lemon, Apr 198 C
Khuroosh (lamb stew), Apr 198 C
Peas with pimiento, May 194 N, D
Prunes, glazed, Apr 198 C
Rice, Assyrian, Apr 198 C
Zucchini, Mediterranean style, May 194 N, D

Pakistani

Peas pulao, Sept 159 all

Scandinavian

Almond ring, Danish, Feb 161 N, C
Breakfast, Danish meat, Feb 132 all
Cake, sour cream apple, Swedish, Nov 163 N
Camembert, fried, on toast with jelly, Mar 197 all
Cheesecake, two-way, Danish, Mar 142 all
Coffee spiral, Danish, Nov 148 all
Coffee twists, Mar 180 all
Cookies, lace, Norwegian, Dec 150 all
Cooky rounds, almond, Dec 150 all
Copenhagen special, Feb 126 S, D
Cucumbers in dill, Dec 149 all
Danish pastry, quick, three variations, Nov 190 all
Filbert buns, Swedish, Feb 161 N, C
Frikadeller (beef entrée), Sept 140 all
Fromage, chocolate, Oct 217 all
Fromage, citrus, Oct 217 all
Fruit compote, Swedish, Dec 111 all
Herring, Danish, and caviar rolls, Mar 150 N
Julekage (Christmas bread), Dec 114 all

***FOREIGN COOKERY** (Cont.)*

Scandinavian (Cont.)

Lefse (Norwegian flat bread), Dec 153 all
Meatballs, Gig Harbor, Dec 147 all
Pork roll, spiced, May 191 N; Sept 128 S, D
Sandwich, Danish shooting star, Mar 193 N
Smörgåsbord, Western, Dec 120 all
Smørrebrød (open-faced sandwiches), Sept 128 N, C
Spritz, Swedish (cooky), Dec 150 all

Syrian

Tabouli, Aug 108 all

Tahitian

Buffet, Mar 170 all

Thai

Oranges, Siamese stuffed (galloping tigers à la Grace Kelly), Aug 92 all

Turkish

Bouyatsa (custard pastries), Mar 159 all

FRUIT
(See also Fruit, Dried)

Apples
cake, spiced, Nov 147 all
cake, Swedish sour cream, Nov 163 N
cheesecake, Mar 173 all
cider, hot buttered, Dec 141 C, 140 S, D
coleslaw, Dec 149 all
cookies, Oct 203 all
Golden Delicious, and cheese, Feb 77 all
kuchen, Garmisch, Nov 163 N
pie, Golden Delicious, Feb 77 all
pie, streusel, Nov 163 N
pork chops with apple slices, Mar 174 all
rings, glazed, with Canadian bacon, Dec 114 all
salad, Golden Delicious apple-onion, Feb 76 all
sauce, Golden Delicious, Feb 75 all
sautéed Golden Delicious, Feb 75 all
soufflé, sour cream apple, Mar 177 all
strudel, German apple, Mar 159 all
tart, apple-cheese, Aug 102 S, D; Sept 169 N
tarts, apple-mincemeat, Nov 93 all
torte, German-style, Aug 100 S, D; Sept 169 N
with baked chicken, Oct 195 all
Apricots
glaze, Aug 88 N, C
sauce, with wild duck, Oct 214 all
tart, cheese-latticed, June 77 all
Avocados
egg and avocado on rye, Apr 169 all
eggs, avocado-stuffed, Apr 184 all
muffins, pastrami and avocado, Apr 169 all
salad, avocado-pineapple, Jan 87 all
salad, green, celery and avocado, June 135 all
salad, persimmon, grapefruit, and avocado, Dec 117 all
sauce, mushroom and avocado, May 185 all
with gazpacho, May 159 all
Bananas
bread, whole wheat banana, Apr 155 all
chutney, banana yogurt, Jan 61 all
hot, Jamaica, Feb 137 C
muffins, whole wheat banana, June 142 all

***FRUIT** (Cont.)*

Berries
blueberry-marshmallow pie, July 107 all
cranberries
cranberry cup, hot buttered, Dec 141 C, 140 S, D
salad ring, cranberry borscht, Nov 147 all
huckleberries
pie, ice cream, huckleberry swirl, Aug 113 N
sauce, basic, Aug 112 N
tarts, huckleberry cream cheese, Aug 112 N
torte, huckleberry-pecan crunch, Aug 112 N
raspberries
and buttered macaroons, Sept 166 S, D
babas with whipped cream, May 185 all
champagne melange, June 153 N
ice, Sept 85 all
parfait, raspberry yogurt, Mar 147 all
with macaroon tortoni, Sept 166 S, D
strawberries
champagne bowl, June 153 N
champagne melange, June 153 N
crêpes, strawberry ice cream, Apr 205 N
fire and ice, Sept 124 all
huller, Nov 164 N, 180 C; Dec 144 S, D
ice, Sept 85 all
in champagne, Mar 147 all
jam, sunshine, June 77 all
pie, French cream, June 172 C
pie, sparkling, May 176 all
salad, strawberry chicken, Mar 182 all
sundaes, gingered, May 182 all
torte, strawberry lemon cream, May 160 all
torte, zabaglione, May 160 all
whole, with sugar cones, May 186 N, C
with lemon cream, June 187 all
Cherries
cake, pie cherry, Mar 141 all
cheesecake, June 156 all
chicken, cherry-glazed, Mar 155 N
clafouti, June 158 all
Citrus salad, Mar 173 all
Coconut
apricot-coconut bars, May 188 C
coconut chicken with fresh fruit, Mar 170 all
coconut oatmeal crinkles, Oct 203 all
pie, toasted coconut, Nov 183 all
Figs
ambrosia, fig-orange, Sept 120 all
mousse, frozen, Sept 120 all
rum-flavored, with ice cream, Sept 120 all
Fruit compote, Swedish, Dec 111 all
Fruit platter with strawberry ice cream, Aug 108 all
Grapefruit
salad, grapefruit and crab, Jan 95 all
salad, persimmon, grapefruit, and avocado, Dec 117 all
with Rosé, Oct 189 N, S, D
Kiwi
fruit medley with custard sauce, June 170 all
salad plate, kiwi chicken, June 169 all
sundae, gingered, June 170 all

FRUIT *(Cont.)*

Kumquats
- compote, golden, Feb 126 C, 160 S, D
- preserved, Feb 126 C, 160 S, D
- salad, tender of gold, Feb 126 C, 160 S, D
- sundae sauce, Oriental, Feb 126 C, 160 S, D

Lemons
- bars, lemon, toffee, June 161 all
- cheesecake, fluffy lemon, July 87 all
- dressing, oil lemon, Apr 198 C
- ice, Mar 147 all; Sept 85 all
- lemon cream, frozen Danish, July 111 S, D
- muffins, upside-down, Oct 174 S, D
- tart, lemon custard cantaloupe, June 154 all
- torte, Aug 94 all
- torte, frozen, July 108 S, D
- torte, strawberry lemon cream, May 160 all

Limes
- dressing a la Melinda, June 149 all
- ice, Sept 85 all

Melons
- cantaloupe
  - pie, glazed fresh, June 154 all
  - pie, ice cream, June 154 all
  - salad, Green Goddess, cantaloupe and Dungeness crab, Aug 61 all
  - tart, lemon custard, June 154 all
- crenshaw ice, Sept 85 all
- with creamed chicken, Aug 84 all
- with Traminer, Oct 189 N, S, D

Nectarines, fruit whip, tangy, Aug 85 all

Olives
- skewered dolmathes, olives, eggplant, July 72 all
- veal roll, olive-stuffed, Aug 87 N, C

Oranges
- ambrosia, fig-orange, Sept 120 all
- baba-rin, fresh orange, Feb 140 all
- cookies, refrigerator, June 165 all
- galloping tigers a la Grace Kelly (Siamese stuffed oranges), Aug 92 all
- ice, Sept 85 all
- mandarin orange cheese cream, Mar 146 all
- mandarins with Sherry, Oct 189 N, S, D
- pie, date-orange, Feb 123 all
- salad mold, orange buffet, Dec 110 all

Papayas
- fruit plate, Aug 109 all
- ice, Sept 85 all
- salad, Green Goddess, papaya and lobster, Aug 61 all

Peaches
- and rum babas, Aug 104 all
- Babcock, and cheese, July 132 C, S
- Babcock, wine-poached, July 132 C, S
- cake roll, peaches, Aug 104 all
- fire and ice, Sept 124 all
- fruit whip, tangy, Aug 85 all
- jam, freezer, Aug 85 all
- mocha, June 187 all
- soup, peach champagne, June 152 N
- with glazed corned beef, Oct 222 all

Pears
- Bartletts, with meat, cheese, feature article, Aug 48 all
- cinnamon pears in wine, Feb 137 C
- Comice, with chocolate whipped cream, Dec 119 all
- pears Rosé, glazed, Mar 147 all
- with gingered cheese, Sept 131 all

FRUIT *(Cont.)*

Persimmons
- drying, Nov 172 all
- salad, persimmon, grapefruit, and avocado, Dec 117 all

Pineapple
- and praline diamonds, Mar 147 all
- ice, Sept 85 all
- jelly, white wine, with pineapple crescents, Nov 202 all
- salad, avocado-pineapple, Jan 87 all
- salad, Green Goddess, pineapple and shrimp, Aug 61 all
- with chicken livers, June 135 all

Plums
- pie, butter sauce plum, Sept 133 all
- pie, plum custard, Sept 133 all
- sauce, for pork, Mar 186 all
- tarts, sugar plum, Sept 134 all

Rhubarb pudding, crunch-top, May 159 all

FRUIT, DRIED

Apricots
- bars, apricot-coconut, May 188 C
- coffee bread, apricot-filled, Mar 169 N; Apr 156 C, S, D
- Danish pastry, apricot and cheese, quick, Nov 192 all
- soufflé, chilled, Mar 146 all

Dates
- Danish pastry, date and pecan, quick, Nov 192 all
- pie, date-orange, Feb 123 all
- pinwheels, June 177 all

Fruitcakes, two recipes, Dec 144 N, C

Persimmons, drying, Nov 172 all

Prunes
- Danish pastry, prune and almond, quick, Nov 190 all
- glazed, Apr 198 C
- with pot-roasted pork, Nov 146 all

Raisins
- plum pudding, holiday, Nov 155 all

MEAT

Bacon
- burgers, Oct 176 N
- Canadian, and glazed apple rings, Dec 114 all
- muffins, bacon corn, Oct 174 S, D
- rice, liver and baconed, Oct 170 all
- salad, spinach and bacon, Mar 141 all
- sandwich, liverwurst and bacon, Sept 128 N, C

Beef
- beef jerky sauce with eggs (machacada con huevos), Sept 138 all
- beef platter, parsley sauce, Aug 87 N, C
- brisket, barbecued, Sept 161 all
- carne seca (dried meat), Feb 137 S, D
- corned beef, glazed, with peaches, Oct 222 all
- corned beef, tonight and tomorrow night, May 168 all
- corned beef appetizer tray, July 106 all
- corned beef hash and eggs, June 152 S, D
- corned beef salads, individual, Apr 198 S, D
- corned beef with Bartlett pear fans, Aug 48 all
- cubes, capered, Nov 194 N
- fillets in flaky pastry, June 160 N, C
- goulash, gypsy (cikansky gulas), Dec 126 all
- mizutaki, May 167 all

MEAT *(Cont.)*

Beef (Cont.)
- oxtail stews, three recipes, Jan 88 all
- pastrami, how to make, serve, Feb 138 all
- pastrami and avocado muffins, Apr 169 all
- pastrami sandwich supper party, Apr 85 all
- pastrami with Bartlett pears, Aug 48 all
- pie, beef-vegetable, Apr 218 all
- prime ribs with Madeira sauce, Dec 117 all
- rib bones, barbecued, Oct 184 all
- roast, pot, Flemish, Jan 95 all
- roast, with peppers, Oct 105 all
- roast beef party, nothing-to-it, Apr 80 all
- salad, capered, June 185 all
- sandwich, roast beef and caviar, Sept 128 N, C
- shanks' mayor, Mar 190 all
- short ribs, spicy barbecued, May 165 all
- short ribs with noodles, Mar 140 all
- soup, beef and lentil, Oct 200 all
- steak, barbecued, July 120 all
- steak, bottom round, braised, rich brown, Nov 181 N
- steak, eye of round, in caper sauce, Nov 181 N
- steak, flank, braised stuffed, Feb 137 N; May 191 D
- steak, flank, grilled, June 153 S, D
- steak, flanked to the center, July 116 all
- steak, pepper (steak au poivre), Oct 190 all
- steak, rolled, Hawaiian, Aug 94 all
- steak, sirloin tip, Mexican-style, Nov 181 N
- steak, top round, broiled or grilled, Nov 181 N
- steak Italiano, Sept 152 all
- steak strips with carrots, May 158 all
- steak with mustard cream, June 160 N, C
- steaks, pan, lemon-caraway, Mar 173 all
- stew, oven-simmered, Dec 111 all
- stew, sweet and sour, Sept 116 all
- two-onion (Chinese dish), June 153 C

Beef, Ground
- and beans; baked, Mar 140 all
- and beans, Mexican, July 111 N, C; Aug 88 S, D
- and cabbage, sweet-sour, Oct 170 all
- burgers, bacon, Oct 176 N
- casserole, beef and cheese tortilla, Sept 116 all
- casserole, enchilada, Apr 176 all
- frikadeller, Sept 140 all
- hamburger, burgundy-glazed, May 210 all
- hamburgers, oven-baked bun, May 210 all
- meat loaf, four-way, Oct 176 N
- meat loaf, pizza-topped, June 134 all
- meat roll, mushroom-stuffed, Oct 177 N
- meatball dinner, Oriental, June 181 all
- meatballs, appetizer, in spicy sauce, Jan 86 all
- meatballs, appetizer, with snail butter, Dec 161 N, S, D
- meatballs, Gig Harbor, Dec 147 all
- meatballs and Italian beans, Oct 177 N
- meatballs oregano (keftethakia), July 72 all
- picadillo (tortilla filling), June 140 all
- pie, beef and onion, Oct 177 N
- sandwiches, baked waffle, Apr 186 all
- Sloppy Joe stack, June 153 S, D
- soup, Greek meatball (giouvarlakia), Sept 147 all

MEAT (Cont.)

Beef Ground (Cont.)
Spätzle with loose beef, Oct 198 all
turnovers, beef and sausage, May 158 all
with okra, Feb 134 all
Frankfurters
spaghetti stir-up, Aug 84 all
Ham
chicken-ham Marsala, Apr 196 all
crêpes, ham and mushroom, Apr 205 S, D; Oct 174 C
dinner party, walk-around, Apr 85 all
Flemish-style, Apr 154 all
prosciutto with Bartlett pears, Aug 48 all
roll capers, Nov 152 all
rolls, with asparagus, Mar 198 N
salad, molded ham and potato, Apr 184 all
sandwich, tortilla, July 135 all
steak, glazed, with buttermilk-mustard sauce, Oct 195 all
with cheese and Bartlett pears, Aug 48 all
Lamb
breast of, pecho de cordero valerio, Feb 156 all
breast, stuffed, of lamb Siegfried, Jan 100 all
casserole Luigi, Oct 186 all
cassoulet in brief, June 77 all
chops, Chihuahua style, Apr 172 all
chops, fruited, Sept 166 N
chops, orange-glazed, Sept 165 N
chops flambé, Sept 165 N
fondue party, Jan 60 all
kebabs krishna, May 185 all
leg, Port Saint Germain style, May 204 all
leg, Yucatán style, Apr 174 all
Mongolian, with spring onions, June 153 C
roast, with rosemary, Oct 105 all
shanks, smoky, Sept 162 all
shanks with caraway sauce, Oct 105 all
stew (khuroosh), Apr 198 C
stew, lamb and vegetable (Navarin à la Printanière), Oct 177 S, D
with cabbage, Chinese-style, May 189 N; June 160 S, D; Oct 176 C
Liver
and baconed rice, Oct 170 all
Copenhagen special, Feb 126 S, D
in green onion sauce, Jan 86 all
Liverwurst and bacon sandwich, Sept 128 N, C
Meat platter, cold, Aug 108 all
Pork
chops with apple slices, Mar 174 all
Copenhagen special, Feb 126 S, D
frikadeller, Sept 140 all
galloping tigers a la Grace Kelly (Siamese stuffed oranges), Aug 92 all
goulash, gypsy (cikansky gulas), Dec 126 all
kebabs with marinated vegetables, July 130 C, 131 N, S, D
loin, plum-basted, Mar 186 all
loin with chutney glaze, Feb 137 C
meatball dinner, Oriental, June 181 all
pepper pork, sweet-sour, Aug 90 all
pot-roasted, with prunes, Nov 146 all
ribs, country-style, chile-glazed, July 131 all
roast, Pinay style, Jan 101 all
roll, spiced, May 191 N; Sept 128 S, D
spareribs, Bavarian, Feb 129 all

MEAT (Cont.)

Pork (Cont.)
spareribs, Hawaiian, Feb 129 all
spareribs, spicy barbecued, July 107 all
with cabbage, Oriental, May 189 N; June 160 S, D; Oct 176 C
Rabbit
hasenpfeffer, Apr 213 all
pie, hare, deep dish, Oct 196 all
Salami with Bartlett pears, Aug 48 all
Sausage
calzone, June 178 all
cassoulet in brief, June 77 all
chorizo rice, Mar 189 all
garlic sausage sauerkraut rolls, Oct 195 all
Italian-style, grilled, and cheese, May 93 all
smoked, and beans, June 153 S, D
turnovers, beef and sausage, May 158 all
Snails
in French manner, Dec 161 N, S, D
in mushroom caps, Jan 109 C, S, D; Feb 126 N
with herb butter, Jan 109 C, S, D; Feb 126 N
Tongue
consommé, beautiful, June 146 all
roast, June 149 all
smoked, in Madeira, Mar 184 all
Veal
Florentine, May 208 all
goulash, gypsy (cikansky gulas), Dec 126 all
piccatta, Dec 119 all
roll, olive-stuffed, Aug 87 N, C
scaloppine, red, Apr 160 all
scaloppine, white, Apr 158 all
stew with green pepper strips, May 178 all
stew with roasted potatoes, May 178 all
strips with mushrooms, Nov 194 N
veal rolls in Madeira, Feb 146 all
veal zucchini, Dec 122 all
Venison
butchering, choices of cuts, Oct 233 all
stew, Nov 166 all

MENUS

Breakfasts

Meat, Danish, Feb 132 all
Muffin, hot, June 142 all
Snow country, Jan 93 all
Weekend, Mar 173 all
Weekend guest, Nov 152 all

Brunches

Buffet, serve-anywhere, Nov 152 all
Guadalajara, Sept 138 all
Ham steak, hearty, Oct 195 all
Holiday, Dec 114 all
House guest, July 122 all
Summer Sunday, Aug 109 all
Sunday patio, May 182 all

Buffets

Aegean, July 71 all
Brunch, serve-anywhere, Nov 152 all
Smörgåsbord, Western, Dec 120 all
Tahitian, Mar 170 all

Dinners

Barbecue, company, May 182 all
Chicken, autumn, Oct 193 all

MENUS (Cont.)

Dinners (Cont.)

Chicken, Egyptian, Feb 132 all
Christmas, Dec 117 all
Cook-ahead, Jan 95 all
Duck, Peking, Western-style, Mar 164 all
Elegant, June 142 all
Family pork chop, Mar 174 all
Family steak, Mar 173 all
Fish, company, Nov 150 all
Make-ahead, Roman fashion, Sept 136 all
Oven, for four, Apr 184 all
Thanksgiving, nothing-to-it, Nov 90 all

Lunches

Basket, May 181 all
Quick, Apr 186 all
Salad, crab, Jan 95 all
Sandwich, German-style, Oct 195 all
Spring, Apr 184 all

Parties

Fondue, lamb, Jan 60 all
Nothing-to-it party, four menus, Apr 80 all
Tea, for mothers, May 186 N, C

Picnics

Antipasto, Aug 109 all
Family, Apr 182 all
Kettle, shellfish, June 82 all
Knapsack lunches, Feb 79 all
Lunch in a basket, May 181 all
Snow, two-family, Feb 79 all
Taco, June 140 all

Suppers

Barbecue, steak, for six, July 120 all
Family, Danish, Sept 140 all
Fireside, for two, Dec 119 all
Quick, Apr 186 all
Salad, company, Aug 107 all
Salad, summer, July 122 all
Spring, Apr 184 all
Summer, June 142 all

MISCELLANEOUS

Camp cooking, plain and fancy, June 152 S, D
Citrus peeler, Nov 164 N, 180 C; Dec 144 S, D
Containers, airtight, for crisp relishes, Nov 209 all
Cooking afloat, July 108 N, C; Aug 86 S, D
Glasses, name tags for, Apr 160 all
Glassware, chemical, Dec 62 all
Hot pot cookery, Oct 102 all
Kitchen utensils, wooden, Dec 142 all
Marrow spoon, Nov 164 N, 180 C; Dec 144 S, D
Measuring, helpful ideas, Oct 172 all
Napkin fold, simple, Sept 166 N
Napkins folded to hold flatware, Feb 158 all
Roasting rack, V-shaped, Nov 209 all
Scales, Dec 141 N, 78 S, D
Strawberry huller, Nov 164 N, 180 C; Dec 144 S, D
Universal key, Nov 164 N, 180 C; Dec 144 S, D

NUTS

Almonds
almond chicken with rice, Nov 176 all
and cashews, candied, Dec 158 all
cake, pound, May 206 N, C; June 172 S, D
cake, sponge, July 132 N, D

NUTS *(Cont.)*

Almonds (Cont.)
cooky rounds, Dec 150 all
crescents, sweet-nut, Nov 152 all
Danish pastry, prune and almond, quick, Nov 190 all
mayonnaise, Aug 87 N, C
pineapple and praline diamonds, Mar [illegible]
strudel, [illegible] almond, Mar 156 all
Brazil nuts
rice, Brazilian, Aug 98 all
sundaes, hot, Jan 95 all
Cashews
and almonds, candied, Dec 158 all
nutty mushroom medley, Sept 159 all
Coconut, see listing under Fruit
Filbert cake, toasted, and chocolate cream, Feb 124 all
Macadamia tortoni, June 144 all
Nut crumb coffee cake, Nov 146 all
Nut crunch torte, June 135 all
Peanuts
pie, peanut cream, Nov 198 all
pilaf, Aug 99 N, C, 98 S, D
Pecans
and walnuts, sugared, Dec 158 all
cake, devil's food pecan, spicy, May 206 N, C; June 172 S, D
Danish pastry, date and pecan, quick, Nov 192 all
torte, huckleberry-pecan crunch, Aug 112 N
torte, pecan zwieback, Feb 125 all
Pine nuts
casserole, barley and pine nut, June 134 all
torta, almond and pine nut, Feb 125 all
with wild rice, Nov 169 all
Pistachio mayonnaise, Aug 87 N, C
Walnuts and pecans, sugared, Dec 158 all

POULTRY

Chicken
almond chicken with rice, Nov 176 all
and artichokes, Mar 155 N
and vegetables, Oct 206 all
baked, honey-glazed, Dec 111 all
baked, with apple, Oct 195 all
Basque, Aug 117 N, C; Nov 194 S, D
breasts, baked, with sour cream, Apr 186 all
breasts skordalia, Aug 87 N, C
broth, sherried, Nov 92 all
casserole, paella, Western, Dec 112 all
cherry-glazed, Mar 155 N
chicken-ham Marsala, Apr 196 all
Chicken Jerusalem, Feb 145 all
chicken laurel, Apr 192 all
coconut chicken with fresh fruit, Mar 170 all
creamed, with melon, Aug 84 all
French, in cream, Mar 155 N
in a pot, Oct 103 all
in blue cheese sauce, May 158 all
lasagne, chicken, with hunter's sauce, Feb 153 all
livers alla romana, May 172 all
livers with pineapple, June 135 all
Malaysian, Feb 156 all
mizutaki, May 167 all
oven-fried, spicy, Oct 207 all
pâté, mushroom and liver, Sept [illegible]
pâté-stuffed, Sept 119 all
roast, Golden Gate, Feb 148 all
roast, orange-glazed, Feb 137 C

POULTRY *(Cont.)*

Chicken (Cont.)
salad, asparagus chicken, Mar 182 all
salad, sailor, July 111 N, C; Aug 88 S, D
salad, strawberry chicken, Mar 182 all
salad, summer squash, chicken-stuffed, July 122 all
salad plate, kiwi chicken, June 169 all
saltimbocca, Sept 118 all
sandwich, tortilla, July 135 all
sauté, Oct 206 all
schnitzel, Oct 212 all
soup, chicken noodle, Feb 134 all
sweet-sour, barbecued, May 165 all
Tijuana, with brassy rice, May 170 all
tomato glazed, Feb 134 all
walnut, Dec 124 all
with mushrooms, Sept 119 all
with Serbian sauce, Oct 207 all
with soy-ginger glaze, Feb 122 all
Duck
and kraut Borrill, Nov 169 all
cassoulet, Western, Dec 135 all
Peking, Western-style, Mar 164 all
wild, with apricot sauce, Oct 214 all
Pheasant
curried, Nov 164 S, D
in sour cream sauce, Nov 163 S, D
in wine, Nov 169 all
roast, whole, Nov 163 S, D
Pigeon, band-tailed, with wine sauce, Oct 180 all
Turkey
casserole, sliced turkey and gravy, Dec 161 C
dinner, nothing-to-it, Apr 85 all
Divan, Dec 161 C
simmering, Dec 161 C
soup, turkey vegetable, Dec 161 C
Thanksgiving, new method, Nov 92 all

PRESERVING

Conserves, Jams, Jellies, Preserves, Butters

Champagne jelly, Nov 204 all
Peach jam, freezer, Aug 85 all
Port jelly, two-toned, Nov 202 all
Rose geranium jelly, Sept 164 S, D
Sangria jelly, Nov 202 all
Strawberry jam, sunshine, June 77 all
Wine, white, jelly with pineapple crescents, Nov 202 all
Wine jelly, Nov 200 all

Freezing

Chiles, fresh, Sept 74 N, S, D
Ices, fruit, Sept 84 all
Peach jam, Aug 85 all

Relishes

Chutney, banana yogurt, Jan 61 all
Chutney, mustard dill, Jan 61 all
Chutney, sour cream mint, Jan 61 all
Chutney, tomato lemon, Jan 61 all
Chutney, zucchini yogurt, Jan 61 all

SALAD DRESSINGS

Anchovy and garlic, Sept 138 all
Curry, for green salad, Mar 173 all
Green Goddess, Apr 83 all; Aug 60 all
Lime, a la Melinda, June 149 all
Oil-lemon, Apr 198 C

SALADS

Apple-onion, Golden Delicious, Feb 76 all
Asparagus chicken, Mar 182 all
Asparagus plate with mustard-caper dressing, Mar 193 N
Avocado-pineapple, Jan 87 all
Avocado with gazpacho, May 159 all
Beef, capered, June 185 all
Cabbage with mustard dressing, Apr 198 S, D
Chicken, sailor, July 111 N, C; Aug 88 S, D
Citrus, Mar 173 all
Coleslaw, apple, Dec 149 all
Corned beef, individual, Apr 198 S, D
Crab, piquant, Apr 198 S, D
Cranberry borscht ring, Nov 147 all
Cucumber, diced, July 107 all
Cucumbers in dill, Dec 149 all
Dill pickle cabbage, Mar 199 all
Eggplant with peppers, Aug 85 all
Giovanni's, Mar 189 all
Goddess, cantaloupe and Dungeness crab, Aug 61 all
Goddess, papaya and lobster, Aug 61 all
Goddess, pineapple and shrimp, Aug 61 all
Grapefruit and crab, Jan 95 all
Green, celery and avocado, June 135 all
Green, curry-dressed, Mar 173 all
Green, mixed, Italian-style, Oct 171 all
Greens, three, with cheeses, Mar 154 S, D
Ham and potato, molded, Apr 184 all
Kiwi chicken salad plate, June 169 all
Lettuce, butter, May 185 all
Mushroom and watercress, Jan 95 all
Orange buffet mold, Dec 110 all
Oyster, smoked, Dec 119 all
Papaya fruit plate, Aug 109 all
Persimmon, grapefruit, and avocado, Dec 117 all
Potato, Flemish, Aug 96 all
Potato, sliced, and herring, Aug 96 all
Shallot and greens, with cheeses, Mar 154 S, D
Slaw, bacon-curry, Mar 199 all
Slaw, sweet-sour, Mar 199 all
Spinach and bacon, Mar 141 all
Squash, summer, chicken-stuffed, July 122 all
Strawberry chicken, Mar 182 all
Tabouli, Aug 108 all
Tomato, sliced, Sept 117 all
Tomato and sweet onion platter, July 122 all
Touch of gold, Feb 126 C, 160 S, D

SANDWICHES

Beef, roast, and caviar, Sept 128 N, C
Cheese, Havarti, Sept 128 N, C
Cheese and meat, loaf, May 182 all
Coates's Dandies, cheese and onion, Sept 154 all
Cream cheese with asparagus, Sept 128 N, C
Egg and avocado on rye, Apr 169 all
Green chile cheese, July 113 all
Hamburger, burgundy-glazed, May 210 all
Hamburgers, over-baked bun, May 210 all
Herring, kippered, four different, Mar 149 C, S, D
Herring, open-faced supper, Mar 150 N
Herring, pickled, and egg yolk, Sept 128 N, C
Liverwurst and bacon, Sept 128 N, C
Pastrami, Feb 139 all
Pastrami and avocado muffins, Apr 169 all
Ramekins, Swiss custard, Sept 144 all

SANDWICHES *(Cont.)*

Salmon, smoked, and cucumber, Sept 128 N, C
Salmon onion buns, Aug 114 all
Sausage, garlic, sauerkraut rolls, Oct 195 all
Shooting star, Danish, Mar 193 N
Spread, cheese, green herb, Sept 131 all
Spread, cheese, radish-shallot, Sept 131 all
Spread, cheese, toasted onion, Sept 131 all
Spread, corned beef, July 106 all
Taco picnic, June 140 all
Tortilla, July 135 all
Tuna rolls, capered, Aug 114 all
Waffle, baked, Apr 186 all

SAUCES AND SYRUPS

Apricot glaze, Aug 88 N, C
Béarnaise cream, June 160 N, C
Carne seca, Feb 137 S, D
Custard, Aug 88 N, C
Hollandaise, whole egg, May 196 C, S
Huckleberry, basic, Aug 112 N
Hunter's (salsa cacciatora), Feb 153 all
Lemon whipped cream, Apr 156 N; May 186 S, D
Macaroon cream, Apr 156 N; May 186 S, D
Maple syrup, Jan 93 all
Mayonnaise, almond, Aug 87 N, C
Mayonnaise, green, May 191 N; Sept 128 S, D
Mayonnaise, pistachio, Aug 87 N, C
Mushroom, May 194 C, S
Mushroom, for fish, Nov 152 all
Mushroom and avocado, May 185 all
Mushroom steak, Ken's, Apr 194 all
Parsley, Aug 87 N, C
Plum, for pork, Mar 186 all
Seaman's (salsa marinara), Feb 152 all
Sour cream mayonnaise, Jan 95 all
Sour cream or yogurt for eggplant, Oct 228 all
Spaghetti Beauregard, July 116 all
Sundae, Oriental, Feb 126 C, 160 S, D
Tomato, for pastas, Feb 152 all

SOUPS

Abalone cream, May 196 C, S
Bean, baby lima, Oct 200 all
Beef and lentil, Oct 200 all
Bisque, cucumber, chilled, Aug 113 C, S, D
Bouillabaise Antibes, Apr 208 all
Broth, chicken, sherried, Nov 92 all
Broth, vegetable, quick, July 108 N, C; Aug 86 S, D
Caldo xochilt, Mar 89 all
Casuela, Feb 137 S, D
Chicken, pungent, May 107 all
Chicken noodle, Feb 134 all
Chowder, clam, Beauregard, Mar 189 all
Clam, creamy, Nov 92 all
Consommé, beautiful, June 146 all
Consommé, vintners', Jan 95 all
Cress, cream of, Aug 113 C, S, D
Fish stockpot, Nov 150 all
Greens, spring, Apr 179 all
Leek potage, Oct 218 all
Lemon fish, Piraeus, Apr 210 all
Lettuce and egg, Oct 171 all
Maritata, Mar 89 all
Meatball, Greek (giouvarlakia), Sept 147 all
Minestrone, tonight and tommorrow night, May 168 all
Mushroom, mandarin, Nov 188 all

SOUPS *(Cont.)*

Mushroom, Nancy, curried fresh, Aug 92 all
Onion, soup à l'oignon Stephens, Sept 154 all
Pea, green, curried, quick, July 108 N, C; Aug 86 S, D
Petite marmite, Mar 89 all
Potato, Swiss (erdöpfel suppe), May 201 N, C, 200 S, D
Seafood potpourri, Nov 147 all
Sherry tomato, quick, July 108 N, C; Aug 86 S, D
Stew, oxtail, three recipes, Jan 88 all
Stew, venison, Nov 166 all
Stock, brown, Mar 88 all
Stracciatella, Mar 89 all
Turkey vegetable, Dec 161 C

VEGETABLES

Artichokes
  and chicken, Mar 155 N
  and shrimp, marinated, July 72 all
  savory, May 193 N, D
Asparagus
  and eggs, Amandine, Mar 141 all
  platter, egg, asparagus, and salmon, May 182 all
  salad, asparagus chicken, Mar 182 all
  salad plate, with mustard-caper dressing, Mar 193 N
  sandwich, cream cheese and asparagus, Sept 128 N, C
  sandwich, Danish shooting star, Mar 193 N
  with ham rolls, Mar 193 N
Beans
  and beef, Mexican, July 111 N, C; Aug 88 S, D
  and smoked sausage, June 153 S, D
  baked, with beef, Mar 140 all
  cassoulets, two recipes, Dec 135 all
  Chinese long, in browned butter, May 108 all
  garbanzo sesame spread (humus tahini), July 72 all
  green, in Swiss cheese sauce, Apr 155 all
  green, marinated, Sept 142 all
  Italian, in a mist, May 194 N, D
  Italian, with meatballs, Oct 177 N
  lima, baby, soup, Oct 200 all
  picnic, Apr 184 all
  Tennya, June 153 S, D
Beets
  salad ring, cranberry borscht, Nov 147 all
Broccoli
  Chinese, ginger garlic, May 108 all
  with cheese topping, Jan 87 all
Cabbage
  and beef, sweet-sour, Oct 170 all
  coleslaw, apple, Dec 149 all
  creamy, with peas, Sept 159 all
  kraut and duck Borrill, Nov 169 all
  salad, dill pickle cabbage, Mar 199 all
  salad, with mustard dressing, Apr 198 S, D
  sauerkraut, garlic sausage rolls, Oct 195 all
  slaw, bacon-curry, Mar 199 all
  slaw, sweet-sour, Mar 199 all
  toasted, Hungarian style, Nov 185 all
  toasted, pancakes, Nov 185 all
  with lamb, Chinese-style, May 189 N; June 160 S, D; Oct 176 C
  with pork, Oriental, May 189 N; June 160 S, D; Oct 176 C

VEGETABLES *(Cont.)*

Carrots with steak strips, May 158 all
Cauliflower
  à la polonaise, Sept 158 all
  Roma, May 194 N, D
Celery, avocado green salad, June 135 all
Chicory
  soup, spring greens, Apr 179 all
Corn, Beale's special, Sept 154 all
Cucumbers
  bisque, chilled, Aug 113 C, S, D
  in dill, Dec 149 all
  salad, diced, July 107 all
  sandwich, smoked salmon, Sept 128 N, C
Daikon tomato appetizers, May 108 all
Eggplant
  broiled or barbecued, Oct 230 all
  fried, sauces for, Oct 228 all
  moussakas, individual, Nov 164 C
  oven-fried, Oct 228 all
  pan-fried, Oct 228 all
  sauté, three recipes, Oct 226 all
  skewered dolmathes, olives, July 72 all
  with mozzarella cheese, Sept 136 all
  with peppers, Aug 85 all
Hominy, Oriental, Nov 170 all
Jerusalem artichokes
  butter-steamed, Feb 145 all
  chicken Jerusalem, Feb 145 all
  scalloped, Feb 145 all
Leeks
  potage, Oct 218 all
  quiche, leek and mushroom, Jan 104 all
Lentil and beef soup, Oct 200 all
Lettuce
  salad, butter lettuce, May 185 all
  salad, Italian-style, Oct 171 all
  soup, lettuce and egg, Oct 171 all
Mushrooms
  abalone with mushroom sauce, May 194 C, S
  appetizer pancakes, Feb 150 all
  au gratin, June 134 all
  caps, snails in, Jan 109 C, S, D; Feb 126 N
  caps, with snail butter, Dec 161 N, S, D
  crêpes, ham, Apr 205 S, D; Oct 174 C
  meat roll, mushroom-stuffed, Oct 177 N
  much-more-than, Apr 196 all
  Mushrooms Modesto, Apr 194 all
  nutty, medley, Sept 159 all
  pâté, mushroom and liver, Sept 119 all
  quiche, leek and mushroom, Jan 104 all
  salad, mushroom and watercress, Jan 95 all
  sauce, for fish, Nov 152 all
  sauce, mushroom, avocado, May 185 all
  sauce, steak, Ken's, Apr 194 all
  soup, mandarin, Nov 188 all
  soup Nancy, curried fresh, Aug 92 all
  with chicken, Sept 119 all
  with veal strips, Nov 194 N
Mustard greens
  soup, pungent chicken, May 107 all
  soup, spring greens, Apr 179 all
Okra, Chinese, golden crusty, May 107 all
Okra with beef, Feb 134 all
Onions
  beef, two-onion, June 153 C
  buns, salmon onion, Aug 114 all
  eggs with onions, peppers, June 142 all
  liver in green onion sauce, Jan 86 all
  pie, beef and onion, Oct 177 N
  salad, Golden Delicious apple-onion, Feb 76 all

[illegible]
[illegible] Stephens, Sept 154 all
[illegible] toasted onion cheese, Sept 131 all
spring, with Mongolian lamb, June 153 C
sweet, and tomato platter, July 122 all
sweet, plus, May 159 all
tarte à l'oignon, Jan 99 all
with gingered oysters, June 153 C
Parsley sauce, Aug 87 N, C
Peas
pea pods piper, Apr 190 all
pulao, Sept 159 all
snow peas, with celery, May 108 all
soup, curried green pea, quick, July 108 N, C
with creamy cabbage, Sept 159 all
with pasta, Aug 117 S, D; Oct 174 N, 189 C
with pimiento, May 194 N, D
Peppers
chiles rellenos, Sept 74 N, S, D, 166 C
chiles rellenos puff, Apr 154 all
eggs with onions, peppers, June 142 all
green chile cheese, July 113 all
jalapeño butter, July 113 all
quiche, pepper ring, Jan 104 all
with eggplant, Aug 85 all
with roast beef, Oct 105 all
Potatoes
nests, Nov 194 N
puff balls, Nov 180 S, D
salad, Flemish, Aug 96 all
salad, molded ham and potato, Apr 184 all
salad, sliced potato, herring, Aug 96 all

VEGETABLES (Cont.)
Potatoes (Cont.)
soup, Swiss (erdöpfel suppe), May 201 N, C, 200 S, D
Radishes
sandwich, Havarti cheese and radishes, Sept 128 N, C
spread, shallot cheese, Sept 131 all
Shallots
and greens salad, Mar 154 S, D
radish cheese spread, Sept 131 all
Spinach
appetizer pancakes, Gruyère and spinach filling, Feb 150 all
cream and cheese, May 202 all
fillet of sole Florentine, June 144 all
ranch house, hearty, May 202 all
rice, green, Aug 98 all
roll, stuffed, Mar 193 C, S, D; Apr 170 N
roulade, soufflé, spinach and cheese filling, Nov 158 all
salad, spinach and bacon, Mar 141 all
skillet, quick, May 202 all
soup, spring greens, Apr 179 all
tart, spinach shrimp, Apr 163 all
Veal Florentine, May 208 all
Squash
pumpkin cheese pie, Oct 171 all
pumpkin sundae pie, Nov 198 all
pumpkin tarts, Nov 93 all
summer, gratinée, Sept 158 all
summer, salad, chicken-stuffed, July 122 all
zucchini, almond-topped, July 106 all
zucchini, garlic buttered, Dec 161 N, S, D
zucchini, Mediterranean, May 194 N, D

VEGETABLES (Cont.)
Squash (Cont.)
zucchini, veal, Dec 122 all
zucchini-rice casserole, Feb 123 all
zucchini yogurt chutney, Jan 61 all
Tomatoes
and sweet onion platter, July 122 all
appetizers, daikon tomato, May 108 all
chutney, tomato lemon, Jan 61 all
curry-glazed, with rice, Sept 158 all
juice, clam-and-tomato, hot, Aug 108 all
pilaf-stuffed, Sept 156 all
salad, sliced tomato, Sept 117 all
sauces, Italian, three recipes, Feb 152 all
soup, Sherry tomato, quick, July 108 N, C; Aug 86 S, D
with eggplant sauté, Oct 226 all
Watercress
cream of cress soup, Aug 113 C, S, D
salad, mushroom, watercress, Jan 95 all
soup, spring greens, Apr 179 all

YOUNG PEOPLE'S COOKING
Cakes, chocolate ribbon, May 187 N, C
Candy house, Dec 78 C
Cassoulet in brief, June 77 all
Chocolate sprinkle rounds, May 186 N, C
Cinnamon crisps, May 186 N, C
Coffee spiral, Danish, Nov 148 all
Ice cream fizz, rich, July 126 all
Jam, strawberry, sunshine, June 77 all
Measuring, helpful ideas, tools, Oct 172 all
Snow cones, Feb 79 all
Strawberries, May 186 N, C
Tart, apricot, cheese-latticed, June 77 all
Tea party for mothers, May 186 N, C

GARDENING AND LANDSCAPING

ANNUALS
Aster, China *(Callistephus chinensis)*, May 254 C, 264 S, D
Baby's breath *(Gypsophila)*, June 191 N
Bloom, summer-fall, June 189 C
Border, filling in with annuals, Aug 119 C
Busy Lizzie *(Impatiens walleriana)*, Apr 223 N
Calceolaria, May 216 N
Calendulas, Sept 190 C, S, D
Candytuft, hyacinth-flowered, Oct 235 D
Cornflower 'Snowball' *(Centaurea cyanus)*, Mar 90 all
Daisy, African *(Dimorphotheca sinuata)*, Nov 100 S, D
Daisy, gloriosa, in containers, Apr 223 S
Flowers right away, Mar 201 S
Marigold, signet *(Tagetes tenuifolia)*, Mar 203 C
Marigolds, Apr 225 D
Marigolds, Nugget Series, May 216 S
Nasturtiums, Mar 201 C
Nasturtiums in pots, Apr 223 N
1969 All-American Selections, Mar 90 all
Pansies, planting, Mar 203 S
Pansies, planting single color, Nov 214 S
Periwinkle, Madagascar *(Catharanthus roseus)*, Mar 202 D
Periwinkle, Madagascar dwarf *(Catharanthus roseus)* 'Polka Dot,' Mar 90 all
Petunias, fall planting, Nov 214 S
Phlox, dwarf, Oct 235 D

ANNUALS (Cont.)
Plant combinations, Oct 235 D
Planting, fall, Sept 171 D
Planting, fall, *Sunset* readers' report on favorites, Sept 174 C, S, D
Planting, June, June 190 N
Portulaca, Mar 201 D; May 263 N, 215 C
Rain, plants which withstand, Sept 172 S
Seed for fall open-ground sowing, Nov 230 all
Snapdragons, rust on, Oct 235 S
Snow-on-the-mountain *(Euphorbia marginata)*, Mar 243 N
Starting from seed, Apr 223 C
Sunflower seeds, June 197 all
Sunflowers, May 215 S
Sweet peas, fall planting, Sept 192 N, C, 194 S, D
Sweet peas, planting, Mar 202 N
Winter, preparing soil for, Sept 171 C
Zinnias, June 189 C
Zinnias, 1969 All-America Selections, Mar 90 all

ARRANGEMENTS
Centerpiece, holly and ivy, Dec 164 C
Cut flowers, making last, July 138 C; Aug 120 N
Dried material, gathering, June 189 C
Flower heads using dried materials, Apr 114 N, C, 137 S, D
Green flowers, Mar 218 all

BOOK REVIEWS
Chrysanthemums, Hardy, for Idaho, Apr 225 N
Ficus: The Exotic Species, Aug 119 C
Flowering Plants for Year-Round Color in Southern California, Apr 224 S
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Landscape Guide for Homeowners, Practical, Dec 163 S
Native Shrubs of the San Francisco Bay Region, Feb 167 C
Pesticide Information and Safety Manual, The, June 189 C
Pruning Landscape Trees, Oct 236 C
Rhododendrons and Azaleas, Dec 176 all
Roses, 1969 Handbook for Selecting, Mar 201 N
Spray Schedule for Home Orchards, Jan 112 N
Tree Finder, A California, May 217 C
Trees, Staking Landscape, Nov 212 S, D
Trees of Central California, Introduced, July 137 C
Vascular Plants of the Pacific Northwest, Sept 171 N

BULBS AND BULBLIKE PLANTS
Agapanthus, June 189 C
Agapanthus 'Queen Anne,' Aug 123 S, D
Anemone, Japanese *(A. hupehensis japonica)*, Nov 100 N, C

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ngel's tears *(Narcissus triandrus)*, Oct 237 C
t nurseries in late August, Aug 119 C
egonias, tuberous, Apr 228 C, S
egonias, tuberous, warnings, June 189 C
egonias, tuberous, winterizing, Oct 237 N
loom, narrow flower bed, Oct 264 N, C
uttercup, Bermuda *(Oxalis pes-caprae)*, Feb 168 C
hionodoxa sardensis, Mar 226 N
olchicum, Aug 120 N
rocus chrysanthus 'Blue Pearl,' Mar 227 N
utting back after bloom, Apr 223 C
yclamen *(C. persicum)*, for winter color, Oct 268 D
affodils, previewing varieties, Mar 201 N
aylilies *(Hemerocallis)*, Nov 100 N, C
aylilies, planting, Sept 171 N
reesias, Oct 235 C
ladiolus, fall bloom, Apr 225 D
ladiolus, 1969 All-America, Jan 111 D
ladiolus, pest control, May 216 N
ladiolus, planting, July 137 N
ladiolus, storing, Sept 173 N
yacinth *(Galtonia candicans)*, Apr 225 N
n containers for indoor bloom, Oct 260 all
n containers for quick color, Nov 212 C
ris, bearded, dividing, Aug 120 C
ris, Japanese *(I. kaempferi)*, Mar 241 S, D; Nov 239 C
ris reticulata, Oct 273 N
ilies, growing, Nov 224 all
ily, fortnight *(Moraea iridioides)*, Apr 225 S
ily, Kaffir *(Clivia miniata)*, Apr 223 D
ily, spear *(Doryanthes palmeri)*, May 217 C
ily-of-the-Nile *(Agapanthus africanus)*, Nov 100 N, C
Naturalize, how to, Oct 242 all
Ornithogalum arabicum, Sept 172 C
Planting hints, Sept 171 C
Planting ideas, spring bulbs, Oct 236 C
Planting in June, June 190 N
Planting spring bulbs, Sept 178 N
Ranunculus, Nov 211 C, S, D
Scilla tubergeniana, Mar 226 N
Star of Persia *(Allium albopilosum)*, July 137 N
Storage, old refrigerator, Oct 235 N
Tigridias, Feb 173 C, S, D
Tulips, December planting, Dec 163 S
Tulips, species, Oct 252 all

CONTAINER GARDENING

Asparagus, fern *(A. sprengeri)*, May 215 D
Azaleas, hanging, Mar 203 S
Bonsai, the art of, Nov 236 all
Bonsai, instant, Nov 216 all
Bonsai pot, gift idea, Dec 180 all
Buckeye, California *(Aesculus californica)*, as bonsai, Dec 195 C
Bulbs, for indoor bloom, Oct 260 all
Bulbs, for quick color, Nov 212 C
Chrysanthemum tree, Mar 202 S
Chrysanthemums for quick color, Dec 164 D
Citrus, Nov 211 C
Color, portable, Apr 223 C
Color, summer-to-fall, May 215 D
Containers, Mexican clay, Aug 119 S
Containers, preparing, Apr 225 N
Daisy, gloriosa, Apr 223 S
Euonymus, evergreen *(E. japonica)*, May 252 D

CONTAINER GARDENING *(Cont.)*

Exhibiting, stage for, Apr 104 all
Gift plants, care, Jan 111 D
Hanging baskets, plants for, June 194 all
Hanging baskets for coast, Feb 167 S
Hanging baskets, quick color, July 138 N
Hanging baskets, 17 plants for, May 94 all
Hanging plant in high window, June 190 S
Hanging plants, all-green, June 208 S, D
Harry Lauder's walking stick *(Corylus avellana* 'Contorta'), Feb 178 N
Herbs, six, in half strawberry jar, Oct 236 S
Hot weather care, June 189 D
Hydrangea macrophylla, Feb 167 N
Nasturtiums, Apr 223 N
Palm, lady *(Rhapis excelsa)*, May 253 D
Palm, sago *(Cycas revoluta)*, May 253 D
Pine, longleaf *(Pinus palustris)*, May 253 D
Planters, pedestals, flue tile, Sept 190 N; Oct 258 S, D
Plectranthus australis, Apr 256 S
Plumeria rubra, May 217 S
Podocarpus, Nov 211 C
Podocarpus nagi, Nov 233 C, S, D
Pomegranate, Nov 211 C
Roses, Jan 127 C, S, D
Shadow box for fence, wall, Apr 279 N
Spruce seedlings, freezing in Alaska, Nov 211 N
Trees, shrubs, small flowering, Feb 174 all

ESPALIERING

Pyracanthas, Nov 240 N
Ready-made, Oct 237 S

FERNS

Sword *(Polystichum)*, cuttings, Sept 172 N

FRUITS

Apples, dwarf, Feb 194 N
Birds, net to protect fruit, June 189 N
Blueberries, summer care, July 137 N
Cherry, ground *(Physalis pruinosa)*, May 226 all
Citrus, aphids on, Feb 167 S
Citrus, fall pests, Sept 171 S, 172 D
Citrus, growing in tub, Nov 211 C
Citrus, summer care, July 150 C, S, D
Combination fruit trees, Dec 189 N
Crabapple, Japanese *(Malus floribunda)*, Mar 203 C
Fig 'Brown Turkey', Aug 134 D
Filbert, European *(Corylus avellana)*, Jan 111 N
Grape arbors, Feb 198 N
Grapes, protecting, Aug 120 D
Lingonberry *(Vaccinium vitis-idaea)*, Nov 211 N
Nectarines, dwarf, Feb 194 C, 192 S, D
Olives, preventing fruit crop, May 215 S, 217 D
Olives, shaping, Nov 214 D
Orange 'Chinotto,' Aug 134 D
Peaches, dwarf, Feb 194 C, 192 S, D
Persimmons, fruit drop, July 137 C
Pomegranate, growing in tub, Nov 211 C
Pomegranate 'Wonderful,' June 189 D; Aug 134 D
Raspberries, red, Feb 201 N
Spray Schedule for Home Orchards, pamphlet review, Jan 112 N
Strawberries, raised bed for, Feb 167 C
Strawberries, speeding growth, Feb 168 S
Strawberries as landscape plant, Mar 214 C; May 248 S, D

GARDEN STRUCTURES, GREENHOUSES, PLANT SHELTERS

Bench, rhododendrons, Nov 255 N, S, D
Garden and Patio Building Book, a *Sunset* book, Apr 116 all
Greenhouse, portable patio, June 189 N
Greenhouse remodel, Apr 234 all
Home nursery, Mar 222 N
Raised beds, retaining walls, Oct 238 N, C, D
Storage shed, Sept 103 all
Work center, June 222 C, S, D
Work center, Strybing Arboretum - *Sunset Magazine* Demonstration Home Gardens, San Francisco, Nov 94 all

GARDEN TECHNIQUES AND MAINTENANCE

Bare-root, balled and burlapped plants, care until planting, Nov 211 C
Bonsai, the art of, Nov 236 all
Bulb storage, old refrigerator, Oct 235 N
Bulbs, cutting back after bloom, Apr 223 C
Caliche, how to deal with, Oct 236 D
Chores, end of summer, Alaska, Oct 237 N
Clean look for garden, July 137 D
Cleaning, grooming house plants, Dec 164 N
Composting, Oct 235 N
Containers, preparing, Apr 225 N
Crust on soil, preventing, July 137 N
Cuttings, tent for rooting, May 215 C
Desert gardening, summer, Aug 119 D
Desert gardening chores, Sept 172 D
Disbudding camellias, Feb 167 N
Dormant spraying, Nov 211 C
Drainage, check during rainfall, Feb 167 C
Fertilizers, liquid, hose proportioner, Aug 120 C
Fertilizing camellias, Apr 224 C
Fertilizing trees, June 189 S
Flowers, faded, picking off, July 137 C
Frost, readying in Alaska, Sept 171 N
Frost damage, Jan 111 D; Mar 241 N, 201 S
Frost protection, flowering shrubs, Mar 203 N
Frost protection, tender plants, Dec 163 S, D
Gardening chores, early morning, Aug 119 N
Grafting, easy method, Jan 114 all
Greenhouse, poor man's, Sept 172 C
Greenhouse gardening in Alaska, Apr 224 N
Ground covers, cutting back, May 216 D
Hydro-mulching slopes, Oct 238 S
June gardening, No. Calif., June 190 C
Lawn mowing, Apr 223 C
Lawn planting preparation, Mar 202 D
Lawn renovating, Mar 201 N
Lawn reseeding, Sept 172 D
Maintenance, easier, planting for, Apr 223 N
May gardening chores, Alaska, May 217 N
Mulch, pine needle, Oct 237 C
Mulch, plastic, June 190 N
Mulching, May 215 C; Aug 119 N
Neglected plants, first aid for, Sept 171 D
Peat pots, planting tips, June 189 D
Pesticide use, pollution problems, Apr 225 C
Pinching plants back, Apr 224 C; May 216 D
Plant labels, Apr 224 N
Planting, fall, Sept 173 N, 171 S
Planting, winter bloom, Oct 106 C, S, D
Planting, hot weather, July 138 D
Planting, transplanting broad-leafed evergreens, Sept 172 N
Planting, after frost, Jan 111 S
Planting a slope, Oct 235 S

GARDEN TECHNIQUES, MAINTENANCE (Cont.)

Planting preparation, Nov [illegible]
Planting, ground cover, [illegible]
Planting spring bulbs, [illegible]
Polyethylene sheets, uses for, Nov 212 C
Pots, sterilizing, Feb 167 [illegible]
Readying new lot for gardening, Oct 236 N
Reflected heat, protecting plants, Aug 120 D
Replacing old plants, shrubs, Oct 235 C
Root ball, size of, Jan 111 N
Root pruning, Feb 167 N
Roots, greedy, stopping, Aug 119 N
Runoff, dry stream bed for, Jan 78 all
Rural land, ridding of undesirable plants, Sept 200 C, 197 S, D
Sealing cuts after pruning roses, Feb 167 S
Seed collecting in your garden, Oct 236 N
Seedlings, transplanting, May 216 N
Seeds, avoiding waste, Apr 223 N
Soil, preparing, Mar 214 S, D; May 248 C
Soil mixing area, Oct 237 D
Sprays, aerosol, Aug 119 N
Staking perennials, June 190 N
Suckers, June 192 C
Sunburn protection, parasols for young trees, Aug 119 D
Ties for trees, Nov 212 S, D
Transplanting azaleas, rhododendrons, Feb 190 N, C
Transplanting, beware of pests, Apr 225 C
Transplanting cactus, Mar 201 D
Transplanting shrubs, Mar 202 N
Transplanting tips, Apr 223 D
Transplanting trees, shrubs, fall, Oct 235 N
Transplanting wildflowers, Jan 111 S
Trees, preventing toppling, Nov 214 S
Trees, protecting trunk from bulldozer, Sept 192 S, D; Nov 243 N
Weeding while mowing lawn, July 137 C
Williwaw, prevent winter kill, Feb 167 N
Wilting, newly set plants, Aug 119 C
Wind, fall, preparing for, Sept 172 N
Wind damage, minimizing, Feb 167 D
Wind protection for trees, Oct 237 S
Winds, Santa Ana, protection, Sept 171 S

GROUND COVERS

(See Lawns, Ground Covers)

HERBS

Beginner's garden, Apr 225 N
Borage *(Borago officinalis)*, Oct 235 N
Gift ideas, June 197 all
Parsley, May 215 N
Seed packets as gifts, Dec 163 N
Six kinds in half strawberry jar, Oct 236 S

HOUSE PLANTS

Alaskan indoor garden, Jan 116 N
Bromeliads, July 167 S, D; Nov 248 N
Cleaning and grooming, Dec 164 N
Croton *(Codiaeum variegatum)*, Feb 173 N
Gift plants, care, Jan 111 D
Indoor plants, Tucson, Ariz., Feb 198 D
January care, Jan 111 N
Kalanchoe blossfeldiana, Dec 184 N, 174 C, 188 S, D
Kitchen window garden, Oct 235 C
Miniature garden in glass container, Dec 170 all
Palm, sago, Nov 211 N
Planter, rolling pedestal, Oct 140 all
Tropical garden indoors, Jan 58 N; Feb 201 S, D

HOUSE PLANTS (Cont.)

Vacation care, July 138 C, S
Watering indoor gardens, Feb 168 N
Window garden, Oct 235 C

LANDSCAPING

Aviaries in garden, Sept 62 all
Aviaries, integrating into garden, Sept 174 N
Bloom, narrow flower bed, Oct 264 N, C
Border, colorful all year, Oct 269 C
Bulbs, spring, planting ideas, Oct 236 C
Color, fall, shrubs for, Nov 211 S
Color, fall, trees for, Sept 173 N; Oct 237 C; Oct 240 all
Color, for coastal gardens, Jan 111 S
Color, instant, from nursery, July 137 C
Color, portable, Apr 223 C
Color, spring, for desert garden, Oct 235 D
Color, summer-to-fall, containers, May 215 D
Cottonwoods, June 208 N, 190B S, D
Dark places, Sept 194 N, C; Oct 266 S, D
Desert garden, Apr 264 D
Desert garden, all green, Aug 120 D
Desert garden attracts wildlife, May 86 D
Desert washes, May 230 D
Dry stream bed for runoff, Jan 78 all; Oct 250 N, 258 C
Entry gardens, three adjoining, Sept 80 N, C
Flower garden, planning, May 216 C
Flowering Plants for Year-Round Color in Southern California, Apr 224 S
Flowers, vegetables together, Apr 240 all
Flowers right away, Mar 201 S
Garden in six months, July 144 N, C
Garden in mesquite grove, Apr 250 D
Ground covers, walk-on, Mar 238 N
Hillside garden with house, Oct 126 S, D
Hillside garden beside beach, Nov 122 N, C
Ideas, Fashion Square shopping centers, So. Calif., Mar 96 S, D
Irrigation bridge of building blocks, May 234 all
Lakeside garden, low-maintenance, Aug 122 N
Landscape Guide for Homeowners, Practical, Dec 163 S
Lawn substitute, planting combination, Nov 239 N, D
Maintenance, reducing with leaves, wood, stone, Apr 272 C, 279 S, D
Narrow spaces, skinny plants for, Sept 171 S
Overhead protection, Sept 93 all
Pathways, ideas from Japan, June 84 all
Perennials, where to grow, June 192 N
Plant combination, woodsy, July 137 S
Plant combinations, annuals, Oct 235 D
Plants surrounded by concrete, Nov 228 C, S, D; Dec 195 N
Practical Landscape Guide for Homeowners, book review, Dec 163 S
Pre-spring bloom, fall planting, Oct 106 C, S, D
Privacy on 50-foot lot, July 102 N
Putting green, hybrid Bermuda, June 190D S, D
Railroad ties, Sept 196 N; Oct 110 C, S, D
Raised beds, retaining walls, Oct 238 N, C, D
Remodeled garden, privacy, June 78 all
Remodeled garden, spring-flowering, Oct 258 N
Rock garden, color ideas, Apr 242 all
Rock gardens, colorful shrubs for, Nov 233 N

LANDSCAPING (Cont.)

Rocks, dug-up, ideas for use, Oct 245 N, 266 C
Roof gardens, London's Royal Borough of Kensington, May 229 all
Side yard vegetable garden, children's retreat, Apr 238 all
Slope, raised beds on, May 216 N
Stone mosaic under tree, July 137 C
Streetside garden, two-faced, May 256 C
Trees, protecting trunk from bulldozer, Sept 192 S, D
Trees, small, for patio plantings, Feb 167 N
Waterfalls, July 148 N; Aug 122 C
Waterside plants, Mar 243 S, D
Winter-flowering shrubs, Jan 111 C; Dec 163 N
Winter-flowering trees, Dec 163 N

LAWNS, GROUND COVERS

Aaron's beard *(Hypericum calycinum)*, Mar 202 C; July 160 N
Bellflower, Serbian *(Campanula poscharskyana)*, Mar 202 N
Bermuda, hybrid, planting, June 206 S, D
Bermuda, hybrid, putting green, June 190D S, D
Birdsfoot trefoil, Apr 256 D
Bishop's weed *(Aegopodium podograria variegatum)*, May 258 N, 232 C, 254 D
Cape weed *(Arctotheca calendula)*, Aug 123 S, D
Cotoneaster microphylla cochleata, Dec 163 N
Daisy, African, trailing *(Osteospermum fruticosum)*, Aug 123 S, D
Dichondra, effect of frost, Jan 111 S
Dichondra, low patches, Sept 171 C
Dichondra, planting, Apr 223 D
Dichondra, when to water, Aug 119 S
Fescue, blue, Aug 119 N; Oct 236 C
Gazanias, Nov 211 C
Ground cover planting preparation, Sept 172 C
Ground covers, cutting back, May 216 D
Ground covers, fall planting, Nov 211 D
Heather *(Erica carnea* 'Springwood'), Feb 181 N
Hydro-mulching slopes, Oct 238 S
Ice plant, keeping weeds out, Mar 203 S
Ice plants, May 44 N, 218 C, S, D
Ivy, trimming, Mar 201 S
Juniper, Andorra *(Juniperus horizontalis)*, May 217 N
Korean grass *(Zoysia tenuifolia)*, removing bumps from, May 215 S
Lantana, May 215 D
Lawn, dry spots, July 137 S
Lawn, dry spots, wetting agent for, Sept 171 N
Lawn, fall care, Oct 236 S
Lawn, fall planting, Sept 171 N; Oct 235 C
Lawn, keeping healthy, June 191 C
Lawn, mowing, Apr 223 C
Lawn, nitrogen deficiency, Apr 225 S
Lawn, power tools to rent, Sept 172 S
Lawn, preparing to plant, Mar 202 D; Sept 171 C
Lawn, renovating, Mar 201 N
Lawn, reseeding, Sept 172 D
Lawn products, application, Oct 235 S
Lawn substitute, Nov 239 N, D
Morning glory, ground *(Convolvulus mauritanicous)*, Aug 134 D
Native ground covers: See Natives

WNS, GROUND COVERS *(Cont.)*

riwinkle, Madagascar *(Catharanthus roseus)*, July 137 D
riwinkle, Madagascar, dwarf *(Catharanthus roseus)* 'Polka Dot,' Mar 90 all
ctranthus australis, Apr 256 S
racantha, Jan 116 C, S, D
pturewort *(Herniaria glabra)*, Mar 238 N
Augustine grass, June 219 S, D; July 163 C
tolina chamaecyparissus, S. virens, May 256 N
l-roof mailbox, Apr 224 S
awberry, Apr 223 D
yme, creeping *(T. serpyllum)*, Mar 238 N
yme, woolly *(T. lanuginosus)*, Mar 238 N
eas, new varieties, June 190 S

SCELLANEOUS

tanical names, how to read, Mar 214 N; Apr 260 C, S, D
ld gardeners, encouraging, June 200 all
ristmas greens, Dec 163 N
t ideas for gardeners, Dec 163 C
porting plants from Canada, Apr 232 all
d-order hucksters, June 189 C
ther's Day plant gift, May 215 N
rsery data, computerized, Oct 235 N
rsery sales, September, Sept 172 C
nts by telephone, Mar 201 C; May 217 S
d catalogs, Jan 111 N
mmer-fall garden contest, *Sunset's*, 1970, May 248 N, 263 C, 232 S, D
mmer-fall garden contest, *Sunset's*, winners, Apr 86 all
mmer-fall youngsters' garden contest, *Sunset's*, 1970, June 201 all
mmer-fall youngsters' garden contest, *Sunset's*, winners, Apr 100 all
nflower contest, giant, May 216 S
tson, Max, obituary, Jan 111 C, S

ATIVES

ckeye, California *(Aesculus californica)*, as bonsai, Dec 195 C
lifornia Tree Finder, A, May 217 C
rrant, red flowering *(Ribes sanguineum)*, Apr 228 N
iry slipper *(Calypso bulbosa)*, Apr 272 N
rn, licorice *(Polypodium vulgare)*, Mar 201 N
itillary, yellow, or yellow bells *(Fritillaria pudica)*, Apr 272 N
s, arctic *(I. setosa)*, June 190 N
nnikinnick *(Arctostaphylos uva-ursi)*, Jan 122 N
ahonia, long leaf *(M. nervosa)*, Nov 233 N
anzanitas *(Arctostaphylos)*, Nov 240 C, S, D
esquite, catching dripping sap, Mar 233 D
tive Shrubs of the San Francisco Bay Region, book review, Feb 167 C
k, live *(Quercus agrifolia)*, Oct 236 C
k, valley *(Quercus lobata)*, Oct 236 C
egon grape *(Mahonia aquifolium)*, Jan 112 N
egon grape, from seed, July 138 N
ant collecting regulations, national forests, Oct 235 N
ppies, California, ridding flower bed of, Oct 235 S
ppy, Matilija *(Romneya coulteri)*, Feb 188 C, S, D
ppy, prickly, July 152 all
rilliums, Mar 206 N, C

NATIVES *(Cont.)*

Wildflowers in Washington, Apr 250 N
Wildflowers, transplanting, Jan 111 S
Wintergreen, *(Pyrola uniflora)*, Apr 272 N
Yellow-eyed grass *(Sisyrinchium californicum)*, Nov 222 all

PAVING

Concrete walk, redwood frames, July 89 N, C, 100 S, D
Exposed aggregate pads, July 92 N, C
Gravel, renewing, Dec 164 N
Irrigation bridge building blocks, May 234 all
Moss, removing from paving, Mar 116 S, D; Apr 135 N; May 116 C
Parking strip, three ideas, Jan 125 N
Pathways, ideas from Japan, June 84 all
Plants surrounded by concrete, Nov 228 C, S, D; Dec 195 N
Rocks, ideas for use, Oct 245 N, 266 C
Walkway, mosaic, Apr 272 S; May 266 N, C; Sept 182 D
Wooden floors, steps, Feb 100 all

PERENNIALS

Artichoke, ornamental, Feb 192 N
Aster, Stokes *(Stokesia laevis)*, Aug 139 N
Aster 'Wonder of Stafa' *(A. frikartii)*, Nov 100 N, C
Astilbe, Nov 100 N, C
Baby's breath *(Gypsophila)*, June 191 N
Begonias, fibrous, Sept 172 C
Bellflower, Serbian *(Campanula poscharskyana)*, Mar 202 N
Bloom, second-time, June 191 C
Candytuft, evergreen *(Iberis sempervirens)*, Feb 167 S; Mar 202 C
Canterbury bells, Oct 236 D
Catharanthus roseus (Vinca rosea), Apr 236 C, S, D
Centaurea cineraria, Mar 213 all
Chicory *(Chichorium intybus)*, Aug 143 N, 128 S, D
Chrysanthemum tree, Mar 202 S
Chrysanthemums, Sept 171 D; Nov 212 C
Chrysanthemums, cushion, Oct 236 N Nov 100 N, C
Chrysanthemums, Hardy, for Idaho, booklet review, Apr 225 N
Chrysanthemums, quick color, Oct 237 D
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Dogwood, flowering *(Cornus florida)*, Apr 225 C
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Jacaranda, white, Aug 126 S, D
Katsura *(Cercidiphyllum japonicum)*, Oct 262 N
Koelreuteria integrifoliola, Aug 126 S, D
Locust 'Sunburst' *(Gleditsia triacanthos inermis)*, Feb 207 all
Magnolia, saucer *(M. soulangiana)*, Feb 178 C, S, D
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Pine, longleaf (*Pinus palustris*), May 253 D
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Podocarpus nagi, Nov 233 C, S, D
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Redwood, dawn *(Metasequoia glyptostroboides)*, Nov 233 C, S, D
Roots, stopping, May 215 C, D; Aug 119 N
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Silver bell (*Halesia monticola*), Apr 262 N
Small, for patio plantings, Feb 167 N
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Castor bean *(Ricinus communis)*, Feb 176 N
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Orchids, cymbidium, Mar 201, 226 C; Apr 262 C, S, D
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Tomatoes, growing earliest, Mar 204 C, S, D
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Bougainvillea, planting, May 258 C, S, D
Bougainvilleas, hardy, May 215 S
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Clematis, making bloom again, July 137 C
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Ivy, Boston *(Parthenocissus tricuspidata)*, Apr 268 N
Ivy, English, trees, shrubs, May 216 D
Jasmine, winter *(Jasminum nudiflorum)*, Nov 212 N
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Hemlock, poison *(Conium maculatum)*, June 222 N; July 144 S, D; Aug 126 C
Ice plant, keeping weeds out, Mar 203 S
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Bird feeder, giant, Oct 142 N, C, 130 S, D
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Birds, feeding, Aug 120 D
Birds, net to protect fruit from, June 189 N
Birds, winter feast for, Dec 163 D
Birds, winter feeding, Jan 111 N

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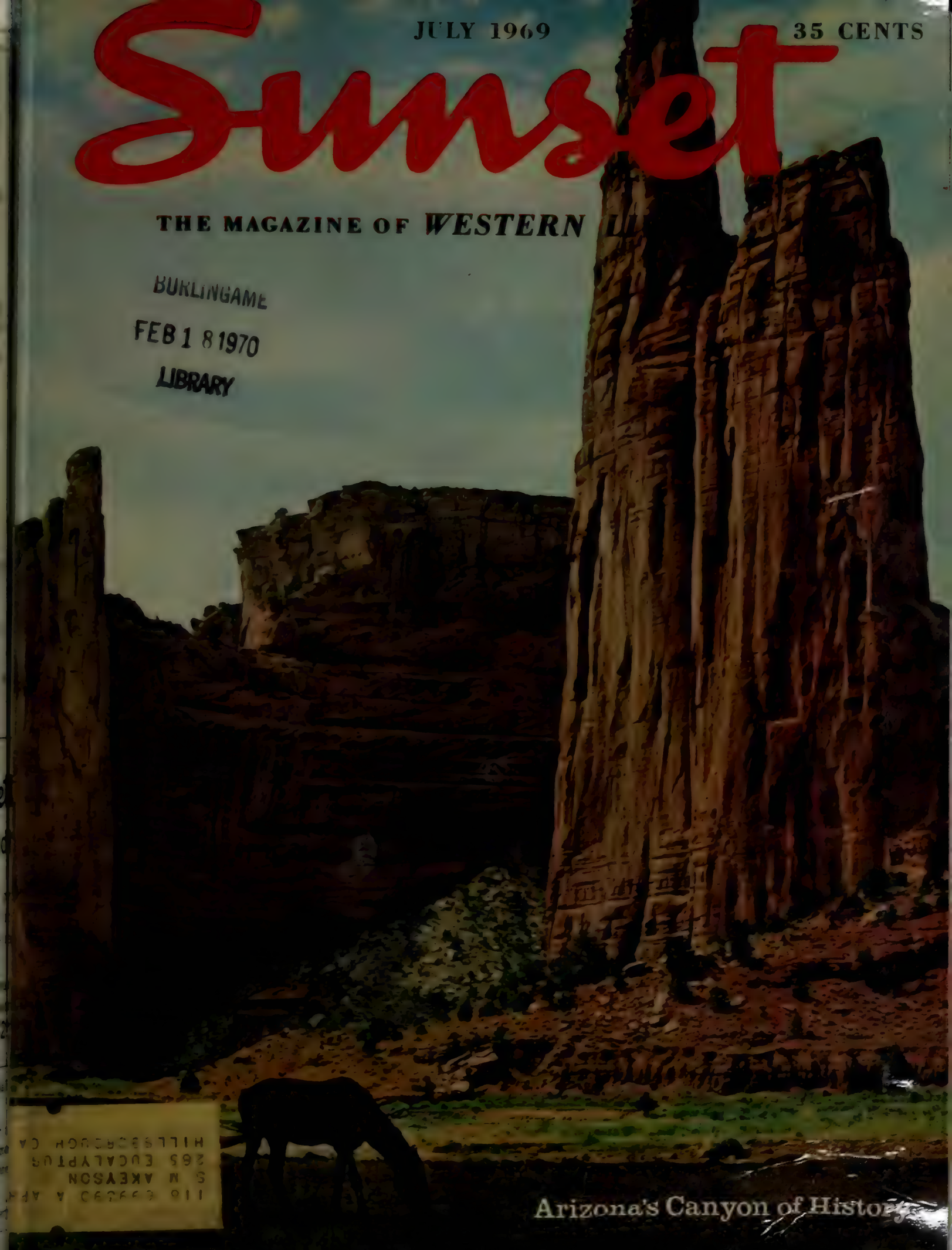

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Sunset*

THE PACIFIC MONTHLY*

*THE MAGAZINE OF WESTERN LIVING**

Feature articles for July 1969

CENTRAL EDITION

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The Cover Story

Spider Rock, a monolithic sandstone spire where Canyon de Chelly meets Monument Canyon, soars to 800 feet—almost 200 feet taller than the Seattle Space Needle. Robert Wenkam took this late afternoon photograph from a precarious perch below Spider Rock Overlook

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ly travel...
in and beyond the West

o Gunther Island on boldt Bay for a picnic some bird-watching

d from the noisy bustle of down- Eureka by a narrow channel of Gunther Island is easily accessible t and is one of the last unspoiled left on Humboldt Bay. On the you can watch nesting egrets, dig mud for clams, or get away from people to have a family picnic on y knoll.

and mostly flat, the island has one huddle of Monterey cypresses that one of the few coastal rookeries common egret in northern Cali- At one time the egrets were in of extinction because of the value r delicate white plumes to milliners. ately, international treaties with a and Mexico have protected the from plume hunters and now about rs nest on the island.

July is the end of the four-month season, this is probably the best of year to observe nesting egrets. have strong binoculars and are quiet, you can approach within 300 yards of the rookery and watch graceful birds caring for their young. go any closer, because nesting are easily disturbed and when ned may leave their nests, endan- their offspring.

xtensive salt marshes of the north ast sections of the island provide and shelter for about 30 species of birds. Among these are the great eron and the black crowned night which are also nesting now, and most extinct California clapperrail.

land has not always been a refuge ds. Shell mounds have yielded arti- ndicating that one of the southern- groups of the Northwest Indians he island for at least 1,500 years as monial and burial ground.

ate of these early Indians is not , but their place was taken by the phisticated Wiyot Indians who were along the coast and in the small

Taking a walk *through Gunther Island's salt marshes, hikers head towards part of a salty lake that lies southeast of the cypress trees where egrets nest*

Driftwood *clutters this stretch of shoreline and provides good impromptu picnic spots. Eureka is across the calm channel*

Look *but don't approach. High-powered binoculars help these people observe nesting egrets without disturbing fledglings*

Sunset

THE MAGAZINE OF WESTERN LIVING

July 1969

The ancient art in Canyon de Chelly

Our four-day expedition to Canyon de Chelly last July began dramatically with a drive across the reservation to Chinle through a sea of shifting, blowing sand. It continued with jeep trips into the canyon's reaches, trail hikes to ruins, sitting out a thunderstorm atop Spider Rock, and then photographing another of the recurrent sandstorms for the feature article that begins on page 52.

At right, *Sunset's* travel editor climbs up to the petroglyphs etched on a sandstone cliff before 1300 A.D. by the ancient Anasazi. Much more recent pictographs (rock-paintings) are shown on page 54.

Archeologists speculate that the bull's-eye designs above marked the location of springs, and the anthromorphic figures were guardian spirits or water deities.

Sunset editor *scrambles up cliff for close view of the ancient petroglyphs*

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village of Atberol on Gunther Island
white settlers came to this area.

The Wiyots were a peaceful people
continued harassment by the settle
sulted in numerous outbreaks of viol
One of the most tragic skirmishes o
island was early on a February mo
in 1860. While the Indians were slee
exhausted by the previous day's reli
ceremonies, a handful of armed se
crept through the dark to the camp
massacred more than a hundred
women, and children.

The Indians are gone now, but yo
still dig clams, as they did, from
muddy shores of Gunther Island,
minus tides at the end of June an
beginning and end of July make for
clamming. To dig the geoducks, g
and Martha Washingtons from the
all you need is a shovel, old clothes
a little luck. These clams are safe
all year, but between May and Se
ber remove all the dark parts before
paring them, since they may co
toxic residues.

You can picnic almost anywhere; o
the nicest places is just south of the
ble-down shacks on the Eureka side
island. A wall of shrubs protects a g
area where you can spread a ground
and pick wild strawberries.

HOW LONG WILL IT LAST?

The distinctive quality of Gunther I
today lies in the fact that it *is* an
—otherwise the egrets, clams, and
strawberries would have probably
peared long ago with the expansi
Eureka. Progress seems to overtake
thing, however, and plans for a
connecting Eureka to the Samoa
sula are now complete, with prov
for an off-ramp onto Gunther Islan

The ramp will miss the egret rooke
only a few hundred feet, and will
ably open the door to developers wh
vision an industrial park on the
Since this bridge will adversely affe
rookery and other wildlife, conserv
ists are fighting to prevent at leas
construction of the off-ramp.

Today, without the bridge, the cr
between Eureka and the island is
and can be pleasantly made in a
or rowboat. You can launch your
from the ramp at the foot of Comm
Street. Rental boats are also availab
the basin at a daily rate of $5 for a
boat, $15 for a dinghy with motor.
must arrange rentals in advance by
ing to the E-Z Boat Landing,
Salmon, Eureka, Calif. 95501.

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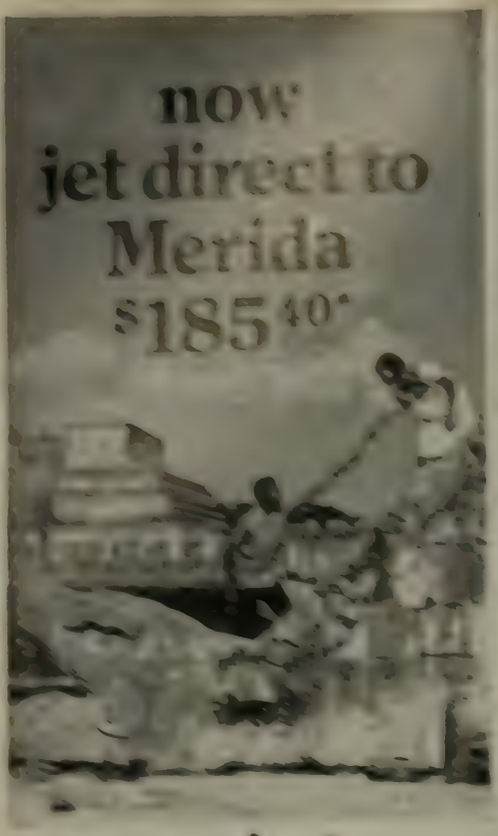

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the bay, its history, ecology, and effects of past and proposed bay fill.

Cruises will be conducted on July 19 and August 16 aboard the *Harbor Emperor*, and more have been tentatively scheduled for the fall and winter.

The Saturday tours take from 9 a.m. to 1 p.m., and leave from Pier 45½ at Fisherman's Wharf. Reservations must be made in advance; send a stamped, addressed return envelope and check for $4 to Bay Tour Coordinators, 1/1a Hasse Ranch, Sausalito, Calif. 94965.

Horsemen gather on the Monterey Peninsula

Two shows this month will attract horsemen to the Monterey County Fairgrounds in Monterey.

The Golden West National Morgan Horse Show is scheduled for July 4, 5, and 6. It presents the largest number of Morgans anywhere outside the East Coast (the breed originated in Vermont during the eighteenth century).

The first scheduled class commences at 8 a.m. on Friday, July 4. Classes continue through the day on Friday and Saturday, and in the evenings starting at 8 p.m. Championship performances start at 11 a.m. Sunday. General admission is $3 per performance, box seats cost $5.

The Summer Show of the Arabian Horse Association of Northern Califo[illegible] scheduled for July 25, 26, and 27 [illegible] limited to purebred animals and [illegible] tended to demonstrate the versat[illegible] the Arabian. There'll be jumpin[illegible] horse, driving, costume, and [illegible] events. A junior show for horse[illegible] Aug. 15 will take place Friday at [illegible] Saturday events begin at 1 and [illegible] and the Sunday show is at 1 p.m. [illegible] son per show is $1.50 for adults, [illegible] for children and servicemen.

The fairgrounds are located at the [illegible] of Fremont Boulevard and Old Ca[illegible] 21 and the Monterey-Salinas highw[illegible]

Fog-free Fourth in Marin

Larkspur and Corte Madera in [illegible] County host a day-long Fourth [illegible] celebration that ends in a grand fi[illegible] display. Unlike some other Bay A[illegible] plays that are shot up into what [illegible] be an unusually foggy night, the [illegible] communities enjoy a fog-free [illegible]

The day begins in the town [illegible] the ringing of church bells at 9 a.[illegible] includes a firemen's baseball game, [illegible] show, a craft show with exhibits [illegible] ous ethnic groups and a mode[illegible] parade. The fireworks display [illegible] around 9 p.m. at Piper Park along [illegible] Madera Creek in Larkspur; it will [illegible] such spectacular as sunset work, [illegible] mortar, and serpents humiliated.

For travel planners, a July check list

Land and river Canadiana tours. Nord[illegible] Williams' Top-A-Long Tours offers the [illegible] to Canadiana National Park half-[illegible] by bicycle excursions through the park [illegible] surrounding areas. For example, one [illegible] tour combines a half trip down the [illegible] through Gaspesie Canada, with [illegible] overland return through Canadian [illegible] Nova Scotia. The $[illegible] tour includes [illegible] all meals, transport and meals. Write [illegible] Top-A-Long Tours, [illegible] Box [illegible], Moab, Utah 84532.

Sky scenic rails. A proposed scenic rail [illegible] through the Bergslagen region of Eastern [illegible] begins September 16. The rapid train will [illegible] along a variety of small and [illegible] with [illegible] stops for swim[illegible] sightseeing and shopping as well as [illegible] wood [illegible] to wood, work in [illegible] The [illegible] price? Tour price of $[illegible] to all [illegible] Per details, write to Holiday Tours Travel Service, [illegible] S. Alder St., Seattle [illegible] or see your travel agent.

Scandinavia and Russia. A [illegible] tour of Scandinavia and Russia leaves Portland September 1, and will include visits to Copenhagen, Oslo, Stockholm, Helsinki, Leningrad, Moscow, and Berlin. Tour cost begins at $[illegible] and includes most meals, flights, accommodations, scheduled tours, and transportation. For information and reservations, write to Journal Travel, [illegible] S.W. Sixth Avenue, Portland, [illegible] or see your travel agent.

Cascade art safaris. Art instruction [illegible] painting, sculpture, and folding and [illegible] are the programs of four summer safaris [illegible] the Cascade Mountains. Cost [illegible] four-day tour, beginning July 5, is $[illegible] per person, the six-day tours, beginning [illegible] 10 and 17, cost $[illegible] per person. For reservations and information write to Alfred Ross Gallery, [illegible] Sandman Wash, [illegible]

Himalayan trans-Asiatic tourists. [illegible] have the Kashmir Valley, migrating [illegible] and the Tai Mahal are only a [illegible] the things to be seen during a 30-day [illegible] of Afghanistan, Pakistan, India, and [illegible] The tour cost price of $[illegible] includes all transportation, [illegible] accommodations, meals, photographer, [illegible] and many tips. For a free prospectus [illegible] to Trans the Trans Tours, 500 Lauren[illegible] Ave., North Hollywood, Calif. [illegible] or see your travel agent.

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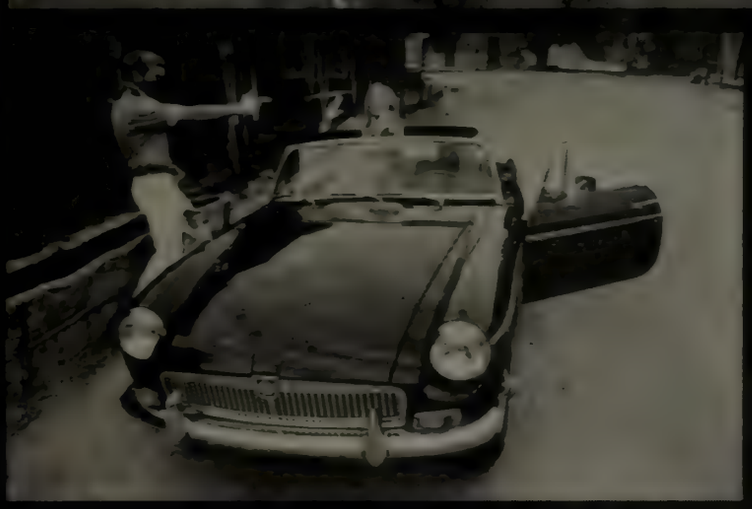

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Tepeelike structure *at Lake Tahoe Visitor Center has information desk and displays*

July wildflower walks at Tahoe

Wildflowers are blooming this month in the marshy meadow just below the Lake Tahoe Visitor Center, one of the last pristine mountain meadows to survive the resort developments that now crowd most of Tahoe's south shore. Naturalists of the Eldorado National Forest conduct short walks through the meadow each day between 9 A.M. and 6 P.M., and you can also browse unescorted along the pathways.

Marsh marigold, camass, violets, corn lily, blue-eyed grass, gentian, and swamp onion weave a design across the lush grasses at this meeting of Taylor Creek and the lake.

Groves of stately aspen ring the meadow, their slender white trunks vivid against a thick screen of Jeffrey pine that filters out the noises of the nearby highway. At the upper end a stream profile chamber gives visitors a close-up look at the life of a mountain trout stream.

A good companion for the walk is a paperback copy of *Sierra Nevada Natural History* (Storer and Usinger, University of California Press, Berkeley and Los Angeles, 1966; $3.95).

The visitor center, operated by the U.S. Forest Service, is a 10-minute drive from U.S. Highway 50 on California 89. The entrance is just west of the resort community of Camp Richardson.

Other interpretive programs at the center include slide presentations and group campfires at the Lake of the Sky Amphitheater each evening at 8:30; guided half-day walks into the Desolation Valley Primitive Area leaving each Monday and Thursday at 2 P.M.; lecture programs at the Angora Ridge fire lookout station each Saturday and Thursday at 10 A.M.; and boat tours of Echo Lake (meet at the Echo Lake dock) each Tuesday, Wednesday, and Friday at 10 A.M. Boat tours cost $1 for adults, 50 cents for children.

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Visitors *stroll the pathway through aspens along the edge of Taylor Creek meadow*

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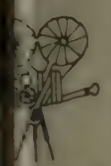

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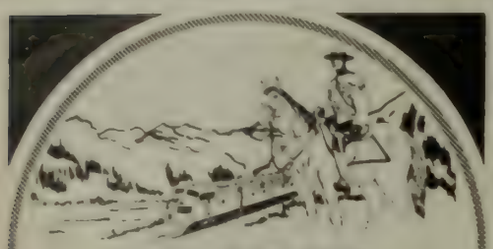

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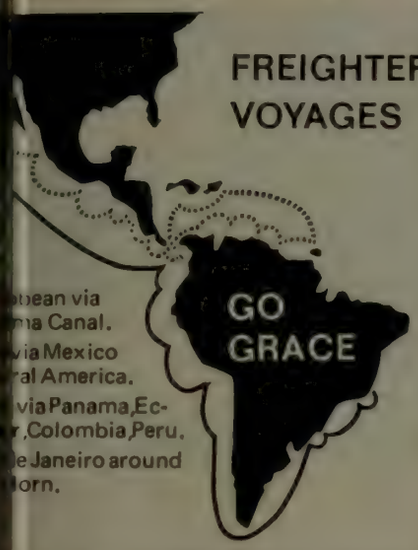

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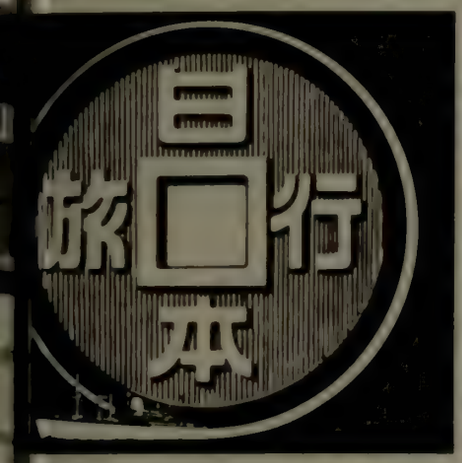

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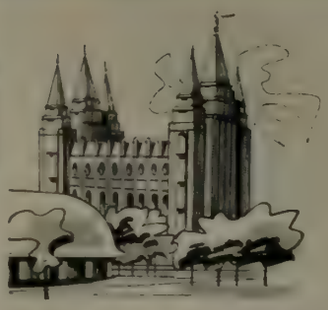

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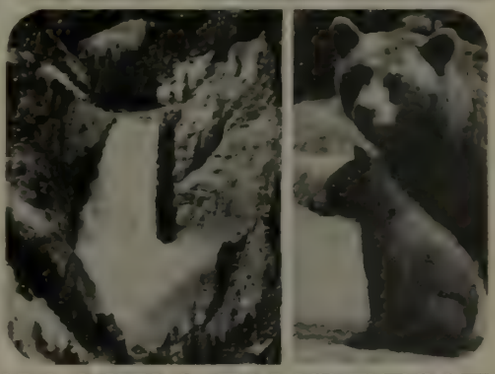

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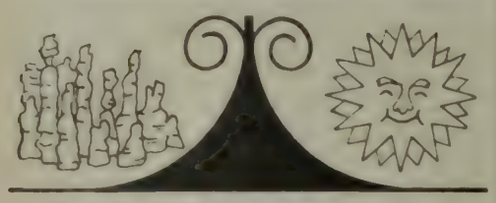

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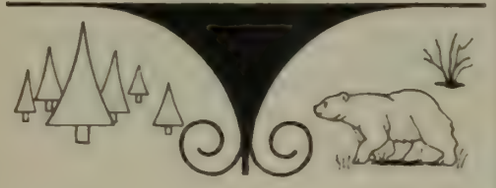

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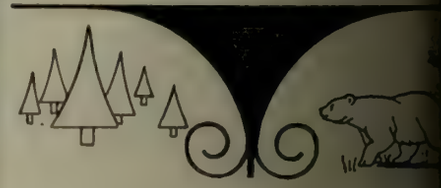

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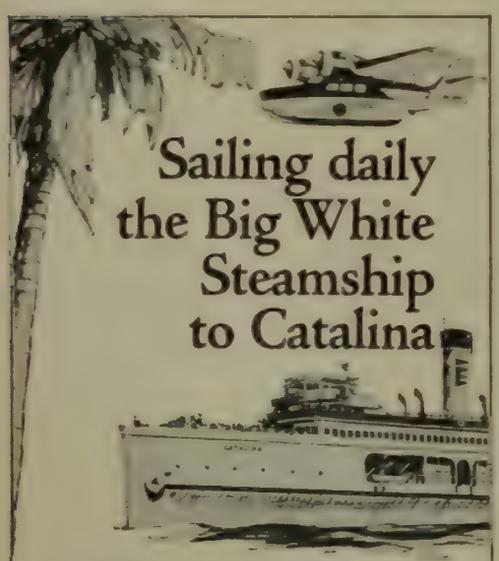

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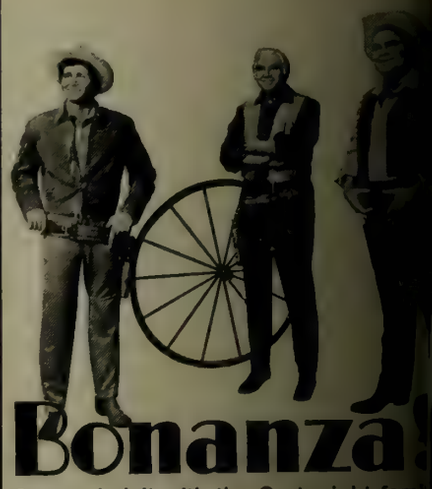

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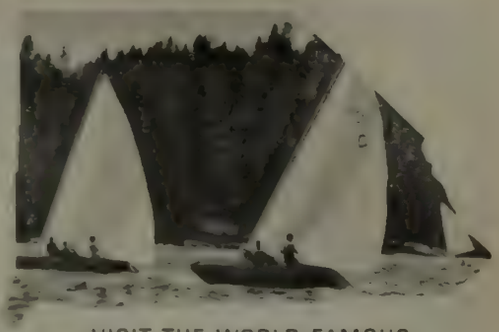

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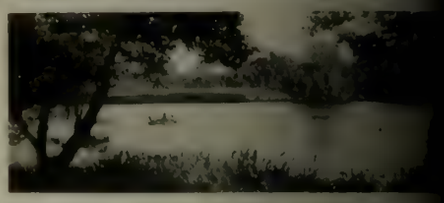

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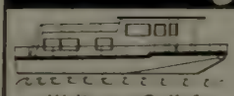

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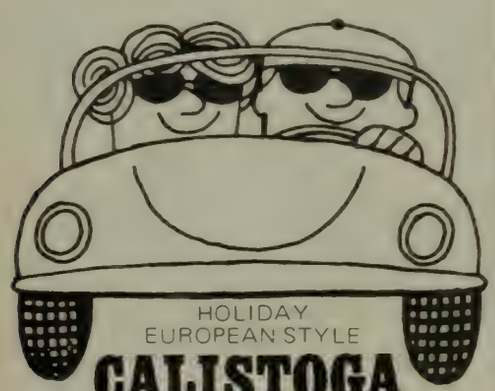

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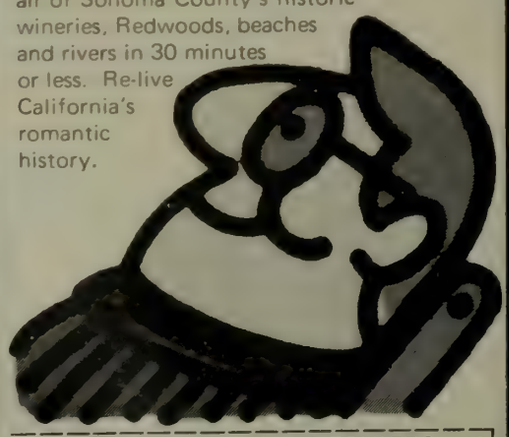

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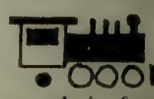

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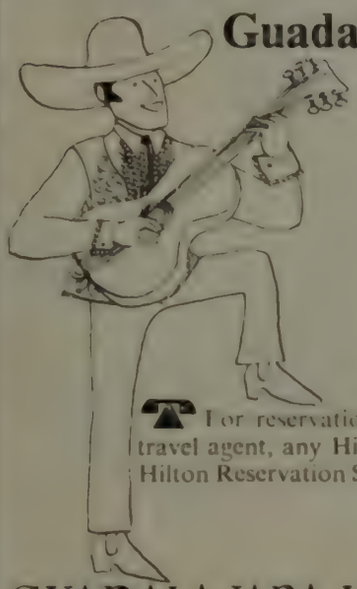

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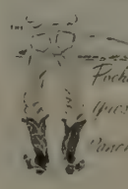

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The station house has been partly stored; attic clutter is being cleare displays are refined. One new exhibi scale model of the Carson & Colorad

On out past the rolling stock and the implement collection, but before yo to the water tower and the turnt you'll come to the station agent's h with its collection of period furnitu cluding an early Murphy bed.

Up the county road a short distance of the station is the recently acq Library and Art Building. It contain private library of the celebrated re historian W. A. Chalfant, and will fe a series of art exhibits.

End of line *during the final phase, Laws needed turntable to reverse engine direction—still workable but nailed in place*

Agent's house, *beyond fence, has late nineteenth-century furniture, is part of tour. The trees provide welcome shade*

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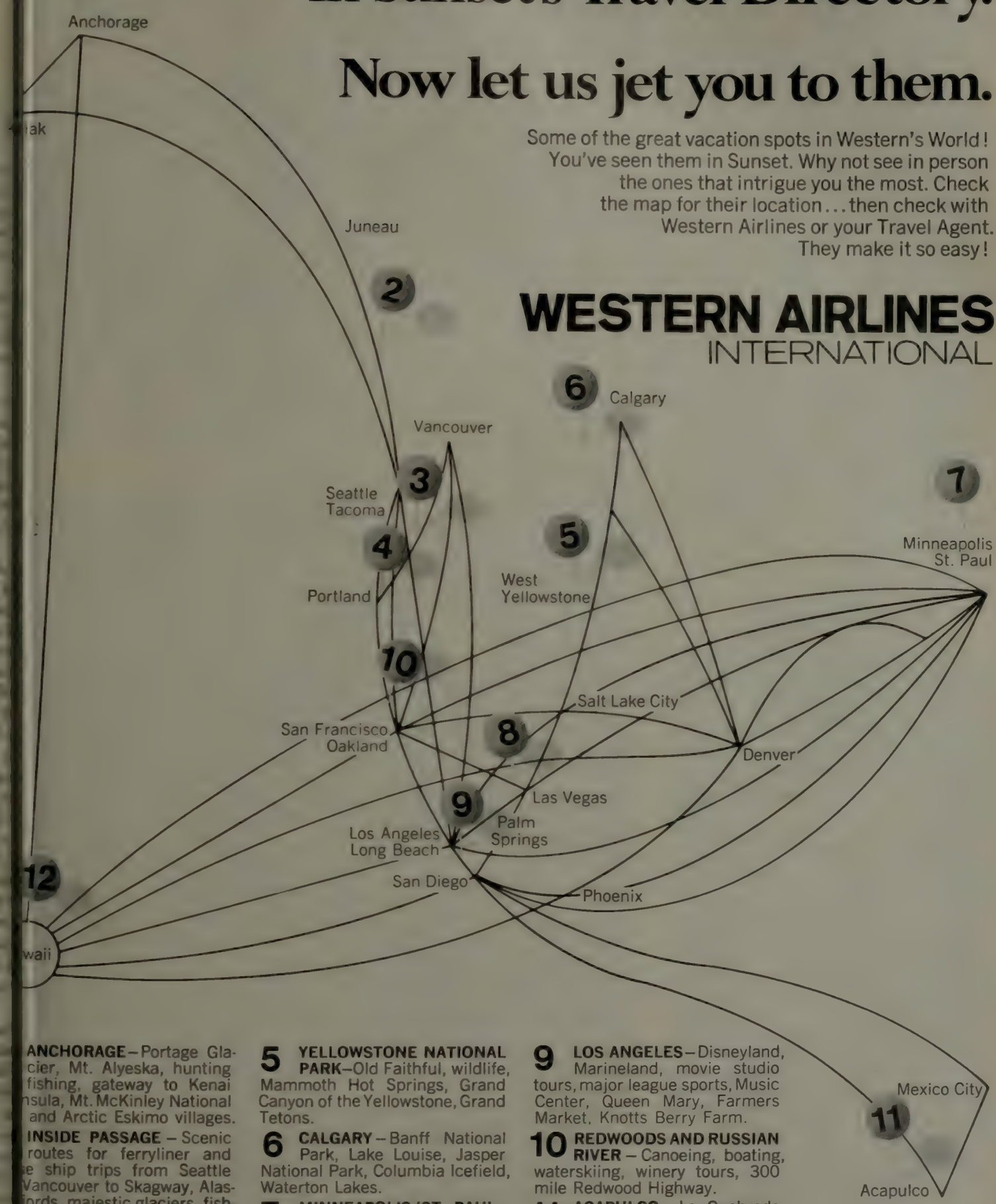

ANCHORAGE—Portage Glacier, Mt. Alyeska, hunting fishing, gateway to Kenai nsula, Mt. McKinley National and Arctic Eskimo villages.

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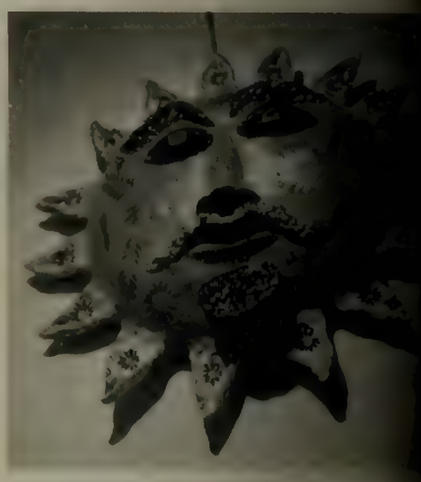
How San Diego aids its visitors

To help visitors cope with a full schedule of events during the height of the city's bicentennial celebration this summer, San Diego has provided a number of special aids. Some of the city's attractions this summer are shown in photographs here and on the next page, but for the full story see page 66.

Travelers arriving on the San Diego Freeway (Interstate 5) can stop at the new information center in Mission Bay Park. Take the Clairemont Drive exit, then head west to the center, which is easily visible. This station, open during daylight hours, can supply you with brochures prepared for the bicentennial. These are also available at many hotels and gas stations, as well as at other



Large ceramic *sun-god face from Me in Mexican folk art show in Balboa*

R. W

Thirty-foot-high *Judas figures dominate rotunda of Museum of Man in Balboa With several special attractions, the park is one of two centers of bicentennial ac*

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Mill Valley, Calif., residence designed by Marquis & Stoller, AIA, San Francisco

For a free booklet, "Redwood Interiors," write Dept. P, California Redwood Association, 617 Montgomery St., San Francisco, Ca 94111. MEMBERS: Miller Redwood • Georgia-Pacific Corporation • The Pacific Lumber Company • Willits Redwood Products Company • Union Lumber Co. • Arcata Redwood Co. • Simpson Timber

R. WENKAM

tram, *new at Zoo in Balboa Park, you on 5-minute ride across grounds*

contact places.

of the brochures include a listing nts. For the daily schedule, with inute information, telephone this r, at any hour: 230-4500.

an get a new county map that the road network up to date and 60 historical landmarks at the an- ry headquarters downtown at 635 et.

r excellent downtown information is the San Diego Convention and s Bureau at 225 Broadway, where ng other folders—you can pick up lified city map that will help guide rough San Diego's often confusing patterns.

ing air travelers can obtain infor- about accommodations and other s from a fascinating machine at formation center near the airport e pickup. The machine probes its iche data bank for information, it on a screen, and even makes for you to take along. What is a iche? The attendant will explain.

omprehensive look at the territory, n buy an official guidebook called *ego 1969* at book shops and news- for $1. It contains maps and infor- on places to visit, plus a calendar.

o major celebration sites, Balboa and Old Town, both have severe obile congestion and parking prob- so special city bus services will be l to these locations. Telephone 239- or information.

nt tickets are a bonus for visitors. *ort 200*, a book of coupons that r $5, brings discounts and passes lmissions, merchandise, and meals ghout the county, and even for the ai in Tijuana. Buy the book at an- ary headquarters or at the ticket on the Old Town fiesta grounds.

A VIEW FROM THE PALACE

The Palace Hotel. Set beside the splendor of the Emperor's garden.

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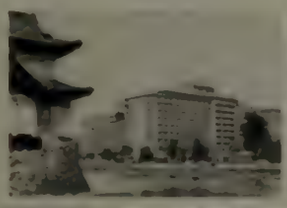

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CP Rail

Children scramble *after skittish lambs. Purchase of a barbecue ticket enables any child to enter contest where they compete by age. Parents should be forewarned that if a child catches and pins down a lamb, it's his*

The woolgrowers gather in Boonville on July 27. You are invited

Georgia-Pacific Corporation

MICHAEL TILDEN

Dog above *obeys hand, voice commands, hangs back as sheep pass through course gates. Winning team at right collects trophy*

Sheep dog trials ... sheep chasing ... sheep shearing

uly day each year, sheep raisers from rnia's north coast counties gather in wn of Boonville to exchange gossip, te for prizes, and feast on barbe- lamb. Under the tall shade trees of endocino County Fairgrounds, this laxed affair—if events run a little l schedule no one seems to mind.

rs are invited to join in and city rs who nostalgically recall life on a might especially enjoy the festivi- his year the woolgrowers meet from . to dusk on Sunday, July 27.

s begin with the sheep dog trials. commonly-used sheep tender is the b shepherd, first imported to this ry into Mendocino County in 1876. e trials the dog must follow voiced histled commands of the shepherd t a small flock of sheep around and h a course of fixed obstacles. The as never before seen either the or these sheep. The time taken to ver the sheep is not as important steadily and calmly he can make perform.

afternoon the sheep and lambs get erably more agitated when children them about the outdoor arena in of catching one to take home as a n between times you can watch sheared with hand and power , learn about the different types of and watch it being spun, listen to mountain poetry, and lunch on bar- d lamb and cider from locally grown s. The barbecue costs $2.50 for . $1.50 for children.

San Francisco drive north on U. S. ay 101 about 90 miles to Clover- Turn to the northwest on State ay 128 for 27 miles to Boonville. nmodations are limited in Boonville, ially this weekend; they're more ful in nearby Cloverdale and Ukiah.

Deceptively calm-looking *sheep undergoes a trim with power shears*

MIKE AND MARY HAYDEN

Fisherman *steps into Beegum Creek, plays trout, and prepares with left hand to net him*

The fishing is great . . . when you get there

The stretch of Beegum Creek that slips between the walls of Beegum Gorge is probably never going to be overrun with fishermen. It is 250 miles north of San Francisco, down a steep and sparsely marked trail, with summer temperatures often topping 100°. Since it is relatively inaccessible, hardy fishermen continue to find numerous 8-inch native rainbows and some as large as 18 inches.

The best 5 or 6-mile section for fishing lies in a 4,500-acre unit administered by the Bureau of Land Management; the creek marks the Shasta and Tehama county boundaries. This month after the spring thaw it runs clear; but by the end of August, when the water warms and the flow slacks, fishing tapers off.

Live oaks, Digger pines, and California bays line the creek between the 1,500 and 2,000-foot elevation. Above, the slopes covered with brush make hiking difficult. At the summit of 4,098-foot Beegum Peak are ponderosa pine and Douglas fir.

To get to Beegum Creek, take Interstate 5 north from the town of Red Bluff; turn northwest onto State Highway 36 and go about 40 miles. Two miles beyond the settlement of Beegum, look for Forest Service Road 1S02 to the south. Unpaved but with a fairly gentle gradient, the road winds 6 miles along the top of the gorge to Beegum Gorge Camp (five campsites). Here Beegum Creek is within the Shasta-Trinity National Forest. Hatchery predominate over wild fish, and so parts of the creek are about fished because of the easy access provided the road. You can hike and fish along creek for about a mile into the gorge (t you either swim or hike out).

FINDING THE WILD ONES

If you'd like to reach the choice fis section of the creek and try for the ones, stop after you've driven 3½ m on road 1S02 from the State 36 junct Look for a fire trail plunging down the gorge (you will be directly ac from Bear Gulch, a steep canyon cuts into the east side of the gorge BLM sign reads "Beegum Gorge Tr You go on foot from here. Poorly mar (with occasional orange plastic ties), trail drops 1,500 feet in 1¼ miles slippery grass and hardpan, with muc the last half-mile at a 70 per cent gr Be sure to carry a canteen full of drin water, and plan to hike either earl late in the day.

From Bear Gulch upstream toward gum Gorge Campground, try dry Gear should be light or even ultra-ligh the wild fish are easily spooked. T leader that tapers to .006 of an inch a breaking strength of a pound or so.

Favored flies are the gray hackle, pea hackle, and black gnat in sizes 10, 12, 14. Downstream from Bear Gulch, wet flies, spinners, and live nymphs.

Mornings and evenings are best fo fishing. At midday, try grasshoppe other bait.

Don't bother with waders. The wat pleasantly cool and canvas shoes sh give you secure enough footing.

A single blanket or lightweight, synth filled summer sleeping bag, in additio a ground cloth, will provide enc warmth at night.

BLM personnel and the next part campers will appreciate your carryin your trash.

Hiking *fishermen look down into Be Gorge at start of steep fire trail to*

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Hydraulic monitor *in Weaverville's Trinity County Historical Park occupies this youngster's attention while other members of family prepare a picnic lunch along Weaver Creek*

DARROW M. W

WEAVERVILLE

Why this old town is worth a stopover . . . even a detour

Weaverville's attractive new county p
handsome new historical museum, an
mous old Chinese temple share a
shaded tract along the banks of We
Creek to make one of the most appe
centers of Gold Rush history in nort
California. The park is just off Califo
Highway 299 as it goes through We
ville, about 50 miles west of Redding
The J. J. "Jake" Jackson Memorial
seum, a red brick and iron-shuttered
fice, combines the architectural cha
California's early mining days with

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modern presentation of exhibits and ays. Reopened May 1 for its second n after a five-month winter closure, useum will be open daily from 10 to 4 P.M. until November 30. There admission charge.

Weaverville Joss House, "The Tem- mongst The Forest Beneath The ds," is still a place of worship for verville's last family of original Chi- pioneers. It became a state historical ment in 1956. Guided tours are of- daily from 10 A.M. to 5 P.M. Ad- on is 25 cents for adults (18 and), free for youngsters.

Trinity County Historical Park, an ctively landscaped half-acre right to the new historical museum, has c tables, drinking fountains, a grassy , and relics of some of Weaverville's famous mines. The restful park, with mpressive hydraulic monitor and grand-scale mining equipment, will joyed especially by members of the y too young to appreciate fully the rate, often fragile exhibits of the mu- and temple.

public park is convenient to down- markets and shops and is one of the pleasant places to picnic along the tainous drive between Redding and ka.

years ago, a highway-widening pro- wiped out the rows of stately locust that used to arch across the narrow street of town, but many of the fine owntown buildings still survive. No- among these are three galleried tures, the Odd Fellows Hall, the e Sons Building, and the Masonic with spiral staircases leading from alks to overhanging balconies.

staircases *along Weaverville's his- main street intrigue youngsters*

DARROW M. WATT

Memorial museum *in Weaverville's new history center has diverse exhibits of Gold Rush days in Trinity County—including these old bottles*

Park ranger *conducts guided daytime tours through the Weaverville Joss House and explains the offerings of food placed on temple altars*

What's to see? The Joss House, the Memorial Museum (it's J. J. "Jake" J.), the Trinity County Historical Park

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Bulls *typically congregate apart f cows. Antlers, shown sprouting in spr will be full by the end of this mo*

To Tupman to see the elk

To look at a tiny remnant of the great elk herds that once roamed the vast Joaquin Valley, you need detour about 20 miles off U.S. Highway 9 Bakersfield. A herd, now numbering 35 adults (plus a number of calves this spring) is kept in a 350-acre fe range at Tule Elk Reserve State Park

Best time to see the elk is at 3 P.M., they are drawn to their suppleme feeding of barley and alfalfa pellets the visitors' viewing area. At other t they move out on the range and are likely to be visible to eye or camera

Visitors are not permitted to roam range; even though these are the sma of elks, a bull can reach a weight of m 600 pounds. At the visitor center ther three picnic tables, and a natural his display.

To get there, take the Taft Hig (State 119) exit from the freeway, tinue about 15 miles west to Tu Road, then north through Tupm miles to the park entrance on St Road. Or take the Stockdale Highw west to Morris Road, then south t tion Road—about the same distan

Summer at Incline is something else

olor it green when the snow melts. Spill vely streams down the mountainside, nd splash the meadows with Indian aintbrush. Let lacy birch trees catch the n's eye and scribble their shadows all er the grass.

This is what happens to Incline in mmer. And it happens on a grand scale. 's a vast, natural amphitheater—on the rth shore of Tahoe.

The Indians called Tahoe the Lake of e Sky. They fished and canoed on it, st as we do—hiked along the same ountain trails.

Now sailboats grace the lake, and water is slice its surface. The casino on the keshore tries to outdazzle the stars, while houses hide among the pines. There are bright umbrellas on the beaches, modern schools in the woods. There's a shopping plaza, a beauty salon, a pet hospital—even a place to bowl.

But along with all this goes a responsibility: to see that whatever man adds to Incline is worthy of what was there to begin with.

There's the Incline Golf Course, for instance. Designed by Robert Trent Jones. It stretches like green velour from the foot of the mountain almost to the shore of the lake, under and around great clusters of pine. *Holiday Magazine* has called it one of the most interesting resort courses in the country.

Then there's Ski Incline, known from Aspen to Zermatt for runs meticulously groomed and smoothed, soaring high above Lake Tahoe.

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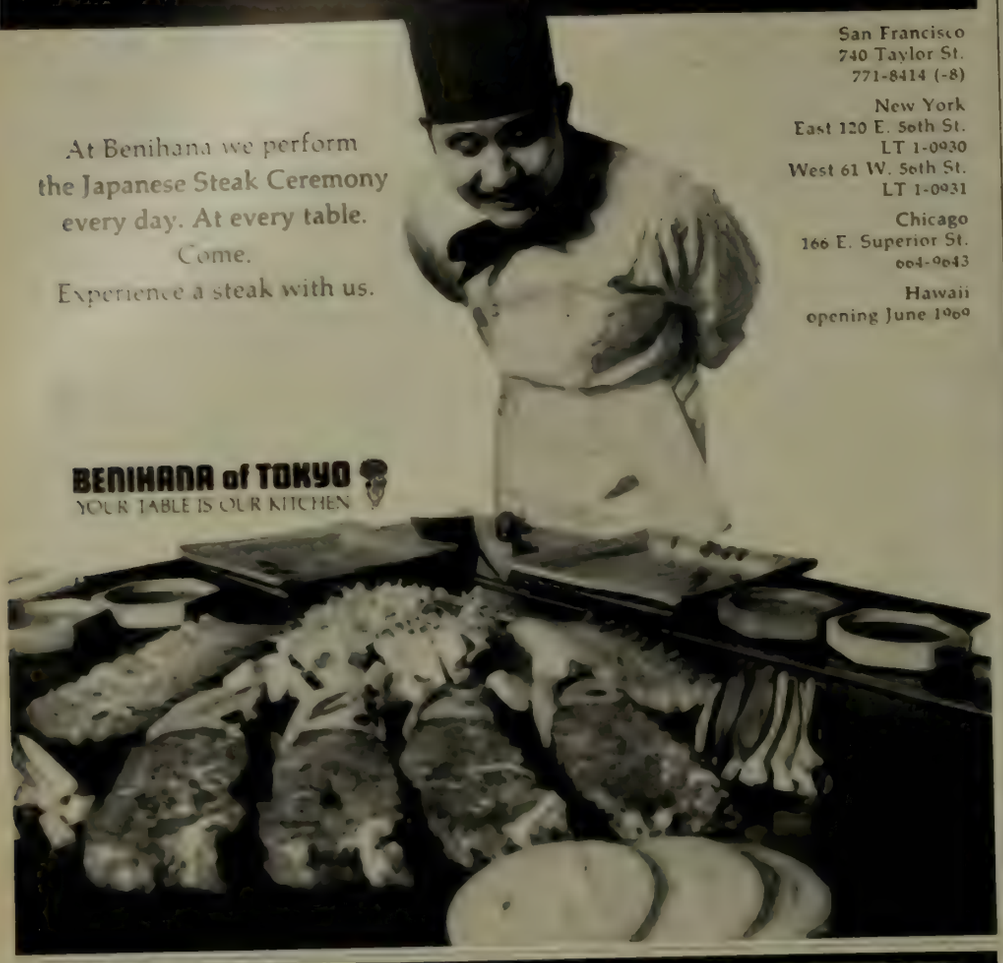
INCLINE

ese are homesites available at Incline, in the woods or on hillsides with sweeping views of the lake, from $8,500 to $36,000. Bring the family up to see Incline. end for our new color brochure. Incline Village, Inc., Suite 700, Palo Alto Office Center, Palo Alto, Calif. 94301. A member of the Boise Cascade Family.

Benihana introduces the Japanese Steak Ceremony.



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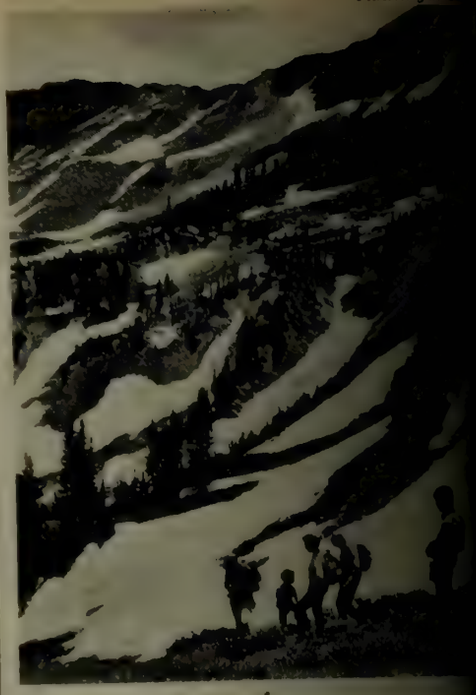
FRANK JEN

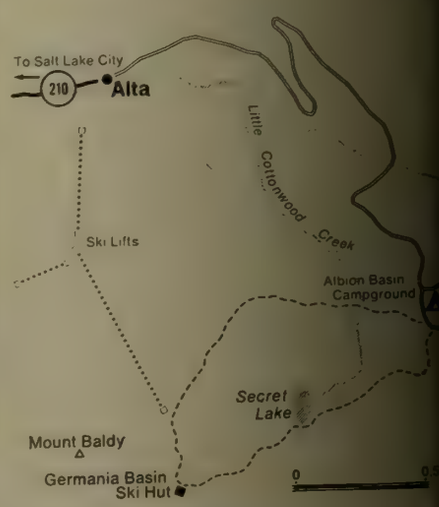


Laden with knapsacks, *family crosses the snow-flecked slopes of the Albion Ba*

Utah's Alta has good hiking

The rugged country around the Alta complex is one of the best areas for hiki in Utah's Wasatch Mountains, and only 29 miles southeast of Salt Lake Ci The varied trails that interlace this a are usually open between June and Se tember and can be challenging to b novice and veteran hikers.

To get there, drive south from Salt La City on Wasatch Boulevard, which ev tually joins State Highway 210, to Lit Cottonwood Canyon. From the canyo entrance the road climbs 8 miles to Al and from turnouts along the road you c get a good view of the Salt Lake Vall Several trails in the canyon can be equa



Dashed line *suggests ski hut loop*

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good as destinations for a day-long exc sion from Salt Lake City or as an exc for a camping trip.

About 3 miles from the mouth of canyon, look for the sign that marks trail to Lisa Falls—a short walk rat than a hike. A mile past the Lisa F sign is the entrance to Tanner Flat ca ground, 59 units, maintained by the F est Service. Trails to Red Pine and Wh Pine lakes have a common starting p another mile up the road, then win miles uphill to the glacially formed la

Four highway miles past Tanner Flat, reach the Alta ski complex where pavement peters out. Continue on gra road 3 miles up to Albion Basin ca ground, modern but about half the siz Tanner Flat. Camping fees for both ca grounds are $1 per day (no charge if have a Golden Eagle annual permit).

There are no maintained trails from bion Basin; hikers are free to strike ou any direction they choose. It is gener easiest to follow the paths of the win ski trails, since they are kept relati clear and easy to follow.

A good half-day hike is the 2-mile cl to Germania Basin Ski Hut. Hea southwest from Albion Basin, you small, glacially carved Secret Lake al halfway to your destination. The ski an old Quonset at the crest of 10,500- Germania Pass, overlooks the Amer Fork Canyon and Mount Baldy.

Two good topographic maps covering Little Cottonwood Canyon and Alta gions are the U. S. Geological Sur 7.5-minute quadrangles for Brighton Dromedary Peak; each costs 50 cents can be ordered by mail from U. S. G logical Survey, Denver, Colo. 80225.

New biking atlas

Just published is a 127-page hand book titled *North American Bikin Atlas,* containing suggested bicycl trips for novices, cycling familie and experienced riders.

The first section discusses the wh and how of bike touring, with chap ters on the various types of equip ment available, what to take, an accommodations en route. The nex describes and maps 90 scenic o historic biking routes ranging i riding time from a week to a month The tours are arranged geographic ally from west to east and cover 4 states, 6 Canadian provinces, an Mexico. These are followed by short reviews of 62 day and week end trips.

For a copy, send $1.95 to America Youth Hostels, c/o Warren As Western Regional Director, 833 E Laurel Ave., Glendora, Calif. 9174

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Blueprints were sent to the contractors by facsimile service.

Detailed specifications went from Boeing's computer directly to the contractors' computers. Technical questions found quick, written answers by teleprinter.

Even the spare parts manual was kept up to date by "talking" to the publisher's computer.

The people at Boeing figure it's as close as you can come to building a plane by phone.

R. WENKAM

maker *will demonstrate technique at um of Northern Arizona this month*

Piki bread to see and taste

origins of *piki*, the traditional l of the Hopi Indians, are lost in uity, but this may well be the great-granddaddy of all the various corn-breads of the prehistoric Southwest.

first step is simple: Just add water e finely ground flour of blue Indian until the batter reaches a souplike stency.

there on, the technique is a bit challenging: The piki bread maker her hand in the bowl of soupy batter, deftly smears a tissue-thin layer of r across a hot stone griddle. (Anthrogists at the Museum of Northern na recently measured the tempera-of the demonstration griddle at 600° igrade.)

conds, the batter bakes into a transt sheet of tasty bread. The fragile sheet is gently lifted from the gridnd a second smear of batter is wiped kly across the hot stone. As this s, the first sheet is placed on top of d the two are lifted from the griddle folded into a multilayered bun.

elongated roll of blue piki bread, still from the griddle, is crisp yet tender, rich with the flavor of corn. Some s add a pinch of powdered chile pep-to the raw batter, but the delicate r of fresh piki really needs no embelent.

can sample hot piki bread at Flag-s Museum of Northern Arizona this h during the annual Hopi Craftsman , July 3 through 6. During this ex-the museum will be open from 9 to 6 P.M. Admission is free. A fresh roll costs 15 cents.

Memories are made of these in the Philippines. Which one will you remember?

The glowing smile of a gracious Filipina. An exciting moment in a cockfight.

A haunting ***harana*** outside your window. Swinging nightclubs.

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Sam Cadman. Organizes tours to enchanted hippie havens.

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Hondo Rast. Leads you into the wilderness in search of fish and fur. Even leads you out again.

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Through him, you can apply for Gulf's Tourgide® service. And get free route-marked maps for your trip. Plus free tips on where to stay and what to see.

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He knows what local sights to take in. Where the closest Holiday Inn is. And where the nearest, neatest restrooms are. (They're right in his own station.)

In short, a Gulf dealer is more than a guide. He runs "The Travel Agency with Pumps." Stop in and see.

Gulf

THE TRAVEL AGENCY WITH PU

Gulf Oil Company-U.S.

ming Edmonton
lberta's surprise

ton, provincial capital of Alberta, is or crossroads for travelers and a ff point for fishermen and other out- en. The city's beautiful setting on rth Saskatchewan River is almost enough for a visit, but besides g through the many green parks the banks of the river, there are ous other things to see and do.

pate in Klondike Days. One of the events of the year is the 10-day ush festival replete with all the ings of a Klondike celebration. Be- July 17 with a big parade, Klon- ays winds up July 27 with the n auto races. In between you can variety of events including a sour- river-raft race, gold panning at the ot mine, and a costume promenade; can walk through Klondike Vil- reproduction of a frontier town of ld Rush era. For more information, o the Edmonton Exhibition Asso- , Edmonton, Alberta.

ld animals. A 14-mile drive takes the Alberta Game Farm. On this ly owned 1,000-acre reserve, zo- Al Oeming has gathered an amaz- llection of hooved animals, car- s, and birds. In his pastures he and displays musk oxen, giraffes, rhinoceroses, tigers, and bears, to few. The game farm is open daily n 9 A.M. and dark; your $1 entrance ws you to use the wooded picnic ear Lost Lake where peacocks, and rare pheasants vie for table s

her suggestions. If you have young th you, by all means take them the Children's Zoo, not far from wn. Most popular event here is ilking of a cow every afternoon. is a fine Indian Arts and Crafts n Jasper Avenue.

Provincial museum exhibits dino- nes and Indian artifacts, and por- the history of the white man in since his arrival in the 1700's.

rt Edmonton Park on the North hewan, several pioneer buildings he nucleus of the planned recon- ion of a frontier village. Among tands a replica of Fort Edmonton, vital link in the Hudson's Bay ny's chain of trading posts.

w the city from on high, visit the ia on the top floor of the city hall. en Monday through Friday, 8:30 til 4 P.M.

Kodak

Meet the sharper shooter.

The easy-to-use KODAK INSTAMATIC 814 Camera lets you shoot sharper, clearer pictures your very first time out. And for two reasons. One, it has the superb new super-sharp 4-element $f/2.8$ KODAK EKTAR Lens. Two, it does practically everything for you automatically.

Just drop in the film cartridge. Automatically, the "814" adjusts for the speed of the film. Adjusts for the level of the light, too, with its sensitive CdS exposure control ...tells you if the batteries are okay...warns you when to use flash. For easy shooting, both film and flashcube advance automatically. And the lens-coupled rangefinder helps you get a sharp shot every shot.

See this sharper shooter, less than $145, at your Kodak dealer's. Remember—no experience necessary! Price subject to change without notice.

Kodak Instamatic® 814 Camera.

From across lagoon, *a hotel's view-capturing balconies look like stadium seats*

Point Venus *lighthouse rises above calm bathing lagoon about 6 miles from Pa*

Tahiti is moving closer all the time

Distance may always prevent our thinking of Tahiti as another Hawaii. Nevertheless new developments keep moving Tahiti closer and closer into range for many Western travelers. One evidence is that last year visitor arrivals at Faaa International Airport, serving Tahiti's capital city of Papeete, were up 25 per cent over the previous year.

This year Tahiti opened its first international chain hotel. The local government now allows U. S. citizens to stay 15 days —formerly 10—without a visa. And air service is more frequent this year; two flights per week from Honolulu, and eight nonstop flights per week from Los Angeles. The 23-day jet excursion round-trip fare from Los Angeles is $520.

Most visitors especially enjoy driving around the island. The photographs on these pages show some of the sidelights that attracted the attention of a photographer who recently traveled to Tahiti with his wife and children.

Barefoot visitor *strolls past Gaugu museum of artist's books, furnish*

DARROW M. WATT

Wavy-rooted *ficus grow in botanical gardens near the Gauguin Museum on island's rainy shore*

*Plus tax, license, local freight, D&H (except Hawaii). Prices and specifications subject to change without notice

This Little Pickup Went To Baja!

...and stormed through the 832 mile junkyard to a solid 4th-in-class finish without opening the tool box!

Over rocks, down arroyos, across lakes of choking silt went the daring Datsun. Torsion bar stabilized front suspension steady, 4-speed stick faultless through thousands of shifts, sturdy 1300cc mill never missing a beat for 36 punishing hours. Even the dual speed wipers did their bit by making sketchy trail markers easily visible.

Less than half of 240 entrants in the Mexican 1000 made it to La Paz. Datsun—including a 4-door Sedan and a 4-wheel drive Patrol—was the only team ever to finish all cars entered.

Be it business or boon-docks, your new Datsun Pickup comes with a lot of things to make your trip safe and enjoyable. Like a roomy, vinyl-lined cab. Six foot all-steel bed with half-ton capacity. Reliability and an amazing price—just $1796.*

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DATSUN

THE SOUND MOVER

Two horsemen *silhouetted against a sunlit slope give some idea of the massive scale and unforgettable grandeur of Canyon de Chelly's soaring walls*

The Navajo's canyon of history

Around Canyon de Chelly by car, down from the rim on foot, into the canyon by jeep

The Navajos call it *Tsegi,* "the Canyon." For more than 300 years its fortress-like walls, rising to heights of more than a thousand feet, have provided a sanctuary against the alien forces that came to subdue or destroy the Navajo people.

The Spanish were the first unsuccessful invaders. They came in clanking armor and shiny mail to punish the troublesome marauders that had repeatedly raided the isolated settlements and peaceful Pueblo villages of New Spain. But the Navajos simply withdrew into the vast labyrinth of their high desert stronghold and waited until the enemy despaired of the search.

The Spanish soldiers pronounced the Navajo word for "the Canyon" as "day-*shay*-yea," and then "de *shay*." Back in Santa Fe, *Cañon de Chelly* became a synonym for frustration and defeat.

During the Territorial period, U. S. Cavalry forces tried for almost 20 years to succeed where the Spanish had failed. Canyon de Chelly remained impregnable! but calculating Yankee ingenuity devised a plan to defeat the Navajo within his retreat. Late in 1863 an expeditionary force under the command of Kit Carson entered the Navajo stronghold, burned the crops, destroyed the orchards, and slaughtered the livestock.

Starvation and the cold winter of 1863-64 accomplished what no invading army had been able to do. Small bands of weary Navajo warriors began to straggle into Fort Defiance, bringing with them their starving women and children. The indomitable Navajos had surrendered.

That spring the conquered people were herded like cattle across 300 miles of mountain and desert to confinement near Fort Sumner. Four years later under the terms of a new treaty, they were allowed to return to their ancestral homeland.

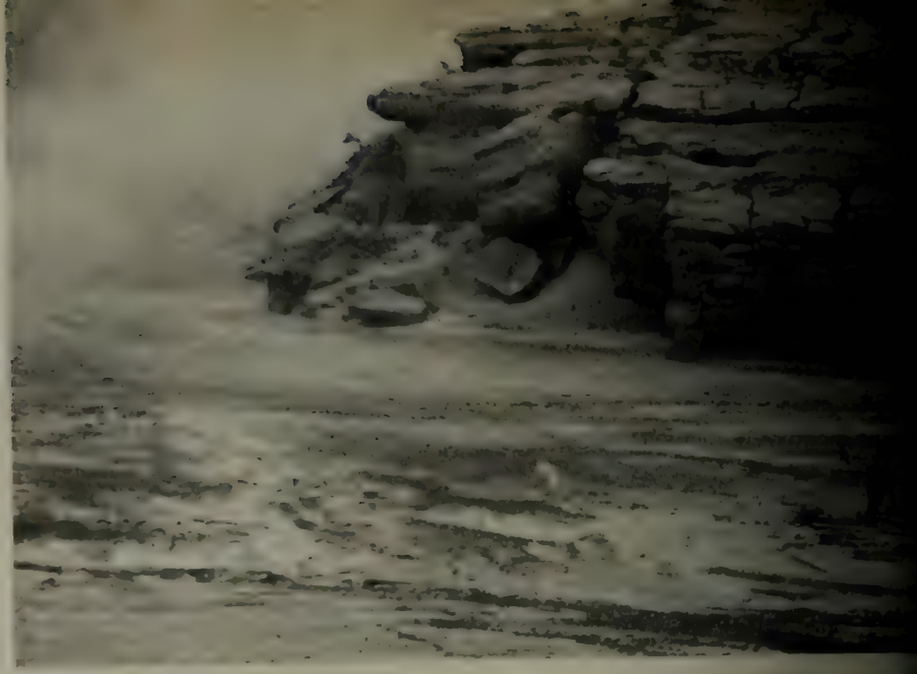
Today, for many of the Navajos, the stubbornly preserved tribal heritage is being lost in the complexities of modern life; but Canyon de Chelly still offers sanctuary to some who prefer the old ways. Each spring they return to plant their crops, tend their orchards, and graze their sheep in the quiet manner of their forefathers.

The incredible stillness of the canyon depths is interrupted only by the bleating

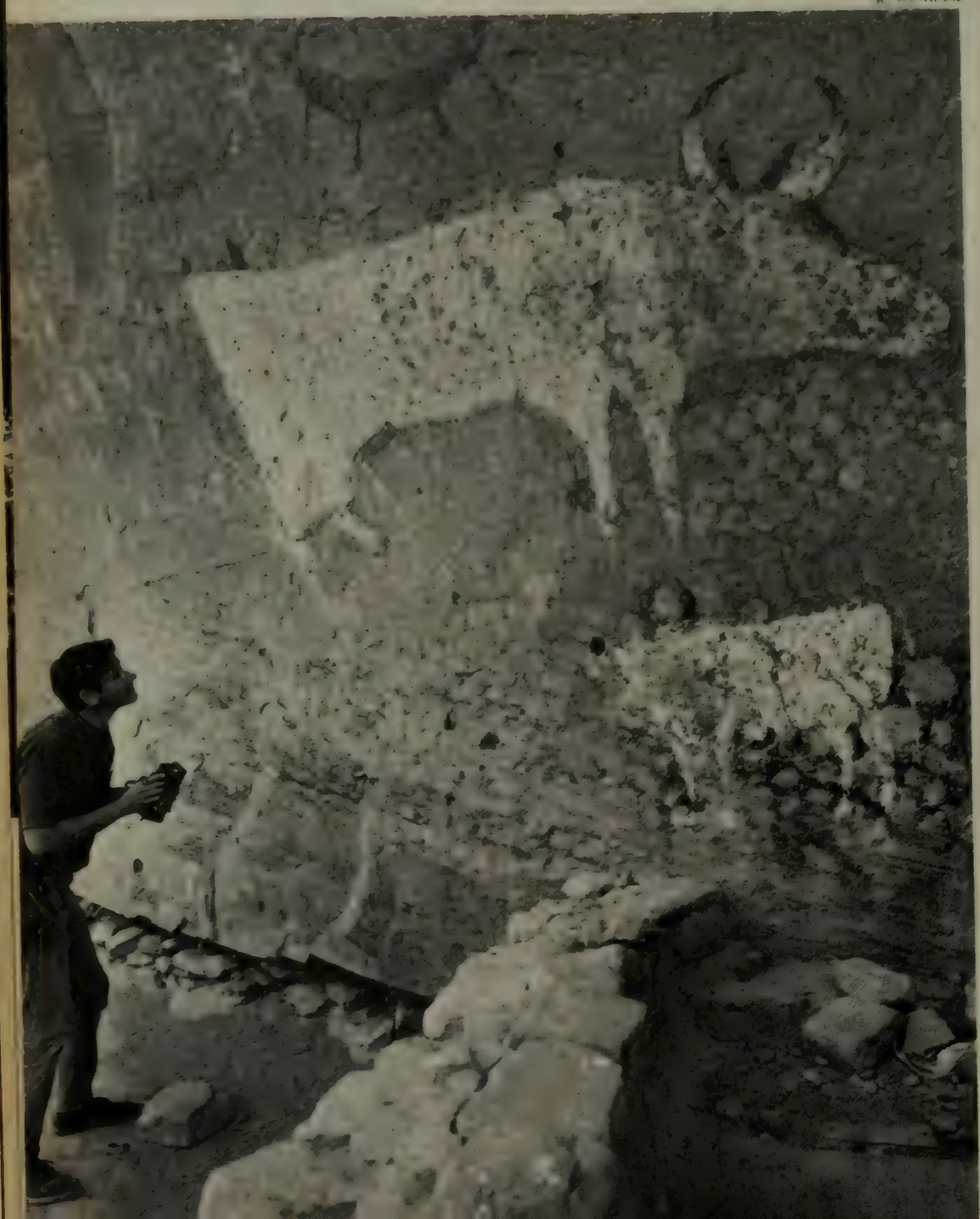
Mummy Cave *ruin is the finest example of classic Pueblo architecture in the national monument*

R. WENKAM

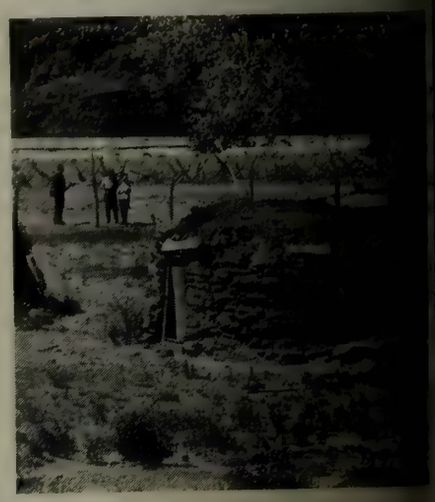
The sheep are today
... the pictographs are
early Navajo ... the
ancient Anasazi
built Antelope House



R. WINKAM



Navajo family *completes the long ... ride from canyon farm to the trading*



Farmhouse *is the traditional hog... circular structure made of mud and*

Pictograph *at Standing Cow Ruin w... painted by an early Navajo herdsma... who may have used the walls of the ancient cliff dwelling as a cattle pen*

o shepherds *drive their flock to a tree-shaded waterhole as an afternoon dust storm howls down the dry bed of the canyon*

ep or the soft song of an unseen rdess. The canyon may seem as de- as the ancient cliff dwellings that gainst its sandstone cliffs, but the of a cooking fire drifting up from y hogan or the appearance of a on its way to the trading post gives nal proof that this peaceful place lated. Canyon de Chelly is a living n of a way of life that has almost ed from the rest of the vast Navajo Reservation.

NCIENT ONES

gh the Navajos consider the can- eir ancestral homeland, human oc- y of the canyon dates back 1,500 efore the arrival of the first Na- These early inhabitants were the i, "the Ancient Ones" who built ultistoried apartment houses in ves along the canyon walls and on yon floor beneath the protection of nging ledges. Most of the larger re impressive ruins within the can- ere built between 1100 and 1200 lminating with the sophisticated ction of the square tower in Mum- ve near the head of Canyon del o.

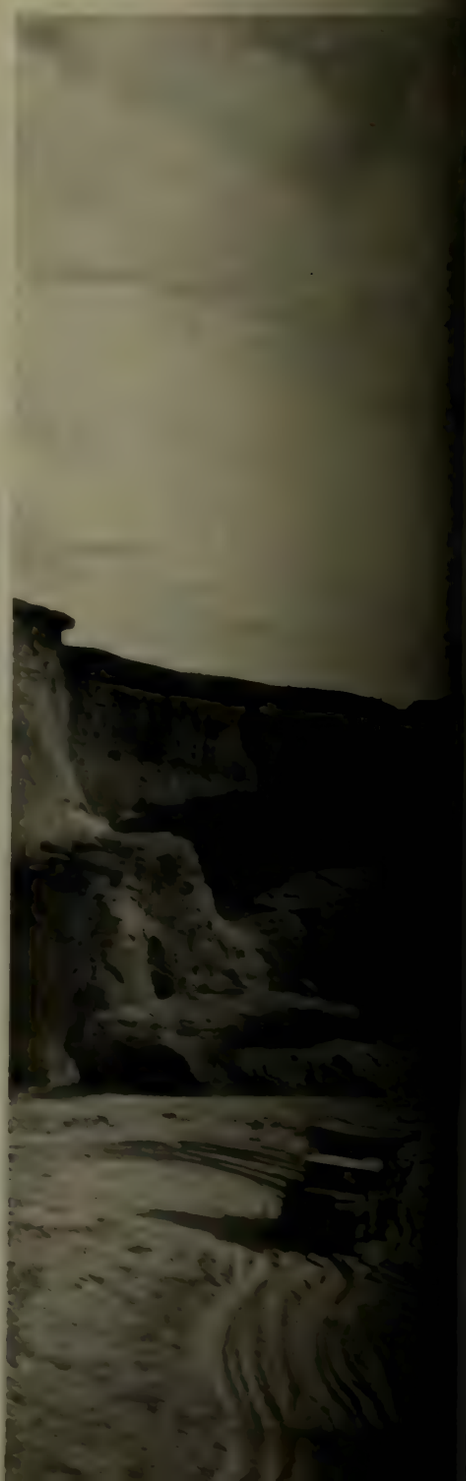
1300 A.D. the Anasazi abandoned anyon home. A prolonged drought reasing raids by what may have e forerunners of the present-day os and Apaches apparently were ntributing causes of their gradual

Guided visitors *inspect the walls of Antelope House, a communal dwelling of the ancient Anasazi*

The rangers talk abo
the canyon from th
rim. You make cam
under the cottonwoo

From this point *a guide-yourself trail leads down from rim to White House Ruin*

Sunshade-topped *four-wheel-drive ve*
carry tour passengers through the ca



Rangerette *summarizes the complex geologic history of Canyon de Chelly during talk at Spider Rock Overlook*

. They left behind their elaborate wellings and some cryptic picto- along the canyon walls as evidence r culture.

ATIONAL MONUMENT

rn for preservation of these ancient zi cliff dwellings caused the Federal nment to lease from the Navajo in 1931 about 130 square miles of nyon de Chelly-Canyon del Muerto lex as a national monument. The ent stipulates that the administra- f the area by the National Park e will not interfere with the rights acy of the Navajo people who still d farm there.

rs can follow a scenic drive along uth rim of the canyon to five spec- r overlooks; but, with one limited exception, visitors are not allowed within the canyons unless accompanied by an authorized guide. The exception is the hike down the mile-long trail from the canyon rim down to White House Ruin.

Accommodations, meals, and canyon tours in four-wheel-drive vehicles are available at Justin's Thunderbird Lodge near the mouth of Canyon de Chelly. Half-day tours (morning or afternoon) cost $6 a person; an all-day tour that goes into both Canyon de Chelly and Canyon del Muerto is $12.50 per person, including picnic lunch. For information or reservations, write to Thunderbird Lodge, Box 548, Chinle, Ariz. 86503.

Accommodations and food services are also available at nearby Chinle.

Saddle horses can be rented from a park concessionaire for $2 an hour. All-day guided horseback trips to White House Ruin cost about $15 per person.

Park rangers conduct hikes into the canyons from the monument headquarters each day, and present lecture programs at Spider Rock Overlook and at the evening campfire in the public campground. Inquire at monument headquarters for the day's program. The headquarters museum offers unusually good exhibits on the history of the canyon and its inhabitants.

A 92-unit campground is located in a grove of tall cottonwood trees at the mouth of the canyon. It has sanitary facilities, water, tables, and trailer spaces.

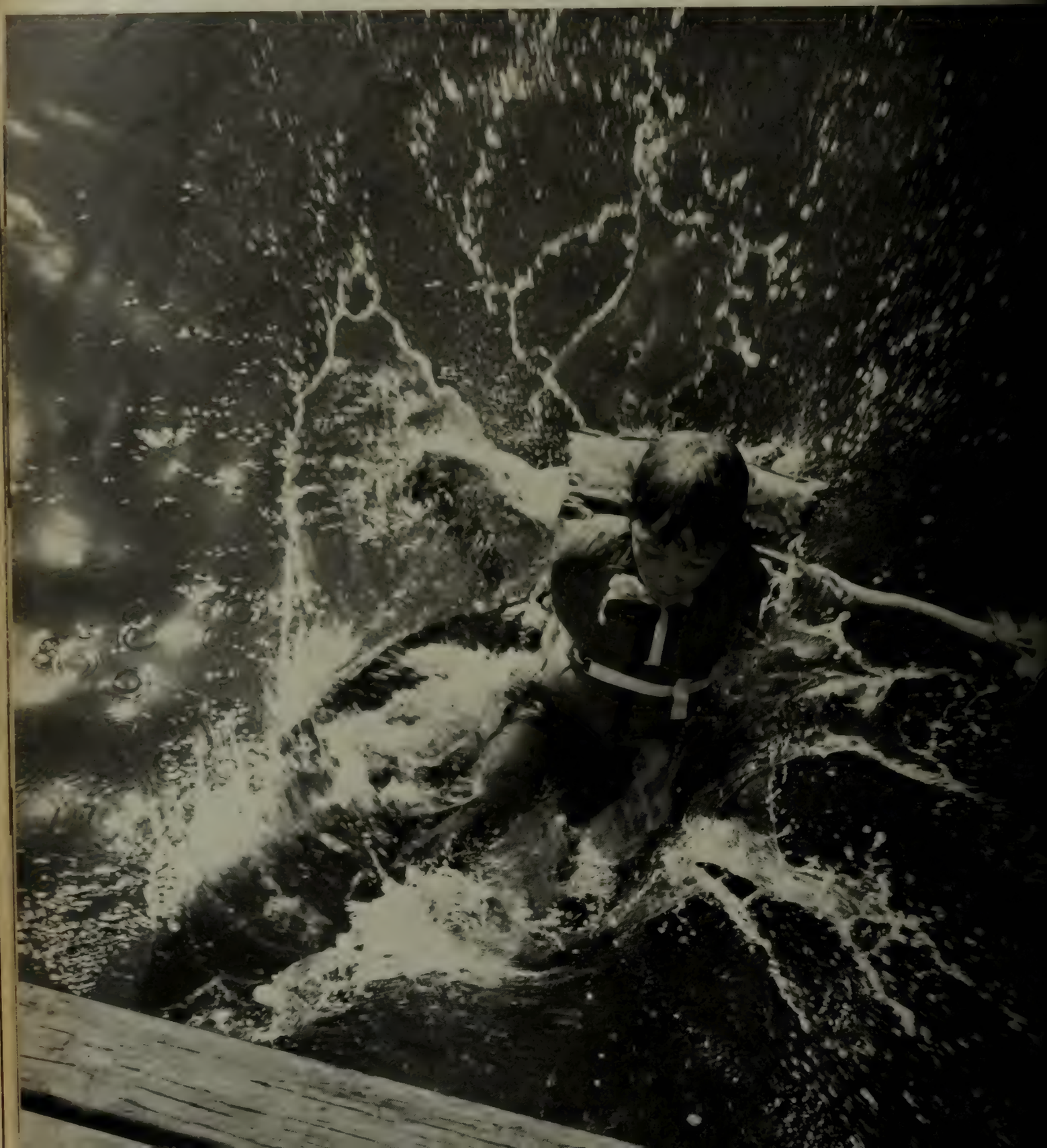
For more information on visitor services, write to Canyon de Chelly National Monument, Chinle, Ariz. 86503.

Cottonwood trees *(planted in 1932) arch high above the campground at Canyon de Chelly National Monument*

R. WENKAM

Fall in? Don't worry

Here's safety . . . for floaters, sailors, fishermen, everybody



This fisherman's vest . . .

is also his life preserver

DON NORMARK

g vest *is also a life preserver. If angler steps in hidden hole, a tug on CO_2 release cord brings him bobbing to the surface*

one who spends time on or near water that includes a great many West- —should consider life preservers as than just a nuisance.

lly, no nonswimmer should be on a r around deep water (say, on a pier ding a trout stream) without wear- life preserver. Even good swimmers l consider wearing preservers if the is rough or cold, or if they are en- in some absorbing activity such as g a sailboat, floating a fast river, ing.

jority of persons who get into trou- the water are "good swimmers" who fall in by accident—and despite their swimming ability, a life preserver can mean the difference between tragedy and just getting soaked. This is especially true if the person in trouble is injured or heavily clothed or if the water is cold.

COAST GUARD - APPROVED PRESERVERS

U.S. Coast Guard approval of life preservers is based on several criteria: A preserver must be buoyant enough to keep its wearer afloat: it must be manufactured from materials that won't easily absorb water; it must be tough enough to maintain buoyancy after long storage (or after being used to sit upon); and it must be unaffected by punctures, oils, and stains. You'll find when shopping for life preservers that labels clearly indicate which ones are Coast Guard - approved. If you own or operate a boat on waters under Coast Guard jurisdiction (all United States marine and inland navigable waters), you must have one approved life-saving device for each person aboard.

SOME NONAPPROVED, SPECIAL-USE PRESERVERS

Many other life preservers, though not officially approved, are worthwhile for special purposes.

In common use are the gas-inflated (CO_2)

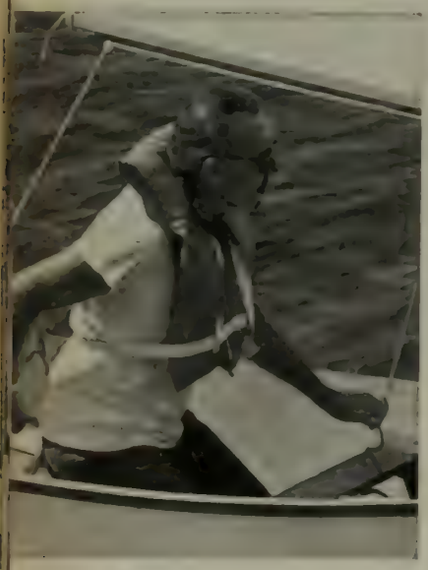
CHRISTIANSEN

g off *a pier or dock is mon water accident. If a immer does the falling, a life ver could save his life*

GLENN CHRISTIANSEN

DON NORMARK

Coast Guard - approved *for pleasure boats under 40 feet, "buoyant cushions" are not easy to float with, especially for nonswimmers. The photograph at left shows an often recommended way to use cushion as a life preserver; in calm water, it is generally easier just to hold onto straps. The way shown at right is a poor idea—for obvious reasons*



Inexpensive, *this approved preserver is popular. It's tough, will stand abuse, but could be more buoyant*

Bulky to wear, *and hardly handsome, this approved preserver is nevertheless buoyant and stable in the water. And it keeps your face above water quite well*

Plastic foam preservers *are more expensive than those filled with kapok (like two at left). This one's approved, but most are not because they become stiff when cold*

ABOVE: Four Coast Guard-approved preservers

rubber preservers used by skin divers and fishermen (some are combination preservers and fishing vests). Various belt and vest preservers for water-skiers are available. And there are many nonapproved preservers that experienced boat skippers actually use, while also keeping approved preservers aboard to satisfy Coast Guard regulations.

Small sailboat owners seem to favor especially the very buoyant, tubular air-cell preservers (see photograph, page 61). These are comfortable but are not officially approved because they can be punctured, and the Coast Guard says that the rubber cells will deteriorate in storage.

The preservers carried by commercial airliners that fly over water are an excellent choice for small planes, too. Lightweight and easy to store, these preservers have two gas-inflated compartments, and most have a water-activated light and a whistle attached. Though vulnerable to punctures, the two flotation compartments give an added safety margin, and the material is quite tough.

A discussion of survival in the water should include a reference to wet suits, the rubber "long johns" worn by skin-divers. They are not life preservers, of course—though they do add some buoyancy—but they serve another vital function in protecting against exposure when the w is in cold water.

Without some sort of anti-exposure most persons will lose consciousne 40° water after 30 minutes. Such exp for 2 hours is usually fatal.

A well fitting wet suit and a good life server can increase survival time by or even days. Thus, equipping his with wet suits could be an invaluab vestment for a boat owner who c cold, northern waters, especially in w Wet suits are also handy for going the water to check a hull bottom a time, or simply when you want to a swim in cold water.

emergency use, *airplanes carry this inflated preserver. It floats well, and signal light and whistle attached*

Buoyant vest, *example of floating clothing. Most people don't seem to mind putting such articles on—and leaving them on*

Water-ski belt *(many kinds are available) helps you swim or tread water with less effort. Comfortable but not very buoyant*

oat skipper *wears rubber tubular air-cell vest. It floats well. Cells are idually sealed; one hole won't sink you. It does deteriorate with age*

Wet suit *(this is a half-suit model) isn't a preserver, but it protects you from exposure to very cold water*

Yachtsman's *foul-weather parka is warm, and it floats if you should fall off the boat. Made in many designs and colors*

OTHERS: Unapproved but useful

PARING PRESERVERS

ideal preserver would be one that, with the other desirable features ly discussed, would keep your face of the water without effort and still it you to swim (or at least dog-pad- Unfortunately few preservers keep head up well, especially if you are from injury or exhaustion; but some pecifically designed to offer as much support as possible.

n feasible, it's a good idea to test life rvers in the water just to see how they work. (Upon testing those d his boat, many a skipper has im- ately replaced them.) If you are acquainted with other boat owners, you might ask to test their life preservers before buying your own.

BUOYANT CLOTHING

Clothing that keeps you afloat (jackets, parkas, and vests) are fairly new on the market and an excellent solution to a long-standing problem: Some people simply won't wear life preservers because they are bulky, uncomfortable, or seem less than heroic. But most will wear a smart-looking jacket or vest, and the several kinds we have seen do a good job of supporting the wearer who accidentally goes over the side.

After a day *of sailing, water-skiing, fishing, and swimming it's time to fire up the barbecue for the salmon dinner, relax outside on the deck, and talk in the long summer twilight*

On the Columbia's Oregon shore, a floating two-family compound

GLENN CHRISTIANSEN

A Sunset reader wrote: "We drive about 15 minutes to our floating vacation and weekend homes to water-ski, swim, sail, and hunt duck, and then we're only 5 minutes away from some of the best salmon and sea-run trout fishing in the Northwest."

The thought was so appealing we sent an editor and photographer to Astoria, Oregon, to take a look. They met the owners, Bob Graves and Roy Duoos, in town and headed for the float houses located in a slough of the Columbia River.

As you can see from the photograph, it's a floating encampment made up of two houses, each on a 24 by 40-foot float, secured by pilings and connected to a floating pier. There's also a boathouse, storage sheds for boating gear, and mooring space for El Toros and other small craft. On a summer weekend, 10 or more boats may be in the water; last year on Father's Day, 24 power boats of the Astoria Yacht Club cruised up from Astoria and

Boathouse *and main boating piers (above) are on one side of float house encampment. On opposite side is a 36-foot swimming area between house floats marked by safety line to protect swimmers from boating activity*

Boathouse serves both families. Swimming area is between the two float houses

85 people stayed for a barbecued oyster feed.

The A-frame structure was built entirely of scrap lumber for about $4,000 (including the float and all fixtures). The other, by contrast, is made of clear cedar lumber and cost about $10,000 (also including the float and fixtures). Both were built in a mooring basin near the port of Astoria and towed up to their present site in the slough, where the owners had previously obtained piling permits from the U.S. Army Corps of Engineers.

The old existing piers and pilings were torn out and replaced, and the boathouse was built. The houseboat floats are made of fir logs with molded, expanded polystyrene "logs" wedged between for greater buoyancy. (They're 26 inches in diameter, 39 inches long, and sell for around $13 each, plus shipping). The floating piers, also of logs, are bolstered with polystyrene shipping cases for typewriters. The cases are simply wedged under logs that appear to be settling too low in the water. They were obtained free from a local typewriter distributor.

Each float house has a kitchen, bath, sleeping loft or bunkroom, and a main living-dining area that also doubles as a sleeping room. Sewage goes into metal holding tanks built under each of the floats and is pumped out by a septic tank service when necessary, so the slough is not polluted. Cooking, lighting, and heating (baseboard) is electric.

At first fresh water was hauled out from Astoria in plastic containers and poured into a 275-gallon storage tank on shore; plastic pipes carried the water from the tank to the houseboats. This proved not to be much of a chore since the houseboats weren't occupied on a full-time basis. However, the local water company recently brought in a water line and installed meters. Now the owners plan to put in showers, a sauna, and a washer and dryer.

GLENN CHRIST

Bunkroom *in Roy Duoos house is 6 by 7 feet. Each occu has half of storage cabinet for clothes. Note louvered*

The Graves *A-frame house sleeping loft, sofa-bed for guests. Main level is 18 by 24 feet, loft is 8 by 10 feet*

oom *in the Duoos house is . Boat toilet is at left. at right is stainless steel*

Space is tight *in A-frame galley so flip-up chopping shelf was added to counter*

Galley *in the A-frame has cooktop, under-counter refrigerator, and several electrical cooking appliances*

Tocotin, *or flyer, from Papantla wears a pointed cap securely fastened around chin*

Freddy *is a canary. He emerges from his apartment in market section of the fiesta, fires cannon to knock down the doll clown*

Piper twirls *atop 100-foot-high pole while the voladores swing wide, upside d*

SAN DIEGO: To celebrate a 200

Mariachis *add blast of musical sound to fiesta atmosphere. Large instrument at left is guitarrón*

nding in 13 revolutions

niversary . . . a spirited fiesta in Old Town

July 1, 1969, marks the 200th anniversary of California as an entity; on that date in 1769, the Portolá expedition entered the Alta California of the Spanish Empire. Although the bicentennial will be celebrated throughout the state, nowhere will this be done so elaborately as in California's oldest city, San Diego. And in San Diego the celebration will focus on Old Town, where the first village began.

Today Old Town lies in the shadow of two freeways, Interstate 5 and 8. The village spreads out at the foot of the hill where the actual founding of the Spanish settlement took place—now occupied by the Serra Museum and Presidio Park. Old Town continued to grow during the Mexican period, and a good many buildings of both eras remain. Many of them are included in the 16.5 acres of Old Town San Diego State Historical Park.

This month the state park will be the scene of the continuing fiesta pictured here: an import from Mexico in a marketplace setting of stalls filled with goods ranging from folk art to tourist souvenirs.

The fiesta's great attraction is the opportunity it gives you to watch Mexican

GLENN CHRISTIANSEN

Veracruz dancers *put on exuberant show on circular stage below voladores' pole. Programs are given four times a day*

SAN DIEGO:
In the new state park in Old Town ... restored adobes, trailer train, outdoor restaurant

Newest restoration: *gazebo'd Estudillo House, once "Ramona's Marriage Place"*

Adobe Chapel *on Conde Street, an 1850 house, was later converted, is still i*

GLENN CHRISTIA

craftsmen at work. You can eat on foot or at cantinas or restaurants, indoors or out. Strolling musicians and free entertainment on an outdoor stage alternate with shows that charge admission. The main features are a Mexican *ballet folklórico* and the stunning *voladores* from the town of Papantla in the state of Veracruz. The fiesta will be open daily, 10 A.M. to 10 P.M., until November 2.

Those who knew Old Town when it showed the blight of neglect will notice change. Within the park gaudy signs have been replaced and tawdry façades of existing shops have been facelifted. Two splendid adobes have been restored and furnished and now are open. New parking lots have been created and landscaped. Later, after the summer crowds, power poles will come down and San Diego Avenue will become a pedestrian way.

Four excellent Old Town restorations are outside the park limits. A green line painted on the street is meant as a guide for motorists driving to these places. Considering summer traffic, our advice is to park and walk, or take the train pictured at right.

Easy way *to tour Old Town. Train leaves Plaza at 10-minute intervals, inclu Presidio Park, Serra Museum among its four stops. Adults 50 cents, children*

restoration *of state park was small Machado-Stewart farmhouse of 1836. Later on it is to have a period kitchen garden*

DON NORMARK

ch in garden *of 1864 Pedroena House, Manuel's restaurant, within the park*

Young visitor *photographs a headstone in Campo Santo, the easternmost landmark*

Whaley House *premises include this yellow streetcar and four other restorations*

From the Near East to our Far West... an all-appetizer midsummer party

carefree nature of an Aegean appetizer et seems to transmit some of the same it to a midsummer garden party. You it happening here.

music and wine—also Near East- in flavor—are integral components of spirited occasion, but are surprisingly to plan and prepare.

Greeks, with their zest for living, e a well developed custom of socializ- with wine and mezé (meh-*zeh*—mean- "a little something to whet the appe- "). Mezé, in various degrees of com- ity, is always offered at the colorful *ernas* and at family holiday gatherings. the spontaneous dancing and talk con- te, the appetizers are so numerous that ntually they become the meal.

party captures the merriment of a zé party. The plan will handle two en guests for a non-stop, appetizer- ough-dessert buffet. The foods are au- ntically Greek with a nod or two to the rks, who, after all, influenced much of Hellenic cuisine. These Near East- dishes have the prize asset of being le to sit awhile outdoors without losing ir flavor.

eek specialty markets and international licatessens carry many of the foods. re you can buy fila (paper-thin dough), eeses, olives, canned *dolmathes* (stuffed pe leaves—sometimes spelled *dolmades* *dolmas*), stuffed baby eggplant, *tahini* ound sesame seeds), *baklava*, and *hal- h* (sesame seed candy).

best complement the food, we suggest thentic Greek wines and oúzo, the po- nt aniseed-flavored liqueur. Domestic lifornia red and white *retsinas* (with eir pitch-pine flavoring) are surprisingly expensive, yet compare favorably with reek resinated wines. Among Greek non- sinated wines look for Hymettus (dry hite), Roditys (rose), or Kokineli (red).

t out the beverages in an iced con- iner, letting them double as both apéri- tif and something to sip throughout the evening. Guests may take oúzo neat, diluted with cold water (it then turns milky white), or chilled with ice cubes.

You might like to buy (or borrow) an album or two of Greek folk songs.

Aegean buffet

Sweet French Bread
Garbanzo Sesame Spread
Meatballs Oregano
Cheese-filled Diamonds
Stuffed Clams
Marinated Shrimp and Artichokes
Skewered Dolmathes, Olives, and Eggplant
Pumpkin Seeds Kasseri and Feta Cheeses
Cantaloupe and Strawberries
Baklava Halvah Turkish Coffee

The appetizers are simplified versions of what you might sample on a trip to Greece or Turkey or their neighbors. Several of

GLENN CHRISTIANSEN

Start buffet *with garbanzo paste spread on soft bread. Cheese-filled rolls in foreground, to right*

Pick up *a stuffed clam shell, meatballs, your choice of artichoke hearts, shrimp, and tomatoes*

Hand to mouth: *a crisp fila-wrapped pastry, with a filling of feta and cream cheeses*

reek folk dancing *forms spirited line chind buffet table laden with appetizers. uests use wooden plates and forks*

You pluck *one of the skewered, assorted relishes and nibble it from the stick*

the recipes freeze well.

Garbanzo Sesame Spread *(Humus tahini)*

Drain the liquid from 2 cans (1 lb. *each*) garbanzo beans. Place beans in a blender with ⅔ cup lemon juice, ⅔ cup tahini (ground sesame seeds), 2 minced cloves garlic, and ½ teaspoon salt; cover and blend well. (You may prepare this in two batches for easier handling.) Chill, covered, or freeze.—*G. N., Los Altos, Calif.*

When ready to serve (thaw if frozen), mound on a plate, shaping into a cone with a spatula. Garnish with a cluster of dry black Greek olives or California ripe olives. Spread on slices of doughnut-shaped Greek bread, called *Kouloura,* or any sweet French bread. Makes about 1 quart spread.

Meatballs Oregano *(Keftethakia)*

Crumble 6 slices white bread and soak in 1 cup milk 5 minutes; beat with a fork until mushy. Sauté 1 cup finely chopped onion in 2 tablespoons butter until golden. In a large mixing bowl place 4 pounds ground beef chuck, ¾ cup finely chopped parsley, 4 egg yolks, the milk mixture, sautéed onions, 4 teaspoons salt, and ¼ teaspoon pepper. Thoroughly mix with your hands. Shape into 1¼-inch balls and place on two 10 by 15-inch baking pans. Bake at 450° for 15 minutes, or until meatballs are browned and slightly pink in the center.

Meanwhile bring ¾ cup red wine vinegar and 1 teaspoon oregano to a boil and let simmer 10 minutes; pour half the mixture over hot meatballs in each pan, scraping up the pan juices. Serve immediately or leave in pan and chill, covered, or freeze. To serve later (thaw if frozen), heat in the oven at 375° for 15 minutes. Serve warm. Makes about 6 dozen.

Cheese-filled Diamonds *(Bourekakia)*

In a mixing bowl place 1 large package (8 oz.) cream cheese, ½ pound feta cheese, 1 pint large curd cottage cheese, 3 egg yolks, and 2 tablespoons minced parsley; cream until smoothly blended.

Melt ½ pound butter in a small saucepan. You need about 24 sheets fila dough (about ⅔ of a 1-lb. package). Lay out three sheets fila (keep remaining fila covered with clear plastic film). Brush one sheet lightly with butter using a wide pastry brush, lay on another sheet, brush with butter, top with the third sheet, and brush with butter. (It is not necessary to completely coat sheets with butter, just moisten them in four long streaks.)

Spoon a ½-inch-wide ribbon of cheese mixture along a lengthwise side of the dough, 1½ inches in from the bottom edge and the two sides. Fold ends and bottom edge over filling. Roll up loosely in jelly-roll fashion and place seam side down on an ungreased baking sheet. Repeat, making seven more rolls and placing them about 1 inch apart; you'll need two baking sheets.

Bake in a 375° oven for 15 minutes, or until puffed and lightly browned. Let cool 15 minutes, then slice through each roll on the diagonal about 2¼ inches apart making diamond-shaped pieces. Serve at once or cool on pans and chill, covered (or freeze). To serve later, let thaw if frozen. Heat until crisp in a 375° oven for 15 minutes. Makes 4 dozen.

Stuffed Clams *(Kidonia yemista)*

Heat ½ cup olive oil in a large frying pan; add 1½ cups short grain (or pearl) rice; 2 medium-sized onions, finely chopped; and ½ cup pine nuts. Sauté, stirring, until nuts turn golden. Remove from heat. Thoroughly drain and measure liquid from 3 cans (7½ oz. *each*) minced clams (if needed add enough water to make 1½ cups liquid) and pour over rice mixture. Add ½ cup tomato sauce, ½ teaspoon *each* dill weed and allspice, and ⅓ cup currants. Cover and let stand 30 minutes.

Bring to a boil, reduce heat to low, and let simmer precisely 12 minutes. Remove from heat and let stand (without removing cover) for 10 minutes. Add clams and stir lightly with a fork. Let cool slightly, then spoon into small shells, such as clam, mussel, or scallop shells (without shells, mound in a bowl). Chill, or freeze, well wrapped. Serve cold (thaw if frozen) with lemon wedges. Fills 4 dozen shells.

Marinated Shrimp and Artichokes
(Garides me Anginares Marinata)

Peel the shells from 5 pounds cooked shrimp (about 15 to a pound) remove veins. Drain the marinade 4 jars (6 oz. *each*) marinated arti hearts into a bowl and stir in ½ lemon juice and ½ teaspoon tar Add shrimp, stir lightly to coat, and chill. To serve, arrange shrimp the center of a platter; place mari artichoke hearts on one side and 2½ cups cherry tomatoes on the side. Spoon marinade over shrimp. about 24 appetizer-size servings.

Skewered Dolmathes, Olives, Eggplant

Use 2 dozen 9-inch-long wooden ske Open 1 jar (about 1 lb.) stuffed eggplant and 2 cans (about 13 oz. dolmathes. Have on hand 4 dozen Greek black olives or pitted Calif ripe olives. Alternate on each stick mathe, olive, eggplant, olive, and mathe. Poke into a large flower and stuff the metal base with p sprigs. Place on a small plate. about 2 dozen skewered relishes.

Aside from the main buffet you set out pumpkin seeds (allow ½ lb. chunks of kasseri and feta cheeses pounds *each*) for snacking.

The Dessert Table

For a change of pace and to enco mingling of guests, set up dessert other part of the garden or by a po

You can make Turkish coffee, follo directions on container, over a small zier or hibachi on the spot. Also regular coffee, for those who pref brewed in the kitchen. Offer an dance of fresh strawberries with (about 2 quarts), and 4 or 5 cantalo cut into a flower shape (as picture right), with seeds scooped out.

If it's available, buy chocolate-ma halvah with nuts (about 2 pounds offer honey-soaked baklava.

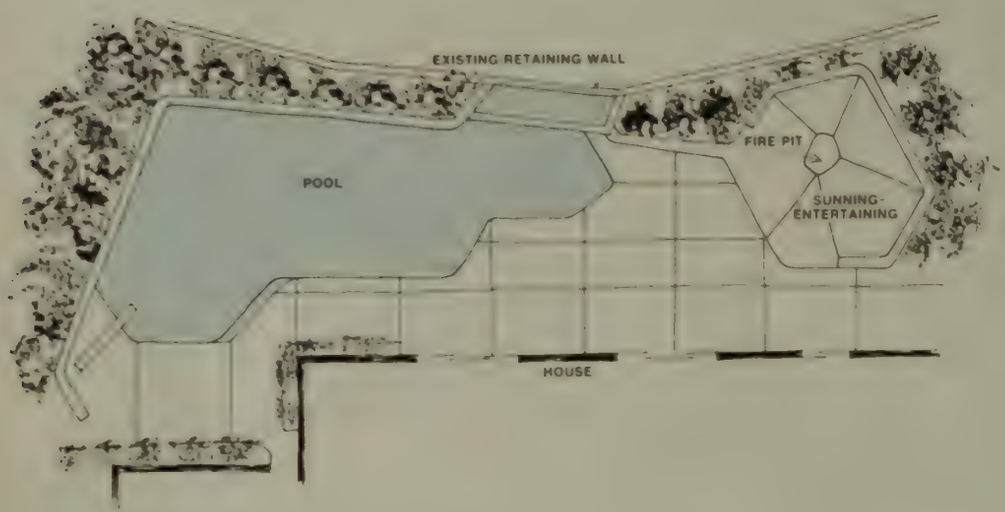
GLENN CHRISTIANSEN

The dessert table: *basket of fruit, a board with halvah, and a tray of baklava, all set out for easy serving and sampling*

The Aegean buffet is mostly Greek in origin . . . with a nod to the Turks and another to California

Firelit poolside *is setting for show of Turkish dancing*

The site was hopeless. So they wrapped pool around house, floated a terrace alongside



Pool wall *has hand-toe slots so swimmers can clamber up. Note the safety fence at right*

Here's another swimming pool designe for a seemingly impossible site.

This pool in Tarzana, California, was ingeniously worked into a very confine area between a house and a retaining wal at the base of a rear slope.

The space was so limited, in fact, that th pool was doglegged around the corner o the house.

As in many challenging landscape situa tions, the solution is fresh and innovative

The old retaining wall was screened wit plants; the dominant feature now is a exposed aggregate wall that forms th limits of two sides of the pool and pro vides a sitting and diving platform (se photograph at left).

Since there is little pool decking, a ma outdoor gathering, entertaining, and sun ning area was built—a five-sided platform partly enclosed by a low wall, complet with lounging pads, small corner table and fire pit. The platform's sloping wall serve as a backrest, and on a warm da

RICHARD FISH

ning-entertaining *area is at one side of the lot a raised platform close enough to the pool (but well t of splashing range) and close to the house*

k up the sun's heat and then radiate it k in the evening for the comfort of se gathering here after dark. The gas- l fire pit provides additional warmth.

r round, 72-inch-diameter table pic- ed at right was designed by the owner. y 12 inches high, it works admirably r outdoor buffets and for sit-down meals ng cushions. The top and edges are of stic laminate, easy to wipe clean. The ble can be set up at the side, or directly er the firepit when no fire is needed.

pool safety fence runs between the ams supporting a roof extension over r patio (see plan). Sturdy but light- oking, it doesn't impair the view from e living room. Two central sections ing out and fold back against the rest the fence when the pool is in use, and er sections can be lifted out when ace is needed for large parties.

he landscape architects were Donald nkerhoff and Associates, for Mr. and s. Larry B. Seewack.

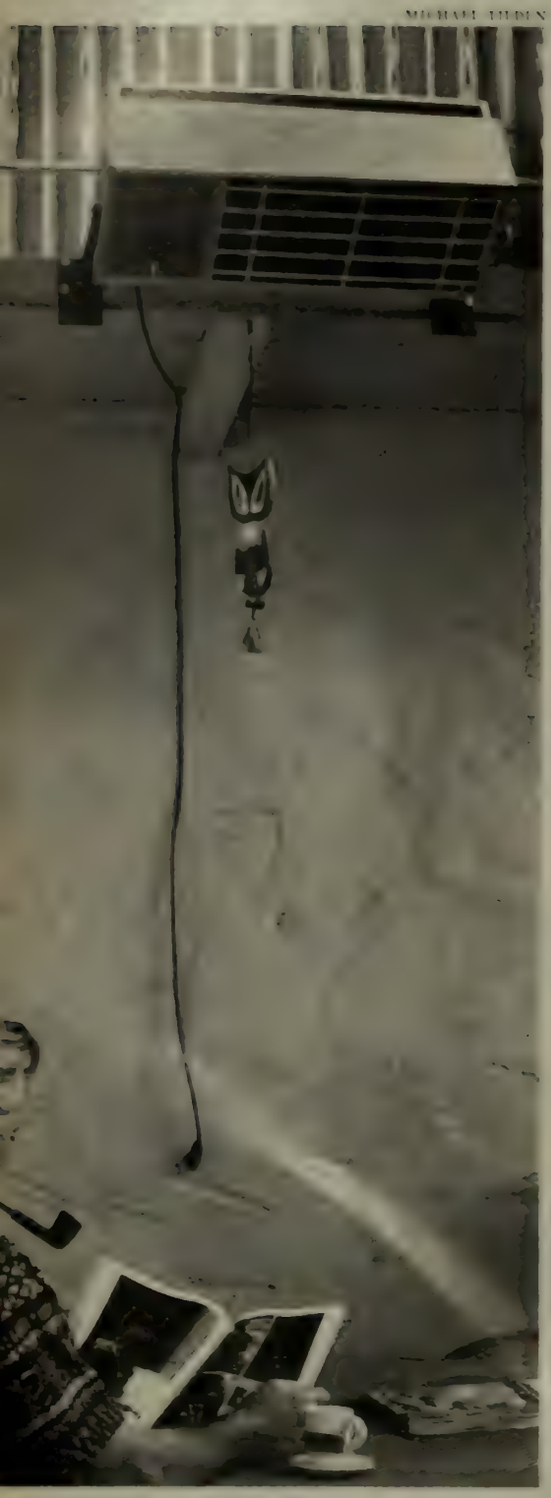
Lunch time *for the Seewack family: Table has been set over the firepit*

Table halves *are stored in cabinets in side yard during cool, wet weather*

Five smaller tables, *also of plastic laminate, fit into corners between pads*

The Changing Western Home

MICHAEL LUDIN



Gas patio heater

For your patio, deck, or swimming pool area, you can buy gas-fired infrared heaters that radiate a great amount of heat on cool days and evenings without visible flame and are unaffected by a breeze. The fully enclosed, ceramic-cell units of 30,000 or 50,000-BTU capacity operate with natural or propane gas and cost $200 to $250. The heater in the photograph at left is the 30,000-BTU unit—large enough to heat a 10 by 10-foot outdoor area in cold weather.

Either model can be mounted on a roof overhang, wall, or ceiling to direct its heat downward. A gas line is required, but no electrical connection—the heater is turned on and off by a switch on a dropcord that controls a gas-generated millivolt remote control inside the appliance. The exteriors of the heaters are prime-coated, and stay cool enough that you can paint them.

Chain up your drip drys

Articles of clothing that should be dried on a hanger tend to slide together on a clothesline. Replace the line with a length of chain and you can hook the hangers through the links.

Padded carpet outdoors

The outdoor carpeting on these steps was laid just as if it were inside, with foam padding underneath. Padding lengthens the life of any carpeting, because it allows it to give when stepped on, and of course the padding feels luxurious underfoot.

The steps shown have been carpeted for several years, and are both rained on and hosed off occasionally without damage.

New handles for old tools

A new liquid vinyl can be used to coat th handles of such small tools as rusty plier or kitchen knives and forks. You dip th utensil into the jar and the vinyl form a smooth plastic coating that both pr tects and dresses up the tools.

The vinyl can be brushed on if you wan to coat handles or surfaces too large dip. To build a thicker layer, you dip brush several times.

One caution: When you dip a tool, shak off as much as possible of the vinyl befo it begins to dry or it may run.

The product is available in red, blue, ye low, and white, for $2.50 a jar, at som hardware stores and automotive supp dealers. If you can't find it, write to Buil ing Editor, *Sunset Magazine*, Menlo Par Calif. 94025, enclosing a stamped, a dressed return envelope, and ask for th name of a supplier.

An unclimbable gate

When children reach an age when barrie no longer intimidate them and if the

RICHARD FISH

can't reach a gate latch, they swarm ov the top. If there's a busy street nearb or an unattended swimming pool, fen climbing can lead to trouble.

Mr. and Mrs. Robert Saunders solved th problem at their street entrance with th metal gate. The latch is at the top, an the vertical bars and expanded met panels offer no foothold to climbers. Lan scape architects: Jones and Peterson.

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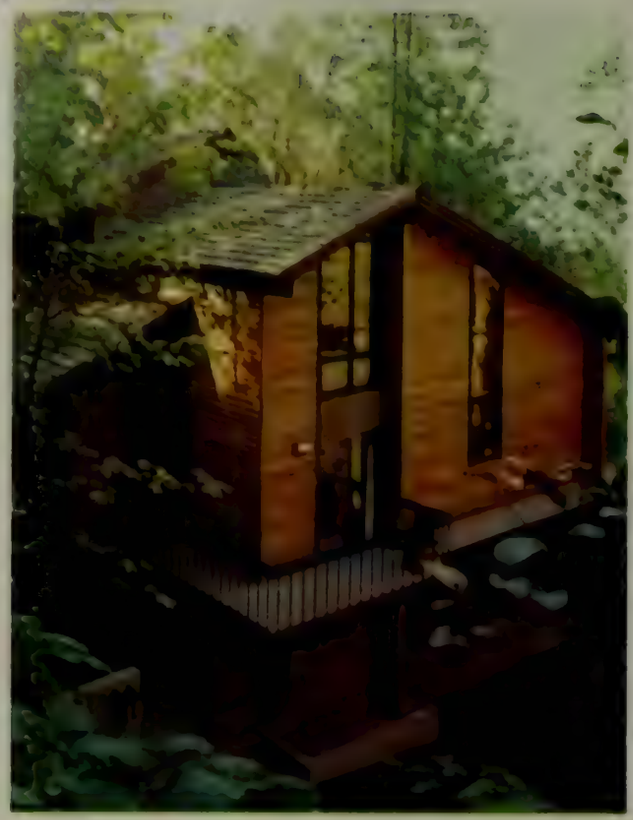

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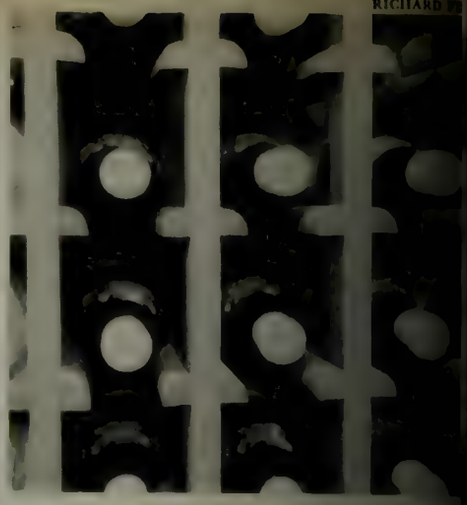


Half-inch *quarter rounds spaced 4½ inch apart, hold most bottle sizes and shap*

Closet for a wine collector

The "wine cellar" in the Nelson P. Bost home in Beverly Hills, California, is in th den closet. On a rack measuring 82 inch high, 52 inches wide, and 12 inches dee 18 cases (216 bottles) can be convenient stored. It's made of 1 by 2's with th bottles cradled between quarter roun (see photograph above). They rest fl with no tilt and are readily accessib Mr. Bosted designed the rack.

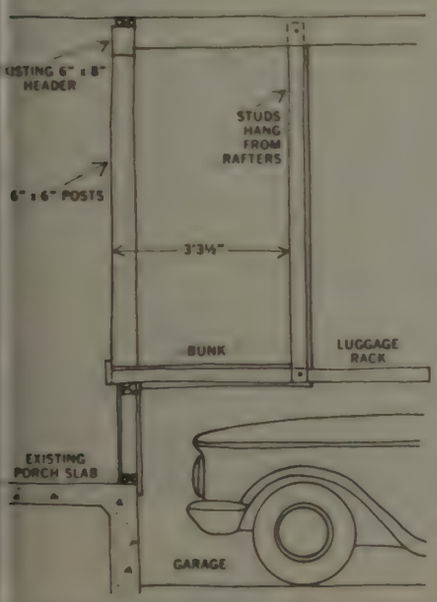
Oversized *bottles that won't fit in the cu cles are stored across the top of the ra*

RICHARD FISH

nk and closet *extend over car hood on age side, don't occupy bedroom space*

He's sitting over the car hood

good way to borrow space from the rage without diminishing the car park- area is to utilize the airspace over the hood. When architect Alfred T. Wilkes odeled his own house in Los Angeles, converted an old porch into a bed- m for his son. He gained much-needed ce by extending one wall into the rage to create a built-in bunk and stor- closet without affecting the floor area either side. There was even enough m remaining over the car hood for a gage rack on the garage side.



uds hang *from rafters; 6 by 6-inch posts h end of bunk support existing header*

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DON NORMARK

Above *is a plain paneled door at the home of Dr. Robert Jorgenson, Seattle. At right is a similar door of same house repaneled by* ***Arnie Garborg***

Carved panels decorate a door

Intrigued with the idea of improving the appearance of plain exterior doors, Arnie Garborg of Seattle tried making and attaching hand-carved panels to a few.

As a result, he now finds himself repaneling doors as a full-time business and humorously calls himself a residential door carver.

His techniques could be used by anyone interested in redecorating doors with hand-carved wood panels.

For most panels Mr. Garborg uses soft pine or lauan, because those woods have a grain that carves easily and weathers well. For a paneled door, such as the one shown above, he usually first chisels out any edge trim of the original panels to make a square fit, then cuts 1 to 2-inch-thick boards to fit snugly in the panel openings. He draws the design for the

He traces the design *over carbon paper laid on a soft pine panel cut to fit door*

He carves *with hand tools (carving chisels) after chamfering the board's edges to fit*

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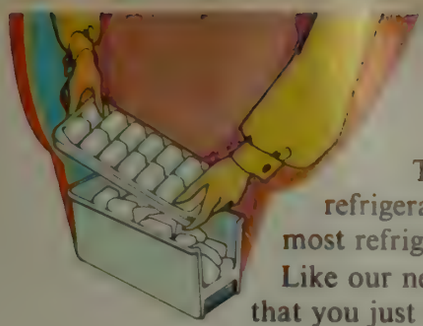

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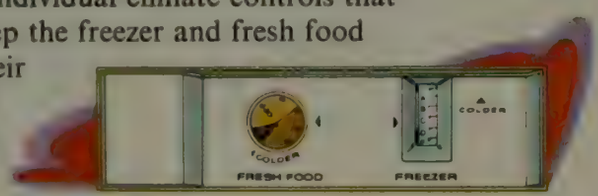

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DON NORMARK

Finished panels *are secured in place by wood molding, mitered at the four corners*

Panels inset . . .
or in relief . . .
held in place
by wood molding

panels on paper and transfers it to th boards (lay carbon paper and the pape design over the wood and retrace th lines with a hard pencil). For a symmetri cal design, he draws half of it on a folde sheet of tracing paper, turns the pape over, and traces the same design on th other half.

If desired, he chamfers the edges of th panels (cuts them to an angle). Then h cuts the design out of the wood, usin carving chisels and knives.

You need a few good carving chisels fo this job. You can find them in hardwar stores. These tools should be kept shar Wood carving is not difficult, but if yo have had no experience at all with it, helpful guide is the *Sunset Wood Carvin Book*, by Doris Aller (Lane Book Com pany, Menlo Park, Calif. $1.95).

Mr. Garborg glues carved panels on th door with a wall-paneling or tile mast (thick adhesives available at lumbe yards). The mastic tends to even out an unevenness in the old panels, which ofte get warped by weather; it also serves a a cushion under the new paneling when door is slammed.

The Garborg doors shown below are don the same way, but their designs are relief rather than incised. For relief car ing, you cut out the background rath than the design. The door at the left a solid-core door, cut out to receive i large carved panel. The double doors the right have two carved planks.

Another door *redone by Garborg. This one has carvings in relief, inset in a flush door*

These doors *are faced with vertical board Garborg carved one board on each in reli*

Cook all these great meals on the newest appliance discovery in years

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It grills steaks, hamburgers or hot dogs with outdoor flavor—only better. The Indoor Broiler uses electrically-heated permanent grill rocks in place of charcoal. They seal juices in and bathe meat in genuine charbroiled flavor. All the smoke and odors disappear without a noisy overhead hood. A unique, whisper-quiet "surface vent," built right into the grill, traps smoke and odors at their source and whisks them outdoors. **It broils roasts like those from the finest restaurant.** Add the self-mounting electrical rotisserie and broil chicken, turkey, roasts . . . with delicious charcoal flavor. Countertop broiling eliminates the messy clean-up chore that comes with oven broiling. **It cooks enough ham and eggs for the whole family at once.** Lift off the grills and drop on the griddle—you've got an extra-large cooking surface for breakfast. With the griddle in place, concentrated heat automatically cleans the unit's interior by vaporization. **It makes charbroiling specialties.** Try shish kebab for parties or as an exotic dinner entree. Attach the self-mounting skewers and let your imagination go . . . concoct a creative array of new cooking treats. With all that, it could be the most economical appliance you'll ever purchase. Year 'round indoor charbroiling gives "quality" flavor to even lower priced cuts of meat. And the unit builds in almost anywhere without major remodeling. Installed cost? About the same as an automatic dishwasher. Discover a whole new world of fun eating at your house. Send today for your free copy of Jenn-Air's colorful brochure presenting the full-line of Indoor Broilers.

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Pabco Acrylic takes all the strain out of staining. Just glide it on right out of the can. It applies beautifully and dries fast even on a damp day. Clean-up is as easy as soap and wate You'll finish the job in the same time it takes to make read with ordinary stain. Drying time: one to two hours.

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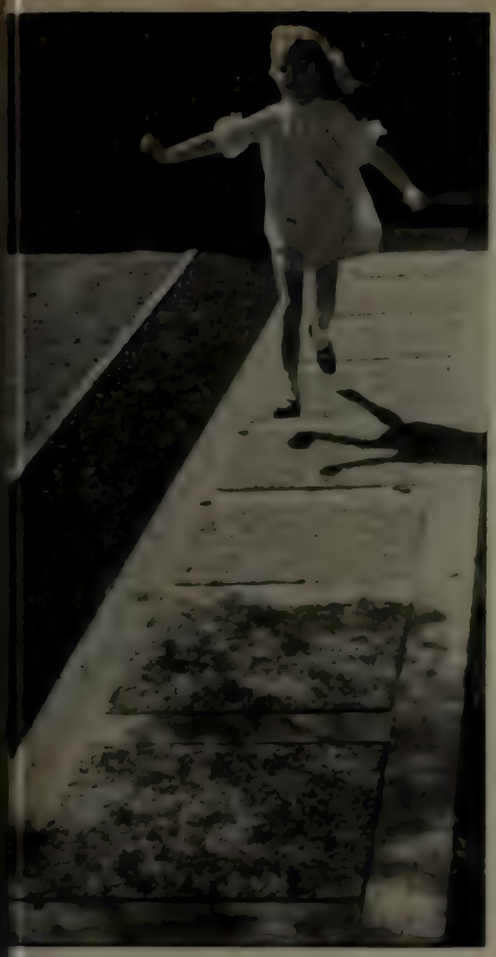

Handsome walkway *to street is made of wood beams and pebbled concrete blocks*

Redwood frames a concrete walk

Designed and built by artist Joe Seney, of Santa Clara, California, this attractive walkway, parallel to the driveway, leads to the front entry of his home.

It's made of 2-foot-square precast blocks of pebble-surfaced concrete purchased at a building materials yard ($3.55 each). The blocks are framed in 4 by 6 redwood beams (64 cents a foot). The beams were first set in place in the ground in trenches, and then the blocks were set between them on a bed of cement and sand.

It's not slippery *and it should wear well*

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Swimming pool *extends terrace. Wrought-iron fence sections lift out of sleeves set in concrete to open pool area for entertaining*

RICHARD FISH

They fenced the pool but kept their view

Two ways to provide security fencing without impairing a view evolved when the Fred Gottliebs added a swimming pool to this hilltop site in Sherman Oaks, California.

Above, a small child is kept safely within her play area on the existing terrace and away from the pool by means of a see-through wrought-iron fence. It has a childproof gate for everyday use, and all the fence sections can be lifted out when the whole terrace is to be used for adult entertaining.

At right, landscape architects Armstrong and Sharfman designed a planting and bench combination to achieve security at the brink of the steep hillside without obstructing the view beyond. A chain-link fence on the property line below completes the legal requirement for pool-area fencing.

Curved bench *and dense planting of hopbush keep people away from steep precipice. Plants are trimmed to keep the view open*

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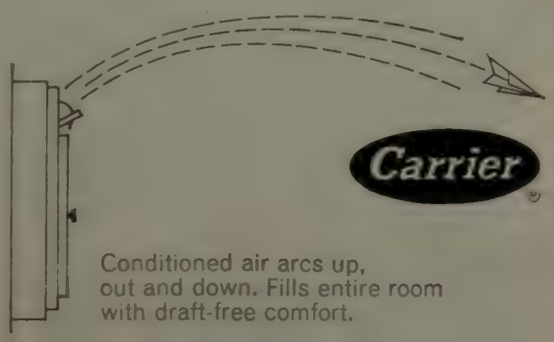

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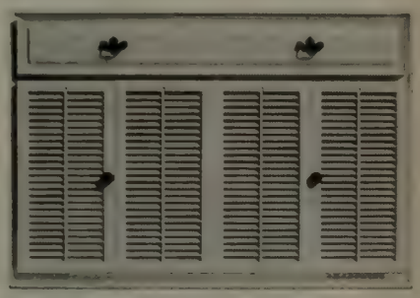
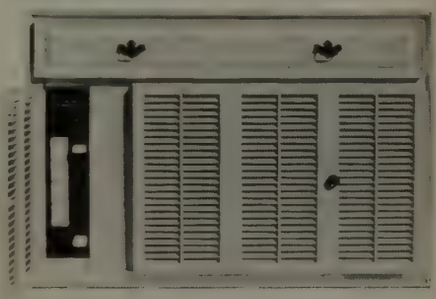
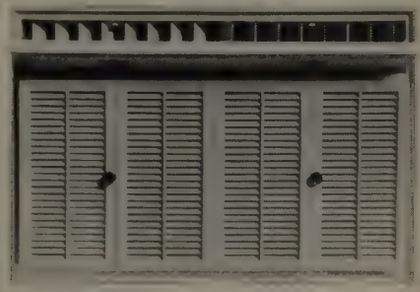


It's just part of your room decor . . .



until you press a concealed button.



Top panel opens automatically to let cool air out.

Several *elements combine well here: wood, concrete, rock, water, and plants*

DON NORMA

Flat rocks *in mortar line the pool. To clean: drain, dry, sweep*

PAVING: Theme and variations

Alyssum *is encouraged to grow between pads to soften lines, add color*

One way to liven up a garden is to use o paving material of interesting texture a combine it with other materials and plar in a pleasing manner. Here you see h rectangular concrete pads with expos aggregate finish have been used effective in three different combinations within t same garden: with water where the pa bridge a shallow reflecting pool, with m tared rock that fills the spaces betwe and elsewhere with both loose rock & plants.

The landscape architects were Chaff Zumwalt & Associates, for Mr. and M Victor L. Lyon of Tacoma.

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This is an African Safari for camera view-finders. Not for telescopic sight-see-ers. Not that you have to be a camera buff to enjoy this 15-day, $1,300.00 package. Photographs or no photographs, you'll not easily forget the magnificent wild animals free in their own surroundings.

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Open loafing shed *gives these horses shelter from sun and rain. Hay is stored abo*

DON NORMA

These horses have a loafing shed

The shed *also serves as a covered d ing room with a communal man*

This stable at the home of Charles L. Dick near Issaquah, Washington, is called the loafing shed.

Mr. Dick first built a conventional stable with box stalls, but the family found it somewhat of a chore to round up and lock their three horses in the box stalls each night and to let them out in the mornings. So he built this loafing shed where the horses' activities can be watched from the house.

It has proved far superior. The three horses get along well with each other and do not have to be separated when eating, so the stable has no partitions. A long communal feeding trough or manger serves all three together. No water is supplied because the horses have access to a creek running through their pasture. The stable is open on two sides so the horses can enter and leave as they wish.

The three horses use the loafing shed in normal weather and are locked in the box-stall stable only during storms. A similar loafing shed would be usable the year around in milder Western climates.

A full-length attic, accessible from door shown, is used for storing hay other supplies. Bales of hay are lif to it by the elevator of a delivery tru and loose hay is dropped down to manger through a hole. The attic is wi for lighting, switched from the house; has 120-volt wall outlets.

The stable is 14 by 26 feet. The two inch fir poles that serve as posts on long open side were left with the b still attached—the horses find this lightful for rubbing and nibbling.

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You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

DARROW M. WATT

Drip-dry cabinet, *basically a hood, has roo for hanging clothes over the laundry tul*

Drip-dry cabinet in the laundry

This drying cabinet in a home in Portola Valley, California, was designed for drip-dry clothes. It dries these new fabrics quickly even in damp weather. With such a cabinet you can hang shirts, blouses and slacks and leave them there as long as you wish—they do not have to be removed at a certain time to prevent wrinkles as with a tumble dryer.

The drip-dry cabinet rests over a kitchen type base cabinet that includes a porcelain laundry tub and a self-draining top. It consists of a hood made of ¾-inch ash plywood, open on two sides for air circulation and access. It contains a metal clothes bar and a ceiling vent fan that draws air up around the drying clothes and exhausts it through the roof. The fan is needed only in wet weather.

The countertop below is made of severa

Countertop *around single tub slants dow to it on all sides to drain water awa*

Mrs. Charles H. Brown in a Rinconada Hills home by Brown & Kauffmann, Los Gatos, California

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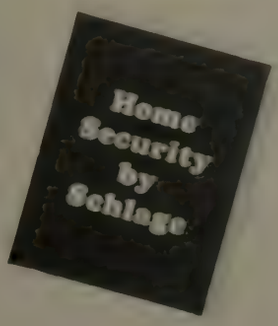

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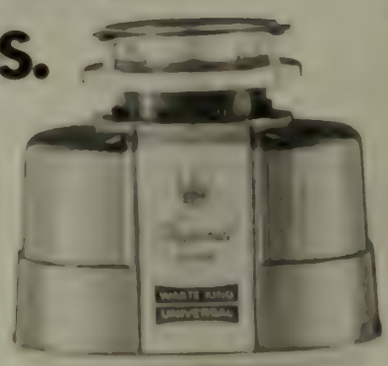

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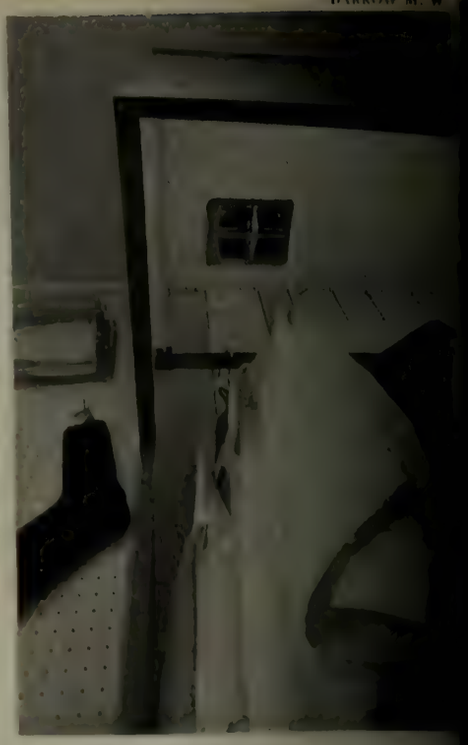
DARROW M. W



Cabinet *has a vent fan at the top to g good air circulation in damp weat*

pieces of ¾-inch plywood that rest o the tub edges and slant down on all f sides so any dripping water will dr away. It is surfaced with one of the seamless plastic floorings, applied wit paint roller, thus eliminating any join problems that would have occurred if t inated plastic sheets had been used.

DON NORMAR

Book shelf desk

A large built-in bookcase surroun the fireplace in this room. One o its shelves extends out to provid a small desk for a lamp and an book one might be reading. Th architects were A. O. Bumgardn & Partners, for Mr. and Mrs. Jam B. Gerhart of Seattle.

SUNS

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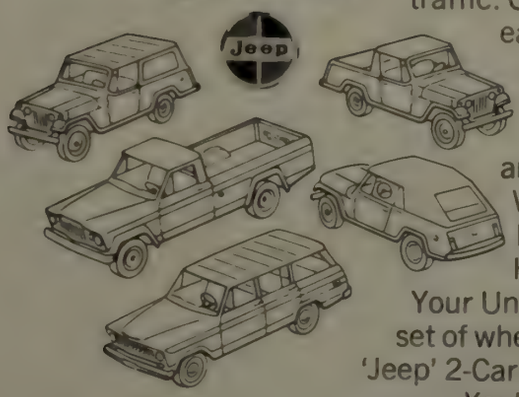
'Jeep' 4-wheel drive The 2-Car Cars.



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DON NORMARK

Shuffleboard court *enhances patio, is bordered with aggregate concrete*

All you need is smooth concrete

Scoreboard *stores away, drops into hole in concrete during a game*

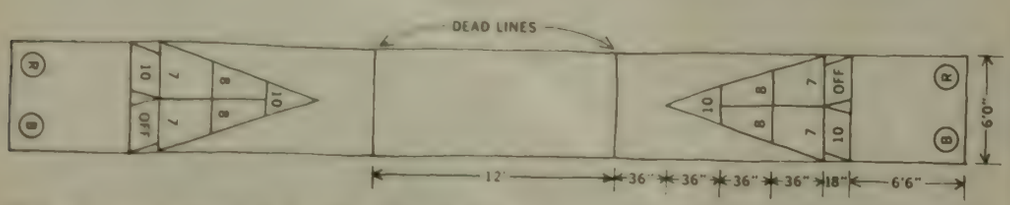
A shuffleboard court is easy to add to any large smooth concrete patio, and the court won't get in the way if you want to use the patio for something else. Both adults and children can play the game, and the cost of equipment is low ($10 to $20).

For a court, you need only a level, smooth concrete area 6 feet wide and about 40 to 52 feet long. Shown below are the official court dimensions. To meet space limitations the court can often be reduced in length (not in width) without affecting the fun of the game. For example, we saw one 43 feet long, with 10 feet between the dead lines, 2½-foot instead of 3-foot spacings on the triangles, and 5-foot instead of 6½-foot ends.

On both new and old slabs you can mark the lines with masking tape; then use a concrete paint or a thin coat of one of the new exterior seamless flooring plastics. Or when pouring a new concrete slab, you can mark out the court lines with wood header boards or by troweling shallow grooves in the wet concrete.

Shuffleboard instructions and rules come with the disks and cues.

This court was designed by landscape architect Robert W. Chittock for Mr. and Mrs. Louis A. Misener of Tacoma.



Official court length *is 52 feet; the lines on it should be from ¾ to 1½ inches wide*

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It takes investment experts to know when a good thing isn't a good thing anymore.

The Trust Division of Wells Fargo Bank believes that even the best securities in a portfolio should not be stored away and forgotten. In today's rapidly changing economy, the impact of new products and new technology must be constantly evaluated. That is why we regularly review every portfolio for which we have any degree of investment management responsibility. And if news events or changes in personal financial requirements prompt a non-scheduled review, we can mov from decision-making to action-taking on the same day. From the experience of serving 5 billior dollars in assets, Wells Fargo believes the greatest risk of all is t let a good portfolio sleep.

The Trust Division Wells Fargo Bank.

DON NORMARK

tected *by large glass panels, guests can enjoy this patio even on a breezy day*

Windows without a house

pivoting glass wind screen makes this o comfortable at almost any time of day.

hitect Alan Liddle designed the screen an existing patio. The owners didn't to block the view across the terrace Puget Sound, yet needed protection n the wind. Mr. Liddle's solution was put up clear glass panels; he added a bench for seating.

4 by 5-foot panels are held in place and bottom by metal pins inserted at point through each screen frame and the window frame. A metal plate a notch in it, attached to the frame-k, swings around to lock each pin. The dow sashes can thus swivel in place, ontrol the breezes off the water. When ed, vertical slide bolts in the left cor-hold them tight.

pins are easy to remove, and the es lift out for winter storage.

bench, of cedar 2 by 2's spaced ½ apart, is 2 feet wide to accommodate se lounge pads, and cantilevered from ght posts set in a concrete pad.

owners are Mr. and Mrs. J. H. Gal-th, Jr., Rosedale, Washington. Mrs. lbraith reports that they invite a large group of people for a July Fourth picnic—too large a group to be accommodated in the house—and they've always been able to have it outdoors, setting up tables on the patio. Guests who have enjoyed the protection of the wind screen are amazed at its effectiveness.

And when the house overflows with overnight summertime guests, some of the younger members often sleep outside on the bench.

Panels pivot *on steel pins as smoothly as roller bearings, barely hinder view*

Gala
Luncheon Salad

Compose a stunning plate for a guest luncheon with fresh and canned fruits and rolled sliced ham. Pass a chutney-seasoned IMO dressing for an exotic sweet-sour topping.

For dressing, mix together ½ pint IMO, ⅓ cup chopped Major Grey's chutney with syrup, and the juice and grated peel of 1 lime.

There's only one IMO

Available in pint and ½ pint sizes. Contains no milk or milk fat solids. And it's made by Rod's, originators of refrigerated dressings. Look for it in the Deli or Milk case.

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IMO is Rod's trademark for its fine food dressing.

Warfare Owes Much to Lt. Orville Whitehead, Cousin To Schweppes Commander, Who While Enjoying a Bitter Lemon In His Sopwith Camel, Was Accosted By Baron Von Umlaut.

Dishwashing in small space

the galley of a boat or camper or house ler, you have very limited space for lwashing, there is often a need to con- e water, and seldom a good place to down the clean-but-wet dishes before v're dried.

ree devices may help you; we show m in the photographs below.

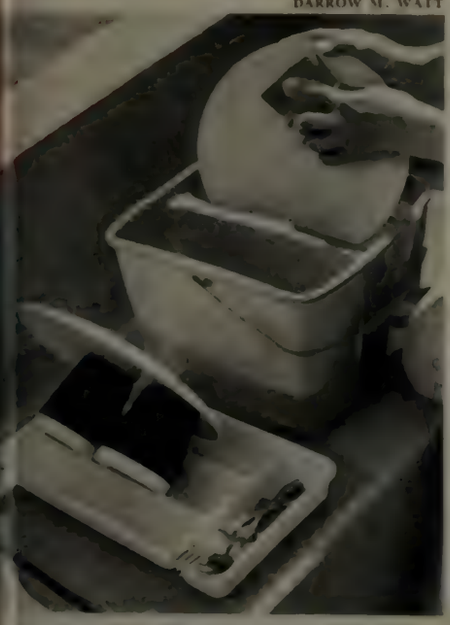
e plastic bottle with brush attached to lid is sold in most hardware stores. t squeeze the bottle to release some id detergent through the bristles.

e divided plastic mop bucket is ideal holding both the sudsy water and the se water.

plastic silverware tray (the kind used drawers to keep things compartment-) makes a fine dripless holder for wet s, glasses, plates, and silverware.

useful dishwashing weapon: *a plastic le with a brush attached to its lid*

DARROW M. WATT



sh, rinse *in divided plastic mop buck- Drain in the plastic silverware tray*

2117
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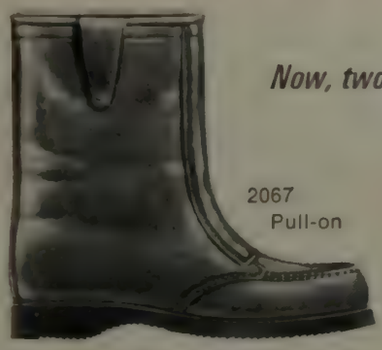
Well, now, for western men and women who enjoy our great outdoors, Red Wing introduces the G. O. BOOT* in a wide range of styles and colors to fit your favorite outdoor tastes. And now, too, for the first time, G. O. Boots for the lady combine the in-style flair of leisurewear with the rugged comfort you'd expect of a Red Wing. Come try on your favorite — at your nearby Red Wing shoe store — and feel the difference Red Wing makes.

Now, two exciting new outdoor boots for the ladies



2067
Pull-on

2068
Hiker

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Sunset's Kitchen Cabinet®

Wise Western cooks try to present the plentiful foods of sum mer in a simple, direct manner with minimum effort. Here v offer six recipes suitable for family meals and informal ente taining this month.

The versatile corned beef spread may be made ahead and r frigerated, ready to stuff into red cherry tomatoes for a refres ing appetizer or to use as a sandwich filling. Quick cooki

Spicy beef to spread on vegetables and toast rounds for tasty appetizers

Corned Beef Appetizer Tray

This spread keeps well in the refrigerator for about a week. Let it come to room temperature before using it.

- 1 can (12 oz.) corned beef
- 1 large package (8 oz.) cream cheese, at room temperature
- 3 tablespoons prepared horseradish
- 1 tablespoon minced parsley
- 2 tablespoons minced onion
- ⅛ teaspoon seasoned pepper
- 1 bunch celery hearts
- 1 basket cherry tomatoes
- Melba toast rounds
- Sliced pitted ripe olives or sliced pimiento-stuffed olives, optional

In a bowl combine corned beef, cream cheese, horseradish, parsley, onion, and pepper. Blend well, using a spoon or fork. Cover; chill until needed.

For appetizers, wash and cut cele stalks in short lengths. Wash che tomatoes; cut out centers, then dr upside-down to remove any liqu Just before serving, stuff celery a tomatoes with the meat. Spread maining meat mixture on melba toa garnish each with a slice of ripe ol or pimiento-stuffed olive, if you wi and add to the tray. Makes about 2 cups spread.—*R. P., Phoenix.*

You can also use this as a filling sandwiches. Spread thickly betw slices of firm rye bread, it is enough about 2 dozen hearty sandwiches.

Quick-cooked zucchini dish seasoned with chopped onion, slivered almonds

Almond-topped Zucchini

Zucchini retains its crisp texture and bright green color when cut into lengthwise strips and quickly cooked in a large uncovered pan.

- 3 tablespoons butter or margarine
- ⅓ cup slivered blanched almonds
- 6 medium-sized zucchini
- 2 tablespoons olive oil
- 1 small onion, finely chopped
- ¼ teaspoon salt
- ⅛ teaspoon pepper

In a large frying pan, melt 1 tablespoon of the butter over medium heat. Add the almonds and cook, stirring frequently, until nuts are golden brown, about 6 minutes. Lift from pan with a slotted spoon and set aside.

Meanwhile wash zucchini and ends. Cut each zucchini lengthwise to 6 sticks. Add remaining butter olive oil to frying pan; add squ onion, salt, and pepper; and cook o medium high heat, turning frequen until zucchini is tender-crisp w pierced with a fork, but not bro about 12 to 14 minutes. Spoon chini and onion into a serving d sprinkle with toasted almonds. Ma 6 servings.—*R. M., Roseburg, Ore*

For variety substitute other squ such as crookneck or pattypan for chini. Cut crookneck squash into th slices, pattypan into large chunks.

Garnish broiled fresh salmon steaks with crisp, tangy watercress sprigs

Butter-broiled Salmon Steaks

Lightly seasoned salmon steaks provide an elegant, fresh-tasting entrée.

- 4 salmon steaks, ¾ inch thick (about 2 lbs.)
- 1 teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon monosodium glutamate
- 1 tablespoon chopped parsley
- ⅓ cup melted butter
- ¼ teaspoon tarragon
- 2 tablespoons Madeira or lemon juice
- Watercress

Wipe off salmon steaks with a damp cloth or paper towels. Combine salt, pepper, monosodium glutamate, and parsley. Sprinkle on both sides of each salmon steak. Set aside.

Meanwhile preheat broiler. Brush broiler pan generously with some the melted butter; carefully lay ste slightly apart in pan. Sprinkle ta gon and wine or lemon juice over e steak. Broil 6 inches from heat for 10 minutes, or until fish flakes wit fork; do not turn. Baste steaks the remaining butter once or tw during broiling. Lift steaks to a he platter and garnish with sprig watercress. Makes 4 servings.—*M. Stinson Beach, Calif.*

To simplify clean-up, line broiler with foil before preheating it. B foil with melted butter, then arr salmon steaks in pan.

ings out the fresh flavor of summer squash in our almond-
pped zucchini. The butter-broiled salmon is enhanced by a
nt of tarragon.

l of these dishes were created in Western kitchens. We invite
u to submit your own original recipes for our testing. Mail
ntributions to *Sunset Magazine*, Menlo Park, Calif. 94025.
e now pay $10 for each recipe published.

Plentiful foods of summer . . . zucchini, cucumbers, blueberries and salmon . . . simply prepared

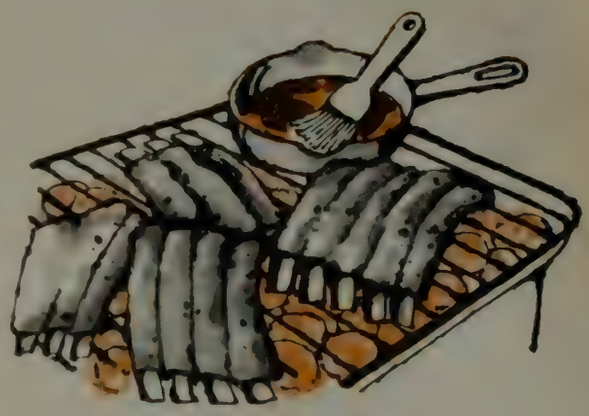
picy Barbecued Spareribs

ckling spices, brown sugar, and a
rbonated beverage combine to give
ese spareribs a spicy sweet flavor.

- About 6 pounds pork spareribs
- Water
- 4 teaspoons whole mixed pickling spice
- 1 teaspoon salt
- 1 cup brown sugar, firmly packed
- 2 tablespoons dry mustard
- ½ cup catsup
- ½ cup cola-flavored carbonated beverage

t spareribs into serving-sized por-
ns and layer in a Dutch oven. Cover
at with water, about 6 to 8 cups.
d pickling spices and salt. Cover,
ng to a boil, reduce heat and sim-
r for 30 minutes. Drain and discard cooking liquid. While still hot, spread ribs out in a large, shallow baking pan; mix sugar and mustard and sprinkle over ribs. Cover; chill overnight.

About 30 to 45 minutes before serving, spread ribs on a barbecue grill about 4 to 6 inches above medium hot coals. Combine the catsup, carbonated beverage, and any liquid that accumulated in the baking pan overnight. Use this mixture to baste the ribs while they are cooking. Cook slowly, turning frequently, basting with the sauce until spareribs are well browned and meat is tender, 30 to 45 minutes. Serves 4 to 6.—*A. S., San Francisco.*



Baste spareribs generously with the spicy sauce for a rich, brown glaze

ced Cucumber Salad

ngy, crunchy, refreshing—these are
ectives our taste testers used to de-
ibe this variation of cucumbers in
r cream.

- 2 large cucumbers
- ½ medium-sized green pepper
- ½ cup thinly sliced celery
- 2 green onions, thinly sliced on the diagonal, including most of the green tops
- ½ teaspoon salt
- ⅛ teaspoon seasoned pepper
- ⅓ cup white wine vinegar
- 6 tablespoons sour cream
- Crisp lettuce leaves
- Cherry tomato halves (optional)

l and dice cucumbers (you should
e about 4 cups). Seed and cut green pepper into thin, short strips (about ⅛ inch wide and 1 inch long). In a medium-sized bowl, combine cucumber, green pepper, celery, and green onion. Sprinkle with salt and pepper; pour over the wine vinegar. Mix well. Cover and refrigerate for about an hour.

Just before serving, drain cucumber mixture well; mix in sour cream. Arrange crisp lettuce leaves on 6 individual salad plates. Spoon cucumber mixture onto each lettuce-lined plate. Garnish with cherry tomato halves, if you wish. Makes 6 servings.—*M. L. B., Oakland.*

Serve creamy cucumbers onto crisp lettuce; garnish with cherry tomatoes

ueberry-Marshmallow Pie

small bits of marshmallow melt
almost disappear while the pie is
ing, but their intriguing sweetness
ers with the blueberries.

- 4 cups blueberries
- ¾ cup sugar
- 3 tablespoons quick-cooking tapioca
- 1 tablespoon lemon juice
- ½ teaspoon grated lemon peel
- 10 large marshmallows, snipped into small pieces (or about 1 cup miniature marshmallows)
- Pastry for a 2-crust 9-inch pie
- 1 tablespoon butter or margarine

sh berries, remove any small stems;
n. In a bowl, combine berries with
r, tapioca, lemon juice, lemon peel,
narshmallows; set aside.

Prepare pastry from your own recipe or use a pie-crust mix. Roll out half the dough on a floured board and fit into a 9-inch pie pan. Roll out remaining dough on floured board and cut in 10 strips, about ½ inch wide and about 12 inches long. Fill pastry shell with blueberry mixture and dot with butter. Arrange strips of pastry over berries to form a lattice top. Crimp and seal edges of pastry. Bake in a 450° oven for 10 minutes; reduce heat to 325° and continue baking for 25 minutes longer, until crust is golden brown. Cool before cutting. Serves 6.—*C. C., Lakewood, Calif.*

Lattice topping reveals the filling of fresh blueberries and marshmallows

How to eat well afloat

It's not just cooking ahead . . . it's planning

Galley cooks agree that sun, wind, and an abundance of fresh air produce hearty appetites aboard their vessels. How these appetites are satisfied varies with each first mate. Some say, "Do as much as possible at home so you can relax aboard." But several we interviewed said something like, "If I have to cook for two days before I leave, I'd rather stay home."

You must plan ahead in either case—usually there is no place to shop for forgotten items. Then too, the cook wants to enjoy the cruise, and everyone aboard must eat well to feel well.

Boating is big in the West; in California alone, there has been a 50-fold increase in boat registrations in the past 14 years. So we realize that many Westerners are cooking afloat these days without much previous galley experience. A roundup of tips from the veterans seems in order.

COOKING EQUIPMENT

A ship's galley can be no more than a one-burner stove tucked under a seat and brought out at meal time, or elaborate enough to have a three or four-burner stove complete with oven. In most cases there is some kind of sink. Work space and storage areas are limited, so the proper choice of equipment is important. These have proven worthwhile:

Frying pan with lid. Shop for the largest size that will fit on your stove. Be sure it is made of a nonrusting metal with an easy-to-clean finish (or a nonstick fluorocarbon finish).

Teakettle. Boiling water from a teakettle makes it easy to prepare instant or precooked foods such as rice, oatmeal and potatoes, as well as beverages.

Double boiler. Put separate foods in the top and bottom sections, then stack and heat to cook both foods at once over one burner. An alternate combination incorporates the same principle: Set a foil cake or pie pan on top of a similar-sized saucepan to act as a lid and warmer. Invert another foil pan as a cover for the unit.

Small barbecue or hibachi. To relieve congestion in the galley and keep some cooking odors out of the cabin, most boat owners buy some type of small barbecue. Used in the cockpit or ashore, it gives more variety to menus.

Cutting board and sharp knives. These are essential. The board supplies a cutting surface and also a place to set hot pans. Include a paring knife, a larger knife for slicing and chopping, and a knife with a serrated edge.

Heavy plastic bags. Foods prepared at home or aboard retain their freshness longer in sealed plastic bags; these bags are also excellent for marinating meat. Rigid plastic containers with tight-fitting lids are equally effective and less fragile, although they are harder to store and you have to wash them.

FOODS TO PREPARE AT HOME

At least some preparation at home saves time and effort when under way.

Cook a boneless beef roast rare, slice it thin, and seal slices in a plastic bag to provide several meals aboard. Offer it as a cold dinner entrée, use it in sandwiches, or reheat thin slices in canned beef gravy.

Roast or fry chicken parts for cold servings afloat.

Precook bacon at home where it is easy to dispose of the drippings. Lay the cooked strips between layers of paper towels; seal in a plastic bag. Stored in an ice chest, cooked bacon will keep about a week. To serve warm, reheat in a frying pan over low heat. Or crumble cold cooked bacon to sprinkle over soups and salads.

Wash salad greens in your kitchen at home where water is not at a premium. Drain leaves well, layer between paper towels, and seal in a plastic bag; pack in an ice chest and use within four or five days.

Boil unpeeled potatoes; they will keep well in an ice chest five or six days. You can brown them quickly in a small amount of butter, or make potato salad.

Hard-cook eggs for salads or to eat out-of-hand for a snack.

SEASONINGS, CONDIMENTS, SNACKS

Stock the galley with the basic herbs and spices you use most frequently at home. To conserve storage space, pack a small quantity of each in a plastic sandwich bag or small plastic pill container. Be sure to include instant minced onion, a convenient short-cut seasoner.

Remember to take along staples like catsup, mustard, mayonnaise, Worcestershire, soy sauce, and liquid hot pepper seasoning to give zest to shipboard meals.

Assorted snack items, readily available, make a happier crew. A snack rack or large plastic box is ideal for stowing and serving these out-of-hand foods: beef jerky, dried fruits, nuts, chips, crackers, cookies, and packaged candy.

BREADS

To keep bread fresh, package each loaf in a plastic bag or wrap in foil. This prolongs freshness for four or five days. English muffins, similarly wrapped, keep more than a week. But also consider some breads that keep longer: Holland rusk, bread sticks, canned brown bread.

To toast bread slices or English muffin halves, pan fry, uncovered, in a small amount of butter over medium-high heat until nicely browned on both sides. To keep them warm, place toasted pieces in a foil pan or double boiler top and set over a saucepan of hot water.

For pan-fried biscuits, stir together dough according to directions on biscuit mix package. Dust your hands with dry mix, shape dough into flat patties about 2 to 3 inches in diameter and ½ inch thick. Melt 1 or 2 tablespoons butter in a frying pan over medium heat. Cook biscuits, uncovered, until well browned on both sides and cooked through. Serve hot.

SOUPS

Many of the sailors we talked with commented on the merits of a drinkable soup. In rough seas, a bland soup with salt crackers keeps one nourished without encouraging seasickness.

But when the seas permit, you might enjoy one of these spicier versions for a snack or meal opener:

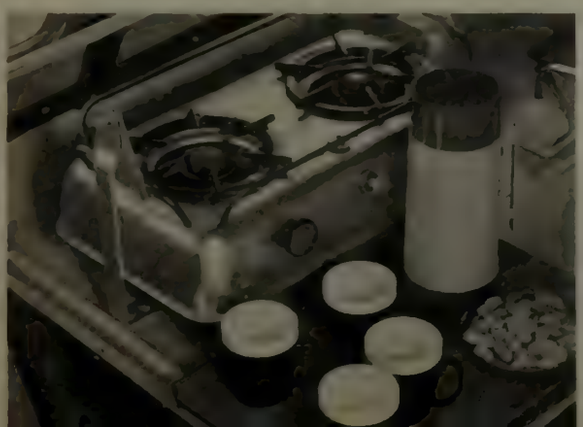
Curried Green Pea Soup. In a saucepan, melt 1 tablespoon butter with 1 teaspoon curry powder over medium heat. Add 1 can (11¼ oz.) condensed green pea soup; gradually stir in 1 soup can water and 1 teaspoon instant minced onion. Heat through and serve in cups topped with crisp, crumbled, cooked bacon. Makes about 4 servings.

Sherry Tomato Soup. In a saucepan, combine 1 can (10¾ oz.) condensed tomato soup, ½ soup can water, ¼ teaspoon basil and 3 tablespoons Sherry. Heat thoroughly. Serve in cups; sprinkle with shredded Parmesan cheese. Makes 3 or 4 servings.

Vegetable Broth. In a saucepan, combine 1 can (24 oz.) cocktail vegetable juice with 2 or 3 teaspoons beef stock base

DARROW M. WATT

Breakfast afloat. *Cook shipboard scrambled eggs in frying pan; keep toasted English muffins warm over hot water for coffee*



Thin piece *of plywood with wood edging on long sides covers the stove when not in use, providing additional counter space. Turned upside down, it's a serving tray*

A royal dessert ...the Pitted Prun Fruit Bowl

For a dessert with refreshing newnes try the pitted prune fruit bowl with variety of condiments and fresh fru in season.

PITTED PRUNE FRUIT BOWL

1 package Sunsweet® Pitted Prunes
Bartlett pears
Thompson seedless grapes
strawberries
oranges

Arrange attractively on a platter. Fi attractive sauce bowls with a generou choice of the following condiments: commercial sour cream, ground choc late, a blend of cinnamon and suga brown sugar, raw sugar, finely choppe candied ginger and sugar flavored wi grated orange or lemon peel. You guests will enjoy dipping the fruits in one or more of the flavorful offerings.

Another interesting continental dess pleasantry:
Sunsweet Pitted Prunes, French crea cheese, toasted filberts. The natural i dentation in the Sunsweet Pitted Pru makes a perfect bed for squares of ri French cream cheese. Dust lightly wi brown sugar and serve with a basket toasted filberts and Madeira wine.

Sunsweet Growers Inc., San Jose, Ca

t thoroughly. Serve in cups; top with ze-dried chives. Makes 3 to 4 servings.

ADS

ry cleaned salad greens to the boat, as cribed on page 108, for salads the days out. For longer outings, use fresh bage salads; relish trays of raw carrots, shes, and turnips; or canned items as olives, pickles, marinated arti-ke hearts, pickled beets, and canned d tomato slices.

DISHES

s, prepared in a variety of ways, are lar seagoing fare almost any hour of day. The following favorites are con-uted by veteran galley cooks:

s Rancheros. In a large frying pan, t 1 can (10 oz.) enchilada sauce, add-2 tablespoons dried bell pepper, if ed. Carefully break 4 eggs, one at a e, into the bubbling sauce. Cover pan, er heat, and cook until eggs are set. ve each egg in a bowl or on top of a sted English muffin half, with some of sauce spooned over. Makes 4 servings. *E., Los Altos Hills, Calif.*

board Scrambled Eggs. With a fork, t together 8 eggs, 3 tablespoons water, blespoons chopped canned green chiles ds and pith removed), 1½ cups finely d cooked ham, and a dash of pepper. frying pan, heat 2 tablespoons butter margarine; pour eggs into pan and cook r low heat, stirring gently, until eggs almost set. Sprinkle 1 cup shredded cheese over egg mixture, cover, and k until cheese melts. Serves 4.

N DISHES

pot dinner entrées, hot or cold, have decided advantage of being easy to k, serve, and clean up.

ican Beef and Beans. Melt 1 table-on butter or margarine in a large fry-pan over medium high heat. Add 1 nd lean ground beef and cook until wn and crumbly; drain excess fat. Add blespoons instant minced onion, 1 can oz.) kidney beans, drained, 1 can (10 enchilada sauce, ¼ teaspoon salt, and teaspoon chile powder. Cover, lower t, and simmer for 10 minutes.

t before serving, stir in 1 cup diced rp Cheddar cheese. Serve in bowls, ping each with ¼ cup crushed corn s. Serves 4.—*P.S., Menlo Park, Calif.*

or Chicken Salad. In a medium-sized l combine 2 cans (5 oz. *each*) boned ken, 1 can (5 oz.) water chestnuts, ined and chopped, ¼ cup chopped t pickle, ⅓ cup mayonnaise, ½ tea-on curry powder, and salt and pepper aste. Chill if made ahead.

serve, mound on dinner plates; sprin-with 2 tablespoons salted peanuts. round with drained pieces of canned it: mandarin oranges, pineapple nks, or peach slices, or a combination hese. Makes 2 generous servings.

SLIPPED HIM "SOMETHING ELSE" IN PLACE OF ROQUEFORT?

Hmmmmmm? Thought he wouldn't know, just pay up and go —leaving a fat tip behind him. HAH!

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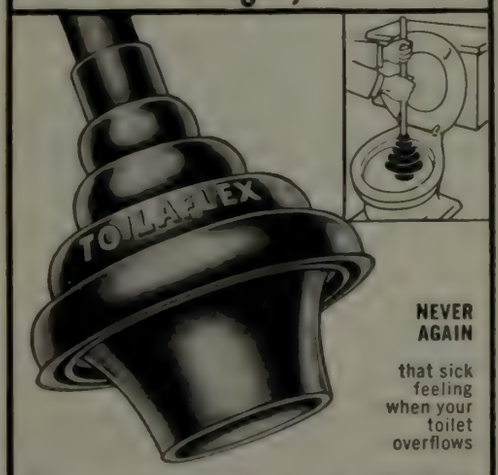

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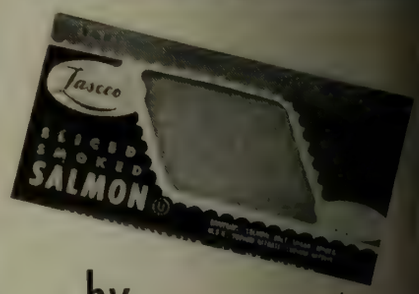

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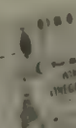

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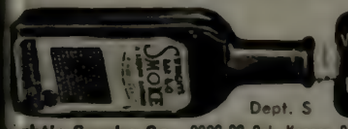

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Full-flavored chile spreads

To bring forth the flavor of any chile with a little—or a lot—of heat, you need to dissipate the heat with some ingredient that acts as a tasty buffer; we do it here with cheese and butter. Both mixtures are simple and can be kept on hand ready to use in numerous ways: for sandwich spreads, on breads, in appetizers, or to flavor vegetables.

GREEN CHILE CHEESE

Mix 2 to 3 tablespoons minced canned California green chiles (seeds and pith removed) and 1 small package (3 oz.) cream cheese with chives, blending well. Use as suggested below or as a sandwich spread. Makes about ⅓ cup.

Mushroom Appetizer. Slice fresh, raw mushrooms through the stem and cap, and on each slice place about ½ teaspoon Green Chile Cheese. Sprinkle with a little paprika or minced parsley. Serve at once, or cover with clear plastic film and chill up to 3 or 4 hours before serving.

Ham Appetizer. Spread slices of boiled ham (the type that comes packaged for sandwiches) with a thin coating of the Green Chile Cheese, then roll up tightly in jelly-roll fashion. Cut in crosswise slices, ¼ to ⅓ inch wide. Place 2 or 3 slices on a plain cracker or a mushroom slice, cut as directed above.

JALAPEÑO BUTTER

Remove seeds, pith, and stem from a canned jalapeño chile. Finely mince 2 to 3 teaspoons chile and blend evenly with ½ cup (¼ lb.) butter; if you want to regulate the degree of hotness, start with a small amount of chile for a milder flavor—then incorporate more if you like.

Cover butter tightly and refrigerate at least overnight to meld flavors.

To serve, spread on French bread, cornbread; or on hot corn on the cob; or add to taste to hot cooked corn. Makes ½ cup.

DARROW M. WATT

Quick appetizer: mushroom slices with green chile cheese, plain or in ham rolls

Chefs who live near warm water often have a hankering for octopus

Almost everyone who lives near warm water eats octopus and likes it. The Spaniards—and also the Mexicans—make a dish that includes the ink as well as the animal. The Japanese eat the creatures pickled. If Westerners don't eat them, it may well be because of those legs.

A squid is, of course, a particularly leggy member of the octopus family. Candidate Gerald H. Grosso comes before the membership committee this month with a recipe that will get non-squid-eaters started without pain (squid lovers can simply add more of the delicacy).

Mr. Grosso tells us, "I suppose some of the appeal comes from discovering that squid, which they wouldn't otherwise touch with a 10-foot pole, is really quite tasty. I've heard some of my guests telling people, 'We had squid curry. You know squid is really good.' "

GROSSO'S SQUID CURRY

- 1 to 2 pounds fresh or thawed frozen squid
- Garlic-flavored salt
- Equal portions fine dry bread crumbs and flour (about 1 cup total for *each* 1 lb. squid)
- Salad oil for frying
- 2 cans (10½ oz. *each*) condensed cream of mushroom soup
- 1 tablespoon curry powder
- 3 to 4 cups hot cooked unsalted rice
- Condiments such as chopped green onions; crushed dried red chiles; finely chopped dry-roasted peanuts; Major Grey's Chutney, chopped

To clean each squid, hold under runn water and pull off and discard the sp kled membrane that covers the mantle hood. Pull the transparent shell or sw out from inside the hood and discard Pull the body from the hood; strip off discard the material that easily separ from the body (including the ink s Squeeze out and discard contents of hood, and rinse hood inside. Pop parrotlike beak from between the l Slice mantle crosswise in ¼ to ½-in wide strips, forming rings. Drain squid paper towels, then sprinkle with ga flavored salt. Coat squid with mixtur crumbs and flour; shake off excess.

In a medium-sized deep saucepan, 1½ inches salad oil to 375°. As the heats, combine undiluted soup and c powder in a saucepan and simmer un ered over very low heat for about 15 n utes, stirring occasionally.

Cook squid rings a spoonful at a time about 30 seconds or until lightly brow *Squid gets excessively tough if overcook*

Drain rings on paper towels, keep warm. Bring oil back to 375° before addition. Cook body with legs last, for about 30 seconds; it tends to sp

Chefs of the West®

The Art of Cooking...by men...for men

Coleman creates the innerspring sleeping bag.

A fakir who wasn't getting the kind of comfort he wanted from his bed of nails discovered the Coleman sleeping bag — the first sleeping bag built to take the bumps out of sleeping on the ground.

The new Coleman innerspring bags spread two thick layers of insulation between you and the ground. Both keep you warm. But one also lifts you away from ground cold and serves as an "innerspring" mattress.

Fiber "Springs". The mattress is an entirely new material. Dacron® 76. Has almost twice the cushionability of other bag fillings. Hundreds of resilient fiber "Springs" cushion your body. (And, if you want featherbed softness, we still add a pocket for your air mattress!)

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Gourmet Ideas
by Edie Cole

ENGLISH MUFFIN PIZZA – Individual [illegible] are fast summer fare. Split, [illegible] toast English muffins. Spread [illegible] sauce seasoned with oregano [illegible] th Mozzarella cheese and top with [illegible] California Brand Pitted Ripe Olives and strips of salami, browned sausage links, or smoked oysters. Heat under the broiler until cheese melts. For an appetizer version, cut into quarters.

PICNIC SALAD MEAL – This portable picnic salad is a full meal. Complete the menu with bread, fruit, and cheese. Potato Beef Salad: Marinate 2 cups sliced boiled potatoes in enough Girard's Original French Dressing to coat. Mix in 1 jar marinated artichoke hearts, 2 tablespoons capers, and 1 pound sliced rare beef roast, cut in strips (or any favorite cold cut, such as boiled ham, Mortadella, or salami). Garnish with tomato wedges and sprinkle with chopped green onions. Serves 4

KEBAB GARNISH – Alternate Lady's Choice Brand Farm Style Pickle Chips on a skewer with cherry tomatoes and pitted ripe olives for a decorative garnish on a hamburger and chips plate.

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fat so have a lid handy to cover pan loosely.

When all squid is fried, arrange rice on a serving platter, pour the soup over it, arrange squid on top, and serve immediately together with your favorite condiments. Makes 4 to 6 servings.

Port Orchard, Wash.

You can add the following recipe to your spaghetti sauce collection; it comes from *Chef* Frederic L. Beauregard. This sauce is particularly meaty, and makes eating large quantities of paste pleasurable. What more can one ask of a sauce?

SPAGHETTI BEAUREGARD

- 3 tablespoons olive oil
- 2 medium onions, chopped
- 2½ pounds lean ground beef chuck
- 3 tablespoon minced parsley
- 2 teaspoons salt
- ½ teaspoon pepper
- ½ teaspoon whole oregano, crushed
- ⅛ teaspoon *each* basil and summer savory
- 3 cans (8 oz. *each*) tomato sauce
- 2 cans (7¾ oz. *each*) marinara sauce
- 2 cans (6 oz. *each*) tomato paste
- ½ cup water
- Hot cooked spaghetti
- Grated Parmesan cheese

Heat the olive oil in a 5-quart Dutch oven over medium-high heat. Add onion and cook until translucent, stirring. Add ground beef, crumble and cook until meat loses all pink color, stirring constantly. Add parsley, salt, pepper, oregano, basil, and savory, and blend. Add tomato sauce, marinara sauce, tomato paste, and water, reduce heat, and simmer uncovered for about 45 minutes. Serve hot or chill and then reheat when needed, spooning over as much spaghetti as you like and topping with cheese. Makes about 2½ quarts.

Orinda, Calif.

Chef Jules Greenberg proposes stuffed flank steak. It will appeal to lovers of Mexican flavors, and requires little effort from the chef.

One taster of this dish cried out, "This sauce is sumptuous."

Instructions below will produce for you a rare roast of exquisite tenderness and flavor. If you hold out for well done, increase the cooking time.

FLANKED TO THE CENTER

- 1 flank steak, about 2 pounds
- ¼ teaspoon monosodium glutamate
- ⅛ teaspoon coarse-ground pepper
- ¾ teaspoon salt
- ⅛ teaspoon garlic salt
- 1 can (16 oz.) beef tamales
- 1 cup Marsala wine
- 1 can (8 oz.) tomato sauce
- ½ cup shredded Parmesan cheese

Lay the steak flat on your chopping block. Trim off fat. Mix together the monosodium glutamate, pepper, salt, garlic s[illegible] and sprinkle half of it on the meat. Po[illegible] in thoroughly with a tenderizing mal[illegible] Turn meat over and repeat on the o[illegible] side. Remove wrappers from tama[illegible] place in a bowl and break apart wit[illegible] fork. Spoon the tamales over the st[illegible] and roll to enclose filling. Tie and pl[illegible] meat roll in a shallow pan. Pour wine [illegible] tomato sauce over the meat, sprinkle [illegible] cheese. Bake at 325° about 1 hour [illegible] medium rare, basting occasionally. Ma[illegible] about 6 servings.

Bakersfield, Cali[illegible]

One of the most acceptable of all shell[illegible] is the scallop, with a shell shaped like [illegible] Shell Oil sign. One of the best known w[illegible] to prepare the muscle of this bivalv[illegible] Coquilles St. Jacques. George Dee [illegible] Phoenix, uses this famous French re[illegible] as a point of departure. There's jus[illegible] suggestion of those delicious things [illegible] Italians do with spaghetti and clam su[illegible] in what he calls . . .

COQUILLES FOR GEORGE

- 2½ tablespoons butter
- ½ onion, finely chopped
- 1 small can (2 oz.) mushrooms, stems and pieces, drained
- 1 to 1½ pounds scallops
- ¼ teaspoon *each* thyme, marjoram, and pepper
- Dash cayenne (optional)
- 2 tablespoons flour
- 1 cup yogurt
- Salt to taste
- 4 cups hot cooked spaghetti, drained
- About 3 tablespoons *each* seasoned brea[illegible] crumbs and grated Parmesan cheese

In about 1½ tablespoons butter, s[illegible] onions over low heat until transpar[illegible] Add mushrooms, scallops, thyme, ma[illegible] ram, pepper, and cayenne. Continu[illegible] cook about 6 minutes or until scal[illegible] firm and become more opaque. Rem[illegible] from heat; stir in flour, then add yo[illegible] and blend. Cook, stirring, until bubb[illegible] and thickened. Salt to taste.

Put the cooked spaghetti in a shallo[illegible] quart casserole, pour scallop mixture [illegible] Melt remaining butter and mix [illegible] bread crumbs and Parmesan; sprinkle [illegible] scallops. Brown under broiler *very li[illegible]* and serve immediately. Makes 4 [illegible] servings.

Phoen[illegible]

The right soup

Chef Ettore Paggi read over his re[illegible] ipe for Chicken Livers a la Roma[illegible] in the May *Sunset*, page 172, a[illegible] submits a small note of correctio[illegible] Instead of condensed mushroo[illegible] soup, please make it condense[illegible] *golden* mushroom soup.

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Mexican Chef's Salad.

A main dish meal for 6 to 8 that's salad in name only. California Avocados, DORITOS® tortilla chips and ground beef make it hearty and nourishing. You make it fast.

Chop 1 onion, 4 tomatoes, 1 head lettuce.

Toss with 4 oz. grated cheddar cheese, 8 oz. 1000 Island or French dressing, hot sauce to taste.

Crunch and add one 39¢ bag of DORITOS tortilla chips – plain or taco flavor.

Slice and add 1 large California Avocado.

Brown 1 lb. ground beef, add 1 can (15 oz.) drained kidney beans, [illegible] tsp. salt, simmer for 10 minutes and mix into cold salad.

Decorate with DORITOS tortilla chips, avocado and tomato slices. Serve pronto!

See more tempting recipes like this at the "Mexican Chef's Salad" display now in your supermarket's produce departme

Chocolate dappled coffee cake

ocolate dapples this orange coffee ring th a spicy streusel baked on top. It kes a unique rich cake for a coffee party.

OCOLATE STREUSEL COFFEE CAKE

- ⅔ cup butter or margarine
- 1 cup sugar
- 2 eggs
- 1 cup sour cream
- 1 teaspoon vanilla
- 1 teaspoon grated orange peel
- 2 cups unsifted regular all-purpose flour
- 1½ teaspoons baking powder
- ½ teaspoon soda
- ¼ teaspoon salt
- 1 ounce no-melt unsweetened chocolate
- Streusel topping (recipe follows)
- ¼ cup pecan halves

eam butter and sugar until light and ffy. Add eggs, one at a time, and beat til smooth. Mix in sour cream, vanilla, d grated orange peel. Stir flour with king powder, soda, and salt; then blend roughly with creamed mixture. Spread a buttered 10-inch tube pan. Squeeze colate from package over center top batter and swirl it lightly with a fork ripple it through orange batter.

inkle streusel topping over batter and ange pecans on top. Bake in a 350° n for 50 minutes, or until a toothpick erted in the center comes out clean. t cool on a rack 10 minutes; then turn t. Serve warm, cut in 1½ inch slices. kes 10 to 12 servings.—*J. M., Portola ley, Calif.*

reusel topping. Mix together until mbly ½ cup brown sugar (firmly ked), 1 tablespoon soft butter, 1 teaon cinnamon, and 2 tablespoons allpose flour.

DARROW M. WATT

ple chocolate *through the batter of this cream coffee cake for marbled effect*

Start with a Tyson's Pride Cornish Game Hen for each guest.

Spend a cool few minutes in the kitchen, and your own sweet time at the dressing table. Make a grand entrance with your platter of Tyson's Pride Rock Cornish Game Hens. Proud, plump beauties . . . specially bred and specially fed . . . delicately flavored, moist, tender, almost all white meat. Surprisingly low-cost, low in calories . . . an effortless epicurean triumph!

ROCK CORNISH GAME HENS SUPREME

6 Tyson's Pride Rock Cornish Game Hens

½ pint sour cream
¼ teaspoon lemon juice
Salt and pepper

Put lemon juice into cream, stirring well. Preheat oven to 400°F. Remove giblets from thawed birds and put aside to use another day or in gravy. Salt and pepper birds well on outside. Place on backs in large shallow pan and brush with butter. Cook covered for 45 minutes. Uncover and brush with sour cream, pour remainder of cream over them and cook, uncovered, for 15 minutes. Baste about every 5 minutes. Make gravy from drippings.

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DARROW M. W

Thinly slice *a large barbecued s*
accompany with platter of tomato
cucumber slices topped with
onion rings, also a rice cass

JULY MENUS

A festive steak barbecue, brunch for the house guests, a summer salad

In summer, when families are free to travel, a hostess is much more likely to be entertaining long-term guests. The three colorful menus presented here all allow some advance preparation so that a busy hostess cook will have more time to enjoy her guests.

Steak barbecue for six

This festive meal centers on a thick steak large enough to serve about six people; it's a fine choice for entertaining friends during the Fourth of July weekend. While the steak is cooking, the rice casserole bakes in the oven, and the salad platter mellows in the refrigerator.

Barbecued Beef Steak
Brown and White Rice Casserole
Buttered Fresh Green Beans
Tomato and Sweet Onion Platter
Fresh Berry Sundaes

Early in the day, assemble the rice casserole; let it stand at room temperature until time to bake, adding the boiling broth just before you tuck it in the oven. Also prepare the salad platter several hours in advance; cover and chill until needed. Wash and snip the ends from the beans; cook just before serving. Sweeten fresh berries of your choice: sliced strawberries, blueberries, or raspberries. Let stand at room temperature an hour or two to bring out their natural flavor. Serve over vanilla ice cream for a light de

Barbecued Beef Steak. This should
large steak that when cut about 2 i
thick will weigh about 3 to 3½ po
It could be porterhouse, top sirloi
first cut of the top round (or buy
tender cut, such as sirloin tip or
round steak, and use a commercial
tenderizer as directed on the pack
Barbecue the steak over a medium f
a grill about 6 inches from coals, tu
about every 10 minutes. It will take
30 to 45 minutes for rare steak. For
results, insert a meat thermometer i
center of the steak and cook to 130
rare, or 140° for medium-rare to me
To serve, place steak on a board or
ing platter, season with salt and pe
and cut across into thin slices.

Brown and White Rice Casserole.
frying pan, cook 6 finely chopped
bacon until crisp. With a slotted s
lift bacon bits from pan into a 2½-
casserole. Discard bacon drippings. I
same pan, sauté 4 green onions,
and ½ pound mushrooms, sliced,
tablespoons butter; cook until limp

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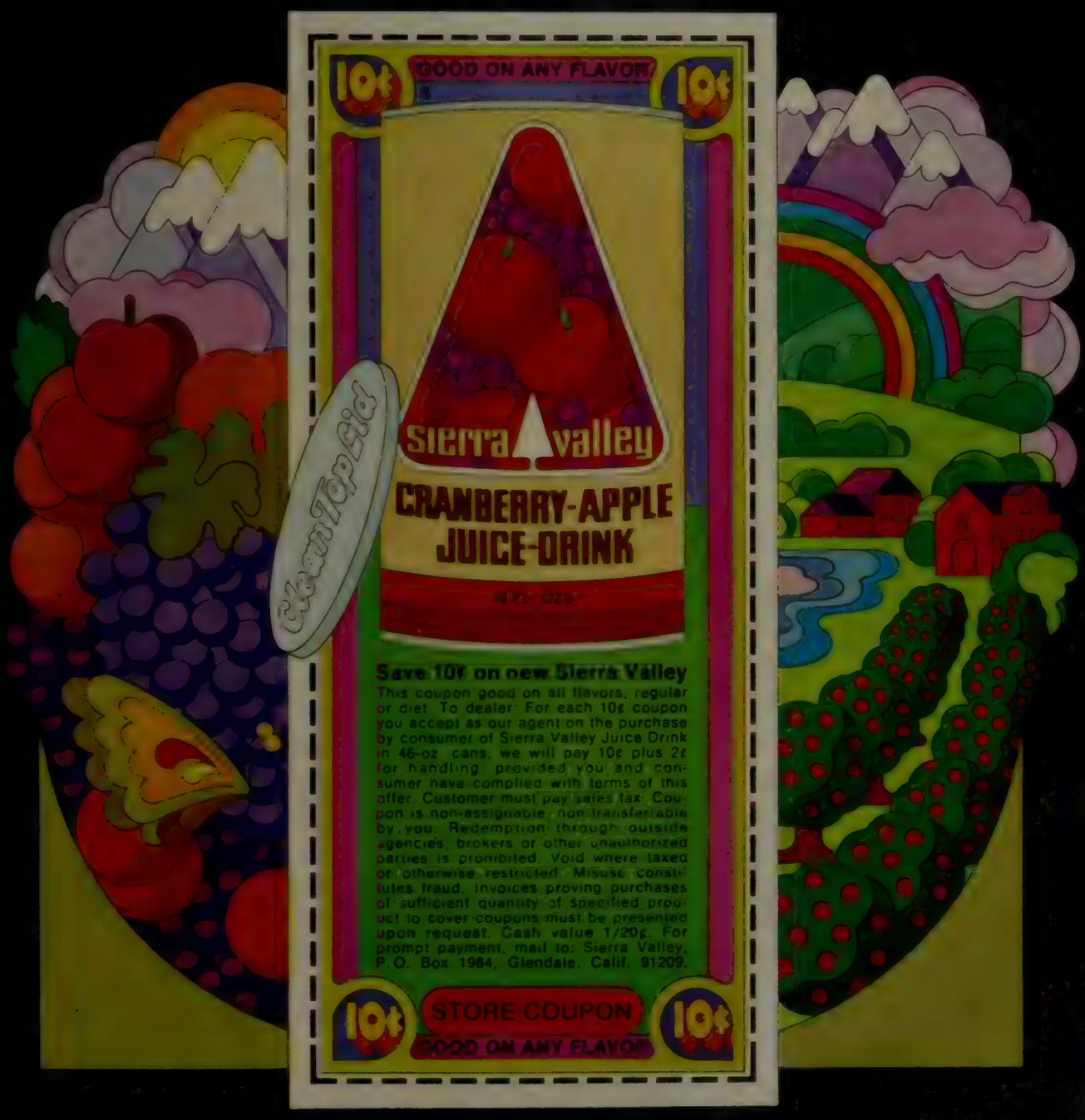

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BEEF BALI HAI

2 beef bouillon cubes
½ cup hot water
1 cup chicken broth
½ teaspoon cinnamon
1½ tablespoons ginger syrup from preserved ginger
1 teaspoon lemon juice
½ teaspoon monosodium glutamate
½ teaspoon salt
2 sprigs wild anise or ⅛ teaspoon crushed seed
4 tablespoons butter
10 large green onions, cut into 2-inch diagonal slices
1 green pepper, cut into strips
1 tablespoon cornstarch
1 pound cooked lean prime rib roast or other roast beef, cut into 2-inch strips, ½-inch thick
½ cup pine nuts

Dissolve beef bouillon cubes in hot water. Combine chicken broth, cinnamon, ginger syrup, lemon juice, monosodium glutamate, salt and anise. Melt butter in fry pan and add onions and green pepper. Cover tightly 10 seconds, no more. Add bouillon, pouring around edge of lid so it does not have to be lifted. Cover and steam *ONLY* ½ minute. Add chicken broth mixture. Thicken with cornstarch mixed with cold water, stirring constantly. Add roast beef and pine nuts. Let stand a minute before serving over rice. Makes 4 servings.

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lightly browned. Turn into casserole. In the same pan, toast ¼ cup slivered almonds and ¾ cup *each* brown and white rice in 3 more tablespoons butter until golden brown, stirring. Turn rice mixture into casserole and season with ¼ teaspoon *each* salt, pepper, thyme, and marjoram. This much may be done ahead.

Just before baking, pour in 3¼ cups boiling regular-strength beef broth, stir well, cover, and bake in a 350° oven for 40 minutes. Uncover, stir, dot with 1 tablespoon butter, and sprinkle with 2 tablespoons shredded Parmesan cheese. Cover and bake 10 minutes longer. Serves 6.—*A. C., San Francisco.*

Tomato and Sweet Onion Platter

3 large tomatoes
1 large sweet onion, thinly sliced
1 large cucumber, peeled and thinly sliced
1 large green pepper, seeded and cut into rings
½ teaspoon salt
¼ teaspoon pepper
½ teaspoon salad herbs or crumbled basil
¼ cup salad oil
2 tablespoons white wine vinegar

Peel and cut tomatoes into ¼-inch-thick slices; arrange in a single layer on a large rimmed platter. Separate onion slices into rings and arrange over tomatoes; top with the cucumber slices and then distribute pepper rings over all. Sprinkle with salt, pepper, and salad herbs. Drizzle salad oil and vinegar evenly over all. Cover and refrigerate for 2 to 4 hours. To serve, spoon some of the dressing over each portion. Serves 6.—*D. H., Menlo Park, Calif.*

House guest brunch

House guests often provide the cook with an opportunity to entertain for brunch. This one can easily be set up on the patio.

Baked Eggs with Cheese
Crisp Bacon Strips
Toasted English Muffin Halves
Fresh Fruit Compote
Coffee

For the fruit compote, combine several of the fresh fruits now in season—sliced peaches, plums, apricots, strawberries, watermelon balls. Sweeten with sugar to taste, if you wish, and garnish with fresh mint sprigs. Cover and chill until serving time. Assemble the baked eggs in cups, then slip them into the oven while you fry the bacon and toast the muffins.

Baked Eggs with Cheese

1 package (3 oz.) cream cheese with chives
¼ teaspoon whole basil, crumbled
6 eggs
4 tablespoons whipping cream
Salt and pepper to taste
¾ cup shredded sharp Cheddar cheese
Parsley

Cut the cream cheese into 6 equal pieces; spread each portion in the bottom of a generously buttered small individual ramekin or custard cup. Sprinkle basil over cheese. Break a whole egg into each cup; top with 2 teaspoons cream. Sprinkle with salt and pepper. Top each egg with about 2 tablespoons cheese.

Set ramekins in a baking pan; pour into pan about 1 inch of boiling water. Place pan in a 350° oven for about 15 to minutes, or until eggs are set to your liking. Garnish with parsley. Makes servings.—*J. W., San Francisco.*

Summer salad supper

This cold, refreshing supper, prepared in the morning, chills in the refrigerator. It is ready to serve in minutes after you return from a day's outing.

Chicken-stuffed Summer Squash Salad
Cherry Tomatoes
Hard-cooked Egg Slices
Crusty Rolls Butter
Blueberry-Marshmallow Pie
Iced Tea

For the salad, prepare and store separately the squash, chicken mixture, and dressing. Wash and cut 1 basket cherry tomatoes in halves; cover and chill. And hard-cook 3 eggs. When time to serve, combine dressing and chicken and assemble the salads on individual plates; garnish with tomato halves and egg slices.

Also in the morning, bake Blueberry-Marshmallow Pie (see page 107). Chill.

Chicken-stuffed Summer Squash Salad

6 pattypan squash (about 3 inches in diameter)
Boiling, salted water
Salt, pepper, and paprika
1 tablespoon lemon juice
¼ cup olive oil
2 tablespoons white wine vinegar
1 teaspoon *each* prepared mustard and Worcestershire
½ clove garlic, minced or mashed
⅛ teaspoon *each* seasoned pepper and salt
3½ cups diced cooked chicken
¼ cup *each* sliced celery, green onion, and diced green pepper
Lettuce

Wash squash and drop it into about inch boiling, salted water, reduce heat and simmer until squash is just tender when pierced with a fork, 8 to 10 minutes. Drain immediately. When cool enough to handle, scoop out center of each squash from the stem end, leaving about a inch wall. Discard centers or reserve for other uses. Sprinkle squash cavities with salt, pepper, and paprika; drizzle about ½ teaspoon lemon juice in each. Chill.

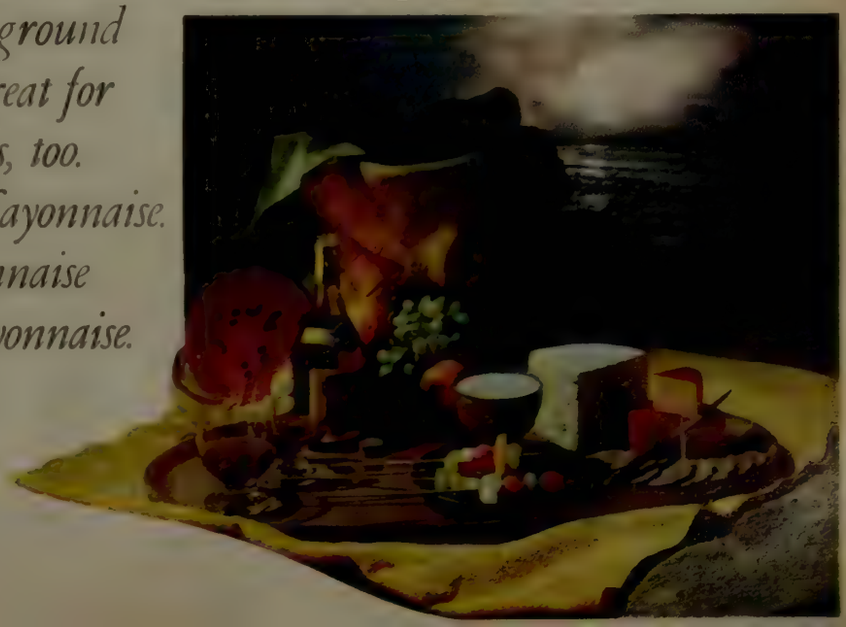
Meanwhile in a small bowl or jar combine olive oil, vinegar, mustard, Worcestershire, garlic, seasoned pepper, and salt. Stir or shake until blended. Cover; set aside.

In a large bowl, combine chicken, celery, green onion, and green pepper. Cover and chill. Just before serving, pour dressing over chicken mixture; mix well. Line individual salad plates with lettuce leaves; place a squash shell on each, then fill with chicken mixture on top. Serves 6.—*H. San Francisco.*

The Moonlight Dip

Celebrate a summer evening with bamboo-bobs of fresh fruit and a gingery sauce for dunking. No fuss. Let Kraft Mayonnaise shine at sauce-making. We really work at blending the eggs (and extra egg yolks) with fine oil and subtle spices to give you a velvety smooth, delicate mayonnaise.

~ Blend together 1 c. each Kraft Mayonnaise and Kraft Marshmallow Creme, 1 tsp. grated orange rind and 1 tsp. ground ginger. Great for fruit salads, too. Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.



Chicken and dumplings, one of many variet

"Heat and serve" isn't the best par (eating is

Just because we bring you heat-and-serve chicken and dumplings, we hope you won't jump to conclusions.

The time and trouble we save you are nice. But we think the nicest thing about our Buffet Supper entrees comes when you sit down at the table: generous chunks of plump, tender chicken in a rich, golden chicken-broth gravy. And light, undumpy dumplings. Family style. Family size. Family pleasing.

The two-pound Buffet Supper is the kind of old-time dish you'd least expect to find in your grocer's freezer: entrees like beef stew, spaghetti and meatballs, turkey and giblet gravy. And there are more than a half dozen others.

Expensive? Not a Buffet Supper. It just *tastes* expensive.

Thank goodness for Banquet® buffet supper entrées

DARROW M. WATT

ssert you sip, served warm or cool

rothy wine and egg confection

deau *(show-doh)* is a frothy wine gg yolk confection served in Ger- . It fits into the scheme of informal efn entertaining because you can it together just minutes before you it as a dinner finale.

the well-known Italian dessert, za- ne, chaudeau is made of egg yolks, , and wine beaten to a foam over hot . Because you use about twice as wine as you would for zabaglione, leau is a dessert to drink—one taster, t, labeled it "sippable zabaglione."

tions follow for serving chaudeau hot or cool, but either way, remem- hat chaudeau must be served *im- tely*.

DEAU

egg yolks
cup sugar
tablespoon cointreau, brandy, or rum
cup dry white wine such as Gewürztraminer, Johannisberg Riesling, or Sylvaner

bine egg yolks, sugar, liqueur, and in the top of a 1½-quart double and mix until smooth. Place over ering (not boiling) water and beat ntly with a rotary or electric beater. ure will foam and increase in volume heats; when it has risen to within 1 of the top (about 4 minutes) the deau is ready. Pour into stemmed glasses and serve immediately. s 5 servings.

ve cool, pour hot chaudeau into a 1½-quart bowl. Place in a pan of ice r; continue whipping with beater un- ol, about 5 minutes. Serve immedi- Makes 6 servings.

Dressing for summer with Lindsay Ripe Olives

1 cup mayonnaise, 1 teaspoon paprika, ¼ cup catsup,
2 tablespoons vinegar, ¼ cup almonds, diced, ½ cup finely chopped celery,
½ cup sliced Lindsay pitted Ripe Olives, 1 tablespoon minced onion,
2 teaspoons minced parsley, 3 hard cooked eggs, diced,
1 head crisp western iceberg lettuce, ½ cup whole Lindsay pitted Ripe Olives.

Combine all ingredients except the last two and chill. Cut head of lettuce into four portions. Place several whole Lindsay pitted Ripe Olives on each portion of lettuce. Pour chilled dressing over lettuce and serve. This Summer dressing keeps in the refrigerator for at least a week in a closed jar. Recipe makes approximately one pint.

Lindsay
makes good things taste better

nippy nutty spread

1 4-ounce can Lindsay Chopped Ripe Olives
½ 4-ounce can whole green chiles, chopped and seeded
½ cup almonds, diced
½ cup mayonnaise

Mix together ingredients and spread on your favorite bread. It's hot, zippy and crunchy. Add more or less chopped chiles and mayonnaise to taste.

IF PRODUCT DOES PERFORMANCE DEFECTIVE ★ Good Housekeeping GUARANTEES REPLACEMENT OR REFUND TO CONSUMER

The nutty flavor of Lindsay Ripe Olives gives your favorite recipes the extra lift they need—the extra difference that makes ordinary foods taste extraordinary. Lindsay Ripe Olives can add the magic touch to salads, sandwiches, casseroles, soups, sauces, meat loaves, and other entrees. Or serve them as an appetizer. There's no worry about diets because a medium size olive is less than five calories. **Send 10¢ to Consolidated Olive Growers, Lindsay, Calif. 93247, for an illustrated recipe booklet. Please be sure to include your ZIP.**

Children make their own

Concocting an ice cream soda is a summ time pleasure that children love. J watching the foam fizz up in the gla part of the fun.

Berry syrups and sundae toppings m fine bases. The trick to making a g rich soda is to blend whipped cream the syrup base before adding the s water. Pressurized cans of whipped cr are easy for children to use; or v heavy cream instead.

Children delight in turning out these s fizzes for the whole family—one glass time. Here are directions for a single s

RICH ICE CREAM FIZZ

Select a large 12 to 14-ounce glas stemmed oversize sundae glass or icec glass is suitable). Pour in 2 level ta spoons bottled berry syrup or sur topping and add 1 heaping tablesp whipped cream. Stir to blend. Pour tablespoons soda water and stir to m a smoothly blended fizz. Add 2 scoop ice cream and pour in ¼ cup soda w letting soda hit the side of the glass ra than the ice cream (or ice crystals form). Serve with straws. Serves 1.

Flavor combinations are endless, but are some favorites: raspberry syrup a scoop *each* raspberry sherbet and va ice cream; blackberry syrup and blackberry ice cream; strawberry s and strawberry ice cream; boysenb syrup and raspberry sherbet.

DARROW M.

Pour in soda *just until the foam sta billow over the rim of the soda*

rouble with baking a pie is ng the crust. But now your les are over. Our cookie crust n pie is deliciously simple imply delicious. And, it's a Pillsbury Bake-Off Winner, too!

E: Just slice 1 roll Pillsbury erated Cookie dough in ¼-inch use Butterscotch Nut, Sugar or t Butter). Place in ungreased inch baking pan. Press dough over and ¾ inch up sides of pan. lium-size mixing bowl, combine 1 package (4 oz.) instant butterscotch pudding mix, 1½ cups pecan halves, ¾ cup dark corn syrup, ⅔ cup milk and 1 egg; mix well. Pour mixture into crust. Bake at 350°F. for 30 to 35 minutes or until edges are deep golden and filling is set. Cool; cut into squares. If desired, top with whipped cream. Serves 12.

Enter the 1970 Pillsbury Bake-Off now. Send your name and address to: Pillsbury, Box 679, Dept. 111, Minneapolis, Minn. 55460

llsbury introduces e pecan pie that's easier than pie. l you do is Slice 'n Bake!

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PEN & QUILL FOOD PRODUCTS, P.O. Box 878, Temple City, California 91780

DARROW M. WA

Individual baked igloos: *elegant enough* *a special occasion yet simple to prepa*

Baked igloos

This picturesque dessert is based on same hot-vs.-cold principle as bake Alaska. It can be completely assembl the day before and stored in the free until serving time.

MOCHA IGLOO CUPS

- ¾ cup semisweet chocolate pieces
- 1 tablespoon light corn syrup
- 1 cup ready-to-eat oven-toasted rice cereal
- About 3 cups coffee-flavored ice cream, partially softened
- Meringue topping (recipe follows)

Melt chocolate pieces with corn syr over hot water; stir to blend. Remo from heat and stir in rice cereal. Spo about 3 tablespoons of this mixture i each of 6 buttered 2½-inch muffin cu Press mixture firmly against sides a bottom of each cup; freeze until chocola is hardened, about 30 minutes.

Dip muffin tray into pan of hot water f several seconds until chocolate cups c be loosened readily with a small spatu Remove chocolate cups and set on a ba ing sheet that has been covered wi heavy brown paper. Fill each chocola cup with a large scoop of ice cream; free until solid, about 1 hour.

Completely cover ice cream-filled cu with meringue topping, carefully seali lower edge to paper; swirl top. Set freezer and store as long as overnigh

To serve, place baking sheet in a 45 oven until meringue is lightly brown about 4 minutes. Serve immediate Makes 6 servings.—*E. M., Los Angel*

Meringue Topping. Whip 4 egg whi (at room temperature) with ¼ teaspo cream of tartar until soft peaks for Gradually add ¾ cup sugar, beating af each addition until glossy; continue be ing until mixture holds stiff peaks.

A Cabana Banana record treasury of

CHILDREN'S CLASSICS

Choose from five sets of world-treasured children's stories and songs. A $4.95 value

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SET C 50 All Time Kiddie Favorites – Yellow Submarine, Doggie in the Window, Puff the Magic Dragon, 47 others.

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SET E 50 Great Party Playtime Songs – Barnacle Bill, Casey Jones, Polly Wolly Doodle, 47 others.

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Please send me the following record sets. I am enclosing $2.50 check or money order (no stamps) and 2 Cabana Banana labels for each Cabana Record Set ordered. Add $1.00 for handling in Canada (Canadian funds)

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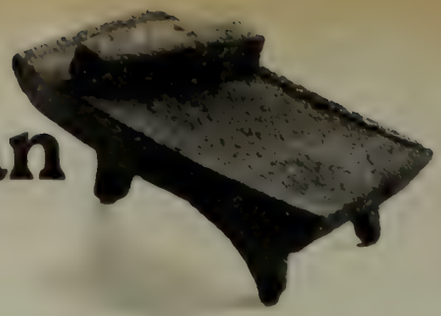
Cooking with a Mexican accent.



by Elena Zelayeta

American cooks commonly think of chili as something that comes out of a can. It tastes just good enough not to insult the family when P.T.A. falls on the same day as bridge club.

To Mexican cooks, making chili is an art, and it can be time-consuming. But I have found it's worth it. Why turn something with the potential of chili into a less-than-delicious dinner?

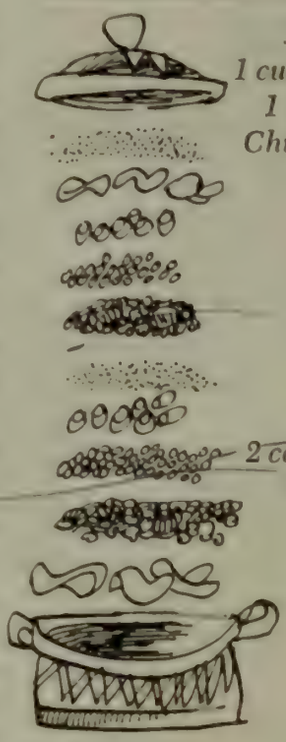
Here's a recipe for a chili casserole in layers that's one of those very happy marriages of Mexican taste and American ease. The combination of textures – corn chips, meat, olives, beans – and the subtle spicing make it a dish you could serve El Cordobes with pride. What makes it easy is the Lawry's Chili Seasoning Mix. Unless you've spent most of your life, as I have, preparing and eating Mexican food, the seasoning can be your downfall.

But Lawry's has a chili seasoning mix that I feel tastes quite authentic. The chili powder itself is a special blend, and Lawry's has made sure the other spices are combined for a balance of flavors.

At a dinner for friends from Taxco, I served this chili casserole with Gazpacho (cold soup made from tomatoes, cucumbers and garlic), buttered tortillas and Tomate Aguacate en Fuente (Tomato-Avocado salad bowl). For dessert, we had room only for Kahlúa and coffee.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

CHILI CHIP CASSEROLE



1 lb. ground beef
1 cup chopped onion
1 package Lawry's Chili Seasoning Mix
1 can (6 oz.) tomato paste
¾ cup water
1 bag (6 oz.) corn chips
1 can (1 lb.) pinto beans
2 cans (2¼ oz. each) sliced ripe olives
2 cups grated cheddar cheese

Brown beef till crumbly. Add onion, Chili Seasoning Mix, tomato paste, water. Combine. Simmer 10 minutes. Place ½ bag corn chips in bottom of 2 quart casserole. Spoon ½ chili-meat mixture over corn chips. Place ½ can pinto beans over meat mixture. Place 1 can olives over beans. Sprinkle with 1 cup grated cheese. Repeat meat, pinto beans, olive layers. Arrange remaining corn chips over top, sprinkle with rest of grated cheese. Cover, bake at 350° F. 30 minutes. Uncover, bake an additional 15 minutes. Serves 6-8.

There are hundreds of other recipes for chili. But no matter which one you choose, chili's worth making a special occasion dish – even if the special occasion is only that you got through the day.

Give a Mexican buffet. For free menu and recipes, write Lawry's, Box 2572B, Los Angeles 90054.

Pork cuts for the barbecue

Less expensive pork cuts make for in esting variety in summer barbecue me

Pork Kebabs with Marinated Vegeta Cut in half 1 large mild onion an large cucumber. Thinly slice half of e vegetable and place in a small b Finely chop remaining vegetables place in a large bowl. Finely chop eno green pepper to make ¼ cup and eno parsley to make 2 tablespoons; add of each vegetable to each bowl. Min clove garlic; add to chopped vegetabl Combine ½ cup vinegar, ¼ cup water cup salad oil, 1 teaspoon salt, and teaspoon pepper. Stirring to keep bl ed, pour half the liquid into each bow Cut a 3-pound piece of boneless p (butt, shoulder, or loin end) into al 1-inch cubes, trimming away fatty tions. Stir meat into bowl of chop vegetables. Cover both containers chill at least 8 hours or overnight.

Lift meat from vegetable marinade thread onto skewers. Grill about 6 inches over medium coals for abou hour, or until meat is browned and lost its pink color throughout (cut thickest center piece to test; the ext may have a rosy color from smoke).

Drain marinade from sliced onions cucumbers and arrange with pork ke on a platter. Makes 5 to 6 servings.

Chile-Glazed Country-Style Pork Ribs. or have your meatman prepare a 3½ pound section of country-style spare (made from a whole pork shoulder or end, cut open through meatiest sectio not cut apart). Blend 1 tablespoon powder, 1 teaspoon dry mustard, 1 spoon paprika, and ⅓ cup firmly pa brown sugar; rub into all sides of n Cover; chill at least 8 hours or overn

Prepare a combination of ⅓ cup ca ⅓ cup firmly packed brown sug tablespoons vinegar, 1 tablespoon pared regular or Dijon-style mus and ½ peeled and thinly sliced le heat to simmering (use hot or cold).

Sprinkle meat with salt and place grill 6 to 8 inches over medium c cover with a hood. Cook for 1 hour, ing occasionally.

When meat has cooked 1 hour, bast side heavily with about half the pre sauce, turn meat and baste with th maining sauce. Cook without turnin 15 minutes, then turn and cook 15 utes more, or until meat has lost color throughout (cut into thickest to test). Cut in pieces. Makes 4 ser

Whenever we saw the Sunday china on the table, we knew there was chicken for supper.

If you've ever had chicken fixed like this, you can almost taste it just looking at the picture. Fried to a glistening gold in the drippings of smokey bacon. A smooth tasty gravy made from the frying juices and a little cream, and just a touch of flour—with crisp bits of bacon sprinkled all over, and snips of celery tops.

At our place chicken was everybody's second-favorite food. After home-cranked ice cream. I remember friends from the city would tell us how everything tasted better on the farm. Our just-picked string beans were sweeter and apricots juicier right off the tree. And the chicken. Well, just cooking it used to put Mom in a Sunday-china mood.

Nowadays, you can have it just as country-delicious in the city as we used to have it on the farm. Because we're still raising golden-skinned, corn-fed fryers. But not just for ourselves. At Foster Farms we breed fine-boned extra-meaty chicken. And we get it to you fast. You can't get fresher, farmier-tasting chicken even on the farm.

You don't have to put out the Sunday china or your grandmother's fancy tablecloth to enjoy the full flavors of Foster Farms Fryers. But they still go good together.

FOSTER FARMS
Livingston, California.

FOSTER FARMS

The small but showy and delicious Babcock peach

Peaches and cheese *dessert: Enjoy each juicy slice with bite of Le Beau Paste*

By July 1—if industry predictions prove accurate—Babcock peaches have begun their annual appearance in our markets. A loyal band of devotees await their brief season each summer.

Though smallish, Babcocks are showy, with a bright, rosy skin blush over their pale white flesh, and they're nearly freestone. They are a rather tender peach, easily bruised in shipping.

But it is flavor that really distinguishes this popular little peach. Most Babcock fans insist they are sweeter than other peaches; their flavor has been described as honeylike or applelike. Some insist it is a lack of any bitterness that accounts for their special flavor. Actually scientists have been unable to prove that Babcocks are either higher in sugar content or lower in acid than other peaches.

The Babcock peach originated in Berkeley in 1923. E. B. Babcock and C. O. Smith are jointly credited with its development. Introduced commercially in 1933, Babcocks soon began to acquire admirers, especially in Southern California. They grow well in warm-winter climates.

Efforts to improve the Babcock over the years have resulted in two newer varieties now reaching our markets—both bearing the name Babcock. Early Babcock, introduced in 1948, is a cross between Babcock and a variety called Nectar. It grows larger and reaches markets a week to 10 days earlier than the original. Giant Babcock, patented in 1955, is also larger; it matures about two weeks later than the original. Smaller fruits of Early and Giant Babcock look so much like regular Babcock that experts have trouble telling them apart.

Unfortunately for those who seek the unique Babcock flavor, its look-alike relatives do not have the same depth of flavor. We know of no reliable way to tell the difference except to taste them; any of the three varieties may be labeled simply "Babcock" on the box.

If you succeed in finding real Babcock peaches, you'll probably want to enjoy their flavor fresh and unadorned, or sliced and lightly sweetened with su or mild honey. They also go delicious with some special French dessert chee (suggestions follow).

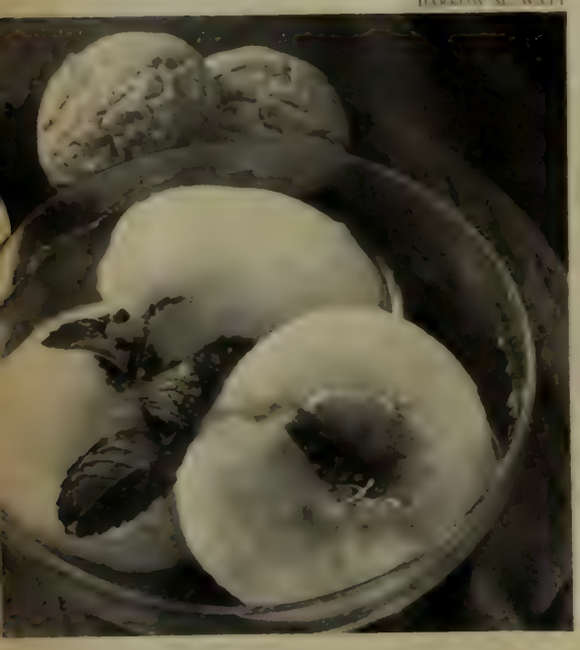
Although usually not considered a pea to cook, we liked Babcocks poached wine. When Early or Giant Babc peaches were cooked this way, our tast thought they tasted more like regu Babcocks.

Wine-Poached Babcock Peaches. Co bine in a saucepan ¼ cup mild hon 1 cup white wine (Sauterne or ot slightly sweet or fruity wine), and 1 c water. Add 2 thin slices from a wh lemon. Peel 4 to 6 Babcock peach halve them, remove pits, and put in wine mixture. Bring to simmering, a simmer gently until peaches are tend about 5 to 10 minutes. Chill in the poa ing liquid and serve the peaches w some of the liquid spooned over. Mak about 4 servings.

Babcock Peaches and Cheese. Some the creamy, mild, French process chee are especially delicious with these peach Look for the cheese called Le Beau P teur or for kirsch-flavored cheese—call Nec Plus Ultra or Gourmandise. Or t one of the grape cheeses—you'll recogn them by the heavy black rind of pres grape seed.

For dessert, present the cheese on a bo for slicing and serving directly onto bi sized slices of the fruit.

DARROW M. WATT



White peaches, *simmered in wine and honey, serve chilled with flavorful syrup*

MALLOW-CRUNCH TARTS

In 2-quart saucepan, melt 2 tablespoons margarine or butter and 20 regular marshmallows (fresh) over low heat, stirring constantly until mixture is smooth and syrupy. Remove from heat. Stir in 2½ cups KELLOGG'S RICE KRISPIES cereal, mixing until well coated.

Portion mixture into 8 buttered 6-ounce custard cups or 3-inch muffin-pan cups. With buttered spatula form into tart shells. Let stand until firm.

Whip 1 cup whipping cream and 2 tablespoons sugar until soft peaks form; fold in well-drained, thawed 10-ounce package frozen raspberries.* Just before serving remove tart shells from cups; fill with whipped cream mixture. Garnish with additional fruit.

YIELD: 8 servings

*Other sweetened fruits, fresh, frozen, or canned, may be used in place of raspberries.

PEANUTTY-CRUNCH PIE

In bowl, mix ⅓ cup peanut butter and ⅓ cup corn syrup until thoroughly combined. Add 2 cups KELLOGG'S RICE KRISPIES cereal; mix until well coated. Press mixture evenly and firmly around sides and in bottom of buttered 9-inch pie pan. Chill until firm.

Spread 1 quart slightly softened vanilla ice cream evenly in pie shell. Freeze until firm. Cut into wedges to serve; top with peach slices or other fresh fruit.

YIELD: 8 servings

TEENY-POPPER SHAKE

Blend ½ medium-size banana and ⅓ cup milk in electric blender on high speed until smooth and thoroughly combined. Add 1 pint vanilla ice cream; blend on high speed until smooth.

Portion 3 cups KELLOGG'S RICE KRISPIES cereal into 3 or 4 tall glasses. Pour banana shake over cereal; serve at once.

YIELD: about 2 cups Shake, 3 to 4 servings

Note: Shake mixture may be stored in freezer a few minutes before serving.

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OOKING WITH Kellogg's

Make fresh "pour on" salad dressings with Best Foods

thin it... spice it... stir it and presto!

1 cup BEST FOODS® Real Mayonnaise
1/4 cup Mazola® corn oil
1/4 to 1/3 cup red wine vinegar
1-1/2 tablespoons sugar
1 tablespoon paprika
1 tablespoon dry mustard
3/4 teaspoon salt
1/2 clove garlic, minced

Into real mayonnaise, beat oil. Add remaining ingredients and stir. Makes 1-1/3 cups.

1 cup BEST FOODS Real Mayonnaise
2/3 cup chili sauce
2 tablespoons milk
1 tablespoon sweet pickle relish

Combine ingredients. Makes 1-2/3 cups.

NOTE: Chill dressings, serve on tossed greens. For extra crispness, use Western Iceberg lettuce.

1 cup BEST FOODS Real Mayonnaise
2 tablespoons wine vinegar
1 tablespoon lemon juice
1 tablespoon Mazola corn oil
1 tablespoon water
1 teaspoon Worcestershire sauc
1/2 teaspoon oregano leaves
1 tablespoon sugar
1 small garlic clove, minced

Combine ingredients. Makes 1-1/3 cups.

Enjoy a brand-new taste in salad dressings.
Better than bottled because you make them fresh yourself with Best Foods.
It's real mayonnaise. Real whole-egg mayonnaise with the light, bright flavor that blends best.

THIS IS NO PLACE FOR "SECOND BEST"... BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE

DARROW M. WATT

chile *embellishes tortilla sandwich*

A filled tortilla (but not a taco)

Mexico, the most typical sandwich is o made by folding a tortilla around lling. But as in all cuisines, ideas ve. Recently we came across a filled lla that is more like the Western no- of a sandwich: lightly crisped, cheese- ed, warm tortillas stacked with cold and chicken. You can buy the ham chicken already cooked.

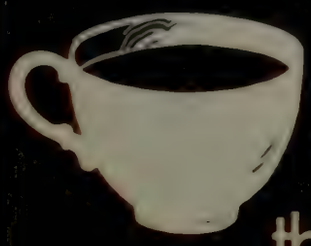
RTILLA SANDWICH

- Butter
- 2 corn tortillas
- About ½ cup shredded jack cheese
- About ¼ cup (⅛ lb.) boiled ham, diced
- About ½ cup (or a 5-oz. can) cold, cooked, diced chicken or turkey
- About ¼ cup shredded lettuce
- Thinly sliced onion rings
- 1 or 2 tablespoons mashed avocado, homemade guacamole, or thawed frozen avocado dip
- Preserved mild red chile
- Lettuce leaves and cherry tomatoes

make one sandwich, place a small fry- pan over medium heat and melt just gh butter to coat pan; cook tortillas, at a time, flipping them frequently, il they are slightly crisp. Add butter ded. Place tortillas side by side on king sheet (if you make more than sandwich, cook all the tortillas first), sprinkle each with half the cheese. il until cheese melts.

kly transfer one tortilla to a serving , top with ham, chicken, and shredded ce, then cover with remaining tor- , cheese side up. On the second tor- arrange the onion rings, top with the ado, then the red chile. Garnish with ce leaves and cherry tomatoes. Serve a knife and fork. Makes 1 serving.

The two richest coffees in the world



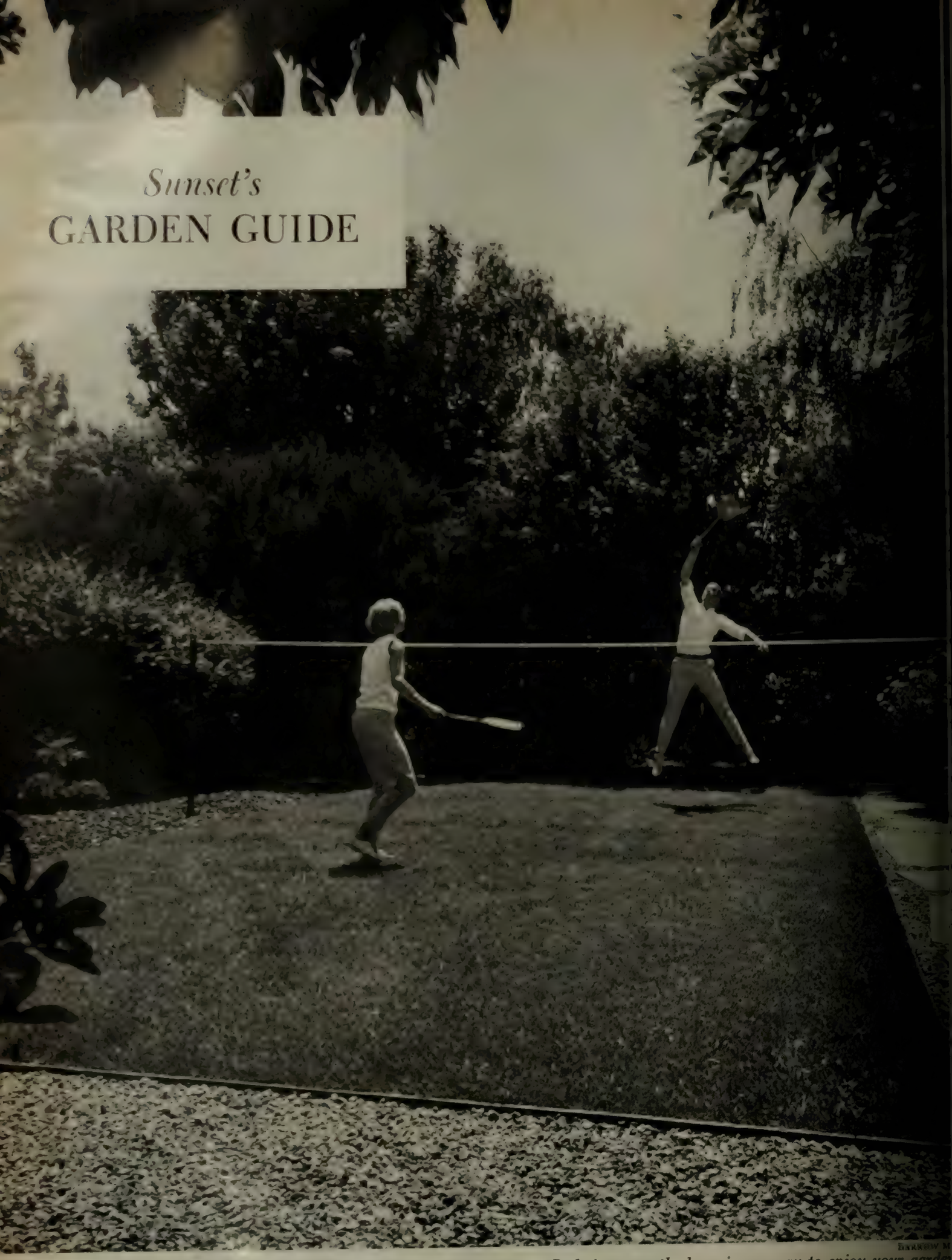
(and less than ½¢ more per cup than other coffees)

S&W COLOMBIAN

This is the superlative coffee from the Colombian Andes with the distinctively different, richer flavor. Luxurious? Yes. Extravagant? Not at this price!

S&W KONA

This rare coffee draws its piquant flavor from Hawaii's Pacific sun and volcanic soil. A delightful treat for coffee connoisseurs. And, for so much richness, a remarkable bargain!



Sunset's
GARDEN GUIDE

A healthy lawn can take it

Badminton on the lawn is one way to enjoy your garde month. No matter what activity you choose, remember watered and fertilized lawn will stand up best under we you water in early morning it should be usable before

JULY IN YOUR GARDEN:

little planting . . . feeding, pruning . . . and much watering

uld be a blessing if some of the rain tell in January, February, and March still available for your plants now. rtunately, it has long since drained , and watering is certain to be your important garden task this month.

can decrease the time you spend on ing and increase its effectiveness if do any of these: Prepare watering s around trees and shrubs, add 2 inches of mulch around plants, soak ad of sprinkle, and check water pene- m periodically.

nd routine watering, your chores will st mainly of removing dead leaves blossoms, pinching back straggly th, and tying up tall plants. Once e accomplished this, you can relax enjoy your garden like the couple in photograph at left.

tant color from r nursery

etimes a summer garden develops spots, or some hoped-for flowers t come through, or perhaps there just enough flower color in the right place it you. Whether you need color in r shade, for containers, or to fill out rder, most nurseries have a good sup- f plants in bloom.

'll find these in pots or gallon cans: ainvillea, fuchsias, geraniums, lanta- marguerites, roses, Shasta daisies, and crous begonias.

lats most of these low growing kinds now in flower: balsam, dianthus, mari- ls, petunias, phlox, portulaca, salvia, pdragons, and verbena.

t these close together for quick effect. n they start to crowd, transplant y other one.

w seeds for spring flowers

is a good month to sow perennial s for flowers next spring—if you take to keep seeds and seedlings moist ugh the warm weather.

a flat with planting mix, then water oughly to assure uniform wetting. seed evenly and cover with a ¼- layer of planting mix.

er flat with newspaper, a pane of s, or a piece of clean cloth, and place ltered sunlight. Check the flat often to be sure soil is moist. Uncover flat when seeds germinate (10 to 15 days).

When seedlings are 1½ to 2 inches tall and have three true leaves, transplant to 2-inch peat pots or plant bands. Stand these in flats. Gradually give plants more sun until they receive at least a half day of full sun. Feed with a complete fertilizer at two-week intervals. Plants can be moved into the garden in October.

Time-saving trick for gardeners

Here is a way to combine weeding a flower bed with cutting a lawn: First, mow and edge the lawn. Then weed the adjoining flower bed, throwing all weeds and debris onto the lawn. Rake only once, removing weeds and lawn clippings in a single direction. For a final, neat finish, mow the lawn in the opposite direction.

Overcoming a shade problem

Sometimes the most satisfying and distinctive kind of landscaping is one that solves a specific problem in an already developed garden. The drawing below is an illustration of the case in point—a boldly dramatic ground mosaic of blue-gray water-washed stones set around the base of a large shade tree.

The stones replace lawn that was always thin and worn in summer. The dense canopy of leaves did not allow enough light to reach the grass and the tree roots appropriated most of the moisture. Now the ground around the base of the tree remains neat all year around.

Stone mosaic *around tree replaces lawn that did poorly under tree's dark shade*

Tree watcher's guide

A helpful guide for dedicated tree-watchers is Woodbridge Metcalf's *Introduced Trees of Central California* (University of California Press, Berkeley and Los Angeles, $2.25).

This latest of the California Natural History Guides is a good general catalog of a large number of trees, both American and foreign, introduced into central California.

About 200 trees are included, grouped in general classifications, such as conifers and broad-leafed evergreens, and family groups, such as oak, rose, and olive families.

Fallout problems

Some persimmon trees tend to thin out their crop by dropping excess fruit in June or July—so don't be alarmed when this happens. You'll probably have all the fruit you (or the birds) can eat when the remainder ripen in the fall.

However, you will probably cause an excessive fruit drop by forcing the tree with too much water and fertilizer. Erratic watering, which may let the tree dry out, may also shock it and cause it to drop too much fruit.

Keep faded flowers picked off

Removing faded flowers from garden plants is a good practice. You'll get more blooms, keep plants from going to seed, and make the garden look neater, too.

You can nip faded flowers off roses and many annuals and perennials with your thumb and index finger. Others, such as Shasta daisies, delphiniums, gladiolus, and penstemons, have flower stalks that should be cut back with shears.

Make clematis bloom again

Most of the large-flowered forms of clematis which bloom on new wood will flower again this summer if you cut them back now. To maintain a good framework and encourage branching of new growth, stagger cuts along the main stems.

After cutting back the stems, feed with a complete fertilizer according to the label

Sunset's GARDEN GUIDE

directions; then water thoroughly. Since this vine likes a cool, shady root zone, mulch the ground around it with peat or shredded bark.

If you're going on vacation

Arrange to have a reliable person take care of watering your garden when you leave home for any length of time. It's sometimes best to hire someone for the job instead of relying on the generosity of a neighbor who may not really have time to do it well. One way to be sure the job is done properly is to offer a bonus if the garden is in tip-top condition on your return.

No matter who takes care of your garden, give him a schedule. Show him where you keep the tools he'll need and how to use them. Point out all the water faucets and valves—some may be hidden by plants.

Water deeply before you leave; a deep mulch around plants is extra insurance. Watering basins around shrubs and trees help hold water around roots.

Group plants in pots and containers in one spot—preferably in filtered shade and close to a hose and faucet—so all can be watered at one time.

If you plan to be gone for more than a week, arrange to have your lawn cut and watered as necessary. At the very least, water it well before you go and have it soaked once while you're gone. Most lawns can go two weeks without cutting but few can go longer than a week without watering.

Make cut flowers last

Cut flowers will last much longer indoors if you follow this procedure: Pick flowers in the bud stage, and see that stems are flushed with water before you arrange them. Plunge them into deep water in a cool, dark place overnight if possible, or for at least several hours. Lukewarm water is always better than cold.

Arrange flowers in containers with enough water to last at least one day. Set bouquets where there is a minimum of air movement in order to keep down evaporation. Change water every day.

Cut-flower foods are available at many nurseries and florists; they contain chemicals that help prevent stem clogging, thus aiding water movement in the stems.

Vacation care for house plants

Kitchen plastic wrap can baby-sit for your house plants while you're away on vacation.

To keep the soil in pots from drying out, wrap a clay pot or other container in a large sheet of clinging plastic wrap. Water soil thoroughly. Smooth the wrap around the side of the pot and gather up excess wrap at the top. Clinch loosely around the plant base. Don't seal off soil surface completely—plant roots need some air.

If you place the wrapped pot in a partially shaded and cool spot, soil moisture should be adequate for several weeks.

Plastic wrap *keeps house plants moist whenever you must leave them untended*

July's garden events

Ross. July 2 through 6. The annual Marin Art and Garden Fair. Place: Marin Art and Garden Center, Sir Francis Drake Boulevard. Hours: 6 to 10 P.M. Wednesday (opening day); 10 A.M. to 10 P.M. Thursday through Sunday. Admission: $1.25; children under 12 free when accompanied by an adult.

San Mateo. July 13. Garden tour by the San Mateo County Branch of the American Fuchsia Society. In San Mateo, the garden of Mr. and Mrs. Domenic Dagani, 1305 South B St., and the garden of Mr. Clifford Daniels and Mr. Harry Burmeister, 1009 Haddon Dr.; in Redwood City, the gardens of Mr. and Mrs. Robert Mengel, 452 Grand St., and Mr. and Mrs. W. J. Plate, 1752 W. Selby Lane. Hours: 1 to 5 P.M. Free.

San Leandro. July 19. Show by the San Lorenzo Fuchsia Society. Place: Garden Terrace, Macy's Bay Fair Shopping Center, East 14th St. and 155th Ave. Hours: 9 A.M. to 5 P.M. Free.

Sacramento. July 19 and 20. Begonia and shade plant show by Sacramento branch of American Begonia Society. Place: Sacramento Garden and Art Center, 3330 McKinley Blvd. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

JULY CHECK LIST:

Here are the things that need doing

☐ **Annuals.** You can still set out ag atum, asters, celosia, marigol petunias, phlox, portulaca, sweet alyssu salvia, and zinnias.

☐ **Azaleas, camellias, rhododendro** Keep roots moist at all times t summer; spray foliage with fine mist early morning to discourage spider mi and keep plants cool.

☐ **Bearded iris.** In cool-summer are divide if flowers were smaller a fewer this spring. Wait until Septem in hot regions.

☐ **Begonias.** Control powdery mil with karathane or actidione P Keep moist at all times.

☐ **Chrysanthemums.** Pinch out tips force branches and more flow Don't pinch after end of this month, plants will not set buds. Feed every th to four weeks.

☐ **Container plants.** Need feeding t month. Containers dry out eas so keep them watered.

☐ **Dahlias.** Flood irrigate; don't spr kle. Feed with complete fertilize

☐ **Fuchsias.** Pinch off fading flow Keep moist to assure setting flowers. Mist-spray in hot, dry are Feed with half-strength fertilizer ev week to assure healthy bloom.

☐ **Geraniums and pelargoniums.** Do let them dry out completely. Pot plants need water every day.

☐ **Lawns.** Water deeply once a we Feed if growth slows or loses d green color.

☐ **Perennials.** Cut back plants t have flowered; feed them and wa regularly. Some may flower again. Y can sow seeds of columbine, coreopsis, phinium, dianthus, and Iceland poppie

☐ **Pest control.** Watch for aphi caterpillars, thrips, and whitefl Mites are harder to spot; signs are p plant color, stippling of leaves, faint w bing. Spray undersides of leaves.

☐ **Roses.** Feed and keep moist. Us 2 to 3-inch mulch.

☐ **Trees and shrubs.** Pinch unwant fast-growing shoots. Shorten s branches of young trees.

☐ **Vegetables.** Keep well watered. Y can still set out tomatoes, eggpla and peppers in interior valleys. Ce spraying or dusting plants that are ginning to bear crops.

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Growing plants from cuttings (like baking your own bread)

ing your own plants from cuttings is thing like making your own sour- h French bread: It's easier to pick up inished product from a retailer. rtheless, many people gain personal action from acquiring the skills their lparents found necessary for sur- . And it's nice to be able to grow ting from a "slip" contributed by a l, especially if the plant is rare or if ame is lost and you can't possibly he plant from the nursery.

best time to start softwood cuttings rly summer or midsummer for most s.

h an expert selecting cutting wood: nds tip growth with his fingers, look- or wood that will snap when bent ply. If too young, the wood will if too old, it will bend without ping, or it will splinter.

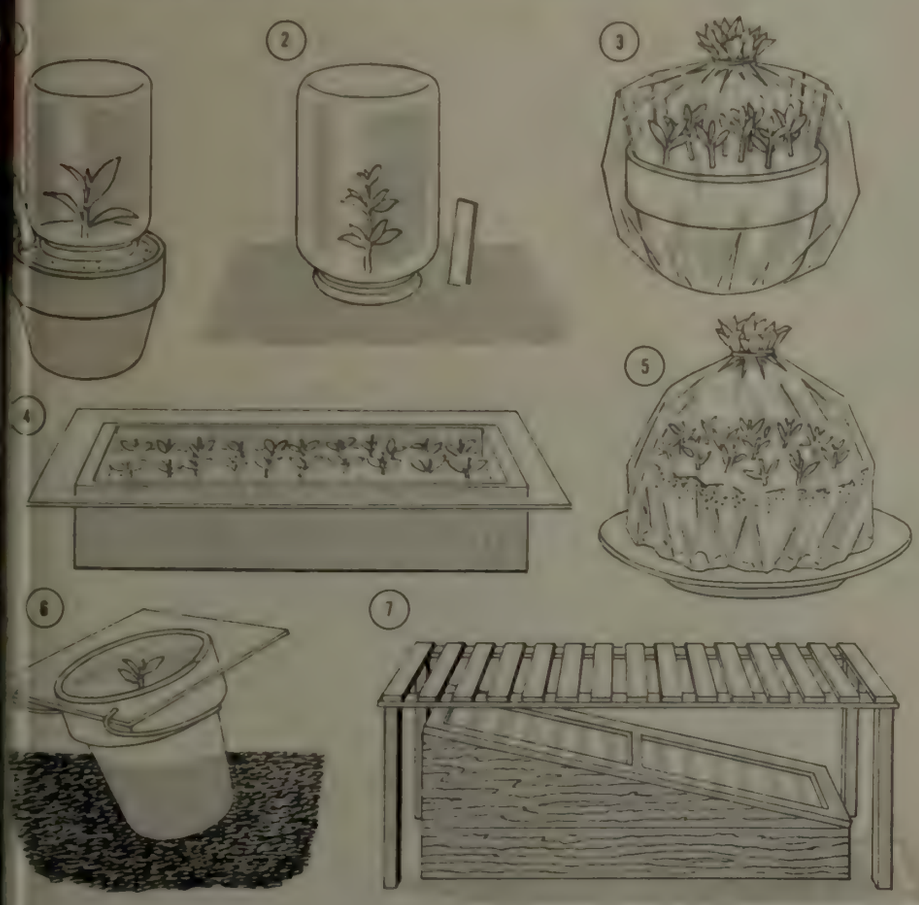
rooting medium you can use coarse a half peat moss, half sand mixture; te and peat moss; or vermiculite. t let the cuttings dry out at any time. ve leaves from any nodes that will low the medium. If the cutting has large leaves, reduce their area by cutting off part of the leaf. Don't remove too much; the more leaf you can retain, the faster the cutting will root, but too much leaf will transpire more water than the cutting can take up, causing wilt. Dipping the base of the cutting into a rooting hormone will increase the percentage of successful "takes." Insert cuttings and water them in thoroughly.

At this stage of the process, your enemies are wilting and root rot or other fungi. Fight wilting by keeping the air around the cuttings humid. Any device that slows down evaporation and keeps off wind and hot sun will help. We show some in the drawings here.

To control rot, see that the rooting medium isn't too wet, and keep condensed moisture from dripping onto the cuttings. Ventilate occasionally if condensation seems unusually heavy.

Most important: Start with healthy plant material, fresh rooting medium, and clean pots or flats.

When cuttings are rooted, pot them up carefully and continue to give them coolness, shade, and humidity until they are well established.



ple devices to help with cuttings include glass jars (sketches 1 and 2), plastic bags d 5), glass panes or sash (4, 6, 7). Lath rack shades cuttings in the last sketch

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Lacewing larva meets aphid *on petals of* Felicia *and grabs him from behind. (In actual size, the larva is the size of a rice grain.) At this stage, both look plump*

After larva sucks juice, *only hull of for plump aphid remains. Note jaws like fo*

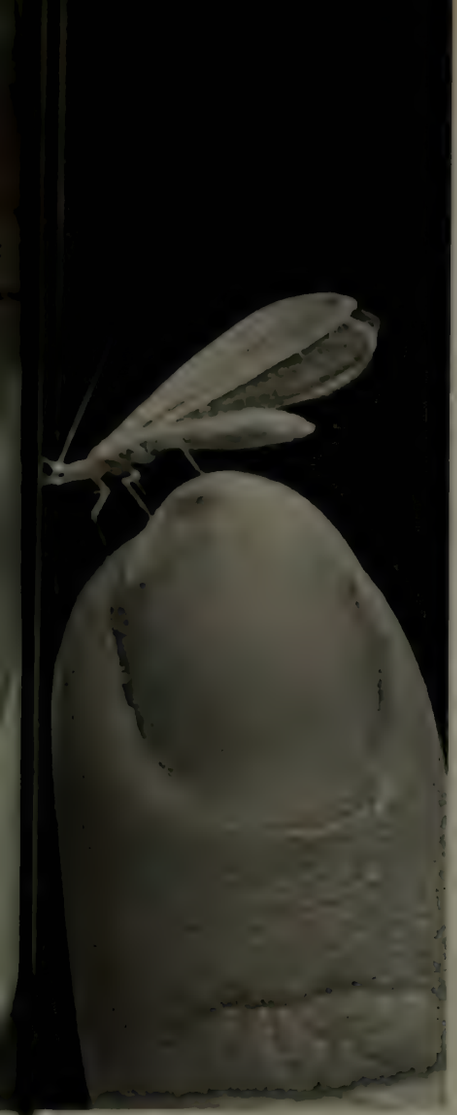
What happens when you let lacewin vae loose in a garden? Bigger insect birds will probably eat some of Some will eat each other. But larva remain may eat hundreds of soft-b insect pests like the aphid above.

If you'd like to see what lacewing

They feed on garden pests

It could be worth your while to give lacewings their chance . . . or moth-egg-eating wasps

Lacewing egg *is laid on end of slender but resilient stalk. (That's a pencil point at egg's left)*



-up lacewing. *The unsavory-looking grows into a delicate green adult*

your garden's pests, several firms l at far right) can supply you with They can also supply *Trichogramma* s, the tiny destroyers of caterpillar shown below. Insectaries (insect raise more than a dozen kinds of tors and parasites to be released by

the millions for controlling pests of farm crops. But only lacewings and *Trichogramma* have much fondness for suburban pests. For as little as $3 or $4 you can get enough of either to conduct your own garden experiment.

These two beneficial insects—along with ladybugs and praying mantises collected in the wild and sold to gardeners—hardly ever wipe out a garden's pests by themselves. Bring them in and they may just fly over the fence the first chance they get. But then again, if you offer a wide variety of plants hosting a variety of year-round pests for them to feed on, good insects may colonize and you'll find yourself spraying less. Also it's just fun —especially for your school-age children now on vacation—to try to keep track of the insects in their several life stages.

To protect beneficial insects that are released or resident in your garden, spray no more than absolutely necessary. When you do spray, use a nonresidual insecticide or one made specifically for the pest. And be sure to control ants.

LACEWINGS

You may already have noticed green lacewings fluttering around your garden, or noticed their distinctive eggs on stalks.

The wispy, gossamer-winged adults rarely eat anything more substantial than aphid honeydew or plant nectar. But the alligator-shaped larvae (young stage), sometimes called aphid lions, have voracious appetites for aphids, leafhoppers, mealybugs, scale, mites, thrips, and small caterpillars. With their caliperlike jaws (mandibles), they catch, puncture, and drain juice from their victims.

Larvae live two weeks or a little longer and shed their skins twice before they build white, BB-sized cocoons. In about a week adult lacewings cut lids in the cocoons, crawl out, and begin to lay eggs.

You can order eggs by mail. They come in vials, ready to hatch. Put them where hatching larvae stand a chance of finding aphids or something else to eat. (Eggs will stick to moistened leaves.) Spread the eggs around, or else the first larvae to hatch will eat the unhatched eggs.

TRICHOGRAMMA

Farmers use minute *Trichogramma* wasps (harmless to people) to destroy moth eggs before they hatch into cabbage loopers and other leaf-eating caterpillars. You might try them if caterpillars are chewing on flowers, getting into ears of corn and other vegetables, or burrowing into fruit as codling moth worms do.

If you order by mail, you'll receive paper cards that look like sandpaper, covered with 4,000 to 5,000 eggs per square inch. It's rather confusing, because these eggs are not *Trichogramma* eggs. They are moth eggs, but inside most of the eggs are parasitic *Trichogramma* wasps, living off the contents of the eggs.

Put your egg cards in a closed paper bag until wasps begin to come out of the eggs. Then open the bag and place it where caterpillars eat plants.

As soon as *Trichogramma* wasps emerge from the eggs, they fly about, laying their own eggs in moth eggs (would-be caterpillars). A *Trichogramma* egg laid inside a moth egg hatches in less than a day. The larva that hatches stops development of the moth egg, begins to feed on it, continues its life in there, and uses the moth egg shell as a cocoon. When full-grown, the wasp breaks out of the moth egg and soon starts to lay eggs of its own in more moth eggs.

WHERE TO ORDER GOOD INSECTS

Write to these firms for a list of insects and prices: EICO Insect Services, 15075 W. California Ave., Kerman, Calif. 93630; Pyramid Nursery, Box 5274, Reno 89503; Rincon Insectary, 1462 Callens Rd., Ventura, Calif. 93003; The Vitova Co., Box 475, Rialto, Calif. 92376.

DARROW M. WATT

You see 8,000 eggs, *more or less, on this card. Tiny* Trichogramma *wasps will come out of them—some already are on black edge of card—and start killing moth eggs before they hatch into caterpillars*

Moth eggs . . . and their destroyers

DON NORMARK

Plastic film, *hidden from view, plays a major role in this pool and surrounding bark dust paving. See drawing on page 146*

Removing *bark to show film on soil that prevents weeds. Bricks anchor film, contain the bark*

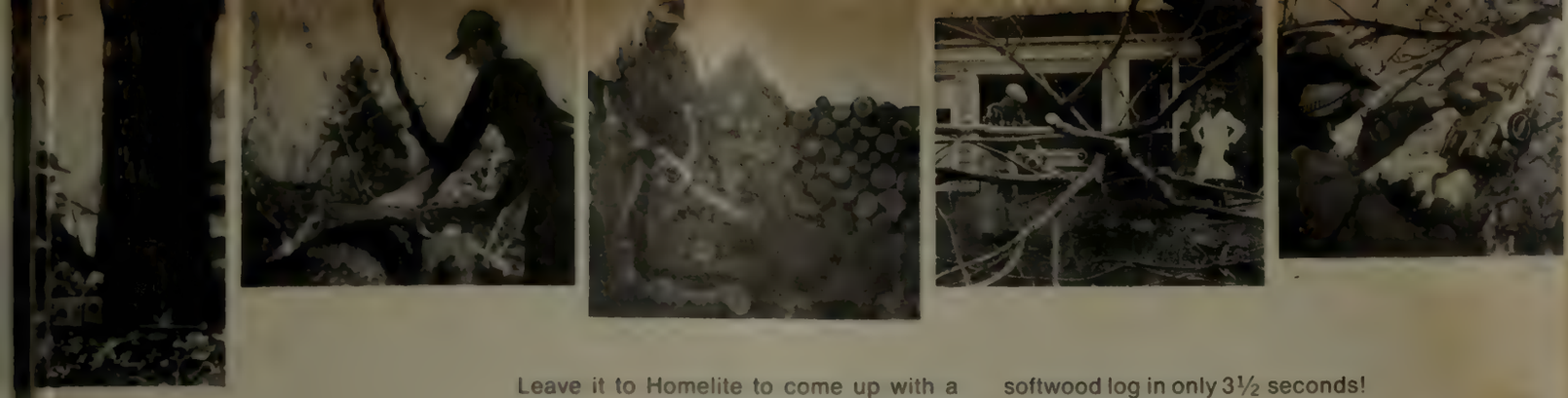
It took her just six months

Gardens don't usually appear in installments in *Sunset*. But this one, first shown on page 89 of the April issue, is special. It's the 1968 Summer-Fall Garden Contest prize-winner of Ella May T. Wulff, marine biology student, of Corvallis, Oregon.

In the contest garden article, we told how wisely Mrs. Wulff allotted her limited time in bringing about this impressive garden in just six months. From April through June, when growing time counted, she prepared the soil and completed planting. Then, in summer, she did the cosmetic part of the landscaping—the part that doesn't depend on seasonal forces.

Here, we report Mrs. Wulff's beginning and her shrewd summertime wind-up.

One part of her basic landscaping had to be done early in spring. Up until early



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A[illegible] this garden was just unfenced, [illegible]sted weeds and grass. Mrs. Wulff sliced off the old grass—roots, soil, and all. She piled the grass sods, upside down, in one place to form a wide U-shaped [illegible] or hill. Then she dug the hole for a lily pool in the curve of the hill and put the excavated poolsite soil on top of the hill.

Once the hill was finished, she planted big portions of it with petunias and strawberries. Later, she terraced the balance with rocks, and planted perennials and [illegible] plants.

Mrs. Wulff forthwith lined the pool pit with polyethylene film. One of her first goals was to have waterlilies, so she set out a plant in the new pool as soon as she filled it with water. She also put goldfish in the pool to keep down mosquitoes.

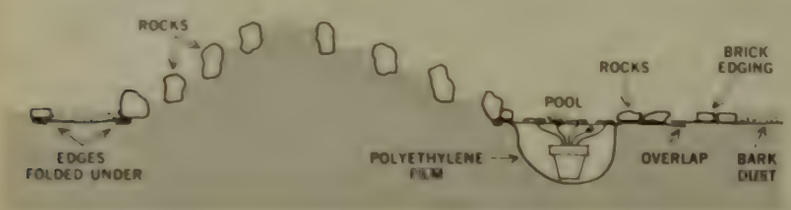
The flower borders and other planting beds in the photograph were also planted in April, May, and June.

In the early summer of 1968, this garden must have made sense only in the eyes and mind of its builder—little plants here and there with stretches of bare earth between them, plus a lonesome pool surrounded by a few rocks, a band of bare plastic, and a row of bricks. As yet, there was nothing on the garden surface to unify it and make it work.

During the summer, Mrs. Wulff leveled ground for the paths; laid bricks along path edges to see if she had enough [illegible] them to go around and to determine [illegible] path shapes; and cut the plastic film str[illegible] to fit one stretch of path at a time. [illegible] each strip, she would lift the bricks, [illegible] the film down, replace the bricks, [illegible] then put bark dust over the plastic. T[illegible] she'd repeat the process on another str[illegible] overlapping ends of the old and the n[illegible] strips. At 3-foot intervals she sliced [illegible] inch crosses in the plastic to let wa[illegible] drain through.

The round steppingstones were placed [illegible] the film before the bark went down.

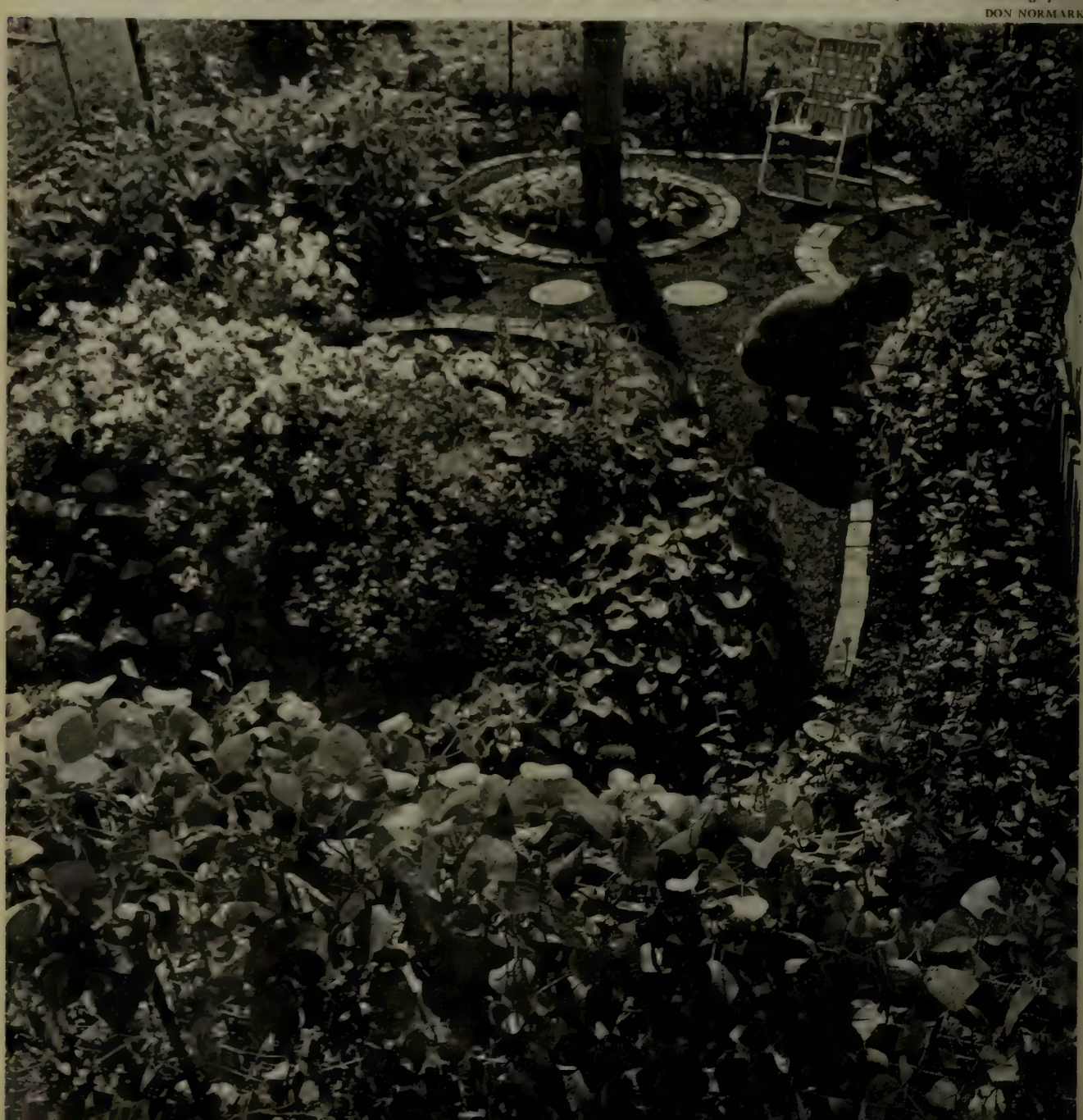
The brick edgings take rounded corn[illegible] and S-curves, instead of right angles. T[illegible] makes the little garden seem larger.



Bricks edge the weedless paths

Cross section *(above) and birds-eye view of the garden. From this high angle, the mound at left hides the lily pool*

DON NORMARK



possible! Not really. □ Until you see MOWBOT, you'll never believe it. Turn it on. ectronically-controlled MOWBOT mows and steers itself around your lawn until the ass is completely cut. Leaves flowers, trees, and shrubs untouched. □ Safe? Sure. uble rotary blades won't throw grass, stones, or foreign objects. And the MOWBOT wer stops automatically at the touch of any obstruction. □ Rechargeable electric wer makes MOWBOT a good neighbor. No noise. No fumes. So, if you have nothing do while MOWBOT mows your lawn, relax; you'll think of something.

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Egg hatches, *releasing larva that breathes through its air tube*

Mosquito pupa *looks like comma: case splits, and adult flies away*

DARROW M. WATT

Mosquito fish *sights its meal; female seen in this photograph is larger than the male*

To control mosquitoes, try to get them before they fly

Last winter's copious rainfall left the West with so much standing water that this summer we're likely to have a heavy population of mosquitoes. Standing water equals mosquitoes—it's that simple.

Most mosquitoes around the home pass their entire life cycle near the place they were hatched. (A few kinds with more wanderlust travel more than 10 miles from where they're bred.)

The life cycle has four stages: egg, larva, pupa, and adult. The first three stages, all aquatic, take as few as four to five days during the summer; controls work best during this aquatic period.

Depending on the kind of mosquito, the adult lays its eggs on water or mud, or in water-filled tree holes. Thus open containers of any sort provide potential breeding grounds.

EARLY CONTROLS WORK BEST

Search out every place or thing that holds water—even something as small as a bottle cap. Drain them or seal them off. Dump any water standing in such containers as cans, pots, saucers, and old tires; then invert or bury to prevent refilling. Seal and cover openings of septic tanks. It's even a good idea to see that extra watering of lawns and gardens during summer doesn't leave puddles that remain long enough to become breeding grounds. Change the water in bird b often, and empty or tightly cover ing pools. Clear clogged roof gutters

Tree holes of all sizes invite tree-hole quitoes, persistent biters that can b hundreds of mosquitoes even though tree hole opening is penny-sized. species can also breed in containers the right combination of water, bark leaves. The tree-hole mosquito's eggs a drying out before they hatch, so a dried-out tree hole might be a mos motel. The remedy: Fill tree holes sand or mortar.

When mosquito eggs hatch, the la or wrigglers grow into comma-sh pupae. In permanent ponds you can trol both with mosquito fish *(Gamb affinis)*—surface-feeding minnows proven gluttons. Some pet stores them, and mosquito abatement dist supply them free.

Another solution for any water doesn't contain fish is to spray it a light oil such as kerosene or diesel The oil floats on top and cuts off th supply to suffocate larvae and pupa

FOR THOSE THAT SURVIVE . . .

Once the pupae become flying mosqui only a swift swat, screening, or spra will control them.

Outdoors, spray with dibrom, malat or pyrethrum. Pyrethrum can be us water in which fish live, but follow directions on the label. If you're camping, you have a choice of mos netting or various solutions or s bombs labeled for use on clothing o rectly on the skin.

Indoors, use household sprays labele indoor use. Screen windows and with a 16-mesh screen; be sure the snug fit between frame and openin the problem is severe, screen chim and other vent flues for summer.

Many Western areas have mos abatement districts. If you live in (ask at an office of your state healt partment), a call to the district offic bring expert advice.

Tree-hole mosquitoes *breed in the of water contained in this oak*

Pardon me, Ma'm, but part of your gas air conditioning is showing.
Lucky you. What you thought was only a gas forced air furnace, could actually be part of a complete air conditioning system. Chances are you could add a gas cooling unit to your existing heating system.
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To make citrus thrive all summe

Summer's heat forces healthy citrus pl into rapid new growth. Here are s things you can do to aid and protect th

The shallow roots need protection f heat and drought. Use a 3-inch laye mulch, keeping it about a foot away f the trunk.

Pinch branch tips out regularly to f bushiness, and more flowers and frui shoots. If heavy pruning has expo limbs and trunks, protect them w whitewash or cold-water paint.

FEEDING

For container-grown citrus, use a h nitrogen, complete fertilizer, following directions on the label.

A mature citrus in the ground needs to 2 pounds of actual nitrogen ye Determine (by multiplying nitrogen centage given on the label by the fe izer weight) the amount of actual n gen in the contents of the bag; then fi the quantity of fertilizer that will y 1½ to 2 pounds of actual nitrogen. A ⅓ right now if you haven't already g the spring feeding (June is the month); ⅓ in August; and ⅓ in late ter. Apply in a circle slightly larger the branch spread, and water in de

WATERING

Watering container citrus twice a w is usually enough in normal sum weather, but during very hot spells so more often. As for citrus in the gro water newly planted trees almost as o as container citrus; but for mature t every other week in sandy soils and a month in loam or clay soils wil enough. Deep watering is best.

When doubtful about timing, sampl subsoil in the root zone; if it isn't d you should water.

WHEN TROUBLE STRIKES

Insufficient watering or hot dry w may cause excessive blossom and drop (but some drop is nature's wa thinning).

Yellow leaves with dark green vein usually a sign of iron chlorosis. Treat iron chelate or iron sulfate. Zinc-defi leaves are mottled yellow between v and these symptoms are easily conf with the early stages of iron or mang chlorosis. To control, use spray pro containing zinc, iron, and manganes

When necessary, kill ants, aphids, m mealybugs, earwigs, and scale insects malathion.

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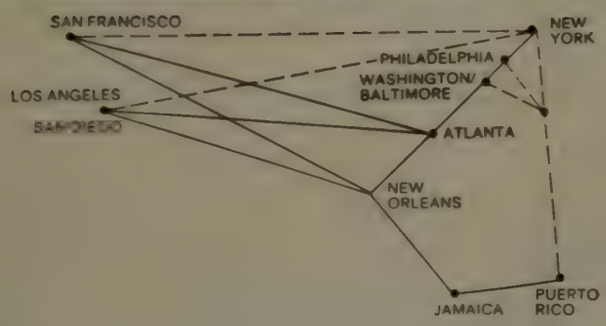

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Desert stopper . . . prickly poppy

People whose travels take them to (across) the desert can scarcely fail notice the prickly poppy.

The spiny, deeply lobed foliage is str ing and the big white flowers are sho enough to impress even people drivi by at high speeds—and perhaps to ma them stop for a closer inspection. No c has ever accused these flowers of bei born to blush unseen. Nor need th waste their sweetness on the desert r you can grow them in your own gard for summer show.

Two white-flowering kinds are fairly co mon in the warmer, drier parts of t West. *Argemone intermedia* and *A. pla ceras* are much alike in appearance, w the latter tending to have larger flow (often more than 3 inches across). A th species, *A. mexicana*, is sometimes se near Tucson; its flowers are yellow orange.

Plants range from a foot to a yard height, depending on soil quality amount of water available. Leaves deeply lobed or cut nearly to the midr they are spiny and often bristly as w —not plants to handle casually, or t out where they will lean over wal Flowers of all have the crinkled, cre like texture of Iceland poppies. Blo season is long; where winters are m and plants get enough water there m be flowers on some plants all year lo

You can grow prickly poppy in any g den that provides good drainage a plenty of sunshine. Get seed from ca logs of seed specialists (*A. platycerus* the species usually sold) and sow it wh plants are to grow, or raise seedlings pots to set out after hard frosts are o

Leaves account *for name of prickly pop White flowers have tuft of yellow stam*

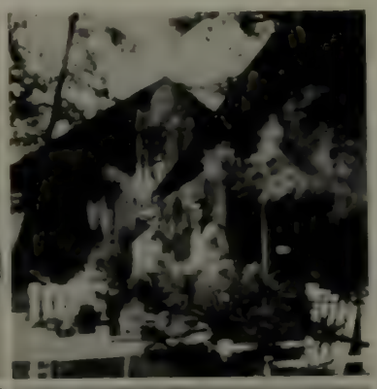
Shouldn't your second home e more than another house?

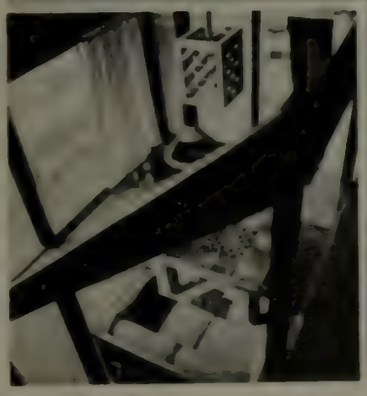
Ve think so. And that's whole idea behind Sunriver. you can live and relax in mplete 8½ square mile munity bordered by natural erland and bisected by the t-filled Deschutes River. Our architecture is scaled natch the robust character ntral Oregon's landscape. gh-textured wood tures nestle among pine es and offer dramatic vistas eadow and mountain. nteriors make imum use of open e and natural woods. mood: uncomplicated congenial. Fireplaces ide a focal center. e expanses of window look decks that are rfect marriage ndscape, foliage and cture. Kitchens are ern, carefully designed minimum maintenance, mum convenience.

Our cabins, condominiums and vacation homesites are all interconnected by a network of nature paths. These lovely pathways also lead to our championship golf course, pro shop, riding stables, river marina, Sunriver Center and Sunriver Lodge with its swimming pools, tennis courts, saunas, restaurants and other facilities.

A complete network of surfaced roads take you in minutes to Highway 97; Bend, 15 miles to the North; and Central Oregon's vast outdoor playground of mountains, meadows, lakes and snowfields. If you're a pilot, you'll find our 4500′ lighted airstrip puts you in easy touch with the entire West Coast.

Once you see Sunriver we can almost guarantee you'll never want to leave. Drive or fly over this weekend. Tour our lodge complex. Play golf. Inspect our model homes and condominiums. Admire our breath-taking view. Stroll on our nature paths. Relax. Enjoy yourself. After all, that's what Sunriver's all about.





SUNRIVER

Mr. Murray Carson S-2
Director of Sales & Marketing
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The **Sunset** *West: Travel Bonanza*

Chuck West a

"Polar Star" is the newest of three Westours cruise ships

No. 9 in a series on Distinguished West

nset can show you e most travel-minded arket in America

t has happened to Chuck West in some two es. And recently, turning Westward for leader- the American Society of Travel Agents (ASTA) him the signal honor of electing him their president.

s upon returning from World War II that West hung a $25 sign, "Alaska Travel Service," a $25 office in Fairbanks, Alaska. Today, he nly heads up ASTA, but still finds time to ge his Seattle-based Westours, Inc., which owns perates three luxury cruise ships, 50 motor es, three Alaska hotels, an air taxi service, and Line of Alaska.

amatic fact about our tour business," says the ent Mr. West, "is that 65% of it comes from the estern states. The West is definitely the er one travel market of the world. Westerners avel-oriented, and have the discretionary e to fulfill their travel desires.

y are not just regional travelers. They are world lers. The ratio of passport ownership is r in the West than anywhere else in the country.

set is a major influence on this booming travel et. Whenever Sunset runs a story on any l area, there is an immediate impact on our ss. Sunset is so credible, so well accepted, t moves people to action.

Westours, Sunset is the most productive rtising medium we employ. We coupon all our ad know from our computers the source of sale. Our ratio of inquiries and conversions Sunset is the highest of any publication. eople who read Sunset *buy.*"

terners pay more attention to Sunset because set pays more attention to them.

You'll find some interesting facts about this responsive travel market in Sunset's 1969-1970 Western Market Almanac.* For instance: The average Westerner travels 61% farther, spends 17% more nights away from home, and takes 20% more trips than the U.S. average.

Sunset families are at the top of this active travel market—traveling even more than other Westerners. And for their travel inspirations they turn, each month, to Sunset. So deeply do readers become involved in the magazine that nearly two-thirds of them save back issues for future reference.

Sunset's travel editors know what these active Westerners need and want, and cover the West and the world to provide it. Your advertising, when it's placed between Sunset's covers, rounds out the picture for the magazine's 2,600,000 readers—telling them *how* to travel, *how much* it will cost—and providing other information they'll find *helpful.*

This compatibility of interest—among reader, editor and advertiser—is why all advertising in Sunset enjoys such exceptionally high readership, and generates such enthusiastic response.

*For a copy of Western Market Almanac, write our Research Manager at Menlo Park. Single copies free to Sunset advertisers, $3.00 to others.

THE MAGAZINE OF WESTERN LIVING
Lane Magazine & Book Company, Menlo Park, California

How a man turns work into play.

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"Fact is you can use the Skilsaw Power Saw on all kinds of jobs. Like cutting paneling or steel rain gutters or even to slit flagstone for a walk.

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SKIL® makes it easy

RICHARD FISH

ng Eucalyptus lehmannii—*with its r branches kept pruned off—makes a lsome 15-foot-tall, four-trunked tree*

The secret of its shape is pruning

Handsome *mottled bark is uncovered by pruning. Leaves are bright green*

eucalyptus has the size and many-ed venerability that come to most s only with age. But it's actually a few years old.

secret to the shape is pruning. This of eucalyptus (*E. lehmannii*), a ite screening plant along freeways n gardens, usually grows rapidly into ntain of a shrub, 20 to 30 feet tall, thick foliage to the ground. The rs here, Mr. and Mrs. K. J. Winsor nta Ana, didn't let their tree take atural shape.

r the direction of landscape architect Chandler, the Winsors started prun-he tree two and a half years ago, it was about knee-high (about the ou buy in a nursery can). They few branches coming up from the base of the tree and cut off the rest. As the chosen branches grew taller, foliage was cut off the bottom half.

In late summer the Winsors thin out the top to let the wind blow through (the tree faces right into powerful canyon winds that blow occasionally from fall through early spring). The tree has needed no further wind protection, although a near-by *E. lehmannii* pruned the same way needs safeguarding and is wired together and guyed to the ground.

If left alone, *E. lehmannii* tends to revert to its natural bushy shape. Prune off shoots as soon as you see them sprouting on trunks.

This isn't one of the hardier eucalyptus, so don't plant it if temperatures in your area go as low as 25° to 28°.

Garden Center

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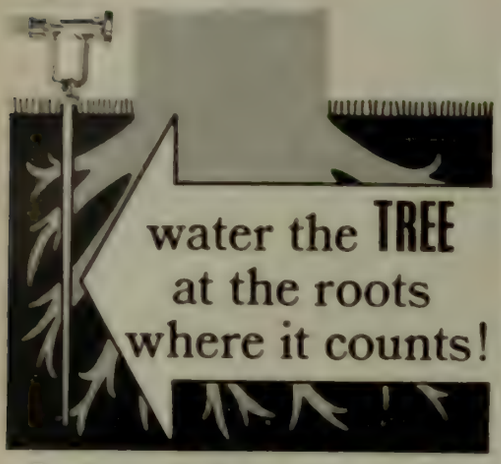

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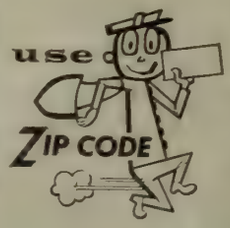

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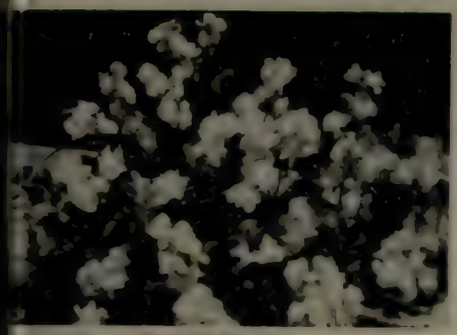

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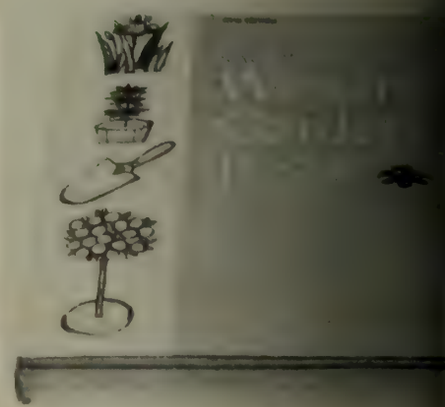

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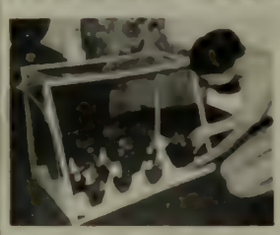

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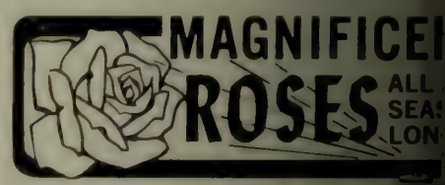

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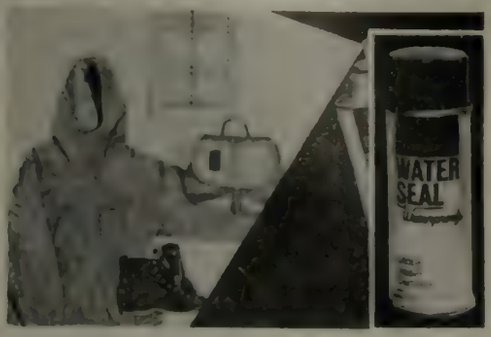

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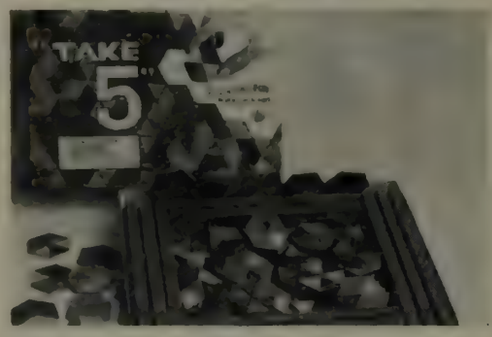

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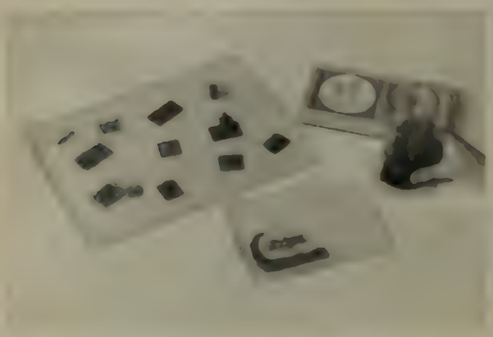

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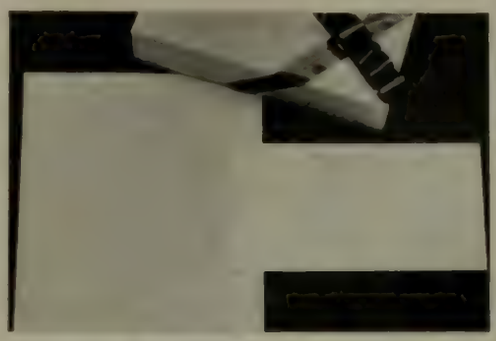

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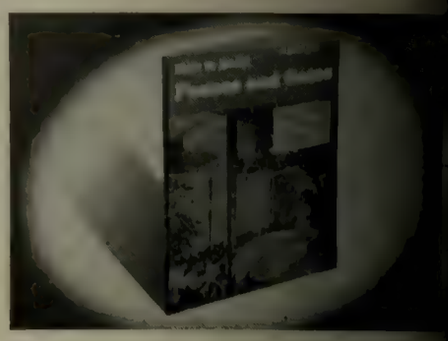

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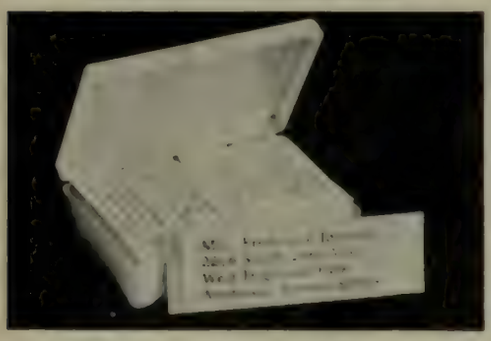

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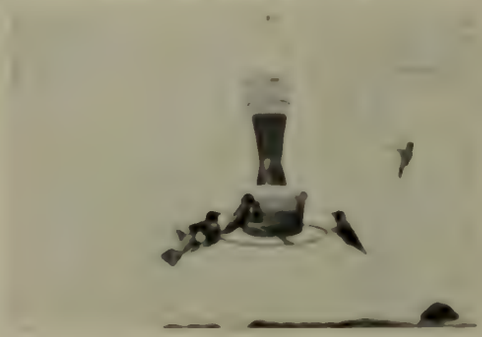

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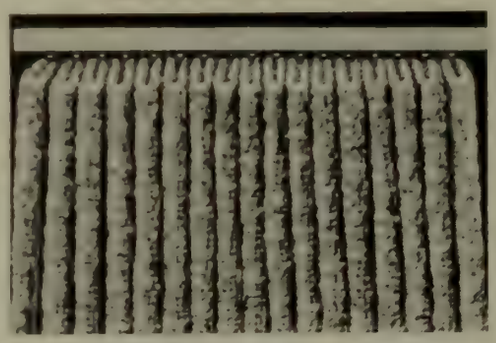

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WILLIAM APLIN

rly September, *lawn planted in June could already abide tumbling youngsters*

This young lawn can take it

ren could roughhouse on this lawn two and a half months after it was ed at the *Sunset Magazine*-Arbore- Foundation Demonstration Home ns in Arcadia. It's St. Augustine , a coarse subtropical that's sturdy gh to stand up under tromping feet. ws fast where summers are long and winters brief and mild, more slowly ocean influence is strong.

gustine has never been a great favo- in northern California. One turf er explained it this way: "In the where St. Augustine grows best— astal and interior valleys—it has to go comparison with the hybrid Ber- s, which are finer in texture and nt for a shorter period in winter."

St. Augustine lawn in Mountain , California, has flourished for at 10 years with a minimum of atten- It suffers from no disease or insect nd requires very little mowing. It is sh-tan from the first frost until mid- , but it is rich green during warm er when its owner can be outside oy its deep, springy texture.

would like to try it, you'll have to our nurseryman to order flats from his wholesaler, who will in turn order them from Southern California growers.

To plant: *Cut flat of grass into 2 to 3-inch chunks; space them about 8 inches apart*

Before planting, till the ground and work in soil conditioner. For fast cover, plant big 2 to 3-inch-square plugs about 8 inches apart. If you are patient, use smaller plugs and space them more widely.

After planting, mulch with ground bark or some other organic matter; try not to cover plugs. Keep planting area moist.

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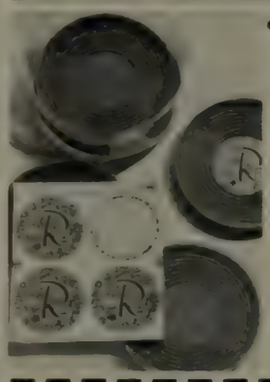

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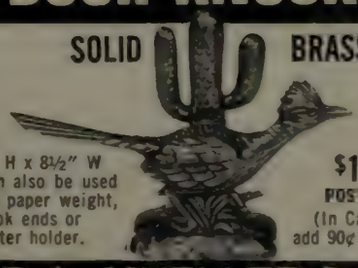

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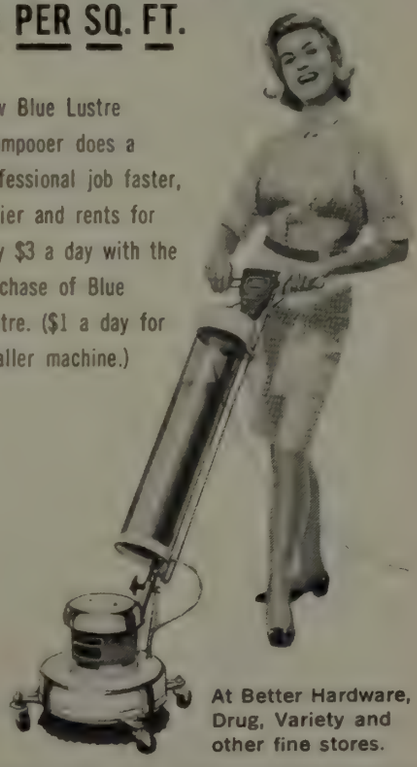

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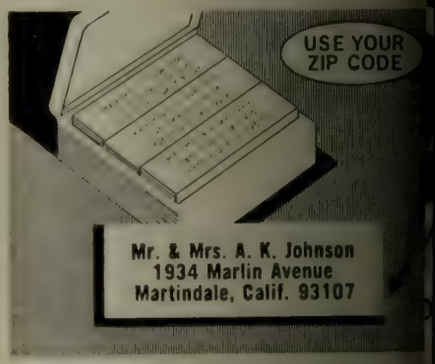

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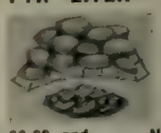

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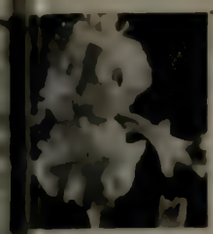

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LETTER FROM *Sunset*

The articles we don't publish

The words "Why don't you . . ." occur quite often when readers, visitors, and others interested in our magazine write or talk to us about *Sunset*. One common query goes like this: "Your magazine is popular with families. Why don't you print articles in an even broader range of subjects of general family interest—for example, budgeting, or health, or child care?"

It is true that our magazine is addressed to Western families, and certainly it is true that such subjects as those suggested are important to families.

But a basic element in *Sunset's* editorial formula as a regional publication is our desire to provide service unavailable elsewhere. We concentrate on subjects that reflect Western *differences*. By remaining a Western regional magazine (and by localizing our service even further through four zone editions), we can acknowledge and serve those differences in a way no national magazine can duplicate.

In the West such differences clearly exist in four fields of reader interest—**travel and recreation, food and entertaining, building and crafts,** and gardening and landscaping. And so these are the fields we report for our Western audience.

But problems of household budgets, of health, of child care are not peculiar to Western families; they are common to families everywhere. If *Sunset* dealt with such subjects it would perform no distinctive service; it would simply duplicate the efforts of other publications. And for each column of such information we would have to leave out a column of **Western information.**

It is by intentionally focusing on regional differences that *Sunset* continues to give meaning to its subtitle: the Magazine of Western Living.

WINDOW ON THE WEST:

California summer

Those who travel through California's ranch country carry away a lasting impression of rounded, grass-covered hills creased with gullies and dotted with occasional oak trees. Summer is the dry season; spring's green slopes have turned golden, and the cattlemen depend on windmills to keep the watering tanks filled. This scene, typical of much of California's rural landscape, is along State Highway 25 in Monterey County, a few miles south of Pinnacles National Monument.

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Sunset

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Feature articles for August 1969

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The Cover Story

Even on vacation Sunset editors look for reportable ideas for Western living. The sunshades on this month's cover, for example, are some we made after seeing similar shades in Portugal. On page 54 you'll see how well they perform at the beach (they're good around a pool, too)—and how to make them. Photograph is by Glenn Christiansen

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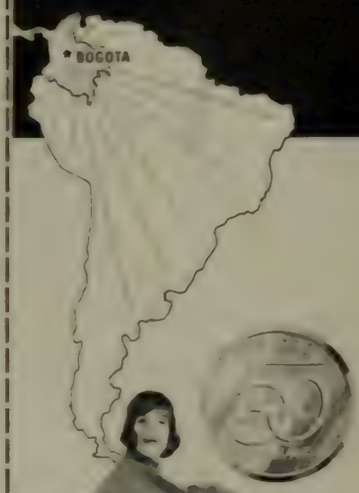

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August travel . . . in and beyond the West

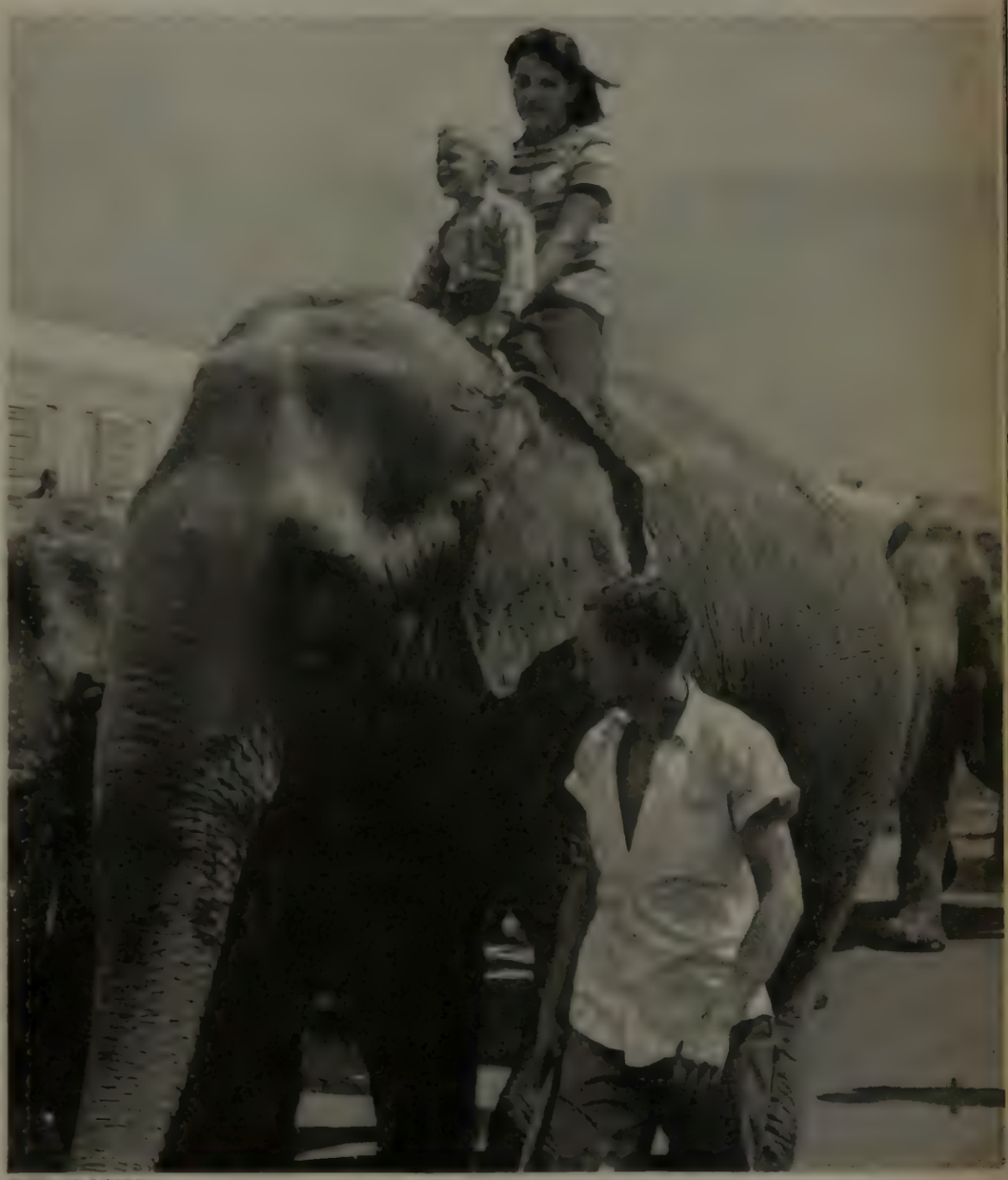
The circus animals come to Oakland and Daly City

The arrival of a big circus is not the event was a generation ago. Then colorful cus posters were displayed from walls d shop windows for months in advance arrival—which was an event rivaling hristmas, the beginning of school vaca- on, and the annual Fourth of July picnic the hearts of the young.

hen the day finally arrived, every ungster in town came to watch the cir- s train unload and hear the exciting onts of "Oulah Jumbo" as the great asts helped pull up the massive Big Top pushed the circus wagons of lions and gers into the menagerie tent.

ow when the circus unloads, there is no opla or fanfare. Circus elephants today e performers, not workers, and simply lk to the local coliseum or fair pavilion at has replaced the canvas Big Top. ll, unloading time gives youngsters the portunity of seeing the animals up ose and getting a behind-the-scenes npse of circus life.

his month the Ringling Brothers and rnum & Bailey Circus plays in San ancisco and Oakland. The circus fills an tire train, the familiar name spelled out huge red letters along the side. Often it ives the night before the performances art, and the animals remain aboard until orning. Then, with practiced aplomb,



MICHAEL TILDEN

Riding *an elephant is a privilege reserved for a few children of circus employees, but it's still a thrill for young spectators to see the elephants this close*

If it's Friday, *this must be Oakland. Peruvian llamas are urged down the ramp of their railcar to start the trek to Oakland Arena*

Sunset

THE MAGAZINE OF WESTERN LIVING

August 1969

Mark Buktenica *harnesses goat power as a friend diverts the goat*

Where it all started

This goat is indirectly responsible for the article on page 46 of this issue.

Of the Jack Buktenica family's four goats, young Molly is the children's favorite to pull a cart. One of *Sunset's* editors has seen her in harness many times. A few weeks ago, thinking of the many playful things that children like to do in summer, he wondered, "Why not a goat cart?"

Goat carts are manufactured by some firms that also make pony carts and the like. What this editor was seeking was much less pretentious, a cart that anyone with a saw and perhaps a power drill could make on a weekend. He got help and plenty of advice.

When he tested the cart with his own and some neighbor children, he found you don't need a goat at all. The children had a fine time just pulling each other around.

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out come elephants, zebras, ponies, camels, llamas, and the rest, to be led by their trainers to the arena.

In Oakland, the animals will unload on Friday, August 22, at Railroad Avenue and 85th Street. Six days later, on Thursday, August 28, the scene will be repeated at the railroad yards at the foot of Geneva Avenue in Daly City. Unloading time at both places is scheduled for about 10 A.M.

The circus will perform at the Oakland Arena from August 22 through 27 and at the Cow Palace from August 28 through September 1. Tickets range in price from $2.50 to $4.50.

Oroville Reservoir readies for visitor use

By midsummer the water in Oroville Reservoir, impounded behind the highest dam in the United States, should reach its predicted 167-mile maximum shoreline. New waterside facilities and entry points to the reservoir include these:

Loafer Creek Recreation Area on the east side of Bidwell Canyon has a three-lane launching ramp and a swimming beach at the end of a 400-yard path.

Spillway Boating Ramp adjoining the north abutment of the dam has eight launching lanes.

Thermalito Forebay North, north of Oroville away from the main reservoir, has 50 new picnic sites, two launching lanes reserved for non-power boats, and a swimming beach.

Thermalito Forebay South has a four-lane ramp reserved for power boats and a two-unit picnic area.

The bustling street market at San Juan Bautista

Success hasn't spoiled the annual San Juan Bautista Flea Market. It attracts thousands of visitors, but parking is still free and there's still no admission charge to the selling area.

And this open-air bric-a-brac market has another bonus: You can break off browsing to walk a short block to some fascinating buildings of the 1800's in San Juan Bautista State Historic Park.

This year the market date is August 3. As in previous years, Third Street, the town's main thoroughfare, will be reserved for pedestrian use only. Vendors—some are antique shop proprietors, others are ranchers and home owners—will have booths set up along a six-block stretch and will be selling bottles, grandfather clocks, musty books, old dolls, rocking chairs, wickerware, wooden ducks, and countless other items.

The vendors open for business at 8 A.M. start packing up around 5 P.M.

In the morning, Boy Scouts sell a pancake breakfast for $1 per person. Around noon

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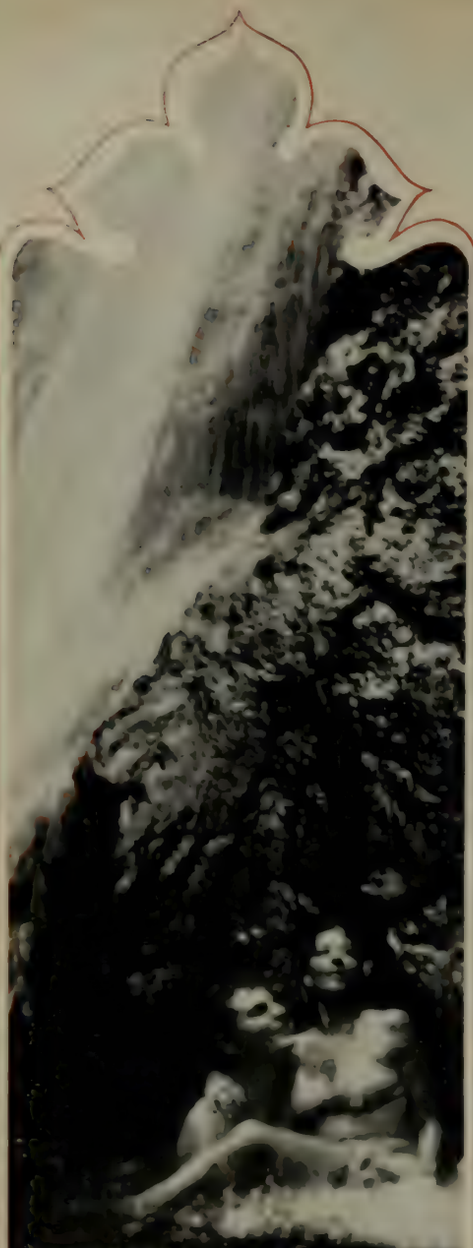

where kings and queens once played?

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Old bottles, *slowly turning opaque with age, are the specialty of this flea market*

the first servings of the day's barbecue lunch will be dished out in the olive grove of Mission San Juan Bautista: half a chicken, beans, French bread, coffee, all for $1.75.

The state park people will welcome visitors to all the historic buildings as usual from 10 A.M. to 5 P.M. The mission itself (it dates to 1797) will open at 9 A.M., close at 5 P.M.

For picnickers, a good nearby destin is Fremont Peak State Park, with fir tables, water, rest rooms. It's 11 south of town on a paved road.

San Juan Bautista lies in the Santa Mountains 40 miles south of San and just 3½ miles off U.S. 101. An fog may cool the area (so take swea but the afternoon will almost certain clear and warm.

For travel planners, an August check list

Guide to California's historical sites. A handy guide for travelers in California is the revised *California Historical Landmarks* paperback. The 129-page book briefly describes and gives background of California's 827 historical landmarks and their locations. For a copy, send $1 to Reservation Office, Department of Parks and Recreation, Box 2390-S, Sacramento 95811.

Mexico, Yucatan, and Guatemala. Departing Los Angeles December 4, a 29-day tour will follow an itinerary that includes Mexico City, Acapulco, Chichén Itzá, Chichicastenango, and Guatemala City. Basic price of $1,667.70 includes transportation, accommodations, organized side tours, and most meals. The tour group will spend Christmas and New Year's in Guatemala. For reservations, write to Hemphill World Cruises, 1201 W. Fourth St., Los Angeles 90017.

Fly and charter a boat. People who want to cruise or sail new waters can now rent a boat in any of 12 different ports between Alaska and Mexico or in Hawaii, and fly there and back in one package excursion. Sail and power boats range from 25 to 125 feet in length and can be chartered with or without a skipper. Even the smallest sleeps at least four passengers. Rates begin at about $190 per week, plus air fare to the port city. For details, visit a Western Airlines tour desk or see your travel agent.

New flights to South America. The Ju 3 inaugural flight of Avianca Airlines' ne service from Los Angeles to Panama an Bogotá via Mexico City marked the 50 anniversary of the airline's service betwe two continents. Departures are three tim weekly, Tuesday, Thursday, and Saturd with returns on Monday, Wednesday, an Friday. Round-trip fares to Bogotá beg at $375. For a schedule and tour inform tion, write to Avianca Airlines, 621 W Sixth St., Los Angeles 90017, or see you travel agent.

Amateur radio operators assembly. Th annual Sierra Hamfest will be held Augu 30 at Bowers Mansion Park on Nevad Highway 395 between Carson City an Reno. The program is open to everyon and includes displays, demonstrations, com petition, and a barbecue. Tickets purchase by August 20 cost $6; after that, $7. Chi dren under 10 will be admitted free. Reg ister with George Lyle, K7ZUA, 104 Mark Way, Carson City 89701.

What a travel agent can do for you Provide information on tours; reserve spa on air, rail, bus, and steamship lines; mak hotel, ranch, and resort reservations; tak care of trip planning, including side trip and special events. Travel agencies do no charge for arranging transportation c package tours, but do charge for "custom tour service.

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This Directory is now, we believe, the best single source for Western families seeking independent schools and the benefits of private camps for their children. This section appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and camp officials. Please write School and Camp Directory, SUNSET Magazine, Menlo Park, California 94025.

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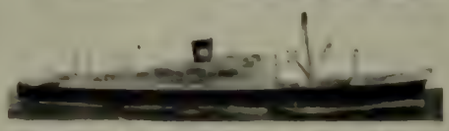

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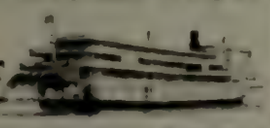

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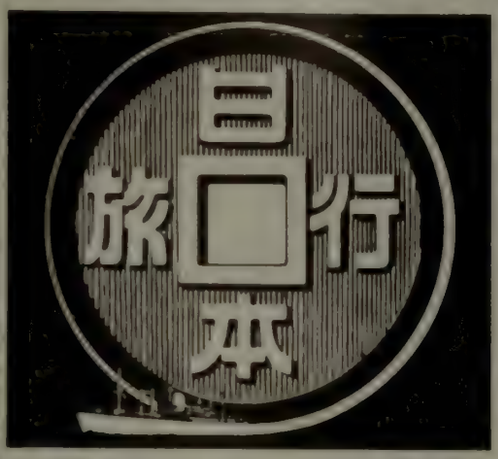

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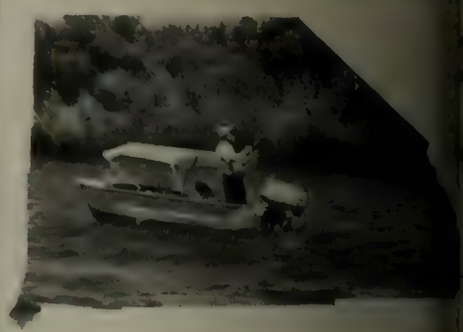

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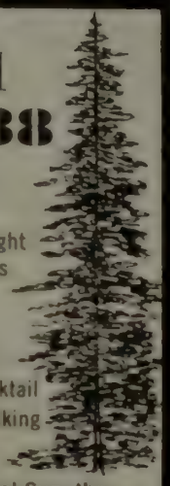

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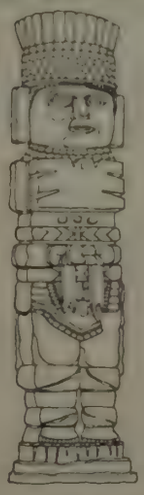

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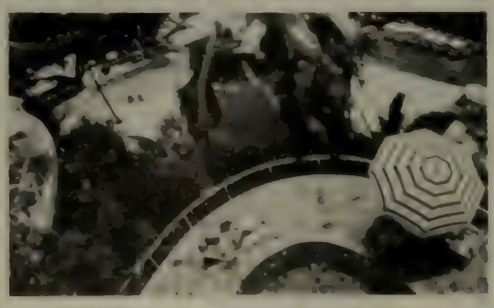

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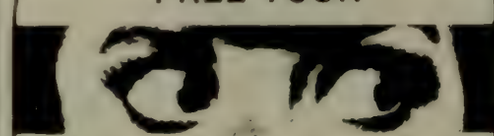

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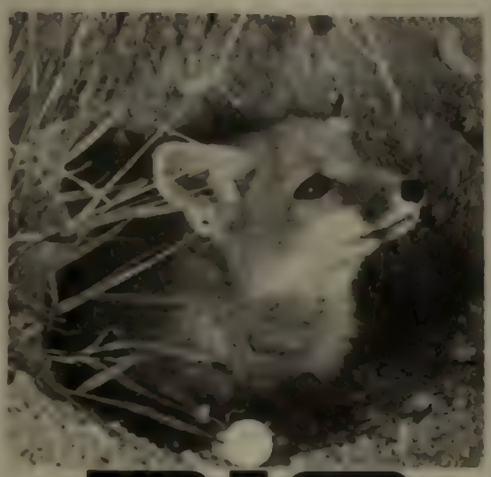

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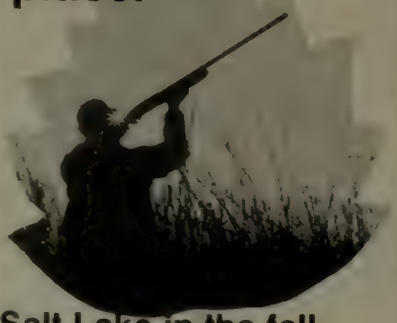

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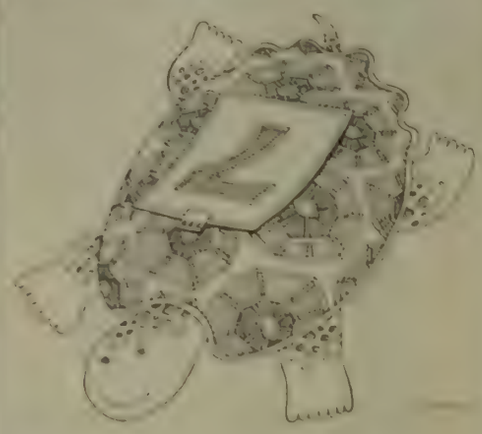

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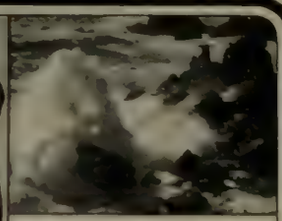

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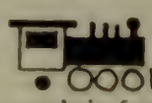

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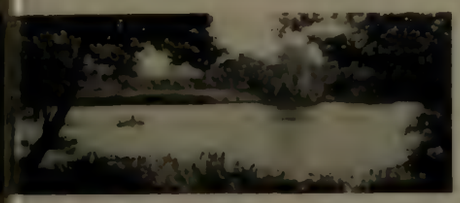

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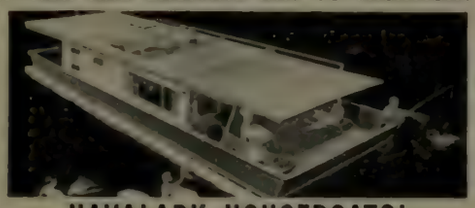

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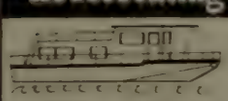

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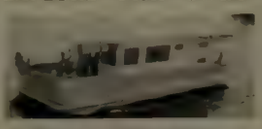

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The main reason for going to Lake Hemet, about 55 miles southeast of Riverside, is to fish, but you can also camp or simply enjoy a lakeside picnic. At an elevation of 4,500 feet, it's likely to be considerably cooler than the valleys at either end of the Pines-to-Palms Highway (State 74) that runs past it.

Last winter's heavy rains filled the reservoir for the first time in 25 years; it's still higher than usual, about 123 feet at the dam. Trout stay in the deepest water this month, but bass, catfish, and bluegill are easy to catch.

Public access is 3½ miles southeast of the Idyllwild road junction at Mountain Center. A road leads west along the lake's north shore to a forest service picnic ground with about a dozen tables. About half a mile of shore is open to fishing (but not boat launching).

Just beyond this road is the Lake Hemet fishing resort, with campground, boat launching, bait, and groceries. You can rent a boat ($3 a day for a rowboat, $9 with motor), or launch your own ($3) if it's at least 10 feet long. The camping and picnicking charge of $1 per adult per day, 50 cents for children 6 to 13, includes shore fishing privileges. There are 570 spaces for tents or trailers. Hours are 6 A.M. to 10 P.M. daily.

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Before you drive into high country

Here are some precautions for Westerners planning to travel into the high country. They especially apply if you are driving a loaded car or camper, or are hauling a trailer into the mountains.

BEFORE LEAVING HOME

Run an equipment check. Look over the vehicle's engine, mirrors, towing equipment, lights, and load balance.

To keep the motor running cooler, you can purchase a six-bladed fan that works more efficiently than the conventional four-bladed model. Also make sure your present fan belt and thermostat are in good condition.

If you plan to purchase a vehicle for hauling, consider the option of a larger-than-standard radiator (about $25 extra).

An old-fashioned water bag that you hang on a bumper is a dependable source of water, handy in case your radiator should boil over on an uphill haul.

The California Motor Vehicle Code (and others are similar) requires that campers, trucks and cars towing trailers have a mirror on each side enabling the driver to see at least 200 feet to the rear.

The code also requires cars towing a trailer to be equipped with a safety chain strong enough to hold if the hitch fails and short enough to keep the trailer tongue from dropping on the ground.

Finally, the code states that when you pull 10 feet or less off the roadway at night with a trailer or camper, you must post three red lanterns, reflectors, or portable torches to warn passing motorists.

The headlights of a loaded vehicle often shine up into the eyes of passing motorists. When your car or truck is fully loaded, realign the headlights if necessary.

Make sure that the load you are carrying is evenly distributed, and secured so that on mountain curves it will not come loose and upset the vehicle.

ONCE UNDER WAY

In California, if you are followed by five or more cars on a two-lane road where passing is difficult, you must at the first opportunity pull over and let them pass.

If your vehicle starts overheating and it is equipped with air conditioning, turn off the cool air—this should make the engine fan run more efficiently.

Keep your brakes cooler on a return downhill trip by putting the car in low gear, even with an automatic transmission. This eases the work of the brakes.

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4 MT. RAINIER NATIONAL PARK—Paradise Glacier, Wonderland Trail.

5 GLACIER NATIONAL PARK—Horseback riding, camping, boating, fishing, Going-to-the-Sun Highway.

6 MOUNT RUSHMORE NATIONAL MEMORIAL—Black Hills National Forest, Wind Cave, South Dakota Badlands.

7 DENVER—Pike's Peak, U.S. Mint, Air Force Academy, Lookout Mt., Garden of Gods, Estes Park, historic Central City.

8 SALT LAKE CITY—Temple Square, Great Salt Lake, Canyonlands, Zion and Bryce National Parks.

9 SACRAMENTO—California's Capital, Sutter's Fort, river trips by houseboat, hunting and fishing.

10 RENO/TAHOE—Lake Tahoe, boating, fishing, famous-name entertainment, historic Viriginia City, Squaw Valley.

11 GRAND CANYON—Mule and horseback trips, Hopi Dancers, Painted Desert, Indian ruins.

12 MEXICO CITY—Pyramids of Teotihuacan, Ballet Folklorico, Chapultepec Park, Shrine of Guadalupe, Xochimilco, bullfights, University City, side trips.

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MIKE DEDE

Up B.C. 101 . . . along the Sunshine Coast

Two ferry crossings and a hundred miles of magnificent coastal scenery make the drive north from Vancouver to Lund on British Columbia's "Sunshine Coast" a memorable weekend excursion.

Though comparatively undeveloped, this fiord and harbor-rich coastline has a remarkable number of excellent resorts and several small communities, as well as proved and unimproved campgroun Most of the highway is designated B 101, and portions may remind you of U 101 before there was so much devel ment along it.

This region's claim to sunshine is its cation in the rain shadow of the Co Range on Vancouver Island—visi across the Strait of Georgia from m vantage points.

If backtracking isn't to your liking can explore both the Sunshine Coast the east side of Vancouver Island o loop trip, ferrying from Powell Ri near the northern end of B.C. 101 Comox on Vancouver Island.

The ferry bridges are themselves we the trip, with plenty of time during crossings for a meal and a look at ma scenery—water traffic of all descripti waterfowl and soaring gulls, and fore mountains rising from water level heights of four and five thousand fe

The ferry crossings take you from Ho shoe Bay—14 miles north of Vancou —to Langdale, center of a popular v tion area for Canadians as well as visi

Ferries *let you include Sunshine Coast and Vancouver Island on loop trip*

Americans; and from Earl Cove to Saltery Bay via magnificent Jervis Inlet. Combined fare for both crossings, for a family of four with their car, runs about $10.50, one way.

On a trip of two or three days, you won't be able to stop at every interesting point along the way. Some highlights include the swimming beaches of the Sechelt Peninsula; beautiful Pender Harbour, a popular anchorage with yachtsmen; North America's most impressive salt-water tidal rapids—Skookumchuck Rapids—at Egmont; Powell River, where you can tour the world's largest pulp mill on weekdays; and Lund, at road's end, a village that hasn't changed much in 50 years.

In several communities—Gibsons, Pender Harbour, Sechelt, Powell River—you can arrange a salmon fishing trip on a charter boat and try for tyee, caught abundantly in these waters. Fish weighing more than 50 pounds are fairly common. The area also offers outstanding fresh-water stream and lake fishing for trout.

Two sources of area information are British Columbia Ferries, Box 1388, Victoria B.C., and Sunshine Coast Tourist Association, 6807 Wharf St., Powell River, B.C.

led hotel *overlooks Lund's sleepy small-boat harbor*

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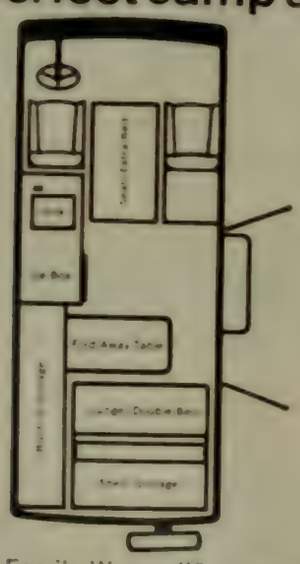

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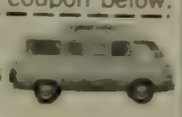

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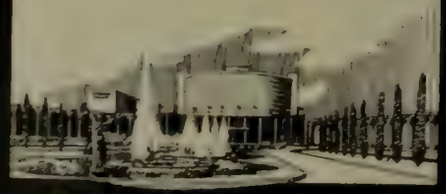

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R. WENKA

Visitor studies *the pueblos of Montezu Castle from the shores of Beaver Cre*

Montezuma . . . it's south of Flagstaff

Eternally vigilant over their domain, th ancient pueblos of Montezuma Cast National Monument look out from the giant shelf in a limestone cliff above th tree-lined course of Beaver Creek.

The 700-year-old pueblos, about 50 mile south of Flagstaff, Arizona, are perhap the best-preserved prehistoric India structures in the Southwest.

The area around the pueblos, a part the Verde Valley, was settled by th Hohokam and Sinagua Indians, who wer farmers. Around 1250 A.D., they bega building houses out of limestone chunk and river boulders laid in adobe morta usually on hilltops or in cliffs. On Beave Creek, two of these eventually becam five-story apartment houses: Montezum Castle, with 20 rooms, and Castle A, 10 yards to the west, with about 45 room

Your first stop at the monument shoul be the visitor center just off State Hig way 79, where exhibits describe the cu ture of the people who lived here. Aft browsing through the center, take th guide-yourself trail to the pueblos or hav a picnic and then take the hike.

From June 1 through Labor Day, th monument is open from 7:30 A.M. to P.M.; the rest of the year, 8 A.M. to 5 P.M Admission is $1 per car.

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At tree-shaded *gallery of Callahan's Gen. Merchandise in Callahan, summer motorists stock up on camping supplies*

Klamath Country *visitors pause for a quiet tailgate picnic along Scott River between Scotts Bar and Fort Jones*

DARROW M. WATT

Away from the crowds . . . in Klamath Country

A 100-mile loop trip through the rugg Klamath Country of northwestern Ca fornia follows the canyons of the Salme Klamath, and Scott rivers around t Marble Mountains. Along the way passes historic old gold rush towns a dips down almost to the northern boun ary of the Trinity Alps at the little setti ment of Cecilville. You can begin Eureka or Yreka, then follow the rou indicated on the map on page 31.

It's a river route all the way with plen of opportunities to fish, camp, picnic, swim, but perhaps the most remarkab thing about the trip is that you meet few people along the way. During th peak of the camping season last Augu a group of *Sunset* reporters and the families pulled into a campground alon the Scott River and found all 20 of i attractive campsites empty. The cam register indicated that only two oth families had used the campground duri the months of June and July.

Much of the loop route is unpaved, na row, and dusty, but our reporters had trouble covering the entire route last sum mer in a late-model station wagon and large pickup camper. Logging trucks a active along sections of the road mo days except Sunday, but the Forest Serv ice usually posts warnings of possibl hazards ahead. California Highway 96 be tween Somesbar and Happy Camp seem perpetually under construction, but delay

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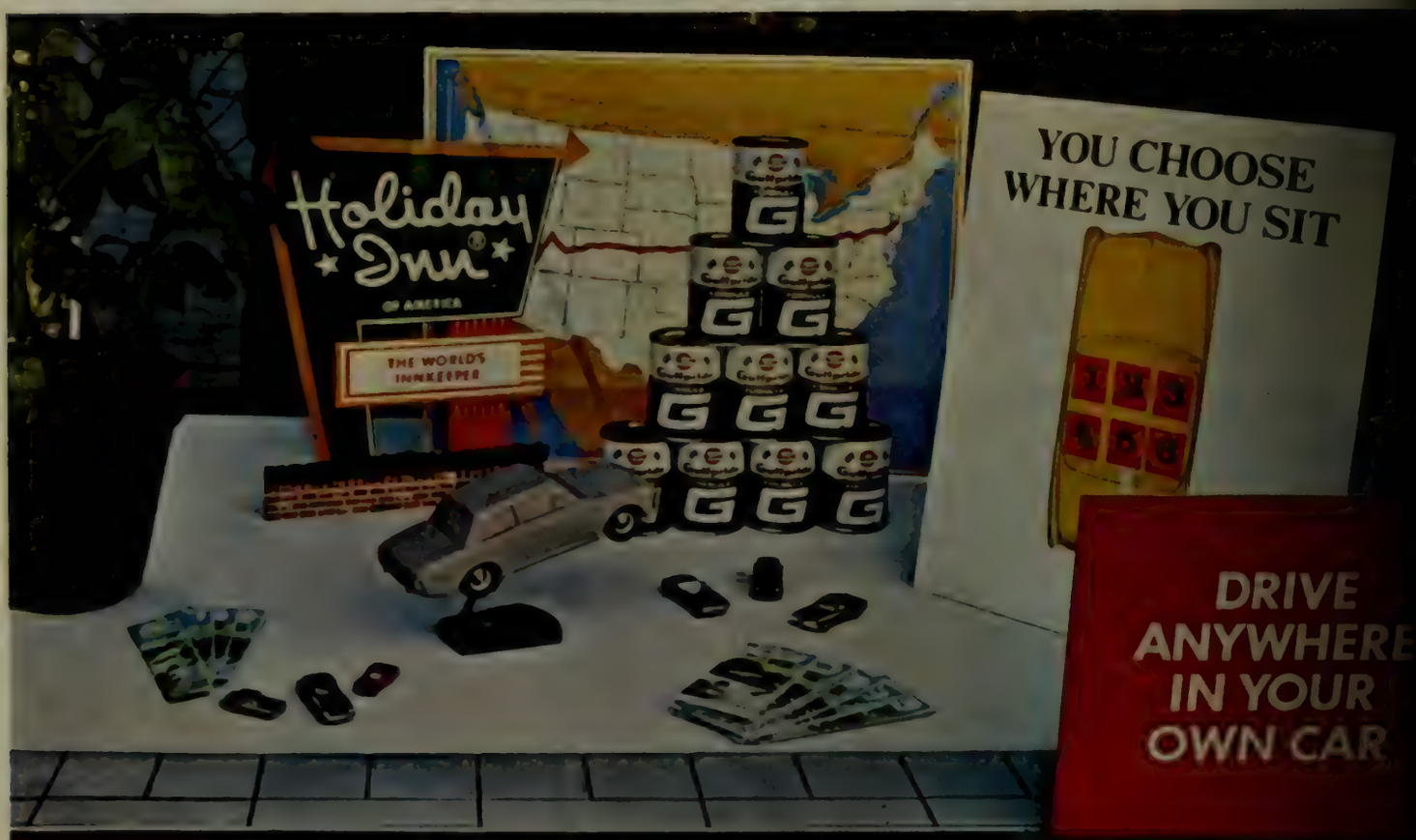

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are brief and the few short detours are usually of better quality than many of the established back roads.

Gasoline and food supplies are available at the little towns and settlements along the way, and you'll even find a few motels in larger communities such as Happy Camp, Fort Jones, and Etna. Several resorts and guest ranches offer lodging, meals, and riding horses (some of the guest ranches will accept guests only for periods of one week or longer). At Happy Camp you can arrange for float trips and river runs along the Klamath. Packers at most of the resorts offer extended horseback and hiking trips into the nearby wilderness areas, and some local people are

t fisherman *and gold panner work Klamath River near Hamburg*

DARROW M. WATT

Youngsters *watch wrangler at guest ranch near Cecilville*

Hike, fish, ride, run the river

Klamath loop *is an easy detour off Interstate Highway 5*

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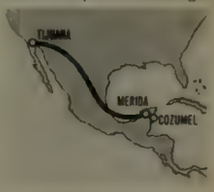

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Take an 1880 Steam Train to Roaring Camp & Big Trees

You can still ride an old-fashioned steam train through redwood country on California's historic Roaring Camp & Big Trees Narrow-Gauge Railroad, just seventy miles south of San Francisco. This quaint backwoods railroad is still untouched by the Jet Age and operates regular passenger service with steam locomotives and equipment actually dating back to the 1880's and 90's.

Passenger trains depart hourly each day, 11 A.M. to 4 P.M., from Roaring Camp Station, a quaint narrow-gauge railroad depot located about ½ mile southeast of the tiny Santa Cruz mountain community of Felton. On the five mile roundtrip route, you pass through the first redwoods to be preserved for posterity (back in 1867), up the steepest railroad grades in western America, and over a number of spectacular trestles spanning redwood-forested canyons.

You can stop over and picnic at Bear Mountain and return on a later train. At Roaring Camp you can also enjoy old-fashioned trout fishing, walk over a charming Covered Bridge, ride through majestic forests in a half-century-old freight wagon drawn by four giant Belgian workhorses, browse in an 1880 General Store or lunch at the Red Caboose Saloon.

Additional information and a copy of the railroad's latest timetables can be obtained free by writing: *Roaring Camp & Big Trees Narrow-Gauge Railroad, Felton, Santa Cruz County, California.*

Just beyond Big Trees, *steam locomotive engineer and fireman pause for a portrait on Indian Creek trestle.*

Locomotive *"Dixiana" pulls into Roaring Camp to take on water while passengers visit General Store and caboose restaurant.*

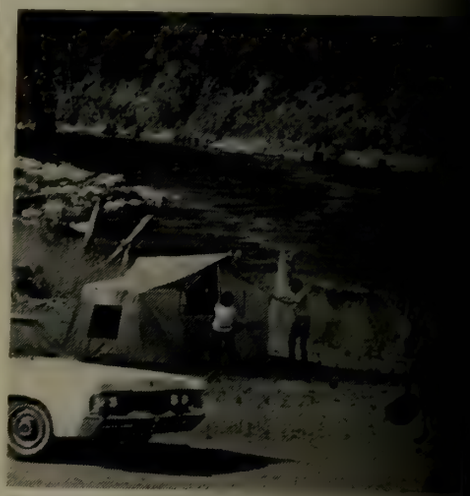
willing to act as fishing guides.

The best swimming holes are along Salmon and Scott rivers, both tributa of the larger and often mossy Klam The beach at Matthews Campground the South Fork of the Salmon offers s of the best swimming. Small children enjoy chasing polliwogs in ankle-d shallows, while the older members of family swim in a deep, clear pool of of the state's last wild rivers.

For detailed information on the Klam Country or for brochures on Sisk County resorts, write to the Shasta-cade Wonderland Association, Box 1 Redding, Calif. 96001.

DARROW M.

Want to ride *rapids on a raft or tour jet boat? Arrange either at Happy Ca*



Campers *select an unimproved site alo river for access to fishing and swimmi*

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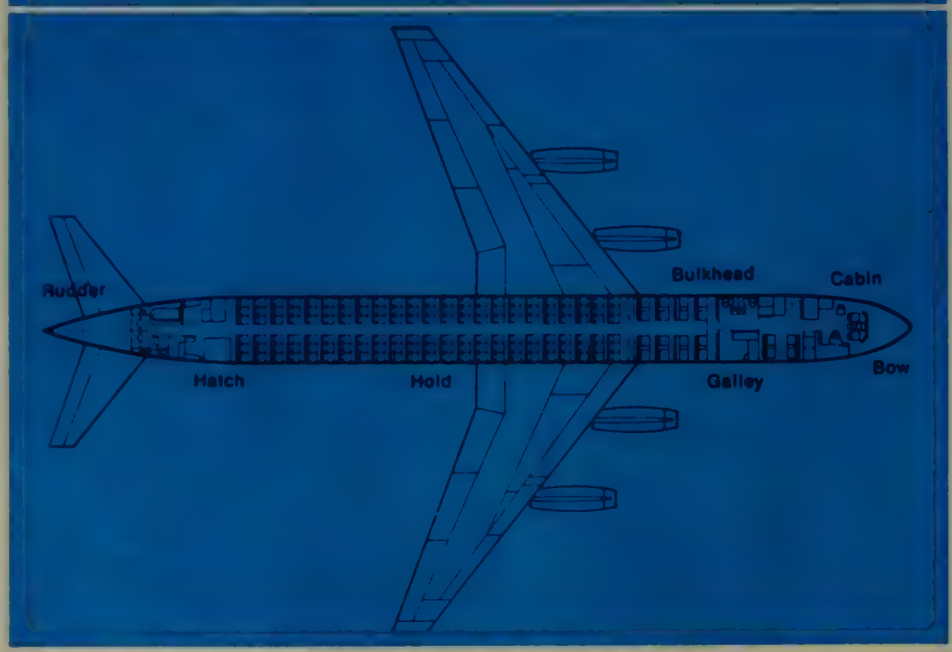

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Phantom Ship *is near shore at Sun Not*
Overlook is a short walk from Rim Dr

Side trips around Crater Lake

Summer visitors to Crater Lake Nation Park often make a rather quick t around the 35-mile Rim Drive and th move on, missing much of what the pa has to offer. Actually the times that y break your drive for a side excursion c add a great deal to what you see and h much you enjoy your visit.

Among the best of these side trips are self-guiding nature trail through a wil flower garden, a zigzag trail down to t lake for a boat trip, and several tr to high points with spectacular views.

NATURE TRAILS

In July and early August, wildflowers blooming all over the park. In Cas Crest Wildflower Garden, near park hea quarters, a guide-yourself ½-mile nat

Circular drive *follows Crater Lake*

il traverses forest, swamp, meadow, l streamside terrain. Small signs ex- in the natural environment.

e 1-mile Godfrey Glen nature trail par- ls Munson Creek. A booklet, available the trail entrance about 1½ miles rtheast of the park's Annie Spring en- nce, describes the terrain.

THE LAKE

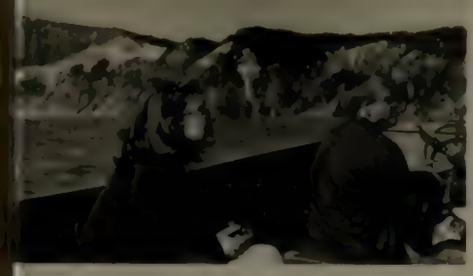
a boat trip on the lake, you must e down the Cleetwood Trail, a 1-mile tchback trail which is kept in good ndition.

wn below you can take a sightseeing t trip around the lake. A ranger-nat- list points out geological features of lake and rim during the 2-hour trip. m mid-June to early September the t leaves Cleetwood Cove several times ly. You can also take a shorter trip Wizard Island and return.

hermen can rent rowboats at Cleet- ol Cove and at Wizard Island. No ing license is required.

AILS TO VIEWPOINTS

e view of Phantom Ship—actually a trusion of an underwater dike—is ctacular from Sun Notch, on the south n. An easy, 10-minute walk through nlock forest and meadows leads from road to the rim. Look for a sign along n Drive about 4½ miles east of park dquarters (or about 4 miles west of



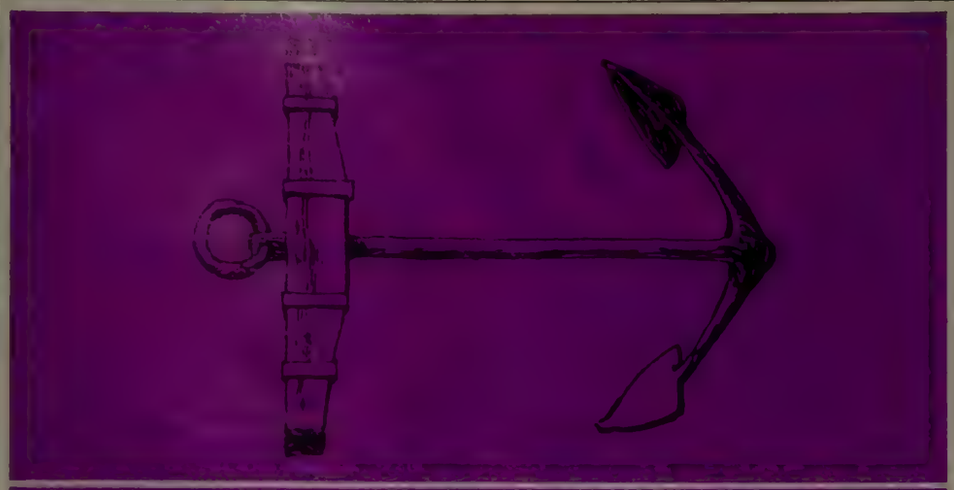
naturalist *will point out rim's geological tures on boat trip around the lake*

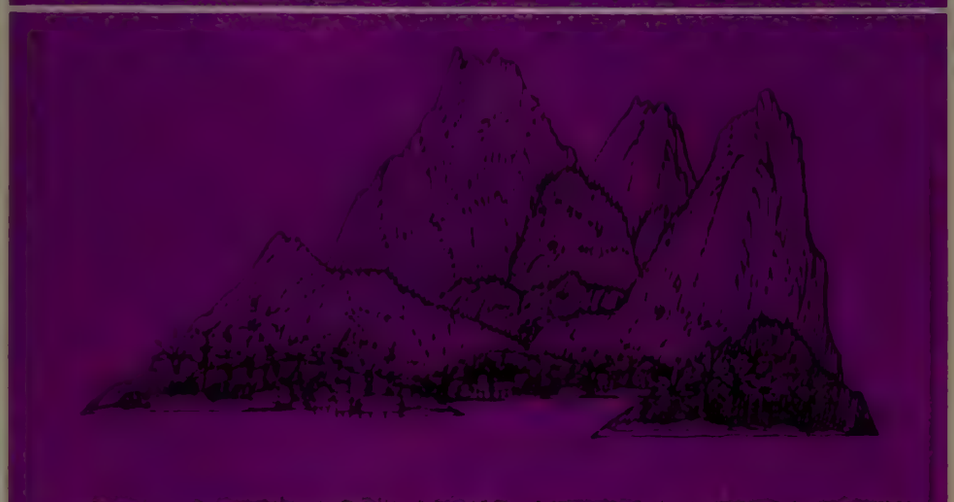
rr Notch). There is a parking area.

u might want to take a trail up to one two mountaintop fire lookouts. Mount tt dominates the eastern part of the k, and a 2½-mile trail climbs steadily the summit. On the western rim, an y ¾-mile trail leads from a trailhead king lot about 4 miles north of Rim lage to the lookout atop The Watch- n. There's a natural history museum eath the lookout.

book that can make your Crater Lake ving more enjoyable is *Along Crater ke Roads* by George C. Ruhle (Crater ke Natural History Association, Ore- n, revised 1964; 50 cents). It describes usual features near park roads, and es mileage figures to help you identify nts of interest. The booklet can be pur- sed at the exhibit building on the rim.

Drop anchor in Tahiti on a UTA air voyage Down Under.





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JAMES M. KO

Naturalist *helps youngsters spot fish a frogs in stream and along grassy ba*

A new wilderness in Long Beach

Not far from downtown Long Beach, y might have a face-to-face confrontati with a small fox, a weasel, or an opossu But only if you're sharp-eyed; these fu tive creatures run free in the developi nature center in El Dorado Park, new opened to the public.

Five years of preparation have turned th nature center, once flat farmland, into a 80-acre landscape of wooded hills a grassy valleys linked by a nature tr that occasionally crosses a meanderi stream between two small lakes.

You can guide yourself along the trail a Wednesday or Friday from 10 A.M. to P.M. or weekend day from 1 to 5 P.M. Th chief biotic communities represented a the coastal oak woodland and the ripari —a complex dominated by alders a sycamores. You'll even see coast redwood in the youthful forest. A free pamphle available at nature center headquarter will help you identify the plant and a mal life you are likely to encounter.

More than 75 varieties of birds have bee sighted in the park area, and althoug you probably won't see any migrator ones this month, you may see such res dents as meadowlarks and red-winge blackbirds.

To get there, take the Spring Street ex west from the San Gabriel River Freewa (Interstate 605) a short distance to th entrance. It is marked by a sign th says "El Dorado Nature Center."

Organized groups can arrange for guided tour by calling (213) 425-8569.

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DESERT INN

Hotel, Las Vegas, Nevada

London, U.S.A.

or and sons *study historical map of p Floyd outside the Stagecoach Inn*

Camp Floyd tells of Utah's past

o thumbnail sketch of Utah's history ng the first turbulent years of its ement, visit Camp Floyd State His- al Park at Fairfield, Utah.

p Floyd was built by the U. S. Army the small town of Fairfield in 1858. before the Civil War, Fairfield had me the third largest city in Utah, and influx of soldiers and settlers who up the town also helped to end the imposed isolation of the Mormons.

the approach of the Civil War, the y almost abandoned the camp. In l of 1860, the hotel that served as the ers Club was taken over by the wild s of the Pony Express. The Pony ress lasted only 18 months; its place taken by the overland stage, which blished a station at the hotel, owned ohn Carson, a Fairfield settler.

med the Stagecoach Inn, the hotel, a museum, houses many of the ac- rments of its era. The parlor, a suite stairs bedrooms, a crude bathroom, a large kitchen are completely fur- d in the style of the period. Across street from the inn is the old army nissary, and although there isn't any- g left inside, the park ranger will ably let you walk through.

et to Camp Floyd, leave Interstate t Lehi, 20 miles south of Salt Lake , and follow State Highway 73 about iles to the Stagecoach Inn. The site en between 9 A.M. and 5 P.M. seven a week from March 16 to November Admission to the inn is 25 cents for ns over 16. There are picnic facilities by.

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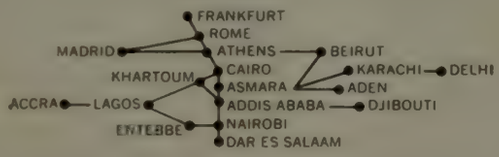

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SUN

If you head north to Vancouver, one don't-miss is Stanley Park

On sunny days, *the saltwater beaches are the park's biggest attraction*

A typical day's activities in Stanley Park begin even be sunrise, with joggers and morning walkers, who, considering time, appear in astonishing numbers. By 8 or 9 A.M. the is bustling with bird watchers, pitch-and-putt golfers, ho shoe players. As the day wears on, wave after wave of buffs, young and old, residents of Vancouver as well as visit come to this 1,000-acre sanctuary in the center of British lumbia's largest city.

Yet despite the large numbers of people who use and en Stanley Park, it is never overcrowded. On balmy days when sandy beaches will hardly hold another bikini, you can e on trails through the center of the park, passing through fo so luxuriant and quiet it seems like a vast wooded wilderne The contrast in Stanley between urban sophistication and solitude is the park's richest asset.

Occupying a peninsula which forms the south shore o Vancouver Harbor entrance, the park has extensive swimm beaches. There are also 11 miles of roads, 27 miles of tr many picnic areas, broad grassy slopes, two lakes, a rugby a grass hockey pitch, two cricket pitches, some outstand flower gardens, three large children's play areas, one of

Shuffleboard *is popular with (but not limited to) oldsters*

And toy sailboats *are a favorite of youngsters*

DAVID V.

The batsman *and wicket keeper await the ba*

DON NORMARK

rospect Point *overlooks the entrance to Vancouver Harbor. Beyond, 3,974-foot-high Grouse Mountain looms over the North Shore*

You can
watch porpoises
and arctic wolves
... go sailing in
a rented catamaran
... go hiking
in the forest

Porpoise pool *at aquarium is used for regularly scheduled marina programs*

Four *of six arctic wolves the Northwest Territory has given City of Vancouver*

DON NORMA

Rental catamarans *each hold three sailors, cost $5 an hour. If you are new to sailing instruction (required before you can go out on your own) is additional $5 an hour*

finest zoo and aquarium complexes on the Pacific Coast, a very popular children's zoo, an immaculately groomed 18-hole pitch-and-putt golf course, a 9-hole putting green, 27 tennis courts, horseshoe pitches, two refreshment pavilions and eight refreshment stands, and an open-air concert music bowl.

You can rent a rowboat on Lost Lagoon ($1 per hour), a sailboat for saltwater boating ($5 per hour), bicycles for exploring paths and trails ($1 per hour; $2 an hour for tandem bikes).

Admission to the recently remodeled Vancouver Aquarium is $1 for adults, 25 cents for children under 12, with no additional charge for frequently scheduled marine show performances.

The park's 6-year-old narrow-gauge railroad weaves around the children's zoo area, and has carried more than 3 million passengers since it went into operation. Fare is 35 cents for adults, 15 cents for children under 12.

People-watching in Stanley Park is the best you'll find in Vancouver, and it doesn't cost a thing; expect to be watched right back, however. On an average summer day you'll observe a variety of national costumes—Japanese kimonos, Indian saris, British tweeds, French bikinis, American baseball caps—all of this reflecting Vancouver's large international population and the great popularity of Stanley Park with visitors from abroad.

You are certain to see some youngsters in hippie garb. You may run across youthful minstrels playing guitars and singing.

No large animals inhabit the park outside the zoo enclosures, but a variety of small animals and birds wander freely. Waterfowl are especially numerous, including a swan population on Lost Lagoon.

A good place to begin your tour of Stanley Park is at park headquarters on Beach Avenue. You can obtain a good map there, along with information on current special programs, exhibits, and organized sporting events.

A day in the park is pretty well ended by 9 P.M. when the ancient muzzle-loading cannon on Brockton Point is fired. Many Vancouverites set their watches by it each evening.

around children's zoo passes through an untouched ex-se of the forest that originally covered Stanley Park area

At Ferguson Point, *popular with Vancouver businessmen, you can enjoy lunch outside*

Molly the goat *pulls two happy children at a birthday party. The cart is just as much fun used as a rickshaw*

If you don't have a real goat . . . the riders can take turns being goat

Children don't need a goat to enjoy
little carriage. They'll have great
simply pulling each other around in
To make it, you'll need an old bicycle
24-inch wheels, a chair seat, lumber, scr
and screw eyes, and a special long
that you can have made up for $10
$12 at a metalworking shop. The ba
and two pairs of fender braces with
vas covers are optional. The harnes
be as simple as you like.

The rear bicycle wheel has a ⅜-inch
The front wheel has a narrower one;
move it with its cones and bearings
replace it with a second ⅜-inch
bought at a bicycle shop together
cones, locknuts and a package o
inch ball bearings (about $2 in all).
on the cones loosely, drop in as
bearings as will fit, tighten cones,
on the locknuts and add some grease.

The long cart axle is a ⅝-inch steel

DARROW M. WATT

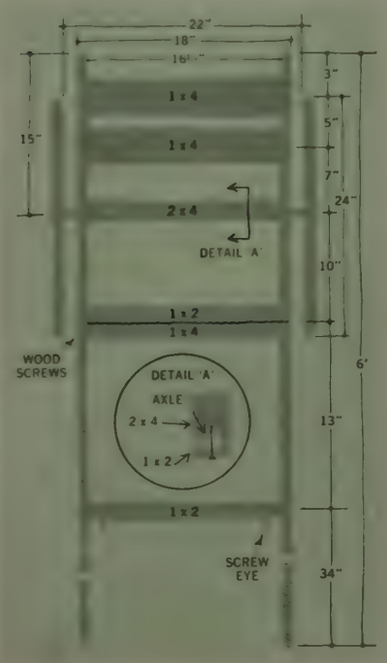
Position *the seat so the child's weight is over the axle or slightly forward of it*

inches long, with ⅜-inch threaded holes lled an inch deep at either end to ac- ot the bicycle axles. If you can, have e holes drilled to match bicycle thread. the machinist drills for coarser standard read, force in the bicycle axles, but n't try to unscrew them again.

each end of the rod, have a small hole red at right angles to the bicycle axle le to accept a setscrew. Construct the rt as shown in the diagram; then screw the wheels and tighten the setscrews.

you use fender braces and covers, unt the braces so that they are caught tween the ⅝-inch axle ends and the ne locknut and buy one extra outside t for each wheel to hold them on the tside. Each wheel cover is two half cir- s of canvas, sewn along the arc.

e on the chair seat in whatever way ems easiest, with the weight directly er the axle or slightly forward.



GLENN CHRISTIANSEN

From the Italians *comes this propos for a dinner preamble: sweet, succule Bartlett pears and paper-thin prosciut*

Pears to begin with (with sliced meat)...pears to end with (with delicious cheese)

DENNIS BRAUN

Fanned *Bartlett pear half spreads gracefully over sliced corned beef for a handsome first course. To fan the fruit, peel, cut in half, core; slice thinly up to, but not through, stem end*

The relatively brief appearance of the Bartlett marks the beginning of a pear season that extends through spring. As first on the scene, Bartlett sets a precedent in good eating that Comice, Anjou, and Bosc emulate over a longer period.

Bartlett is the sweetest, most aromatic, most fragile-textured and juicy of pears. As a fruit to eat out of hand it is exceptional. But really exciting things begin to happen when you consider it as a showy, refreshing, and utterly easy way to start or end a meal in combination with selected cold meats and cheeses.

Later you can apply these same ideas to winter pears.

Part of the pleasure of the Bartlett comes from its attractive appearance presented whole or halved, sliced or in wedges. The skin of this brown-flecked fruit is negligible, so you can peel or not, as you like. With or without the occasional rosy blush, the natural fruit is colorfully appealing.

Pears to begin with

The Italians are masters at presenting fresh fruit with savory cold meats, and their approach inspires us to suggest Western Bartletts as the opening for the most elegant meal or for a simple picnic. If you are generous with meats, these combinations could become the entire menu for lunch or a late evening supper.

BARTLETTS WITH PROSCIUTTO

For each serving place a halved, cored, unpeeled ripe Bartlett pear on a plate. Rub cut fruit with lemon juice to preserve color. Place alongside the pear 2 or 3 paper-thin slices of prosciutto (Italia style ham), rolled, or rippled on the plat Grind a light sprinkling of black pepp over all, then squeeze on a little fre lemon juice. Eat with knife and fork.

BARTLETT FANS WITH PASTRAMI OR CORNED BEEF

For each serving overlap 3 or 4 thin slic pastrami or corned beef on a plate. Pe a Bartlett pear, cut in half lengthwis and core. Cut one half in thin slices u to, but not through, the stem end; fa out fruit as you place it over the mea as pictured at left; reserve the other ha for another serving. Brush lightly wit lemon juice to preserve color. Garnis with parsley sprig and lemon wedge. Ea with knife and fork.

BARTLETTS AND SALAMI

On a tray or cutting board, cut pear sections with a knife or core-cutter too (see page 51). Eat fruit out of hand wit thick or thin slices of salami. Allow ½ pear for each serving.

BARTLETTS WITH HAM AND CHEESE

For each serving choose a small ripe Bart lett pear. Peel, leaving stem in plac Brush lightly with lemon juice to preserv color. Set pear upright on a plate an accompany with 2 or 3 thinly sliced roll of cold baked ham and 3 or 4 thin sliver Leyden cheese. Eat with knife and fork

Pears to end with

In the *haute cuisine* of the French, fru may end the meal, but the cheese—which we recommend here to accompany the

DARROW M. W

Nine less-usual cheeses that go well with Bartletts. But quite usual cheeses also combine deliciously

All these cheeses—some familiar, some less well known— well with Bartletts. Blue cheese: French pipocreme. Semi table cheese: French sanglier, domestic baronet, French proc babybel. Swiss-type cheese: Swedish jarlberg. Dutch che Gouda. Hard cheese: domestic fontinella. Cheddar-type che English Cheshire. Soft rind-ripened cheese: Danish Camemb

—is served alone. The French rea-
g is simple: Many a happy marriage
vors occurs from the association of
se and wine (and often the best of
wine is what's on the table when it's
for cheese). So the French let the
s wait their turn.

between cheese and pears there is
tial romance, too, even if our friends
ance have yet to discover it. From
many tastings in *Sunset's* kitchens
g Bartlett season, one near-axiom
ged: If you like Bartletts and you
a cheese (provided it is not of such
tive nature as a Limburger), chances
ery good you will like them together.

best to serve the fruit whole and un-
d; then cut off a piece of pear to eat
a bite of cheese and perhaps a plain
r or cracker. Lemon juice, used to
rve the appearance of the pears
presented as an appetizer, should
voided when only cheese is involved
the following combinations; it can
e a discordant flavor effect.

tasters declared two cheeses out-
ding with Bartletts: the delicate
creamy French boursin, and the domestic, buttery, mild baronet. But many other cheeses had ardent support, and you should experiment among these categories to select your own favorites:

SEMISOFT TABLE CHEESES

In this group of smooth, buttery-textured cheeses, the flavors are relatively delicate and mild: French sanglier, French process bonbel or the smaller babybel, Danish tybo, Italian fontina, Swedish fontina, domestic baronet (noted earlier), provolone, and Bel Paese.

HARD TABLE CHEESES

The mild to relatively sharp flavors of these cheeses and their firm, almost crumbly texture contrast with the juiciness of the Bartlett: domestic fontinella, Parmesan, Romano, and dry jack; Greek or domestic kasseri; and Italian Asiago.

SWISS-TYPE CHEESES

These smooth-consistency cheeses rated particularly well: Swedish jarlberg, Danish Samsoe, Swiss Emmenthaler or Grüyere, or domestic Swiss.

CHEDDAR-TYPE CHEESES

Like the Swiss, Cheddars fare well as companions to this fruit: Consider the bitter-sharp English Cheshire, domestic mild, medium, or sharp Cheddar, or white or yellow Canadian Cheddar.

SOFT RIND-RIPENED CHEESES

The mild-flavored Danish Camembert is more compatible with Bartlett pears than rind-ripened cheeses with more strongly defined qualities such as the French or domestic Camemberts and Bries—but even these have their supporters. Sampling is worthwhile.

BLUE CHEESES

The less sharp blue-veined cheeses such as French pipocreme (made from cow's milk), the Danish blues or mycella, and domestic Gorgonzola were preferred with Bartletts by blue cheese fanciers.

DUTCH CHEESES

Gouda and Edam cheeses, particularly when aged, and Leyden (with cumin seed) are excellent with Bartletts. Smoked Edam and Gouda are interesting, too.

LESLIE BRAUN

Picnic *or party refreshment: unadorned wedges of perfectly ripe Bartlett pears with slices of spicy salami*

Serve Bartletts in wedges or slices . . . or serve small ones peeled

Sophisticated trio: *peeled small Bartlett, rolls of baked ham, and thin slivers of Leyden cheese*

Creamy *French boursin cheese spread on slab of Bartlett for memorable taste effect*

Roomy A-frame play house . .

1 • **Construction** *of the 8 by 17-foot base is simple—2 by 6 joists on precast concrete blocks, with ¾-inch plywood flooring and 2 by 4 crosspieces under the plywood joints*

2 • **Its three A-frame members** *were assembled on the floo 2 by 6's joined with plywood gussets at the top. 8 by 10-foot house floor takes standard plywood len*

3 • **The A-frames,** *notched at bottom ends, were set in place, nailed, checked with a plumb bob, and braced temporarily with boards. Exposed joists are for exterior decks*

4 • **Upper level** *was framed in with 2 by 4's at about on foot height (where one 4 by 8-foot sheet of plywo makes the floor). Then 1 by 4's for shingles were attach*

asily built . . . cost about $350

four children of Dr. and Mrs. Richard n of Menlo Park, California, spend a t amount of time in this delightful house, which their father designed built for them on the hillside just w the family home.

playhouse has a view deck, an 8 by oot playroom on the first level, and a 4 by 8-foot loft above. A ladder leads to the loft, which has carpeting thick enough to sleep on. The lower level has resawn ¼-inch plywood exterior paneling on the ends, and ¼-inch prefinished plywood interior paneling throughout to add rigidity to the structure.

The loft is enclosed at the ends with canvas panels which can be removed on warm days for air circulation.

Dr. Horn made the construction as simple as possible. He utilized standard sizes of plywood and was able to allow a 6-inch exposure for the shingles because of the steep sides. Total cost came to approximately $350.

Two-story playhouse *has a view deck overlooking a valley. The triangular canvas panel is removable during hot weather*

DARROW M. WATT

Bright idea from Portugal... sunshade, windscreen, privacy screen

Sunbather *is protected by portable sunshade as she relaxes at the beach on Porto Santo, one of Madeira Islands*

Two of our editors recently saw and used these unusual sunshades while in Portugal and on one of its Madeira Islands, Porto Santo. We were intrigued, made some, and tried them here.

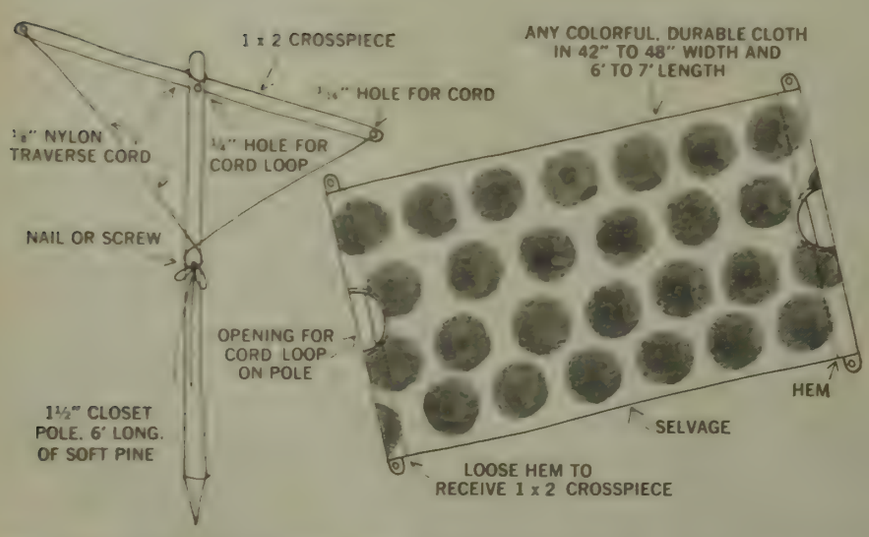
They're surprisingly versatile. These simple sunshades give good protection against a broiling sun, and they are much less affected by wind than a beach umbrella. As shown at the right, they can be tilted to a vertical position to serve as wind or privacy screens. And one or more can provide a temporary cabana—a place to keep your picnic basket cool and to hang towels and extra clothing.

And a colorful one is a big pennant or marker to tell your family or group where to return, however far they may scatter along the beach.

Rolled up, one of these Portuguese sunshades is easy to carry and to store. It's also easy to build.

You need only a 6 to 7-foot length of colorful cotton fabric (hemmed at the ends), two 1 by 2 wood crosspieces about 4 inches longer than the width of the fabric, two 6-foot wood closet poles (2 by 2's) pointed at the bottom ends, and 25 feet of ⅛-inch nylon cord.

Round the wood ends and drill holes in them for the cords as diagrammed below. Tie cords in place securely and burn the ends to prevent unraveling. Drive two small nails or screws into each pole about 30 inches below the top, so the crosspiece cords, tied under them, will not slip on the poles. Leave the wood natural or paint gaily (some in the Madeiras are painted to look almost like barber poles).



Shade *can be canvas, sailcloth, drill, etc. Use lightweight pine for wood parts*

Rolled-up shade *is compact—fits the trunks of most cars—and is easily carried to beach*

GLENN CHRISTIANSEN

just push *the two poles deeper into the sand and set the canvas shade vertical to make an effective wind or privacy screen*

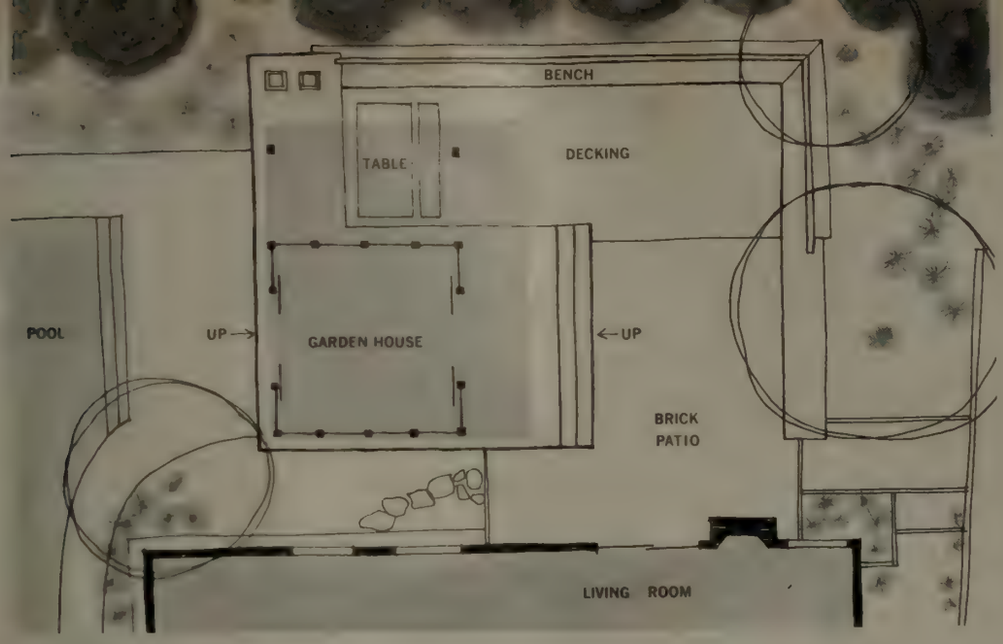
ll cord loop *on pole simply goes around the cross- and back over the top of the pole to secure all*

Cords *from crossbar ends are tied to the poles to secure shade at angle desired. Two small nails on each pole prevent slipping*

Under the cool roof

GLENN CHRISTIANS

A structure *of many uses, garden house is a cool spot for refreshments on cushions around the low table, a place to read, an extra outdoor room to use for a party, and a stage for flowering plants and bonsai*



Garden grew *in three stages—first the patio, then the garden house, finally the pool*

Next to the pool . . . a cool retreat

imple screened garden house, raised a few s above a deck and paved brick patio, pro- s a cool, insect-free retreat for landscape itect Joseph Yamada, his family, and their nds. It also functions as a garden divider, rating the pool from the outdoor sitting off the living room (see plan). Its trellis f extends out at one end to partly shade a ng table and benches where the Yamadas e many of their meals the year round in San go's mild climate.

Sliding screened doors *on each side thwart insects. View is across pool, through garden house to patio area. The garden house measures 12 by 12 feet inside; roof is 16 by 22 feet*

Palms, ferns *thrive under roof of 2 by 2's with fiberglass screening over the top*

It's time to blow the whistle on DDT

Here is why. And here is what to use instead of DDT and several related chlorinated hydrocarbons

The DDT furor prompted us to make a *Sunset* survey early this summer. We tallied active ingredients in insect poisons sold for home gardens in the West.

The most frequently packaged ingredient turned out to be pyrethrum (or pyrethrins). An organic poison taken from flowers of a chrysanthemum, it has been widely used for generations. Aside from causing a skin allergy to a few people, it has never backfired upon or surprised mankind. We found it in 36 products.

The second most-packaged ingredient was DDT, active ingredient in 35 products.

You've probably read and heard a great deal about widely used DDT lately. These are the basic points:

DDT became a chemical hero of the mid-twentieth century when it combated malaria-carrying mosquitoes and typhus-carrying lice.

DDT also became a hero to Western gardeners. It is safer for the user than many old and new insecticides because there is no danger of directly poisoning yourself with it. It is especially useful on insects where its lie-in-wait persistence counts.

But we also know now that good old persistent DDT has, in the 27 years since its introduction, spread around our earth—being found now in infinitesimal-to-significant quantities in soil, water, air, and organisms almost everywhere.

It has been discovered that many forms of wildlife—brown pelicans, peregrine falcons, and bald eagles, to name a few—(1) have large quantities of DDT in their systems and in their eggs, and (2) are, in some areas, no longer capable of reproducing. Biologists are convinced that *fact 1* plus *fact 2* is enough to indict DDT.

On the other hand, some manufacturers and packagers of DDT and related chemicals, and some scientists and government workers claim that the evidence is inconclusive, that other persistent chemicals could have caused the damage, and that the biologists are merely making allegations instead of supplying proof.

DDT is known to be accumulating in man's tissues, too, but there is no proof (yet) that this accumulation is doing biological damage.

How does it all add up?

Is it DDT in the birds and their eggs that causes the eggs or the embryos to fail—or could it be other chemicals or some unknown manifestation of civilization?

Sunset believes that we cannot afford to debate this question while using DDT any longer. The evidence against DDT as the cause of bird failure is such that we must agree with the biologists.

Other chemicals on the store shelves will do the same garden jobs as DDT.

Therefore, we urge our readers to cease buying DDT right now.

We also urge *Sunset* readers to cease buying most of DDT's close relatives.

DDT and 11 other garden insecticide ingredients are chlorinated hydrocarbons.

All share in varying degrees the troublesome characteristic that scientists call *nondegradability*. Many kinds of insecticide break down or change into harmless substances within hours or days after application. The chlorinated hydrocarbons—with the possible exception of methoxychlor—break down slowly, frequently into chemicals of equal hazard. They retain their chemical potency, wherever nature may take them, for years.

We have put together a dossier on the chlorinated hydrocarbon insecticide ingredients sold to Western gardeners. Wherever we found in scientific literature a documented statement that some chemical had polluted an environment, had been found in non-target organisms, or had caused biological damage to a non-target organism, we noted it on that chemical's dossier card.

All the dozen chlorinated hydrocarbons except methoxychlor have marks against them. They vary in the number of bad marks, and their records relate ra directly to how much they've been us

Five chlorinated hydrocarbon insecti ingredients are as bad or almost as as DDT in the degree to which they spread about the world and to which are suspected of causing death and fai of wildlife. They are:

Aldrin (in 1 product)
DDD (in 2 products)
Dieldrin (in 10 products)
Endrin (in 1 product)
Heptachlor (in 3 products)

You should stop using these for anyth except under-the-house termite co (the chemicals are likely to stay there). *Sunset* will no longer recomm garden use of DDT or any of these will no longer accept advertising for p ucts containing them; will remove t from future printings of its garden bo and has stopped using them in its dem stration and test gardens.

Three other chlorinated hydrocarb should be put into the category of only when absolutely necessary—us substitute if possible." Evidence of t damage to wildlife is not as complet for the six already named, and two them have uses for which they are surpassed (see chart). They are:

Chlordane (in 27 products)
Lindane (in 28 products)
Toxaphene (in 14 products)

Two more appear in our records to be enough, perhaps because they are used as extensively as the others:

Kelthane (in 13 products)
Tedion (in 3 products)

The 12th chlorinated hydrocarbon ha marks against it at all—for polluting, ing wildlife, or being banned anywhe

Methoxychlor (in 11 products)

What should you do with your pres supplies of bottles, cans, and boxes chlorinated hydrocarbons?

The things you should *not* do are obvi

DON NORMARK

set *garden editor and head gardener* *k plan that uses degradable poisons* *DDT types) in Sunset's own garden*

and numerous. Do not put containers in the garbage, turn them in to public agencies that aren't ready to handle them, dump undiluted contents out on the ground or pour down the drain. By all of those means the contents could simply add to existing pollution.

Attempts to isolate the materials from the world's vapors and juices by burying the containers, putting them in a box under the house, or by any similar method might be wise for the time but would leave to chance the ultimate release of all the concentrated contents.

Government collection has been proposed but not implemented as yet.

Until a better plan is developed and announced, the best available method is one that may seem strange:

Leave the material on your shelf and use it if there's need for it—at label-recommended dilutions. Then, throw the dry, empty container away.

Regular garden usage puts these chemicals where their slow breakdown becomes hastened—as caused by light, soil adsorption, microbial activity, and other factors. True, your routine spraying of the remainders will contribute one more iota to worldwide pollution, but it will also bring about the fastest kind of chemical deterioration that's at your disposal.

The chart below shows how you can control the common garden pests without using the most condemned chlorinated hydrocarbons. Insecticides recommended are listed under "active ingredients" on the labels, often in very small type. You have to be willing to squint a little.

Most of these recommended insecticides, being degradable, have a short effective period and must be applied more frequently than DDT and its relatives.

Insecticides on this list have their own built-in hazards. Read labels carefully. Use home and garden formulations only.

Sunset's 1969 Chart of Acceptable Insecticide Ingredients

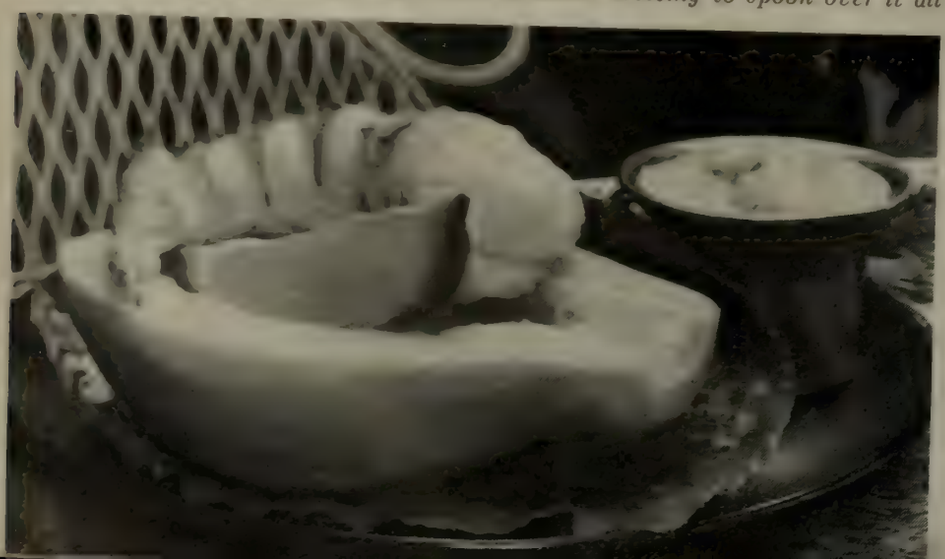
Ingredients / ests	Nicotine sulfate *	Pyrethrum	Rotenone (cube)	Di-syston granules *	Meta-systox-R *	Cygon (dimethoate)	Sevin (carbaryl)	Malathion	Guthion *	Dibrom	DDVP (dichlorvos) *	Diazinon *	Metaldehyde	Petroleum oils†	Sodium fluosilicate	Ethylene dichloride	Dichloroethyl ether	Methoxychlor	Kelthane	Tedion (tetradifon)	Lindane	Chlordane
eal Chewers																						
Beetles			●				●	●				●						●				
Weevils							●	●				●						●				
Caterpillars		●	●				●		●	●		●						●				
Earwigs							●	●		●		●			●							
Grasshoppers							●	●	●	●		●										
Oak moths							●			●												
Snails and slugs													●									
ucking Insects																						
Aphids	●	●	●	●	●	●	●	●	●	●		●		●								
Leafhoppers	●	●	●	●	●	●	●	●	●	●		●										
Mealybugs	●				●	●		●	●	●		●		●								
Scale	●			●	●	●	●	●	●	●		●		●								
Spider mites				●	●	●			●	●		●		●					●	●		
Spittlebugs	●			●	●		●	●	●	●		●						●				
Thrips	●	●	●	●	●	●	●	●	●	●		●										
Whiteflies	●			●	●	●	●	●	●	●		●		●								
oil Pests																						
Cutworms							●			●		●					●					
Grubs							●					●					●					
Lawn moths		●	●				●			●		●					●					
Soil mealybugs					●	●						●					●					
Symphylids							●					●									●	
Wireworms												●						●				
urrowers																						
Codling moths							●		●			●						●				
Leaf miners			●	●	●	●		●		●		●										
Corn earworms							●															
Borers							●					●				●		●			●	
uisance Insects																						
Ants								●		●		●										●
Houseflies		●	●			●				●	●	●										
Mosquitoes		●	●				●	●		●	●	●										
Termites																						●
Yellow jackets																						●

These are highly toxic. Use extreme care
Can be used alone or combined with nicotine sulfate, pyrethrum, rotenone, malathion, or diazinon

These salads are fruit boats

Zigzag-cut *cantaloupe shell becomes a jaunty bowl for single serving of romaine, diced cantaloupe, and Dungeness crab. Pour Goddess dressing from small pitcher*

Inviting *full meal salad set on individual plate: papaya half filled with a cooked half lobster tail, lime wedge, and Green Goddess dressing to spoon over it all*



San Francisco's famous Green Godde dressing, with its herbs and anchovies, surprisingly good with fruits as well seafood.

The usual way to serve it is atop a cri bed of torn romaine, with seafood chicken garnish. But it goes equally we with the good-looking fruit and shellfi combinations suggested here for a con plete summer meal—perhaps a gue luncheon or a family supper.

This famous dressing was first created the mid-twenties at the Palace Hotel honor of actor George Arliss, then appea ing in San Francisco in William Archer play *The Green Goddess*. While the ori inal was based entirely on mayonnai many cooks today like to substitute ha sour cream, preferring its tang and low calorie count.

The recipe we offer here turns out a lar quantity of dressing; however, it sta fresh-tasting when refrigerated for a we to 10 days.

A blender greatly simplifies the prepar tion. You use it first to make a well se soned mayonnaise, then let it purée th anchovies and finely mince the parsle and chives that color the dressing gree Without a blender, use a bowl and wi whisk for the mayonnaise, then ve finely chop the anchovies and greens b fore adding them.

GREEN GODDESS DRESSING

- 1 egg
- 4 tablespoons white wine vinegar
- 1 tablespoon lemon juice
- 1 teaspoon sugar
- 1 teaspoon Dijon-style mustard
- 1 cup salad oil
- 1 can (2 oz.) anchovy fillets, chopped
- 1 tablespoon dried whole tarragon (crumbled)
- 1 teaspoon garlic salt
- 2 tablespoons chopped chives
- 1 green onion, chopped
- 1 cup minced parsley, lightly packed
- 1 cup sour cream

Place in a blender container the egg, tablespoons of the wine vinegar, lemo juice, sugar, and mustard; cover and blen a few seconds. Remove cover and wit motor running, slowly pour in the oil in steady stream, blending until smooth. Add the anchovies, tarragon, and garlic salt and blend for a few seconds. Add the chives, green onion, and parsley, and blend until finely minced. Add the re

DARROW M. WATT

ool summer luncheon salad: *Pineapple shells hold pineapple, shrimp, and avocado slices to be topped with Green Goddess dressing*

ining 2 tablespoons wine vinegar and r cream and blend just a few seconds. akes 3 cups dressing.

re are directions for arranging the fruit d seafood plates.

ntaloupe and Dungeness Crab Goddess lad. With a sharp-pointed small knife, t a medium-sized cantaloupe in half rizontally, making zigzag cuts. Scoop t seeds. Use a serrated knife to remove flesh from the shell, then dice it to e size. Line each shell with the tips of maine leaves, then spoon in cantaloupe ces and pile about ¼ pound Dungeness b meat in the center of each filled lon shell. Cover and chill until serving time. Serve on a salad plate (without greens). Pass a pitcher of Green Goddess dressing, allowing about ¼ cup per serving. Serves 2.

Papaya and Lobster Goddess Salad. Peel 1 papaya with a vegetable peeler, cut in half, and scoop out the seeds with a spoon. Line two salad size plates with romaine and arrange a papaya half on each plate. Cook and chill 1 frozen rock lobster tail (weighing about ½ pound) as directed on the package; remove meat from shell and cut it in half, lengthwise. Cut each half in ½-inch chunks and reassemble, laying one half of the lobster tail across each papaya half shell. Garnish with a wedge of lime. Serve with Green Goddess dressing (allowing ¼ cup per serving). Serves 2.

Pineapple and Shrimp Goddess Salad. Cut 1 large pineapple in half lengthwise, cutting through the crown. Use a serrated knife to remove the fruit from the shell. Cut the fruit into chunks and discard the core. Cut 1 avocado in half, remove seed, and slice lengthwise; then cut again crosswise. Dip slices into lemon juice to prevent darkening.

Spoon the pineapple chunks back into the shells along with 1 pound cooked, shelled, large shrimp and garnish with avocado slices. Cover and chill until serving time. Serve with a bowl of 6 cups torn romaine leaves and about 1½ cups Green Goddess dressing. Makes 6 servings.

Swimming pool?

Yes. But it has a sitting area - stage on one side, audience-steps on another, a small waterfall, a mirror surface. Really it is a desert happening place

Aquatic plants *have their own pool with separate water supply—not the same water that spills into swimming pool below*

Sitting area *draws you away from house out to the pool. Cactus, palms provide afternoon shade*

Any water *that splashes out of pool flows over concrete apron away from the side of pool, sinks into desert sa*

DON NORMARK

he desert's jagged mountains, its angular landscape, and the ight, clear quality of its light all influenced the design of this ol in Tucson. The shape of the pool and the adjacent pav- g provide the same strong shadow patterns you find in the rrounding desert.

esigned by landscape architect Guy Greene, it represents a ghly successful solution to the challenge of providing a swim- ing pool that doesn't look like one.

he use of black pigment in the surfacing of the sides and ttom of the pool gives the water the mirrorlike quality of a tural lake or stream, reflecting clouds and desert plants. om the house or poolside you look out across a sheet of water at appears to flow into the desert. The illusion is achieved eliminating the coping at one end of the pool and bringing e water level up flush with the side (see photograph at right). his also creates a safe access for the desert wildlife that is couraged to come and drink at the water hole.

cording to the owners, the black color raises the temperature the water about 5°—an asset in winter when it helps reduce ating cost, but not as welcome in summer when it makes e water a bit too warm for some swimmers.

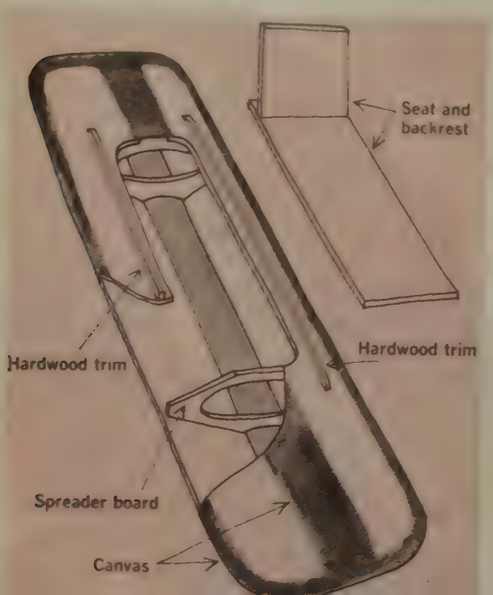
Brim full, *the pool appears to flow out into the desert. Waterfall at left is pool inflow*

Skimming *lightly over the water, this simple plywood kayak turns in its own length draws only a few inches. Double-ended paddle is included in the plans*

MICHAEL HILDEN

Skimmer-kayak . . . easy to build

Cutaway view *shows two top, two bottom panels joined with flexible canvas strips*



A hard pull *releases the spreader boards, letting kayak collapse for easy transport*

We first noticed this kayak and anoth like it on a lake south of San Francisc On inquiry, we found out that both we based on plans drawn up by Jess E. Rat burn and James Frank, two industrial ar teachers in the San Francisco Bay Are Through them and several Boy Sco leaders, the plans have been made avai able to youngsters all over the West.

The design has thus passed the doub test of building ease and of practicalit The crafts are sturdy enough for runni quiet rivers—but not recommended f white-water use.

You won't find a simpler kayak to buil The hull is four lengths of ¼-inch pl wood cut from a 4 by 10 (or 4 by 8) she and joined loosely by cemented-on canv strips. Spreader boards, seat, backre and paddle require small amounts other plywood and doweling. The fini is paint or varnish. No nails or screws a used. Even with optional hardwood tri (seen on kayak at left), an 8-footer c be built for less than $25.

For detailed instructions, send $1.10 Troop 708 Kayak Plans, 4676 Seven Hi Rd., Castro Valley, Calif. 94546.

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HUGH N. STRATFORD

New deck *is made of ⅝-inch exterior plywood over 2 by 10's, is carpeted*

Before. *The stairs were open, the landing small*

After. *Sheathed stairway rises to sizable deck over the patio*

They let the stair landing grow

In this split-level house in Seattle, Mr. and Mrs. Herman Olsen have their living room and kitchen at the rear, a full story above the attractive garden. To get outdoors they used to have to go downstairs.

Architects Ridenour & Cochran suggested the 12 by 14-foot deck. It increases the variety of the Olsens' outdoor living and extends the indoor rooms opening off it. Siding to match the house encloses the deck and sheathes the new stairway.

The tree on the far right is Ralph.

The little pine is called Peter.

Each of these trees has a name, thanks to Tony. He's the boy on the bridge, and he's named all the trees around his house at Incline.

There are thousands of trees up here, and we must admit they don't all have names. But they might as well have, the way we watch over them. Whenever anything new goes up, every tree must be accounted for. No tree is touched without our say-so.

Incline is a part of Tahoe's great, unspoiled north shore, and our goal is to keep it unspoiled. Our greatest responsibility is to see that whatever is added to Incline is worthy of what was here to begin with.

There's the Incline Golf Course, for instance. Designed by Robert Trent Jones. It unfurls like green velvet from the foot of the mountains almost to the shore—under and around the stately groves of pine. *Holiday Magazine* has called it one of the most interesting courses in the country.

There's the Chataux Country Club Restaurant, with its massive stone walls and heavy-beamed ceilings. There's the Racquet Club, drawing the best pros and amateurs around.

And there's Ski Incline. Beautifully groomed ski runs, firelit chalets, and a sweeping view of Tahoe as you schuss down the mountain.

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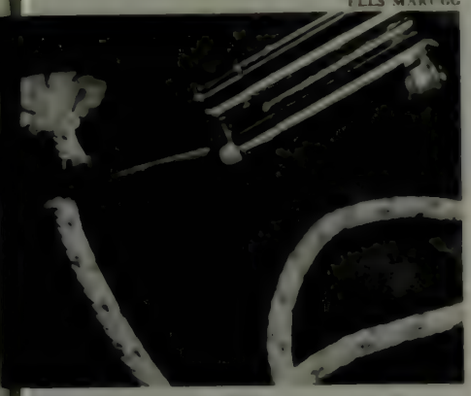
The way to cut synthetic rope

enever you cut nylon or other syn- ic rope, try using a soldering gun to he job. Heat the soldering gun for a seconds, as when soldering, and then let its tip melt through the rope. It through any tough synthetic rope ly and also fuses the rope ends so will not fray (and without the un- tly result you often get when you cut nthetic rope with a knife and then n the frayed end with a match).

the same whenever you want to make ermanent knot in the end of a syn- ic rope. Cut the end off short and it into the knot.

utting tip on your soldering gun ks best for rope, but the ordinary ering tip will also do the job.

ELLS MARUGG



dering gun *with cutting tip cuts this on rope easily, neatly, and fuses ends*

e gun *will also "weld" a knot in a syn- etic rope together so it will never loosen*

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RICHARD FISH

The table *(3 by 8 feet) is just the right size for this family of four*

Up it's a table . . . down it's a pad

Now it's a table for outdoor eating, then by adjusting a couple of metal pins it lowers to become a sunbathing pad. Outdoor furniture like this with more than one use makes good sense for small patios, decks, and other restricted areas.

The adjustable table you see here was designed by John Michael for a garden in Tarzana, California.

The legs of 2-inch galvanized pipe slide up and down in pipe sleeves of slight larger diameter, set in concrete. The L are welded to metal crosspieces whi support three 2 by 6's which in turn su port the table or pad top, made of lam nated (glued and nailed) 2 by 2's. A wo box frame surrounds the pipe legs as decorative element and helps support t weight of a sunbather when the top is the low position. Metal pins, passi through holes in the pipe leg and its out sleeve, hold the top at eating height.

The same idea could be used for a p yard table so you could adjust the hei as the children grow. Or a table wi longer legs could be raised for stand- jobs such as potting and bonsai pruni

In its *lowered position (12 inches) it's perfect for sunbathing, lounging*

You raise *and lower it by pushing these metal pins through holes in pipe*

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put the joy back into cooking because they take ou
chore women hate most: cleaning a gooky oven.

And ovens get that way. The culprits are the d
your family loves most. The stick-em-up casserole
fruit pies. The splatter-drip meats au juice. The br
sugar Clinging Delights.

What a relief to let your oven clean them away
trically. No messy hand scrubbing.

Just set the oven control to "clean," latch the
and set the timer.

Off come the spatters, the crusted-on juices
spills, the drips. And from some spots you cou
reach by hand.

The P-7 Self-Cleaning Oven feature is availab
every kind of range we make. Built-ins and free stan
30" and 40". Conventional and electronic. And in
color, too. Harvest, Avocado, Coppertone or Whit

Your GE dealer will be happy to show them all to
He won't have to show you GE's rugged construc
You probably grew up with it.

So get a GE Self-Cleaning Oven and cook to
heart's delight. And let the spatters
fall where they may!

The J797 vs Meatloaf Suburbioso

Delicious as it is, nothing spatters like the traditional American meatloaf. And nothing fears meatloaf less than a GE Self-Cleaning Oven. The range is our classic double-oven Americana. The lower oven has the P-7 self-cleaning. Other features: dependable solid-state oven temperature control, Sensi-Temp® automatic surface unit, automatic rotisserie, meat thermometer, infinite heat surface units, two picture window doors. All colors. Similar Americana-styled model, our Versatronic® Range, features the amazingly fast GE electronic oven.

The J757 vs Casserole Cum Laude

Leave it to a casserole to bubble over and stick up an oven something fierce. Don't worry. The GE Self-Cleaning Oven is more than a match for the stickiest casserole. The J757 is a free-standing 30" model. Other features: dependable solid-state oven temperature control, no-drip cook-top, easy-to-clean, high-speed Calrod® units, picture window door, infinite heat controls. All colors. Similar model now available with electronic oven, in most areas.

n-glue a world of sticky foods.

J487 vs Apple Pie Americana

ven "glues" can match an apple pie. But not even rupy juice of half a dozen pies can crust for long E Self-Cleaning Oven. The range is a double-oven, n free-standing model. Other features: dependable tate oven temperature control, infinite control sur- its (one of them the automatic Sensi-Temp unit), pic- indow door, meat thermometer. All colors.

The JK29 vs Les Spuds et Boeuf Nebraskus (upper oven) vs Curiositas Caribe (lower oven).

Prefer to each cook your own thing? The GE JK29 built-in double oven has not one, but *two* Self-Cleaning Ovens. While the top one takes care of the rotiss drippings, the bottom oven cleans away the bubble-over from the covered dish. Other features: dependable solid-state oven temperature control, picture window doors in both ovens, easy-set oven timers, rotisserie, matching exhaust hood and surface units with pushbutton controls.

JM99 vs k d'Amor

spattery wine-basted duck. Don't duck out on this ous fowl. Baste away and let a GE Self-Cleaning pay the oven-cleaning piper. The oven is a custom in JM99. Other features: handsome picture win- door and interior oven light, trim-looking backsplash, ndable solid-state oven temperature control, auto- oven timer, meat thermometer, convenient eye controls mounted on the matching hood. All colors.

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Entry *stairway flares out, making ascent more inviting and allowing room for plants. Top row of concrete blocks in wall was filled with soil, planted with asparagus fern.*

Uphill entry . . . the flaring stairs are inviting

Perforated *Mexican pots conceal low voltage lights, illuminate the stairs at night.*

An entry walk or stairway should lead visitors easily and pleasantly to the front door. These entry stairs do just that. They seem to invite arriving guests to make the climb from the parking area.

They're new stairs, added as part of a major remodeling project designed by architects Dan L. Rowland, A.I.A. and Associates for Mr. and Mrs. Donald R. Bates of Santa Ana.

The former entry came in from the street along the same grade as the main floor of the house. However, there was no place for guest parking on the street. The solution was to move the entry to the downhill side of the lot on the same level as the garage, which is under the main living areas, and carve out a guest parking area alongside it.

The plan required construction of a concrete block retaining wall and fitting in the entry stairs so they wouldn't encroach on the limited parking area.

As the pictures show, the stairs follow the line of the retaining wall, but the treads across the lower half of the stairs case are extended and cantilevered out to produce a flare that's more generous and inviting, yet open and light-looking.

The large perforated pots lining the stairs were bought in Mexico. A low-voltage line runs out from the house; the lights are pushed into the pots through one of the holes in back.

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Send old and new address, moving date, and label to SUNSET, Menlo Park, Cal. 94025.

Each *of the storage units is 17½ inches deep, 22½ inches wide, and 16 inches high*

She has six appliance garages

Almost a dozen electrical kitchen appliances can be accommodated in this series of "appliance garages." With such an arrangement there's no need to lift an appliance out of a cabinet or drawer, move it to a convenient counter, or plug it in before you can use it. Here you simply open the door (doors swing up and push back into the top of the opening), slide the appliance out, and use it—it's already plugged in.

This storage arrangement, more extensive than most we've reported, has the added advantage of functioning as a divider between the kitchen and family eating area to screen out the cooking clutter.

A continuous multiple electrical outlet strip running along the back of the units provides three or four outlets for each section. The appliances stay plugged in; there's a master switch above the sink to control the power to the outlets and a red warning light that glows when the current is on (see photograph at right).

The tile on the counter extends inside the units to make it easy to slide the appliances in and out and for fast clean-up. Enclosing the appliances also keeps them cleaner and freer from the grease and dust that invariably accumulate on anything left uncovered on a kitchen counter.

The appliance garages are in the Los Gatos, California, home of Mr. and Mrs. A. G. Hobson. The idea was Mrs. Hobson's; she sketched out a preliminary design and gave it to architect Warren Gilbert to be incorporated into the house blueprints.

Appliances *remain plugged into multiple outlet strip set along back of the units*

Warning light *glows when outlets are alive; master switch below controls current*

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softly scented flowering prints in
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Antique Gold. Matching facial tissue,
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Relax! A Genie Automatic Garage Door Opener System gets you into your garage without getting out of your car. Just a touch of the button opens the garage door . . . turns on the light . . . closes the door . . . then locks up tight. Why struggle with that heavy garage door in dark or rain again? Write for details.

Genie — "The garage door picker upper!"

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Maker of the famous Antenna Rotator...Alliance Tenna-Rotor®
"TV's Better Color Getter!"

Considering an air conditioner?

As daily temperatures climb in the West, so go the sales of room air conditioners—with their promise of instant relief from the heat at a reasonable price.

For your money, you get a unit that will cool, dehumidify, clean, and circulate air in a room. If your home design allows air to circulate freely, you can even use a large model to air-condition more than one room, such as a kitchen-dining-living area and perhaps a den or bedroom on the same floor.

A few room air conditioners cost less than $110; the biggest sellers cost $150 and $250; a few range above $350. Most units draw 7½ to 20 amperes on a 115-volt circuit; others require 230 volts. Models are rated at cooling capacities of 5,000 to 32,000 BTU; the most popular are rated at 8,000 to 12,000 BTU.

Installation is usually easy enough for the unskilled home owner to manage, but it may prove to be more time-consuming and difficult than the salesman suggests. Large units should be installed by the dealer (there'll be a charge for this).

FEATURES TO CONSIDER

Expandable panels, available with many 115-volt models, allow exact fitting to window openings of various widths. Tall, narrow units are available for casement windows.

The better room air conditioners have two-speed or three-speed fan controls and adjustable louvers to deflect the cool air. Some allow a small amount of outside air to be drawn in and cooled and a matching amount of stale room air to be exhausted. Most have rustproof pans and drains and washable filters.

As you shop, note that sometimes a 6,000-BTU and a 10,000-BTU unit are in virtually identical cabinets. A smaller-capacity unit in a spacious cabinet will probably run more quietly than a larger-capacity unit in the same size case.

When you consider installation, remember that most of the noise caused by window units moves outwards, away from your home. If your new unit directs a blast of noise and warm air right at a bedroom window of a neighbor's house or onto a play area of his yard, he may take legal action. (Most warm-climate communities now have ordinances concerning closeness and noise level.)

HOW WELL DO THEY WORK?

Typically, a room air conditioner is sold during a heat wave, and the dramatic

rovement it brings is a source of im-
ate pleasure.

while the air-conditioned area feels
fortably cool, the rest of the house
seem more stifling than ever by con-
, and the owner may be pressured by
amily to add more units.

the flow of cool air may prove hard
djust satisfactorily; someone sits in
rea of chilled air while a nearby per-
is too warm. (That's why it's wise to
a model with adjustable louvers. All
ufacturers sell them.)

noise, possibly worsened by a not-
skillful installation, may be annoying
begin with—and any unit will, of
rse, get slightly noisier with age.

wing for these possible drawbacks,
alling a room air conditioner can still
he most economical and effective an-
r to a cooling problem.

OOSING THE RIGHT SIZE

small a unit will run continuously
hot days yet not lower the tempera-
to the desired level. Too large a unit
cool the area quickly and cycle off,
sing needlessly wide fluctuations in
perature and relative humidity.

make a valid size recommendation,
dealer should be familiar with the
al weather patterns and should be told
room size and exposure, the number
l location of doors and other openings,
l the proposed location of the air con-
ioner.

u may also want to point out such
cial factors as adjacent heat producers
range, a hot west wall) and insulation
walls and ceilings. If there are unusual
nditions, the dealer may prefer to visit
ur home for a personal evaluation.

ERATING COSTS, MAINTENANCE

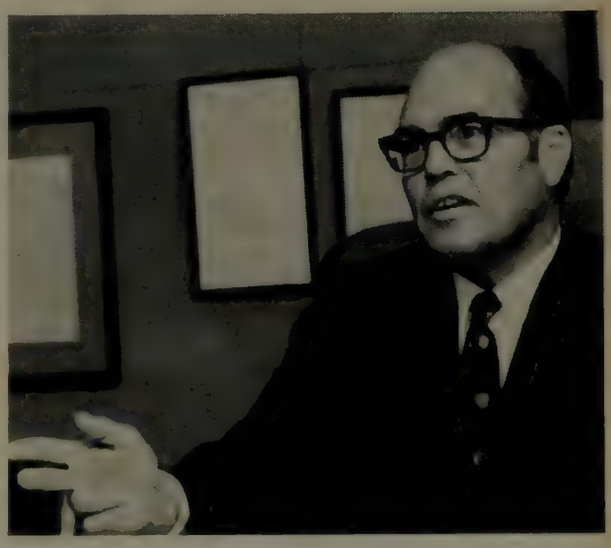
a very rough figure, by no means ap-
cable everywhere, you might pay about
per heavy-use month in added elec-
city costs to run the typical 12,000-
TU window unit. You'll have to clean
replace filters two or three times a
ason and clean the condenser coil once
ery season.

If you're building, take snapshots

If you are in the process of building a house or buying one that's still in the construction stages, you might find it beneficial to take snapshots of key parts of the electrical and plumbing systems before they're covered by the walls. Such a record may help an architect, contractor, or repairman if you later remodel, add on, or have a breakdown in one of the systems.

"Is It Time To Re-balance Your Portfolio?"

by **John Randolph, Jr.,** *Vice President*
United States Savings and Loan League



It is often said that to beat inflation, you must concentrate your money in stocks or other equities. But that is an oversimplification which requires clarification.

It may be time to ask yourself a basic question. Are you overcommitted in today's stock market?

It is axiomatic in investing that the greater the potential for profit, the greater the risk of loss. Nowhere is this more true than in the stock market.

Many families, seeking to enhance their capital as fast as possible, have overcommitted savings to the stock market and then seen their financial resources eroded by market fluctuations.

Others have taken great risks but made only modest profits that could have been bettered—with insured safety—at a Savings and Loan Association.

For instance, if you had invested $10,000 in the stock market in the first quarter of 1969 and then found you needed your money at the end of the period, you might very well have suffered a loss.

The stock market averages show what might have happened to that $10,000. Let's look at four indicators:

1. From the first trading day of 1969, January 2, to the final one of the quarter, March 28, the New York Stock Exchange's Composite Index fell 3.54%. Your $10,000, measured by this percentage drop, would have become $9,645.
2. Measured by the 30-stock Dow Jones Industrial Average, which dropped 1.29% in the quarter, the $10,000 would have been $9,870.
3. The American Stock Exchange Price Index fell 7.20% in the first quarter. Measured by this index, you would have had $9,279 at the end of the quarter.
4. The National Quotation Bureau's Index of Over-the-Counter Industrial Stocks fell 7.33% in the first quarter, reducing the $10,000 to $9,266 by this index.

These are, of course, paper positions. Your actual losses, if you'd had to sell, would have been even greater. This is because the market indicators don't take into account the further shrinkage of your money due to the fees you'd have had to pay your broker when you bought and sold the shares.

If your $10,000 had been invested in a savings account in a Savings and Loan Association, your first quarter position would have been $10,115, based on the average interest rate paid by Savings and Loan Associations.

Would you be better off with more money in savings accounts in Savings and Loan Associations and less in the market? And what about the money you can't afford to lose? Here's how an account at a Savings and Loan Association can re-balance your portfolio:

1. Your money earns a dependable income. Over the years Savings and Loan Associations have paid higher returns on savings than any other type of financial institution.
2. Your money and your earnings are all yours—no front end loads, no commissions, percentages or fees to siphon away your gains.
3. You can get your money back—all of it—whenever you need it. In fact, your principal and interest are insured up to $15,000 by an agency of the U.S. Government.

Viewed from this perspective, perhaps it's time to re-balance your portfolio.

Savings and Loan Associations

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Build your bath around an Empire

Make your own beautiful beginning with Empire. A truly inspiring towel. You can revive the white-on-white bath. The pattern so lush that even white can excite. Choose your color scheme from the glow of petal pink *(as shown)* or from the splendor of parrot green. Or the blaze of bronze. Or the glory of sungold. Each color played against its own background hue. The bath towel about $3.50.

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MILLS AT GRIFFIN, GEORGIA.

Lamps *move to light working area*

Movable lamps on drop cords

he work area of a hobby room in the l Colman's home, Pacific Palisades, ifornia, architect Raymond Kappe cified these lamps on drop cords.

simple lights are easily adjustable— y can be positioned anywhere on the al raceway, and can have longer or rter cords. You'll find several types of e raceways at electrical shops.

RICHARD FISH

me *hobby shop is well illuminated by ps on drop cords from metal raceway*

California joins the United States.

t happens when s.s. United States drops anchor in San Francisco Bay near the end of the Grand Pacific Cruise. It's a first for her. It's a must for you.

And you thought the s.s. United States just went back and forth from New York to Europe! The s.s. United States is heading your way for a 55-day Grand Pacific Cruise starting January 21 from New York. On her way back from this cruise, she'll stop at San Francisco before continuing on to New York. This is the first time the luxurious, fully air-conditioned s.s. United States has called at a West Coast port. If you need help deciding whether to go on this great cruise, remember that everything on board is first class—that's the food, the wines, the professional entertainment, the Meyer Davis music, the service and the accommodations.

You might want to consider two other s.s. United States cruises. Check the sailing dates and itineraries below and take your pick.

GRAND PACIFIC CRUISE
January 21 (55 days)

Leaves New York January 21 bound for Cristobal—Panama Canal—Auckland—Wellington—Sydney—Hong Kong—Kobe—Yokohama—Honolulu—San Francisco—Acapulco. Returns to New York March 17. 55 days. Fares from $2,350. (A limited number of rooms without bath at $1,980.)

AUTUMN SEAVENTURE CRUISE
November 9 (21 days)

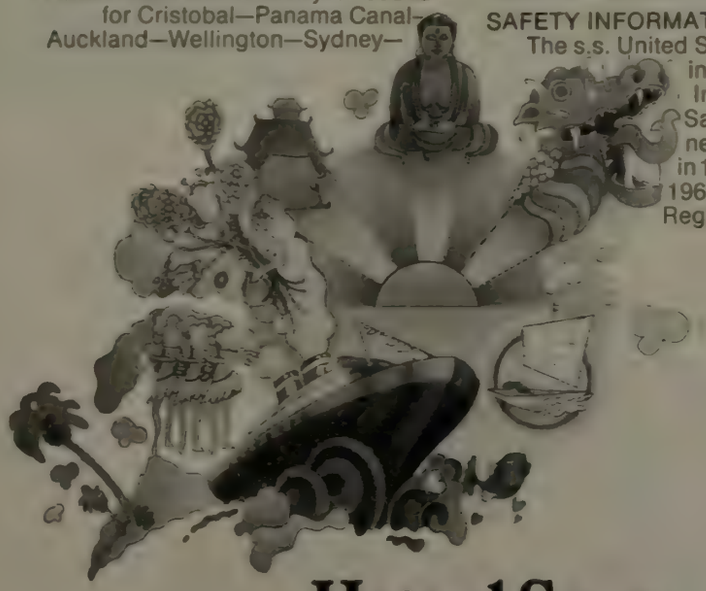
Leaves New York November 9 bound for Bermuda—Lisbon—Madeira—Canary Islands—Dakar—St. Thomas—Nassau. Returns to New York November 30. 21 days. Fares from $675.

HOLIDAY CRUISE
December 19 (16 days)

Leaves New York December 19 bound for Madeira—Canary Islands—Dakar—St. Thomas. Returns to New York January 4. 16 days. Fares from $645.

See your Travel Agent or contact United States Lines agents: American President Lines in San Francisco and Los Angeles, and American Mail Line in Seattle and Portland.

SAFETY INFORMATION.
The s.s. United States, registered in U.S.A., meets International Safety Standards for new ships developed in 1960 and meets 1966 Fire Safety Regulations.



ss United States

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Name

Address

City State Zip

RICHARD FISH

Beside *the neat kitchen planning desk, folding doors open up . . .*

. . . to reveal sewing alcove with built-in machine, valance light

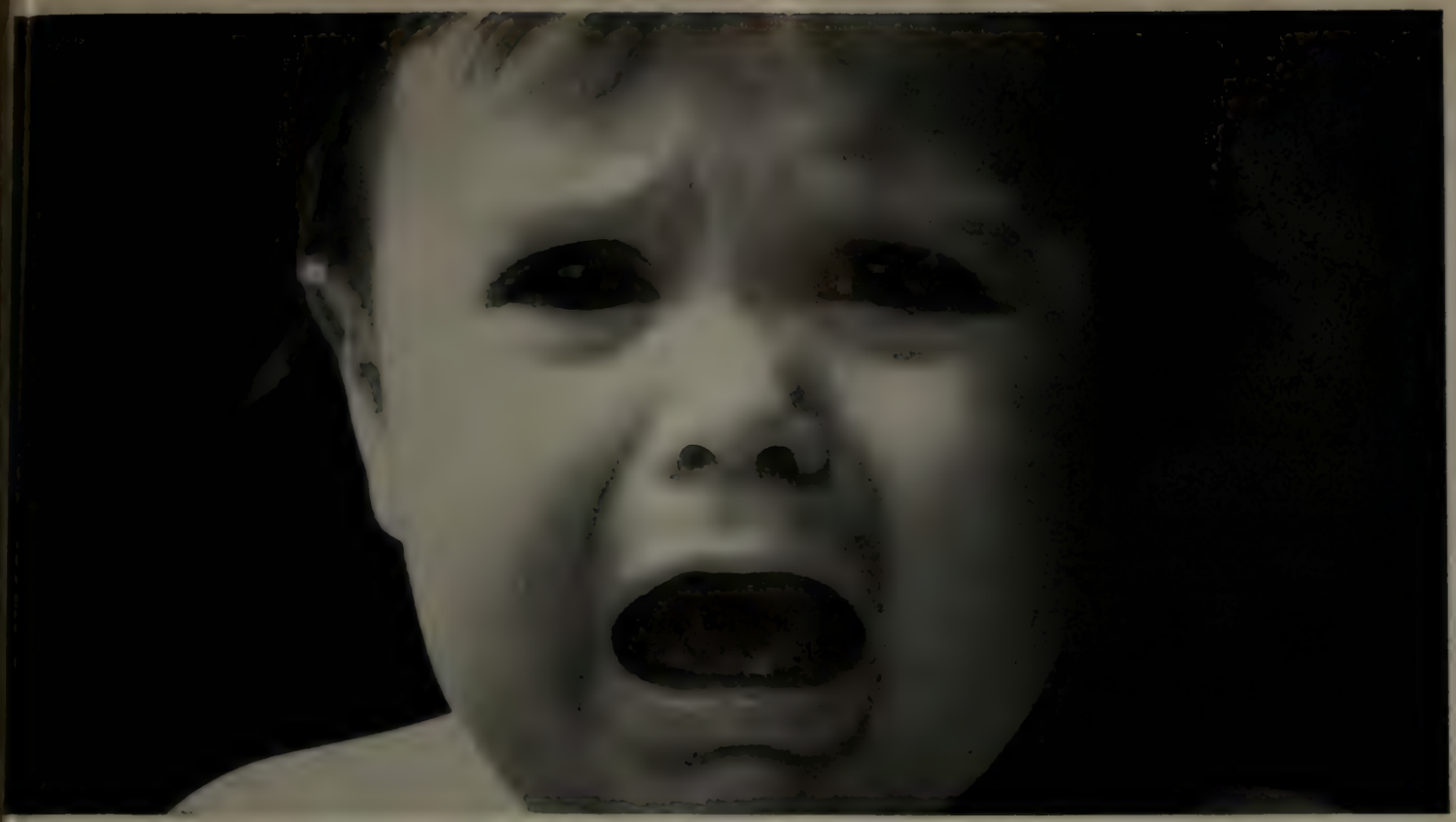
Doors open up a sewing center

A compact sewing center is hidden behind large bifolding doors in the breakfast area of the David Jackson house in San Diego. The doors are paneled to match the end wall and blend into the room.

The doors slide open along an overhead track, revealing the bright, colorful sewing center with the machine in place on a small work counter. Orange and pink fabric covers the wall at the rear and forms the valance that conceals the lighting and storage boxes for materials and patterns. Mrs. Jackson hangs equipment and supplies on the end walls of the alcove to keep the countertop clear for sewing and mending.

The sewing alcove and the kitchen planning desk form a handy and compact work center for Mrs. Jackson. The desk is equipped with a clock, wall telephone, drawers, and cabinet space.

The architect was Ronald K. Davis.



A nostalgic farewell to the pin.

When we came up with the idea for a pinless diaper, we knew we'd be turning our back on a fond tradition.

The tradition of pierced thumbs. Muffled cries. Diaper pins that disappeared in the night. Or magically opened all by themselves.

Ah, the excitement of it all.

Still, we forged ahead with our new-fangled idea. And came up with something we think you'll like even better than pins.

Snaps.

Oh, we admit it's not very exciting. But it works beautifully. In the following way.

The babyScott® diaper slips into its own special bikini panty. Unfolds wide at the back for maximum protection. Wraps neatly around the baby. And snaps together at the sides.

The diaper is thick and absorbent. It's disposable. You simply flush it away. Yet it's softer than cloth. With a unique construction that draws wetness away from the surface, deep into the fluffy layers below.

So the baby stays drier. Even if the diaper is wet.

The panty is cut low in the front. So it'll fit snugly underneath those round little tummies.

And high on the leg. So there are no gaps for moisture to escape through. And you stay drier. So does the crib.

The way we see it, babyScott could make diapering a totally uneventful experience.

babyScott. The pinless diaper.

Sunset's Kitchen Cabinet®

The fresh fruits, vegetables, and seafood that fill Western markets this month inspire these simple recipes for summer menus.

If you barbecue or bake a salmon, plan to have enough left to make a salmon and cheese pie the next day.

Melons in shades of pale green an gold provide the garnish for a speci dish of chicken breasts. Fruit sta again in a whipped dessert that is lo in calories, and in the peach jam.

Savory main dish pie; serve hot for a company brunch or family supper

Salmon and cheese pie

Start with a can of salmon or leftover barbecued or baked salmon.

- Generous 9-inch pastry shell
- 1 cup shredded American or Longhorn Cheddar cheese
- 1 can (16 oz.) salmon, drained, or 2 cups cooked salmon
- 1 tablespoon flour
- 2 tablespoons butter or margarine
- 1 bunch green onions, with about 2 inches green tops, sliced
- 1 can (10½ oz.) condensed cream of mushroom soup (undiluted)
- ¾ cup sour cream
- 1 teaspoon dill weed
- ⅛ teaspoon pepper
- 2 eggs, slightly beaten

Using your own recipe or a pie crust mix, prepare 1½ the amount of pastry for a 9-inch pie shell. Roll out as c rected and line pie pan, building up firm standing edge; bake.

Sprinkle half the cheese in the pastr shell. Remove any bones and sk from salmon, break into chunks, m lightly with flour, and put into she In a pan heat butter and sauté onio until soft. Add soup, sour cream, di and pepper; heat and stir until it boil Remove from heat, mix in eggs, an pour over salmon. Sprinkle top wit remaining cheese. Bake in a 325° ove for 30 minutes, or until set. Let stand to 10 minutes before serving. Makes servings.—*E. S., Medford, Ore.*

Chicken breasts and tart, creamy sauce over rice, with cool melons

Creamed chicken with melon

Choose cantaloupe, honeydew, Persian, or a colorful combination of melons to garnish this easy company dish.

- 2 tablespoons butter or margarine
- 2 pounds chicken breasts, boned
- 1 small onion, chopped
- ½ cup apple juice or white wine
- ¼ teaspoon each ground ginger and cinnamon
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon grated lime peel
- 1 tablespoon lime juice
- 2 tablespoons flour
- 1 cup milk or light cream
- Toast triangles or hot, cooked rice
- About 2 cups melon balls or slices

In a large frying pan, heat the butter; put in chicken and cook until lightly browned on one side. Turn, add onion and cook until chicken and onions a lightly browned. Add the apple juic or wine, ginger, cinnamon, salt, pep per, lime peel, and juice. Cover an simmer until the chicken is just ten der, about 15 minutes.

Blend the flour to a smooth paste wit the milk or cream. Stir into the mi ture in the pan, heat to simmerin and simmer 3 minutes.

To serve, arrange chicken over th toast or rice on each serving plat spoon over sauce. Garnish each pla with some of the melon pieces. Mak 4 servings.—*H. N., San Francisco.*

Out camping or at home, you can make this frankfurter supper dish quickly

Spaghetti stir-up

The raisins are optional; it's a flavor surprise that most of our tasters liked.

- 6 slices bacon
- 1 large or 2 medium-sized onions, chopped
- 1 teaspoon curry powder
- 2 cups water
- 2 cups tomato juice
- 2 beef bouillon cubes or 2 teaspoons beef stock base
- 1 cup raisins (optional)
- ¼ teaspoon ground cloves
- 2 cups spaghetti, in 2-inch pieces (about 6 oz.)
- 6 garlic frankfurters or smoked link sausages
- Salt and pepper to taste

In a large heavy pan (at least 2½-qt. size) cook the bacon until crisp; remove and drain on paper towels. Di card all except 2 tablespoons baco drippings. In the drippings sauté onio until golden. Stir in curry powder an cook 1 minute. Add the water, tomat juice, bouillon cubes, raisins (if used and cloves. Bring to boiling. Add spa ghetti and frankfurters or sausages an bring back to boiling. Cook slowly, u covered, stirring often, until spaghet is tender and the sauce thickene about 8 to 10 minutes.

Add salt and pepper to taste. Arrang bacon strips over top (or crumble ba con over top) before serving. Make 6 servings—*H. S., Auburn, Wash.*

this summer's bounty inspires you reate successful new recipes, you're ited to submit them for our test- Mail contributions to *Sunset Mag- e*, Menlo Park, Calif. 94025. We $10 for each recipe published.

Main course ideas . . . salmon or chicken . . . other ideas . . . eggplant, spaghetti, fruits

ggplant with peppers

ke this several hours or a day ead. Serve at room temperature with lavored yogurt for dressing.

- 1 large eggplant, about 1½ pounds
- 2 large green peppers, seeded
- 3 or 4 medium-sized tomatoes, peeled
- 5 tablespoons olive oil or salad oil
- Water
- 1 or 2 cloves garlic, minced or mashed
- 1 teaspoon *each* salt and sugar
- ½ teaspoon seasoned pepper
- Salad greens

t unpeeled eggplant into ¾-inch bes and green pepper into ¾-inch nares. Dice 2 of the tomatoes. Using 10 or 12-inch frying pan (with a ver), heat 3 tablespoons oil over dium-high heat; sauté eggplant 2 minutes, turning. Add 2 tablespoons water, cover, and cook, removing lid at 1 to 2-minute intervals, and adding water 2 tablespoons at a time as it is absorbed. Turn as needed, until tender, about 12 minutes total cooking time; spoon into a bowl.

Add remaining 2 tablespoons oil to pan and sauté green pepper about 10 minutes; spoon over eggplant. Add diced tomato to pan with garlic, salt, sugar, and pepper; simmer into a thick sauce; pour over eggplant. Mix lightly; serve in lettuce-lined bowl. Top with remaining tomatoes, in wedges. Serves 6 to 8.—*M. G., San Francisco.*

Turkish-style salad takes delicious advantage of fresh summer vegetables

reezer peach jam

t away some of summer's bounty in e form of this fresh-tasting peach eserve to store in your refrigerator freezer.

- 2 cups peeled, thinly sliced peaches
- 3 tablespoons lemon juice
- 4 cups sugar
- 1 package powdered pectin
- 1 cup water

a heatproof bowl, combine the aches and lemon juice; use a fork, stry blender, or potato masher to ush the fruit. Stir in the sugar and stand about 20 minutes, stirring casionally. In a saucepan, combine e pectin and water. Bring to a boil d boil for 1 minute, stirring constantly. Pour hot pectin mixture into the peaches. Stir for 2 minutes. Pour into clean jars, jelly glasses, or small freezer containers. Cover with clean lids or with foil. Let stand at room temperature for about one hour, or until the fruit is set.

The jam keeps well in the refrigerator for several weeks. Freeze for longer storage, then transfer to the refrigerator as needed. Makes 4 to 5 cups. —*C. P., West Covina, Calif.*

Some peach varieties that make good preserves are Rio Oso Gem, Elberta, J. H. Hale, and Merrill Fiesta. Use fully ripe fruit for richest flavor.

Good idea: Preserve sun-ripe peaches without cooking for freezer storage

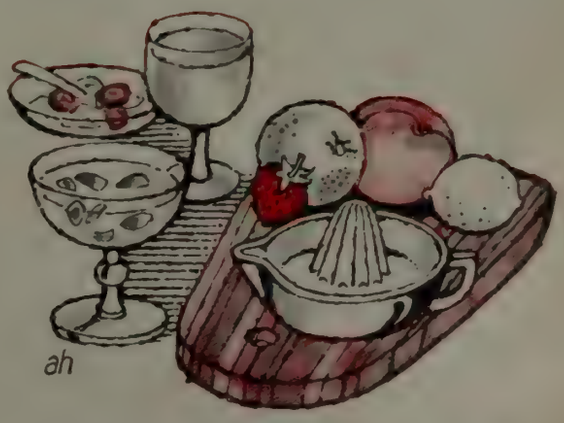
angy fruit whip

his dessert looks rich, but isn't; it's a oon to weight-watchers.

- 1 package (3 oz.) orange-flavored gelatin
- 2 tablespoons sugar
- 1 cup boiling water
- Juice of 1 lemon
- Orange juice, fruit syrup, or water
- 1½ cups thinly sliced ripe peaches or nectarines
- 1 container (8 oz.) unflavored yogurt

ut the gelatin in a bowl. Add sugar nd boiling water; stir until completely issolved. Put lemon juice in a mearing cup, add orange juice to make ¾ cup, and add to gelatin. Chill until lmost set, then whip until fluffy. With spoon, stir in the fruit and yogurt until well blended. Return to refrigerator until time to serve. Makes 6 to 8 servings.—*F. C., Thermal, Calif.*

For fresh berry whip, substitute a raspberry or strawberry-flavored gelatin and omit peaches from gelatin-yogurt mixture; serve the whip with sweetened fresh raspberries or sliced strawberries spooned over each serving. For papaya whip, substitute lime for the lemon juice; drain the syrup from 1 can (about 1 lb.) papaya into cup with lime juice, adding water to make ¾ cup; add to orange gelatin. Thinly slice papaya chunks and add instead of peaches in above recipe.



Here's a light dessert you can make with various fresh and canned fruits

HARROW M. WAY

A spiral of veal, *a basket of relishes, and a pot of pistachio-flavored mayonnaise set the stage for a pleasurable summer supp*

Summer ingenuity

A cold meat platter is ready early . . .
for indoor dinner, garden supper, or picnic

Chilled meat platters are an ingenious a swer to summer dining.

For the cook, they are a joy to mak ahead and later set forth with pride. F the guests, they offer an intriguing co repast. They also go to the garden or o a picnic in fine style.

Detailed here are three such handsom suppers. Each includes a cold meat, salad, and a unique sauce, patterned aft Mediterranean fare. The simple comp nents make a grand supper when accom panied with bread, fruit, and wine.

he Genoese flavor a fresh herb mayon-
aise with pistachio nuts, coloring it a
dding spring green. It makes a stylish
mpanion to poached breast of veal roll,
dded with pimiento-stuffed olives and
chovies. Accompany with a bouquet of
w vegetable relishes in a wicker basket.

IVE-STUFFED VEAL ROLL

ave your meatman bone a breast of veal
d save the bones. If he is obliging, bring
th you 1 can (2 oz.) anchovy fillets and
jar (3¼ oz.) pimiento-stuffed olives;
k him to lay the anchovies in strips and
ace the olives on the meat; roll up like
jelly roll and tie securely in several
aces with string. Otherwise roll and tie
e meat yourself.

lace meat and bones in a large sauce pot,
ld 1 quart regular-strength chicken
oth, 2 cups dry white wine, 1 teaspoon
lt, 10 whole black peppers, 2 bay leaves,
d 1 *each* peeled and halved onion, car-
t, and celery stalk. Bring to a boil and
mmer 2 hours, or until meat is tender.
emove from broth and chill meat. (The
oth is excellent for soup.)

o serve, place meat on a board and gar-
sh top with pistachio nuts. Serve with
lish basket and pistachio mayonnaise.
lakes 8 to 10 servings.

istachio Mayonnaise. Place in the con-
iner of a blender 3 egg yolks, 1½ table-
oons *each* lemon juice and white wine
inegar, and ½ teaspoon salt. With motor
nning, very slowly pour in ¾ cup salad
il. Add ⅓ cup chopped fresh spinach
ightly packed in cup), 1 teaspoon tar-
gon, 1 tablespoon chopped parsley, and
cup pistachio nuts, and blend 5 sec-
nds or until sauce is smooth. Chill.
lakes 1½ cups.

he Greeks have countless variations of
arlic mayonnaise, called *skordalia*. This
ne is refined with the emphasis on
oasted almonds. It is delicious with
oached chicken breasts and a salad.

HICKEN BREASTS SKORDALIA

eason 6 large split chicken breasts (3
hole breasts—about 2¼ lbs.) with ½
easpoon *each* salt and garlic salt. Heat 1
ablespoon butter in a large frying pan
ver medium high heat and brown chicken
n all sides. Pour in ½ cup dry white
ine, cover, and simmer 15 minutes, or
ntil meat is white through. Remove from
roth and cool. (Use broth to enrich soup.)
Remove rib bones; chill.

o serve, place chicken on a platter or
lates and arrange decoratively alongside
jar (6 oz.) marinated artichoke hearts; 1
up halved cherry tomatoes; 12 medium-
ized mushrooms, sliced; and 1 small avo-
ado, peeled and sliced. Pass almond
nayonnaise. Makes 6 servings.

lmond Mayonnaise. Break 1 egg into the
ontainer of a blender and add ½ tea-
poon salt, 2 tablespoons white wine vine-
ar, 1 tablespoon lemon juice, and 1 small
clove garlic. Blend a few seconds. With motor running, gradually pour in ¾ cup salad oil and blend until smooth. Add ½ cup finely chopped toasted blanched almonds and blend 2 seconds (nuts should remain in small pieces). If sauce becomes too thick, you can stir in 1 or 2 tablespoons cold water, mixing until smooth. Makes about 1½ cups sauce.

This Roman-style herb vinaigrette sauce is a particularly robust version of the popular *salsa verde* or green sauce, served everywhere in Italy. It makes a piquant adjunct to a platter of cold roast beef, asparagus, and tomatoes.

BEEF PLATTER WITH PARSLEY SAUCE

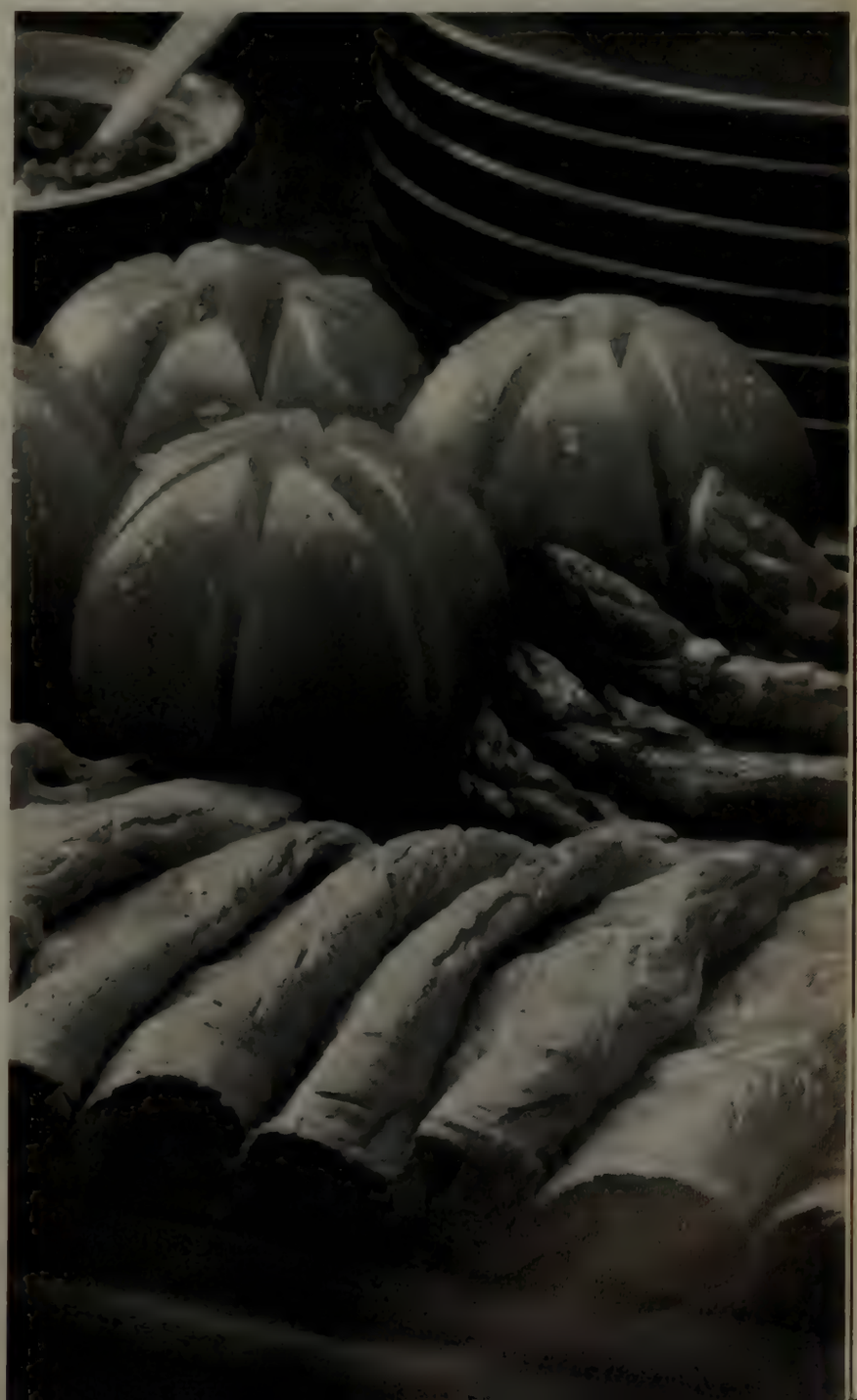
Season a 3½ to 4-pound sirloin tip roast with 1 teaspoon salt. Roast in a 325° oven until a meat thermometer inserted in center registers 130° for rare meat, about 1½ hours. Cool and chill.

Trim 2 pounds asparagus and cook in a small amount of boiling salted water 7 to 10 minutes, or until tender. Chill.

To serve, thinly slice beef and overlap slices on one side of a platter. Arrange to the side asparagus spears and 6 medium-sized tomatoes, partially cut in wedges as in the photograph below. Garnish with sliced sweet onion. Pass parsley sauce. Makes 10 to 12 servings.

Parsley Sauce. Mix together 1½ cups finely chopped parsley; 6 cloves garlic, minced; 9 anchovies, chopped; 1 tablespoon capers, chopped; and ⅓ cup chopped shallots or green onions. Stir in ⅓ cup white wine vinegar, ¾ cup olive oil, ½ teaspoon salt, 1 teaspoon Dijon-style mustard, and ¼ teaspoon pepper. Chill for several hours for flavors to blend. Makes about 2½ cups.

Roast beef platter *with parsley sauce makes splendid picnic fare*



DARROW M. WATT

Savarin cake, *strawberries, and custard — a fine conclusion to a light supper*

Glistening savarin . . . fruit's good companion

The buttery yeast cake, savarin, glistening with an apricot glaze and saturated with liqueur-flavored syrup, is a choice companion to summer's luscious fruits.

Serve a topping of creamy custard sauce, whipped cream, or ice cream balls alongside, and you have a spectacular dessert. This refreshment is best after a light supper or offer it alone at an afternoon garden party so guests can savor its delicious components.

Among the countless recipes for savarin, this particular one excels in many respects. The dough needs only one rising, and that in the baking pan, producing a relatively quick yeast cake. The cake is especially light and tender with a beautifully browned crust. After baking, it freezes well without syrup and glaze; just reheat the cake and add these before serving.

The dough for a savarin cake is identical to that for baba au rhum, except that the baba often contains currants or raisins.

The traditional savarin pan is a straight-sided, shallow, ring mold with a center tube. The standard 3-quart gelatin ring mold works very well; a springform pan with a decorative design on top makes a particularly handsome cake.

SAVARIN

- 1 package yeast, active dry or compressed
- ¼ cup warm water (lukewarm for compressed yeast)
- ½ cup milk
- 1 cup (½ lb.) butter or margarine
- ⅓ cup sugar
- ¾ teaspoon salt
- 6 eggs
- 3 cups regular all-purpose flour
- Savarin syrup (recipe follows)
- Apricot glaze (recipe follows)
- Fresh fruit (suggestions follow)
- Custard sauce (recipe follows), whipped cream, or ice cream

Dissolve yeast in warm water. Heat milk to scalding and add butter; stir until butter melts, then add sugar and salt. Let cool to lukewarm.

Using a large bowl, beat eggs until light, then stir in the yeast mixture and the milk mixture. Sift and measure flour and gradually beat in (use a heavy-duty electric mixer or mix in by hand) until batter is smooth. Pour batter into a well buttered and floured 3-quart ring mold. Cover with a towel.

Let rise in a warm place until almost doubled in size. Bake in a 350° oven for 25 to 30 minutes, or until cake tester comes out clean. Remove to a rack; cool 5 minutes. Meanwhile prepare the savarin syrup. Using a fine skewer, poke holes through the cake to the bottom of the pan at ½-inch intervals; slowly pour the syrup over the perforated cake.

Let cool in pan, then turn out on a platter. Brush top with apricot glaze. Surround with your choice of fresh fruit and accompany with custard sauce, whipped cream, or ice cream. Serves 12 to 14.

Savarin Syrup. In a small saucepan place 2 cups sugar and 1 cup water (also add 1 tablespoon grated orange peel if you plan to flavor syrup with orange juice or orange-flavored liqueur later). Bring to boil, then simmer over medium heat 5 minutes. Remove from heat and add ½ cup orange juice, orange-flavored liqueur, brandy, rum, or kirsch.

Apricot Glaze. Press ½ cup apricot jam through a fine wire strainer. Place in a saucepan with 2 tablespoons sugar and bring to a boil; simmer until thickened and spread while warm.

Custard Sauce. Heat 1½ cups milk until scalded in the top of a double boiler over simmering water. Mix together ⅓ cup sugar, 3 tablespoons cornstarch, ⅛ teaspoon salt, and 2 tablespoons milk; pour the hot milk in and stir until blended; then pour back into the top of the double boiler. Place over simmering water and, stirring constantly, cook until thickened; then cook 2 minutes longer.

Beat 3 egg yolks until light and stir into the hot milk mixture. Pour back into the double boiler and, stirring, cook until thickened. Remove from heat and stir in 1 teaspoon vanilla. Cool, then chill. When ready to serve, whip ½ pint whipping cream until stiff and fold into custard. Turn into a serving bowl. Makes 4 cups.

Instead of the custard sauce, you can use 1 pint heavy cream, whipped and sweetened to taste and flavored with 1 teaspoon vanilla, or use 3 pints vanilla ice cream scooped into balls.

Good combinations of fresh fruit, topping and syrup include the following:

Strawberries, custard sauce, and orange liqueur or orange juice - flavored syrup.

Nectarines or peaches, custard sauce, and brandy-flavored syrup.

Raspberries, whipped cream or ice cream and kirsch-flavored syrup.

A mixture of pineapple and plums, whipped cream or custard sauce; kirsch or rum-flavored syrup.

Bing cherries, ice cream, and kirsch or brandy-flavored syrup.

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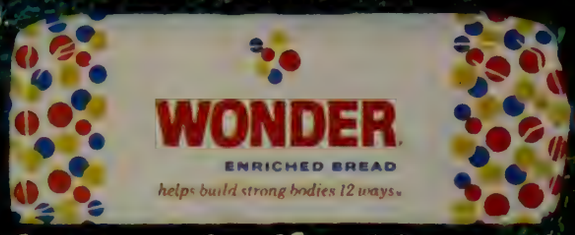

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Pork tenderloin . . . sweet and sour

The tenderloin in pork corresponds to the filet section from a beef. Quite tender and lean, the pork tenderloin is a long strip weighing about 12 ounces. With no bone and little fat, it has minimal waste and can be quickly cooked into a meal for two or three. The pork tenderloin seems to be increasingly available though it is still not carried by all markets.

This Chinese recipe combines strips of pork tenderloin with green pepper in a sweet-sour sauce cooked in the stir-fry manner. First thing is to begin preparing the rice; while it cooks assemble all the ingredients, then begin the cooking. You might add sliced tomatoes to complete the menu.

SWEET-SOUR PEPPER PORK

- 1 whole pork tenderloin (about 12 oz.)
- 2 green peppers
- Seasoning sauce (recipe follows)
- 1 egg yolk
- 2 teaspoons water
- 1 tablespoon *each* flour and cornstarch
- Salad oil
- 1 clove garlic
- Hot cooked rice

Remove excess outer fat from tenderloin. Then cut it into 2-inch crosswise sections; cut each of these into lengthwise strips ½ inch in diameter. Seed green peppers; cut them into ¼-inch-wide strips. Prepare seasoning sauce; set aside. Beat egg yolk with the water; blend in the flour and cornstarch until smooth. Turn strips of pork in this mixture to coat thoroughly.

Pour salad oil into frying pan to ½-inch depth; set over medium-high heat. When oil has reached a temperature of 340° add the meat all at once and, stirring occasionally, fry until the crust is golden brown, about 10 minutes. (Cut into a slice or two to make sure that no pinkness remains.) Remove the meat, drain briefly, and set aside.

Heat 2 tablespoons salad oil in a frying pan over medium-high heat; add garlic clove and cook until golden brown; discard garlic. Add green pepper strips and cook, stirring, for 1 minute. Add fried meat to peppers; stir the seasoning sauce briefly and add to pan; stir until mixture boils and thickens. Remove to serving dish and present with rice. Makes 4 servings.

Seasoning Sauce. Stir ¾ cup water into 1 tablespoon cornstarch until smooth. Stir in 1 tablespoon bottled chile sauce (the catsuplike sauce), 1 tablespoon soy sauce, 5 tablespoons sugar, 3 tablespoons wine vinegar, and a few drops liquid hot pepper seasoning.

I'll remember the things we've hared • The breakneck canter lown an abandoned road • Bony, rushwood branches snapping nderfoot • In the silence, a soft hinny • The people who make ny clothes know how it is •

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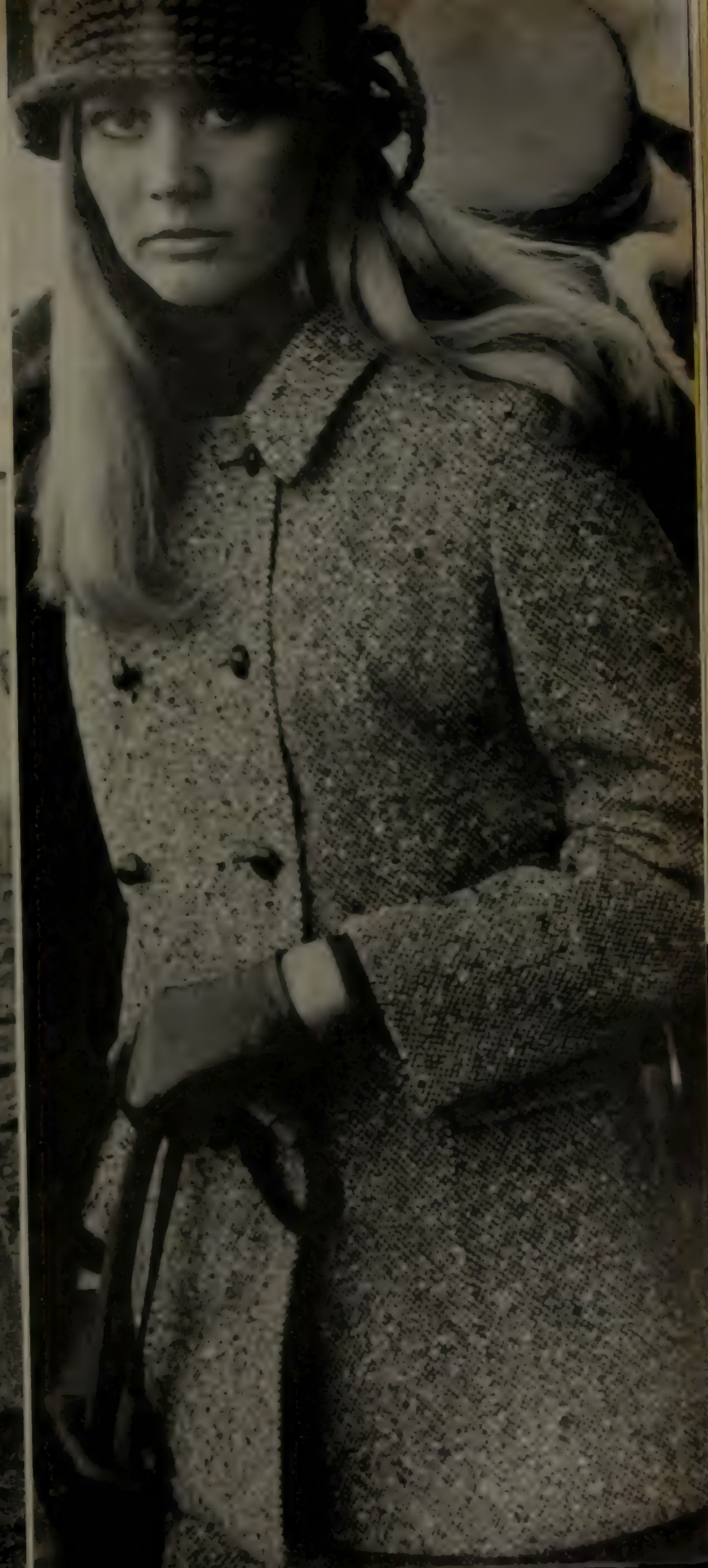

The Chefs candidates this month aren't inhibited about experimenting with flavorings

The candidates this month aren't inhibited about using any and all flavorings that —in their conception of the miracle they yearn to perform—might contribute to a heavenly mixture.

Actually most *Chefs of the West*, and men cooks generally, have some tendency in this direction. We believe in encouraging those who have learned to keep it under reasonable restraint.

Chef Daniel A. Kelly brings us another recipe he collected during Marine Corps duty in the Far East. "From Thailand, it is a relatively simple recipe greatly suited to the use of our California citrus. It is usually made with buffalo (water buffalo) meat, but my wife Grace urged me to substitute pork, hence the name."

GALLOPING TIGERS A LA GRACE KELLY
(Siamese Stuffed Oranges)

- 4 large oranges, ripe and juicy
- 2 pounds lean ground pork
- 2 cloves garlic, mashed
- ½ cup salted peanuts, finely chopped
- ¼ teaspoon ground coriander
- ½ teaspoon chopped dried chile peppers
- 2 teaspoons anchovy paste
- 2 tablespoons *each* cornstarch and soy sauce

Cut each orange crosswise in half. Remove fruit with a grapefruit knife. Set orange shells aside. Holding fruit over a bowl to catch all the juice, discard seeds and lift out sections from membrane. Discard membrane. You should have about 1¼ cups orange pieces and about ½ cup orange juice. Set aside.

Place pork in a pan and sauté about 12 minutes over medium-high heat until meat is crumbly. Pour off drippings into a measuring cup. Discard fat that rises to top; reserve ⅓ cup of meat drippings and pour back into meat. Add garlic, peanuts, coriander, chile peppers, and anchovy paste. Blend cornstarch and soy sauce together until smooth; add to meat mixture along with orange juice. Cook, stirring about 5 minutes or until thickened.

Add orange pieces to meat mixture and stir together thoroughly. Stuff all into drained half-orange shells, flattening bottoms as much as possible in order to stabilize them. Place shells on a baking sheet, cover with foil, and bake in a 350° oven for 15 minutes. Serves 4.

D. A. Kelly

San Clemente, California

Westerners make free use of foods that have come to our coast from other coasts all around the Pacific. One that we take for granted is curry from India and Malaysia. And it's a unique combination of curry and mushrooms that *Chef* Robert Middough brings us in this soup. If the addition of jam or jelly to this mixture offends you, consider it optional.

CURRIED FRESH MUSHROOM SOUP NANCY

- 4 tablespoons butter
- 1 onion, finely minced
- 1 pound fresh mushrooms, diced
- 1 teaspoon curry powder
- ½ cup flour
- 2 quarts whole milk
- 10 chicken bouillon cubes
- ½ teaspoon monosodium glutamate
- ⅛ teaspoon ground coriander
- 5 tablespoons lemon juice
- ½ teaspoon grated lemon peel
- 2 tablespoons Sherry
- 1 tablespoon plum or currant jam or jelly
- Lemon slices (for garnish)

In a large frying pan over medium heat, sauté in the butter the finely minced onion and mushrooms for 3 minutes.

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MALAYAN FILET TIPS

¼ cup butter
½ cup diced onion
⅔ cup diced celery
1 apple, diced with peeling
2 bananas, peeled and sliced
1½ teaspoons curry powder
¼ cup flour
2 beef bouillon cubes
2 cups hot water
3¼ teaspoons salt
¼ teaspoon pepper
2 pounds beef filet tips, sliced thin*
¼ cup cooking oil
1¾ cups sliced mushrooms
2 tablespoons dry sherry

Melt butter in large saucepan. Add onion, celery, apple, banana and curry powder. Cook slowly until tender. Add flour, stirring constantly until coated and butter is absorbed. Cook still stirring 4 minutes. Add bouillon cubes dissolved in water, 1¼ teaspoons salt and pepper. Cook, stirring, 5 minutes. Put through sieve or whir in blender until sauce is smooth. Brown beef quickly in hot oil, remove from skillet and sprinkle with remaining 2 teaspoons salt. Saute mushrooms. Combine with beef, sherry and sauce. Serve over hot rice. Makes 6 servings.

*or other tender beef

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"Curry from India and Malaysia"

curry and flour, stirring until mixture is well blended. Gradually add milk, stirring, until mixture is smooth. Add chicken bouillon cubes, monosodium glutamate, and coriander. Continue cooking, stirring occasionally, about 20 minutes, or until bouillon cubes are dissolved, and soup has thickened.

Add lemon juice, lemon peel, Sherry, and jam or jelly. Reduce heat, stir, and keep warm for another 30 minutes or more to allow flavors to blend. Serve with a very thin slice of lemon floating on top of each bowl. Makes about 2½ quarts.

Ojai, Calif.

Pineapple is actually native to Central and South America, but on the Pacific Coast we associate it most often with Hawaii. Pineapple accounts for the name that Murray Segal, of Seattle, gives to his recipe. Otherwise it's an interesting and elaborate way to cook steak on a barbecue grill.

ROLLED STEAK HAWAIIAN

2 slices top round steak cut ¼ inch thick (About 1 to 1½ pounds)

Marinade

½ cup *each* Claret wine and olive oil
1 clove garlic, crushed
¾ teaspoon salt
¼ teaspoon basil
⅛ teaspoon freshly ground pepper

Filling

½ pound bulk pork sausage
1 tablespoon minced onion
1 can (3 or 4 oz.) mushrooms stems and pieces, drained and chopped
1 can (5 oz.) water chestnuts, drained and chopped
1 can (8 oz.) crushed pineapple
1 tablespoon *each* cornstarch and soy sauce

Place steak in marinade made by combining wine, olive oil, garlic, salt, basil, and pepper. Turning it frequently, allow steak to marinate about 15 minutes, or until you finish preparing the filling.

For the filling, first place sausage in a frying pan and cook, stirring, for 5 to 7 minutes, or until well browned. Drain off all pork drippings, then add the onion, and the mushrooms, water chestnuts, and pineapple, including the syrup. Bl cornstarch and soy together; add to m mixture and cook about 2 minutes mo or until thickened.

Place about ½ cup of the filling on e of the steak slices. Roll up and tie secur with twine. Place each steak in a shall foil pan (or shape pans using heavy f Wrap remaining filling mixture in sealing the edges well.

Using a barbecue that has a hood, p meat rolls on grill about 6 to 8 inc above medium coals. Cover barbecue cook about 25 minutes for meat th medium rare; raise the hood and b frequently with remaining marin Place packet of extra filling on gril heat during the last 10 minutes be serving. Remove and cut each steak in half; serve with the extra stuff Serves 4.

Seattl

Victor Iobe, of San Francisco, subm a recipe that his mother handed down him. "If you know of a better dess please send me the recipe. In cutting meringue, you may think you have ruin it, but the top can be replaced in pie and it's still scrumptious. For a dash color, serve with three whole unstemm strawberries."

LEMON TORTE

6 egg whites
⅛ teaspoon salt
½ teaspoon cream of tartar
1½ cups sugar

Filling

6 egg yolks
½ cup sugar
⅓ cup lemon juice
2½ teaspoons grated lemon peel
1 cup heavy cream whipped

For the meringue, beat egg whites w salt and cream of tartar until soft pe form. Gradually add sugar, beating u stiff, glossy peaks form.

Grease and dust with flour a 10-inch to pan or pie pan. Turn meringue mixtu into pan, heaping it in center. Bake i 300° oven for about 50 minutes, or un lightly browned and slightly crack on top. Remove from oven and co thoroughly. Remove from pan and c horizontally into a top layer and bott layer. Set aside.

For the filling, combine in the top o double boiler the egg yolks, sugar, lem juice, and lemon peel; beat until ligh Place over boiling water and cook, sti ring, until thick. Cool. Fold in whipp cream. Spoon filling over bottom half meringue shell, then replace top. Refri erate for several hours until ready serve. Makes about 8 servings.

San Francisco

Another Bake-Off Winner:

Apple cobbler made easy with Pillsbury Biscuits

AMBER APPLE BAKE: Here's a shortcut version of an all-American favorite . . . another example of how Poppin' Fresh Dough means creative home baking.

Start with one 8-oz. package of Pillsbury Buttermilk or Country Style Biscuits. Separate the dough into 10 biscuits and place on bottom of ungreased 8-inch square or 2-quart round baking dish.

Peel, core, and thinly slice 2 apples, or use 1 can (1 lb. 4-oz.) sliced apples, drained. Arrange apples over top of biscuits.

In small saucepan, combine ½ cup firmly-packed brown sugar, ½ cup evaporated milk, ½ cup dark corn syrup, and ¼ cup butter or margarine. Bring to a boil, stirring constantly.

Pour the sauce over apples and biscuits and bake at 375° for 20 to 30 minutes (35 to 40 minutes if canned apples are used) until golden brown, and biscuits are firm in the center.

Serve warm. If desired, top with cream or whipped cream.

Interested in entering the 1970 Pillsbury Bake-Off? Write: The Pillsbury Co., P.O. Box 679, Dept. 122, Minneapolis, Minnesota 55402.

In the deli case.

Potato and herrin in summer salad

On a warm August evening, consider pl ning your supper menu around one these cool main dish salads. Each co bines cooked potatoes and herring. O uses canned herring tidbits; look for th in a refrigerated case in your market. With either salad offer a choice of s breads as dark rye, pumpernickel, cru French rolls, or bread sticks.

FLEMISH POTATO SALAD

- 4 slices bacon
- 4 hard-cooked eggs
- 2 cans (3 oz. *each*) herring tidbits in wine
- 4 cups cubed cooked potatoes (about 3 large potatoes)
- ½ cup thinly sliced celery
- ½ cup finely chopped onion
- ⅛ teaspoon pepper
- Salt to taste
- ¼ cup mayonnaise
- 1 can (2¼ oz.) sliced ripe olives
- Lettuce
- Chopped parsley

In a frying pan, sauté bacon over medi heat until bacon is crisp; drain on pa towels and crumble. Coarsely chop two the eggs. Drain the herring, reserving cup of the liquid. In a large bowl co bine bacon, chopped eggs, herring, po toes, celery, and onion. Pour over the cup reserved liquid, season with pep and mix well. Taste and add salt needed. Blend in mayonnaise. Chill w Just before serving, carefully stir in oliv Spoon salad into a lettuce-lined sal bowl. Slice remaining 2 eggs; arran around herring mixture. Sprinkle gen ously with parsley. Serves 4 to 6.—*G. San Francisco.*

SLICED POTATO AND HERRING SALAD

- 2 medium-sized potatoes, cooked
- 2 cans (7 oz. *each*) kippered herring
- 1 large cucumber, peeled and thinly sliced
- 2 green onions, thinly sliced including the green tops
- ⅓ cup *each* mayonnaise and sour cream
- 2 teaspoons lemon juice
- Salt to taste
- Lettuce
- 2 hard-cooked eggs, sliced
- Chopped parsley

Peel and cut potatoes into ¼-inch slic Remove skin and any large bones fr herring; break into bite-sized pieces. Ca fully combine potatoes, herring, cucu ber, and green onion. In a separate bo blend mayonnaise, sour cream, and lem juice; gently blend into potato mixtu Taste and add salt if needed. Chill w To serve, spoon potato mixture into lettuce-lined salad bowl. Garnish with e slices and sprinkle with parsley. Mak 4 servings.—*B. M., Lake Stevens, Was*

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Gourmet Ideas
by Edie Cole

GARLIC OLIVES ITALIAN-STYLE makes a neat pass around appetizer. Drain 2 cans Early California Brand Pitted Ripe Olives and place olives in a jar with 2 slivered garlic cloves, ¼ teaspoon *each* oregano and marjoram, 1½ tablespoons lemon juice, and 3 tablespoons olive oil. Chill 4 hours or longer, shaking occasionally. Serve with picks and aperitifs. Another time shower garlic olives over a mixed green salad

PICNIC HERO SANDWICH—A picnic "Hero" is made this way: Split and butter a long slender soft French roll for each serving. Layer the base with sliced tomatoes, sliced hard-cooked eggs, chunks of albacore tuna, anchovies rolled in capers, and lots of Lady's Choice Brand Farm Style Pickle Chips. Cover with buttered top and wrap individually to carry.

COLORFUL COOLERS—Drop a stemmed red or green Cherry Bowl Brand of Maraschino Cherry into each compartment of an ice tray. Fill with water and freeze. Use these colorful cubes in any drink!

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Versatility with rice? Yes . . .

A rice casserole that complements an entrée can add distinction to the menu. These five recipes lean toward the exotic in flavor.

Always popular is the classic green rice casserole, with vegetables flavoring and coloring the rice. You'll find this make-ahead version is flattering to most meat, fish, and poultry entrées.

GREEN RICE

- 1 cup uncooked long grain rice
- ¼ cup (⅛ lb.) butter or margarine
- 2 teaspoons lemon juice
- ½ cup slivered or sliced almonds
- 1 clove garlic, minced or mashed
- 1 medium-sized onion, chopped
- ½ teaspoon salt
- 2 cups firmly packed finely chopped fresh spinach (about 10 oz.)
- ½ cup chopped green onion tops
- ½ cup finely minced parsley
- 1 egg
- 1 cup milk

In a 2½-quart or larger saucepan, cook rice according to package directions. Remove from heat; add butter, lemon juice, nuts, garlic, onion, salt, spinach, onion tops, and parsley.

Beat egg together with milk, add to rice, and mix lightly; turn into a greased 2½-quart baking dish (cover and refrigerate at this point if you wish). Then bake, uncovered, in a 350° oven for 30 minutes or until custard is set (about 1 hour if cold). Stir lightly and serve. Makes 4 to 6 servings.

Brazil nuts lend crispness and orange peel gives tang to this top-of-the-range casserole. You might serve it with any simply seasoned roast of beef, or with chicken or turkey.

BRAZILIAN RICE

- 3 cups boiling water
- 2 cups uncooked brown rice
- 1 teaspoon salt
- 3 tablespoons butter or margarine
- 1 teaspoon chile powder
- ⅛ teaspoon garlic powder
- 1 teaspoon brown sugar
- 1 teaspoon grated orange peel
- 1 cup sliced Brazil nuts or almonds
- 1 can (2¼ oz.) sliced black olives (½ cup)

To boiling water add rice, salt, butter, chile powder, garlic powder, sugar, and orange peel; stir, cover, reduce heat, and cook for 20 minutes. Remove from heat and add nuts and olives; mix lightly. Remove to serving plate. Makes 8 servings. —*D. M., Grants Pass, Ore.*

Ham and pungent seasonings flavor this substantial casserole; its mild curry flavor

Hearty Picnic Sandwich

Pastrami on dark rye is a winning sandwich combination for a patio picnic especially when sauced with Rod's cool sour cream dressing.

Spread buttered Russian rye bread with sour cream dressing, then layer with butter lettuce, Swiss cheese, pastrami, and chopped green onions. Have a bowl of dressing handy for extra flavor and to use as a dip for skewered relishes.

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armonizes with almost any lightly sea-
ned meat, seafood, or poultry.

AVANESE RICE

- ¼ cup (⅛ lb.) butter or margarine
- 1 teaspoon curry powder
- 1 cup uncooked long grain rice
- 1 small onion, chopped
- 2 stalks celery, sliced
- ⅛ teaspoon pepper
- ½ cup diced cooked ham
- 2 cups regular-strength chicken broth
- 1 cucumber, peeled and sliced thinly

Melt butter in large frying pan over me-
ium heat. Blend in curry powder; then
dd rice, onion, celery, pepper, and ham;
ook, stirring frequently, until rice is
paque and onions are limp, about 5 min-
tes. Turn into a 1½-quart casserole.
Bring broth to boiling and pour over
ice; stir lightly. Cover and bake in a
350° oven until rice is tender, about 45
inutes. Remove and garnish top with
lices of cucumber arranged attractively.
Makes 4 servings.—*J. M., Sacramento.*

An easy one-pan dish, this rice goes well
with most meats and poultry.

EASY SAFFRON RICE

- ¼ cup (⅛ lb.) butter or margarine
- 1 medium-sized onion, chopped
- 1 cup uncooked long-grain rice
- 2 cups regular-strength chicken broth
- ½ teaspoon garlic powder
- 1/16 teaspoon saffron powder
- Several strips pimiento
- Several sprigs parsley

Melt butter over medium heat in a large
saucepan; add onion and rice; cook, stir-
ring frequently, until rice turns opaque,
about 5 minutes. Stir in broth, garlic, and
saffron. Bring to a boil; cover, reduce
heat, and cook 20 minutes. Remove to
platter; garnish with pimiento and pars-
ley. Serves 4.—*V. D., Phoenix.*

Peanut butter and curry lend an Indian
influence to this pilaf; honey gives in-
triguing sweetness. Use to accompany
meat; serve with a chilled fruit.

PEANUT PILAF

- ¼ cup (⅛ lb.) butter or margarine
- 1 teaspoon curry powder
- 1 small onion, cut in thin rings
- 1 cup uncooked long grain rice
- 2 cups regular-strength chicken broth
- ⅛ teaspoon pepper
- ¼ teaspoon *each* ground ginger and cinnamon
- 2 tablespoons peanut butter
- 1 tablespoon honey
- ¼ cup finely chopped peanuts

Melt butter in large saucepan over me-
dium heat. Blend in curry, then add onion
and rice; cook, stirring frequently, until
rice turns opaque, about 5 minutes. Stir
in broth, pepper, ginger, and cinnamon;
bring to boil. Cover, reduce heat, and cook
for 20 minutes.

Meanwhile, stir peanut butter and honey
over low heat until smooth. When rice is
done, stir in honey mixture; transfer to
serving dish and garnish with peanuts.
Serves 4.—*H. N., San Francisco.*

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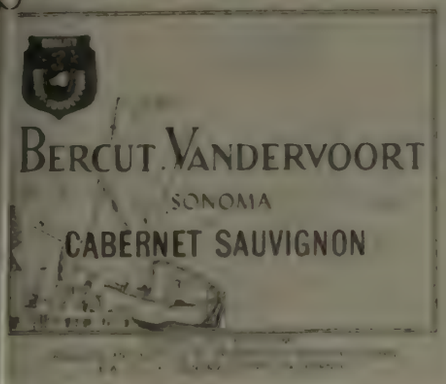

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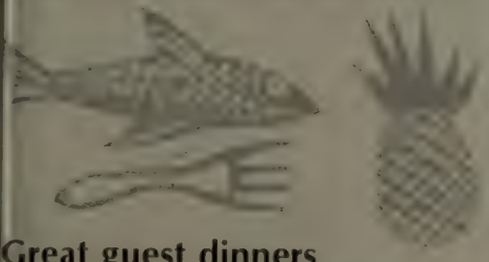

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Two tasty waffle departures

Hot waffles are dependable, classic fare for a leisurely weekend breakfast, a party brunch, or a light evening supper. Served with assorted sweet toppings and accompanied by a smoked meat and fruit, they make satisfying and quick-to-fix meals.

To make these lavish, spread with butter, top with sliced sweetened peaches or berries, and dust with powdered sugar.

YOGURT WAFFLES

- 2 eggs, separated
- 1 carton (8 oz.) plain yogurt
- 2 tablespoons water
- 3 tablespoons melted butter or margarine
- 1 cup unsifted regular all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon salt
- ½ teaspoon soda
- 1 tablespoon sugar

Beat egg whites until they hold firm peaks; set aside. Using the same beaters, beat egg yolks until thick; stir in yogurt, water, and melted butter. Sift together flour, baking powder, salt, soda, and sugar into the egg yolk mixture; beat until smooth. Gently fold egg whites into the batter. Bake until crisp in a waffle iron, following the manufacturer's directions. Makes 2 large waffles (about 9 by 9 inches).—*A. S., Danville, Calif.*

These versatile waffles can be the main dish for a light meal or a dinner finale; spiced cream makes an easy topping.

CHOCOLATE WAFFLES

- 1 cup milk
- 1 egg
- 1 tablespoon melted butter or margarine
- 1½ cups all-purpose biscuit mix
- ⅓ cup sweet ground chocolate
- Cinnamon cream topping (recipe follows)

Combine milk, egg, and butter in the blender container and whirl briefly to mix. Add biscuit mix and chocolate, whirl until smooth. If you prefer to use a bowl, beat together milk, egg, and butter until combined. Stir in biscuit mix and chocolate and beat with a rotary beater until smooth. Bake until crisp in a waffle iron, following the manufacturer's directions. Makes 2 large waffles (about 9 by 9 inches).—*R. S., Arcata, Calif.*

Cinnamon Cream Topping. Whip 1 cup heavy cream until it holds firm peaks; fold in 2 tablespoons sifted powdered sugar and 1 teaspoon cinnamon. Grate enough semisweet chocolate to yield 2 tablespoons *or* measure 2 tablespoons sweet ground chocolate; fold into cream.

THE

Western Kitchen

NEWS AND IDEAS

DARROW M. WA

Store your knives in a raised holder

A simple boxlike knife holder was mounted above a built-in maple block by arc tect Richard R. Griffiths. Cabinets and drawers below the counter don't go all th way back to the rear wall, so even the longest knives will drop down through th slots. Since the rack is elevated, the slots stay relatively free of dust and crumb

Knife care and storage

When storing knives, it's important to remember that they shouldn't be kept in a jumble of other tools and utensils where they're apt to get nicked. Most cooks know their knives well enough that the compact slot type of storage where the blades are hidden, pictured above and below, right, creates no identification problems. If you have the space, an outfitted drawer like the one below keeps knives neatly separated and allows you to see which one you want at a glance.

The magnetic bar that you attach to the wall is also useful, but it won't always grip stainless steel knives because of the nickel in them.

You should always cut on a wooden surface; knives will mar laminated plastic and be dulled by tile or metal. Rinse and dry a knife after using it; soaps and detergents will warp the handles and frequently pit the metal. And it's best not to wash a knife in the dishwasher.

Reversible ceiling panels in a grid pattern

If you're planning to lower a kitchen ceiling during remodeling and would like to try a papered effect, you might think o using a suspended ceiling system of r versible panels that have a white p finished surface on one side and a speci coating on the back.

You can apply wallpaper to the back one panel just to test the appearance, an then paper all the panels as they lie fl on a work table, making the papering jo considerably easier. You can reverse decorating decision by repapering th panels, or simply by flipping the pane to the white side. The panels are avai able from building supply dealers.

GLENN CHRISTIANSEN

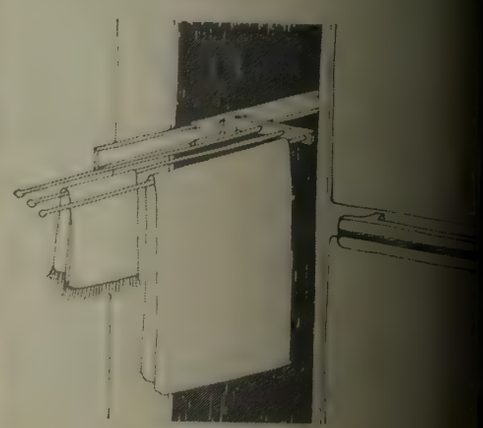
Store them in a drawer . . .

This knife drawer, thanks to the sawcut block of wood glued in place, holds the knives on edge. Janean designed it for John C. Lowney, Jr., Napa, California.

DARROW M. WATT

. . . or at counter level

Knife slots were cut into an accessible but little-used corner of a counter. Alexander Prentice was the architect, for W. D. Collins, Jr., Los Altos Hills, Calif.



Pull-out towel rack in a narrow space

Frequently extra space between the re frigerator and a wall can be used to ad vantage. For example, the R. R. Griffiths' Palo Alto, installed a slide-away towe rack for towels and aprons. The rack glides forward for easy access. Two, three and four-bar racks are available at most hardware and lumber stores.

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DARROW M. WAT

Fresh fruit slices *and whipped cream fill this quick-to-make sponge cake roll dessert*

Peaches and cream . . . and rum baba

August's rich, juicy yellow peaches and nectarines make these two company desserts. Each disguises its simplicity with a showy presentation. The first recipe uses pancake mix as a short-cut to the cake roll. You start with canned rum baba cakes to make the second dessert, and flame with rum for table dramatics.

PEACHES AND CREAM CAKE ROLL

- 3 eggs
- ¼ teaspoon salt
- 1¼ cups sugar
- ¼ teaspoon almond flavoring
- ¾ cup prepared pancake mix
- Powdered sugar
- 2 large nectarines or yellow peaches
- 1 cup whipping cream
- 1 tablespoon rum or orange-flavored liqueur (or 1 teaspoon vanilla)
- Peach or nectarine slices for garnish

Grease the bottom and sides of a jelly roll pan (about 10 by 15 inches); line only the bottom of the pan with foil, then grease and flour the foil. Using an electric mixer, beat the eggs with salt until thick. Add ¾ cup of the sugar, a little at a time, beating well after each addition. Add almond flavoring and pancake mix and stir until blended. Spread evenly in the prepared pan. Bake in a 400° oven for 7 to 8 minutes, or until lightly browned.

While the cake bakes, spread a clean tea towel on the counter; sift powdered sugar generously over the towel. Remove cake from oven, quickly loosen edge from pan, and turn cake over onto sugared towel; peel off foil. Roll cake lengthwise, rolling the towel inside cake. Let stand about 15 minutes, or longer.

Peel and thinly slice the peaches or thinly slice unpeeled nectarines. Whip the cream until stiff and beat in the remaining ½ cup sugar and rum or other flavoring.

Unroll the cake, spread with whipped cream to within about 1 inch of long edges, distribute the fruit evenly over cream, then reroll. Place seam-side-down on serving plate. Chill until time to serve, up to about 2 hours. Sprinkle with additional powdered sugar and garnish with fruit slices on top. Makes about 12 servings.—*M. E., Mountain View, Calif.*

PEACHES AND RUM BABAS

Open 1 can (12 oz.) rum baba cakes, and arrange the 4 cakes in a greased shallow baking pan or ovenproof serving plate, pouring over any syrup from the can. Peel 2 large freestone peaches or nectarines and cut each in half, removing the pits. Arrange a peach half, with cut side up, on top of each rum cake.

Combine ¼ cup almond macaroon cooky crumbs with 2 tablespoons soft butter to make a paste; spoon on the peach halves. Bake, uncovered, in a 350° oven for about 30 minutes. If you'd like to flame the dessert, warm about 3 tablespoons rum in a small container, ignite it, and pour it flaming over the warm peaches. Makes 4 servings.—*R. C., Belmont, Calif.*

NISH MOD
nd:
4 cup BEST FOODS Real Mayonnaise
4 cup dairy sour cream
4 cup crumbled blue cheese

E BIG CHEESE
4 cup BEST FOODS Real Mayonnaise
4 cup shredded American cheese
4 teaspoon Worcestershire sauce
Dash dry mustard
1 stiffly beaten egg white
nd first 4 ingredients. Fold mixre into egg white. Mound on oked hamburger and heat in en at 350°F. about 10 minutes, til topping is golden brown.

PSVILLE
nd:
4 cup BEST FOODS Real Mayonnaise
1 tablespoon coarsely chopped scallions
2 teaspoons tarragon vinegar
Dash dry mustard

BACON BASH
Blend:
1/4 cup BEST FOODS Real Mayonnaise
Grated horseradish, to taste
Crumbled crisp bacon

PINK PANTHER
Blend:
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup catsup
2 tablespoons India relish, drained

DIXIE BELLE
Top broiled hamburgers with tomato slices. Top with BEST FOODS Real Mayonnaise.

NOTE: All recipes will top 3 large or 4 smaller burgers.

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DAKROS M. WATT

rley salad cone, *cold meats with mustard, and buttered egg bread make an inviting cool spread to assemble ahead for guests*

AUGUST MENUS

A company salad supper... a summer Sunday brunch ...an antipasto picnic

Cantaloupe halves *become neat bowls to hold fruit*

With vacations and the hot weather of August, there's a need for practically instant menus. These fit that category; they rely on convenience foods for speed and abundant produce for freshness.

We start with an easy, cool guest dinner. It is as much at home on the patio as at a vacation in the mountains or beach. With its appealing make-ahead aspects, it is also well suited for a late afternoon family outing. The weekend brunch and Italian-style picnic both are quick, last-minute affairs.

Company salad supper

You might pass around the hot beverage to begin the meal. Tabouli, a Syrian marinated salad, plus cold meats makes a fascinating main course. The fruit and ice cream are a colorful dessert.

Hot Clam-and-Tomato Juice
Tabouli
Cold Meat Platter **Hot Buttered Bread**
Fruit Platter with Strawberry Ice Cream

The barley salad, called Tabouli, is best

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made a day in advance so its mint a lemon dressing permeates thoroughly. F ease, purchase the cold meats from a de catessen. Or if you prefer, cook and ch a smoked beef tongue (the leftovers ma fine sandwiches) and roast a beef cut su as a sirloin tip, cross-rib, or rolled rib, serve cold.

You can pre-scoop and refreeze the cream balls ahead, too. Just beforeha heat the canned juice, butter and wa a loaf of egg bread, and cut the fr fruit for dessert.

Hot Clam-and-Tomato Juice. Heat 2 c (16 oz. *each*) clam-and-tomato juice serve in mugs with a thin slice of l floating on each. Makes 8 servings.

Tabouli

- 3 cups water
- 1½ teaspoons salt
- 1¼ cups pearl barley
- ⅓ cup lemon juice
- ½ cup olive oil
- ⅛ teaspoon pepper
- 3 green onions
- 1¼ cups finely chopped parsley
- ¼ cup chopped mint leaves
- 1 head romaine
- 1 cucumber
- About 1 cup cherry tomatoes

Bring the water and 1 teaspoon of salt to a boil in a large saucepan, a barley, cover, and simmer 35 minutes until barley is puffed and almost tend (at this point it will have a chewy t ture). Remove from heat. Cool.

For dressing, mix together the lem juice, oil, the remaining ½ teaspoon s and pepper. Pour over barley and f with a fork. Chill. Chop the green onio finely (using both white and green par and add to the barley along with pars and mint. Cover and chill.

To serve, cover a large round platt (preferably one with a slight rim) w the center romaine leaves. Mound barl salad in a cone shape on it. Peel and sl cucumber and halve cherry tomatoes a arrange around its base. Makes 6 se ings.—*J. B., Los Altos Hills, Calif.*

Cold Meat Platter. Buy a selection of pound *each* smoked beef tongue, corn beef, and boiled ham or a sausage su as mortadella or a gallantine. (Or ma your own selection from cold meats th you have on hand.) Arrange the meats a board, either folding them in half rolling them, if possible. Cover and ch until serving time. Makes enough for servings.

Fruit Platter with Strawberry Ice Crea Halve 3 small cantaloupe and scoop o the seeds. Place them on a serving boa with small bowls of strawberries (abo 1½ cups) and peeled and sliced peach (about 2). Place small scoops of stra berry ice cream (about 1 quart) in a other bowl. Let guests use the me halves as fruit bowls to fill with the choice of one or all: berries, peaches, a ice cream. Makes 6 servings.

Summer Sunday brunch

eye-catching breakfast could also be d as a late evening supper for guests.

Papaya Fruit Plate
s Scrambled Eggs **Canadian Bacon**
Hot Sweet Rolls **Coffee**

can complete this last-minute menu out half an hour. First assemble the salad plate and let it chill. Make e. Scramble the eggs while the bacon rolls heat in the oven.

aya Fruit Plate. Line a large platter butter lettuce. Peel a papaya, halve, p out seeds and slice. Peel and slice ocado and dip slices in lemon juice oat lightly. Wash about 1½ cups wberries and remove stems. Peel and 2 large oranges; remove seeds. Arge fruits on the lettuce-lined platter. dressing, mix together ⅓ cup *each* oil and white wine vinegar, ½ teaon *each* grated orange peel and grated on peel, ¼ teaspoon salt, and 1 tableon sugar; chill. Spoon dressing over ts just before serving. Makes 6 servs.—*J. S., Woodside, Calif.*

s Scrambled Eggs. Beat 8 eggs and mix ½ cup light cream or milk, ½ teaon salt, and ⅛ teaspoon pepper. Heat rge frying pan with 2 tablespoons but- over medium heat, pour in eggs, and k until almost set, lifting from the bot- with a spatula. Transfer eggs to a tproof serving platter and sprinkle 1 grated Swiss cheese on top. Arrange pound sliced cooked bacon along one of platter. Makes 6 servings.

Antipasto picnic

any spur-of-the-moment outing, this nu is ideal. Stop at a grocery store for makings. To keep the menu typically lian carry an espresso-style coffee in a uum bottle and a bottle of Chianti.

Assorted Antipasto Platter
French Bread **Pot of Butter**
Nectarines **Packaged Macaroons**

you buy the ingredients on your way the picnic, leave everything sealed in own container; arrange on the platter en you're ready to eat. Or arrange the ipasto in the kitchen and enjoy this nic lunch in your own garden.

sorted Antipasto Platter. To serve 4, buy e following ingredients: 1 can (6 or oz.) white albacore tuna, 1 can (3 oz.) rdines, 1 package (3 oz.) salami, 1 jar oz.) marinated artichoke hearts, 1 jar oz.) marinated mushrooms, 1 basket erry tomatoes, 1 small can (8 oz.) pitted e olives, 1 jar (1 lb.) marinated garnzo beans, and 1 head butter lettuce. rrange the tuna in the center of a large ard or platter and surround with the her ingredients, drained and spooned to lettuce cups. Makes 4 servings.

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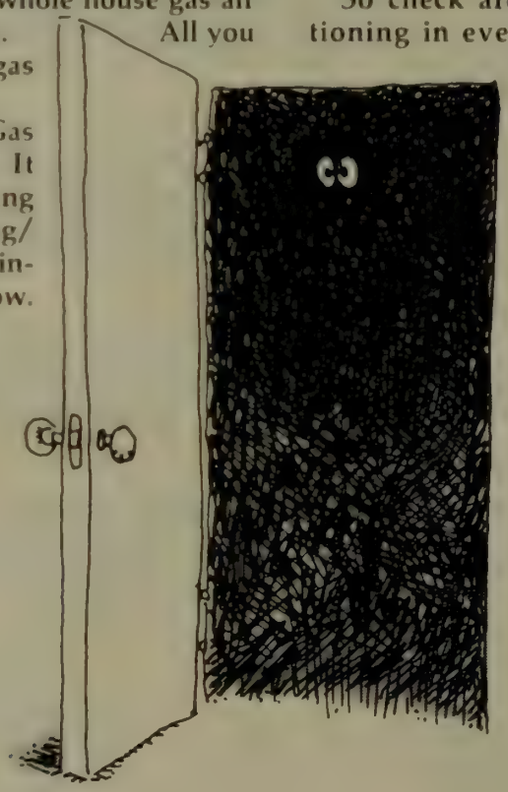

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DARROW M. WATT

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ummer desserts . . . cooling and easy

nodicum of liqueur distinguishes each these desserts. Tailored for summer, it is cooling and simple to prepare.

FEE CRUNCH SUNDAE

4 servings you will need 3 cups coffee-ored ice cream, 2 chocolate-covered l toffee candy bars (coarsely chopped) l about ½ cup liqueur such as Kahlua rème de cacao. For *each* dessert, scoop cup ice cream into a serving dish, inkle with 2 tablespoons chopped fee, and pour over 1½ tablespoons ueur. Serve immediately.—*C. H., Mc-ley Park, Alaska.*

ÈME DE MENTHE FREEZE

ur 1 cup evaporated milk (undiluted) o a freezer tray; freeze 10 minutes or il crystals begin to form. Also chill ctric mixer bowl (at least 6-cup size) l beaters.

prepare dessert, remove contents of a ounce jar of mint-flavored jelly to a ucepan; add ¼ cup sugar; stir over low at until melted (it can be lumpy). eanwhile combine chilled milk with 2 blespoons lemon juice in the bowl; beat high speed until stiff peaks form. At w speed, slowly beat in melted jelly and cup green crème de menthe. Freeze til solid at sides, about 1 hour.

at 1 egg white until soft peaks form, adually add 2 tablespoons sugar, and ntinue beating until stiff peaks form. At w speed, beat partially frozen mixture to meringue. Pour into freezer con-iner; freeze until firm. Serve with choco-e syrup if you wish. Makes 1 quart; rves 6.—*H. N., San Francisco.*

...and the tang of Sourdough

We bake nine different loaves of rye. Each with its own personality. In one, the accent is on the sourdough flavor; in another, the caraway seed—crushed or whole—makes the intriguing difference.

Flavors change, too, according to the grind of the rye berry, and the blend of dark, medium, and light rye flours, and the addition of whole wheat or white flour.

For example, consider robust and aromatic Russian Rye, combining mellow medium ryes, light white ryes, the sharpness of caraway and the tang of sourdough. Then compare with mild, delicate (and not seeded) Swedish Rye, to make our point. There's an Oroweat Rye for every taste and every occasion.

OROWEAT

Oroweat Baking Co. of S. F.

wo green soups . . .
ress or cucumber

elegant introduction to dinner or to l out a light meal, serve one of these te green soups. The subtly flavored soup is served hot while the basil ced cucumber bisque is chilled.

M OF CRESS

- medium-sized potato, peeled and diced
- cups water
- chicken bouillon cubes or 2 teaspoons chicken stock base
- teaspoon salt
- teaspoon pepper
- bunch watercress
- tablespoons butter or margarine
- tablespoons whipping cream
- egg yolk

large saucepan over medium heat ine the potato, 1 cup of water, bouil- ubes, salt, and pepper; simmer until o is tender when pierced with a fork, t 10 minutes. Meanwhile, wash remove stems and chop (you should about 1 cup well packed cress).

n potato is tender, pour with the ng water into blender container. Add and blend until potatoes are smooth ress is finely minced; pour back into pan. Add remaining 4 cups water, to blend, return to heat, cover, and to a boil. Remove from heat and n butter until melted.

l whipping cream and egg yolk to- r with a fork; slowly add ½ cup of potato mixture, beating constantly fork. Then pour mixture back into soup, and heat 1 minute, stirring. e immediately; salt to taste. Makes 6 servings.—*W. W., Atherton, Calif.*

LED CUCUMBER BISQUE

- 3 large or 4 medium-sized cucumbers
- 2 cups regular-strength chicken broth
- ½ teaspoon salt
- teaspoon pepper
- 2 tablespoons coarsely chopped fresh basil (or 1 teaspoon dried basil)
- cup (⅛ lb.) butter or margarine
- cup sour cream

and slice cucumbers into ¼-inch s (you should have about 2 quarts). cucumber pieces in a saucepan with en broth, salt, pepper, basil, and but- simmer, covered, for 5 minutes (stir- once midway), or until cucumbers tender when pierced with a fork.

broth and cucumbers into blender ainer (half at a time); whirl until th. Pour through wire strainer into bowl, mashing with a spoon. Repeat remaining cucumbers and broth. er and refrigerate 3 hours or more.

before serving, beat in sour cream rotary beater. Makes 4 to 6 servings.

CANADA'S "Greenland Turbot" from the iceberg-cold waters of the North Atlantic.

There's an old wives' tale "The colder the water the better the fish." Greenland Turbot (formerly Greenland Halibut) tastes so deliciously good it's easy to believe that the cold waters that are home for the Greenland Turbot do indeed produce the best flavoured fish.

Try this recipe . . . make CANADA'S "Greenland Turbot" the centre of attention for your next meal.

It's economical too!

Sweet "N" Simple Turbot fillets

- 2 pounds turbot fillets
- 1 can (10 ounces) crushed pineapple
- ⅓ cup French dressing
- 3 tablespoons pineapple juice
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- Few grains ground cloves
- ½ cup grated Cheddar cheese
- ½ teaspoon paprika

Cut fish into serving-size portions and place in a single layer in a shallow baking dish. Drain pineapple, reserving juice for sauce. Combine dressing, pineapple juice and seasonings. Pour sauce over fish and let stand for 30 minutes, turning once. Remove fish, reserving sauce for basting. Place fish on a well-greased broiler pan, skin side down. Broil about 4 inches from source of heat for 4 minutes, baste with remaining sauce and broil for another 4 minutes or until fish is cooked. Combine pineapple and cheese. Spread pineapple mixture over fish and sprinkle with paprika. Broil 2 to 3 minutes until topping is lightly browned. *Makes 6 servings.*

COOKING WITH Kellogg's

lemon-freeze

Make the no-bake crust with Kellogg's Corn Flake Crumbs ... and the no-cook filling with ReaLemon Lemon Juice and Borden's Eagle Brand Sweetened Condensed Milk

½ cup KELLOGG'S® CORN FLAKE CRUMBS 2 tablespoons sugar
¼ cup butter or margarine, melted

* * * * * * * * *

1⅓ cups (15 oz. can) BORDEN'S EAGLE BRAND® SWEETENED CONDENSED MILK
⅓ cup REALEMON® RECONSTITUTED LEMON JUICE
2 eggs, separated
3 tablespoons sugar

1. Combine Corn Flake Crumbs, the 2 tablespoons sugar and butter in ice cube tray; mix well. Reserve 2 tablespoons of Crumbs mixture for topping. With back of tablespoon press remainder evenly and firmly in bottom of ice cube tray. Chill.
2. In medium-sized mixing bowl, combine Eagle Brand Sweetened Condensed Milk and ReaLemon Lemon Juice; stir until thickened. Add egg yolks; mix well.
3. Beat egg whites until foamy. Gradually beat in the 3 tablespoons sugar and continue beating until egg whites are stiff, but not dry; gently fold into Condensed Milk mixture. Spread evenly over Crumbs crust; sprinkle with reserved Crumbs mixture.
4. Place on bottom of the freezer compartment of refrigerator, taking care to allow air circulation around the tray to assure freezing. Freeze 6 to 8 hours or until firm. Cut into pie wedges or bars to serve.

YIELD: 8 servings. NOTE: If frozen very hard, set pan on hot, wet towel for a few minutes before cutting.

© 1968 by Kellogg Company

For sandwiches, stuffed buns

Small stuffed buns make neat sandwich to assemble in advance, ready for a pa lunch, picnic, or late supper snack. Choose soft French rolls, potato buns, small hamburger buns to hollow and f with these quick canned fish spreads. Th first is served cold, the second hot.

CAPERED TUNA ROLLS

- 2 tablespoons *each* mayonnaise and sour cream
- 3 tablespoons shredded Parmesan cheese
- ½ teaspoon Dijon-style mustard
- ⅛ teaspoon *each* salt and seasoned pepper
- 2 hard-cooked eggs
- 1 can (6 or 7 oz.) white albacore tuna, drained and flaked
- 2 tablespoons capers
- 1 green onion, chopped
- 6 to 8 small soft rolls (3-inch diameter)
- Soft butter

In a bowl mix the mayonnaise, s cream, cheese, mustard, salt, and pep until blended. Peel and chop eggs shred on the medium side of a grater) a add to dressing. Add the flaked t capers, and onion; mix lightly.

Slice rolls almost in half, leaving th still partly joined. Pull out part of soft inside center to make a hollow (c center bread can be used for sometih else). Spread rolls lightly with butter. generously with the tuna spread. W individually for a picnic, or arrange a serving plate, cover, and chill for a s per gathering. Fills 6 to 8 buns, mak 3 or 4 servings.

SALMON ONION BUNS

- 6 to 8 small soft rolls (3-inch diameter)
- Soft butter
- 1 can (8 oz.) salmon
- 1¼ cups shredded Swiss cheese
- 2 green onions, finely chopped
- 1½ tablespoons *each* mayonnaise and sour cream
- Salt and pepper to taste

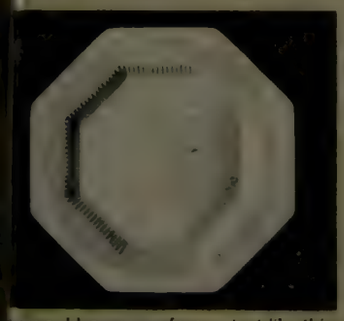
Slice rolls almost in half, leaving th still partly joined. Pull out most of soft inside center bread to make a hol (you can use the soft center bread something else).

Spread rolls with butter. Remove s and bones from salmon and place bowl. Add cheese, onions, mayonnaise, sour cream, and mix lightly. Season w salt and pepper to taste. Spoon into bu filling them generously. Wrap individu in foil. Chill.

Just before serving, bake in a 400° o for 20 minutes, or until hot through cheese is melted. Fills 6 to 8 buns, ma ing 3 or 4 servings.

The first dishwasher detergent for dry-hards.

ry-Hards are tough-to-clean foods—like fruit pie, oatmeal, meat fats, eggs, auces—that dry and cake and stick. And stick. And stick. To plates. n forks. Filming glasses. Electrasol, fortified with 20% more active cleaning gredients than other leading dishwasher detergents, really removes Dry-Hards. ets your dishwasher give you cleaner, brighter, film-free dishes.



u would never perform a test like this, it proves fortified Electrasol's superi- ty against Dry-Hards. Plate with Dry- rd paste of blueberry pie, oatmeal and g baked on for ten minutes at 330°F me out like this when washed in another ding brand. Any dishwasher detergent n remove soft food soils. The ultimate t for effectiveness is on a Dry Hard.

Same Dry-Hard plate—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Electrasol removes tough Dry-Hard soils like blueberry pie, oatmeal and egg—prevents them from drying into spots on dishes, glasses and silverware. Try Electrasol. It's especially designed to give you cleaner, spot-free dishes.

Good Housekeeping

ECONOMICS LABORATORY, INC., St. Paul, Minnesota

Chicken pie, one of several varieti

Price isn't the best part (eating is).

It may be a great buy, but at Banquet we think a frozen meat pie is also an art. It has to be as good as you'd make yourself if you started from scratch. A good pie is more important than a good buy.

Ours aren't just for kids and babysitters. Flaky, golden pie crusts. Generous fillings of tender chicken, turkey, beef or tuna. Creamy sauces with good garden-fresh vegetables.

No wonder kids like them. Everyone does. Why not put in a supply of Banquet meat pies and let the grown-ups in on them too?

Thank goodness for Banquet.

DARROW M. WATT

Plump *chicken is encircled with bright vegetables, served with rice*

It's Basque and it's braised

Basque-style braised chicken is fla- l and adorned with a colorful mix- of vegetables and Canadian bacon. d with its own sauce on a bed of rice, kes a meal when accompanied by a salad and fruit dessert. Cooking y: the chicken is braised in a Dutch on top of the range.

UE CHICKEN

- 1 large broiler-fryer chicken, about 3½ pounds
- Salt and pepper
- 1 tablespoon butter or margarine
- 2 tablespoons olive oil or salad oil
- ¼ pound Canadian bacon, diced
- ¼ pound mushrooms, sliced
- 1 medium-sized onion, chopped
- 2 green peppers, seeded
- 2 tablespoons minced parsley
- 1 can (14½ oz.) pear-shaped tomatoes
- ½ cup dry white wine
- 2 cups hot cooked rice
- 2 fresh tomatoes, peeled
- 3 tablespoons water
- 2 teaspoons cornstarch

h chicken and pat dry; sprinkle ly inside and out with salt and pep- Melt butter with 1 tablespoon of the oil in a Dutch oven over medium . Put in the whole chicken and sauté golden, turning the bird to brown as ly as possible on all sides. Remove platter; set aside.

he Dutch oven add the bacon; mushrooms; onion; 1 of the green peppers, chopped; and the parsley. Cook, stirring occasionally, for 15 minutes. Drain liquid from canned tomatoes into pan; crush the tomatoes, then add them and the wine to the pan. Return chicken to pan, cover, reduce heat, and simmer until chicken is just done (leg moves easily when jiggled), about 35 minutes.

While chicken is simmering, cook rice, cut fresh tomatoes in wedges, and slice remaining pepper into ¼-inch strips.

When chicken is done, remove from pan and place on a bed of rice on the serving platter. Cover with foil and set in a 200° oven.

Set pan with cooked vegetables and juices over medium heat. Blend water with cornstarch until smooth and stir into juices until well combined. Heat, stirring, until mixture boils and thickens. Pour into serving bowl; keep warm.

In a frying pan, heat the remaining tablespoon oil over medium high heat. Add green pepper strips and cook, stirring, for 2 minutes; add fresh tomatoes and cook, stirring gently, for an additional 2 minutes or until just heated through. Remove chicken from oven; arrange pepper and tomatoes around base. Serve immediately with sauce to pass. Makes 4 servings.—*M. G., Menlo Park, Calif.*

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the kind nobody talks about...

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Pacific Homes does. This highly important provision is built into its Continuing Care Program.

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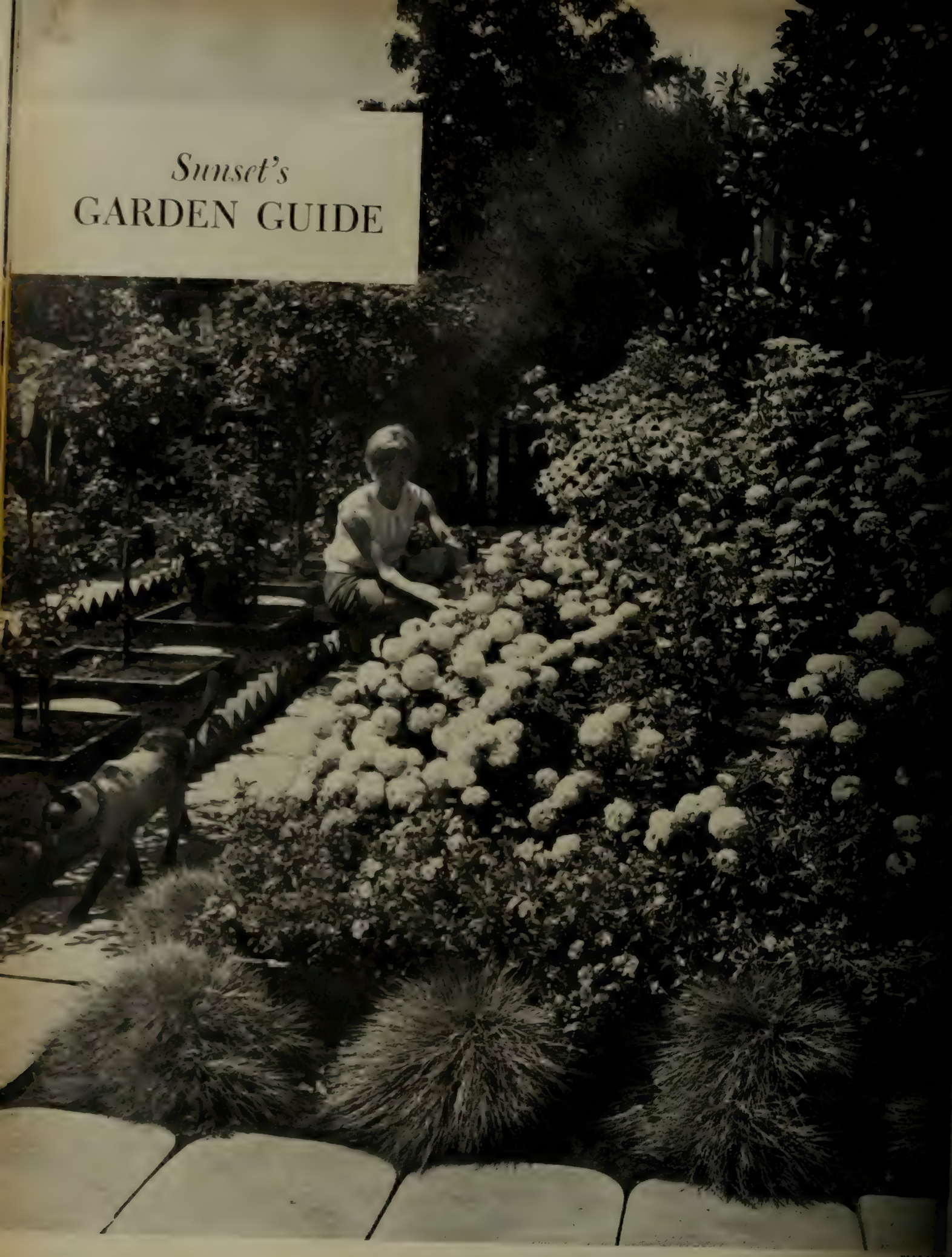

Sunset's GARDEN GUIDE

A blazing color border

ELLS MAS

Ablaze with oranges, reds, and yellows, this spectacular bor includes giant marigolds, zinnias, gloriosa daisies, and petu with blue fescue at the bottom. Now the time spent earlier the year pays off—and the busy gardener can sit back and

AUGUST IN YOUR GARDEN:

The important thing this month is still . . . water

garden on the opposite page has a y fair quality that is entirely ap- riate to the season. August is basi- the month for reaping rewards from a garden—enjoying the results of r labors.

ember, though, that first rains are a long way off; applying water effi- ly and economically are the biggest s of the month.

ou are really devoted to gardening, r are other things to do. You can pad out flower borders by putting few annuals for late summer bloom. if last fall you didn't seem to have gh time to get everything done, you even anticipate the coming rush by g some planting now.

e bulbs of August

w bulbs and bulblike plants begin to h the nurseries in late August. With ain exceptions you don't have to buy plant right now, but you should keep ye on supplies and be sure to buy kinds you need before they are all Some of the more exotic kinds are ys in short supply.

s take the exceptions first. Madonna *(Lilium candidum)* should be planted oon as possible. They make leaf ro- es very quickly; these live through the er, then lengthen into flowering stalks. ike most lily bulbs, these should be ted with the tops just under the sur- of the soil.

dow saffron *(Colchicum)*, often called mn crocus, can be planted now, but t people just let the bare bulb bloom tabletop or windowsill, then plant it to make its winter-spring clump of d, strap-shaped leaves.

as, both white and black, come in this th; pink and yellow callas are spring vals for spring-planting. Don't over- callas when you want bloom in shady es or in dark, narrow side-garden beds.

wer freesias in white, lavender, yellow, , and mixed colors are far larger and hter than the old-fashioned creamy s, and they are very nearly as fragrant ossibly just as fragrant.

k also for bearded iris, the various ls of lycoris, star of Bethlehem *(Ornithogalum arabicum)*, oxalis, and watsonia. Less commonly seen are baboon flower *(Babiana)* in pure blue; Cape cowslip *(Lachenalia)* with spikes of fleshy flowers in red and yellow; harlequin flower *(Sparaxis)* with startlingly eyed and banded flowers; and *Tritonia crocata* (usually called montbretia) in pink, yellow, red, and orange.

New book on exotic figs

It's always a pleasure to encounter a book that saturates a given subject. When the subject is a difficult, complex, and important one the pleasure is even keener. *Ficus: The Exotic Species*, by Dr. Ira J. Condit (University of California, Division of Agricultural Sciences), is such a book on such a subject.

Dr. Condit has been interested in the subject of figs for over fifty years; the studies that resulted in this particular book go back 29 years and embrace every aspect of the exotic species of fig, even including notes on folklore. In addition to text, there are plates, text figures, indexes, and botanical keys.

This is not a book to read by the fireside, but it is by no means without value as entertainment. The reader will learn, for instance, that one name for the common rubber plant is Berlin Weed—a tribute to its popularity in German living rooms.

Dr. Condit's book is directed toward botanists, professional horticulturists, and nurserymen, but devoted amateur gardeners will like it too. Coastal Southern California and Hawaii are the principal Western centers of exotic fig culture, but coastal northern California grows some and might use more.

For a copy, send $4 plus 40 cents for postage to Office of Agricultural Publications, University Hall, Berkeley 94720.

Fill in with annual flowers

If your summer flower border isn't as profuse as the one on the opposite page, you still have time to remedy the situation. It's not as easy to set out annuals now as it was in April or May, but you can do it if you're willing to give the plants some extra attention.

First step is to prepare the soil with special care. Soils pack hard in summer heat, so work in plenty of organic matter to improve water penetration and retention. And make sure the soil is moist at planting time.

Bedding plants you buy this late are likely to be large and in bloom—an advantage to late-season planting. These big plants will have small and very tangled roots, so don't cut out single plants with trowel or knife. Instead tear out blocks that include several plants; you'll get more roots this way.

And above all don't let plants suffer from lack of water; the nurseryman kept them alive in the flats by watering several times a day. Until plants have sent roots deeper than the depth of the flat they will need water frequently.

When newly set plants wilt

With good soil preparation and careful attention to detail, you can plant container-grown trees and shrubs even in the depths of summer. Just remember that in hot weather a plant takes up and transpires a vast amount of water; it must have a steady supply available to replace losses. *Available* means *at the roots*, not just in the vicinity. When a newly set plant wilts, chances are that water isn't going where it's needed.

When a mass of soil and roots dries out, its surface tends to shed water—especially if the surrounding soil is loose and highly pervious (as it's likely to be if you've prepared it well for planting). When this mass sheds water, irrigation of the conventional kind simply won't do any good. To soak the root mass and reestablish contact between it and the surrounding soil, uncap a hose, adjust the flow to the barest trickle, set the hose end at the very base of the plant, and let the root mass soak from the center outward.

Once you provide a thorough wetting, routine watering will keep the plant in good shape. To avoid the problem, soak the plant thoroughly before planting and set it in moist soil; then soak the planting area thoroughly.

A less common source of wilting in newly set plants is air pockets around the roots. When the weather is hot and the soil hard and dry, it's tempting to plant in a hurry and to scant proper soil preparation. Don't backfill around your plant with

Sunset's GARDEN GUIDE

rough lumps and clods: the air pockets that result will seriously dry out roots.

Divide bearded iris

There comes a time in the life of a bearded iris clump when it has to be divided. It's not hard to tell when, flowers are fewer and smaller, clumps begin to get bare in the center, and rhizomes tangle and get heaved up above ground.

Divide and replant any time between end of flowering and the beginning of October. Dig clumps, shake off loose soil and wash off the rest, then divide the rhizomes with a sharp knife. Throw out older, woody rhizomes, keep plump, healthy outside rhizomes for replanting. For ease in handling you can shorten leaf fans to 6 inches.

Don't plant all the healthy outside rhizomes, though, or you'll be swamped by iris. If your varieties are good ones, give some rhizomes away or trade for other varieties. If your varieties aren't good ones, why replant? Newer iris are so good that there's no reason for maintaining 50-year-old kinds—and a few dollars will buy a splendid collection.

Symmetrical *white bands mark this deep green miniature century plant*

Water saver

It's all too easy to set a hose-end sprinkler going and forget to turn it off when people drop in, or you go out to get ice cream, or there's a good show on TV. When you do remember it's late, and the water has been running all the time.

For about $5 you can get a meter that will shut off the water in accordance with a predetermined schedule. A dial measured in hundreds of gallons will release as much water as you set it for, then turn off the flow. You simply attach it to the faucet, then attach the hose to it. If you would like to move the meter from faucet to faucet in different parts of the garden, you could attach and detach it by quick-coupling devices.

Speed up liquid feeding

Heavy watering of blooming plants in hot weather can result in quick loss of nutrients through leaching. To keep fuchsias, hibiscus, and gardenias in bloom you'll have to keep them well fed. Fastest-acting fertilizers are the kinds you apply as liquids, yet feeding large numbers of plants by sprinkling can is tedious. Why not try a hose proportioner?

This simple device consists of a threaded brass piece that goes between faucet and hose or hose and nozzle. Fitted into the brass piece is a Venturi tube and a length of rubber tubing. When the device is coupled into a hose line and the rubber tubing is dropped into a bucket of concentrated liquid fertilizer, water flowing through the hose will siphon out fertilizer and mix it with water to give a dilute solution.

In effect, the water pressure works for you in mixing and delivering the solution. The proportion of water to concentrate is 16 to 1, so the concentrate in the bucket should be 16 times that recommended for application to the plant.

Garden sculpture that grows on you

The handsome plant in the photograph at left is *Agave victoriae-reginae*, a small century plant that will never crowd you. Plants you buy will be only a few inches across, and even very old plants will not exceed a foot or two in diameter.

The dark green, very fleshy leaves are handsomely marked with white lines that indicate where leaves were pressed together in the central growing bud. The total effect is that of a very stylish artichoke made by a playful sculptor.

Because they grow slowly from seed and make no offsets, plants are somewhat expensive; one mail-order firm lists tiny ones at 55 cents and larger ones at $2 to $55. Plants are hardy out of doors in all except cold-winter areas, and they grow easily in well drained soil in ground beds or in containers.

AUGUST CHECK LIS

Here are the thing that need doing

☐ **Diseases and pests.** Hot we good weather for insects an Keep them in check: for *Sunset* recommendations, see pages 58 a

Most hot-weather lawn troubles laid to fungus attacks. Generally ing, the best fungicides are those t trol the widest variety of fungus Precise diagnosis is difficult, even perts, and usually not necessary *is* necessary is persistence in a fungicides.

☐ **Feeding.** Summer and fall-bl plants need feeding, and plants may require supplementary a result of leaching from heavy irr Check citrus, hydrangeas, gardeni all acid soil plants. Give azaleas, ca and rhododendrons their last feedi

☐ **Grooming.** If it's your habit a garden inspection in the o the evening, try taking along ligh pruning shears and a large paper b off spent flowers, broken twigs, infested buds, and random weeds go, pop them into the bag, then bag into the trash can.

☐ **Lawns.** Water deeply every more often if necessary. Usu first sign of water stress is a certa ness in the grass; it flattens in yo prints and is slow to stand up ag wilting may show as a smoky blu

☐ **Planting for fall.** You can st heat-loving annuals (celosi gold, petunia, salvia, zinnia); s 119 for special late-season instr Cyclamen plants in bands and furnish winter and spring bloom i places. Cole crop plants (brocc bage, cauliflower) and onion sets planted now.

☐ **Seed sowing.** Winter and spr ding plants will show up nurseries next month. Most peo plants then out of flats. If you grow your own plants from see need a month's time—at least— plants big enough to set out safe haps you'll want to try new variet nurserymen in your area don't gr worth at least a fast look at a se you might find something new an

☐ **Watering.** You hardly nee told that watering is the big month. We have a note on wate above and a story on the neces having a reliable water boy when off on vacation (see page 128).

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DARROW M. W

Water overflows *from ceramic half-shell into pool in patio off glass-walled family room. Plant is 'Hahn's Self Branching'*

The cool effect of falling water . . . by a wall . . . in a woodland garden

Blue-tiled pool *and panel add cool touch to enclosed sunning patio. Kathryn Stedman design*

hen used in a simple way, water much to enhance and add rare to a garden.

ol in the large picture at left is in w enclosed patio that becomes an on of the family room when the o-ceiling sliding glass doors are From above the small sculptured water jets into the shell-shaped then overflows gently and musi- nto the pool edged with small l tiles.

, a formal, tile-lined pool is set between the low, curved, adobe brick seat wall and the higher adobe wall, both painted white. Horsetail *(Equisetum hyemale)* grows in a pot placed on the bottom of the pool.

For the traditional Japanese stone basin (below), difficult to obtain in this country, you might substitute a very simple concrete or ceramic basin or bowl.

The waterfall and rock-enclosed, concrete-lined pool (right), beautifully complemented with choice shade-loving plants, has a natural, woodland feeling.

ese stone basin, mossy from overflow, in stream bed. Mondo grass behind

TATSUO ISHIMOTO

DON NORMARK

Waterfall, *pool, rocks,* Pieris japonica, *rhododendron, and fern in the Hugh S. Ferguson garden, Bellevue, Wash. Frederick E. Nylin, landscape architect*

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Fuchsia cutting *will root quickly in d sand-peat mixture inside a large pl bag like this. Holes punched in side a as many as 24 cuttings to root at one t*

Easy way to root fuchsias

Here's an unusual and highly succes method to root a number of fuchsia c tings at once. It's not only easier, b looks better and gives better results th rooting plants in flats or pots.

You insert cuttings in holes punched a medium-weight plastic bag (such as produce bag) filled with a 50-50 mixtu of damp sand and peat, and suspend by a rope from the roof of a lathhouse, a shady tree, or wherever you hang yo fuchsias (it won't look out of plac Punch holes in straight rows from top bottom: one row for each variety, with label at the top (see photograph abov

As many as 24 cuttings can be rooted one time in the damp rooting mediu and since the bag is at eye level, it's ea to keep an eye on cuttings. The plan remain relatively pest-free, too.

Mr. and Mrs. James Huff, of St. Hele Oregon, have used this method for seve years with excellent results. They ha the propagating bag in their lathhou where both cuttings and full grow blooming fuchsias are protected from rect sun.

To cool the lathhouse, the Huffs moist

WILBUR BLUM

t cuttings through holes punched in e bag, pushing stem ends about an into damp peat-sand mix. Signs of th tell you when cuttings have rooted

ark dust on the floor all summer with inkler hose that sprays up to, but n, the fuchsias hanging above. Keep- ne ground moist can reduce tempera- inside by as much as 20°, the Huffs t. It's not necessary to water the agating bag because the plastic keeps ture in.

n rooting fuchsias by this method, est to take cuttings about 3 inches —tips of branches preferred. You can the lower ends of the cuttings in one powder before inserting them gh the holes into the damp sand- mix, but it really isn't necessary; sias root quickly without this aid. soil mix damp, but not soggy.

n cuttings are rooted, remove them the bag (you may have to slit the tic) and place in 2½ or 3-inch pots the same soil mix. Keep moist and led for three weeks, then set out in ground or in planters.

give them a good start, plant in a us and fast draining (but water- ntive) soil mix. A soil conditioner, as sand or peat moss, helps to en- age good drainage.

't fertilize plants before you set them permanently; it may make them weak spindly. Start feeding after plants are blished in their permanent locations.

e plants are well established, pinch k branch tips to produce bushier vth.

RECOMMENDED BY Sunset FOR WESTERN FAMILIES

WHAT THIS SEAL MEANS TO YOU

We think it's fair to say that *Sunset* is more careful about the advertising it accepts than most — if not all — other media in the country.

Before accepting an advertisement for publication, we satisfy ourselves that the prospective advertiser is a responsible company and that its products belong in a family magazine of Western living. We strive to make sure that all claims for products are honestly presented in every advertisement.

So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

This summer enjoy outdoor living with Sunset leisure-time books

Sunset publishes over 100 books for Westerners on various leisure-time subjects. Thirty-four of them can help you expand your outdoor living area and make your home more enjoyable —nine of these are pictured here. Each one provides reliable, well-illustrated how-to-information. See them at your local book dealer, garden center, building materials dealer or send the coupon below.

- ☐ Basic Gardening Illustrated, $1.95
- ☐ Garden & Patio Building Book, $1.95
- ☐ Garden Pools, $1.95
- ☐ Gardening in Containers, $1.95
- ☐ House Plants, $1.95
- ☐ Japanese Gardens, $2.95
- ☐ Landscaping for Western Living, $2.95
- ☐ Outdoor Lighting, $1.95
- ☐ Western Garden Book, $5.95

Sunset Books
Lane Magazine & Book Company
Menlo Park, California 94025

Enclosed $_____ for books checked
(California residents please add 5% tax)

Name_____
Address_____
City_____
State_____ Zip_____

The plant that killed Socrates

Appearance is not only deceiving, ... ception can be fatal. What look... Queen Anne's lace or wild carrot to ... people is often, in fact, poison hem... This plant, introduced from Euro... now a common weed along the coast... Washington to Southern California...

You may recall that a potion made... this plant caused the death of Soc... some 2,400 years ago. Even now p... hemlock *(Conium maculatum)* acc... for a number of poisonings each y... usually severe, although not always... Children are most often the victims...

Originally a native of Europe and ... this relative of parsley and carrot w... troduced into the United States year... and has naturalized here as a wee... has now spread across the northern... of the country, southern Canada, ... down the West Coast. (It's not relat... the coniferous evergreen trees also ... hemlocks.)

The plant, also known as spotted ... lock or California fern, grows lush ... roadsides, ditches, edges of cultiv... fields, and wastelands below 5,000 ... Its umbrellalike clusters of white fl... are almost indistinguishable from the ... wild carrot or Queen Anne's lace *(Da...*

ELLIS M...

Attractive but deadly, *poison hem... resembles harmless Queen Anne's*

ELLIS MARLIGG

an identify *poison hemlock by the* *blotches that cover the stems*

), so it's very easy to confuse the lants.

ning often results from mistaking aves for those of parsley, the seeds ose of anise, or the roots for those rsnip. This resemblance to other s adds to the hazard.

greatest danger, however, is to chil- who may chew the weed while play- make pea shooters from the hollow s.

ce of plant ½ inch in diameter may ce fatal poisoning. The plant is nous at all times of the year, and the element lingers even after the plant ied and dried out.

TO IDENTIFY IT

can distinguish poison hemlock from Anne's lace by its rapid growth to t or more. Queen Anne's lace grows 2 to 3 feet tall and also has dis- ly hairy stems, whereas poison hem- s covered with small purple blotches photograph). Poison hemlock's foli- ives off an unpleasant odor usually ibed as "mousy."

PTOMS OF POISONING

lock poisoning causes a gradual ening of muscular control. The symp- : Hands and feet grow cold and lose tion. The extremities become para- l and death may ensue from paralysis e lungs.

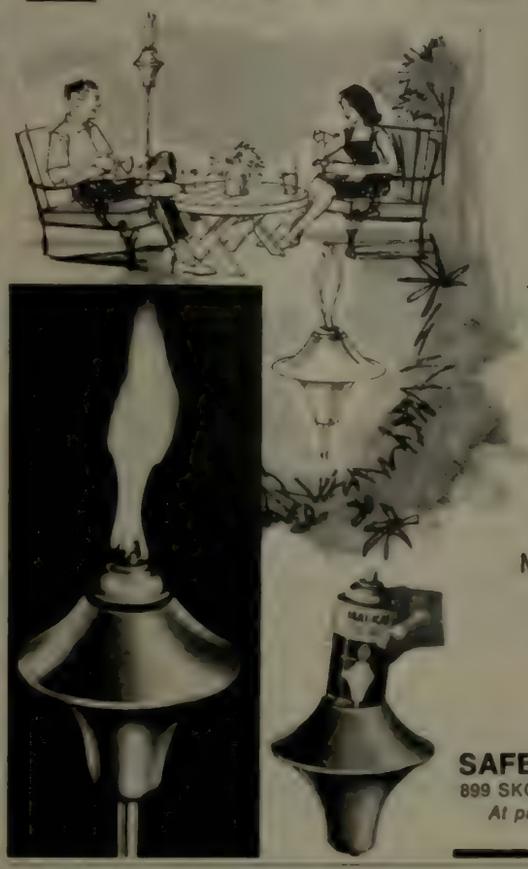
ugh no antidote for the poison is n, immediately inducing the victim mit may clear the poison from the ach. Symptoms may appear within inutes to an hour. It's important to he toxic material out of the victim's ach as soon as possible. Also call a ician.

DICATION AND CONTROL

't let poison hemlock remain in areas e children may play. Fortunately, it's to control. Wild stands near homes aygrounds should be cut and burned, lled with herbicides.

REVOLUTIONARY NEW FUEL CELL GIVES YOU THE SAFEST, EASIEST-TO-USE PATIO TORCH!

SAFETY FLAMES MAI-KAI PARTY TORCH



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The exclusive sealed, self-contained Fuel Cell drops into the torch. Provides up to 8 hours of safe, flattering fire-light for your parties, barbecues, just relaxing. Stays lit even in a brisk breeze, yet snuffs out instantly whenever you want.

When empty, simply throw away the entire Fuel Cell and replace it with another. No fooling with messy, dangerous fuel. Choose Mai-Kai torches by Safety Flames in avocado or tangerine. Around $10 per pair; disposable Fuel Cells $1.00. Includes 6′ steel poles in 3-sections.

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At patio and garden dealers throughout the West.

"Weathering" for sale . . .

New Seabury home, Cape Cod, Mass.; Architect: Royal Barry Wills & Associates, Boston; Developer: Emil Hanslin, New Seabury; Cabot's Stains on siding

Cabot's BLEACHING OIL

Demand is great for the unique "driftwood" look, an effect usually found only in seacoast areas after years of exposure to salt air. Cabot's Bleaching Oil, when applied to untreated wood surfaces, imparts a delicate gray tone which weathers in but a few months to a beautiful, natural driftwood gray, will not crack, peel, or blister. Everybody talks about the weather; Cabot's has done something about it.

Cabot's Stains, the original Stains and Standard for the nation since 1877.

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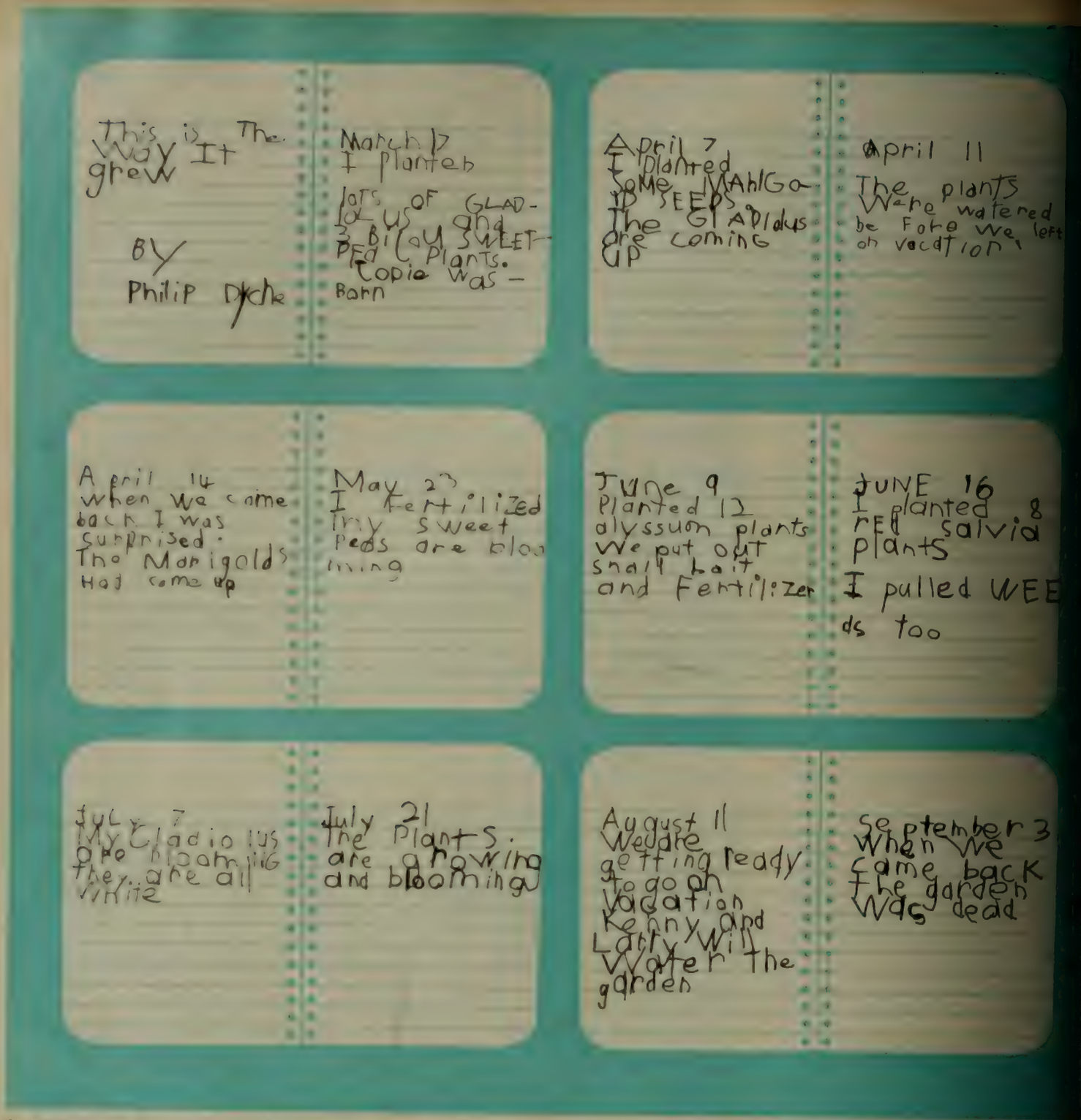
Please send information on Cabot's Bleaching Oil.



Sad little story *by a 6-year-old summer-fall garden contestant in Sunnyvale, Calif. Kenny and Larry were vacation water b*

So your vacation water boy won't go wrong

What happened to Philip Dyche's little garden—a 2-by-8-foot raised bed in the side yard—should remind August to October vacationers of the importance of detailed arrangements with vacation water boys (or water girls). In this case, Philip's mother says, the boys overlooked watering Philip's garden for three weeks.

If possible, break in a vacation water boy before you leave. Have him do the watering with you so that he can see and understand which valves get turned on and for how long, which hoses and sprinklers get placed where and in what order, which plants need water more than others. Sessions like this also insure that you don't forget to point out any important details.

Leave a check list or picture chart for the water boy, so he can't go wrong.

Anticipate a heat wave and drying winds when you plot the intervals at which the water boy should come. Weekly intervals really aren't adequate, especially in interior climates. If you have lots of c tainer plants, daily or every-other- arrangements may be necessary.

Pay the waterer well: Several expert g deners who often travel tell us they've found a per-hour fee gets the results; currently, they pay $1.5 hour. It's expensive but worth it bec they come home to a live garden. S also offer a bonus for good performa

BUY NEW FLECTO *10-YEAR CLEAR* AT THESE DEALERS

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- Goodman Builders Emporium

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- Thomsen's Color Corner

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The 10-year clear for siding & fences

Now . . . a clear wood finish that lasts and lasts. THE 10 YEAR CLEAR! FLECTO EXTERIOR VARATHANE with Flecto exclusive *SOFT CURE* actually deflects the sun's rays and prevents wood deterioration. Prevents cracking, peeling, blistering, mildew — and it really looks great . . . clean up with water! Available wherever paints are sold.

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The **Sunset** *West: America's Supermarket*

Gerald Awes and Suns

In background: One of the 293 Lucky Supermarkets serving 7 states

No. 10 in a series on Distinguished Western

n tell you why Western od marketing is unique

ld Awes is a lifetime retailer. He began as a ery clerk, in time became part-owner of five hern California food stores, which merged in with a small Northern California food chain— y Stores, Inc.

ay Gerald Awes is Lucky's Board Chairman, and y is no longer small. Sales have grown from million in 1955 to well over $1 billion in 1968. ear-end it operated 399 stores—supermarkets, stores, department stores in 4 Western and idwestern states, and ladies ready-to-wear stores other states. In return on equity, it is the most itable major supermarket chain in the U.S.

Awes, consequently, is well qualified to gauge Western market's differences. "Westerners", ays, "not only have distinctive food preferences, their emphasis on year-round outdoor living for great differences in retail merchandising.

rbecuing often makes the man of the house the . He tends to want easy, convenient ways— ared and frozen foods, for example—to help 'do his thing'.

dditionally, the soaring income level in the West lts in the purchase of more and more specialty luxury food items, and higher per capita l-store purchases than in the rest of the country.

nset is a specialist in these Western differences, does a great job in bringing the consumer and iler together. All of us at Lucky enjoy and respect set's influence, and are proud to sell the azine in our stores."

sterners pay more attention to Sunset because nset pays more attention to them.

Mr. Awes is right on target. The median income per Western household is $589 higher (and the median income per Sunset household is *$4863 higher*) than the U.S. average. The average Westerner spends $30 more per person in food stores than the U.S. average. With a population of 33 million, that represents an additional $990 million in Western grocery sales.

He's equally right about the differences in retail merchandising. Two quick examples: (a) 31% more space is devoted to frozen foods in Western supermarkets than in the rest of the U.S.; (b) the average Western supermarket allocates 50% more space to *non-food* products than the all-region average.*

Not a week goes by that Sunset's home economists aren't out shopping the supermarkets to see what's timely, and their editing reflects it. Sunset publishes more recipes exclusively for Westerners than any other consumer magazine—every one proved out in Sunset's test kitchens before publication.

When knowledgeable retailers speak of Sunset's influence in this market, it's because they've seen it work. They know that Sunset's 2,600,000 men and women readers react to both the editorial and advertising in Sunset, and that action at the check-out stand follows.

*These and countless other market facts appear in Sunset's 1969-70 Western Market Almanac. Single copies free to Sunset advertisers, $3.00 to others. Write our Research Manager at Menlo Park.

THE MAGAZINE OF WESTERN LIVING
Lane Magazine & Book Company, Menlo Park, California

APLIN-DUDLEY STUDIOS

Rugged, *easy-to-grow Michaelmas daisies bloom from late summer well into autumn*

In bloom from now to November

Two wild roadside asters of North America —New England aster (*A. novae-angliae*) and New York aster (*A. novi-belgii*)—are parents of the tall hybrid perennials called Michaelmas daisies. Because they're in bloom around St. Michael's Day (September 29), someone long ago decided on what seemed an appropriate common name. However, varieties we grow today start blooming as early as July and continue until November.

The taller hybrids reach 4 feet or more, their branching stems crowded with clusters of flowers in shades of blue, purple, pink, rose, red, and white. They grow vigorously in sun and in almost any soil that drains easily.

If you think the larger, taller-growing Michaelmas daisies would be too rank and invasive for your limited space, look for lower-growing forms (12 to 30 inches high). These compact hybrids are useful for edgings and borders in smaller gardens, and for rock gardens and containers.

Single well rooted divisions taken from the outside of the clump and replanted in fall or early spring make husky clumps by the following year. Divide the tall Michaelmas daisies every year; since lower-growing kinds don't increase as rapidly, divide them every two years.

In late fall, leaves of Michaelmas daisies often become disfigured with powdery mildew. Control with a fungicide; or, if the flowers are faded, cut the mildewed stems all the way to the ground and burn them. You should cut plants back after bloom in any case.

Many nurseries sell Michaelmas daisies in containers from which they can be planted at any time. If you prefer to buy plants when they're showing color, start shopping for Michaelmas daisies soon.

ADVERTISEM

Pesticides: How you apply them does make a difference

Concerned? Really? Then select the equipment to apply your favorite cides to your flowers, shrubs, lawn trees.

For best results, you need a prec sprayer that lets you put the pes exactly where it's needed. And on applies the pesticide at recomme strength—not too strong, not too

Hudson sprayers give you precision trol of pesticide application. With long extensions and adjustable no you aim spray materials just w they're needed. Easily spray u leaves. Cover plants thoroughly—wit wasteful dripping of pesticides to ground, or needless broadcast drenc of nearby areas.

With a Hudson, you pre-mix your sp ing solution. You know the strengt the mixture you're spraying. You co spray pressure. And you control s pattern—you can adjust the nozzl just the right spray pattern, from to coarse.

Next time you buy a sprayer, don't ble. Choose a Hudson sprayer—the that lets you apply pesticides preci It does make a difference how you a pesticides—it can make a beautiful di ence in your lawn and garden.

Still concerned? Write for the Nati Sprayer and Duster Association char sprayer types and uses, plus our selec and sprayer tip folder.

Write to H. D. Hudson Manufactu Company, 154 East Erie Street, Chic Illinois 60611.

ere are August
arden events

. August 2 and 3. Festival and exhibit sponsored by the Diablo e American Club. Place: Club-01 Treat Blvd. Hours: 4 to 12 P.M. y; noon to 10 P.M. Sunday. Free. isai display will be arranged by kishima Bonsai Club.

l be Japanese folk dancing and ach evening, and judo and Japa-ncing matches each afternoon. l food and drink will be sold.

August 3. Annual show by the County branch of the American Society. Place: Marin Art and Center's Livermore Room, Sir Drake Blvd. Hours: noon to 5 ee.

e. August 9. Fourth annual flower nd bazaar presented by the Sierra Belles Garden Club of Truckee nner Lake. Place: former Califor-pection station, Old Highway 40. 1 to 7 P.M. Free.

nd. August 10. Tenth annual show red by the Richmond branch of nerican Fuchsia Society. Place: ond Library Auditorium, Civic and Macdonald avenues. Hours: . to 4 P.M. Free.

d. August 16 and 17. Annual show red by the East Bay Dahlia So-Place: Lakeside Garden Center, 666 ue Ave. Hours: 1:30 to 9 P.M. Sat-10 A.M. to 6 P.M. Sunday. Dona-ccepted.

ancisco. August 21 through 24. San sco County Fair - Flower Show. tails, see page 136.

mento. August 22 through Septem-Flower show at the California State ition and Fair. Place: California Ex-n grounds, 1600 Exposition Blvd. : 10 A.M. to 11 P.M. Admission to ir: $1; ages 7 through 16, 50 cents; en 6 years and under, free.

Bragg. August 23 and 24. Show by ort Bragg branch of the American sia Society. Place: Odd Fellows Hall, ain St. Hours: 1 to 10 P.M. Satur-10 A.M. to 6 P.M. Sunday. Free.

ola. August 31 through September 6. al begonia festival, highlighted by le of begonia-covered floats at Capi-Lagoon on Soquel Creek September P.M. For further information about al activities, write to National Be-Festival Association, Box 501, Capi-5010.

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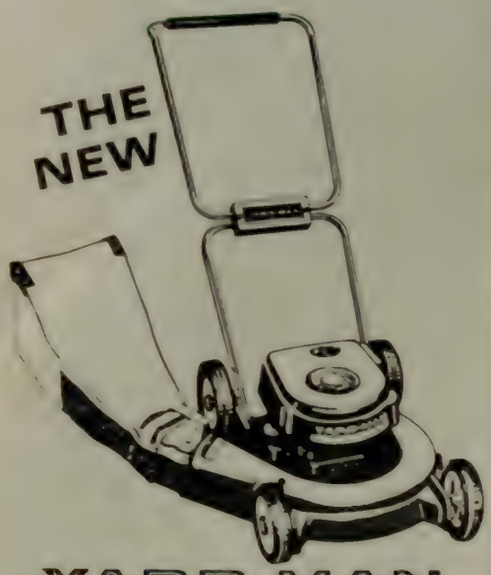

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LIGHTER WEIGHT

MODEL SELECTION

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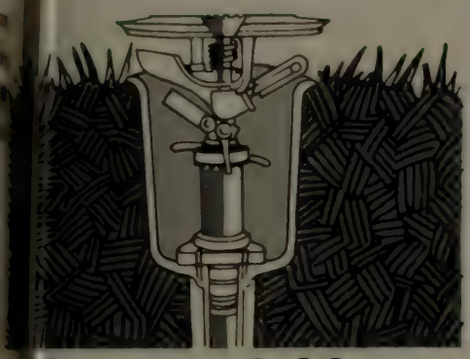

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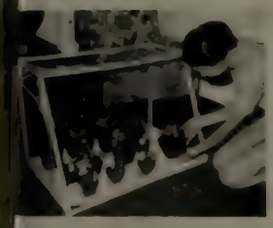

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Flower show in Golden Gate Par

Plants named by Spanish explorers settlers as well as those used by Indi will be featured at the San Franci County Fair-Flower Show on August 24 at the Hall of Flowers, Ninth Ave and Lincoln Way, in Golden Gate Pa This year the annual event will celebr California's bicentennial.

Nine outdoor gardens will illustr themes ranging from California's Span Missions to the present.

Of special interest will be Strybing boretum Society's display of plants u by the Indians for food and hunting plements, soap, dyes, and medicine. are currently growing in the arboretu

Indoor flower arrangements will refl San Francisco's history from 1769 categories recognize the city's Orien heritage and such landmarks as the flo stands and Fisherman's Wharf.

THE PREVIEW PARTY

The flower show will open with a previ party—Fiesta de las Flores—on Thu day, August 21, from 5:30 to 7:30 p (This event will directly follow the de cation at 5 P.M. of the new garden w center in the Strybing Arboretum-*Sun* Magazine Demonstration Home Garde adjacent to the Hall of Flowers.) For pr view party reservations, write to Mr I.C. Gold, 120 Corona St., San Franci 94127, by August 5. Please include $2 donation per person.

THE FLOWER SHOW

Tickets to the show itself cost 50 cen children under 12, free. Hours are 7:30 10 P.M. Thursday; 10 A.M. to 10 P.M. Fr day and Saturday; 10 to 6 Sunday.

The 18 member groups participating known collectively as the San Francis Flower Show Inc.—are: African Viol Society of San Francisco; American Be gonia Society, San Francisco Branch American Fuchsia Society, San Francisc Branch; Bonsai Society of San Francisc Bromeliad Society of San Francisco; Bus ness Men's Garden Club of San Francisc Cactus and Succulent Society of Cali fornia, Inc.; California Club; Californi Horticultural Society; California Spring Blossom and Wildflower Association Dahlia Society of California, Inc.; San Francisco Chapter of Ikebana Interna tional; San Francisco Carnation Society San Francisco Garden Club; San Fran cisco Orchid Society; the Strybing Ar boretum Society of Golden Gate Park San Francisco Rose Society; and Vist Del Mar Garden Club.

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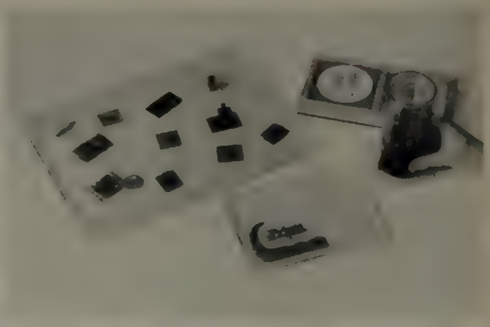

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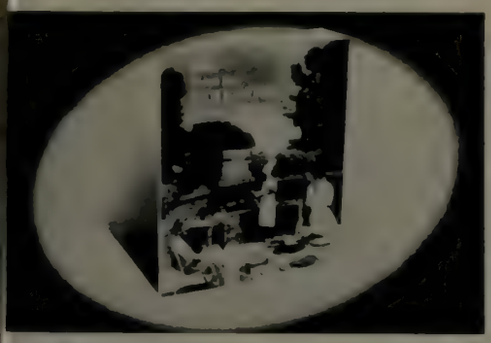

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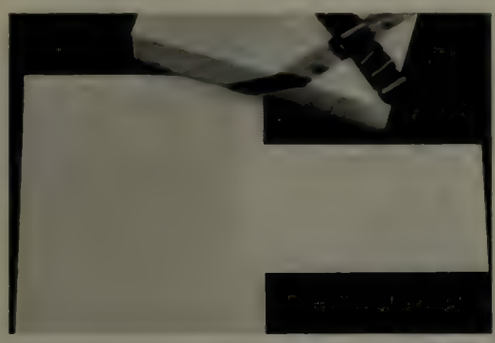

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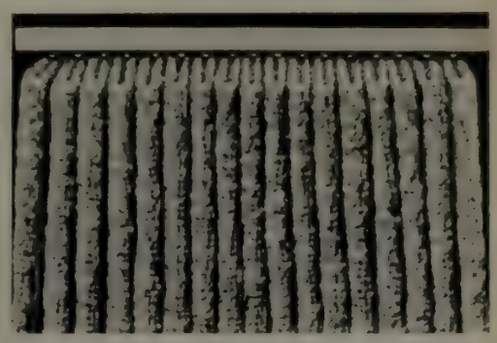

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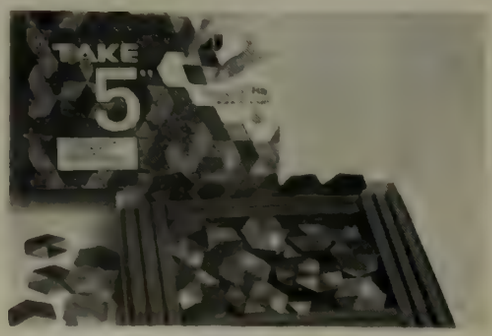

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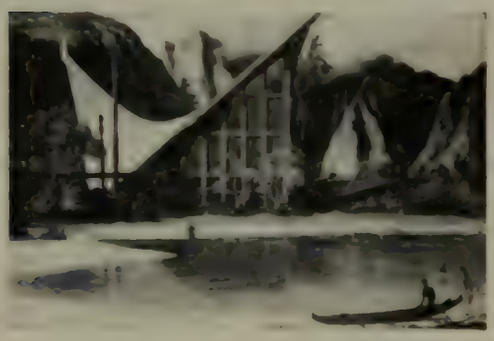

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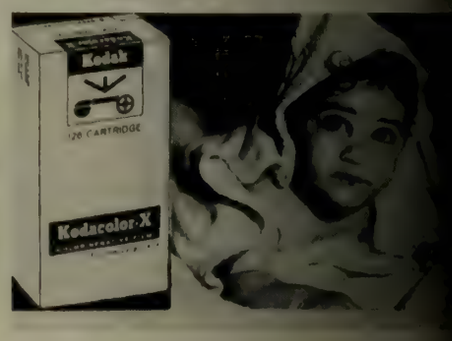

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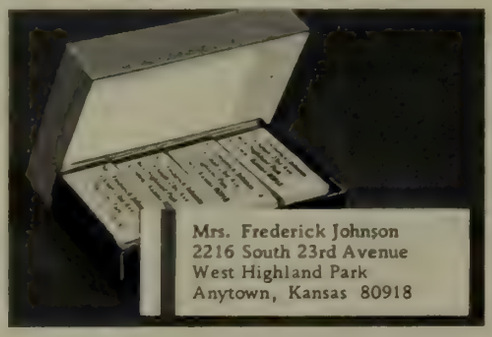

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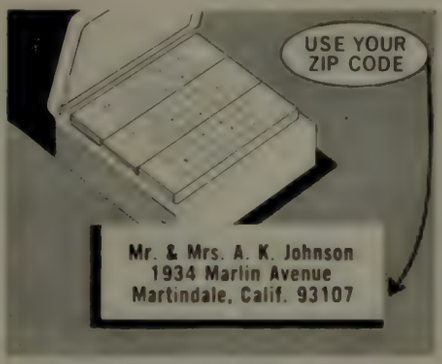

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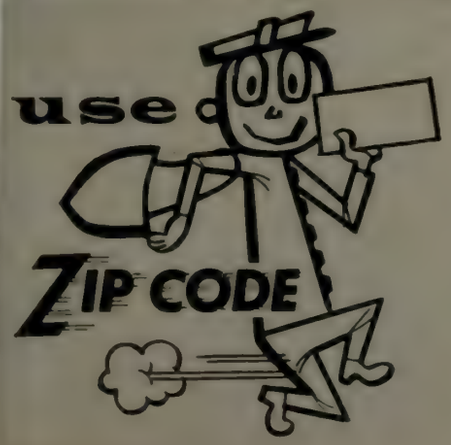

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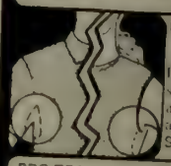

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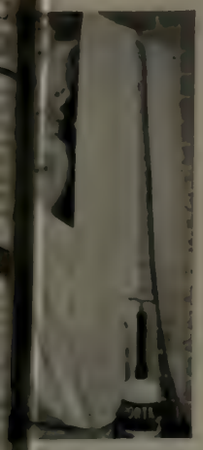

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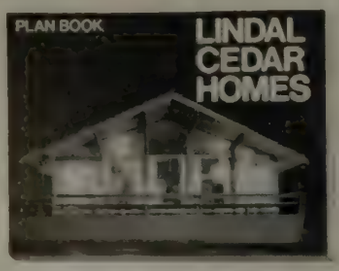

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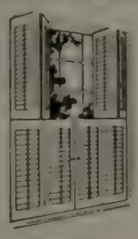

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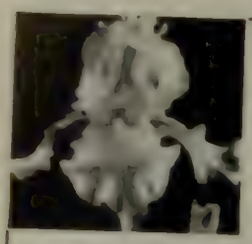

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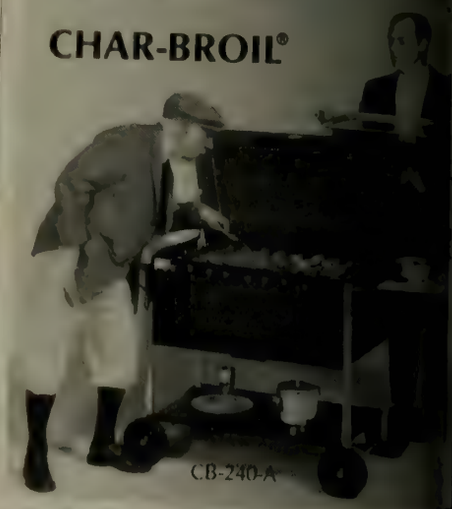

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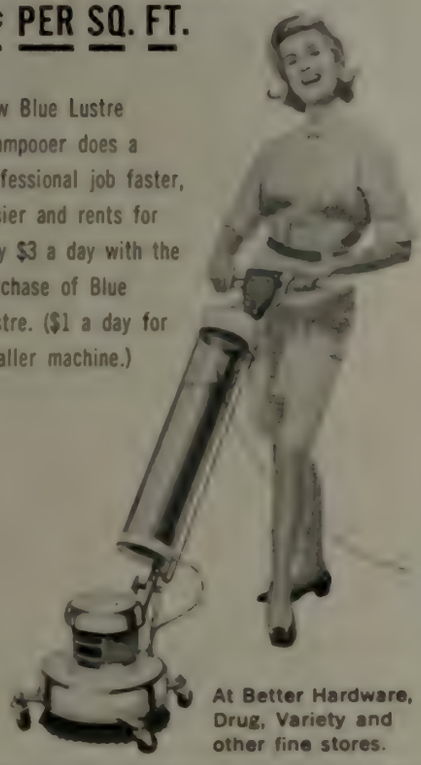

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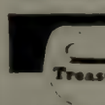

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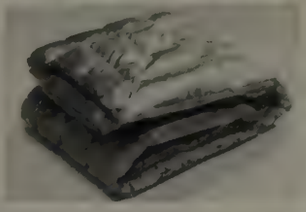

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Our concern with environment

The world in which Westerners live has been, is, and always will be of special concern to *Sunset*. For a dramatic example, see the article on page 58, in which we advise readers to stop using DDT and several other related insecticides in their gardens. We not only state why these insecticides shouldn't be used but also tell how to get rid of those you have, and recommend other controls to replace them.

For several years our garden editors and our management, reviewing evidence that DDT and related chemicals are extremely long-lasting pollutants, have been giving greater attention to other means of pest control.

On April 22, 1969, the daily press reported four biologists' discovery that brown pelicans on Anacapa Island, south of Ventura, California, this year had abnormally fragile eggs with heavy concentration of DDT in the yolks. Here was the first strong evidence of DDT's indirect damage to a species of life in the West. It lent great weight to the argument that the potential dangers of using DDT and certain other chlorinated hydrocarbons outweigh the advantages of using them. That same week we scheduled an article on the subject for this August issue, to allow plenty of time for our usual checking to make sure facts were straight and fairly stated.

On June 18 our publisher, L. W. Lane, Jr., with the full support of management and editorial staff, announced his decision that *Sunset* would no longer accept advertising for products containing DDT, DDD, aldrin, dieldrin, endrin, and heptachlor. *Sunset* has been carrying more such advertising than any other general consumer publication; but we could not reasonably continue to carry advertising pages extolling these products when our editorial pages recommended against their use.

Meanwhile the same controversy reflected in the daily press was coming into our office in the responses to 56 "checking copies" of the article. These went to biologists, ecologists, zoologists, entomologists, chemists, insecticide manufacturers and packagers, physicians, and home gardeners.

The effect of their comments was to reinforce our conviction—even while recognizing that some allegations are not yet proven—that DDT is insidious and that we should tell home gardeners so. They also helped us state with greater precision how and why the other chlorinated hydrocarbons are similarly suspect, though a few appear to deserve limited use until good substitutes are available.

Recent editions of the *Sunset Western Garden Book* and other *Sunset* books on gardening already suggest alternatives to the chlorinated hydrocarbon products, and their next editions will be revised to conform to this month's article.

WINDOW ON THE WEST: View from the tower

Motorists driving State Highway 79 through central Arizona can pause at this landmark to stretch, enjoy the remarkable view from the tower, and perhaps eat a picnic lunch nearby. The vista from the top of the tower takes in the Verde Valley, Mingus Mountain, the Mogollon Rim, and the colorful approaches to Oak Creek Canyon. The tower marks a roadside rest area beside the freeway near the turnoff to Montezuma Castle National Monument (see page 26), about 90 miles north of Phoenix and 45 miles south of Flagstaff.

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THE MAGAZINE OF WESTERN LIVING*

Feature articles for September 1969

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The Cover Story

To counter September's heat, you might try a fresh fruit ice—as coolingly depicted by Darrow M. Watt on our cover. Making the ices is simple, their pure fruit flavor is refreshing, and the manner of serving can be a surprise; see page 84

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DARROW M. WATT

The 1969 State Fair: flowers, rockets, and textiles

The California State Fair, after a 1968 absence when it deferred to the "permanent exposition" ambitions of ill-fated Cal Expo, opened August 22 and continues through September 9 at the exposition grounds in Sacramento.

In contrast to the condition of the new site last year, the landscaping has begun to mature and the grounds are ready to serve as a pleasant setting for this year's state fair activities.

The Hall of Flowers should be one of the most interesting exhibits, not only because of the floriculture displays but also because of the hall itself.

"Hall" is perhaps a misnomer, for the structure is almost entirely constructed of large sheets of vinyl-covered nylon. Yet it isn't just a tent, either. Many of the translucent sheets are fastened to frames independently of each other and shift gently in the breeze—somewhat reminiscent of the sails of a ship. Shifting light plays over the flowers, suggesting that they too are swaying in the breeze.

Highlights of the flower exhibit are an orchid grotto, selected bonsai, a cactus garden, and native plants in bloom.

This year the fair will also boast a NASA exhibit featuring highlights of the Apollo program.

Along with the new and different, this year's fair will have the usual county displays, an industrial arts show, and an International Textile Exposition. Future Farmers of America and 4-H competitions will be interspersed over the first week and a half of the fair. The rodeo dates are August 28 through September 1; horse racing August 25 through September 9.

The exposition grounds are north of the American River and just east of Interstate Highway 80 (Elvas Freeway.) Take

Canals *flow quietly under the billowing sheets housing the fair's Hall of Flowers*

Sunset

THE MAGAZINE OF WESTERN LIVING

September 1969

In this box *are three well-lit birds, about to be photographed*

We build a bird picture chamber

This contraption is a bird photography chamber, made of translucent white plastic. We designed it so we could get the photographs of aviary birds on pages 70 and 71.

At left is the backdrop—gray, orange, black, and blue sheets were slipped in there for background. Inside stands a vertical rod with three perches.

We released three birds at a time into the chamber, slipping them through the hole at lower right. Our photographer, his camera poked through one hole at the right end of the chamber and his eyes close to a viewhole above it, just waited until all were perched and looking pretty.

The birds were from Thierry's Pet Shop, San Leandro, Calif., and Poisal's Rare Bird Farm, Pleasanton, Calif.

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the Exposition Boulevard exit from freeway.

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Young cyclists *sit on historical mark front of the century-old Casa de Tab*

Near Stanford . . . a new state historical landmark

The old roadhouse in the hills be Stanford University has been pop with generations of students, who still it Rossotti's (after a former owner preference to its present name of Al Inn Beer Gardens.

But the reason the roadhouse is now of California's official historical la marks goes back far beyond the memo of old Stanford graduates to its days the Casa de Tableta.

Built by Felix Buelna in the 1850's, casa was strategically located on a r route across the San Francisco Penin to the coast. Originally a meeting pl for Spanish Californians to drink, p cards and dance, the tavern soon becam popular with the gringos. It has chang hands many times since then (once, t story goes, in a crooked card game).

Still serving food and drink, the ro house is open from 11:30 A.M. to 1 A daily except Sunday. Families are w come to wander into the building to l around. It is located at 3915 Alpine Ro

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California hayride

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Jerry Doyle, the proprietor, has five pair of draft horses, registered Belgians and Percherons, and two old-fashioned freight wagons. He also has an old surrey that you can ride in from the parking lot to the camp for 25 cents a person.

A hay wagon leaves the station every half hour and follows a trail through groves of tall redwoods to Indian Creek. Take your camera: the wagon makes stops for photographers along the way.

The hayrides and a full-scale replica of a covered bridge designed in 1841 are the newest additions at Roaring Camp, where a narrow-gauge steam railroad also operates. To get there, take the Mount Hermon Road exit from State Highway 17. Roaring Camp is just off the road near Felton.

The rides will continue daily until September 14, then on weekends through the winter (when weather permits). Groups can make special arrangements for day or night rides. Tickets are $1 for adults, 50 cents for children 5 to 15; children under 5 ride free.

MICHAEL TILDI

Horse-drawn *wagon filled with straw and people winds through a redwood grove*

For travel planners, a September check list

India and Nepal. A 29-day escorted tour of India and Nepal leaves Los Angeles November 11, and will visit 17 cities including a stopover in London, the pink city of Jaipur, the high city of Katmandu, and Mysore, the city of temples. Tour fare of $1895 includes meals (except in London), a double occupancy room, and round-trip transportation. For reservations, write to Zenith Travel Service, Inc., 3755 Wilshire Blvd., Los Angeles 90005.

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European guidebook. The *Hand-Me-Down Guide of Europe* is composed of notes collected over the years from travelers who recommended a restaurant, hotel, or place of interest. The book, revised yearly, rates each listing according to quality and price. Most places listed represent the personal preferences of other travelers; if you disagree, you are welcome to submit your own preferences for future revisions. For a copy, send $3.50 ($2.50 in following years for updated inserts) to Hand-Me-Down Association, Holland-America Line, 650 S. Olive St., Los Angeles 90014.

Carnival-in-Rio Cruise. The Italian Line's *SS Leonardo da Vinci* will leave Port Everglades on January 25 for a 27-day cruise of the Caribbean and beyond with a three-day stop in Rio de Janeiro during Carnival. Other ports of call include Curaçao, Trinidad, Bahia, and San Juan. Round-trip fares begin at $1,060. For information and reservations, write to Italian Line, 400 California St., San Francisco 94104, or see your travel agent.

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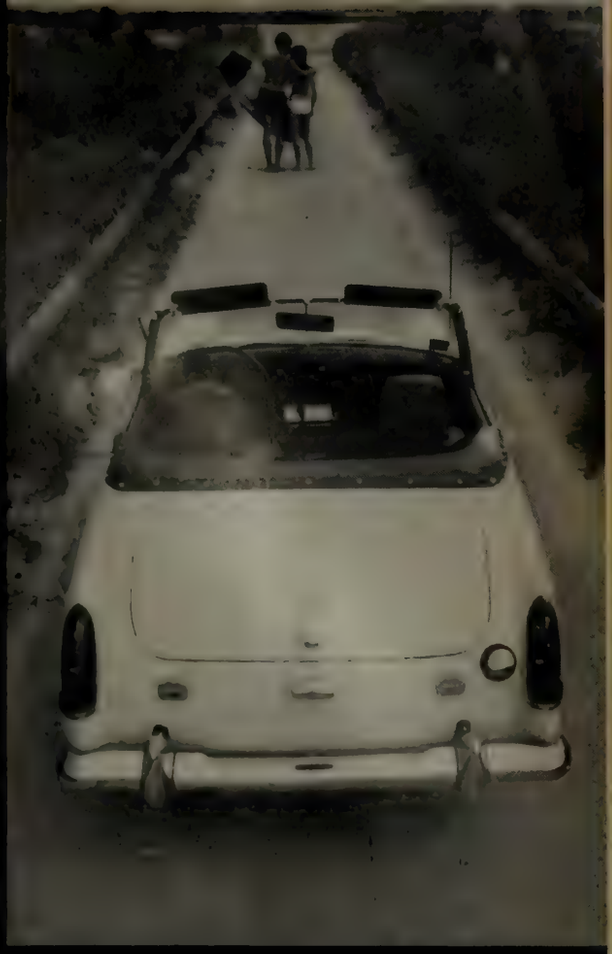

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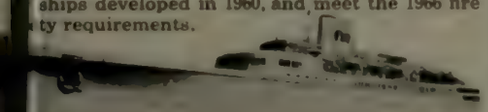

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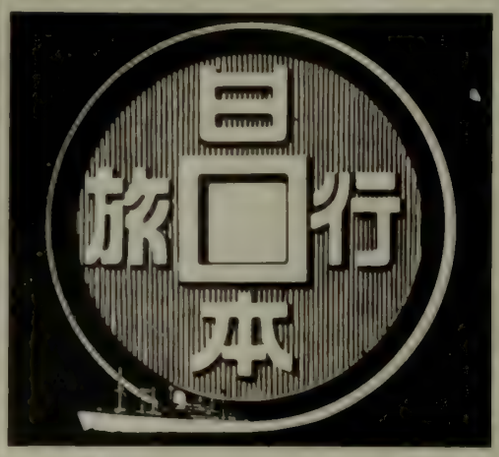

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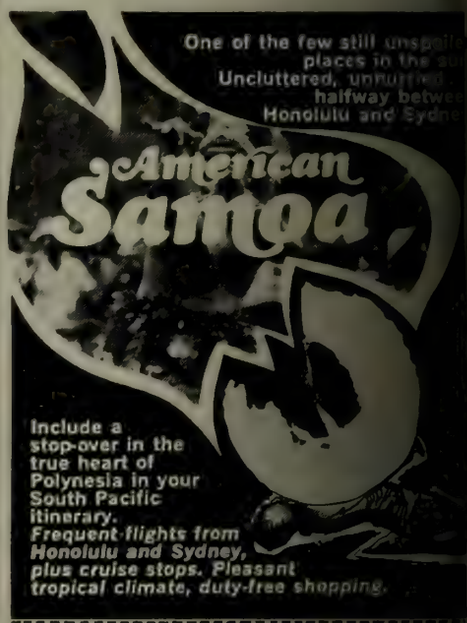

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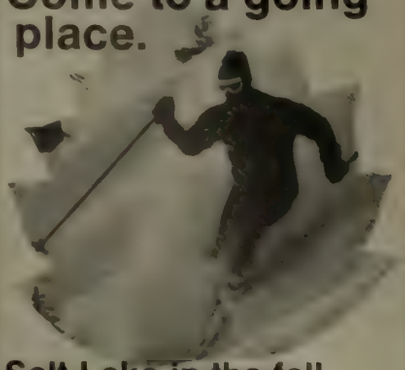

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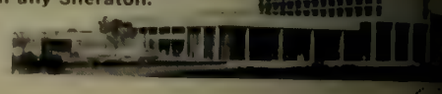

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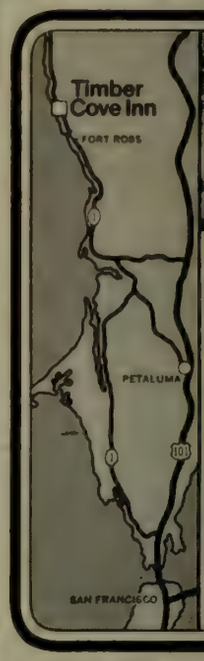

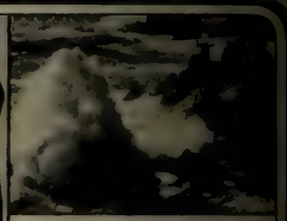

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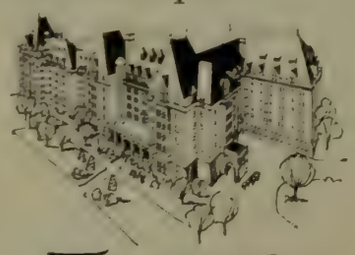

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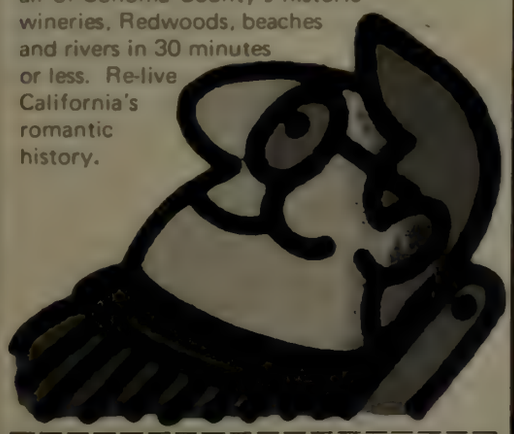

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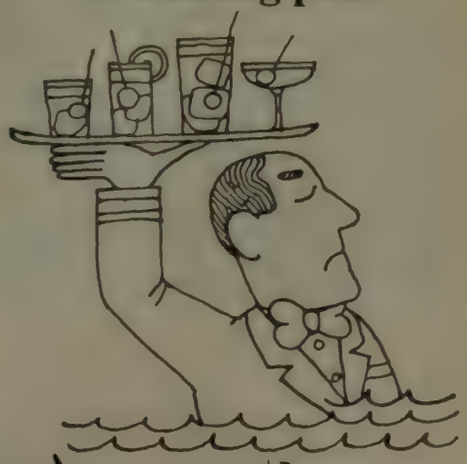

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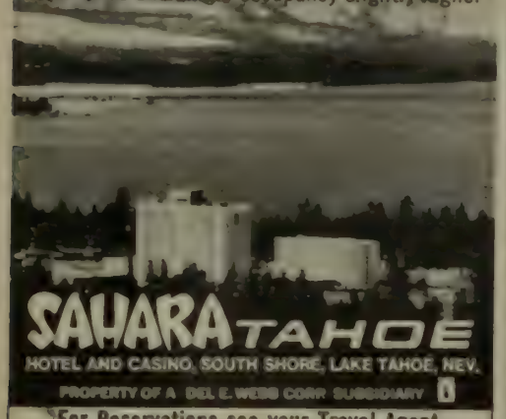

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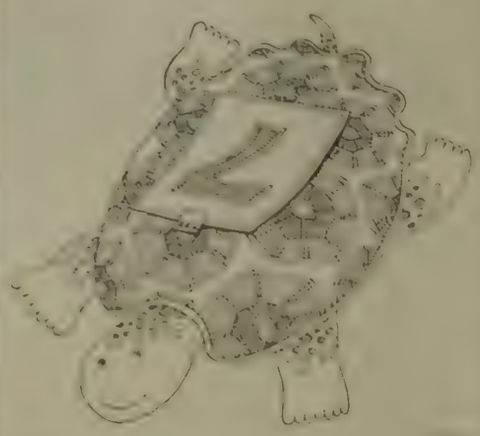

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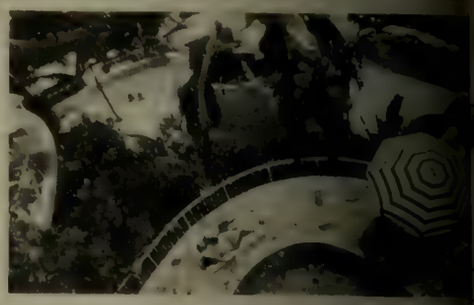

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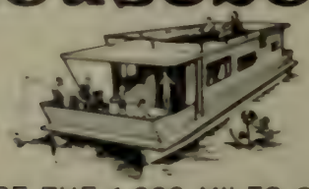

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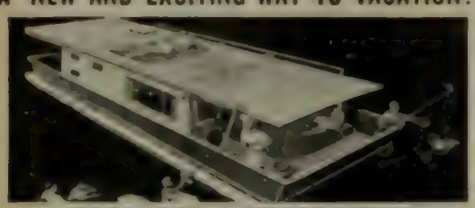

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New craft on the Catalina crossing

The crossing to Avalon on Santa Catalina Island is—to paraphrase the old Cunard Line slogan—half the fun of the outing. California's only offshore island resort is now served by an array of sea and air transportation that offers travel experiences available nowhere else on the Coast: a high-speed hydrofoil, a nostalgic old steamer, stubby amphibians and sleek turbojet planes, and excursion boats.

Most operate out of the Catalina Terminal in the San Pedro district of the Port of Los Angeles—on the Main Channel right under the Vincent Thomas Bridge. Go to the south end of Harbor Freeway, then make two left turns as indicated by the signs that mark the route. The terminal has a parking lot ($1.50 all day) and a central telephone number for information and reservations for hydrofoil, steamer, seaplanes, and cruisers: 547-1161 (or 775-3341 from Los Angeles).

In the following sections we describe the operation of these craft. We list one-way fares: Those for children are for ages 5 to 11 on the boats; children under 5 are charged a wharfage fee of 25 cents.

FLIGHT ON A HYDROFOIL

The most unusual craft is the 35-knot *Victoria*, the only seagoing hydrofoil in America. This gas-turbined vessel gets up and planes with its hull out of water when it reaches 18 knots, which it does in the harbor. It makes 4 daily "flights" of 45 minutes each way from the Catalina Terminal, the first outgoing at 8:30 A.M.; the last returns to the terminal at 7:30 P.M. It came to the Catalina run this summer after service between Seattle and Victoria, British Columbia.

Victoria carries 75 passengers for $6.25 per adult or $3.25 per child. Oddly, for all its speed, it's more exciting as an idea than a ride. The vessel's electronic sensors adjust the plane depths to those of oncoming waves to remove sea travel discomfort, so the craft moves more like a fast train than a boat.

THE BIG WHITE STEAMER

It is safe to say that no other ship on the Coast is quite like the *S.S. Catalina*. After an inactive season last year, she was gaily painted for this summer's run, and her 10 old lifeboats were replaced with sophisticated new raft devices. With the high, squarish lines of her time (40 years ago), she is still a stately vessel, offering a real old-fashioned excursion, complete with open-air and indoor benches, music, snack stands and plenty of time to observe on the horizon, a landfall silhouette that turns gradually into a mountainous island.

Catalina leaves every morning from the Catalina Terminal at 9:30 (boarding starts at 9) and departs from Avalon at 3:45 P.M. Crossing takes 2 hours. You can buy tickets (at $4, or $2.15 for children) at the terminal or in advance from a travel agent. In either case telephone for reservations; she sails full on most holidays and weekends. Last voyage this season is Sunday, September 14.

SEAPLANES AND STOL'S

The seaplanes are really amphibians: the Grumman Goose, small enough to give you the intimate sense of flying you never feel on a big jet. Takeoff or landing in choppy water can be exciting, and the harbor views are fascinating, though brief.

Golden West - Catalina Airlines takes off from Long Beach Airport; call 421-8281 (or 636-2121 from Los Angeles) for reservations. Catalina Seaplanes loads at the Catalina Terminal, then takes off from the Main Channel. Fare for the 20-minute flight from Long Beach and the 15-minute flight from San Pedro are the same: $7.50, or $3.75 for children. Both use the mountaintop Airport in the Sky if fog or rough water keeps them out of Avalon; and both also fly to the island's isthmus.

Golden West also flies short-takeoff-and-landing (STOL) planes to the Airport in the Sky, $9.45 one way from either Los Angeles International or Long Beach airport, with connecting flights from 16 other Southern California airports.

THE MOTOR CRUISERS

Supplementing the other boat schedules, two 110-passenger motor cruisers sail daily from the Catalina Terminal, at the same fares as the steamer.

Another cruiser from Puget Sound is expected to go into service by mid-month when the steamer retires. It will be a sleek 500-passenger aluminum craft, gas-turbine-powered for a speed of 25 knots. Also operating out of the Catalina Terminal, it is expected to make the crossing in about an hour and 20 minutes. Fare will be the same as for the other vessels.

The only regular service from another port is out of Newport Beach. A boat leaves Davey's Locker at the Balboa Pavilion daily at 9 A.M. and returns there by 7 P.M. The crossing takes 2½ hours. Round-trip tickets are $8.50, or $4.25 for children 5 to 11, 50 cents under 5. Last sailing of the season is on Monday, September 15. Telephone 673-5245.

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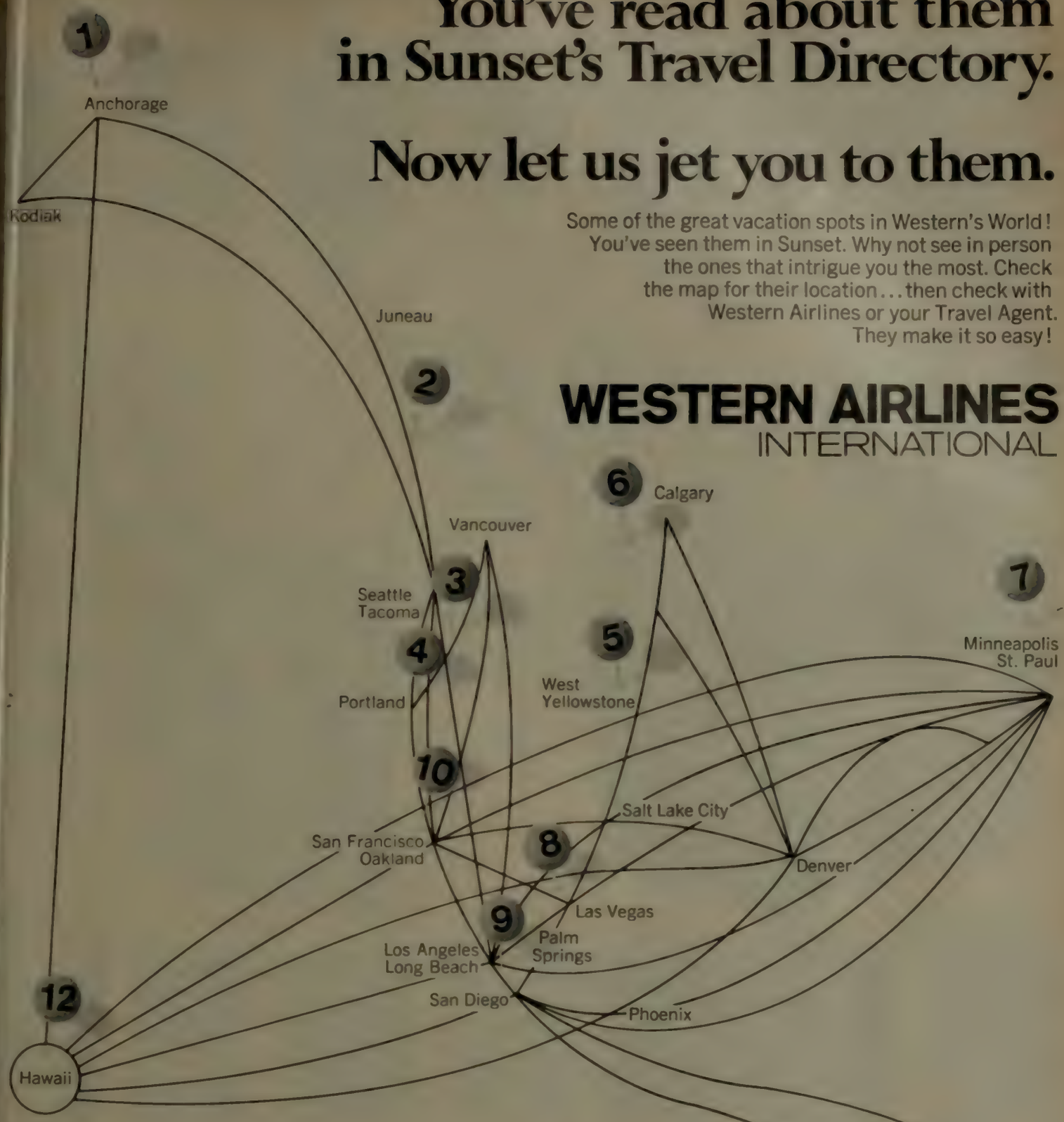

1 ANCHORAGE—Portage Glacier, Mt. Alyeska, hunting and fishing, gateway to Kenai Peninsula, Mt. McKinley National Park and Arctic Eskimo villages.

2 INSIDE PASSAGE – Scenic routes for ferryliner and cruise ship trips from Seattle and Vancouver to Skagway, Alaska; fjords, majestic glaciers, fishing villages, Indian totem parks.

3 SEATTLE – Space Needle, Olympic Peninsula, Mt. Rainier, gateway to Puget Sound.

4 PORTLAND—Columbia River trips, salmon and steelhead fishing, Oregon coast. Mt. Hood, Crater Lake.

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6 CALGARY – Banff National Park, Lake Louise, Jasper National Park, Columbia Icefield, Waterton Lakes.

7 MINNEAPOLIS/ST. PAUL—Guthrie Theatre, 13,000 lakes, headwaters of Mississippi, fishing, canoeing and houseboating.

8 LAS VEGAS—World-famous entertainment, casinos, luxury resorts, Hoover Dam, Lake Mead.

9 LOS ANGELES—Disneyland, Marineland, movie studio tours, major league sports, Music Center, Queen Mary, Farmers Market, Knotts Berry Farm.

10 REDWOODS AND RUSSIAN RIVER – Canoeing, boating, waterskiing, winery tours, 300 mile Redwood Highway.

11 ACAPULCO – La Quebrada high divers, deepsea fishing, surfing, bazaars, luxury seaside hotels.

12 HAWAII—Honolulu, Waikiki Beach, Diamond Head, Pearl Harbor, fishing, surfing, Polynesian Cultural Center, neighbor island tours, volcanoes.

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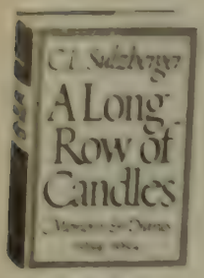

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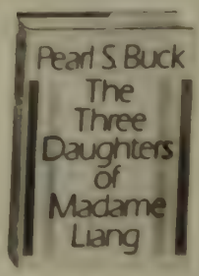

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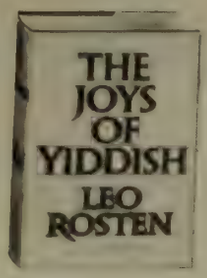

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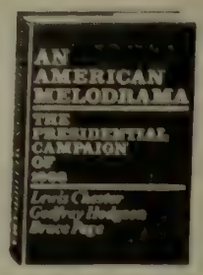

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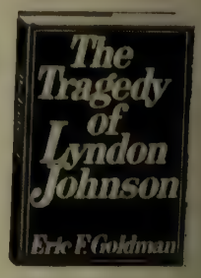

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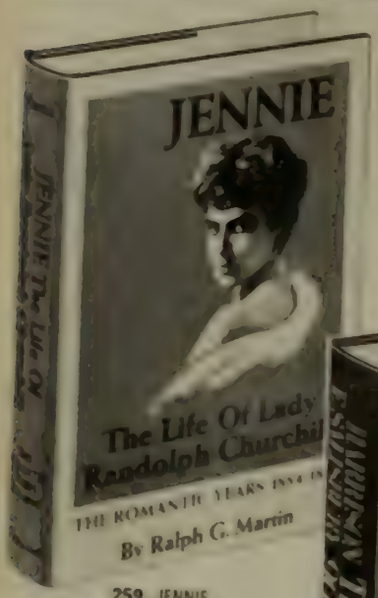

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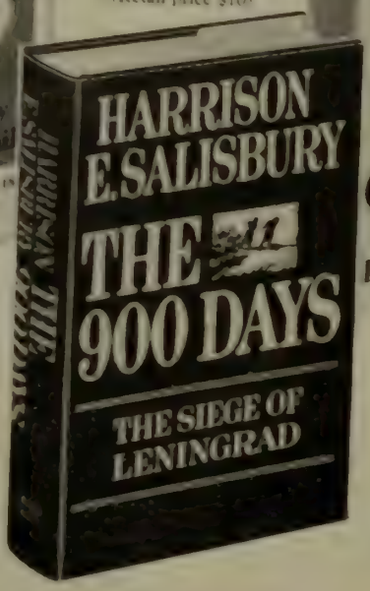

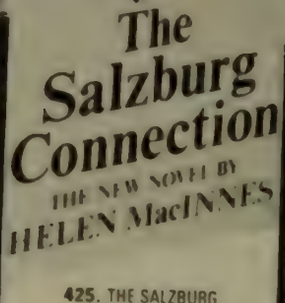

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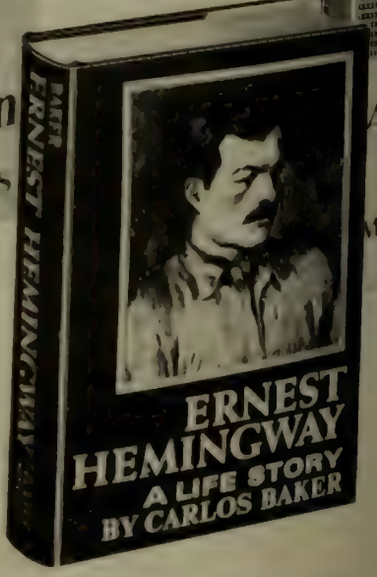

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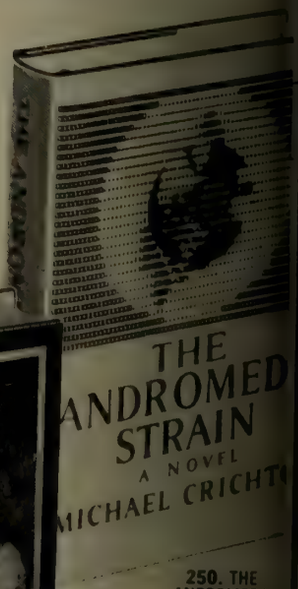

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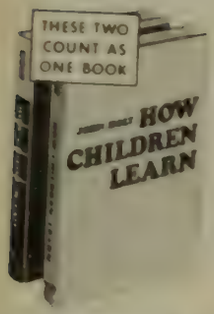

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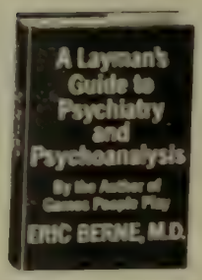

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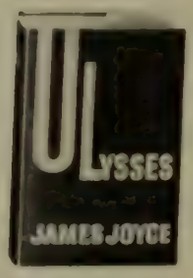

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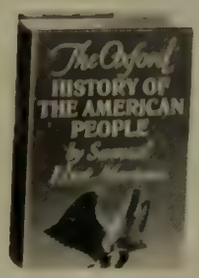

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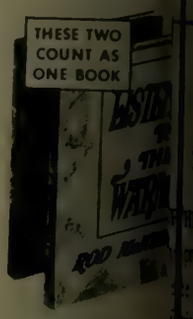

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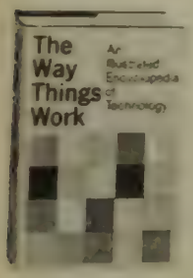

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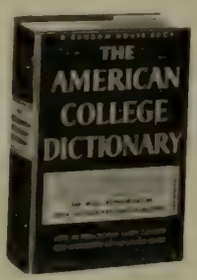

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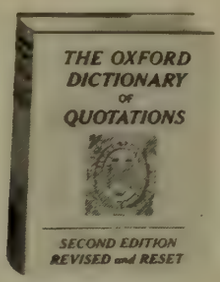

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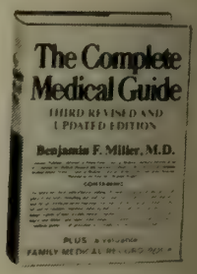

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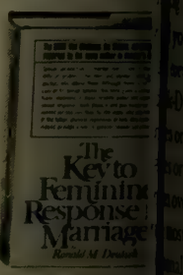

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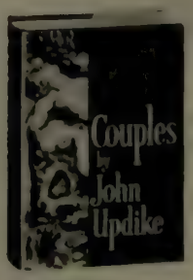

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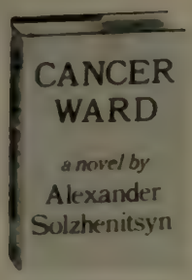

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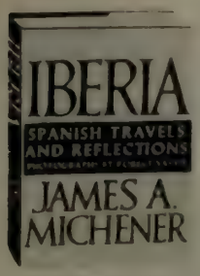

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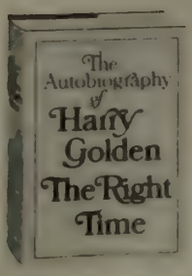

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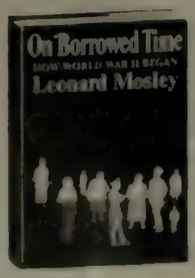

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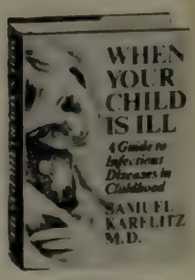

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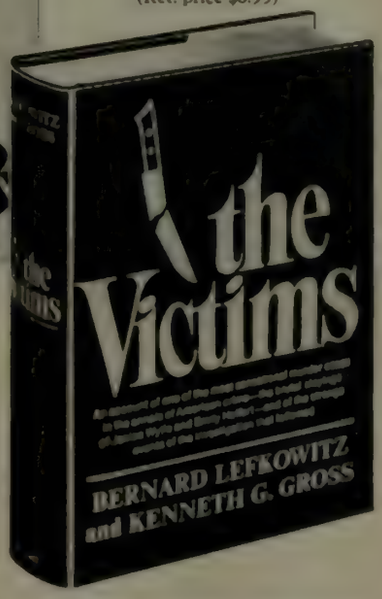

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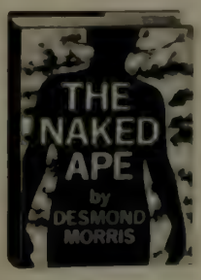

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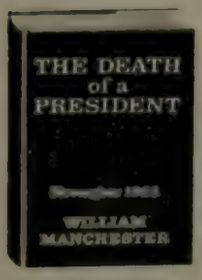

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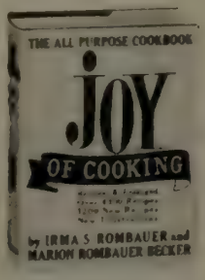

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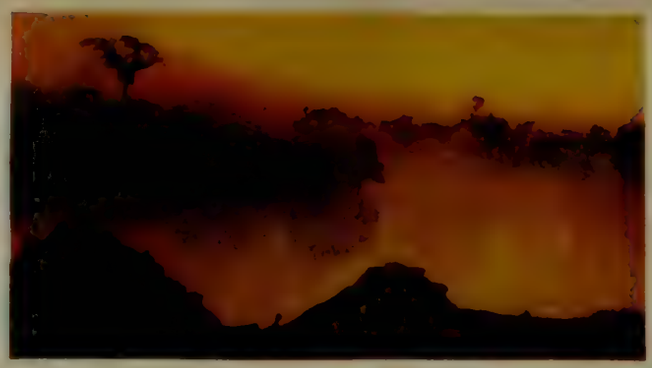

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A placid stretch *of lakefront attracts visitors to South Lake Tahoe City Beach*

New south beach at Tahoe

A new beach on Lake Tahoe's south shore is one of the most noticeable results of the joining of several unrelated resort communities in newly-incorporated City of South Lake Tahoe. (Others include a highly advanced sewage disposal system, strict sign ordinances, zoning restrictions and a general cleanup and beautification program.)

The South Lake Tahoe City Beach is on Lakeshore Boulevard within easy walking distance of most of the city's resorts. Beach facilities include a paved parking area, an attractive observation deck, dressing rooms, and a snack bar. The removal of old pier pilings from the lake has now been completed, and beginning this month you can go out water skiing from this public beach. There is no admission charge.

Picnic fires and overnight camping are prohibited along the beach, but there are approximately 350 campsites available within walking distance at the South Lake Tahoe - El Dorado Recreational Area.

To get to the beach from U.S. Highway 50, take Park or State Line avenues down to Lakeshore Drive. For information on resorts and accommodations write to the Chamber of Commerce, Box 1210, South Lake Tahoe, Calif. 95705.

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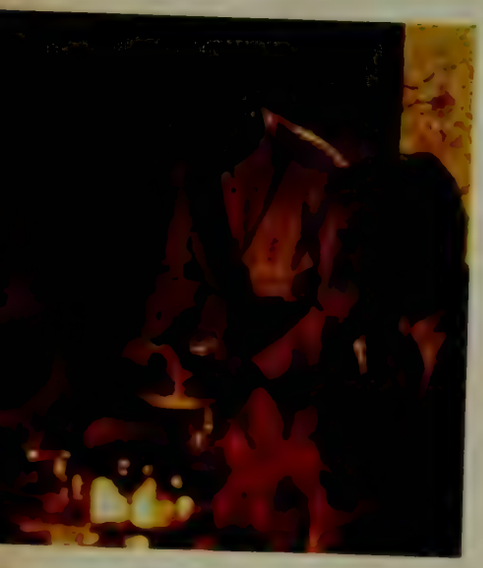

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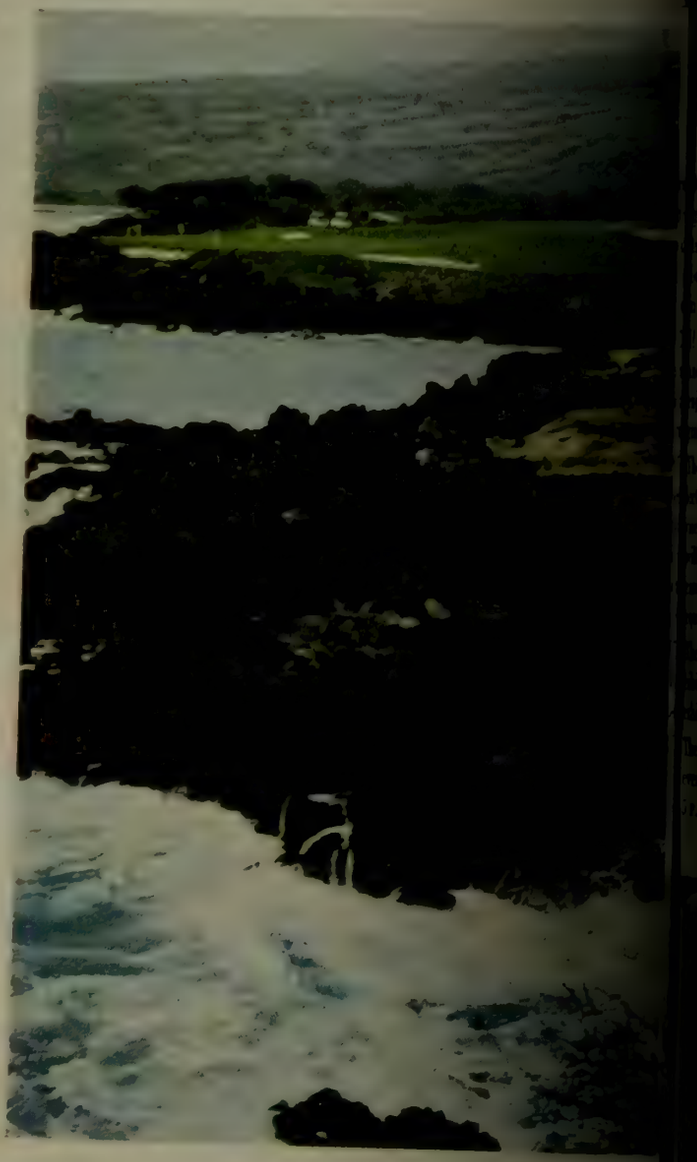
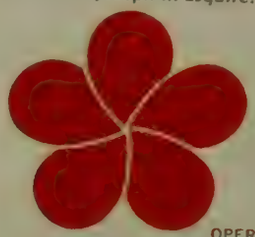


One of "The Three Greatest Hotels in the World"—Richard Joseph in *Esquire*.



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DON NORMARK

George Eastman's *former residence, an early-day 8 by 10 view portrait camera*

The great museum of photography

One may debate the rankings of great art museums, but without qualification the great museum of photography is the George Eastman House of Photography in Rochester, New York.

If you have an interest in photography, and travels take you east, you'd probably enjoy a visit to this center of photographic arts and crafts.

The museum maintains permanent collections of photographs, motion pictures, documents, and books. Equipment buffs will find here the largest collection of cameras, lenses, and other photographic equipment in the world.

The museum organizes photographic exhibits for display in the house itself, and exhibits for circulation worldwide.

The museum, at 900 East Ave., is open every day of the year from 10 A.M. to 5 P.M. Admission is free.

Student *compares picture in book with print from which engraving was made*

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On the old Oregon Trail: The John Day ford at McDonald

Highways intersect or follow various Oregon Trail routes all the way across northern Oregon, but only a few visible traces of the wagon road remain. It is as if every time the old trail comes down off the hills or out of the grain fields, a blanket of asphalt is thrown over it.

East of Wasco, however, a back-country road still fords the John Day River at an unpeopled spot named McDonald, exactly where and as the pioneers did it: across a rubble-bottomed riffle 100 feet wide.

Since there is no other way to cross the river there, you must make a pioneer's decision when you come to it: go through or go back—a touch of adventure to spice a late summer excursion through the hills south of the Columbia River between Biggs and Arlington.

This crossing has a long history, beginning with the first wagons of 1843. Thousands of subsequent immigrants, bound either for The Dalles or Tygh Valley, crossed here. The Barlow Cutoff diverged 2 miles west, so McDonald was a key point on the Oregon Trail.

A bronze plaque on a boulder just west of the ford gives other details: There was a ferry here in 1858, a bridge in 1866. Traffic fell off in 1884 when the railroad was completed along the Columbia River, leaving this remote crossing to revert to original silences.

Seekers of early-day mementos will find several along the way. On the 14-mile approach across a wheat plateau from Wasco, a deserted general store and a crumbling red brick schoolhouse mark unpopulated places named Klondike and Webfoot. A dry-laid rock shoring is visible beneath scraps of an old road in Grass Valley Canyon, down which the present gravel road makes an easy 2-mile descent to the ford. And a laboriously piled stone fence stands along the road at the bronze plaque boulder.

Crossing the ford goes best if you have a four-wheel-drive vehicle and the low water of late summer, but almost any car with reasonably high clearance will go through if the driver keeps it rolling steadily. Th water is hub-deep and the rocks ratt and squirm under the splashing wheel let your imagination run free and you hear the shouts of bull-drivers and th creaking of wagons.

If, after your crossing, you feel like celebration picnic on the east side, th firm, sandy river bed itself is roomy, wit an abundance of wading shorebirds t watch. Blue herons and ducks will likel decamp when you arrive, but killdeer black-bellied plovers, yellowlegs, an sandpipers will probably stay. You ma also see pied-billed grebes, kingfisher and patrolling California gulls.

Or drive 2 miles upriver on the east sid to the 4H Courtesy Picnic Ground, whic is shaded by young locust trees.

(If you'd rather picnic on the west side there's level ground at the plaque boulde and a good view of the hills across th river.)

Eastward beyond the ford, the grave road takes you 5 miles up Rock Creek t Rock Creek Junction; then it's 17 mile of paved road to Arlington. Oregon Trai signs mark where the present route coin cides with or intersects the old trail.

Among *early-day mementos is this stone fence along the roadway near the old river crossing*

HUGH PARADISE

Thousands *of immigrants followed this route through the lonely John Day country between 1843 and 1884*

Vehicles *with reasonably high clearance should have no difficulty fording the river at McDonald*

The tree on the far right is Ralph.

The little pine is called Peter.

Each of these trees has a name, thanks to Tony. He's the boy on the bridge, and he's named all the trees around his house at Incline.

There are thousands of trees up here, and we must admit they don't all have names. But they might as well have, the way we watch over them. Whenever anything new goes up, every tree must be accounted for. No tree is touched without our say-so.

Incline is a part of Tahoe's great, unspoiled north shore, and our goal is to keep it unspoiled. Our greatest responsibility is to see that whatever is added to Incline is worthy of what was here to begin with.

There's the Incline Golf Course, for instance. Designed by Robert Trent Jones. It unfurls like green velvet from the foot of the mountains almost to the shore—under and around the stately groves of pine. *Holiday Magazine* has called it one of the most interesting courses in the country.

There's the Chataux Country Club Restaurant, with its massive stone walls and heavy-beamed ceilings. There's the Racquet Club, drawing the best pros and amateurs around.

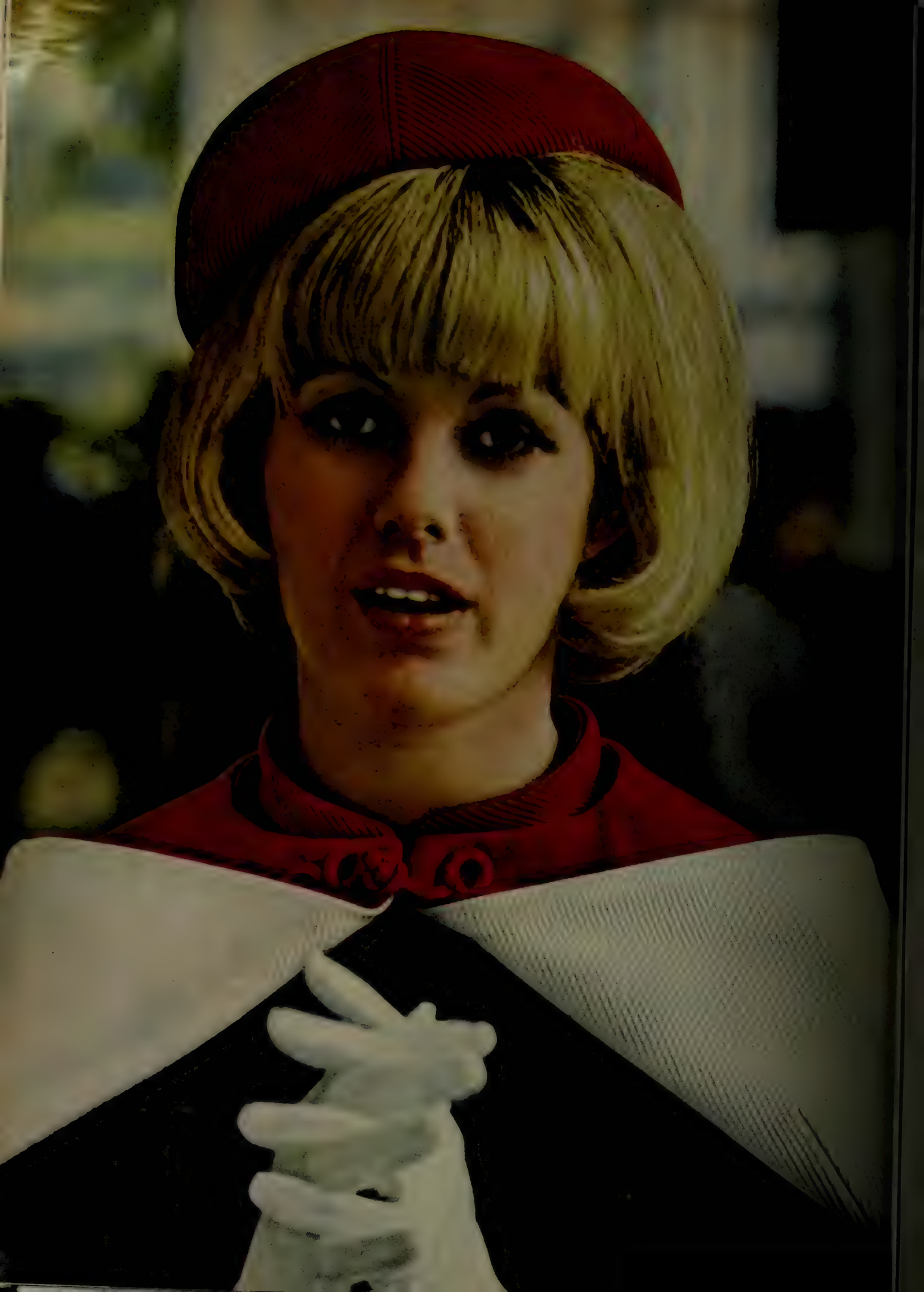
And there's Ski Incline. Beautifully groomed ski runs, firelit chalets, and a sweeping view of Tahoe as you schuss down the mountain.

Incline is invigorating activity and refreshing calm, every season of the year.

People who like it so much they want to stay, build themselves houses in the thick of the woods. And they know they'll always be in the thick of the woods, because at Incline we look out for the trees.

INCLINE

There are homesites available at Incline, for cozy hideaways in the woods or on hillsides with sweeping views of the lake. From 1/3 of an acre to 8. Bring the family up to see Incline. Or first get all the facts and figures and our new color brochure. Just send a postcard to Boise Cascade Properties Inc., Suite 700, Palo Alto Office Center, Palo Alto, Calif. 94301.



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I keep them from standing in line."**

**"A lot of passengers don't really know what I do.
Of course, businessmen come right up to me for directions and the latest flight information, but not the people who don't fly very often.
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I know. I remember how I felt the first time I took a trip."**

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A terrace *overlooking the bay is the setting for an outdoor display of Picasso' sculpture at Musée Grimaldi in Antibe*

One-artist museums on the Riviera

One small stretch of the French Riviera is especially rewarding to traveling art lovers. Along the 12 miles of coastline from Nice southwest to Antibes are four museums each devoted exclusively to the work of a single famous modern artist.

It's curiously satisfying to see the work of one artist in such depth; quite a different experience from seeing a collection representing many artists.

These are the individual museums as you encounter them from Nice to Antibes (admission fees vary from 1 to 4 francs — 20 to 80 cents):

Musée Matisse (Henri Matisse: 1869–1954). On the uphill edge of Nice in the suburb called Cimiez. Roman ruins on adjoining grounds. Open 2 to 5 P.M. Thursday, Saturday, Sunday.

Musée Fernand Léger (Fernand Léger: 1881–1955). At Biot. Open daily except Monday 10 A.M. to noon and 3 to 6 P.M.

Musée Renoir du Souvenir (Auguste Renoir: 1841–1919). At Cagnes-sur-Mer, in the home where the artist lived his last 16 years. Open 2 to 6 P.M. daily.

Musée Grimaldi (Pablo Picasso: 1881 to present). At Antibes. Open daily (except Monday in winter) 10 A.M. to noon and 3 to 7 P.M. (3 to 5 in winter).

If staying overnight in the area, you might be interested in Auberge Colombe d'Or, at Saint-Paul-de-Vence, up the hill only a few miles from Cagnes. This inn is decorated with early works by all the aforementioned artists as well as others.

After 30 Volkswagens, Father Bittman still believes.

In the beginning, Father Aloysius Bittman bought a bug.

That was in 1957 when he joined the staff of St. Anthony's Indian Mission in Mandaree, North Dakota.

Since then, Father Bittman has gone a long way. In 30 Volkswagens.

Owning two or three at a time, the Bittman staff travels 600 miles per week in each. Over dirt and gravel roads and in temperatures that have been known to go to 55 below.

A couple of Volkswagens ago, Father Bittman's '65 broke through the Garrison Reservoir ice.

"It was a good time for praying," he said.

Luckily, one 255 pound priest and one 1808 pound bug floated to safety. After the ice was chopped away and a quick oil change, the good father and his faithful companion were on their way.

He was a bit peeved about the oil change though.

"It set the Mission back $1.80," complained Father Aloysius Bittman.

Elegance
Unlimited

Old Town *in Los Gatos: An old schoolhouse has been turned into a collection of small shops*

PETE REDPATH

Los Gatos makes a lively comeback

The small foothill town of Los Gatos, some 50 freeway miles southeast of San Francisco, is undergoing changes that make it an increasingly popular shopping stop and lunch or dinner destination.

The best-known attraction is Old Town, a lively two-year-old collection of shops, artists' studios, restaurants, and theaters housed in a converted elementary school. Old Town shoppers can extend their visit by taking in the nearby downtown art shops, bookstores, antique dealers, and furniture shops. And a short drive away but still within Los Gatos are parks for picnics, charming old residences, and even a winery to tour.

The turning point for Los Gatos probably was a freeway section that in 1956 diverted traffic that passed through town on its way between San Jose and the coast. This removed a traffic overload from Los Gatos streets and made it easier for shoppers to drive and park downtown.

The next important development came in 1964 when the town school board put the old University Avenue Grammar School up for sale. Some private developers purchased the building and set about converting it into the retailing center now known as Old Town.

From *Bayshore Freeway (U.S. 101) in San Jose, turn southwest on State 17 to Los Gatos*

The massive-beamed old school was opened up with windows and outdoor walkways of plank and brick so shoppers could stroll to shops on different levels. Red, blue, and yellow canopies and ornamental iron grills, chandeliers, and planter boxes established a feeling of Mexico. Some 35 shops and restaurants now operate in Old Town. The side of the building facing the freeway is an artists' row housing studios of a photographer, a woodcarver, a weaver, and others who pay no fixed rent for their space but instead pay a percentage of their sales. They welcome visitors into their workshops and answer questions about their trade.

Most stores in Old Town are open Tuesday through Sunday from 10 A.M. to 9 P.M. Most of the five restaurants (including a German restaurant that opened this

GLENN CHRISTIANSEN

Fairview Plaza: *this walkers' park is circled by old homes and road*

Impromptu guitar recital *draws curious onlookers*

GLENN CHRISTIANSEN

African-style shift *tempts Old Town shopper*

PETE REDPATH

Wicker-wood *perambulator found by Main Street browser*

summer) serve lunch and dinner daily.

In the 485-seat Old Town Theater the youthful California Shakespeare Festival summer series continues through September 27. Plays are given daily except Monday; seat costs range from $2.75 to $5. Other groups will perform here during the rest of the year. A small amphitheater between the freeway and artists' row is the staging area for informal, often free, weekend programs.

Future developments planned for Old Town include a cobblestone shopping alley on Lundy Lane extending to Main Street, and an arcade of shops to span the freeway across to Forbes Mill. This stone mill, oldest building in Los Gatos and now owned by Old Town, is a metal sculptor's spacious studio.

To reach Old Town, leave State Highway 17 at Saratoga Avenue. Turn left on University Avenue and in about half a mile you're there.

OTHER LOS GATOS ATTRACTIONS

On three sides of Old Town is a growing collection of used furniture and antique stores that attract a considerable clientele of their own. Walk along Santa Cruz Avenue, then turn onto Main Street and you see the two-block stretch where most of the stores are located. Also, across the Main Street freeway overpass, look for a handsomely restored gift store and an emporium of used furniture.

Four blocks from Old Town, Burnham House, a small modern art gallery in a remodeled Victorian-era home, presents a schedule of shows, frequently featuring local artists. You will find the gallery at 45 Broadway (off Santa Cruz Avenue). It is open Tuesday through Friday, 1:30 P.M. to 5 P.M.; Saturday and Sunday, 11 A.M. to 5 P.M.

If you visit Los Gatos on a Saturday, you can watch an Irish craftsman, his son, and their helpers design and assemble stained glass windows. Once a week from 10 A.M. to noon they hold open house. You can wander about the studio, ask questions, and, if you wish, buy scraps of stained glass for $1 a pound. The address is 513 Monterey Avenue (off Saratoga Avenue west of the freeway).

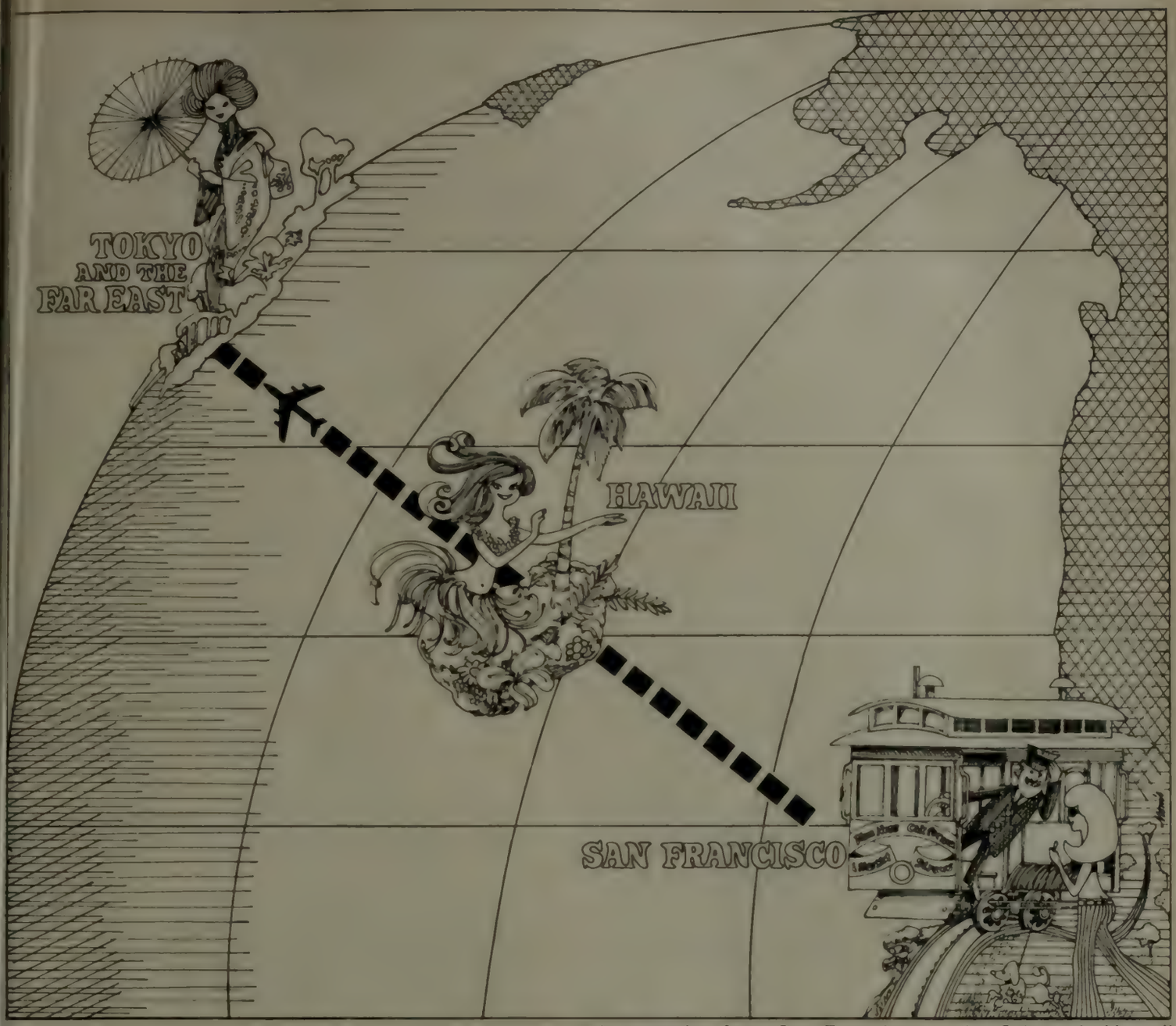
DINING OUT

Away from Old Town, Los Gatos eating places include a tearoom run by volunteers and two restaurants singled out because of their atmosphere and popularity.

The Village House serves coffee and rolls from 9 to 11 A.M. and lunch at two seatings by reservation. The telephone number is (408) 354-1040. It is located between

The shopping is interesting . . . cheerful antiques, modern art

Art, *ceramics fill Burnham House Gallery*



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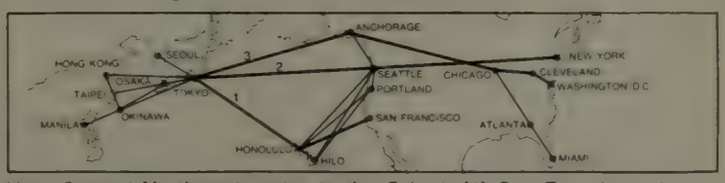

Now, 3 great Northwest routes to the Orient: (1) San Francisco via Hawaii; (2)New York via Seattle; (3)The short-cut route via Anchorage.

FLY NORTHWEST ORIENT

New to you, maybe — not new to the Pacific.

University and Santa Cruz streets off Bachman Avenue.

Florentine Village, a collection of pink stucco buildings spilling down a hillside, is so out of the way that it gets no drop-in trade. But it's easy to find with these directions: From Main, turn toward the hills on Jackson Street. The second block, turn right on Oak Hill Way. The second cross street is Central Avenue; the restaurant is at 12 Central. In warm weather you dine out-of-doors, otherwise in the dining room. Dinner fare is Italian.

Cats Diminished Fifth is right alongside the freeway but it takes some careful searching out. Perhaps the simplest approach is to turn off the freeway onto Saratoga Avenue and proceed toward the hills on Santa Cruz. In about a mile, just as you are about to rejoin the freeway, get ready for an abrupt right turn when you see two large squatting sculptured stone cats. The restaurant, looking like a roadhouse from the 1920's, is just beyond. You watch from your tables as your steak, lobster, or ribs are grilled over a fire.

PARKS FOR PICNICS

Picnicking families should head for the two expansive parks that sprawl side by side across the north end of the town. On a sunny weekend, the lake in Vasona Park is filled with fluttering sails. You can rent sail boats at $3 to $7 an hour, or rowboats for $2.50 at this county park. Fishermen will find crappie, bass, and catfish in the lake and a pier and unobstructed shoreline to fish from. Fishing continues the year round. To get to Vasona Park, take the Lark Avenue exit off the freeway; the park entrance is west of the freeway, just off Lark.

Adjoining Oak Meadow Park has a new attraction this summer: an 18-inch narrow-gauge prairie-type 2-6-2 steamer locomotive (the stock was collected by local engineer Billy Jones). The track eventually will stretch 4,000 feet. Another addition is a turn-of-the-century station for waiting passengers.

Los Gatos is filled with some examples of "carpenter Gothic"—houses decorated with fretwork, medallions, and stained glass—dating back as much as 85 years. One of the richest areas for old house fanciers is between Pennsylvania and Hernandez avenues. Another good street is Fairview Avenue (which leads off Pennsylvania) and around the small cul-de-sac park in the middle of Fairview Plaza.

WINE TOURING AT THE NOVITIATE

Novitiate Winery produces sacramental wine for much of the Jesuit order and in addition sells aperitif, dessert, and a limited number of table wines. Tours of the hillside winery take place every Tuesday and Friday from 2 to 3 P.M. You can taste and buy wine every day except Sunday from 9 to 11 A.M. and 2 to 4 P.M. From Main, turn towards the mountains on College Avenue which leads to Prospect Avenue and the Novitiate.

Slippery-looking *rippled glass seen on Saturday studio tour*

GLENN CHRISTIANSEN

There's more than one kind of window shopping in today's Los Gatos

Sandblasted brick storefronts *attract window shoppers on Main Street east of the freeway*

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The character of Washington State

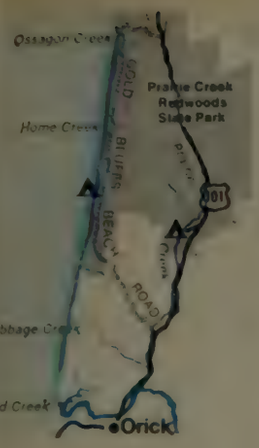
The unique character of Washington State offers the visitor a wide variety of interesting activities and spectacular natural wonders. This year, enjoy an autumn vacation that can stretch from craggy mountain peaks to the broad sands of Pacific Ocean beaches. Here are a few samples:

Autumn in Eastern Washington is a crisp, beautiful time of the year. Nestled in the foothills of the Cascades, the picturesque Bavarian Village at Leavenworth is the scene of the annual Autumn Leaf Festival, when nearby Tumwater Canyon comes alive with the blazing colors of fall. This year's Festival is from September 27th through October 5th. Leavenworth is located on U.S. Highway 2, twenty-three miles northwest of Wenatchee. Be sure to bring your camera to record the dazzling colors of autumn in the Cascades.

Shuffling along our ocean beaches is great fun—any time of the year. Keep an open eye... no telling what you'll discover... even an occasional old ship, beached on the sands. The Catala, pictured here, was once in service as a coastal steamer. Today, she lies on the shoals of Point Brown, near Ocean Shores. The Fort Columbia Museum, near Ilwaco on Highway 101, features displays detailing the stories of vessels that have come to grief on our shores, giving a vivid picture of why our coastline is sometimes referred to as "the graveyard of a thousand ships."

Hoof-pounding action and excitement galore mark each Labor Day weekend at Ellensburg, when the annual Ellensburg Rodeo plays host to the nation's top cowboys. To lend even more color to the event, the Yakima Indians, resplendent in full ceremonial dress, will entertain rodeo audiences by performing some of their native dances. Dates for this year's performance are August 30, 31 and September 1st.

WASHINGTON



Back road adventure in the redwoods

Meandering away from U.S. Highway 101 to the wild shores of Gold Bluffs Beach, and then back to the highway, is a 12-mile gravel and dirt road that is mainly within California's Prairie Creek Redwoods State Park. You could easily spend at least half a day along the road, since there are many places to stop and picnic, take a hike, or watch the roving herds of Roosevelt elk.

The turnoff to the beach is about 4 miles south of the entrance to the state park, and is marked by a small sign.

For the first 9 miles the road is mostly gravel; you will have to ford several small streams, but they are shallow and should not present any problems. The last 3 miles is graded dirt road that snakes up from Ossagon Creek to U.S. 101, and is not recommended for heavy cars with a low ground clearance—however, you will be able to turn around and retrace your steps if your car is not suitable for rough roads. Don't try any of the road if you're hauling a trailer.

If you approach the Gold Bluffs Beach turnoff on U.S. 101 from the south, look to your left. This virgin forest of redwoods is part of the Skunk Cabbage Creek watershed, an area which several bills pending in Congress would add to

Fern fronds *on the steep walls of Fern Canyon seem to quiver as hikers walk by*

Roosevelt elk *graze on Gold Bluffs Beach near Ossagon Creek late in the afternoon*

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A family *picnics at one of the new beac campsites. Round firepit deflects win*

the new Redwood National Park. Th forest is being logged and you may s lumber trucks moving up and down road cut through the trees that scree the operation.

After taking the turnoff, you broac the beach at the last curve of 4 miles c winding road, just after passing throug the stately groves of redwoods preserve within the boundaries of the state park You can park your car near the beac and walk south about 5 miles to Redwoo Creek. This stretch of beach, down to Dr Lagoon State Beach Park, was recentl included in the new Redwood Nationa Park, and because it has no roads it i one of the favorite stamping grounds o the Roosevelt elk.

CALIFORNIA'S LAST HERDS

The last four herds of Roosevelt elk i California roam free throughout Prairi Creek State Park and adjacent beaches At one time these elk were almost wipe out in California, but with protection they have made a comeback and now the park herds total about a hundred cows and bulls.

Two of the herds (the beach and Ossagon herds) can often be seen feeding along the coast, especially in the morning and evening. Always maintain a safe distance between yourself and the elk as you would with other wild animals.

From the point where the road brushes the grass and driftwood of the beach, it is 1½ miles to a picnic area with restrooms, water, and picnic tables. However, you may park your car anywhere along the road and have a picnic, or take a hike and carry your lunch along.

THE NEW BEACH CAMPGROUND

Half a mile from the picnic area, nestled in the sand dunes behind the high tide line, is a new 25-unit beach campground. The camping area is unusually well designed—many of the sites being separated by dunes that lend a hint of privacy to

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Gold Dust Falls *drops almost 100 feet into a fern-lined rivulet in the redwoods*

the relatively open area.

Whenever possible, natural materials were used in the construction of the campground to complement the rugged quality of the beach. Water spigots are partially disguised with driftwood, the modern rest rooms are beginning to look weathered, and the road is defined by logs washed ashore during storms.

Several campsites are designed for campers' vehicles, but be sure to park on the graded surfaces since it is easy to get stuck in the loose sand off the roads. The overnight camping fee is $2 per car.

TWO SHORT HIKES

Any area of the coast has the potential of providing an adventurous hike or a lazy afternoon stroll, depending on the whim of the walker. But probably the most idyllic walk in the park starts 1½ miles up the road from the campground: the trail through Fern Canyon. The pebbled path follows Home Creek between perpendicular fern-covered walls that gradually get taller and closer together as you continue up the creek.

Only a suggestion of sunlight filters down into the cool canyon, and the soft tumbling of the stream is as pleasing to the ear as the delicate fingers of ferns are to the eye.

About a mile past the trail to Fern Canyon is the short path to Gold Dust Falls, a thin ribbon of water that trickles almost 100 feet into a narrow freshet.

The trailhead is a good place to turn your car around if it isn't suitable for unimproved roads, since the Ossagon Creek Road begins after another 1½ miles.

Summer and early fall are the best times for this backroad trip; however, it is always a good idea to check road conditions at park headquarters first.

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EXPO'70
the year of Japan

"Progress and harmony for mankind"

Rembrandt statue *overlooks park in Amsterdam's busy Rembrandtsplein*

In celebration of Rembrandt's 300th

Visitors to Amsterdam this fall can view a major exhibition of paintings and drawings by Rembrandt van Rijn, assembled to commemorate the 300th anniversary of the artist's death. It will include not only the paintings and drawings normally on display at the Rijksmuseum but others loaned from museums and private collections all over the world.

Entitled "Rembrandt 1669-1969," this exhibition will be displayed in a newly constructed wing of the Rijksmuseum from September 13 through November 30. The show is open daily—noon to 5 P.M. Sunday, 10 A.M. to 5 P.M. other days, with extended evening hours on Thursday and Friday. Admission to the show is $1.

Rembrandt, a miller's son, was born in Leyden but spent most of his life in Amsterdam. The house at 4 Jodenbreestraat, where he lived for almost 20 years during the height of his career, is now a museum. It is furnished like a 17th-century burgher's home and contains a large number of Rembrandt's etchings. You can visit it from 10 A.M. to 4 P.M. Monday through Saturday (to 5 P.M. in spring and summer) and from 1 to 4 P.M. Sunday. Admission is about 15 cents.

Much of the old section of Amsterdam, particularly between the harbor and the Rembrandtsplein, still retains vestiges of the days when Rembrandt walked along its canals and narrow streets. A stroll through the area should include a visit to the old Waterlooplein flea market.

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Hostess *greets guests on porch of Kelly-Griggs House Museum. Tours are conducted through renovated second floor of the old showplace*

Curator *explains that the marble-topped bedroom dresser was part of a set belonging to first owner*

If one *has never seen a pull-chain flusher, it's rather fascinating*

Victorians in Red Bluff... on tour and on display

The Victorian houses of Red Bluff stand grandly along tree-lined streets high above the banks of the Sacramento River. The colorful gold-seekers, trappers, Indians, and Chinese workers of the nineteenth century are long gone, and the historic Tremont Hotel has been demolished, but many fine homes and stores of that eventful era remain.

Several years ago citizens concerned with preserving the remnants of the town's pioneer heritage formed a nonprofit corporation. Through memberships and various fund-raising activities they planned to raise enough money to buy and restore one of the old Victorian homes.

By 1966, they were able to purchase the big, two-story white house at 311 Washington St., built about 1880. It's now the Kelly-Griggs House Museum—named for the original builder, sheepman Sidney Allen Griggs, and the only other owners, the Kelly family.

Renovation has progressed to the point where the building was ready for public tours this year. You can now visit it any

Turreted *and balconied home on tour route, in Queen Anne style, was built about 1900*

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Girls pause *in upstairs sitting room to view dress worn in 1880's by Mrs. Griggs*

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One of the volunteer hostesses accompanies you on a walk through the past—taking you through the upstairs section with its elegant red carpets and matching velvet swags, and pointing out the beautifully refinished furniture and other antiques, some previously owned by Mrs. Griggs. Many of the elegant chandeliers and all the detailed shutters throughout the house are the originals.

In addition to the furnished bedroom-sitting room suite and old-fashioned bathroom, three smaller upstairs rooms are used for displays. One contains personal articles from pioneer days, donated by many Red Bluff residents; another has Indian artifacts, including some possessions of Ishi, the Indian who became famous through Theodora Kroeber's book *Ishi in Two Worlds;* the third has a selection of paintings from the Emmet Pendleton collection, spanning almost a century of art.

Notice also the paintings on the stairway and in the halls depicting Victorian scenes in the town. This is a changing exhibit of the Red Bluff Art Association.

Tours of the museum are free; donations are gratefully accepted, however, to sustain the work still going on downstairs. At the museum you can purchase the cleverly illustrated "windshield tour" map for 10 cents; it directs you past the Victorian homes in central Red Bluff.

Red Bluff is about 40 miles south of Shasta Lake and 190 miles northeast of San Francisco.

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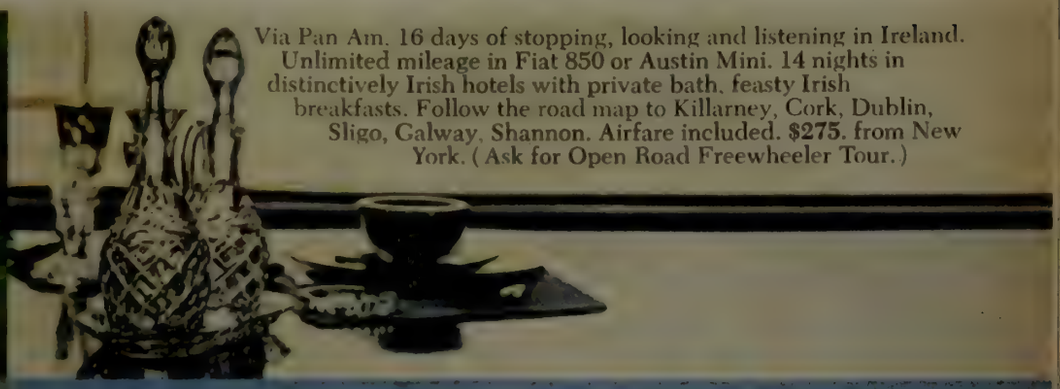

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Ribs *spring from the fan-shaped concrete base to support shell arching high over the tour group*

In Sydney . . . tours for opera house watchers

Ferry riders *can see how work progresses on vaulted shells of Opera House*

The building rising from water-bounded Bennelong Point in Sydney Harbour is the subject of perhaps the greatest controversy in Australia today.

It started when the drawing of Danish architect Joern Utzon was selected in an international competition, and a $7.7 million budget was set. Ten years later, with new architects, a budget of $90 million (financed by public lotteries), and still three years from completion, the building is a source of pride yet something of a white elephant to Sydneysiders. The opera house (a diminished 1,500-seat hall) is only part of a 900-room complex for symphony, ballet, theater, chamber music, and cinema.

Immensely popular public tours fill the site each Sunday and will be continued into December, when they will likely halt because of interior construction. For tour tickets, write to Sydney Opera House, Bennelong Point, Sydney N.S.W., Australia, or call 27-7731 the preceding week.

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Energetic pair *of Boy Scouts scrapes and stomps one section of trail as leader (in back) moves on. Scouting groups were chief source of labor*

A. T. PILLSBURY

Flaxen-haired member *of Sierra Club gi soft shoulder a tender patting into pla*

Build 16 miles of trail in a weekend?

Yes, it is possible—as a volunteer work crew of several hundred adults and some two thousand boys and girls proved recently, working in the Santa Cruz Mountains south of San Francisco.

Big Basin Redwoods State Park lies on the west-facing slope of the range, 23 road miles from Santa Cruz. Last year members of Sempervirens Fund, a local conservation group, decided that a concerted volunteer effort might build trails to connect Big Basin with new Castle Rock State Park (see map above), by taking advantage of an old 200-foot road easement along State Highway 9.

They met with Boy Scout leaders of Campbell and Saratoga, who joined in—and suggested building trails also in Castle Rock park (it had only a few) and from that park down along an old Indian route to Waterman Gap near Big Basin.

The state park authorities, pleased at the chance of something for next-to-nothing, promptly assigned a full-time trail engineer to the project. Trail routes were surveyed and marked with colored ribbons.

The Loma Prieta chapter of the Sierra Club joined and helped bring in other

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A. F. PILLSBURY

od helps *his father saw through the last w inches of fallen tree blocking the way*

roups. Soon the roster included the West Buddhist Church of Menlo Park; the Herbert Hoover Boys Clubs; clubs from high schools, colleges, and Stanford University; and additional Boy, Girl, and Explorer Scouts.

The Scouts printed direction sheets, arranged for radio contact points, and planned a barbecue dinner. Fees were charged to defray expenses: 75 cents registration fee for adult trail builders, $1.25 dinner fee for everyone.

THE BIG WEEKEND

Early Saturday, April 12, cars, busloads, and truckloads of people with digging implements began arriving at designated spots along the roads, and the main work commenced—the construction of good 3-foot-wide hiking trails through poison-oak-infested woodland.

That afternoon the first (and only worrisome) casualty occurred—a lad with a scalp cut.

Later most trail builders retreated to Big Basin, where field kitchens loaned by the Division of Forestry fed 2,200 people a somewhat delayed buffalo dinner.

Sunday many of the individuals and groups returned to complete the work.

THE RESULTS

A later tally showed that 35 to 40 miles of trail had been opened—much of it old rights-of-way simply freed of overgrowth, but almost half of it brand-new.

Still to be done, in follow-up weekends: some further widening and leveling; completion of one 3-mile-long section below Skyline Boulevard; and the addition of carved trail signs at key sites and junctions, honoring the participating groups.

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DON NORMARK

White doves *are among easiest aviary birds. Soft melodic coo is constant delight to some people, too melancholy for others*

Canaries *live here. It's catproof, indestructible (frame and dome are of reinforced, textured concrete). Songs fill the surrounding garden on sunny days. Mr. and Mrs. Boyd Paulson, Atherton, Calif.*

DARROW M. WATT

Life with birds

It offers action, color, music, fun. Here is a report from families who have aviaries in their gardens. And here is a look at the birds in these aviaries

RICHARD FISH

Talkative *scarlet macaw keeps owner informed through kitchen window, rear. Announces arrival of guests (entry at right). Dr. and Mrs. A. Thomas Ferguson, Garden Grove, Calif. Dan L. Rowland, architect*

An aviary with birds in it does good things for a garden or a house. The birds please your eyes with their colors and motion, and please your ears with their songs or calls. They amuse you, keep you company, challenge your ingenuity, and constantly teach you new things about their world.

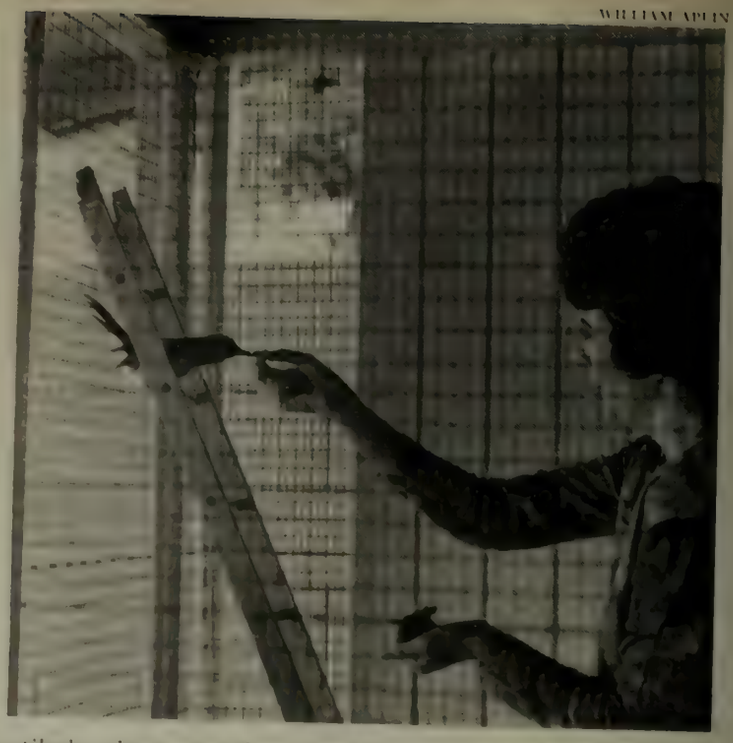
Some fine garden aviaries belong to men and women who have kept birds ever since childhood. Other aviaries are only one or two years old—often the outgrowth of having had cage birds in the house. Sometimes novices just plunge right in to build and stock an aviary without any experience at all. The information that follows is for such beginners. It's from a questionnaire filled out by 7 *Sunset* readers who have aviaries.

Ordinances. First, find out what your community's building code and ordinances say about keeping birds, and about building aviaries in gardens or attached to houses—including maximum height and size, and setback distances. In a few places in the West, ordinances are very restrictive.

Best site. If possible, select a site that gets sun in most of the day and is protected from strong winds, especially storm winds.

Foundation or base of walls. Rats and other varmints may try to enter an aviary by burrowing under walls. To prevent this you can build the walls on concrete footings that extend 12 to 18 inches beneath grade level. Or you can bury treated posts in the ground, dig a ditch along the outside, and extend the aviary screening (galvanized, ½-inch mesh or smaller) down 12 to 18 inches.

Floors. If you cover the floor with concrete, screen (small-mesh, galvanized), or brick, the floor itself will prevent entry by burrowing creatures. Elevated aviaries escape burrowers completely. If you want to plant your aviary, you should vermin-proof it (install concrete footings or underground screening) on the perimeter, while leaving the rest of the surface as natural soil. Concrete floors usually have to be washed down once a week and should be made with provision for drainage. Dirt floors absorb some droppings and need cleaning less frequently. If you cover the soil with sand, sawdust, ground bark, or a living ground cover of plants, litter will be more effectively absorbed and cleaning will be necessary even less frequently. Sand is



WILLIAM APLIN

Safest entry *is a double door. You step into a vestibule, close outer door, open inner door. At left, outer door is being opened. This aviary, between overhang and patio, was erected to furnish a refuge for a pair of hand-raised, orphan scrub jays who couldn't survive in the outside world. The screen is ½-by-1-inch welded wire, preventing damage by raccoons, a neighborhood nuisance. Mr. and Mrs. William Bonnie, Glendale, Calif.*

GLENN CHRISTIANSEN

Expanded aluminum *screen inside posts so hook-bills can't chew them. Thin, soft aluminum sheeting is chewable and hazardous, but this screen is safe. Rigid panels meet at the corner without post. Architect John E. Brown designed aviary, 6 by 22 feet, between patio and wall. Redwood bench for watchers. At right, birds' view of watchers. Blue and gold macaw sits on old anchor. Mr. and Mrs. Bob Mooreman, Scottsdale, Ariz.*

Built around tree. *Roof and walls of translucent plastic. Diagonal wall contains nests (holes are entrances) and feeders. Behind it, triangular room for tending nests and feeders also serves as double-door vestibule. Birds are budgies, cockatiels, finches. Dr. and Mrs. Gale D. Smith, Anaheim, Calif.*

Aviary's walls keep birds in . . . and what's more important, keep predators out. Best entry is a double-door

best for raking. There's a special aviary rake that looks like a big comb with steel tines close together.

Framework. Two basic designs are popular for aviaries: the A-frame and a simple post-and-beam box. More complicated forms such as the octagon, the Quonset shape, and the vertical cylinder usually call for more skill or more money or both.

Whatever the basic design, the best height seems to be between 6½ feet (so a tall person can walk in it) and 10 feet (the level a 6-foot man can reach with a bird net). Many decide on 8 feet.

Roofs and walls. The main function of roof and walls is to protect occupants from predators. The reason for making some parts of them solid (wood or plastic) is to give the birds shade, protect them from storm winds, and shield them from frosts.

Most aviaries we visited have at least one solid wall and adjoining roof section. Many have a shed—three or four walls and roof of solid material—with an open window or door through which the birds can fly to an adjoining all-screen flyway. In the Northwest and intermountain regions, the enclosed area often also includes a heater to protect the birds from a heavy freeze. (But Northwesterners remarked that some birds choose to roost outside at night when it's cold, rainy, or snowing, even though there's warm shelter available.)

Fiberglass and other kinds of sheet plastic are widely used for sheltered parts of aviaries because they make an area dry and windfree but let in enough sunlight for you to see the birds.

Types of screening are shown and described in an article on

RICHARD FISH

Festive amazon *named Rico takes peanut from mouth of a friend, Mason Jacobs. Rico lives in one of E. V. Jacobs' aviaries, Salt Lake City, and has been trained to be a good guy*

FRANK JE

DARROW M. W

Your aviary can be a free-standing unit . . . or you can frame outward from a garage or house wall

Poolside *for canaries. End toward pool (facing west) is screened. Other end and panels in right-hand wall are plastic. Dr. and Mrs. J. P. Doyle, Atherton, Cali*

page 113. One of the determining factors in selecting screen mesh size is the need to prevent cats, raccoons, and skunks from reaching through—and to prevent (insofar as possible) mice, snakes, and other slim-hipped predators from entering.

Cats are the worst enemies of aviary birds, rodents are next, then snakes. Rats can kill birds. Mice merely bother them and eat their feed. Snakes eat birds and eggs. Mice and snakes can get through ½-inch screen; rats can't.

Cats, raccoons, and other predators that can get up on the roof of an aviary may not be able to reach through because of screen size, but they can spook birds and cause nighttime panic. Some people put a second, wider-mesh screen over the main roof to make it difficult for cats to walk on it. Others put electric lights (7½ watts) inside the aviary and turn them on at night if cats cause havoc. Lights enable birds to see their way back to the perches and keep from flying into the screen.

The all-time best defense against cats is man's best friend.

Doors. If it's a big door and the top of it is near the roof, a bird can zoom out over your shoulder when you open it.

There are three ways to prevent this. By far the best way is to make a double-door entry, with a vestibule between the two doors. An example is shown at top of page 64.

Or you can hang a curtain of big-link aluminum chains in the door frame. Part it as you go through. If the chains are spaced an inch apart, most birds won't attempt to escape. The hula skirt curtain at top of page 67 is a variation of this idea.

The third method causes inconvenience: You can make a low door, less than half the height of the aviary.

Thoroughly domesticated birds such as white and ring-necked

ELLIS MARUGG

Birds in here *give song and motion for a garden. Turn buttons hold plywood for stormproofing. Hula skirt prevents escape during cleanings. Beatrice G. Lewin, Berkeley*

Post-and-beam *aviary flyway, 12 years old, 1¼ by 2¼ feet, 7½ feet high. Many kinds of birds. Mr. and Mrs. Arthur Rice, Seattle*

DON NORMARK

doves seldom try to fly out; if they do, they just stay around afterwards waiting to get back in.

Some finch owners just knock on the door before entering, to send the birds across the aviary and permit easy entrance.

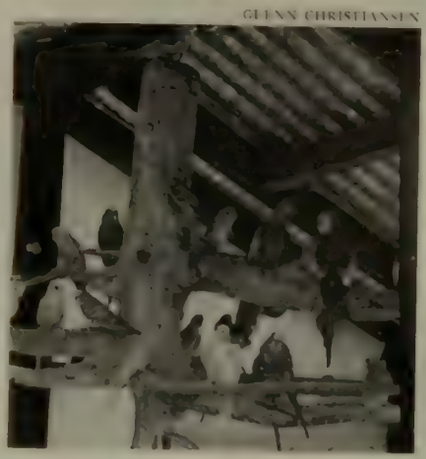
The birds themselves. Once your aviary is completed the real fun comes with stocking it. The 12 birds shown on pages 70 and 71 are merely a sampling of what's available; they are so common that most pet shops sell them. Once you gain enough experience to move on to soft-bills (insect-eating birds) and other difficult but rewarding kinds, you'll do your shopping at bird farms and from bird magazines (listed at right).

Of the 12 birds in the color photographs, the only soft-bill is the Brazilian red-crested cardinal, and even he can adjust to a straight seed diet. The other 11 are seed-eaters, the kin birds most aviculturists begin with and some continue with life, because they are easy to keep.

The working aviary. Many aviaries are so efficiently set up t the owner need enter only once a week (but usually he g in more often for the pleasure of it). Gravity feeders and au matic waterers (shown below) make this possible. Such aviary needs about as much weekly labor as a lawn, and l than a vegetable garden.

Publications. The favorite reference books are *Finches and S Billed Birds*, Bates and Busenbark ($9.95); *Parrots and Rela Birds*, Bates and Busenbark ($9.95); *Foreign Birds for C and Aviary*, Soderberg ($2); and *Foreign Bird Keeping*, Boo

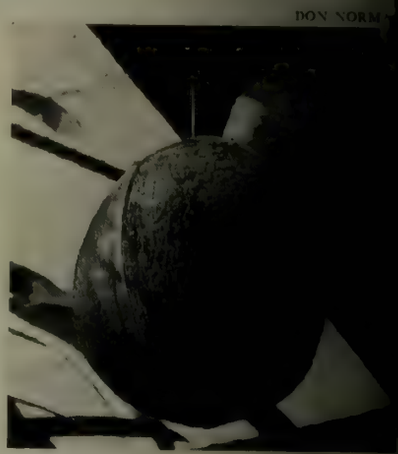
GLENN CHRISTIANSEN



Suspended *driftwood tree swings and swivels slowly as birds land and take off from it*

Gravity *feeder holds seed for a week. Big base is attempt to hold seed—birds scatter it*

DON NORM



Coconut *finch nest. Cut entry hole, gouge out meat, drill hole in top for wire*

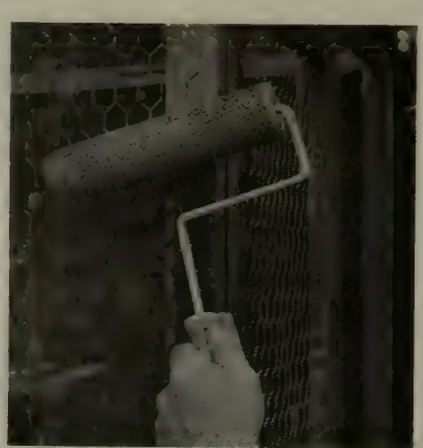
WILLIAM APLIN

How to hold *a hummingbird (a specialist's item): bill between thumb and forefinger*

FRANK JENSEN

Plastic laminate *drum is nest for cockatiels. On perch, two California quail (permit needed)*

Twenty *budgie bottoms. Cleanable rack hangs by chains from S-hooks in roof screen*



Paint *aviary screen black so you can see the birds through it. Roller can do it*

Door pivots, *brings feed and water outside. Mrs. R.L. Henriot, Mercer Island, Wash.*

Water *from outside by way of valve, reducer, copper tube. R. O. Metz, Orange, Calif.*

$14). All are available from Audubon Publishing Company, 449 N. Western Ave., Chicago 60618.

One of the best periodicals is the *Avicultural Bulletin*, published by the Avicultural Society of America. It's available with society membership ($4 per year). Write to the membership secretary, Mrs. Marion Wagner, 565 E. Channel Rd., Santa Monica, Calif. 90402. The society meets monthly in Southern California; those able to attend can learn much about birds, bird care, and aviaries at the meetings.

Two other popular publications are *American Cage-Bird Magazine*, 3449 N. Western Ave., Chicago 60618 ($3 a year); and *Game Bird Breeders, Aviculturists, and Conservationists Gazette*, 1155 East 4780 South, Salt Lake City 84117 ($5 a year).

Automatic *waterer. When bowl gets light from loss of water, spring valve turns on, refills*

From *service room behind the aviary seen on page 65, owner opens this door to place cuttlebone*

Elegance *for pheasants. Posts faced with fancy iron from Spain. Screen, expanded metal. Roof is sheet iron painted copper. Brass finial. Ivar Gustafson, Palos Verdes Peninsula, Calif.*

DARROW M. WATT

Mobile aviary *being moved to new spot. Welded steel tubing frame. Mrs. R. A. Dunn, Cupertino, Calif.*

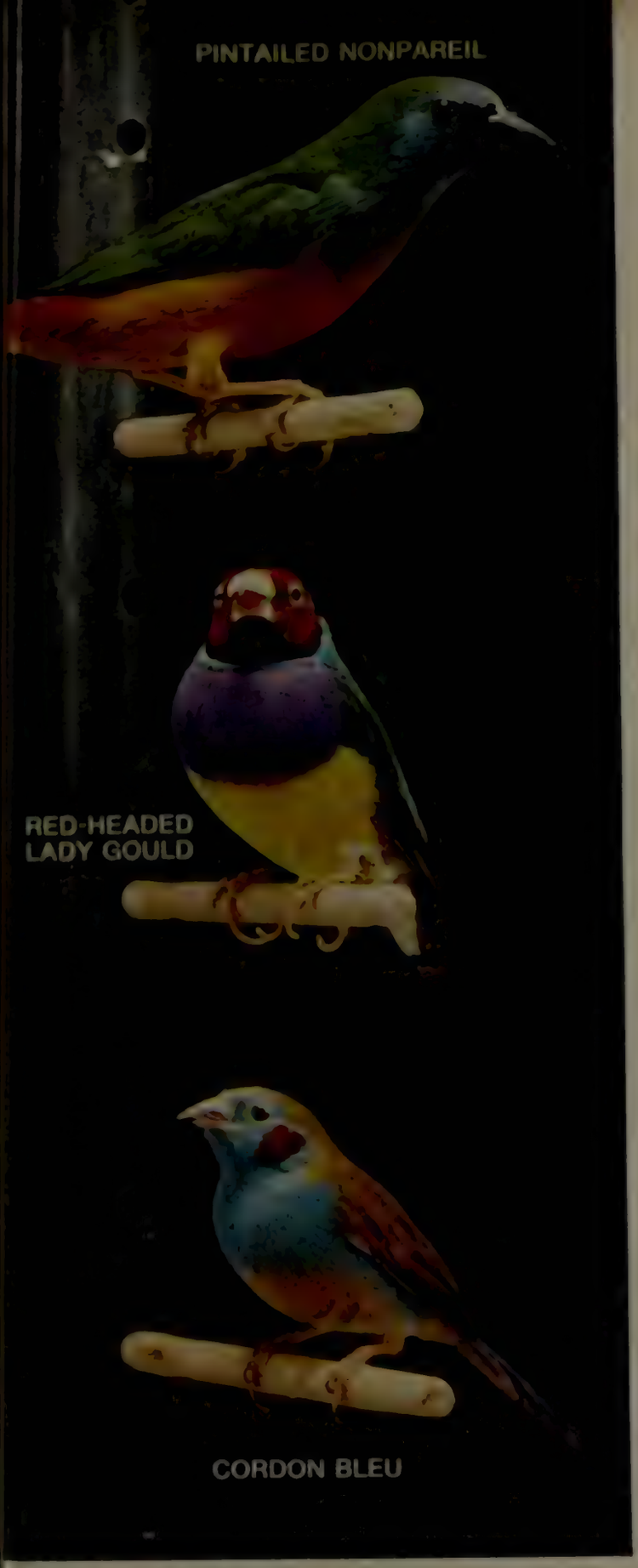
Aviary keeping brings out ingenuity in the keepers. At left are a dozen examples

12 popular aviary birds . . . and what owners say about them

The following comments sum up the opinions of 97 *Sunset* bird-owner readers who filled out our aviary questionnaire:

Brazilian red-crested cardinal. Showy, active. Cheery song. Raises, lowers crest.

Canary. Sweetest singing, friendliest aviary bird. Beautiful colors.



GLENN CHRISTIANSEN

Diamond dove. Soft, sweet coo. Gentle, easy to keep. Interesting mating ritual.

Green singing finch. Pleasing happy song. Related to canary. Hardy. Peaceful.

Society finch. Friendly, gets along well with other birds, multiplies fast.

Gray zebra finch. Busy, curious, fast, sprightly little creature with soft call like toy trumpet. Prolific.

Pintailed nonpareil. Great beauty. Little personality. Delicate. Not for beginners.

Red-headed Lady Gould. Related to zebra finch. Outstanding color, personality.

Cordon bleu. Popular mostly for its color. Shy, bullied by other finches.

Budgerigar. Friendly, amusing. Easily trained to talk. Noisy. Many colors.

Java rice bird. Federal law now bans sale (may be crop pest). Many still in aviaries.

Cockatiel. Stately, friendly, gentle, clean. Train to talk or whistle.

GLENN CHRISTIANSEN

Oakland museum roof garden *is terraced hillside park open to each gallery level and linked by wide stairway to courtyard below*

Walls *of exposed aggregate provide backdrop for vibrantly colored recent paintings shown in third level gallery*

Oakland's brand new park-museum

It gives a look at yesterday's and today's California. It opens September 20

Some puzzled visitor to the Oakland Museum on its September 20 opening day may very well stop to inquire, "Where's the museum?" This would please Architect Kevin Roche.

Roche set out to design an almost invisible edifice. He hoped that his museum, placed alongside and beneath an evergreen park, would entice rather than overwhelm visitors. Too many museums, he feels, are imposing structures associated with footsore trudging through musty, windowless galleries.

To enter the Oakland Museum at 10th and Fallon streets, you walk down, not up. The interior is quiet and cool and the passageway to the grassy inner courtyard is dimly lit. Trees and the wall around the park help to mute traffic noises and block

Sierran *mule deer stands in grove of aspen on museum's first level*

Before museum opens, *Indian dancers await feathers and instruments*

Wagon *hauled passengers and freight in late 1880's*

out the architectural jumble of surrounding buildings.

The roof terraces look like giant steps, each row neatly topped with trees or shrubs. (For information on which plants were selected and how they were installed, turn to the article on page 186.) From the higher terraces you can see the blue water of Lake Merritt. Beneath you are the three principal gallery levels.

By concentrating on California subjects, the museum is able to fill a void in the otherwise museum-rich Bay Area. Natural sciences are located on the first level in the Hall of California Ecology. In eight environmental zones, the viewer learns about California's climate, wildlife, and natural features through photographs and skillfully executed dioramas.

Glass doors line the garden side of each gallery level and offer ready exits to outdoor areas. Walkways lead up to Cowell Hall of California History on the second level (there is, in addition, an interior elevator).

Among the history exhibits ready for the opening are an assay office rescued from freeway destruction in Nevada City, a meticulously restored American - La France fire engine that was used in the 1906 San Francisco disaster, and a shiny black Brewster brougham carriage.

The third floor houses the Gallery of California Art, including paintings, sculptures, graphics, prints, illustrations, photographs, and crafts. The oldest item, an engraving that shows Sir Francis Drake greeting the assembled Indians on his arrival in California, was drawn in 1599. For a work to be eligible for the exhibit, the subject must be Californian or the artist must have resided in the state.

The new museum replaces three older local museums. Most of the items are on public exhibit for the first time. An additional $2.5 million fund, privately raised, will be used in part for further acquisitions. Meanwhile, considerable space remains to be filled in the more than 110,000 square feet of exhibition area.

Construction was financed by "Measure A," a $6.6 million bond issue passed in 1961. At that time it was hoped the museum might open in the fall of 1967. But there were several unexpected developments, such as unstable subsurface soil and leaks in the roof planting areas. Then in early August the Oakland Museum Commission dismissed the museum's director. At press time it was not clear what effect, if any, this would have on the scheduled September 20 opening. Also unresolved was what admission would be charged. Hours announced are 10 A.M. to 5 P.M. Tuesday through Thursday and Saturday and Sunday; 10 A.M. to 10 P.M. Friday. The museum is closed Monday.

In addition to streetside parking nearby, there is space for nearly 200 cars beneath the museum.

Two Red Lines, *a mobile sculpture by George Rickey, rotates in courtyard breeze*

Painting, sculpture, graphics, photography, California history and pre-history . . . most of it on public display for the first time

GLENN CHRISTIANSEN

Photograph *of cactus close up tantalizes these young visitors; it serves to block off an unfilled section of the Hall of California Ecology*

Geronimo! *Hollow steel-and-aluminum blocks bolted in spiral fashion around a pier of similar blocks make a fine jump tower*

Community action:

Their fathers built this obstacle course

When the parents of a group of children attending Millbrae Nursery School in California decided to improve their school's play yard, they took the assignment seriously—with the strikingly original results pictured here.

Committee members of the school, which is sponsored by the College of San Mateo, met with industrial designer Nelson Van Judah. On his advice, they polled the membership to find out which fathers were contractors and handymen, and which could get (or knew sources for) telephone poles, railroad ties, concrete pipes, and other materials. Mr. Judah then drew up a plan, and work commenced.

The parents cleared most of the original yard. A contractor formed hills as directed, installed sprinklers, poured concrete walks and circles, and laid sod.

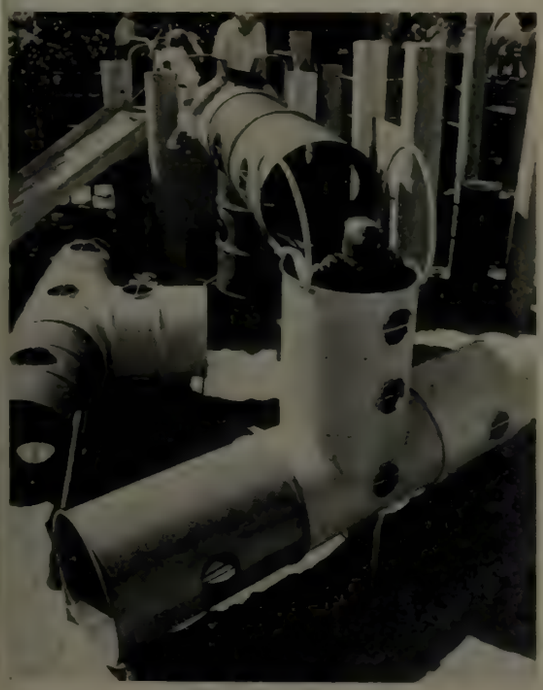
Then the fathers took over again. They positioned telephone poles, built tunnels, placed ties, built a fort with a fireman's pole, and finally painted the structures in lively colors. The result is a far cry from the typical playground.

To see the play yard in use any schoolday, take the Millbrae Avenue exit from U. S. Highway 101 to El Camino Real; the school is a mile northwest, at 86 Center Street.

Stockade *of used railroad ties leads toward back of the play yard. Ties were placed at irregular angles on sand or concrete blocks; overlapping corners were securely bolted. Rough surfaces have proved to be no hazard.*

DARROW M. WATT

A pattern *of arms, legs, pipes, and poles as young aerialists improve their coordination. This section was designed on the spot: Poles were positioned, then strings were added to indicate where pipes, perches, and vertical panels (not shown) should go*



This 3-D tunnel maze *one parent welded together from oil drums, steel cylinders, tubing*

Up and down *is the theme, and children can go almost from one end of the yard to the other and not touch ground. Here lengths of power pole circle a sandbox*

WOOD DECKS AT POOLSIDE

Good-looking when wet...quick drying when you're through

Where there's a pool in the West, you'll frequently find a poolside deck of wood for diving, basking, and dining. It may serve as an extension of the floor of the house, dropping down by an easy step or steps to the level of the pool; or it may be a ground-level deck that provides a change of material in the landscape scheme.

The owners of poolside wood decks we talked to had very few complaints. They like the fast-drying quality of the wood and seem to have no problem with splinters. One architect who designed the deck around his own pool with 1 by 3's found that they tended to cup and become uneven, so for the deck at his next house he specified 2 by 3's.

It is best to use 2-inch stock, but the width of decking you choose depends upon the effect you want to create. If you're keeping everything in small scale, you might prefer 2 by 2's; for another situation, 2 by 4's or 2 by 6's; or you could create a pattern by using two different widths as in the deck shown on the right.

To avoid rust stains on the deck, use galvanized nails, or nails of aluminum or stainless steel. To keep decking flat, and for best holding power, use nails at least three times as long as the thickness of the boards.

If the wood is wet or green, you can lay the decking with no space between boards. Some space will develop as the wood dries and shrinks.

If the wood is dry, leave a space between boards the thickness of the nail used, but not more than ¼ inch.

Deck extends *house floor to poolside. It's of resawn Douglas fir 2 by 3's with chamfered (beveled) edges, stained. Architect-owner: Alfred T. Wilkes, Los Angeles*

Random-edged *deck of 2 by 2's, 2 by 6's. Owners: the Robert M. Saunders, Newport Beach, Calif. Design by Jones & Peterson*

RICHARD FISH

Raised redwood *deck of 2 by 4's, 2 by 6's. Owners: the Thomas Ammers, Fullerton, Calif. Landscape architects: Jones & Peterson*

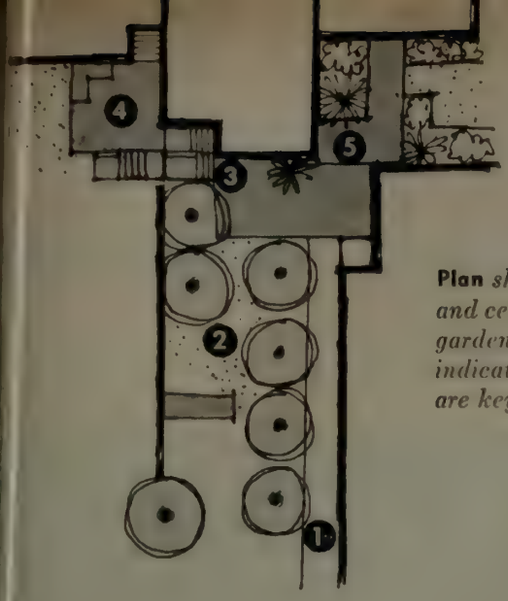
Resawn cedar *deck of 2 by 2's, blind-nailed into sides, is off living room, bridges pool. An occasional scrubbing with stiff broom keeps it clean. Owners: the Arnold Franks, Van Nuys, Calif. Design by John Michael of Sid Galper Assoc.*

High on San Francisco's Russian Hill . . . three entry gardens share space with one another

1. *All three homes and gardens reached by long narrow walk. Pittosporum tenuifolium pruned as trees; ivy ground cover*

GLENN CHRISTIANSEN

2. *Gravel-paved patio separates entry path and neighbor's garden. Old lemon verbena grows out of mounding bergenia*



Plan *shows how walk and center deck link three gardens together. Lightest area (rear) indicates houses. Numbers on plan are keyed to photographs*

Originally the area pictured here consisted of three separate gardens in front of three separate houses, each on a 25-foot-wide San Francisco lot. Now all three are owned by one person and the entire 75-foot-wide property has been relandscaped as a single unit connecting the three gardens yet preserving their individual character and privacy.

You approach the three houses along the straight, narrow walk pictured at far left; all occupants of the houses use this as access from the street.

To your left is the sheltered, private patio seen in the large photograph. Ahead is the wide central deck, main unifying element of the new design (see plan above). From it you reach all three entrances.

If you climb the three steps in the picture below, then turn sharply right and continue up more steps, you're at the property owner's front door.

If you go ahead instead of sharply right, a short flight of stairs leads you to the highest level, the wooden deck in front of the second house, shown at top right.

Or, from the central deck, you can reach the third house across the small patio pictured at center right.

When the owner called in landscape architect Dan Rolfs, much of the property was covered with junglelike growth of trees, shrubs, and ivy ground cover. Many plants were removed, leaving only those that would fit into the new scheme. Older remaining trees and shrubs were pruned carefully, often drastically, to achieve their present handsome form.

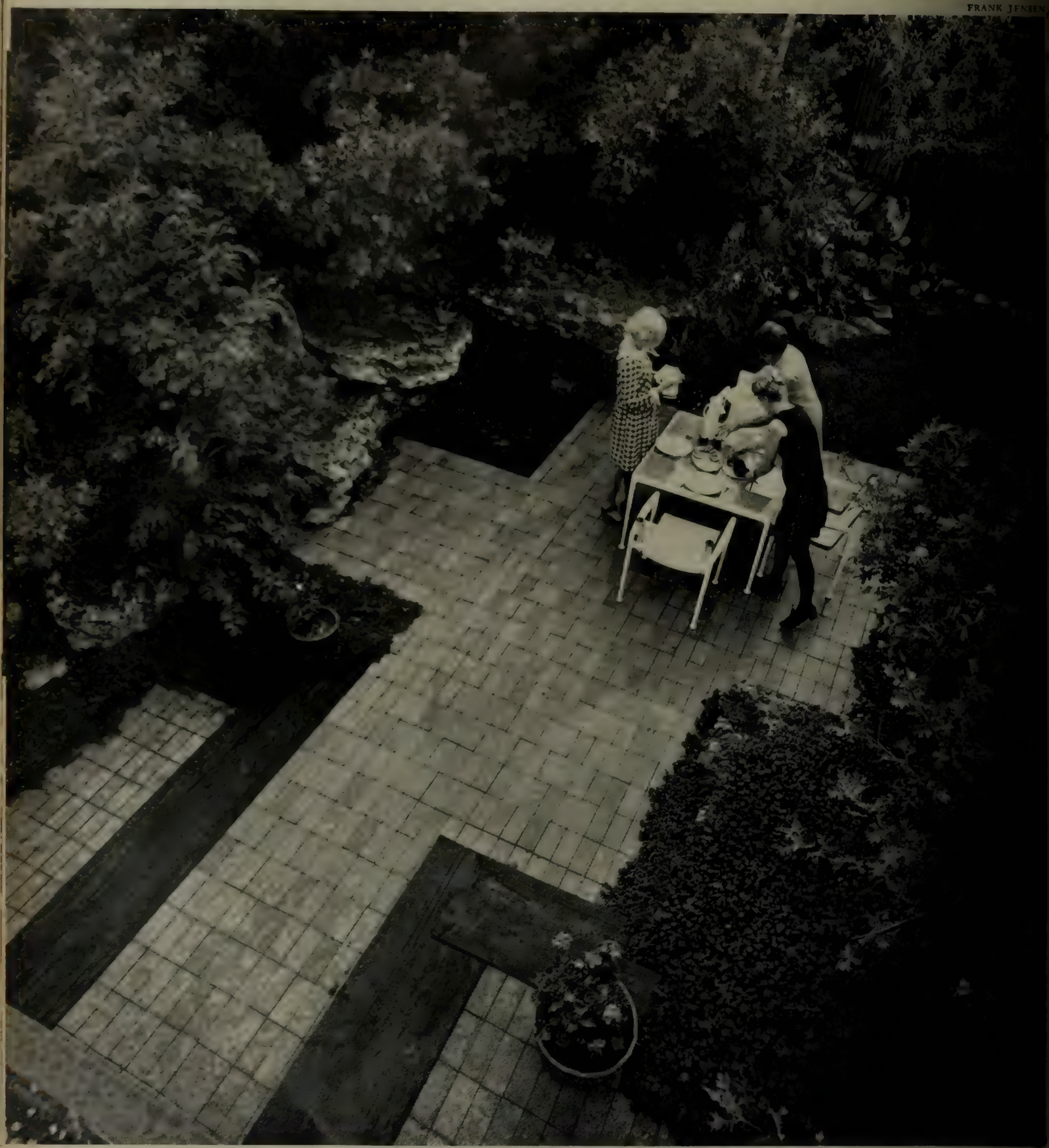
4. *Sunny wooden-decked patio on upper level harmonizes with gray shingled house. White marguerites; red bougainvillea on house wall*

5. *Shady third-house patio: acanthus, fatshedera by corner, angular bronze New Zealand flax for color contrast, podocarpus, evergreen clematis*

3. *Main deck. Acanthus in bloom; podocarpus arches over service door. Steps lead ahead to upper patio or sharp right to owner's entry*

Outdoor living in Salt Lake City . . . it's done

FRANK JENSEN



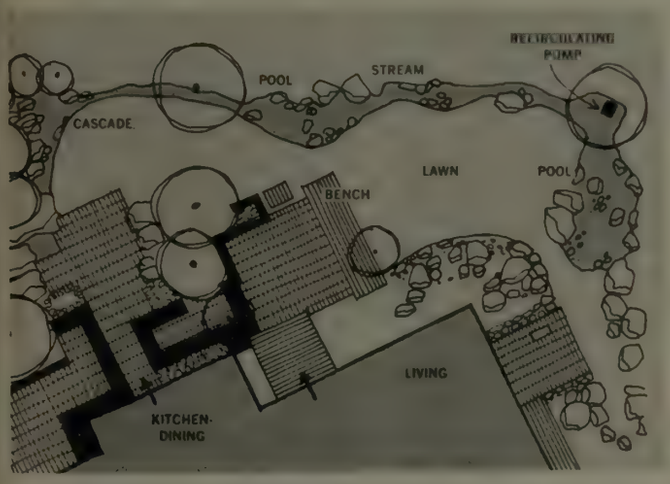
Largest patio *is only a few steps from the kitchen. Bricks are buff-colored; railroad ties painted with creosote are almost black*

with a pair of patios

Outdoor living in this Salt Lake City garden is easy because both major living areas, the living - dining room and kitchen - family room, open directly to paved patios. Of particular interest here is the way bricks and railroad ties form a linking walkway between the patios. The railroad ties retain the soil where there's a grade change and also function as steps.

The very natural-looking stream starts as a small waterfall out of the hill and flows along the edge of the garden. Stream and garden were designed and built by architect Ralph Edwards.

Cluster of native oaks *separates two patio areas*



Plan shows *how patios relate to the living areas. Water in the stream is recirculated by a pump. Mr. Edwards hand-picked and placed the smooth pebbles and rocks*

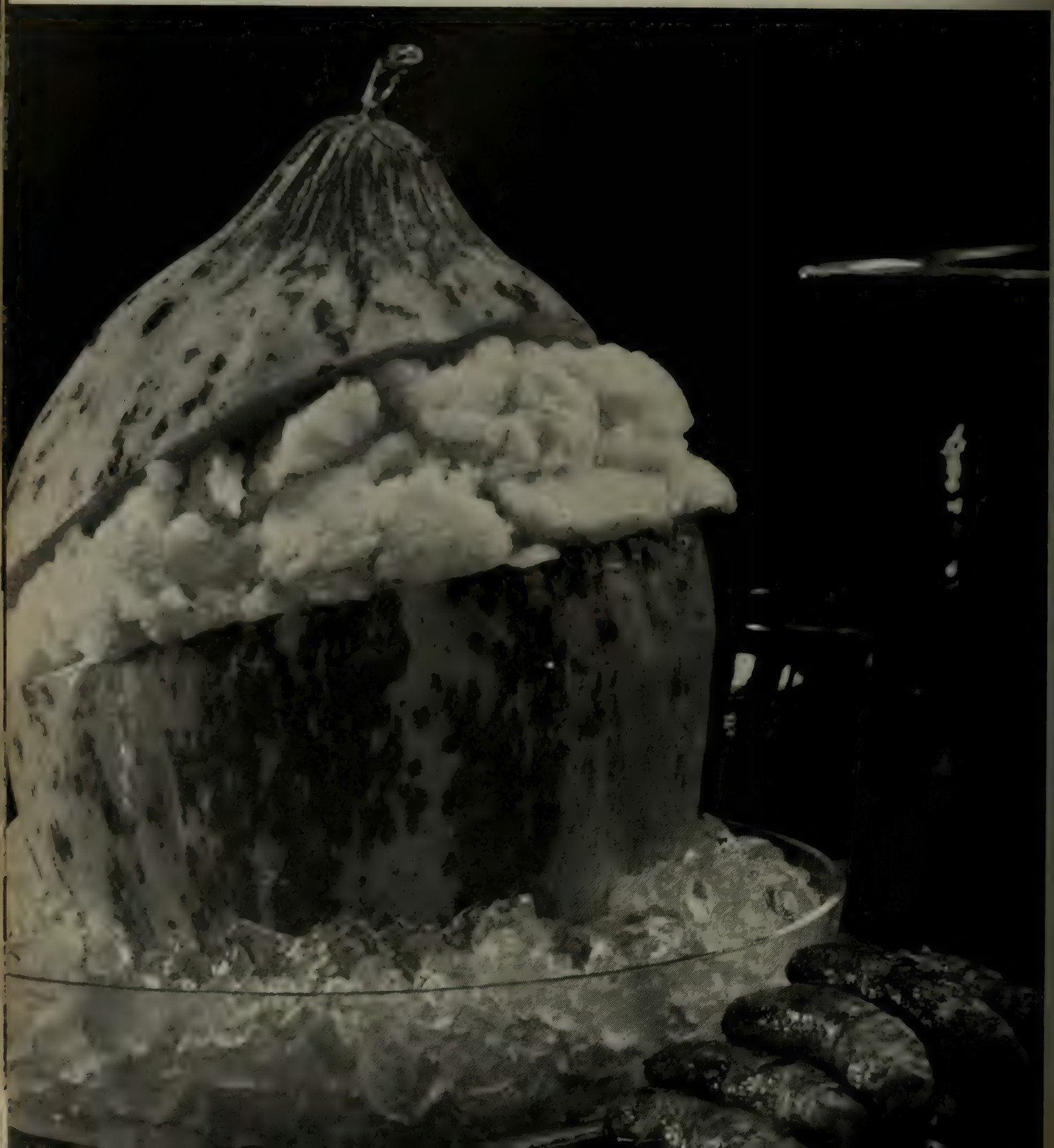
The stream *looks as if it flows out of the mountainside*

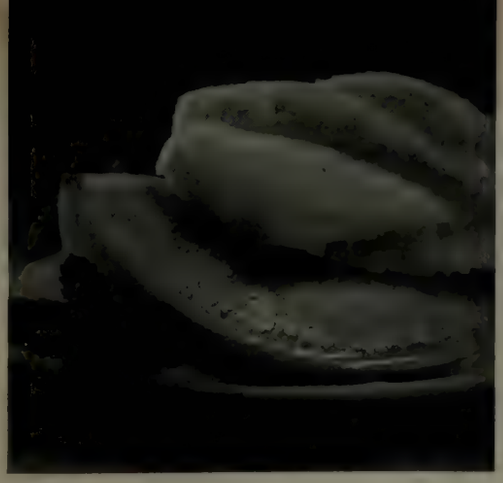
This patio *is off the living room, has wide, built-in bench*

Ices are nice

For brunch, for lunch, for dinner, for between meals

Brunch starter: *seeded Crenshaw melon filled with cool Crenshaw ice. To serve, scoop out portions of fruit with fruit ice*





Sweet, *green honeydew crescent contains lemon ice (featured on cover of this issue of Sunset)*

DARROW M. WATT

Crystalline *strawberry ice sparkles, has smooth taste. Serve with ripe, golden peaches, fresh strawberries to garnish*

At great Victorian banquets where rich course followed rich course, the assembled eaters "renewed their palates" from time to time with a refreshing fruit ice.

And in Europe, or on luxurious ocean liners, a small cup of fruit ice is even now sometimes served with a meat dish.

Fruit ices are neither ice cream nor sherbet. Essentially they are a pure fruit with the flavor concentrated in smooth cooling crystals. Ordinarily their natural colors are pretty enough, but a bit of food coloring can be used to intensify a shade.

From the cook's point of view, ices are good to have on hand. They can be stored in the freezer, then make their appearance in such unexpected ways as the fruit course for a brunch—as suggested here—or as a quick dessert with fresh fruit, or even in tiny portions to begin a meal.

Some very good combinations of ice with fruit are: lime ice with Crenshaw, orange ice with strawberries or peaches, raspberry ice with strawberries. With meat, try pineapple ice with roast pork, lemon with chicken, raspberry with turkey.

Make any of the following ices with the Crenshaw or lemon ice as a starting point. For best flavor, serve ices within a month or so of preparation.

CRENSHAW ICE

About ½ large, ripe Crenshaw melon
About ¼ cup sugar
3 tablespoons lime juice

Seed melon and whirl enough of the fruit in a blender to make 3 cups purée (or force through a food mill or wire strainer). Sweeten to taste and add lime juice. Pour into a shallow metal pan and freeze at 0° or colder until solid. Let stand at room temperature until you can break up the ice with a wooden spoon. Pour into a large mixing bowl; continue to smash ice into small pieces with wooden spoon.

Beat slowly at first, then gradually at higher speeds, until mixture is slushy and smooth-textured like a thick cake batter. Wrap and freeze. To serve hold at room temperature about 10 minutes to soften enough to scoop out portions. Makes about 3 cups.

Papaya Ice. Follow directions for Crenshaw ice using in place of the melon 2 cups papaya purée (about 2 medium-sized fruit), ¼ cup sugar, and ¼ cup lemon or lime juice. Makes about 2 cups.

Pineapple Ice. Follow directions for Crenshaw ice but instead of melon prepare 3 cups ripe pineapple purée in a blender (about 1 medium-sized fruit), then force through a fine wire strainer; discard pulp. Add ¼ cup sugar or to taste and omit lime juice. Makes about 3 cups.

Raspberry Ice. Follow directions for Crenshaw ice but in place of melon use 2 cups raspberry purée (takes about 4 cups fruit). Force through a wire strainer to remove seeds. Add about ½ cup sugar (to taste) and ½ cup water to purée; omit lime juice. Makes about 2½ cups.

Strawberry Ice. Follow directions for Crenshaw ice but instead of melon use 3 cups strawberry purée (about 4 cups berries) and ¼ cup sugar or to taste. Omit lime juice. Makes about 3 cups.

LEMON ICE

2 tablespoons grated lemon peel
2 cups *each* water and sugar
½ cup orange juice
¾ cup unstrained, seeded lemon juice

Combine peel, water, and sugar; cover and chill at least 4 hours. Stir to blend and pour through a fine wire strainer; discard peel. Add orange and lemon juice to syrup. Pour in a shallow metal pan; freeze at 0° or colder until solid.

Remove from freezer and let stand until you can break ice into pieces with a wooden spoon. Pour into a large mixing bowl and continue to smash ice with wooden spoon into very small pieces. Beat slowly, then gradually at high speed until mixture is slushy and thick and smooth like a heavy cake batter. Wrap and freeze.

Soften at room temperature about 5 minutes, then serve.

Lime Ice. Follow directions for lemon ice but use 4 teaspoons grated lime peel instead of lemon peel *(take great care to use green part of peel only);* omit both orange juice and lemon juice, and use instead ¾ cup unstrained lime juice. Makes about 3 cups.

Orange Ice. Follow directions for lemon ice but use orange peel instead of lemon peel; reduce sugar to 1½ cups and water to 1 cup. Use 1½ cups orange juice and only 2 tablespoons lemon juice. Makes about 3 cups.

GLENN CHRISTIANSEN

Facing into the kitchen or facing into the trees

This big, cheerful cooking-eating-conversation space presents two faces to the cook. Looking into the kitchen (pictured at left) all she sees is her no-nonsense kitchen, no distractions. Looking the other way, with the kitchen behind her (photograph opposite), what this cook sees is her family's eating and talking place set out before a tall window that brings the garden right into the room.

The kitchen is essentially a broad U-shaped space with a working-serving-storage island between it and the dining area. On an inside wall, it's a windowless kitchen that, in a different house, wouldn't provide enough cooking light. But the high, light-colored ceiling and high glass walls at the other end of the room wash this kitchen in natural light.

The cook who works here is also an artist; her tiles decorate the walls above the counters. Designer of the house was John Matthias for Dr. and Mrs. George H. Hogle, Woodside, California.

Island, *slight projection of side walls, and overhead beam all serve to define the kitchen space*

Other end *of room opens to garden and covered deck through 8-foot-high windows and sliding doors*

The Changing Western Home

A pool warning with a memory . . . a new way into the attic . . . concrete roof tiles . . a pool waterfall

A light in a scuttle

A versatile new ceiling light for a hallway or closet also serves as the scuttle or access opening to your attic. It's a large flat recessed ceiling fixture containing three 60-watt bulbs behind an attractive textured polystyrene diffuser.

To enter the attic, you simply unsnap and remove the diffuser and flip over the metal cover above it that holds the three lights. This provides an opening large enough to crawl through, and the three lights will then illuminate the attic. The fixture also has a grounded convenience outlet for plugging in any power tools that you might need in the attic.

It's not only for new construction; the fixture comes complete with metal trim and can replace many of the common plywood scuttle covers, because it is made in two of the usual sizes of scuttles—22 by 22 inches for about $28 and 22 by 30 inches for $32.

Locks that shift gears

When you are building or remodeling extensively, you or your contractor often must distribute a number of keys for the house to subcontractors so their men can get in to do their work. Often, some of the keys are lost or just not returned, and they may get into the wrong hands.

A good answer to this security problem is one of the door locksets (several brands are available) that come with several "builders" keys and also "owners" keys. While the work is progressing, you and anyone else involved use the "builders" keys to enter the house. When the house construction is completed, you insert one of the "owners" keys in the door lock, turn it once, and the pin combination of the lock changes so that only the "owners" keys will open the door from then on.

Concrete roof tiles

Several brands of interlocking extruded-concrete roof tiles are now available for your home to give it what is probably the most permanent roof possible.

These sturdy, dense concrete tiles are made in various colors and shapes. Some resemble the traditional half-round mission-type tiles; others look like wood shakes or slate roofing. All are completely fireproof and impervious to sun, rain, wind, rot, and mildew. You can walk on them. Some can be laid on a roof as flat as a 2 to 12 pitch (with a double underlay of mopped asphalt felt), and they can also be nailed to almost vertical surfaces, such as Mansard roofs.

Cost of these tiles, installed, runs about $45 to $50 a square (10 by 10 feet). Some are made of heavy concrete, others are lighter, but all classify as heavy roofing materials. If you are using them to replace an old shingle roof or the like, you may need to have the old roofing members supported to some extent—at a cost of about $100 for an average house.

ROTHSCHILD

RICHARDSON

Sound-remembering pool alarm

Today's electronic age has produced the remarkable swimming pool alarm shown above. You can place it alongside your pool or in the house. It's self-contained and shockproof—uses a 12-volt battery. It includes a small transducer that is hung in the pool or buried in the pool wall.

The device will emit a raucous alarm if a child, animal, or even a fair-sized doll falls in the pool. It does not react to waves created by winds, to sonic booms, pump noises, etc., as do some other pool alarms, because it contains an electronic memory unit that is keyed to the particular sound waves generated by accidental falls and underwater thrashings. It's not inexpensive: this sophisticated instrument costs about $280, installed and warranted.

A pool waterfall

The large flow of water that circulates through the filter-heater system of this swimming pool returns in ten musical tricklets from a row of terra cotta roofing tile. The high sides of the pool down to just below the water level are of rough cobblestones. Landscape architect John Michael designed it for the Arnold Fink residence, Van Nuys, California.

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Interior Systems wall systems come in many styles, too, one just right for your home. Some are available in rich hardwoods, others in a rainbow of decorator colors.

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SACRAMENTO, The Crossroads #18, 5770 Freeport Blvd., (916) 428-5142

When you iron, it's good to know who your friends are:

The space-age homemaker's laundry has become a pretty confusing mixture, hasn't it? The usual cotton clothes PLUS so many new blends and permanent press. We're at kind of a crossroad where ironing is concerned. It's a lighter burden than it used to be. But we still need to do it. And the jumble of material textures has made something very clear to all of us:

One finishing product alone cannot possibly do an effective job on so many different fabrics!

As always, starch is perfect for cottons—but does not seem to penetrate as rapidly into the new fibers of modern fabrics. And vice versa. A formula created for permanent press may not do an adequate body-building job on cottons.

This is the problem Faultless Starch Company set out to solve for you. And it's a beautiful solution. You don't need a basketful of ironing aids. You only need Faultless® Spray-On Starch *and* Faultless® Fabric Finish!

✶ ✶ ✶ ✶ ✶

For your clothes that are 100% cotton, your best friend is the 100% starch — Faultless Spray-On Starch. You can rely on it to give these basic washables a consistently fresh look. One that can even hold up through an encore. It does a fast, smooth job on shirts, playclothes, denims, blouses . . . all the clothes you work and play hardest in.

And you use it for spot starching, when you want a little extra luxury in collars, cuffs, ruffles or the hem of a dress.

Faultless Spray-On Starch is also a good secret weapon for everything else around the house that's cotton. Does a great job on pillow slips and curtains that won't keep their "perk" without it.

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And it's easy! Push-button easy. Just a whoosh and a whisk at the ironing board and you're home free . . . with cottons that stay crisp and clean much longer.

Faultless Spray-On Starch. It's the "workhorse." Not you.

✶ ✶ ✶ ✶ ✶

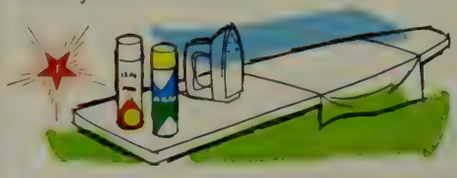
Now for modern fabrics — blends and permanent press. These are something else. So Faultless gives you something else! Faultless Fabric Finish. It's specifically designed for these unique fabrics. It's a new TODAY product.

Faultless Fabric Finish sprays body and new life back into these clothes that start out "easy care," and then get a little bit lazy after many washings. You know. Drip-Dry begins to drip-drag. Wash & Wear becomes wash and wilt. Even Permanent Press gets a little played out if you wash it enough times.

Faultless Fabric Finish does a superb job of reviving them all with a smooth finish. Modern fabrics can again look sharp and dressy. "Middle-aged" Permanent Press can look young again with Faultless Fabric Finish. And you do it with the same ease and speed. Push-button ironing.

✶ ✶ ✶ ✶ ✶

Disposable clothes just aren't here yet. In the meantime, don't let the fabric content of your family's clothes confuse you when you iron. Just know who your friends are:



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✶ ✶ *AND* ✶ ✶
FAULTLESS FABRIC FINISH
Today, you need both.

The trees grow within the fence

What do you do when trees grow along a property line you want to fence? In these two gardens the trees were simply incorporated: The fence was built to conform to the shape of the trunks. You may have to trim off some of the branches that are below fence height for a clean line. Still, we've seen some artfully designed fences built around handsome, contorted trees where every branch was left intact. When you build the fence, be sure to allow for an increase in trunk girth—don't make the fit too close, and check it occasionally.

RICHARD FISH

Cypress trees *now form part of grapestake fence in this Beverly Hills garden. Landscape architects: Armstrong & Sharfman*

DON NORMARK

Old palo verde trees *were saved by incorporating them in fence in the Tucson garden of Mr. and Mrs. Edward H. Nelson*

20 new plywood second homes for people who know what they like but didn't think they could afford it.

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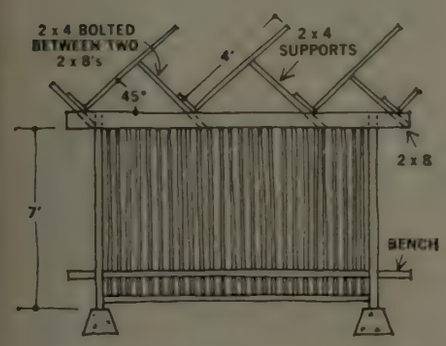
DON NORMARK

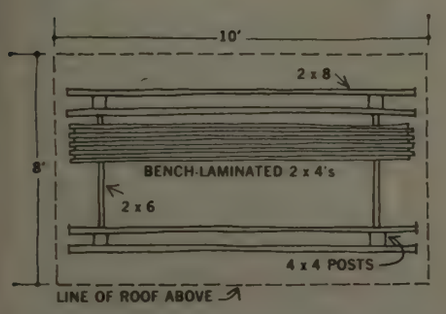
Shelter *provides overhead protection from elements, but has an open, airy feeling*

A sitting place in the garden

This small garden shelter keeps out the rain and shades the sun, but doesn't entirely hide the view of the sky and tree branches. The secret is in the roof design —three panels of marine plywood that resemble giant check marks arranged so they block the sun overhead and to the south, catch rain in gutterlike troughs, and are still open enough that you can see between them.

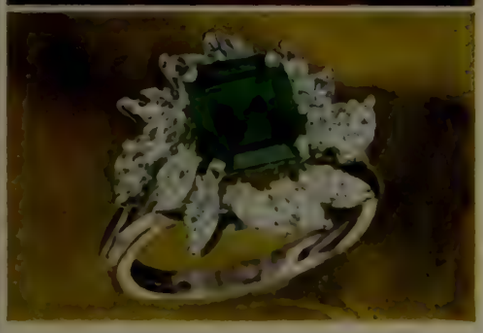
The shelter was designed by landscape designer Richard W. Painter for Mildred McGilvra, Portland.





Bench *of laminated 2 by 4's is removable, rests across 2 by 6's mortised into posts*

The World's Newest Jewel



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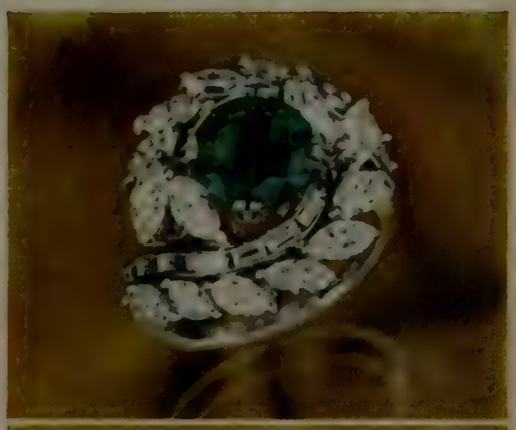

The most imitated checks in the West.

MEMBER F. D. I. C.

RICHARD FISH

Bench across *open end of deck (the view end) also serves as safety rail. Hanging ceramic lights designed by Bruce Tomkinson*

Deck on the sunny side screens out heat, glare

Sheltered deck *is off lower level of the house; entrance is just off family room*

Air circulates *between panels and through the screening*

It's challenge enough to create a level, outdoor living area on a hillside, but it's even more of a problem when the only location for level development is a hot south exposure that gets additional heat and glare from the walls of a stuccoed house.

Here you see the successful solution designed by landscape architect Jon F. Myhre for Mr. and Mrs. E. Shimizu, Los Angeles. The level area was made by utilizing an existing concrete block retaining wall around an angular piece of land (about 12 by 20 feet) at the side of the house. This was covered with a deck of 2 by 4's, protected overhead and along the south side by a screened structure that conforms to the angular shape of the area (this is shown best in the small photograph above).

Bronze-colored, louvered aluminum screening blocks the sun and provides considerable privacy from the street and adjacent houses without affecting the view from the deck side.

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DARROW M. WA

Headboard *includes cabinets on each side with book storage below (drawing at righ*

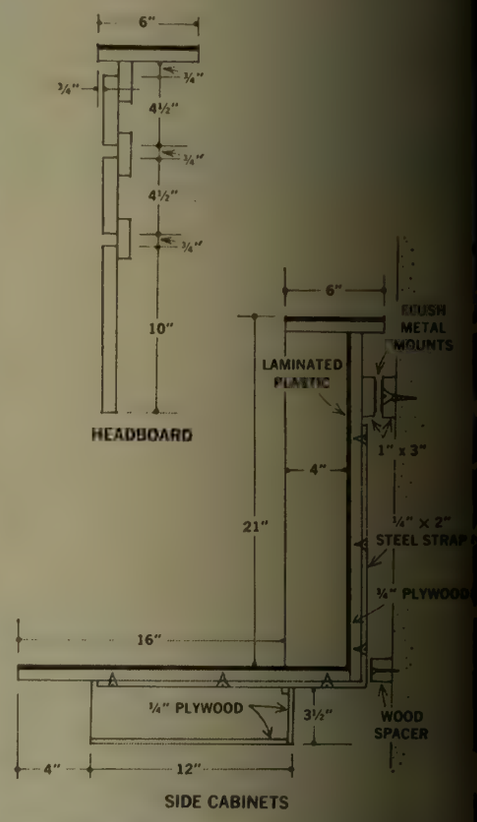
Headboard with cabinet-tables

This lengthy headboard in a master bedroom is handsome as well as utilitarian. Two side cabinets include 2-foot-wide tabletops, 13 inches above the floor, for telephone, clock radio, and books. Underneath each is a simple box of ¼-inch plywood, painted black, for storing the telephone book and other articles. The long top shelf is an excellent place for today's hi-intensity reading lamps.

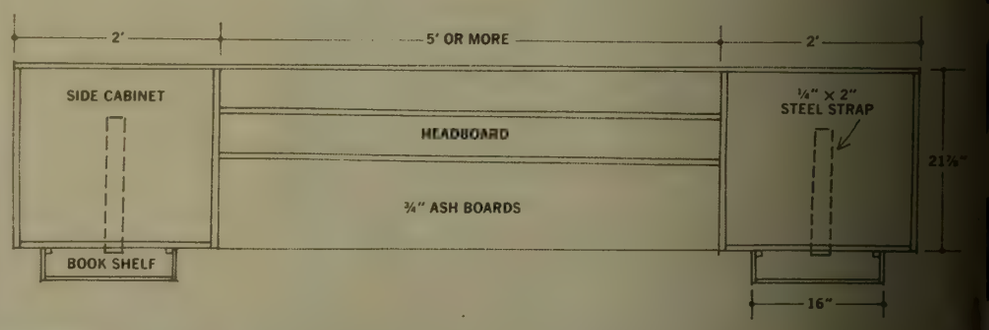
The central wood section can be built to fit a double, queen, or king-sized bed. The tabletops at each side and the full-length top shelf are surfaced with laminated plastic. Side cabinets are made of ¾-inch plywood with edges surfaced with ash trim; other construction is of ash.

The headboard hangs from the wall on flush metal mounts, secured to a 1 by 3 on the wall. It is held out vertically from the wall at the bottom by small wood blocks attached to the wall.

Architect Richard R. Griffiths of Palo Alto, California, designed and built this headboard for his own home.



Entire unit *hangs on the wall behind the bed on flush metal mounts available at hardware stores. The bed slides into place*



Headboard *is made of stained ash boards; side cabinets are surfaced with laminated plastic. Each cabinet is stiffened by one heavy iron strap, bent to a right angle*

*Plus tax, lic., freight, delivery & handling (except Hawaii). Prices and specifications subject to change without notice.

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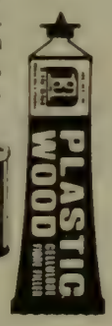


REMEMBER
before you move
notify *Sunset*

One month before moving send old and new address, moving date, and *Sunset* label to: Sunset Magazine, Menlo Park, Calif. 94025.

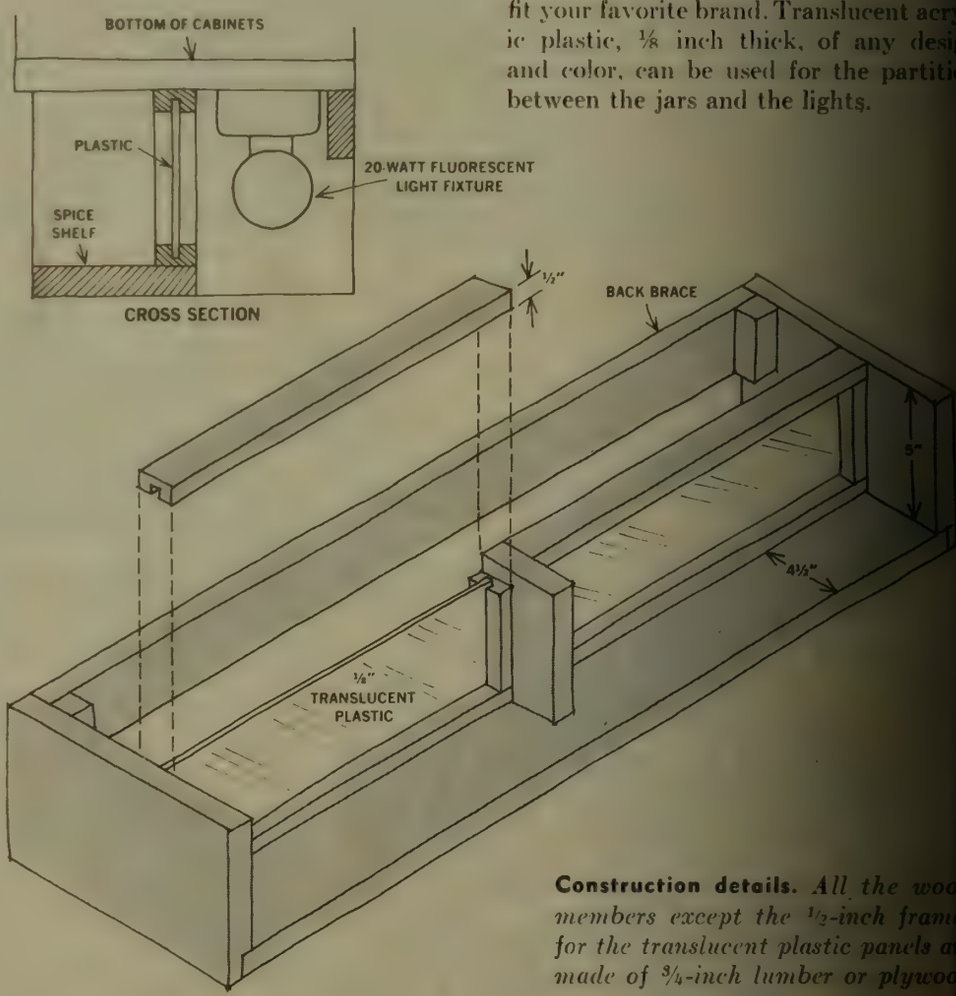
Light well is also a spice rack

Spice rack *under kitchen cabinets has lights behind*

This shallow shelf under upper kitchen cabinets serves two purposes: It's a handy spice rack, and it shades the fluorescent lights that illuminate the counter below. It was designed and built by Ray O. Welch of Mercer Island, Washington.

A similar shelf could be made of any suitable wood and could be any length a width. You simply attach one or mo fluorescent light fixtures to the botton of the existing cabinets. Then attach tl spice rack by screws extending dow through holes drilled in the cabinets' bo tom shelves.

The dimensions given here for the fro of the spice rack allow you to store tw rows of most spice jars. It's easy t change the dimensions, if necessary, t fit your favorite brand. Translucent acry ic plastic, ⅛ inch thick, of any desig and color, can be used for the partitio between the jars and the lights.



Construction details. *All the wood members except the ½-inch frame for the translucent plastic panels are made of ¾-inch lumber or plywood*

Storage shed *keeps garden work area tidy*

Storage shed for tools, pots

This storage shed organizes the gardening tools while camouflaging what could be an unsightly collection. One tall, narrow cabinet holds rakes, shovels, and brooms. The shorter cabinet hides flowerpots and bags of fertilizer and soil amendment. The work surface is 3 feet high and covered with tempered hardboard; hand tools hang from nails above it. Owner-designer is Wally Tennison of Menlo Park, Calif.

Hand tools *hang above the work counter*

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I'm afraid we can't go, Kay. Jim's on the road again.

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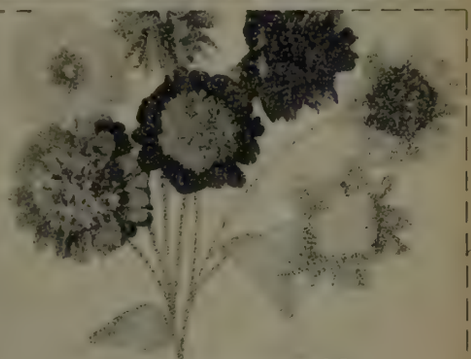

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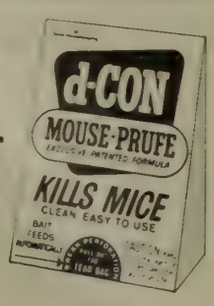

This screen is a garden wall

Despite the very limited space available, landscape architects Armstrong & Sharfman managed to design an entry here that is both inviting and private.

Before the screen and planting were installed, the approach was fully exposed to the street. The more circuitous new approach introduces an element of surprise as you walk around and between the screens to the front door; you never see the entire front garden. Owners: Mr. and Mrs. Sidney Brawer, West Los Angeles

From street *you barely see house, have little notion of what lies beyond*

RICHARD FISH

Tall screen *forms garden wall. Front door at right between overhead beams*

It matters not who won or lost: It's did you see the game?

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...Good grief! He's bunting!

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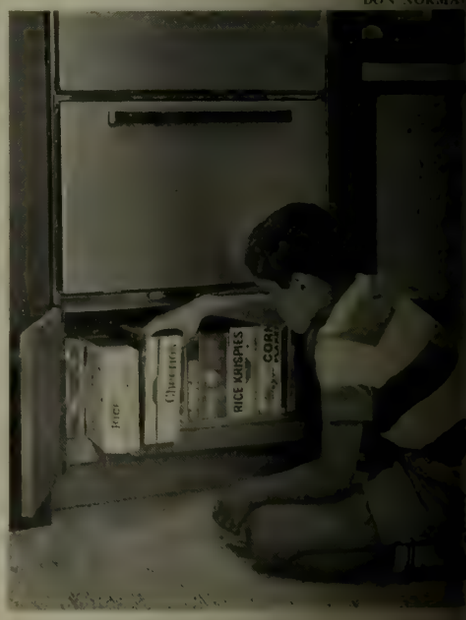
Slits *for ventilation. Home of Dr. a Mrs. John C. Leissring, Los Altos, Ca*

A dry place for dry cereals

Dry cereal loses its crispness when open packages are left too long on the shelf exposed to damp weather. If you ha this problem, look for a drier stora place. A cabinet adjacent to wall ovens a range works well because these get most daily use and some heat will diffu through to the cabinets.

In the cabinet pictured above, the inside got too warm so slits were cut the cabinet doors. The under-the-ov cabinet shown below may not plea adults, but children don't mind it.

DON NORMA



Cereals *go here in L. H. Johnson hom Medina, Wash. Architect: Burr Richard*

Nobody but nobody had the courage to use these outrageous colors 40 years ago. These somebodies did. They were years ahead of their time. Magee's got these outrageous colors and more in their Freeway carpet group, made for moderns. Now we ask you, have you got the courage for a carpet that's years ahead of your time? THE FREEWAY CARPET BY **Magee**

For a Freeway decorating carpet swatch kit, send $2.00 to Magee Carpet Co., Dept. M, Western Merchandise Mart, San Francisco.

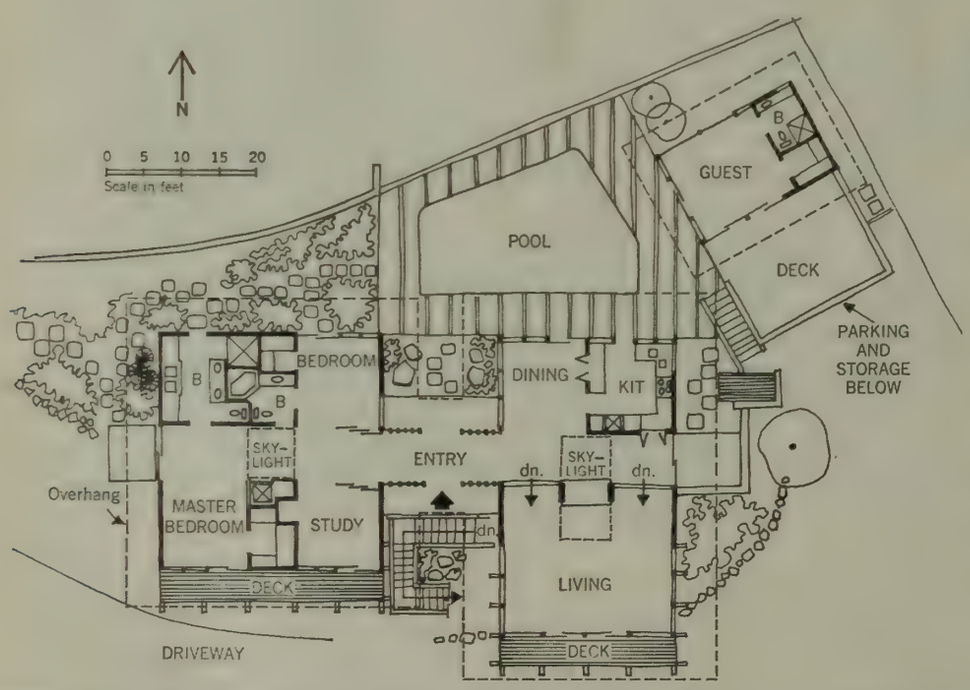
RICHARD FISH

Steel beams *create dramatic cantilever over slope below. Pitched skylights are wire glass. Roof is clad with concrete tile*

Twin sky-lit pavilions . . . cantilevered out from the hill to gain space

By using steel beams anchored in a concrete retaining wall, architect Bodrell Joer'dan Smith was able to push this one-story house clear to the outer edge of an existing graded pad on a hillside. This nearly doubled the usable space of the lot, leaving room for a swimming pool and a detached guest house.

The house, for Mr. and Mrs. Jerry Kay of Los Angeles, is a pair of sky-lit pavilions—one for sleeping, one for living area—linked by an entry gallery. The guest house is a third pavilion, usable as a spare bedroom or a party room near the pool.



Ground plan. *Behind the main house is a level rear area that varies in width from 10 to 34 feet. Entry gallery connects two pavilions; guest house is a separate pavilion*

Living pavilion, *at right, shelters pool from prevailing wind. Guest house is beyond*

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by MODE

Which wire for your aviary? Here are 12 choices

e 12 squares below and on page 114 e actual-size swatches of the most com- n kinds of screen you encounter when u shop for something to enclose an avi- y (pages 62 to 71). They are divided o the three basic families: hexagonal tting, welded wire, and hardware cloth.

ith each swatch, a number tells how ny of the 97 *Sunset* aviary question- ire respondents said they used that reen and found it satisfactory. (Many ve used several kinds satisfactorily.)

hen you shop for screening you must lance cost against performance: in per- rmance you must match safety (smaller esh) against visibility and sunlight arger mesh). That judgment usually ads people to the ½-inch mesh of any reen type—small enough for safety, but rge enough to see through and let in enty of sunlight.

Strength must be considered—especially for roofs and for walls where people may lean and dogs may jump. The hexagonal woven wire stretches nicely, making a taut screen when you put it up, but it also yields under pressure later and that can mean sagging.

Welded wire is the ultimate, both in cost and service. Hexagonal aviary netting is the economy type—but with faults. Hardware cloth comes between the two.

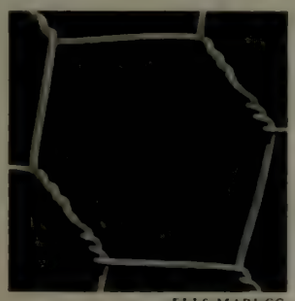
You can design your aviary so that frame members are spaced screen-widths apart (12, 18, 24, 30, 36, 48, 60, and 72 inches). Widths over 48 inches generally have to be ordered. Make sure that you can get a screen in the width you want before you begin construction based on that width, since you can't get every width of every screen at every building supply store.

If you make members farther apart than

exagonal netting stretches well, is inexpensive, but it's weak

½-inch aviary netting

49 users. Inexpensive. Holds small birds. Cat and raccoon proof. Not for hook-bills.



ELLS MARUGG

1-inch poultry netting

Just 1 user. Good only for poultry. Varmints and little birds get through mesh.

elded wire: strong, rigid, expensive. Wires are welded, not woven

½ by ½-inch

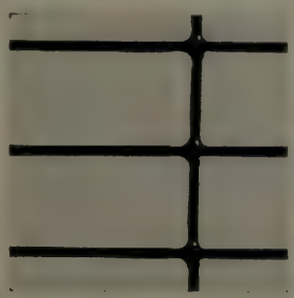
15 users. Cats and raccoons can't reach through. Holds all kinds of birds.

½ by 1-inch

19 users. Architecturally attractive pattern. Fairly rodent and cat proof.

1 by 1-inch

3 users. Strong, attractive, but lets little creatures through. For big birds.



Black plastic coated ½ by 1½-inch

4 users. Classy looking. Good visibility but shinier than paint. Hook-bills would shred.

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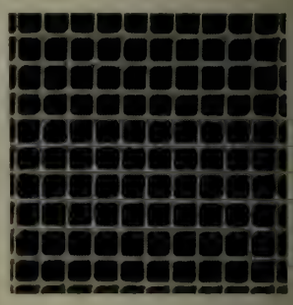
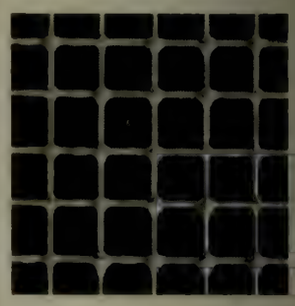
screen width you'll have to join scr by weaving a wire along the joint betw the two runs or—for welded wire— joining with cage clamps (little cylind you clamp on with a special tool).

Hardware cloth: stronger than hexagonal, cheaper than welded wire



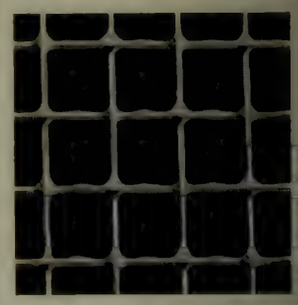
⅛-inch

5 users. Dens makes bird visibility almo nil. But it's useful for rodent proofing.



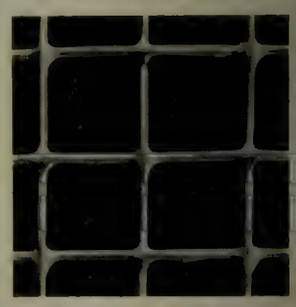
¼-inch

13 users. Surprisingly, visibility is fai if painted black. Birds safe inside thi



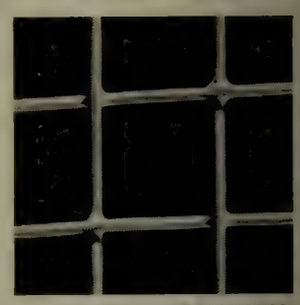
⅜-inch

13 users. Even here, you sacrifice some visibility for safety (no rodents).



½-inch

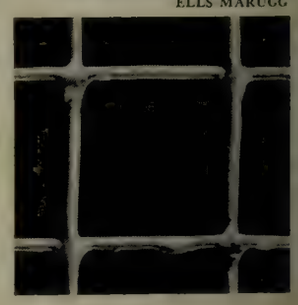
35 users. Idea balance of safety with visibility. Baby button quail can get through.



⅝-inch

9 users. A little too large for holding small birds and reliably excluding predators.

ELLS MARUGG



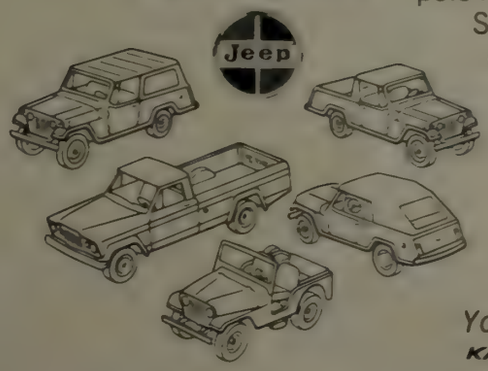
¾-inch

9 users. So open it suits only large birds. Welded wire is better for large hook-bills.

Mountain climber.

Social climber.

'Jeep' 4-wheel drive The 2-Car Cars.



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Sunset's Kitchen Cabinet®

Fall activities get under way in September, but warm summer weather lingers in the West. We've selected recipes for family meals that require minimum effort in the kitchen.

Start with ground beef to make the spicy Mexican tortilla casserole buy good beef stew meat to try sweet and sour dish.

The fresh tomatoes that are plen and prime now are sliced for a refr ing salad; they're also used in a c

Spread a little cream cheese on the tortillas before filling them with meat

Beef and Cheese Tortilla Casserole

Some subtle flavor additions distinguish this Mexican-style casserole.

- 1 tablespoon salad oil
- 2 pounds lean ground beef
- 1 medium-sized onion, chopped
- 2 teaspoons instant coffee powder
- 1 teaspoon salt
- 3 teaspoons chile powder
- ¼ teaspoon pepper
- 2 cans (8 oz. *each*) tomato sauce
- 12 corn tortillas
- 1 package (3 oz.) cream cheese
- ½ cup water
- 2 cups coarsely shredded longhorn Cheddar cheese

In a large frying pan, heat the oil; cook ground beef, stirring, until browned; add onion and sauté about 3 minutes. Pour off excess fat. Stir in the c powder, salt, chile powder, pepper, 1 can tomato sauce. Heat to simmer

Spread each of the tortillas with cr cheese, using it all. Place about ¼ of the meat mixture over cheese one half of each tortilla; arrange, folded edge up, in a 9 by 13-inch b ing dish. Pour remaining meat mixt in spaces around tortillas. Pour remaining can of tomato sauce then the water evenly over the Sprinkle with cheese. Cover pan foil and bake in a 375° oven for ab 25 minutes, or until heated throu Makes 6 servings.—*G. G., Tucson*

Serve the meat and sauce on buttered egg noodles and sprinkle with parsley

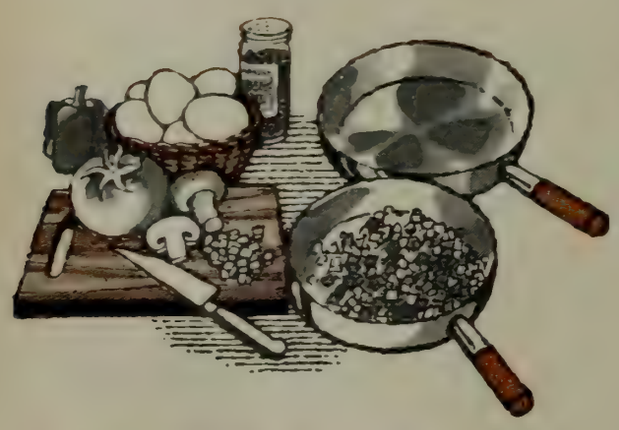
Sweet and Sour Beef Stew

This meat and vegetable stew develops deep, rich flavor as it simmers.

- ¼ cup flour
- 2 teaspoons salt
- Dash pepper
- 2 pounds boneless, lean, beef chuck, cut in 1-inch cubes
- 2 tablespoons salad oil
- ½ cup catsup
- ¼ cup *each* firmly packed brown sugar and red wine vinegar
- 1 tablespoon Worcestershire
- 1 cup water
- 1 large onion, chopped
- 4 large carrots, cut in ¾-inch chunks
- Egg noodles (optional)
- Chopped parsley (optional)

In a clean paper bag combine the flour, 1 teaspoon of the salt, and pepper. Shake the meat pieces until coa with flour, shaking off excess. large, heavy frying pan or Dutch o heat oil over medium-high heat; bro meat on all sides. Drain excess fat.

Combine catsup, brown sugar, vineg Worcestershire, water, and remaini 1 teaspoon salt; pour over meat add onion. Cover pan, reduce h and simmer gently for 1 hour and minutes, stirring once or twice. carrots and cook about 40 minu longer or until meat and carrots tender. If you wish, serve with nood and garnish with parsley. Serves 6.—*I. R., North Sacramento.*



Fresh vegetables add splashes of color and zesty flavor to scrambled eggs

Eggs Ramona

You might serve baked or boiled ham and fresh pineapple slices with this speedy brunch or supper main dish.

- ½ medium-sized green pepper, diced
- ½ cup minced onion
- 2 tablespoons salad oil
- 6 medium-sized fresh mushrooms, thinly sliced
- 2 tablespoons minced parsley
- 1½ teaspoons salt
- ¼ teaspoon pepper
- ½ teaspoon mixed salad herbs (or basil or oregano)
- ½ teaspoon Worcestershire
- 2 large fresh tomatoes
- 8 eggs, slightly beaten
- 2 tablespoons butter or margarine

In a saucepan, or frying pan, sauté green pepper and onion in salad oil until soft, but not browned, about minutes. Add mushrooms, parsley, teaspoon of the salt, ⅛ teaspoon of pepper, herbs, and Worcestershi Cook slowly, stirring occasionally about 15 minutes.

Peel tomatoes, then dice them, d carding the seedy portions. Beat t remaining ½ teaspoon salt and ⅛ te spoon pepper into eggs. Heat butt in another frying pan, add eggs, a cook, stirring, until eggs begin to Add mushroom mixture and the matoes; stir gently until eggs are so scrambled. Serve immediately. Ma about 4 servings.—*A.H., San Francis*

uce over the chicken rolls. Serves 8 to).—*T. M., Stanford, Calif.*

ou slip a mushroom and liver pâté under e skin of boned chicken breasts (this uch you can do ahead), sauté them, and oon over a cream glaze.

ÂTÉ-STUFFED CHICKEN

- 8 split chicken breasts (6 to 8 oz. *each*)
- Mushroom and liver pâté (recipe follows)
- 2 tablespoons butter or margarine
- 1 teaspoon salt
- ½ teaspoon garlic salt
- 1 cup whipping cream
- 1 teaspoon *each* cornstarch and water
- 2 teaspoons lemon juice
- ½ teaspoon grated lemon peel
- 1 orange

one the chicken breasts, but leave on the kin. Divide mushroom and liver pâté ecipe follows) into 8 portions. Lift up e skin of each breast and slip 1 portion pâté under the skin; secure with a long in wooden skewer. Sauté breasts in but-r, turning to brown both sides. Season ith salt and garlic salt. Cover and cook ver medium heat for 10 minutes, or until eat turns white in center. Transfer to a t platter and remove skewers.

our cream into drippings in the pan and ring to a boil. Stir in a mixture of corn-arch and water, blended smooth, and ing to a boil, stirring constantly. Cook out 2 minutes; then remove from heat d stir in lemon juice and peel. Spoon ver chicken. Slice orange thinly and alve slices for garnish. Serves 8.

Mushroom and Liver Pâté: Sauté ½ ound chicken livers and ¼ pound hopped mushrooms in 1 tablespoon but-r with ½ teaspoon garlic salt and ¼ aspoon dried tarragon (crumbled) for 10 inutes over medium heat. Add 1 table-oon brandy or Sherry and cook 2 min-es longer. Purée in a blender with 2 blespoons butter until smooth.

Plump chicken breast *is bathed in a smooth brandy cream sauce that contains sautéed mushrooms and chicken livers. A good companion is a wild and white rice*

Here the breasts and livers sauté together before you add a sauce of whipping cream and brandy.

You can complete this next recipe, refrigerate, and reheat later.

CHICKEN WITH MUSHROOMS

- 6 split chicken breasts (6 to 8 oz. *each*)
- ½ pound chicken livers
- 4 tablespoons butter or margarine
- ½ teaspoon *each* salt, garlic salt, and onion salt
- ⅛ teaspoon nutmeg
- 1 pound small mushrooms
- 1½ tablespoons lemon juice
- 1 cup whipping cream
- 2 tablespoons *each* brandy and Sherry
- Parsley for garnish

Pull off the skin of the chicken breasts and remove rib bones, if you wish.

Using a large frying pan, brown chicken breasts and livers on all sides in 2 tablespoons butter. Season with salt, garlic salt, onion salt, and nutmeg; cover and cook over medium heat for 10 minutes, or until meat turns white in center.

Meanwhile, sauté mushrooms in remaining butter with lemon juice for 5 minutes. Transfer chicken to a hot platter; keep warm. Pour cream into chicken drippings and bring to a boil; add brandy and Sherry and simmer 2 minutes.

Add mushrooms and juices to sauce, heat, and spoon over chicken. (If refrigerated, reheat covered in a 350° oven for 25 minutes.) Garnish with minced parsley. Serves 6.—*L. S., Los Altos, Calif.*

âté-stuffed chicken breast *with a garnish of orange slices is served over a bed of teamed rice. Use individual serving ramekins to keep this dinner party entrée hot*

DARROW M. WATT

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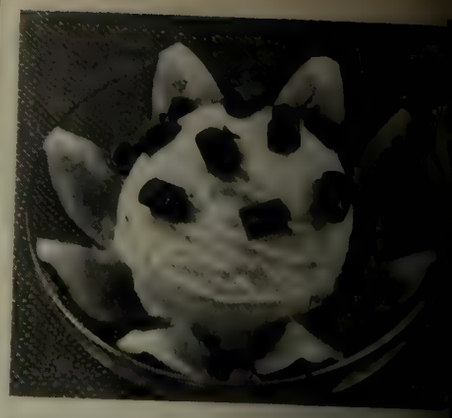

Rum-flavored *fresh figs surround va ice cream; top dessert with chocolate c*

It's the month for fresh figs

Widely available this month, fresh f are distinctive enough to inspire so sort of special dessert. We suggest flav ing them with rum to serve with cream, combining them with oranges a coconut for a do-ahead compote, or fre ing them in a lemon-accented mousse.

Rum-Flavored Figs with Ice Cream. F each serving, cut 2 large unpeeled figs quarters and place in shallow bowl. Spr kle with 1 tablespoon light rum; ch turning several times in bowl. To ser arrange figs around a scoop of vanilla cream. Pour remaining liquid over cream. Using a vegetable peeler, ma curls from milk chocolate and sprin over ice cream.

Fig-Orange Ambrosia. Slice about pound fresh unpeeled figs and cut 3 la peeled oranges in segments, discard membrane. Gently mix together the fi oranges, and 5 tablespoons *each* fine grated coconut and Cointreau (or use tablespoons orange juice plus ½ teaspo grated orange peel and 1 tablespo sugar). Chill well. Makes 4 to 5 servin

Frozen Fig Mousse. Whirl about pounds fresh unpeeled figs in an elect blender; force purée through a fine wi strainer, discarding seeds, to make cups purée. In a large bowl, combi purée, 2 tablespoons mild honey, ½ te spoon grated lemon peel, and 1 tablespoo lemon juice. Beat 2 egg whites until so peaks form; gradually beat in 2 table spoons sugar until glossy, but not dr Spoon meringue into bowl with fig pur With same beaters and bowl, whip ½ c cream until stiff. Fold cream, meringu and fig purée together until smoo Freeze firm in a 0° freezer. Let mellow fore serving. Top with chopped pistach or toasted almonds, if you wish. Ma about 1 quart.—*H. N., San Francisco*

It's even a little hard for us to believe. And we're the ones who make KitchenAid dishwashers.

So we can imagine how you feel when you read such extraordinary claims.

The truth is, we get lots of comments like these from our customers. Unsolicited.

All we can figure is that we do make an extraordinary dishwasher.

But we should. We're dishwasher specialists. We've been making commercial dishwashers for hotels, restaurants and hospitals for over 80 years.

So if you want a dishwasher for your home that will give you maximum years of service, with minimum service problems, get a KitchenAid.

See your KitchenAid dealer soon. (He's listed in the Yellow Pages.) Or write for colorful literature. KitchenAid Dishwashers, Dept. 9DG-9, The Hobart Manufacturing Company, Troy, Ohio 45373.

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Dishwashers and Disposers

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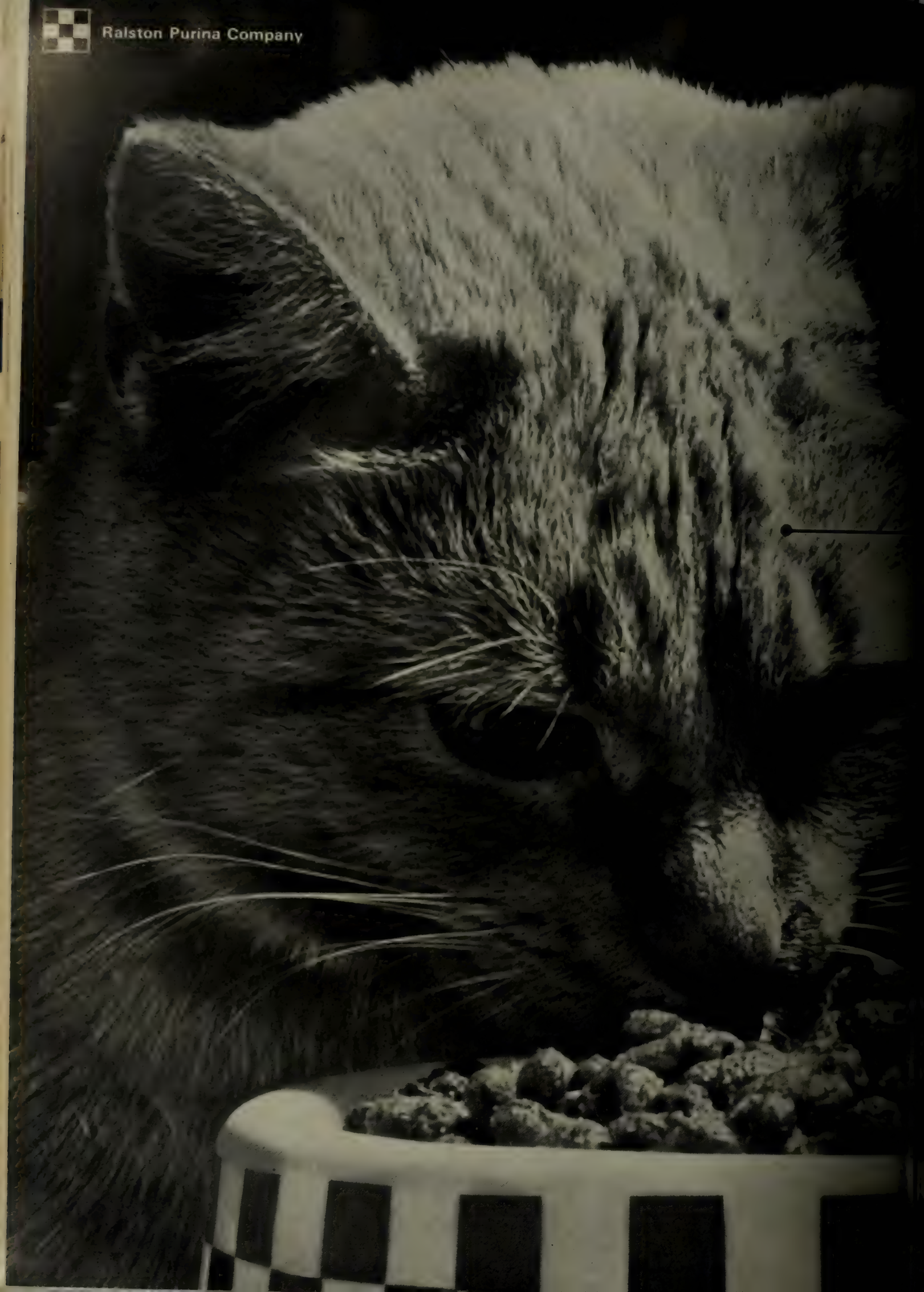

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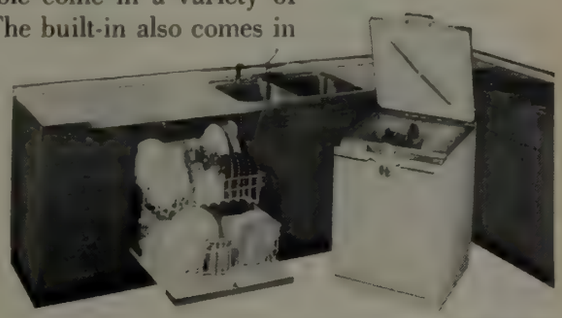
's exclusive Micro-Mesh™ Filter
cleaner through the whole cycle.
g has a full-size spray arm *on*
one below. More water action,
means more cleaning power!
so appreciates her Maytag's huge

Find your Maytag Dealer in the Yellow Pages and go see the Maytag Dishwashers. Both the built-in and the portable come in a variety of contemporary colors. The built-in also comes in stainless steel and with a Trim Kit that lets you decorate the front panel with your own fabric, wallpaper, or paneling.



MAYTAG
THE DEPENDABILITY PEOPLE

Maytag dependability now moves to the kitchen. See the Maytag Built-In and Portable Dishwashers, and Food Waste Disposers at your Maytag Dealer.

Beef as served by famous California restaurants

The Firehouse

1112 TWO STREET
SACRAMENTO, CALIFORNIA

From rags to riches goes the story of Firehouse No. 3. Abandoned in 1921, it was restored and converted for chic dining out a decade ago by the Cope brothers. Built in 1853 by the Volunteer Fire Department, the facade, fire pole and spiral stairway remain. Now in a Victorian setting, they are illuminated by lamps from old river boats and surrounded by other relics of the past. Down under, two wine cellars are reserved for private dinner parties.

Elegant food is standard fare. Steak Carlo is done with special sauces in a silver chafing dish at the diner's side. For a do-it-yourself facsimile try this.

STEAK CARLO

2 small beef filet steaks, 1 inch thick
¼ cup finely chopped green onion*
2 teaspoons garlic oil
3 tablespoons catsup
1 tablespoon Dijon mustard

DARROW M. W

Flaming *strawberries in orange sauce are spooned over ice cream for flamboyant fin*

Strawberries fire and ice

The elegant presentation of this strawberry dessert belies its quick preparation. You prepare ice cream balls in advance, then assemble and cook the dessert in minutes. Directions for a peaches and brandy variation follow.

We purposely omitted the hot water jacket in the chafing dish; you need to use

too slow); stir constantly until mixt boils and thickens; set aside.

For table presentation, assemble on tray: the chafing dish with cooked co starch mixture, chafing dish stand wi flame, 4 serving dishes filled with 2 scoo ice cream each, orange-flavored liqueur a small saucepan, strawberries, and ser ing spoon.

h with cornstarch mi heat of flame and ha n; remove and set asi in pan over flame un touch; set aside. Retu lame and add strawb ly but thoroughly. Ca r with a match and po spoon mixture over i serve immediately. Pa spoon on top if desire

ce. *Instead of the berr ed, sliced peaches mix lemon juice; instead ed liqueur use 3 tab*

THE MAYTAG COMPANY, NEWTON, IOWA WASHERS DRYERS PORTA DRYERS DISHWASHERS DISPOSERS.

aren, 12, Kim, 14, Mrs. Reszel, Mr. Reszel, Jim, 15, Linda, 17.

Can Mrs. Reszel's new Maytag Dishwasher equal the record of her other Maytags?

"Wouldn't that be something?" she writes. "My Maytag Clothes Washer and Dryer have put in 11 hard years, with just a couple of little repairs apiece."

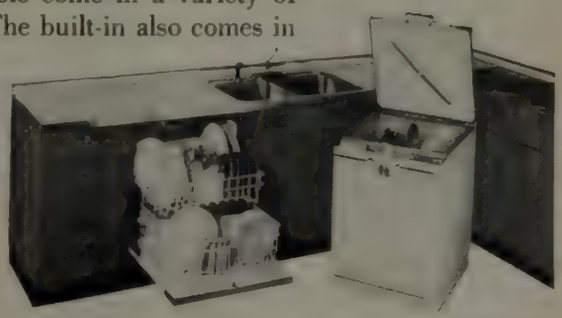
The way the dishes pile up at her house, Mrs. Beth Reszel of Milan, Tennessee, figures it's a good thing she has a dependable Maytag Dishwasher.

"We need a rugged machine," she says. "And we've got one, if my new Maytag Dishwasher is anything like my Maytag Washer and Dryer."

One thing Mrs. Reszel really likes—her Maytag gets dishes cleaner without pre-rinsing. That's because Maytag's exclusive Micro-Mesh™ Filter keeps the water cleaner through the whole cycle. And only Maytag has a full-size spray arm *on top*, as well as one below. More water action, from more sides, means more cleaning power!

Mrs. Reszel also appreciates her Maytag's huge capacity. It can do dinner dishes for a big family in one load. (If you have a small family, that means you only have to wash dishes once a day.)

Find your Maytag Dealer in the Yellow Pages and go see the Maytag Dishwashers. Both the built-in and the portable come in a variety of contemporary colors. The built-in also comes in stainless steel and with a Trim Kit that lets you decorate the front panel with your own fabric, wallpaper, or paneling.



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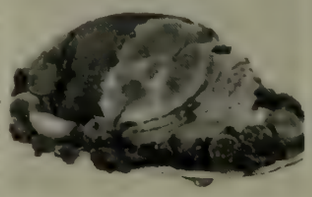

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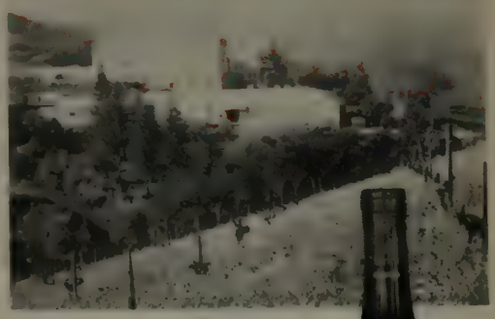

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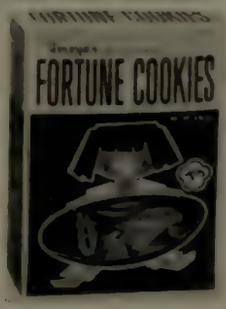

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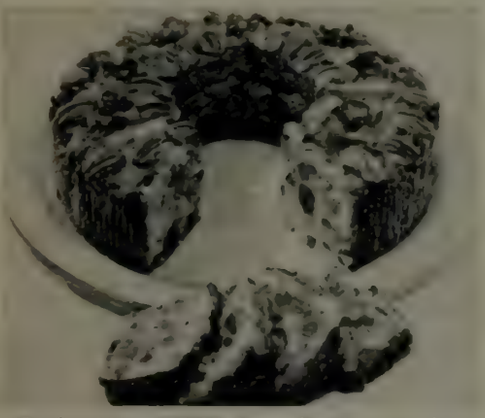

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(You'll love it!)

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Surprise supper . . . it's Danish sandwiches

These Danish open-faced sandwiches, called *smørrebrød*, make an unusual entrée for an informal supper. Consider them for a late party after returning from the theater, since they can be assembled ahead, ready for instant serving.

Plan to have about three of the decorative sandwiches for each guest. For eight guests you might set out four sandwiches each of the following six kinds. Serve them with knives and forks.

Havarti Cheese and Radishes. Butt slices of dark rye bread. Cover each with several thin slices of Havarti Tilsit) cheese (about 6 oz. for 6 sa wiches). Trim a green onion and place diagonally across each sandwich. Gar each with 1 or 2 radishes, thinly sli Makes 4 sandwiches.

Roast Beef and Caviar. Butter 4 slice dark rye bread. Top each slice of br with several overlapping folded slice rare roast beef (about 8 oz. for 4 sa wiches). On each place a spoonful of s cream in one corner and a spoonful caviar next to it. Garnish with a finely chopped green onions. Make sandwiches.

Pickled Herring and Egg Yolk. Butte thin slices of pumpernickel bread gen ously, top each slice with lettuce le place an onion ring (about 1¼ inch ameter) in one corner, and surround w canned herring tidbits in wine (about oz. for 4 sandwiches). Just before servi slip a raw egg yolk into each ring. Ma 4 sandwiches.—*E. R., San Francisco.*

Smoked Salmon and Cucumber. But 4 slices of firm white bread and cover ea with several overlapping slices of smo salmon or lox (about 6 oz. for 4 san wiches). Place several unpeeled cucu ber slices in one corner of each. Top wi a spoonful of sour cream, sprinkled wi dill weed. Makes 4 sandwiches.

Liverwurst and Bacon. Butter 4 slic pumpernickel and cover with seve slices of liverwurst (about 6 oz. for sandwiches). Place a slice of crisply cook bacon diagonally across each and 3 or marinated mushrooms (use one 4-oz. ja on one side. Slip a small leaf of butt lettuce in one corner of each. Makes sandwiches.

Cream Cheese with Asparagus. Butter slices pumpernickel and cover with se eral thin slices of Danish white crea cheese, called Ballet or Castello (one oz. package of cheese for 4 sandwiches Top each with several cooked asparag spears (allow ¾ lb. for 4 sandwiches trimmed to fit sandwich; then garnish wi a strip of pimiento. Makes 4 sandwiche

DARROW M. WATT

Tray *of assorted smørrebrød lets guests pick favorite sandwich combinations*

Fried chicken dinner, one of many varieties.

Heat and serve" isn't the best part (eating is).

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Roast beefier hash, from Mary Kitchen.
Mary Kitchen
ROAST BEEF
HASH
Mary Kitchen makes hash from fresh roast beef. With all the juices. The way you'd make it if you had all the time in the world.
FRESH ROASTED BEEF
Hormel

DARROW M. WATT

avored cheeses *make appetizing sandwich spreads on dark bread for festive lunch*

Cream cheese . . . but zesty flavors

he mildness of cream cheese makes it a ood candidate for zesty seasonings. reated thus, it becomes an appetizer, a ndwich spread, or a tantalizing accomniment to fruit for dessert.

n these recipes you may use either the miliar packaged cream cheese or natral cream cheese—which specialty cheese ops and a limited number of superarkets in the West sell in bulk or 3 or ounce packages. Compared with regular eam cheese, natural cream cheese has blander flavor and crumbly texture.

his assorted cheese platter is handsome r a help-yourself luncheon or late snack. nother time serve the flavored cheeses ngly as an appetizer spread.

RIO CHEESE PLATE

Toasted onion cheese (recipe follows)
Green herb cheese (recipe follows)
Radish-shallot cheese (recipe follows)
Pumpernickel bread
3 medium-sized tomatoes

rrange the three flavored cheese mounds iagonally on a platter as pictured above; over and chill until serving time.

o serve, fan bread slices to one side of latter. Core and slice tomatoes, then arange on the other side of the platter. erves 6.

oasted Onion Cheese. Combine in a ixer 3 ounces cream cheese, 2 tablepoons sour cream, and ¼ teaspoon seaoned salt; beat until smooth and mix in 1 tablespoon instant toasted onions. Spoon into a mound and sprinkle with 2 tablespoons instant toasted onions.

Green Herb Cheese. Combine in a mixer 3 ounces cream cheese, 2 tablespoons sour cream, and ¼ teaspoon garlic salt; beat until smooth and mix in 2 tablespoons minced green onion and 1 tablespoon finely chopped parsley. Pile into a mound and sprinkle with 1 tablespoon finely chopped green onions.

Radish-Shallot Cheese. Combine in a mixer 3 ounces cream cheese, 2 tablespoons sour cream, and ⅛ teaspoon salt, beat until smooth and mix in 2 tablespoons finely chopped radishes and 1 teaspoon chopped shallots or onions. Mound and garnish with 2 radishes, sliced.

MINT CHEESE WITH FRUIT

Combine 3 ounces cream cheese and 2 tablespoons sour cream in a mixer and beat until smooth; mix in 2 tablespoons finely chopped mint leaves. Spoon into a small serving bowl. Serve with fresh sliced pineapple (1 small pineapple) or hulled strawberries (about 2 cups). Serves 4.

GINGERED CHEESE WITH PEARS

Finely chop 2 tablespoons crystallized ginger and roll 3 ounces cream cheese in it, coating all sides. Place on a serving plate and chill. Serve with 3 or 4 Bartlett pears, to slice and spread with cheese. Serves 3 or 4.

Classical Renaissance oil lamp adaptation. A graceful table lamp finished in slightly golden, aged brass with soft old black enamel paneling. Translucent shade in champagne silken slub texture. 39½ inches, about $99.50

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SHRIMP SALAD FILLING

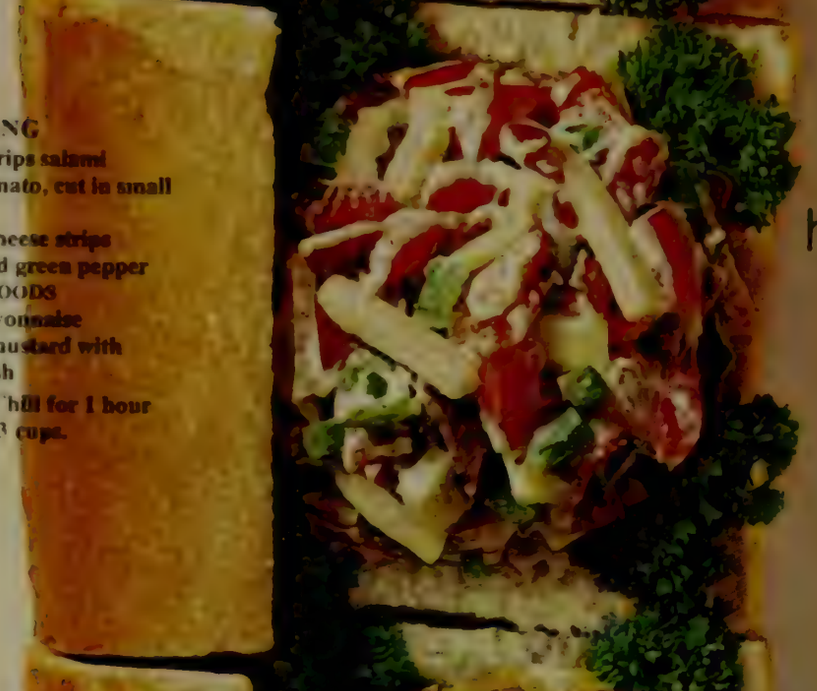
1 cup diced, cooked, cleaned shrimp
1 cup chopped, unpared red apple
1/3 cup BEST FOODS® Real Mayonnaise
1/4 cup chopped celery
2 scallions, finely chopped
1 tablespoon lemon juice
1/8 teaspoon curry powder
Salt and pepper

Lightly toss all ingredients. Chill. Makes 2 cups.

AVOCADO FILLING

2 cups diced avocado (1 large avocado, peeled)
1 cup sliced celery
1/2 cup crumbled blue cheese
1/3 to 1/2 cup BEST FOODS Real Mayonnaise
2 teaspoons lemon juice

Combine ingredients. Chill for 1 hour before serving. Makes 3 cups.



CHEF SALAD FILLING

1 cup short strips salami
1 medium tomato, cut in small pieces
1/2 cup Swiss cheese strips
1/4 cup chopped green pepper
1/3 to 1/2 cup BEST FOODS Real Mayonnaise
2 teaspoons mustard with horseradish

Combine ingredients. Chill for 1 hour before serving. Makes 3 cups.

EGG-BACON FILLING

2 hard-cooked eggs, chopped
2 tablespoons chopped onion
2 tablespoons diced green pepper
1 cup finely shredded Cheddar cheese
1/4 cup sliced black olives
1/3 cup BEST FOODS Real Mayonnaise
Salt and pepper
6 slices crisp, cooked bacon, crumbled

Lightly toss all ingredients except bacon. Chill. Add bacon just before serving. Makes 2 cups.

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Sprinkle *purple prune plums with spiced sugar, then bake. Add custard and bake longer*

Insipid in the raw . . . miracles take place in the cooking

The blue or European varieties of purple prune plums, which include the Standard and President available now, are characterized by excellent cooking qualities.

When fresh, these fruits are firm, not very juicy, and relatively insipid-tasting compared to red and yellow plums. But when they're heated the flavor and succulence are greatly intensified; they perform beautifully in these baked desserts.

Blue plums baked turn a rich red. Here they are in a smooth custard pie.

PLUM CUSTARD PIE

- 9-inch unbaked butter pastry shell (recipe follows)
- 3 cups pitted purple prune plum halves (quartered if fruit is large)
- ¾ cup sugar
- ½ teaspoon cinnamon
- 1 cup (½ pt.) whipping cream
- 2 eggs, slightly beaten
- 2 tablespoons lemon juice

In pastry shell arrange the fruit, standing the halves slightly upright (see above). Mix ¼ cup of the sugar with the cinnamon and sprinkle evenly over the fruit. Bake in a 425° oven for 15 minutes.

Meanwhile, blend remaining ½ cup sugar with the cream, eggs, and lemon juice. After the 15 minutes of baking, pour this mixture evenly over the plums. Reduce heat to 350° and bake 30 minutes longer; if crust edge starts to get darker than you like, surround the edge with foil. Cool completely or chill before cutting. Makes 6 to 8 servings.

Butter Pastry (for 2 single-crust 9-inch pies). Combine in a bowl 2 cups unsifted regular all-purpose flour, ¼ cup sugar, and ¼ teaspoon baking powder; stir to blend. Add ¾ cup (⅜ lb.) butter, cut in small pieces, and rub into flour until mealy and butter particles are indistinguishable. With a fork, stir in 1 egg. Shape dough into a ball with your hands, working until it holds together compactly.

(If you make pastry ahead, chill, covered tightly; return to room temperature before rolling. The dough keeps well when refrigerated for 3 or 4 days; or it can be frozen up to a month.)

Cut dough in half and roll out each portion on a well floured board or pastry cloth to fit in a 9-inch pie pan. Fold dough in half and gently transfer to pan, then unfold and fit into pan, folding all extra dough flush with pan rim and fluting decoratively. The pastry tears easily; press edges to mend. Fill and bake as directed.

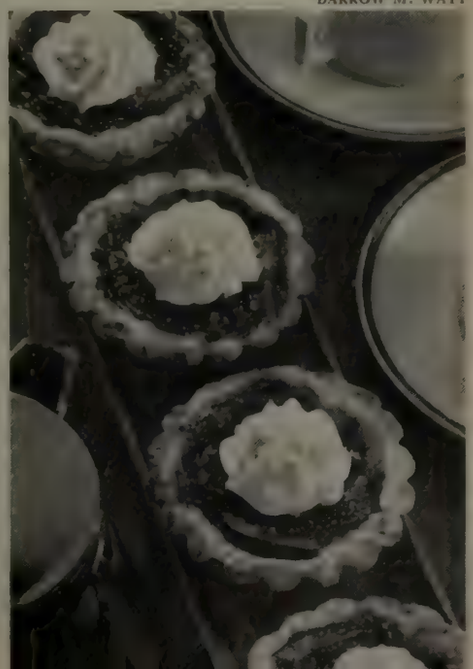
A delicate, golden brown sauce holds the plums in place in this pie.

BUTTER SAUCE PLUM PIE

- 1 cup sugar
- ¼ cup *each* unsifted all-purpose flour and butter
- 3 eggs
- 1 teaspoon grated lemon peel
- 3 cups pitted purple prune plum halves
- 9-inch butter pastry shell (recipe precedes)

Mix sugar and flour, then work in butter with your fingers until particles are not

DARROW M. WATT



Individual plum tarts *in tender fluted almond-flavored pastry shells topped with puffs of sweetened whipped cream*

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distinguishable. Beat in eggs, one at time, then add lemon peel. Arrange plum mostly cut side up, in the pastry sh Pour liquid mixture evenly over fruit.

Bake in a 350° oven for 55 minutes until the filling is evenly, richly browne Cool completely or chill before cuttin Makes 6 to 8 servings.

Sliced plums, with tapioca to bind, these pretty little almond pastry tarts; the fruit can go into a regular pie.

SUGAR PLUM TARTS

- 4 cups thinly sliced purple prune plums
- 1¼ cups sugar
- 2 tablespoons lemon juice
- 3 tablespoons quick-cooking tapioca
- 1 tablespoon water
- 6 tablespoons butter
- ¼ cup almond paste
- 1 egg
- 1 cup unsifted all-purpose flour
- Sweetened whipped cream (optional)

Stir together plums, 1 cup of the suga lemon juice, tapioca, and water. Let star at least 15 minutes, mixing occasionall

Meanwhile, cream smoothly together th remaining ¼ cup sugar, butter, and a mond paste. Beat in the egg, then ad flour and blend thoroughly.

Divide dough evenly among 6 tart pa (each 1 inch deep and 4 inches across be sure to press it evenly over sides an bottoms of pans.

Spoon an equal amount of the plum mi ture into each pastry. Bake in a 375° ove for 35 minutes or until the crust is richl browned. Cool completely or chill tho oughly. Serve from tart pans, or gent ease free with tip of a slender knife befor serving. Top each tart with a puff c whipped cream. Makes 6 servings.

Sugar Plum Pie. Prepare the same plu filling as directed above, adding 1 mo tablespoon water. Pour plums into a 9 inch pastry shell (made from a mix c the butter pastry recipe on page 133) an bake in a 375° oven for 45 minutes. Whil still hot, stir the fruit to make top mois and glistening, then cool or chill befor serving.

Decorate with whipped cream, if you lik as the filling shrinks somewhat while cool ing. Makes 6 to 8 servings.

DARROW M. WAT

Crusty, *richly browned surface forms o pie as plums and butter-sauce filling bak*

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Leisurely served *casserole dinner begins with antipasto to serve on slices of crusty bread; menu is Italian, the view San Francis*

PETE REDF

SEPTEMBER MENUS

A Roman make-ahead dinner . . . a brunch from Mexico . . . a family supper the way the Danes do it

Westerners, with their many cultural backgrounds and fondness for travel, often vary their daily meals with new food ideas brought home from other countries or familiar ones rediscovered there. Italy, Mexico, and Denmark set the style here, but the season's lavishly filled markets and summer's last hot weather are also important influences on the menus. Advance cooking is woven prominently into preparations for the party casserole dinner, family supper, and brunch suitable for festive occasions.

Make-ahead dinner in the Roman fashion

The charm of this casserole-salad supper for 6 to 8 lies in the Italian flavors and the flexible serving time. You can hold dinner several hours should conversation or late-ending sports events take priority.

Antipasto Sandwich Board:
French Bread Butter
Tuna Sweet Roasted Peppers
Fontina Cheese
Eggplant with Mozzarella
Green Salad Anchovy and Garlic Dressing
Brown Rice (Optional)
Lime Ice with Crenshaw Melon

At dinner time, group on a large tray a loaf of bread to slice (or already sliced), a pot of butter (salted or sweet), a dish of canned tuna, a small bowl of canned sweet roasted red peppers (use sliced canned pimientos if these peppers are not available), and a wedge of cheese to cut. Invite guests to serve themselves; make open face sandwiches to eat out of hand, spreading bread with butter and combining the remaining foods as toppings.

If you like, start with a mellow red wine and continue serving it throughout the meal; this menu is the right occasion for a good California Burgundy.

The hot casserole, made earlier, can several hours on an electric warming tr Season the brown rice with butter keep warm with the casserole.

Present salad greens in a bowl nestec ice; improvise or use an insulated c tainer. Have dressing in a dish to sp onto salad portions. Scoop lime ice page 84) on Crenshaw melon crescen

Eggplant with Mozzarella Cheese
(Melanzane con Mozzarella)

- 2 medium-sized eggplant (about 2 lbs.)
- Flour
- 2 eggs beaten with 4 tablespoons water
- Salad oil
- Meat sauce (recipe follows)
- 1 pound mozzarella cheese, sliced

Cut eggplant into lengthwise slices ab ¼ inch thick. Coat each slice with fl shake off excess, and turn in egg mixt Drain briefly and sauté in about ¼ i

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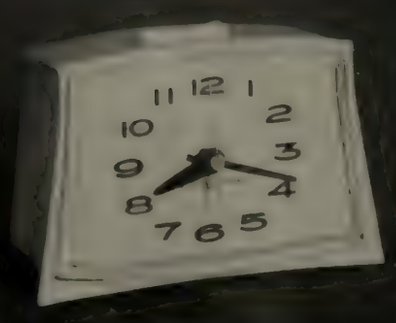

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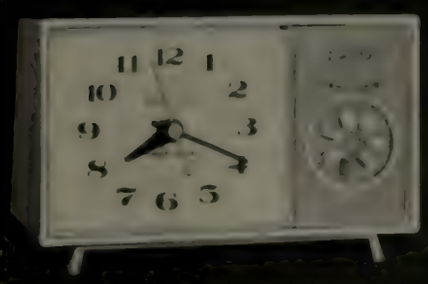

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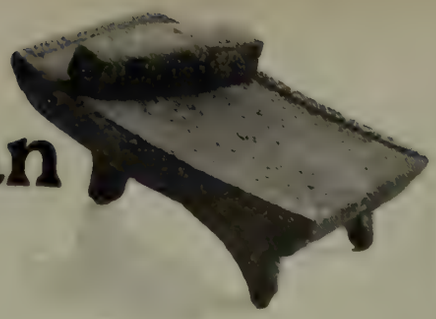
Cooking with a Mexican accent.

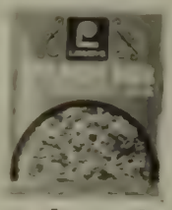


by Elena Zelayeta

One Mexican dish with roots embedded deep in the South of Spain is Spanish rice. Perhaps because of its versatility, it's had a strong influence on Mexican cooking, especially in the United States. By itself, Spanish rice is a side dish. With meat, poultry, fish, it's an entree. With ground beef and tomato juice, it's a soup. (I suppose you could put raisins in it and have Spanish rice pudding for dessert, but I'll let you try that one.)

Because it blends so well with so many different foods, Spanish rice really lets you exercise your imagination in developing different recipes. But there are a few basic constants to remember. For example, since rice in Spain is almost always short-grained, let me suggest that you use this type for authenticity. Also, Spanish cooks (like cooks in most Mediterranean countries) use olive oil rather than other oils for special flavor and sheen. (I won't hold you to complete authenticity on all points, though. A real Spanish *paella* has rice, eels and snails in it.)

In the matter of seasoning, Spanish food in general is less spicy than Mexican food, but it retains the strength of Mexican flavors. One manufacturer who seems particularly concerned with authenticity in seasonings is Lawry's. Their Spanish Rice Seasoning Mix works remarkably well and eliminates the problem of trying to duplicate Spanish seasoning on your own.

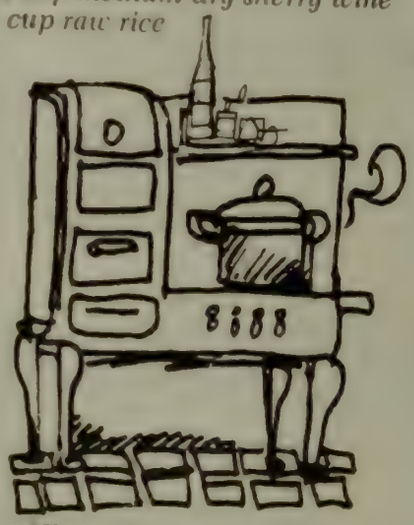


Among other spices, the Lawry's people have used choice California paprika and red and green bell peppers (these in tiny pieces that expand in the cooking water so that they decorate as well as flavor the rice), sweet white onions, parsley and cheddar cheese for a true Spanish flavor.

Here's one recipe that will give you an idea of the kinds of things you can do with Spanish rice.

ARROZ CON POLLO

1 broiler—fryer (2½ lbs.), cut up
½ cup seasoned flour
½ cup oil
1 package Lawry's Spanish Rice Seasoning Mix
2 cups water
1 tsp. Lawry's Seasoned Salt
¼ cup medium-dry sherry wine
1 cup raw rice



Roll chicken in seasoned flour (for seasoned flour, mix ½ cup flour with 1 tsp. Seasoned Salt and ½ tsp. Seasoned Pepper.) In hot oil in Dutch oven, fry chicken till golden brown on all sides. Remove pieces as they brown. Put Lawry's Spanish Rice Seasoning Mix in Dutch oven. Add water, Seasoned Salt, wine, rice; mix well. Place chicken on mixture. Cover, bake in 350° F. oven 45 min. till chicken and rice are tender. Serves 4.

With this dish, I like to serve a green salad, the refried beans Mexicans love, and Platon De Fruta Fresca (fresh fruit platter) for dessert.

After you've tried this recipe, you may be brave enough for Spanish rice pudding, *con* raisins. But I'd rather not know how it turns out.

Give a Mexican buffet. For free menu and recipes, write Lawry's, Box 2572C, Los Angeles 90054.

Elena Zelayeta is the honorary duenna of traditional Mexican food in the United States. The child of Spanish innkeepers in Mexico, she is the author of *Elena's Secrets of Mexican Cooking.*

salad oil over medium high heat until we browned and tender when pierced; us a large frying pan, adding oil as neede and cook eggplant without crowdin When browned, drain on paper towels.

Line the bottom of a shallow 3 to 4-quar casserole with about half the eggplant Spoon half the meat sauce over the to and cover it with about half the chees Repeat with a layer of eggplant, the meat sauce, and finish with cheese. Cove and chill until time to bake.

Bake uncovered in a 375° oven unti bubbly; takes about 40 minutes. Serv hot. Makes about 8 servings.—*M. C Palo Alto, Calif.*

Meat Sauce. In a 4 or 5-quart saucepa break apart 1½ pounds lean ground bee and add 1¼ to 1½ pounds thinly slice Italian-style pork sausages, casings re moved; 1 seeded green pepper, finely chopped; 2 medium-sized onions, chopped and ½ pound mushrooms, chopped.

Cook over high heat, stirring frequently until beef has lost its pink color. Add 1 can (about 1 lb.) whole regular or pear shaped tomatoes, 1 large can (15 oz.) to mato sauce, and 1 can (6 oz.) tomato paste. Simmer rapidly, uncovered, until sauce is very thick; about 45 minutes Stir frequently. Remove from heat and let stand undisturbed until any fat rises to the surface, then skim it off and dis card. Use sauce while hot or when cold cover and chill for up to 4 days, or freeze

Anchovy and Garlic Dressing. Finely chop 6 to 8 canned anchovy fillets; combine with 1 small clove minced or mashed garlic, ½ cup olive oil, and ⅓ cup wine vinegar. Mix well to blend before using. Use at once or cover and let stand at room temperature until ready to mix with greens. Makes about ¾ cup dressing or enough for 2 to 3 quarts of broken greens

Guadalajara brunch

Beef jerky, favored for snacking, is transformed here to a sauce popular as a taco filling called *machacada* in Guadalajara It is also interesting with eggs for brunch The milk punch takes its inspiration from the Mexican milk-sugar sweet, *cajeta.*

Papaya or Watermelon
Beef Jerky Sauce with Eggs
Shredded Lettuce
Toasted Crusty Rolls Butter
Milk Punch, Cajeta Style

Start the punch the night before and chill. Also make sauce for eggs ahead, if convenient.

You heighten the Mexican mood when you start the meal with seeded papaya small watermelon wedges, or both.

Split small crisp-crusted rolls and toast

Beef Jerky Sauce with Eggs *(Machacada con Huevos).* Finely chop 2 packages (3½ oz. *each)* beef jerky; chop 3 medium-sized

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onions. In a frying pan melt 3 tablespo butter or margarine and cook onion jerky over low heat with 1 teaspoon c powder, ¼ teaspoon oregano, and 1 ta spoon vinegar until onion is just beg ning to brown (takes about 30 minut Serve hot, or reheat if made ahead; sp over 8 to 10 eggs scrambled as you li or fold into 4 to 6 omelets (2 egg si Garnish each portion with about ½ shredded iceberg lettuce. Makes 4 t servings.

Milk Punch, Cajeta Style. In a 1½-qu saucepan, melt ⅓ cup sugar over mod ate heat, tilting pan to mix instead stirring. When sugar is a rich amber col pour in 1 quart milk all at once; mixt foams vigorously. Then add a 3 or 4-in cinnamon stick and heat milk to scaldi point; stir frequently. Cover and c overnight; caramel will dissolve. Spoo scoop or two of vanilla ice cream in each serving glass and fill with caran milk; discard cinnamon. Serves 4 to 6.

Danish family supper

Quickly shaped meat patties *(frikadelle* with the same succulence as the more p cisely-formed Scandinavian-type me balls, are the main dish for this supp

Frikadeller with Sour Cream
Buttered Boiled Potatoes
Marinated Cucumbers **Sliced Tomat**
Apple Pastry

Cook the meat in the cool of the d then plan to reheat just before din Choose a favorite apple pastry—ho made or frozen—for dessert.

Mix thin cucumber slices with a prepa Italian-style oil and vinegar dressing.

Frikadeller

- 1 pound *each* lean ground beef and lean ground pork
- ½ cup flour
- 1 cup milk
- 2 eggs
- 1½ teaspoons salt
- ¼ teaspoon dry mustard
- ⅛ teaspoon nutmeg
- Salad oil
- Sour cream

Vigorously beat meats, flour, milk, eg salt, mustard, and nutmeg together u thoroughly blended.

Place a wide frying pan over mediu low heat and add about ¼ inch salad Drop meat mixture by heaping cooki spoonfuls into pan, flattening each mou slightly with a spoon; do not crowd. F until patties are richly browned on bo sides and are no longer pink in the cent (cut a gash to test); drain on paper tow as patties are cooked. Arrange meat in single layer, overlapping, in a shallow c serole. Cover and chill.

To heat, cover and bake in a 375° ov for 50 minutes or until fat on meat beg to sizzle. Serve with sour cream. Ma 6 to 8 servings.

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Dressing for summer with Lindsay Ripe Olives

1 cup mayonnaise, 1 teaspoon paprika, ¼ cup catsup,
2 tablespoons vinegar, ¼ cup almonds, diced, ½ cup finely chopped celery,
½ cup sliced Lindsay pitted Ripe Olives, 1 tablespoon minced onion,
2 teaspoons minced parsley, 3 hard cooked eggs, diced,

1 head crisp western iceberg lettuce, ½ cup whole Lindsay pitted Ripe Olives.

Combine all ingredients except the last two and chill. Cut head of lettuce into four portions. Place several whole Lindsay pitted Ripe Olives on each portion of lettuce. Pour chilled dressing over lettuce and serve. This Summer dressing keeps in the refrigerator for at least a week in a closed jar. Recipe makes approximately one pint.

Lindsay makes good things taste better

nippy nutty spread

1 4-ounce can Lindsay Chopped Ripe Olives
½ 4-ounce can whole green chiles, chopped and seeded
½ cup almonds, diced
½ cup mayonnaise

Mix together ingredients and spread on your favorite bread. It's hot, zippy and crunchy. Add more or less chopped chiles and mayonnaise to taste.

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The nutty flavor of Lindsay Ripe Olives gives your favorite recipes the extra lift they need—the extra difference that makes ordinary foods taste extraordinary. Lindsay Ripe Olives can add the magic touch to salads, sandwiches, casseroles, soups, sauces, meat loaves, and other entrees. Or serve them as an appetizer. There's no worry about diets because a medium size olive is less than five calories. Send 10¢ to Consolidated Olive Growers, Lindsay, Calif. 93247, for an illustrated recipe booklet. Please be sure to include your ZIP.

Hot Swiss sandwiches

This make-ahead brunch dish bears a resemblance to both a cheese fondue a quiche. A white wine cheese cus saturates the buttered bread base puffs it up; the result is an unusu tasty hot sandwich.

SWISS CUSTARD RAMEKINS

4 slices white bread
Soft butter
3 eggs
1½ cups half-and-half (light cream) or milk
½ cup dry white wine
⅛ teaspoon *each* salt and dry mustard
2 cups shredded Swiss cheese
2 green onions (optional)

Spread bread with softened butter arrange in four small baking dis (square or round, large enough to h the bread). Beat eggs until light and in half-and-half, wine, salt, and musta Distribute cheese over the bread and p over the custard. If desired, chop oni finely and sprinkle on top. Cover a chill (overnight, if desired) or at least minutes.

Bake in a 350° oven for 20 to 30 minu or until custard is set and sandwich p up. (Time varies depending on chilling containers.) Serve immediately. Make servings.

DARROW M.

Individual baking dishes *hold Swiss-st sandwiches. Smoky sausages accompa*

When it comes to spices, we wrote the book.

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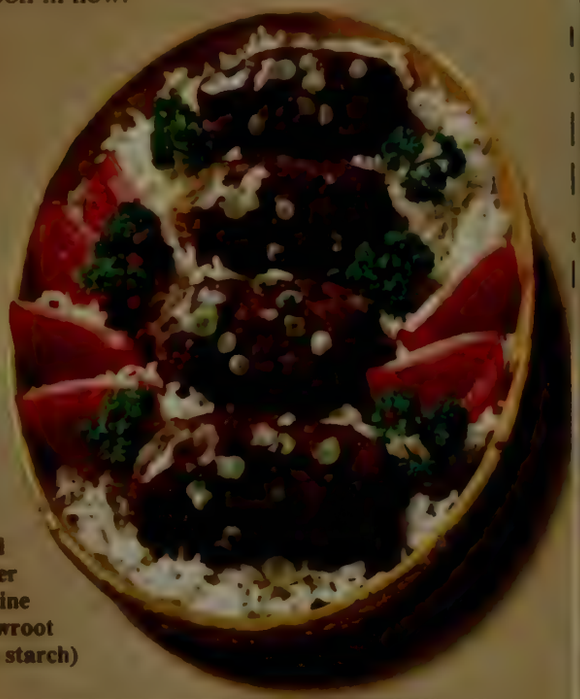
Dill weed enhances rather than dominates. And its delicacy makes it perfect for sea food (especially shrimp and salmon) and sauces. Try dill weed with meat, too. Like this recipe for those marvelous Beef Roulades Roquefort. It's just the sort of family-pleaser you'll find in the Spice Islands Cook Book. There's no other cook book quite like it. It usually sells for $2.95, but it's yours for only $1.50 if you send the coupon in now.

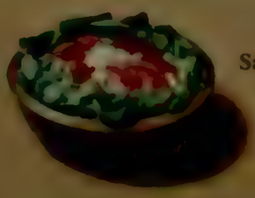


BEEF ROULADES ROQUEFORT

Zingy Roquefort or Bleu Cheese balanced by the delicate flavor of dill makes this a dish your family will applaud. It's the dill that makes the difference. About one penny's worth.

2 lbs. ground chuck
1 pkg. (2 oz.) Roquefort or Bleu Cheese
1 can (4½ oz.) chopped ripe olives
⅔ cup chopped green onions
½ cup cornflake crumbs
1 tsp. Spice Islands Dill Weed
3 Tbsp. soft butter
1¼ cups dry white dinner wine
2 tsp. Spice Islands Arrowroot (or 1 Tbsp. corn starch)

Divide ground chuck into eight portions; form each into a thin, flat patty. Combine cheese, chopped olives, ½ cup onions, crumbs, Dill Weed, and 1 tablespoon of butter until blended. Place approximately 2 tablespoons of cheese mixture into center of each flat ground chuck patty. Fold edges over, pinching to seal and enclose cheese mixture. Brown slowly in remaining 2 tablespoons of butter. Add 1 cup of wine, cover and simmer about twenty minutes. Remove roulades to serving platter. Stir Arrowroot into ¼ cup wine, blend into pan juices. Add remaining chopped onions. Spoon over roulades to serve. Makes 4 to 6 servings.



Salad Idea! Turn an ordinary tomato-and-cottage cheese salad into an exciting treat. Just sprinkle ½-teaspoon Spice Islands Dill Weed and ¼-teaspoon Spice Islands Beau Monde® on each serving. Delicious!

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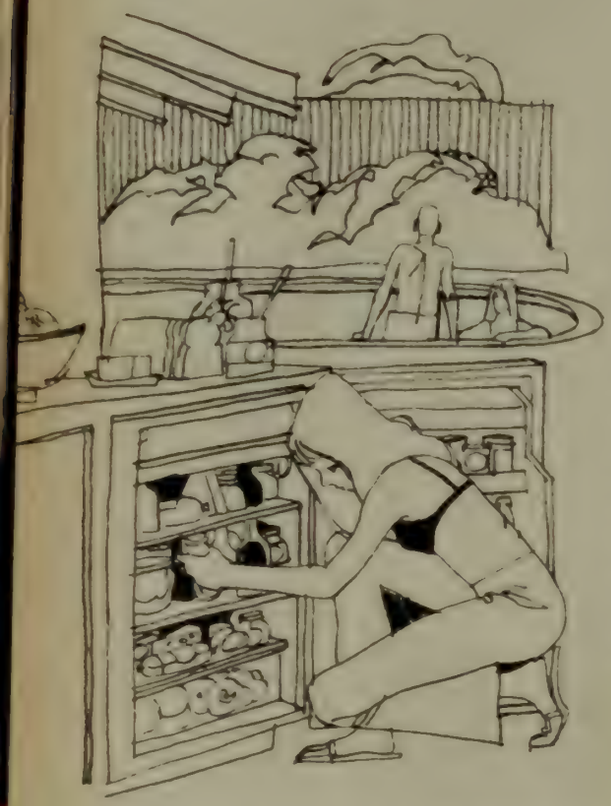
Western Kitchen

NEWS AND IDEAS

DON NO

Storage top, bottom, and in back

This work area with a wood countertop fitted between built-in wall o (left) and refrigerator (right) has storage below and above, but the real b is the recessed cabinets with sliding doors and space for spices and c books. Architect was Charles Metcalf, for Mr. and Mrs. J. G. Swartz, Se



Self-adhesive vinyl tile catches food splatter

Walls behind sinks and counters seem to attract food spatter, even with a backsplash. If you don't have an easy-to-clean surface, one solution is to cover the wall area between counter and cabinet with self-adhesive vinyl tiles. One company offers 12 by 12-inch tiles, in 11 colors and 3 patterns, that resemble mosaic tile. You simply peel off the protective paper on back and press them on the wall. Use scissors to cut and shape as needed. Food and grease can be wiped off with a damp cloth or sponge; stubborn spots with a detergent solution. You can remove by prying up a corner and yankin The wall surface must be clean and (wash the night before). Tiles will a to any smooth or lightly stippled sur Unpainted and stained surfaces mu sealed first. A package of eight tiles for about $3.20. The product has bee the market for several years, but widely distributed. For the name o manufacturer, send a stamped, addre return envelope to Kitchen Ideas, *Sa Magazine*, Menlo Park, Calif. 94025.

Snacks, beverages close at hand

A second refrigerator on the patio, or in the pool cabana, recreation room, or other area where you serve food or refreshments, is a great step-saver. You can prepare and store party food and beverages close to the serving area without overloading the kitchen refrigerator. Lunch makings and snacks are only steps away. Unless you do a lot of outdoor food serving, chances are you'll find one of the small refrigerator units quite adequate. We looked at several, from a 2-cubic-foot model for slightly less than $100 to a 7.2-cubic-foot unit selling for around $200—a range that includes models to suit most needs. Some you build into a counter, others can be used as freestanding units, while others can be purchased with casters or glides so you can move them around. You also have a choice of finishes and colors.

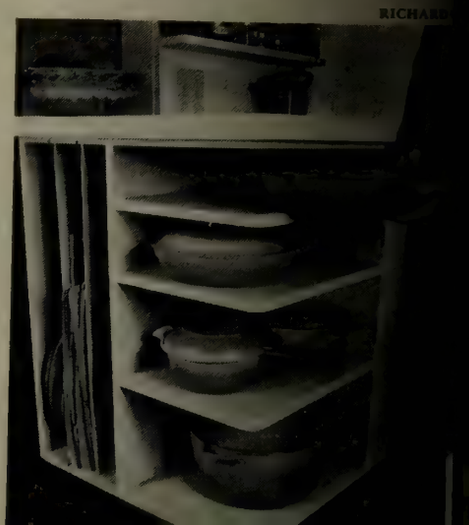
Lettuce drip-dry

A telescoping rod (about $5.75) above a sink makes a handy place to drain a lettuce or parsley basket for Mrs. Tom Davidson of West Los Angeles. It's also good for drying towels and plastic bags.

Shelves on the end

Heavy cookware is easy to slide in out of these open shelves at the end kitchen counter. Table mats and tray in the three slots at left nearest the ea area. Designer, builder: Tom David

RICHARD



How to make a hamburger happy: Say cheese!

Make a Happyburger with SNACK MATE Cheddar Cheese Spread! Just swoosh on big smiles of bright mellow cheese. Make other burgers happy with SNACK MATE French Onion, American or Pimiento Cheese Spreads—made only by Nabisco with delicious pasteurized processed cheeses. Instant good! Make a Happyburger. You'll never eat a blah burger again!

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When Swiss steak moves south into Italy

Along with pot roast and macaroni cheese, Swiss steak tends to be consid not quite proper for company, and the tender meat and rich brown s often give more pleasure than di brought out on silver service and chinaware.

Chef Michael Minshull, with *Chefly* ning, has discovered a way to solve dilemma of a dish that is delicious too humble. Next time guests come dinner, serve them his Swiss steak; d hesitate, don't apologize . . . just ca Steak Italiano. And be sure to l enough for seconds all around.

Only a part of *Chef* Minshull's cove consists in a name change. The res his plot takes place in the ingredient where various Italian flavors enter the dish. Serve it in pottery by can light, and add a green salad, some cr bread, and a bottle of Chianti. Bravis

STEAK ITALIANO

- ¼ cup flour
- ¼ teaspoon onion powder
- ¼ teaspoon pepper
- 2 pounds bottom round cut in individu serving-sized pieces
- 2 tablespoons olive oil
- 1 package (1½ oz.) dry spaghetti sauce mix
- ⅓ cup Chianti
- 2 cups cold or hot regular strength coffe
- 1 can (6 to 8 oz.) sliced mushrooms, with liquid
- ¼ cup pimiento-stuffed green olives

Combine flour, onion powder, and pe dredge meat in the mixture. Choo large frying pan that can go into oven. In it, brown meat on all sid the olive oil. Combine spaghetti mix, wine, coffee, and mushrooms pour over browned meat. Bake unco in a 350° oven until meat is tender pierced (about 2½ hours). Skim off turn into serving dish, and garnish olives. Makes 4 to 5 servings.

L. Michael Minshull
Everett, Wa

Dennis Coates says of these broiled wiches, "They may be as commo mashed potatoes, but they sure are go This is an excellent basic combin that lends itself to midnight snacks quick lunches. You can vary it as wish by adding a bit of bacon, crushed fresh basil, perhaps a dribb

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The Adult Western

Smart, new sandwich idea for the tuned-in set. Roast beef, pickle and pimiento tucked into crusty French bread. We fuss a lot with mayonnaise-making, blending eggs (and extra egg yolks) with fine oils and spices. And it's worth the effort. Good cooks love the flavor of our velvety smooth mayonnaise.

Cut lengthwise slice from top of a 20 x 3 inch loaf of French bread; scoop out center. Combine 2 cups minced, cooked roast beef with 1/4 cup each pickle relish and chopped pimiento. Add enough Kraft Mayonnaise to moisten. Fill shell; cover with top slice of bread. Slice into 8 servings.

Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.

Zestful Appetizer

A flavor-packed onion dip and crunchy raw vegetables offer a snappy appetizer to prelude a fine dinner.

For this easy dip blend 1 envelope dried French onion soup mix with 1 pint IMO. Accompany with assorted relishes such as sliced mushrooms, cherry tomatoes, carrot slices, cucumber sticks, and cauliflowerets.

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IMO is Rod's trademark for its fine food dressing.

"They may be as common as mashed potatoes, but they sure are good"

hot sauce, or whatever else is at hand.

COATES'S DANDIES

- 4 slices dark rye bread, toasted
- ½ large sweet onion, thinly sliced
- 1 large or 2 medium-sized tomatoes, peeled and sliced about ¼-inch thick
- Salt or seasoned salt
- Basil or oregano
- ½ cup shredded longhorn, Cheddar, Swiss, or jack cheese

On each slice of toast, place sliced onion and tomato. Sprinkle with salt and an herb to taste, or use just seasoned salt. Divide the cheese among the sandwiches, sprinkling evenly over the tomato. Broil until cheese is melted and bubbly. Serve immediately. Makes 4 sandwiches.

San Diego

Chef W. A. Beale steps to the speaker's rostrum with an idea for corn. This is vaguely Mexican in the way tamale pie is vaguely Mexican, but it has other ancestors such as spoonbread.

The dish holds heat well, so you might try it for outdoor meals or picnics.

BEALE'S SPECIAL

- 1 can (about 1 lb.) cream-style corn
- 2 tablespoons *each* melted butter and sugar
- 2 tablespoons yellow cornmeal
- ½ cup buttermilk
- 1 teaspoon soda
- ½ teaspoon salt
- 3 eggs
- 1 can (4-oz. size) California green chiles, seeded, pith removed, and chopped
- ¼ pound (about 1 cup) shredded longhorn or Cheddar cheese

Stir to blend the corn, butter, sugar, cornmeal, buttermilk, soda, salt, eggs, chiles, and ½ cup of cheese. Pour into a greased 9-inch-square baking pan. Sprinkle remaining cheese over top. Bake at 3 for 30 to 35 minutes. Allow to cool slig before serving. Serves 6 to 8.

Phoen

The markets at Les Halles are gone except for a few lonely butchers. restaurants are there for the time be but they too may slip away without bolstering effect of heaps of vegeta

Not that onion soup will disappear f Paris, but that was the place to hav piping hot and not terribly good, carters ran about with cartloads of and vegetables.

J. D. Stephens prepares an excellent of this nostalgic soup for us, and if better than most of the soup that from the kitchens *aux Halles*, it will make nostalgia the more pleasurable

SOUPE A L'OIGNON STEPHENS

- 4 large sweet white onions
- 2 tablespoons olive oil
- 2 tablespoons butter
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 1 teaspoon sugar
- 4 slices whole wheat bread
- Butter
- 4 cans (14 oz. *each*) regular-strength beef broth
- 4 teaspoons Sherry
- 4 tablespoons shredded Swiss cheese

Slice onions lengthwise in medium s (not in rings). In a Dutch oven, heat oil and 2 tablespoons butter and s onions slowly over low heat until ten and translucent, stirring occasionally 15 to 20 minutes (do not brown). Bl in salt, pepper, and sugar, stir, and s mixture into four individual ovenp soup bowls. Cut bread in rounds to bowls, toast, and butter lightly. H broth to simmering and pour over onio Add 1 teaspoon Sherry to each bo cover with bread round, sprinkle to with 1 tablespoon cheese, and broil a 3 inches below heat until cheese me Serve immediately. Makes 4 servings.

Fresno, Cali

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Contest closes October 15, 1969.

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DARROW

Serve savory rice *baked in fresh t shells for colorful meat accompan*

The rice bowl i a tomato

Garden-fresh tomatoes make hand edible containers for well seasoned Serve them with barbecued beef, lam chicken.

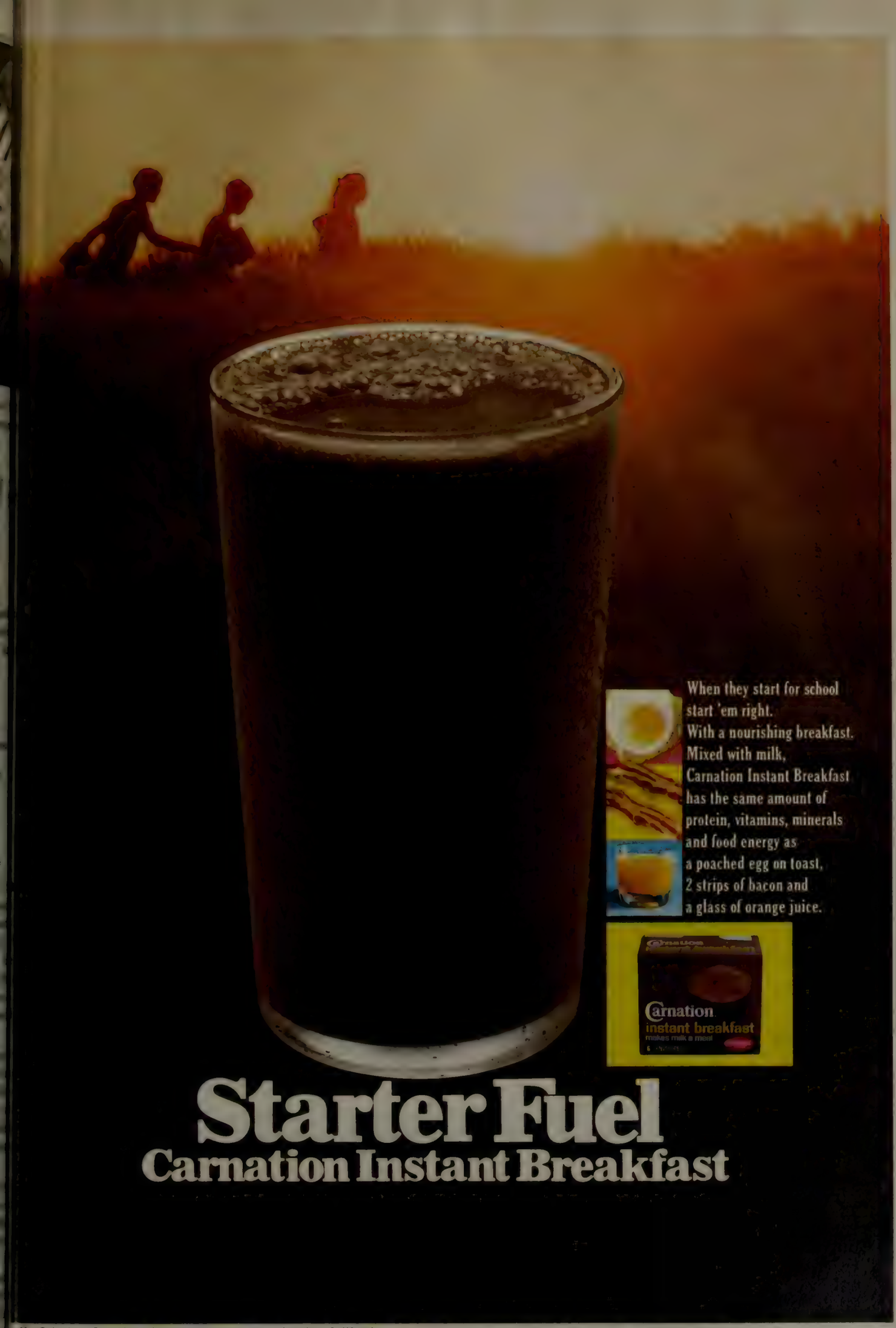
PILAF-STUFFED TOMATOES

- 2 tablespoons olive oil
- 1 medium-sized onion, chopped
- 2 small cloves garlic, minced or mashed
- ½ cup long grain rice (uncooked)
- 1 cup regular strength chicken broth
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon whole thyme
- 6 medium-sized firm tomatoes
- 2 tablespoons chopped parsley
- ⅓ cup freshly grated Parmesan cheese

In a frying pan with a lid, heat 1 t spoon of the oil over medium heat onion and garlic and sauté until sof golden. Add rice and brown lightly. in chicken broth and season with ½ spoon of the salt, pepper, and th Cover, reduce heat, and simmer for 20 minutes, until liquid is absorbed rice is tender.

Meanwhile peel and core tomatoes a ½-inch-thick slice off core end; set With a teaspoon, scoop out seeds pulp; discard seeds and chop pulp with the end slices. Sprinkle inside tomato shells with remaining ¼ teas salt; turn upside down to drain.

Add chopped tomato and parsle cooked rice. Place tomato shells in a low ovenproof baking dish; fill with mixture. Bake in a 375° oven for 10 utes. Remove from oven; sprinkle tomatoes with cheese and the remai 1 tablespoon oil. Return to oven and b for 10 minutes longer, or until ch melts and browns lightly. Serves 6.



ation® Instant Breakfast, Carnation Company, Los Angeles, California

Vegetables at their delicate best

Summer's fresh vegetables get favored treatment in these six recipes. Each presents one vegetable at its natural best, delicately enhanced with a sauce or complementary ingredients. Speed in cooking and serving is essential for peak flavor.

Buttered crumbs and chopped egg make up the traditional *à la polonaise* garnish of this colorful cauliflower dish.

CAULIFLOWER À LA POLONAISE

- 1 medium-sized head cauliflower
- Boiling salted water
- ½ cup (¼ lb.) butter or margarine
- ⅓ cup fine dry bread crumbs
- 1 cooled, hard-cooked egg, chopped
- Parsley sprigs

Cut out thick core from cauliflower; break head into flowerets and wash. Drop in boiling water to cover and cook without a lid for 4 to 6 minutes after water resumes boiling, or until stems are just resistant when pierced with a fork. Remove and drain; arrange in a serving dish.

Heat butter in a saucepan until bubbly; pour over cauliflower, leaving about 3 tablespoons remaining in saucepan. Stir crumbs into remaining butter until combined; add to cauliflower with the chopped egg. Using 2 forks, mix lightly until well combined. Arrange several sprigs parsley for garnish and serve at once. Makes 4 servings.

Melting whipped cream forms a thin and light sauce under a topping of broiled cheese in this attractive squash dish.

SUMMER SQUASH GRATINÉE

- ½ cup water
- 1 pound pattypan (scalloped) squash, thinly sliced
- ¼ cup whipping cream
- ½ teaspoon salt
- 1 cup (¼ lb.) shredded Cheddar cheese

Bring water to a boil in covered saucepan; add squash and cook about 5 minutes, covered, after water resumes boiling, or until just tender when pierced with a fork. Remove and drain; arrange in an ovenproof casserole (at least 1-qt. size).

Whip cream with salt until it holds firm peaks; spread evenly over surface of squash; sprinkle cheese over all. about 2 inches from broiler until c is browned, about 2 minutes. Serv mediately. Makes 4 servings.

These spicy tomatoes will enhance a and round out a barbecue menu. I have a covered barbecue, you can this dish in it along with the roast. about 45 minutes for the tomato cook until tender.

CURRY-GLAZED TOMATOES WITH

- 2 tablespoons butter or margarine
- 1 teaspoon curry powder
- 1 medium-sized onion, chopped
- 1 cup tomato juice
- ½ cup orange marmalade
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 teaspoon cinnamon
- 6 large tomatoes, peeled and cored
- 3 cups hot cooked rice

Melt butter in a large saucepan over dium heat; add curry powder and o stir until onion is limp. Add tomato j marmalade, salt, pepper, and cinnam bring to a boil, stirring. Remove heat and set aside.

Butter a baking dish (at least 2-qt. and arrange whole tomatoes evenly; sauce over all. (If you make this ahead, cover and refrigerate at this po Bake, uncovered, in a 400° oven

Fluffy Carter's family has switche

es are just tender when pierced fork, about 20 minutes (25 min- refrigerated). To serve, arrange es on a bed of rice in a serving d spoon sauce over all. Makes 6 s.—*H. N., San Francisco.*

together, these two vegetables are ingly compatible in their flavors xtures, and they make a striking ombination in the bowl.

Y CABBAGE WITH PEAS

- ackage (10 oz.) frozen peas, or about 2 cups shelled fresh peas
- oiling, salted water
- ablespoons butter or margarine
- easpoon basil
- alt and pepper to taste
- ablespoons water
- easpoon salt
- ups finely shredded cabbage (about 1¼ lbs.)
- easpoon pepper
- up whipping cream

peas in boiling, salted water just ender. Drain; add 1 tablespoon of tter, basil, and salt and pepper to Cover the pan and keep warm while ok the cabbage.

he remaining 1 tablespoon butter he 3 tablespoons water and ½ tea- salt over highest heat in a 10-inch pan with a tight cover. Add the cabbage, cover, and cook 1 minute. Remove cover and add the ⅛ teaspoon pepper and cream. Cook, uncovered, stirring over high heat until the cabbage is tender-crisp and cream is slightly reduced, about 2 minutes. Spoon the cabbage into a warm serving dish, making an indentation in the center. Mound the peas in center of cabbage. Makes 6 to 8 servings.—*R. M., Roseburg, Ore.*

You cook this easy mushroom and cashew dish right before serving. It will enhance a meat course of roast or chops or stand alone as the menu vegetable.

NUTTY MUSHROOM MEDLEY

- ¼ cup (⅛ lb.) butter or margarine
- ½ pound mushrooms, thinly sliced
- ⅓ cup salted cashews, coarsely chopped
- 2 cloves garlic, minced or mashed
- 1½ teaspoons cornstarch
- 1 teaspoon water
- ⅓ cup sour cream

Melt butter in a large frying pan over medium heat. Add mushrooms, and, stirring frequently, cook until limp and tan in color, about 4 minutes. Add chopped cashews and garlic; stir and fry an additional 2 minutes.

Smoothly blend cornstarch with water; stir with sour cream until combined. Add sour cream mixture to mushroom mixture; stir constantly over heat until cream is heated thoroughly. Remove from heat to serving dish. Serve immediately. Makes 4 servings.—*N. H., Gardena, Calif.*

This Pakistani dish of sweet peas and spiced rice nicely flatters lamb; its preparation requires only one pan and includes sautéing and steaming the rice with spices, adding peas midway.

PEAS PULAO

- 1½ pounds green peas
- ¼ cup (⅛ lb.) butter or margarine
- ½ cup uncooked long grain rice
- 1 small onion, sliced
- ¼ teaspoon ground cumin
- ¼ teaspoon black pepper
- 1 bay leaf
- ½ stick whole cinnamon
- ⅛ teaspoon ground cloves
- ½ teaspoon salt
- 1¼ cups water

Shell peas and set aside (you should have about 1½ cups peas). Melt butter over medium-high heat in a frying pan with a tight lid; add rice and cook, stirring, until rice turns light tan in color and quite opaque, about 5 minutes. Add onion, cumin, pepper, bay leaf, cinnamon, cloves, and salt; stir until onion is limp. Add water, bring to boiling, cover and reduce heat; simmer for 5 minutes. Stir in peas and cook, covered, for 10 minutes more, or until peas and rice are just tender. Makes 4 servings.—*S. A., Tucson.*

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DARROW M. WATT

Carve *barbecued brisket across the grain in thin slices; serve with sauce*

Two bargain charcoal cuts

s of meat like beef brisket and lamb nks are usually braised in a large ered pot, but if you have a covered becue, we suggest you try charcoal sting them.

cause of the higher proportion of fat to n meat in these less expensive cuts, the smoke flavor penetrates every bite l the meat remains moist during the g slow roasting. Any of the smoke-becues work well since the hood com-tely covers the fire box and the food ks partially by reflected heat as in a nventional oven.

is important to maintain a relatively en, low temperature during the entire king period to obtain tender, well done at without overbrowning the outside. range a small number of glowing coals neath the grill on each side or in a cir- around the meat rather than directly ler it. Be sure to adjust the tempera-re-controlling dampers according to the instructions for slow roasting in your own barbecue. Then keep adding more charcoal as needed to keep the fire constant.

You'll appreciate the ample amount of robust sauce in this recipe. Use it to baste the roast while it cooks and to spoon over the hot slices of brisket at serving time. Or you can reheat any leftover meat and sauce to serve over toasted buns for barbecued beef sandwiches.

BARBECUED BEEF BRISKET

- 1 cup catsup
- 1 cup chile sauce (the catsuplike sauce)
- 1 cup water
- ½ cup lemon juice
- ¼ cup brown sugar, firmly packed
- 1 tablespoon Worcestershire
- 1 tablespoon Dijon-style mustard
- 1 package (1⅜ oz.) dry onion soup mix (enough for 3 to 4 servings)
- 5 to 6 pounds fresh beef brisket

In a saucepan, combine catsup, chile sauce, water, lemon juice, brown sugar,

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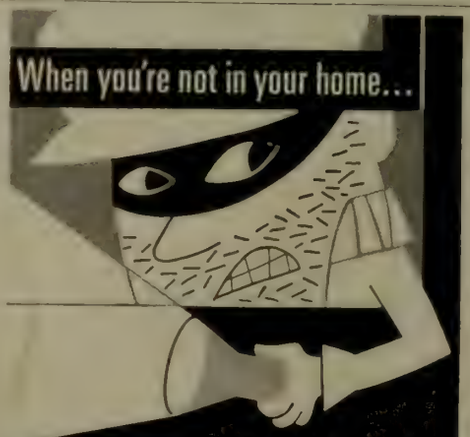

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Worcestershire, mustard, and onion mix. Simmer sauce mixture gently about 10 minutes to blend flavors.

Meanwhile trim most of the outside c ing of fat from the brisket, leaving a thin layer. Place meat on the grill covered barbecue about 8 inches medium-low coals. Cover barbecue just the temperature-control dam and cook for about 1 hour, turning or twice to brown evenly.

Continue to cook meat over medium coals, adding more charcoal as needed about 3 more hours, or until meat is der when pierced with a fork. Turn baste with sauce about every 30 min

To serve, cut meat across the grai very thin slices. Heat any remaining s and pass in a separate bowl to spoon brisket slices. Makes 12 to 14 servi

This sweet yet tangy basting sauce hances the distinctive flavor of lamb gives the meat a rich brown glaze.

SMOKY LAMB SHANKS

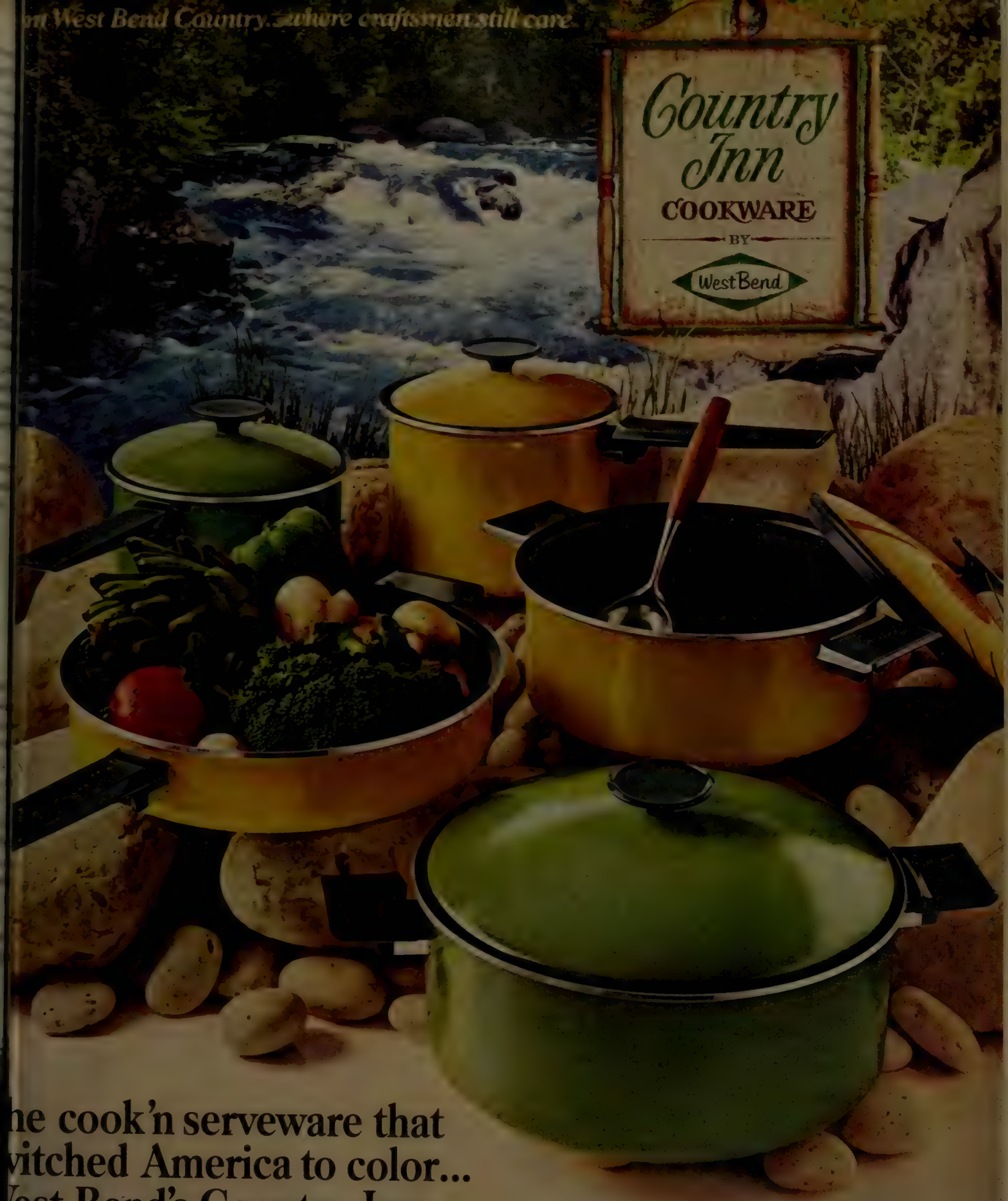
- ½ cup salad oil
- ½ cup lime juice
- ¼ cup red or white wine vinegar
- ½ teaspoon salt
- ¼ teaspoon cinnamon
- 2 cloves garlic, minced or mashed
- 4 lamb shanks (about 3½ lbs.)
- 2 tablespoons honey

Combine oil, lime juice, vinegar, salt, namon, and garlic. Arrange lamb sha in a 9-inch square baking pan; pour oil mixture. Then cover and refrigerat least 6 hours or overnight, turning meat occasionally to coat all sides the marinade.

Lift lamb shanks from marinade place on the grill of a covered barbe about 8 inches from medium-low co Cover barbecue, adjust the tempera control dampers, and cook meat 2½ hours or until meat is tender and browned. Add honey to marinade and to baste lamb about every 20 minu while it is cooking. Serves 4.

DARROW M. W

Brush *each lamb shank with honey-l baste; roast slowly in covered barbe*



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Choose from 12 pieces, in Avocado or Harvest:

The skillets: 6¼" mini, 8¾" breakfast, 10" family and 12" hospitality size.

The sauce pans: 1½ qt. saucette, 2½ and 3½ qt. saucepot/servers.

The casseroles: 2½ and 3½ qt.

The Dutch ovens: 5 and 8 qt.

The hi-boy: (tall 'n terrific) 2½ qt.

West Bend

The West Bend Company, Dept. 769, West Bend, Wisconsin 53095. Also available in Canada.

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BARREW M. W

Melting cheese *spills from these chiles rellenos after the first forkful. Or stuff them instead with a spicy meat or savory crab fill*

September's the month to make *chiles rellenos*

And to buy and freeze fresh chiles for later on

Seeing fresh California green chiles in produce markets this month may inspire you to make some *chiles rellenos.* If your family is especially fond of this Mexican dish, you may want to store some of these fresh chiles in your freezer so you will be ready to make chiles rellenos any time.

The long tapering chiles, also called Anaheims, change from bright green to red as they mature. The chiles range from spicy hot to as mild as bell peppers. Often the very mild ones are handled in fresh produce markets, so if you want spicy chiles rellenos, you may have to check a few markets for chiles as hot as you like. be sure, buy a few and taste them n the stem ends.

To prepare chiles, follow steps 1 throu 4 on pages 166 and 169. Then ma chiles rellenos or freeze chiles to use lat

Freeze the individual chiles quickly

Whenever we saw the Sunday china on the table, we knew there was chicken for supper.

If you've ever had chicken fixed like this, you can almost taste it just looking at the picture. Fried to a glistening gold in the drippings of smokey bacon. A smooth tasty gravy made from the frying juices and a little cream, and just a touch of flour—with crisp bits of bacon sprinkled all over, and snips of celery tops.

At our place chicken was everybody's second-favorite food. After home-cranked ice cream. I remember friends from the city would tell us how everything tasted better on the farm. Our just-picked string beans were sweeter and apricots juicier right off the tree. And the chicken. Well, just cooking it used to put Mom in a Sunday-china mood.

Nowadays, you can have it just as country-delicious in the city as we used to have it on the farm. Because we're still raising golden-skinned, corn-fed fryers. But not just for ourselves. At Foster Farms we breed fine-boned extra-meaty chicken. And we get it to you fast. You can't get fresher, farmier-tasting chicken even on the farm.

You don't have to put out the Sunday china or your grandmother's fancy tablecloth to enjoy the full flavors of Foster Farms Fryers. But they still go good together.

FOSTER FARMS
Livingston, California.

FOSTER FARMS

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Rug Rollers or Super-Glides are

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for the useful life of the frame, not to permanently damage carpet or floor surfaces of any type. If a carpet or floor surface is damaged, Beauti-Glide Company will repair the damaged carpet or floor surface.

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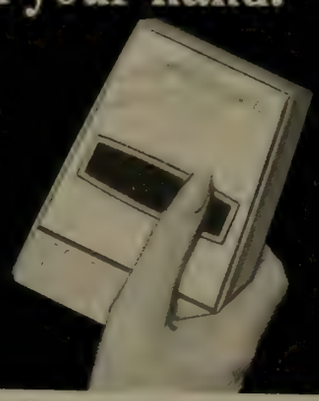

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"TV's Better Color Getter!"

placing in a shallow pan on freezer s
As soon as they are frozen hard,
them in freezer containers and c
tightly. Remove as many at a time as
want, and allow to thaw before usin

CHILES RELLENOS

- 8 California green (or red) chiles, peeled (see below)
- ½ pound jack cheese, or Picadillo or Crab and Cheese Filling (recipes follow)
- Flour
- 4 eggs, separated
- 1 teaspoon salt
- ¼ cup flour
- Salad oil
- Canned enchilada sauce or Spanish-styl tomato sauce (optional)

Stuff each of the prepared chiles
cheese, or Picadillo or Crab and Ch
Filling. Cut the cheese in sticks to fi
fill loosely with other fillings—the
edges of chile should overlap slightly.
this much ahead, if you wish; refrige
Just before serving, roll each chile in
to coat all over, then pat off excess f
Beat the egg whites with salt until

Preparing the chiles

DARROW M.

1. *Arrange chiles close together on p 1 inch below preheated broiler. K turning until blistered evenly all o*

2. *As each chile is blistered, but limp, drop into plastic bag; close t and let stand until cool enough to han*

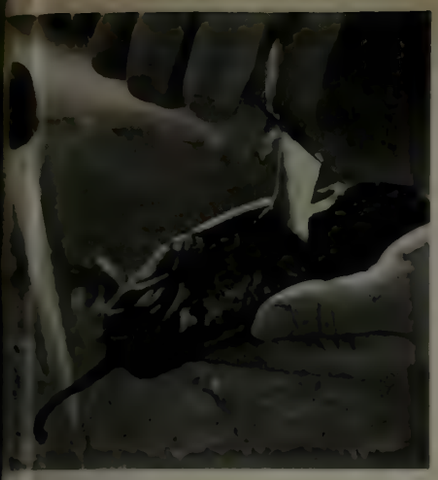
When Charles II Visited The Globe
Globe
Theater
Every Orange Girl There Tried
Selling Him Her Wares.
Then Nell Gwyn Whitehead-Kinswoman Of Schweppes Commander-Tried An Orange Bit With Peel....
From Her Bitter Orange Drink.
This So Charmed The King, Nell Opened At The Palace....
That Night.
Schweppes
Bitter Orange
S. Chwast

I have a lazy, Sunday kind of feeling • I want to see trees blur into green streaks • Rest by a tumble-down, stone piled fence • Go where there aren't any roads • The people who make my clothes understand my moods •

john meyer
speaks your language

JUMPER $35/SHIRT $10/SCARF $3.50/PRICES ARE ABOUT

DARROW M. WATT



Remove 1 chile at a time from bag, carefully pull off all peel that comes easily; avoid tearing. Rinse and drain

4 · *Cut a slit in side, to ¼ inch from stem end. To keep stem intact, carefully remove seeds, pith; rinse, and drain*

Making chiles rellenos

Fill chile and dust with flour. Hold by stem to dip in egg batter to coat evenly (if stem breaks use 2 forks); fry

6 · *Fry together as many chiles as possible without crowding, turning to brown both sides; drain on paper towels*

l firm, soft peaks. Using the same ter, beat yolks until thick. Fold yolks whites, then fold in the ¼ cup flour. about ¼ inch salad oil in a frying over medium-high heat. Dip each e in batter to coat heavily; fry until ntly browned on both sides. Drain efly on paper towels, then serve hot. at and pass a tomato sauce, if you h. Makes 8.—*S. A., Palo Alto, Calif.*

adillo Filling

- 1 tablespoon butter or salad oil
- ¼ cup pine nuts or slivered almonds
- ½ pound minced lean pork or lean ground beef
- ½ cup chopped onion
- 1 clove garlic, minced or mashed
- 1 medium-sized tomato, peeled and diced
- 1 apple, peeled and minced
- ¼ cup raisins, currants, or chopped prunes
- 1 tablespoon vinegar
- ½ teaspoon each salt, sugar, and cinnamon
- ⅛ teaspoon ground cumin and cloves

at the butter and sauté nuts until en. Remove with a slotted spoon and set aside. Add meat and onion to pan, and stir until meat loses its pinkness. Add the garlic, tomato, apple, raisins, vinegar, and all the seasonings. Cook, uncovered, stirring often, until most of the liquid has evaporated, about 8 minutes. Stir in nuts. Makes enough to fill 8 chiles.

Crab and Cheese Filling

- 2 tablespoons butter or margarine
- ¼ cup finely chopped onion
- 2 tablespoons minced parsley
- 1 small clove garlic, minced or mashed
- Dash pepper
- 2 teaspoons chopped capers (optional)
- About 1 cup fresh, canned, or frozen crab meat
- 1 cup shredded Swiss cheese

Heat the butter in a frying pan and sauté onion until limp. Add the parsley and garlic, and sauté about 1 minute longer. Remove from heat and add the pepper, capers, crab meat, and cheese; stir until well blended. Set aside until ready to use. Makes enough to fill 8 chiles.

Gourmet Ideas
by Edie Cole

SAVORY GREEK SALAD—A Greek country salad makes a great companion to barbecued steak or butterflied lamb leg. Layer sliced tomatoes and sliced peeled cucumbers in a salad bowl and pour over Girard's Original Salad Dressing seasoned with oregano and freshly ground pepper. Scatter Early California Brand Pitted Ripe Olives on top of chunks of feta cheese. Garnish with anchovy fillets. Serve with *kouloura* bread or any sweet French bread.

MARASCHINO FRUIT DELIGHT is a warm weather refresher. Compose a fruit medley of sliced peaches, cubed pineapple, sliced bananas, seedless grapes, and Cherry Bowl Brand Maraschino Cherries. Whip 1 cup heavy cream and flavor with 3 tablespoons maraschino cherry syrup, 1 tablespoon powdered sugar, and a dash of almond extract. Top individual fruit bowls with maraschino cream and semisweet chocolate curls.

SUCCULENT LONDON BROIL—Marinate a flank steak or first cut of the top round in Girard's Original French Dressing with 2 cloves minced garlic for 2 hours; then barbecue. Slice diagonally to serve.

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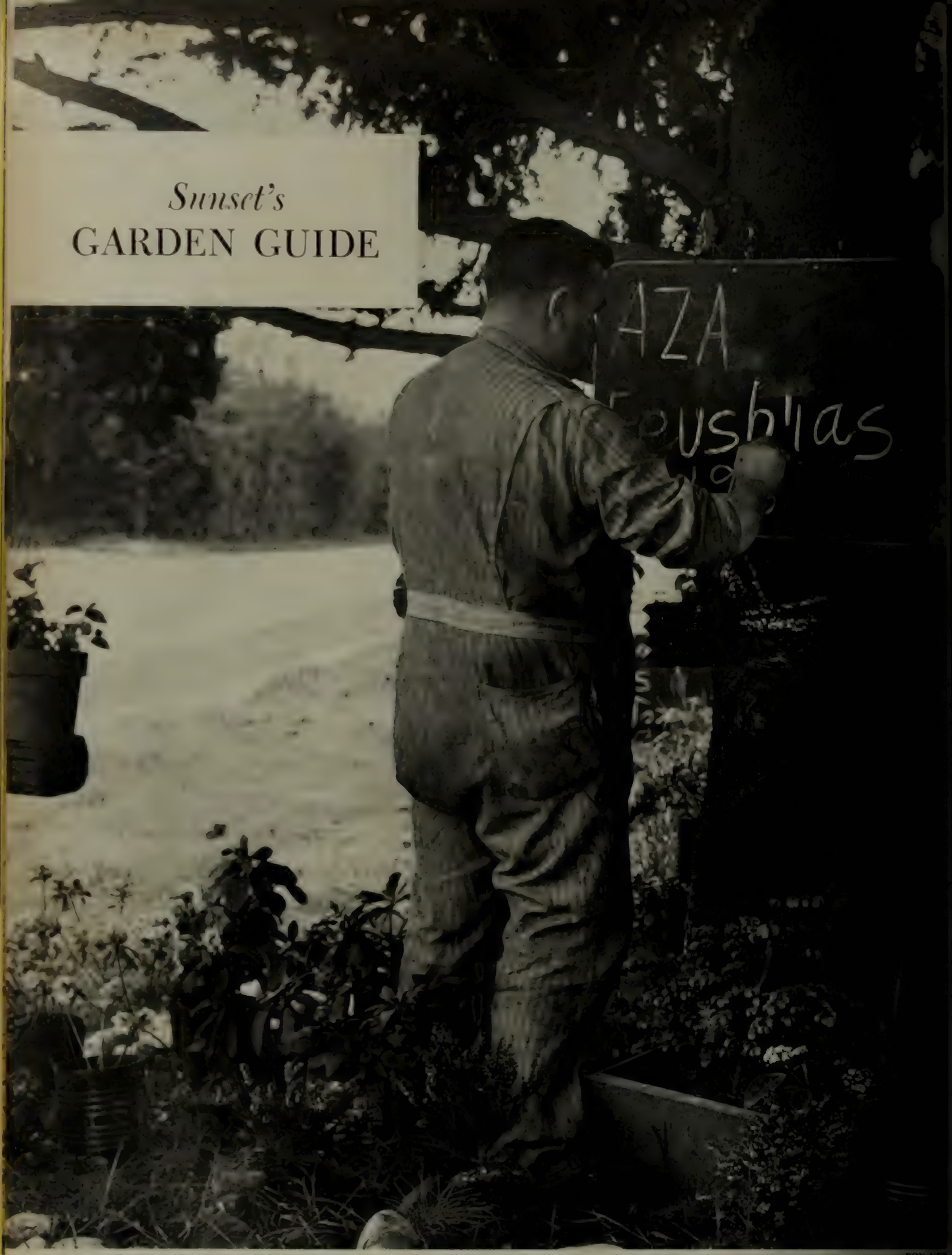
THE FINE FOOD COMPANY



Sunset's
GARDEN GUIDE

DON NOR

How *do* you spell that word?

It's easy. Just remember that the plant was named af Leonhard Fuchs (German botanist, 1501–1566). Add -ia t surname (found in most phone books) and you've got it. dentally, fuchsias reach their prime this month in the fog

PTEMBER IN YOUR GARDEN:

Really it's still summer . . . don't spare the water

pt in the mountains and east of them, ember is scarcely distinguishable from ust. In fact, weather right along the t may be at its warmest and clearest e year. Coastal gardeners may have e more careful about regular watering they were during foggy weeks, when ts were under little stress.

stal and inland valleys are likely to ot—as they should be to ripen fruit. le is welcome now, and you are likely ink you'll always want it. But falling es and winter sun are pleasant in r seasons, too. Remember this when buy shade trees.

nd beyond the mountains, frosts are y sometime during the month. Dur- September you should finish summer , plant bulbs and perennials, and pro- the garden for winter.

king—or remaking—lawns

t time for sowing seed of cool-season sses comes next month, but now is the e to begin preparations. You will need ghly a month to weed-proof the new n area if you use calcium cyanamid ther fumigant.

will need the time to till the soil, cor- grades, add amendments, and ar- ge for seed and tools even if you don't to weed-proof the area. Allow some a time for other end-of-summer jobs you will see that a month isn't too ch lead time to give yourself.

n't stint on these preliminaries. Count spending much more money for soil endments and fertilizers than for lawn d: you'll be glad you did when you see results.

w patches in the dichondra?

netimes uneven settling will leave low ches in a dichondra lawn. These get ggy during watering, and the resulting t, airless soil will lead to thin areas in otherwise lush cover. If you are pa- nt, you can fill in these areas gradually l raise them up to grade by sifting a y thin layer of sandy soil or planting x over the low spot occasionally.

tter the fill material lightly and brush into the dichondra foliage by sweeping th a bamboo or wire leaf rake. Never d enough at one time to smother the hondra blades. If the layers you add are thin enough and spaced out over sufficient time, the process will show only as improved dichondra—the mix, if visible at all, will look like the original soil.

Keep up the watering

Wherever you live and whatever you grow, watering will continue to be a major job during September. This is a month when heat waves strike the coast; temperatures may reach the high 80's or 90's even at the beach. In weather like this, the humidity is usually low, and plants lose water fast. First to wilt are usually hydrangeas; when they get a limp look, water them and then soak the rest of the garden. Plants growing near large trees with greedy roots are especially subject to drying out.

In the valleys temperatures go even higher. Plants have stopped growing, but they still require water at the roots in order to transpire and keep themselves cool. Subsoil water reserves are gone, so you'll have to supply water.

Where freezes are deep and long, plant survival is higher if plants enter cold weather with an adequate supply of water at the roots.

An occasional early storm comes along in September. Don't count on it to furnish needed water; even if it does occur and leaves an inch or so of rain behind, most of this water will run off dry, packed earth or, at best, penetrate only an inch or two. Roots will suck it all up at once.

Bulb time again: Some hints

Most bulbs on sale in nurseries and garden stores are accompanied by handsomely colored pictures that give (generally) an accurate representation of flower color and shape. The pictures are so good that they tempt you to buy a few of all the kinds of bulbs in the store. Don't let it happen!

To get the best effect from your bulb purchases, buy large numbers of a few kinds of bulbs rather than a few each of many kinds. (Of course you can really get a big show, and delight the dealers, by getting large numbers of many kinds.)

Plant bulbs in masses. Don't line them up in thin rows or scatter them about like confetti. It's fine to use them along paths, walks, or drives but plant them several ranks deep if you intend to use them as edging.

List somewhere the varieties you have planted. You may want to supplement the planting at some time in the future, or to repeat it in another part of the garden, and it's very easy to forget variety names. Make labels with weatherproof ink (or press names into soft aluminum labels) and attach to sturdy but inconspicuous stakes.

Mark places where you have planted bulbs so that you don't disturb them by later digging. The stake and label might mark the center of the place where you have planted bulbs. Or you could mark out the whole area by planting sweet alyssum over the bulbs. In mild winter areas it will grow and bloom during the winter. When bulbs appear, keep the alyssum or pull it out.

Before you plant winter annuals

If you plant now or soon, you can enjoy winter and early spring bloom from a number of annuals (see page 174). But don't expect to enjoy them in the same beds that failed to produce decent summer annuals. If marigolds, petunias, or zinnias wouldn't grow well for you, try to ferret out the trouble and correct it before you try again.

The commonest complaint is hard, ungenerous soil that roots simply can't penetrate.

Uprooting a few plants and examining the root system can show you a lot about why plants failed (or why they succeeded, for that matter). If the root system is a tiny cube much like the one planted out of a flat, the soil was too hard and poor to encourage rooting out.

If a few large roots run out to great distances just beneath the soil surface, your plant has suffered from shallow soil, or perhaps from shallow watering and feeding. Plants with such shallow roots are subject to stress in hot weather, and a missed watering can cause serious wilting that can check a plant's growth or halt its bloom.

The remedies for hard, poor, shallow soil are organic soil amendments and digging. After cleaning out over-the-hill summer annuals, add an inch or two (or more, if

Sunset's GARDEN GUIDE

your budget allows) of ground bark, rotted sawdust, peat moss, or some other coarse, porous material that will hold moisture and lighten the texture of clay or gravelly soil. Spade or till it in along with a complete fertilizer.

White flowers for spring cutting

Although the ornithogalums have a few rare yellow and reddish species, the only ones most people ever see are white. The commonest of all is *O. umbellatum* (star of Bethlehem), which has run wild in many old gardens.

Fragrant *white flowers of Ornithogalum arabicum have round glossy black "eyes"*

KASSLER STUDIOS

A better garden plant is *O. arabicum* (also sometimes called star of Bethlehem). This one has 2-foot-tall stems bearing round clusters of white, fragrant, 2-inch-wide flowers. Each flower is centered with a black "eye"—a glossy pistil. Flowers appear around Easter time and stand well above the floppy, 2-foot-long leaves.

After blooming, the plants go dormant; leaves reappear in winter or earliest spring. Plants are hardy except where the ground freezes. In such areas you'll have to grow *O. arabicum* as a pot plant indoors. Throughout most of California, bulbs become available this month and can be planted at once.

Set the bulbs 2 or 3 inches deep in a sunny or lightly shaded place. If you are counting on them to decorate a border, plant bulbs in masses of at least a dozen. If you want them just for cutting, grow them in rows in the vegetable garden. They are excellent cut flowers, long-lasting and sturdy of stem.

Look for nursery sales this month

Nurserymen who bought large quantities of bare-root fruit and shade trees last winter had to can up a large number of them when wet weather prevented normal sales and home planting. Soon the nurseries will have to get rid of these trees to make room for fall and winter merchandise—balled and burlapped conifers, living Christmas trees, camellias, natives for fall planting, and rhododendrons for winter sale.

It's not only a matter of making room: The nurseries will need the cash that sales will bring to finance winter purchases. The result: Look for sales in nurseries this month or next. Best buys: fruit trees (some may be in fruit); shade trees (some are safer planted out of cans than in bare root); deciduous shrubs (prices sometimes drop to the original bare-root levels).

Tender subtropical plants will be cheap too; they are a good buy if you know what they are and can give them what they need—shelter from frost during the coming winter. Don't expect a hibiscus or bougainvillea planted this late to get established, grow, and survive the winter frosts and cold, wet soil on its own. If you can help them along with considerable protection, fine; otherwise wait until next spring to buy. No matter how small the cost, a dead plant is no bargain.

Fibrous begonias for quick fresh-up

If your entryway plantings have faded and are a little dusty, consider perking them up with a few pots of fibrous begonias. Their shiny leaves have a salad crispness and the flowers, which appear in profusion over a long season, stand well above the foliage and drop off cleanly when they have finished.

For fast effect, plant several pla gether in a shallow, broad pot. Not soil in the flats where the plants are ing. It will be soft, porous, very da rich. Some growers use pure o mold. Your planting mix should similar one. Fibrous begonias will ate poorer soil, but they won't thriv

Color choice is up to you. Green and white flowers make the cooles ing combination, but you can al green leaves with pink or red flowe toned leaves with red flowers, or late-toned leaves with white flowe

To get a good showing this late season, plant six or more flat- plants together. Sometimes plants inch pots are available; plant these or more to a large pot. Plants will right up to cold weather; then, overhead shelter from frosts, the live over and give a second show spring.

Get ready to plant ground cover

If you expect to cover a slope, ba parking strip with ground cover, p prepare the site now and set out in October. Our great problem with ground cover plantings is weed g If you till and water now, you ca up a good many weeds and destroy before planting the ground cover Here's a sample schedule you follow:

Water the area thoroughly and d in dealing with a slope where runo problem, you'll have to give re brief waterings. Spade or rotary area, mixing in as much peat moss, sawdust, or ground bark as you c ford, along with a general fertilizer the area smooth. Water deeply.

When weeds appear, kill them with contact spray that will not act as sterilant (weed oil or cacodylic ac good). Or cut off weeds with h scuffle hoe; avoid disturbing soil d Doing so will bring up fresh soi fresh weed seeds. At planting tim turb soil between planting holes as as possible.

Such treatment will reduce the weed lem but will not end it. Follow up weed contact sprays as needed durin first winter.

Poor man's greenhouse

Some slow-starting seeds appear i larly over a period of time, leadin problem in watering. Soil can dr during your long wait for the first sp or (a greater risk) be washed o drowned out by too heavy watering the first plants need more water tha ungerminated seeds do.

Such problems are not severe in a g

PETE REDPATH

plastic bag *encloses seedlings of ndia chinensis—here ready to trans- t two months after seeds were sown*

e, where high (and predictable) hu- ity makes watering easier. Young ts are not under water stress when idity is high, and they won't wilt. soil won't dry out, so waterings are frequent.

e's an inexpensive greenhouse for ting a few seeds:

k a pot of sterilized or commercial ter mix. Let it drain for a few min- Sow seeds; cover with a thin layer he mix. Wrap the whole pot in a clear tic bag and tie up the open end. Keep bright place out of hot sun. You 't have to water or otherwise tend the ts until you are ready to transplant n into individual pots. Shelter from and wind for a few days.

ape myrtle thrives hot weather

trees or shrubs make a braver show te summer or early autumn heat than crape myrtles *(Lagerstroemia)*. They perhaps old hat to residents in the ramento and San Joaquin Valleys and ormer residents of the mid- or deep th, but people from cooler climates them novel and striking. The trouble hat crape myrtle and mildew are near- s inseparable companions as Mutt and or pork and beans—at least they n inseparable in cool-summer climates.

t where do crape myrtles thrive and on well? In the inner valleys, of course, in the deeper reaches of the coastal eys. The closer the ocean and the e persistent the night and morning the greater the danger of mildew. vertheless there are fine crape myrtles places as near the bay as Palo Alto and Jose. How do they succeed?

e best-looking crape myrtles in the nediate San Francisco Bay area are usually trees rather than shrubs. They grow along streets or above sidewalks where air circulation is good and there's considerable reflected heat. In short, whatever tends to keep plants warm and dry—strong light, warmth, breeze, elevation above the humidity of lawns and shrubbery—tends to produce healthy, mildew-free buds and flowers.

SEPTEMBER CHECK LIST:

Here are the important jobs

☐ **Annuals.** Young plants you set out this month may run into trouble if really hot weather should strike. Be prepared to shade them with burlap or other cloth on light, temporary stakes. If you have just a few, you can shade them with pieces of cardboard leaning against each other in pup-tent fashion and fastened together with pieces of cellophane tape. With any shading, be sure that ventilation is adequate.

☐ **Azaleas, rhododendrons.** Continue to soak plants periodically. Be sure that water is really reaching the roots: Sometimes a dark, wet-looking, weathered surface layer of mulch will conceal a pale, bone-dry water-shedding layer just beneath. Probe with your fingers to make sure root zone is uniformly moist.

☐ **Begonias.** It's better to prevent mildew on tuberous begonias than to try eliminating it when it appears. Spray regularly with mildew control spray.

☐ **Camellias.** Some varieties of *C. sasanqua* will be coming into bloom late this month. Don't overlook them as landscape plants: Their flowers are not really comparable to those of Japonica camellias, but plants are easier to work into most landscape situations—as espaliers or vines, for instance, or for spilling over a wall. Some kinds can even be pegged down to use as ground covers.

If blossom blight has plagued your camellia flowers in the past, you can lessen the danger of attack this winter by replacing mulch about the plants with new material, and then spraying the ground with PCNB.

☐ **Chrysanthemums.** Some of the earlier varieties will be coming into bloom soon. You can buy them and set them out now; with ample watering they will do very well. If you work fast and carefully, you can move chrysanthemum clumps in bud or bloom from one point in the garden to another. Work on a cool day and lift the shallow-rooted plants with a big ball of dirt. Keep well watered after moving.

☐ **Geraniums, pelargoniums.** Cut back leggy plants now. If you want additional plants, use the prunings to root new plants.

☐ **Herbs.** Cut and dry leafy herbs now if you haven't done so earlier. Cut, bundle, and hang upside down in an airy place where light isn't strong; a garage or breezeway is quite satisfactory.

☐ **Perennials.** Perennials from flats will make good root growth and some top growth if planted now while soil is still warm. Look over seed racks in nurseries and garden stores; you may find seeds of perennials that your nurseryman doesn't handle as plants. Now is a good time to sow such seed.

Divide very old clumps of herbaceous peonies if bloom has begun to get sparse, but only then. Divisions are slow to become established.

☐ **Planting for landscape effect.** This month and the next are among the best for planting permanent woody plants —trees, shrubs, screens, hedges, vines. Read on page 171 the item titled "Before you plant winter annuals." Differences in planting annuals and permanent plants are only differences in quantity, not in kind. If you are planting to replace something that failed, determine first why the original choice couldn't do the job.

Inadequate soil preparation may be the answer, or it may be something as simple as incorrect soil type, exposure, or plant choice.

September's garden events

Oakland. September 14. Flower show by students of Madame Suiyo Fujimoto. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 9 A.M. to 5 P.M. Admission: free.

Salinas. September 17. Annual garden tour sponsored by the Country Gardeners. Place: tour begins at Temple Oaks, 81 Paseo Hermoso. Hours: 10 A.M. to 4 P.M. Admission: $2, includes sack lunch.

Redwood City. September 27. Workshop on orchid culture presented by the Peninsula Orchid Society. Place: Veterans Bldg., 1455 Madison Ave. Hours: 10 A.M. to 4 P.M. Admission: $5.

DARROW M. WATT

Orange calendulas *in early March in Palo Alto. Plants were set out the previous fall. They're easy, dependable, and widely grown throughout all fall-planting country*

Primula malacoides, *Bay Area fa blooms white, red, pink in shady*

Ranunculus. *Many-petaled flowers in March, April. Set out tubers,*

The winter-spring flowers you plant in the fall

Sunset readers give us their ratings

A year ago, 456 California and A gardeners volunteered to help us localized data on all the winter and flowering annuals that nurseries s fall planting.

Altogether they planted about thre en kinds of plants; and from plantin to pull-out time they kept track of ing schedules, pests, diseases, we problems, pruning, pinching, stakin feeding. Finally, in a detailed que naire, our volunteers told us what discovered. These pages represent tillation of their trials, triumphs sound advice.

Planting flowers in fall is a Western

that always surprises and delights comers from cold climates where gar- shut down at summer's end. Our winters make the difference. An- s set out now grow rapidly and form s in our typically warm late summer early fall, and (in a good year) they m from Christmas to late spring or summer.

year, however, was not a good year. fall planting took what should be the nate weather test. In mid-December y parts of California had the coldest peratures in 30 years. A month later, came in record-setting quantity and tion. Most annuals planted in fall med later than normal, and quite a were completely frozen, flooded, or ered with mud. Yet many came ugh it all splendidly. In fact, most onders to our questionnaire were more sed than disappointed.

e nurseries stock up on cool-season uals as early as late August. In cool tal climates, it's wise to plant as soon possible. But in hot interior valleys in the desert, hold off at least until September. Wherever you live, plant re October 15 so plants can get plenty warm growing weather.

ept for a few heat-sensitive plants, e your plantings in an open sunny . Before planting, prepare soil so it drain quickly during the rainy sea- spade in at least a 2-inch layer of nd bark or other soil amendment. for snails. Fertilize with liquid or food once a month, more often if ts become yellow and undernourished use rains leach out nutrients.

people who filled out our question- e had these things to say about their favorite flowers for fall planting:

can daisies

sures. Plants fend for themselves—pests, diseases, special care. The colors (especially orange) are extremely bright and clear.

Disappointments. Plants in too much shade fizzled hopelessly.

How to grow. Provide sunniest spot possible. Set out plants 8 inches apart, or sow seeds (plants from seed seem to bloom as fast or faster than transplants). Broadcast seeds in bed or on bank that's been spaded and raked reasonably smooth; cover with just enough soil or ground bark to hide seeds. Water once a day until seedlings are up 2 inches. Thin them to stand 8 inches apart.

Calendulas

Pleasures. Bloom season can last from Thanksgiving to June. Flowers come in strong shades of yellow and orange. Little care. Plants bounce back after rains.

Disappointments. Mildew frequently hits in fall, winter, or spring; to control, spray or dust with fungicide at first sign of powdery white spots.

How to grow. Plant 10 inches apart in full sun or part shade. Sunny plantings bloom weeks earlier, but are sensitive to fall heat (several people shaded plants with paper baking cups, cloth, other devices for the first week or two). Cut off dead blooms for increased flower production. Pinch back leggy plants once or twice. For more details about growing and types available, see page 190.

Cinerarias

Pleasures. Rich display of pink, purple, blue, white daisies in part shade.

Disappointments. Plants are delicate. One gardener summed it up: "They couldn't take sun or frost, and snails like them." Blooms didn't come until spring.

How to grow. Only gardeners in mild climates had any luck at all. Grow where plants get shelter from frost and hot sun. Space 12 inches apart. Water often in fall heat.

DON NORMARK

Petunias, *summer flowers most places, bloom this much by spring in mild desert*

Iceland poppies

Pleasures. Flowers, even though elegantly long-stemmed, come surprisingly early; many September planters reported flowers by Thanksgiving. Brilliantly clear colors, good cut flowers (for longer life, stick cut stems in boiling water for a few seconds).

Disappointments. Weather brought most troubles. Wind and rain shattered the fragile flowers, knocked them into the mud. Frosts killed buds and blossoms; it took several weeks for more to come.

How to grow. Plant in full sun, 8 to 10 inches apart. Plant level with soil; buried foliage may rot. Plants suffer if soil is slow draining and waterlogged.

Pansies

Pleasures. Bloom season can last nine months. Battered plants make quick recovery from rain (some said "thrive on rain").

Disappointments. Flowers hung down so faces couldn't be seen. One reader reported that "plants assumed a crawling position" after rains. Root rot spoiled a few plantings; successful cure was to withhold water and drench soil with dexon fungicide.

How to grow. Plant in full sun (or, in hottest areas, part shade) 8 inches apart. Pinch plants several times during first six

What's popular where . . .

ere are three main regions in the West ere people plant annuals in fall for om in winter and spring. Below we —from most planted to least planted he favorite kinds in each region as in- ted by replies to our questionnaire. tice how the rankings vary from place place. For instance, cinerarias and *Primula malacoides* thrive in the cool Bay Area but are almost as rare as kelp beds in Arizona. On the other hand, petunias and African daisies in Arizona and parts of Southern California get enough sun to bloom in winter, but in the Bay Area and Central Valley they must be grown as summer flowers.

F. Bay Area-Central Valley	Southern California	Phoenix-Tucson
alendulas	**Snapdragons**	**Petunias**
ansies	**Stock**	**Snapdragons**
tock	**Calendulas**	**Stock**
napdragons	**Pansies**	**African daisies**
iolas	**Iceland poppies**	**Calendulas**
anunculus	**Ranunculus**	**Ranunculus**
rimula malacoides	**Violas**	**Sweet peas**
weet peas	**Sweet peas**	**Pansies**
celand poppies	**Primula malacoides**	**Iceland poppies**
inerarias	**Petunias**	**Violas**
	African daisies	

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or eight weeks after planting. It's important to cut off dead flowers.

Petunias

Pleasures. Unbeatable in desert for vivid mass of color. If planted early, flowers come soon, then slow down or stop with cold weather, but pick up again with warming spring weather.

Disappointments. Some plants didn't bloom until spring. Unusually hard frosts damaged buds, blossoms, and sometimes foliage. Plants occasionally turned yellow from chlorosis; correct with iron sulfate or iron chelate.

How to grow. Plant in sunniest possible place, 10 to 12 inches apart. Pinch tips for bushier growth. One person pinched eight times; three or four times is probably enough.

Primula malacoides

Pleasures. One of the few annuals that can bloom nicely during winter in shady spots. Little care.

Disappointments. Unshaded plants often burned in hot fall sun. Rains "beat some to a pulp." Frost wrecked others.

How to grow. Plant 8 inches apart in sun or part shade. Open, sunny plantings bloom earlier, but need more water in fall and may suffer from frost and rain.

Ranunculus

Pleasures. "Beautiful paper-thin petals," vivid colors, serve well as cut flowers. Easy to grow.

Disappointments. Some thought the bloom season short after a long wait. Roots rotted in soggy soil. Aphids and birds often needed discouraging.

How to grow. Plant little plants or tubers (2 inches deep) in full sun 6 to 8 inches apart. Avoid temptation to overwater (and encourage root rot) during hot weather.

Snapdragons

Pleasures. Big spikes of flowers last long when cut. Dwarf varieties make a bushy border like a foot-high hedge.

Disappointments. Blooms sometimes didn't come until midspring. Rust plagued many plantings; no cure, just pull out diseased plants (with reddish pustules on leaf undersides), spray nearby healthy ones with acti-dione.

How to grow. Plant in full sun, 12 apart (6 inches apart for dwarfs). wilt easily, so watch for droopy lea fall heat. Pinch back plants by a th half at planting time and three o times after that. Stake as soon as start to lean.

Stock

Pleasures. Fragrant, usually pa blooms. Plants are dependable, sta well to elements.

Disappointments. Some gardeners (ly late planters) reported plants we to bloom. Mildew and aphids were sional problems.

How to grow. Plant in full sun, 10 apart. Pinch lanky plants at pl time, again if they stretch rather bush out.

Sweet peas

Pleasures. "I could pick a large bu flowers every three or four days."

Disappointments. Consensus was vines took their time blooming (gen around the middle of March). See casionally rotted in boggy soil. Storm raveled string trellises. Foliage where temperatures dropped into low

How to grow. For a good harv blooms, provide at least a 6-foot r full sun. Plant seeds or small pla inches apart. People reported good with traditional trench-planting nique: Dig trench 12 to 18 inches refill with mixture of one part or matter to two parts soil, plus com fertilizer.

Violas

Pleasures. "Pretty and prolific." T on fall heat. Extremely long bloom son. Many gardeners set out bloo plants in mid-September, watched bloom unfalteringly through 20 inch rain and 25° cold.

Disappointments. Small faction said beat plants down, splattered foliage flowers with mud, delayed blooming

How to grow. Plant in full sun, 6 inches apart. Cutting off dead bl helps, but plants do fine without it it's a lot of work since the flowers so abundantly.

What blooms first?

If you want flowers by Thanksgiving, your best bet is to plant pansies. According to replies to our questionnaire, they bloom earliest of fall-planted ann Plants are ranked below according to long they took to flower after planti

Pansies
Violas
Petunias
Calendulas
Snapdragons
Iceland poppies
Primula malacoides
Stock
African daisies
Ranunculus
Sweet peas
Cinerarias

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Xylosma *as a clipped hedge, chimney espalier. Owners: Mr. and Mrs. Allan Elias, T*

Xylosma shapes up easily

What is the shape of a xylosma plant? The answer is easy: What shape do you want? It's hard to think of another plant that can landscape so creditably. The upper picture shows plants set 3 feet apart and clipped to form a neat hedge and espalier or screen. The lower picture shows a tree that is small: old trees in hot climates can grow to 30 feet. Tucson has some the size of olive trees.

Another use for xylosma is as tall ground cover or a filler where good appearance and low maintenance must go hand in hand. Foliage is always clean and shiny, even when plagued by heat and wind, as is often the case in parking strips, near hot walls, or in planting islands surrounded by paving. In such places xylosmas can accompany or replace spreading junipers.

Xylosmas make excellent espaliers on sturdy frames, fences, or walls. Gracefully willowy and arching when young, the plants develop stiff, sturdy frameworks with age. Expanding leaves are bronzy, maturing to a clean, shiny yellowish-green that makes an excellent foil for such darker greens as Burford holly.

You can also grow xylosma as a standard in a large container. Train it early to a single stem tied to a stake. Remove side branches to a height of about 5 feet.

Xylosma will grow in full sun or filtered shade and in almost any soil that drains readily; in alkaline soils, plants a ject to chlorosis (control with iron or iron chelates). It performs bes regular but moderate watering a casional feeding.

The small flowers are rarely seen, b do exist—often in considerable pr on older plants. A 20 to 30-foot full bloom can cover a patio with treuse dust.

This old *xylosma in Chico, Califor heat-tolerant attractive tree 20 fe*

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The Sunset West: Market Selecti

Ben Deane a

Homes at Deane Brothers' "Lake Forest" front on $1 million artificial lake

No. 11 in a series on Distinguished Wester

unset answer a key question: 'ho buys homes a "tight" market?

Deane knows. He is one of the largest home land developers in the country. His Southern fornia company, Deane Brothers, Inc., ranks istently among the top 10 residential home-lers in the nation.

Deane's record is a product of two ingredients: own initiative, and the Western opportunity. was originally a carpenter, later became an pendent contractor, and ultimately a major eloper. "But," he modestly states, "it was Western vth that forced us to grow, too.

ith today's high interest rates," continues Mr. ne, "the home-buying market is very highly ctive. Despite an unprecedented need for homes, of people are having to defer their buying. The ve buyers are the higher income families, less cted by tight money.

rtunately for our Western market, income levels are generally higher than the U. S. averages. If offer financially capable people the kind of luct they want, they're able to make the decision . They're the strength of the home-buyer market y."

role of Sunset—"In a very real sense, they're kind of people who read Sunset Magazine and ks. They set the tone, not only in homes, but in ost everything Westerners enjoy. Their loyalty to set makes it a unique influence in the West."

Deane is correct: This *is* a time for market ctivity. To succeed in the face of today's high cost noney, the marketer must go to the right prospects. h the right strategy.

West has the right prospects. Their median ily income is the highest in the nation. The dence of Western households with incomes of ,000 and over is 54% higher than the U. S. average. Not surprisingly, the Western probability of buying a house is 33% above the U. S. average.*

Remodeling, too. Recent research in the West's largest single market shows that for every $100 spent on new homes, $71 is spent on maintenance and remodeling of existing homes. It is estimated that Westerners will spend over $1 billion on residential improvements in 1969.*

Sunset families are the prime prospects. Their median income per household is $12,000 against the already high Western median of $7,726. 90.5% own their homes, against the Western average of 65.6%. One out of 10 Sunset families owns a second or vacation home.*

The incidence of new home buyers among Sunset households is 2.75 times the Western average. And the incidence of remodeling among them is 71% higher than the Western average.*

Strategy for marketers? Go West. And to select the best of the West, go Sunset. Sunset's 2,700,000 loyal men and women readers are the pace-setters. Tight money or no, they're ready to respond to good ideas.

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*For up-to-date statistics, write our Research Manager at Menlo Park for our Western Market Almanac. Single copies free to Sunset Advertisers, $3.00 to others.

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Gnarled *trunks of* Myoporum laetum, *normally a shrub or rounded tree*

A shady tree walk at Cal Poly

Travelers on U.S. 101 interested in fine old trees or just the comfort of shade will find plenty of both only minutes off the freeway on the San Luis Obispo campus of California State Polytechnic College.

The oldest, most varied stand of trees is growing in a big, sloping lawn (picnicking is not discouraged) bounded by California Boulevard, Entrance Way, and College Avenue. To help tree-watchers, many choice examples are labeled. A booklet, available at information desks in the library and administration building, describes 30 trees and keys them to a map of a short walk.

The fact that Cal Poly has an outstanding tree collection really shouldn't surprise anyone—for more than 60 years the school has been California's major educator of horticulturists. Some of the trees date back to the original campus landscaping in 1903. Horticulture students have planted many others since.

The mapped tree walk includes s quite rare trees, such as the tropical *opanax nymphaeifolius* and Turke *(Quercus cerris)*. Others are comm gardens but are of uncommon char (see the myoporum above) or uncom size; you may be overwhelmed by th of a mature garden tree—Canary I pine, for instance—if you recently pl one at your house. Look for a hug graceful American elm, impressive to elm-surfeited easterners.

This month *Lagunaria patersonii* bl with pink flowers like little hibisc

To reach the campus if you're tra north, take the Grand Avenue off and turn left. Southbound, take Monterey Street off-ramp, and go on Grand Avenue. You'll need a p to park on campus; pick one up i administration building.

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GLENN CHRISTIANSEN

and-wood *bracket on irregular branches nds a trapeze from a horizontal plane*

How to swing when every branch slants

Same trapeze *in use. It wouldn't swing true if ropes were fastened to the tree*

you hang a swing or trapeze from a ou should look for a length of stout h that is horizontal for a distance to the width of the swing seat or rapeze bar. The two pivot points l be on the same horizontal plane. ey aren't—if you screw or tie the ivots to a slanty branch—the swing peze will swing crooked.

times a tree simply does not have a ntal branch above the right place e garden, or it may not have such nch at all. (Some trees are all verti- nd diagonals in trunk and branches horizontals at all.) What then?

hotographs here show two ways to er such trees.

racket shown in the photographs at f this page is built onto a live oak Its skeleton is made of ¾-inch The two vertical pipes splay out each other—they aren't parallel. If were, the swinging of the trapeze l rock them back and forth in . The pipes are fastened to the hes with deck flanges. For further rigidity, the two horizontal pipes are joined with a crosswise pipe (in the close-up photograph, you can see one of the two tees that hold the crossbar, halfway between the bolts).

Another trapeze, *this in an elm that offered no horizontal branches. Supporting bar driven through holes in two branches*

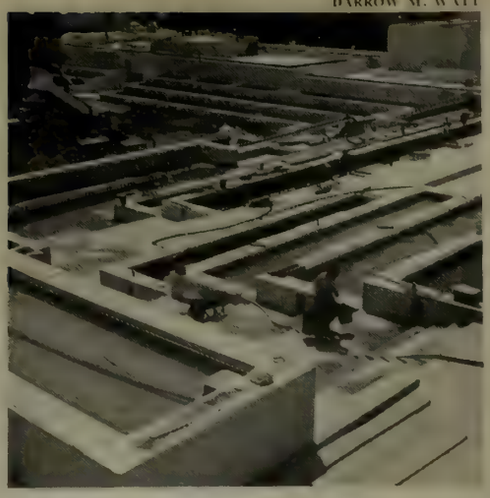
A stout fir plank covers the two horizontal pipes, and a thinner piece is beneath them. The two planks are bolted together. The two eyebolts that suspend the trapeze run through both planks.

The reason you see the same boy on both trapezes is that one (above) is at his home and the other (at left) is at his grandparents'.

The grandfather drilled horizontal holes, aligned on one plane, through two branches that form a V in his elm tree. He rammed a length of 1-inch steel tubing (thin-wall electric conduit) through the two holes and filled in around the holes with pruning compound. Then he inserted a ¾-inch pipe, slightly longer than the tubing and smeared with cup grease, through the 1-inch tubing. The trapeze hangs from the two ends of the pipe. The tubing acts as a bearing for the pipe.

The terrace landscaping at Oakland's new park-museum

DARROW M. WATT



GLENN CHR

At left, *Oakland Museum's roof terrace planting beds were empty boxes in April, 1967. Box in foreground was full of water to test for leaks. Beds filled and planted in May, 1967. At right, how they look now, two years later*

People who follow the changing horticultural world will find an extra interest at the new multimillion dollar Oakland Museum reported on page 72 of this issue. The roof garden there is as modern as computers and moon landings.

The garden's innovations were brought about partly by the fact that it will sometime define outdoor display spaces, and partly by economics and the problems that go with creating soil where there was none. Many of the innovations are being adapted to home gardens today or will be in the next decade.

ALL BREAD-AND-BUTTER PLANTS

The most noticeable 1969-aspect of the landscaping is that the plants are all common, the kinds you find in big quantities today at any California or Arizona nursery. (Take away the frost-tender items, and they are the basic nursery plants of the Northwest, too.)

There were several reasons for this. First, the landscape architects, Dan Kiley and Associates, believed that evergreens represent California, so almost all of the plants are evergreens.

Also, the local consultant and supervising landscape architect, Geraldine Knight Scott, believed that all of the plants should be dependable and they should be structural, quiet, and simple. Visitors to the museum will supply so much color that the plants need not be very showy.

Furthermore, since the soil in the terraced beds is entirely artificial, the plants had to be ones that have proved themselves in artificial soil.

Most of the bread-and-butter landscaping plants today are evergreen, dependable, quiet, and grown in artificial soil.

To see what we mean by bread-and-butter plants, here—from the top of the planting schedule—are 22 of the most-used plants.

In ground covers there are from 1,000 to 9,000 each of *Ajuga reptans,* Algerian ivy, Hahn's ivy, wild strawberry 'Number 25,' (we picked and ate some this June—tasty), *Gazania* 'Lemon Yellow,' and trailing rosemary.

In shrubs, 200 or more of each of *Abelia grandiflora* 'Prostrata,' *Aucuba j* 'Nana,' dwarf Natal plum, *Co* *kirkii,* Oregon grape, Californi grape, *Myrtus communis* 'Compac *tosporum tobira, Raphiolepis* 'Springtime,' and star jasmine.

In ferns and tree ferns, over 200 Tasmanian tree fern, sword fe woodwardia.

In trees, over 50 in quantity of *Eu* *sideroxylon,* Australian tea tree, s green pear.

ARTIFICIAL SOIL THROUGHOUT

The architects knew that this m garden would need over 11,00 yards of soil to fill the beds. The is engineered so substantially (pyramids of Egypt) that it co supported that much real soil in terrace beds.

The reason for artificial soil, th not weight but the impossibility ting 11,000 cubic yards of unifo Uniformity was essential beca beds were to be mechanically watered and the architects wan

Bed *being filled. Drain line on bottom, filter fabric covering it. The light layer is sand, dark layer is artificial soil mix*

Same bed *being planted in May, 1967. This bed is on the highest roof level. The brick building (rear) is across Oak Street*

Here's how *it looks now. Arbut (the shrubs) have beefed up no The ground cover in foreground*

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CALIFORNIA

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SUNNYVALE
Walker Paint
THOUSAND OAKS
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Hillcrest Paint
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CALIFORNIA

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ape to be "dynamic"—capable of replaced in units at any time.

hired a soil consultant firm, Soil Plant Laboratory of Santa Clara, to y an artificial soil—what we all seem ll U.C. Mix nowadays—to fill the The consultants created two mixes, eral one for most of the plants and a l one for the beds containing aza- amellias, and ferns.

eneral mix was 60 per cent fine red- sawdust and 40 per cent fine sand. ch yard of this they added 5 pounds ood meal or hoof-and-horn meal, 3 ds of single superphosphate, ½ l of muriate of potash, 5 pounds of m carbonate lime (ground oyster and 10 pounds of dolomite lime.

pecial mix for azaleas was equal of fine sphagnum peat moss and r bark. Into each cubic yard of this hey blended 4 pounds of blood meal oof-and-horn meal, 1 pound single phosphate, 4 pounds calcium car- e, and 4 pounds of dolomite lime.

oil people point out that these mix- were designed in 1963 (to allow time lding and growing). If they were it today, they would use today's en-stabilized sawdust and ground instead of the raw amendments and the organic (blood or hoof-and-horn sources of nitrogen.

and that makes the bottom layer of eds (visible in the photograph at left on page 186) was the same and as used in the mix. This lets pass easily from the mix layer into nd or drainage layer.

ndra lawns outside each of the three gallery walls were planted on the mix (1 foot deep).

ANICAL FEEDING AND WATERING

ntire garden is watered by a sprink- stem, with most of the lines 10 feet . If you look close, you will see kler lines just above the soil level on sides of the bed shown at bottom of 186.

e clock turns the water on and off. e head gardener has to do is reset ine clock to longer and shorter in- ls as the seasons come and go: 5 to s during the dry months, up to 15 days in late fall and early spring. gardeners' main concern with the kling is to keep the heads clear and the coverage.

ijector automatically proportions l fertilizer with the irrigation water ery watering—for most of the plants. -pass system puts fertilizer into the for the azaleas, camellias, and ferns s frequent intervals (only one feed- or every third or fourth irrigation). fertilizer used is 9 per cent nitrogen, cent phosphoric acid, and 6 per cent h. It is proportioned into the irriga- water at a ratio of 1 to 500.

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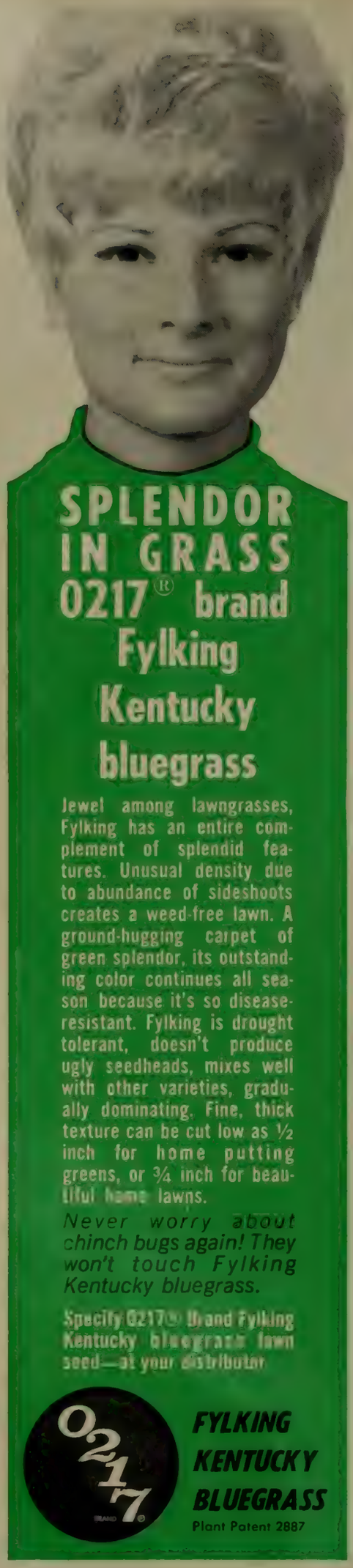
Bill Lane

President and Publisher



Fall-planted calendulas *bloom from November to summer. Older varieties low,*

Plant these now for color later

Gardeners anxious to start planting annuals for winter and spring color can hardly do better than start with calendulas. With very little care (mainly watering) they should bloom in mild areas by Thanksgiving, certainly by Christmas.

Good soil preparation pays off even with such robust annuals as calendulas. Premoisten the soil, dig deeply, and work in nitrogen-fortified peat moss, ground bark, or similar organic matter (30 per cent in volume) 9 to 12 inches deep.

Set the plants out 10 inches apart and water in thoroughly. Keep the bed moist at all times until the plants are established. About three weeks after planting, feed with complete fertilizer. Cut off dead flowers regularly. During a prolonged hot spell, the flowers may be smaller than normal but they will increase in size as the weather cools.

Although used mainly for bedding and borders, calendulas are attractive in containers. The reliable yellow and orange varieties that grow 12 to 18 inches tall are still garden favorites because of their bright colors and sturdy, compact growth habit. Newer varieties in pastel colors have larger flowers but their longer stems (18 to 30 inches) tend to get floppy.

Calendula's common name, pot marigold, is no accident. The flower's out often miscalled petals, are used soups and stews and to color pu

Calendulas *are most effective, loo and cheerful when planted i*

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ELLS MARUGG

Sweet peas *in the student garden, University of California at Santa Cruz*

Sweet pea color . . . plant now for next spring and summer

To produce the sweet peas you see above, students in the Garden Project at the University of California at Santa Cruz planted seed last September. By July 3, when we took the photograph, the 300-foot-long row had been in bountiful bloom for more than three months and had supplied the campus community with countless bouquets of fragrant multicolored flowers. (For a report on the entire garden project, read *At Santa Cruz these college students go out for gardening* in the March 1969 *Sunset.)*

The students sowed seeds in lug boxes (deep enough to accommodate sweet peas' vigorous roots) which were placed in a coldframe. Then they set out husky seedlings in December.

You can sow seeds directly in the ground, but if wildlife abounds, as on the Santa Cruz campus, it's safer to set out plants after they pass the tender succulent stage.

HOW TO PLANT

Dig a trench 12 to 18 inches deep. Backfill it with a mixture of 1 part organic matter (leaf mold, peat moss, ground bark, sawdust, or compost) and 2 parts soil. Incorporate complete fertilizer according to label directions. (The Student Garden Project uses only organic materials, so bone meal, wood ash, and manure were added to the other soil amendments.)

Although you can speed germination by soaking the hard-coated seeds for a few hours before sowing, they'll sprout in a week to 10 days in warm, moist soil. To prevent rot and damping off, dust seeds lightly with a fungicide before sowing.

Sow seeds 1 inch deep and 1 to 2 inches apart in open ground. Thin seedlings to 5 or 6 inches apart when they're 4 or 5 inches high. To start seed indoors or in another protected place, put 3 or 4 seeds in 2½ or 3-inch pots; thin to one strong seedling when setting out in the ground.

Before planting vining sweet peas, i wire, trellis, string, or other sup Sweet peas grow best free-standi full sun in a north-to-south positio tected from strong wind. Next bes tion is against a south or west wal the support several inches out fro wall to allow free air circulation.

KINDS OF SWEET PEAS

Vining types. For early flowering, po by Christmas, choose Early Flow Multiflora or Early Multiflora Gig varieties. For spring flowers, plant bertson Floribunda or Floribunda anek strain. For summer bloom, c heat-resistant varieties Galaxy and I flora which bloom until midsumm coastal areas.

Bush types. If you don't want to with training sweet peas on sup plant the bush types. Bijou, 12 i high and quite compact, is splend edgings, ground covers, and cont Knee-Hi, growing to 30 inches, longer stems, and larger flowers Bijou, makes an impressive mass d in borders.

Both vining and bush types of swee are available in mixed and separate that include many shades of every but yellow.

PETE

Each spring *sweet peas make a st display on this palm in front of*

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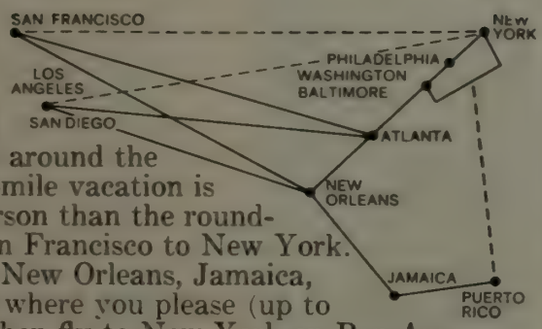

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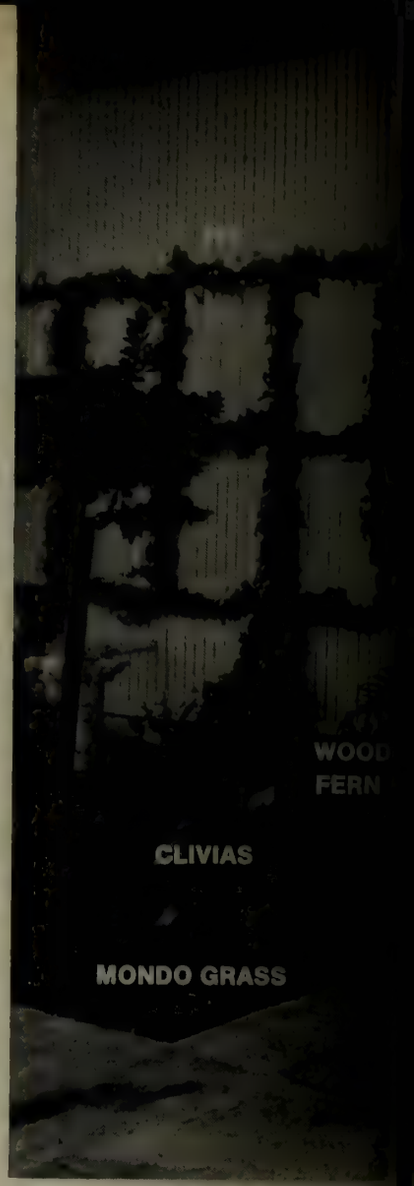
Plants that do well with very little sun

Architects design structures to make people comfortable—to keep them dry, warm, shaded. But conditions that please people aren't always conditions that favor plant growth. We often expect plants to flourish under deep overhangs or decks, in dark passageways and breezeways, or in deep, dark, north-facing entries, even though we know very well that plants don't grow in caves.

ELLIS MARUGG

The only light *in this ground-floor planting at Marin County (California) Civic Center comes from skylight three floors above; plenty of air comes through entry*



Hanging basket plants *give eye-lev*

Are there good plants for dark p
There is a rather good selection
for greenery in subdued light; yo
have much trouble finding plea
varied ground-cover plants, shr
vines. Very few plants with show
ers bloom well under low light co
but you can remedy this defici
you consider it a deficiency) by
potted plants to bloom stage an
them into your shaded planting

GOOD DRAINAGE IS IMPORTANT

Plants under roofs don't have th
tage of having the soil leached
fall. If your water has any app
mineral content (and most Weste
does) your plants are in danger o
from accumulated salts in the
prevent such damage, leach the
and flush them below the root
occasional deep, heavy watering,
you'll need good drainage. Un
have such drainage, or can provi
garden in containers, you'd be b
not trying to grow plants.

Be sure that you'll be able to wa
quately and conveniently. Irriga

RICHARD FISH

, *fuchsia for flowers in season. Garden design by Sid Galper Associates for Dr. and Mrs. Donald Kinsler, Encino, California*

ng is easiest and least likely to r walks and walls. Hand-holding a messy, tedious, and often fails to enough water to the roots.

TS TO USE

lecting plants, don't limit your s to the best-known shade lovers; sun plants do quite well in the even though their growth patterns ppearance may change. Nandinas, tance, grow well in deep shade but green all year instead of taking winter bronze they show in sunny . The plants we list here are among st for dark gardens, but they are e only possibilities: Your nursery-can suggest many more that are available and useful.

d covers, vines. It isn't always easy w the line between the two categories: many vines do beautifully as ground covers, if you keep them from climbing walls or other plants.

Here are some of the best low plants for deep shade: baby's tears, creeping fig, evergreen grape, ivy (English or Algerian), mondo grass *(Ophiopogon japonicus)*, pachysandra, plectranthus.

Mounds and masses. Some good choices among plants of medium height are aspidistra, bergenia, clivia, ferns (holly fern is especially good), hellebores, hostas, and *Sarcococca humilis*.

Taller plants. Use these as background planting or for silhouette: *Griselinia lucida*, fatshedera, Japanese aralia *(Fatsia japonica)*, nandina, some palms (notably species of *Howeia* and *Rhapis)*, podocarpus, *Sarcococca ruscifolia*, and tree ferns. Tall house plants such as rubber plant and split-leaf philodendron find the overhead shelter in dark places adequate to keep off winter frosts in most California gardens. In colder regions these and other house plants can spend the summer out of doors in shady places. Be careful how you move plants about—avoid sudden shifts from warm to cold conditions, and from dark to bright exposures.

Flowering plants. Of plants already mentioned, bergenia, clivia, and the hostas will flower in shade. Star of the group is clivia, which blooms well in quite deep shade. Among annual plants, impatiens is most likely to give substantial flower production in deep shade. Rex begonias have showy, colorful leaves and will often bloom even in heavy shade.

The best way to get a good display of flowers is to grow flowering plants in pots elsewhere in the garden where light is better, then bring plants in bud or bloom to the shaded area and sink the pots into the planting bed. To dress up a dark entryway for a special occasion, use potted chrysanthemums, available at moderate cost any time of the year.

It's not the environment . . .
it's the heredity

DON NORMARK

Gray-leafed *santolina (golden yellow bloom) adapts beautifully to the contours of rocks*

You can sculpt the sun-loving santolinas

Garden sculptures need not be limited to wood, concrete, and similar materials. Certain plants are so adaptable to trimming and pruning that they too may be used for this purpose.

Two such plants are the sun-loving santolinas—one with silvery gray foliage, the other with green.

Santolina chamaecyparissus, sometimes called lavender cotton, was just as favorite in grandmother's garden today. This is the one with silve foliage; each leaf is divided into t ments. Golden yellow, buttonlik heads top 4 to 6-inch stems in *S. virens* is the dark green kind ceptionally narrow leaves have toothed edges. Flower heads are low. *S. virens* is one of the plant in Southern California for its fire ant quality and rated as good.

You often see both santolinas pr shape because they look their b way. Usually *S. chamaecyparissu* trimmed into a low boxlike hedg can be pruned to fit the contour o as pictured on the left. Both sa work well in edgings and border billowy ground covers.

Normally they grow to about 1½ more, but they bear their flowers fusely that they tend to becom heavy and floppy looking. To ke always looking neat, pruning is If you want some flowers for int contrast, trim plants once a ye bloom. But if you don't care abou and just want to emphasize a p shape, prune the foliage mass as three or four times a year.

Both gray and green kinds thriv kind of soil and are drought however, *S. virens* will take mor watering. Both are quite hardy ceptionally cold areas tops may the ground, but they'll come back as the weather warms. Leaves herblike fragrance.

Both kinds of santolina are easil gated from cuttings.

WILLIAM APLIN

Green-leafed *santolina's flower heads are creamy chartreuse*

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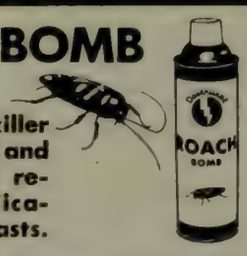

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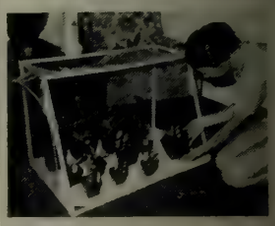

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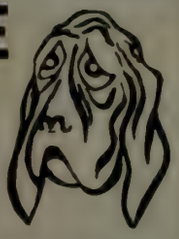

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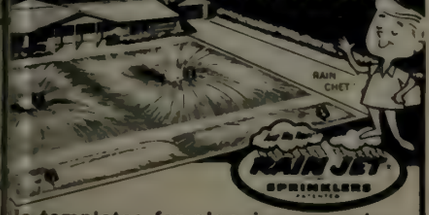

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If you already have a jungle, herbicides will help, but you'll have to work harder: No herbicide yet devised will cut brush and haul it away.

Methods of application are basically three: foliage spray, basal bark spray, and cut-surface application. The most widely used method, foliage spray, works well when plants are in full leaf; actively circulating sap will carry spray material through the plant. Don't use it after leaves have taken on fall color. If weed plants are green and growing, wet their foliage thoroughly. Keep spray off desirable plants and avoid wasteful runoff.

Plants of large shrub or small tree size are sometimes too big for convenient coverage with foliage sprays. Treat such plants with basal bark sprays. Dormant shrubs and small trees can be killed by bark sprays, but results are slow to appear.

While cutting and removing brush to improve access or reduce fire danger, you can apply some of the weed killers in concentrated form directly to the cut surface of the stumps, covering at least the cambium (thin layer just inside the bark) and the sapwood. This trea will prevent—or reduce—resprouti Rate of kill will vary with any treat Some retreatment is usually nec the following season or the following

MATERIALS TO USE

Of the many herbicides develope following are generally available o counter or on special order:

Ammonium sulfamate (Ammate). T a general weed killer widely us woody plants, especially poison o can kill any plant it touches and porarily sterilize soil, so apply car either diluted with water as a spray or applied straight to cut su

Amino triazole. This one is effecti poison oak, other woody weeds deep-rooted perennials. Spray only e to wet leaves thoroughly; soakin ground temporarily sterilizes soi could damage desirable plants n Don't let animals graze on sprayed

Phenoxy materials. These widely av materials include 2,4-D and its related compounds and blends of pounds. They can kill most broad- plants without harming grasses. on still days at low pressure to p fine mist or vapor which can dama sirable plants. Special brush-killer lations have low volatility, but don chances. Concentrated phenoxy-oil tions sprayed on basal bark of plan kill by being absorbed through the (see photograph above).

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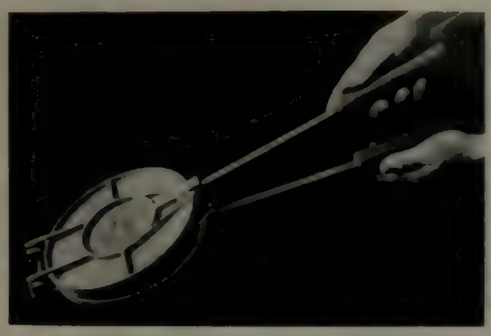

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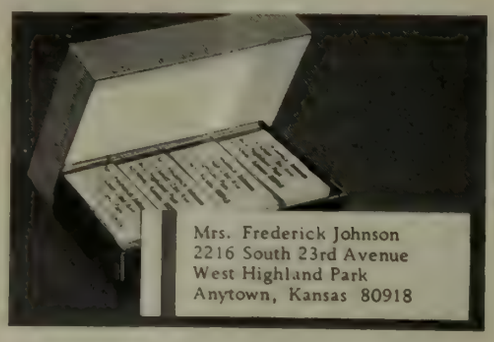

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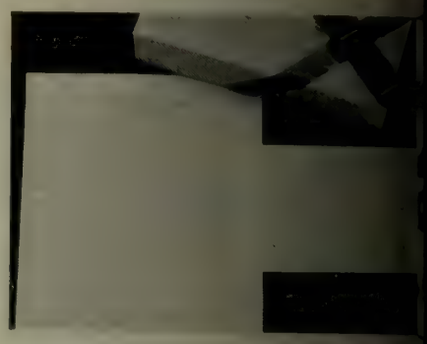

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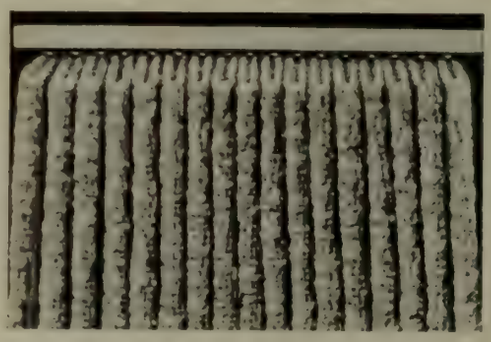

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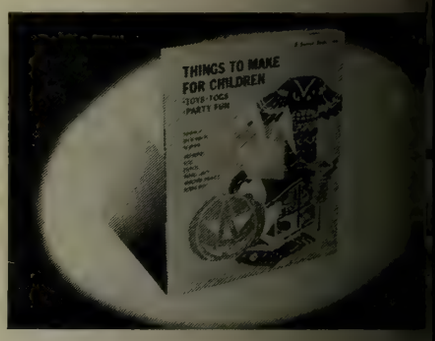

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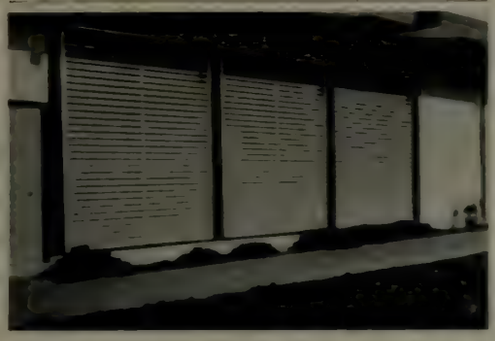

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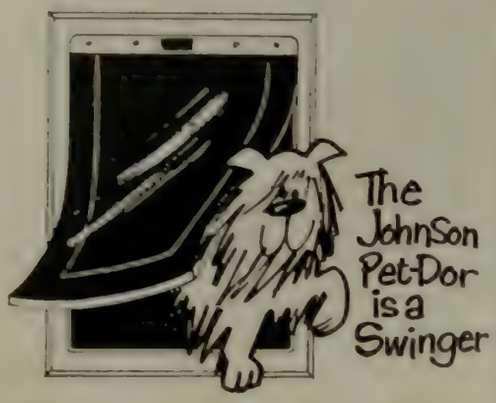

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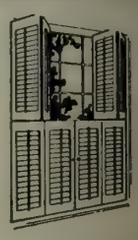

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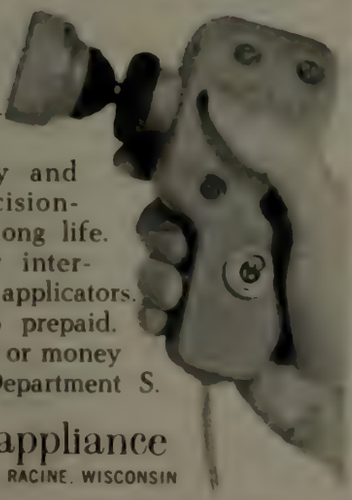

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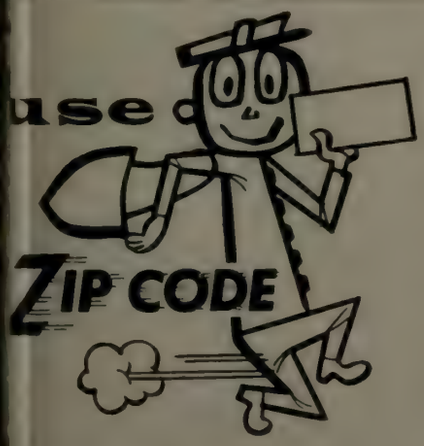

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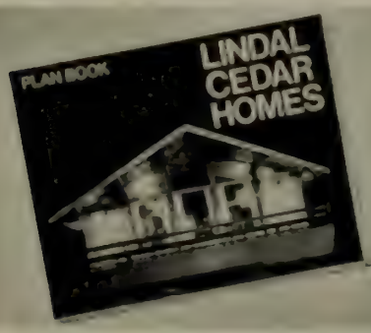

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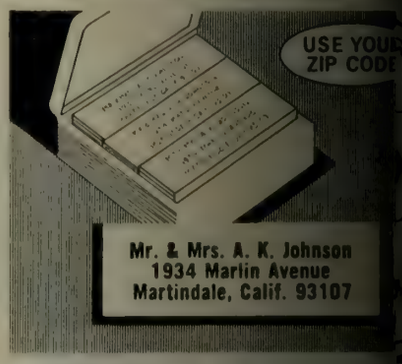

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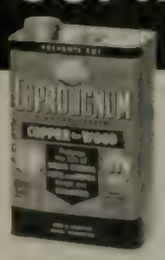

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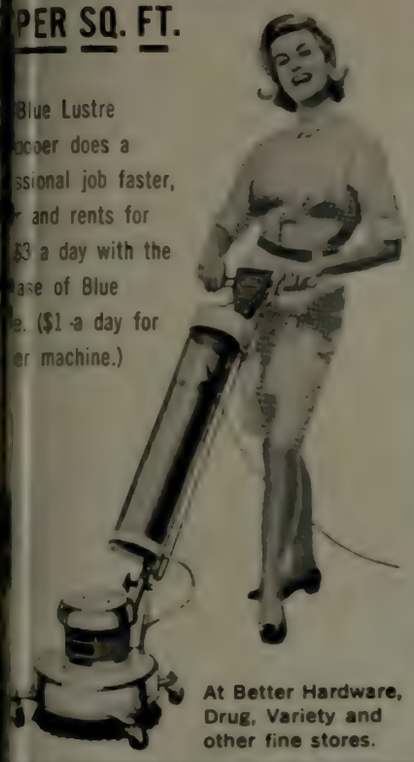

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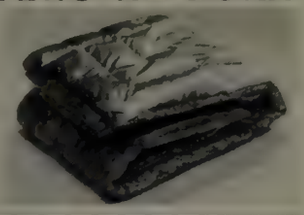

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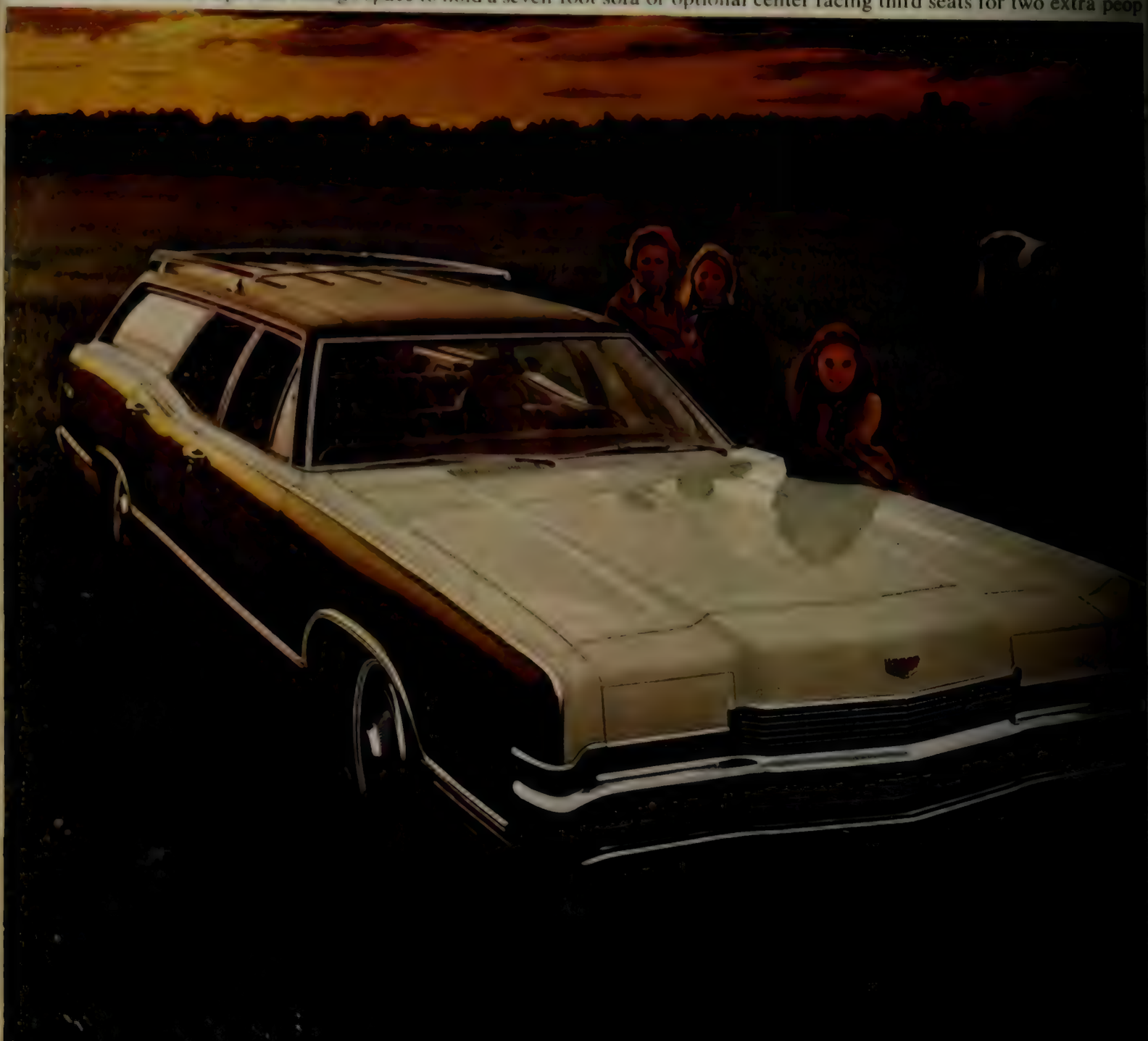

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The Cover Story

The "art gallery" house on our cover is one of the 41 winners in this year's Western Home Awards program. They're all described, and discussed in the feature article that begins on page 84. Color photograph by Glenn Christiansen

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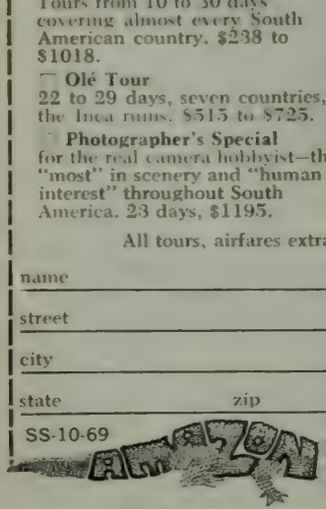

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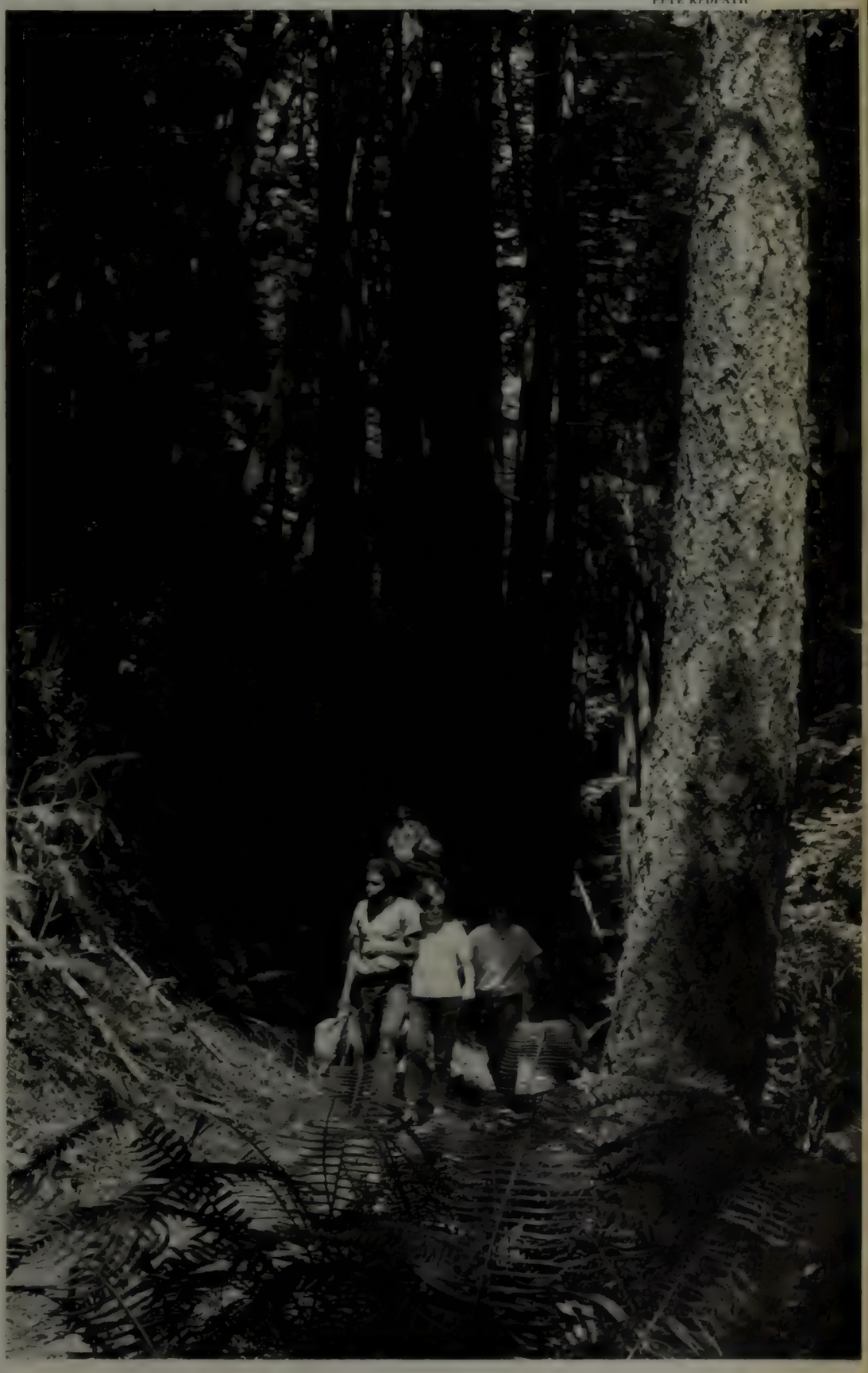

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eparate picnic area.

he area immediately adjacent to
mpground is accessible to cars, so
the rest of the park you have to do
valking. Three major trails traverse
56 acres. Each trail's starting point
ked by a yellow-topped post.

reek Trail starts ¼ mile below the
round; you can either start walk-
at that point or hike along the
road to the water plant (near the
hingle Mill site) where the road
he trail, and use the trail for your
If you want a longer hike, the
Trail does continue uphill beyond
ll site, but the walk from the camp-
l to the water plant and back takes
an hour and a half—allowing time,
rse, for the children to race stick
" in the creek where the trail bridge
s it.

he park entrance, the Outlook Trail
up the side of a hill covered with
chaparral and evergreen trees to a
where you can view Ano Nuevo
just off the coast. This is one
park's most pleasant hikes, but it
tiring (it climbs 800 feet in 1 mile)
e your time and enjoy it. A clear-
d picnic table along the way pro-
welcome spot for a rest.

trails intercept the Perimeter Trail,

Creek Trail *takes you through one of the lower stretches of Butano's lush redwood forest*

Sunset

THE MAGAZINE OF WESTERN LIVING

October 1969

Five little fish *lined up on a bed of ice have their picture taken in our photo studio; camera is on high tripod at left*

They're posing a fish portrait

One each of five different varieties of Western sole is being carefully posed here for the top photograph that appears on pages 112-113. But at least 50 of these succulent little fish were cooked and served in *Sunset's* kitchens in recent weeks.

It was all part of the testing done to develop the new, simplified method of oven-frying sole reported in this issue of *Sunset*. If you can find some whole fresh sole, or get your fish dealer to order some, you can prepare this famous restaurant specialty in your own kitchen.

With all those fish in our kitchens, it was no problem to perfect a system for removing the bones from the sizzling hot fish before serving it. We show the method of boning sole in easy-to-follow pictures in the article.

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a fire road that leads into the posed chalk rock area. This i especially scenic hike, and muc unshaded; but in spring wild r drons 40 or 50 feet high are among the knobcone pines and tas (ask the ranger to mark the on the park map).

Campsites at Butano State Par reserved or assigned; campers se own. Overnight camping fee w car in the summer; it's 50 cent now through spring. The charg nicking is 75 cents per car.

The park is 7 miles from Pescade and you can fish in Butano Creek north of the park.

Easiest access to the park is fr Highway 1: from the north, take cadero turnoff; from the soutl Creek turnoff. Then head east a the signs.

What's doing in Nevada

Scheduled on two Saturdays thi in the foothill town of Nevada miles northeast of Sacramento; tours and a craft sale.

From 8 A.M. to 5 P.M. on October ing from Pioneer Park, you can gold mines and a "diggins." Th ($3 for adults, $2 for children u include lunch in Pioneer Park an sion to the mining museum in Ravine.

On October 11 at Veterans' M Building, 415 Pine St., hand-cra and food items will be sold from to 5 P.M. The same day from 1 t four old houses, one contemporar ing, and two public buildings in City and in nearby Grass Valley open to the public. Tickets are $

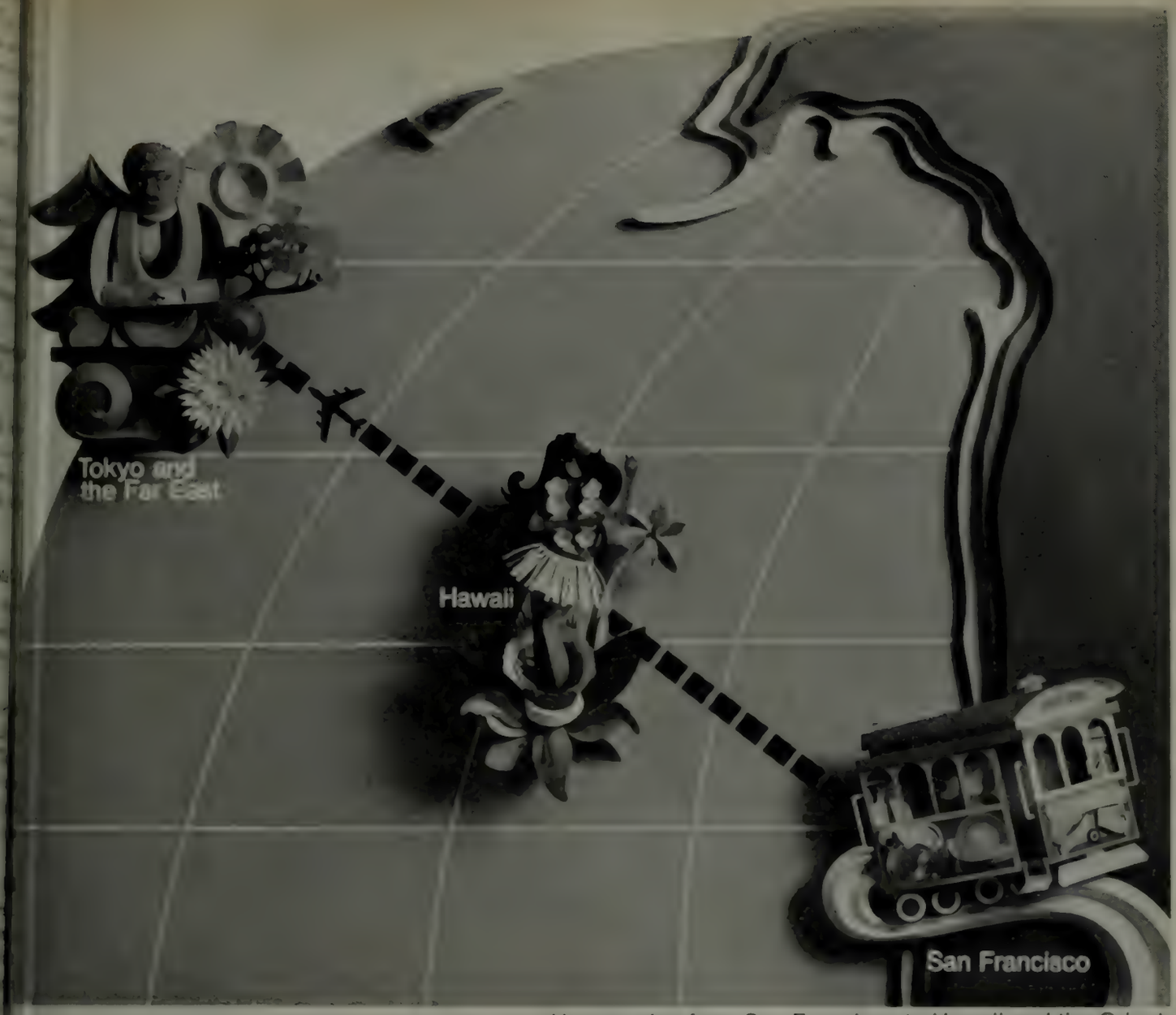
This is a guide-yourself tour. Y purchase tickets and obtain m either the National Hotel in Neva or at Emmanuel Episcopal Ch Grass Valley.

At Fort Humboldt: a logging exhibit

Logging the giant redwoods th grew profusely along California' coast was almost a personal chal lumberjacks at the turn of the Without bulldozers and power sa had to rely on strength and skill ple and buck a tree, and on pack or a steam engine to haul it out.

At the historical logging exhibit Humboldt State Historical Monu Eureka, visitors can see a selec equipment dating to those early

Axes, saws, and wedges, the person of yesterday's lumberjack, are di near a reconstruction of a typical cabin. Close by are some of the steam engines used to handle the l of the most impressive is a Wash



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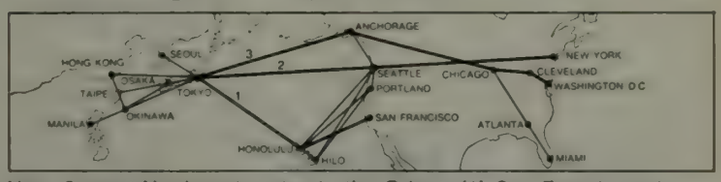

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Mother and daughter *examine a loader in front of the Washington slackliner*

slackliner (also called a three-spool yarder), first used in 1908; this large mass of pipes, wheels and valves winched logs long distances over rough terrain. There's a Dolbeer steam-driven donkey, used for skidding (hauling) and loading logs in the woods, and a steam locomotive built in 1892 that pulled many loads of logs.

The exhibit, just half a mile off Highway 101 on the southern edge Eureka, is open daily from dawn to d Admission is free. Visitors are also come to browse through a small mus behind the park headquarters that giv brief history of the original Fort H boldt site.

For travel planners, an October check list

New transpacific flights. Trans World Airlines has inaugurated transpacific service and now has a daily around-the-world flight each way. The previous gap (Hong Kong - Los Angeles) in TWA's global service has been closed with a new route that takes in Honolulu, Guam, Okinawa, and Taiwan. The westbound flight leaves Los Angeles each night at 9:45; the eastbound flight leaves Los Angeles every morning at 10. Both use 707 jets and offer first class and economy service. Around-the-world economy fare is $1,290.50.

Death Valley tours. Three motor coach tours of Death Valley and either the High Sierra or Las Vegas leave from the San Francisco Bay Area this fall. The five-day Death Valley-High Sierra tour ($132) starts November 22. The seven-day Death Valley-Las Vegas tour ($160.50) has two departure dates, November 15 and December 6. Tour prices include transportation and twin-occupancy lodging. For details, write to Continental Trailways Tours, 181 O'Farrell St., San Francisco 94102, or see your travel agent.

Hawaii's Aloha Week. Hawaiian music through the ages will be the theme of the 22nd annual Aloha Week. Actually the "week" is stretched to a month on the six islands, but main events will be on Oahu October 17 to 25. The Molokai to Oahu outrigger race will take place October 19; other events include a parade and an array of concerts. Admission to most events is free if you're wearing an Aloha Week ribbon, which costs $1.

Portugal, Spain, Morocco. Flamenco in Seville, the Shrine of Our Lady of Fatima, and the Casbah are among highlights of two 21-day tours of Portugal, Spain, and Morocco leaving New York November 10 and December 1. Tour price of $739 includes transportation, meals, and hotels. For reservations, write to Brownell-Marsh Tours, Brownell Building, Box 2029, Birmingham, Ala. 35201, or see a travel agent.

Galapagos Islands cruises. Beginning November 11, a 60-passenger yacht will continuously operate four, five, and eight-day tours in the Galapagos Islands. Accompanied by naturalists and experienced guides, tour groups will explore several islands. Prices range from $150 per person for the four-day cruise to $570 for the eight-day cruise, including meals. For details write to Wrightway Tours, 1015 South Central Ave., Glendale, Calif. 91204, or see your travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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THE *Sunset* SCHOOL AND CAMP DIRECTORY

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The fine schools and camps, whose announcements appear in this section, invite your direct inquiry and request for a brochure. SUNSET suggests that you write or telephone the individual school administrator or camp director.

This Directory is now, we believe, the best single source for Western families seeking independent schools and the benefits of private camps for their children. This section appears in each monthly issue of SUNSET.

We will be happy to answer questions concerning advertising from school and camp officials. Please write School and Camp Directory, SUNSET Magazine, Menlo Park, California 94025.

SCHOOL AND CAMP

Directory is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 9

GARDEN CENTER beginning page 267

FINE FOODS CUPBOARD beginning page 187

SHOPPING CENTER beginning page 270

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Info-Tape offers a narrative for wal as well as an automobile tour tape. walking trip (fee: $2.85) starts on Hill, passes through Chinatown, s the Financial District, and ends in N Beach. The driving tour (fee: $3.85 along part of the 49-mile drive. R celebrity Don Sherwood narrates driving tour. Office is at 225 Powell St (Union Square). Telephone is 392-243

Auto Adventures Tape Tour narrat Dick Van Dyke. He describes section the 49-mile drive. There are 18 stops 3 suggested side trips in the half-day t Fee is $3.90 a day. You also recei 12-page guidebook and maps. The o (telephone 626-7154) is at 357 Fran St. at Grove, near Civic Center.

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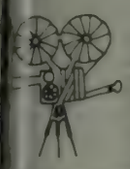

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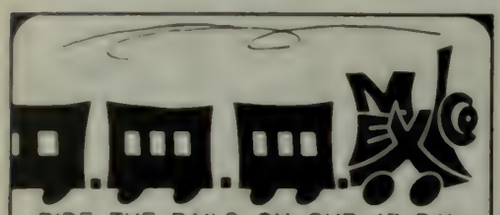

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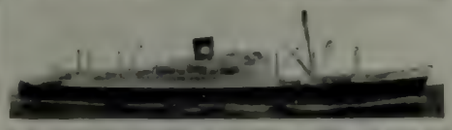

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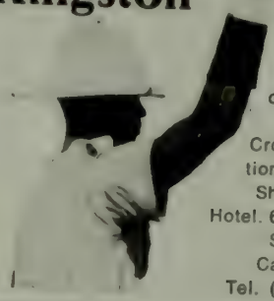

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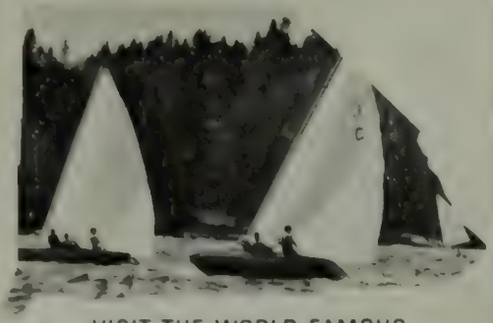

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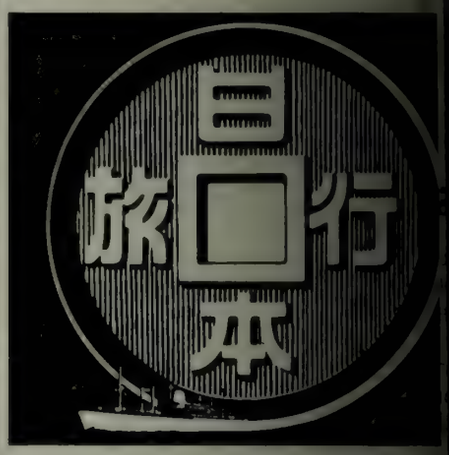

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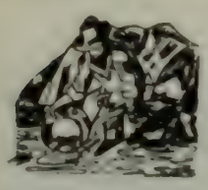

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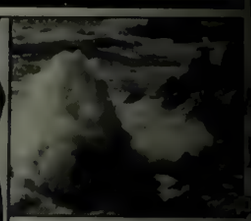

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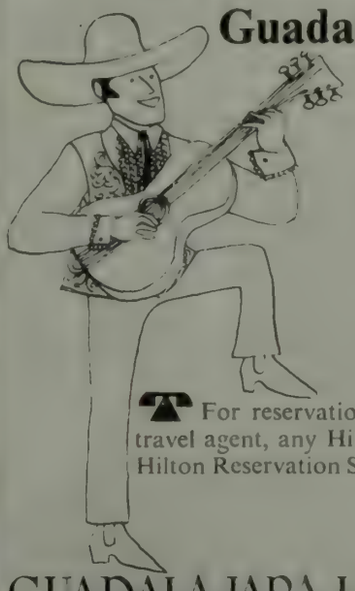

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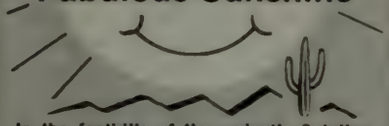

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Quarai Mission's *crumbling walls form haunting silhouette against New Mexic*

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Abo State Monument. At one time headquarters for the three missions, Abo is now the least restored. The only structures left standing are sections of the mission church; the rest of the pueblo consists of low walls and rust-colored mounds of bricks and earth.

From Albuquerque go south on Interstate Highway 25 (U. S. 85) and turn east toward Mountainair; the monument is just past the town of Scholle. It has no facilities for visitors.

Gran Quivira National Monument. From Abo continue east on U. S. 60 to Mountainair; turn south on State Highway 10 and drive about 26 miles to Gran Quivira. The Visitor Center, open 8 A.M. to 5 P.M., has archeological and historical exhibits that help explain the site. A guide-yourself Mission Trail provides a 45-minute walk through the ruins of the I pueblo and the mission churches. P tables are available.

Quarai State Monument. From Gran vira (the paved road ends there), t track along State 10 past Mounta about 7 miles to the Quarai ruins though the site has a shelter and p table, it is otherwise unimproved; visitors are free to walk around on own. A planned Visitor Center may by next summer.

In 1629, *Fray* Francisco de Aceved tablished Mission San Gregorio de and *visitas* (missions without padre the Indian pueblos of Quarac (Qu and Tabira (Gran Quivira). Regularly missionaries would ride over the d brown hills between Abo and the visit preach to the Indians, collect tribute, assign work in the fields managed by missions.

It was partly this exploitation of the dians that led to the Pueblo Revol 1680, when the Pueblo chieftain P led Apache and Pueblo Indians on a r page that destroyed many missions kept the Spanish out of this area for n than 10 years.

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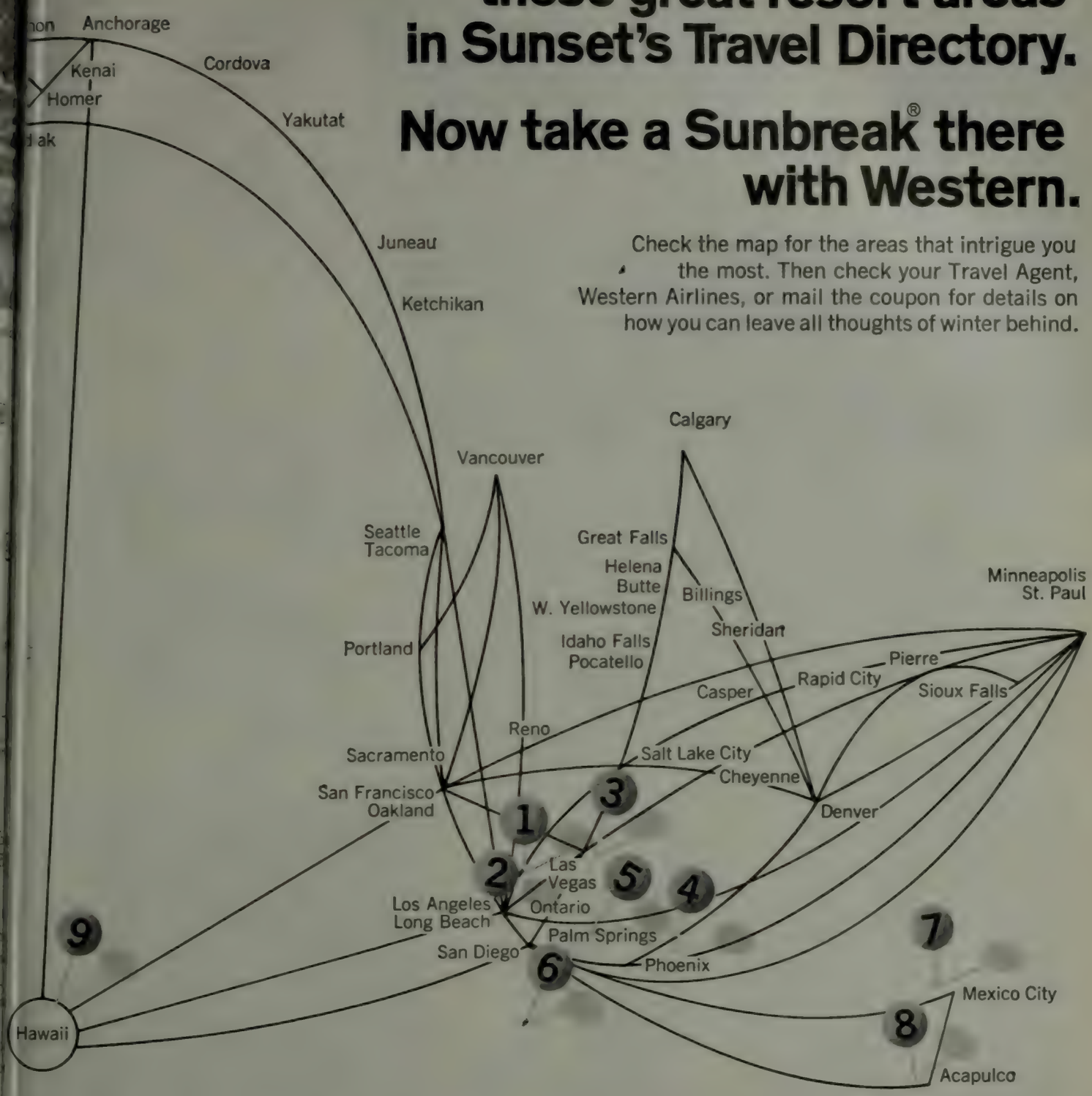

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Which cruise to Mexico? The ports of call vary...

Cruise ships begin another season of sailings from West Coast ports to Mexico, Central America, and the Caribbean this month, with most of them calling at several towns along Mexico's tropical West Coast. Mazatlan, Puerto Vallarta, and Acapulco are the most frequent ports of call, but Manzanillo and La Paz pop up on several cruise itineraries and Ensenada will be the featured destination on special schedules of three and four-day cruises leaving from San Francisco, Los Angeles, and San Diego.

Zihuatanejo, about halfway between Manzanillo and Acapulco, is a possible bonus port for the 1970-71 cruise season, if harbor and resort developments continue as anticipated.

Each Mexican cruise town has its unique appeal and, conversely, its distinctive limitations. Only Mazatlan, Manzanillo, and Acapulco have adequate harbor facilities to offer dockside berths to large cruise ships; and military vessels and freighters have priority. At other ports (and when dock space is not available in the larger harbors) cruise passengers must commute from ship to shore in lighters, lifeboats, or small cruisers. Some complain about the inconvenience; others enjoy the bonus of these informal "harbor cruises."

Once ashore, you'll find in each of the cruise towns the dramatic combinat jungle-covered mountains, palm- beaches, and pounding surf that cl terizes the tropical West Coast of M Resort facilities range from very tive to extremely elaborate, and activities include almost anything visiting the cathedral to soaring above a tropical beach by means boat-towed parachute-sail.

Many cruise passengers like the sponsored shore excursions; others to explore on their own, making thei discoveries in each new port.

Here are notes on each Mexican town based on the experiences of a S reporter and his interviews with passengers:

Ensenada. Good beaches and sport ing are the two big attractions here. this is the only port of call for thre four-day cruise passengers, it is thei opportunity to shop for Mexican s nirs and folk art.

Ensenada is only 75 highway miles of San Diego, so passengers will no similarity to Mexican curios (and p found in import shops north of the der. This proximity to the border ca work to your advantage. The bett sorts and restaurants are geared t tors' expectations in standards of se and are acquainted with the idiosy sies of the American palate. One b

Ports of call *include Mazatlan, La Paz, Puerto Vallarta, Manzanillo, and Acapulco during the 1969-70 season*

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Vendors *sell paper flowers and other orful souvenirs on beach at Maz*

recommended specialty in Ensenada: Mexican lobster.

Night life in Ensenada is limited to small cantinas, usually presenting y musicians and dancers who hope to enough of a reputation to move on to dates in Tijuana.

La Paz. Your cruise ship anchors channel at La Paz and small launches lighters shuttle passengers to waiting buses or taxis at either the downtown or the new ferry terminal north of t Prearranged fishing charters pick up sengers directly from the cruise ship

La Paz will seem less tropical than other Mexican cruise towns, but it o a greater range of activity than you able to sample on a brief visit. The swimming is at Coromuel Beach, 2½ m northeast of town by taxi, and at beach at Puerto Balandra, a short excursion north of the ferry terminal. best shopping is found among the temporary but distinctively Mexican and crafts at the Center of Regional A the city also has the usual curio s and street vendors. Night life is restric to two clubs and several cantinas.

Mazatlan. The beaches of Mazatlan r extremely high on passenger lists of vorite places. Moderate surf, the abse of strong offshore currents, and the ge slope of the sandy strand make t among the safest beaches on the W Coast of Mexico.

The beach and beachfront dining p at the Hotel Playa Mazatlan is a popu gathering spot for cruise passengers, the many shops along Avenida del P offer an excellent selection of folk art traditional handicrafts. Modestly pri baskets and handbags decorated w shells and brightly colored straw flow

Balboa,
Pizarro,
Drake,
and the California 49'ers
were here.
Kilroy was not.
This hidden road in Panama was the treasure trail of the Conquistadores uniting the two oceans. Inca gold flowed across it to Portobello on the Atlantic Coast and then to Spain. Centuries later, 49'ers crossed in the other direction and sailed up to California. Now, the jungle has taken it. But you can still walk on the old Spanish stones of *camino del oro*, the road of gold. Nothing has been violated and the mood is as it was 400 years ago.
For a change of mood, Panama also offers beaches, surf, sun, fishing, lovely hotels, exciting shopping, colorful Indians, night clubs, casinos, great food and stimulating music. Panama is a very different place for a different vacation. See your Travel Agent or send for a different brochure. Write us.
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Please send me information on your land lease program, Spyglass 13 and other Pebble Beach properties.

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are popular souvenirs.

Mazatlan's claim as "the sport fi capital of Mexico" seems as fitting a similar boasts of other coastal cities. a wide selection of short harbor cr and jungle river excursions are well w the time and money. Resorts offer n ly entertainment, but by and large zatlan is fairly quiet after dark.

Puerto Vallarta. In spite of the infl Hollywood celebrities and a Califo style real estate boom, Puerto Vall retains the basic charm of a quiet co village. Such hotels as the Posada llarta, Gaza Blanca, and brand ne Camino Real offer resort facilities to anything in Mexico. But, like the e summer homes of the seldom-seen cel ties, these resorts are well beyond the lage limits and have had little effe the attitudes of the citizenry.

There's the usual shopping for Me curios and the Puerto Vallarta le sandals, but you'll also find an ine ing number of shops specializing i mod fashions commonly describe "rich hippie." The beaches are sple but steep (two steps out and you're your head); the primitive beaches of maloya and Yelapa are short excur down the coast by motor launch. A dark, the liveliest place in town will li be some small cantina where crew m bers from your ship create their own tertainment.

Manzanillo. A banana and coconut Manzanillo's prime offering to visito its excellent sport fishing. North of to the Playa Santiago has modest resort tels and beaches. Shell novelties are a the only distinctive souvenirs availa The town is very quiet after dark.

Acapulco. Visitors are likely to com the harbor at Acapulco to one of t other famous harbors: Hong Kong, Francisco, or Rio de Janeiro. Acap is one of the winter destinations of international "jet set," and it is expen year around: hotels, meals, taxis, venirs, and entertainment.

The beaches are beautiful, but surf, str tidal currents, and steep gradients l all but the strongest swimmers out the water. After dark, Acapulco rock the rhythms of the discothèque, go club, and the *boite de nuit*. Bossa n groups from Brazil and French *chant* were in vogue last spring. For people prefer to sleep at night, there are dayli harbor cruises, motor tours of the and beachfront restaurants with lunch menus. A happy compromise for th who want the best of both worlds night club tour that gives you a qu look at the Hotel Mirador's famous div the pole dancers on the roof of the H Casablanca Tropical, a light punch dr at several small bistros, and gets you b to the ship shortly after midnight.

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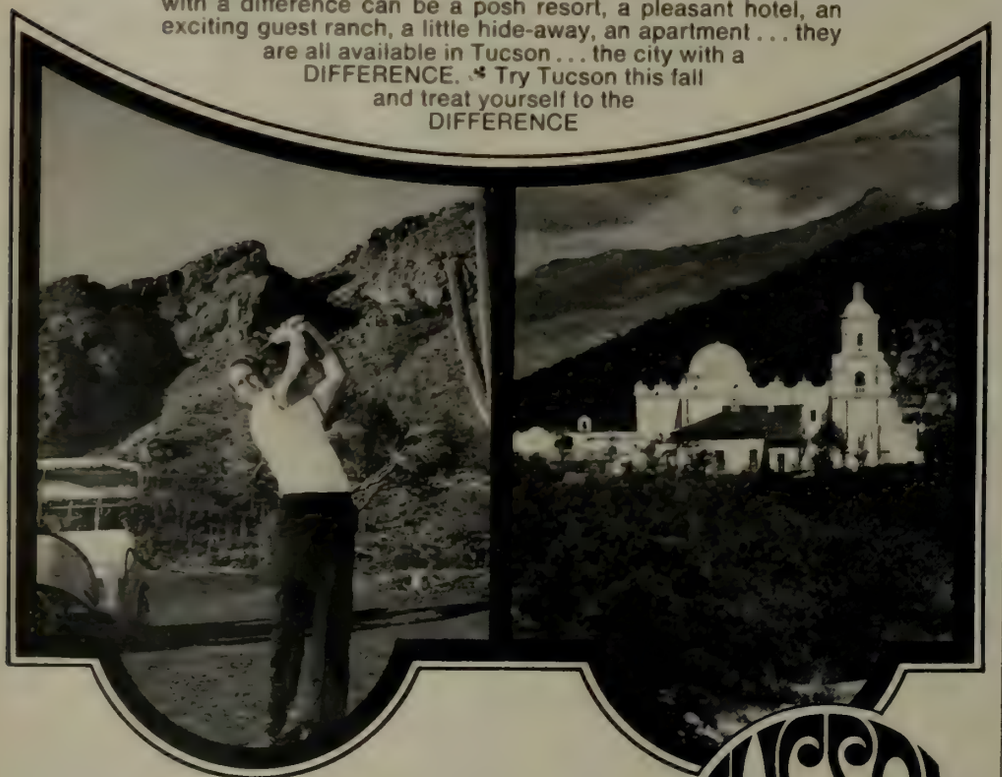

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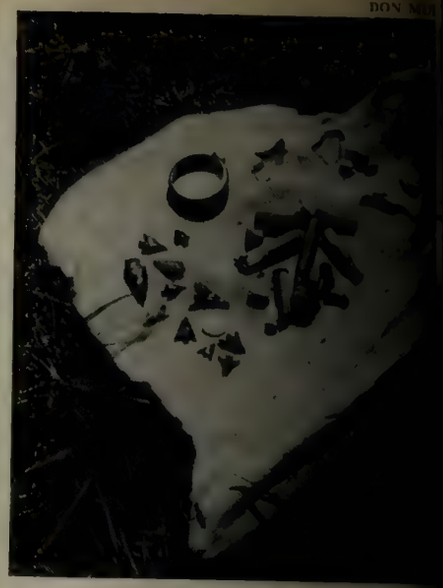


Arrowheads, *cartridge cases, a watch ing, musket balls, and an old spark p one fall day's find on a reservoir b*

Beachcombing at a reservoir

On many reservoirs in the West, d down time in autumn provides an op tunity not often described in reser recreation brochures: a chance to beachcombing.

Reservoirs typically attract large sum crowds, and many reservoirs cover a of previous habitation. The result o is a remarkable underwater collectio manmade oddments, some accumul during the summer, some discarded l ago and now at last revealed. Nat treasures such as fossils and agates r also be uncovered.

One family we know has been comb reservoir beaches for years and has fo semiprecious stones, arrowheads, fos old bottles, and countless curiosity pie

The largest find we've heard of wa brand-new, uncrated washing mach (apparently dropped accidentally fro boat).

On any reservoir some locations are l ter than others. An old homestead n give itself away by some trace of fe posts or a fragment of stone foundati A nearby gully may turn out to be old dump.

Finding lost fishing lures is easy wh angling is popular. Examine stumps a brush. Sometimes you'll simply find a s ment of nylon leader on the mud; pick up and follow it hand over hand.

The upper portions of a reservoir ba are the best places to locate old stre beds. These are good sources of obje washed downstream, as well as agat fossils, and stream-washed crystals.

SUNS

OH, GIVE ME A HOME...

Where the whole gang can roam. And here it is. One of the many different Dodge recreational vehicles. A hunting and fishing home for you and your gang of friends. A vacation, weekend, skiing home for you and your family. This one is the Dodge W200 four-wheel-drive Camper Special—a rugged, go-anywhere pickup with one of the many different kinds of slide-on camper bodies available from various manufacturers. No matter where you go, off the trail, its four-wheel-drive and front-mounted winch will bring you out when other pickups bog down. When you're out on the road, it's a simple matter to disconnect the drive to the front wheels to save axle and tire wear.

Other Dodge "Homes on the Roam" range in size from compact Sportsman Wagon conversions to the luxurious Dodge Motor Home. Your Dodge Dealer can tell you more about what he has to offer. Ask him for a copy of the Dodge Recreational Vehicle catalog. Or write for one to Advertising Department, Dodge Truck Operations, P.O. Box 2088, Detroit, Michigan 48231.

Dodge Trucks CHRYSLER MOTORS CORPORATION

Do you have art talent worth developing? Take our free test and see

If you have ever wondered whether you had art talent, here is your chance to find out. The founders of Famous Artists School have put together what many artists and educators consider to be the most revealing test of art ability ever devised. It is offered to you free.

Designed for people uncertain of their ability

The people who take this Art Talent Test are of all ages and occupations. Most of them have little or no previous art training. By professional standards, their drawings may be awkward and amateurish. But the ones who possess the gift of art talent reveal it in many ways. Through simple little exercises, they show the inborn sense of design, the feeling for composition, the ability to observe, and the lively imagination which are such important ingredients of art talent.

The reliability of this method of screening, as well as the effectiveness of the training, has been proven again and again by the impressive record of success of our students and graduates.

They passed the test and went on to become successful artists

When Anthony Fotia took the Art Talent Test, he was a mail clerk, "stuck" in a low-pay routine job. Today, he's an artist for a printing firm, doing exciting creative work. Kathleen Gironda went from a salesgirl in a department store to a fashion illustrator in the same store. Virginia Bartter, a farmer's wife and mother of three, now sells just about everything she paints. These are just a few of the literally hundreds of "success stories" our students report to us.

So if you love to sketch or dabble in paints – and have often wondered if you "have what it takes" to become a well-paid commercial artist or spare-time professional painter – why not seize this opportunity to find out? All you need is a pencil and a half-hour of your time. With your special interest, it will be one of the most intriguing and enjoyable half-hours you ever spent.

What the Talent Test covers

First, you will be shown ten pairs of simple designs and asked to pick the one in each pair that has "a feeling of rightness' about it. Then you will see twenty pairs of pictures, and check which composition in each pair is more pleasing. You'll be asked to do original sketches to demonstrate your imagination and powers of observation. And in similar ways, your feeling for mood, form, movement, and so on will be tested.

When you complete the test and mail it back, it will be graded free by a member of the School's staff. If you receive a passing grade (and we must warn you that many don't), or can offer sufficient evidence of art talent, you will then be gible to enroll. You may choose which of our courses is best suited to your go

Courses offer personal instruction

These courses were especially desig for talented people who can't leave t families or jobs for art training away fr home. The 12 famous artists who star the School over 19 years ago contribu all their lifetime secrets of art techni to what they believe to be the finest lessons ever created. They made th sands of special drawings to demonstr each point. Then they devised a meth of constructive criticism that is as perso as tutoring. Your instructor, who is h self required to be a practicing pro sional artist, spends up to several ho on just one of your assignments. He ac ally draws or paints his suggestions for provement, and then "talks" to you letter, dictating a long, friendly mess of specific advice and encouragement.

You will receive an interesting b chure about our School and its revo tionary methods along with your free Talent Test. If you have ever dreamed success in art, and wondered if it w possible, why not mail the attached po paid card for both the Talent Test a the brochure right now? (If card is m ing, just send your name, address and a to Famous Artists School, Studio A-62 Westport, Connecticut 06880.)

Do you have a restless urge to write?

so, you have much in common with successful authors. ead how the Famous Writers School is helping people rn a restless urge for self-expression into success in writing

y Bennett Cerf

Bennett Cerf, the distinguished publisher, is also an author, columnist and television personality. He has been a member of the Guiding Faculty of the Famous Writers School since its founding in 1960. His most recent book is the bestselling *Treasury of Atrocious Puns.*

here's something different about people ho feel the urge to write. They have a iritual hunger that sets them apart. They ay be successful businessmen, model ousewives or loving grandparents... but at's not enough. They yearn for greater eedom, a more meaningful life, through lf-expression.

Many successful writers know he same feelings

f you have known this burning need to rite, you too may have the gift that successful authors possess. It is, all in all, that ecurring ache to put into words the people ou've known or the life you have lived, to hare your proudest thoughts and experiences with other human beings.

The great author Sherwood Anderson bandoned a going business to write the tories welling up inside of him. Max Shulman, the humorist, says he started writing not so much because he wanted to but because he *had* to. In his own words: "Nothing else would serve; it was write or bust." Faith Baldwin, with all her literary fame, still says: "I've never written exactly what I dreamed I'd write... you keep on trying."

Successful authors like these know that anyone who shares this restless urge for self-expression has perhaps the most important ingredient of writing success. But they realize that it can waste away if you don't know how to get started writing... or if you hesitate to try for fear of failure.

A new kind of writing school

Several years ago, I joined forces with the other authors shown below to form the Famous Writers School. Our aim was to give today's beginning writer the expert help we ourselves would have welcomed when we were starting out. We poured all of our secrets of success into a set of specially created textbooks and writing assignments. Then we worked out a method for bringing to each student, in his own home, the many hours of individual instruction a developing writer needs.

When you return your assignment, one of the School's instructors—themselves all professional writers or editors—goes over your work line by line, word by word, blue-penciling his changes on your manuscript just as an editor does with an established author. Then he returns it with a long letter of advice and guidance on how to improve your writing.

Students breaking into print

A typical student comment reveals how persistent the desire to write can be no matter how long it is submerged or frustrated. "After two years of laying claim to nothing but wall-to-wall rejection slips," reports E. Zumwalt of Nogal, New Mexico, "I've sold a story. It was revised from one of your Writing School assignments and sold to a magazine for $250."

Doris Agee of San Mateo, California, recently sold a "Most Unforgettable Character" sketch to the *Reader's Digest*. She says: "There's no question about it—without the Famous Writers School, the article would never have been written."

Doris Stebbins of South Coventry, Conn., writes, "Your Course made it possible for me to sell six articles to *Woman's Day* for $2,050."

"Thanks to your training," writes Arthur Emerson of Ft. Lauderdale, Fla., "I was able to leave my job as a gas station attendant and become a writer for a large company in my area."

Tom Barkdull of Yorba Linda, Cal., reports, "I've sold 12 articles to magazines since enrolling. The Course has already paid for itself."

Only a few months after he enrolled in the School, Robert Lory of Richmond, Va., sold a short story to *Fantasy & Science Fiction* magazine. He had tried to "crack" this market for two years.

Beyond the thrill of receiving that first check, Famous Writers students are discovering a still greater reward of writing professionally. As Faith Baldwin puts it: "If one sentence you write opens a door for another human being... makes him see with your eyes and understand with your mind and heart . . . you'll gain a sense of fulfillment no other work can bring you."

Writing Aptitude Test offered

To find other men and women with ability worth developing, my colleagues and I have devised a revealing Aptitude Test. The postpaid card will bring you a copy, along with a brochure describing the School.

When you return the Test, it will be graded without charge by a member of our staff. If you do well on the Test—or offer other evidence of writing aptitude—you may enroll for professional training. However, you are under no obligation to do so. (If the card is missing, please write to Famous Writers School, Dept. W-4505, Westport, Connecticut 06880. Give your name, address, age and ask for writing Aptitude Test.)

They started the Famous Writers School in 1960:
Seated, l. to r.: Bennett Cerf, Faith Baldwin, Bergen Evans, Bruce Catton, Mignon G. Eberhart, John Caples, J. D. Ratcliff, Standing: Mark Wiseman, Max Shulman, Rudolf Flesch, Red Smith, Rod Serling.

New members of the Guiding Faculty:
Phyllis McGinley, Clifton Fadiman, Paul Engle.

Photo: Halsman

We've given the old cup of grog a new lift.

To old-time seafaring men, the daily ration of grog was a welcome reward for long hours of rugged duty. Times have changed, but traditions endure, and today you can enjoy a delicious libation called "Captain's Grog" on any UTA French Airline flight across the South Pacific.

Aboard your DC-8-62 Fan Jet, an expert French crew makes the trip as enjoyable as the places you're bound for. You'll have classic wines to sip . . . gourmet French cuisine to savor. And all served to you by a golden skinned Polynesian hostess clad in a flowered *pareu*.

Modern pleasures like in-flight movies? Of course! But for tradition's sake, you'll also discover a host of delights reminiscent of bygone nautical days.

So join us on an unforgettable air voyage to the South Pacific. For reservations, call any office of our general agent, Air France, or see your travel agent. Make your dreams of the South Pacific come true this year.

Sailing the South Pacific Skies UTA FRENCH AIRLINES

Sightseeing by plane in Alaska

One of the best ways to see Alaska is fr the air. Roads are not abundant in t part of the world, and though you may it more intimately if you explore on fo a lifetime isn't enough time to cover t entire state one step at a time.

Often the best fishing, hunting, scene and even walking in Alaska can be reach only by airplane.

At first glance chartering a plane m seem expensive: A typical four-se single-engine aircraft with room for th or four passengers costs $60 an hour. B the per mile rate isn't very much.

If you are not interested in having a pil fly you into a remote fishing or campi spot—with arrangements to pick you later—you may still find it worth whi to charter a plane for a sightseeing photography flight. One hour in the may prove the most memorable expe ence of your Alaska vacation.

It's best to have your reservations much in advance as possible, but if yo don't know your exact Alaska itinerar a call one or two days ahead will ofte suffice.

All of the following flying services take you into remote areas, and most them can suggest areas that might s your interests. For those interested on in aerial sightseeing, we mention some the major points of interest for each com munity listed.

Not every flying service in Alaska listed, and for those mentioned we d not describe all the kinds of planes avai able. Usually, larger planes can also b hired, at greater cost.

ANCHORAGE

Merrill Flight Service, Merrill Field (272 3114). Cessna 206 five-passenger whee planes; $60 per hour. An hour's sight seeing tour takes you over the Chugac Mountains, Lake George, a half doze glaciers, the city of Anchorage, and tw military bases.

Sea-Air Motive, Inc., International Air port (277-0522). Cessna 180 three-passen ger aircraft on wheels; $65 per hour. A hour's tour includes an Indian village offshore oil platforms in Cook Inlet, An chorage, and a look at wildlife.

FAIRBANKS

Northland Tours, Box 3189 (456-5502). Cessna 206 five-passenger aircraft; $66 per hour. In an hour you can fly to an Indian village on the Tanana River, possibly see some moose and bear, fly over

dredges, the city, and Alaskaland ition Park.

AU

nel Flying Service, Rural Route 1, 87 (586-3331). Cessna 180 aircraft ats carry three passengers; $51 per You can see the Juneau Icecap, rs, salmon-fishing operations, and likely bear, moose, and numerous ain goats.

HIKAN

r Air Service, 1515 Tongass St. (225-). Cessna 185 aircraft on floats; $60 ur. An hour's excursion takes you downtown Ketchikan over the is- of southeastern Alaska's southern see Sitka deer, mountain goats, In- fishing villages, logging operations, fine view of the city itself.

IAK

iak Airways, Box 2457 (486-2271). nman Widgeon five-passenger am- ans; $95 per hour. The twin engine es take off and land on Kodiak bor, offering views of Kodiak cattle hes, hair seals, sea lions, sea bird eries (with virtually hundreds of sands of birds), and Indian villages.

IE

nz Northern Airlines, Box 790 (443- 5). Aero Commander twin-engine, n-winged aircraft; $130 per hour. Car- six passengers, and offers views of the l-hanging Eskimo Village of Ukivok King Island in the Bering Sea. In two rs you can fly over Little Diomede and, and near the Russian island of Diomede. A feature of this flight is veling along the International Date e with one wing tip in each time zone. u can arrange to be set down for sight- ing and shopping (native carvings and articles) at the Eskimo villages of mbell and Savoonga.

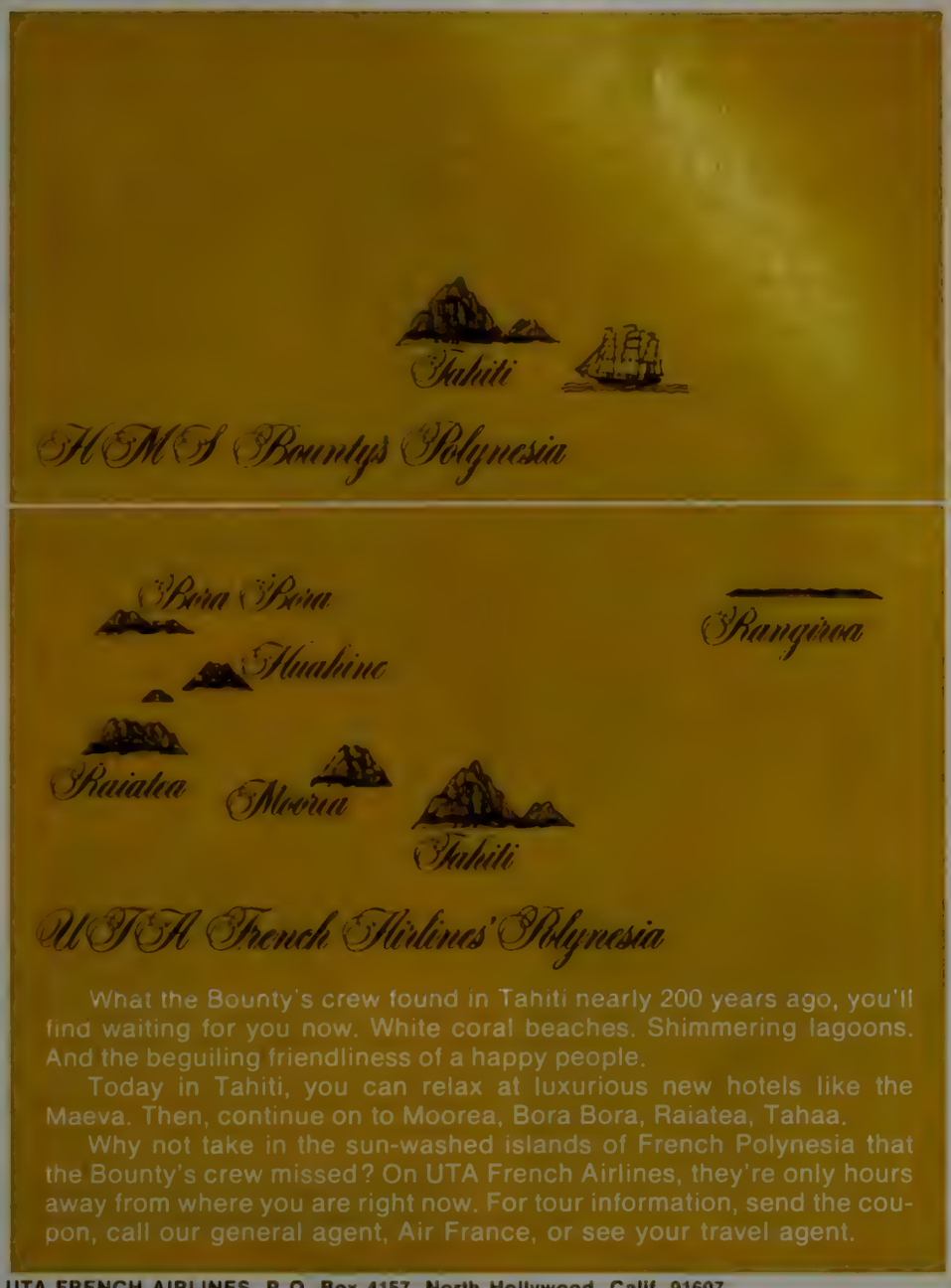
RANGELL

ikine Air Service, Box 631 (844-3327). essna 185 aircraft on floats carry four five passengers; $60 an hour. For sight- eing, the flight up Stikine River Canyon hard to beat anywhere in Alaska. You ross the Canadian border mountains alled the Spectrum Mountains because f their colors) and pass glaciers. Chances re excellent for seeing moose, bear, ountain goats, Dall sheep, and even als, which swim upriver.

THER FLIGHT CENTERS

Besides those already mentioned, the fol- owing flying services offer similar equip- ment at similar costs: Cook Inlet Air- ways, Box 175, Homer (235-8717); Lee's Sea-Air Service, Box 75, Kotzebue (442- 9911); Channel Flying Service, Box 371, Sitka (747-8636); Talkeentna Air Service, Talkeentna (733-2198); Unalakleet Air Taxi, Unalakleet (624-3200); Totem Fly- ing Service, Box 37, Yakutat (784-3240).

The Bounty's crew discovered Tahiti's mystique. Take up where they left off.



What the Bounty's crew found in Tahiti nearly 200 years ago, you'll find waiting for you now. White coral beaches. Shimmering lagoons. And the beguiling friendliness of a happy people.

Today in Tahiti, you can relax at luxurious new hotels like the Maeva. Then, continue on to Moorea, Bora Bora, Raiatea, Tahaa.

Why not take in the sun-washed islands of French Polynesia that the Bounty's crew missed? On UTA French Airlines, they're only hours away from where you are right now. For tour information, send the coupon, call our general agent, Air France, or see your travel agent.

UTA FRENCH AIRLINES, P.O. Box 4157, North Hollywood, Calif. 91607

☐ *Tahiti/Moorea/Raiatea/Tahaa/Bora Bora:* From 15 days and $395 (plus air fare). Includes private bungalow and all meals everywhere except in Papeete.

☐ *Two weeks in Tahiti at Club Mediterranee:* $599. Includes air fare, your own thatched bungalow, all meals, sea and land sports. (From U.S. West Coast 10/23 day econ. ITX fare.)

☐ *Two week hosted tour of Tahiti:* From $424 plus air fare. Includes the islands of Bora Bora, Raiatea and Moorea in addition to Tahiti, with all meals except in Papeete.

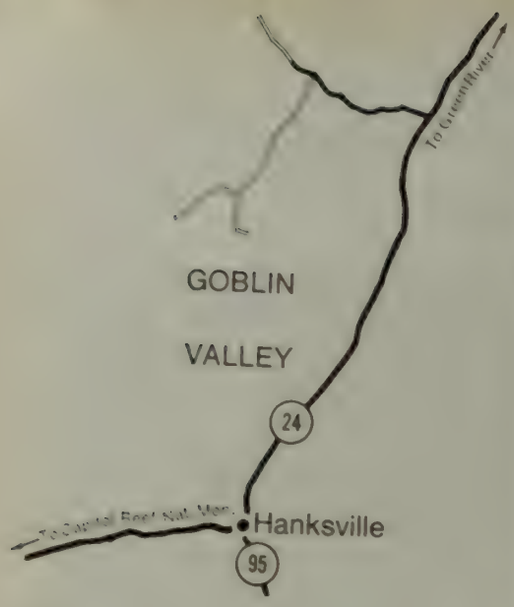
☐ *Two weeks combining Tahiti and Moorea's Club Mediterranee:* From $288 plus air fare. Includes all meals, sea and land sports.

Name (please print) Address

City State Zip Phone

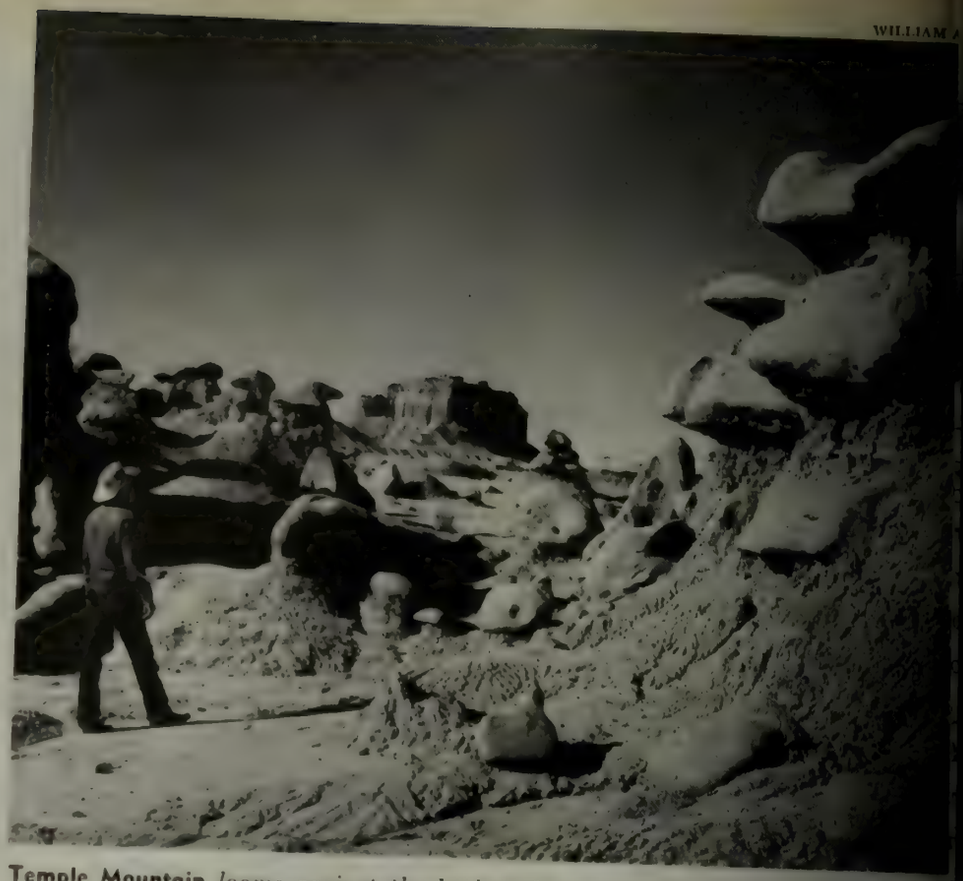
My travel agent is: SUN-4/69

Sailing the South Pacific Skies UTA FRENCH AIRLINES



The eroded badlands of Utah's Goblin Valley can be as bizarre as the visitor's imagination will allow. For the very fanciful, the valley suggests goblins, space creatures, and fairy tale characters. For the more literal-minded, it is an array of pedestal-mounted concretions eroded from the Entrada sandstone.

Leave State Highway 24 about 35 miles south of Green River and follow the Temple Mountain Road 6 miles west to the Goblin Valley turnoff. A dirt road leads south 10 miles into Goblin Valley.



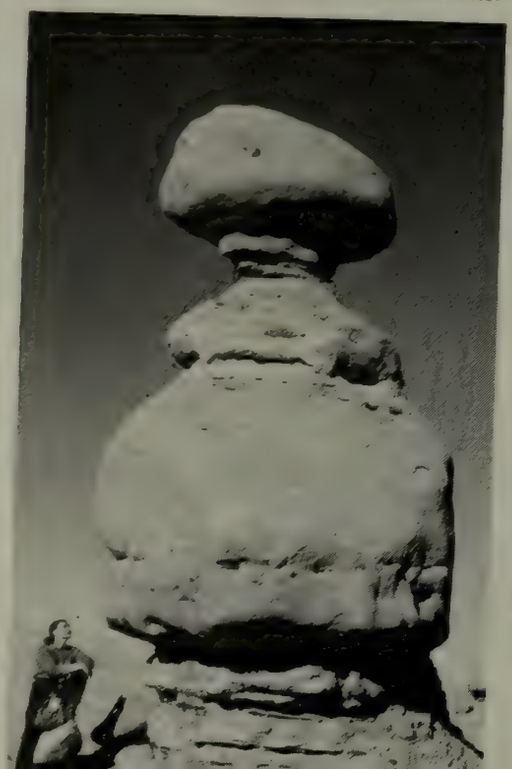
WILLIAM A

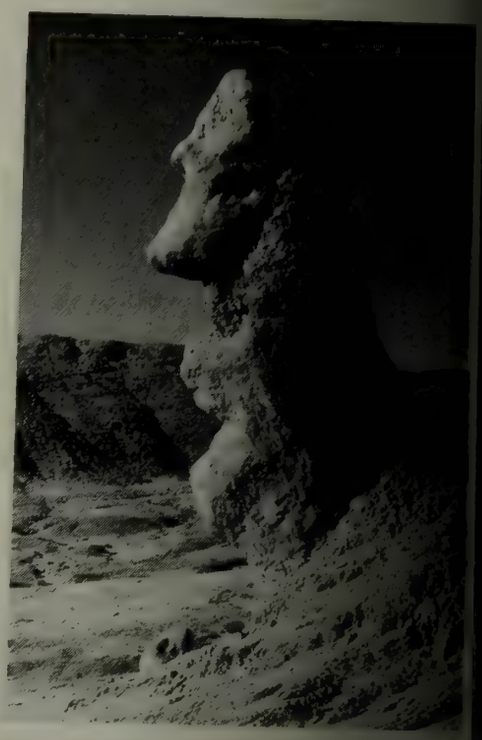
Temple Mountain *looms against the horizon beyond an eroded Goblin Valley gu*

You soon see why they call it Goblin Valley

March Hare's ear *becomes Donald Duck's bill, depending on your point of view*

Old Mother Hubbard *from the rear, or just a giant stack of sandstone concretions?*





King's knight *to a chess player, perhaps tyrannosaurus rex to a dinosaur fanci*

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In fact, Wollensak delivers a full line of stereo and monaural tape recorders. Some with separate speakers. Some with handy cassettes. Nobody knows more about sound-on-tape or has more experience in tape recording than 3M Company. No wonder you can expect the best from the bold new world of Wollensak sound.

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WILLIAM

Tilted rock outcrop *along roadside in*
inspection at Anza-Borrego State

Geology map fo
Western traveler

The geology of California and Nevad dramatically summarized on a new that fits neatly into the glove comp ment of a car, and makes a handy t along reference for anyone interested the origins and varied landforms of Western landscape.

Titled *Pacific Southwest Region* and p lished by the American Association Petroleum Geologists, the geological hi way map has been compiled from v minous reports and scientific paper artfully condensed, generalized, keyed state and national highways, and sented in simplified format.

Included with the color-keyed surf geology of the region are four cross-s tions of the two states that reveal subsurface composition of such rela features as Mount Whitney and De Valley, the Sacramento Valley and Sie Nevada, the Channel Islands and Gabriel Crest, and Mount Lassen a Lake Tahoe.

Earlier maps in the Geological Highw Map series include the *Southern Roc Mountain Region* (Utah, Arizona, Co rado, and New Mexico) and the *M Continent Region* (Kansas, Misso Oklahoma, and Arkansas). A total of regional maps is proposed for the seri covering all the states except Alaska a Hawaii.

The three maps presently available m be ordered for $1.50 each from The Am ican Association of Petroleum Geologis Box 979, Tulsa, Okla. 74101.

Home from the Pacific– but the people will be with you for a long, long time.

What a ball you had! And after the ball is over that's when the memories begin. You'll remember the extravagance of the Chinese Opera in Taiwan and the fun of Korean festivals and the grace of the Japanese customs and the sensational bargains of Hong Kong and Singapore. But mostly you'll remember the people: the exotic Thai, the rugged Aussies, the Maoris of New Zealand; you'll remember the Indian princess in her sari, the Malaysian maiden in her sarong kebaya, the Tahitian in his grass skirt, and the surfer from Hawaii wearing little more than a smile. People, that's what the Pacific is. And after you've dined in the unusual restaurants and lodged in the comfortable Pacific hotels and seen the astonishing and breathtaking sights—what you'll remember most is the people. They'll go home in your thoughts to live in your memories and delight you and regale you for a long, long time to come. The marvelous land of the Pacific. You'll do more than remember it. You'll return to it.

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e 1,000-ton *Big Balanced Rock in Chir-hua's Heart of Rocks area rests on a ered base only 3 feet in diameter*

A wonderland of giant rocks

ank on rank of stone giants guard count-ss other exotic products of nature's ulpture in the Chiricahua National onument of southeastern Arizona.

f the state's many scenic areas, this pre-rve is one of the most accessible for alkers because of its network of care-lly planned and improved trails. Visi-rs for whom the longer hikes are too renuous can stroll through some of the ost dramatic parts of the monument ithout encountering steep grades. More mbitious hikers can tackle up to 15 miles f trails.

ften called the Wonderland of Rocks, e monument takes in about 17 square iles on the western side of the Chirica-ua Mountains, once a hunting ground of e Apaches of Cochise and Geronimo.

he visitor center at monument head-uarters offers good displays of the natu-al history of this region, and a short uide-yourself nature walk nearby intro-luces you to the native plants.

A paved road winds past camping and icnic grounds and up through palisades f rock pillars. At several points a huge orizontal rock profile called Cochise Head appears to the northeast. Road's nd (6 miles from the visitor center) is Massai Point, with a geology exhibit building, another nature trail, and spec-tacular views west to the Dragoon Moun-tains and east over the San Simon Valley.

To reach Chiricahua National Monument from Willcox, drive southeast on State Highway 186 for 32 miles, then turn east for 4 miles. From Douglas, go north via U.S. 666 and State 181 to the monument, about 70 miles.

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Miniature *train ride is popular, especial with young children. Fare is 15 cen*

A picnic and play stop on U.S. 101 in Sonoma County

Santa Rosa's Howarth Memorial Park is the city's biggest, most attractive, and most popular park facility, a 152-acre, tree-shaded retreat at the foot of the Coast Range.

It's a fine rest and picnic spot if you are headed north or south on U.S. Highway 101, and it is an exceptionally nice park for youngsters because of its imaginative and attractive 20-acre children's area which opened last May.

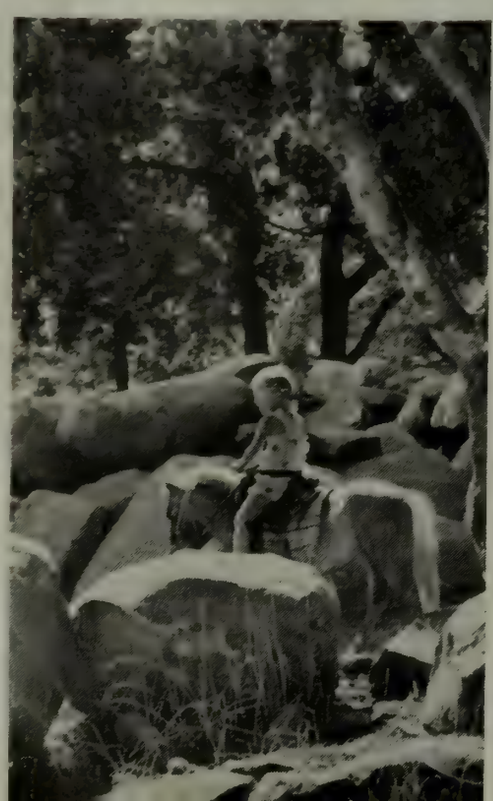
New additions in the children's area—a project of the Kiwanis clubs of Santa Rosa—include a pony ride, an animal farm, a merry-go-round, a miniature train, playground areas, and barbecue fireplaces. All the rides cost 15 cents. The other attractions are free.

A feature of the main park is a beautiful 32-acre lake. Motorboats are prohibited, but the steady afternoon breezes provide fine sailing, and on weekends through fall you can rent sailboats, canoes, and rowboats for $1 per hour.

The park contains 12 picnic areas, some large enough for 50 people. There are several miles of hiking trails leading through the low, forested hills. Other facilities include tennis courts, additional playgrounds, and a softball field.

The park entrance is on Summerfield Road between Sonoma Avenue and Montgomery Drive, about a 5-minute drive from the freeway.

Howarth Memorial Park is open daily the year around. The amusement rides, boat rental office, and food concessions are open daily in summer, but weekends only during the spring and fall.



Above. *The fast-revolving park merr go-round has handsome, carved hors* **Left.** *Children can ride Shetlands over short, meandering trail, shaded by oa*

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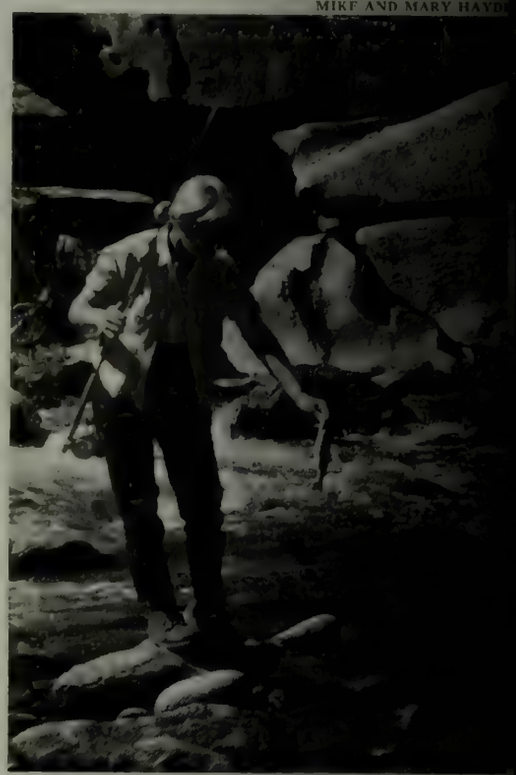
JIM MARTIN

Youngster watches *mom cooking two large trout caught in the river by their camp*

Hikers follow *a section of jeep road near K nebec Creek up to a path along canyon ri*

MIKE AND MARY HAYD



She pulled *the trout from pool behind he*

Along the South Yuba Trail for the fishing, the hiking, the brilliant fall color

The South Yuba Trail is a good choice fo the family looking for a weekend hike o backpacking trip. Only 6 miles long, th gently rolling trail follows the South For of the Yuba River across the rugge Sierra foothills just north of Nevada Cit and California's Mother Lode.

Dedicated gold panners can still turn u a bit of color in some of the more promis ing riffles, but the real rewards along th trail are the trout fishing and the autum leaves that color the oaks, maples, an dogwoods with shifting shades of orang rose, gold, and brown.

Trout season along the South Fork of th Yuba will be open until November 15 thi

PETE REDPATH

From lookout *at Malakoff Diggins hikers can see the scars of hydraulic mining*

year, coinciding with the crisp fall mornings and pleasant days that usually mean good fishing along the river.

Throughout the summer, temperatures in the river canyon were usually high and trout seemed to lose their desire to eat. But as summer burns out into autumn, climatic conditions—and trout appetites—improve again and stay that way through the remainder of the fishing season along this stretch of river.

SETTING OUT

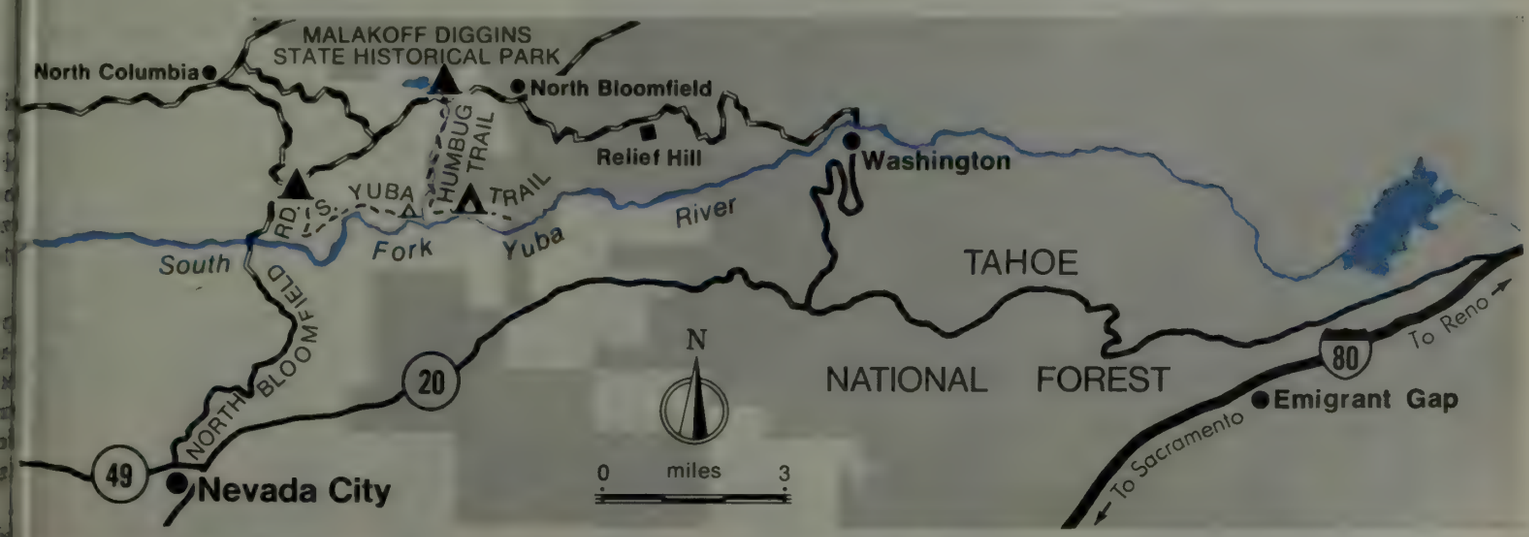
The South Yuba Trail officially begins at a parking area marked by a sign just 8 miles northeast of Nevada City on the North Bloomfield Road. Hikers can drive down the road from the parking area about ¼ mile to the South Yuba Trailhead campground if they plan to set up a base camp; otherwise they should leave the car in the parking area.

The 17-unit campground has tables, firepits, and sanitary facilities, but campers must bring their own drinking water. The water from the creek below the camp can be used for other needs. At present there is no camping fee.

A new feature of the trail this fall is the guide-yourself nature walk along the first 1½ miles. A booklet describing various trees and shrubs and several points of interest along the trail is available for 10 cents at the trail registration desk a short distance down the trail.

ALONG THE CANYON RIM

From the campground the trail glides down a gentle slope to Kenebec Creek before climbing up to the canyon rim. It then winds along the rim and remains some distance above the river, but glimpses of the green-tinted, swirling water rolling past white gold sandbars offer a promise of what is ahead. The path follows the rugged contours of the mountains, actually bending slightly uphill much of the



Map symbols *show approximate locations of two trailhead campgrounds, a picnic area, and a small campsite along the trail*

PETE REDPATH

This family *has set up camp and is preparing dinner at the trailhead campground*

way. Oaks and pines provide occasio shade from the warm sun until the t crosses the path climbing up Huml Creek to Malakoff Diggins State Hist cal Park.

There is a picnic area with several tal near the intersection of the two trails, the river is accessible from this po

About ⅓ mile farther along the So Yuba Trail you will reach a primit camping area with several tables an firepit; but many backpackers prefer set up their trail camps on one of river beaches or sandbars convenien situated near water, fishing, and sw ming areas.

Both rainbow and brown trout are ple ful in the rapids and deep pools that easily be reached from the riverbank sandbars. Early morning and late af noon seem to produce the best resu Many of the anglers along the South F prefer flies, but spin-fishing may w just as well.

HEADING BACK

Additional sections of the South Y Trail are planned to connect with t systems in Tahoe National Forest some later date, but this year the b way is to backtrack along the establish trail to the starting point at the So Yuba Trailhead campground.

The climb up Humbug Trail all the w to Malakoff Diggins State Historical P is too much of a challenge for the in perienced hiker. However, a hike in reverse direction from Malakoff Digg down the Humbug Trail and then out the South Yuba Trailhead campgrou over the South Yuba Trail should be within the limits of a casual weeke excursion.

Malakoff Diggins marks the site of great San Juan Ridge hydraulic mini operation, which was in full swing tween 1866 and 1884. The new state pa there has a 30-unit campground w tables, firepits, a central water supp and sanitary facilities. There are also p nic and swimming areas. Trailhead for t Humbug Trail is about a mile and a h down the park road.

FOR MORE INFORMATION

Trails are well signed throughout, but a sketch map, trail information, and copy of the nature-trail guide for South Yuba Trail, write to the Bureau Land Management, Folsom District fice, 63 Natoma St., Folsom, Calif. 956 Enclose 10 cents.

Both rainbow and brown trout should be plentiful in the South Fork

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JOHN V. YOUNG

Sandhill cranes *in characteristic flight posture at Bitter Lake Refuge*

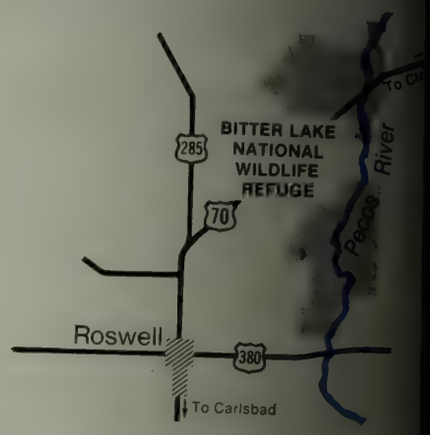
Crane watching in New Mexico

The Bitter Lake National Wildlife Refuge, 15 miles northeast of Roswell, New Mexico, is a major wintering area for North America's largest population of sandhill cranes, close relatives of the almost extinct whooping crane.

The cranes start arriving at Bitter Lake as early as the end of September, reach peak concentrations of more than 35,000 during December and January, and leave by the middle of March. Their ritual mating dance is performed early in the spring in the seclusion of the Bitter Lake marshes before they fly north to nesting grounds in Canada, Alaska, and Siberia.

Once dangerously depleted by hunters and the widespread destruction of marshy habitat along the flyways, the sandhill crane population has come back to a record level since the Bitter Lake and other national wildlife refuges in New Mexico and Texas were established.

Adult cranes weigh 12 to 15 pounds, stand 4 feet high or more, and have a wingspread of more than 7 feet. They are extremely shy, and when alarmed leap into the air with a running takeoff. In flight

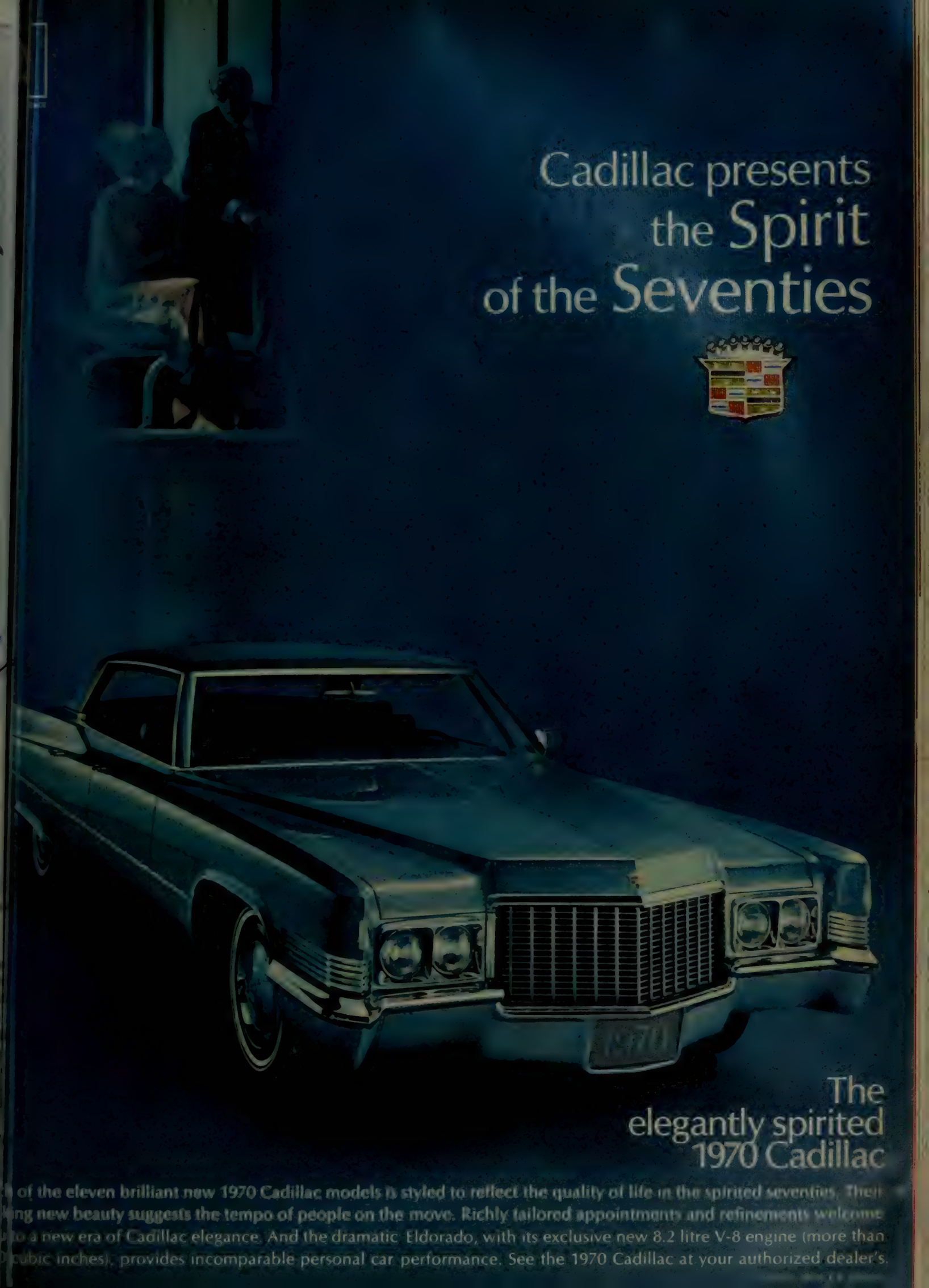


Bitter Lake *National Wildlife Refuge a short detour off U.S. 70 near Roswe*

they are distinctive; unlike herons an other large wading birds that retract the heads in flight, cranes fly with necks ou stretched and trail their legs behind.

Visitors can drive on observation roa along ponds, canals, and planted feedi areas at Bitter Lake Refuge. Cranes spe the days in open feeding fields, returni at night to favorite roosting spots in sha low ponds.

The Bitter Lake National Wildlife Re uge is open to the public every day of th year from dawn to dusk; refuge manage and naturalists are at headquarters Mo day through Friday and are usually ab to suggest good locations for bird watc ing and photography.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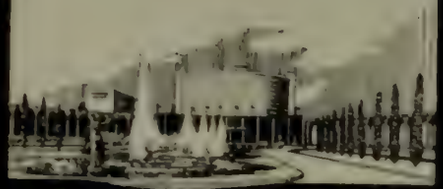

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MIKE TILDEN

Ranger answers *visitors' questions after a guided tour of Muir's house*

John Muir's house...you are welcom

Most Westerners know of John Muir, an ardent conservationist and founder of the Sierra Club, as the man who spent his life trying to protect and preserve the wilderness as a place where "nature may heal and cheer and give strength to body and soul alike."

Muir's house in Martinez, near San Francisco, is now a national historic site open to the public.

The easiest way to reach it is to follow Interstate 80 to State Highway 4 at the Hercules interchange (about 5 miles south of Carquinez Bridge); then follow State 4 to Alhambra Avenue, take that exit, and turn left under the overpass. The John Muir Historic Site is about 100 yards beyond the overpass on the left.

The site is dominated by the old, gray, 17-room house in which Muir, often called "father of the national parks," and his wife Louie Strentzel Muir lived between 1890 and 1914.

Originally built in 1882 by the Strentzel family, the house, along with the surrounding grounds and buildings, is n being restored to its appearance dur the post-earthquake era of 1906-1914

The 24 years that Muir lived here w among the most productive of his l During this time he wrote many of now famous articles and books that w instrumental in establishing many nati al parks and monuments.

The rooms are decorated with furnitu clothing, and memorabilia of the peri The original wood stove and cooki utensils used in the household are in t kitchen. Upstairs, in Muir's study, y can see his desk, samples of his work, a some of his personal effects.

Tours of the John Muir House start eve hour from 1 to 4 P.M., Wednesday throu Sunday. Admission is 50 cents for perso over 15 years of age.

After the guided tour through the hou walk through the orchard to an ado built by Vicente Martinez in 1849, a occupied by Muir's daughter and h husband when they were newlyweds.

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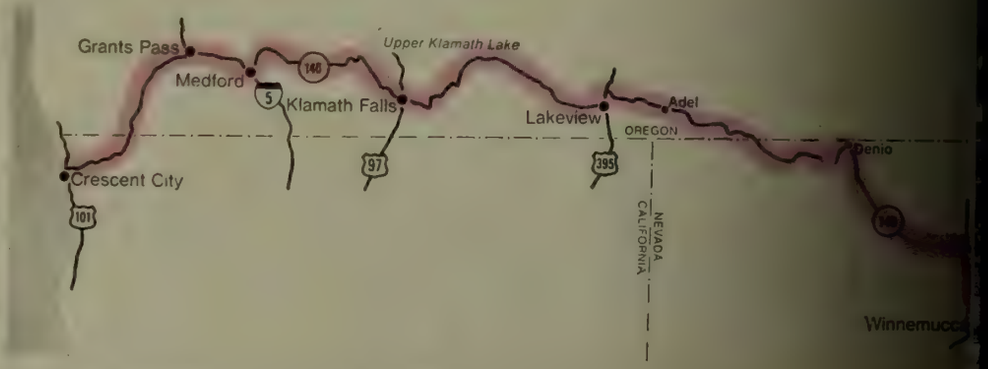
The 100-plus miles west of Medford don't really count, since they have been main highway for years. The realigned and newly paved links that really opened up this road were completed between Medford and Klamath Falls in 1964, and between Lakeview and Winnemucca in 1962. Nevada finalized it in 1967 by renaming its section State Highway 140, the same as in Oregon.

The road is worth remembering if you need to add a large zig or zag to a north or south journey (it connects five major

You can camp *by this spring-fed pond—sagebrush country—at Dufurrena Pon*



The newer sections *are east of Medford. State 140 joins U.S. 95 north of Winnemuc*

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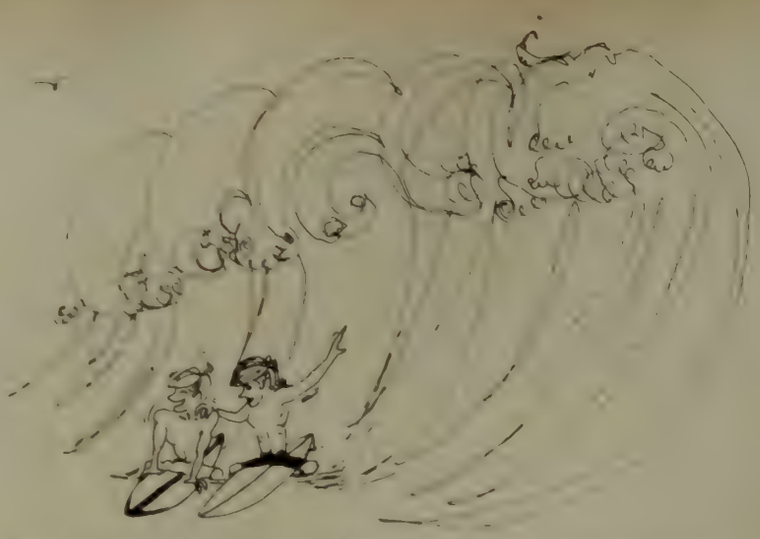

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West end *of the 4-mile-long Thou Creek Gorge is near the Dufurrena*

north-south routes), or if you want t plore a rather empty piece of the We

These are some of the high spots:

Medford to Klamath Falls (75 m This is national forest most of the About midway in this section are La the Woods and Four Mile Lake, popular for swimming, boating, fis camping. And in about another 20 you're at Rocky Point and Harrima the west shore of Upper Klamath L with good boating and fishing and e lent opportunities to watch migratory resident birds in the marshes.

Klamath Falls to Lakeview (96 m You get gradually higher as you r east; two passes along this stretch above 5,000 feet. Tree cover is sp occasionally thick but sometimes existent. About 60 miles from Klam Falls, Sprague Canyon Recreation A attractively sited along Sprague River vites you to picnic, camp, swim, or fi

Lakeview to Winnemucca (207 mi This stretch is by far the wildest and l liest, but varied and interesting high ert, with unexpected streams and w holes. Four passes are above 5,000 one is 6,351. There's no gasoline fo miles between Adel and Denio, and 77 miles from Denio to the nearest sta on U. S. 95.

It's great country for rockhounds.

Deep Creek, 20 miles east of Lakev has good fishing in early and late seas

About 35 miles east of Adel, you e Nevada and also the Charles Sheldon telope Refuge. With binoculars you see antelope; at any rate, there is con erable other wildlife. The Dufurr Ponds, about 25 miles farther, att bird life. There are campsites here, few facilities except both hot and water—from springs.

For more information, write to the ch ber of commerce in Medford, Klam Falls, Lakeview, or Winnemucca.

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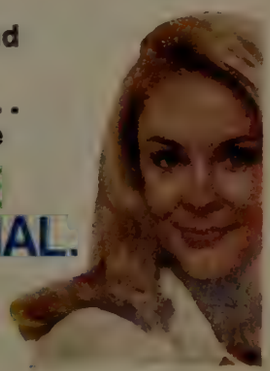

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The vintage trunks *on the baggage wagon were sturdy travelers on long train*

Utah has a railroad village

The last train rumbled through Corinne many years ago, but you can rediscover the railroad history of this century-old town in the photographs and exhibits of the Railroad Museum. The museum is on Utah Highway 83 in the middle of town, 24 miles east of the Golden Spike National Historic Site.

Corinne was built by the Union Pacific as a freighting point for gold mines in Montana and Idaho. The town—a tent city of 1,500 in 1869—grew rapidly. But when the mines played out, the number of passing trains rapidly dwindled.

The museum building is an old rail depot originally erected at the turn o century in nearby Honeyville, bu cently moved to Corinne to house the lection of railroad paraphernalia. You wander through two old steam eng (an oil burner and a coal burner), sev passenger cars, and a red caboose.

The museum is open Tuesday thro Saturday from 9 A.M to 5 P.M.; Sun from 2 to 5 P.M. Admission is 50 cents cents for children under 12).

"Iron horse" *braved outlaws and the desert 70 years ago. Now you can climb o*

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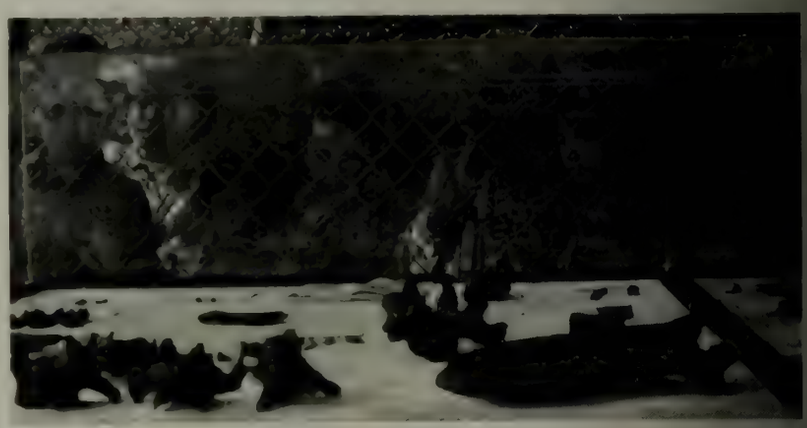

Display case *behind the fence contains some bones from current dig*

Ice Age dig in Hancock Park and you are invited

Right next to one of the West's busiest avenues there is a fossil dig, and you're invited to watch the action from a few feet away. It's a rare opportunity, because this is the world's richest source of Pleistocene animal fossils, untouched since 1915.

The place is Hancock Park, one of the few remaining patches of greenery on Wilshire Boulevard in Los Angeles. The park contains the remnants of the Rancho La Brea tar pits, which yielded the collection of animal skeletons displayed across town at the County Museum of Natural History in Exposition Park.

Paleontologists from the museum are once again probing the asphalt-laden earth that entombed such creatures as mastodons, dire wolves, and imperial mammoths that once came here for a drink—only to be caught and trapped in seeping tar.

WHAT THEY'RE LOOKING FOR

The tar permeated the bones, preserv them in their original state except fo brown stain. Unlike fossils whose orga content has been replaced by mineral filtration, tar pit fossils keep their origi composition. The paleontologists hope find new bones, if not new speci Recent examination of bones from previous dig revealed cuts made by mu made tools; this time they hope to cover new evidence of ice-age man.

The diggers also hope to find small bo and microfossils: fragments of lizards a rodents, seeds, and pollens overlooked the original digs of 1906–1915.

They hope to solve the mystery of w

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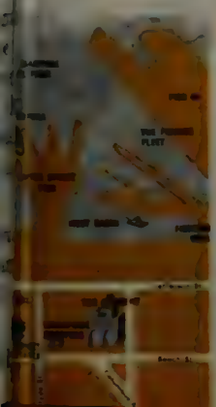

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Pleistocene species became extinct. ne knows why such animals as the tooth cat (once called saber-tooth disappeared, but bones that show ne of disease suggest one answer.

hey are going to dig for the bottom asphalt deposit—beyond the pres- known depth of 43 feet—to see if an find any older fossils than those the previous dig.

YOU WILL SEE

ng is only half the job. Each find be located and recorded by means three-dimensional grid of strings. y shovelful of dirt gets a thorough ination. A fossil such as the jawbone lire wolf may be concealed in a lump r. The lump goes into a solvent bath dissolves the tar but leaves the fossil t. Dirt goes from the pit to a sifting where it is rinsed in water to strain microfossils. When the dirt dries, it ted and examined again.

N TO WATCH

ing hours are 8 A.M. to 5 P.M. Mon- through Friday. On weekends there digging, but volunteers may be seen ing and sifting the dirt.

ents from the museum are often on d on weekdays to describe the finds, wer your questions, and supply you a brochure about the tar pit. Groups arrange for a special lecture at the by calling (213) 749-3631. Bleachers e been set up beside the dig.

Bound for Hawaii or Hong Kong?

Two Sunset travel books are available this month in new, updated editions: *Hawaii* and *Hong Kong* (Lane Books, Menlo Park, Calif., 1969; $1.95 each).

The popular *Hawaii* book has undergone extensive revisions, including latest information on where to go, what to do, and what to see on each of the six major islands. The revised edition sports a handsome new cover featuring the village of Kailua on the Big Island, and the maps throughout the book include new attractions and travel conditions.

The new edition of *Hong Kong* features two completely revised chapters on the hotels and restaurants on the island of Hong Kong and the Kowloon Peninsula, and a general updating of travel and tour information for the entire Crown Colony. The last chapter deals with the nearby province of Macao.

A VIEW FROM THE PALACE

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MARY STEV

In sunny spot *among live oaks and bay trees, family spreads a picnic in the p*

New park in the Valley of the Moon

A new park in California is always welcome—particularly one in such a pleasant and popular area as Sonoma Valley, Jack London's Valley of the Moon.

May 26 marked the official opening of Sugarloaf Ridge State Park, a 1640-acre preserve of forest, field, and stream that reaches up oak-covered hills to edge over the Sonoma-Napa county line, some miles north of San Francisco. The p has 50 campsites with tables and sto they're available for picnicking when in use by campers. It is crisscrossed hiking trails, includes deserted mead and sites of old farm buildings, and Bay Area residents makes an attract

Park *lies mainly on west side of mountain ridge between Sonoma and Napa count*

You don't have to give up everything when you're married.

So the love of your life is no longer your two-seater sports car. Where do you stow wife, kids, shopping cartons and that stray pup now?

Don't give up. You're not reduced to driving a plain old family car yet. You don't have to forget sports car performance, handling and the pure fun of driving a road machine so responsive it seems to read your mind.

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If you're about to take the big step, go test-drive Alfa Romeo's swinging new 1750 Berlina. It may look like a family car. But that's where the difference begins.

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tahiti

MARY STE

Upper meadow *has an old watering tro now converted to a drinking founta Trails wind through woods in backgro*

destination for a fall picnic trip.

Settlers came to this part of Californ the 1860's; they planted oat grass in meadows and laid out orchards in the lands. Charcoal for home use was kil throughout the hills.

In 1921 the property that is now a p became state hospital land. Declared plus in 1964, it was transferred to Division of Beaches and Parks, and now in an interim state of developme with riding trails still being laid out camping areas to be expanded.

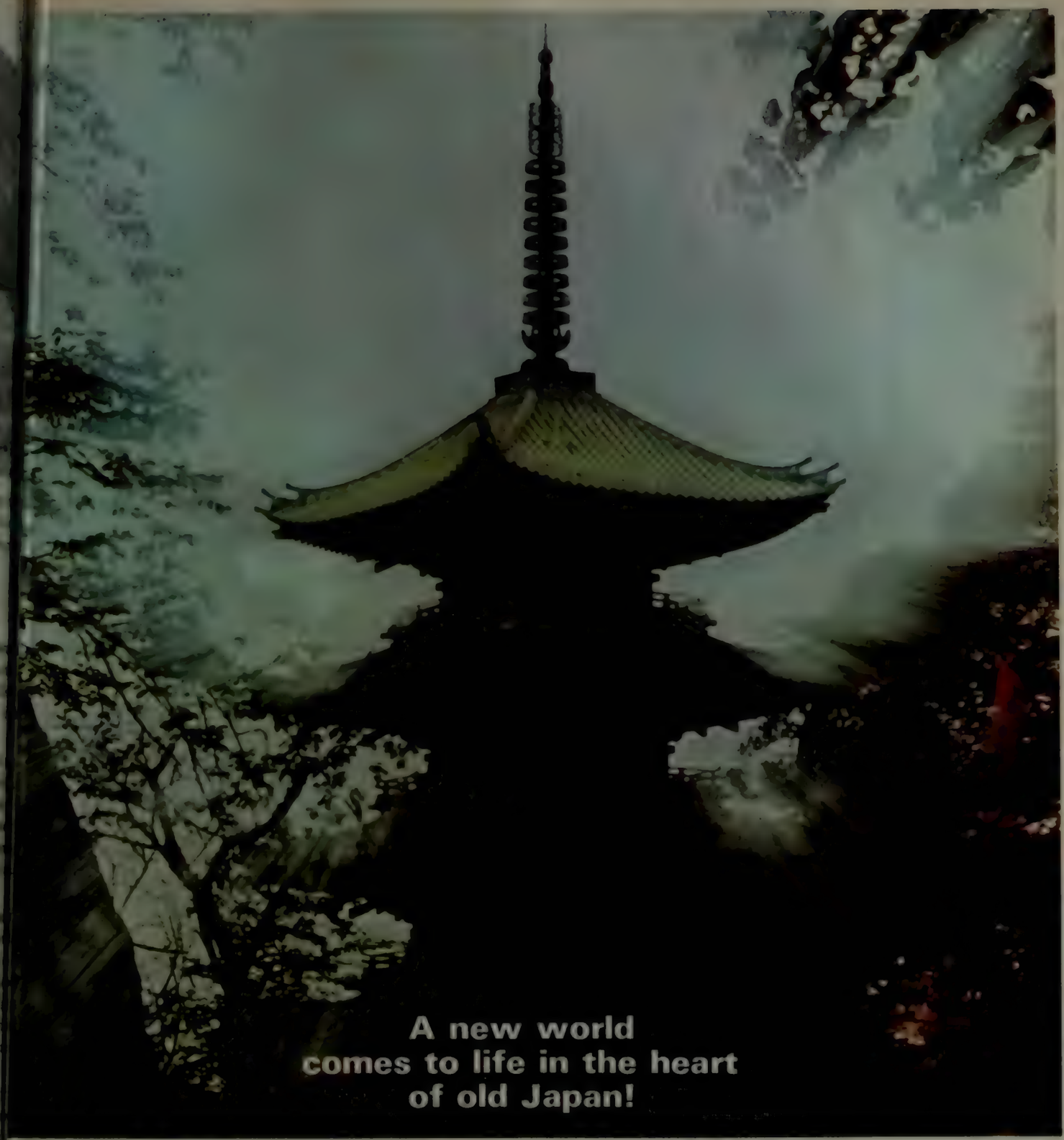
You enter by Adobe Canyon Road county road now improved by the wid ing and paving of what used to be an nervingly narrow stretch between Gol Bear Lodge, 2 miles in from State Hi way 12, and the park gate ½ mile fart on. The picnic and camping area is a m past the gate on a steep oiled road.

Walking up the service road from campground brings you to an up meadow, until recently the site of a sm ranch; here you can stroll the grassy or wander away in search of gullies a rocky chasms in the back reaches of park. On an early fall hike, you m notice delicately hued summer's darli among the dry grasses.

Sugarloaf Ridge itself is not within park, and no walking along its high cr is presently possible.

Numerous springs originating on p property provide a year-around supply water to Sonoma Creek. Though n mally small, the flow of water is sufficie to support a resident trout populatic but the trout are wily and hard to hoo

Day-use fee for Sugarloaf Ridge Sta Park is 75 cents per carload; overnig camping costs $1 per campsite.



On March 15, 1970, the largest world's fair ever held will open in the lovely Senri hills just 20 minutes from the heart of modern Osaka. For six glorious months you'll be able to explore the past, present and future at the first world exposition ever held in the Orient.

More than 70 nations will have pavilions devoted to unique displays of their arts and sciences.

And each will stage a lavish show on its own National Day. Belgium, for example, will re-enact a 15th-century festival, complete with medieval costumes, archery and music. Other entertainment will range from Trinidad Steel Bands to the Bolshoi Opera. If you're a science buff you'll be able to take simulated trips to the bottom of the sea, back in time to the age of the dinosaurs and out in space to the Milky Way. If you tend towards gastronomy, EXPO'70 is your dish. Almost every national pavilion will have a restaurant specializing in its native cooking. And in addition, there will be 145 public dining facilities ranging from gondola snack bars to gourmet restaurants. Another happy thought. Osaka is set in the middle of Japan's historic Kansai district, the home of her culture for more than a thousand years. Within an hour's drive from your hotel are the shrines and palaces of Kyoto, the art treasures of Nara and the watercolor beauties of the Inland Sea. Even Tokyo is only an hour away by air. And the rest of the Orient is a morning's flight from Osaka after you've seen the splendors of EXPO'70. For all the exciting details, see your travel agent or American Express—Exclusive General Agent for EXPO'70 admission tickets in the U.S. There will be only one EXPO'70 in our lifetime. Can you afford to miss it, and Japan?

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MIKE & MARY HAYDEN

Angler nets *a plump rainbow trout after wading to deep water on Rainbow Lake*

Fishing should be great at Lassen

ome of the best trout fishing of the sea-n should begin early this month in Las-n Volcanic National Park. As soon as mmer water temperatures drop, the rger trout emerge from deep holes and bterranean springs to feed enthusiastically on the surface in anticipation of a long winter under ice.

Night *is settling on Rainbow Lake while backpacker looks for a suitable campsite*

Although this is the best time of year to fish this area of California, thousands of summer visitors have been fishing many of the roadside streams and lakes; but once away from the road you should have no trouble finding more productive water.

An easy hike with special appeal for fishermen is the 5-mile trail from Summit Lake to Rainbow Lake. The trail touches five lakes stocked with rainbow and eastern brook trout as it rises and drops between elevations of 6,500 to 7,200 feet. An experienced hiker can walk in and out in a day, but an overnight backpack trip will allow more time to fish.

The longest, steepest climb is the first mile and a half of trail which rises about 500 feet to the sandy ridge overlooking Echo Lake. Descending to Echo Lake, the trail winds through scattered conifers and chaparral where deer feed in the evening. Echo contains rainbow and eastern brook trout; although usually a good producer, it gets pressure because of its proximity to the road.

Beyond Echo Lake, the trail never leaves the tall timber. Twin Lakes are the largest lakes along the trail; because of their

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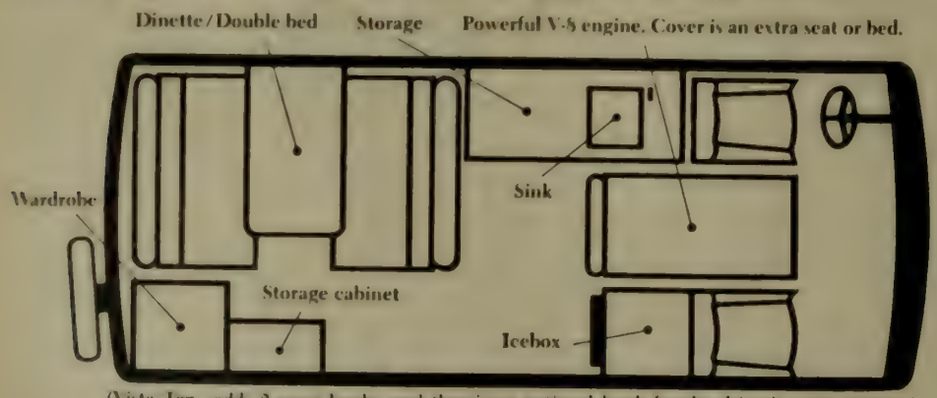

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size they are more difficult to fish windy days than the others. More 40 feet deep in places, they have produ rainbows up to 16 inches. Lure can should get good action on the east sho

Rainbow Lake is practically in the he of the wilderness that extends from Lassen Park Road to the eastern bo of the park. Because of its remoten and relatively small size, the lake is lig fished. Biologically it is a fairly rich with a generous supply of natural foods. Rainbow to 3 pounds have b hooked on salmon eggs, ¼-ounce spo and small banana-shaped plugs with red-and-white pattern.

One difficulty in fishing the lake is shallow primary ledge that extends q a distance from the shoreline. To re the deeper water where the trout are, necessary to wade well out or fish fro rubber raft.

There are several attractive clearings the timber at Rainbow Lake for ca ing, and chances are good that ang visiting the lake this month will have to themselves. Fire permits, required camping in the back country, can be tained at the park headquarters on St Highway 36 in Mineral, and at ot manned ranger stations.

October weather is usually clear, and though the temperature may drop be freezing after dark, most days are wa Lassen Park Road remains open until first snow; however, all park facilities (cept the Lassen Chalet) and most ro side facilities are closed for the winter.

MIKE & MARY HAY

Even *these girls have no trouble hik the trail between Summit and Echo lak You can see Lassen Peak in the distan*

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Then take a peek inside. A fine reproduction of Carpathian baby burled elm on the instrument panel. Deep twist carpeting on the floor.

And take a listen, too. There's extra thick insulation for added quiet.

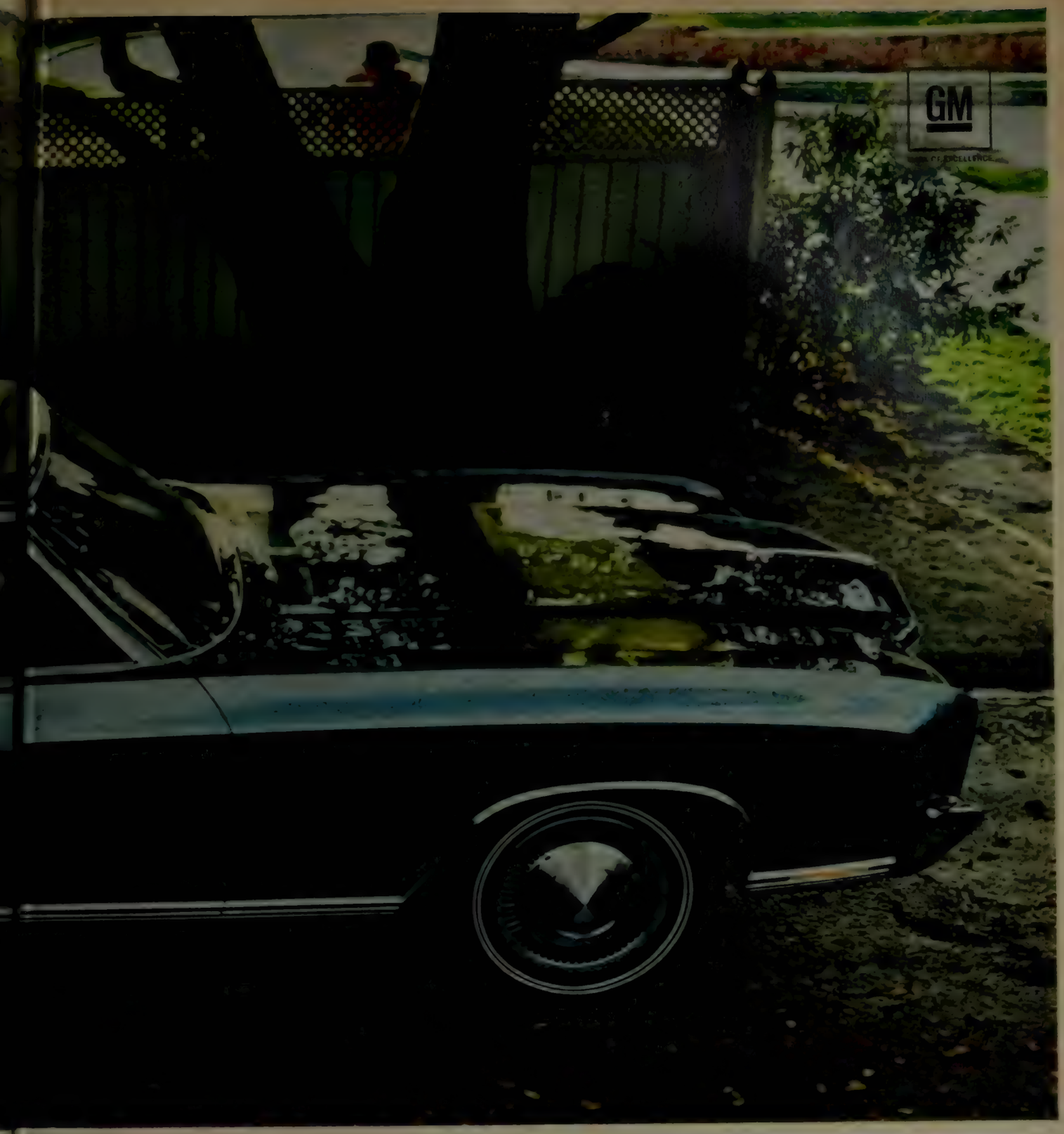
Little touches that make the big difference.

But here's where we separa overstuffed couches from the mobiles:

Monte Carlo was built to be c

On a 116-inch wheelbase allows for a degree of maneuver that is all too uncommon in luxur

Right about now a lot of ca



And with a 350-cubic-inch V8 as ghly un-standard standard engine. Plus power disc brakes. A five-foot . Full Coil suspension. Fiberglass-d tires. All included.

You'd expect it to cost a bundle. You're in for a sweet surprise.

So. If you're some other 1970 car, Monte Carlo is going to be a pain in the carburetor.

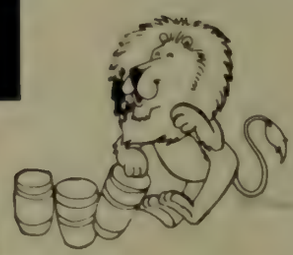
But if you're a living, breathing, driving human being, well, let's ride.

Putting you first, keeps us first.

On the move. CHEVROLET

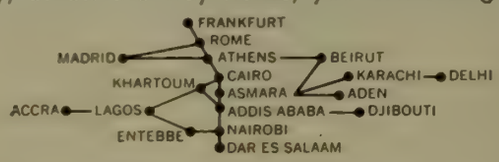
ish they had 1970 to do all over.

EAST AFRICA



IT SWINGS!

The action in East Africa is fast, exciting, different. It's the good life. In Nairobi, for example, you'll go on safari, view wild game at close range, see tribal dancing, shop for bargains, attend theatre and concerts, stay at a modern hotel. You'll want to see all of East Africa . . . Tanzania and Uganda, and the fascinating Historic Tour of Ethiopia. On the way, or on the way home, you can swing through Europe, too, through the *courtesy* of Ethiopian Airlines at no extra air fare, and you'll fly in luxury all the way. *Mail the coupon, now! Or see your Travel Agent, or* TWA.



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SUN

Expo 70 . . . the fir Asian world's fai

Next March 15 Expo 70, the first wo fair ever held in Asia, will open in Os Japan. More than 70 nations and sc of commercial firms and industrial org zations are building pavilions for the month exposition.

A free 15-minute monorail ride arou the perimeter of the exhibition area be your first indoctrination to the 8 acre site, or you can take a ride on of the elevated moving sidewalks t carry visitors between the gates and central part of the grounds. In antici tion of an expected 30 million visit aerial gondolas have been built to prov transportation from the west gate to main exhibition hall and there will battery-powered tour cars.

GETTING THERE

Many airlines have scheduled flights Osaka via Tokyo; several will use the n 747 super jets. An alternative to the minute plane ride from Tokyo to Osa is the high-speed train system.

Kobe, Kyoto, and Nara, three big cit near Osaka, are all linked by up-to-d transportation facilities. All three are ri in scenic attractions.

EXPO TICKETS

Admission tickets at discount prices being sold in advance by American E press, exclusive agents for North Ameri to carriers and travel agencies. Until n March prices will be $2 per day for adul $1 for children under 12.

HOTEL ACCOMMODATIONS

Many new hotels are being completed the visitors. The immediate vicinity Expo will have accommodations for m than 18,000 guests, and there will be other 14,000 rooms in Tokyo. Every c also has many comfortable *ryokans* (inn

You can stay with a Japanese family $7 per person, including breakfast, by co tacting the Expo Lodging Informati Center, Visitors Section, 101 Expo Suita, Osaka, Japan.

If you will be traveling independent it is a good idea to make hotel arrang ments immediately; many hotel rooms being booked by large tour operators.

GROUP TOURS

Commercial operators will have ma tours to Japan this year, varying fro two-week trips to around-the-world jou neys, including several days at Exp Travel agents have detailed informatio

ext time you're in Hawaii ay with friends..... THE HILTONS

Our Hilton Hawaiian Village stands with one foot in the surf and the other in the bright, swinging world of Waikiki. Stay with us here and we'll give you a room in a rainbow in our new Hilton Rainbow Tower. Every one of them looks out on a fabulous ocean view. But don't leave our islands until you've met the other Hiltons. The merry Maui Hilton on Kaanapali Beach, Island of Maui. The palatial Kahala Hilton* on the island of Oahu. The spectacular Kona Hilton on the Orchid Island of Hawaii. It's always more fun to stay with your friends, the Hiltons. We promise you everything you expect from Hawaii. Maybe more. Your travel agent or Hilton Reservation Service will take care of all the details.

Kahala Hilton

Maui Hilton

Kona Hilton

HILTON HAWAII
the friendly world of Hilton

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Conn's built-in music teacher.

Show-Chord. You can make a great sound while you're learning; learn a great sound faster.

Here's all you do: Flip a switch, touch a foot pedal. The chord plays. Pressing one pedal after another, you can play an entire chord progression without ever touching the keyboard.

Want to start learning the chords? Flip a different Show-Chord switch and small lights above the keyboard signal finger positions. Conn's exclusive Show-Chord helps you learn to play the right way.

Conn has a whole bundle of easy-play, fast-learn features, including a new built-in automatic rhythm unit called Min-O-Matic.

And the tone? It's what you'd expect from the people with the finest reputation in the music business. Send the coupon. We'll rush a free record to you that has the proof of Conn's tone excellence. And literature you should read before you buy *any* organ.

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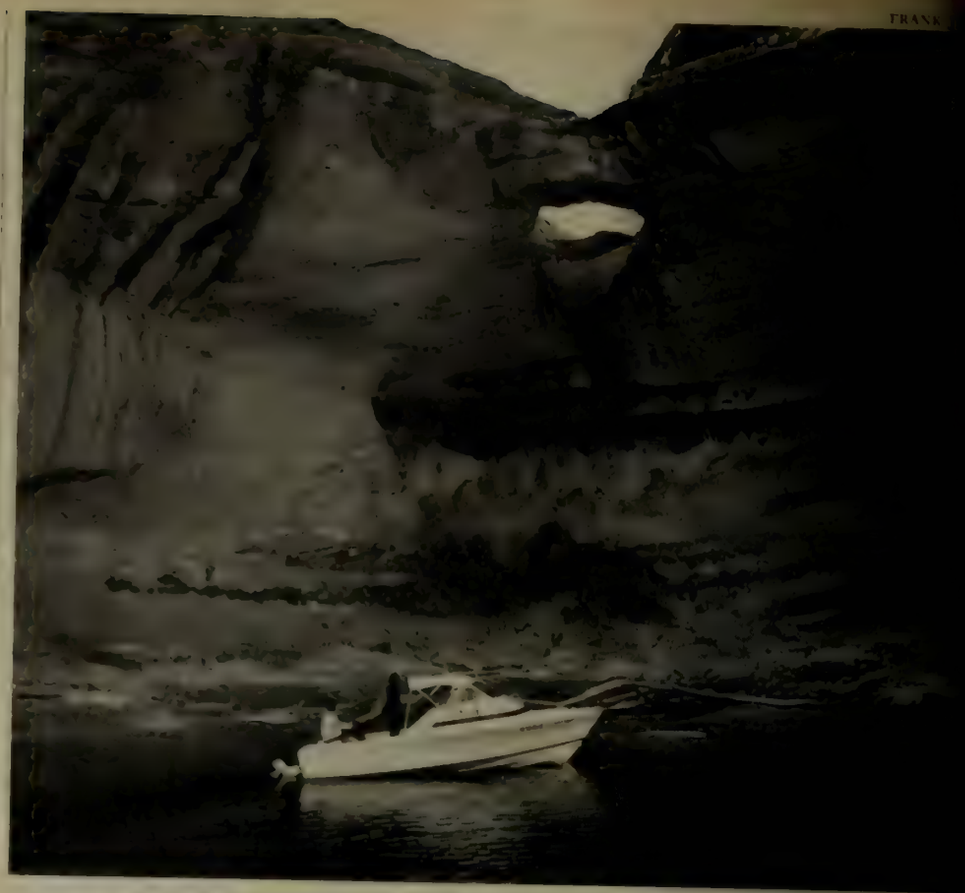

Anglers' boat *glides into a promising bass fishing cove between Bullfrog Basin Escalante Canyon on Lake Powell, part of the Glen Canyon National Recreation*

The good fishing at Lake Powell

Lake Powell offers some of the finest bass fishing in the Southwest, and the new Bullfrog Basin Marina (about 100 miles southwest of Hanksville, Utah, by paved road) is situated along one of the hottest bass-fishing sections of the reservoir.

Unlike the weed-dwelling bass of most lakes and reservoirs, Lake Powell bass tend to congregate along underwater ledges of the steep-walled canyons to feed on algae-browsing carp. Try a narrow shelf jutting just beneath the water surface, or an old rock fall in deep water.

In spring and fall when fishing is at its best, plugs and plastic worms will take fish. But recommended as a sure-fire bass getter is the "water dog," actually a salamander sold as live bait at most Lake Powell bait shops. Since the water dog is fragile, you must hook it through the roof of the mouth; after casting, you retrieve it with a slow, wiggling motion.

The wily bass may tentatively mouth or test the bait before finally accepting it, so never set the hook on the initial strike. The experienced bass fisherman at Lake Powell waits for the second or third "tug" before he starts his action.

You can launch your own boat at Bullfrog Basin, rent a boat at the marina, or arrange half-day, full-day, or overnight charter trips with a fishing guide. marina has a campground, trailer p boat slips, and a store.

Largemouth bass *at Lake Powell may up to 7 pounds, are stubborn fight*

Photograph by Ernest Braun.

ere'll always be a meadow
ere a kite can catch the wind

he Sea Ranch

. Beautiful country home colony
n the Sonoma coast

he unusual aspect of The Sea Ranch ou notice it immediately) is the eat amount of open space which djoins homes on the meadow.

his open space is land which will ways be preserved in its natural tate, to protect views and guarantee hoice recreation areas.

he Sea Ranch master plan designates hese areas as "commons." Over half f the available Sea Ranch land is eserved for retention in these free, pen areas.

his enlightened concept of land evelopment has won The Sea Ranch ational attention and awards.

o you, it means the chance to enjoy ong walks through the meadows, orest and along the headlands without ntruding on other people's property. t means hundreds of acres of open pace for an early morning canter, a icnic or a ballgame.

The open space concept also assures you freedom from the crush of people in everyday life. And above all, it guarantees that the natural beauty which led you to The Sea Ranch will never disappear.

This natural beauty is worth preserving, as Sea Ranch homeowners will tell you. The beautiful views, the brilliant sea, the serene landscape, all have a wonderfully tonic effect. As one doctor says, a weekend at his country home here is "like a whole week away" from city life. (Two days at the new Sea Ranch Lodge will prove the point for you.)

Other people who have built homes here reject the "second home" idea completely. To them, The Sea Ranch is their *first* home. . . . And the time spent away from here is just a necessary interval between stays at the place they like best!

Now is the time for you to discover The Sea Ranch, and a new way of life here on the Sonoma Coast, just two-and-a-half hours from San Francisco. Send the coupon for more details.

The Sea Ranch
One Bush Street
San Francisco, California 94104

Please furnish me more information on The Sea Ranch, without obligation.

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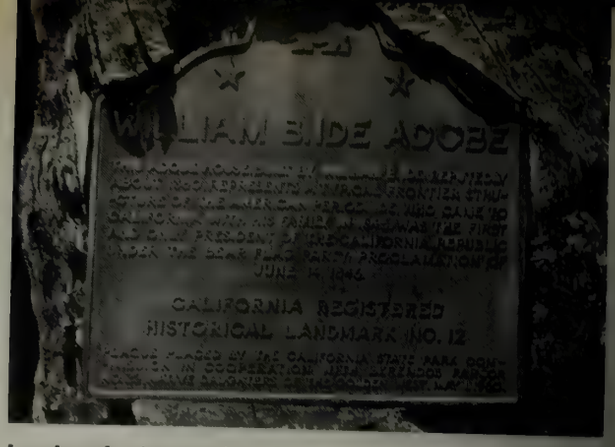
The Sea Ranch is owned and developed by Oceanic Properties, Inc., a subsidiary of Castle & Cooke, Inc.

At the Ide Adobe you step back into the 19th century



Landmark plaque *gives brief account of Ide's history*

Along the west bank of the Sacramento River, near Red Bluff, the William B. Ide Adobe State Historical Monument is an oasis for travelers. You can stop for a picnic on verdant grounds overlooking the river, have a refreshing drink of cool water, or just stretch your legs by wandering through the shady 4-acre park, once the home of the only president of California (see plaque).

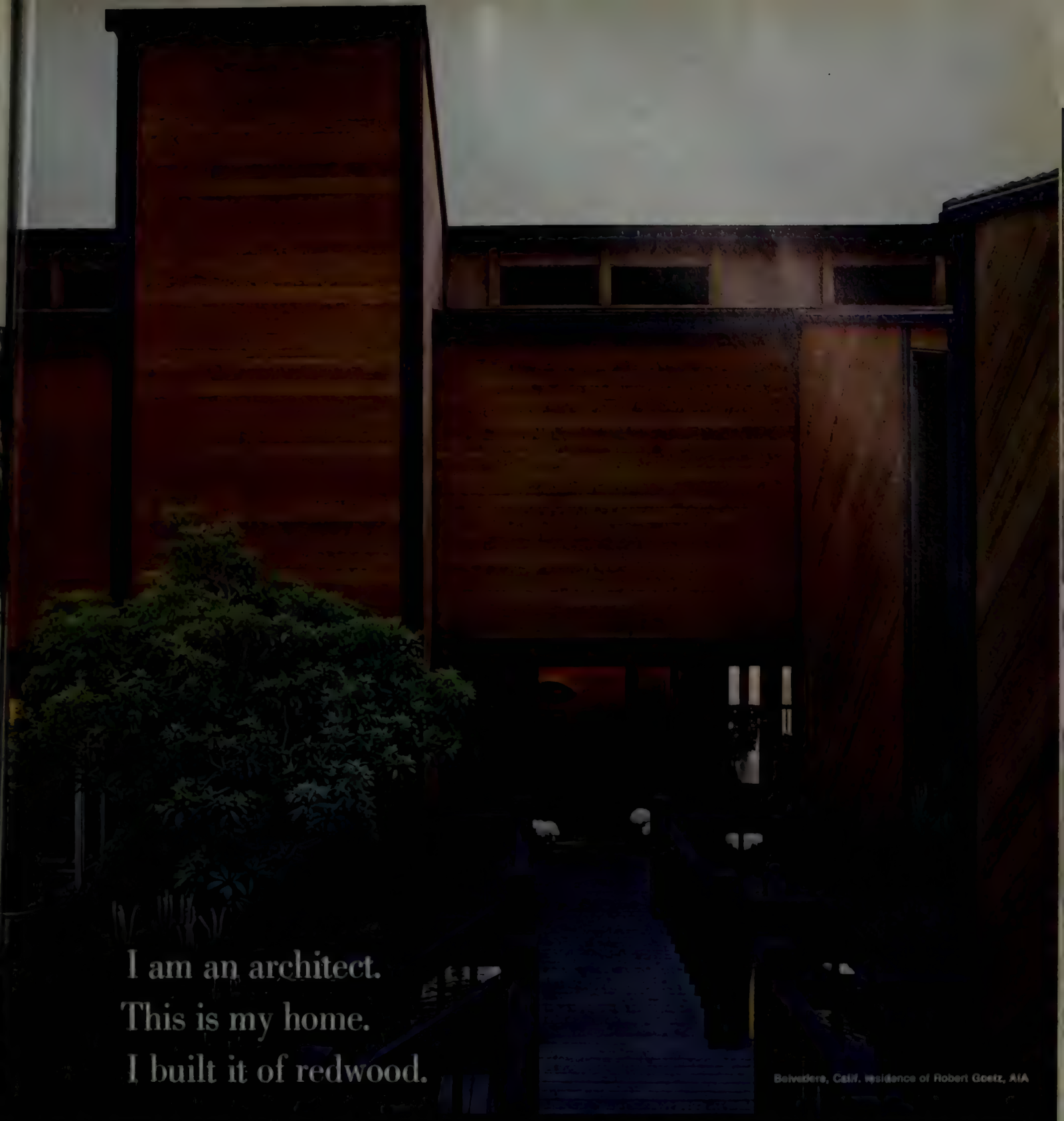
Original structures are the adobe ranch house (now a museum) and a hand-dug well. Since state acquisition of the site in 1951, the carriage house, smokehouse, and corral have been restored to suggest ranch life in the 1850's.

The monument is open daily from 8 A.M. to 5 P.M. with no admission charge; the ranger on duty has descriptive brochures. From Interstate Highway 5, take State 36 through Red Bluff. Turn right at Adobe Road; it's a mile to the entrance. Boaters will find mooring facilities near the site of the old Adobe Ferry.

Bluff trail *leads to Indian hut repli*

California white oak *throws a shady pattern over the ranch house. View from the veranda is toward river below*

ELLS MARUGG



I am an architect.
This is my home.
I built it of redwood.

Belvedere, Calif. residence of Robert Goetz, AIA

good choice. Because this home is built on San Francisco Bay.
d the Bay is notorious for eating houses alive.

night, the salt spray comes riding in on the back of a strong
cific wind. By mid-morning, the sun burns through the mist and
kes every surface dry.

int crumbles under this torture. Ordinary wood warps and
ays. But redwood stands strong—refusing to yield to the worst
ture has to offer.

It won't rot. Or warp. Or decay. And it's resistant to underground attack by termites and fungi.

Sure, redwood has a natural beauty unmatched by any other wood. But you need more than beauty to turn an architect's head. You need strength. Permanence. And logic.

Redwood has them all. That's why 3 out of 4 architects use redwood in their homes.

And that's why—at the water's edge or on a snow swept prairie—*your* home should be redwood.

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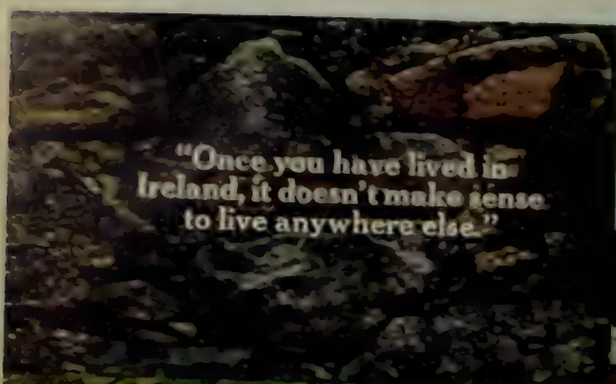
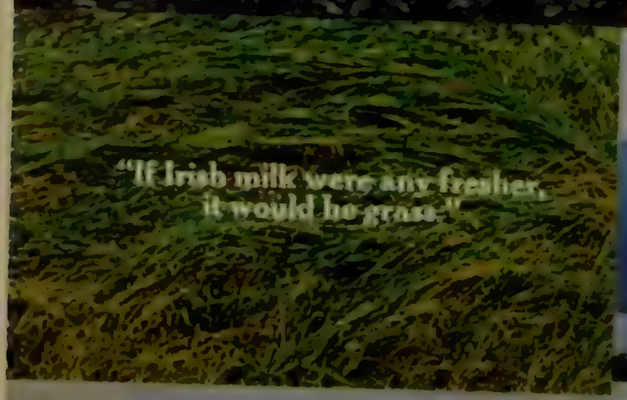
Sixteen wordy days in Ireland. $275.

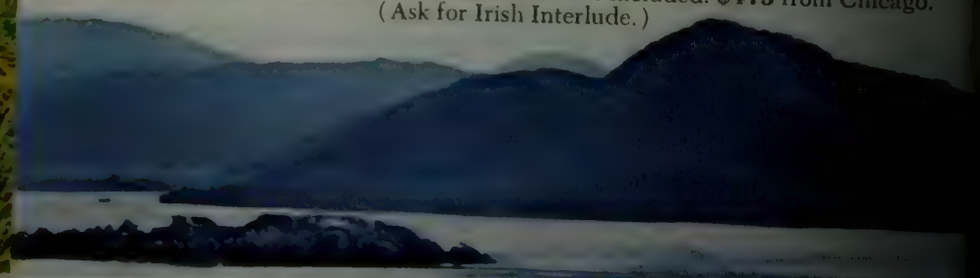
When you're seeing Ireland, keep your ears wide open.
For the words and sounds of Ireland are what you'll be remembering.

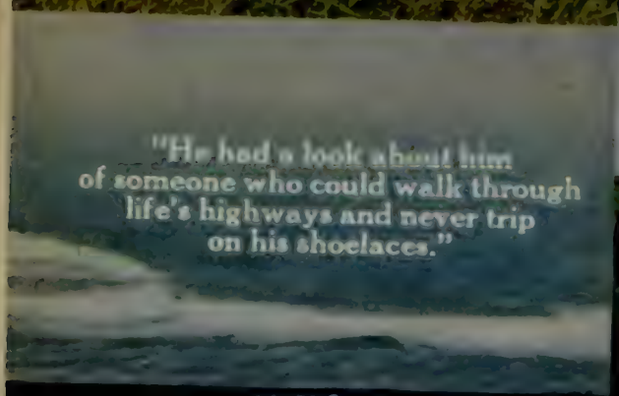


Via Pan Am, an eye and earful of Ireland, with a plan-as-you-go itinerary. Fiat 850 or Austin Mini with all the miles you can go absolutely free. Great Irish hotels in Limerick, Sligo, Killarney, Galway, three nights in Dublin. Airfare included. **$275** from New York. (Ask for Open Road Freewheeler Tour.)

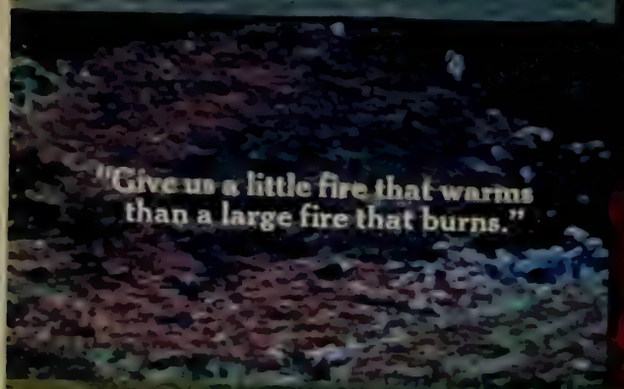


Via Pan Am, 15-day escorted motorcoach tour with lecturer-guide. Class "A" hotels with private bath, all meals. Medieval Banquet at Bunratty Castle, Abbey Theatre, Jury's Cabaret, Brown Thomas Fashion Show. Airfare included. **$475** from Chicago. (Ask for Irish Interlude.)

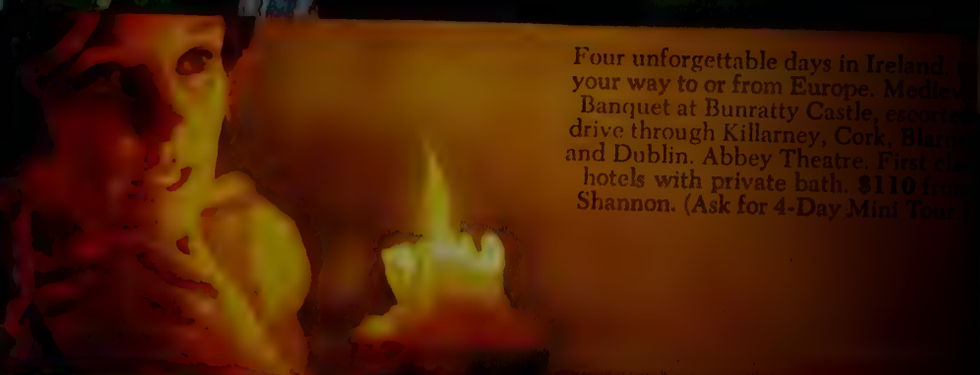


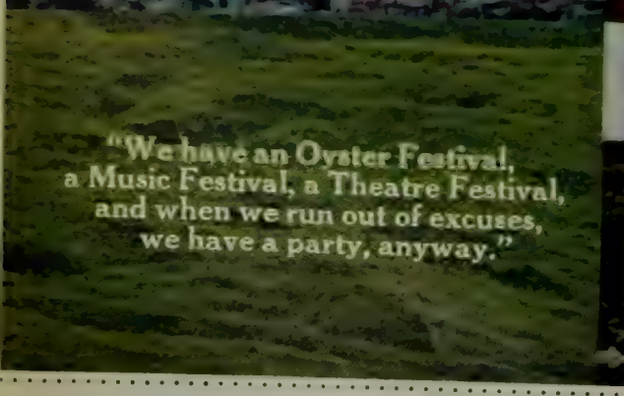


Via Pan Am, 15 days to see and hear Ireland, Scotland and England. Limerick, Killarney, Cork, Dublin, Waterford, Wexford, in deluxe motorcoach. Abbey Theatre and Jury's Cabaret in Dublin; Medieval Banquet at Bunratty Castle. Jet to Edinburgh, London. Deluxe hotels with private bath, most meals. Airfare included. **$505** from New York. (Ask for Ireland, Scotland and England Leisurely Tour.)



Four unforgettable days in Ireland, on your way to or from Europe. Medieval Banquet at Bunratty Castle, escorted drive through Killarney, Cork, Blarney and Dublin. Abbey Theatre. First class hotels with private bath. **$110** from Shannon. (Ask for 4-Day Mini Tour.)





24 time-stretching hours in Ireland. Coach drive through Irish countryside, visit to Irish pub, Quin Abbey, Bunratty Folk Park with grand finale at Medieval Banquet at Bunratty Castle. Room with private bath, Irish breakfast and lunch. **$20.** (Ask for 1-Day Medieval Tour.)

I'd like to hear Ireland during the most eloquent time of the year: Fall through Spring. 2-S-10

Please send me your booklet detailing tours of Ireland. Irish Tourist Board, P.O. Box #238, Madison Square Station, N.Y., N.Y. 10010.
Or, 681 Market Street, San Francisco, California 94105.

Name_____ Address_____ City_____ State_____ Zip_____

ELLEN KADELBURG

Ceramic cats *smile knowingly in showroom window alcove*

Pottery town . . . east of Guadalajara

Huge terra cotta urns *dominate the open-air pottery display of this shop*

Tonalá, about a 20-minute drive east of Guadalajara, is one of the oldest pottery-making centers in Mexico. It was an Indian village before the Spanish conquest; the small chapel two blocks west of the town's entrance is said to be one of the oldest on the North American continent.

The entire population now seems to be connected with the making of pottery. Workshops range from backyard kilns to modern factories. One showplace is the workshop of Jorge Wilmot, who has won many awards throughout the world.

Thursday and Sunday are market days; the plaza then takes on a carnival atmosphere. Not only visitors buy; many residents also spend the morning buying and selling to each other. After everyone is satisfied, they load their trucks and head to Guadalajara to resell their wares.

Children of all ages cluster around tourists, offering to be guides. Some speak a little English and for a few pesos will take you on a tour of the town's work-

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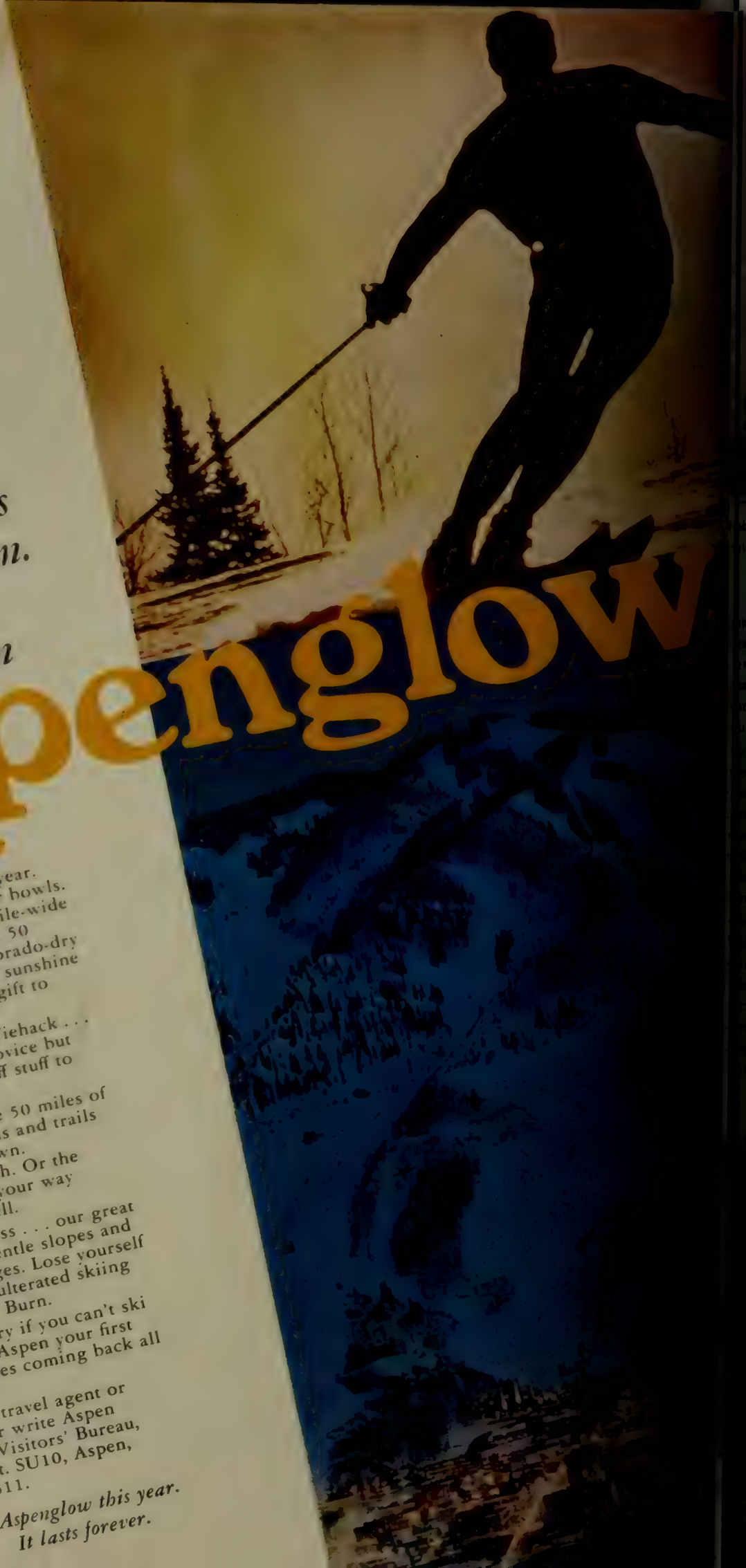

Take on 200 kaleidoscopic miles of skiing perfection.

Take on an

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Take on a little Aspen this year. Challenge our deep powder bowls. Our tree-lined trails and mile-wide slopes. Leave your cares in 50 inches or so of fluffy, Colorado-dry snow. Bask in the golden sunshine that's Nature's bountiful gift to the Roaring Fork Valley.

Take on Buttermilk/Tiehack . . . an area that loves the novice but offers plenty of show-off stuff to thrill the bomber.

Take on some of the 50 miles of Aspen Mountain's runs and trails rising right out of town. Try Ruthie's. Or Roch. Or the Corkscrew. Or find your way down the Face of Bell.

Take on Snowmass . . . our great new blending of gentle slopes and breathtaking plunges. Lose yourself in the sheer, unadulterated skiing delight of the Big Burn.

And don't worry if you can't ski all 200 miles of Aspen your first time. It just makes coming back all the more fun.

Contact your travel agent or airline now. Or write Aspen Chamber and Visitors' Bureau, Box 739, Dept. SU10, Aspen, Colorado 81611.

Take on an Aspenglow this year. It lasts forever.

ELLEN KADELBURG

ork goes on at the top of a stairway. tter is glad to have you watch or buy

ops *(talleres)*. But you can wander rough on your own because the people e very friendly, will invite you into their mes, and don't seem to mind your atching them work. Often every room a home is used as a studio.

he variety of items for sale is amazing: erything from ordinary junk to lovely ramics. Tonalá is noted for its terra otta pottery decorated with flower and imal motifs, and for blue-gray and buff bleware adorned with intricate designs. Iany studios specialize in delightfully ecorated animal figures.

The road to Tonalá begins 2½ miles off Iighway 80, east of Guadalajara. If you o on Sunday, you might like to stop in Tlaquepaque, a more commercialized pot-ery center, on your way back. You can pend an entertaining afternoon or eve-ing there in an open-air cafe listening o strolling *mariachi* bands.

It takes *a steady hand and much practice to skillfully apply fine-line brushstrokes*

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People who live in Hawaii have a special talent for having fun. That's why you'll find them at the carefree Kauai Surf, on Kalapaki Beach, Kauai, doing a lot of pleasant things. Golfing. Swimming. Playing tennis. Surfing. Sunning. Shelling. Exploring. Dining. Dancing. After all, a 98 acre resort gives you plenty of room to meet a lot of nice people.

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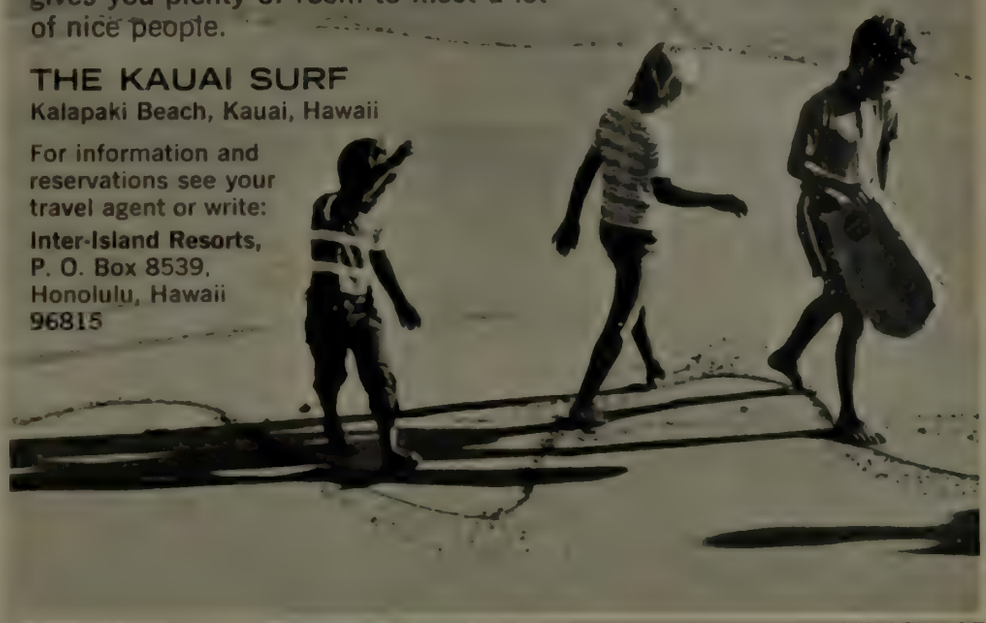

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The people who invented a nicer way to cruise.

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1970:

YEAR OF THE GREAT BIRDS.

Soaring into the '70's far ahead of the rest...
A new flight of Thunderbirds!
New in beauty. Size. And aerodynamic grace. With dramatic new front-end styling, shaped to slice the wind. And a powerful 429 V-8 so smooth you wonder if you're really on earth at all.

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Plus a wide choice of Bird options like a push-button sun roof. Tilt steering wheel. Highway Pilot automatic speed control. And more!

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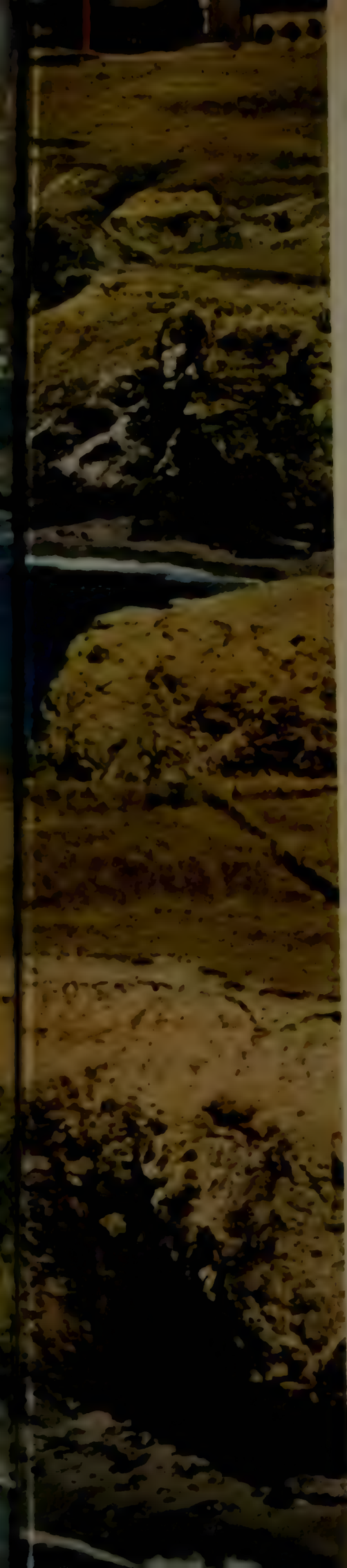
Choose Hardtop or Landau, two doors or four. And launch yourself into the space age in the 1970 Bird. A very rare species.

Two beautiful new ways to fly! Pan Am's® Boeing 747 Jet and the 1970 Thunderbird. Special Brougham Two-Door Landau.

THUNDERBIRD Ford

PAN AM



Sunset
THE MAGAZINE OF WESTERN LIVING
OCTOBER 1969

Announcing the award winners in the seventh biennial round of the American Institute of Architects-Sunset Magazine Western Home Awards

The purpose of the Western Home Awards, as announced in the first round of the program in 1957, is to "put a bright spotlight on what's new and what's promising" in house design in the Western states.

In the 12 years since the program's launching, it has gained in support by architects and builders (238 entries in 1957, 346 entries in 1969) and broadened in scope (vacation houses added; then remodeled houses; this year, townhouses).

Again and again the Western Home Awards have spotlighted new ideas just coming on the scene. They do so again this year, as you will see on the following pages. In addition they call attention to already established architectural ideas now gaining fresh expression.

We take great pleasure in announcing the 1969-1970 award winners in this issue of *Sunset*—5 winners of the top Honor Award, 12 winners of next ranking Award of Merit or Special Award, and 24 winners of a Citation.

The Honor Award winners are, in the jury's opinion, worthy of "serious study by the profession." In other words, these houses belong in the textbooks.

A traveling exhibit of the 41 award and citation winners will tour the Western states over the next 12 months.

Many of the winners, announced briefly in this issue, will be reported in considerable detail in later issues of *Sunset*.

Award-winning *vacation house on seacoast wraps itself around sheltered patio. Aerial photograph taken by Ernest Braun*

It's the second day *of jurying in Sunset's conference room. Study and balloting behind them, the seven jury members now engage in friendly argument. A. Quincy Jones, fourth from left, has the stage*

What's new and what's promising? The award jury put its spotlight on many fresh ideas

After two long days of study, discussion, balloting, and argument, the 1969-1970 Western Home Awards jury granted its awards and citations.

This was the first year townhouse designs have been considered for the Western Home Awards. Two townhouse schemes won awards; one townhouse won a citation. An extensive report on townhouses will appear in a later *Sunset*.

Many vacation houses were entered in the program. Five won awards, among them the striking mountain house Honor Award winner on page 90; seven won citations.

Architect Claude Oakland and builder J. L. Eichler won an award never before given in the Western Home Awards. It is an Honor Award not for any individual house design (six Oakland-Eichler houses were entered) but to the two men personally for their joint "contribution to subdivision house design."

The winning entries present some highly innovative features. One mountain house has a motorized, disappearing metal skin; one desert house has a freestanding sun-trap wall. Several houses experiment with roof windows. One Special Award winner is trucked to the site in prebuilt units.

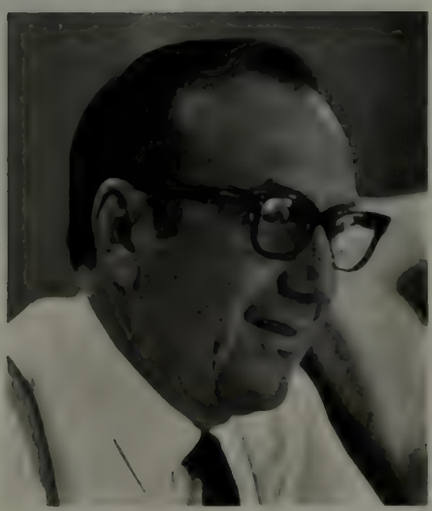
The Western Home Awards jury this year consisted of Charles W. Moore, now chairman of the Department of Architecture at Yale; A. Quincy Jones, F.A.I.A., whose firm Jones and Emmons won the A.I.A.'s Gold Medal this year; John M. Morse, F.A.I.A.; Héctor Mestre, Hon. F.A.I.A., designer of many homes and commercial buildings in Mexico City; Peter Walker, landscape architect; Ezra Stoller, architectural photographer; and Proctor Mellquist, editor of *Sunset*. Architects Moore, Jones, and Morse, with their associates, have each won three or more awards in previous rounds of this program.

"What is impressive is the high overall quality of the entries. You'd only see this in the West." — JURY COMMENT

GLENN CHRISTIANSEN

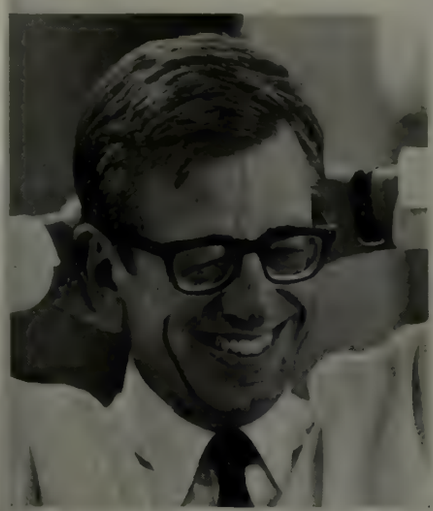
Charles W. Moore, architect
New Haven, Connecticut

A. Quincy Jones, architect
Los Angeles



Héctor Mestre, architect
Mexico City

Proctor Mellquist, editor
Menlo Park, California



John M. Morse, architect
Seattle

Ezra Stoller, photographer
Mamaroneck, New York

Peter Walker, landscape architect
San Francisco

HONOR AWARD

The house on Sunset's cover is washed in daylight. One juror called it "an art gallery"

This is the house pictured on *Sunset's* cover. It prompted one juror to comment, "It's really an art gallery." Others said of it: "A handsome and contemporary version of the clarity of early modern architecture." "A classic kind of house." Héctor Mestre, juror from Mexico City, said, "I feel a strong sympathy for this house which comes closer to our Mexican home design."

It's a white building inside and out, through which there is a constant play of light and shadows. Really it is two houses, one for living and one for sleeping, connected by a glass-walled gallery. The living house is a lofty square box, the sleeping house a two-layer, tighter unit.

The architect was Donald E. Olsen for Mr. and Mrs. Herman D. Ruth, Berkeley.

Only *the fireplace-book partition separates the living and dining areas; clerestory*

Dining room *end wall is solid below, glass above. Through window at right you can see breakfast room which is beside the kitchen*

Townhouse cluster won its top award for site planning

HONOR AWARD

This group of townhouses occupies a knoll rising from the floor of California's Carmel Valley and is surrounded by golf fairways. The units were designed to conform to the existing terrain and placed to avoid the cutting of native trees. The jury was particularly impressed with the planning for traffic. Autos move in a slightly depressed corridor obstructing no views. Houses are in groups of two, three, or four, never quite in a line so as to retain the individuality of the units. One juror, complimenting the houses for their interiors, said, "This Honor Award, even so, is for site planning."

The architects were Hall and Goodhue for Burchfiel Meadows.

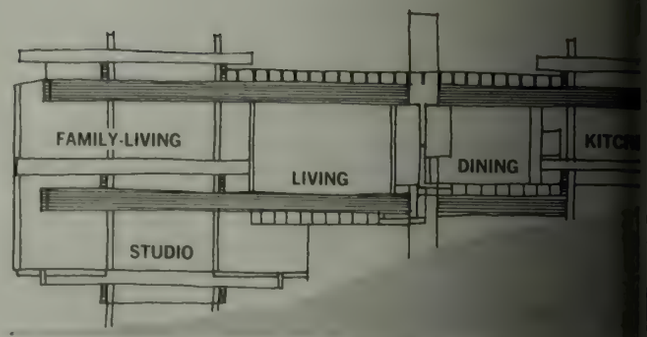
KONDAL PARTRIDGE

ll in light from all sides. Wall space was designed for large scale paintings and as a background for plants

MORLEY BAER

Units *of inner group are built around a common terrace area near crown of knoll, have views over tops of units in the outer ring*

Entry *is by wooden bridge to a hall with view of the lake. Sleeping rooms are on entry level, living areas are one level below*



The house at right (opposite page) multiple level interior which fascina several members of the awards jury. F of the five levels (see sketch above) be observed simultaneously from m locations within the house.

One juror found the end-grain wood st "heavy" and "insistent." But in pr

HONOR AWARD

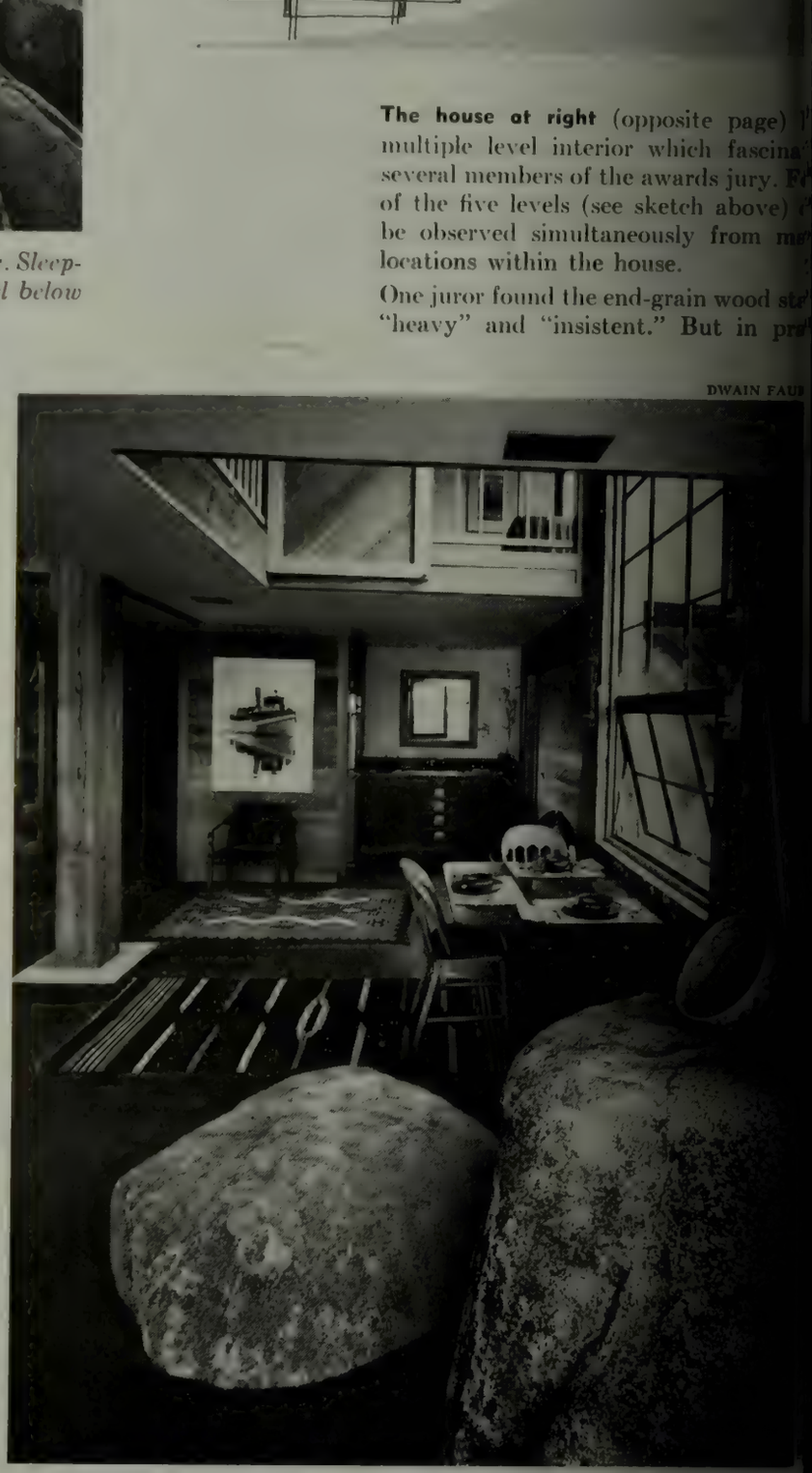
Ruggedness to match its rough surroundings

Here is ruggedness to match the surroundings—a boulder-covered point jutting into Lake Tahoe. The exterior is exposed wood—rough timber posts and diagonal cedar boards. Interiors are cedar boards, concrete piers, barn hardware, rough-formed concrete fireplace. Boulders jut up through the floor to form seats and resting places.

One juror said, "It's a good mountain house." Another: "It's visually strong but doesn't destroy the shoreline."

The architects were Campbell and Hoover, Sidney H. Hoover, designer, for Dr. and Mrs. William G. Hoover, Lake Tahoe, Nevada.

DWAIN FAU



Living area *is one 22 by 25-foot space reached by spiral stairs from en level. Kitchen occupies a 6 by 6-foot alcove seen in background of ph*

HONOR AWARD

An interior with multiple floor levels, open-ended

the house there were comments like ese: "A grand interior of generous space d bold vistas," "A beautifully crafted terior."

he architects were Kahn, Kappe, Lotery. aymond Kappe, F.A.I.A., is the owner. he house is in Pacific Palisades, near anta Monica.

JULIUS SHULMAN

This view *is from the kitchen looking over dining level to two-level living areas, and down into studio. Bedrooms are reached from the upper, more informal living area*

ERNEST BRAUN

Fireplace *and variation of ceiling heights define dining room without interrupting the flow of space. High-pitched roofs, atriums are common to all four house plans*

HONOR AWARD

A top award for "contribution to subdivision house design"

Four subdivision houses helped earn this award, given to the architect and builder for their contribution to subdivision house design. Different jurors liked each of the four submissions, but not always for the same reasons or in any particular order. All agreed that the group was outstanding among the subdivision designs entered in the program. However, the jury expressed the hope that in the future the Eichler firm would show as much concern for its land and street design as it does for its houses.

Design was by Claude Oakland and Associates for J. L. Eichler Associates.

JEREMIAH O. BRAGSTAD

In back *the house opens to the garden and the view*

An intimate, *informal house with natural light, views, privacy*

AWARD OF MERIT

"The interior is refreshing for its casualness"

JURY COMMENT

AWARD OF MERIT

An old garage in San Francisco is now a townhouse

An old ballroom and garage were remodeled and expanded to make a three-level, four-bedroom house. Inside there's a surprising feeling of space—outward to decks, garden, view, and vertically with high ceilings and a two-story bay window shared by the living room and dining balcony or bridge. Outside spiral stairs join all three levels. In front a deck over the driveway provides a sunny, wind-protected sitting area above the street level.

The architect was John Louis Field of Bull, Field, Volkmann, Stockwell for Mr. and Mrs. Murry J. Waldman.

From a plain exterior to the street and sides, the house inside explodes with light and shadows. A spiral stairway joins three levels—upper master bedroom level, main living level, and lower bedroom level. Wall extensions and louvered railings provide privacy for decks. High windows not only bring in daylight, they also provide views of treetops and weather. One juror said, "The interior is refreshing for its casualness and welcome to clutter and comfortable living." Another said, "A warm contrast to the eucalyptus grove it looks into."

The architect was K. Shinomiya for Mr. and Mrs. Donald L. Kerson, Berkeley.

RICHARD FISH

gh, glass-walled *living room under a eucalyptus tree canopy*

AWARD OF MERIT

A lesson in economy ...1,600 square feet of house for $22,000

his small, 1,600-square-foot house on a very tight 50 by 113-ot city lot was built on a budget of $22,000. It is H-shaped ith private courts and with generous vertical scale. Tall win-ows pull daylight into all interior spaces and trellises over the ourts temper the sun and reduce sky glare. The house re-inded one juror of an earlier award winner by Killingsworth-rady-Smith. But commenting on this, another said, "If this so it's a compliment to its predecessor, but it also has its wn appealing character and appropriate detailing." This house as published on page 96 of the November 1968 *Sunset*.

aul McKim of San Diego is both architect and owner.

MORLEY BAER

Fulfilling *their living needs without altering the existing site*

AWARD OF MERIT

"This house puts you right into the trees"

JURY COMMENT

Glass walls and sky windows open the house to the trees. One juror in particular was impressed with this quality and said, "The feeling inside the house is one of living outside among the trees." The house with its decks on three sides seems to float over its site. Of the decks, one juror made this comment: "I like the turned deck at the end of the house. It seems sensitive to the site and to spaces generated by the house." The great gable roof extends out over the large living deck. One juror complimented the architect on the way he carried his post-and-beam framing system through the glass wall.

The architects were Robert C. Peterson and Victor K. Thompson. The house is located in Woodside, California.

AWARD OF MERIT

Narrow townhouses side by side on a San Francisco hill

The photograph at right shows a row of six side-by-side townhouses on a hilly street in San Francisco that interested all jurors. The houses are very narrow, 17 feet 9 inches, but rise three stories with decks in front and back. Each has a private walled garden. The top level is for sleeping, the middle for living, the street level for cars, entry, and storage. One juror felt this design could only work in San Francisco, other jurors disagreed. Another didn't care for the exteriors, but thought the interior layouts were outstanding.

The architect was John Louis Field of Bull, Field, Volkmann, Stockwell for Rosston Development Co.

Townhouses *retain their individuality, make skillful use of row space without what one juror called "railroad flat"*

Spacious *south facing patio cuts deeply into house, gaining shelter from north wind and providing a trap for winter sun*

AWARD OF MERIT

High-pitched roofs, pole frame, a "lodge" feeling

The architect said his client "held firmly to an irrational c cept." He wanted a "lodge" feeling—high pitched roofs w open ceilings, yet all rooms facing the view. The result three high-pitched roofs suggesting a cluster of cottages, actually connected. The house presents a blank face to street, opens in front to a fenced court built around exist trees (see photograph at right), and in back to a sunny de

The architects were A. O. Bumgardner & Partners for Mr. F Sporer, Jr., Bellevue, Washington.

Living room *opens to private entry court. C juror said, "The client inspired the archit to do something dramatic, unconvention Color photograph taken by Don Norm*

AWARD OF MERIT

Seacoast house wraps itself around its patio

This vacation house was designed for a rugged, windswept ocean promontory. The photograph above and the color photograph on page 84 show the exterior and how well it suits its spectacular site. Main level has living-dining room, kitchen, bedroom, two baths, parlor. Upper level has two dormitories overlooking the patio.

The architects were McCue Boone Tomsick for Mr. and Mrs. W. J. Milligan, The Sea Ranch, California.

AWARD OF MERIT

Vacation house, owner-built, has two "wings" for outdoor living

Left wing *is screened; right wing is open. Bullet window is lookout for cook in kitch*

This is the first unit of a future three-unit vacation house complex. This unit has two winglike decks for outdoor living—one a big screened cage for sitting, eating, sleeping. The house will function as the main activity center, for cooking, dining, conversation. Owners will sleep in this unit, guests in the future units. One juror thought the barnlike truss construction a bit exaggerated. However, the complex was designed to be bu by the owners, and because of the desire for high space, trus were chosen as the spanning members and built on the s High end windows allow for maximum air flow.

Architects were Ronald G. Brocchini and Myra M. Brocch for Mr. and Mrs. R. W. Mossman, Boonville, California.

The house *really ends by the window at right, the wall extends to screen a large deck*

AWARD OF MERIT

"The pleasure is in the strong discipline of form and detail"

JURY COMMEN

You see two triangular shapes back to back. Roof lines sweep low and extend out to shelter a deck cantilevered out to the trees. This compact structure fits neatly between existing trees. Its straightforward interior makes good use of natural light. Space is arranged on three levels served by an open stair. One juror, considering the house a bit tricky, called it "a house going in two directions," then later changed this to "a hou that can't decide which way it's going." However, a majori of the jurors disagreed and one supporter said, "The pleasu is in the strong discipline of form and detail."

The architect was Wendell H. Lovett for Mr. and Mrs. Jac Melill, Mercer Island, Washington.

AWARD OF MERIT

acation house rugged ough "for renters with exuberant children"

small vacation house has plywood skin inside and out, simple detailing. It is pierced with a skylight and a va- of windows looking out into the trees. This is a no-non- house, rugged enough to offer to renters with "exuberant" ren.

architect was George Homsey, Joseph Esherick and Asso- s for George and Kay Homsey, The Sea Ranch, California.

ERNEST BRAUN

Random-placed *windows add to relaxed, vacation casualness*

TULIUS SHULMAN

e addition *is really an adult retreat set in a mature garden*

AWARD OF MERIT

A two-story "tree house" that was added on

The jury did not consider this a remodel, but rather an addition to an existing house which did not alter the original house in any significant way.

What was added was a two-story "tree house"—a master bedroom above, living room below, connected to the old house by a bridge through the treetops. The jury especially liked the way the addition fitted into the existing mature garden, and the way the living room floor continued out of doors to a deck the full length of the room.

The architect was Ron Yeo for Mr. and Mrs. George Hall, Corona del Mar, California.

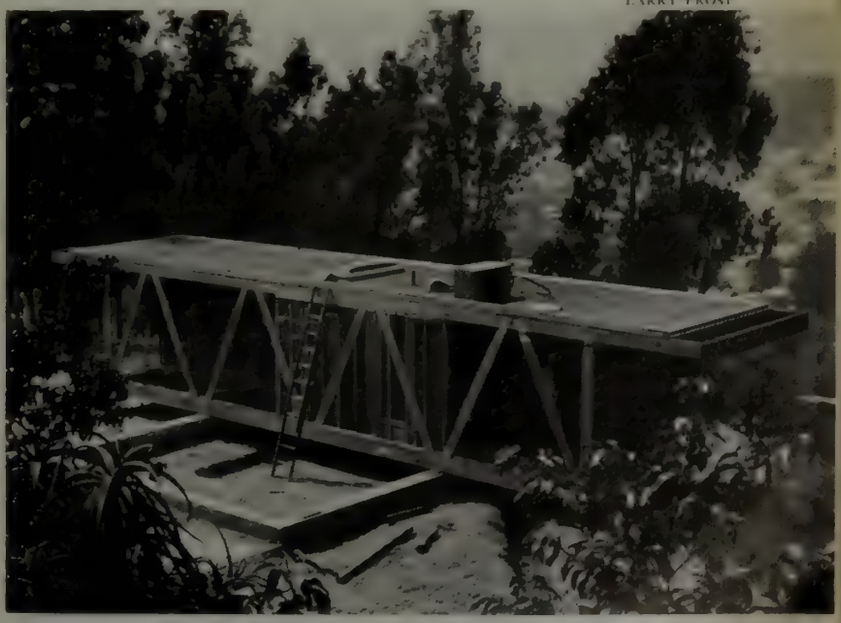
SPECIAL AWARD

Two pre-built units are trucked to the site, joined together

he jury gave this house a Special Award for Prefabrication. wo units, transported to the site by truck, join together to rm a compact vacation house which comes carpeted, with l appliances and exterior decks, at a reported price of $12,397. functional, good looking, easily put up on a variety of sites. s one juror said, "Low cost plus versatility in siting adds im- act to inexpensive projects that can't afford prime sites." One iror objected to the revealed truss members.

he architect was J. Lamont Langworthy for Mrs. Laura Delacy, Los Angeles.

LARRY FROST



Half house *in place. Next half goes on exposed foundation beams*

24 winners of a Citation . . . in Arizona, California, Hawaii, New Mexico, Oregon, Utah, Washington

Here are 24 entries the jury considered to have attained a high level of architectural excellence. While not winning Honor or Merit awards, each was granted a Citation by the Western Home Awards jury. In several cases these winners missed an Award of Merit by only a single vote.

Photographs and reports on many of the citation winners will appear in later issues of *Sunset*.

Family House, La Jolla, California. A house sensitively sited to retain existing trees and provide privacy on a 50 by 205-foot lot. Despite the narrow lot, all rooms on the main living level open out to landscaped courts. The dining room projects out into one court to become a dining-garden room. The architect and owner is James Rodney Youngson.

Family House, Kirkland, Washington. Four building masses surround an outdoor patio, giving it privacy, protecting it from wind, and providing a necessary sun trap. The central patio or court is the great feature of the house. It was the court plus the plan that won the Citation. The architects were Martenson & Associates for Mr. and Mrs. Arthur J. Harrison.

Vacation House, Park City, Utah. Its designers call it a "tricub-octahedron" and it looks like one. It's a sort of castoff space frame temporarily at rest on its otherwise undisturbed wilderness site. It's surprisingly spacious, sleeping 14 and offering its residents-on-holiday a considerable break with convention. It was designed by Minson and Halander, Architects-Engineers, for Mountain States Insulation Company.

Merchant-built Family House, Pebble Beach, California. One basic design adaptable for units varying in size from 1,400 to 2,600 square feet. Living areas radiate off the entry with the stairwell acting as a variable vertical change between the living areas. The architects were Burde, Shaw & Associates for Spyglass Development Associates.

Townhouse, Albuquerque, New Mexico. A highly sculptured, adobe-wall complex designed for its site, a semi-arid mesa. The jury had mixed feelings about this Citation winner. Some thought it harsh, others liked the floor plan. The architect was Antoine Predock for Mr. and Mrs. Didier Raven.

Vacation House, Rosedale, Washington. This winner is a small, less than 1,000-square-foot beach house with a sky-lit, open kitchen as its core. Two glass walls open out to a paved, waterside entertaining area. Some jurors found the house undistinguished; a majority liked it, especially the quality of interior light. The architect was Robert M. Jones for Mr. and Mrs. Kirk B. Hull.

Family House, Tucson. In the final stage of jury argument this house won and then lost the one additional vote needed to bring it an Award of Merit. It's a rectangular house with an unusual, seemingly freestanding stucco screen wall to protect north-facing glass walls from the sun and sky glare. The arc tect and owner is James A. Gresham.

DOUGLAS M. SIMM

Vacation House, Alpine Meadows, California. A mount house built for heavy snows, with an entry bridge that ta you in above the drifts, and well placed windows to capt the view and pull in daylight from between the trees. Arc tect was David Tucker for Mr. and Mrs. Robert Tart

Family House, Mill Valley, California. The house stands h above its hillside site and is reached by a bridge. It has outd living on two decks which serve living room, dining room, two of the three bedrooms. High glazed peaks over the liv room and kitchen give views up the hillside, bring in daylig The architects were Marquis & Stoller for Mr. and Mrs. Eug Miller.

Remodel, San Francisco. In this remodel the exterior of the bu ing was painted and left much as it was. Inside space completely reorganized and a family room was added. jurors liked the "strong contrast between old and new in composition." The architect was John Louis Field of B Field, Volkmann, Stockwell for Mr. and Mrs. John Louis Fi

Family House, Yorkville, California. A main house, two gu houses, and a carport form a settlement fitted among tr It's the main house that won the Citation—an L-shaped bu ing with three decks. It's a house with lofty skywindows slender vertical windows. The architects were Duncombe-J land-Miller for Mr. and Mrs. Leslie Hanelt.

Vacation House, Uinta Mountains, Utah. A glass-walled, 32 40-foot structure wraps itself in a protective aluminum curt wall as defense against the sun and vandals. The jury was trigued with the motorized coiling curtain wall. The archite were Boyd A. Blackner and Associates for Mr. and Mrs. Ot C. Tanner.

NEIL KOPPES

Family House, Paradise Valley, Arizona. A desert house designed for its environment. Glass walls, shaded by overhangs, open it to terrace, pool, and view. The owners, collectors of Southwest Indian art, wanted a house that resembled a pueblo. That's what they got. The architect was George W. Christensen for Dr. and Mrs. Rex Peterson.

R. WENKAM

Family House, Honolulu. A prefabricated frame of poles and laminated beams rises three levels against a steep hillside. Inside is a two-story living room with spiral stairs to take you from level to level. Architects were Wimberly, Whisenand, Allison & Tong for Mr. and Mrs. Edward Brownlee.

Remodel, Portland. The remodeling project was to simplify and clean up the busy exterior of a house built in the 1930's and to give the house a better relationship to its garden. A new entry hall replaced one that made a passageway out of the living room. The architects were Travers-Johnston for Mr. and Mrs. Henry Schwager.

Merchant-built Family House, Berkeley. A small house designed to grow, it will expand without altering its basic shape. The Citation winner is the house in its expanded form. It is built on a steep slope with the downhill wall projected out beyond the foundation wall. The architects were Ashjian & Meier for Dr. and Mrs. Alexander G. Rogerson.

Family House, Portland. A new house slipped into an old neighborhood, it is private from the street and private from its neighbors. All rooms on both levels open out to decks. Clerestories and ribbon windows bring light into interior vertical spaces. The architects were Broome, Selig & Oringdulph for Mr. and Mrs. John Hedford.

Family House, Carefree, Arizona. This desert house has mortar-washed masonry inside and out, red tile roof, interior white walls for paintings and ledges for art displays. Landscaping is the wild desert itself. The architects were Gonzales Associates for Mr. and Mrs. R. W. Franz.

Vacation House, Nicasio, California. You enter across a bridge to the entry hall, up a level to a living room and separate parlor, or down to the kitchen-dining area and bedroom. The house expresses what one juror called "the new geometry." Your eye is caught by angles, by roofs sloping inward, by windows not in rhythm. The architects were Backen, Arrigoni & Ross for Mr. and Mrs. Bruce Blinn.

Family House, Sausalito, California. A house thoughtfully designed for its site. Its windows are placed to overlook short views. Outside and inside openings take into account differences in light during the day. However, the angular quality of the house bothered some of the jurors. The architects were Joseph Esherick and Associates for Donald L. Oestreicher.

Merchant-built Vacation House, The Sea Ranch, California. This is a demonstration vacation house, an "idea house" to interest and provoke shoppers for vacation houses at The Sea Ranch on the northern California coast. It's a hexagonal, two-level tower with a roof deck and balcony. The architects were Marquis & Stoller for Oceanic Properties, Inc.

Family House, Pebble Beach, California. The great feature of this house is the floor-level deck wrapped around two sides of the house, with broad steps to the ground. Inside the house is a sky-lit conversation pit and stone fireplace. Architects were Peters & Clayberg for Gordon J. Aulik.

Family House, Alamo, California. A high, sky-lit gallery is the core of this house, the place for paintings, plants, parties. From it you ascend spiral stairs to a glassed-in studio. Off it in a cross shape are the living and sleeping areas. Each opens to a court or balcony. The architects were Fisher-Friedman Associates for Mr. and Mrs. Robert Pease.

Vacation House, The Sea Ranch, California. A small, one-room house has a sleeping loft or balcony above and a detached bunkhouse at the other end of a sheltered connecting deck. The jury felt that some of the interior details were somewhat overpowering for the size of the house. Architects were AGORA for Dr. and Mrs. Rolf Brunckhorst.

Five-year-olds *sketch vegetables grown in pots they built. Crop is carrots—which if you haven't front teeth are hard to chew*

Going to school in an art museum

Amid sculpture galleries and old masters, the children on these pages are growing vegetables, assembling mobiles, and perfecting lemon pudding.

With adventuresome classes like these, many fine Western museums, all with excellent permanent collections, are also becoming lively education centers. At the M. H. de Young in San Francisco, for example, class choices include "Suppose You're a Rock," "The Land of Hobbits, Elves, Dwarfs, and Leprechauns," and "Collage and Constructions." Classes generally follow the school-year schedule with fall sessions starting in late September or early October.

Sessions are open to any child. Preference

Brief tours *of galleries dispel image of forbidding grown-up place*

Hand-squeezed *lemon juice is ingredient in chef-eaten dessert*

Woodworking *is part of summer workshop program at La Jolla Museum of Art*

Centaur *and friends cavort around wood shop class in museum courtyard*

DARROW M. WATT

often goes to children of museum members or to junior members. Non-member families sometimes pay a higher tuition. Costs vary from nothing to $3 a class. Classes are held after school, on Saturdays, and often on summer weekdays. Some accept preschoolers and a number extend the upper age range with evening classes for adults.

Museums in northern California, Nevada, and Utah offering classes include: Fresno Arts Center, Nevada Art Gallery (Reno), Salt Lake Art Center, M. H. de Young Memorial Museum (San Francisco), San Francisco Museum of Art, and San Joaquin Pioneer Museum and Haggin Art Gallery (Stockton).

DARROW M. WATT

Lift off *top of ceramic cooker at the table to reveal a golden brown chicken, roasted until tender and juicy*

Small chicken pot, California made, green glaze inside and on head, tail. For small chicken, small roast. About $23

Chicken pot, Californian, blue glazed, takes small turkey, big chicken, or small roast. Also gold, white. About $23

Shape and size *of cooking pot dictate what cuts of meat, fi*

Hot pot cookery

Chicken in a chicken po

The whimsical ceramic pots pictured on these pages are typical of the variety found in fancy cookware shops in the West. They include European imports and some new designs available now from our own potters.

All the pots can be used like any casserole with a lid, but whole fowl, roasts, and fish can also be cooked inside them with spectacular results. Foods cooked this way are especially succulent and flavorful and can be richly browned and tender. They require little attention while in the oven and keep moist and hot inside the pots if dinner is delayed. Little or no butter or oil is used in the cooking, so there are few added calories.

The secret of good browning here is to choose meats that conform roughly to the shape of the pot, then cook them at the best oven temperature. Cooking times in the recipes that follow are approximate—especially heavy or thick pots may require somewhat longer times.

Unglazed and partially glazed pots need to be seasoned before their first use. Follow the manufacturer's directions or do it this way: Run hottest tap water into a sink or large container to completely immerse. Let stand 8 hours or overnight. Wipe, then allow to dry. Unless they highly glazed we always let the pots at least 8 hours after seasoning and us for more uniform cooking results.

The pots absorb food flavors, which u ally pleasantly complement the flavor the food subsequently baked in the Fish is the exception; we recommend t you cook fish in a glazed pot or in anot cooker used solely for fish.

Ceramic pots are vulnerable to sud temperature changes. Do not pour c liquid into hot vessels nor put cold co ers directly into a hot oven. When y remove the cooking pots from the ov

Fish pot, from Italy, glazed inside. About 3-pound cut salmon or lingcod fits snugly. About $20

Lamb pot, French. Takes 4 to 5-pound rolled lamb roast or large fryer chicken. Costs $6 in Paris, not yet available here

Italian classic, top "locks" to bottom. Takes 4 to 5-pound roast or roasting chicken. About $5

Small fish pot, Italian, lightly glazed inside (if used for fish, use for fish only). Takes 2-pound fish. About $10

Italian oval, unglazed, takes 2 to 3-pound chicken or 4 to 5-pound rolled roast. About $10

PETE REDPATH

or fowl fit inside. Fairly snug fit is key to good browning, even cooking. Use same cooker for meat or fowl; keep fish pot for fish

lamb in a lamb pot, fish in a fish pot, shanks in a shank pot

place on a board or asbestos pad.

If your cooker cracks or breaks you can probably repair it with a silicone glue available in tubes at hardware stores. Smooth glue over outside of a crack; let stand 24 hours; trim off excess with a knife or razor blade. To repair a broken pot, follow directions on the glue package.

We baked chicken and small turkeys in ceramic pots. To get a crisp brown skin, the bird should fit so the space between it and sides of pot averages not more than about ½ inch. Often you can truss a slightly too large bird to fit, but remember that the pot's top must fit on tightly.

We roasted 2 to 3-pound broiler-fryer chickens in the small chicken and oval pots shown above. A large broiler-fryer (about 3½ lbs.) can be trussed to fit the lamb pot. Roasting chickens of 4 to 6 pounds were done in the classic pot and large chicken. A small turkey (5 to 7 lbs.) fitted only the chicken pot. To ensure a good fit, take your cooker to the market.

With a cooking fork, test the breast meat for tenderness to see if it is done. If more browning is desired, return pot, without its top, to oven for a few more minutes.

It is easiest to carve a bird outside the pot. Before serving, use a knife to free any skin that sticks to the pot and remove trussing pins or strings. At the table, lift bird with two forks to carving board. Serve with juices from the pot.

CHICKEN IN A POT

- 1 broiler-fryer chicken (2 to 3 lbs.)
- Salt and pepper
- 1 medium-sized onion, quartered
- 1 clove garlic, minced or mashed
- 1 teaspoon salt
- ½ teaspoon dried rosemary, crumbled
- ½ lemon

Rinse the chicken and pat dry. Sprinkle the inside cavities lightly with salt and

DARROW M. WATT

Serve *baked salmon directly from cooker. Cut to bone and lift off serving portions, then remove the bone to serve remaining fish*

pepper. Put onion inside body cavity and skewer cavities closed. Truss chicken with cord to fit compactly inside pot. Combine the garlic, 1 teaspoon salt and rosemary, pat over the bird. Squeeze juice of the lemon over top, cover, and bake in a 450° oven for about 45 minutes to 1 hour, or until tender. Serves 2 to 4.

For a 4 to 6 pound roasting chicken, follow Chicken in a Pot recipe, but use a large onion, large clove garlic, 1½ teaspoons salt, ¾ teaspoon rosemary, and a whole lemon. Truss to fit inside cooking pot. Bake in a 450° oven for about 1 hour and 15 minutes, or until tender.

For a small turkey (5 to 7 lbs.), follow Chicken in a Pot recipe, but double seasoning ingredients. Bake in a 400° oven for about 45 minutes to 1 hour. Insert a meat thermometer into thickest part of breast near end of cooking time, it should read about 175° after 3 minutes.

Poultry with stuffing. Instead of seasoning the cavities of chicken or turkey with the salt, pepper, and onion in recipe on page 103, lightly fill with any stuffing of your choice. Truss the bird, then sprinkle the outside lightly with salt and pepper, and fit into the cooking pot. Squeeze lemon over top, if you wish. Cover pot and follow suggested oven temperatures and roasting times, except allow about 15 minutes more roasting time if bird is stuffed.

Whole pieces of salmon or lingcod fit nicely into fish shaped pots. A piece cut from the tail portion, weighing about 3 pounds, fitted into pot shown above; a 2 to 2½ pound piece fitted the small fish pot shown on page 103. Serve fish from the pot as suggested in the photograph caption above.

You should match meat to pot. What you want is a snug fit

FISH IN A FISH

- 3-pound tail portion of lingcod or salmon
- 1 small onion, finely chopped
- 2 cloves garlic, minced or mashed
- 2½ teaspoons salt
- 4 slices lemon
- ¼ cup dry white wine or chicken broth
- 1 tablespoon lemon juice
- ¼ cup butter or margarine
- 2 teaspoons flour

Cut belly of fish so it is open to within about 3 inches of tail. Combine onion, garlic, and 2 teaspoons of the salt; stuff into cavity of fish. Sprinkle remaining ½ teaspoon salt all over fish. Lay in a fish-shaped pot and garnish with lemon slices, as pictured above.

Cover and bake in a 325° oven for 45 minutes to 1 hour, or until inside of fish flakes with a fork.

Remove from oven. Using two hot-pads and holding lid ½ inch ajar, drain juices from the pot, measure, and add water if needed to make ¾ cup liquid; stir in wine and lemon juice; keep fish covered and warm. Heat butter in a small pan, stir in flour until smooth, gradually stir in cooking liquid; cook, stirring, until slightly thickened. Serve with the fish. Makes about 8 servings.

For a 2-pound piece of fish, follow recipe above, using ½ small onion, 1 clove garlic, 1¼ teaspoons salt, and 2 slices lemon. Bake in a 325° oven for 40 to 50 minutes or until it tests done. Drain cooking liquid

and make sauce, using same quantity of ingredients as for the larger fish.

A flavorful sour cream sauce enhances lamb shanks baked in a ceramic pot. The four lamb shanks called for in this recipe fit well in the classic Italian pot shown below, or you could bake them in the Italian oval, small chicken, or lamb pot.

LAMB SHANKS WITH CARAWAY SAUCE

- 4 lamb shanks, with bones cracked once (about 3 to 4 lbs.)
- 2 cloves garlic, minced or mashed
- 2 medium-sized onions, chopped
- ¼ cup chopped parsley
- 1 tablespoon each salt and paprika
- 2 tablespoons lemon juice
- 2 large tomatoes, peeled and sliced
- 1 cup dry white wine, Vermouth, or water
- 1 teaspoon caraway seed
- 1 cup sour cream
- 1 tablespoon flour

Arrange shanks in the pot. In a bowl blend garlic, onion, parsley, salt, paprika, and lemon juice; spread over meat. Distribute tomato slices over top. Pour wine over all. Roast in a 400° oven for 1½ to 2 hours, or until tender. Drain the pan juices into a small pan; keep the meat covered and warm.

Add caraway to pan juices and boil rapidly until reduced to about ½ cup. Blend sour cream with flour until smooth, stir into pan juices, reheat sauce, and serve with the meat. Makes 4 servings.

Boneless cuts of meat, rolled to fit snugly inside pots, can be cooked until nicely browned, tender, and juicy.

To fit well the roasts should slide easily into a pot with about ¼ to ½ inch between meat and pot sides, and the top of the pot must fit on firmly. Near the end of the cooking time, it is a good idea to check internal temperature of roasts by inserting a meat thermometer into thickest part; wait about 3 minutes, then read.

Four lamb *shanks develop exceptional flavor and tenderness in classic Italian pot*

Showmanship is part of the fun. The pots are crowd pleasers

If more browning is needed, leave off the lid during last few minutes of cooking.

To serve, bring roast to the table inside the pot; for easier carving, remove roast with 2 forks to a cutting board or warm plate. Spoon pan juices from pot over servings of meat.

Leg of lamb is a fine cut to roast in ceramic pots; have it boned, rolled, and tied to fit your pot. A medium-sized boneless lamb roast (4 to 5 lbs.) fitted our lamb pot, partly seen at right, and the classic Italian pot. A smaller roast (2½ to 3½ lbs.) can be rolled to fit the small chicken or Italian oval pot. A large boneless lamb roast (5 to 7 lbs.) fitted the large chicken pot.

ROAST LAMB WITH ROSEMARY

- 4 to 5-pound boneless leg of lamb roast
- Salt and pepper
- 2 cloves garlic, minced or mashed
- 2 teaspoons rosemary

Have the roast tied to fit into your cooking pot. Sprinkle lightly with salt and pepper. Spread garlic and rosemary over top of meat. Cover the pot and roast in a 425° oven for 1 to 1½ hours, or until meat reaches internal temperature of 160°, for medium rare. Remove cover during last few minutes, if needed to finish browning the roast. Serve with juices from pot. Makes about 10 servings.

For small boneless lamb roasts (2½ to 3½ lbs.), use half the seasoning ingredients called for in recipe above. Roast in a 450° oven for about 50 minutes for medium rare, with cover removed about the last 15 minutes.

For large boneless lamb roasts (5 to 7 lbs.), follow recipe for Roast Lamb with Rosemary, using 3 cloves garlic and 3 teaspoons rosemary. Roast in a 400° oven about 2½ hours for medium rare meat.

Beef roasts cooked in ceramic pots to rare or medium rare resemble oven-roasted beef more than pot roasts, but they are especially juicy and flavorful. Some good cuts for this kind of cooking are rump, sirloin tip, and chuck fillet (also called Scotch tender or Jewish fillet); they should all be boned, rolled, and tied to conform to shape of pot.

Boneless beef roasts weighing 4 to 5 pounds fitted well in our classic Italian and the lamb pot.

Roasts weighing 2½ to 3½ pounds fitted our Italian oval and small chicken pots, and 5 to 7-pound beef roasts fitted the large chicken pot.

ROAST BEEF WITH PEPPERS

- 4 to 5-pound boneless beef roast
- Salt and pepper
- 2 cloves garlic, minced or mashed
- 2 green peppers, seeded, cut in eighths

Have the roast rolled and tied to fit cooking pot. Sprinkle lightly all over with salt and pepper. Spread garlic over top. Cover and roast in a 425° oven for about 1 hour, with cover removed during the last 10 to 15 minutes, if needed to brown meat. Arrange green peppers around meat in pot; continue roasting with cover on pot for 15 to 30 minutes longer, or until it reaches internal temperature of 140° for rare (160° for medium). Serve with juices from pot. Makes about 10 servings.

Roast leg of lamb, *herb seasoned, boned and tied to fit pot; lift out for carving*

For 2½ to 3½-pound boneless beef roasts, use only 1 clove garlic. Roast in a 450° oven for about 35 minutes, with the cover of the pot off during the last 10 minutes or so. Then add 1 green pepper, cut as above, and roast with cover on for about 15 minutes longer, or until meat tests done with meat thermometer.

For 6 to 7-pound beef roasts, follow recipe for Roast Beef with Peppers, using 3 cloves garlic. Roast in a 400° oven for about 2 hours. Add 2 green peppers cut, and continue roasting, covered, for 15 to 30 minutes longer, or until meat tests done.

Phoenix, February 24. *In the triple-decker garden of the James F. McKinleys, four kinds of plants bloom at once. Lowest layer: African daisies. Middle: calendulas. Top: sweet alyssum and stock. Planted around September 20*

Here is winter bloom and spring bloom . . . yours if you take action now

The goal of every gardener who plant the fall is to have flowers in winter. people who planted the four gardens these two pages achieved pre-spring blo in spite of some of the coldest, wett weather ever in their areas.

So our Western privilege of fall flo planting can pay off even when weather's against it. Given a milder, d winter, flowers you plant now could ea match or beat the blooming pace of ones shown here.

These four gardens represent the m regions where fall planting works. It ta

a special weather pattern: enough fall heat to spur plants into growing rapidly and forming buds, and winters mild enough for plants to continue growing and possibly bloom. This includes most of lowland California and Arizona, but excludes the mountains and high deserts.

Look at the planting dates in the picture captions. They range from about the start of fall planting season (the McKinley garden at left) to near the end (the African daisies below). Only the McKinley garden had flowers by Thanksgiving. The lesson: To get maximum blooming season and maybe winter flowers, plant right now to catch what's left of fall heat.

What can you plant now? Nurseries sell nearly two dozen different cool-season annuals besides those shown here. If you'd like to start with seeds, remember that only a few, such as sweet alyssum and African daisies, grow quickly enough to bloom by late winter. On page 174 of last month's *Sunset* you can read about the most popular annuals and how to take care of them.

Tucson, March 1. *White hyacinth-flowered candytuft rises up out of yellow pansies in the Raymond S. Ash garden. Candytuft is great annual for desert, rare elsewhere. Planted November 1*

WILLIAM APLIN

Southern California, March 15. *African daisies in Canoga Park open wide on sunny day. Seeds sown November 15*

DARROW M. WATT

Bay Area, March 26. *Ranunculus had been blooming for a week in Dr. A. R. Bigler garden, Los Altos. Planted September 28*

Unlocking the secrets graven on Mojave rock

Archers square off. *Introduction of bow and arrow from Asia began Transitional Period rock drawings. Below, ritual figures (see upper left figure on facing page) suggest increasingly elaborate ceremonies in Late Period*

The most extraordinary concentration of prehistoric rock pictures in the New World occurs in the Coso Mountains in the northern Mojave Desert. Such pictures were once a mystery, but now a book probes their secret. The Coso drawings help explain similar inscriptions on basaltic rock found all the way from the Columbia River to southeast Utah and Arizona.

All the fun of a good detective story comes through in a book that interprets the ancient Indian rock pictures in the Coso Range, east of the Sierra. The clues are scrambled among more than 14,000 drawings in this richest known repository of such inscriptions.

The book is *Rock Drawings of the Coso Range*, by Campbell Grant, James W. Baird, and J. Kenneth Pringle. You will marvel at the sleuthing job that gives meaning to rock-art forms found throughout the inland West.

You can order the book from the publisher: Maturango Museum, Box 5514, China Lake, Calif. 93556. It costs $3.95; by mail add 30 cents postage and handling, plus 20 cents sales tax for California residents.

From the book you will learn to avoid the often misused terms "pictograph" and "petroglyph." Instead, you discover four kinds of drawings: *painted, incised* with a pointed rock, *pecked* with hammer and chisel stones, and *abraded* by scraping with a rock. The incised type was sometimes painted after the impression was made.

More important is the story the drawings reveal, starting from the basic belief that they are elements of a primordial hunting magic in which the bighorn sheep was both target and object of veneration as a supernatural being.

The introduction of the bow and arrow about 200 B.C. was a critical event in the history of the people, and helped to date the ancient drawings. Through previous millennia, referred to as the Early Period, the chief weapon had been the atlatl, a hand-held wooden spear or dart thrower, often with an adjustable stone weight for added leverage. It is still in use in Mexico and Australia.

The longer-range bow and arrow fully replaced the atlatl by about 300 A.D., end of the Transitional Period of the rock

Early Period sheep, somewhat stiffly drawn, has characteristic hoof motif

Ceremonial figure has headdress, painted body, bow, three arrows

These quail are a rare motif; top lines depict their crests

Transitional Period sheep is freer, shows horns from front

Three hunters with atlatls. Two on left emphasize rock weight, that on right is drawn with hook only

Late Period sheep. The figures became more stylized, execution usually more skillful than in earlier periods

drawings. It first brought prosperity through improved hunting, then drove the game from the area through overkill. Ceremony became more elaborate but did not bring back the sheep, so about 1000 A.D. the Ancient Ones moved on in search of other hunting grounds.

More details of the investigation, the history, and the drawings are described and pictured in the book. Then the detective work leaves the Coso area and traces the appearance of Coso motifs and styles in other parts of the West.

The people, the Numic group of the Shoshonean linguistic stock, are believed to have originated in or near Death Valley, not far from the Coso Range. Then, with the decline of the bighorn sheep resource, they are thought to have migrated along two major routes, one northward east of the Sierra and the Cascades, the other generally eastward along the Colorado River and other natural routes.

A concentration of sheep drawings occurs in the basaltic rocks of southern Oregon within Shoshonean territory. Then another concentration occurs along the Columbia River, outside that territory, but within the original range of the bighorn sheep. Many Coso traits appear in these drawings, suggesting cultural diffusion, but they show bowmen only, not atlatl throwers. This would date them in the Late Period, after 300 A.D.

Similarly large concentrations occur in southern Nevada and in the four corners area of Arizona, Utah, Colorado, and New Mexico. Again, combinations of sheep, bowmen, and decorated ceremonial figures resembling Coso area drawings suggest the importation of the hunting magic ritual.

HUGH PARADISE

Columbia River *pictures closely resemble Coso style*

Railroad ties *as paving in Richard G. Latham garden. Pit was dug so ties sit level with ground. Mortar was poured between*

In Mission Viejo they landscaped with old railroad ties

Steps *of 8-foot ties set flush; fine sand fills gaps. For easy leveling, topsoil removed, ties laid on 2 inches of sand*

We found all of these owner-designed, owner-installed examples of landscaping with railroad ties in Mission Viejo, a three-year-old community in the hills of southeast Orange County.

The big railroad tie boom has a logical explanation. Mission Viejo has had an unusual abundance of used ties, supplied first by the developing company and later by private dealers. People quickly discovered how simply they can be used for the walks, walls, and edgings that new gardens (especially sloping gardens) need.

Railroad ties are durable and easy to incorporate in landscaping construction. But be forewarned: In some areas they're hard to find (see page 262). And they're arm-wearying to saw

and back-breaking to drag around; an 8-footer may weigh well over 100 pounds.

You can cut them with a chain saw or bow saw (it gives a wavy cut). An electric hand saw works fine but can't reach clear through; finish cutting with a hand saw.

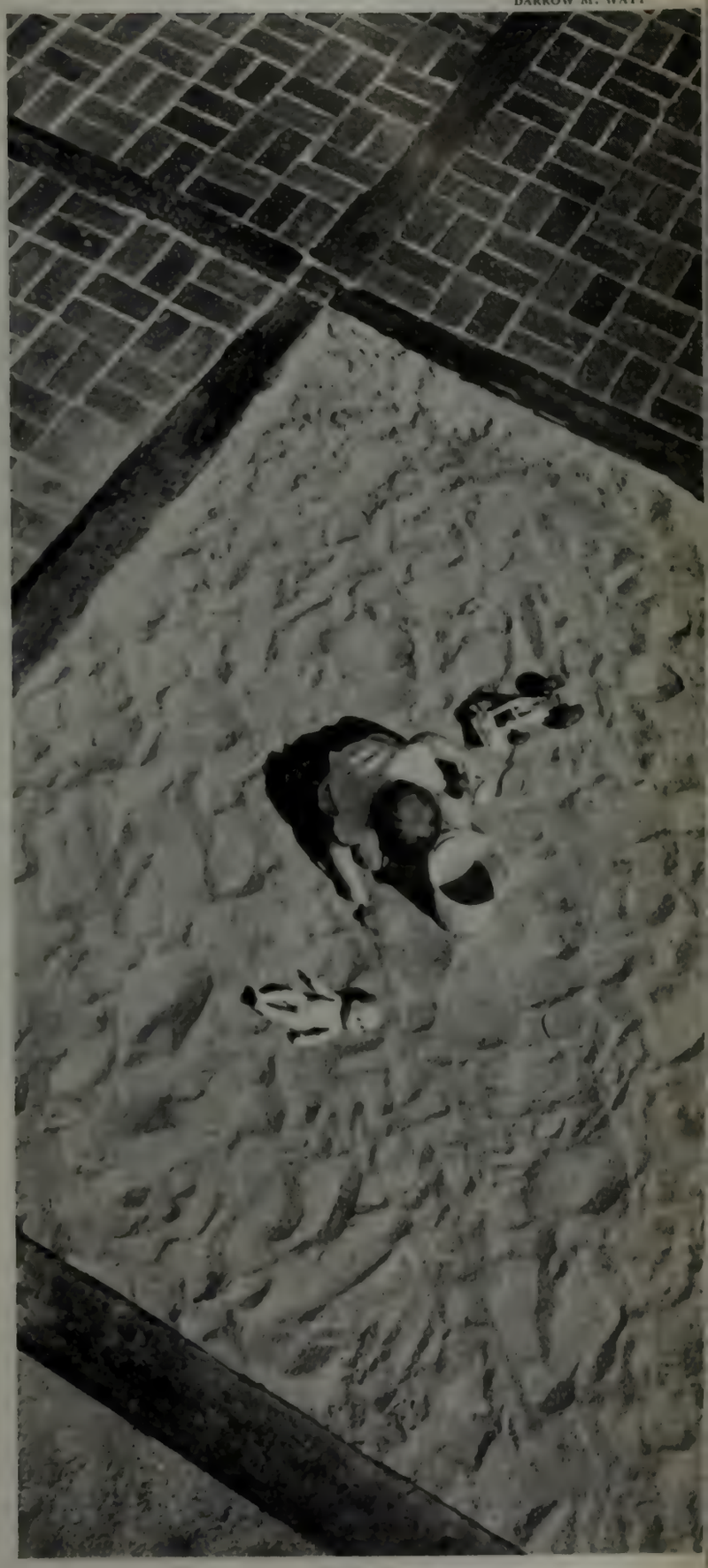
To nail ties together, drive 12-inch spikes straight down or toe-nail from behind.

Paving, edging, steps, raised beds, sandbox

DARROW M. WATT

Trilevel raised bed *is hemmed in by ties—three high, at left; one high, in center; two high, at right. James Sheldon garden*

Set *9 inches in ground, 18-inch tie lengths curb a bed in Robert Dolinsky garden. Bury ties deeper than this to hold soil back*



Looking down *on Anne Sedleniek's railroad-tie-encased sandbox. Adjoining patio consists of ties framing bricks set in sand*

Instant (almost) cooking for fresh whole sole

DARROW M. WATT

Petrale sole *for two, sizzling hot from the oven, is brought directly to the table. A few deft strokes with serving tools will separate all the bones from the delicate, buttery fish*

Some fine seafood restaurants in the West specialize in serving fresh whole rex sole, or perhaps petrale or sanddabs. The fish is cooked quickly in butter and hurried to your table to be boned by the waiter as you watch—unless you prefer to do the boning yourself.

The technique of boning these small flat fish is easily mastered. The pictures at right above show the simple steps.

And, in fact, you can easily enjoy the same delicacy at home. We've devised a way of cooking sole on steak plates or other heatproof plates or platters in a very hot oven. It eliminates problems of overbrowning and uneven cooking that often occur when a whole sole is sautéed in a pan. Less fat is used in the cooking. The sizzling plate keeps the cooked fish hot while you bone it.

Any of the five varieties of sole shown at the top of these pages are excellent choices to prepare this way. In addition curlfin turbot and sand sole, when available, are suitable. One whole sole weighing about 1 to 1¼ pounds (or 12 to 16 oz. after being cleaned and the head removed) makes a good serving. It takes two or more small rex sole or sanddabs (usually about 6 to 12 oz. each, whole weight) for one average serving.

If you have a set of individual steak plates, a 1-pound fish will probably fit nicely on each. Put as many plates into your oven as will fit without crowding. Or you can arrange sole for several serv-

PETE REDPATH

The fish called sole in our markets are a group of small members of the flounder family that inhabit Pacific coastal waters. Most are sold as boneless fillets, but some fresh fish markets handle choice varieties that are the right size to cook and serve whole. Here are five kinds of sole that you may see: left to right, English, Dover, rex, sanddab, and petrale. They may be whole as here, or cleaned and with heads removed.

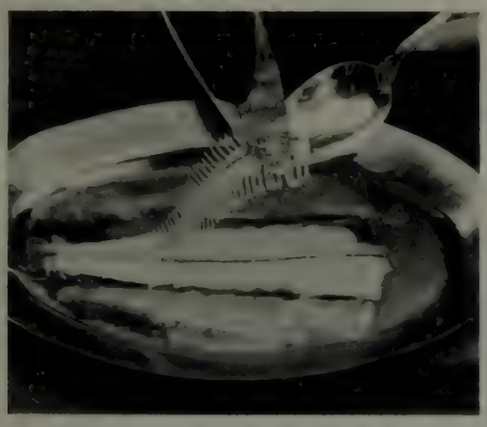
Step by step . . . how to bone a sole

1 *Find the line along edge of fish where row of fine lateral fin bones stops; cut and separate these bony edges from the sole*

2 *Repeat on other edge of sole to cut away the fine fin bones. With spoon and server, remove the bony edges from plate*

3 *Cut along the center crease that marks the vertebral column to separate the two boneless sections on top side of the sole*

4 *Working from center, lift and push fillets away from bones to sides of plate. Cut off tail (leave it in place, if you wish)*



5 *Grasp bone firmly at one end with serving tools or a finger and lift, exposing boneless underside of sole; discard bone*

6 *For attractive presentation, you can reassemble fish, moving pieces from sides of plate back in place on top of the fish*

ings in one large heatproof metal or ceramic dish—the fish shoud fit flat on the bottom of the dish and not overlap.

SIZZLING SOLE

For each serving, you'll need one or more whole fish, weighing in total about 12 to 16 ounces after the head and entrails have been removed (1 to 1¼ lb. whole weight). Rinse the fish in cold water and pat dry. Have ready a steak plate for each serving of fish, or a heatproof metal or ceramic platter large enough for several servings. Set plates into the oven, and preheat to 500° if metal, 450° if glass or ceramic.

Meanwhile, sprinkle fish lightly on both sides with salt and pepper, or lemon pepper. Dredge fish in flour to coat all over, then shake off excess flour.

Remove hot plates from oven and immediately put in 2 tablespoons butter (or 1 tablespoon *each* butter and olive oil) for each serving. Slide butter around on plate until melted, then turn fish in the butter to coat both sides. Return directly to the very hot oven. Cook until the browned fish flakes when tested with a fork; it takes 8 to 10 minutes for 12 to 16-ounce fish, 4 to 6 minutes for small 6 to 12-ounce fish. Bring hot plates to the table and set on heavy mats or wooden plate liners. Have ready two serving tools such as a spoon and a pie server, or two spoons; also have a plate for the bones. Remove bones from each fish as directed in the pictured steps above.

A fresh look at yesterday's and

WELLS FARGO HISTORY ROOM

Tent-dotted *green dome of Telegraph Hill in 1850's rises out of tropical-looking bay*

Pre-fire house *has book, clothing, gift shops, attorney's offic*

WILLIAM CARTE

People care about San Francisco. For servicemen it's often the first glimpse of "home," and a great port for shore leave. It's "the city" to millions of northern Californians, and even to some Westerners living beyond California's borders. And, with the exception of New York, it's probably the most written-about town in the United States.

Most books on San Francisco fall within one of two general categories: The large pictorial that sits prominently on the coffee table and is long on photography and short on text; or the less expensive, very detailed guide, often so intensely researched that it may seem there's nothing left to discover for yourself.

Now a 288-page *Sunset* book, a rich visual report with substantial sections of text, offers a more comprehensive look at the city than any other volume presently available: *San Francisco* (Lane Books, Menlo Park, Calif., 1969; $9.95 until January 1, $11.75 thereafter).

With more than 400 photographs, drawings, and maps (32 pages of color), the book is pleasant to riffle through, but it merits much closer attention.

In turn it deals with the development of the Far West's first full-fledged city, shows today's San Francisco, and concludes with a look ahead at the San Francisco of the 1970's.

Opening chapters trace the boom town through Indian,

today's San Francisco

Spinnakers *full and drawing,* Stormvogel *churns downwind past city skyline. Guest in a bay race, her home port is Cape Town*
JOHN LARSEN

SAN FRANCISCO EXAMINER

Banana belts, *real estate jargon for sunny districts out of summer fog, enjoy good weather near Twin Peaks*

Inspection tour *of Golden Gate Bridge leads along one of main (3-foot-thick) cables*

SAN FRANCISCO:

Climate, topography, and people contribute to the quality of life in the city

MIKE MCCURRY

Fisherman *in overalls and cap prepares to haul crabs ashore at Fisherman's Wharf*

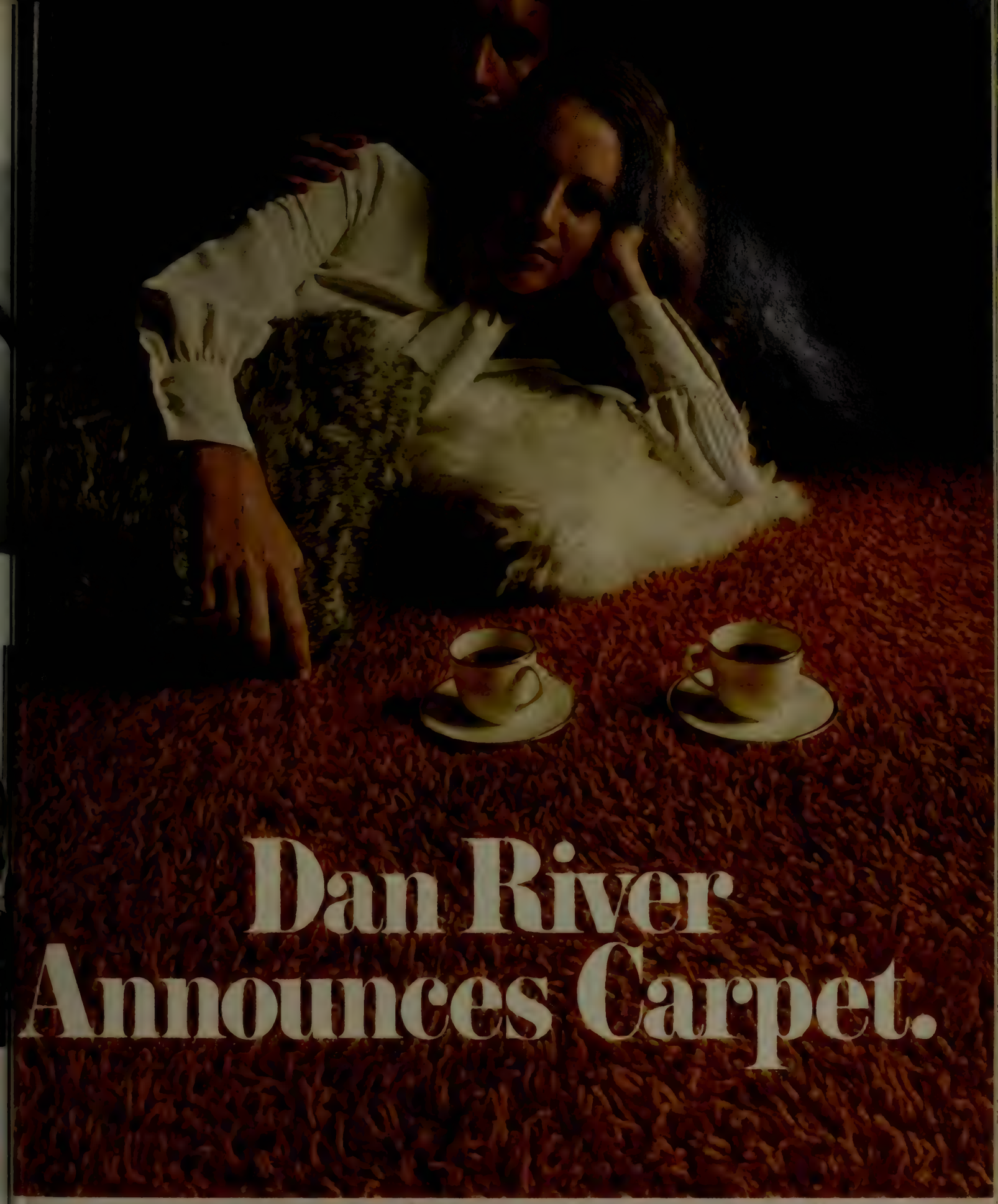
GLENN CHRISTIANSEN

Deftly wielded *chopsticks prepare ginger, mushrooms, and beef for sukiyaki cooked at table*

Spanish, Mexican, and Bear Flag eras, and end with the day of destruction, April 18, 1906, when the great earthquake struck and was followed by fire that burned through 430 city blocks. Documenting this section are a number of engravings and sketches delved out of the Bancroft Library and other historical collections.

About half the book—subtitled "Portrait of an Exuberant City"—shows how location, climate, topography, and people contribute to the quality of life in the city today. Included such local lore as a map locating the bay's foghorns and a cha describing the sound each makes; a group of identificati silhouettes of Bay sailboats; a sketch diagram explaining ho crabs are caught.

At the end a 14-page supplement summarizes historic hig lights, explains the origins of place names, lists numerous Ba Area landmarks, and offers a San Francisco bibliography.



After shirts, sheets, sweaters, pillow cases, pants, jackets, jumpers, smocks and frocks, socks, permanent press, wash and wear... what more? The floor! Gorgeous carpet... of DuPont nylon! In every texture, every color, every sensible price. Just as you'd expect.

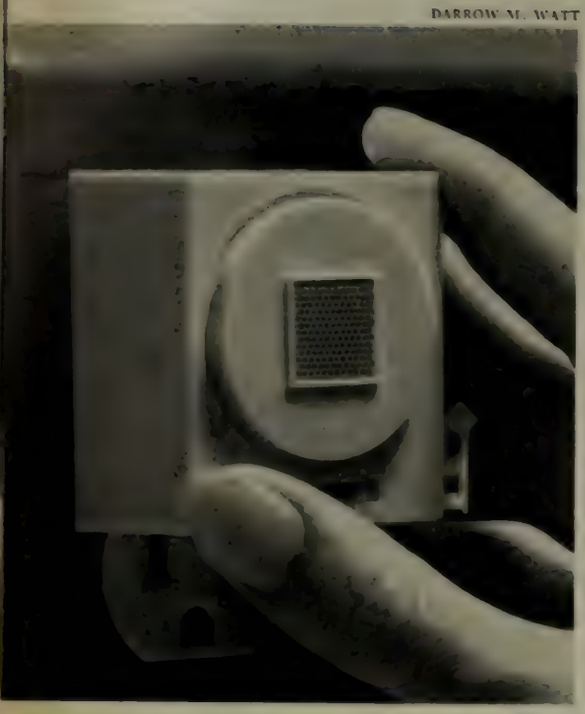
Dan River Carpets
A Division of Dan River Mills

Good Housekeeping

Get your copy of the new Dan River Decorating Guide. Send 50¢ in coin to Decorating Guide, Dan River Carpets Co., 310 Home Furnishing Mart, Los Angeles, California 90007.

The Changing Western Home

DARROW M. WATT



Small but effective fire alarm

The tiny fire alarm pictured above is capable of emitting a really loud signal if the temperature near it reaches 135° or more. And it costs just $3.50, so you can spot several around the house in places where fires are most likely to start (you might put one near a kitchen range, one near a hot water heater, and one in a furnace room). Simply plug it into a standard wall outlet. Large hardware stores sell the alarms.

Glue down your subfloor

Nailing subfloors is time-consuming during construction; and later, nailed subfloors often develop squeaks as the joists dry and shrink.

Now it is possible to glue a plywood subfloor down, right on the job, thus reducing the nailing to a minimum (just enough to hold the subfloor solidly in place while the glue sets) and creating a strong permanent bond with the joists so that shrinkage becomes unimportant.

If you plan a new house or an addition, ask your contractor about glued flooring.

Time-saving acoustic ceiling panels

Acoustic ceilings are usually made up of small squares of perforated or textured material. The squares have to be put in place one at a time.

A new acoustic panel now being sold is 4 feet wide, 14 feet long. By covering joints between panels, as with battens, you can produce a seamless appearance, and of course the large panels save a great deal of time.

The paneling costs a little less than 40 cents a square foot. It is available through builder's supply houses.

Just strips and dowels

For a boy's room, the simple and attractive coat rack pictured below is easy and relatively quick to make. Having coat-hooks exposed like this won't keep clothes in the closet, but it may well keep them off the floor.

Eugene A. Kubly of Oakland designed and built it from two strips of 1 by 1 fir, 3-inch sections of 1 by 4 redwood, and ⅜-inch and 1-inch maple doweling.

RIGGO-MAZZUCHI

To duplicate it, nail and glue two fir strips to the wall parallel and about ½ inch apart. Drill a 1-inch hole in the center of each piece of redwood and insert and glue in place a 5-inch length of the large dowel. Drill a ⅜-inch hole through the end of the large dowel to accept a 1¼-inch length of the small dowel, and glue that in place.

Mount the assembled pegs to the wall strips with glue. For a finished appearance, paint the exposed dowel ends with an enamel paint.

Bathroom light with an exhaust fan

Steam on the bathroom mirror is always a problem, and exhaust fans in the ceiling or near the shower don't necessarily help much.

If you're planning some remodeling, you might consider a unit that includes a light, mirror, and sliding-door vanity, with an exhaust fan mounted in the light just above the mirror. With the fan in this position, vapor in the air does not condense on the mirror. The unit comes in five sizes and two models, deluxe and standard. Look for the units at builders' supply houses, or ask your contractor.

Hang things anywhere

There's nothing new about using perforated hardboard and the various hooks and hangers made to use with it. Many a broom, mop, pot, and kettle find themselves hooked on hardboard.

Since hardboard is so convenient, you might try lining an entire closet with it as shown below. That way there's plenty of space, and odd-shaped or extra-large things all have room to dangle.

GLENN CHRISTIANSEN

The wonderful ways of color.

Sunflower coordinates feature the world's biggest blooms.

If run-of-the-garden flowers look tame to you lately, go gigantic with the new look of sophistication.

Fill your home with Sunflower. Velvety all-cotton towels, bedspread, and no-iron sheets of 50% cotton, 50% polyester. A bright bold idea from Cannon Royal Family.

You'll be hearing more about us on the CBS and NBC Television Networks.

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Cannon® Sunflower blooms in pink, green, blue or orange. At fine department stores. Cannon Mills, Inc., New York 10020.

It might as well be Spring.

That's how you feel in the autumn at Incline. And rightly so.

Because a leaf falling at Incline symbolizes the beginning of things. Ski wax and snowball fights and a sweeping view of Tahoe as you schuss down the mountain. And at Ski Incline there's fresh snow almost every winter's day, thanks to nature and our snow machine.

True, autumn isn't winter yet. It's too cold to water-ski, too warm to snow ski. You have to content yourself with early morning walks in the woods and log fires in the evening and horseback riding through the Sierras. A little brisk tennis at the Raquet Club, golf beneath the pines, maybe an evening at The Chataux.

If you visit Incline just once, you'll never forget it. And if you build a mountain home and live here for years, you'll never get used to the beauty.

It's a vast natural amphitheater on Tahoe's unspoiled North Shore. And our greatest responsibility is to keep it unspoiled. To see that whatever man adds to Incline is worthy of what was here to begin with.

Incline is invigorating activity and refreshing calm, wilderness and sophistication, four seasons a year.

An evergreen reminder of what nature and man can do for one another.

INCLINE

There are homesites available at Incline, for cozy hideaways in the woods or on hillsides with sweeping views of the lake. From 1/3 of an acre to 8. Bring the family to see Incline. Or just get the facts and figures and our new color brochure, free when you write a postcard to Boise Cascade Properties, Inc., Suite 700, Palo Alto Office Center, Palo Alto, Calif. 94301. A development of Boise Cascade Properties.

Wasted space? Or slim, tall storage

This space between door and refrigerator would normally be wasted. But architect Jane Hastings, remodeling a kitchen for the Terry Thompsons in Seattle, found it just right for a storage cabinet.

DON NORMARK

Cabinet *is only 5 inches deep*

Its door *slides out of recess, right*

Unhampered Elegance

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Counselor

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nthe dark ages.

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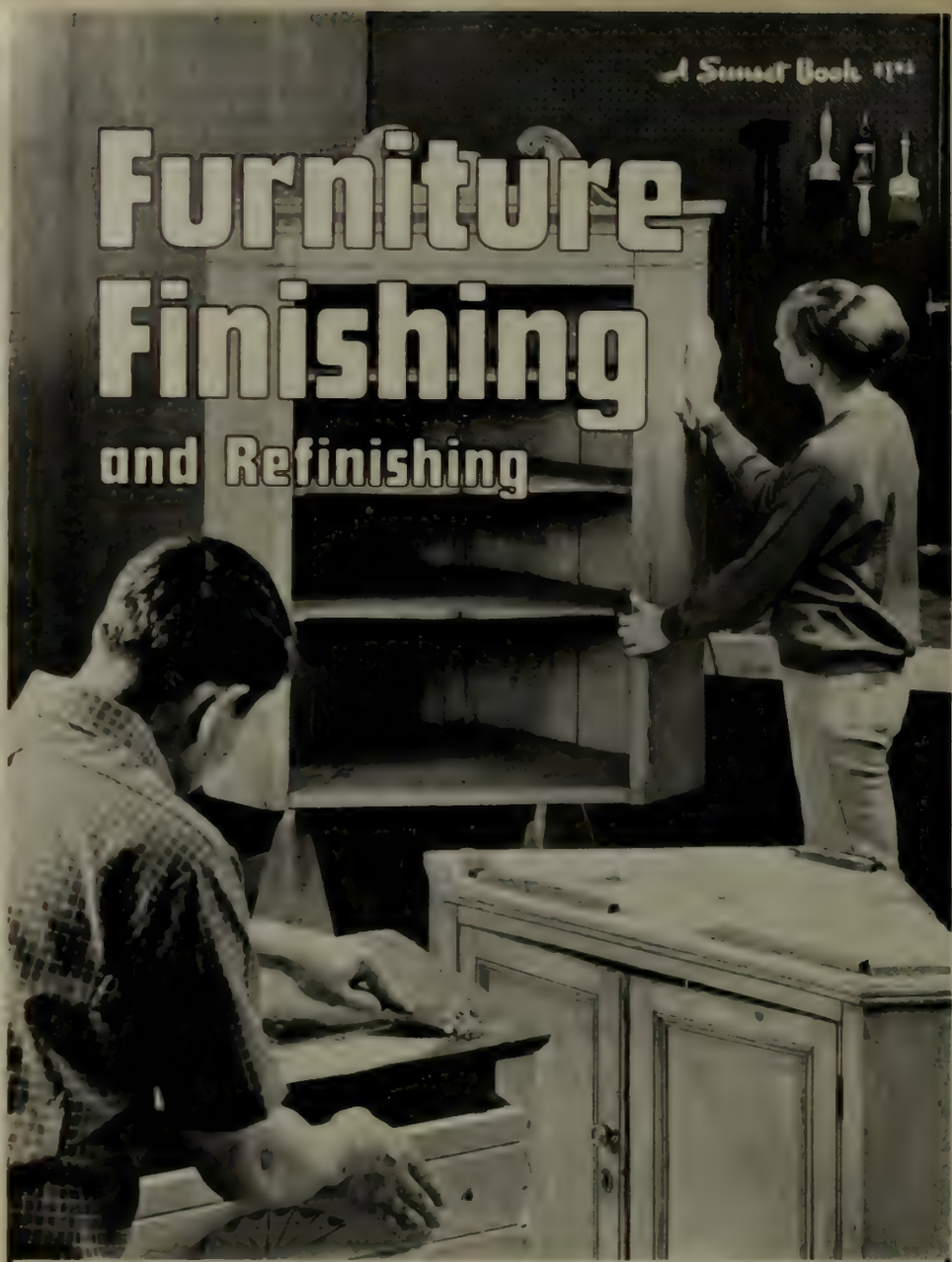
This is 1969 . . . don't live in the dark ages. Call at your nearest PG&E office for free copies of our booklets on indoor and outdoor lighting for your home. Fixtures shown: A) Progress pendant P-4148, B) Moe pendant M-2653-30, C) Prescolite post lamp 5935-GE, D) Lightolier chandelier 5004, E) Moe chandelier M-2051, F) Lightcraft pendant L1CD-310, G) Progress chandelier P-4538, H) Marco pendant SP-26, I) Lightcraft chandelier L6CH-300, J) Shalda garden fixture 536, K) Artolier wall fixture 888, L) Shaper wall fixture 6543-16.

PG and E



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It's a counter that disappears

This 5-foot-long eating counter slides c of sight when not in use. The pass-throu opening is easily screened from the fam room with louvered doors which fold ba into recesses in the kitchen wall. Own are Mr. and Mrs. Terry Thompson, attle; architect was L. Jane Hastings.

DON NORM

From his perch *on a stool at the slide-c plastic laminate counter, youngster sup vises activity in kitchen while he sna*

Counter, *16½ inches deep, recesses un pass-through like king-sized bread bo Louvered doors can close off the kitc*

Floors are for feet. Walls are for furniture.

oom for an entire home entertainment center. Just $299

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PETE REDPATH

Queen-sized *headboard in this diamond macramé pattern took about one hour to knot*

This headboard is sailor's knots

Macramé or knot tying is an art technique developed by sailors to fill idle hours at sea. Even the most familiar knots when repeated in a simple pattern make handsome designs.

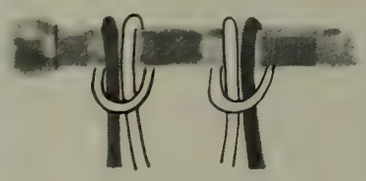
Here we've used square knots to create a wall-mounted headboard; a bonus is the comfortable backrest these soft cotton knots make.

At first reading, the instructions may seem complicated, as do most knotting directions. However, with the diagrams shown here as reference, you should find the pattern simple to reproduce.

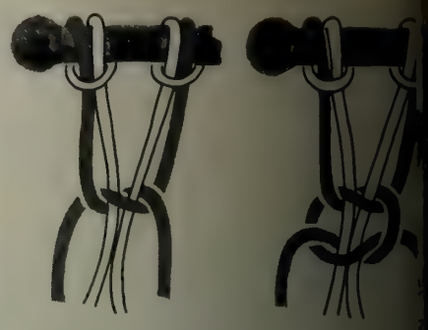
To begin, you will need cotton cording or rope, wooden doweling, and finials or drawer pulls. We used #300 cotton cording (purchased at a yardage store and dyed blue), a 1⅜-inch dowel, and two 1¼-inch wooden drawer pulls. A soft inexpensive rope such as cotton jump rope could substitute for the cording. Stiffer sisal or hemp might be a good choice for a boy's room.

For a twin bed - sized headboard you will need 64 yards of cording and one 39-inch dowel; for a double bed, 88 yards of cording and a 54-inch dowel; for queen-sized, 96 yards and a 60-inch dowel; for a king-sized, 128 yards and a 72-inch dowel.

Attach the drawer pulls or finials to the ends of the dowel. Then sand, prime, and paint the rod. When it is dry, hang it at eye level to work on it. Cut the cord in 4-yard lengths and attach each to the dowel by folding it in half and tying a reversed double half hitch. For a twin bed, you should have 16 cords; for a double, 22; for a queen, 24; and for a king, 32.

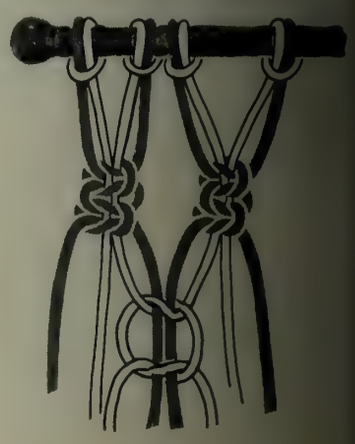


Working from left to right, measure down 4½ inches from the dowel and tie a square or reef knot as sketched at upper right. This takes some practice, but once learned is quickly repeated. You'll note that the outer two cords of each pair (tinted gray in the diagrams) are the knotting cords, the inner two the filler cords. Tighten this first knot, and make a second square knot directly belo identical to the first.



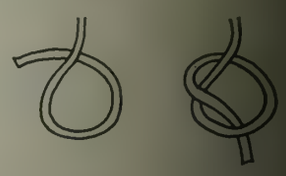
Continue across until all the cords been tied. You should then have 8 do square knots for a twin, 11 for a do 12 for a queen, and 16 for a king.

Then, working again from left to r Let the first pair of cords hang (they get knotted later; see photogra Tie the second and third pairs in a s square knot 3 inches below the do knot. Continue across until all but last pair of cords are knotted; let this hang free.



Back at the left side again, begin the row of knots about 3 inches below middle row. Pull the first pair of straight down and pull the second pa the left to meet it; tie a double sq knot, using the established techni Continue across the row. At the r side, pull the final pair of cords stra down and angle the next-to-last pair to meet them for knotting. This fini the three rows of knots.

Affix the completed headboard to the and adjust the cords so all hang stra and are evenly spaced. Trim cords t even length and tie ends using an o hand knot, like this:



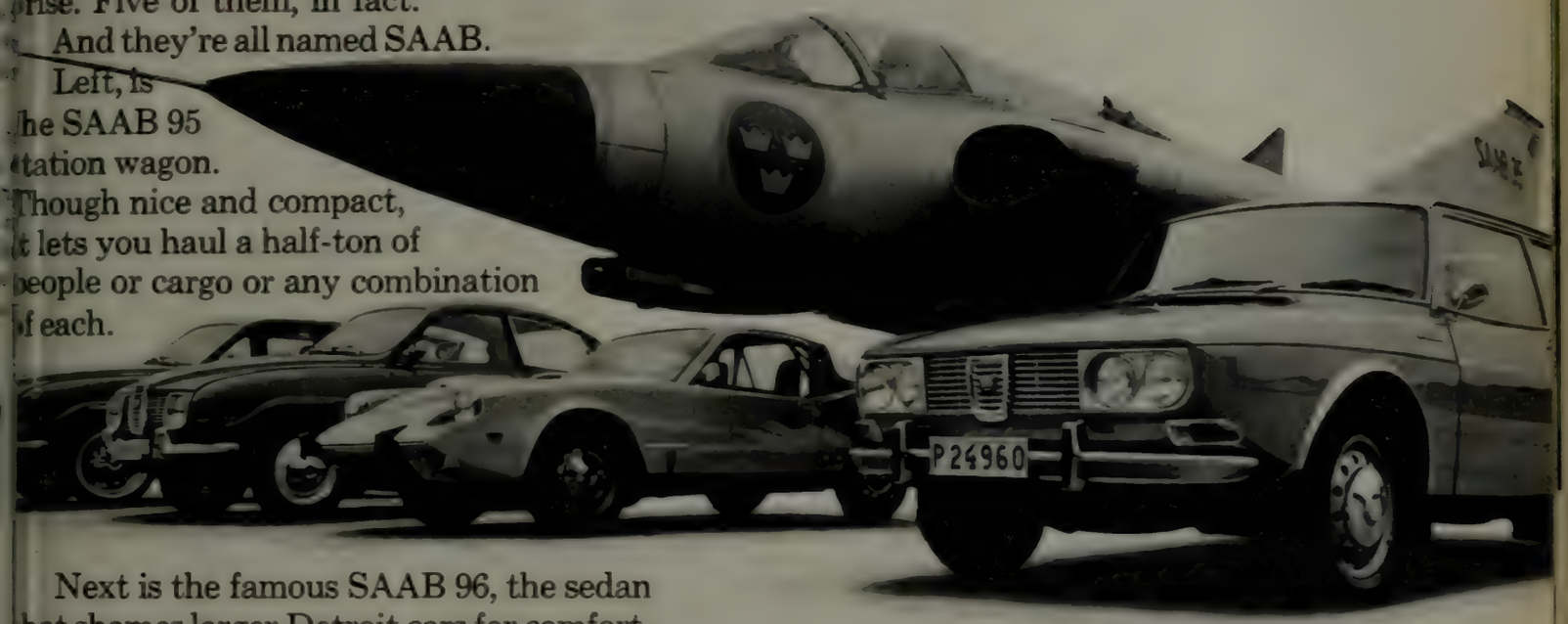
For ideas on other rope-knotting proje we recommend *Macramé, the Art of C ative Knotting,* by Virginia I. Har (Reinhold, N.Y, 1967; $8.50).

A well-built Swede
or every need.

If your acquaintance with well-built Swedes goes no farther than your local movie screen, you're in for a pleasant surprise. Five of them, in fact.

And they're all named SAAB.

Left, is the SAAB 95 station wagon. Though nice and compact, it lets you haul a half-ton of people or cargo or any combination of each.



The only car in the world made by a manufacturer of advanced jet aircraft.

Next is the famous SAAB 96, the sedan that shames larger Detroit cars for comfort, yet is right at home rallying with the sporty crowd.

Recognize the third one? It's the SAAB Sonett, the playmate of the year. Great on the pickup (zero to 50 in 9.1 seconds) it makes every outing a frolic.

Far right is the latest addition to the SAAB line, the sleek new SAAB 99, the car for those who want something racier and roomier.

Oh, yes. That fast-looking job next to the SAAB 99 is the SAAB 35, one of today's most advanced jets. What we learned building her went into building our cars. Like aerodynamic design for less air drag. Dual diagonal braking systems. Built-in roll bars. And a lot more.

Why not stop in and see them all at your SAAB dealer? We think you'll find a well-built Swede that even your wife will admire.

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Pictured: Patient's room and (insert) lounge in the new Medicenter in Phoenix, Arizona, featuring Cabin Crafts LesCare carpet. Medicenters, Inc. is a chain of extended care facilities that provide convalescing patients with a comfortable, practical transition from hospital to home.

Monsanto
APPROVED FOR OUTDOOR USE

The next best thing to showering in the garden

Most men like their showers roomy and bright, and are uncomfortable cramped in a stall where they can't move around. Alton V. Phillips of Seattle has a showering setup that's hard to top. It's a spacious, 5 by 6-foot tiled shower, open at one end to the bathroom and dressing area and at the other to a large, skylit indoor planter—the next best thing to showering in the garden.

Two shower heads, one on each side wall, are close to the bathroom entrance and directed toward a drain in the floor closer to the planter opening. There's no need for a door or shower curtain. The plants thrive in the humidity, but an exhaust fan above the shower opening in the planter can be turned on if it gets too warm or humid. Other amenities include a shampoo spray on a flexible metal hose and a water temperature "toe tester" (see below).

Architects were A. O. Bumgardner and Partners.

DON NORM

It's almost *like showering in the jungle—without the disadvantages. Note generous skylight above the planter area*

You can test *temperature of water at low outlet, controlled from above, before diverting it to shower heads*

Christmas?
You must be kidding.

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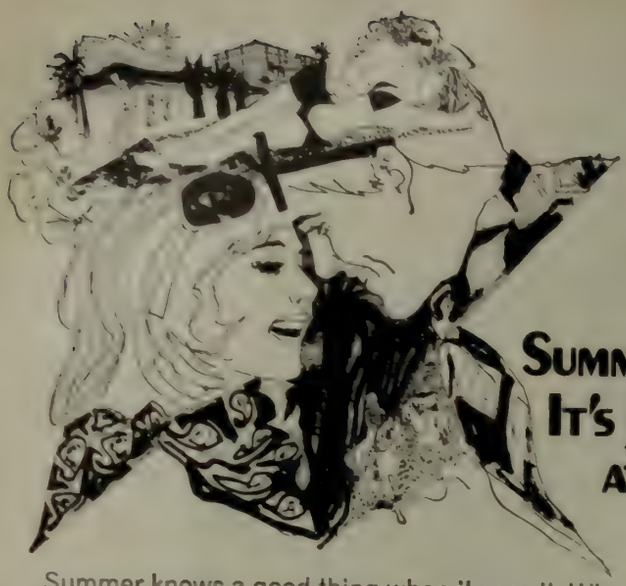

SUMMER ISN'T GONE. IT'S JUST STAYING AT A NICER PLACE.

Summer knows a good thing when it sees it. Why should it hang around a place that's all grey and cold and slushy, when it can be out here?

Here, with golf courses and swimming pools. Tennis. Hiking. Horseback riding. A spectacular Aerial Tramway.

Here, where fresh, dry desert air makes you all frisky and frolicksome. Where sunshine turns you bronze and sends you home with that gold-all-over feeling.

Flying here is easier than ever. And our 200 hotels with over 6,200 rooms make it easier than ever to get the rate and accommodation you want.

So don't just sit there, waiting for summer to come back to you. Join it. We'll tell you how. Just write us.

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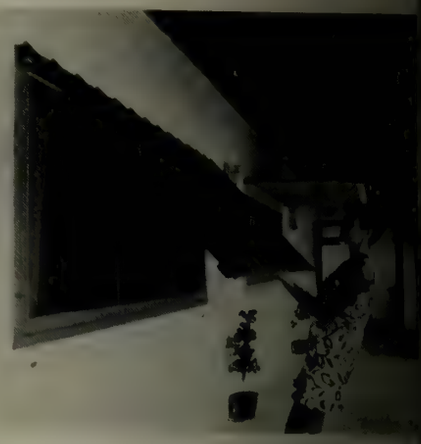
GEORGE

Screens *were made of rough teak 1 by spaced an inch apart on 1 by 3 fra*



Long hooks *from rafters hold screens in t up position—where they look like trellis*

For sun control and privacy

These hinged screens help block out th sun as it shines in under the eaves of covered entry walk for a brief time eac morning. They also serve as privac screens, preventing a clear view into th rooms from the sides (but not as effec tively from a straight-on position).

When not needed, the teak screens swin up and are held in place by hooks fastene to the rafters. The architect was Donal D. Chapman, for Mr. and Mrs. S. N Dowsett, Kaneohe, Oahu.

Similar screens can be put on most house with an overhang wide enough to suppor the hooks that hold the screens in horizontal position. For more sun control you could back the wood grill with lou vered metal screening. This would als increase interior privacy and serve a an insect screen. Instead of hinges, you might use window screen hangers, fo easier removal of panels for restaining, repairing, or storage.

If plants haven't grown enough to pro vide the desired shade, you could use such screens as a temporary device.

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DARROW M. WATT

Efficient study: *Desk is 8½ feet long, has two built-in file-drawer cabinets*

These are working offices

Both of these home offices were planned for full-time use because of the large amount of paperwork and study that the owners, both college professors, do.

In the one above, Alfred H. Grommon of Stanford University has a 2½-foot-wide desk that is surfaced with a suede-finish laminated plastic to eliminate glare and allow heavy usage. Lights under the bookshelves as well as a reading lamp give excellent illumination.

The larger office shown below is in an alcove off the living room in the home of Earl D. Lyon of Fresno State College.

GEORGE BALLIS

In a deeper alcove: *U-shaped desk with lowered section for the typewriter*

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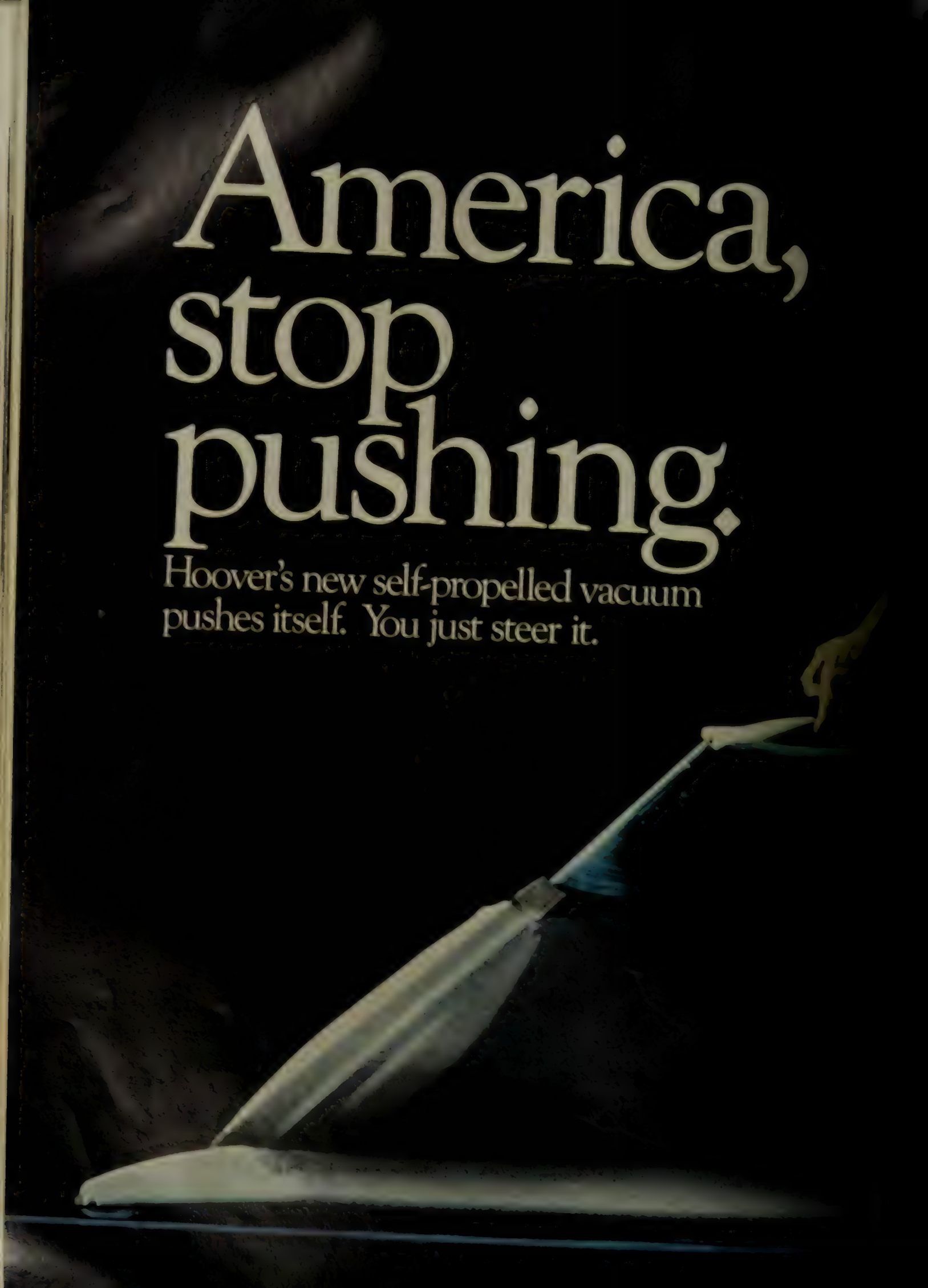

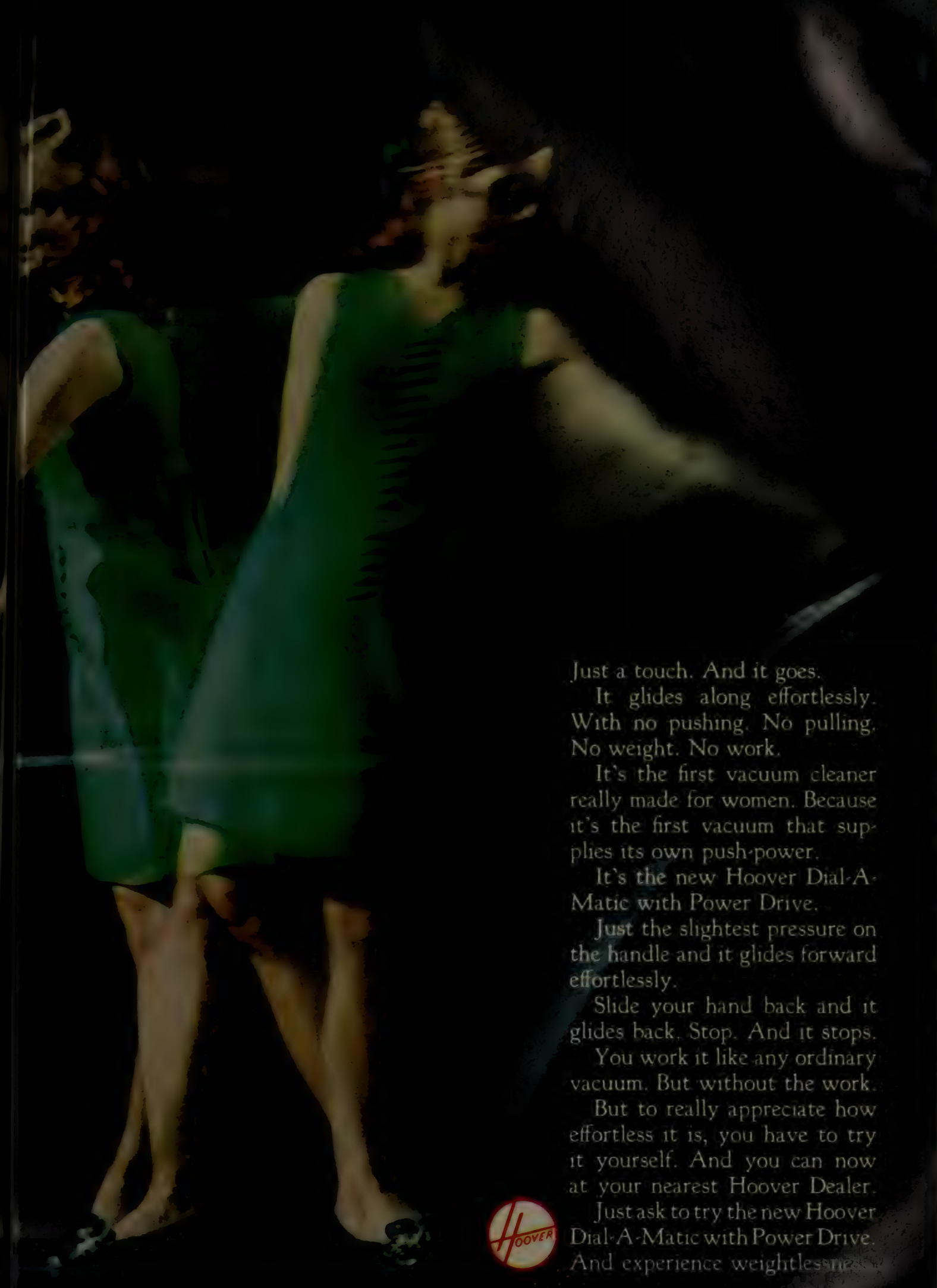

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These wood flowers *can be made with wood shavings stained with food coloring*

Wood shavings make flowers

When Richard S. Shirley of Burlingame, California, was planing a piece of wood recently, he wondered how to use the shavings littering his workbench. These handsome wood flowers were the result.

You simply take a wood plane, sharpen it well, set it for a thick cut, and try planing different pieces of scrap wood until you find one with a grain that will give long wide curls as shown below. The flowers shown above are made of cherry wood; the shavings shown below are balsa.

To assemble a flower, clamp a large needle vertically in a vise; with scissors cut petal shapes from the shavings, and push them down on the needle one at a time cementing them with a little white glue. To make the stem, replace the needle with gardener's tie wire.

When the glue was dry, Mr. Shirley dyed the flowers with diluted food coloring dye and streaked the edges of the petals with the same dye used full strength.

DARROW M. WATT

Adjust your plane *for a thick cut; try different pieces of wood for long wide curls*

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So when we recommend them to you, we mean that if in normal use any product carrying the *Sunset Magazine* Recommended Seal is proven defective or not as advertised in *Sunset*, we will replace it or refund the purchase price, if the advertiser for any reason does not do so.

We basically rely, as you do, on the integrity of the advertiser and his responsibility for statements about his product. To this we add our own offer of refund or replacement on those products which earn this Seal. This continues a *Sunset* policy of over 30 years standing, formalized by the Seal above.

We are proud of those companies who do advertise in *Sunset*. Collectively, their goods and services form an association with the helpful information prepared by our editorial staff. Editors are concerned with planning, executing, and seeing that you enjoy a recipe, a trip, family living, etc., and our advertisers furnish the essential products that are needed to fulfill these projects. In the pursuit of our dedicated policy on advertising acceptance, you should know that we refuse to accept advertising that does not complement our editorial service areas . . . liquor, tobacco, etc. . . . and all advertising that does not meet criteria of good taste and appropriateness for family reading.

You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

Bake and Roast at Least 25% Faster

WITH THE NEW
*patented
"JET-FAN"
CONVECTION OVEN RANGE

Time running out on you? Here's a real time saver! NEW MONARCH 30" ELECTRIC "JET FAN" CONVECTION OVEN* slashes preparation time of baked goods, roast, — for example: pork roasts in 2 hours instead of 3! Safe, gentle jet fan distribution of warm air is the secret. REDUCES OPERATING COST 25% — IT PAYS FOR ITSELF!

Range also has Monarch's "STA-KLEAN"® FANTASTIC NEW OVEN THAT CLEANS ITSELF while you bake and roast — get this — at regular temperatures. New porcelain enamel finish on side, back, and bottom panels plus door liner, actually resists food soil — stains just disappear! Fast and clean—what a combination!

▪ LIFT UP COOK TOP ▪ LIFT-OFF OVEN DOOR

Monarch SINCE 1896 RANGE COMPANY
7509 Lake Street • Beaver Dam, Wisconsin 53916

How many days have you used your pool this year?

With a SUN/FUN Pool Enclosure you can swim every day!

With a Sun/Fun you can swim when you FEEL like it—not just when the weather is good.

A Sun/Fun Pool Enclosure is like a "convertible." The motorized opening roof system and removable side panels let you have all the fresh air and sunshine you want in fair weather.

Closed, and equipped with its own heating system, the Sun/Fun is a semi-transparent "space capsule" in which you're securely sealed away from rain, snow, and insects—but not "shut in."

And you're spared the constant chore of cleaning your pool, because falling leaves and airborne debris can't get into your pool.

A Sun/Fun makes your pool a sort of backyard "country club." And it's so good looking you'll want to show it off!

SEND $1 AND THIS AD for a beautiful full-color IDEA KIT
C. Walles,
8178 Northwest Highway
Barrington, Illinois 60010.

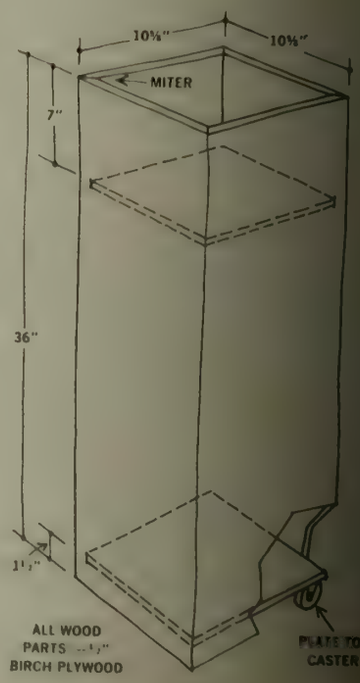
Sun/Fun Pool Enclosures is a division of Ickes-Braun Glasshouses, Inc., Glazed Enclosure Specialists

GLENN CHRI

Pedestal planter *can be rolled about, h a piggy-back plant (Tolmiea Menz*

It's a rolling pedestal planter

This attractive movable planter is sim to build, as shown below. The plyw box is painted the same color as the ro walls, and almost any kind of indoor pl can be kept in the top in a clay pot w a saucer. It was designed and built Gordon Hammond of Palo Alto, Ca



Free. A new booklet that uncovers the secret of softer carpets.

The secret is carpet cushion. To be precise, B.F.Goodrich sponge rubber carpet cushion.

And not only does it make carpets seem softer, it also helps them last longer.

So if you care about comfort, and you care about costs, we've just given you two good reasons to buy B.F.Goodrich carpet cushion when you buy carpets and large rugs.

We'll give you more good reasons—plus a factual, objective look at carpet cushion as an investment—in our new, colorful booklet, "The Secret of Softer Carpets".

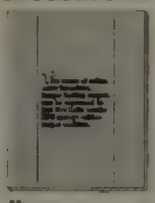
For your free copy, just fill out the coupon and send it to us. But hurry. Our supply is somewhat limited.

Maybe carpet cushion is a secret.

But we're willing to share it with you.

B.F.Goodrich

B.F.Goodrich Consumer Products
P.O. Box 2261, Akron, O. 44311



Send me my free copy of your booklet "The Secret of Softer Carpets".

Name _____

Address _____

City _____

State _____ Zip _____

DON NORMARK

Feeder *sits on 12-foot pole. Owner (wire cover in hand) lifts roof to add seed*

The Audubon idea, only more so

This giant bird feeder (almost fit for a pterodactyl) holds so much seed that it needs refilling just once every six weeks in winter. A tall pole brings it within viewing level of the owner's kitchen windows. Robert W. Ramsey based his feeder design on Audubon Society recommendations, but made it larger. The two roof sections lift off to facilitate filling the bins. A roof overhang protects the two feeding troughs from rain, and a welded wire mesh cover slips over the feeder to keep out large birds.

Two wire containers of suet hang from sticks attached to the pole.

Mr. Ramsey services the feeder from the top of a removable 10-foot A-frame ladder. For extra stability, he places a prop against the pole, opposite the ladder.

Three kinds *of seed fill six bins (holding a total of 60 pounds), flow into troughs*

Weyerhaeuser Paneling Sweepstakes

Good only at the following Weyerhaeuser Dealers:

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BRENTWOOD
J. W. Copeland Yards of Calif.

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Carmel Builders Supply

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CONCORD
Diamond National Corp.

CUPERTINO
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FIREBAUGH
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FRESNO
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SAN PABLO
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SANTA CRUZ
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SANTA ROSA
G & D Plywood
Lane Supply Co., Inc.

SEBASTOPOL
Sebastopol Lumber Co., Inc.

SELMA
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Weyerhaeuser

SUNS

Vin a $20,000 Hideaway Home in the Veyerhaeuser Paneling Sweepstakes.

29 Sweepstakes Prizes! Nothing to do! Nothing to buy!

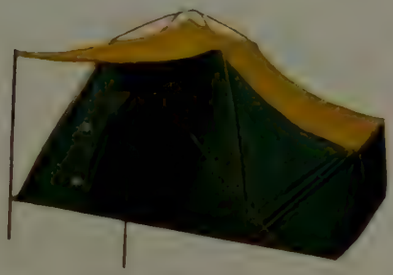
enter, fill out the Weyerhaeuser Paneling Sweepstakes entry coupon. Deposit it at any rticipating lumber dealer listed at the side.

eepstakes First Prize. The Weyer-user Hideaway Home. The grand prize ner may claim a $20,000 Hideaway ne on beautifully forested Weyer-user recreational property at Jay Peak, mont, or Clearwood, Washington. Or, winner may have the Hideaway Home t on his own lot—maximum $20,000. the winner may choose $20,000 in cash.

3 Second Prizes.
Three new lightweight, maintenance-free *Eagle* camping trailers, retail value $800 each.

) Fifth Prizes.
hundred *Weyerhaeuser Forest-* or *Muralwood®* paneled walls* ee 4′ x 8′ panels to a wall).
es not include installation.)

5 Third Prizes.
Five *Evinrude* 6-horse outboard motors, retail value $325 each.



20 Fourth Prizes.
Twenty deluxe *Thermos* tents, retail value $120 each.

Weyerhaeuser Paneling Sweepstakes:
I can't think of a more deserving winner of your Hideaway Home Grand Prize than myself.

Name _____

Address _____

City _____ State _____ Zip _____

Weyerhaeuser Dealer:
Name _____

Weyerhaeuser

OFFICIAL RULES

1. On this entry blank or a 3" x 5" piece of paper, print your name, address and zip code, and dealer's name. Deposit entry form in special sweepstakes receptacle at your participating Weyerhaeuser dealer. No purchase required.

2. One entry per participant. All entries must be deposited by October 31, 1969, to be eligible.

3. All entries will be forwarded to Marden-Kane, Inc., an independent judging organization, who will select winners by a random drawing. The decision of the judges is final and all winners will be notified by mail.

4. Grand prize winner may claim a Hideaway Home (maximum $20,000) on Weyerhaeuser recreational property in Jay Peak, Vermont, or Clearwood, Washington, or on his own lot. Or $20,000 in cash. Grand prize must be claimed by March 31, 1970. Secondary prizes will be delivered promptly. Tax liability is winner's responsibility.

5. Sweepstakes open to all persons in the United States except residents of Wisconsin and where prohibited by law. Employees (and their families) of Weyerhaeuser, its dealers, agencies, and Marden-Kane, Inc. are not eligible.

NO PURCHASE REQUIRED

Pure wool pile carpets bloom in the Arizona desert:

KARASTAN CREATES THE GREAT INDOORS

This is how architect Bennie M. Gonzales and his family live close to nature. In a modern hacienda that rises like a mirage in the desert.

Outside, walled gardens are filled with date palms and olive trees. Inside, airy spaces are filled with natural textures—especially pure wool in carpets by Karastan.

Because they feel so good underfoot, after the sunbaked landscape. Because they're such refreshing splashes of color.

And because they give a house, anywhere anytime, that special feeling of the Great Indoors. Let your Karastan dealer help you create it in your home.

For free color folder, write Karastan Rug Mills, a division of Fieldcrest Mills, Inc., 295 Fifth Avenue, New York, N.Y. 10016.

Karastan®
AMERICA'S FINEST POWER LOOMED RUG

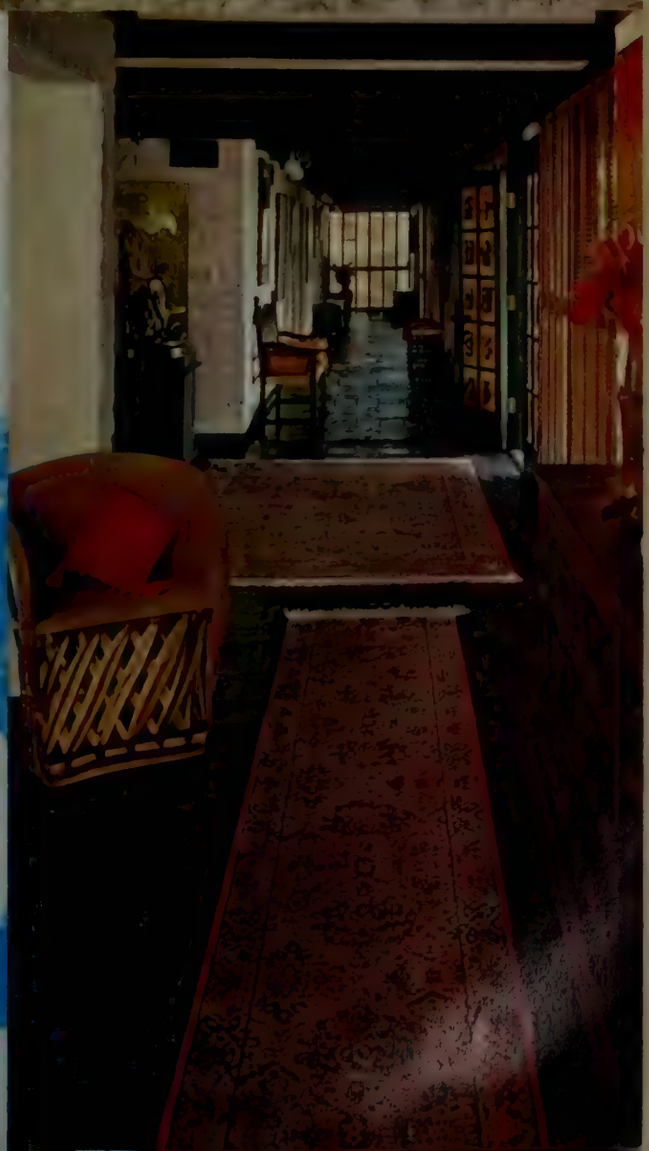
From the dining room the view is Alexei by Karastan. This area rug of pure wool pile is available in 16 color combinations including Turquoise Tile, shown, $275* for the 9′ x 12′ size.

*Slightly higher in the West.

Interior Designer: Everett Brown F.A.I.D.
Photography: Lionel Freedman
Fashions, Sofa, Accessories: Dos Cabezas, Scottsdale

This is deeply shaggy Dinameau, one of the many great Karastan shags, Kara-loc® woven in pale Pentelic Marble. Or have it in 26 other colors, at $14.95 a square yard. As a fringed area rug at $225 for the 9' x 12' size.

In the gallery, Karastan's Kirman design area rugs, woven with pure worsted wool, create a rich contrast against the polished adobe floor. $450* for the 9' x 12' size. Runners from $95 to $209*. Special sizes to order.



The Woolmark is your assurance of quality tested carpets made of pure wool pile.

PURE WOOL PILE

UNITED HAS FAMILY TREES IN SPAIN, ITALY, MEDITERRANEA AND OTHER BEAUTIFUL PLACES

DOMINION

CONQUERO

CONSORT

SPANISH TREASURE

FOR A REPRESENTATION OF BROCHURES SEND 25c TO UNITED FURNITURE, DEPARTMENT S-10, LEXINGTON, NORTH CAROLINA, A DIVISION OF BURLINGTON INDUS

DARROW M. WATT

Smooth marble *counter insert is excellent for cooling candy mixes, rolling pastries, is also fine for general kitchen use*

other counter *has a built-in electric food rmer with its control just behind it*

They make countertops more useful

Built into the countertops of this kitchen in Portola Valley, California, are three separate, convenient inserts—a marble section for making candies and pastries, a warmer for food and coffee, and a large chopping block. The three areas can also be used as normal countertops.

Third insert *is a 2½-foot-long chopping block next to sink. Carving knives slip into slots in block's rear ledge*

The great AMERICAN hang-up: What goes with what?

Wall-Tex® That's what.

Wall-Tex, the fabulous fabric-backed vinyl wallcovering, has something for every hang-up.

It goes with everything. From Early American bedrooms to Op Art playrooms. It goes with any color combination. Any type of pattern. Any type of fabric.

It even goes with little kids. All it needs is a little soap and water to keep it looking new. Even when it's old.

In short, if you have a room, any kind of a room, Wall-Tex goes with it.

But to help make your choice of what goes with what a little easier, we came up with the Mini-Match Maker Sampler.

It's a home-size version of our Wall-Tex dealer Match Maker sample book.

Many patterns with matching fabrics. Use it to match rugs, draperies, flooring and upholstery with any Wall-Tex pattern. Right in your home.

Get your Mini-Match Maker Sampler by mailing 25¢ (to cover shipping) along with the coupon.

A. U. Morse & Company 4
855 Malcolm Road
Burlingame, Calif. 94010

Yes, I'd like to make my life a little easier and a lot more beautiful. Send the Mini-Match Maker Sampler plus actual vinyl swatches of the **Wall-Tex** Wet Look, Foil, Flock and Flitter Fashions. I enclose 25¢ in coin.

name _____

street _____

city _____ state _____ zip _____

Do-it-yourself ironing is NOT fair!

So we help!
The space-age laundry is a pretty confusing mixture. The usual cottons PLUS new blends and permanent press. The jumble of material textures makes something very clear:

One finishing product alone can't handle so many different fabrics! Starch is perfect for cottons, but might not penetrate as rapidly into modern fibers. And vice versa. A formula created for permanent press might not do an adequate body-building job on cottons.

TODAY YOU NEED *BOTH* FAULTLESS® SPRAY-ON STARCH & FAULTLESS FABRIC FINISH!

For 100% cottons, use the 100% starch—Faultless Spray-On Starch. It gives these basic washables a fresh look that will hold up even through an encore. It does a fast, smooth job on shirts, denims, blouses . . . all the clothes you work and play hardest in!

Use it for "spot" starching a little extra luxury into cuffs, ruffles or the hem of a dress. It perks up pillow slips and curtains, too.

Faultless Spray-On Starch. It's the "workhorse." Not you!

✶ ✶ ✶ ✶ ✶

For blends and permanent press, Faultless gives you something else! Faultless Fabric Finish . . . a new today product specifically designed for modern fabrics! It sprays new life into dragging Drip-Dry and Wash & Wear that becomes wash & wilt. It sharps up "middle-age" permanent press and makes it look new again.

Disposable clothes just aren't here yet. In the meantime, don't let the fabric content of your family's clothes confuse you when you iron.

Get help!
FAULTLESS SPRAY-ON STARCH
✶ ✶ *AND* ✶ ✶
FAULTLESS FABRIC FINISH
Today, you need both!

© 1969 F. S. Co.

Cracked *at the bottom and warped, this door is difficult to lift. Repairing is sim Glue and nail corners; clamp until dry; attach straightening straps as sketched be*

When garage doors sag or stick

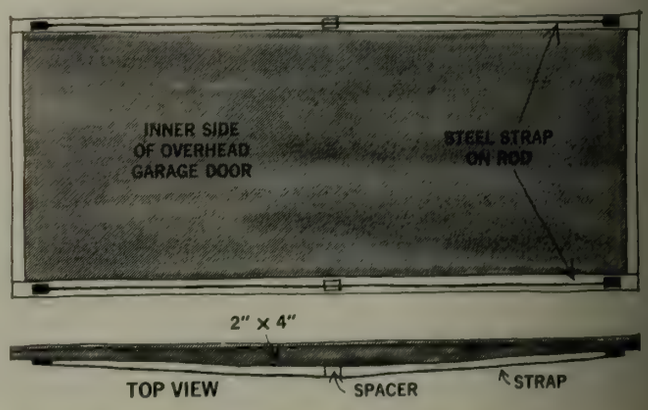
When your garage doors do not open easily, they become a daily nuisance.

They usually can be put back in good operating condition quite simply. Most such doors are structurally rigid, because they are made of large panels of plywood, hardboard, fiberglass, or metal, and they seldom sag or change size to any extent. But if that large door is sticking, jamming, or otherwise being obstinate, it usually is for one of these three reasons: movement up or down of the garage's concrete floor, shrinkage of the building's structure, or simply a lack of oiling.

You may not think of oiling your garage door's hardware, because you probably operate it only twice a day. But its bearings or wheels must run smoothly (the considerable weight involved) and the in the moving parts evaporates. Ma facturers recommend oiling all mov parts every three months; a small trigg type oilcan will do the job quickly easily, and it's often the only repair y need to do.

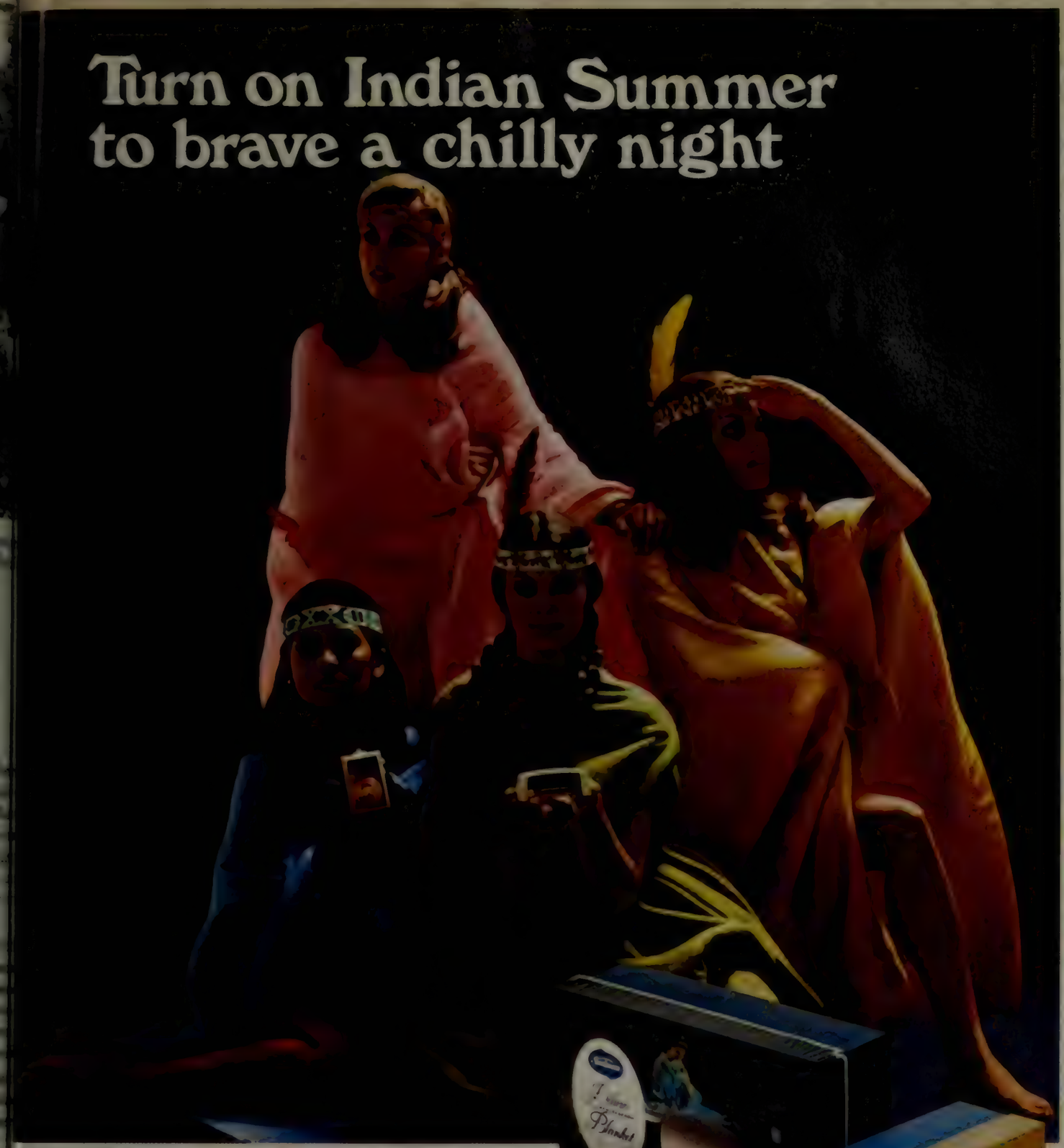
Also, tighten the lag screws that hold door's hardware to the wood frami Those heavy screws are often loose by the drying and shrinking of the wo framing. They usually need retighten about a year after the garage is bu

If the door still sticks or jams, the pr lem is probably caused by some shrink of the building's structure or moveme



Inward warp. *Overhead garage doors tend to sag down when raised. Steel straps or rods straighten them*

Turn on Indian Summer to brave a chilly night



ith *Sunbeam* electric blankets

Gentle, feather-light warmth to chase the chills away; lighted, graduated heat control; machine-washable. All sizes, and a tribe of colors: Tropic Pink, Harvest Gold, Avocado Green and Surf Blue.

Custom Deluxe in 100% acrylic comfort, infinite heat settings, 5-year guarantee.*

Deluxe blankets in a blend of 65% polyester, 35% rayon; 9 heat settings, 2-year guarantee.*

Sunbeam

built with integrity—backed by service

Beautifully packaged for gift giving.

ee repair or replacement against defects in material or workmanship upon return to nearest Sunbeam Appliance Service Co. station, postage prepaid.
NBEAM APPLIANCE COMPANY, Division of Sunbeam Corporation, 5400 W. Roosevelt Rd., Chicago, Ill. 60650

®SUNBEAM
©SUNBEAM CORPORATION 1969

the stemware you don't have to inherit

Riekes Crisa presents beautiful crystal—handblown stemware with a touch of elegance. Each piece is a work of art, hand made by Old World craftsmen and finished by skillful workmen in accordance with the best tradition of glassmaking. The modest price will surprise you—$1.50 each. Available at most fine stores.

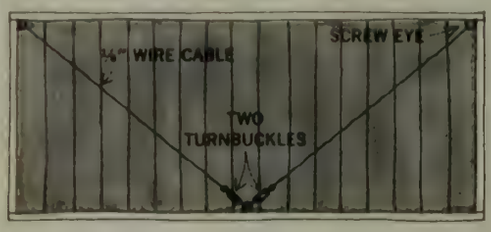
RIEKES CRISA Handblown Stemware

RIEKES CRISA
2900 Cuming Street
Omaha, Nebraska 68131

of its concrete floor. The answer is to trim the door to fit the changed opening. Trimming varies with different doors. On most wood garage doors, a portable disk sander will cut an edge down quickly and easily. On a fiberglass or metal door, you will probably need to remove some metal edging, trim the paneling, and replace the edging.

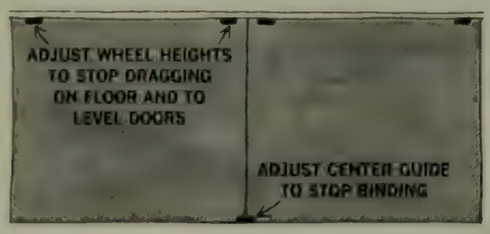
Overhead doors, particularly those with jamb-type hardware (no tracks), tend to warp downward when they are left in the up position. Then they may not fit properly when the door is pulled down and closed.

Many such doors have a metal rod or strap across the top and bottom, as shown in the drawing on page 148, to prevent this inward warp. To straighten such a door, simply tighten the nuts on the rods or straps to bend the door outward (it should have a ½ to ¾-inch warp outward). If your door doesn't have these straps or rods, look under "Doors" in the yellow pages of your telephone book for a company that sells them, and install one on both top and bottom.



Center sag. *Doors made of boards tend to sag at middle. Cables pull them back*

Some garage doors do sag, particularly those made of wood boards to match the house siding. If you have such a door and it has center-sagged, you can pull it back in shape with wire cables and turnbuckles as shown in the drawing directly above.



Most sliding doors *have adjustable bolts on their wheels to allow easy realignment*

If you have sliding garage doors that drag at the bottom or do not fit evenly on the sides, you can easily realign them with the adjustable bolts on their wheels on the overhead track. Fairly often, the metal guide at the midpoint on the floor gets out of alignment and makes sliding difficult. This guide is usually adjustable and can be realigned or opened wider.

This Beautiful Collection of Vectra® covered Hide-A-Bed® Sofas by Simmons

featured on opposite page available at:

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Berkeley
Gorman & Son
Paul T. Swedberg Co.
Stone-Pierce Co.

Chico
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Ogden
Bon Marche

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Boyles
Madsen Furniture Co.
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RICHARD FISH

wo toy chests *roll in and out on casters. atly store building blocks, other toys*

Rolling toy storage drawers

hese handy toy storage boxes are located the combination kitchen - family room ea, close by a doorway to the rear yard, the home of Mr. and Mrs. Louis Krasny Beverly Hills, California.

he location has proved to be both practi- l and convenient, and the boxes ideal r storing blocks and other favorite small ys that the children use both inside the use and outdoors.

he toy boxes are quite simple to build. les and bottoms are ½-inch fir ply- ood with plain butt joints secured with ue and nails; the bottoms are reinforced ith ¾-inch boards on the underside. ronts are ¾-inch ash plywood, match- g the other cabinets in the room. The p edge of each front was grooved deeply serve as a finger-pull (the same is true f the drawers directly above them), iminating any need for cabinet pulls or ndles.

ch box rolls out in any direction on ur spherical, 2½-inch-diameter casters ounted on the bottom—the same type casters you often see today on office airs and available at most large hard- are stores.

e toy boxes are tapered (about two ches narrower in the back than the nt), so children do not have to take rfect aim to return them to their "ga- ge." Each rolls into place easily, like a ry boat going into its slip.

e designer-builder is Harper Poulson Los Angeles.

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Here on these pages are a few o

A wall of glass adds drama. With a breathtaking view such as this, there's no other choice than glass. Glass can frame a living picture in any room of your house. And PPG *Herculite® K* makes the biggest view practical. This tempered safety glass takes terrific impact. And if it ever breaks—it won't shatter into large dangerous pieces. It crumbles into small fragments. Wherever you live, open up your home with *Herculite K*.

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a sunny outlook

he new glass ideas that bring a ome up to date. Before you build, uy, or remodel, send in the coupon or PPG's new, full-color 56-page ook, "Open House USA." See ow glass can make your next ome or remodeling plan work to ive you a sunny outlook.
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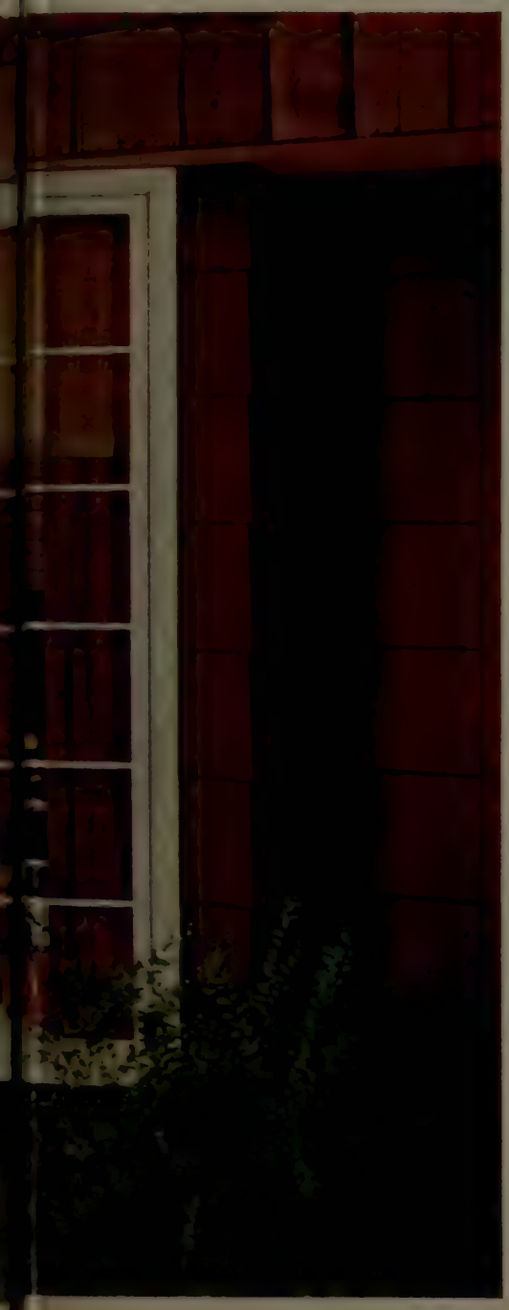

A mirror doubles a dining room. Mirrored doors in a split-level cupboard add beauty and utility to this formal dining area. It's a decorating trick worth looking into if you want your home to live up to its full potential. PPG *High-Fidelity®* mirrors give an accurate image of what your home is really like, and add glamour to a dull wall when used in hallways, bedrooms, living rooms, or even kitchens.

Sliding doors feature safety. Here, glass patio doors bring the outside into a family room. And the family will be safe if the doors are PPG *Herculite K*. Sliding glass doors open a house anywhere they're used. For open patios, private enclosed courts, expansive screen porches, or pools. This use of glass makes staying home a lot more enjoyable.

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If you think the Heritage handwork deserves a place in your home, send two dollars for our catalog and room planning kit to Dept. SS 10-69, Heritage Furniture Company, High Point, N

MARTHA ROSMAN

ront half *of the hinged spice rack swings down from end of the upper kitchen cabinet*

A swing-down spice rack

This handsome rack holds 30 spice jars in small space at the end of an upper cabi-et only 8½ inches wide.

t hinges down to make all the jars easily ccessible; and when it's closed the jars re shielded from both sunlight and heat, hich can deteriorate delicate spices quite apidly.

he rack was designed and built by Ned oll, a designer of business offices, for his ome in San Jose. It is in a cabinet made f ¾-inch walnut plywood that is used o store glassware and also serves as an pper divider between kitchen and dining oom.

he fold-down door or front section of he rack is 3 inches deep and made of ¾-inch walnut plywood. It and the solid ack behind it have five shelves each, sized to fit spice jars with ½-inch clearance above for easy removal. Each shelf has a thin wood strip across its front to help secure the jars.

The front section is attached with a length of piano hinge and has a sturdy latch (of the type made for window shutters) about halfway up on one side to hold it closed.

You open this spice rack slowly, so the spice jars in the front section can slide down gently a half inch to rest on their shelves. When the section is raised with equal care, they slide the other way to rest upside-down. So far, none has ever fallen out.

The shelves are labeled to help make sure the jars are returned to their established locations after every use.

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Windows *in this stable are similar to fly screens, but are glazed with acrylic plast*

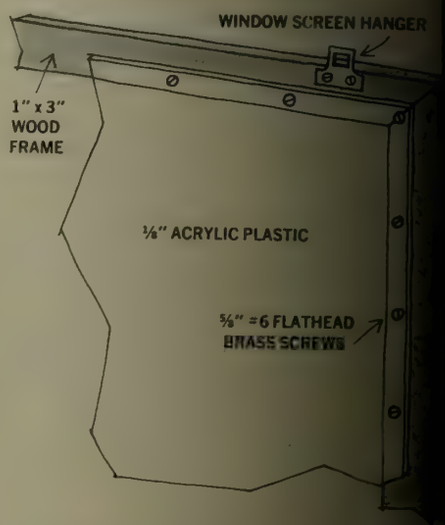
His stable has plastic windows

This private stable on a hilltop in Portola Valley, California, originally had its window openings enclosed only with 2 by 4-inch welded-wire fencing. Wind and rain often blew through and caused discomfort to the horses.

The owner did not want to close off the windows and make the stable dark, nor to enclose them with glass because of the danger to a horse from a broken pane. And he didn't want to cover them with thin plastic sheeting that could rattle in the wind and startle a horse.

Instead, he built open 1 by 3 frames of a size to fit snugly inside the original window moldings, and glazed them with panels of clear acrylic plastic. He affixed screen hangers at the top and hooks and eyes at the bottom.

The ⅛-inch-thick panels are weatherproof, almost unbreakable, and do not rattle in a wind.



Transparent *acrylic plastic was attache to the outside of each of the wood frame with small brass screws set in counte sunk holes, spaced about 6 inches ap*

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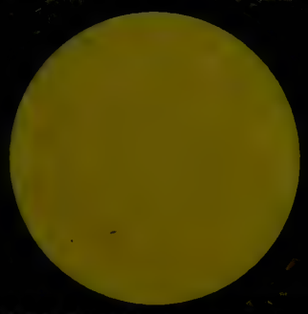

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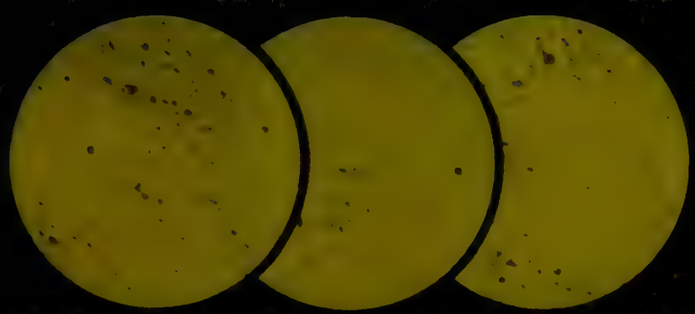

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Even *a small boy can handle the l weight of this "corked" long skim*

Light, buoyant pool pole

When the son of one of our editors left college, his father had to take over maintenance of the family swimm pool. He soon found that it took consid able effort to use the long pool pole w either a brush or a leaf skimmer attach The standard lightweight aluminum p open at both ends, promptly filled w water when put in the pool. When rai to the tile line while brushing or lifted of the water while skimming, only par the water escaped back to the pool the remainder made the pole very hea His answer was to trim or shorte vacuum-bottle cork until it would snugly, then push it up inside the lo end of the pole to just above the atta ment holes. The pole is now buoyant easy to use as a leaf skimmer.

For use with a pool brush, our exp menter lays the pole in the pool and just enough water enter the far end make it sink to the bottom.

DARROW M.

To sink *the pole for brushing a pool, simply fill it partially with pool w*

"Gay Array Tones" in Carlo Gold

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New book on furniture finishin

The finishing a refinishing of f niture is an in which ma people claim be expert a which many a ateurs also t with differing d grees of succe The new *Sun* book, *Furniture Finishing and Refini ing* (Lane Books, Menlo Park, Californ $1.95), is intended to help both group

This new book is written in language th a novice can understand. Yet it reports the many tricks of finishing in such gre detail that even the most expert furnitu finishers are likely to learn somethi from it.

It explains the choices available today from the modern "quick" finishes to t best of the traditional ones—with reco mendations for particular uses. It a covers the techniques of brushing a spraying and how they differ with va ous finishes.

The book includes directions on how identify woods commonly used in fur ture, with recommendations on how finish each one. This is important, becau the techniques of finishing different woo vary considerably.

For home craftsmen who build pieces furniture themselves, this book tells h to sand and smooth the wood before f ishing, how to bleach it, how to stain and how to fill it if necessary. A separa chapter is devoted to the special finishi problems you encounter when you b unfinished furniture.

Other techniques described in detail a refinishing old and antique furniture, cluding how to strip or remove old pai and varnish and how to reglue or sh loose joints; repairing a faulty finish, cluding the finisher's tricks of removing surface dent with heat and blending c a cigarette burn with either a shellac wax stick.

A separate chapter covers special dec rating techniques: glazing, bronzing, a leaf-gilding picture frames and other c jects; decoupage (decorating surfaces wi applied paper cutouts); stenciling; appl ing flocking to wood. There is also a gl sary of the often-confusing terms th furniture finishers use.

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by Drexel

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ner *Ned Doll of San Jose makes frequent use of his built-in barbecue cupboard*

Here is his outdoor kitchen

about everything needed for outdoor ng can be kept in this barbecue ge unit. It is made of exterior ply- l, attached to the house studs with g screws, and painted on the outside atch the house wall. The inside is ed white for good light reflection, ng it easier to see the supplies.

entire unit is raised off the concrete ng 9 inches so that the base always ns dry and one can easily sweep un- eath it. It fits into a narrow, formerly ed space outside the kitchen window, door to the garage.

cupboard is 6½ feet long, 4 feet high, 1½ feet deep. The two upper doors y 34 inches) become counters when ped down on chains held by screw . A paper towel holder is mounted on one at right. Both doors drop down he way when unhooked (making pa- towels even easier to reach). Magnetic hes hold them when closed.

er cupboards contain bags of charcoal garden supplies. Extra space in the er right cupboard holds badminton pment. The top serves as a plant dis- counter when it is not being used as rk area.

erials for this project cost about $20 for wood, $5 for hardware).

Vertical door *conceals long tools; front panels drop down for more walk-by space*

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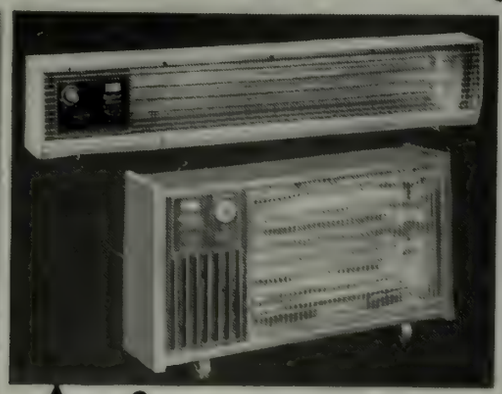

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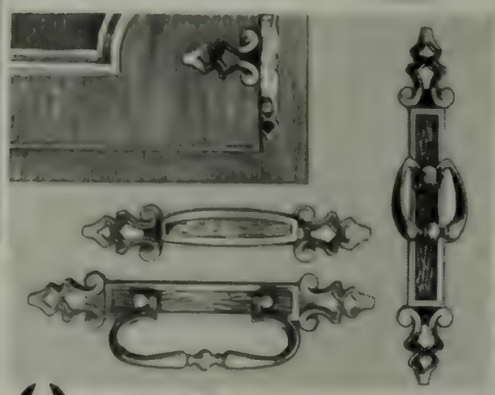

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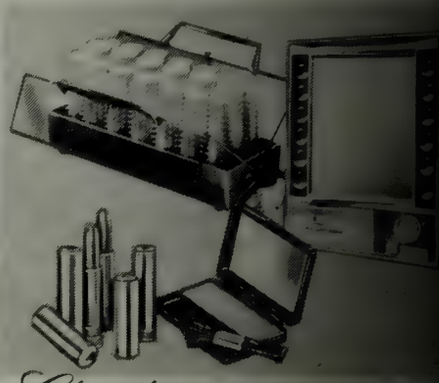

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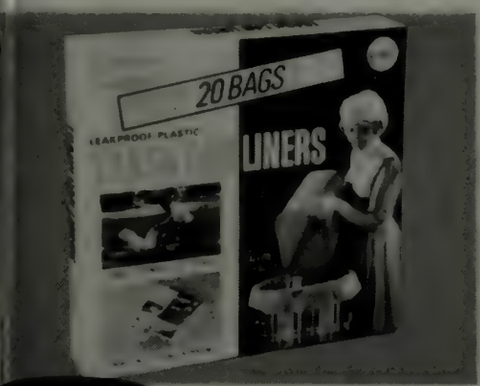

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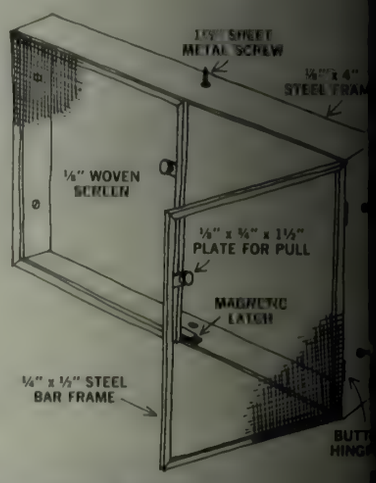
Spark catcher for wall fireplace

The owner of the fireplace shown below had a problem—neither of the fireplaces in his home had hearths, and sparks would occasionally escape along the sides or under the drapery-type fireplace screens and burn holes in the carpeting.

To solve this problem, he designed two tight door-type screens for the fireplaces and had a welding shop make them—the hopper shape pictured below and the flat screen sketched at right. They are basically the same: Both have a ⅛ by 1-inch metal frame and both have two hinged doors, kept closed by magnetic cabinet latches at the bottom.

The screens are made of ⅛-inch woven wire mesh, spot-welded to their metal frames at 1-inch intervals.

The owner installed the screens himself by drilling six holes through each metal frame, as shown, and drilling larger holes in the masonry behind them, using a masonry bit in an electric drill. Then he packed steel wool tightly into the in the masonry so they would gri inch-long sheet metal screws ins through the frames.



Construction details *of design with flat doors. Frame is secured with sc*

PETE RE

Two hinged screen doors *fully enclose this fireplace, allow no stray sparks to fly o*

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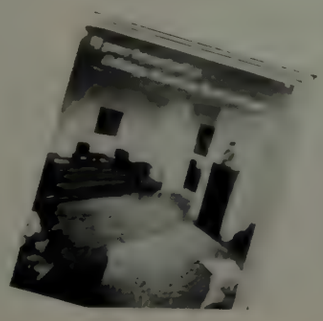

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Sunset's Kitchen Cabinet®

The inventive nature of Western cooks is displayed in these recipes for October. Using simple foods and favorite flavor combinations, each contributor added a bright idea to make the recipe easier and more interesting.

One contributor started with oy and spinach, which she enjoyed gether as an appetizer, and inve oyster pancakes. Another experime with liver, bacon, and onions and up with bacon and onion-flavored

Oysters and spinach in savory pancakes; serve them with melted butter

Oyster Pancakes

Inspiration for this quick supper dish was Oysters Rockfeller, the classic appetizer of spinach and oysters served on the half shell.

- 1 container (about 10 oz.) fresh oysters
- 1 package (10 oz.) frozen chopped spinach, thawed
- Dash liquid hot pepper seasoning
- ½ teaspoon Worcestershire
- ¼ cup flour
- 3 eggs, lightly beaten with rotary beater
- 3 to 4 tablespoons butter or salad oil

Drain oysters on paper towels. Turn the spinach into a bowl, saving the juices that accumulate as it thaws. Cut oysters into small bite-sized pi and add the spinach. Add hot pe seasoning and Worcestershire. Spri in flour and stir together until blended. Stir in eggs until blended

Preheat a griddle or heavy frying over medium-high heat, and gr generously. Drop batter by hea tablespoonfuls, quickly spreading about 2½ inches in diameter. Cook til lightly browned on both sides. C tinue until all pancakes are ma keeping the griddle generously grea Serve piping hot. Makes about 36 p cakes, or about 6 servings.—*N. Bremerton, Wash.*

Use one pan to cook the liver, bacon, onion, and rice, then serve all together

Liver and Baconed Rice

The flavors most people enjoy with liver are incorporated in the rice.

- 1 cup uncooked rice (brown rice or regular long grain rice)
- Boiling, salted water
- 5 slices bacon
- 1 medium-sized onion, chopped
- 1 pound sliced beef liver
- Salt and pepper to taste
- About ¼ cup flour
- About ¼ cup water, if needed

Cook the rice in the boiling water as directed on the package. Meanwhile, fry bacon in an electric frying pan or other frying pan at medium heat (about 340°). Remove bacon from pan and drain on paper towels. Add onions to drippings in pan and sauté until golden; remove with a slotted spoon a small bowl. Crumble bacon into ion and set aside.

Sprinkle liver lightly on both si with salt and pepper. Dust all o with the flour, shaking off excess. W heat at about 350° and using the sa drippings, cook liver quickly on b sides until nicely browned, but slightly pink and juicy inside; remo to a warm serving plate and ke warm. In the frying pan, combine rice with bacon and onion and the cup water, if needed. Heat throu stirring. Serve with liver. Makes abo 4 servings.—*B. W., Hemet, Calif.*

Meatballs, fresh cabbage, and a tangy sweet-sour tomato sauce cook together

Sweet-sour Beef and Cabbage

Usual ingredients of stuffed cabbage rolls are more simply combined here.

- 1 pound ground chuck or lean ground beef
- ¼ cup soft bread crumbs
- 1 egg, slightly beaten
- ½ medium-sized onion, finely chopped
- ½ green pepper, seeded and chopped
- 1 clove garlic, minced or mashed
- 2 tablespoons chopped parsley
- 1 teaspoon salt
- 2 tablespoons salad oil
- 1 head cabbage (about 2 lbs.)
- Sweet-sour sauce (recipe follows)

Combine in a bowl the meat, bread crumbs, egg, onion, green pepper, garlic, parsley, and salt. Mix with your hands until well blended, then shape into balls about golf ball size. Using Dutch oven or similar pan, heat oil and brown the meatballs, turni to brown all sides. Drain off any f Remove core and cut cabbage i narrow wedges; arrange over the me Pour sweet-sour sauce over the cabba and meat, cover pan, reduce heat, a simmer gently for 15 minutes, or un cabbage is tender. Makes 4 to 6 ser ings.—*R. R., San Diego.*

Sweet-sour Sauce. Combine 2 cans oz. each) tomato sauce with ¼ c cider vinegar, ¼ cup brown sugar, teaspoon salt and ¼ teaspoon pepp stir until blended.

to serve with sautéed liver.

We invite you to tell us about your own successful recipe creations. Mail contributions to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Why not a surprise tonight . . . with oysters, liver, or sweet-sour beef

Italian-style Mixed Green Salad

Use a bottled salad dressing, or one made from a mix or your own recipe.

- 1 large head romaine (or 1 quart mixed greens)
- 2 medium-sized tomatoes
- 1 small crisp zucchini squash
- 1 can (about 9 oz.) garbanzo beans, well drained
- 5 ounces jack cheese, cut in cubes (about 1 cup)
- 2 ounces Italian dry salami or pepperoni
- ½ cup prepared croutons
- Salt and pepper to taste
- Italian dressing (a recipe follows)

Have the romaine or mixed greens washed, dried well, and chilled until crisp. Break the lettuce into bite-sized pieces and put into a salad bowl. Peel the tomatoes and cut in wedges; add to salad. Scrub the zucchini well and, without peeling, cut into thin slices; add to salad. Add the drained garbanzo beans and cheese cubes. Remove rind from the sausage and slice as thin as possible; add to salad with the croutons. Season with salt, pepper, and the Italian dressing. Mix lightly just until well blended. Makes 4 to 8 servings.—*I. R., North Sacramento.*

Italian Dressing. Combine in a jar ⅓ cup wine vinegar, 1 cup olive oil, 1 teaspoon salt, ¼ teaspoon pepper, and ⅛ teaspoon garlic powder; shake well.

Big servings make a salad lunch; or make portions smaller for side dish

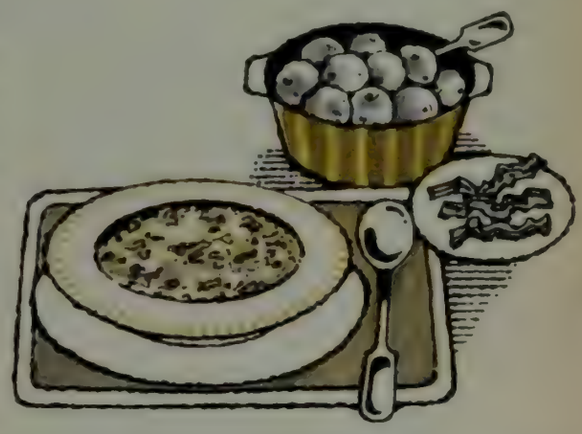
Lettuce and Egg Soup

If you like wilted lettuce salad, you'll probably enjoy this interesting soup.

- ½ medium-sized head iceberg lettuce
- 1 bunch green onion, sliced (include about 2 inches green top)
- 5 to 10 thick slices bacon
- 2 eggs, slightly beaten
- 2 cans (about 14 oz. *each*) regular strength chicken broth
- 2 tablespoons flour
- 4 tablespoons cider vinegar
- 1 cup sour cream
- Hot, boiled potatoes (optional)

Shred the lettuce about ¼ inch thick, then cut shreds at about 1-inch intervals and put into a Dutch oven or similar pan. Add onions to pan and set aside. In a frying pan, cook bacon until crisp, then drain on paper towels; discard all except about 1 tablespoon of the drippings. In the drippings cook the eggs until softly scrambled; spoon eggs over lettuce and crumble in 5 slices of the bacon. Pour chicken broth into frying pan. Blend the flour and vinegar together until smooth and stir into broth with sour cream; heat, stirring, until it comes to a boil.

Pour over the lettuce mixture and reheat quickly over highest heat—the lettuce should retain crispness. Serve in large bowls. Pass potatoes and extra cooked bacon, if you wish. Makes 4 to 6 servings.—*K. H., Stateline, Nev.*



Pass boiled small potatoes and extra bacon to make this a main dish soup

Pumpkin Cheese Pie

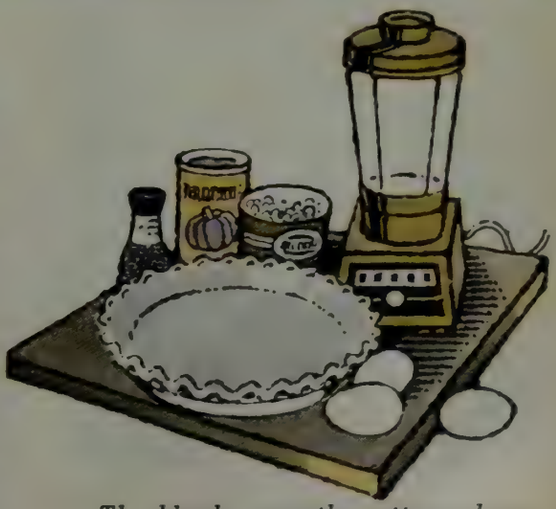
Combining qualities of cheesecake and spicy pumpkin pie, this dessert is light in texture and has refreshing flavor. An electric blender is needed.

- 1½ cups creamed cottage cheese
- 1 tablespoon frozen orange juice concentrate
- 1½ cups canned pumpkin
- 3 eggs
- ¾ cup sugar
- 1 teaspoon cinnamon
- ½ teaspoon *each* ground ginger and allspice
- ¼ teaspoon ground cloves
- 9-inch unbaked pie shell
- Whipped cream or vanilla ice cream

Combine the cottage cheese and orange juice in a blender container and blend until smooth. Add the pumpkin, eggs, sugar, cinnamon, ginger, allspice, and cloves; whirl together in the blender for about 2 minutes.

Prepare the pie shell from your own recipe or a pie crust mix; make a fluted edge. Turn pie filling into the pastry shell and bake in a 350° oven until a knife inserted in the center comes out clean, about 1 hour.

Remove pie from oven, and cool; serve at room temperature, or chill several hours before serving. If you wish, garnish with sweetened whipped cream or vanilla ice cream. Makes 6 to 8 servings.—*H. N., San Francisco.*



The blender smooths cottage cheese to combine with pumpkin and spices

Age *has a lot to do with how well you can measure. (Two-and-a-half-year-old Heat can fill a cup nicely, but granulated sugar is one of the few mediums she can handle w since she likes to give foods a whack now and then.) An understanding of fractions helps*

MEASURE FOR MEASURE:

Young cooks make mistakes and discoveries

Steve checks *level of milk at 1½ cups by eye, lining up liquid with measurement indicators on opposite sides of cup*

Many a query of "how" or "why" accompanies the efforts of young cooks trying to interpret the rather specialized language of recipes.

One of the first questions is, "Why measure?" Everyone has known or heard tales of good cooks who instinctively toss together magnificent creations with little apparent concern for how much of anything they use. Often they are disdainful of those who are less assured. But the fact is, these talented people know precisely what they are doing. Years of experience have taught them to judge proportions with great accuracy, whether they measure by pinch or the handful, or use an old teacup.

Proportion is the key word. Recipes work reliably when ingredients are properly assembled in correct relative amounts: Popovers need equal quantities of flour and milk to pop. Vinaigrette-type salad dressings taste the way we expect only when 1 part is vinegar and about 3 parts are oil. Cakes are tender and moist wh flour, sugar, eggs, and fat are used optimum proportions, depending up the kind of cake.

TESTING

We invited the boys and girls pictur here into *Sunset's* test kitchens and put them to work measuring. Their qu tions, discoveries, limitations, and m takes form the basis of this guide aspiring chefs.

TOOLS

To make recipe results predictable, use specific tools for measuring in hon kitchens: measuring spoons and measu ing cups. They measure volume or amount it takes to fill the container. Th basic rule is to level, or make smoot the surface of the foods so the volum will be consistent.

Teaspoons and tablespoons. The smalle standardized unit in the home kitchen is

Here are helpful measuring ideas . . . for butter, brown sugar, powdered sugar, for liquids, semisolids, even for fluffies

y foods, *like chopped parsley or lded cheese, should be dropped in the ure and shaken gently to fill corners*

Two liquids *can be measured in one cup, like this salad dressing, when you add up total amount. Measure solids separately*

Spoon *sifted powdered sugar, or flour, into measuring cup and level. For accuracy, never shake cup or pack ingredients*

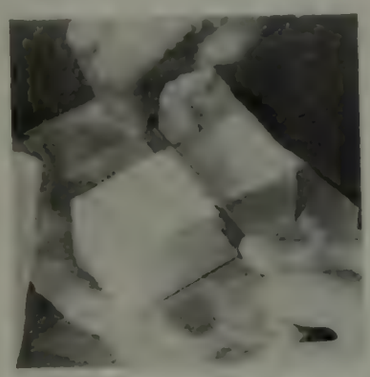
aspoon. You can divide some foods es, salt) in the ¼ teaspoon into ler fractions of ⅛ to 1/16 teaspoon, these quantities are usually termed ch. The next size measure is ½ tea- n, then 1 teaspoon. You have to that 3 teaspoons are the same as blespoon, the largest spoon measure. . The next unit of measure is stated rms of a whole cup, or the fractions , or the multiple of it which form s, quarts, or gallons. There are two types of measuring cups. The type e of glass—in 1 cup, 1 pint (2-cup), 1 quart (4-cup) sizes—is best suited liquid measuring. The other kind es as a set of nested cups in ¼ cup, up, ½ cup, and 1 cup sizes. These fill level to the brim with foods other liquids (they spill too easily). One is the same as 16 tablespoons.

WEIGHT AND BY EYE

ght is a measure used in recipes when food is purchased or packaged accord- to how heavy it is (such as meat, but- vegetables). When you know the ght, you can sometimes measure by —look at the food and divide it pro- ionately.

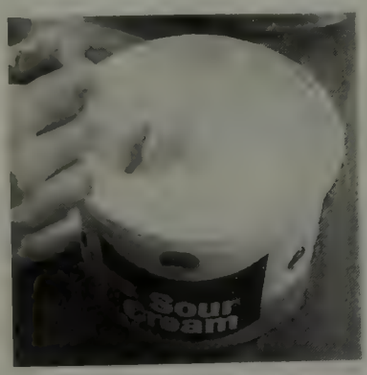
CIAL DIRECTIONS

en a recipe includes such special direc- s as "sift" or "firmly pack," along a measurement. You should follow directions; they greatly affect how h a container will hold.



If you know *that a ¼ pound stick of butter is 8 tablespoons or ½ cup, you can measure portions by cutting what you need*

Brown sugar *is measured correctly if you pack it in the cup firmly enough for sugar to hold its shape when cup is inverted*



Semisolid foods *like sour cream, cottage cheese, yogurt, can be measured from the container; 1 cup is half of a pint carton*

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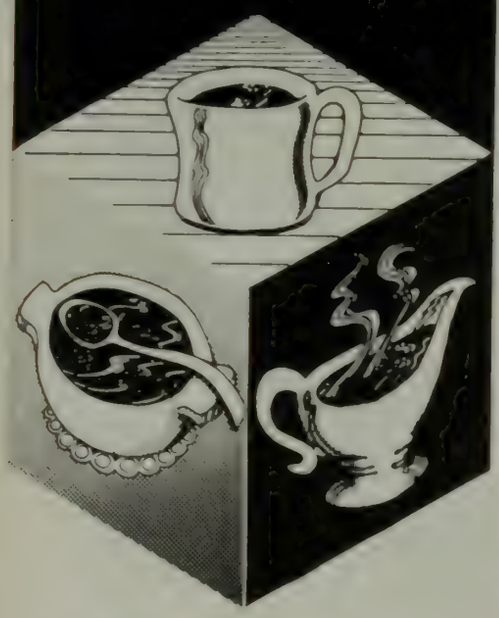

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Plump, *fresh mushrooms, sliced, then sautéed, used in filling for ham-lined*

How mushrooms dress an entrée

As most good cooks know, a reliable way to dress up an entrée is to add some fresh mushrooms.

Take these attractive filled crêpes as an example: mushrooms in generous proportion add to the elegance of a main dish combining sliced ham, cheese, and a delicate cream sauce. You can assemble the dish completely as much as a day in advance, then bake and serve for a guest brunch or luncheon.

You make the crêpes ahead, too, and refrigerate them for up to three days; or freeze them (thaw before using).

Serve *mushroom-filled crêpes as a b main dish with hot rolls, fresh g*

HAM AND MUSHROOM CRÊPES

- 12 crêpes (recipe follows)
- 4 tablespoons butter or margarine
- 1½ pounds medium-sized mushrooms, sliced
- 2 tablespoons flour
- ½ cup whipping cream
- 1 cup light cream or milk
- 12 thin slices cooked ham, about ¾ pound
- 1 cup shredded Swiss Gruyère or Danish Samsoe cheese
- Parsley

Prepare the crêpes as directed below.

For the mushroom filling, use a wide frying pan to melt 3 tablespoons of the butter over medium heat until bubbly. Add mushrooms; sauté until just lightly browned. Sprinkle with 1 tablespoon of the flour and stir into mushrooms. Then add whipping cream, stir, and cook over medium heat until mixture is thickened and liquid is reduced to about ⅓ cup, about 8 minutes. Set aside.

For the cream sauce, heat remaining 1 tablespoon butter in a small pan, stir in the remaining 1 tablespoon flour, and cook until bubbly. Gradually stir in the light cream. Cook, stirring, over medium heat until thickened. Reserve.

Place a piece of ham on each crêpe, then spoon on about ¼ cup of the mushroom filling. Lap crêpe over filling into a roll and arrange, with the lapped up, in a buttered 9 by 13-inch ba dish. Pour cream sauce over filled cr Sprinkle with cheese.

Bake uncovered in a 400° oven fo minutes. (Or cover and refrigerate fo to 1 day; if you take the dish dir from the refrigerator, bake at 350° fo minutes.) Garnish with parsley. M about 6 servings.—*G. L., San Francis*

Crêpes. Beat together 3 eggs, ½ cup 1 cup milk, and a pinch of salt smooth. Let stand 5 minutes. Usin small frying pan (6 or 7 inches in di eter), heat ½ to 1 teaspoon butter medium-high heat until bubbly. about 2 tablespoons batter into the quickly tilt and rotate pan so batter pletely covers bottom. When lig browned on bottom, turn and bro lightly on other side. Repeat, adding ter for each crêpe. Cool on paper to

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First cut and prepare all the ingred since the actual cooking time for dish is less than 10 minutes and req your full attention.

Use a wok or a 10-inch (or larger) f pan with a lid; this assures even co of the small bite-sized pieces.

CHINESE-STYLE LAMB WITH CABB

- 1 pound lean, boneless lamb
- ½ cup water
- 4 teaspoons cornstarch
- 3 tablespoons soy sauce
- ⅛ teaspoon ground ginger
- 2 tablespoons salad oil
- 1 clove garlic, minced or mashed
- 1 cup diagonally sliced celery
- 4 cups shredded cabbage
- 6 to 8 green onions, cut in 1-inch pieces
- 3 cups hot cooked rice

Slice meat in very thin strips; set a Gradually blend water with cornstarc make a smooth paste; add soy sauce ginger and set mixture aside.

Heat oil in a large frying pan over heat; add garlic and celery and sauté 2 minutes. Add lamb, cover, and c about 5 minutes longer, stirring frequen

Remove lid; add cabbage, green oni and cornstarch mixture. Stir well and c until vegetables are heated through sauce is thickened, 1 to 2 minutes. Se immediately over the hot rice. Make servings.—*R. C., Belmont, Calif.*

ORIENTAL PORK WITH CABBAGE

- 1 pound lean, boneless pork
- 2 tablespoons salad oil
- Dash pepper
- 2 tablespoons soy sauce
- 3 tablespoons water
- 4 cups shredded cabbage
- 2 eggs, slightly beaten
- 3 cups hot cooked rice
- Chopped green onions

Cut meat into small, bite-sized pie Heat oil in a large frying pan over h heat; add meat and cook until nic browned, stirring frequently, about 5 m utes. Add pepper, soy sauce, and wat stir to loosen any browned bits in p Add cabbage and cook 30 seconds.

Remove from heat, pour in eggs, mix w and return to heat until mixture is Serve immediately over hot rice. Garn each dish with chopped green onio Makes 4 servings.—*E.S., El Cerrito, Ca*

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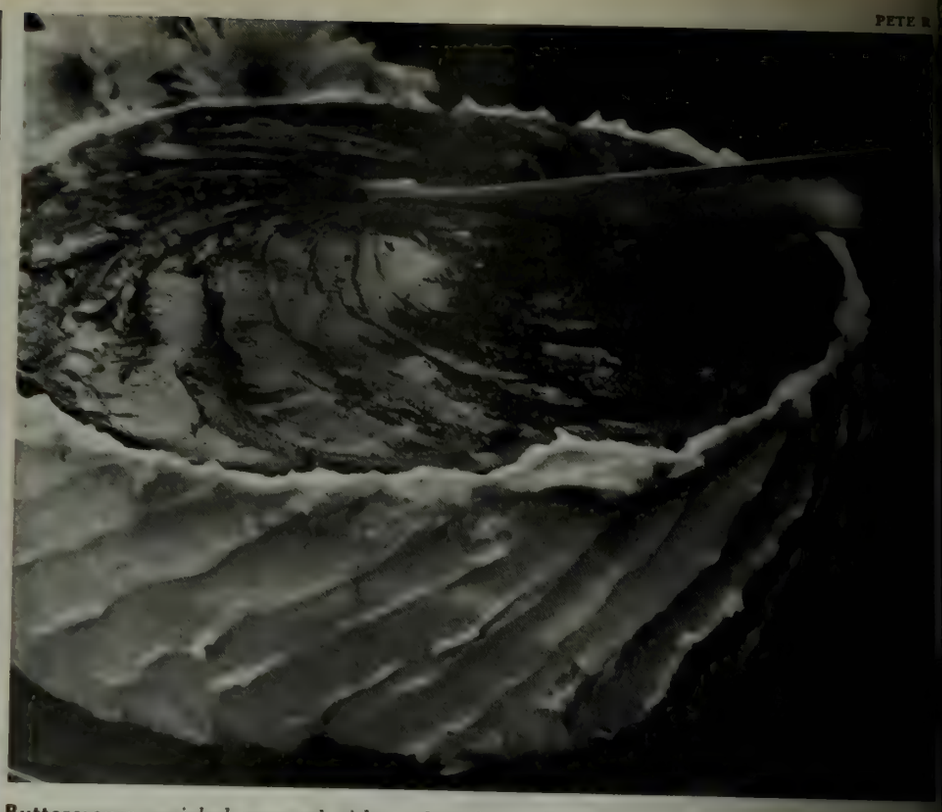

Buttercream *swirled around sides, chocolate glaze on top handsomely finishes*

Halfway between torte and trifle

Reminiscent of elegant European confections, this dessert resembles a torte in texture and richness and an English trifle in ingredients and assembly. We've streamlined the technique—taking advantage of a packaged cake mix—to save time.

Make the dessert one day in advance so flavors will mingle and layers merge. Add the final frosting before dinner; then refrigerate until serving time.

RUM CREAM TRIFLE

- 1 package yellow cake mix (about 1 lb. 3 oz.)
- 6 tablespoons rum
- Rum buttercream (recipe follows)
- 1 can (about 13 oz.) pineapple tidbits, drained
- 9 maraschino cherries, drained and coarsely chopped
- Chocolate rum glaze (recipe follows)

Prepare cake batter adding ingredients called for on the package; bake half the batter in an 8-inch round pan with removable bottom (layer or cheesecake pan); cool 10 minutes in pan, then remove sides and cool thoroughly. Bake remaining batter as you prefer for another use.

Carefully slice remaining layer into three equal horizontal layers; set aside top and middle layers, leaving bottom layer on bottom of cheesecake pan or layer pan. Wash pan sides and reassemble pan with cake layer in bottom.

Sprinkle bottom cake layer with 1 tablespoon of the rum; spread with ⅓ of rum buttercream; then evenly distrib half of the pineapple and half of cherries. Fit in middle cake layer; repeat as above with rum, buttercre pineapple, and cherries. Top with cake layer; sprinkle with remaining r Cover and refrigerate remaining but cream. Press down top of the assemb cake to compact slightly; cover and c in refrigerator overnight.

Well before serving, bring reserved but cream to room temperature. Remove sides from torte and place the dessert serving plate; swirl buttercream attr tively around sides. Smooth chocolate r glaze over top to edge; cover and ret to refrigerator until set (30 minutes).

To serve, cut into wedges with a sh knife. Makes about 10 servings.—*A. Lewiston, Idaho.*

Rum Buttercream. Beat 1 cup (½ l soft butter or margarine on medium spe of mixer until ivory colored, about 5 m utes. Beat in 2 egg yolks, and gradua beat in 2 cups sifted powdered sugar, tablespoons dark rum, and 1 teaspo instant coffee powder.

Chocolate Rum Glaze. Stir together un combined 1½ cups sifted powdered sug and ⅓ cup sweet ground chocolate; a 1 tablespoon rum and 1 tablespoon war water; stir until smooth.

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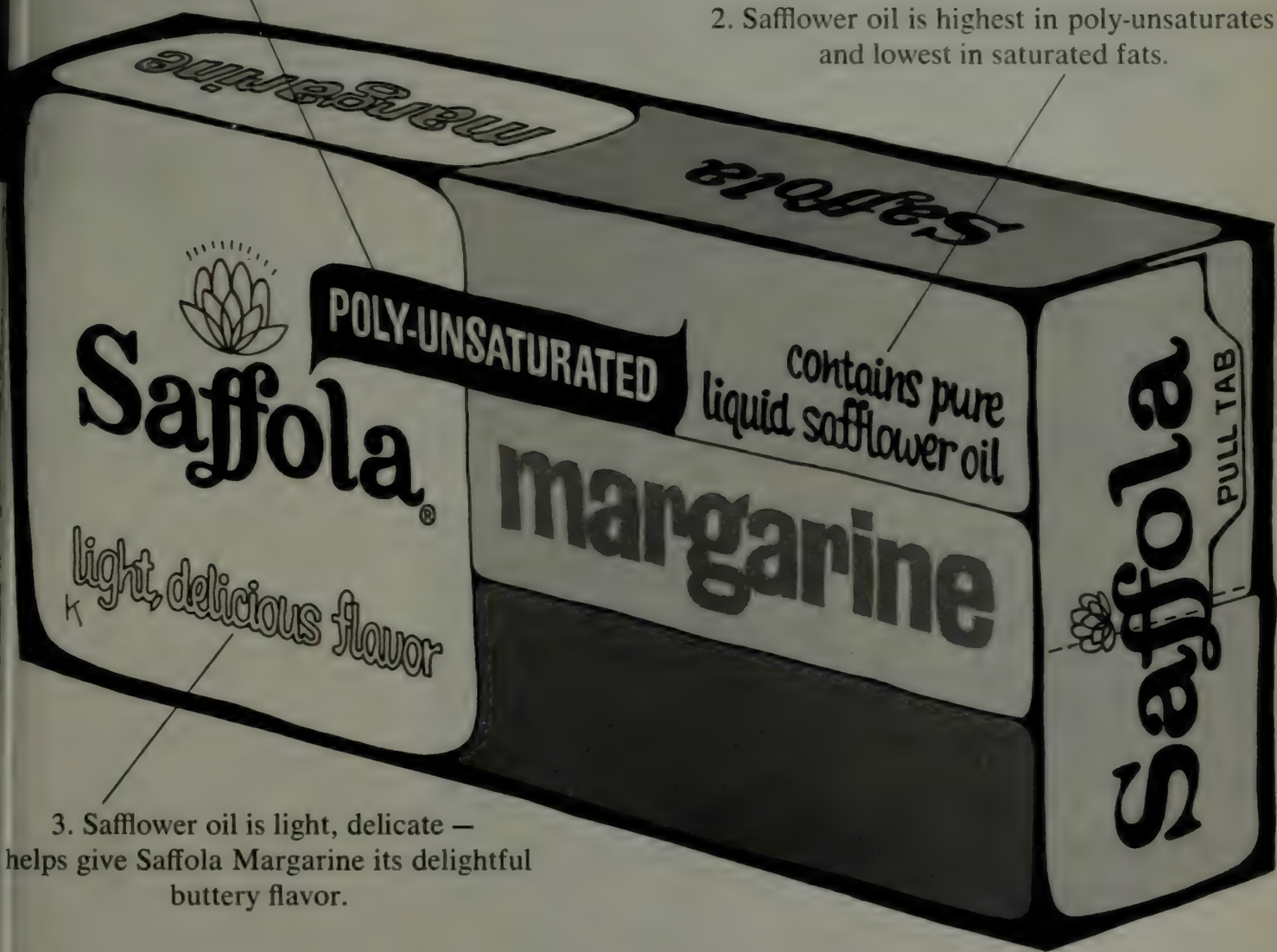
1. The American Heart Association recommends replacing saturated fats in the diet with poly-unsaturates.

2. Safflower oil is highest in poly-unsaturates and lowest in saturated fats.



3. Safflower oil is light, delicate — helps give Saffola Margarine its delightful buttery flavor.

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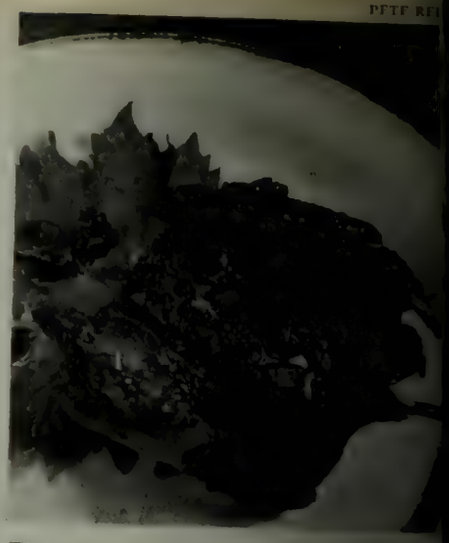

Tiny game bird *braised with Port, br and raisins makes a dainty first co*

Band-tailed pigeon in wine

Band-tailed pigeons, popular game bi at this time of year (or later in so localities, depending upon hunting regu tions), also provide interesting eating. The fine-grained, dark, compactly le texture of the bird takes well to sau of pronounced character like this one Port, broth, raisins, and cloves. Most the meat is on the breast, although so like to nibble the tiny drumsticks. S is unnecessary because the seasoned bro condenses as the sauce evolves.

BAND-TAILED PIGEON WITH VINE SAUCE

- 4 to 6 dressed band-tailed pigeons (about 7 to 10 oz. each)
- Flour
- 4 tablespoons butter
- About ¾ cup regular-strength beef broth
- ¼ cup Port
- 2 to 3 tablespoons seedless raisins
- 2 whole cloves
- Canned grape leaves (or fresh grape leaves and boiling water)

If necessary, tie birds so they will hol their shape while cooking. Coat each bir in flour, then dust off the excess. Me butter in a wide frying pan and brow birds on all sides over medium-low heat take care not to scorch butter.

Add to pan about half the broth, all th Port, raisins, and cloves. Cover and sim mer for 30 minutes, adding more broth t pan as juices evaporate.

Arrange birds on a platter or individu plates (remove strings), garnish wit grape leaves and spoon on the sauce. (Im merse fresh grape leaves in boiling wat about 1 minute or until limp; snip of stems.) Serve guests 1 bird each as a first course, or 2 birds each as a light entrée.

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Wish-Bone Thousand Island an Wish-Bone Russian. The dressing with lots more flavor for lots mor uses. Wish-Bone's twice-as-good dressings.

The close-mouthed oyster meets a rasher and is scoffed

What kind of a noise annoys an oyster?"

he oyster, one of nature's close-mouthed, iet creatures, has for centuries been noyed by prying human beings. The hinese prized and even cultivated oys- rs long before our Christian era, and the omans pioneered some of the more arti- ial ways of growing them.

dian shell mounds indicate that native sters were once abundant up and down ur Pacific Coast. Their numbers de- eased naturally, then drastically and unnaturally after the Gold Rush when an onslaught of new settlers brought with them a well developed taste for oysters. Only recently, with oysters and seed imported from the far west Pacific as well as the Atlantic, has the supply begun to catch up with demand.

Ardent oyster enthusiasts are two of this month's *Chefs*.

As Don Keebler tells it, "In Hangtown (now Placerville) during the Gold Rush, a newly rich miner went into a restaurant and asked what were the most expensive items on the menu. The reply was, 'Bacon, oysters, and eggs.' He said, 'Bring all three.' "

There are other stories on the origin of Hangtown Fry, but all agree on the inclusion of eggs and oysters. In fact, these days just about any combination of the two may be called Hangtown something-or-other.

Don Keebler's version is not so much a "fry" as it is a kind of omelet, delicate of texture. He gives very precise directions on how to cook it. We also rather like his taste in old-fashioned words—to save you a dip into the dictionary, *rasher** means strip or slice, and *scoff*† means to eat greedily.

HANGTOWN FRY

2 rashers* bacon
2 eggs
1 tablespoon milk
Salt and pepper to taste
Dash Worcestershire
3 medium-sized oysters
Toast
Lemon wedges

On a grill or griddle over medium-high heat, partially cook the rashers of bacon until almost done to your liking; set aside on paper towels. Meanwhile lightly beat together the eggs, milk, salt, pepper, and Worcestershire. Chop oysters into ¾-inch pieces, add to the bacon drippings, and cook about 1 minute; lift from grill and add to eggs.

To cook the omelet, arrange bacon rashers on grill about 3 inches apart, pour egg mixture over top and, using 1 or 2 wide

"We like his taste in words"

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spatulas, keep the egg mixture pulled in as it cooks. When omelet is set on the bottom, carefully turn it over, trying to keep as intact as possible. This should expose the bacon on top. Cook about 1½ minutes longer. Remove intact to warm plate, serve with toast and lemon, and scoff† immediately. Serves 1.

Richmond, Calif.

Tried and true recipes are sometimes extremely simple. We rate simplicity a virtue indeed if the results taste as good as they do when David G. Robbins follows his method for preparing beef ribs.

The only catch to it—and it's a fairly big one—is to get the rib bones. These are the ribs left over when the meatman decides to split up a standing rib roast into other components instead of selling it as a whole roast. The meatman isn't likely to put the rib bones into his display counters but will probably sell them to you if you ask him. It's a matter for personal negotiation.

If rib bones aren't available, you can substitute short ribs, but they will need more preliminary treatment: with tenderizer or a marinade containing wine or citrus. They should also cook longer than 7 minutes on each of the four sides.

BARBECUED RIB BONES

- ¼ cup soy sauce
- 1 teaspoon garlic powder
- About 6 pounds beef rib bones (bones cut from a standing rib roast when it is boned and rolled)

Mix the soy sauce and garlic powder thoroughly. Use pastry brush to daub all sides of each rib bone generously with the garlic-soy mixture. Then refrigerate for several hours.

Place on barbecue grill about 6 inches above a medium hot fire and cook on all four sides of each rib, about 7 minutes to a side.

Serves 4 to 6.

Piedmont, Calif.

A long gray beard (nor a bushy red one) is not yet a requirement for membership in *Chefs of the West*. But a recipe acquires a certain pedigree by surviving many years of testing, so its longevity deserves our respect.

Victor J. Myers of Woodburn, Oregon, has been making oyster pies for many years. The mixture he now unveils for the world is thoroughly tested and interesting. The egg, in particular, is a nice touch. So is the curry powder, but be careful with it; since the flavors are delicate, too much will mask everything else.

MYERS'S OYSTER PIE

- 3 cups diced, peeled potatoes
- Boiling, salted water
- 1 small onion, chopped
- 1 stalk celery, thinly sliced
- 3 tablespoons butter
- ½ teaspoon curry powder
- 2 tablespoons flour
- 1 cup milk
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 tablespoon chopped parsley
- 1 teaspoon whole basil, crushed
- 1 jar (10 oz.) small Pacific oysters, well drained
- 4 hard-cooked eggs, quartered
- Pastry for a 1-crust pie

Cook potatoes in the boiling water just tender; drain and set aside.

In a frying pan, sauté onion and cele butter until onion is transparent. St curry powder and flour and cook bubbly. Gradually add milk, and c stirring, until thickened. Season with pepper, parsley, and basil.

Stir in the cooked potatoes. Cut oys into bite-sized pieces and blend into potato mixture. Turn mixture into inch square baking dish; top with egg

Roll out pastry into about a 10-i square; fit over eggs in baking dish press to edge of dish to seal. Slash a knife in several places to allow st to escape.

Bake in a 425° oven for 20 to 25 minu until crust is golden. Serve at once. Ma 6 to 8 servings.

Woodburn, Ore

H. L. Henrie has happy memories o lamb casserole that he ate in railw diners as a child. His various trials a

"Many years of testing oyster pies"

Presto's new broiler works like a toaster. It broils both sides at once.

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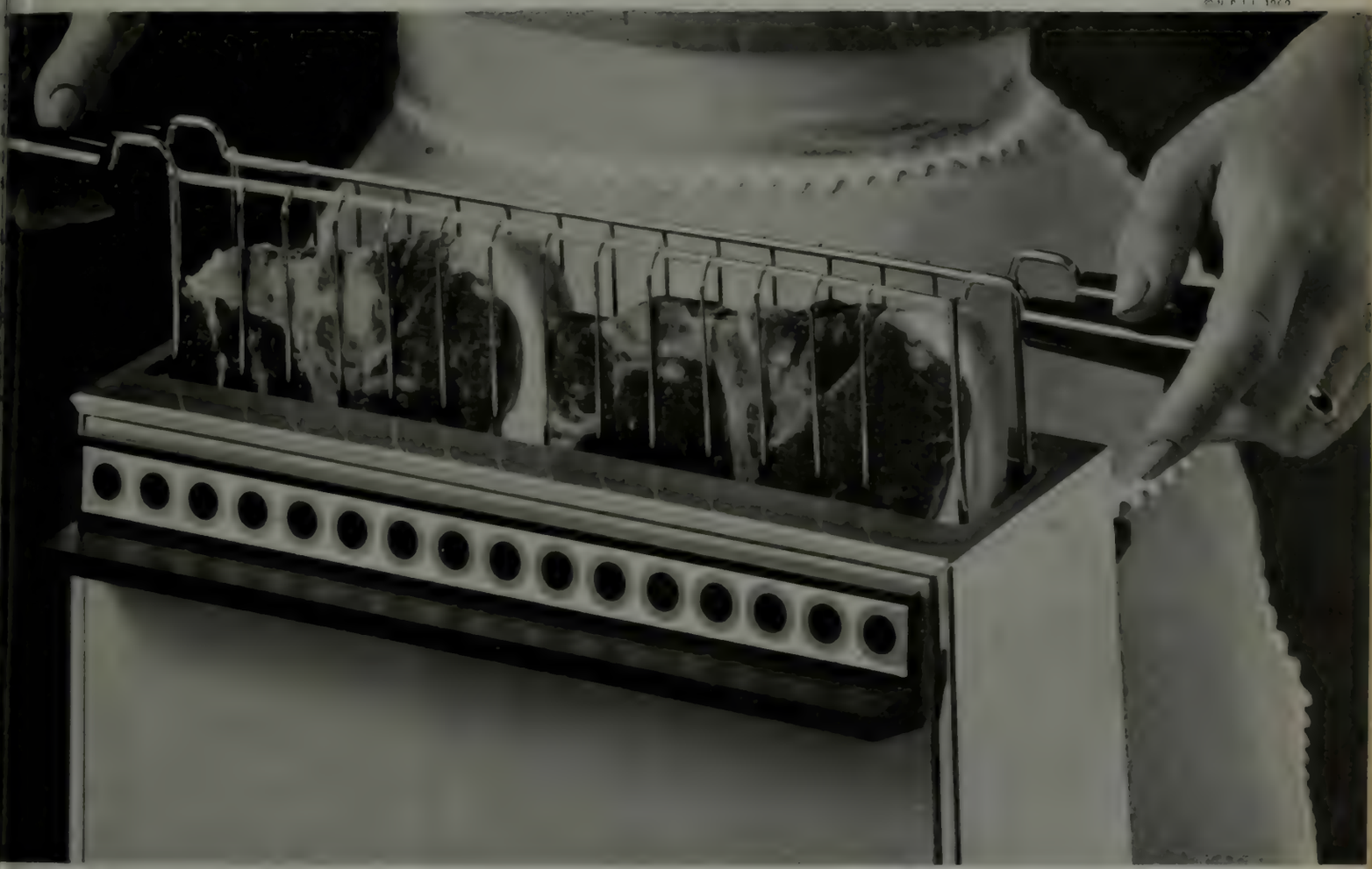

ne first and only vertical broiler. omes apart for easy cleaning. nokeless, too! Now you can broil aks, hamburgers, bacon, even chicken almost half the time. Presto's new Ver- al Broiler browns both sides at once— e a toaster. Seals in natural juices for tter flavor. Grease drips into pull-out tray at bottom. Won't spatter, smoke or burn. It's the cleanest broiler ever. And so compact you can use it at table, patio or anywhere you can plug it in.

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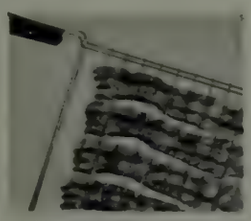

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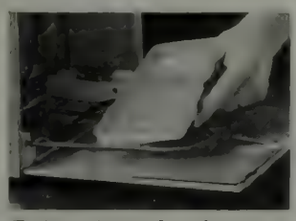

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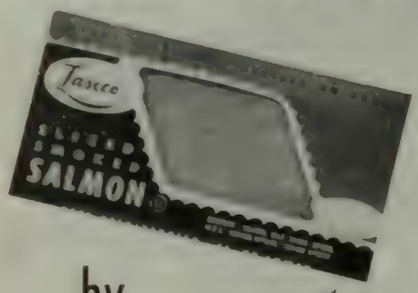

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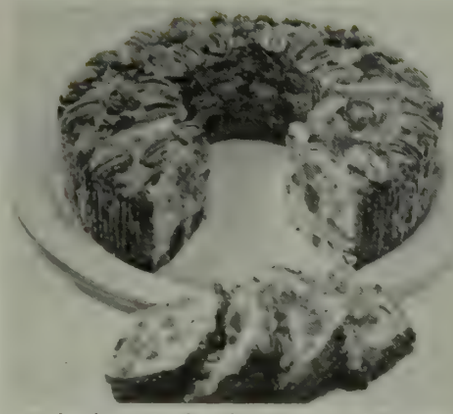

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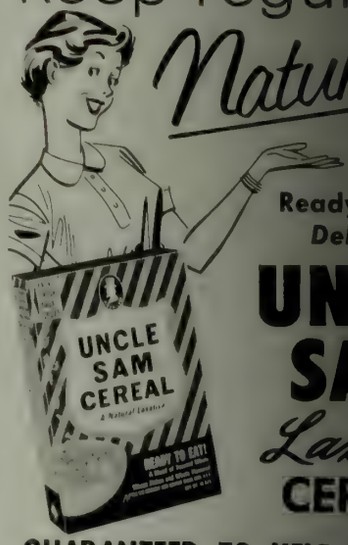

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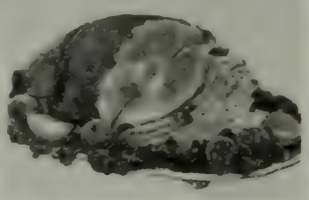

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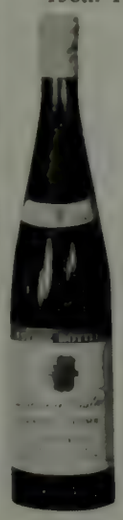

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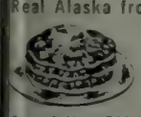

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Blend *shredded Parmesan into cream-sauced combination of pasta, green peas*

Pasta with peas and cheese

The Romans, with their love of the subtleties of pasta, make much of this especially delicate preparation uniting green peas, meat-filled pasta, cream, and cheese. The dish is a delightful first course for a meal featuring a simple roast, or it can be the entrée for a supper or lunch.

You may have to shop Italian delicatessens to find the filled pasta; many supermarket refrigerated cases offer fresh-made noodles which can be used as an alternate.

PASTA WITH PEAS

- 1 package (12 oz.) frozen filled pasta such as tortellini or raviolini, or fresh egg noodles such as tagliarini
- 3 to 4 quarts boiling salted water
- 3 cups freshly shelled peas (takes about 3 lb. peas, shelled) or thawed, frozen petite peas
- 2 tablespoons butter
- ⅛ teaspoon freshly grated nutmeg
- 1½ to 2 cups whipping cream
- 1 egg, beaten
- 1 cup freshly grated or shredded Parmesan cheese
- Additional grated or shredded Parmesan cheese and grated nutmeg

Drop filled pasta or noodles into rapidly boiling water over high heat; do not cover pan. When water resumes boiling, cook filled pastas 10 minutes or noodles 2 minutes, then add the fresh peas and cook 5 minutes longer; if you use frozen peas, cook only 2 minutes, but allow 15 minutes total for filled pasta and about 7 minutes total for noodles. Drain peas and pasta.

In a wide frying pan melt butter, then add nutmeg and 1½ cups of cream. Add peas and pasta and bring to a vigorous boil quickly.

Remove pan from heat and stir in the egg evenly; then mix in the 1 cup cheese. If the mixture is a little thick, add more cream to smooth sauce. Sprinkle with more cheese and a little nutmeg. Serve at once. Makes 4 main dish or 6 first-course servings.

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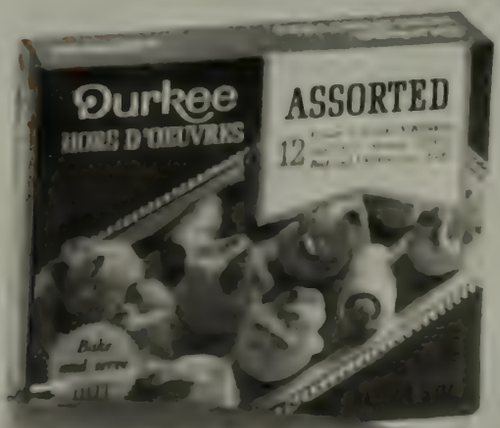

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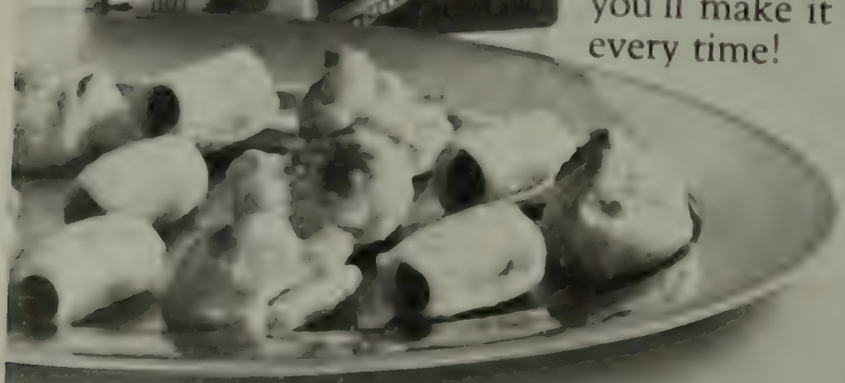

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A showoff steak

Flaming pepper steak, a showoff entré many continental restaurants, is surp ingly easy to duplicate.

***PEPPER STEAK** (Steak au Poivre)*

- 1½ to 2-pound sirloin or top round steak, cut ¾ inch thick
- About 2 teaspoons freshly ground pepper or cracked whole peppers
- 3 tablespoons butter or margarine
- Salt
- 2 tablespoons finely chopped onions or shallots
- ½ cup beef stock (use 1 teaspoon beef stock base plus ½ cup water)
- 2 to 4 tablespoons brandy, Cognac, or Madeira

If you wish, cut the meat into servi sized pieces. You can also use unseaso meat tenderizer as the package directs

Grind pepper from a pepper mill o both sides of the meat to coat ligh (about 2 teaspoons), or press in crack whole peppers. Chill at least 1 hour.

Melt 1 tablespoon of the butter in a la frying pan over high heat. Add meat a sauté quickly, about 4 minutes on a si or until well browned and still sligh pink inside. Season with salt to taste a remove from pan to a hot platter.

Melt another 1 tablespoon butter in pa add the onions, and sauté until golde Pour in stock and boil hard until reduc by half. Add 2 tablespoons of the brand Cognac, or Madeira, and bring back boiling. Add remaining 1 tablespoon bu ter and stir until blended; then spoo over steak. If you wish, warm 2 tabl spoons brandy in a metal cup, ignite, a spoon flaming over the meat at the tabl Makes about 4 servings.

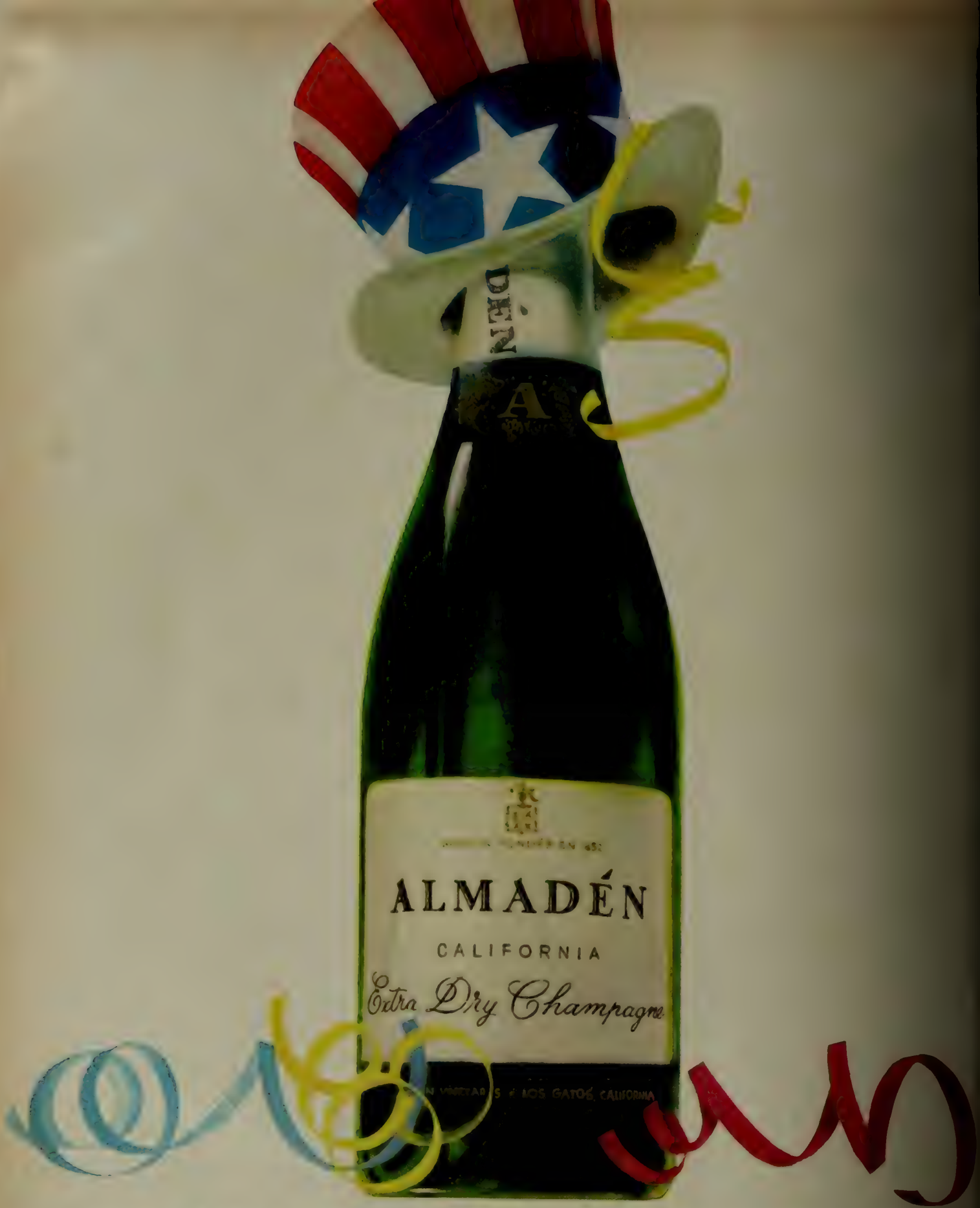
Snow's serves up two great clam chowders.

New England Style ... Manhattan

Purists claim New England style clam chowder is so good just the way it is, it doesn't need any added flavors! Just rich creamy milk — as white as the tangy deep sea clams and hearty potatoes that, subtly spiked with spices, make chowder so uniquely scrumptious. Next time you buy clam chowder try a Yankee accent. Look for Snow's and taste what pure New England is all about.

The tang of tomatoes adds a special gusto to clam chowder, Manhattan style. Lavished with zesty, tender clams and laden with munchy potatoes, every spoonful is a savory treat. And condensed Manhattan is a cinch to prepare — just add water, heat and enjoy! May we suggest you strut right up to your grocer this week and tell him, "Make mine Manhattan." *Try both; they could change your mind about the East.*

Borden Inc. — Foods Division
Snow Food Products



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Almadén Champagne has been served at every Presidential Inaugural Ball since 1952. The win ticket: Extra Dry. Brut. Pink. Rosé. Sparkling Burgundy. All made in the traditional "methode ch penoise." So come to the aid of *your* party...serve Almadén. **Almadén Vineyards, Los Gatos and Paicines, Cal**

DARROW M. WATT

owned chicken pieces *bake in a casserole with apples and spicy sauce to make this child-pleasing main dish for a simple dinner*

OCTOBER MENUS

Here's a chicken dinner, a brunch with ham, a sausage-roll lunch

isp October days and busy fall activity e the signal for Western cooks to plan artier meals.

ere we offer three such menus—a din-r, a soup-and-sandwich lunch, and a unch featuring broiled ham with a spe-al sauce. The menus are simple but sub-antial, and special enough for informal t-togethers. All have the advantage of ing easy to prepare.

Autumn chicken dinner

Centered around a ginger-flavored chicken dish, which can be prepared in advance, this meal goes together quickly after a football game or other afternoon outing. If you're entertaining, you may want to include a hot, clear broth to start the meal, and a more elaborate dessert such as Pumpkin Cheese Pie (see page 170).

Baked Chicken with Apple
Steamed Brown Rice
Buttered Italian Green Beans
Lettuce Wedges Thousand Island Dressing
Toasted Almond Ice Cream

Early in the day you can brown the chicken pieces and arrange them in the casserole with the apple quarters and ginger, then cover and refrigerate. Add the liquid just before baking. While the

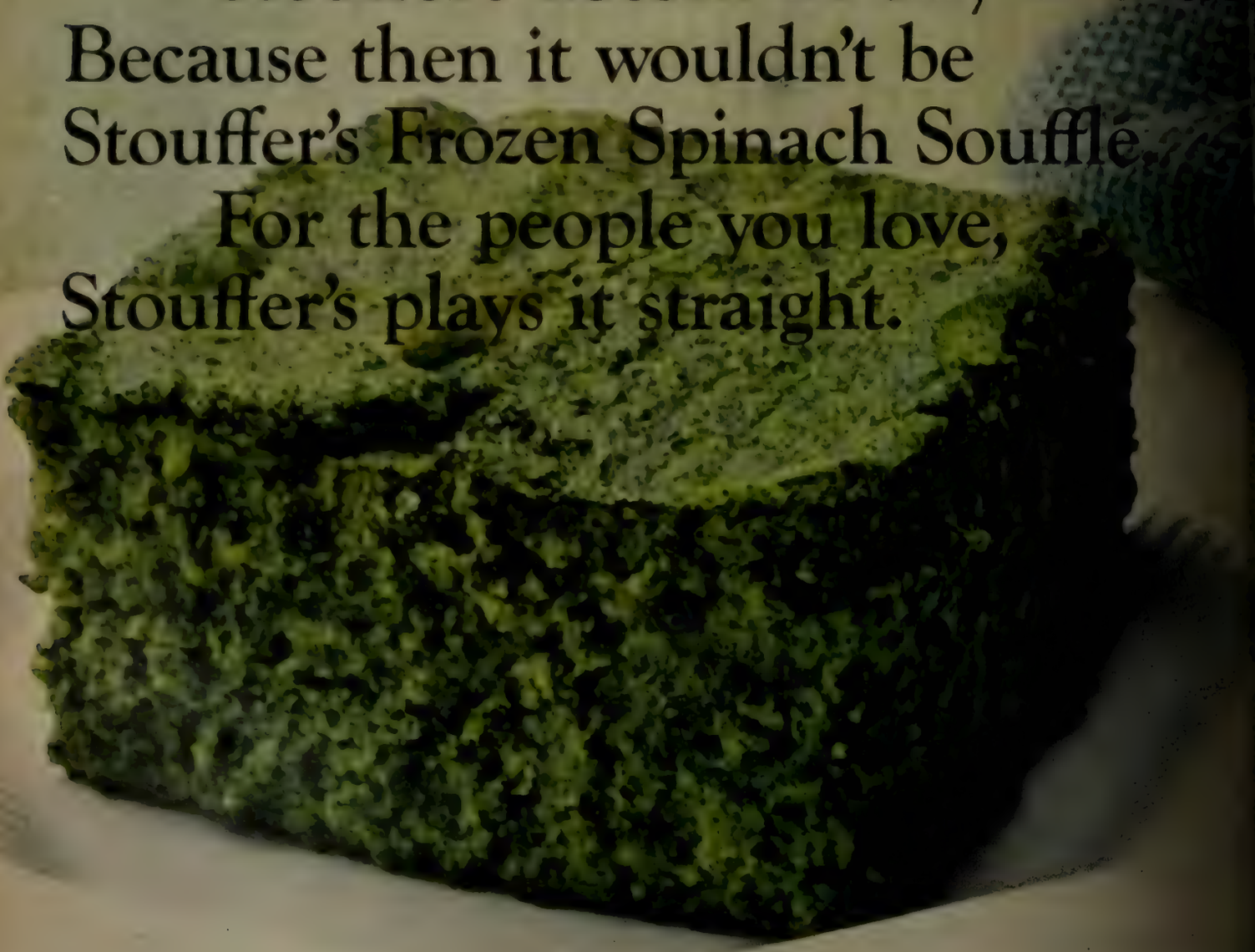
Stouffer's could make Spinach Soufflé with powdered milk instead of fresh.

Or save a few cents buying chopped spinach instead of whole leaf.

Or leave out the egg yolks.

Stouffer's doesn't do any of that. Because then it wouldn't be Stouffer's Frozen Spinach Soufflé.

For the people you love, Stouffer's plays it straight.



Stouffer's

Frozen Prepared Foods

cen is in the oven, you have ample to steam the rice, cook the beans, arrange wedges of iceberg lettuce on ividual salad plates. Pass the dressing ght or homemade).

ED CHICKEN WITH APPLE

- 1 teaspoon salt
- ¼ teaspoon pepper
- ⅛ teaspoon garlic powder
- ½ cup flour
- 3 to 3½-pound broiler-fryer, cut up
- 2 tablespoons each butter and salad oil
- 3 firm cooking apples, peeled, cored, and quartered
- 2 tablespoons sugar
- 2 tablespoons finely chopped preserved or crystallized ginger
- ½ cups dry white wine or apple juice
- ½ cup water
- 3 tablespoons water

plastic bag, combine salt, pepper, powder, and flour. Shake chicken es in flour mixture, shake off any ex- flour, and reserve extra seasoned In a large frying pan, heat butter oil over medium heat; brown chicken s, a few at a time, and transfer to a quart casserole. Add apple quarters n, sprinkle with sugar, and brown ly. Arrange apple pieces around en in casserole; sprinkle with ginger. much may be done ahead; cover and gerate.

before baking, add wine or apple and the ½ cup water to casserole. er and bake in a 350° oven for about ur or until chicken is tender. (If not igerated, bake about 45 minutes.) Us- a slotted spoon, remove chicken and le to warm serving dish; keep warm. d reserved flour mixture with the 3 espoons water into a smooth paste.

r casserole liquid into a saucepan, stir our paste, and cook over medium heat ring, until sauce is bubbly and thick- d, about 5 minutes. Strain sauce to ove bits of ginger, if you wish. Spoon e of the sauce over chicken before ving. Pass any remaining sauce to on over chicken and rice. Serves 4.—*N., San Francisco.*

erman-style sandwich lunch

t and juicy garlic sausages are featured hearty knife-and-fork sandwiches to with a mug of soup for this speedily epared lunch.

Garlic Sausage Sauerkraut Rolls
Dark Mustard
Hot Pea Soup
Green Onions and Radishes

art the sauerkraut mixture first, then at soup and sausages. Use frozen or nned soup or prepare a dehydrated soup ix, unless of course you have homemade up. Dessert isn't essential; you could ave fruit for those who want it.

arlic Sausage Sauerkraut Rolls. Set aside can (1 lb.) sauerkraut to drain well. hop 1 medium-sized onion and 1 small Golden Delicious apple, peeled and cored; cook them in 3 tablespoons melted butter over moderately low heat, stirring occasionally, for about 15 minutes or until onion is soft but not browned. Add the sauerkraut and ½ teaspoon caraway seed; cook until heated through. Cover pan and keep mixture warm.

Meanwhile, drop 6 garlic sausages (knackwurst) into boiling water that covers them and simmer, uncovered, for about 5 minutes to heat through.

Split 6 rectangular French rolls, spread with butter, and broil cut sides until toasted. To assemble sandwiches, mound equal portions of the sauerkraut on bottom half of each roll. Drain and split sausages lengthwise and arrange 2 halves on each sauerkraut-topped roll. Prop roll tops beside sandwiches and serve, passing dark mustard to add as desired. Serve with knives and forks. Makes 6 large sandwiches.

Hearty ham steak brunch

You broil a thick slice of ham, top it with a tangy sauce, and serve it with eggs and toasted English muffins in this robust brunch for a Sunday morning.

Chilled Orange Juice
Glazed Ham Steak with
Buttermilk-Mustard Sauce
Fried or Scrambled Eggs
Butter-toasted English Muffin Halves
Coffee Hot Chocolate

Squeeze fresh orange juice (or reconstitute frozen juice) and butter the English muffin halves, ready to toast just before serving. Tuck the ham steak under the broiler, then prepare the sauce; cover and keep warm while you fry or scramble the eggs. Allow one or two eggs for each person, depending on their appetites.

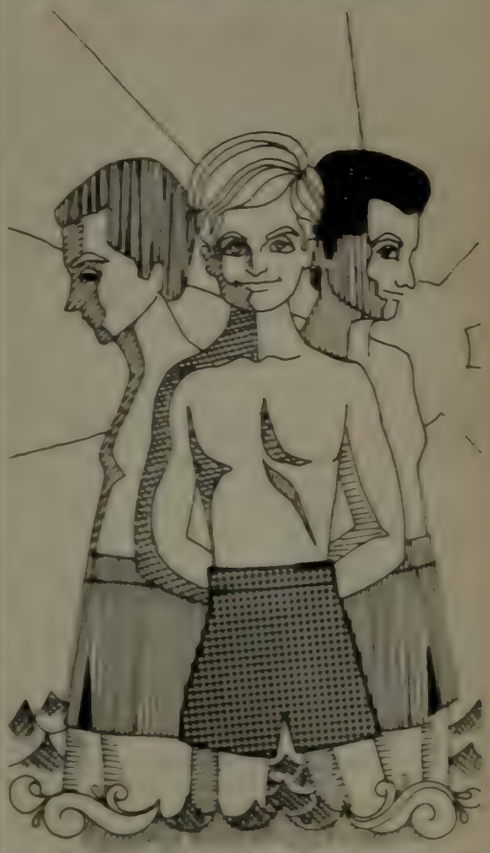
GLAZED HAM STEAK WITH BUTTERMILK-MUSTARD SAUCE

- About 1½ cups buttermilk
- 1 center slice ham, about 1 inch thick
- 1 teaspoon dry mustard
- 1 teaspoon flour
- ⅛ teaspoon pepper
- 2 egg yolks

Generously brush some of the buttermilk on both sides of ham slice. Place on broiler rack and broil slowly, about 6 inches from heat, until heated thorough and well glazed on both sides (about 15 minutes), brushing several times with more buttermilk. Remove to a warm serving platter.

Meanwhile, in a saucepan combine mustard, flour, and pepper. Add egg yolks and mix well until smooth. Slowly add 1 cup of the buttermilk, stirring until well combined. Cook over low heat until mixture thickens, stirring constantly. Do not boil. Pour into a warm serving bowl to spoon over individual portions of ham. Makes 6 to 8 servings.—*I. R., North Sacramento, Calif.*

The end of the swim-party pooper.



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*Less cutting attachments

HOMELITE

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A textron DIVISION

First you get yourself two rab

Tender fryer rabbits, simmered in an and-wine-flavored sauce, are com with vegetables for this make-ahea serole suitable for a company buffe For attractive presentation, the in ents should fill the baking dish to w about ¼ inch of the top.

DEEP DISH HARE PIE

2 fryer rabbits (2 to 2½ lbs. *each*), cut u
½ cup flour with 1 teaspoon salt, dash pepper
2 tablespoons *each* salad oil and butter
1 medium-sized onion, chopped
2 stalks celery, sliced
1 teaspoon grated lemon peel
½ teaspoon *each* thyme and savory
1 whole bay leaf
1 small bottle (⅔ qt.) or about 1¾ cups dry white wine
1 cup water
¾ pound whole small white boiling onions (or 1-lb. can of the onions)
Boiling, salted water
1 bunch carrots, sliced (about 1 lb.)
1 cup sour cream
Salt and pepper to taste
Pastry for a 9-inch pie shell

Rinse rabbit pieces and pat dry; set a livers. Shake remaining pieces, a few time, in a plastic bag with the seaso flour; shake off extra flour and reserv

Heat the oil and butter in a large cove frying pan or Dutch oven and, with crowding them, brown rabbit pieces on both sides. As each piece is brow remove it and set aside. In the pan d pings, sauté the chopped onion abou minutes. Add celery, lemon peel, thy savory, bay, the wine, and water. Ret rabbit to pan, cover, and cook slowly til tender, about 30 minutes.

Cook the small onions in boiling wa until tender, then drain (or drain can onions, if used). Cook carrots until j tender; drain. Set aside vegetables.

Remove cooked rabbit from pan; wh cooled, cut meat from bones. Disca bones and save cooking liquid. In a quart dish, combine meat, livers, a vegetables. This much may be done ahe

Blend the reserve flour with sour cre and stir into cooking liquid; stirring, bri to a boil and cook until thickened. Seas to taste with salt and pepper and m with meat and vegetables in casserole.

Prepare the pastry from your own rec or use a pie crust mix. Roll out on lightly floured board to fit top of cas role; fit in place, making a fluted ed cut vent holes. Bake in a 425° oven un pie is heated through and crust is nic browned, about 20 minutes. Makes abo 8 servings.—*V. H., Berkeley.*

IND QUALITY IN OUR CORNER

TOASTETTES® Pastry-Taster Sweepstakes

Win 2 weeks in Europe's pastry Capitals.

expenses paid by Toastettes, great American Pastry.

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00 second prizes of:
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ur favorite grocery store).

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To enter the TOASTETTES® Pastry-Taster Sweepstakes

al rules

d your name and address, together with a ETTES Toaster Pastry box top or a 3" x 5" of paper on which you have hand printed in block letters, the word "TOASTETTES." nsin and Washington residents send only and address on a plain piece of paper. RCHASE REQUIRED.

l entries to TOASTETTES "Pastry Tasters" stakes, P.O. Box 906, Westport, Connect- 6880. Enter as often as you like. Only one per family will be awarded. Each entry be in a separate, stamped, addressed en- and must be postmarked by November 69, and received before midnight, Decem- 1969. All entries become the property of NAL BISCUIT COMPANY, and none will be ed.

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3. Winners, whose selection shall be final, will be chosen at random by an independent judging organization. All 2,010 prizes will be awarded provided at least 2,010 qualified entries are received. Applicable taxes are the responsibility of the winners.

4. Prizes will be awarded in descending order of value. Winners will be notified by mail no later than 30 days following closing date.

5. The sweepstakes is open to all residents of the U.S. except employees (and their families) of NATIONAL BISCUIT COMPANY, its advertising and sweepstakes agencies. Federal, state and local government regulations apply. Void in Missouri and where prohibited by law.

6. A list of winners may be obtained by sending a stamped, self-addressed envelope to Winners List, P.O. Box 918, Westport, Connecticut 06880.

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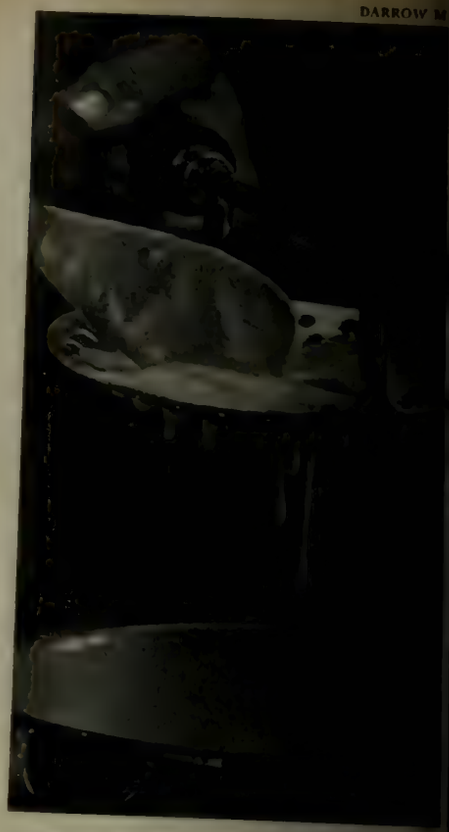
SU

The first year it could have been curiosity. The second year a fluke. The third, a fad. But after four years of outselling all other American premium wines in Europe, maybe it's an endorsement.

PAUL MASSON VINEYARDS, SARATOGA, CALIFORNIA © 1969

How to make and how to use the tiny Spätzle dumplings



Rub *thin batter through perforations a Spätzle maker into boiling salted wa*

Spätzle, those tiny, eggy dumplings indigenous to the cuisine of several mid-European countries, vary according to custom of the cook but not always according to geography.

This version involves dribbling a soft batter through a special perforated tool called a Spätzle machine, mill, or maker. These devices vary in design and are often among the unusual items featured in import cookware shops. You can substitute a slotted cooking spoon, but results are slower. However, only minutes are involved with either technique.

You can make Spätzle ahead and refrigerate or freeze them, then heat in butter, meat juices, or in gravies or soups, or use in the traditional ways that follow. They have an interesting tender-firm texture that is a pleasant change from typical starch dishes such as rice or pastas.

SPÄTZLE

In a medium-sized bowl beat together until very well blended 3 eggs, ½ teaspoon salt, ½ cup water, and 1¾ cups unsifted regular all-purpose flour.

Hold a Spätzle maker or a large slotted spoon several inches above a pan containing about 5 inches of rapidly boiling, salted water. Partially fill the maker or spoon with the batter, and then force it through the holes with a wooden spoon or rubber spatula, breaking up strands as they fall into the water.

When all the Spätzle have returned to the surface (stir if necessary), cook an additional 10 seconds, then skim from the water and drain. Melt 2 tablespoons butter in a pan and mix in Spätzle as they are cooked. Repeat procedure until all the batter is cooked. Spätzle may be reheated with the butter, stirring over moderate heat and served at once; or cool and pack in serving-size packages and refrigerate 3 or 4 days, or freeze for use later.

To serve Spätzle (thaw if frozen), reheat in a little butter, or in meat juices or gravies from roasts or meat dishes, or add to soups. Makes about 3½ cups or 4 to 6 servings.

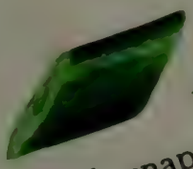
Spätzle with Loose Beef. Chop 2 medium-sized onions and cook in a wide frying pan with 2 tablespoons butter u lightly browned. Remove onion from and add 1 pound ground beef chu cook over high heat, breaking meat ap until it begins to brown. Return onion pan along with 1½ cups Spätzle; stir heat through. Salt to taste. Serve cream to spoon over meat; accompa if you like, with marinated cucumbe sliced tomatoes. Makes 3 to 4 servin

Brown Butter Spätzle. Heat 1 to 2 tab spoons butter in a wide frying pan it just begins to brown. Stir in one h to a full recipe's worth of Spätzle and he through, browning lightly. Serve plai garnish with shredded Parmesan chee minced parsley, or chopped chives.

Spätzle with Hungarian Sauce. Chop large onion and cook slowly in 3 tabl spoons butter until soft. Add 1 seed and chopped green pepper and ½ te spoon paprika. Cook until pepper is lim then add 1 large, peeled, seeded, a chopped tomato and heat through. St in 3 to 3½ cups Spätzle, salt to taste, a heat through, stirring. Serve with pla meats. Makes 6 servings.

Spätzle Supper Eggs. Melt 2 tablespoo butter in a wide frying pan, add 1 cu Spätzle, and cook, stirring, until they ju begin to brown. Beat 4 eggs with 2 tabl spoons water and ¼ teaspoon salt. Po over Spätzle. Cook over low heat, stirri from pan bottom with a wide spatula u til eggs are set as you like. Serve eg with sour cream and accompany, if yo like, with sweet pickles and buttered dar bread. Makes 2 servings.

And you always thought the Giant was on the level.



The Giant is one man who really leans toward better bean flavor. He slices his snappin' fresh beans in bite-sizes and on a slant to expose more of the crisp inner bean. He calls his beans Kitchen Sliced Brand diagonal cut green beans. Which is quite a mouthful. But all you really need to remember is that his snappin' fresh beans are a lot tastier. Try them. You'll lean toward them, too.

© Green Giant Company

Carnation® Instant Breakfast, Carnation Company, Los Angeles, California

hese quick cookies travel well

ies must store and travel well to e good lunch box treats for young- . The two recipes we offer here fill requirement, and they're quick to together. The first is chewy and crisp; second has a more cakelike texture a powdered sugar glaze.

ONUT OATMEAL CRINKLES

- 1 cup butter or margarine
- 1 cup granulated sugar
- 1 cup brown sugar, firmly packed
- 2 eggs
- 1 teaspoon vanilla
- ⅔ cups unsifted regular all-purpose flour
- 1 teaspoon bak'ng powder
- ½ teaspoon each soda and salt
- ½ cups quick-cooking rolled oats
- 1 cup chopped walnuts
- 2 cups shredded coconut

am together the butter and sugars un- ufly. Beat in eggs and vanilla. Sift to- er flour, baking powder, soda, and . Blend into creamed mixture. Mix in d oats, nuts, and coconut. Drop by nded teaspoonfuls about 1½ inches rt on a greased baking sheet; press flat rounds about ¼ inch thick with s of a fork. Bake in a 375° oven for o 12 minutes or until lightly browned. kes about 8 dozen cookies.—*C. H., oe City, Calif.*

PLE COOKIES

- ½ cup butter or margarine
- ⅓ cups brown sugar, firmly packed
- 1 egg
- 2 cups unsifted regular all-purpose flour
- 1 teaspoon soda
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ½ teaspoon ground cloves
- ½ teaspoon nutmeg
- ¼ cup apple juice or milk
- 1 cup finely chopped peeled apple
- 1 cup raisins
- Apple glaze (recipe follows)

am butter and sugar together until ly; beat in egg. Sift flour with soda, , cinnamon, cloves, and nutmeg. Add reamed mixture alternately with apple e. Fold in chopped apple and raisins. p by level tablespoonfuls on a well ased cooky sheet. Bake in a 400° oven about 10 minutes, or until lightly wned. Remove from cooky sheet and ad with apple glaze while still slightly m. Makes about 4½ dozen cookies. *D. P., Edmonds, Wash.*

ple Glaze. Cream together 2 table- ons soft butter or margarine and 1½ s sifted powdered sugar. Beat in ¼ spoon vanilla, dash of salt, and about tablespoons apple juice or milk to ke a good consistency for spreading.

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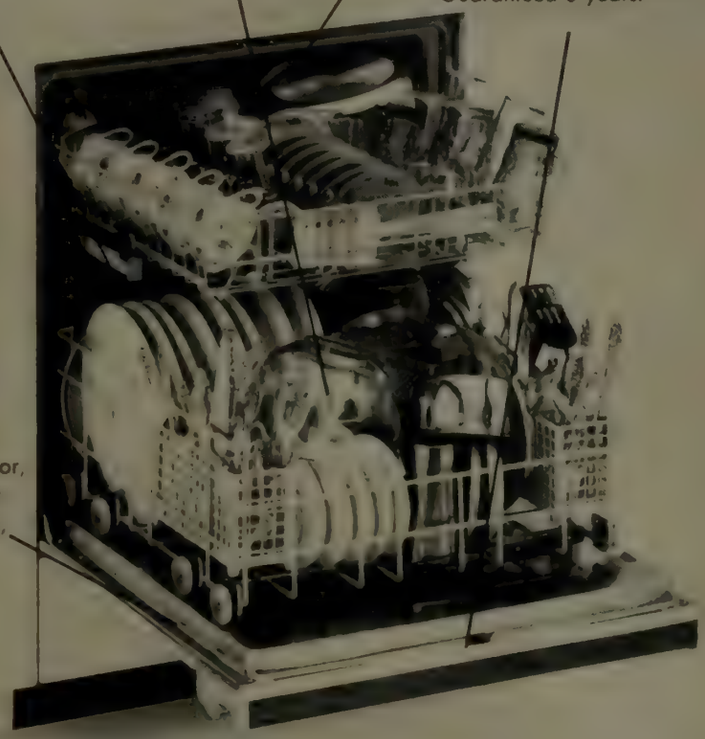

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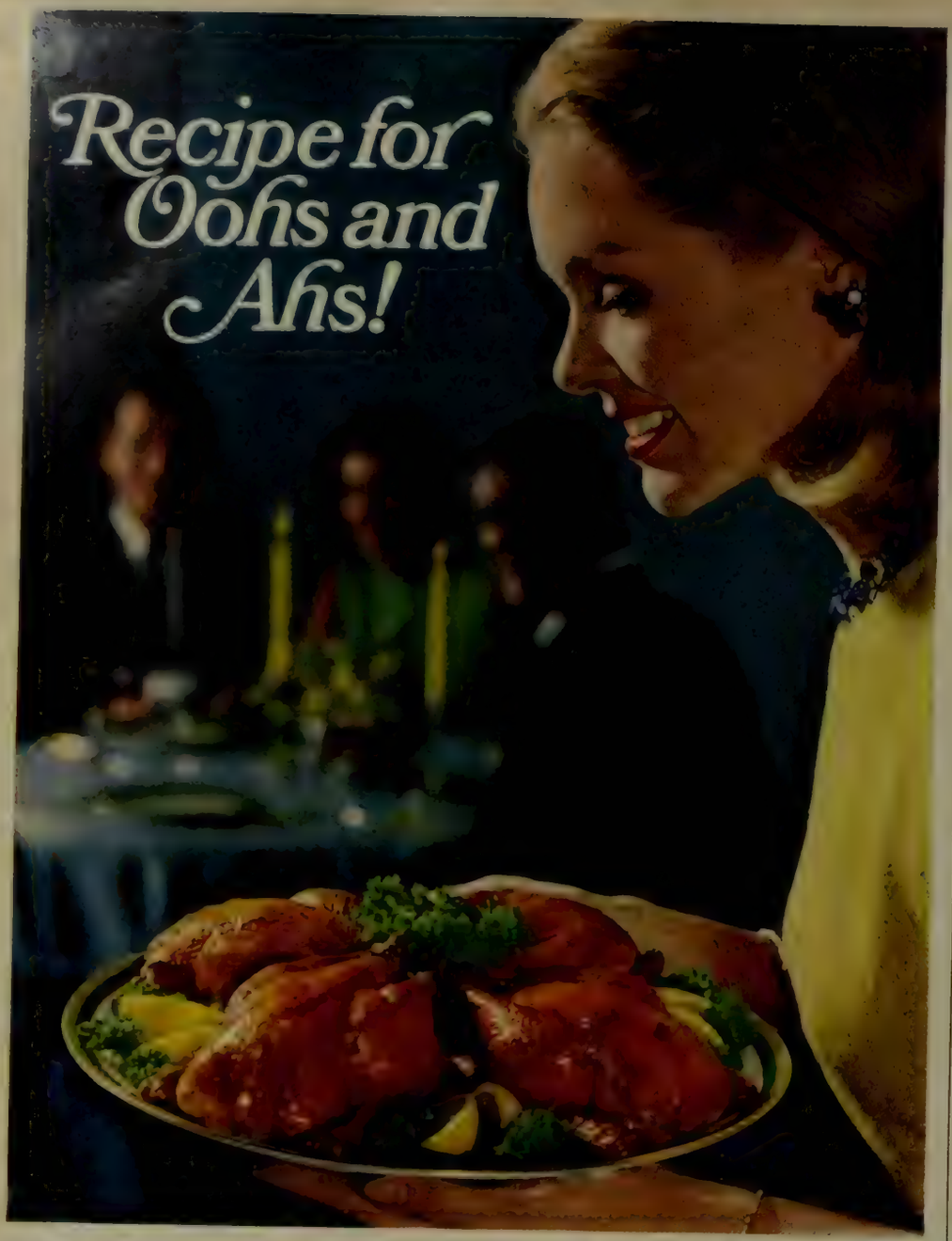
Recipe for Oohs and Ahs!



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Easy recipes for special parties and family meals, too. Write Tyson's Pride, Dept. S-109, P.O. Box 61 Hempstead, N.Y. 11551

ROCK CORNISH GAME HENS SUPREME

6 Tyson's Pride Rock Cornish Game Hens

½ pint sour cream
¼ teaspoon lemon juice
Salt and pepper

Put lemon juice into cream, stirring well. Preheat oven to 400°F. Remove giblets from thawed birds and put aside to use another day or in gravy. Salt and pepper birds well on outside. Place on backs in large shallow pan and brush with butter. Cook covered for 45 minutes. Uncover and brush with sour cream, pour remainder of cream over them and cook, uncovered, for 15 minutes. Baste about every 5 minutes. Make gravy from drippings.

DARROW

Hot, fried doughnuts *from a make-a yeast dough that keeps in the refrige*

Fresh doughnut . . . trick or trea

Sugar-coated doughnuts, freshly m from yeast dough, are sure to pl young Halloween trick-or-treaters.

REFRIGERATOR YEAST DOUGHNUTS

- 1 cup (½ lb.) butter or margarine
- ¾ cup sugar
- 1 teaspoon salt
- 1 cup boiling water
- 1 package yeast, active dry or compresse
- 1 cup warm water (lukewarm for compressed yeast)
- 2 eggs, slightly beaten
- 7 cups unsifted regular all-purpose flour
- Salad oil for frying
- ½ cup sugar

Combine butter, the ¾ cup sugar, salt in a large bowl; pour in boiling w and stir until butter is melted. Set a to cool. Dissolve yeast in warm wa then pour into cooled butter mixture. in eggs. Add flour, one cup at a time, m ing well after each addition. Dough be soft and somewhat sticky. Turn i a clean bowl, cover, and refrigerate ov night or as long as a week.

On a floured board, roll out half of dough at a time to about ¼-inch thi ness. Cut out doughnuts with a 3-i doughnut cutter; lift out holes and k separated on the board. Let rise unc ered about 1 hour, until almost double

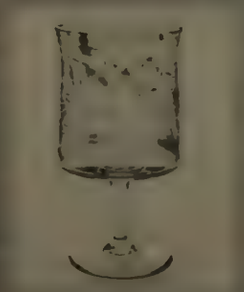
In a small pan or electric frying pan, h about 2 inches of oil to 375°. Drop rounds, a few at a time, and fry, turni until golden brown on both sides (abo 3 minutes). Lift from fat with a two-ti fork thrust through the hole. Drain paper towels. Fry holes the same w reducing time to about 2 minutes; from fat with a slotted spoon.

Put the ½ cup sugar in a plastic Shake doughnuts in sugar to coat eve Makes 3 dozen *each* doughnuts and ho

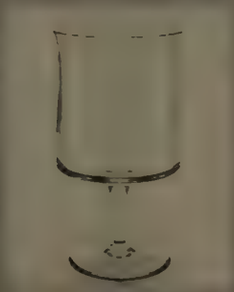
The first dishwasher detergent for dry-hards.

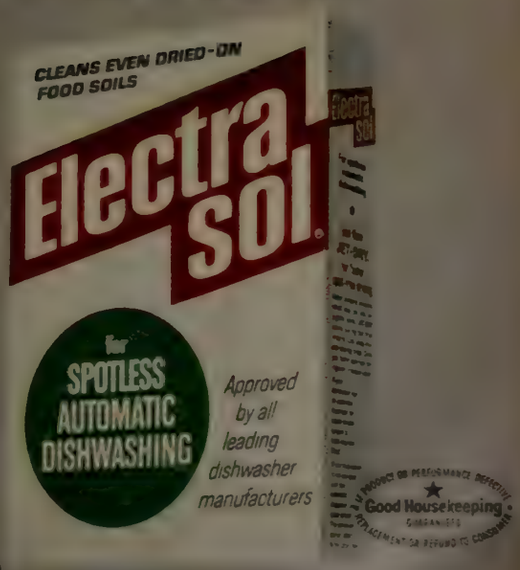
y-Hards are tough-to-clean foods—like chocolate pudding, eggs, tmeal, sauces—that dry and cake and stick. And stick. nd stick. To plates. On forks. Filming glasses. Electrasol, fortified with % more active cleaning ingredients than other leading dishwasher tergents, really removes Dry-Hards. Lets your dishwasher give u cleaner, brighter, film-free dishes.

st proves fortified ctrasol's superiority a nst Dry-Hards. Dest glass with Dry-Hard ste of chocolate pudg that was baked on 12 minutes at 330°F, ne out looking this way en washed in another ing dishwasher degent.



Identical Dry-Hard dessert glass—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.





ECONOMICS LABORATORY, INC., St. Paul, Minnesota

One good answer always is chicken

When the question arises of what to fix for dinner, one good answer is chicken. The tender chickens available now are convenient and inexpensive, and cook quickly. Because chicken takes so well to a variety of seasonings, families don't tire easily of having it for dinner. Here are four easy-to-prepare main dishes, each seasoned quite differently.

After you brown these chicken pieces in a frying pan, they simmer briefly until tender in a slightly sweet and tangy sauce.

CHICKEN SAUTÉ

- 1 large broiler-fryer chicken (3 to 3½ lbs.), cut up
- 1 teaspoon salt
- ½ teaspoon pepper
- 3 tablespoons salad oil
- 6 medium-sized green onions, including most of the green tops, sliced
- 1 large carrot, thinly sliced
- ¼ teaspoon whole thyme, crushed
- 1 cup apple juice
- 1 can (8 oz.) tomato sauce
- 1 tablespoon flour

Wash chicken and pat dry. Sprinkle pieces with salt and pepper. In a large frying pan, heat oil over medium high heat; sauté chicken until brown on all sides. Add the green onion (reserve some of the chopped tops for garnish), carrot, thyme, and apple juice. Cover the pan and simmer for 20 to 25 minutes, or until the chicken is tender.

Remove the chicken pieces to a warm serving platter, at least ½ inch deep, and keep warm. Blend the tomato sauce into the flour until smooth; stir into the pan juices. Bring quickly to a boil, stirring, until the mixture is thickened. Spoon sauce over chicken. Garnish with the reserved onion tops. Makes about 4 servings.—*I. S., Compton, Calif.*

Great pots of this special chicken dish were made years ago for Sacramento Valley harvest workers by a good cook who brought her Sicilian ways of cooking with her when the family settled in California. The recipe has been changed and updated through the years, but retains the fine Italian flavor. Served with rice, it makes nearly a complete meal.

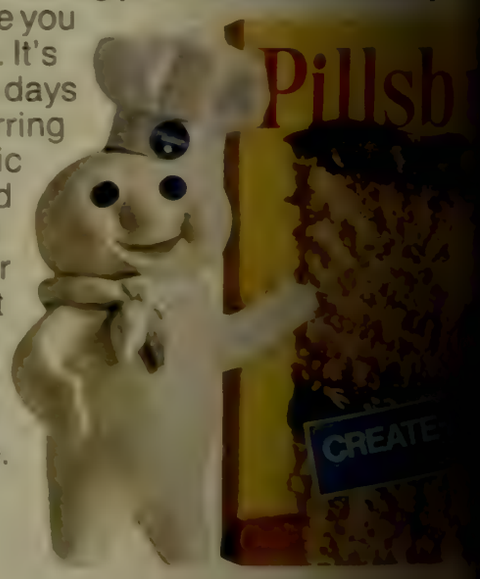
CHICKEN AND VEGETABLES

- 2 broiler-fryer chickens (about 2 to 2½ lbs. each), cut up
- ½ cup flour
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 1 teaspoon fine herbs (or ¼ teaspoon marjoram, oregano, rosemary, and thyme)
- ½ cup salad oil or shortening
- 1 large onion, sliced
- ½ pound fresh mushrooms, sliced
- ½ green pepper, seeded and sliced
- 3 stalks celery, sliced diagonally
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- ½ cup dry white wine or water
- 1 teaspoon chicken-stock base or 1 chicken bouillon cube
- 1 bay leaf
- Hot cooked rice (optional)

Wash the chicken pieces and pat dry with paper towels. Combine in a plastic bag the flour, salt, pepper, and herbs. Add chicken pieces, a few at a time, until coated with flour; reserve excess flour. Using an electric frying pan, another large frying pan, or a Dutch oven, heat the oil and brown in about half the chicken pieces, turning until nicely browned on all sides. As pieces are browned, set aside; continue frying until all the chicken is brown. To the drippings that remain in the pan add the onion and mushrooms, sauté until golden brown, add flour mixture in the bag, and stir to blend. Add the tomatoes, pepper, celery, liquid drained from

At last! A cake mix that for improvement

Pillsbury Create-A-Cake Mix! The first cake mix specially made to be creative with smashing success. Now you can add just about anything you can think of to Pillsbury batter—including your favorite Pillsbury Fudge Mixes—to make every cake you bake your own creation. It's easy. It's fun. (And on days when you don't feel like stirring up a storm, just follow basic package directions.) You'll find suggestions on the package and on tear-off pads at your grocer's. Enter your most creative recipe ideas in the Pillsbury Bake-Off. See entry details in the Bake-Off Recipe Book in this issue.



atoes, wine or water, chicken stock , and bay leaf; stir together lightly. nge chicken on top of vegetables in pan, distribute tomatoes among the ken pieces, reduce heat, cover the pan, simmer gently until the chicken is er, about 20 to 30 minutes. Remove leaf.

e directly from the electric frying or transfer the chicken and vege- s to a serving dish. Serve with rice, u wish. Makes 6 to 8 servings.—*E. S., eley.*

nteresting combination of curry with other spices flavors these chicken ters, and they develop a rich brown e while they oven-fry.

Y OVEN-FRIED CHICKEN

- 1 large broiler-fryer chicken (3 to 3½ lbs.), quartered
- ½ teaspoon salt
- 6 tablespoons butter or margarine
- 2 teaspoons Worcestershire
- 2 teaspoons curry powder
- 1 teaspoon whole oregano, crumbled
- ½ teaspoon dry mustard
- ½ teaspoon garlic powder
- ¼ teaspoon paprika
- 3 dashes liquid hot pepper season'ng
- 1 chicken bouillon cube or 1 teaspoon chicken stock base

h chicken pieces and pat dry. Sprin- with salt and arrange, with skin side n; in a 9 by 13-inch baking pan.

In a small saucepan, melt the butter, then blend in Worcestershire, curry powder, oregano, mustard, garlic powder, paprika, liquid hot pepper seasoning, and the bouillon cube or chicken stock base. Brush the sauce generously over the chicken pieces. Bake, uncovered, in a 375° oven for about 20 minutes.

Turn the chicken pieces, skin side up, again brush them generously with the butter mixture, and continue baking until the chicken is tender and nicely browned, about 40 to 50 minutes total baking time. Baste once or twice more with the butter mixture, using it all by the time the chicken is done.

Remove the cooked chicken to a warm serving platter and drizzle with the butter sauce from the baking pan. Makes 4 servings.—*P. B., Bellevue, Wash.*

One reader experimented with a special Serbian seasoning for pork, reported on page 198 of the October 1968 *Sunset*, and discovered that the flavors work beautifully with chicken as well. To use in this chicken recipe, we've reduced the amount of pepper called for in the original seasoning blend. There is a subtle but unmistakable flavor of fennel.

Egg yolks thicken the pan juices to make the sauce that's served over this quick-to-make chicken dish.

CHICKEN WITH SERBIAN SAUCE

- 6 to 8 *each* chicken thighs and drumsticks (about 2½ lbs.)
- 1 tablespoon Serbian Seasoning (recipe follows)
- 3 tablespoons butter or margarine
- 2 cloves garlic, minced
- ¾ cup dry Vermouth or Sherry
- 2 egg yolks
- 2 tablespoons lemon juice

Pat the chicken pieces with the Serbian Seasoning. Melt butter in a large frying pan and brown chicken in it, turning to brown both sides. Sprinkle with garlic, cover, and simmer over low heat for 20 minutes, or until chicken loses its red juice when pierced to the bone. Transfer to a serving dish and keep warm. Pour Vermouth into the pan juices and boil until the liquid is reduced to about half its original volume.

Place egg yolks in a small saucepan and beat with a wire whisk until light. Beat in the lemon juice. Slowly pour in the hot pan juices, stirring constantly. Place over very low heat and cook, stirring, until sauce is thickened. Spoon over chicken. Makes about 6 servings.

Serbian Seasoning. Place in a blender container ¼ cup fennel seed, 3 tablespoons salt, 2 tablespoons sugar, and 1½ teaspoons *each* white pepper and coarsely ground black pepper. Whirl until coarsely crushed. Store covered.

eaves plenty of room

Fudge Ripple Cake

- 1 package (17 oz.) Pillsbury Yellow Cake Mix
- 1 package (12½ oz.) Pillsbury Fudge Frosting Mix
- 2 tablespoons butter or margarine, softened
- spoons lukewarm water

re cake mix as directed on ge. Pour half of batter into d and floured 13 x 9-inch prinkle 1½ cups dry frosting enly over batter; cover with ng batter. Bake at 350°F. for minutes or until done. Cool ompletely in pan. To frost: remaining frosting mix, butter ater. If necessary, add more a few drops at a time, until g spreads easily.

Topsy-Turvy Pineapple Cake

- ¼ cup brown sugar
- 2 cups Pillsbury Yellow or Pineapple Cake Mix
- 1 egg
- ⅔ cup pineapple juice or water
- 5 pineapple slices, drained
- 5 maraschino cherries
- ½ cup firmly packed brown sugar

Grease 8 or 9-inch square pan. Sprinkle ¼ cup brown sugar on bottom. Combine cake mix, egg and pineapple juice, blend and beat as directed on package. Pour into pan. Arrange pineapple slices and cherries on batter. Sprinkle with brown sugar. Bake at 350°F. for 30-35 minutes or until done. Invert immediately on serving plate. Let stand 5 minutes before removing pan.

Cherry Crumble Squares

- 1 package (17 oz.) Pillsbury Yellow Cake Mix
- ¼ cup butter or margarine, melted
- 2 eggs
- 1 can (1 lb. 5 oz.) cherry pie filling
- 1 package Pillsbury Coconut Almond or Coconut Pecan Frosting Mix
- 2 tablespoons butter or margarine, melted

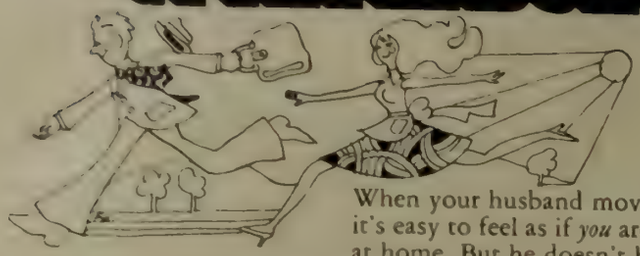
Combine cake mix, butter and eggs until dry ingredients are well mixed. Pat into 13 x 9-inch pan; grease on bottom only; top with cherry filling. Combine frosting mix with butter; sprinkle over cherries. Bake at 350°F. for 30-35 minutes. Cool and cut into squares.

Easy Cheesy Lemon Bars

- 1 package (17 oz.) Pillsbury Lemon Cake Mix
- ½ cup butter or margarine, melted
- 1 egg, slightly beaten
- 1 package (13½ oz.) Pillsbury Lemon Frosting Mix
- 1 package (8 oz.) cream cheese, softened
- 2 eggs

Combine cake mix, butter and 1 egg. Mix with fork until moist. Pat into 13 x 9-inch pan; grease on bottom only. Blend frosting mix into cream cheese. Reserve ½ cup of cheese and frosting mixture. Add 2 eggs to remaining frosting mixture. Beat 3 to 5 minutes. Spread over cake mixture. Bake at 350°F. for 30-40 minutes. Cool; spread with reserved frosting mixture.

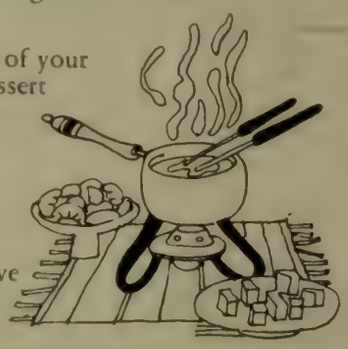
WHY LET YOUR HUSBAND GET AHEAD OF YOU?



When your husband moves up in his job, it's easy to feel as if *you* are standing still at home. But he doesn't have to leave you behind. Hold down those little feelings of insecurity and make his success your incentive! Women who work envy you your creative free time at home. Use it to advantage, and you'll *both* be successful!

Can you compete with the chefs? When your husband has a fancy business lunch at noon, your dinner has a hard act to follow. Take the challenge and improvise! Accompany your fish or steak with these lemon-sharp Potato Buds. Make as the package directs for 4 servings but use only ¼ cup milk, stirring in 1 teaspoon grated lemon peel and 2 teaspoons lemon juice with the Potato Buds. Spotlighting the main course with the perfect side dish is a secret the good chef uses!

His boss is coming to dinner! And you've been busy with a project of your own. Well, here's an easy, elegant dessert that would even impress a Chairman-of-the-Board: FUDGE FONDUE—You'll need one can Betty Crocker Chocolate Ready-to-Spread Frosting, ½ teaspoon vanilla, ¼ teaspoon almond extract. Heat in a saucepan over low heat, stirring frequently. Serve in a fondue pot, and let your guests dip chunks of cake and fresh fruit.



"I have to work late tonight, honey." Don't let your resentment show. He's probably as disappointed as you are. Tell him you'll look forward to an intimate, late supper for two. You can make it a *plus*. Perk up the waiting meal with warm, homemade cake—mixed in the blender in just 30 seconds! You'll find the recipe in specially marked sacks of Gold Medal Flour.

The sleeping beauties—Or "What's Your Crystal Cake Plate Doing in the Attic?" You're both moving up in the world, and you're entertaining more. So, we've written a new booklet, "Entertaining Happily Ever After," and it's full of recipes and ideas for using all the lovely appliances and serving pieces you've had stored away since your wedding. For your free copy write Betty Crocker, Box 94D, General Mills, Inc., Minneapolis, Minn. 55460. Offer expires January 30, 1970.

Build small successes every day. You can tuck little pockets of free time into your routine when you rely on buttermilk-rich New Bisquick—in markets everywhere beginning this month. You'll want to try all 280 recipes in our *So Quick With New Bisquick Cookbook.* The package tells how to order yours. And, for party-perfect, timesaving muffins, we have two new mixes for you to try: Betty Crocker Sunkist® Lemon and nutty Butter Pecan. Both "finishing-touch" flavors for your Fall menu ideas.

Always remember—It takes *two* successful people to make one successful marriage.

Yours, Betty Crocker
OF GENERAL MILLS

DARROW

Split muffins *with fork, spread with ter and toast; serve with jam or h*

Sourdough Engl muffins . . . quick

This quick version of sourdough En muffins requires only one rising, ena you to prepare them before a leis brunch. You'll need a sourdough st You can use a commercial mix, or co the *Sunset Cook Book of Breads* fo structions for making your own.

QUICK SOURDOUGH ENGLISH MUFF

- 1 cup sourdough starter
- ¾ cup buttermilk
- About 2½ cups unsifted regular all-purpose flour
- 6 tablespoons yellow cornmeal
- ¼ teaspoon salt
- 1 teaspoon soda

Stir together starter and buttermilk blended. In another bowl, mix toge 2½ cups flour, 4 tablespoons of the c meal, salt, and soda; add to the bu milk mixture and stir to combine. with spoon and then hands. Turn on floured board and knead until dough longer sticky (about 2 minutes), ad more flour as needed.

Roll out dough to a ⅜-inch thickn Use a 3-inch cutter (we used a 7-oz. can with ends removed) to cut 12 muf Place muffins on a sheet of waxed pa which has been sprinkled with 1 ta spoon of the cornmeal; sprinkle rem ing cornmeal over top. Cover and let in a warm place 45 minutes or until pu

Bake muffins on a lightly greased elec frying pan preheated to 275° or a l heavy frying pan over medium low h Place rounds 1 inch apart and cook minutes, or until puffed and brown turn and bake 10 minutes more or nicely browned. Cool on racks. Make

Kitchen carpets have to be practical. Masland made them practically elegant.

The typical kitchen carpet would be a lot more at home in an office building. Or maybe in somebody's garage. Because, frankly, that's what it was made for. Neither rain nor sleet nor chicken soup could penetrate that formidable surface. But alas, the typical kitchen carpet has a face that only a carpet salesman could love.

So Masland created the Un-Typical Kitchen Carpet of DuPont nylon—carpets with enough color and style to stand up to paisley refrigerators and vinyl-covered walls.

Galore, shown here, is only one of four shags Masland makes of DuPont filament nylon, certified "501". They're all wear-resistant and spot resistant. Spills clean up easily.

All four are as practical as a kitchen carpet should be.

And as elegant as a kitchen carpet can be.

Masland creates The Un-Typical Kitchen Carpets. They're practically elegant.

THE

Western Kitchen

NEWS AND IDEAS

A new kind of flush-mounted wall fan now available doesn't look like the usual exhaust fan. All you see on the wall is a 13 by 17-inch beveled aluminum frame around a 10 by 14-inch flat aluminum center panel. Air is drawn out through concealed intake openings between the frame and center panel, then exhausted through the wall to the outside. The center panel can be painted or covered with wallpaper to match the wall. Even the metal frame can be painted so the whole unit all but disappears.

The fan moves 200 cubic feet of air per minute, and the unit can be concealed in an outside wall 5 to 10 inches thick. It sells for about $40. At additional cost you can get an aluminum mesh grease filter, recommended if the fan is located in the kitchen.

DARROW M. W

Circular island for many uses

Since this circular island has no back or front, you work anywhere around It doesn't have casters but can be easily moved to wherever needed in t kitchen. It was designed and built by the owner, Jack Erickson, San Francis

Tiles protect wall from spatter

A wall covering of 1-inch tiles adjacent to stacked ovens makes it easy to wipe off cooking spatter. Design by Mayta and Jensen, for Mr. and Mrs. George Skou, San Francisco.

Kitchen message center

Double-duty cabinet doors above a kitchen desk: Left one is faced with tackboard, right with chalkboard. The architect was Edla Muir for Mr. and Mrs. Daniel B. Ullman, West Los Angeles.

RICHARD FISH

For more ice cubes

For about $15 you can buy two ice cu ejector trays and an insulated holding b with the convenience of a semi-automa ice maker. The bin fits in the freezer co partment.

SUNSE

The Counter That Cooks™

A bit of tomorrow you can have today.

Cooking in the 70's

This is what cooking in the 70's will be like. Counterspace™ Cooking. On The Counter That Cooks.

But make no mistake, it's here today. From Corning. And it's a rangetop as practical as it is beautiful.

As you can see The Counter That Cooks has no coils, burners or grease traps. In fact, no crevices or ruts at all. It's easy to clean up because there's nothing to take apart or clean under.

And like any counter, a damp cloth cleans off most spills and spatters.

Turned on, you cook on a flat, Pyroceram® surface that gives you four thermostatically-controlled cooking areas.

The Counter That Cooks comes with a complete set of Pyroceram Cookmates. They're flat and polished to make perfect contact with the cooking surface.

This means that on any of the electric cooking areas, the heat is so even you may never use a double boiler again.

Your Corning appliance dealer invites you in to see The Counter That Cooks demonstrated. If you'd like more information before visiting him, contact Department 110, Corning Glass Works, Corning, N.Y. 14830.

You're invited to see the fine new homes by Leggett Company-Builder in the following Northern California communities. The Counter That Cooks is featured as standard equipment. *Imperial Bay*, Half Moon Bay; *Sharon Heights*, Menlo Park; *Leggett Company*, Foster City.

Counterspace™ Cooking by CORNING

This may be the best way in the world to serve

FLAV-R-PAC

green beans!

GREEN BEANS SUPERB

FLAV-R-PAC Green Beans . . . one package, one can, or two cups from poly bag. One can Cream of Mushroom Soup. One 2 oz. can of Mushrooms (optional).

Heat Canned Beans and drain or cook frozen beans as directed on package and drain. Add approximately ⅔ can Cream of Mushroom Soup and Mushrooms. Mix with fork and bring to simmer. Serve promptly.

YOU'LL SEE THIS U.S.D.A. FANCY SHIELD ON FLAV-R-PAC

FLAV-R-PAC GREEN BEANS

FLAV-R-PAC Cut GREEN BEANS

FLAV-R-PAC Cut GREEN BEANS

DARROW

Boned chicken breast, *pounded so th can see through it; sauté for new*

First you poun your chicken

The simple mechanical technique of p ing turns chicken breasts and thigh a new kind of meat dish. The meat in just a minute or two and is reman tender, with great similarity to veal we season it very delicately, bu sauce you might choose for sautéec could be spooned over at serving tim

CHICKEN SCHNITZEL

For each serving allow about ½ chicken breast (1 small or ½ large breast) or 2 thighs. Bone and sk breasts are whole, cut in halves.

Place pieces of meat on a large sh waxed paper (or do a few pieces time), arranging 5 or 6 inches apart. er with waxed paper and pound firmly with a flat-surfaced mallet each piece is 2½ to 3 times larger Occasionally you will need to re paper as it tears. Take care to breaking meat apart with uneven b

Gently ease chicken from paper. Co once or transfer to fresh waxed p laying out smoothly; wrap and chi

To season, sprinkle lightly with salt can also dust sparingly with a crun dried herb such as basil, sage, dill oregano, or marjoram; seasoned pe or seasoned salt (omit plain salt).

To cook, melt only enough butter or garine in a frying pan to coat bot Over high heat cook chicken wit crowding just until edges turn light and cook until meat changes from pi white on all sides and begins to b lightly; takes 1 to 1½ minutes. Add ter to pan when needed to prevent ing, but in small quantities becau burns if used too generously. Keep warm as cooked. Accompany with wedges to squeeze over if desired.

Quick! Cover up a naked Swede.

This is Swedish Bread. Crisp.
Made in Sweden from whole grain rye which makes it far healthier than most other breads.
Wasa Ry-King.
It arrives here in America naked so you can have the fun of dressing it up.
Simply. With butter or cheese or any favorite spread.
Elaborately. With cocktail dips and favorite delicacies.
Wasa Ry-King makes everything taste a little better—from anchovies to zucchini.

Make a quick 50¢

Mail this coupon with the complete front panel from any two packages of RY-KING (Light Rye, Brown Rye Thin or Medium, Whole Wheat). We'll send you a check for 50¢.

Mail to:
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(Offer limited to 50¢ per family.)

name . . . . . .

address . . . . . .

Wasa Ry-King: The lean, tan, healthy *crisp*bread from Sweden.

Dressing for fall with Lindsay Ripe Olives

1 cup mayonnaise, 1 teaspoon paprika, ¼ cup catsup,
2 tablespoons vinegar, ¼ cup almonds, diced, ½ cup finely chopped celery,
½ cup sliced Lindsay pitted Ripe Olives, 1 tablespoon minced onion,
2 teaspoons minced parsley, 3 hard cooked eggs, diced,

1 head crisp western iceberg lettuce, ½ cup whole Lindsay pitted Ripe Olives.

Combine all ingredients except the last two and chill. Cut head of lettuce into four portions. Place several whole Lindsay pitted Ripe Olives on each portion of lettuce. Pour chilled dressing over lettuce and serve. This Fall dressing keeps in the refrigerator for at least a week in a closed jar. Recipe makes approximately one pint.

Lindsay
makes good things taste better

nippy nutty spread

1 4-ounce can Lindsay Chopped Ripe Olives
½ 4-ounce can whole green chiles, chopped and seeded
½ cup almonds, diced
½ cup mayonnaise

Mix together ingredients and spread on your favorite bread. It's hot, zippy and crunchy. Add more or less chopped chiles and mayonnaise to taste.

Good Housekeeping GUARANTEES — IF PRODUCT OR PERFORMANCE DEFECTIVE REPLACEMENT OR REFUND TO CONSUMER

The nutty flavor of Lindsay Ripe Olives gives your favorite recipes the extra lift they need—the extra difference that makes ordinary foods taste extraordinary. Lindsay Ripe Olives can add the magic touch to salads, sandwiches, casseroles, soups, sauces, meat loaves, and other entrees. Or serve them as an appetizer. There's no worry about diets because a medium size olive is less than five calories. Send 10¢ to Consolidated Olive Growers, Lindsay, Calif. 93247, for an illustrated recipe booklet. Please be sure to include your ZIP.

DARROW

Use poultry shears *to halve the wild* *for easy serving with rice and mushr*

Wild duck with apricot sauce

If the hunter brings home wild ducks, is how to roast and then glaze them an Oriental-style apricot sauce for a tinctive flavor.

Make sure the birds are plucked cleaned as soon as possible after "shoot." (A gas flame aids in remo the last stubborn feathers.) Because devotees disagree on how long a duck should be roasted, we give ti suggestions for rare and medium me duck on the rare side will be more te juicy, and flavorful.

WILD DUCK WITH APRICOT SAUCE

2 wild ducks (about 1¼ pounds *each*)
Salt and pepper
Soft butter
1 lemon
3 slices bacon
⅓ cup beer
⅓ cup apricot preserves
1 tablespoon *each* soy and dry mustard
¼ teaspoon monosodium glutamate
1 teaspoon grated orange peel

Sprinkle ducks inside and out with and pepper and rub skin with soft butter. Cut lemon in two and tuck a inside each cavity. Place breast side on a roasting pan. Cut bacon strip half and lay over the breast of each Place in a 450° oven for 25 minute the birds brown lightly.

Meanwhile, combine in a saucepan beer, preserves, soy, mustard, mono um glutamate, and orange peel; bri a boil, stirring constantly, and re from heat. Reduce oven temperatu 425°, spoon sauce over ducks, and 25 minutes longer for rare meat minutes for medium. Serves 2 to 4.—*Brisbane, Calif.*

...and the taste of honey

night be overly proud of this loaf of bread. But our best ds and critics seem to agree that it is unique among e wheat breads.

bread combines two different grinds of the wheat berry. ne case the stones grind coarsely, and the berry is just ked in half. In the other, a fine grind produces a smooth, eached wheat flour. The blend of the two retains the nut- flavor of the whole berry, but smooths out the roughness.

Northridge Honey Wheat Berry is a chewy, mildly sweet, whole wheat bread—an interesting flavor blend of nutlike cracked wheat, mellow-sweet honey, slightly tart raisin syrup, and just a touch of sourdough.

OROWEAT

Oroweat Baking Co. of S. F.

Cabanas with a Flair

Today's the day Cabana bananas can help you create a great new after-meal meal. And tomorrow another. And the next day another. Pick your mood and there's a Cabana dessert recipe to match.

Feeling kind of . . . ahhh . . . romantic, maybe? Good time to come on with Cabanas Flambé. The complete recipe is right on this page. Mmmmmm . . . Cabanas Flambé! When you add the Cognac and ignite, it's the signal for more than just good taste.

With Cabana there are dozens of exciting new ways to give somebody their just desserts. It's just up to you to take your pick.

But remember one thing. It's the quality of the banana that makes Cabana desserts extra delicious. Cabana is a special variety of banana grown for better flavor . . . sweeter taste. It's a firm, medium size banana with a thinner skin, to give you more edible fruit per pound.

See the Cabana display at your grocer and pick up more new dessert ideas free!

Cabanas Flambé—4 firm, ripe Cabana bananas ∞ 1/2 cup flour ∞ 1/4 cup (1/2 stick) butter ∞ 1/4 cup brown sugar 1/2 teaspoon cinnamon ∞ Dash of nutmeg ∞ 1/4 cup Creme de Cacao ∞ 1/4 cup Cognac ∞ 1 cup lightly whipped cream ∞ 2 tablespoons powdered sugar 2 1/2 oz. package finely chopped almonds.

Peel Cabana bananas, slice lengthwise and dust lightly with flour. In chafing dish or electric skillet melt butter. Add brown sugar, cinnamon and nutmeg. Stir until brown sugar is dissolved. Place banana slices in hot bubbly mixture. Spoon mixture over bananas until they are well coated. Add Creme de Cacao and cook 1 minute. Add Cognac and ignite. As soon as flames die, serve with sauce from chafing dish. Top with sweet whipped cream and almonds. 4 servings.

More new dessert ideas free!
See the Cabana display at your grocer.

*Cabana is a registered trademark of Standard Fruit and Steamship Co

DARROW M. WATT

Citrus fromage: *Make it ahead for a party or family meal*

Chocolate or citrus fromage

popular light Danish dessert called fro-ge has nothing to do with the French with cheese, in spite of its name. A andinavian fromage is a pudding made beating whole eggs to a thick foam th sugar, flavoring, and gelatin, and en adding whipped cream.

e mixture requires chilling, making it onvenient make-ahead dessert.

ocolate Fromage. Mix 1 envelope un-vored gelatin with ¾ cup cold water d let stand until softened, then dissolve er hot water.

the large bowl of a mixer, whip 3 eggs, cup sugar, and ¼ cup cocoa at high eed until mixture is at least doubled in lume. Beat in gelatin mixture. With e same unwashed beater, whip 1 cup avy cream until stiff. Stir cream into g mixture. Chill until slightly set; blend, en pour into 8 individual dishes. Cover; ill 3 hours or until set.

parsely chop or grate about ¼ cup semi-eet chocolate and sprinkle over des-rts. To garnish the fromage in the Dan-h manner, also top with drained canned andarin oranges. Makes 8 servings.

trus Fromage. Mix 1 envelope unfla-ored gelatin with ¾ cup orange juice d let stand until softened, then dissolve er hot water.

the large bowl of a mixer, whip at high eed 3 eggs with ⅔ cup sugar, 1 tea-oon grated orange peel, and ½ teaspoon ated lemon peel. When at least double more in volume, beat in the gelatin ixture and 1 tablespoon lemon juice. ith the same unwashed beater, whip 1 p heavy cream until stiff; blend with g mixture. Chill until slightly set; blend d pour into 8 individual dishes. Cover d chill 3 hours or until set. Top with sh orange slices. Makes 8 servings.

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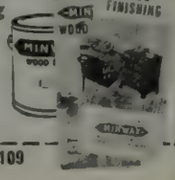

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PETE REDI

Delicate *leek soup, thickened by potat goes well with smoked salmon on a b*

This tasty soup is leek

This smoothly flavored thick leek could be the focus of a sophistica lunch or light supper. Complement it crisp radishes to dunk in coarse salt.

You might serve it as pictured abo with firm-textured bagels spread sweet butter and heaped with smo salmon or lox and a cluster of waterc leaves. Good wine choices includes whites as dry Semillon, a dry Saute Pinot Blanc, or Sauvignon Blanc.

For a finale, serve Golden Delicious ples with a well aged Swiss cheese or sharper fontinella cheese.

LEEK POTAGE

- 4 cups sliced leeks, white part only (about 3 bunches)
- 3 cups diced, peeled potatoes
- 6 cups regular strength chicken broth
- 1 cup whipping cream
- About 3 tablespoons dry Vermouth or Sherry
- Salt
- Chopped fresh, frozen or freeze-dried chives

Simmer leeks and potatoes in chicl broth until vegetables are soft, about minutes. Whirl mixture in a blender u smooth, a small portion at a time; or through a wire strainer.

Return soup to cooking pan and blen cream, 3 tablespoons wine (or to tas and salt to taste. (The soup can be m ahead, covered, and chilled.)

Heat soup to simmering. Sprinkle chives and serve. Makes 10 cups or 6 8 main dish servings.

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Gourmet Ideas
by Edie Cole

MEAT BALLS AND OLIVES—A succulent autumn entree pairs stuffed ripe olives and meat balls—your favorite recipe or canned ones. Stuff Early California Brand Pitted Ripe Olives with cocktail onions and scatter over meat balls the last few minutes of heating. These olives are just as exciting tucked in a beef stew another time.

ANTIPASTO PLATTER—A Continental-style relish plate is a festive way to start dinner. Arrange in spokes on a tray or platter pickled shrimp or smoked herring, marinated garbanzo beans, dilly beans, a summer sausage, olives and lots of Lady's Choice Brand Farm Style Pickle Chips. Pass tray at the table or serve on a buffet.

ARTICHOKE MARINADE—Drain canned artichoke hearts. Grind on fresh pepper. Cover with Girard's Original French Dressing. Refrigerate overnight. Spike with colored toothpicks and serve.

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DARROW M. WATT

Sugar-dusted *crisp cooky is thin enough for light to shine through*

She's biting into a big carnival cooky

These thin, crisp Swiss pastries are served at carnival time before Lent, hence their name. But they make a fine treat any time, for visitors young or old.

CARNIVAL COOKIES

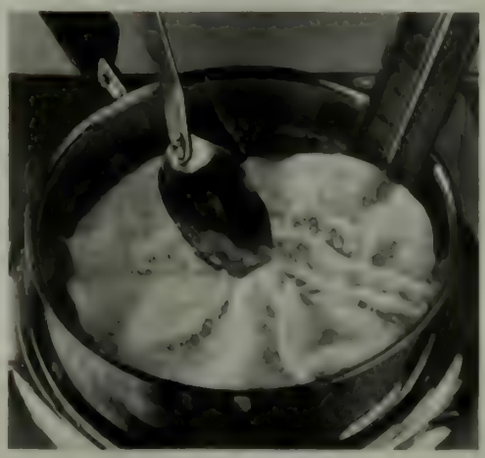
- 4 eggs
- 2 tablespoons whipping cream
- 1 teaspoon salt
- 1 tablespoon sugar
- About 2½ cups unsifted regular all-purpose flour
- Salad oil for frying
- Powdered sugar

Beat eggs, cream, salt, and sugar with 2½ cups flour until well mixed (the dou quite soft). Turn out onto a well fl board; gingerly turn dough to co over in flour, then knead lightly for 5 minutes until dough feels smoo the surface. Cover and let dough r minutes.

Shape dough in a log and cut in 24 pieces. Keep covered with clear p film while you shape each cooky. out each piece of dough on a well fl pastry cloth or board to make a rand shaped circle about 7 inches in dia Lift from cloth, and with a soft b whisk off excess flour; the cooky stre slightly as you do so.

Work steadily until all the cookie shaped, stacking them between she clear plastic film.

Heat about ¾ inch salad oil to 3 350° in a deep saucepan of 8 or 9 diameter; maintain temperature moderate heat. Push cookies, one time, down into fat, and cook until a golden color, turning once with t Drain on paper towels. Serve at on store in an airtight container at temperature up to two weeks, or (To refresh cookies, spread on b sheets and warm 2 or 3 minutes in oven.) Dust with powdered sugar to Makes 24.—*M. C., Palo Alto, Calif*



Push carnival cooky *down into fat, then let float to finish browning; turn once*

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ve been making pancakes with some mix, stop and consider the picture It shows you pancakes that prize-g bakers of Eugene, Oregon matched New Bisquick.

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It's corned bee[illegible] *with peaches*

Corned beef brisket, slowly simmere[illegible] spices and then baked with a mu[illegible] brown sugar glaze and canned cling [illegible] halves, makes a festive entrée. Pl[illegible] about ¾ pound corned beef (before [illegible] ing) for each serving.

GLAZED CORNED BEEF WITH PEA[illegible]

- 3½ to 6 pounds corned beef brisket
- Cold water
- 1 tablespoon whole mixed pickling spi[illegible]
- 1 stalk celery, cut in 1-inch pieces
- 1 medium-sized onion, quartered
- 1 carrot, cut in thick slices
- 2 tablespoons prepared mustard
- 2 tablespoons brown sugar, firmly packe[illegible]
- 1 can (1 lb. 13 oz.) cling peach halves
- ¼ cup water

Put beef brisket in a large pan with [illegible] or in a Dutch oven. Cover with th[illegible] water. Add pickling spice, celery, [illegible] and carrot. Cover, bring to a boil, r[illegible] heat, and simmer for 3 to 3½ hou[illegible] until meat is tender. Cool meat in [illegible] If you wish, refrigerate overnight.

Remove meat from broth, score fat [illegible] place in a shallow roasting pan wit[illegible] side up. Combine mustard and [illegible] spread over top. Drain peach syrup [illegible] pan around meat. Set peaches aside.

Bake in a 300° oven for 45 minute[illegible] about 1 hour, if refrigerated), baste [illegible] quently with pan juices. Remove [illegible] oven, arrange peach halves around r[illegible] and pour over the ¼ cup water. Con[illegible] baking for 15 minutes, or until me[illegible] well glazed. Remove meat to a warm [illegible] ing platter and garnish with the pea[illegible] Pour any remaining pan juices in [illegible] bowl and pass at the table. Makes a [illegible] 5 to 10 servings.—*R. L., Eugene, Or*[illegible]

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DARROW M. WATT

thick slices with butter and honey

Sour rye with a hearty flavor

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RYE BREAD

- cup buttermilk
- teaspoon grated orange peel
- cup beer
- cup molasses
- teaspoons salt
- teaspoon whole fennel seed
- package yeast (active dry or compressed)
- cup warm water (lukewarm for compressed yeast)
- cups rye flour
- cup firmly packed brown sugar
- tablespoon butter or margarine, softened
- About 5 cups unsifted regular all-purpose flour

l buttermilk with orange peel; pour large bowl. Stir in beer, molasses, and fennel seed; let cool to lukewarm. yeast with water until dissolved; add rye flour to buttermilk mixture, stir- to blend. Cover and set at room tem- ture for at least 12 hours.

day dough will be bubbly. Add n sugar, butter, and 4½ cups of the urpose flour; stir until mixture cleans of bowl. Turn onto board and knead l smooth, about 15 minutes, adding o ½ cup more flour as needed.

e in a greased bowl and cover; let rise warm place until almost doubled, t 35 minutes. Punch down dough divide in half. Shape into loaves; e into two greased 5 by 9-inch loaf . Cover; let rise in a warm place until ost doubled, about 45 minutes. Bake 350° oven for 40 minutes, or until ly browned. Cool in pans 10 minutes, cool thoroughly on wire rack. Makes aves.—*B. W., Coos Bay, Ore.*

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An introduction to eggplant... sautéed, broiled, barbecued, fried

A shiny purple eggplant can baffle anyone unfamiliar with the ways to cook it. So let's look at a variety of eggplant recipes—ranging from sautéeing to frying to barbecuing. If you've eaten only fried eggplant before, some of these may surprise you.

Eggplant is sometimes accused of absorbing excessive fat in cooking, but good cooking techniques can minimize this. Its spongelike nature can be turned into an advantage: the way it absorbs and blends seasonings leads to some tasty vegetable dishes.

Numerous varieties of eggplant are grown in warm climates all around the world; most are smaller and more elongated than the large globe-shaped kind that is common here, and not all are purple when ripe. Markets in your area may have some of the small eggplant this month. They're often favored by foreign cooks for their dense, creamy texture, and may be called French, Italian, or Japanese eggplant, depending on the clientele of the market. Either type of eggplant may be used in the recipes that follow.

SAUTÉED EGGPLANT

Using a minimum of fat, this method gives maximum flavor and is quick to do. The photographs at right show lengthwise wedges of regular eggplant being sautéed, but the method works well also for halves of French eggplant. Here are three ways to go in adding flavor when you sauté eggplant.

Eggplant Sauté with Basil. Wash, trim, and cut a small (about 1 lb.) regular eggplant into 8 wedges, or cut 3 or 4 French eggplant in halves. In a heavy 10 or 12-inch frying pan (one with a tight lid), heat 2 tablespoons olive oil or salad oil over medium-high heat. Put in eggplant. As soon as all pieces are nicely brown on one side (about 2 minutes), turn them and immediately add ½ teaspoon *each* salt and crushed whole basil and 3 tablespoons water. Cover pan and cook over medium heat; remove lid and check at 1 to 2 minute intervals, adding about 2 tablespoons water at a time as it is absorbed; shake pan or turn pieces as necessary, until completely tender (about 12 minutes total cooking time). Sprinkle with more salt and pepper to taste, if needed. Makes about 4 servings.

Eggplant Sauté with Tomatoes. Follow recipe above for eggplant with basil. When eggplant pieces are almost tender, after 6 to 8 minutes cooking time 1 can (about 14 oz.) pear-shaped toes and liquid in can with 1 teaspoo ar and additional ½ teaspoon basil. and cook about 2 minutes, then re cover, increase heat, and continue ing a few minutes if necessary to r liquid. Makes about 4 to 6 servings

Oriental Eggplant Sauté. Wash, trim cut 4 French eggplant in halves or 1 (1 lb.) regular eggplant into 8 we Thinly slice 3 or 4 green onions; set etables aside. Combine 2 tablespoon sauce, 1 teaspoon sugar, and ⅓ cu Sherry or water; set aside. Using a 12

DARROW M

Basil-seasoned *eggplant wedges cook der with a small amount of oil and st*

Try adding *canned pear-shaped toma to sautéed eggplant for flavor vari*

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STUFFED MUSHROOMS THOMAS

Cook 2 bunches fresh spinach (or 2 packages frozen) briefly in hot water. Drain and chop. Mix with 1 cup sour cream, ½ cup EACH shredded Cheddar, Monterey jack and Parmesan cheeses, ¼ cup chopped green onion tops, ½ teaspoon salt and 1 teaspoon Italian herb seasoning. Place 12 stemmed fresh mushrooms cup side up in center of large baking dish. Spoon spinach around edges. Saute 1 pound ground beef chuck lightly with ¼ cup sliced green onions and 1 teaspoon salt. Spoon over mushrooms. Top with ½ cup EACH shredded Cheddar and Monterey jack cheeses. Sprinkle lightly with nutmeg. Cover. Bake in moderate oven (350 degrees F.) 25 minutes. Serves 4.

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frying pan (one with a tight lid), heat 2 tablespoons salad oil over medium-high heat. Put in eggplant. As soon as pieces are nicely browned on one side (about 2 minutes), turn them and immediately add the onions and 3 tablespoons water; cover pan and cook over medium-low heat. Remove lid and check at 1 to 2 minute intervals, adding small amounts of the soy mixture (use all of it) as the liquid is absorbed; turn eggplant as necessary until tender (about 14 minutes total cooking time). Remove cover during last few minutes, if necessary to evaporate liquid. Sprinkle with chopped parsley, if you wish. Makes about 4 servings.

FRIED EGGPLANT

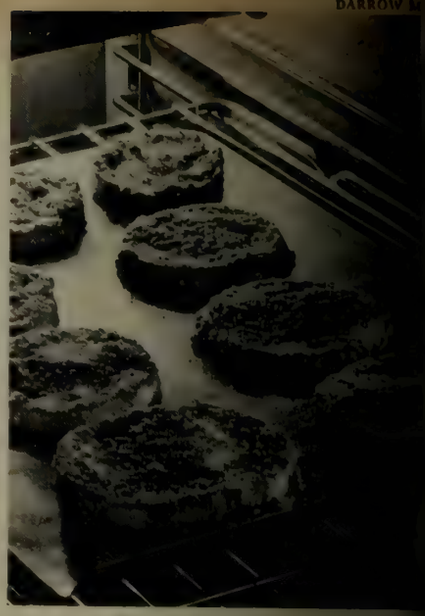
We tested a number of different ways of frying eggplant with a variety of crisp coatings before selecting these two. The first method, done in a frying pan on top of the range, results in a thin, crisp coating on the eggplant. The second, done in a hot oven, gives a heavier crust, and requires little attention as it browns. Both methods use minimum amounts of fat.

For frying cut ¾-inch-thick fingers of regular eggplant or ½-inch-thick rounds of French eggplant. Peel the eggplant if you wish.

Pan-fried Eggplant. Wash and trim a medium-sized (about 20 oz.) regular eggplant or 6 French eggplant; cut fingers or slice as described above. In a paper bag combine ½ cup flour, ¼ cup cornstarch, 1 teaspoon salt, and ½ teaspoon pepper or seasoned pepper. Put eggplant pieces, a few at a time, into bag, and shake to coat all over. Shake off excess flour.

In a large, heavy frying pan, heat just enough olive oil or salad oil (or some of each) to coat the pan well. Place pan over medium heat (eggplant pieces should start immediately to sizzle gently when put into the pan). Put in just enough pieces at a time to cover pan bottom, cook until brown on one side, turn as needed to brown all sides. Add more oil, about 1

Pan-fried *eggplant fingers. The thin flour coating gets crisp and absorbs less fat*



Oven-fried *eggplant slices, coated mayonnaise, cracker crumbs, and*

tablespoon at a time, as needed to pan bottom lightly coated (you'll about ⅓ cup oil). When eggplant is der and brown, remove and drain on paper towels. Salt and pepper to Serve with a sauce, if you wish suggestions follow). Makes 4 to 6 serv

Oven-fried Eggplant. Wash and tr medium-sized eggplant (about 20 o 6 French eggplant. Cut in ½-inch- slices. Measure ¼ cup mayonnaise aside. Crush salted soda crackers to ½ cup crumbs, and mix with ¼ grated Parmesan cheese in a shallow set aside. Lightly spread mayonnais one side of each eggplant slice, dred crumb mixture, then spread second with mayonnaise and coat with c mixture. Arrange pieces in a single in a shallow baking pan (ungreased) into a 425° oven until browned and der, about 15 minutes, turning if ne to brown both sides evenly. Serve one of the sauces, if you wish. Ma to 6 servings.—*H. N., San Francisc*

SAUCES FOR FRIED EGGPLANT

Although not necessary, many peopl a contrasting sauce to serve with fried eggplant. Either canned mari sauce, heated, or chile sauce, served is simple and good. Or try this creamy sauce with either sour crea yogurt as the base.

Sour Cream or Yogurt Sauce

- 1 cup sour cream or unflavored yogurt
- 2 green onions, finely chopped (or 1 teaspoon instant minced onion)
- 1 teaspoon dill weed or 1 tablespoon parsley
- 2 teaspoons lemon juice (omit with yogurt)
- 1 teaspoon salt or garlic salt
- Dash pepper

Combine in a bowl the sour cream, onions, dill weed, lemon juice, salt, pepper. Stir until well blended, cover,

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½ lb. fresh mushrooms
¼ cup butter
6 large chicken breasts
2 teaspoons Spice Islands Beau Monde
½ teaspoon Spice Islands Tarragon
1 cup dry white dinner wine
1 cup dairy sour cream
½ cup chopped green onions

Slice mushrooms; sauté in 2 tablespoons butter until golden. Remove mushrooms and reserve. Add remaining butter to pan; brown chicken well. Sprinkle with Beau Monde during browning. Add mushrooms, sprinkle with Tarragon; pour wine over chicken. Cover and simmer 45 minutes until tender. Spoon sour cream into pan juices; sprinkle with green onions to serve.

MAKES 6 SERVINGS.

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Broiled wedges, *brushed with olive o sonings, form tasty caramel-like*

refrigerate for about 1 hour to ble flavors. Makes about 1 cup, enou 6 servings.

BROILED OR BARBECUED EGGPL

These are surprisingly simple co methods for eggplant; the cut su are brushed with butter or oil and ex to the direct heat of broiler or bar fire. Salt and pepper are the only seasoning needed, but you can eas troduce more flavors with the oil. nicely charred the eggplant skin is cately caramel-flavored.

Our photograph above shows egg wedges being broiled. You can al regular eggplant in ¾-inch-thick sli French eggplant in halves lengthwi broiling or barbecuing.

Italian Herb-basted Eggplant. Wash and cut a medium-sized (about 2 regular eggplant or 6 French eggpla of the ways suggested above. Co in a small pan ⅓ cup olive oil, ½ spoon salt or garlic salt, ½ tea mixed Italian herbs (or marjoram) ⅛ teaspoon pepper; heat to blend fl Remove from heat and baste all su of eggplant pieces. Arrange eggpla broiler pan or on grill. Broil or grill 4 inches from heat, turning as nece until tender and well browned on all baste several times with the rema flavored oil. Total cooking time is 10 minutes. Makes 4 to 6 servings.

Lemon Butter-basted Eggplant. Me cup (⅛ lb.) butter in a small pan; 1 tablespoon lemon juice, ¼ teaspoon ¼ teaspoon basil, crushed, and ⅛ spoon cinnamon. Follow recipe ab substituting lemon butter for the It herb baste.

Soy-basted Eggplant. Combine in a pan ¼ cup salad oil, 2 tablespoons sauce, 1 tablespoon Sherry or lemon 1 clove garlic, crushed, and ¼ tea ground ginger; heat to blend flavors low recipe above for Italian herb-ba eggplant, substituting soy baste fo herb baste.

/hat's your oven doing after dinner tonight?

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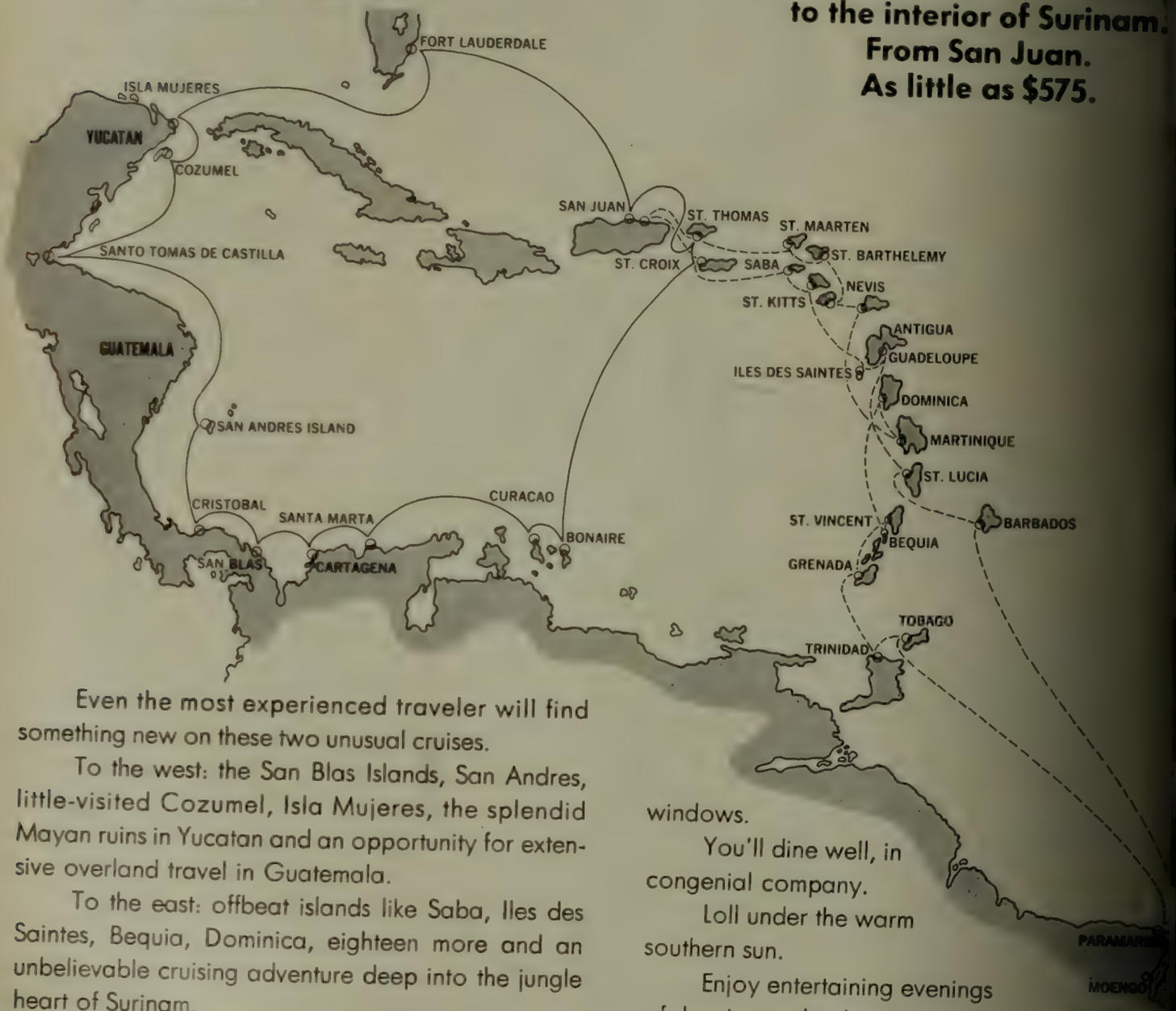

Even the most experienced traveler will find something new on these two unusual cruises.

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Leg, loin, rib, and shoulder . . . here's how to break down venison

DARROW M. WATT

Loin. *Two roasts are possibilities for this tender cut; or meat can be sawed into thick chops to broil or pan-fry*

Whole leg

Leg roast

eg
eaks

. Options include: top—1 leg, boned / tied; middle—rump, round, sirloin asts; last—sirloin, round bone steaks

The lucky hunter who brings home a buck is faced with the problem of how best to have it butchered. Sportsmen and meatmen we queried suggested the range of possibilities pictured here.

If you think of venison as similar to lamb, they point out, the cutting opportunities are clearly seen. Whether you prefer roasts and large cuts of meat or small chops and steaks depends on personal preference and family size. It is easy to go half-and-half, using one side of the venison for large meat cuts and the other side for chops and steaks.

Venison breaks down into four major sections: the leg, loin, rib, and shoulder. You might have one leg boned, rolled, and tied for a grand roast to bake or spit-barbecue. With the other you might choose several smaller roasts—rump, round, and sirloin; or steaks, round and sirloin.

The loin offers the possibilities of 2 large roasts, with bones cracked, or meaty thick chops to barbecue or broil. The rib may be handled in similar fashion, as rack-style roasts or rib chops. The shoulder section needs braising for tenderness and may be cut as roasts or round bone or chuck-style chops. The considerable amount of bone in shoulder roasts makes carving difficult—that's why many consider chops a more logical cut.

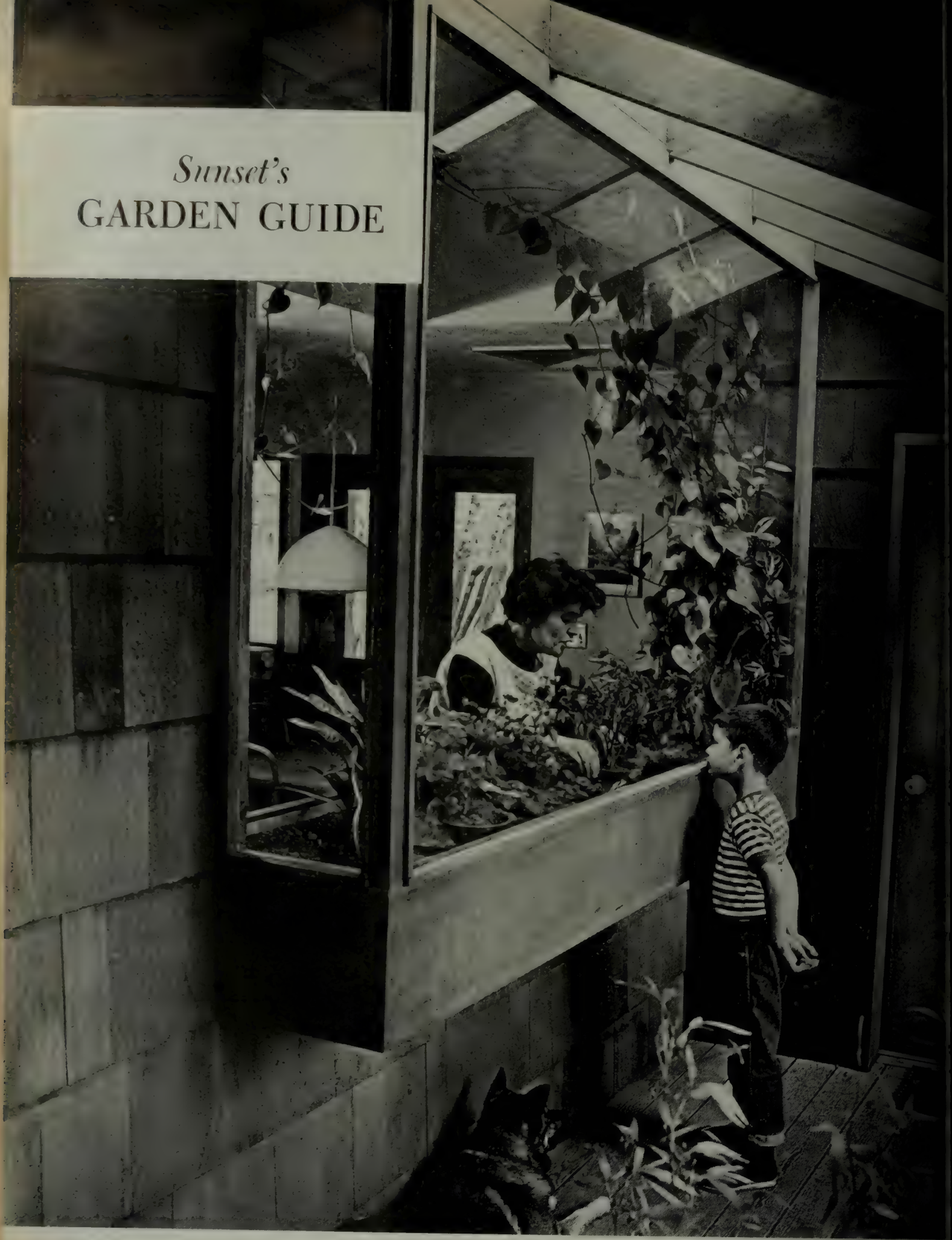
The shanks and breast may be left whole for braising or trimmed for ground meat. You'll also have a lot of neck meat and trimmings available for stew or ground venison. Many sportsmen prefer to mix ground venison with an equal weight of ground beef chuck or pork sausage to temper the flavor and supply extra fat.

Venison calls for considerable seasoning to complement its rich gamy flavor. Accents of wine, lemon juice, or sour cream enhance it. Most game enthusiasts prefer roasts cooked to a medium rare stage, about 160° on a meat thermometer, so the meat is still moist, pink, and juicy.

(To be at its prime for eating, venison must be properly field-dressed and aged. For advice on this, write to your state fish and game department.)

Rib. *This makes two 8-rib racks—or have one cut between the bones into single or double-thick chops to broil*

Shoulder. *This less tender section works as small roasts, but many prefer chops. For tenderness, cook with moist heat*



Sunset's
GARDEN GUIDE

It's her window garden

DON NORM

A busy mother can keep tabs on her youngsters very ea from this kitchen bay window. Climbers, flowering and fa leafed plants frame the view. Perhaps the most convenient ture: a small herb garden in easy reach for cooking and bak

OCTOBER IN YOUR GARDEN:

It's the month to take inventory . . . then roll up sleeves

e been calling October a "second g" for so long that it may sound cliché. But some gardeners still to be reminded of what they can plish this month.

good reasons for October planting ndeniable: Here's a chance for plant- hat will give you garden flowers at eason, or at all seasons during the ng 12 months. In no other month is such a wide choice of plants you et out: annual and perennial flowers, s, lawns, and trees and shrubs.

will be a busy month for the gar- r who takes advantage of it. But be- you begin, take a garden inventory: down what plants need replacing, nt spots that need filling, and an es- te of how many and what kind of ers you'll need for beds and borders.

y window garden

delightful kitchen window garden see on the opposite page was the re- of major remodeling by a Washing- family. A skylight provides enough t to keep plants healthy and growing. des the decorative plants that show clearly in the photograph, there is an garden that makes it easy to gather h cooking herbs. A window garden this one is easy to care for, and brings outdoors inside all year around.

ant evergreen shrubs d trees now

set's 1968 fall-planting survey re- ted last month (page 174) revealed many gardeners do not take advan- e of October planting of evergreen ubs and trees. Fall planted shrubs and s may not seem to be doing much ve the ground during the winter, but ow, their roots will be catching hold. e result: earlier growth and sturdier nts next spring. Flowering plants will om earlier and more prolifically.

all planting of lawns

s a good time to plant lawns in mild nter areas. Mixtures of bluegrasses and e fescues are most commonly used in rthern California. One caution: Avoid rgain seed. Seed of good quality is eaper in the long run because of better germination and fewer weeds.

Before seeding, prepare the soil to a depth of 6 to 9 inches, if possible. Take out roots and debris. If the soil is deficient in nutrients, work in a commercial fertilizer; if it tends to compact, use a soil conditioner. Smooth the surface to get rid of bumps and hollows.

Sow lawn seed at the rate recommended on the label. A good seeding method is to sow half the seed in one direction, then come back and sow the rest at right angles to the first.

After seeding, apply sifted peat moss or bark dust (to ¼ inch maximum) to maintain moisture around seeds. At this stage some gardeners use a lawn roller, but it may compact heavy soil.

Keep the seedbed moist.

Seeds may germinate in 10 to 14 days. Mow the new lawn when the grass reaches 3 inches high. Feed for about six weeks after installing the lawn. Don't use chemical weed killers until spring.

It's time to pull out

When you're driving through an older neighborhood (and even some newer ones) it's obvious that many shrubs and plants have outlived their usefulness.

Shrubs that block light from windows, crowd out other plants, obscure vision, or hinder walking are ready for replacement. Plants that look scraggly from too much or too little light, or simply from old age, should be removed.

It takes courage to yank out plants you put in so carefully and cared for so well and so long. You may falter and try to convince yourself that a good pruning will fix things. Though pruning may help, full-grown shrubs sometimes never regain their looks after a severe pruning.

Frequently you'll notice the need for new plants right next to the house. Shrubs should provide a pleasing transition from house to other plantings. When plants begin to look like the thorny barrier around Sleeping Beauty's castle, it's time to tear them out and replant.

You can replace plants with the same kinds, or ask your nurseryman to suggest other ideas. You might take along a snapshot of the planting area to give him an idea of your needs.

Slender *branched stems of freesia will bear richly fragrant blooms in late winter*

Late winter fragrance

Freesias are among the prettiest and most fragrant of the flowers that bloom in late winter. Most fragrant of all is the old-fashioned white freesia, with deep yellow centers. More showy, but not as fragrant, are the large-flowered hybrids in lavender, blue, red, pink, yellow, and white. Both kinds make long-lasting cut flowers.

Plant bulbs now for bloom in late February or March. Freesias grow best in sandy, well drained soil in full sun or light shade. Place bulbs 2 inches deep, with the pointed end upward. Keep ground moist to produce top-quality blooms.

Freesias can be left in the ground year after year. Dig and divide them only if crowded.

Camellias now

Sunny Indian summer days and cooling nights are signals for blooms to appear on some of our choicest camellias.

One group of camellias, the sasanquas, specialize in putting on an autumn show. They are characterized by small glossy leaves with serrated edges, a willowy growth habit, and abundance of small to medium-sized flowers, single or double.

Sasanquas can be used in full sun or part shade. They make excellent espalier subjects against sunny walls, and can also serve as medium-height hedges. The more

Sunset's GARDEN GUIDE

spreading varieties make fine hanging basket plants. Colors range from white through all shades of pink to deep rose and deep red.

Popular sasanquas include 'White Doves,' with white, double flowers; 'Jean May,' with large, shell pink, double blooms; 'Cleopatra,' rose pink, semidouble; and 'Yuletide,' deep red, single.

Soil preparation is important; camellias need a well drained soil rich in organic matter. Your nurseryman has available a planting mix of peat moss, compost, leaf mold, and soil. Dig a hole large enough to accommodate the plant, set the camellia exactly at ground level, and fill in with undiluted planting mix. Water with a slow stream from your hose. Feed with special azalea and camellia food about the middle of March and again in the middle of July.

Versatile blue fescue

Some grasses grown in the garden for ornamental effects never need cutting. The most-used ornamental grass is blue fescue, usually grown in closely planted clumps under trees or in the open (see illustration). Your nurseryman grows it in flats or in containers.

The blue-gray grass grows in tufts from 4 to 10 inches high. Although it won't make a solid ground cover for areas of much traffic, its good looks make it ideal for sunny or partly shaded areas on hillsides or on the level. It tolerates dry or poor soil, but doesn't do well where soil is wet or poorly drained.

After flowering, or any time the plant looks shabby, cut it back near the ground. Overgrown clumps should be dug up, pulled apart, and replanted.

Plant some California history

Oaks are among the most beautifully shaped trees, and their graceful forms have made them a California landmark. Many people have built homes or gardens around full grown specimens.

But original native oaks often falter when civilization surrounds them. An oak you plant yourself from a can or an acorn, however, will grow quickly and do much better once grown than native wild oaks (mainly because the tree you grow yourself gets accustomed from the start to moist garden soil).

You can buy several varieties of native oaks, including live oak *(Quercus agrifolia)* and valley oak *(Q. lobata)*, in 5-gallon cans. Choose the planting site carefully; drainage must be good. If necessary, plant in a raised bed or box. Always keep moisture away from the trunk crown. Use a soaker and water slowly and deeply.

To grow oaks from acorns, collect plump, fallen ones without worm and place them in a deep pan b layers of damp peat moss. Keep t moss moist until roots appear an long enough for planting (1 to 1½ i

If you dig a planting hole 3 feet de 2 feet wide, and mix sand and pea into the soil, you can expect s growth of 3 feet a year. In the ce the hole (after you've refilled it), n little crater for the acorn, then p vertical pencil hole to take the sp tap root. Set in the acorn, then c with an inch of soil.

Feed with a complete plant food frost danger passes, and repeat t year during the tree's early years. proper care, a live oak may reach 2 in 10 years.

Go all out with spring bull

Spring bulbs are handsome acce small groups, either in containers the ground. But for truly striking e be lavish with them. Bulbs do s (and they're relatively inexpensive it's a shame not to plant at least on of the garden with them.

On the other hand, don't try stretch few bulbs over a large area. Group or the effect will be skimpy and pointing.

You can enhance the beauty of a s bulb planting by planting colorfu nuals with the bulbs. The bulbs pu through the cover and the two bloo gether. The annuals will still be bloo when the bulbs fade and their leave gin to turn, keeping the bed attracti

For this kind of planting try alys linaria, nemophila, pansies, and v The first three can be planted by The most effective combinations use trasting colors: yellow or pink tulip example, with a ground cover of forget-me-nots make a striking dis Be sure to set out bulbs first, before plant the annuals.

Pruning guide

Pruning landscape trees is easy if have a copy of the new, illustrated b let *Pruning Landscape Trees*. Put ou the University of California Agricul Extension Service, the book gives s by-step instructions on this someti complicated procedure.

Beginning with the reasons for prun the text explains the best ways of ma cuts, pruning to strengthen the tree, to prune young and mature trees, and best times to prune.

You can obtain a copy by sending cents with your request for pamp number AXT-288 to Public Service Of University of California, 90 Univer Hall, Berkeley 94720.

Clumps *of blue fescue (Festuca ovina 'Glauca') add bold texture to a rock garden*

DARROW M. WATT

s of small white flowers deck angel's tears when it blooms in mid-March

ider this little daffodil

f the more popular small daffodils el's tears *(Narcissus triandrus)*. rs of small white flowers appear on r 7-inch stems before or during mid-arch. Angel's tears is an excellent for container planting or a narrow r, or tucked in a rock garden.

ower's name may be more mundane elestial in origin. One story says the were those of a native guide, Angelo, ept from exhaustion when a natu- whom he was supposed to be lead- ragged him to a spot high in the sh mountains where this little daf- grows.

color for thern California

northern California areas do not a cold snap in fall to produce the ng leaf colors you can see in Oregon New England. But some trees will de a colorful show even in mild win- reas.

idambar, with its maplelike leaves, inues to grow in popularity. Leaves vivid shades of gold and red with no two trees coloring quite the same way. Color lingers for more than a month before leaves turn brown.

The leaves of the ginkgo, or maidenhair tree, turn bright gold in fall. This tree is particularly striking with a background of evergreen trees. 'Autumn Gold,' a fairly new variety, is very popular.

A persimmon tree offers an early fall show with its colorful leaves and large crop of orange fruit that remains after leaves have fallen.

Chinese pistache *(Pistacia chinensis)*, probably the least commonly planted of the four mentioned here, is a spreading, short-trunked shade tree. It turns crimson each fall, with mature trees displaying the most intense shades. A fine tree for dry regions, it grows well practically anywhere.

Save pine needles

If you have pines on your property, they will probably be dropping some of their needles this month. Don't throw them away — they make a fine, long-lasting mulch. Several inches spread on some garden beds can reduce weed growth and improve appearances.

OCTOBER CHECK LIST:

Here's what most needs doing

☐ **Annuals.** Plant these annuals now for winter bloom: calendulas, pansies, snapdragons, violas. You can also set out African daisy, anemones, delphiniums, dianthus, Iceland poppies, stock, sweet alyssum, and sweet peas.

☐ **Bulbs and bulblike plants.** Dig gladiolus that have died back and store corms in a dry place for replanting in winter or spring. Set out spring-flowering bulbs.

☐ **Camellias.** Thin buds now for bigger and better bloom later.

☐ **Chrysanthemums.** Staking will help keep plants upright during early fall rains. Hold off feeding as plants begin to bloom.

☐ **Dahlias.** Don't uproot until tops have died back; they're still storing energy in fading top growth.

☐ **Grooming and maintenance.** A fall clean-up is protection against overwintering pests and diseases in the garden. Rake leaves, uproot faded bedding plants. Transplant crowded perennials, shrubs. Commercial soil conditioners are excellent for putting soil in a workable condition, but should be applied before rains start.

☐ **Iris.** Plant now so they will be well established before winter.

☐ **Lawns.** October is a good month for planting cool-season grass lawns. New lawns should be mowed only when top growth has reached about 3 inches—usually a month after planting. Feed established lawns.

☐ **Perennials.** You can set out agapanthus, columbine, daylily, dusty miller, gazania, marguerites, peonies, Shasta daisies. Dig up and divide overgrown plants; discard old woody portion at center.

☐ **Pests.** Snails and slugs become more active as cool weather begins. Watch for aphids, especially on chrysanthemums.

☐ **Roses.** Pick fading flowers to encourage prolonged bloom. Cut dead, diseased, or weak growth. Save heavy pruning for winter.

☐ **Vegetables.** Sow seeds of beets, carrots, chard, lettuce, parsley, peas, radishes, spinach, turnips.

How retaining walls and raised beds do useful landscape jobs for you

Broken concrete wall *maintains grade beside native oak trees. Moderate watering of ivy, dwarf plumbago under oaks doesn't harm the trees. Owners: Mr. and Mrs. Marshall C Santa Cruz, California. Landscape architect: Kathryn St*

GLENN CHRISTIANSEN

ed *with raphiolepis; petunias in*
. daffodils in spring. Star magnolia
nes Byrne, San Rafael, Calif.

ng walls and raised beds can be
nportant in the design of gardens.
ieve the wall on the left, concrete
vere poured without forms on the
f the drive, then broken into pieces.
id, battered (backward sloping)
ction provides drainage and air
tion needed for healthy roots.
taining wall on the right was con-
sl of 4 by 4's backfilled with coarse
behind ¼-inch galvanized hard-
cloth. Heavy (¾-inch) steel pipes
hreaded through pre-drilled, over-
g ends of the 4 by 4's and set in
te at the base. Deadmen anchored
crete extend 6 feet into the bank.
. a raised bed and bench divide two
ns of a garden. Materials used were
0-inch boards, 2 by 4-inch uprights,
by 8-inch planks for the seat.
. a raised bed constructed of red-
stained driftwood gray, separates
path and driveway on a corner lot
offers an opportunity for close-up
y of interesting plants.

ELLS MARUGG

Steep slope *along rear terrace in Cowden garden is retained by 4 by 4's that form a handsome horizontal pattern gracefully interrupted with billowing, orange-flowered Streptosolen jamesonii*

d bed *divides path from drive in Mr. and Mrs. Le Grand Gould's entry garden in*
o Park, California. Plants: Smoke tree, junipers, succulents. Design by Mary Gordon

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Tree choices for autumn color

No one needs to be told that ginkgoes, liquidambars, and Modesto ashes color spectacularly in the fall: The evidence is everywhere. And it's mere teasing to talk about the rare trees that color spectacularly but can't be found in any nursery. What the shopper needs is a list of trees plentiful enough to be widely available but unusual enough to be distinctive.

Tulip tree *(Liriodendron tulipifera)* is a big, fast-growing tree with fall foliage of butter yellow, sometimes splotched with deep brown. Summer foliage is glossy yellow-green. Leaves are distinctive in shape; three lobes, the center one notched, give a lyre effect. Mature trees have greenish yellow, tulip-shaped flowers with orange markings, but the flowers actually are less showy than they sound.

Less common is the columnar variety *L. t.* 'Arnold.' This tree resembles Lombardy poplar in form and fall color but, unlike the poplar, doesn't sucker from the roots.

Chinese pistache *(Pistacia chinensis)* grows at a moderate rate to an eventual 60 feet, given deep soil and adequate water. It's not likely to grow nearly so big when planted where surface paving reduces the amount of air and water available to roots. Leaves are divided into many leaflets, giving foliage a fine texture; fall color is scarlet, occasionally varying into yellow or orange.

Mature female trees have a heavy crop of red fruits that turn dark blue when ripe. The variety 'Keith Davey,' budded from a selected male tree, has no fruit and is in very short supply.

The two best oaks for fall color are scarlet oak *(Quercus coccinea)* and red oak or northern red oak *(Q. rubra, Q. borealis)*. The two are alike in having large, deeply cut leaves that turn red during chilly autumn nights. Both also have a fairly open habit, which makes for a dappled shade, the best kind for shade-loving plants. Roots are deep and not unduly greedy.

Chinese tallow tree *(Sapium sebiferum)* turns an incandescent red when nights grow chilly. An occasional tree will turn yellow or plum purple, so it would be wise to select at the nursery while plants are in color. Chinese tallow will not stand cold temperatures in the Northwest, the high desert, or the inland plateaus, nor will it color well along the coast. The best trees grow in California's inland and inner coastal valleys.

PETE

Sawleaf zelkova tree *about 10 yea has healthy lawn and shrubs under*

MICHAEL

Chinese pistache trees *outside the Introduction Station at Chico, Calif*

Sawleaf zelkova *(Z. serrata)* has ma the virtues of the elm and few of its Reasonably fast growing, and d guished in outline with a spreading of branches, it is as pest-free as any tree and a good tree to garden with no suckering roots. The smooth bark is handsome like that of a tree and the fall color of the folia rich—not as brilliant as that of pist but a deep, dark purplish red occasio varying to yellow or brown.

SUN

Photograph by Richard Kauffman, courtesy Sierra Club

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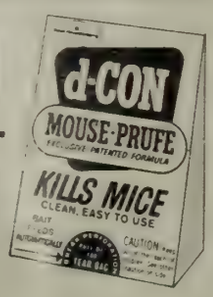

ELLIS MARUGG

'Rembrandt' *variety daffodils naturalized at Sunset. Violas in foreground*

How to naturalize bulbs

When you naturalize bulbs, you scatter them at random in an area and plant them where they fall. Last year at *Sunset* we naturalized 'William the Silent' this way; the year before, 'Rembrandt.'

If you like, you can enjoy a succession of bloom by planting early, midseason, and late-blooming varieties in many small groups of one variety each.

Before planting, work a soil condi into the soil 9 to 12 inches deep. Fer isn't necessary in good soil, but som deners mix a small amount of bon or superphosphate into the planting Set bulb into the hole at a depth al times its diameter. You can plant the bulbs with a ground cover o growing annuals.

Scatter *bulbs gently in random pattern, then plant where they fall on ground*

Mix in *small amount of superphos set bulb at depth three times its dia*

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If you can't remember 6&3, can you remember pink?

For vegetable harvests in winter and spring

DON NORMARK

A winter vegetable garden, *the Tucson plot of the Donald Pitts family: Cool-season crops (leaf, root, cole or cabbage family) give the garden a low, spacious look*

uch of the West—unlike most of the try—you can grow vegetables during inter. Plant before Halloween, then the quiet pleasure of country-fresh tables in winter and spring. The vegetable garden in winter is usually , but you can harvest memorable treats.

e treat worth the effort? How do n vegetables compare with those in s? What are the major (and minor) lems? How do Westerners grow vege- s?

nd out the answers, we sent question- s to more than a hundred gardeners fall.

WORTH THE EFFORT?

w gardeners said no, but most said nd boasted that their crops matched tclassed store-sold produce. Chances that if last winter's weather in the hadn't been so bad, the few who no might have thought differently.

responders planted about 50 kinds of tables and herbs; these were the most lar:

The Big Six

Onions
Lettuce
Radishes
Carrots
Broccoli and Peas (tie)

, longer-lasting varieties and swifter sportation make most store-sold pro- fresher than it used to be. But it can't compare in fresh flavor to vege- s grown only a few steps from the hen. One man's comments about his lettuce: "It was fresher and unwilted. Therefore it was easier to clean, and there was less waste due to crushing than with store lettuce."

One woman was so eager that she harvested most of her lettuce crop "a leaf or two at a time as it matured." Many wrote about gaining more vitamins from fresher crops (although nobody claimed more vigor).

Some vegetables, such as onions, can keep their freshness longer than other kinds, of course.

MICHAEL TILDEN

bbages *(above), other cool-season vege- les are available now in flats (large l boxes), pony packs (light cartons)*

THE ETERNAL PROBLEMS

The major problem mentioned was heavy rain. Close behind was the hot fall weather (which shriveled seedlings unless gardeners did enough extra watering). Frost ranked third.

The minor problems were snails and other pests, birds, and chickens. We also noticed that some crops—tomatoes, for example—were planted in late fall by optimists who dared to defy nature and lost.

A PRIMER FOR PLANTING

Most vegetables demand full sun, rich soil, and liberal watering. All too often, hot fall weather affected people and plants. People forgot to water and their plants suffered. Remember that vegetables, unlike most flowers, usually don't recover once their growth is checked by drought.

You can start your vegetables from seed or transplant from a flat or pony pack. Transplanting gives a head start over seed planters and cuts the risk of poor germination. Still, we found most of our fall planting responders had planted from seed like pioneers.

Broccoli

Easy to grow, broccoli satisfied most of our gardeners, although a few said their broccoli heads weren't as large as those of commercial broccoli. Consensus on spacing was 30 to 36 inches between rows, 24 inches between plants in rows. One grower had no problems with broccoli;

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others mentioned aphids, cabbage
birds, windstorms, and the chall
timing the picking of the crop
clustered buds opened.

Carrots

Most carrot growers were please
their results. A few said that the f
watering necessary in hot weather
noying. Germination took one
weeks. Most responders didn't
after germination. We recommend
ing a thin line of a complete fert
inches out from each row after t
thinning. A hint: Save the tiny
you remove in thinnings; they're d
when butter-steamed.

No problems with pests were men
The general opinion: Carrots are

Lettuce

The major problems were rain, fro
weeds. Unlike other vegetables,
made good container plants, accor
some gardeners. A few also plant
tuce between flowers.

Most were pleased with lettuce and
it easy to grow. Warning: Don't
tuce grow beyond maturity; it gets
and goes to seed.

Onions

Most planted from sets (small
spaced 1½ to 2 inches apart. Near
fertilized. Nobody mentioned any
growing problems.

Peas

Birds, snails, slugs, dogs, and rai
our pea growers many problems—so
that peas were harder to grow th
of the other plants mentioned here
of the gardeners planted seed, sow
to 1 inch deep. We recommend so
inches deep in light soil, or ½ to
deep in heavy soil or if planting i
ter. It usually took 7 to 10 days
seed to germinate; the longest
ported (by a man in San Diego)
to 30 days.

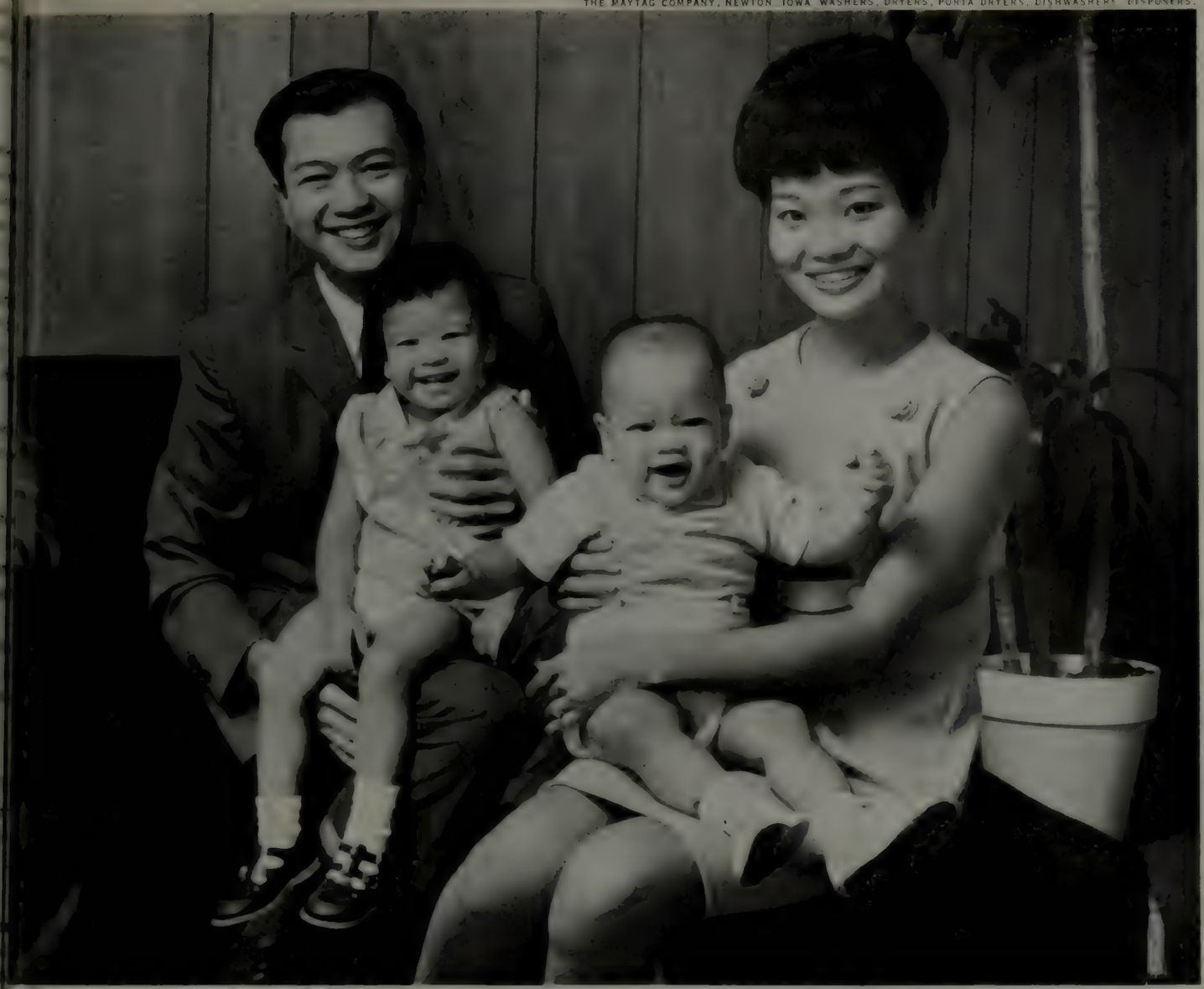
Radishes

Those who planted radishes had no
problems in bringing their crops t
vest. Said one gardener: "It's one
few vegetables I'd trust my child
grow. Even the seeds are big enou
them to see."

COMPLETE GUIDES

Choosing the right vegetables for g
is easier with the help of two
books: the current edition of the W
Garden Book (Lane Books, Menlo
Calif., 1967; $5.95) and *Vegetable*
dening (Lane Books, 1961, revised
$1.95). The books name the kinds o
tables that are best for home planti
discuss differences in varieties. Foll
their recommendations on where to
how to plant, and how to care f
home crops should result in goo
pendable harvests.

THE MAYTAG COMPANY, NEWTON, IOWA. WASHERS, DRYERS, PORTA DRYERS, DISHWASHERS, DISPOSERS.



oo and Angie, 2; and Mrs. Woo and Bobby, Jr., 7 months.

Meet Bobby Woo, the 200 Millionth American. His diapers are done in a Maytag.

Two weeks before Bobby arrived, Mrs. Woo got a Maytag Washer and Dryer. She was following her mother's example.

n she went to the hospital, Mrs. ert Woo of Decatur, Georgia, r dreamed she was about to give n to a celebrity.

obby caused quite a stir when he ved at 11:03 A.M. on November 1967. The census people in Wash- on, D.C., designated him the 200 ionth American, and you proba- read about him in the newspapers magazines.

wo weeks before Bobby was born, . Woo bought a new Maytag her and Dryer. The machines have n working overtime ever since. Diapers, playclothes, dresses, slacks, everything for a young family . . . 10 loads a week, week after week. But Mrs. Woo isn't worried. After all, her mother's Maytags are nine years old and still going strong.

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THE DEPENDABILITY PEOPLE

The problems people have with azaleas and rhododendrons . . .

Here are questions asked . . . and here are some answers

Deadheading: *To prevent seed formation, pinch base of spent flow ter, bend back and off; avoid damaging young growth buds below*

We get questions about rhododendrons and azaleas. Everyone wants these spectacular plants, but not everyone feels up to growing them. And some have failed in a first try or know others who have.

These plants often do have problems. If, however, you pick a site carefully, prepare soil properly, and otherwise give your plants a good start in life, the problems may never come up.

Now is a good time to buy and plant rhododendrons and azaleas and to give them the good start they deserve.

It's also a good time to review some of the problems that have bothered our readers over the years. This roundup may seem formidable, but remember that it's a summary of questions from all over the West, and it concerns all kinds of soils and climates. You'll only encounter a few of these problems—maybe none at all.

Q. *My rhododendron grows well and looks healthy, but it doesn't bloom. Why?*

A. Chances are that it isn't getting enough light. Commercial growers give their plants all the light they can take without sunburning; that's why the plant you get from a nursery is loaded with buds.

Your plant continues to need light to set flower buds; finding the proper location involves some trial-and-error and considerable observation and judgment. One way to find the right place is to keep your plant in a container until you are sure that it will bloom well (and not sunburn) in a given spot. Then, if you wish, plant it in the ground.

If your plant is young (or even if it is fairly large) and has never bloomed, you may have a variety that simply doesn't bloom until a certain age—perhaps 5 years, perhaps 25. (Plants of the latter kind are understandably very rare.)

Heavy bloom may lead to a heavy seed crop, which tends to interfere with the next year's growth and bloom. Remove the faded trusses before they have a chance to set seed. Be sure not to injure growth buds, which sprout immediately beneath the trusses.

If your plants grow at a great rate but refuse to bloom, you may be overdoing a nitrogen fertilizer, which keeps plants in vegetative growth at the expense of flower bud production. Cut down on nitrogen, or cut it out temporarily. But never starve your plants.

Q. *Why do my azaleas have a scattering of flowers here and there instead of a big sheet of color?*

A. It may be the variety; some azaleas with very large individual flowers have a relatively small number of them. But many of the Southern Indica and most Kurume azaleas should be sheets of bloom. To get them this way, you'll have to get heavily branched plants with the branches nearly all the same lengths.

Feed plants after bloom and monthly thereafter until August. Tip-pinch growth to induce branching and twigginess.

Q. *What do I do about yellow leaves on rhododendrons and azaleas?*

A. Maybe nothing. Leaves of evergreen plants have a definite life span they have lived it out, in a year or more, they turn yellow and fal yellow leaves are the *oldest* leave plant, and if new growth is healt green, don't worry.

But if leaves range from sickly green to yellow, with green m along veins and ribs, your plant h rosis. This ailment is a deficiency corresponding to anemia in anim people. Reasons for chlorosis are but they all boil down to one: Th lacks necessary iron in its tissues.

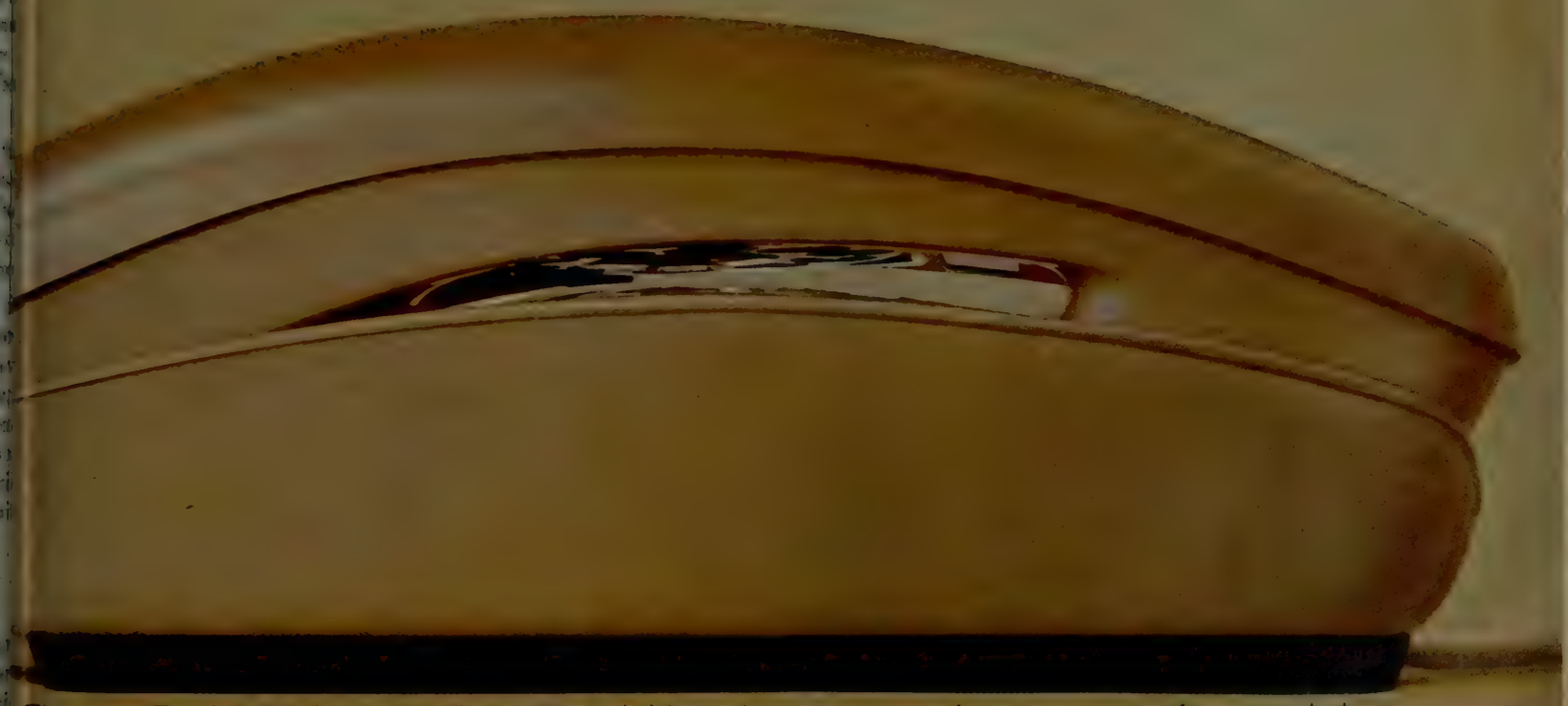
Usually there's enough iron in t this iron is available to the plant is acid in reaction and roots are h If the soil is alkaline, iron is "loc the soil and unavailable to the ro

It's possible for plants to grow soil and still lack iron because ro not functioning adequately. If hea soil or deep planting excludes air can't gather iron (or other nutrie a sufficient number of feeder roots stroyed by weevils, fungi, overfert or careless cultivation, the plant w fer an iron deficiency.

Q. *How can I be sure that yellow come from iron deficiency?*

A. Apply chelated iron in solutio foliar (leaf) spray. Yellow, iron-de leaves will begin to turn green with or three weeks; they will be entirely in five or six weeks. If the iron tre doesn't work, elements other tha may be lacking. Absence of mag

t's out of sight.



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can be cured by a light application of magnesium sulfate (Epsom salts) to the soil surface.

Some yellow-flowered kinds naturally have light green leaves.

Q. *How can I remedy iron-deficiency chlorosis?*

A. The foliar spray mentioned above is temporary relief as well as a good diagnostic tool. For long-range improvement, find what's wrong with the soil and correct it. Root run for the plants must be well aerated, cool, and moist; it must be acid in reaction. There are a hundred formulas for compounding a successful mix, but all are alike in one respect: They have a very large percentage of coarse organic material. Clay or alkaline soils won't work at all.

Even in a good planting mix your plants may develop chlorosis. Add iron, either as iron sulfate or in chelated form. Follow directions on the package; don't overdose.

Q. *What ails my azaleas? Leaves are blotched and discolored, many are rolled over at the tip, and the plants look half dead—or worse.*

A. This is a classic case of azalea leaf miner or leaf roller damage. A tiny caterpillar feeds in the leaf tissue or in the shelter of a rolled-over tip, where it later pupates. If only a few leaves are affected, hand-pick and destroy them. If the infestation is heavy, spray with malathion or diazinon.

Q. *A large branch on one of my rhododendrons has died. First its leaves turned dull olive, then they wilted and finally turned brown. They haven't fallen, but still hang on to the stem. What's wrong?*

A. It sounds like rhododendron wilt, an ailment caused by a fungus known as *Phytophthora cinnamomi*. This fungus attacks roots of many kinds of plants, causing symptoms that vary with the kind of plant.

One limb or one side of a rhododendron may be attacked, or the whole plant may perish outright. Occasionally a plant will recover, especially if its growing conditions are improved, but its symmetry may be destroyed. The plant pictured at right is so badly disfigured that it's not worth saving.

The fungus flourishes in wet, heavy, poorly drained soil. Be sure that plants have excellent drainage; grow rhododendrons in raised beds if heavy clay prevents quick draining. Be sure that soil is acid in reaction; *Phytophthora* seems to be far less a problem in strongly acid soils than in nearly neutral ones. Adjust soil *p*H to 4.5 with iron sulfate or soil sulfur.

As a rule it's best to pull out and destroy an infected plant to prevent spread of the fungus through the soil. If you want to save a particularly rare specimen, lift it and replant elsewhere—but not where it might infect other rhododendrons.

Q. *What causes fat, swollen, flesh formed leaves on azaleas?*

A. This is leaf gall, a fungus ail Young leaves in the bud or just ex ing are susceptible; spray when leal begin to open and at three-week int as long as young leaves continue t pear. Captan, zineb, and ferbam are spray materials. Hand-picking an stroying deformed leaves may be quate treatment for a light infestati

Q. *Leaf edges of my rhododendron chewed in squarish, scalloped pat Plants wilt easily, even when soil is and temperature moderate. Plants feeble.*

A. This kind of damage is charact of weevils. Various kinds of weevi found through much of the West.

PETE R

Rhododendron wilt: *Plant has lost n branches, should be pulled and destr*

adults (small, dull-co'ored, long-sno beetles) feed on the leaves of many k of plants. The young (little white gr live in the soil and eat roots. They girdle large roots or stem bases, cau plants to die.

Control adults with poison baits tered on the soil weekly. Use malat or diazinon in summer to catch emer adult weevils. If soil is heavily infe treat before planting with diazinon.

A woods weevil can cause heavy dan in certain areas, notably in the mil moister parts of the West near brus woodland. Control the adults as you trol other weevils. The grubs are not hard to kill and have no special season emergence, so treat throughout the to control emerging adults.

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SPECIES TULIPS: Some are demure, some are dashing and bold

Species tulips might be called the country cousins of garden tulips. They are the ones that grow wild around the Mediterranean, in the Near East, and in western Asia. Some are demure, as country cousins ought to be; others are dashing and bold. But it's not entirely correct to think of them only as "unimproved" wild tulips. Many are, but the Dutch, being inveterate improvers, have made selections from some of the species, and propagated and hybridized them with other selections.

Take, for instance, the waterlily *(Tulipa kaufmanniana)*. The specie big-flowered, short-stemmed crean ored tulip marked rosy red on the of the petals. Selection has given new varieties in a wide range of and markings, but all are recogni waterlily tulips in form and style brids between waterlily tulip and species have broadened the color and added brown-streaked foliage. With few exceptions the species

DARROW M. WATT

White flowers *of Lady or candy tulip are white with red stripes*

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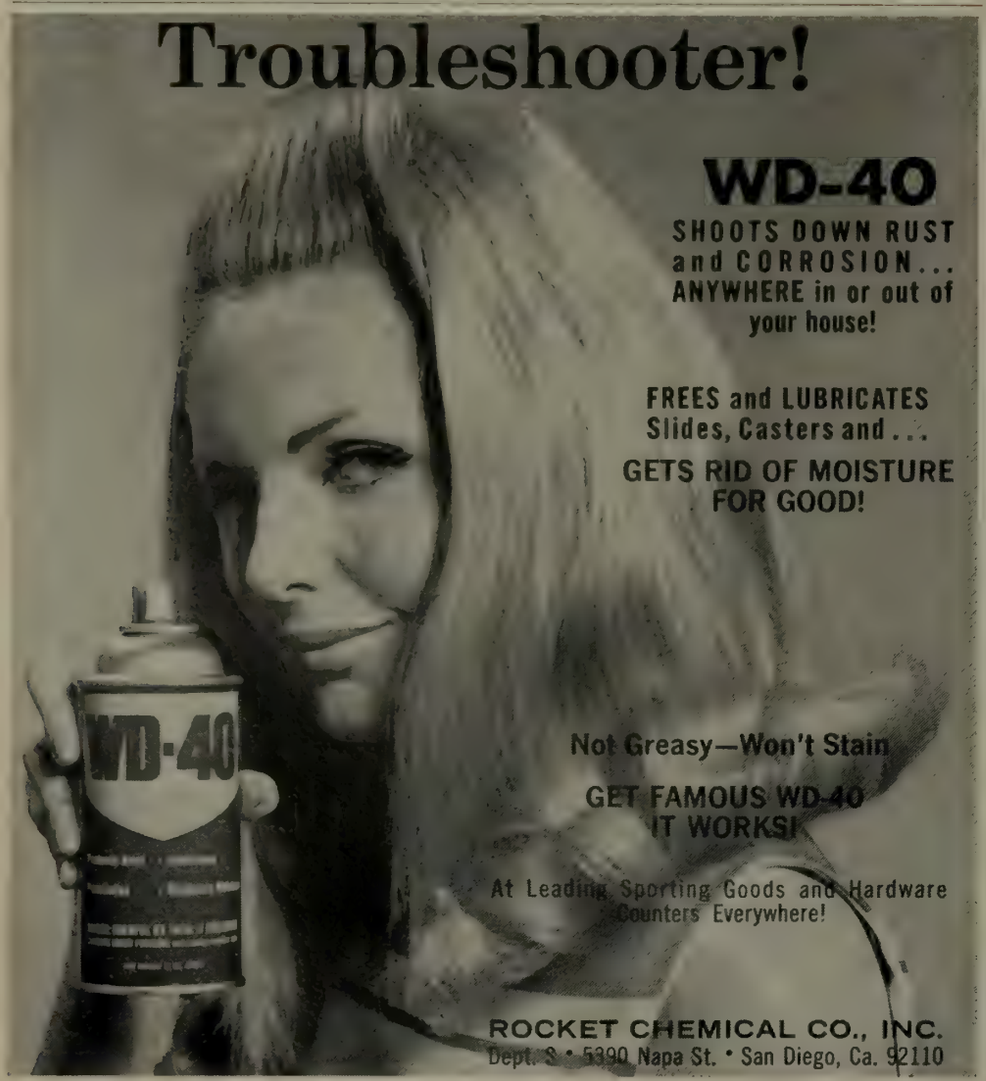

bloom ahead of the big Darwin tulips do not really compete with them. demure ones should be planted in m of at least a dozen to be really visib the garden.

The bold and dashing ones shoul massed too, but for different rea Flowers are so conspicuous that sca ing them distracts the eye. As poo color they are striking. Scattered, have the esthetic appeal of measles

Plant all kinds in full sun and well dr soil. Set bulbs at a depth 2 to 3 their diameter. Plant now in cold w areas. Where winters are mild, store in the vegetable crisper for a month fore planting.

Dutch producers grow dozens of k but only a few are widely availabl Western nursery shelves. These are ones you are most likely to find:

T. clusiana. Lady tulip, candy tulip. one is a good performer in mild w climates, even in Southern Califo Flowers come in April or May, later most species tulips. Flowers are sle with narrowish, pointed segments, w inside and rosy red outside. Stems inches tall and quite slender. Grow protected spot in coldest winter clim

T. fosteriana. The species itself has scarlet flowers 6 inches across on ste inches tall. More popular are the vari and hybrids. One of these, 'Red Emp has even larger scarlet flowers on 16 to 24 inches tall. There are also w yellow, and orange selections.

T. kaufmanniana. Waterlily tulip. flowers on short stems resemble s water lilies resting on a pond sur Many fine named varieties and na hybrids have extended original cream rosy color scheme into reds, yellows, p and whites, most with fancy marking

T. stellata chrysantha (T. chrysan Flowers of this one resemble those *clusiana* but flowers are yellow on th side, reddish to buff outside; total effect is bronzy.

DARROW M.

'Red Emperor' tulips *are fieriest sc with black centers; can be 9 inches*

7,200 yards of unremitting challenge. Long, lean fairways. Dog-legs carved through rough and tree. Greens jealously guarded by sand and water. And, test of tests, swirling gusts of wind. It could be St. Andrews.

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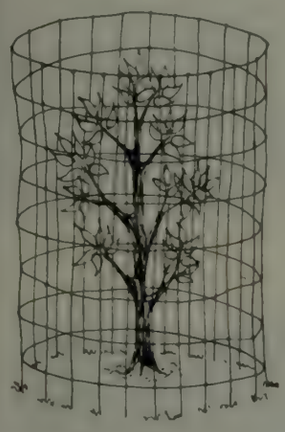
A gardener wrestles nature

ing trees on a site with bad soil, , heat, and tree-eating animals is . You can follow all the rules and have trouble getting the trees gh their first season.

ecently spoke to a gardener who is finishing his first year on a barren windy hillside, and his list of suc- s and failures may help other gar- rs with any or all of the problems ces.

site is in the Santa Cruz Mountains of San Francisco in an area where native growth is drought-resistant arral. The slope faces south, so sum- temperatures normally rise above and strong southwest winds blow s the hillside almost every day in er. There is a large rabbit population. topsoil at best is a few inches deep, near the house it has been scraped , leaving only rocky subsoil.

s were set out in fall to take advan- of the winter rains. Among those ted were redwoods from gallon cans,



lded-wire *rabbit fence for young trees*

s *(Umbellularia californica)* from 1, nd 15-gallon cans, bigleaf maple *(Acer crophyllum)* from 1 and 15-gallon s, Douglas firs from 5-gallon cans, and nsplanted live oak seedlings up to ut a foot high.

each case the gardener dug a planting e two to three times as wide as the e's root ball and half again as deep. then mixed 30 to 40 per cent nitrogen- bilized redwood sawdust in with the tive soil as backfill. Each tree was tered the night before planting so that root ball was moist but not soggy.

ar the house a severe drainage prob- was immediately apparent. Water stood in the planting holes of two 15-gallon bigleaf maples, and even when it drained below the surface, the soil remained mucky. Lack of soil oxygen caused root rot and the tops began to die back. Since the trees were on a slope, the gardener cut a channel on the downhill side to the depth of the planting hole and laid in drain tile and gravel, allowing the drain tile to empty onto the hill below. (On level ground it is sometimes possible to drain away excess

Tile, gravel *improve drainage on a slope*

water by digging a gravel-filled sump directly beneath the planting hole.)

The next problem was rabbits. Several gallon-can redwoods and some 5-gallon bays lost their lower branches overnight. To solve the problem, the gardener cut lengths of 2 by 2-inch welded-wire fencing, formed them into cylinders, and placed them around the trees. When the winter wind began to whip the young trees around he added burlap on the windward side of the rabbit fences. Burlap is also effective as wind protection for larger trees when mounted on three stakes in a V on the windward side.

The last major problem turned up with the first summer heat. The slow-growing gallon-can bays and the smaller oak seedlings needed frequent watering since their root systems were still not large enough to make up for the intense heat. Even once-a-week watering, good enough for the larger plants, was not enough to keep them from wilting and losing leaves. To shade them from the worst heat, the gardener added a piece of burlap over the top of the welded-wire cylinders and thus managed to keep the watering down to a reasonable schedule.

At the end of the first summer, the fast-growing plants—redwoods, bigleaf maples—more than doubled their size with weekly deep watering. The 1-gallon maples did better than the large 15-gallon trees, which suffered from the drainage problem. The small bays, on the other hand, grew so slowly that their roots were unable to keep up with the heat even with protection and several died. The 5 and 15-gallon bays survived and grew.

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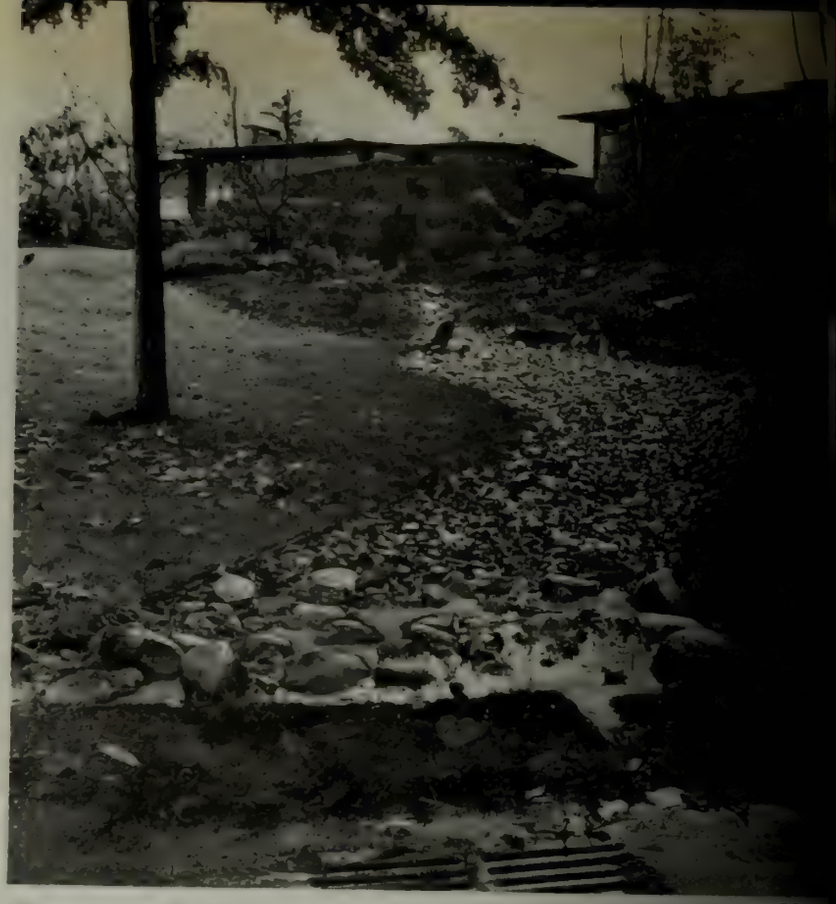

DON

Winter rains *fill this garden stream with water from both the hillside ings at right and the lawn at left. Water flows into storm drain at*

Dry stream beds are decorative landscape features in many Western gardens, and they can be practical as well. With proper planning, a stream can drain excess water from your garden during the wet, rainy season ahead and then revert to its strictly decorative purpose when dry weather returns.

The secret of effective stream bed drainage is to intercept the ground water flow. Water invariably takes the path of least resistance and will flow into a stream bed that crosses its path. If the bed slopes properly, water will then flow away from the garden. The stream shown above, just after a winter rain, carries off excess water into a storm sewer. John E. Putnam of Bellevue, Washington, designed it to drain both his garden and lawn.

Soil under the eaves of a house can become soggy if downspouts deposit water there without effective drainage. The under-the-eaves shade garden at left has a handsome drainage stream. The owners, Mr. and Mrs. James R. Ellis of Bellevue, collected the gray river rocks from mountain streams and used them to border the gravel bed. The variety of rock sizes create a natural feeling.

Originally designed to carry away from a bank during heavy winter the stream pictured below now whenever the owners want it to. T stalled a water valve to provide a r brook. Water does not recirculat empties into a drainage ditch out garden. The banks of the strea planted with bronze-leafed ajuga native grasses used for their tufted

Rocks *collected from mountain streams border this gravel stream bed that drains water from downspouts, protects plants*

RICHARD FISH

Stream on demand: *Water valve under rock in foreground takes over after winter rains have gone, to cool a summer garden*

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Seascape neo-elite casually costumed

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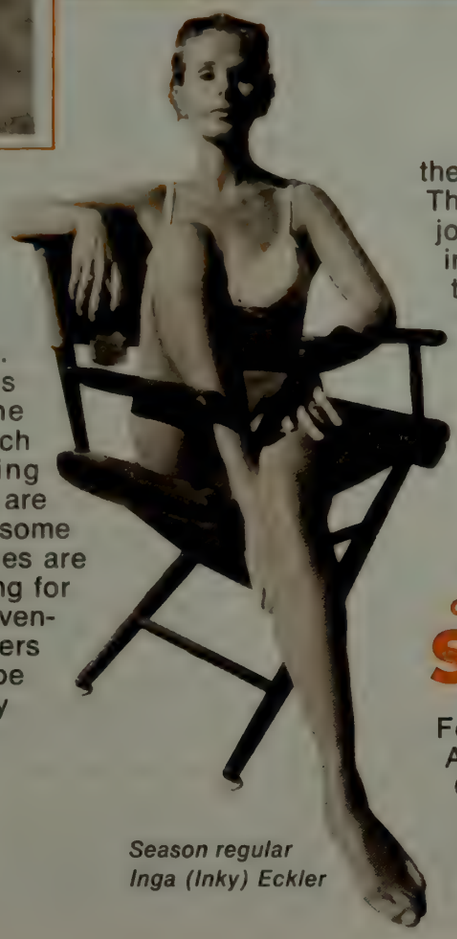

Season regular
Inga (Inky) Eckler

the social life of the community abound. There are a few townhouses with adjoining recreation club for those seeking this form of beach life. Known as the "Beachcliff" area of Aptos Seascape, it includes for the pleasure of residents a delightful club room, sauna, pool and sunbathing patio. Beachcliff homes start at $33,900.

The scenic Aptos Beach Golf Course, lodge and restaurant are part of the Aptos Seascape community. Tennis is also a popular sport among "Seascapeans."

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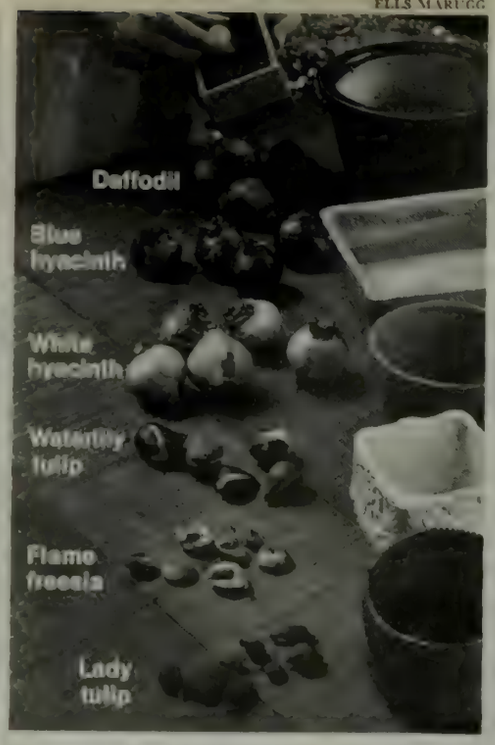

Potting *bulbs is fun when you try different kinds in a wide variety of containers*

Bulbs in pots for later indoor bloom

This October you can spend an enjoyable hour or so planting several different kinds of bulbs in containers that can be brought into the house when the bulbs bloom. You might select mostly small kinds of bulbs and small containers easy to accommodate on breakfast, bedside, or end tables, or on windowsills—and a few larger ones for the dining table and sideboard. Some might make welcome Christmas gifts.

LOOK FOR INTERESTING CONTAINERS

Part of the fun is shopping for containers. You'll find them in all kinds of places: gift and import shops, nurseries, roadside stands offering an almost unbelievable choice in Mexican pottery, and occasionally variety stores.

If containers don't have drainage holes, you can make them yourself with a ¼-inch electric drill, using a tungsten carbide masonry bit, available at hardware stores. This bit will easily cut through ceramic or glazed or unglazed terra cotta. If you don't want to drill holes, plant the bulbs in regular clay or plastic pots that will fit into the decorative containers when you display them.

A half dozen to a dozen bulbs—depending on size of bulb and container—are usually sufficient for each pot or bowl. Be generous, though: Get enough bulbs to plant them close together—almost ing—for a big splash of color.

HOW TO POT BULBS

If you're potting only a dozen or tainers, buy a bag of potting mix bulb fiber. For a large number yo prefer to mix your own by com equal parts of loam, coarse sand, ganic matter (ground bark, leaf m peat moss). Place a piece of broke over the drainage hole, fill the co to within an inch of the rim, and bulbs with the tip (nose) even wi surface of the soil.

Soak the mix until the water runs out of the drainage hole, then pla containers in a cool, shady spot house or coldframe if you have or keep the bulbs moist and cool duri rooting period, embed the pots in bark, peat moss, sawdust, or wood ings—mound some over the top containers, too. After the bulbs rooted (about 8 to 10 weeks), remo covering and place containers in ful Bring indoors when buds show colo

SOME BULBS TO TRY

Here, more or less in order of bloo bulbs one of our editors potted last

Polyanthus narcissus 'Soleil D'Or,' White,' 'Cragford.'

Crocus. 'Blue Pearl,' a variety of *C. anthus*, and Dutch crocus.

Violet-scented iris *(I. reticulata)*, a ture that usually blooms in Febru

Daffodil 'February Gold.'

Hyacinths. Big Dutch hyacinths f pressive display; smaller Roman cinths for grace and longer bloom.

Grape hyacinths. *Muscari armen* has flower spikes of true blue.

Waterlily tulip *(Tulipa kauffmann* Creamy yellow and red flowers.

Lady tulip *(T. clusiana)*. Slender f that are rosy red outside, white ins

Flame freesia *(Tritonia crocata)*. Gl orange-red, freesialike flowers.

Set *bulbs (lady tulips above) wit tops level with or just under soil s*

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Where to look for railroad ties

Although it's getting difficult to find r railroad ties, they're still available you're willing to do some telephoning searching.

There are several reasons for the sh age. Nearly everyone with a new gar is now aware of the landscaping poss ities of railroad ties (see some on p 110). Also, some railroads no longer vage ties they replace; instead of rem ing whole lengths, a special machine ties into three ragged-edged pieces.

As with any product in short sup prices for railroad ties have increa In 1958 *Sunset* listed $2.25 as top p for a used tie. Now you'll pay up $5. Prices generally depend on qual and many inexpensive ones are just battered or splintery for a prominent g den spot.

Standard size of ties is 6 by 8 inches 8 feet. Shorter sections (at 50 to 60 ce a foot) are also available. Longer ones to 16 feet (they come from track curv are quite scarce.

Most of the used ties sold now are pressure-treated with creosote preser tive. Untreated redwood, cedar, or ties are neater but rare.

If you want to buy ties, start looking the telephone book's yellow pages un "Building Materials." If you don't any dealers advertising ties, try the o catering to landscapers.

For another source, look under "Railro Equipment and Supplies." In most la West Coast cities, at least a few railro contractors sell ties they've removed fr track rebuilding jobs. Some advert them in the yellow pages. Some suppli also sell new ties, but the prices (fr $7.50 to $10 each) make them impracti for any landscape use.

Ties cost least if you pick them up rectly from a railroad, but that's becomi nearly impossible. We checked with ma Western railways and found only one th makes ties available. Your chances getting them are slim, and you'll have wait months at least. If interested, y can write to the following, mentioni how many ties you want and why:

J. T. Groundwater, Superintendent, San Fe Railway, 310 S. Santa Fe Ave., L Angeles 90013.

Earl Gillmore, Superintendent, Santa Railway, E. Second St., Winslow, Ari 86047. Only pieces of ties are availab from this source.

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In one narrow flower bed . . . seven months of continuous bloom

One narrow flower bed can produce three successive bursts of bloom, beginning in March and ending in September, with enough flowers left for cutting.

Using only miniature bulbs and a scattering of annual flower seed, here's how a Seattle gardener produces a colorful show in a sunny 3 by 24-foot bed.

In October, she plants clumps of miniature daffodils to bloom in March and April, bearded iris for May and June, and baby gladiolus to bloom June and July. Miniature glads don't go into the ground until spring; they bloom from July on. Low-growing annuals, seeded over the bed after the gladiolus go in, tie the planting together and help mask the daffodil foliage as it fades.

You can begin to plan this type of planting right now and take the first steps in developing it. Since the bed needs to be done over only after the daffodils become crowded—every three or four years—the soil should be carefully prepared and enriched with a balanced fertilizer, dolomite limestone, bonemeal, or superphosphate. All plants listed perform best in a sunny spot.

SET OUT IRIS FIRST

Intermediate and miniature tall (table) iris are suited for planting in a confined space. These can be planted closer together than the large-flowered, tall, bearded types, since the smaller ones grow only 15 to 28 inches high and have slender, wiry stems and much smaller leaves and rhizomes.

Plant in two rows about 20 to 24 inches apart, in groups of three. Point the toes of the rhizomes toward the center of each triad and the fans of the leaves outward, so the plants will grow away from the center. As the three original rhizomes merge into a solid clump after a few years, two of them can be removed to postpone complete renovation of the bed. Be sure to apply an all-purpose fertilizer in spring and late summer to keep them growing well. See the list below for a selection of varieties.

NEXT, THE DAFFODILS

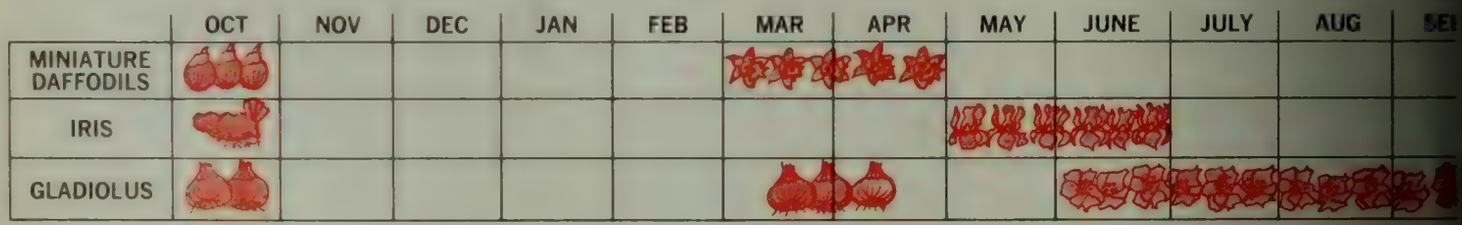
After iris are in place, fill in between the groups with miniature daffodil bulbs. Groups of three to five daffodils will produce more color than one-of-a-kind spacing, but they will need to be divided sooner. Not all varieties listed bloom simultaneously. Unless you prefer groupings of a single color or type, mix the varieties; then the bed will appear full throughout the season. The bed we saw made a conspicuous shift in color from solid yellow to pure white in a two period. It's best to keep the numl different kinds down to five or le keep the bed from looking cluttere You'll find some good miniature da listed below.

LAST, THE GLADS AND ANNUALS

For later bloom, save space for ba miniature gladiolus varieties. Plant glads now, and save the miniatur next spring. Between the two types, have flowers from June to Septemb sure to leave enough space around ir zomes when planting glads—about 10 inches. Set bulbs 3 to 4 inches de

To complete the planting and pr additional summer color (and camou ripening bulb foliage), sprinkle see delicate textured annuals over bare Clarkia, linaria, nigella, and Swan daisies are a few that have proved cessful. Or you may prefer to see entire bed with a low-growing gr cover, such as sweet alyssum.

As yellowing daffodil foliage become tidy, tie the groups of leaves in knots to reduce their height. (Cuttin the leaves robs next year's bulbs o trients.) If annuals come up in the w places or threaten to smother iris fol simply pull up a few.



Iris

'Blue Mouse,' gray-blue
'Dainty Dancer,' yellow and orchid
'Desert Quail,' cream dotted with tan
'Honorable,' yellow
'Kinglet,' yellow
'Mockingbird,' white and red
'Painted Rose,' yellow and rose
'Pewee,' white
'Pixavar,' yellow and purple
'Pixikeet,' white dotted with blue
'Royal Thrush,' copper and purple
'Scale Model,' light purple
'Shrinking Violet,' dark violet
'Warbler,' yellow

Daffodils

Narcissus bulbocodium (Hoop petticoat), deep yellow
N. canaliculatus, white with yellow cup
N. cyclamineus, clear yellow
N. lobularis, white and yellow
N. minimus, yellow, very small
N. triandrus 'Angel's Tears,' white
'Chickadee,' yellow and pale orange
'Estrellita,' lemon gold
'February Gold,' yellow
'Satellite,' yellow and orange-red
'Small Talk,' yellow
'Thalia,' white
'W. P. Milner,' cream

Gladiolus

Baby gladiolus, bloom in June:
'Amanda Mahy,' orange pink
'Apple Blossom,' bright pink
'The Bride,' white
'Peach Blossom,' light pink
'Robinetta,' wine red
'Spitfire,' deep red

Miniatures, bloom late summer:
'Atom,' scarlet and gold
'Bit O' Sunshine,' bright yellow
'Green Lace,' chartreuse
'Lavender Petunia,' lavender and whit
'Pixie,' yellow

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Sifter *of 2 by 6's and ½-inch-mesh screen separates rocks from soil. Rocks are then sorted by sizes for different garden uses*

Little rocks *an inch wide or smaller go fo path. They're piled about 3 inches thic*

Putting the rocks you dig up back into garden use

If rocky soil infests your property, you'll probably find that it's much simpler to incorporate dug-up rocks into the garden than to haul them away.

On this page you see how the Harold S. Mastersons of Claremont, California, use rocks they've turned up while planting their garden. Whenever they start to plant anything, they first sift the soil as shown above, sort rocks by sizes, then return sifted soil to the planting area.

To keep weeds down in paving and mulches, the Mastersons lay polyethylene sheets beneath the rocks.

Bigger, *irregularly shaped rocks go prominent places as a heavy-duty*

WILLIAM APLIN

Biggest rocks *are stacked two high to make a low raised bed for white petunias and iris. Another row of rocks is behind the iris*

Smooth, *roundish rocks have riverwashed look, catch drips underneath the faucet*

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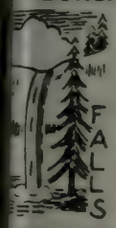

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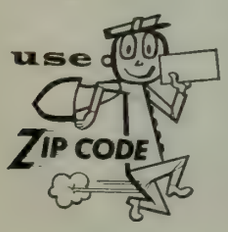

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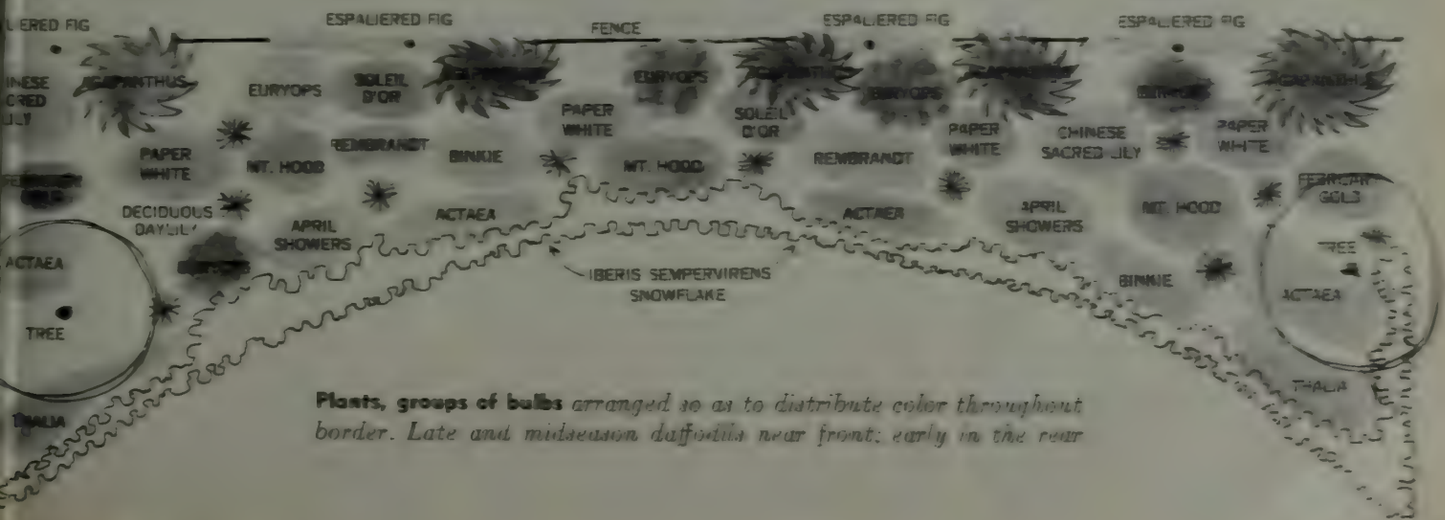
r in April, *18 months after planting. Espaliered figs on the fence. Bulbs, perennials will need dividing every four or five years*

This border at Sunset is colorful all year

border of daffodils and perennials es a nine-month succession of yel- d white with splashes of blue during er. You could call it a year-around e because *Euryops pectinatus*, a yel- laisy-flowered perennial, fills the color gap.

We planted the border in *Sunset's* rear patio in late October and early November, 1967. First we set out the perennials: blue and white agapanthus, soft yellow daylilies, and euryops from gallon cans; perennial candytuft (*Iberis sempervirens* 'Snowflake' from flats.

Next, we planted the daffodils in groups of 18 to 30 bulbs. We put the early varieties toward the rear, where late spring and summer blooming perennials would hide fading foliage; midseason and late daffodils carried a spring feeling into the forward sections of the border.



Plants, groups of bulbs *arranged so as to distribute color throughout border. Late and midseason daffodils near front; early in the rear*

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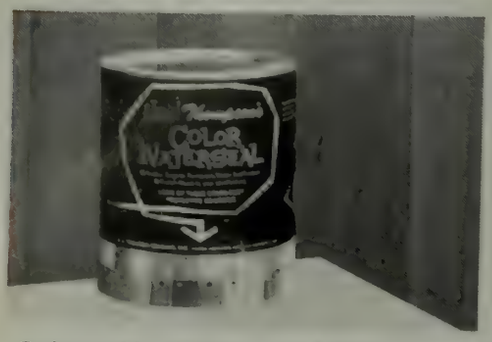

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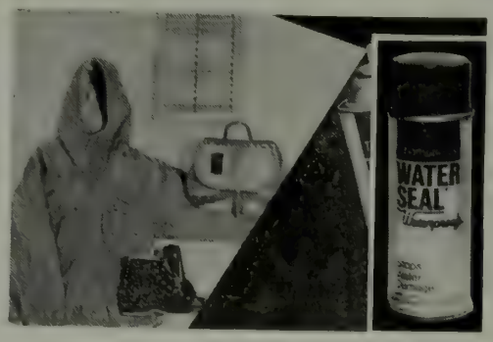
Thompson's Pigmented Waterproofing Compound *Thixotropic* provides color and protects wood, metal, concrete, masonry, stucco from water damage. Many colors to brush, wipe, roll or spray on. Waterproofs with color concrete and wood. Ideal rustproofer. For Stain, mix 50-50 with TWS. Salt, alkali, acid resistant. *Send for Color Folder.* Qt. $2.95; Gal. $9.75; 5 Gals. $47.25 ppd. tax incl. No C.O.D.'s. At dealers or write direct. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.



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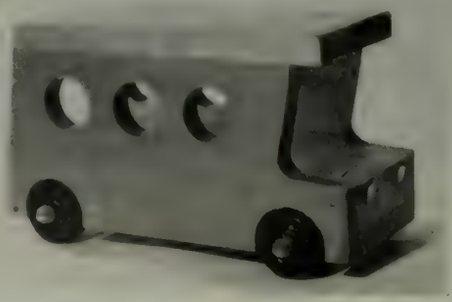

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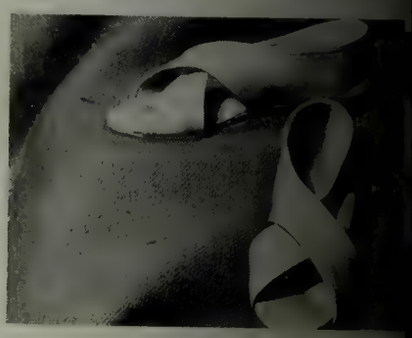

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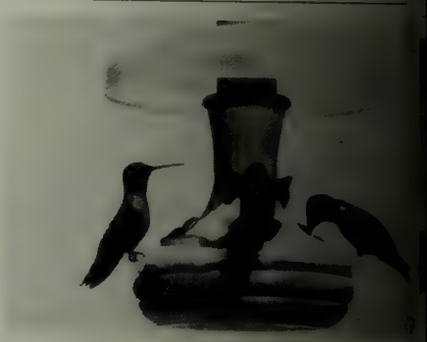

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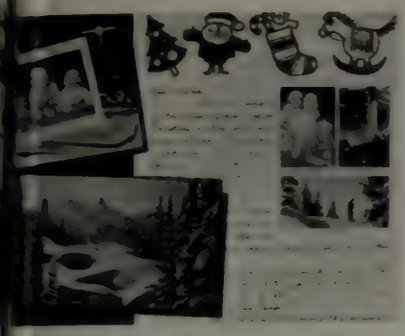

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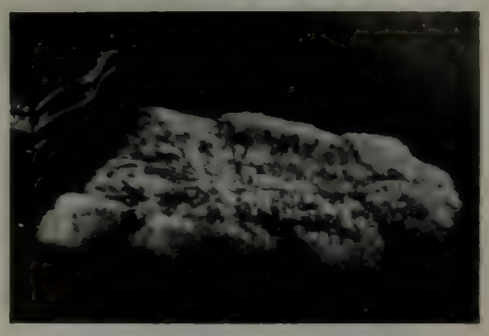

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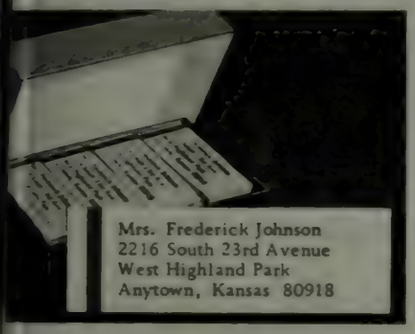

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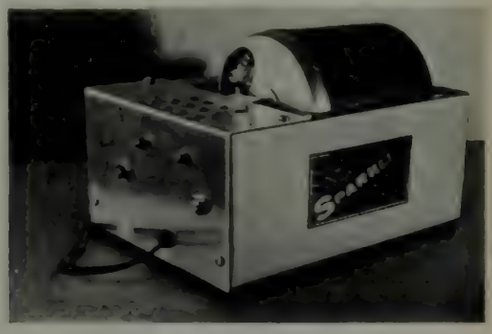

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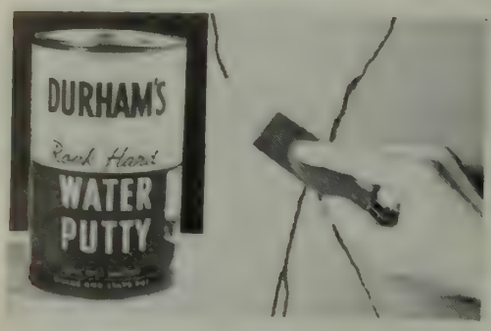

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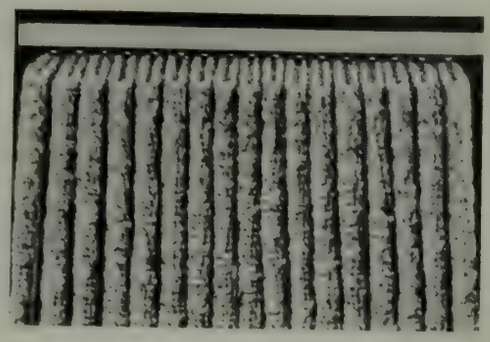

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Garden even in October

Oakland. October 4 and 5. Show blooming mums by the North fornia Chrysanthemum Society junction with a flower show Oakland-East Bay Garden Cent Lakeside Park Garden Center, 6 vue. Ave. Hours: 10 A.M. to 5 P.M

Palo Alto. October 4 and 5. Akeb sai Club show. Place: Buddhist 2751 Louis Rd. Hours: noon t Saturday; 10 A.M. to 6 P.M. Sund

Santa Clara. October 5. Sixth ann by the Midori Bonsai Club. Plac wood Recreation Center, 3330 Pr Rd. Hours: noon to 5 P.M. Free.

San Francisco. October 7, 14, 21, Lectures on basic garden techniq sented by Strybing Arboretum Place: Hall of Flowers, Golden Ga Hours: 10 A.M. to noon. Admiss lecture: $1 for members, $2, nonm

San Mateo. October 9. Peninsula lent and Cactus Club show. Place ford Recreation Center, 2720 Alan las Pulgas. Hours: 2 to 9 P.M. Fre

Los Altos. October 11 and 12. Flo flower arrangement show. Place: Shopping Center, Foothill Expres Springer Road. Hours: 1 to 6 P.M day; 10 A.M. to 6 P.M. Sunday. Fre

Redwood City. October 18 and 19. S the Kusamura Bonsai Club. Plac erans Memorial Bldg., 1455 Madis Hours: noon to 8 P.M. Saturday; 1 6 P.M. Sunday. Free.

Oakland. October 19. National Herb Society show and bazaar featurin pourris, herb vinegars, potted plan dried herb sprigs. Place: Lakeside Garden Center. Hours: 10 A.M. P.M. Free.

Oakland. October 25 and 26. Ea Bonsai Society show. Place: La Park Garden Center. Hours: 10 5 P.M. Free.

San Rafael. October 25 and 26. Sh the Chrysanthemum Society of Place: Crocker-Citizens National Fourth and B streets. Hours: 1 to Saturday; 10 A.M. to 5 P.M. Sunday

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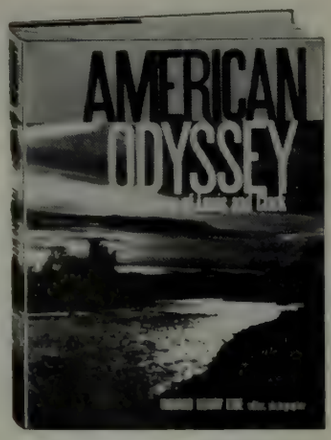

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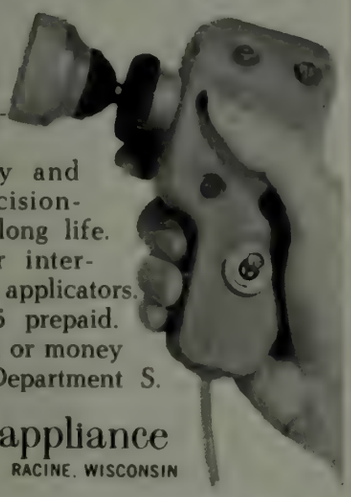

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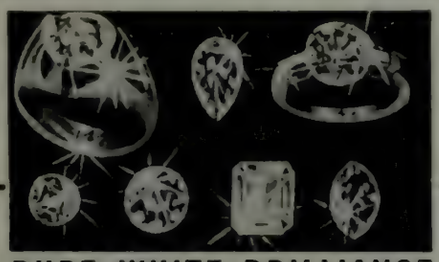

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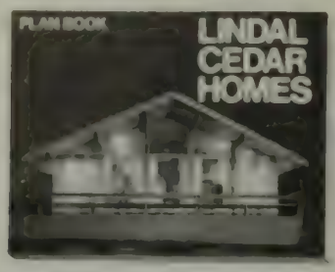

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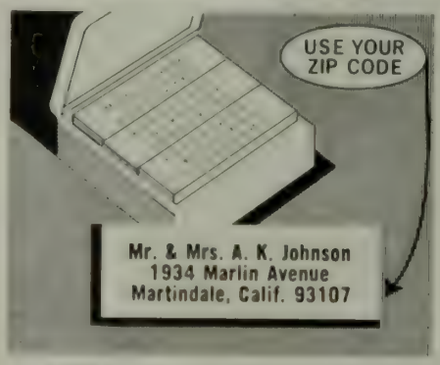

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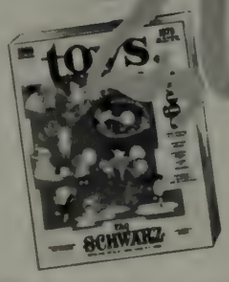

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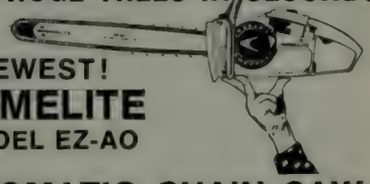

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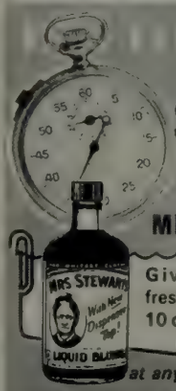

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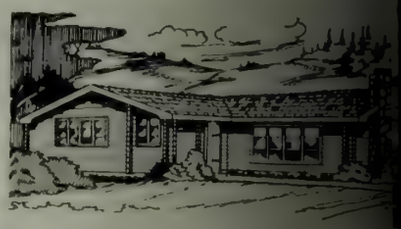

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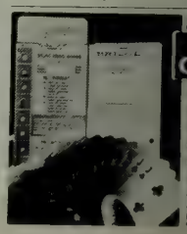

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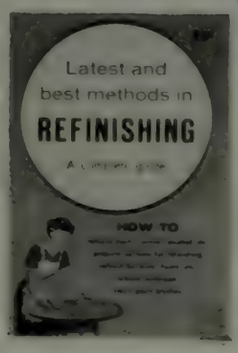

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Bush germander hedge *by gravel walk channels traffic, acts as a white "curb" at night*

JOHN ROBINSON

Less closely sheared *than the hedge above, this one has a softer, more casual look*

It makes a great silvery hedge

White or silvery plants get their silvery look from a coating of hairs or scales on leaves and stems. These protect plants against heat, and incidentally make them look cool. Hence the pleasant paradox that these cool-looking, silvery plants often thrive in the hottest places—a trait that makes them quite useful in many gardens. One such plant is bush germander *(Teucrium fruticans)*.

Left to go its own way, bush germander would reach 4 to 8 feet in height and spread even wider. Branches are slender and silvery white; gray-green leaves are intensely white underneath. The general effect of an unclipped plant is cool and filmy, and the lavender-blue flowers that appear almost throughout the year enhance the cool look.

Native to warm dry parts of southern Europe and North Africa, bush germander can take high temperatures and get along with little water once it is established. It can take summer watering if drainage is good, but it should be planted away from frequent garden watering.

Silvery white bush germander is highly visible, especially against dark green or bronze foliage. This makes it useful in marking edges, divisions, and boundaries, and in defining paths or walks at night and at dusk.

Plants set 3 or 4 feet apart and sheared will make a dense, somewhat formal hedge that can be kept at 2 feet tall or permitted to reach 4 or 5 feet. In late winter, thin and cut out dead or damaged wood, then cut back the plant to limit its height. Shear a few times during spring and summer to keep the hedge dense.

For a taller, more open and airy hedge, thin branches in late winter, then thin during the summer to suit your taste; use pruners, not hedge clippers, and cut to side branches or buds to guide shoots and control density of the plant.

LETTER FROM *Sunset*

A continuing look at what's new in house design in the Wes

One morning in June, 1956, *Sunset's* publisher and *Sunset's* editor held informal meeting over coffee in the Biltmore Hotel in Los Angeles. Pres were the directors of the Western districts of the American Institute Architects.

Out of the meeting came a plan for a new residential house design awa program. Joint sponsors would be the A.I.A. and *Sunset Magazine*. would be the first continuing joint venture between the architects' p fessional institute and a consumer magazine.

The first round of the program came in 1957. Response from archite and house builders in the West was enthusiastic. They entered 238 hous each presented in photographs and plan. A distinguished jury grant 28 awards.

Over the years the biennial Western Home Awards program has grown acceptance—and has steadily expanded in concept.

During the first decade of the Western Home Awards, vacation hous were added to the program, then remodeled houses. Now, in the seco decade, townhouses have been added.

Starting with the second round of the program, juries have included tw architects who had been previous Western Home Award winners. Sin 1965 the juries have also included one architect from outside the Unit States—Australia's Robin Boyd in 1965, Japan's Fumihiko Maki in 196 Mexico's Héctor Mestre in 1969.

Entries in the Western Home Awards program this year numbered 34 the jury had its work cut out for it. Awards and citations totaled 4 You'll find all of them reported in the article that begins on page 84. Th WHA results give you a look at what's new and what's promising i house design in Western America.

WINDOW ON THE WEST: Apple time

The most celebrated apple country in the West is Wenatchee-Yakima in Washington. But the bountiful roadside apple display pictured here isn't in the Northwest; it's in Watsonville, California. Throughout the West October is the great apple month. You'll find orchardside apple displays this month in Oregon as well as Washington and California, and inland in Arizona, Utah, Idaho, and the Thompson and Okanagan valleys of British Columbia. It's apple time.

NOVEMBER 1969

40 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

OCT 27 1969
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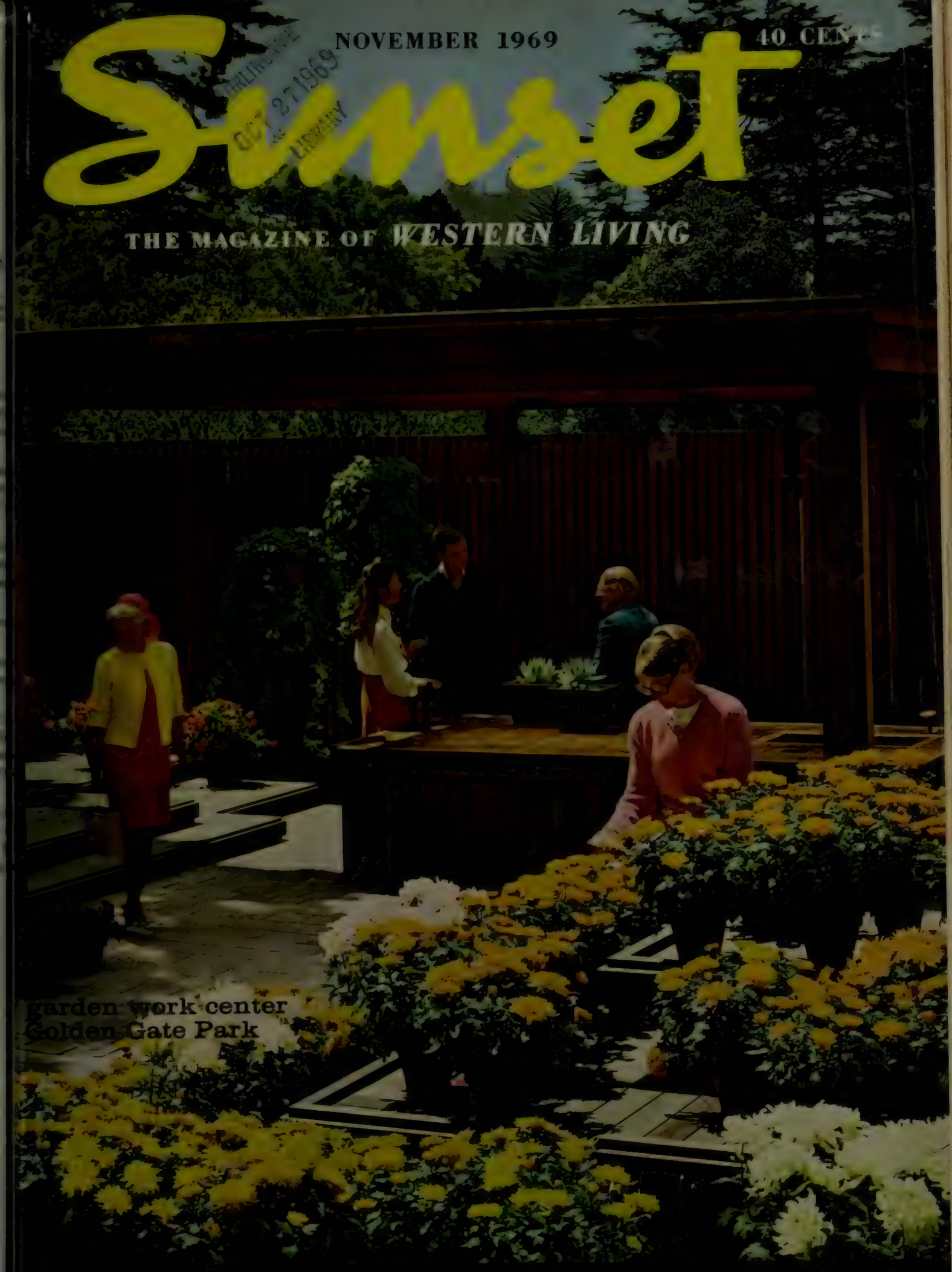

garden work center
Golden Gate Park

he Almost Nothing-to-it Big Thanksgiving

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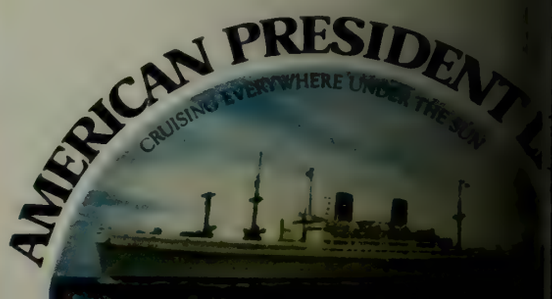

Sunset*

THE MAGAZINE OF WESTERN LIVING*

THE PACIFIC MONTHLY*

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The Cover Story

Latest addition to Sunset-sponsored demonstration gardens in San Francisco's Golden Gate Park is the new garden work center pictured on this month's cover. It's reported on page 94. The cover photograph is by Glenn Christiansen

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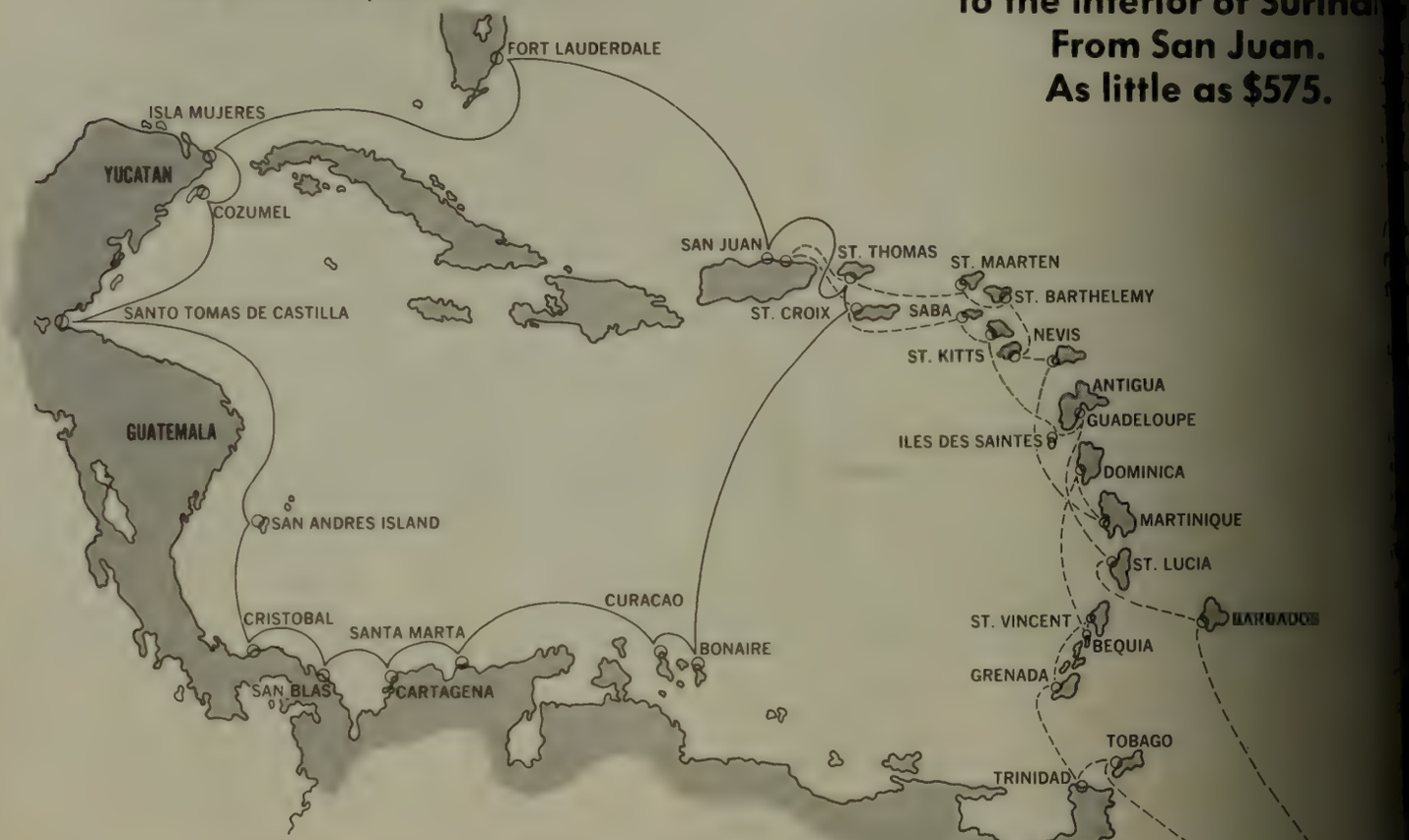

Even the most experienced traveler will find something new on these two unusual cruises.

To the west: the San Blas Islands, San Andres, little-visited Cozumel, Isla Mujeres, the splendid Mayan ruins in Yucatan and an opportunity for extensive overland travel in Guatemala.

To the east: offbeat islands like Saba, Iles des Saintes, Bequia, Dominica, eighteen more and an unbelievable cruising adventure deep into the jungle heart of Surinam.

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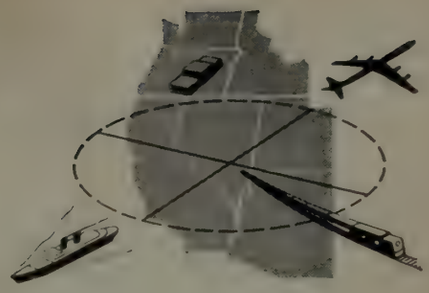

orating the discovery
n Francisco Bay

nmemorative hike to the top of t-day Sweeney Ridge on Saturday, nber 1, will pay tribute to Don r de Portolá and his men who, just ears before, were the first Euro- to discover San Francisco Bay.

valk to Sweeney Ridge will be a uation of the bicentennial celebra- arted earlier this year in San Diego it was after this first European nent in California was founded that á and 62 men, on July 14, 1769, d north by land to establish a io-mission by Monterey Bay. By mber 30, they had reached the Mon- area, but since an earlier descrip- alled the harbor a closed bay as it l from out at sea, not a gulf as it red from land, the party pressed . On October 30 they recognized the of the Farallones and Point Reyes bed by earlier explorers.

veary men established camp at San Creek in present-day Pacifica. On mber 1 chief scout Joseph Francisco a and a small band set out to recon- . The evening of the next day, sol- who had been hunting deer reported ing a great arm of the sea, and a verified their report when he re- d to camp on November 3.

November 4 the entire party broke and climbed the 1,200-foot ridge to down upon San Francisco Bay. In ttempt to skirt the body of water arty walked as far south as a land- redwood—*"el palo alto,"* for which Alto was later named—before de- g to give up the quest.

Sweeney Ridge discovery site is on normally closed to the public. It is

Bay discovery site *is still open land, but with eucalyptus woods, South City sprawl, and haze, Portolá would scarcely recognize the view*

Sunset

THE MAGAZINE OF WESTERN LIVING

November 1969

Sometimes *you make it—but sign is a warning you might not*

We drove all of Death Valley's roads

We tried them all—the sometimes rocky, sometimes sandy back-country tracks marked "Jeep Road" in Death Valley National Monument. At various times this standard station wagon, with automatic transmission, air-lift shock absorbers, and a medium load (but without limited-slip differential), went without trouble over every such track except the last bedrock pitches of the "road" to Burro Spring.

The National Park Service, taking as few chances as possible with the lives and vehicles of visitors, signs the more difficult roads this way. But with any car, road clearance is more important than power or traction; a ruptured crankcase ends the trip.

We also used, of course, the paved roads, the airports, and the foot trails. For the resulting report on Death Valley, turn to page 78.

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roughly west of the San Francisco
national Airport and south of the
station in Pacifica.

On Saturday, November 1, ceren
organized by San Mateo County a
city of Pacifica, will begin with a M
9 A.M. near Portolá's campsite o
beach at San Pedro Creek—close t
intersection of State Highway 1
Linda Mar Street in Pacifica.

After the Mass, participants can
north on State 1 about a quarter
before turning east on Crespi Driv
continuing to its end at Fassler Av
From there you can hike a dirt road
ing up, often steeply, for almost 2
to Sweeney Ridge. You can make th
any time during the day.

For information on other local bice
nial events, call Pacifica city hall:
355-4151.

One-stop shop for Christm

The ladies of the St. Luke's Hospital
iliary in San Francisco have sh
throughout the U. S. to locate gifts
ing in price from $5 up. Sample gift
be on display at the Museé de Noel
this year in the Hilton Hotel at M
and O'Farrell streets, San Francisco,
9:30 A.M. to 5:30 P.M. on November
5, and 6. You simply place an orde
the store of original purchase sends
you, along with the bill.

A century old in Salinas

History buffs driving through Salina
find worthwhile a short detour t
First Mayor's Home, a perfectly
served redwood house 101 years old.
Harvey, the first mayor of Salinas,
the home on Monterey Street in wh
now the downtown district. Thirty
ago, however, the house was move
its present location at 238 E. Romie I

The original interior includes a
Franklin stove, a Hallet & Cumston
grand piano, and a closet full of tur
the-century clothes.

If you want to poke around inside,
arrangements with Mrs. Laura Tar
the Monterey County Historical Soc
telephone (408) 424-7156.

A new plaza for Monterey

Monterey's Fishermen's Wharf has a
look this autumn. The Custom H
Plaza, dedicated September 6, was
signed to recapture the atmosphere o
Monterey. Its broad expanse of pa
clay paving and its adobe-style walls
benches were patterned after early S
ish California plazas. It's located ne
the Old Custom House at Fisherm
Wharf.

Old Monterey Plaza, at the intersec
of Tyler Street and Munras Avenue,
been rededicated and is now called J
Simoneau Plaza. A French philosop

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Flags flying *in Simoneau Plaza are those that have flown over Monterey*

restaurateur in Monterey during the late nineteenth century, Simoneau was a close friend of Robert Louis Stevenson. A plaque emplaced at the rededication September 26 describes how Simoneau nursed Stevenson back to health after a severe illness in Monterey. The g Scot later wrote, "The strange case Jekyll and Mr. Hyde—but the c Robert Louis Stevenson and Jul moneau, if the one forgot the other, be stranger still."

For travel planners, a November check list

Lost credit cards. A new service insures credit card holders against loss and theft. If your cards are missing, you can telephone collect at any hour, from anywhere in the United States (or cable from a foreign country), and the company will immediately notify all card issuers involved. The service costs $10 a year and includes a $1,000 (no deductible provision) insurance policy. To apply, write to Protect-a-Card, Inc., 221 N. Robertson Blvd., Beverly Hills, Calif. 90211.

Communist China imports. The U.S. Treasury Department has relaxed import restrictions on goods originating in Communist China. Travelers may now purchase up to $100 worth of Communist Chinese goods without an import license if the articles are for their personal use and if they personally carry these items into the United States. Licenses are still required on purchases above the $100 limit. For complete information, write to the Customs Bureau office nearest you.

Indian Ocean cruises. The Seychelles, Amirantes, and Comoro Islands are some of the spots to be visited by the *M.S. Lindblad Explorer* on a new series of cruises in the Indian Ocean. With departures twice a month (three times in August) between April 11 and November 21, 1970, the 21-day tours allow for air travel from New York to London, Nairobi, and Mombasa; 14 days at sea with visits to five groups of islands; and the return by air to New York. Prices from Mombasa begin at $1, (twin occupancy), including meals, tra portation, and lodging. Prices for the rou trip flight between New York and Mo basa start at $654. For a brochure, write British Overseas Airways Corporation, see a travel agent.

Skiing Europe. For skiers planning a va tion in the Alps this season, a helpful b chure is *Europe on Skis, Winter Vacati 1970*. The 28-page brochure describes major resorts and their ski facilities, gi profiles of 80 leading hotels, and lists ski tours, including rates. Sample air fa are also listed. For a free copy, write Europe on Skis, Inc., 49 W. 57th St., N York, N.Y. 10019, or see your travel age

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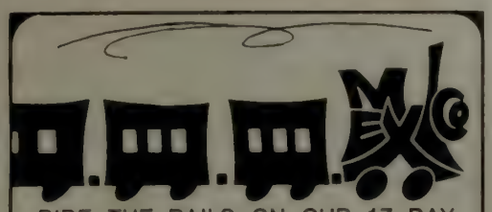

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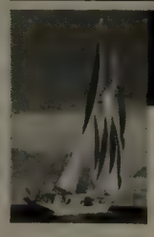

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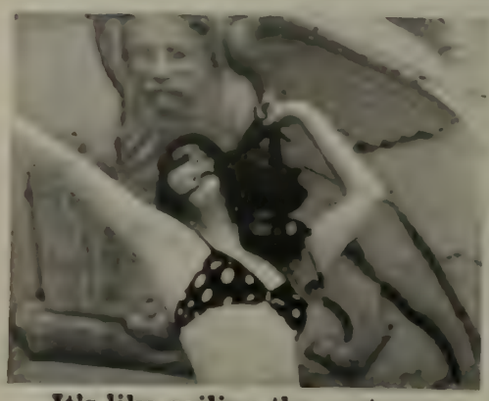

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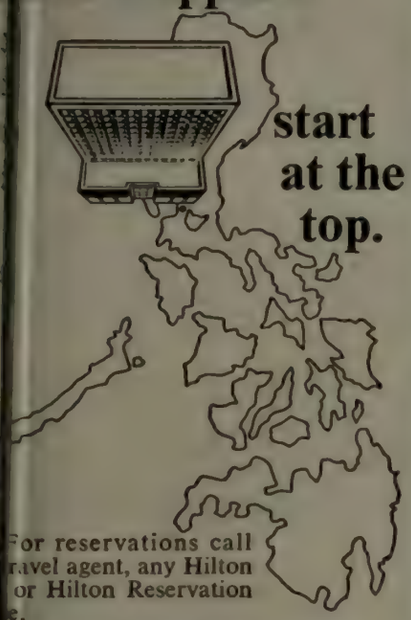

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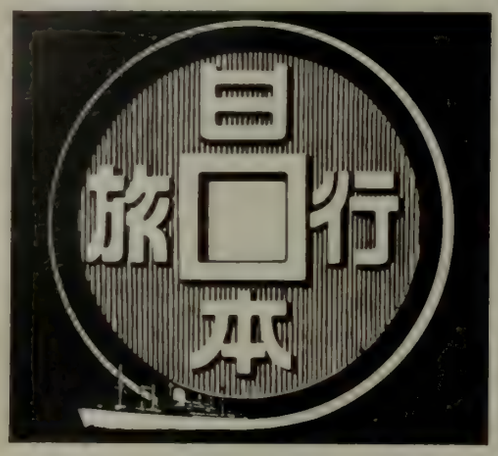

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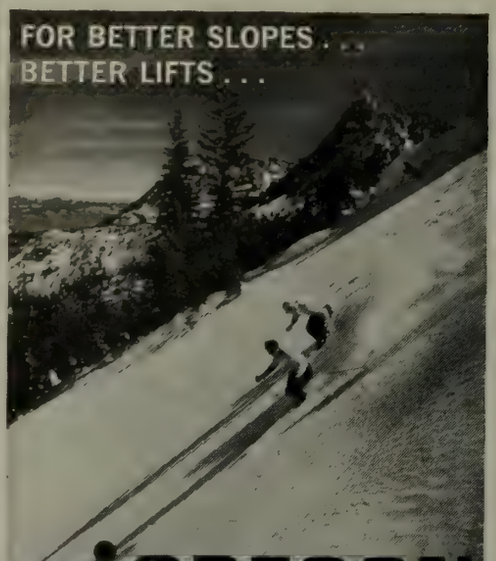

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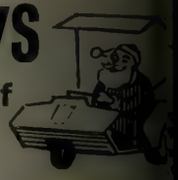

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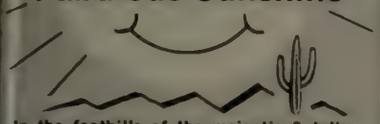

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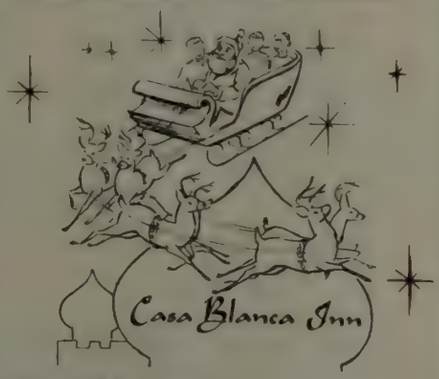

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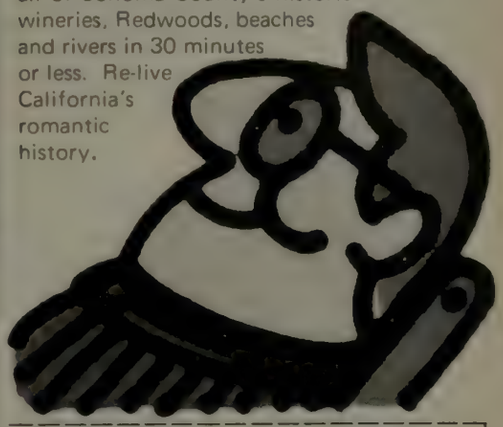

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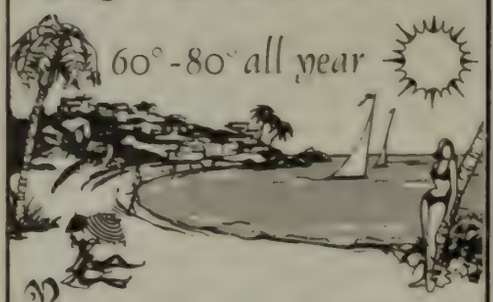

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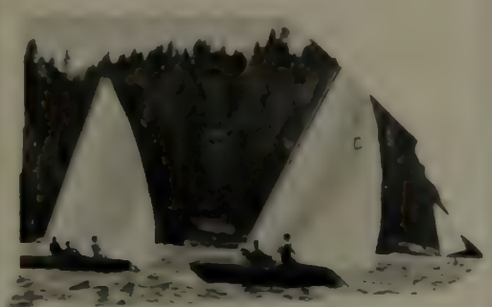

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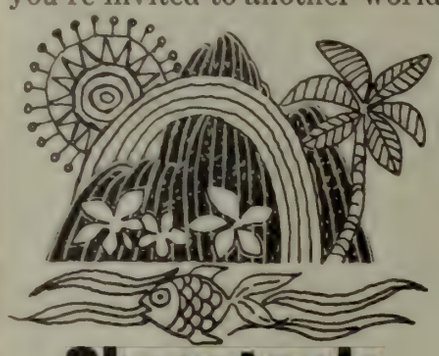

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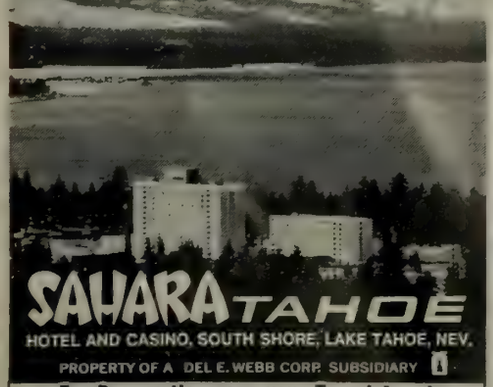

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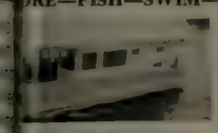

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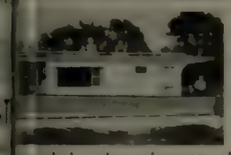

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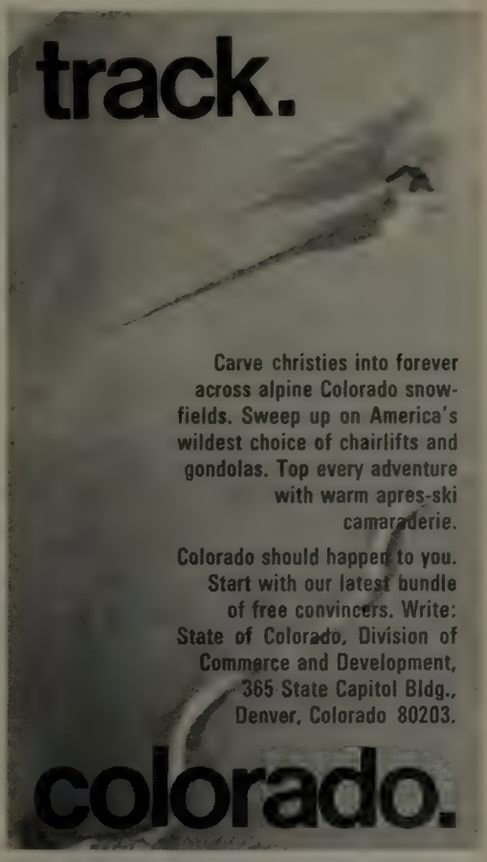

Early morning sun *streams through trees at Willow Creek Campground wh campers rustle up a hot breakfast*

Family of backpackers *hikes trail shaded by arching oak bre*

Sampling the Marble Peak Trail

Hikers *at trailhead: a metal bridge*

With winter's approach the Santa Lucia Mountains south of Monterey are splashed with vivid hues of brown and orange and gold that mingle in a shifting collage of autumn color. November weather in this area is almost always ideal for hiking, and the 5-mile Marble Peak Trail from the bridge over Arroyo Seco to Willow Springs Campground should be ankle deep in crunchy autumn leaves.

The area is a recent addition to the Ventana Wilderness, largely because of efforts of local conservationists.

Practical for both day-long hikes and for backpacking, the gently climbing trail originates beyond Arroyo Seco Ranger Station, where you can obtain necessary fire permits and trail information before starting. The station and adjacent Service campground (52 units, with and sanitary facilities) are about 18 west of Greenfield and U.S. Highwa via County Road G16. A gravel ro tends 3 miles past the ranger stat a small campground nestled amo trees on a hillside sloping down Arroyo Seco River.

There is plenty of parking space n campground, and when hikers ste the steel bridge spanning the river on the trail.

After crossing the bridge, the trail over a hill and through a gate dec with a lopsided sign (prohibiting vehicles), then weaves along a som narrow ledge high above Willow Cr

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troduction in 1963. Each year there have been thousands of requests. Each year this number has doubled. Collectors have even placed ads to obtain illustrations from previous years.

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soon descends to the creek, then
edly leap-frogs the small stream
reaches Willow Springs Campg
Leaves still clinging to branches
the trail form a colorful parasol,
the sunlight and occasional
through a dancing canopy of foli

Tassajara Creek Public Camp,
halfway along the trail, is a pleasan
to rest or have a picnic. It is
under a grove of trees near the con
of Willow and Tassajara creeks
equipped with a table and two fire

From the juncture of the creeks,
gradually follows the creekbed up
lush patches of ferns and past a sp
the Willow Springs Campground.

The only conveniences at the camp
are a half-dozen fireplaces sca
through the large grove of oak,
madrone that straddles the creek.

Water from the stream is clean,
a good idea to hike upstream fr
campground about a hundred feet
drinking water.

The hike to Willow Springs Camp
is not strenuous, and an experience
with a full backpack can make it
than 3 hours. Several other trails
off the Marble Peak Trail includin
to Tassajara Hot Springs (3 mile
trail) and China Camp (10 miles
trail also continues past Willow
Campground 4 more miles to Stra
Valley and 9 miles to Marble
4,031-foot mountain near a dirt ro
leads out to State Highway 1.

There is no charge for camping at
Springs or other trail camps, bu
night camping at Arroyo Seco c
(free with a Golden Eagle annual p

A good topographic map of the
U.S. Geological Survey 7.5-minute
jara Hot Springs quadrangle (50

Thirsty hiker *fills his canteen in th*
ing water of Willow Creek near tra

We're holding our homes up to public ridicule.

Shown below are scale mod- of our new homes in Marin nty. We think they are among most attractive in the Bay Area. y were designed by Fisher- dman Associates, a firm of rd-winning architects.

As you can plainly see, they individualized and vary tly in size and shape. They are o spacious and offer great acy.

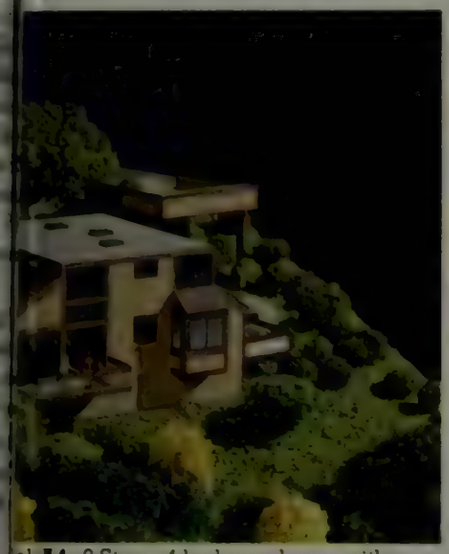
The homes are situated in a ded, hilly section of Mill Valley wn as MarinView. They offer a sweeping view of the hills and the valley.

MarinView is located 22 minutes from downtown San Francisco, 18 minutes from the Opera House, 10 from the Golden Gate Bridge, 7 from the No Name Bar in Sausalito, 4 from the nearest marina . . . and 2 minutes from a school, a shopping center and a stable. The idyllic countryside is outside the window.

The price of a MarinView home with a view, a setting in one of the loveliest residential areas in the country and a close proximity to a seductive city starts under $35,000.

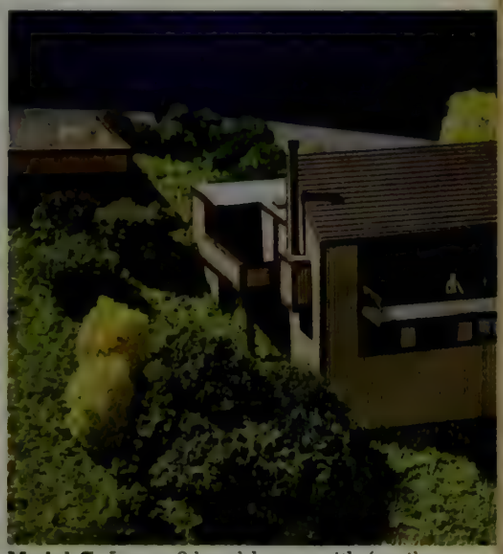
The prices include such niceties as all-electric kitchens with Whirlpool appliances (garbage disposal, dishwashers, striking black-glass-door double-ovens) . . . Trim Lightolier light fixtures . . . two bathrooms frequently with extra powder room . . . high-pressure laminated cabinets and counter tops . . . ceramic tiled baths and showers . . . bronze-finished sash and patio doors . . . wood-burning fireplace . . . beamed living room ceilings . . . and plenty of sundecks with a grand view.

It **is** a bit ridiculous, isn't it.



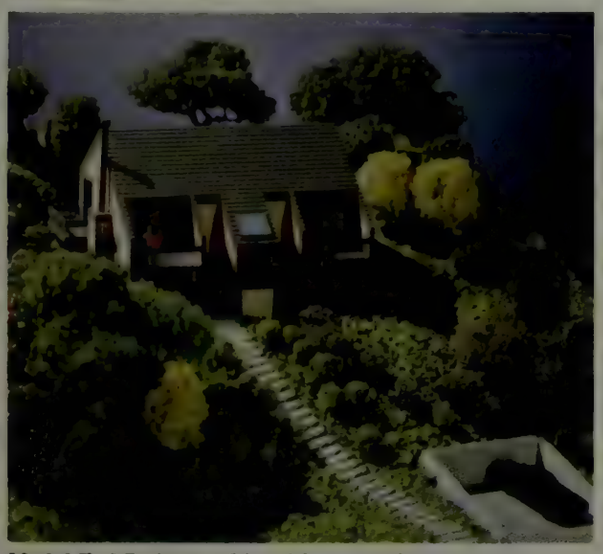
el A4 2-Story, 4-bedroom home with cious living, dining and family rooms, der and vanity rooms. Great storage. ights, carpeted stairs. Lovely view.

Model B Single-level, 3-bedrooms, high ceiling clerestory windows. Family, dining and breakfast areas. Two baths, vanity and dressing room. 50 feet of sundeck.

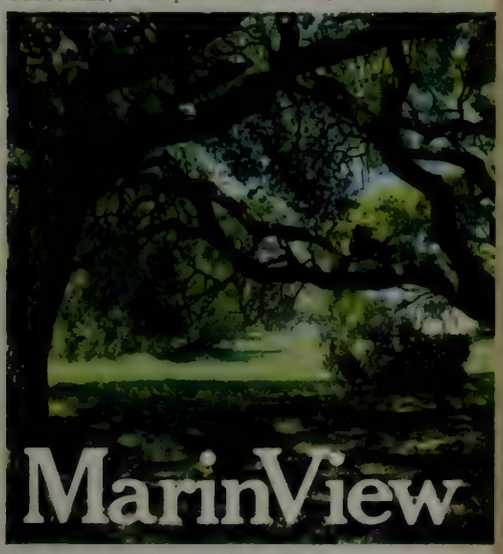


Model C Large 2-level home with family room adjacent to large kitchen. Master bedroom suite on main floor; 3 additional bedrooms, with powder room. 3 sundecks.

del D 3 luxurious levels. Include master droom suite with private retreat, family m and separate sunken den with fire- ce, and large living and dining areas.



Model E 3-Bedroom, 2-level home with separate dining and breakfast areas. Spacious living room. Ample closet and vanity with master bedroom. 4 sundecks and 2 enclosed porches.



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From 101 North, take South Mill Valley turn-off, turn left at Tennessee Valley Road to Marin Avenue entrance. Telephone: 383-377(

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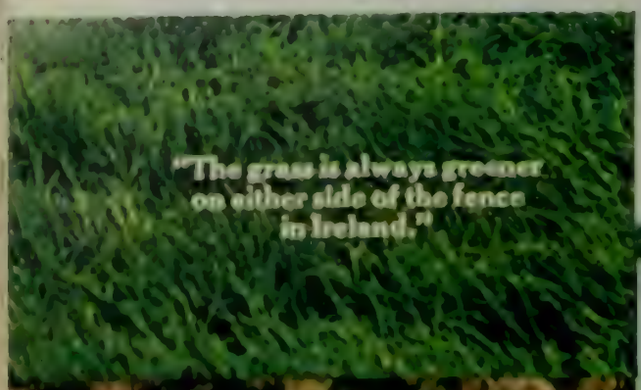

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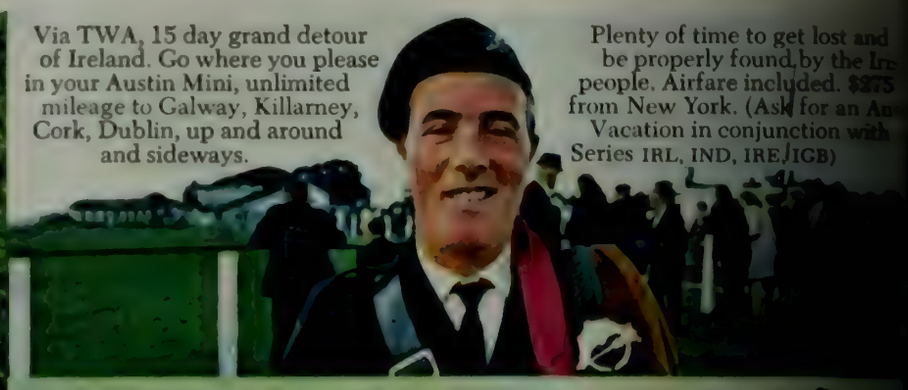
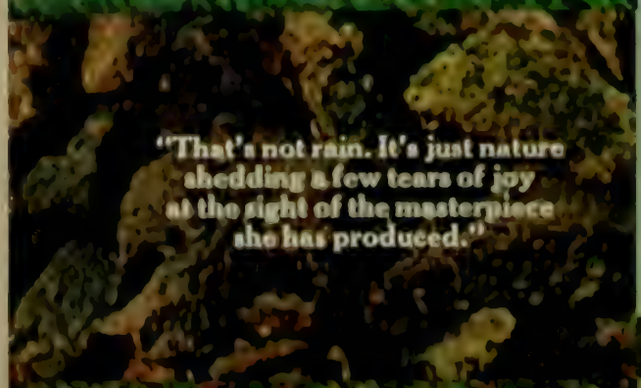
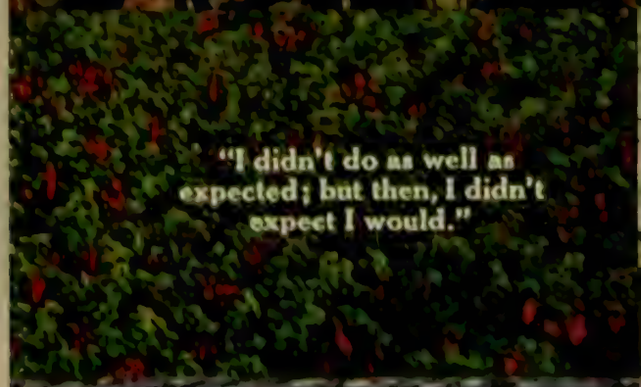
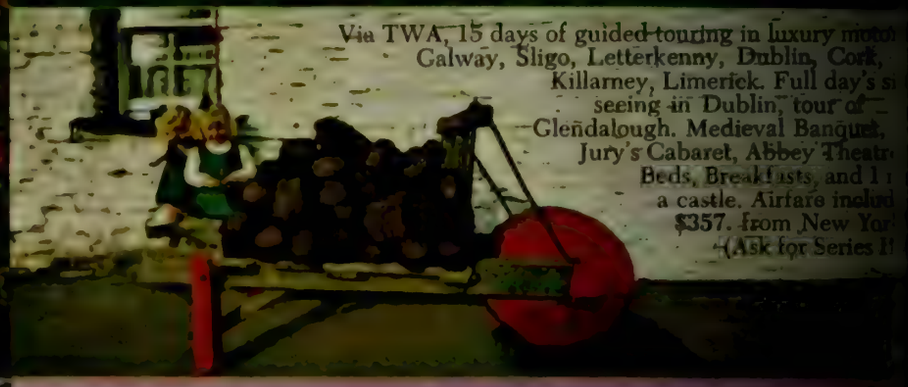


Plenty of time to get lost and be properly found by the Ir people. Airfare included. $275 from New York. (Ask for an Au Vacation in conjunction with Series IRL, IND, IRE, IGB)

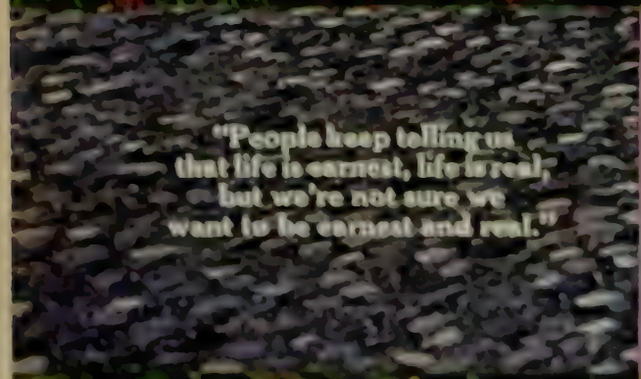


Via TWA, 15 day motorcoach tour of Ireland with three days in London right in the middle. See Killarney, Blarney, Cork, Waterford, Kilkenny, Dublin. Hop off to London for sightseeing and the theater. Back to Dublin for a lively stretch. Medieval Banquet is grand finale. Airfare included. $447. from New York. (Ask for Series IRL)



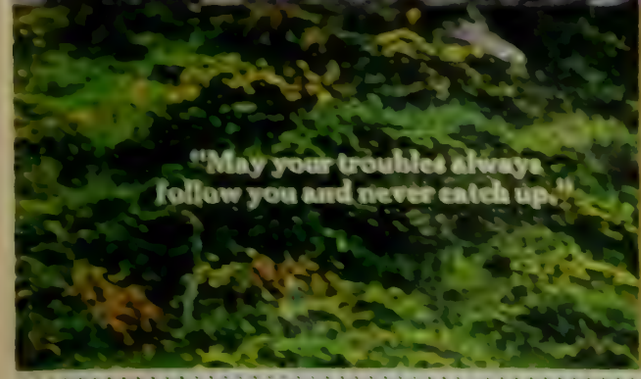


Via TWA, 15 days of guided touring in luxury moto Galway, Sligo, Letterkenny, Dublin, Cork, Killarney, Limerick. Full day's si seeing in Dublin, tour of Glendalough. Medieval Banquet, Jury's Cabaret, Abbey Theatr Beds, Breakfasts, and 1 a castle. Airfare includ $357. from New Yor (Ask for Series I

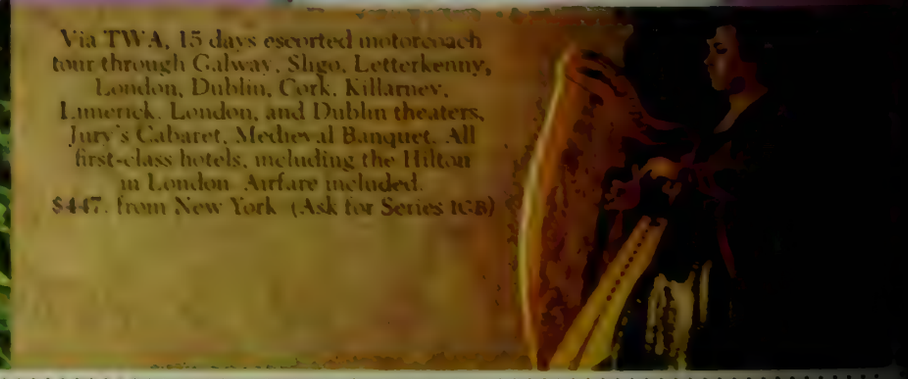


Via TWA, 15 day motorcoach tour of Ireland. Stay in the finest hotels (a castle, too.) Medieval Banquet at Bunratty Castle, Abbey Theatre, Jury's Cabaret. Your guide will

keep enterta route to Cork, Dublin and Limerick Airfare inclu $357. fr New York Series



Via TWA, 15 days escorted motorcoach tour through Galway, Sligo, Letterkenny, London, Dublin, Cork, Killarney, Limerick, London, and Dublin theaters, Jury's Cabaret, Medieval Banquet. All first-class hotels, including the Hilton in London. Airfare included. $447. from New York. (Ask for Series IGB)



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Or, 681 Market Street, San Francisco, California 94105

Image carved from koa log—just like ancient one on which it was modeled

Ulu Mau . . . a bit of old Hawaii

Ulu Mau Village you see how the early Hawaiians lived. This re-created chief's compound was moved from Honolulu's Moana Park to windward Oahu this and is now larger than before. It sprawls over the high ground of Kealohi Point at Heeia (3 miles north of Kaneohe State Route 83) and commands a deep of Kaneohe Bay, the fluted Koolau mountains, and ancient Heeia Fishpond.

Hawaiian guides are on hand to conduct tours through the village along winding paths leading to thatch houses, a taro patch, plants the earliest settlers used, a swirling green, checkerboard stone, and exhibit hall with *tapas*, quilts, stone adzes, and feather and seed leis. Here you watch *tapa*-printing and quilt-making. At outdoor shows Hawaiian ladies explain ancient games and medicines, weave *lauhala*, string leis, dance, chant, and invite you to taste fresh *poi* pounded from the taro root.

Polynesian restaurant, seating 500, is open daily from 11:30 A.M. to 2 P.M. for luncheon. Dinner is also served on the weekends. On Friday and Saturday nights, the accompaniment is old-time Hawaiian entertainment.

Ulu Mau is open daily from 9:30 A.M. to 5 P.M. Admission is $1.50 for adults, 75 cents for children 6 to 12 ($2 and $1 from January 1). The village is included on any tour packages of Oahu.

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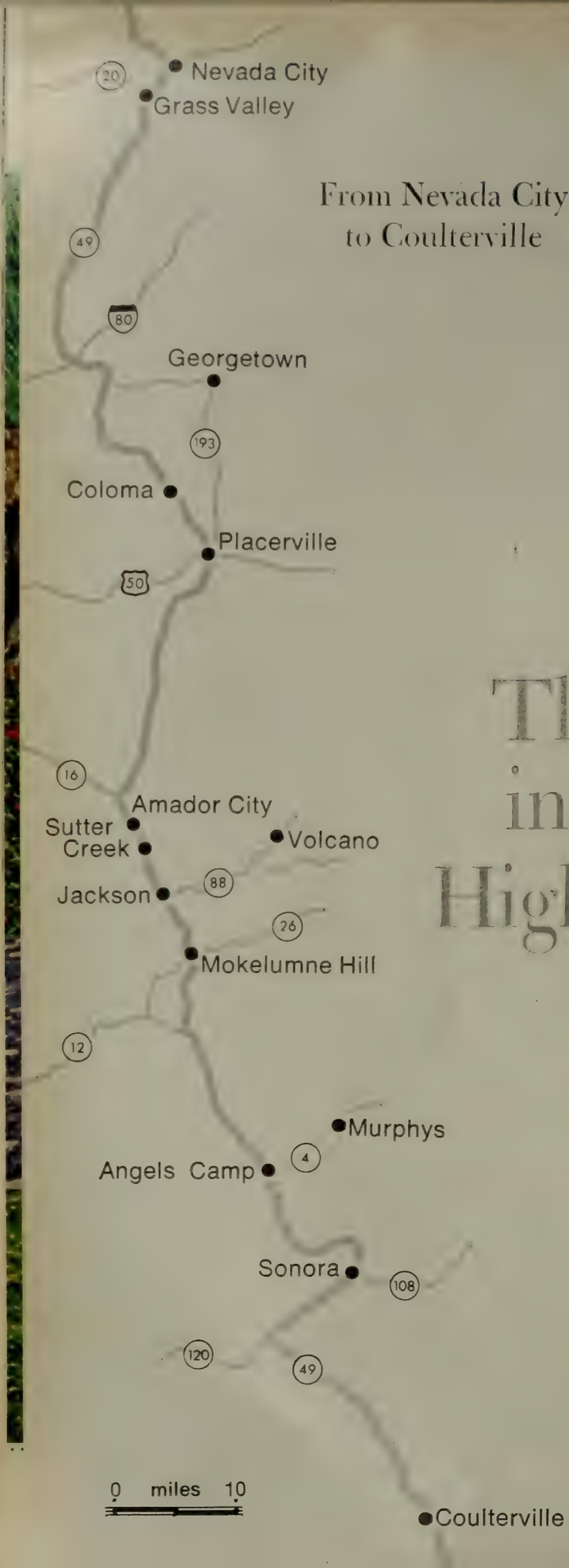
Prices based on 21/14 day round-trip jet economy tour basing fares from New York for groups of 15 or more. Bookings and a 25% deposit must be made 30 days in advance.



The old inns on Highway 49

Soda parlor *at Coloma's Sierra Nevada House III is*

"Bed and Breakfast" *t*
spirit of this 108-year-old

California's Gold Country is never more attractive—or n aptly named—than in the fall when the golden hills are be drops for the colorful panorama of changing fall foliage. M low old inns scattered throughout the once feverish min area of the Mother Lode offer a warm welcome to trave and serve as bases for exploring the countryside.

Some of the hostelries have been in operation for more t a century and are members of the 100-Year-Club; others historic buildings more recently converted to accommod guests; one is a replica of a hotel active in gold rush tim Accommodations may range from rustic to Victorian o lence, but all the innkeepers work hard to preserve the fee of old-fashioned hospitality.

Reservations are always advisable; some hotels close for b periods during the year. Half of the inns listed serve m (although the dining room may close one or two days a wee

DARROW M. WATT

s ice cream treats, three meals are served daily

dsome old Hotel Léger *in Mokelumne Hill, built 52, is beautifully renovated and well maintained*

r Museum *(49 cents admission) off lobby of the National tel in Nevada City has collection of Gold Rush memorabilia*

PETE REDPATH

Gingerbread-trimmed Red Castle *tops Prospect Hill in Nevada City*

All 15 rooms *in the Georgetown Hotel, built in 1896, now refurbished by a new owner, have authentic Victorian furniture*

Gunn House *retains chamber pots and shaving stands, but has added modern baths, electric blankets*

one serves breakfast only, and others have to send guests "down the street" for their meals.

All the inns listed (in north-to-south order) are in towns on State Highway 49 or a few miles east. Rates quoted are based on double occupancy, meals extra unless otherwise noted.

Nevada City. National Hotel: elegant rooms, private baths, attractive dining room; $9 to $18.

Red Castle: once private residence; morning coffee and afternoon tea included; $10 to $15.

Georgetown. Georgetown Hotel: simple Victorian style; dining room, $6 to $10.

Coloma. Sierra Nevada House III: well appointed replica of an old-timer; restaurant; $12 includes breakfast.

Louisiana House *(National Hotel restaurant) in Jackson offers a good ment of entrées and wines; it's open every day except Monday and T*

Original office vault *(right) remains in Vault Room, now Mine House bedroom*

Amador City. Mine House: formerly Keystone Mine offices; morning coffee and juice; $12 to $17.50.

Sutter Creek. Sutter Creek Inn: intimate, delightful rooms, children not encouraged; $17.50 to $22.50 includes big breakfast in the kitchen.

Volcano. St. George Hotel: simple rooms, quiet town, meals by advance reservation; $9 to $12.

Jackson. National Hotel: old-fashioned saloon entrance with rooms upstairs; restaurant; $8 to $12.

Mokelumne Hill. Hotel Léger: s well decorated rooms, some privat two dining rooms; $11 to $18.

Murphys. Murphys Hotel: historic register, restaurant, modern mot adjoins; $8 to $10.50.

Sonora. Gunn House: two-story redone to combine Victoriana wit ern conveniences; $10 to $22.

Coulterville. Jeffery Hotel: museum mary interest; old rooms; $8.

For a more detailed listing of all modations, send a stamped, addre turn envelope to Gold Country In *set Magazine,* Menlo Park, Calif.

We understand you haven't got a thing to wear.

Well, whoever said you needed heaps of clothes and piles of money to have loads of fun, anyway? Not us. The fact is, we have a brand-new mid-week Thrift fare from Los Angeles to Hawaii. Just $85 each way. And starting October 1, 1969 (and subject to Government approval), we'll have the same $85 fare from San Francisco, Seattle and Portland. Right on out to Honolulu. Add as little as $56 and you can have a week of Hawaii on one of our hotel-sightseeing package tours. And if you want to fly the first 747s to Hawaii from either Los Angeles or San Francisco, we'll have them this winter. So come on. Let a Pan Am® Travel Agent set it all up for you today. And forget your clothes. After all, it's not what you wear. It's where you are.

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Manila begins anytime. Midday in Chinatown. Late 16th century in the Walled City of Intramuros. A few minutes past six on Roxas Boulevard... with nightlife any time of day.

If you have a few days, spend them collecting memories. The ride on a colorful jeepney. The foggy mornings at Rizal Park. The Bayanihan dancers. The deaf-mute coffee shoppe. The dungeons of Fort Santiago. The kaleidoscope of cultures at the Philippine Village. The latest fashion in pineapple fabric. A lifetime for every day.

If you have a week, sail/fly to the outer islands. Cebu, with its guitars and Spanish cathedrals. Zamboanga, land of swift-sailing *vintas* and sea gypsies.

Davao, where you taste the fruit of the gods. Take in the outer islands on your own or on a package tour.

No visa is needed up to 7 days. If you're flying anywhere in Southeast Asia, you can take in Manila at little or no extra air fare. You'll have 16 international airlines for easy connections. And the warmest of friends among people who speak your language. Come. Get yourself a lasting memory.

For further information, write to the Board of Travel and Tourist Industry or Philippine Tourist and Travel Association P.O. Box 3451 Manila, Philippines.

Philippines

BTTI-13P-69F

Family home *is on top of the old cellar; the tasting room entrance is a*

Old winery in th Mother Lode

Historic D'Agostini Winery in Am County is a pleasant place to detour trip through California's Mother country. Now a state historical landm the winery was started in 1856 by A Uhlinger, a Swiss immigrant, and has in the D'Agostini family since 1911.

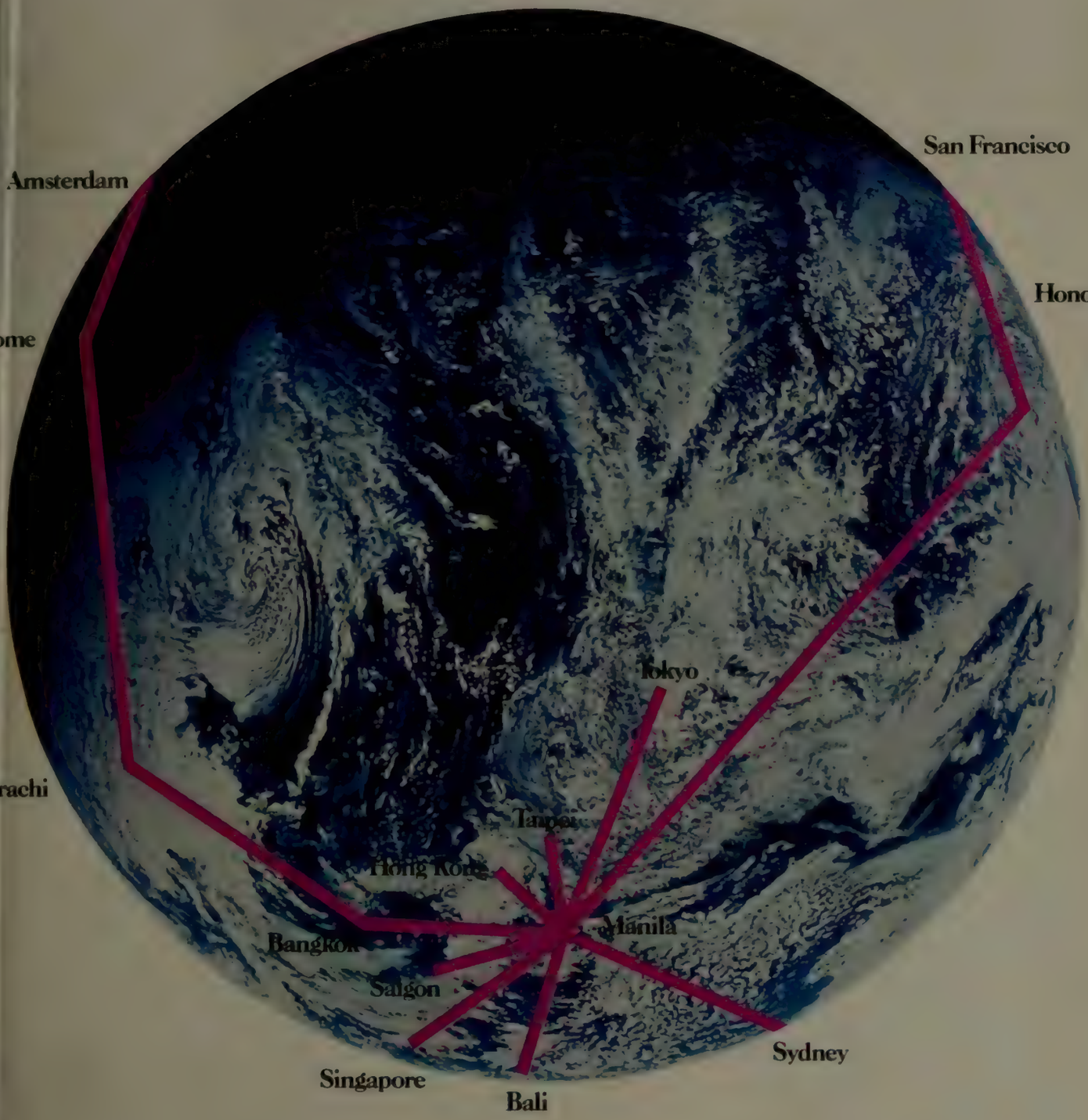
You can walk through the original cellar—still in use—with its hand-s beams, old oak casks, and walls of quarried from nearby hills.

In the small tasting room (open fr A.M. to 5 P.M. daily, except major days) you can sample the table produced from the family vineyards

The winery is 8 miles east of Plym on the Aukum Road.

Visitors examine *century-old hand oak casks; antique tools are also disp*

Philippine Airlines is bigger than you thought.



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It's all prepared under the watchful eye of a famous Roman chef: a very big man in the food world.

So next time you're going to any of the places above, we'd like to take you there.

In a big way.

Marshall's hotel once took a dip in Tomales Bay

PETE R

View *is across Tomales Bay to Point Reyes National Seashore*

Downtown Marshall . . . *hotel, tavern, grocery store, jewelry shop, and art gallery*

Before the 1906 earthquake, the hotel in Marshall was a Marin County rendezvous located a discreet distance north of San Francisco. It achieved brief fame when the quake dropped it, still intact, into Tomales Bay.

Recently the hotel (long since back on dry land) has been repainted and the brass beds polished. Weekend excursionists can stop for a light lunch or d while away an afternoon looking view, or spend the night. (For re tions, call 663-1064.) You can als oysters from a grower, shop for an jewelry, and look in on a boat work

The town is about 40 miles north Francisco via U.S. Highway 10 Francis Drake Boulevard, and Stat

Art gallery *and much of town are built over the bay. When it's quiet you hear water rushing against pilings*

Monterey fishing boat *hull, 50-year veteran, is drydocked at Marshall Boat Works below California Highway 1*

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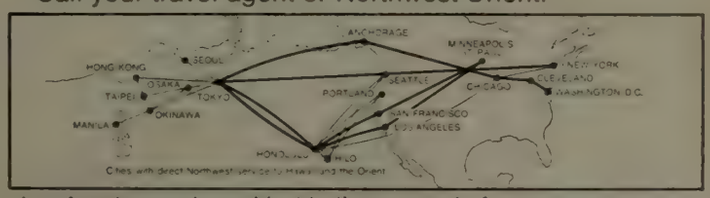

*Los Angeles service subject to the approval of governments.

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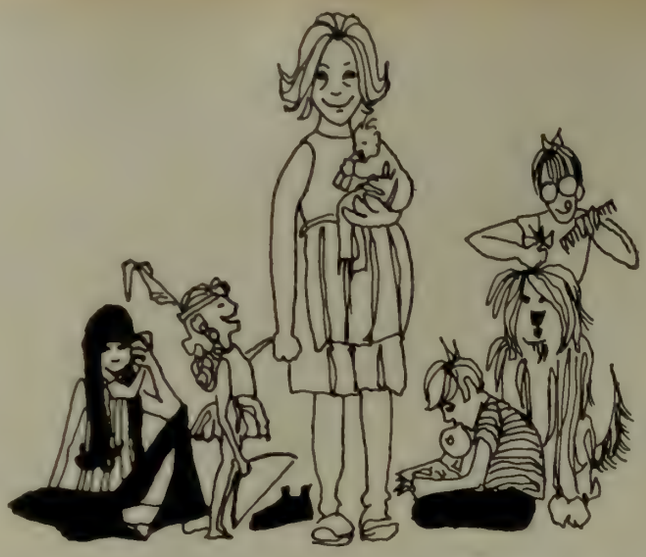

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Rock *is quartz monzonite, has good* [illegible] *tion for climbing and a weathered* [illegible]

Maze, *pecked into top of boulder,* [illegible] *ures 4 feet across. Fence encloses the* [illegible]

To see the maze

So clear that it looks almost new, o[illegible] the finest prehistoric Indian petrog[illegible] in Southern California is the center [illegible] small Riverside County park 3 mile[illegible] the Perris-Hemet Highway (State 7[illegible]

The pecked-rock drawing provide[illegible] name: Maze Stone Park. Nestled i[illegible] boulder-studded, chaparral-covered m[illegible] tains that rear up from the surrou[illegible] plain, it contains 15 picnic tables [illegible] has water and rest rooms. It makes [illegible] place for a break on a longer drive [illegible] from the San Jacinto Mountains an[illegible] Coachella Valley beyond.

The precise date of the drawing i[illegible] known, but most archeologists agree [illegible] the work of the ancestors of the In[illegible] whom the Spaniards encountered he[illegible] the 1700's. Indian habitation sites [illegible] been found nearby, and other pecke[illegible] painted maze drawings in the region [illegible] resemblances to this one.

Access road is California Avenue [illegible] miles east of U.S. Highway 395.

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And the bright warmth of sunlight—how the French love that. A solid steel sliding sunroof lets you enjoy it, too!

All these opulent interior components are standard equipment.

Standard equipment, too, is every engineering advance that gives this car its "international muscle". Each of the four wheels has its own independent suspension, its own power disc brake. A newly designed engine gives you as much as 25 miles to the gallon; lets you cruise at 90 mph all day. The entire body is built of .9 sheet steel—heavier, safer, longer-lasting than you've had before. It comes with Michelin radial tires. And four-speed syncromesh transmission. This is the car that's built to take any road, anywhere in the world.

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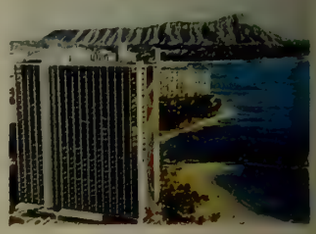

Hilton Hawaiian Village

Kona Hilton

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the friendly world of Hilton

In India a visitor is caught up in history... medieval, Bronze Age, yesterday, tomorrow

elhi, *this new Hindu temple to all the gods was dedicated by Mahatma Gandhi*

Ruined temples on barren Greek hills must be rebuilt in a visitor's imagination, but in India the old gods still have daily worshippers. Empty cities of India's once-great kings remain intact to tell their story much more precisely than stained columns quarried in Rome.

Modern India includes winners of the Nobel prize, internationally known writers, world-renowned film makers, political figures like Gandhi who have stirred all men. At the same time India has people still living medieval lives, and others repeating the Bronze Age. All this is apparent to the visitor. The length of a city street is a journey in time.

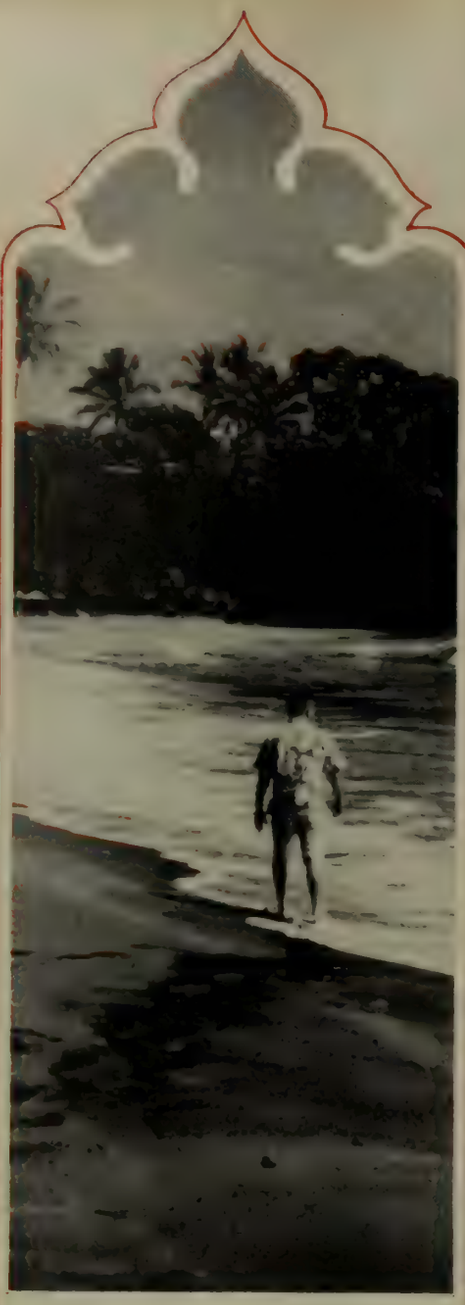
Most of all, a visit to India is personal. In Europe the insulated visitor can choose packages of experience: a morning of medieval Paris, Hausmann in the afternoon, then Paris by night, and afterward a flight to Rome. Satisfying chunks are available. You can even please yourself with finding the little place where tourists don't go. But it matters very little in

The mosque *in Akbar's deserted city of Fatehpur Sikri; royal graves, foreground*

India divides neatly into North and South. North is easier to visit

India whether tourists go or do not go. The land remains as it is, and offers itself at odd moments, defying schedules.

Visitors to India usually find it easiest to go to the North. The great cities are there, the airline schedules are more convenient, and recent conquerors have left



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At Amber *for $5 you rent an elephant for a ride to hilltop citadel of the maharajas*

remains that are easy to deal with.

The English are the most recent of the foreign rulers, and in New Delhi you will find a modern city with broad avenues and fine buildings, hotels with night clubs and air conditioning. In the hotel restaurants, you can eat excellent food in the style of Europe or China, or you can try a curry covered with a thin sheet of beaten silver. The Indians assure newcomers that silver is good for them, necessary to the system, and anyway, you can't peel it off. As a first stop and introduction to India, New Delhi is agreeable and reassuring.

Just beside New Delhi is the Mogul city of Old Delhi. The Moguls were Moslem, the last great conquerors of India before the English, and their city has a feeling of Arabia or Persia or North Africa. From the huge white mosque you can look out through delicate Arab arcades to the Red Fort where Mogul emperors defended themselves. Beneath the mosque and surrounding it is the thieves' market where goods that are sold in the tiny stalls may well have been pilfered the night before.

Walk away from the mosque down any side street and you find yourself in intricate passages winding among buildings. You may come across a group of children bathing in front of their door, pouring jugs of water over one another You may

Elephant, bikeshaw tonga, motorshaw

A tonga ride *is cheap and fun. Y rent tonga for the day for a dollar*

The bicycle rickshaw *has replaced th drawn kind in most of the Indian*

Another way *to get there is the cycle car, a bit noisy and bumpy b*

Bullocks *such as these haul the loads of India, instead of trucks*

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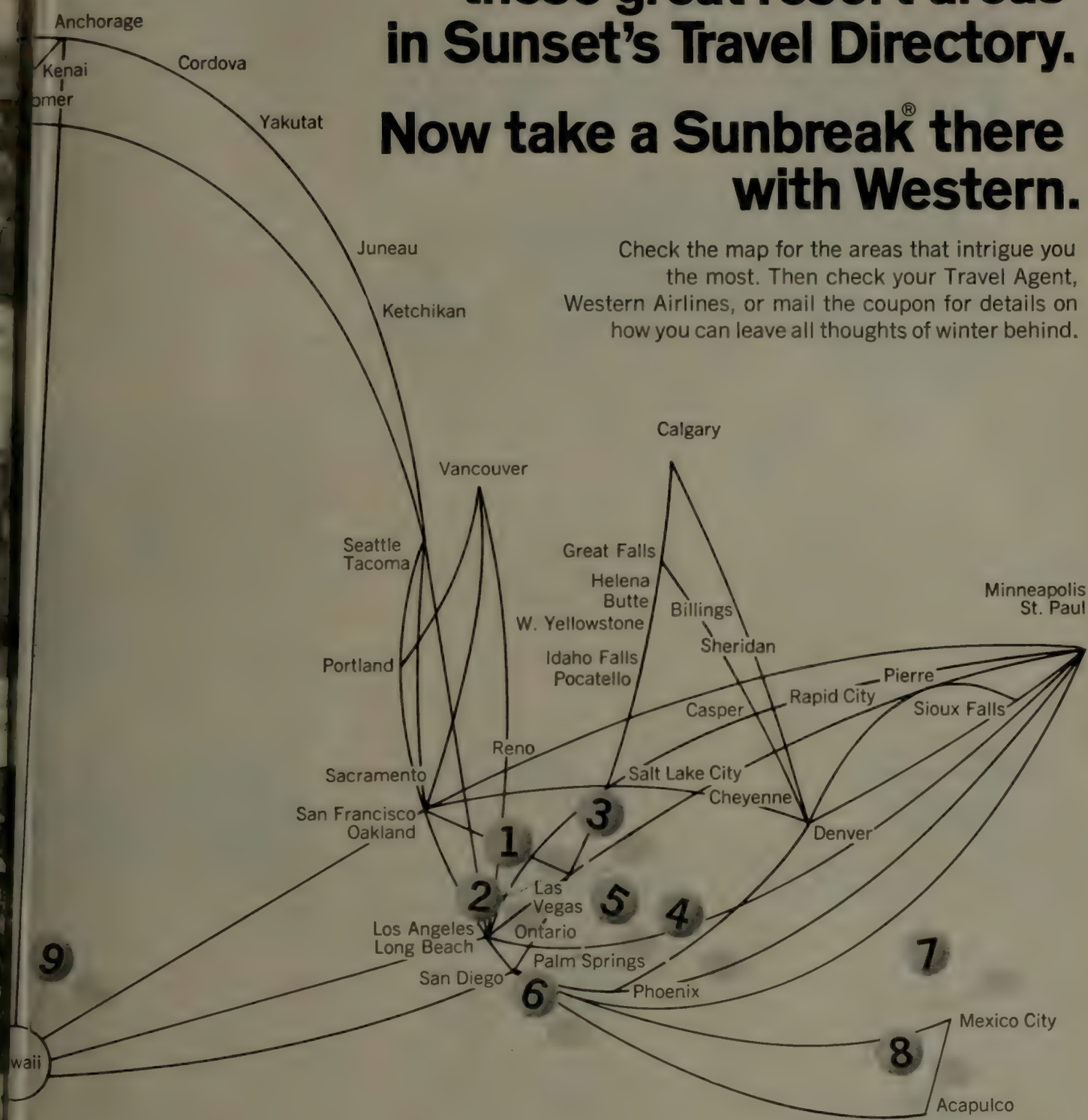
Check the map for the areas that intrigue you the most. Then check your Travel Agent, Western Airlines, or mail the coupon for details on how you can leave all thoughts of winter behind.



1 LOS ANGELES — winter racing, Marineland, movie studio tours, major league sports, Music Center, Farmers Market.

2 LONG BEACH — Disneyland, Knotts Berry Farm, Queen Mary.

3 LAS VEGAS — world-famous entertainment, casinos, luxury resorts, Hoover Dam, Lake Mead.

4 PHOENIX — Camelback Mountain, Scottsdale, historic Indian reservations, dude ranches, Superstition Mountain.

5 PALM SPRINGS — Salton Sea, Mt. San Jacinto, Aerial Tramway, spas, golf, horseback riding.

6 SAN DIEGO — Sea World, Balboa Park Zoo, Mexico, deep-sea fishing, golf.

7 MEXICO CITY — Pyramids of Teotihuacan, Ballet Folklorico, Chapultepec Park, Shrine of Guadalupe, Xochimilco, bullfights, University City, fabulous dining and shopping.

8 ACAPULCO — La Quebrada high divers, deep-sea fishing, surfing, bazaars, luxury seaside hotels.

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meet some of the children, since th
to follow strangers. One of them
*bakshees*h asking for money, then
terest in begging and want to look
your camera. Show your camera
have some time and want to m
quaintances. As soon as the fi
touches the viewer, you will find
surrounded by a patient crowd
all eager for a turn but polite and
to wait.

You can gather some names for
if you will ask, "Toe-mahra nal
hey?" (The spelling here follows
nunciation.) The phrase means "
thy name?" in Hindi, and the
come back, with a little surprise
know how to ask . . . "Suresh," "

Go back to your hotel in one of
eral interesting vehicles you see

Water carrier *at the palace of*
waters from a bag made of a g

you: bicycle rickshaws, motorcy
horse-drawn tongas—all cheap
You can cross the city for a fe
and the driver is always wi
stop and wait for you if you wa
out and explore. He trusts you
and continue your ride or pay h
if you want to wander away o
sight. If you want to hire a to
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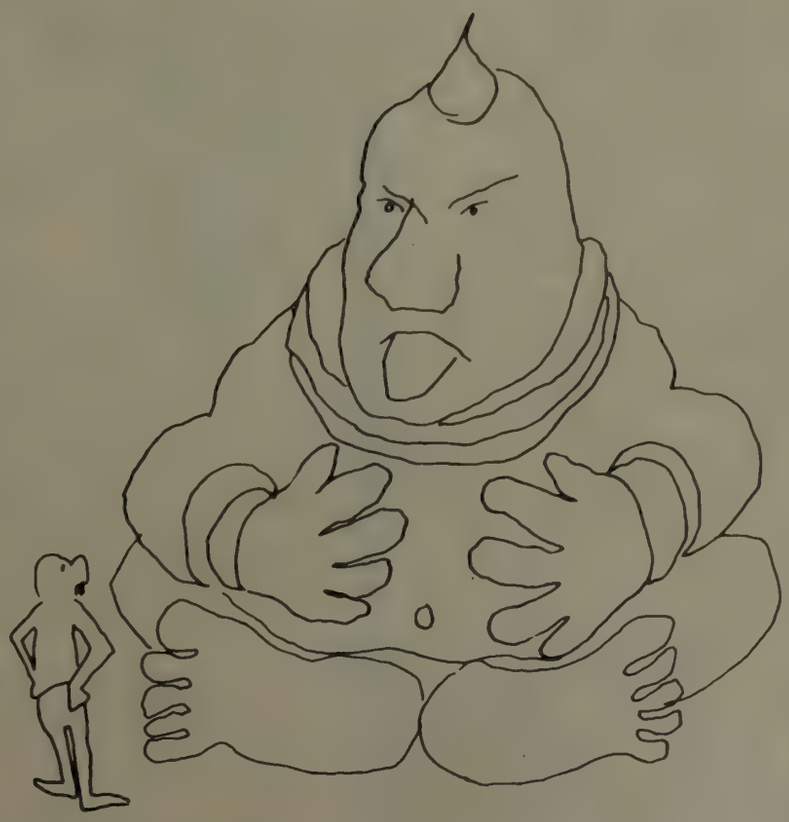

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nonstop ride, arriving at 10 A.M. have time to visit both the Taj and Emperor Akbar's marvelous de city of Fatehpur Sikri, some di from town, before the evening tr turns at 8 P.M. The train fare, roun is about $10 for the very best acc dations, and a car and guide fro tourist office will cost another $5 to

As your train passes villages, you from time to time great rectangula of flat cakes like mudpies. The p semble little houses and their surfa often intricately decorated. The ca cattle dung and serve as fuel. are sometimes shocked or repelled women carrying fresh dung in grea on their heads, but the country i and everything usable is precious!

Back in Delhi, if you want to try s the regional food (most of it only spiced in the Mogul tradition), go restaurant called Moti Mahal. T trance is unprepossessing; but what was once an automobile repa has become a courtyard open to t with tables placed around a founta chicken tandoori, bright pink with becued flavor; order *chapatis* an the northern breads; ask the wa suggest curries into which you c the bread; and for dessert have t cial ice cream covered with silver.

Before you leave, ask if you can v kitchen. On the left as you walk three pits with hot coals at the b a boy squats behind each pit on The first boy is skewering mar chickens and dropping them into to cook. The next is forming foot- *nan* from balls of dough. He sla *nan* on the brick walls of the where it sticks, puffs up, and brow last is making *chapatis* from a d dough, patting it into tortilla sha sticking it to the hot bricks to coo

If you wish to see more of India's heritage, go on from Delhi and the third city of the so-called Gold angle, Jaipur. There you can s mountain fortress of the Mahar Amber who ruled the area, and y if you like, stay in one of the fami aces, now a hotel called the Ramba you can continue in a different di and go to the Hindu holy city of on the Ganges, a city that was ol years ago.

Air fare. Around the world from th Coast is $1,290, and you can make of the Indian subcontinent at n charge. You can fly in from Bang one of the northern cities such as B down to the Tamil capital of Ma the southeast, across to Kerala, the Malabar coast to Bombay, th tinue to Europe without paying than the basic fare. Indian Gove Tourist Offices in the West's majo can supply you with help and infor

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PETE REDPATH

Passengers wait *while conductor enjoys a meal of local fish soup*

The train to Pátzcuaro

Taking the train from Morelia to Pátzcuaro is probably the best travel bargain in Mexico. A first-class round-trip ticket costs 73 cents for a journey 40 miles into the heart of Tarascan Indian country.

The diesel-powered Mexico City-Uruapan National Railways train arrives in Morelia early each morning. After the last die-hard vendor is dislodged, the train eases out of the station. Gathering speed while passing suburban industries and small farms, it gradually begins the 1,000-foot ascent around canyons cut deeply into the basalt overlying much of the region. Panoramic views of cultivated fields, streaked with *arroyos,* form a chiaroscuro against the distant mountain peaks.

You'll catch glimpses of sombreroed farmers plowing behind teams of oxen, children waving from dusty fields, and whole families watching from their boxcar homes on sidings along the route. The train comes to a stop for every prospective passenger waiting along the tracks. Arriving in Pátzcuaro about 1½ hours later, you descend amidst cr Tarascan vendors with the usu carts. You can ride in a taxi to tl center for about 5 pesos (40 cen

If you arrive on Friday, you treated to one of the most color ket days in Mexico; that's wher dians set up their special mar even the daily *mercado* is alway teresting spectacle. Men wearing and rebozo-draped women with l skirts squat in small areas wi wares, and the pungent smoke of fires blends with the aromas of t chili sauce, fish soup, and *pescad* (tiny, crisp-fried white fish).

If it's on time, the train retur Uruapan at 4:40 P.M. The trip all downhill and again stops a wherever passengers choose to g often a field with no house in s early evening you catch the first of Morelia far below. Because trai ules are subject to sudden cha wise to check times in advance.

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siness and pleasure travel alike, it's a commuting age. That's why esighted engineers at our Douglas Aircraft Company created the and quiet DC-9 twinjet. It's designed for shorter trips to convenient . And more and more airlines offer DC-9 "moonlight" departures e business and recreation centers than ever before. Since 1920 specialized in getting people places by air. America's astronauts ered spaceflight aboard our Mercury and Gemini spacecraft. And T, a brand new DC age begins with our advanced DC-10 jet. If w, exciting, and has to do with aerospace, obably come from us.

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MARTIN LITTON

Wooden bridge *beckons hikers to follow the trail into peaceful redwood forest*

A rustic footbridge across an em rivulet is strong invitation to w matter where you are. But a f ancient redwoods on the other s make the appeal irresistible.

The promise of the Nickerson Trail, where you observe its sig ginning from the Howland Hi through Jedediah Smith Redwoo Park (northernmost of Californi wood parks) is more than fulfille time you have walked half its length.

Noting its generous width, smo and absence of grades, we were prised when half a dozen youngst heaven knows where came whizzi it on bicycles.

The trail is not intended for traffic, but it is a way through woods on which persons incap vigorous hiking can go deep int meval forest away from traffic helped along, perhaps, by a sturdy child or two.

At a moderate pace, you can go f road to the "ranch" in 20 minu you should take twice as long. At tination—where you can hear ch cutting down the virgin redwoo outside the park—remnants of th stead consist of a few boards lyin woods just beyond the overgr chard. It is not this abandoned ment but the way to it that is th for the walk.

Beyond the first footbridge you e of the few redwood flats in the pa the great trees' perfectly vertica support their light-filtering forest above a level floor deeply carpet ferns and oxalis, and much inte and partitioned by taller under

Most of the autumn color will b to orange—the foliage of big-leaf and vine maples, the sparse leave deciduous red huckleberry, and th fuzzy, toothed leaves of the C hazelnut. Along the streams you tice the red leaves of the creek d

What this footbridge offers is an invitation to walk in the redwoods

Summer's huckleberries *are long gone, but you may spot tiny tree toads, banana slugs, and twittering bushtits*

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[illegible]

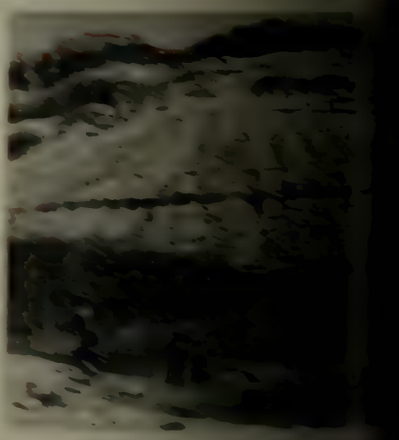
Girl *crouches down for a close lo*
fossil footprint of a three-toed

Near Tuba C
. . . dinosaur

About 180 million years ago,
walked or crawled over the mud
then covered much of northern
The ancient mud upon which
their footprints—impressive p
dinosaurs lived here—was then
covered with more mud which
hardened into rock.

Today that part of Arizona is
centuries of erosion have uncove
of these tracks. You can see th
drive U.S. Highway 164 west of
5 miles. The turnoff is clearly
About 500 feet up the signed g
that turns north from the hig
will find the prints just opposi
waterless picnic area.

There is also a small reservoi
miles up this same gravel road
fork to the left. In the vicinity a
hogans, the traditional houses of
the Indians. Visitors may pic
the shade trees near the reserv



Indian children *spend such o*
swimming off a the green water

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Six islands perfectly matched
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Visitor *framed by a crumbling b*
notices the miners' shacks on the

This Nevada gh
is Candelaria

Except for its history, about all tha
of Candelaria is a handful of miner
outs and the stark skeletons of
old buildings slowly crumbling on
Nevada desert. These dilapidate
nants of Candelaria's silver boom,
began about 100 years ago, are gra
being reclaimed by the sagebrush,
wood, and bunch grass that son
manage to flourish in the arid e
Sierra foothills.

The 5-mile dirt road from U.S. Hi
95 to Candelaria (see map on pa
is passable. It gradually climbs to
where you can see the valley cradli
ghost town, and the entrance t
handle Gulch (the site of the one
perous mines).

At the outskirts of the town a ce
is on the left, just before the main
Most of the old graves, the only re
many of the people lured here
promise of quick riches, are ove
with sagebrush. Fences have fallen
markers are obliterated by the rav

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rth Cape Cruise, July 20 from New York. s.s. Staten- 37 days, 13 ports include Reykjavik, Leningrad, nhagen, Helsinki. From $1675.

and Mediterranean Cruise, May 30 from California. Statendam, 49 days, 20 ports include Barbados, , Piraeus, Naples, Lisbon. From San Francisco May os Angeles May 31. From $1995.

l Mediterranean Cruise, October 10 from New York. Rotterdam. 42 days, 24 ports include Istanbul, Pi- s, Monte Carlo, Tangier.

and Pacific Cruise, October 12 from California. s.s. ndam, 57 days, 12 ports include Tahiti, Kobe, Hong , Manila, Sidney, Honolulu. From Los Angeles ber 12. San Francisco October 13.

ound the World Cruise, January 23, 1971 from New s.s. Rotterdam, 89 days, 23 ports include Rio, agascar, Bombay, Bangkok, Yokohama.

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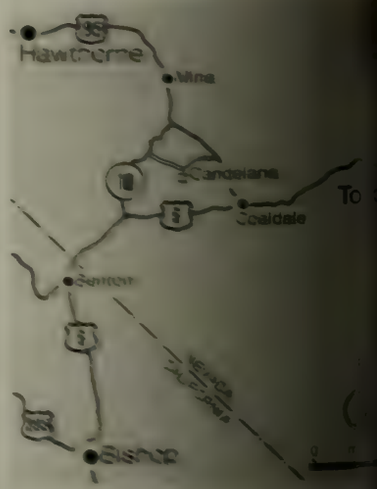
This old *miner's cellar, lined wi and covered with tin, is fun to*

time and a harsh climate.

Along with the miners' dugou little semi-cave dwellings carve the hillside, lined and fronted wi roofed with tin, and weathere desert—there are two imposing b buildings that dominate the ma Only one, the old bank buildin somewhat intact. Although muc floor is caved in, the heavy iron four sturdy walls are still in pla

Promising silver deposits were d here in 1864, and in 1876 the to Candelaria was surveyed on t the foot of the steep ravine w mines were located. During its n perous days, Candelaria could l waterline from Trail Canyon in t Mountains and a spur track Carson and Colorado Railroad, gauge line that ran betwee House, Nevada, and Keeler, Cal

When the silver began to play o the turn of the century, min townspeople drifted to booms at and several places in California. to resurrect the town failed, and Candelaria was completely aban



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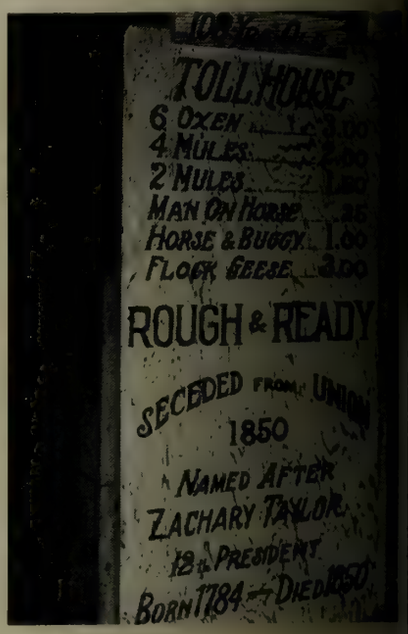
The Toll House *still pulls in pas*

Old Rough & Rea is smoother now

A hundred years ago it cost a $3 drive a flock of geese up the old road from Timbuctoo to Centervil day, the old Toll House, in the Country community of Rough and extracts revenues from motorists through the sale of antiques.

Rough and Ready is about 5 mile of Grass Valley (formerly Centervi California Highway 20, which ru tween there and Marysville-Yuba Timbuctoo, now a state historica mark, has been bypassed by this hi

Rough and Ready boasts three buildings more than a century o Odd Fellows Hall, schoolhouse, and smith shop.



They stopped *seceding to celebrate*

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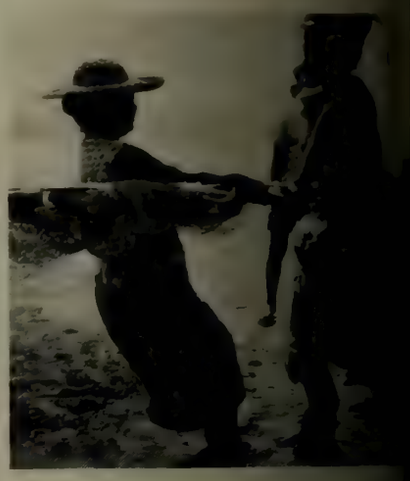
Tahitian *beach party was an unex bonus on a recent bus tour around*



Vahines *of all ages lend a hand to h heavily loaded net onto the sandy*

"Pull a rope" in Tahiti

Tuu upea is the Tahitian equivalen Hawaiian *hukilau.* Literally tra "pull a rope," it's a lot more fu translation implies. The rope is a to a fishing net, sometimes sever dred yards long. Fishermen unl net from outrigger canoes, and e tries to haul onto the beach anyth everything that swims, creeps, o within the sweep of the net.

Sometimes an entire island dist participate in this Tahitian-styl party. The all-day effort of pullin net is usually culminated by a fish, sea urchin, and sea snails m in lime juice, and fresh lobster a

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An enormous amount of materiel ac lated by the armed services—some used, all of it obsolete for military is sold to the public at defense in tions throughout the West. Ware like sales stores sell such merchand scrap lumber, clothing, hand tools household furniture.

The prices are on a par with retail but many of the items are not gen available commercially. If you don what you are looking for, check later, for merchandise is declared s at various times of the year. On the hand, if you see something you don't expect it to be there at some date. There is no telling in what qu the item is stocked or how long the will last. If something is too bulky t with you, you will have to arran transportation and pay the cost.

Everything sold in the retail store the government $250 or less. It is able to the public at something les the original purchase price, depend condition.

Listed below are Department of D retail sales stores in northern Cali

Travis Air Force Base, Fairfield. Op 1st and 16th days of the month; if falls on a weekend, the sale is he following Monday. Hours are 9 A.M. P.M. Telephone: (707) 438-3138.

Sierra Army Depot, Herlong (south Susanville). Open Monday throug day, 8:30 A.M. to 3 P.M. Telephone 827-2111, extension 2431 or 2116.

Hamilton Air Force Base, Ignacio of San Rafael). Open Friday, 11 A 3 P.M. Telephone: (415) 838-3393.

Fort Ord, Monterey. Open Friday to 3 P.M. Telephone: (408) 242-3 242-4765.

Naval Supply Center, Oakland. Wednesday, 11 A.M. to 3 P.M. Tele (415) 466-5372.

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Property of greater value—such a cles, surplus real property, even vessels—are sold by bid or at auct

For more information about s northern California and Nevada (e ing Clark County), write to the n Defense Surplus Sales Office, Box Bayshore Station, Oakland 946 Utah, Box 58, Defense Depot Ogde tion, Ogden 84401.

It's getting tough to spot he jet-set these days.

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Level walks *encircle the lagoon; trails and a high bridge lead to island*

The Paris park with a view

Fine views *from the promonto*

You've toured the Louvre and now you're ready for a break—some place outdoors where you can have greenery all around you and the children can run freely and you can eat a sandwich or buy an ice cream cone.

Such a place is Parc des Chaumont, or Buttes-Chaumont, a rather special public park in northeastern Paris that was planned by Napoleon III in the 1860's. Wander out to Pont Neuf (the oldest bridge spanning the Seine), catch a Number 75 bus on the right bank, pay 2 francs (40 cents) per rider, and ask the conductor (a printed note will do) to let you off at Place Armand Carrel.

The unique feature of Parc des Chaumont is a 164-foot-high rocky prominence rising from a lake, topped by a columned viewing stand. A wispy waterfall (from piped water) often drifts down from n top of the island. Swans and duck lazily on the lake below.

Elsewhere in the park are winding benches, a tumbling stream, a chi play area, a restaurant, and a collection of trees. Bar-cafés near trance sell sandwiches and light The park is open all the time.

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In the fading light *of a late afternoon, wildfowl preen and wade in shallow restin*

Duck watching and goose watchi

From Yukon, Saskatchewan, and British Columbia breeding grounds, ducks and geese will stream into California's Central Valley this month. One of the most rewarding places to watch their massive late autumn and winter migrations is Gray Lodge Wildlife Area, near the Sacramento Valley town of Gridley.

Aquatic plants and cereal crops are grown on the 6,800-acre state reserve to entice wildfowl so they won't feast on surrounding private fields. Officials watch for disease and keep track of the number of migrating birds.

One portion of the area is a wildlife sanctuary. On a larger section, hunting is permitted. Hunting season this year started October 25 and continues on Wednesdays, Saturdays, and Sundays January 11. It's usually on hunti that the largest concentration moves onto the protected port hunting days you must obtain a fore driving through the sanctua

Gray Lodge is 8 miles southwest ley, which is about 65 miles n Sacramento via U.S. Highway 2½-mile dirt road through the p portion of the area may not be after heavy rains; at such times way in is by foot. At the head you can visit a small museum wi than a hundred specimens of bi frequent the area. There is no e fee to the wildlife area, which daily during daylight hours.

Over Central Valley, *autumn air resounds to shrill cry of snow geese*

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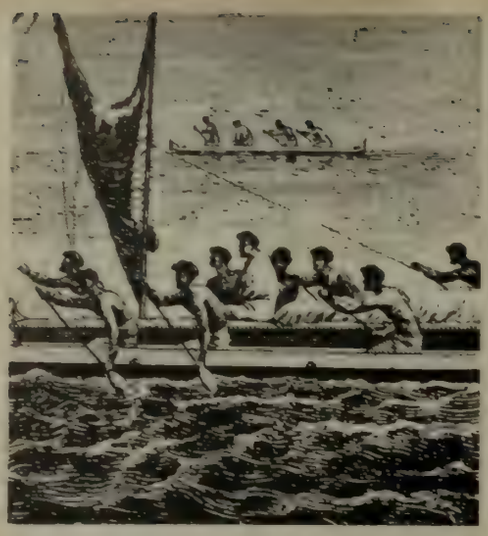

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KONA COAST, HAWAII

Hawaiian Royalty knew a thing or two about enjoying life. That's why King Kamehameha II built his vacation home on the land where Kona Inn now stands. The balmy climate was ideal, the fishing was great and his front garden was excellent vantage point for sunset watching. His home, next to the Summer Palace, was in the center of the happy village of Kailua-Kona.

The climate, the fishing, the sunset and the friendly people haven't changed. Of course, Kona Inn, recently refurbished and air-conditioned, offers luxuries unknown to the good King... things like a choice of restaurants, 2 swimming pools, nightly entertainment and dancing. Best of all, the old traditions of hospitality have been carried on. You'll know you're in Hawaii when you're a guest at Kona Inn.

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Kauai Surf / Kona Inn / The Naniloa

Excursion boats *anchor in Yelapa cove while visitors come ashore in dugout*

From Puerto Vallarta to Yelapa

Yelapa, about 2 hours south of Puerto Vallarta by boat, is a little hillside village with no roads, no airport, not even a dock. Fishermen meet the excursion launches as they pull into Yelapa's crescent-shaped cove and ferry visitors to the beach in dugout canoes.

On the beach you may be greeted by a welcoming committee of runty little pigs or a couple of the ever-present Mexican beach dogs. The white sand beach is delightful and the swimming is superb. A thatched roofed cabaña sells cold beverages, and there's a "dressing room" of sorts if you haven't changed into your swimsuit.

From the south end of the beach a steep trail climbs to the tiny village, wanders through the scattering of huts and weekday wash, then follows the laundry stream up to a jungle-framed waterfall. The volume of the cascade is impressive during the summer, drenching the jungle foliage with misty spray. Near the end of winter's long dry season the fall is reduced to a trickle seeping down the moss-covered face of the cliff.

In all, it's about a mile from beach to waterfall. The steepness of the dusty when dry and muddy when a challenge, especially on warm noons. Horses are available for tho prefer to ride.

Horses *are available for the cli up to jungle waterfall above Yel*

Excursion launches leave Puerto V about 9 A.M. for the all-day trip lapa. Round-trip fare is about $4, with a box lunch. Make arrang through your hotel in Puerto Vall

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ry family has them. Days when have more things to do than e to do them. That's when it's e to have a helper that can roll its sleeves and unlimber over cubic feet of cargo space for atever needs doing. Order a p-or-Swing Tailgate and you do it all the easy way. And when work's done—presto!—Mr. Hauler turns into Mr. Holiday. With two or three front-facing seats. Concealed locker for extra gear. And a handsome, one-of-a-kind Vista-Roof with heat-resistant windows. Man, you're really off in style! Smoothly and effortlessly, too—thanks to a Rocket V-8 with exclusive Positive Valve Rotators for peak engine performance that lasts and lasts. If you can find so much wagon value at—or anywhere near—this one's price, we'd sure like to know about it. 1970 Olds Vista-Cruiser.

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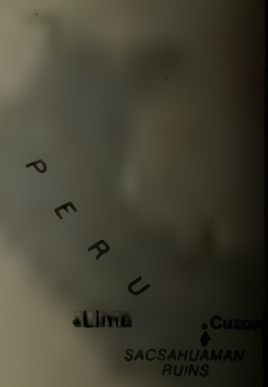
Llamas *file across a ceremonial plaza enclosed by massive stone walls of Sacsah*

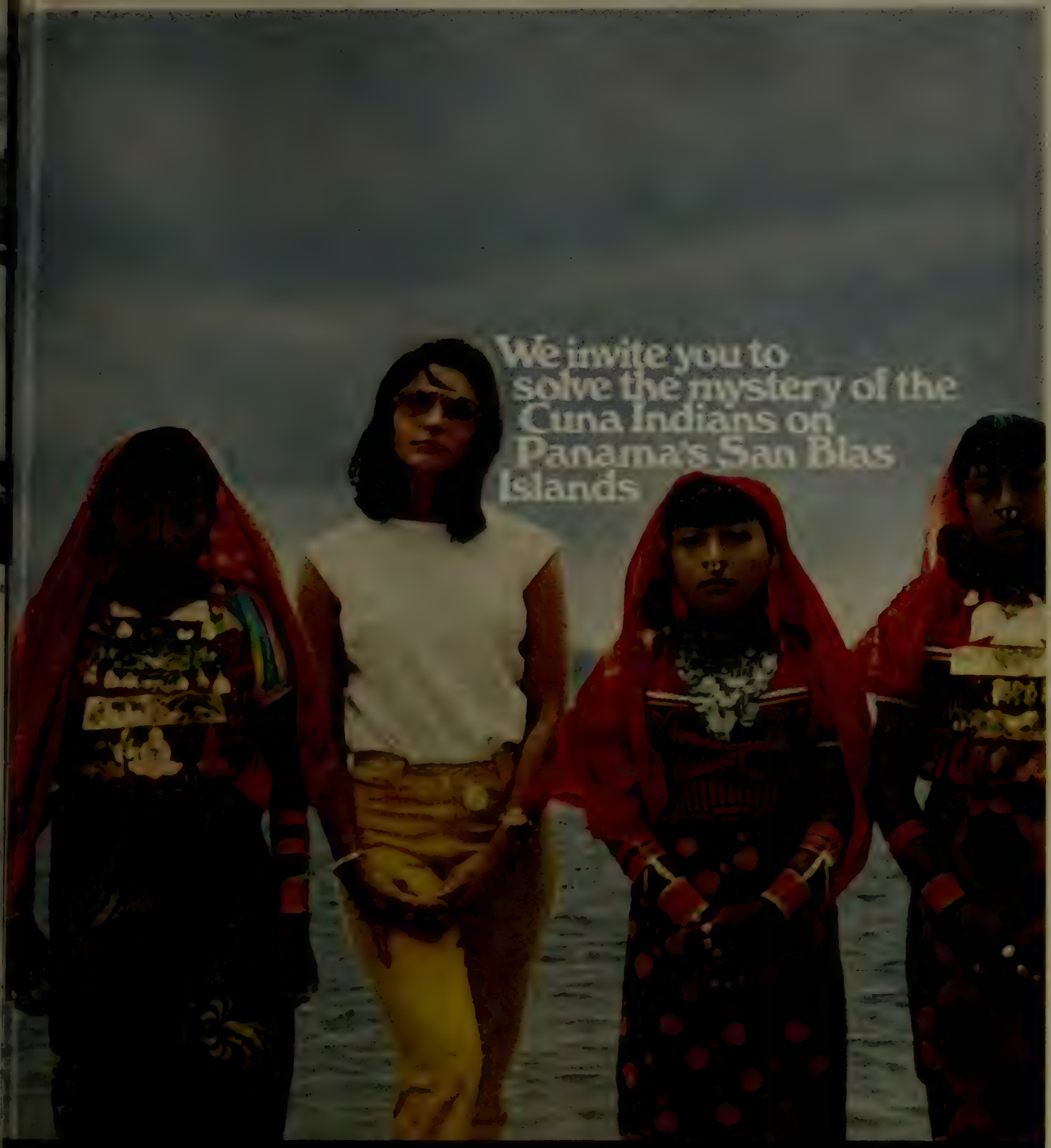
Here's a rewarding Peru detour



Sacsahuaman, an ancient Inca fortress, overlooks the Peruvian city of Cuzco. Most South American itineraries include Cuzco as an overnight stopover on the way up to the famous ruins of Machu Picchu, but few visitors take the short taxi ride from Cuzco's Plaza de Armas up to the impressive ruins of Sacsahuaman. Construction of the great fortress is thought to have begun in 1438 under the Inca Pachacuti and continued for more than 70 years. Like the stonework at Machu Picchu, the great stone blocks of the fortress walls (some weighing as much as 20 tons) were so perfectly fitted that the use of mortar was unnecessary. The north side of the fortress is co of three massive stone tiers, one above the other to a combined he about 60 feet. The south end ov the city of Cuzco. Many of the along the south wall were remo the Spanish to be used as buildin rial in the city below.

NICK ELL

Underground reservoir *at Sacsahuaman carried water to all of the fortr*



These coral islands are just off the Atlantic coast of Panama. And the Cunas have lived there for almost five thousand years. But no one is certain of their origin. Some say they came from the Euphrates Valley. Others believe they came from Egypt. And their language currently contains eleven ancient Norse words. The Cunas are artisans and musicians, as you'll see. Friendly, too. And photographable.

All of Panama is fascinating. Filled with beauty and mystery. Panama offers sights not found in most travel folders. And, of course, it offers the more mundane things also like nightclubs, gambling, beaches, surf, fishing, hunting, exciting shopping and all that sort of thing. For a wealth of fact on Panama, see your Travel Agent or write:

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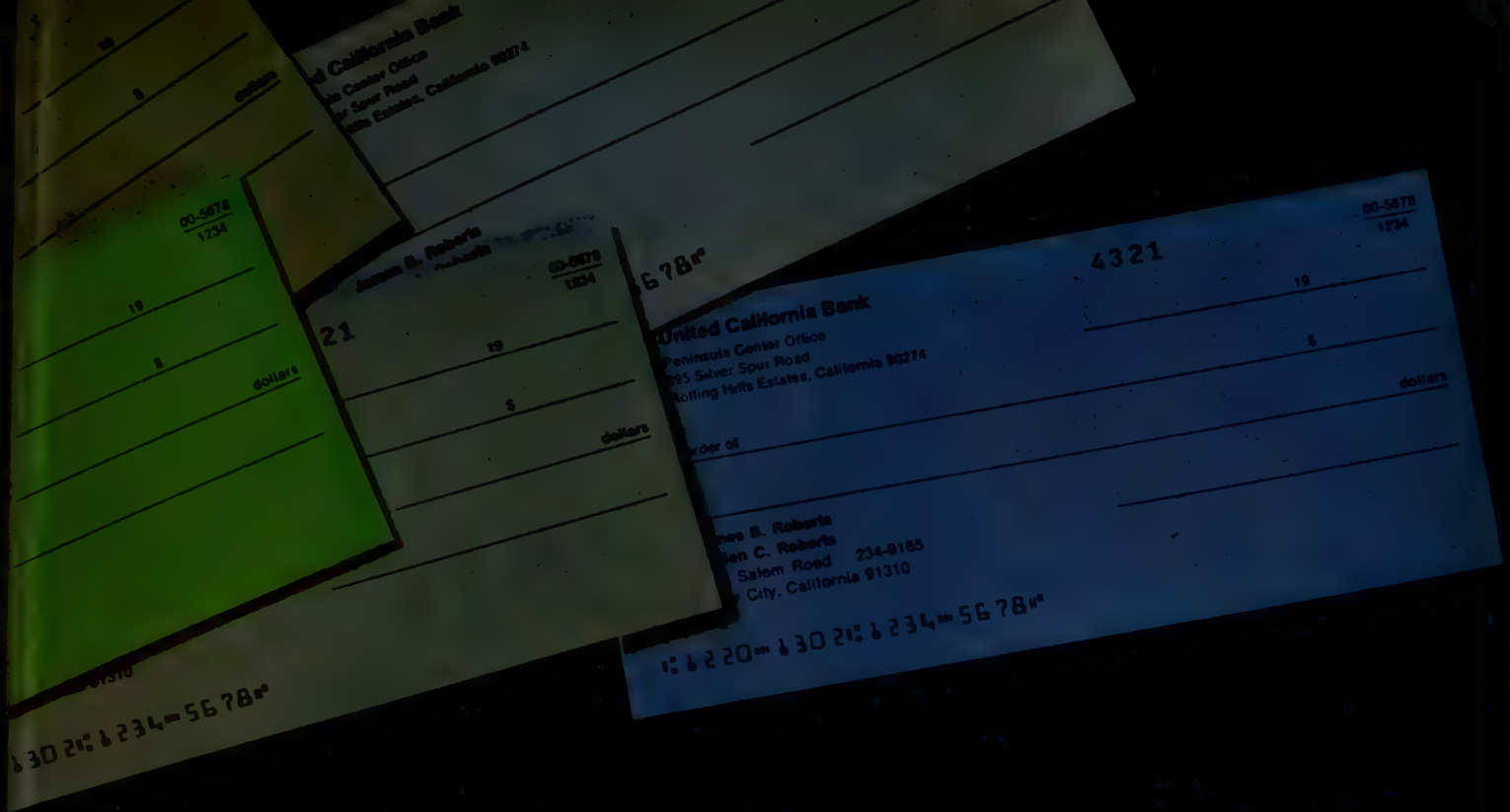

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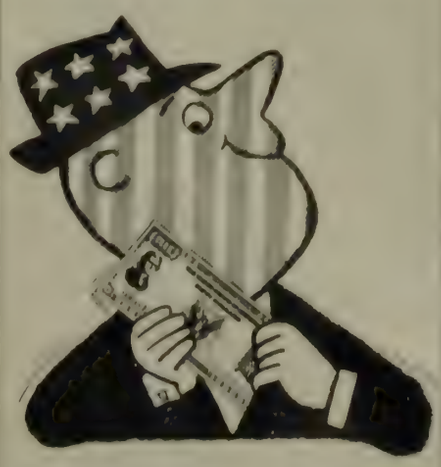
How to get a nice red, white and blue feeling —and pocket a little green



UNITED STATES SAVINGS BONDS

From cafe balconies *over the lake, diners can watch water traffic, look across t*

Lake Lugano . . . the cruise to Gand

Your first view of Gandria will probably be from the water as you arrive by Swiss lake steamer. Colorful stucco buildings with red tile roofs cling to the terraced hillside above the lake, bright awnings shade the balcony restaurants, and blooming flowers flourish in large pots and window boxes.

Gandria is on Lake Lugano, just a few miles from the Italian border, and is a pleasant 30-minute lake trip from the city of Lugano. Round-trip fare for regular steamer service is 60 cents.

You'll find the pace of the town unhurried. Sidewalk vendors display their wares in a casual manner along the narrow cobblestone alleyways. Near the village church artists hang their paintings on building walls. The cafe balconies that overlook the lake are favorite places to relax.

Exploring the town, you soon leave behind the small commercial establishments. Stone stairs lead upward from one terrace to another; flowers cascade from crannies in the rock walls. Occasionally there's a glimpse of the lake. You'll come to homes built of rough stone, many of them with back-yard gardens and home vineyards. Dark-haired children may watch you with unconcealed interest or shy sideways glances while their parents pause in conversation.

Artists find Gandria a picturesqu ject, and you may see a class ske or a painter at his easel.

Vendors and artists *cluster near th cobblestone walks lead above vil home vineyards and gardens, lak*

...and have all this.

1970 Chrysler. With new Torsion-Quiet Ride. It's a combination of front torsion-bar/rear-leaf suspension, unibody construction and Sound Isolation System. Translation: stability control and quietness. Rough roads or blasting traffic. Your car will be quiet enough inside to hear any of your company speak in a normal tone of voice. And stable enough to take all the curves you throw at it.

This year fiberglass-belted tires are standard on all Chryslers. They're wider for better traction. And the rear wheels have a new wide stance. To make your new Chrysler even more stable.

To make sure your car stays where you put it, Chrysler's got a new steering column lock. Just turn your key and you lock both the ignition and the steering wheel.

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Sunset
THE MAGAZINE OF WESTERN LIVING
NOVEMBER 1969

Death Valley

Here is a fresh look around the fabled desert sink. And here are ideas on how and when to go

The name of Death Valley, probably first spoken in January of 1850, would be enough to draw attention to the place even if nothing else did, but it was not really deserved at the time.

As the heroic William Lewis Manly and John Rogers led the starving emigrants of the Bennett-Arcane party over the Panamint Mountains toward safety and eventual recovery, one of the women looked back and said, "Goodbye, Death Valley," without knowing of the occurrence of a single human death there. Of perhaps as many as a hundred Forty-Niners who had earlier tried various "shortcuts" across this vast white sink instead of following proven routes to the south and north, one man had indeed died alone in Death Valley (though not from heat or thirst), and an obscure party of nine others may have perished there also. But Death Valley's record of human lives lost, measured against that of the rest of the Western desert, is unimpressive. Death Valley itself is not.

Death Valley views do have much in common with other desert views, and practically any detail of Death Valley is pretty closely duplicated elsewhere. Moreover, the basin-and-range province—all the way from the Rockies to the Cascades and the Sierra Nevada, to the high mountains of Southern California, and on down through northwest Mexico—is full of basins faulted downward, mountain ranges faulted upward, and steep watersheds dead-ending in dried-up *playas*. But when you lump together its size, depth, geological complexity, and visible evidence of pioneer industry, Death Valley has the edge on

MARTIN LITTON

About as far *from the madding crowd as you can drive in Death Valley's enclosing hills, Cottonwood Canyon has colorful walls, cool springs, this shady cave. High-clearance vehicles can go into canyon several miles*

The classic view: *Seen across Bad Water at sunrise, Telescope Peak, 11,049 feet above sea level, rises 11,331 feet above the l*

The lowest place in our hemisphere . . . anc

other desert sinks; and in a few of its individual extre
goes well beyond any of them.

One of these extremes is summer heat. The record high o
was set July 10, 1913. Although Azizia, Libya, has since rec
136°, the average Libyan maximums are much lower, a
most July and August days the bottom of Death Val
unquestionably the hottest place on earth. Five miles e
west, up the enclosing slopes, it may not be hot at al
down on the flats it can stay above 100° all night long.

On the average, the floor of Death Valley is hotter in su
than the desert's other great depressions—and not as c
winter—because of another extreme: its lowness. Of th
ley's 130-mile length, the portion below sea level is 70
long and as much as 8 miles wide. An area of about 20 s

Usually dry bed *of The Racetrack is so slippery when wet that wind can push boulders across it*

MARTIN LITTON

s in this hemisphere—two dips in salt beds at right. Bad Water, 280 feet below sea level, used to be thought the lowest spot

y and August, the hottest place on earth

is lower than 280 feet below sea level. Way out in the salt west and northwest of Bad Water, two places 3 miles and 282 feet below sea level are the lowest points in the ern Hemisphere (and just 2 feet lower than the bottom of alton Sea, which was dry land only 64 years ago).

to this minus altitude Telescope Peak's 11,049 feet *above* and you have a somewhat greater difference of elevation that between Mount Whitney's 14,495-foot summit and wens Valley "base."

year in which more than a couple of inches of rain fall on valley floor is considered a wet one, yet Death Valley has water than most deserts. Not all of it is good to drink ny means, as it picks up the salts through which it flows, it is said that there is no place in the Valley more than

CLYDE CHILDRESS

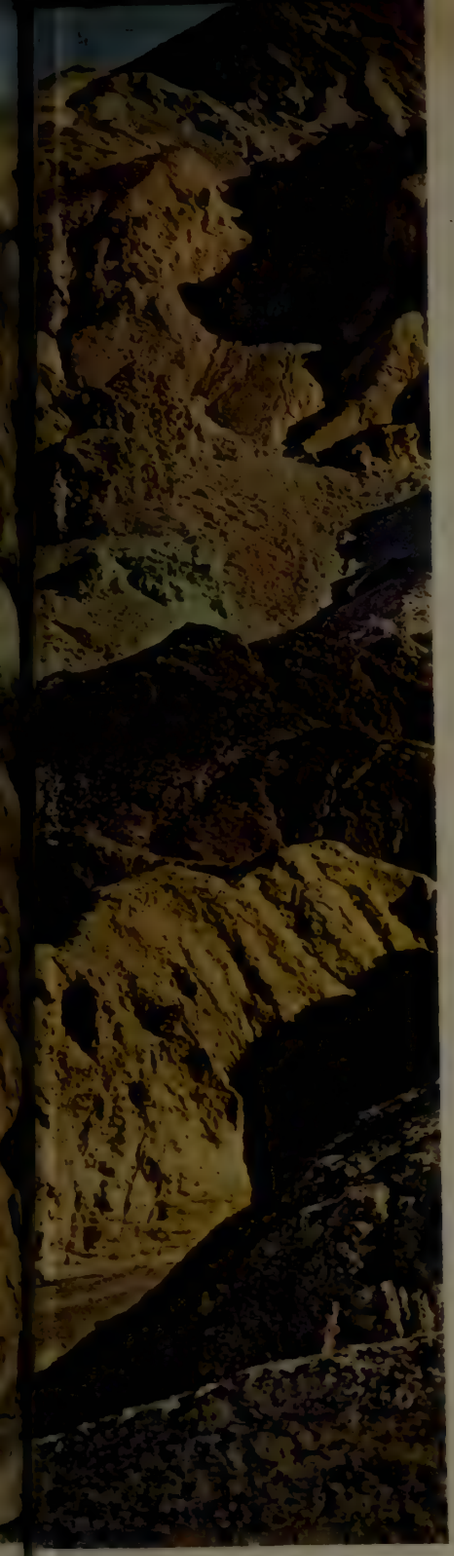
Floods *eroding the narrows of Titus Canyon have left breccia walls with striking mosaic effects*

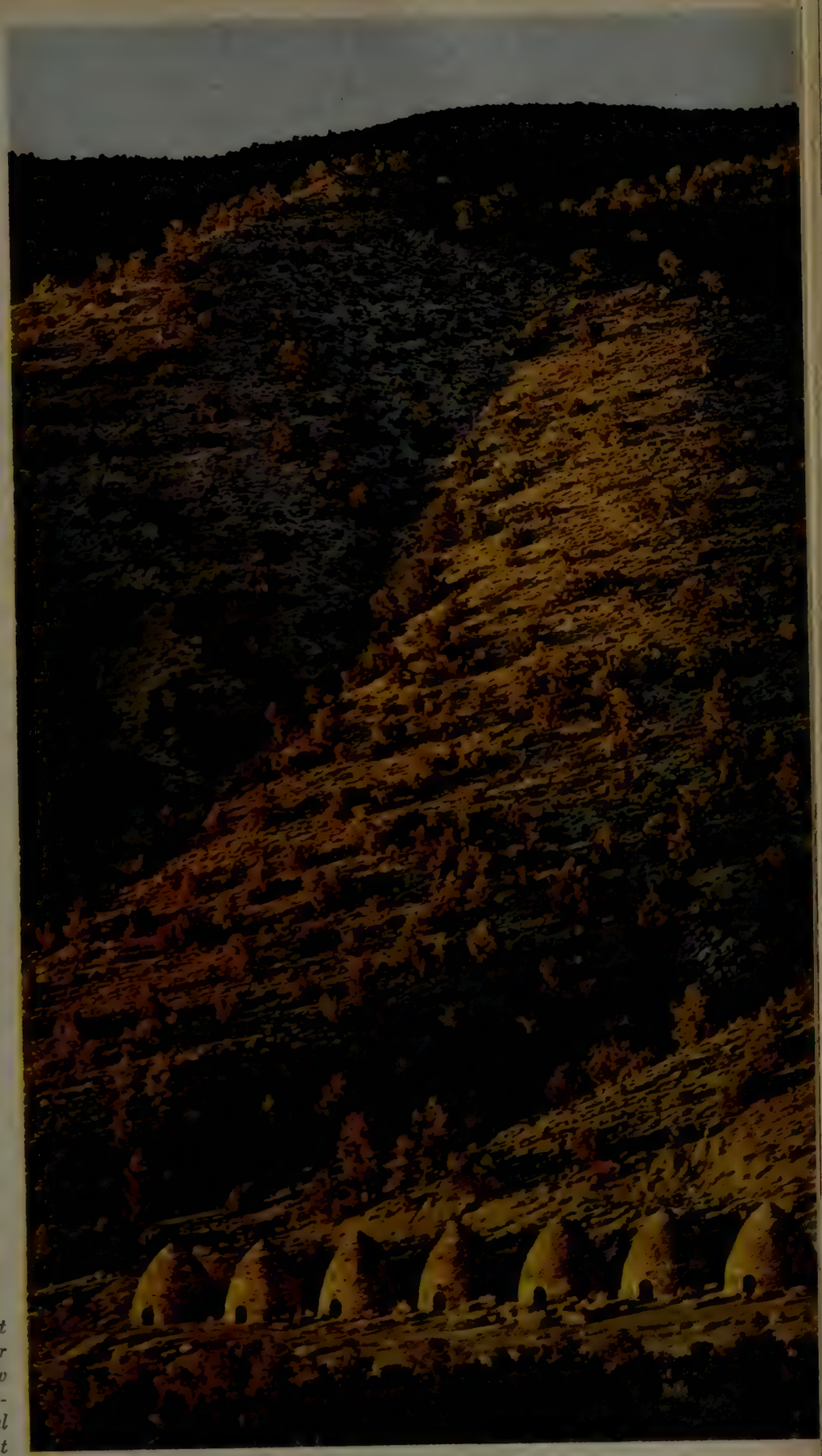
From eroded Zabriskie and Artist's Palette to Wildrose Canyon

MARTIN LITTON

Bright *with tints of metallic oxides, ist's Palette is colorful highlight of ist's Drive. Near turnout, dry emerging from hills serves as easy*

Prospect *from Zabriskie Point near Furnace Creek, most visited view point. Hikers in Gower Gulch stand among soft bare ridges that would wash down in wetter climate*





Like giant beehives *of stone, 30 feet in diameter, charcoal kilns in upper Wildrose Canyon are as good as new after 90 years. Kilns reduced mountains' pines and junipers to charcoal for Modoc Mine smelter, 25 miles west*

iles from potable surface water. That does not mean, how- that it is always easily found, or that a waterless 15-mile in 120° heat won't kill you.

interesting to note that is was not—directly, at least— thirst, or hunger that stalled the emigrant trains in the nd early winter of 1849, but the weakening of their draft als. Of Death Valley's native vegetation, there was little could serve as forage for domestic livestock. Deaths of es and oxen on the westward march outnumbered human casualties many times over, as the faithful beasts expired from starvation and exhaustion—or were slaughtered to keep their masters alive.

Then wagons and other belongings had to be abandoned as the weakening Argonauts struggled out of Death Valley and across long waterless stretches in the remaining 250 miles to the Mexican ranchos of the San Gabriel foothills. It was not Death Valley, but the desert beyond it, that took the heaviest toll.

Inevitably, prospectors came—some of them the same men who

ndured so much hardship the first time through. The lures gold and silver, or rumors of them, although the obviously ly mineralized hills and mountains around the torrid sink d to promise almost everything. Fulfillment of the prom- s infrequent and brief, but enough to provide excitement, intain a lively trade in mining claims, to dig a lot of holes ctually erect and operate some stamp mills, and to build da's most impressive city of its time—Rhyolite.

boom town near Death Valley really did pan out: Skidoo, the Panamints, was about $3 million in the black in 1905 e end of its two-year existence.

ally, miners and would-be miners looked to the rocks, ing the sediments that lie 10,000 feet deep to form the of the Valley. The unpromising flats, however, yielded h Valley's only lasting material bonanza. In 1881, while s sought hardrock lodes of metal, Aaron Winters and his Rosie went from poverty to riches overnight after they l that a fluffy white precipitate from the Furnace Creek hes burned with the green flame that identified it as borax.

"... the boundaries were drawn boldly and pretty sensibly..."

e is so much ground to cover out in the Death Valley erland, and so much good reason for covering it, that you t easily pass up the Borax Museum at Furnace Creek. 't. In Death Valley annals, the ordinary household stuff used in one way or another in almost any manufactured modity you can think of is the most romantic mineral of nd here are its relics.

ering in the background, beyond the outdoor assembly of ements once used in the extraction and refining of borax other minerals, are the great 20-mule-team wagons, nearly ound as when they were maintaining their remarkable dules 80 years ago. Ultimately, borax mining went under- nd, at Ryan and elsewhere, bringing railroads—the Tono- & Tidewater and the narrow-gauge Death Valley Railroad mines and mills; but as long as the precious compound simply scraped off the ground it was freighted by smaller ons to the refining mill at Amargosa and then loaded rd the now-legendary carriers for the 165-mile haul to the ead at Mojave.

outfit consisted of a lead wagon and a trailer, each carrying yload of 11½ tons, and a tank wagon holding 1,200 gallons vater. At the start of each 10-day journey, the 20 mules sometimes 18 mules and two horses) were pulling about 00 pounds, or more than 2 tons per animal!

nventional thinking went out the window when this heroic- e undertaking was conceived. Consider, for example, the -thick steel tires on 7-foot wheels on 18-inch hubs, or 120-foot draw chain with links forged of half-inch steel, the 125-foot rein with which the driver telegraphed his ructions to the leading mule: A steady pull was a command urn right; a quick jerk meant a turn to the left. A 22-foot p, as long a lash as any man could handle, fell far short most of the team, so the driver's helper kept a box filled h pebbles for the encouragement of the forward spans.

cale model in the museum shows the solution to the problems faced on sharp curves in mountainous country, where the driver could not always see the leading mules and there was always the danger of the head of the team getting far enough across the bend to pull the following elements (including the wagons) off the road. In these situations, three or four pairs of mules back near the lead wagon would pull in the opposite direction, toward the outside of the curve. This might seem a simple enough procedure for the mules already on the outside of the draw chain, but of each span with this assignment the other mule—the one on the inside of the curve—had to jump over the draw chain at the proper moment, without entangling his own traces or whippletree, and pull outward also.

In the five years of 20-mule-team operations, not a mule was lost, and there were no breakdowns—except occasionally in the relations between drivers and helpers who had to endure each other's company along with the other temper-trying aspects of the grueling haul.

By 1933 Death Valley had earned its name—not for the punishment it had dealt the California-bound emigrants in '49, but for the toll it had taken of fortune-hunters afterward. The Pacific Coast Borax Company had gone into the hotel business at Furnace Creek, and there was a tourist camp near Stovepipe Wells. Here and there the hills around the Valley were blotched with tailings, pocked with prospect holes, and strewn with weathered boards, bricks, iron, glass, and skeletons of animals and automobiles.

Then, setting an example which his successors have not chosen —or dared—to follow, President Hoover proclaimed the Valley and a large region around it a national monument, bigger than any national park except Yellowstone and Mount McKinley, notwithstanding "nonconforming" uses and such private holdings as homesteads, mines, claims, grazing rights, water rights, resorts, and roads. Protection from further entry by claim-stakers may have seemed laughably unnecessary then, but in view of what subdivisions, freeways, canals, pipelines, power lines, and military exercises have done and are doing to California desert elsewhere, there may have been extraordinary foresight in the proclamation.

Under the theory that nine-tenths of a loaf is better than nothing, boundaries were drawn boldly and pretty sensibly, with not much regard for the private holdings that did and in many cases still do exist. Recently, 7,000 acres of these private holdings were purchased by The Nature Conservancy, a conservation group that will hold the property until park purchase funds become available. High-grade talc is mined in a fairly businesslike way in Warm Springs Canyon, but most claims have a look of hopelessness about them, serving occasionally as part-time abodes and not much else. The road that tempts you into a canyon or up a mountainside may end abruptly at somebody's littered diggings, but all in all the vast reserve is a good and worthy one—even if it's not all yours.

Nature, having met civilization's first thrusts into Death Valley, seems to have won the initial contest, although some of the wounds will be a long time healing. The new invasion, of people in Death Valley because they *want* to be, promises to last longer; you will encounter it at its height—and indeed be a part of it—this month, if you go to the Valley during the Twentieth Annual Encampment of the Death Valley '49ers (November 6 through 9).

When to go? Where to stay?
Turn the page for map, ideas

IN LITTON

ole sweep *of Valley is visible from Dante's View, on st of Black Mountains. In salt beds 6,000 feet below lowest points; beyond, Telescope Peak tops Panamints*

YOUR OWN ADVENTURE IN DEATH VALLEY

When to go, where to stay, what to look for and look ou for, from Skidoo to Badwater to one-way Titus Canyon

MARTIN LITTON

During Encampment [illegible]

Pallid and lackluster in the flat midday glare, its sky ev and monotonously blue, its calico rims thinly veiled with suspiciously like city smog, Death Valley is at first jus much more of the desert you have already driven throug reach it.

Small roadside differences appear. Litter is scarce, repo briefly between tours of the National Park Service clea crew. Billboards are missing, replaced to some extent by style Park Service directional and identification signs approach billboards in size if not in design; they point things you can bypass as you enter, and investigate in the ahead—after settling down in a "home base" or at least ting your bearings at the visitor center and museum.

Then, as closeup follows closeup and you make your way the labeled phenomena plus, finally, some secret finds of own, you perceive new dimensions: The unbreached moun face you see from afar is really slotted with fascinating yrinths that lead you on and on. The featureless salt flat vast maze of miniature crystalline Alps that pop and tink they grow imperceptibly upward through a ceramic-hard covering a nether world of supersaturated waters. The ridges away from the road are, after you've trudged the sur ingly long distance to them, mountains in their own right mountains that yield underfoot and restore themselves to printless pristinity with every fresh breeze. The unna splotch on the far hillside is, when you get up to it, the w pile marking an abandoned mine with tunnels, railroad, sl and headframes still more or less intact.

No matter how many days you reserve for this national m ment, you will not run out of new territory to prospect; are nearly 3,000 square miles of it altogether.

Most visitors drive their own cars, but there is no nee Union Pacific trains, major airlines, and cross-country stop at Las Vegas, Nevada, where you can rent a car fo 140-mile drive to the heart of the Valley and for road ex ing after you get there. Light aircraft can use the paved ai at Furnace Creek or the 1,600-foot gravel airstrip (watc straying vehicles and people) at Stove Pipe Wells Hotel. can use scheduled bus service to Death Valley from Las V (three round-trip tours each week, by Las Vegas-Tonopah-Stage Line, Box 1600, Las Vegas 89101) or take a Gray chartered limousine. Escorted sightseeing tours to and i Valley are offered by Ruddle Death Valley Tours, Hay Hotel, 206 W. Sixth St., Los Angeles 90014.

To get off the beaten track for any great distance, yo need your own car or a rented one. Cars are not for re Death Valley.

For the approaching period of the Death Valley '49ers' A Encampment, November 6 to 9, it is too late to make

Road conditions *may change rapidly where flooding and grading take as they do in Death V Check with visitor center for late inform*

DEATH VALLEY NATIONAL MONUMENT

reservations for accommodations in the Valley. You can go on the waiting lists, just show up and hope for a cancellation, or try the towns of Trona, Beatty, and Shoshone, where there are motels. If you have a tent, trailer, or pickup camper, you will get by: there are no hookups for trailers and campers in the public campgrounds, but Furnace Creek Ranch does have a first-come-first-served trailer park with complete facilities. Of course you can always sleep on the ground or in a station wagon. There are showers for campers at both the Furnace Creek and Stove Pipe Wells Hotel areas.

At most other times—with Easter week a notable exception—the Valley campgrounds will be less crowded and more inviting, and chances are good that you can find lodging without a vance reservations. But to be on the safe side, telephone write ahead.

Furnace Creek Inn is a luxurious resort hotel, where you good value for your $39 to $53 per day (for two, includi meals), and where men are required to wear coat and tie the main dining room (there's another for recalcitrants). T inn has all the winter resort facilities you might expect a where in the desert; so has Furnace Creek Ranch, close by, simple cabins and newer motel-style accommodations spa among date palms and tamarisks. The ranch ($14 to $18 two) also has a cafeteria and general store. For full informati

MARTIN LITTON

Beyond road's end, *Grotto Canyon narrows to twisting labyrinth shaped by water that flows seldom but violently. You crunch along level gravel stretches, scramble up dry falls*

Except for November 6-9 and for Easter week, campgrounds most likely will have room

on either the inn or the ranch, write to Fred Harvey Hot 530 W. Sixth St., Los Angeles 90014.

The inn (early November to Easter) and the ranch (m October through April) are the only Death Valley Natio Monument hostelries that are not open all year. These others remain open through the summer:

Stove Pipe Wells Hotel, actually about 6 miles from the of old Stovepipe Well, is a motel-style resort with air-con tioned rooms, a central lounge, and an attractive restaura The restaurant is closed in summer but the snack bar, sto and service station remain open. Postal address is Dea Valley, California 92328.

Wild Rose Station, at 3,500 feet on the west side of the Pa mint Range, outside of Death Valley proper, has a coffee sh and cabins (with baths) for a total of 10 guests. Write to W Rose Station, Trona, California 93562.

GETTING YOUR BEARINGS

Go to the visitor center at Furnace Creek to plan your st There you can buy either small-scale or very detailed to graphic maps (at the scale of an inch to a mile it takes a lot maps to cover Death Valley) and a wide variety of useful pul cations. Frequent illustrated talks are given by the Natio Park Service in the auditorium, and if you're aiming to expl some of the back country you will find kindred souls in naturalists behind the information counter; they will not courage you unduly but will suggest things to do in line w your interests, and the ways to do them safely.

The standard guidebook is a concise paperback, *Explo Death Valley,* by Ruth Kirk (Stanford University Press, St ford, California, 1965; $1.95). This little 90-page handb should be first in your Death Valley library.

The visitor center's museum contains clear exhibits show geology, plants, wildlife, and human history of the Valley a the surrounding region. The single live exhibit is of the am ing desert pupfish *(Cyprinodon),* of which several species h survived millennia of drying up and heating up (to 100° more) of the river—the Amargosa—that begins in springs on the Nevada desert to the east, flows south and into south end of Death Valley, and dies on the Devil's Golf Cou Most of the exquisite 2-inch fish, varicolored with irides metallic glints, have retreated to the vicinities of the sprin outside the national monument, they are now threatened w

tion by disruptive large-scale agricultural development, already—within the last two years—two species have peared.

lition to seeing pupfish in little Salt Creek, in the Valley, an drive to the Ash Meadows area northeast of Death Junction and see another species in the springs there. ached bit of Death Valley National Monument contains s Hole (see map), a deep pool, mostly underground, where h live; it is surrounded by a high wire fence and cannot proached closely, but other springs not far away are quite ible. The most spectacular is Big Spring, a deep, round verflowing with the clearest water imaginable, and remi- t of the great limestone springs of Florida—but without nding vegetation, and with pupfish. If you can't find it, e at Ash Meadows Lodge, at the end of the surfaced n of road from Death Valley Junction. Don't confuse the al pupfish with the artificially introduced (and com-) black tropical *malis*.

hings to see and do in and around Death Valley are too rous to be listed here; it takes a book to cover even the -known natural features adequately. With nothing at to guide you, you can still find your way about by follow- gns to points of interest and then reading other signs that ou what you're seeing after you get there.

hing not to miss is sunset from the highest dunes. Park e highway opposite the great pyramid-shaped dune east ve Pipe Wells Hotel and walk (barefoot if you wish, once et to the pure sand) over and along the ridges to the it. Stay until dark; even without a moon, Tucki Moun- will loom against the sky to guide you back to the road.

e why you should be glad not all the roads are marked, up into both Mosaic and Grotto canyons from State way 190 near Stove Pipe Wells Hotel. A sign marks the to Mosaic Canyon; traffic and dust are fairly thick, and are usually quite a few cars and people when you get to rnaround. The Grotto Canyon road, nearby, has no sign; eldom see another car, and may not even see tire tracks wash where the road peters out as it gets into the mouth canyon.

itions change fairly frequently, and sometimes drastically, e back roads. In 1967 we drove two standard station wag- p Trail Canyon, usually considered a fair graded road, and on up to Aguereberry Point on the steep zigzag track that presented as a downhill-only "Jeep Road" but was then r than the section in Trail Canyon. By contrast, in 1968 uld not even make the first 500 yards up Trail Canyon ut danger of hanging up on washed-down boulders (and mber: It pays to know when to quit). Again, going down ockiest part of the sharply curving wash that passes for a in Greenwater Canyon, our four-wheel-drive vehicle re-

On back roads and wheel tracks it's safer when two or more cars travel together

ed laborious backing and turning, while our companion car front-wheel-drive Citroen that had less traction but could more sharply—went right through without any difficulty.

safety factor goes way up, in remote road travel, if cars groups of two or more. On through roads in Death Valley onal Monument from now until Easter, you are not likely ave to wait long for help in the event of a breakdown; but

Inactive mines *are numerous in hills. This is at Gold Belt*

If you want to sleep with the stars . . . instead of headlights . . .

if your vehicle fails out on some of the dead-end roads, you are faced with the prospect of a long hike to the nearest passing traffic. So no matter how self-reliant you may be, leaving word as to where you are going and when you will be back is a good idea at any time, and extremely important in the lower elevations in summer. You can report your planned itinerary at the visitor center or any ranger station; if you do not return on time, someone will come looking for you.

In the frequented parts of the Valley, camping is strictly confined to established campgrounds—partly because you must not track up the ground by driving off established roads. But if you want to sleep with the stars out in the hinterland, instead of the headlights and dust of the busier campgrounds, there will be no objection if you follow some miner's track to a secluded spot, as long as you don't disturb or litter the ground or burn the plants.

Summer travel in Death Valley is increasing. Driving on the paved roads is not much different from desert driving anywhere, but Park Service patrolling of back roads is curtailed, so some roads are closed. Much free advice is available on driving and surviving in the summer heat, but we frequently note a serious omission: What will save your life is water; sometimes you sweat it out about as fast as you can take it in, so carry a lot of it. Loss of salts can be compensated by adding a mineral supplement, such as *Lytren*, to the water ahead of time.

The children are served first . . .

. . . while the grownups have a cup of walk-around soup

. . . and father carves the turkey at the help-yourself buffet

The almost nothing-to-it big Thanksgiving

well do the techniques of the "noth-o-it" big party—which we reported in April 1969 *Sunset*—adapt to Thanks-g dinner for a houseful of family friends of all ages?

wondered—and set about translat-hat party-giving approach to a tra-nal holiday dinner.

had to invent a new way of doing the ey, stuffing, and gravy, in order to inate last-minute handling that often ls traffic in the kitchen on Thanks-g Day, and to make it easier to serve t style.

n we served our Thanksgiving din-to the 18 adults and children shown hese pages, and it worked.

h little advance preparation, the stage set for self-service and partial self-ring, and the cooks as well as the ts enjoyed the leisurely meal.

important key to success is the way ooked the turkey. Starting with a big, ure bird (the most flavorful kind), we ted it unstuffed, breast down, in a V-shaped rack until about an hour before dinner. Then we lifted the bird out of the pan, poured off drippings, turned the bird over, and spooned the "stuffing" all around it in the pan. While the turkey browned on the breast side, the stuffing outside crisped and absorbed turkey juices. And this method allows plenty of time to make the gravy.

When done, the turkey and stuffing are brought to the table right in the roasting pan. (The pan hardly shows, but you can wrap a colorful cloth around the edge.) Carving is easy, and everyone can help himself to stuffing. Cooked this way, the turkey turns out especially moist, and the stuffing gets extra flavor and crisps a little around the edges.

In planning the menu, we took advantage of short-cuts made possible by prepared foods such as stuffing mixes, frozen vegetables, and cranberry sauces. It's a flexible menu that allows for individuality in seasonings and for the vegetables and extras that are traditional in your family.

The meal is in three stages. Together they comprise a streamlined but ample menu with all the dishes many families consider essential on Thanksgiving. Here is what we served, but our menu-planning chart on the next page offers many alternate choices.

First stage:

Creamy Clam Soup

Buttered Popcorn **Iced Raw Vegetables**

Second stage:

Roast Turkey

Cornbread-Filbert Stuffing **Turkey Gravy**

Cranberry-Orange Relish

Green Peas with Mushrooms

Baked Yams and Irish Potatoes

Third stage:

Pumpkin Chiffon Tarts

Apple-Mince Tarts

Coffee **Milk**

The first stage can take place in the living room, family room, or (if it's a balmy day) the patio. We served a drinkable clam soup with hot popcorn and ice cold raw vegetables to precede the main part of the meal. You might think of them as appetizers, but they also replace the soup or salad course on this menu. Bring them out while guests gather. Use disposable cups and provide a wastebasket for cleanup.

When the main course is ready on the buffet, someone can start to carve the turkey, and the children can be served, followed by the adults as they finish their soup. You'll want to seat everyone for the turkey course. Use card tables or picnic tables, covered with colorful cloths, to supplement the dining table, and add a centerpiece of fall flowers or a plant. The food stays warm on the buffet for second helpings.

Dessert can follow immediately or some time later. We made tart-sized pies—a choice of pumpkin chiffon or apple-mince—using prepared crusts in little foil pans, and quick-to-mix fillings. A party-sized electric coffee maker provided hot coffee, and for the children we had a pitcher of cold milk.

Turn the page for our menu-planning chart and cooking directions.

GLENN CHRISTIANSEN

The turkey *and main hot part of Thanksgiving dinner keep warm on the buffet, with soup still being served in the living room. The children have started to eat*

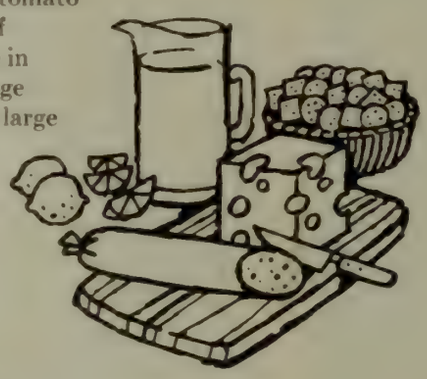
MENU PLAN for the almost nothing-to-it B

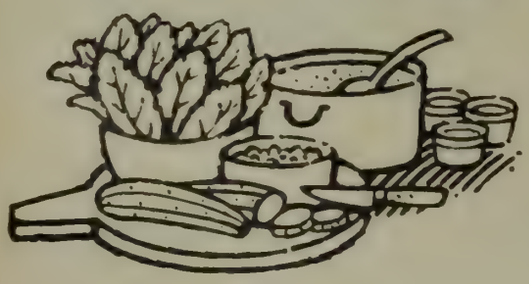
The walkabout soup

Start the Thanksgiving menu with serve-yourself appetizers to sip and nibble leisurely before the main part of the meal. These replace both soup and salad to simplify the dinner. Here's a choice of three easy-to-assemble combinations:

Serve a hot and creamy clam soup to ladle into cups or mugs, a bowl of buttered hot popcorn, and another bowl of raw vegetables (such as carrot sticks, celery, cucumbers, radishes) arranged on a bed of crushed ice. For the soup, use canned or frozen New England - style clam chowder prepared as directed, except that you should whirl it smooth in a blender before you heat it, and thin to a good sipping consistency with some bottled clam juice. (Or you can start with your own recipe.) Sprinkle chopped parsley on top when you serve.

Or: Surround a pitcher of well chilled canned tomato juice with wedges of fresh lime to squeeze in each cup, and arrange on a cutting board a large wedge of Swiss cheese and a whole dry salami. Have a basket of assorted crackers.



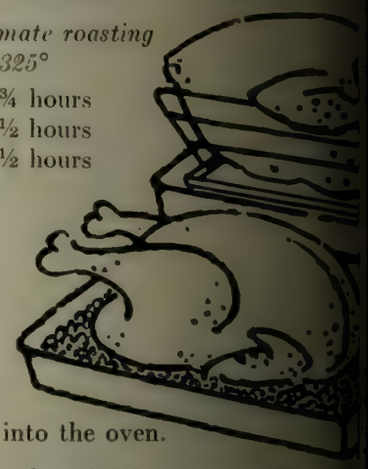


Or: Offer hot Sherried chicken broth to sip from cups, with a bowl of shrimp dip to spread on cucumber slices and small, tender leaves of romaine lettuce. For the soup, add about 1 tablespoon minced chives and ¼ cup dry Sherry to each 46-ounce can of chicken broth, heated. For the dip, prepare Shrimp Appetizer Spread (recipe on page 146) or use prepared clam dip and stir in tiny cooked or canned shrimp.

The turkey main event

Preparations for the big dinner start when you put the tu in the oven. The bird should be thawed, rinsed, and dry, b other preliminaries (such as stuffing and trussing) are e nated with this easy method. You'll need a large roasting (at least 11 by 15 inches) and a V-shaped rack. Use this c to estimate starting time, counting back from dinnertime:

Ready-to-cook weight	*Approximate roasting time at 325°*
12 to 16 lbs.	3 to 3¾ hours
16 to 20 lbs.	3¾ to 4½ hours
20 to 24 lbs.	4½ to 5½ hours



Step 1. While the oven heats, sprinkle inside cavities of turkey with salt and pepper; arrange it, with breast down, in the V-shaped rack; pin neck skin to back of turkey with a skewer, and put it into the oven.

Optional: Put the turkey neck and giblets (except liver) c simmer until tender in 2 quarts water, seasoned with salt, per, onion, and carrot. Add the liver about 5 minutes b removing from heat.

Optional: Baste the turkey while roasting with ½ cup Sh blended with 4 tablespoons melted butter, using it all by time the turkey is turned.

Step 2. While the bird roasts, stir up the stuffing, using 3 packages (about 8 oz. *each)* herb-seasoned *or* cornbread s ing mix. Add butter and water or chicken broth as dire on the package. If you wish, make additions to the stu to your own taste, such as these:

Chopped or sliced nut meats, toasted in butter; or
Chopped onion or sliced celery or mushrooms, sautéed fi the butter; or
Chopped oysters or cooked giblets, sliced water chest minced parsley, or cooked sausage added directly to stu

Step 3. About 1 hour before the turkey is done, remove oven. Protecting your hands, lift turkey and rack out of Pour all the drippings into a bowl, scraping up all the br bits. Grasp turkey with paper towels, lift it away from (it helps if someone else holds the rack and pan in place), set turkey back in roasting pan with breast up. Tuck stu all around bird in the pan. Put back in oven. Stir the stu once or twice while it cooks, to blend the crispy edge moist stuffing near the bird, and drizzle with a little extra b or water if you like a moist stuffing.

Step 4. To make the gravy, skim fat off top of drippings in and measure ¾ cup (add butter if you don't have enough discard any extra fat). In a pan mix the ¾ cup turkey fat 1 cup flour; cook, stirring, until bubbly. Remove from and gradually stir in all the turkey drippings, plus brot make 2 quarts (8 cups) liquid. (Use strained liquid from c ing giblets, plus canned chicken broth, or all broth.) Cook,

There's pie for dessert— if he cleans up all the turkey and vegetables on his plate

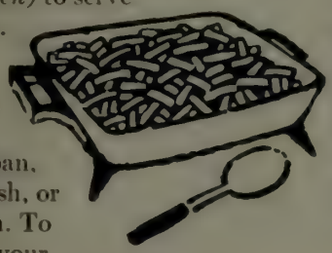
suggest a new approach

until thickened. Salt and pepper to taste. Keep warm, or t before serving. If you wish, add cooked giblets, diced.

5. When the turkey is done (a meat thermometer inserted he thickest part of the breast should read about 175°) he breast is nicely browned, remove from the oven. Bring n with turkey and stuffing to the buffet table and set on ctric warming tray, if available. For easiest carving, cover ird with a blanket of foil and let it rest for 15 to 30 min- If dinner should be delayed, leave the turkey in the oven he temperature reduced to 200°; keep it covered with foil.

The vegetables . . . simple, quick

heat-and-serve method for ables is simple, quick, and effective ping them fresh and warm on the . It suits a wide choice of frozen ables: peas, French-cut green beans, n beans, sliced carrots, whole baby ts, sliced zucchini, broccoli spears, or lower. You'll need 4 to 6 packages t 10 oz. *each)* to serve 18 people.



1. Heat ¼ pound r in an ic frying pan, chafing dish, or frying pan. To utter add your e of seasonings to enhance the able. Here are suggestions:

sliced fresh mushrooms or sliced onions in butter; or
t cashews, filberts, or almonds in the r; or
dill weed, thyme, tarragon, chives, or herbs to the butter.

2. Open packages of vegetables and into a colander. Run hottest tap r over them until thawed; drain. vegetables into the seasoned butter ook over direct heat, stirring, until nd tender. Salt and pepper to taste. r, reduce heat of frying pan to warm, chafing dish over hot water bath, or ther dish over some warming device he buffet.

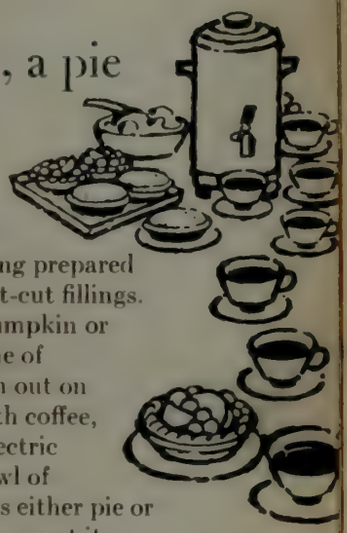
You can use this same technique for vegetables, if you cut and precook them in boiling, salted water until just tender. Cool quickly by turning into a colander and rinsing with cold water; drain and set aside. At dinnertime, heat in seasoned butter, as above.

Optional: Baked potatoes can be added to this menu. An easy way to please a crowd is to offer a mixed basket of baked sweet potatoes or yams and Irish potatoes. Pick out small potatoes and bake them in the oven along with the turkey (allow about 1 to 1½ hours at 325° for small potatoes to get done). Tuck into a roll basket or bowl; surround with napkins to keep warm on the buffet.

The cranberries

It wouldn't be Thanksgiving without cranberries, and they are available ready-to-serve in several delicious forms; jellied or whole cranberry sauce, or cranberry-orange relish. For something a little different but not too different, try canned lingonberry sauce, or serve the make-ahead Cranberry Borscht Salad Ring (recipe on page 147).

To each, a pie



Everyone gets his own small pie. The flavors are traditional; the making is easy, using prepared tart shells and short-cut fillings. Make either the pumpkin or mince pies—or some of each—and set them out on the buffet along with coffee, kept warm in an electric coffee maker. A bowl of whipped cream tops either pie or coffee, for those who want it.

Pumpkin Tarts. Turn 1 can (1 lb. 14 oz.) pumpkin pie mix into a pan. Soften 1 envelope unflavored gelatin in the pumpkin, then beat in 3 egg yolks; heat, stirring, to simmering point and simmer for 3 minutes. Cool until it starts to set, then fold in 3 egg whites, beaten stiff. Pour into 8 to 10 tart-sized prepared graham cracker crusts in foil pans. Chill until the filling has set.

Apple-Mincemeat Tarts. Combine in a pan 1 jar (about 1 lb. 2 oz.) prepared mincemeat with 1 can (1 lb. 4 oz.) pie-sliced apples. Heat until mixture simmers, then spoon into 10 to 12 prepared pastry tart shells. Serve warm or at room temperature.

Or: Instead of the miniature pies, you might consider Steamed Plum Pudding (recipe on page 155) or Pumpkin Ice Cream Pie (recipe on page 198) to go with this dinner. They take a little more preparation, but that can be done weeks ahead of Thanksgiving.

GLENN CHRISTIA

Sunken area *features island potting bench under translucent fiberglass roof. Display pyramid beyond, maintenance area far*

A new idea center for gardeners in San Francisco's Golden Gate Park

This handsome garden work center is the latest addition to the Strybing Arboretum-*Sunset Magazine* Demonstration Home Gardens in San Francisco's Golden Gate Park. The first three demonstration gardens opened on August 27, 1965.

In keeping with the purpose of all *Sunset*-sponsored demonstration gardens, this new unit is designed to help home owners with ideas for planting and landscape construction. It is rich in suggestions for potting benches; storage of tools, pots, and dry materials (sand, peat moss, etc.); fences; steps; seat benches; paving; overhead structures; and other details pictured here and on the next two pages.

Importantly, this demonstration garden shows that a work center can be attractive as well as functional. It shows that a well designed, well constructed, and carefully maintained work area can double as a center for outdoor living and entertaining and for carrying on such garden activities as mixing soil, sowing seed, making cuttings, potting up plants, training bonsai, and making flower arrangements.

The work center has two main sections: (1) a large, versatile, covered sunken area with an island potting table, an open terrace on each side, and an elegant three-tiered pyramid designed for display of container plants, garden sculpture, or whatever else comes to mind; and (2) a maintenance area (to the far left in the largest photograph) used regularly by the demonstration garden staff.

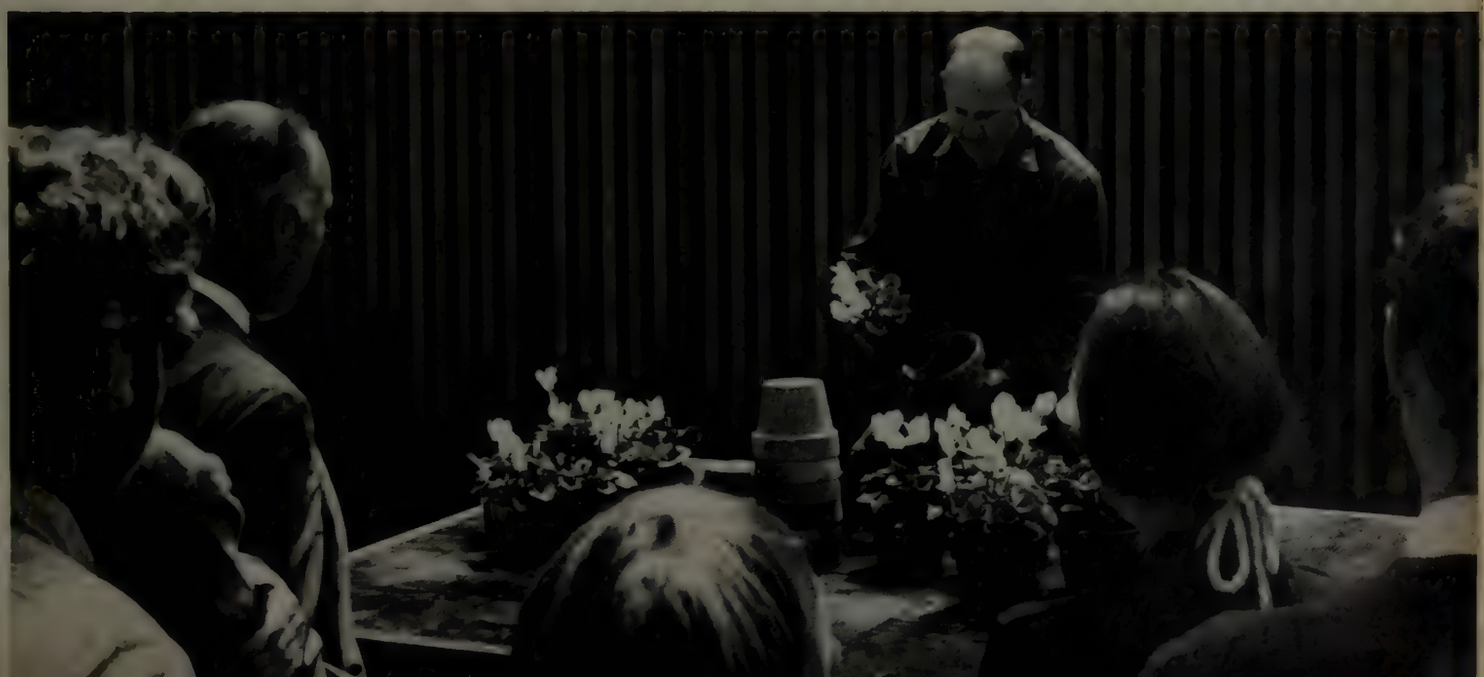
THE DISPLAY AREA

This area is covered with an advanced type of translucent fiberglass-reinforced plastic panel. It is supported on a framework of 2 by 4's, 3 by 10's, and 2 by 8's with 6 by 6 posts. The sunken floor is surfaced with 7½ by 7½-inch pavers. A large (5 by 10-foot) potting table is topped by 3-inch-thick, 6 by 6 blocks laid end-grain and set loose for expansion when wet. At one end is a red clay tile sink with a retractable hose reel housed underneath.

Just outside the covered area and off-center is the display pyramid designed as a focal point (photograph at far left). This unique structure, made with 2 by 4's, is about 4 feet high with the base 13 feet square, a second tier 8 feet square,

Storage cabinets *behind a concrete wall. Concrete floor provides a hard smooth surface for mixing potting soil*

Class looks on *as gardener pots cyclamen. Louvered fence of 2 by 3's on edge is excellent backdrop screen*



Concrete *wall is simple background for plants, art. Tools (see below) and other materials stored behind. Sculpture by Martin Metal*

and the third a little over 4 feet square.

On each side of the sunken area is an on-grade section surfaced with the same pavers as in the covered section.

MAINTENANCE AREA

The staff's work area is concealed behind a concrete wall (see photograph above) formed by staggered sections. The back side of the wall has wooden cabinets that house long garden tools and other equipment and supplies used by the gardeners.

Directly opposite the tool storage wall is a 24-foot-long, 3-foot-wide work bench with tilt-out bins for storing potting materials; there are additional spaces for flats and pots, and a stainless steel sink.

GARDEN WORK CENTER AS A CLASSROOM

The garden work center will be used for gardening classes (open to the public) scheduled each fall and spring by the Strybing Arboretum Society in cooperation with the arboretum staff. Other classes are for in-service training of San Francisco school teachers participating in educational programs offered by the Strybing Arboretum Society in cosponsorship with the San Francisco School Department, and for training of gardeners employed by the San Francisco Park and Recreation Department. The new garden will also be used for flower shows.

The garden work center was designed by the landscape architectural firm of Splenda and Yamamoto under the supervision of landscape architect Edward Williams (of Eckbo, Dean, Austin and Williams) who is supervising landscape architect for the Demonstration Home Gardens. As with the earlier demonstration gardens in Strybing Arboretum, funds for basic construction of the garden work center were provided by The Fairs and Exposition Division, Department of Finance, State of California. The Strybing Arboretum Society supplemented state payments for needed materials. *Sunset* paid for design costs. There were generous donations of redwood lumber, fiberglass, and door locks.

The Strybing Arboretum-*Sunset Magazine* Demonstration Home Gardens are to the right of the main entrance to Strybing Arboretum on Golden Gate Park's South Drive. (For historical background and information on the earlier demonstration gardens you might look up *New ideas-gardens you can visit in San Francisco's Golden Gate Park,* on page 74 of the September 1965 *Sunset.)*

The arboretum and demonstration gardens are open from 8:30 A.M. to 4:30 P.M. on weekdays; from 10 A.M. to 5 P.M. Saturdays, Sundays, and holidays. There is no admission charge.

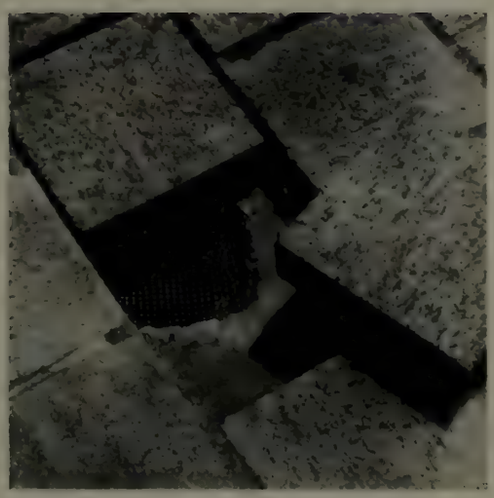
Retractable *hose reel beneath bench near sink. Hose pulls up through the opening containing rollers*

Long *handled tools are stored on plywood brackets secured to beam abo in cabinets behind concrete wall*

The new work center is crowded with take-home suggestions on storage, on structure, on ways to make work easier around the potting bench

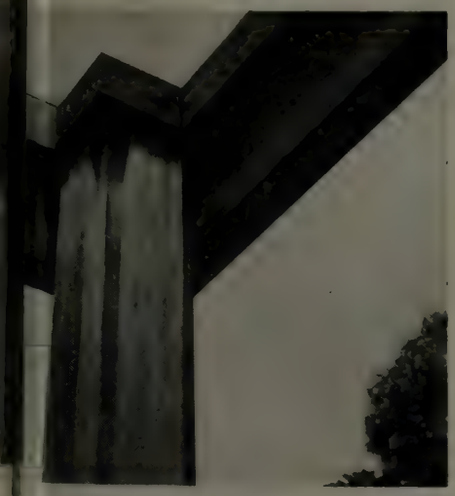
PETE REDPATH

h drops through opening (con- d when lid is closed) into otacle under potting bench



Drain *under floor of covered section. Note loose pavers over the catch basin to allow the water to enter*

First *tier of redwood pyramid, step, concrete pavers form interesting contrast in design and texture*



roof *is supported by redwood 6 posts with 1 by 4's centered on side; 3 by 14 fascia*

It's easy *to wash off pots under gooseneck faucet in stainless steel sink in gardener's maintenance area*

Tilt-out *bins under the work bench. Vertical 1 by 4 with attached 1 by 1's serves as a handle*

You just start *by stacking rooms*

. . . then add more, any way you think best

. . . to make a playhouse like that a

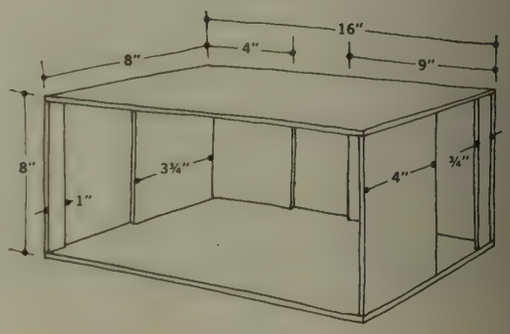
Rooms stack up to make a dolls' Habitat

This doll house, inspired by Habitat, the modular stack-up apartment at Montreal's Expo 67, consists of lightweight plywood boxes (identical modular rooms) that store away easily. They can be set together in a variety of ways to make different houses, with roofs becoming terraces for rooms above. They also can be just stacked up any way, as shown above (children love to do this). Two or three young girls can share the total set of rooms, each building her own smaller doll house along a carpet street.

The Habitat adaptation was designed for *Sunset* by John Solso of Clement Chen & Associates, architects. Scale is 1 inch to 1 foot, matching that of a popular brand of wood doll house furniture available at toy stores.

The identical rooms are of ¼-inch lauan plywood; a single 4 by 8-foot sheet will make 10 of them, of the size diagrammed. You can cut out the various pieces quickly with a table or radial-arm saw, but a hand saw will do. They're assembled with white glue and tiny ⅝-inch No. 20 wire nails. The rooms shown were painted off-white inside, left untouched outside.

One appreciated accessory is an elevator for any two-story version of the doll house: a simple box of lauan plywood, with a sliding three-sided box inside and a dowel handle.



Elevator *(diagrammed at right) is easy addition*

DARROW M. WATT

ara Chen *and Miriam Kirkman stack modular box-rooms. Lowest roofs are patios. Top roof is both playground and heliport*

Why are these eight perennials so popular? They're colorful, lasting

White flowers *of Christmas rose bloom in* *spring; dark green leaves are handsome al*

Three well rooted *divisions of Shasta daisies planted in fall in 16-inch pot bloomed like this the following summer. Dwarf marigolds in smaller pot*

For good reason, the perennials listed below are still widely planted—something you can't say about perennials in general. All eight plants (our photographs show five of them) are long-lived and bloom over a long period.

Lily-of-the-Nile *(Agapanthus africanus* often sold as *A. umbellatus).* Summer t early fall color in sun or light shade. I Northwest (west of Cascades) give warm- est position, winter protection. If frosted regrows in spring. Blue or white flowers Dwarf, tall forms. Excellent with daylily

Japanese anemone *(A. hupehensis japon ica).* White, pink, rose flowers on graceful branching stems 3 to 4½ feet tall. Nat uralizes beautifully in filtered shade.

Astilbe. See photograph above, right. Bes where winters are nippy.

Aster *(A. frikartii)* 'Wonder of Stafa.' On of the all-time greats among perennials Lavender-blue flowers early summer t fall. To 2 feet. Full sun.

Chrysanthemum. Dwarf cushion type are invaluable in borders, containers, a edgings. See photograph at far right.

Hellebore. Christmas rose *(Helleborus ni ger)* above; Corsican hellebore *(H. livido corsicus),* chartreuse flowers, blue-gree leaves; Lenten rose *(H. orientalis),* green ish, purplish, or rose flowers, dark gree leaves.

Daylily *(Hemerocallis).* See photograp at right.

Shasta daisy. See photograph at left.

DON NORMARK

Astilbe, *elegant in filtered shade. White, pink, or dark red flowers in summer; glossy leaves*

lies *come in many forms—evergreen, deciduous, f, tall; in many colors. Dwarf 'Frans Hals' above*

ELLS MARUGG

Dwarf yellow *chrysanthemum edging blooms year after year early summer to frost. Marigolds behind. Michaelmas daisies against fence*

Here is a look at the new townhouses

The type of townhouse being built today bears little resemblance to yesterday's nearest equivalent, the old row house. Most townhouses being built in the West aren't in cities, but in the suburbs. Many are in rural areas, designed primarily as second or vacation homes.

In the 1969-1970 A.I.A.-Sunset Magazine Western Home Awards (reported in last month's *Sunset*), townhouses were a new category. Thirty were entered; three won awards.

On these six pages we show you what some of these new townhouses look like (including the three winners). All make more intensive use of the land: more living units per acre, less total open space, but more common open space. Most have successfully achieved a sense of individuality among units. Most provide private patio space. Several offer community amenities —a pool, a mall, a landscaped commons.

Twenty-one units *cluster on knoll that rises from valle*

In Carmel Valley development, *use of narrow, one-way road saved existing trees, permitted more informal grouping o*

DARROW M. WATT

unit has *own private deck with view. Over-all landscaping plan: landscape architect Richard Murray*

HONOR AWARD

ner circle, *units open to common pool-recreation area seen here*

This was about the first cluster-type development in California's Carmel Valley. The architects' objectives were "to develop a strong sense of community on the knoll while preserving individual privacy, and to create

a strong sequence of enclosing spaces within the grouping in contrast to the open, rural setting." Architects were Hall and Goodhue for Burchfiel Meadows, Inc.

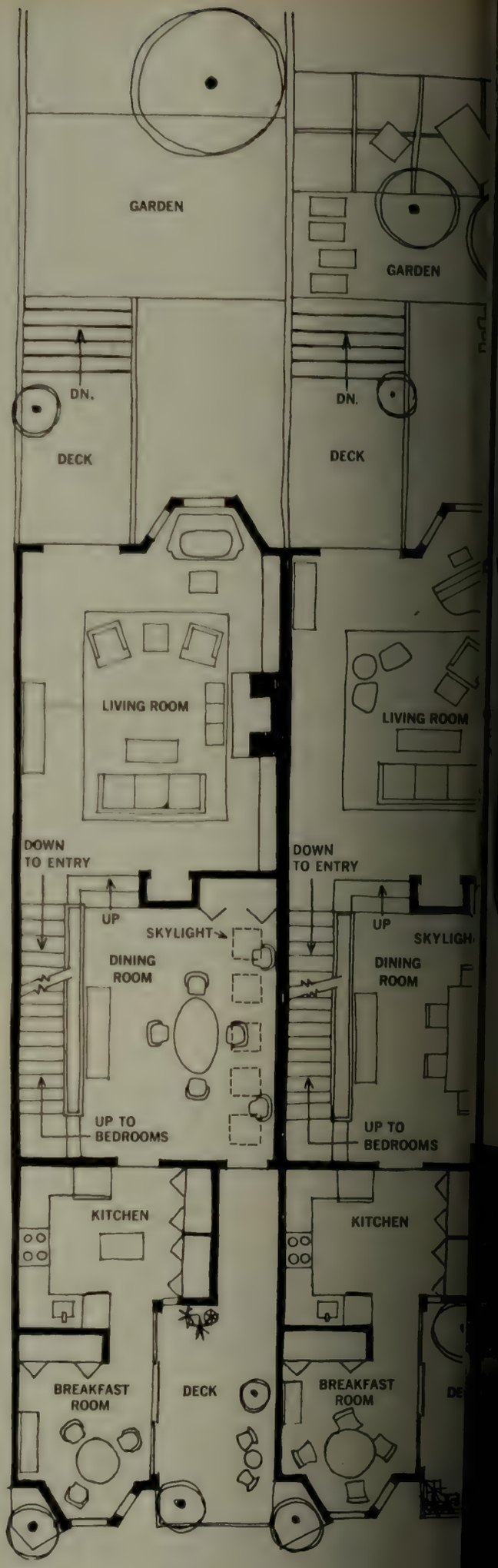
Bay window *brings in light and the garden view. Solid wall in third facet blocks view to close neighbor, turns eye back into the garden*

AWARD OF MERIT

In San Francisco, side-by-side townhouses with decks, gardens

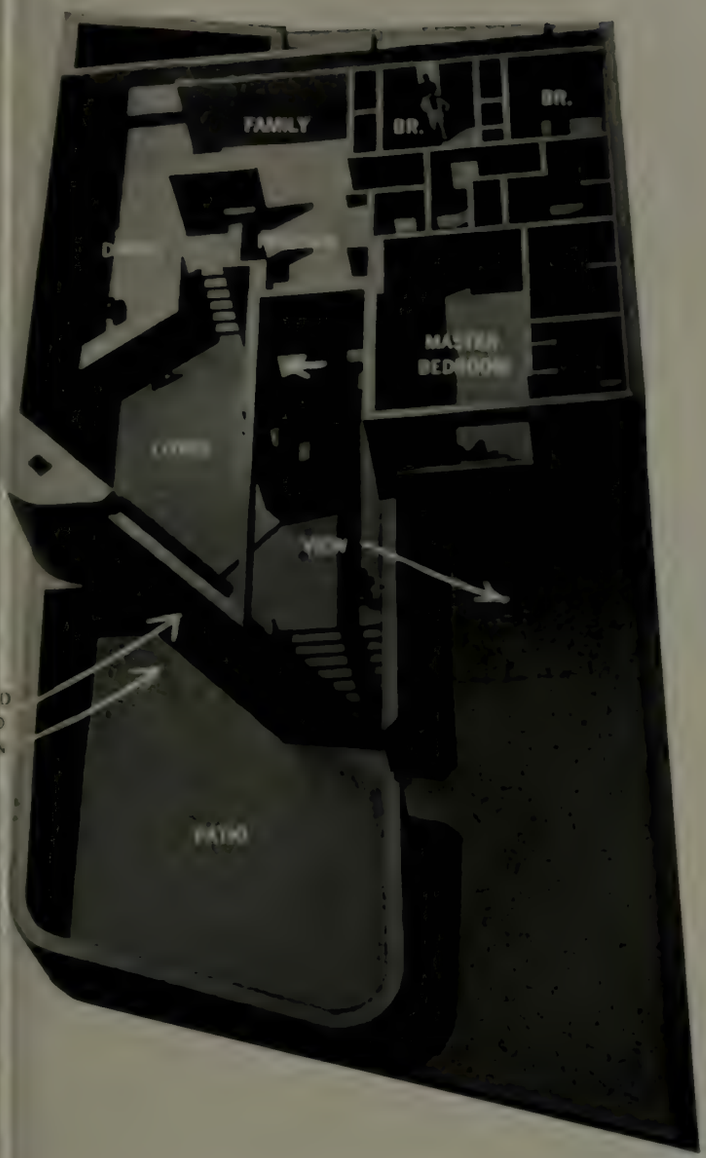
Unlike most of the others, this townhouse complex is in a large city. In general it comes closest to fitting the traditional townhouse image—but with much more than the usual concern for outdoor space, privacy, interior daylighting, and carefully controlled views to the outside. The architect was John Louis Field of Bull, Field, Volkmann, Stockwell, for the Rosston Development Co.

MORLEY BAER



From *south-facing deck off living room you walk down to private fenced garden*

CITATION



In New Mexico, streetside gardens, a landscaped mall

To anyone used to the softer looking architecture seen in Pacific Coast communities, these townhouses near Albuquerque, New Mexico, will seem alien and harsh. However, the thick windowless walls and deeply set windows are practical defenses against the climate. In back, the units open out to a landscaped, auto-free mall. The architect was Antoine Predock for Mr. and Mrs. Didier Raven.

Walled front gardens *create privacy from street and adjoining units, wind protection. Landscaping will soften building lines*

JERRY GOFF

ildings *occupy the high ground for the view, leaving the lower flood plain portion of the site, with its abundant wildlife, intact*

ERNEST BE

In California, a patio within garden walls

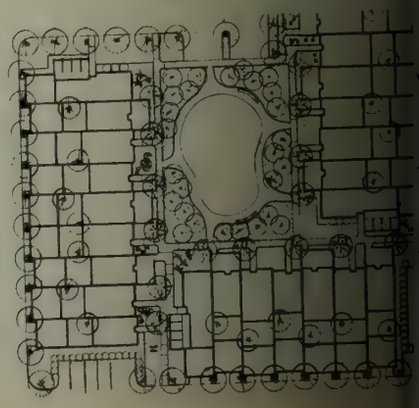
An effective way to bring light and air into the center of side-by-s units is to carve out a patio like the one shown here, in Los Ga California. High masonry walls help reduce sound between adj ing patios and make it impossible for neighbors to look in. Here kitchen counter extends into the garden room as eating or serv counter. The architect was Donald Blair for Brown & Kauffma Inc.; landscape architect was Jack Buktenica.

PETE REDPATH

No autos *to worry about in the commons area. Trees, grass-covered mounds give it a parklike setting. Landscape architects: Anthony M. Guzzardo & Associates*

Autos are excluded from the commons

Although houses open forward to com areas, each unit has its own private set between the garage and house two buildings provide both visual sound-reducing buffers. Architects Fisher-Friedman Associates for Brad & Logan, Shoreline Properties, Alam California.



SUN

Townhouses are clustered within groves of trees

Dividing this Lake Tahoe site into the usual lot sizes would have destroyed many mature native trees. Because houses are clustered as sketched below, no large, healthy tree was cut down. The architects were Henrik Bull, of Bull, Field, Volkmann, Stockwell, and James Morton for Moana Development Company.

JULIUS SHULMAN

Townhouses open to decks on a lake

Connecting houses with an unconnected look. These townhouses in Westlake Village, California, open to decks edging a man-made lake. Second-level rooms have decks and balconies; each unit has a private streetside entry court sheltered by a garage. Architects were Richard Leitch/Sam Kiyotoki & Assoc., for Stanley C. Swartz & Company; landscape architects were Sakai, Walker Assoc., Inc.

parking problem was solved in this Garden Grove, Cali-nia, complex by putting autos under the houses, thus freeing re space for recreation and pedestrian malls. The architects e Frank O. Gehry & Assoc., Inc., for the Bixby Ranch Com-y; landscape architects were Sakai, Walker Assoc., Inc.

Autos are underground, people are above

Who knows what evil lurks in hard water?

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These doors hide revolving shelves

Kitchen corners can give you useful space if you plan for it.

Redesigned as in the top picture, a right-angle corner in an Oakland kitchen became a preparation counter with a large lazy Susan (behind the tall door.)

In the Menlo Park kitchen pictured at bottom, corner space is fully utilized by a 270° revolving cabinet. The back of the cabinet is vented to the outside to let it serve as a cooler.

RICCO MAZZUCHI

Corner baking center *has revolving storage shelf beneath. Janean designed it for Dr. and Mrs. Edward Free of Oakland*

This revolving shelf *closes flush with cabinets. Architect Morgan Stedman for the Alfred Grommons, Menlo Park, Calif.*

Macy's
California

now Macy's has it . . . the flower-powered WHIMSY by Drexel

furniture — all 12 macy's (ordermatic in san rafael and richmond)

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Double dresser with handsome framed mirror.

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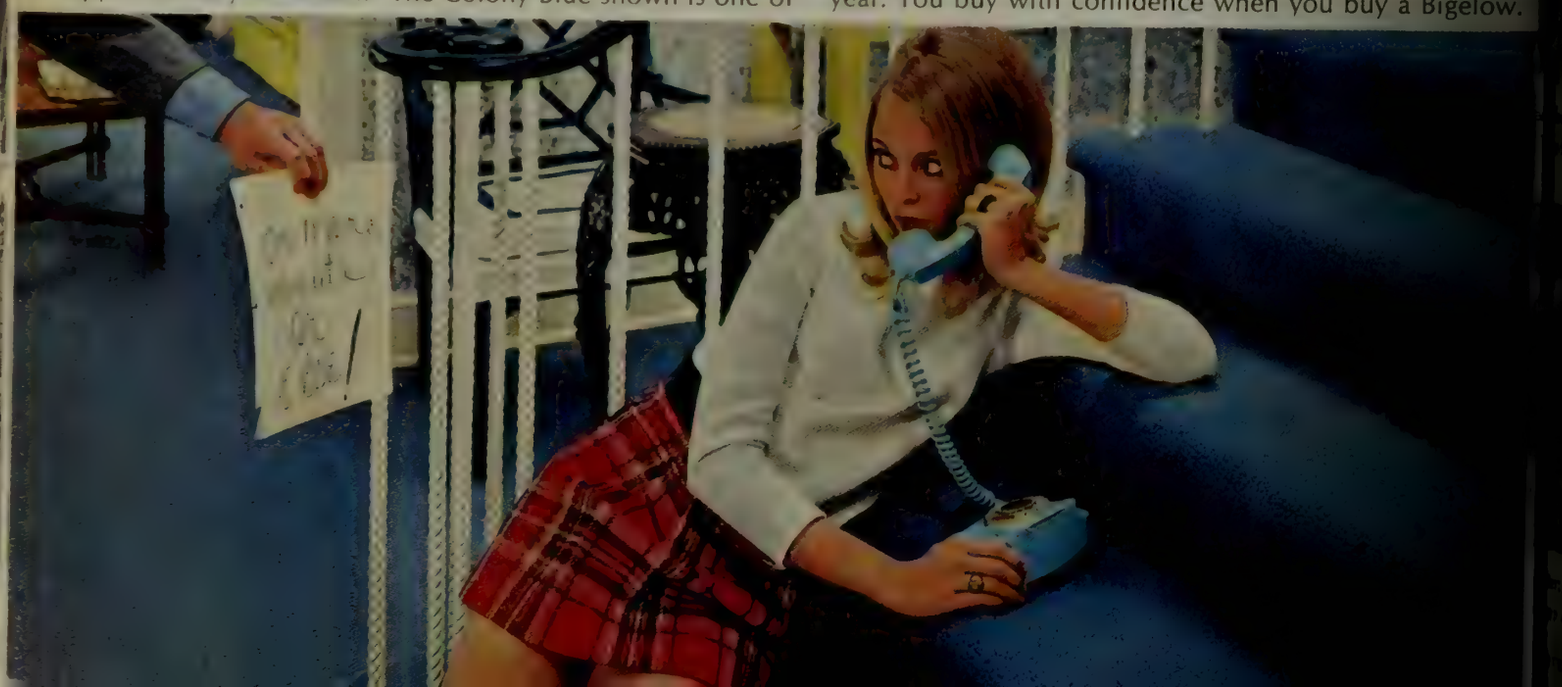

To improve a modern sink

kitchen sink shown below is one of the available today. It is made of a high-lity stainless steel alloy and is under-ed and quiet when the garbage dis-l is running.

the owner found that one accessory, spray rinser, was awkward to pull or return to its place. Also, half of hot water was wasted because the er only worked when the faucet was running (see below).

removed the rinser completely and ed a soap dispenser in its hole. Then replaced the aerator on the faucet with of the new swivel-type aerators that give either a solid stream of water or ray. The new sprayer and soap dis-ser make this kitchen sink much hand-to use.

ou have a similar sink, you can make e improvements yourself. A new soap enser fits the hole made for the rinser e. The connection for the hose on the et underneath your sink should be d off with a small pipe plug (or the can just be removed, rolled up, and nnected under the sink in lieu of a , since there is water pressure on it when the faucet is turned on).

DARROW M. WATT

ore: *Spray rinser worked, but was awk-d to operate and required two hands*

er: *Swivel rinser on faucet works easily. ap dispenser fills former hose opening*

Unhampered Elegance

Madera Hamper. About $25.95

Madera Wastebasket. About $9.95

Here's a new touch of elegance for your bath—or for other rooms in your home! New Madera hamper, of classic Mediterranean design, has the appearance and appeal of highly finished fine furniture. Hard to distinguish from genuine hardwood, it adds style and elegance to any room. Also makes an inexpensive nightstand, hall credenza, or telephone table! Matching Madera wastebasket has all-round-the-home usefulness. In Fruitwood, Antique Green, Parchment, Gold Leaf—plus Slate Lid model in Fruitwood. At leading department store bath shops.

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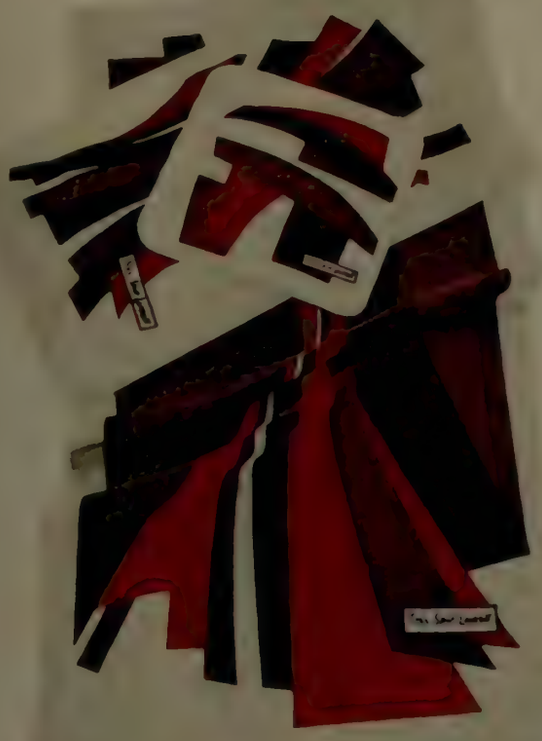
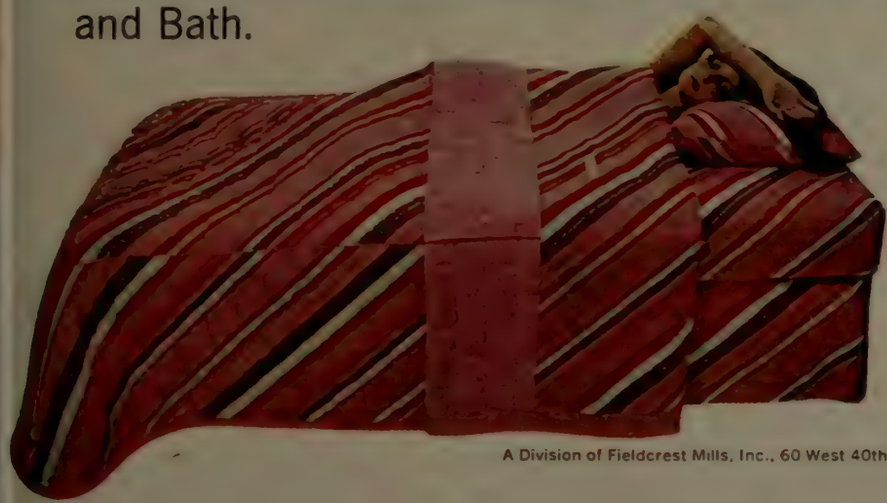
YVES SAINT LAURENT

Yves Saint Laurent for Fieldcrest



Fashion's great non-conformist unconforms the bed and bath. Yves Saint Laurent has designed a whole collection en haute couture—and Fieldcrest makes it. It's a totally different thing. Heavenly. Exciting new color combinations. Reds, purples, browns all together and loving it. Towels shout with big new designs. Untamed. The man who put women in see-through blouses, now puts them behind see-through shower curtains for a double exposure of design and body. Bathrugs succumb to the bold new look. His matched sheets, pillowcases, and bedspreads—definitely for the individualist. The woman who wears what she likes. For her—for you—there is only one collection. The Yves Saint Laurent Collection for Bed and Bath.



Made only by Fieldcrest and sold at finer stores everywhere.

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Fieldcrest for Bed and Bath

Introducing Zenith

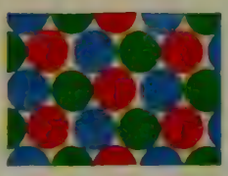
CHROMACOLOR

A revolutionary new color television system featuring a new patented color picture tube...that outcolors...outbrightens...outdetails... and outperforms...every giant-screen color TV before Chromacolor!

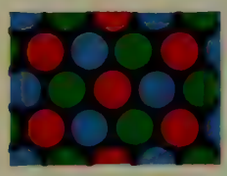
After years of pioneering research, Zenith introduces one of the biggest breakthroughs in color TV history: Chromacolor. A total system that brings you a color picture over 100% brighter, with truer colors, sharper detail and greater contrast than any giant-screen color TV *before* Chromacolor.

The heart of the system is the revolutionary new Chromacolor picture tube, incorporating Zenith's patented black-surround principle. Where previous giant-screen color pictures have been made up of thousands of tiny red, green, and blue dots on a gray background, Zenith found a way to reduce the dots in size, surround them with jet black, and for the first time, fully illuminate every dot.

You'll see the difference immediately —not only greater brilliance, but dramatically new contrast, new definition, and new sharpness of detail.



Magnified drawing of ordinary color picture screen



Magnified drawing of new Zenith Chromacolor picture screen

The new Chromacolor system also features Zenith's exciting Color Commander Control

Now one control simultaneously adjusts contrast, color level and brightness in proper balance to provide the most pleasing picture for any light conditions in the room.

Plus:

New Titan Handcrafted Color Chassis with exclusive solid-state Dura-Module for greater dependability.

New RGB Color Circuitry is more sophisticated for higher color fidelity.

Exclusive Chromatic Brain with the first integrated circuit ever used to produce a color TV picture.

Exclusive Gold Video Guard Tuner with 16-carat gold contacts for longer TV life.

Exclusive Zenith AFC Control electronically fine-tunes the color picture at the flick of a finger.

See new Zenith Handcrafted Color TV with the exclusive Chromacolor system at your Zenith dealer's. Chromacolor—the dramatic difference you can see in color TV!

ZENITH®

The quality goes in before the name goes on

Should you do the painting yourself?

And if you do, how can you do it skillfully? Here are answers, taken from a new *Sunset* book on remodeling

ew edition of the *Sunset* book *odeling Your Home* (Lane Books, lo Park, Calif. 1969; $1.95) contains ealth of new ideas on home remodel—on facelifting, gaining or rearranging e, remodeling older homes, improving ll subdivision homes.

book also includes a short chapter ainting that should be helpful to any- who owns a home, whether remodel- or not (most home owners dip into a t can occasionally). As a sample of whole book's usefulness, here is the of that chapter:

V SKILLFUL IS YOUR PAINTING?

home owner who plans to do the ting portion of a contracted remodel- project will find that he can save a l deal of money—money that can ut into extra detailing and special hes. Most people have acquired some at painting by the time they own a se but have forgotten or have never ned many of the things a professional ter does automatically. The near- lution in converting painting to a e owner's skill that started with the earance of the paint roller and easy- pply, water-thinned (latex) paints has anced even further. The discussion be- includes tips from experienced paint- to help keep your technical know-how east of the times.

AT'S NEW IN PAINTS?

lay practically all interior paints are le up of synthetic resins or polymers ne form or another. The paint indus- has put these synthetics to work in distinct types of paint: water-thinned solvent-thinned paint. If you keep in mind that all paints today fall into one or the other of these two classifications, you can bypass most of the confusion in modern paint nomenclature.

All-purpose exterior paints

This new house paint is a water-mixed latex, a modified acrylic or vinyl emulsion that you can apply as easily as the popular latex masonry paints.

Unlike those paints, which can be used only on masonry and stucco surfaces, this latex is for the entire exterior—wood, masonry, stucco, metal, asbestos, and composition board.

Tests have proven that it has a long life and is highly resistant to blistering and sun fading. It dries to the touch in 20 minutes and can even be applied over damp wood.

Polyurethane finishes

The new polyurethane clear finishes are oil-modified types and, with brush or spray gun, are as easy as varnish to apply. Besides being extremely durable, these finishes are resistant to breakdown caused by the ultraviolet rays of the sun.

Polyurethane products come in both satin and glossy clear finishes, and also in some colors of pigmented marine paint. You apply them in the same way as varnish, and use common mineral spirits for thinning and cleaning brushes. You can apply a polyurethane finish over old varnish of fair condition by sanding lightly to give a "tooth," and you can remove it with common paint remover.

Fire-resistant paint

Interior flat wall paints are now available that contain an intumescent agent which bubbles up on contact with flame and acts as an insulation blanket between the painted surface and a fire. Approved by Underwriters' Laboratories, the paint is not fireproof but it does retard the spread of a fire rather than feed the flames as most paint does. Unlike some similar paints of the past, the new are washable.

Rust inhibitor paint

On the store shelves today you will find several makes of enamels, metal primers, and clear finishes, in ordinary cans and in spray cans, that contain rust inhibitors. At least one is formulated especially for galvanized metal. The clear finishes in spray cans provide an easy way to protect such rust-prone equipment as window screens, door hardware, and light fixtures.

BRUSH OR ROLLER—WHICH IS BEST?

Frequently it's best to use both. Experienced painters suggest using a roller on any flat surface with any paint, including the semi-gloss and gloss paints and enamels. For the latter, use either a used roller (with the lint worn out of the nap) or a short-nap, mohair-covered roller. These give a "pebbled" finish that is easy to brush out (you need a brush for most edge work anyway). First paint a large area with the roller. Then take the brush and work from the fresh edge inward—use a light touch in one direction only; reverse strokes might lift the paint. You'll find that this combination still works faster on a flat surface than using a brush alone.

You can buy rollers for many jobs—with long nap for rough surfaces, short nap for smooth surfaces, or narrow width for window frames and other detailing. An oversized roller for exterior painting with an inch-long nap will hold two or three times as much paint as an ordinary roller.

Brushes come in all sizes and shapes with nylon or hog bristles. For a small area, it's best to reserve a nylon brush for use with water-base paints, and a similar size of bristle or nylon brush for oil-base paints; don't use them interchangeably.

Among the special types of brushes you can buy are the following: *flatting brushes,* 5 or 6 inches wide, for painting very large, flat surfaces; *sash brushes,* 1½ to 2½ inches wide, with an angled head, for painting sash and trim quickly; *round and oval brushes,* for varnishing and general painting.

HOW TO USE A ROLLER

You should work slowly and smoothly with a roller (it will rapidly cover the

Any woman who loves to cook deserves her own Sunbeam Mixmaster mixer.

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make sure every i of batter is evenly mixed for higher, lighter cakes.

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accommodates la or small bowls.

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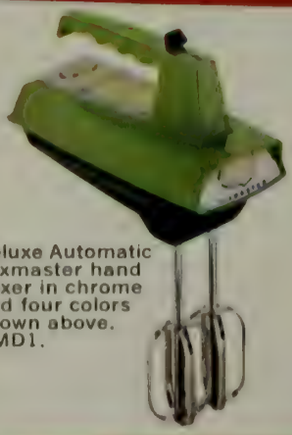
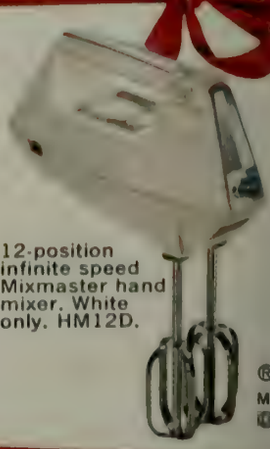
And Sunbeam is also the number one name in hand mixers!



Deluxe Automatic Mixmaster hand mixer in chrome and four colors shown above. HMD1.



12-position infinite speed Mixmaster hand mixer. White only. HM12D.

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regardless). Quick strokes result in ters, and uneven pressure makes les. You need not roll uniformly in direction. In fact, the job will be r if you roll every which way.

ers recommend that when applying vall paints with a roller you start new strip a foot or two away and back toward the wet edge of the last lapping into it halfway. The result- at is more even.

TO USE A BRUSH

n painting with a brush, dip only t a third of the bristle into the paint. more and paint will load up in the and run down the handle. After dip- most experts slap the brush gently st the side of the can to remove ex- paint. You can also drag it lightly st the rim, although this is slower.

n using a quick-drying, water-mixed , first dip your brush in water and ze it out, and then start painting. water helps prevent paint from get- nto the heel of the brush and quickly ening there.

dged objects, such as shelves, you'll l dribbling if you brush out to the rather than in from the edge. Sim- , let your brush strokes end at a ve or other indentation, rather than across it and "load" with paint.

RE TO START

re you start painting can make con- able difference in the results. If re ambitiously redoing a whole room, fairly obvious that you should start the ceiling. But you should also start corner; and whether you're using a h or a roller, you should start by ting a strip about 2 feet wide com- ly across the ceiling the shorter way. will be returning sooner on the next , and so there will be less likelihood ap marks. Paint each strip only as as you can reach comfortably (never than 3 feet wide).

t, paint the walls, which are easier. ply start at a corner and continue nd the room. Then comes the base- d and window trim.

t the doors last.

rever possible, start at the top and k down, whether you're painting a , a chair, or a boat. You will have r runs and splatters on fresh paint.

V TO CLEAN UP AFTER PAINTING

dullest chore of painting is cleaning afterwards, but in order to keep your shes and rollers in good condition for next painting project, they must be ned immediately after use. Also, any over paint must be stored properly in er to keep it from getting lumpy.

ANING A BRUSH

enever you are cleaning brushes you e used with water-mixed paint, add some detergent to the washing water. The brushes will come clean more easily. Rinse them in fresh water after washing.

After cleaning a brush in a solvent, wash it in detergent and water if you will not need it again the next day. The bristles will be cleaner and softer. Form them in shape, and hang the brush by its handle to dry for at least 24 hours before it is stored away.

Or you can use one of the brush renewers: emulsions of solvents with wetting agents that dissolve oil paints yet allow rinsing with water. You soak the brush in the solution, then flush out any residue of paint under the faucet.

If you are short of cans for cleaning the brushes, use a cardboard milk or cottage cheese carton.

To keep an uncleaned brush soft overnight, just slip it into a plastic food bag and seal by twisting the neck of the bag around the brush handle and securing with a rubber band.

A squirt of the new brush protector that comes in spray cans or a dab into a can of jelly-like brush protector will also keep a brush soft overnight. If you coat the uncleaned brush well with the spray or jelly protector and seal it in a plastic food bag, it should stay soft for weeks.

CLEANING A ROLLER

First roll it over several sheets of newspaper to remove all the paint you can. Then place it in a Mason jar or tall narrow can with a lid, and add some solvent or sudsy water (whichever is required). Then shake it like a cocktail; after renewing the cleaner, shake again. Fluff out the cleaned roller and let stand vertically while it dries.

Store the roller vertically so it will not flatten on one side.

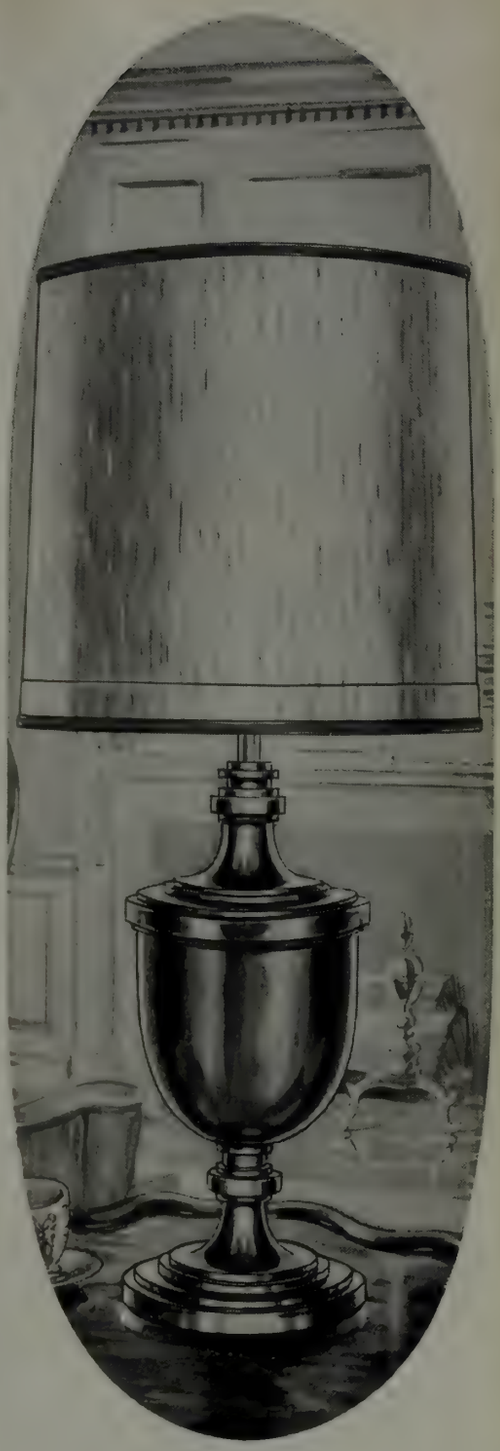
CLEANING YOUR HANDS

To clean stubborn paint spots from your hands, wet a little sawdust with thinner and scrub with it. Or pour a spoonful of powdered borax-base soap in the palm of one hand, wet it with thinner, wash with this, then rinse with water. Your hands will be oily. Wash again with just the soap and warm water and they will be very clean.

STORING AND REUSING PAINT

Float a thin layer of paint thinner on top when you put away a can of solvent-thinned paint. This will minimize the "skin" that forms. When you next use the paint, don't shake the can. Cut the skin around the edge and lift it out with a stirring wand.

If the skin breaks up, strain the paint through a nylon stocking (the best disposable strainer for any paint). Also strain latex paint before reusing it, to separate out dried particles. Add only a small amount of water if it seems to need some thinning.



American Colonial
interpretation of the
classical urn.
Stoutly made of metal in a dark,
aged brass finish.
37½ inches, about $115.

The Stiffel Lamp

For brochure of selected Stiffel Lamps,
send 25¢ to The Stiffel Company,
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THE $125 DIFFERENCE

The 17th century was a restless and uncertain time for Europe. There was a hunger for reassurance and security, which showed in the way men furnished their homes... with strong, solid pieces in warm toned woods. It was this mood that Heritage set out to capture in this sturdy storage chest. A mood that could only be worked up the patient, old-fashioned way – by hand. Only hands can slow-stain the wood to bring out the full grain. Only hands can seek out the buried highlights.

And only more money can buy it.

The $125 difference between this $550 chest and any cheaper rival lies in this careful handwork. And not just on the outside that shows, either! Interiors are hand sanded and sealed. Drawer edges are shaped and the runners waxed by hand. Large pieces have built-in turnbuckles for hidden support. So you get drawers that really draw, shelves that never sag, doors that open at a touch. This is the Heritage manner. And this handwork is the enduring difference between a Heritage piece and any other.

HERITA

A division of Drexel Enter

Chest is from the 61-piece "Norman Court" collection. For catalog of this and some other Heritage collections, plus a room planning kit, send $2 to Dept. SS 11-69, Heritage Furniture Co., High Point.

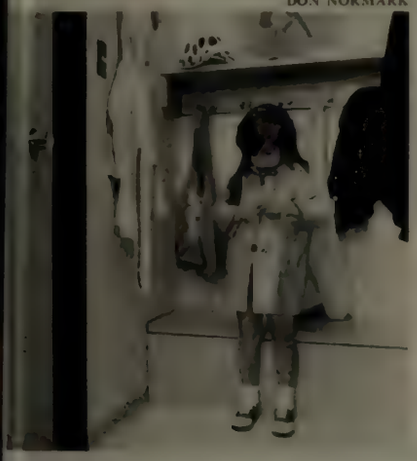
Some families do need a mud room

mud room has many variations.

of these examples is for children and gear. Architects were Fletcher and h for the Ray Friedmans, of Portland.

other serves a more serious mud ker: a man who hunts and fishes. It's uble-purpose closet for washing boots for drying wet clothing, designed by itects Bain & Overturf for the Harold Olsens, of Bellevue, Washington. It ns to the laundry room and hall.

DON NORMARK



Footwear *kept in box, top serves as seat. Hooks for coats, robes, smocks*

Drain in *tile floor so mud can be hosed off boots. Laundry is beyond*

After you eat the corn, will your disposer eat the cob?

If it's a KitchenAid disposer, it sure will.

And even if a little cob or husk gets stuck in its throat, you don't have to worry.

The Superba model will get rid of the jam automatically.

And with other KitchenAid models, all you do is flip the wall switch on and off. No need to mess around with tools or broomsticks.

So if you like our corny story, get a KitchenAid Disposer from your KitchenAid dealer. He's in the Yellow Pages under "Dishwashers". Or write for more details from KitchenAid Disposers, Dept. 9GG-11. The Hobart Manufacturing Company, Troy, Ohio 45373.

KitchenAid

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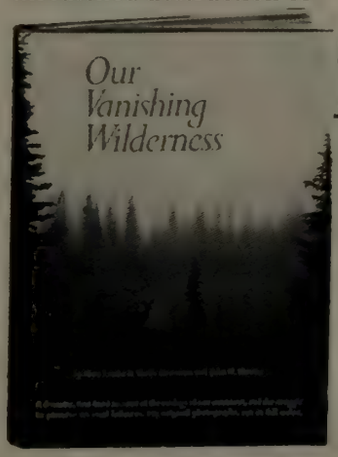
One hundred years ago no one worried about ecology. No one had to. We do.

One hundred years ago "ecology" was an unknown word. Today it represents an issue which is of vital importance to every man, woman and child on earth.

To provide a basis for understanding the ecology of the world we live in, the authors of this book spent four years and traveled more than 60,000 miles capturing the splendor of our wilderness on film and observing at first-hand the threatened destruction of our priceless heritage.

In 275 original photographs Shelly Grossman, considered one of the great contemporary nature photographers, has captured the majestic beauty of our landscapes and rare close-ups of our wildlife. Through text Mary Louise Grossman and John N. Hamlet, Chief Naturalist and Director of Homosassa Springs, Florida, have probed some of the most vital ecological issues of our time.



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It does the work of a dozen appliances in the space of one.

This is the KitchenAid Food Preparer. A real work-saver, space-saver and money-saver.

For, with optional attachments, you can use it as a can opener, meat chopper, vegetable slicer, ice crusher, sausage stuffer, orange juicer, knife sharpener, cabbage shredder, silver polisher, ice cream freezer, and apple strainer.

And you can't beat it as a mixer. For example, Model K45 even has the power to knead bread and roll dough.

The Food Preparer comes in handsome golden harvest, avocado, sandalwood, and white. See them at the dealers listed below. Unless, of course, you'd rather come up with the money—and the counter space—for a dozen separate appliances.

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FOOD PREPARERS AND COFFEE MILLS
50 years of good old-fashioned quality.

At these fine stores
The Emporium—all stores
City of Paris
Macy's—all stores
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RICHARD FIS

Variety of designs *obtained from household tools. Tiles were then cut along scored line*

Family tile-makers make a door

The tiles on this front door were a family project, patterned after an idea demonstrated in a tile studio in Costa Mesa, California. The whole family participated in making the tiles; then the parents fitted them to the door like a gigantic jigsaw puzzle.

The owner, landscape architect Richard E. Jones, bought 6 by 8-inch tiles from the tile studio while they were still wet. At home, the family scored the tiles to indicate where they should be cut later to make smaller tiles. Using tools from the kitchen, the sewing room, and the garage, they pressed designs into the wet tiles.

When the designs were complete, the tiles were set aside to dry (about two days). Then they were returned to the studio to be spray-glazed in metallic shades of green and orange and refired at very high temperatures. This burned out the intensity of the color, leaving soft greens and oranges showing through a rich overall charcoal tone.

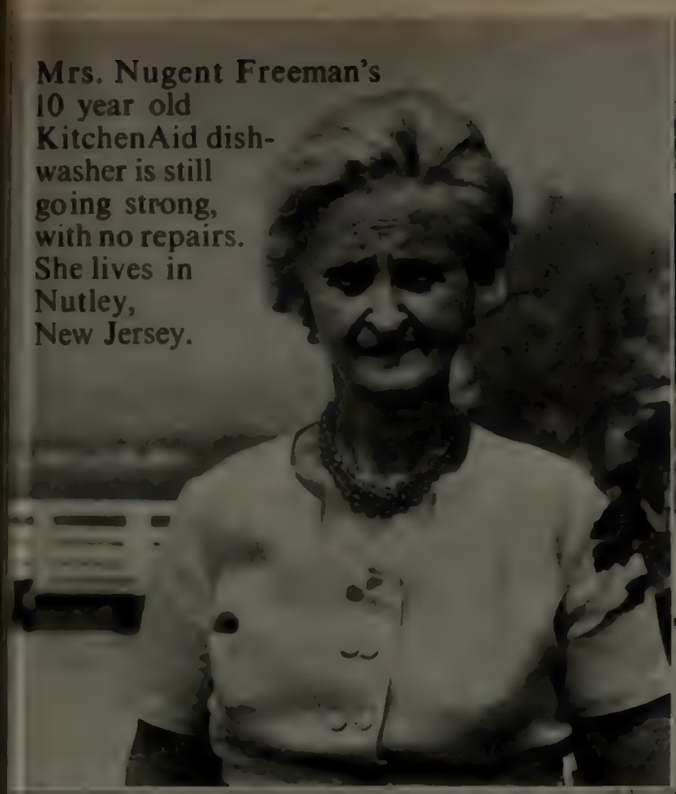
The tile studio also cut the tiles along the scored lines and furnished various lengths of glazed filler strips, ¼ to ⅜ inch wide, to be used as spacers in fitting the tiles to the door. Because the tile edges turned white when fired, Mr. Jones brushed them with a dark stain.

To apply the tiles, he removed the door and laid it flat across two card tables. He nailed a frame of ⅜-inch-square molding slightly in from the edges of the doo

Tiles *were glazed, fired, and applied face of exterior door with heavy mas*

Starting at one corner, Mr. and Mr Jones applied the tile to the door usi heavy mastic, butting the pieces again each other, adjusting them to fill space with the narrow filler strips. It to the two of them about 10 hours to asse ble the tiles. When the mastic had they rehung the door.

SUNSI



Mrs. Nugent Freeman's 10 year old KitchenAid dishwasher is still going strong, with no repairs. She lives in Nutley, New Jersey.

Happy owner of the 12 year old KitchenAid dishwasher with no breakdowns is Mrs. L. P. Dwyer, Michigan City, Indiana.

Mrs. Arnold Starr, Cherry Hill, New Jersey, used her KitchenAid dishwasher for 18 years with no service calls.

A 10, a 12 and an 18 year old KitchenAid dishwasher.

No repairs. No kidding.

What makes a KitchenAid dishwasher so dependable?

Partly the careful way we build it. Partly our quality components. And partly our engineering skill and knowledge. (We're dishwasher specialists. With 20 years experience building home dishwashers, 80 years in building commercial dishwashers.)

So when you buy your dishwasher, get a KitchenAid. It's made to give you maximum years of service with minimum service problems.

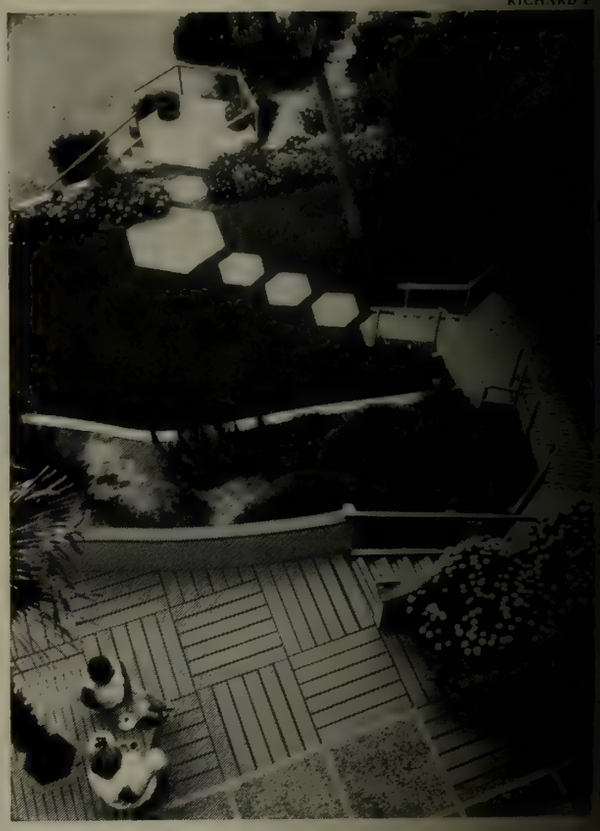
Visit your KitchenAid dealer soon for all the facts. (He's listed in the Yellow Pages.) Or write for free literature. KitchenAid Dishwashers, Dept. 9DG-11, The Hobart Manufacturing Company, Troy, Ohio 45373.

KitchenAid
Dishwashers and Disposers

KitchenAid dishwashers—20 years of good old-fashioned quality.

Beach *is below retaining wall that was built to create level area for lawn, then backfilled with good soil to support turf and three fan palms*

RICHARD F



Garden *is designed to be looked down on (this is view from the living room). Hexagonal shape is repeated in bench, landings, steppingstones*

Their garden steps down the hillside to the beach

When your lot is partly a steep hillside, you often have a choice: Plant it and leave its natural contours unchanged, or build retaining walls, decks, and terraces to make it more usable.

Mr. and Mrs. Hal Stratton, the owners of this Laguna Beach, California, hillside site, chose the latter course for two reasons: They wanted access to the beach without a long, uninterrupted stairway that would be exhausting to climb and probably unattractive. And they also needed flat outdoor areas for sitting, sunning, and entertaining.

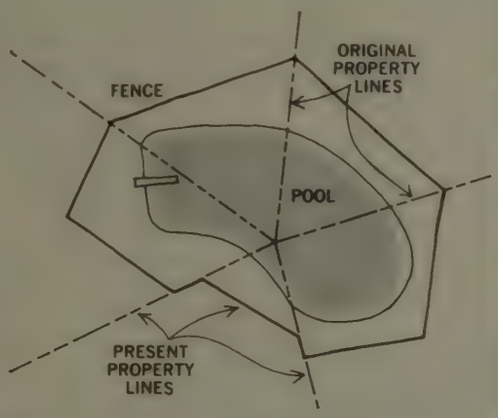
Landscape architect Richard Beeson worked out the solution you see here. On a level below the main living areas of the house, he provided a combination concrete terrace and wood deck (the concrete is on grade and the deck is built out o the hillside). This is the main outdoor living area, with built benches and a colorful array of container plants.

From here you descend in two easy stages to a flat lawn ar and then by another stairway to the beach.

PETE REDPATH

amily pool *is only a few steps away from each of the properties that open to it. ng rope separates shallow end from deep end (note springboard diver in midair)*

ow five families ook the plunge . . . they now hare this pool



Each property owner *deeded a corner of land—enough to allow for a curved 20 by 40-foot pool with walk-around deck*

ate, share-and-share-alike neighbor- swimming pool offers distinct ad- ges, but requires careful planning ersistence. Five Carmichael, Cali- , families took on the legal obstacles inevitably face such unusual proj- nd are now enjoying the results of rganized community action.

ds of the five-family project clearly the financial advantages. Total ini- st was $7,500 for the 20 by 40-foot, y-shaped pool: $1,500 per family. first summer's monthly bills for enance, chemicals, insurance, and averaged $15 per family.

onvenient arrangement of the five parked the pool scheme. Since the orm a circle, fitting together like of pie, the idea for a pool in the cen- ith a private lockable entrance for family almost suggested itself. The on to get under way was made in er, 1968.

ough planning and dogged persist- sustained the project during a long winter of paperwork and legal red tape. First step was to incorporate, with the help of a lawyer, under the name River Oak Swim Club. Rules of conduct for the pool were written directly into the corporation bylaws.

An area of about 400 square feet was needed from each of the quarter-acre lots. The five mortgage companies concerned either deeded the required parcel to the corporation at no charge, or granted a perpetual easement. The public utility company agreed to vacate its easement on the pool site if the corporation paid for rerouting of underground cables.

From the zoning board the corporation then obtained a special classification to meet health and building codes, since the pool didn't fall into either the private-residential or commercial category.

By April of this year, all the form-filling,

Do-it-yourself ironing is NOT fair!

So we help!

The space-age laundry is a pretty confusing mixture. The usual cottons PLUS new blends and permanent press. The jumble of material textures makes something very clear:

One finishing product alone can't handle so many different fabrics! Starch is perfect for cottons, but might not penetrate as rapidly into modern fibers. And vice versa. A formula created for permanent press might not do an adequate body-building job on cottons.

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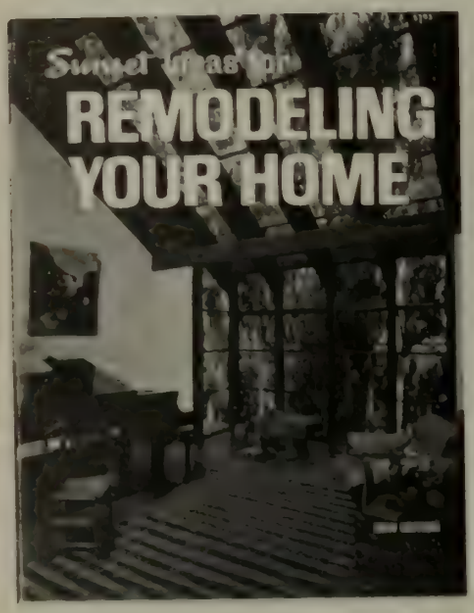
New from Sunset:

TWO COMPLETELY REVISED GUIDES TO SUCCESSFUL HOME IMPROVEMENT



Remodeling Your Home contains hundreds of new ideas for adding on to your present home, rearranging existing space, making the exterior of your home more attractive, opening the house to indoor-outdoor living, improving the small subdivision house, and making a house out of a non-home (a garage, for instance). An unusual chapter illustrates the remodeling of ten "gracious oldtimers" to update them for modern living. Each idea is well illustrated by before and after photographs and floor plans. Practical tips for the handyman include installing a new ceiling, bringing in more daylight, building in wide source lighting, reducing noise, installing wall panelings, effectively using glass, installing floor coverings, and learning professional painting techniques. 128 pages.

Sunset's completely revised *Planning and Remodeling Bathrooms* reflects the new trend toward bathroom design and decoration. The emphasis today is on greater comfort and attractiveness and new ways of using space. The modern bathroom may even be a spacious lounge or health center complete with exercising equipment, a sunbathing area or perhaps a sauna. Here are imaginative approaches to room layout and decor for master baths, garden baths, compartmented baths, bathrooms for children, powder rooms, and vacation-home baths. There is also information on the practical aspects of remodeling: walls and floors, light, heat, and ventilation, storage areas, and plumbing. A particularly useful chapter surveys the wide variety of available fixtures and accessories. 80 pages.

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A 6-foot fence *surrounds the pool;*
owner specified kind of opening w

explaining, and persuading was don
construction began. Six weeks late
families took their inaugural plung
Other neighborhood groups thi
about taking the plunge them
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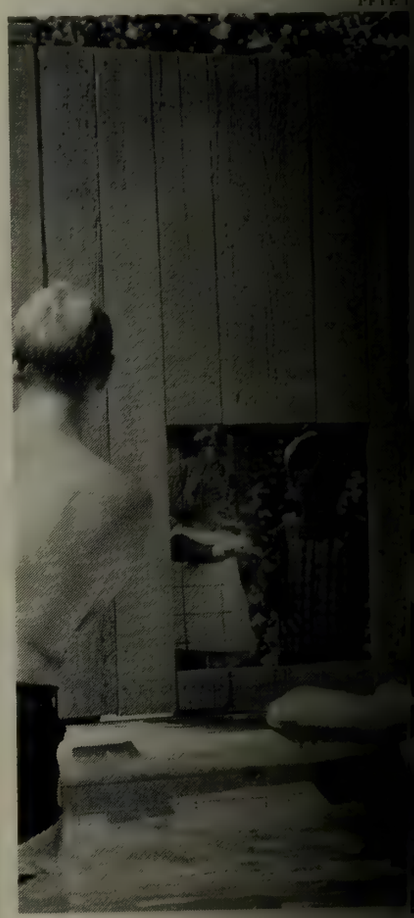
PETE



Safe *behind mesh-covered viewing*
gate (far right in top picture, pag
Susan and Scott watch their paren

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Serving carts that disappear

When not performing their useful functions —as transports for dishes and food, as portable buffets, or as extra counter space —these serving carts just disappear.

The cart in the top photograph slides under the counter and is hidden from view by a solid side. Campbell and Wong designed it for Dr. and Mrs. Albert Greenberg of El Cerrito, California.

Doors at the end of a cooking island hide the serving cart shown in the bottom photograph. Architects were A. O. Bumgardner and Partners for the Benjamin Mayers, of Mercer Island, Washington.

MORLEY BAER

Cart carries *table setting from kitchen to eating area in one trip; acts as buffet*

DON NORMARK

Fold-up *top extensions that match kitchen surfaces double as extra counter space*

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Simple desk top *with single drawer, upright filing dividers. Design by Jeanan for Mr. and Mrs. J. Marshall Evans, Rutherford, Calif.*

An office in the kitchen . . . for the manager of the house

itchen planning center helps organize work of the cook, much as an office s for the businessman.

matter whether it is a simple table top chair or a more elaborate arrange-t of filing cabinets, typewriter, and phone, most women will find a variety ses for a planning desk. It provides a e to sit, plan menus, order groceries, tend to daily correspondence.

en every item has a place of its own,

Long desk *next to kitchen and family room. Architects: Bull, Field, Volkmann and Stockwell for Ogden C. White, of Hillsborough, California*

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household bookkeeping is likely to be more efficient. Bookcases, magazine racks, spacious drawers, and filing arrangements help keep the area organized. Cook books are used more often when shelved near the planning center.

Good lighting makes the area more u and inviting. And an extension telep is convenient for ordering and h when working in the kitchen.

The essential is a desk. Bookshelf and telephone are handy

DON N

This desk *is continuation of breakfa Architects were A. O. Bumgardner & were for Max Katz, Mercer Island,*

DARROW M. WATT

Lighting hidden *under storage, bookshelf area. Architect Morgan Stedman for Dr. and Mrs. Alfred Tessmann, Menlo Park, Calif.*

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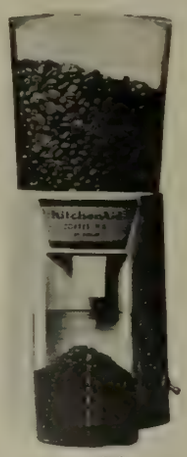

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1. Date of filing: October 1, 1969.
2. Title of Publication: SUNSET MAGAZINE.
3. Frequency of issue: Monthly.
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A. Total No. copies printed (net press run) 989,252, 1,000,379.
B. Paid circulation: 1. Sales through dealers and carriers, street vendors and counter sales, 121,651, 124,000. 2. Mail subscriptions, 794,777, 810,159.
C. Total paid circulation, 916,428, 934,159.
D. Free distribution (including samples) by mail, carrier or other means: 29,675, 28,500.
E. Total distribution (Sum of C and D): 946,103, 962,659.
F. Office use, left-over, unaccounted, spoiled after printing: 43,149, 37,720.
G. Total (Sum of E & F—should equal net press run shown in A): 983,252, 1,000,379.

I certify that the statements made by me above are correct and complete.

(Signature of editor, publisher, business manager, or owner) L. W. LANE, JR.

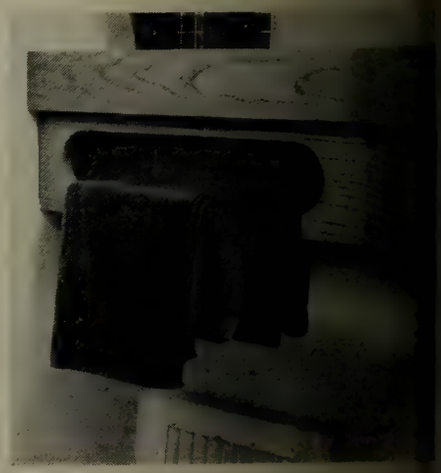
Oak and tile in this new bath

Natural wood and soft blue-gray mo tile add much warmth to the plain w plaster wall in this main-floor family ba room, remodeled by Mr. and Mrs. Ra W. Johnson of Seattle. Architect Mic J. Soldano specified oak for the wide m ing above the tile line, for the lava counter, and even for the shower cu rod. (The aluminum track for the sho curtain is recessed into a 1½ by 3½ oak board.)

All wood surfaces in the bathroom at least three coats of satin-finish var The last one is hand-rubbed to du luster.

DON NO

Shower curtain *hooks onto nylon* *in noncorroding marine hardware*



Cutout *for towels eliminates nee metal rod, is located above heat re*

LANDING PATTERN by J. H. Bradbury — BLYTH COLLECTION

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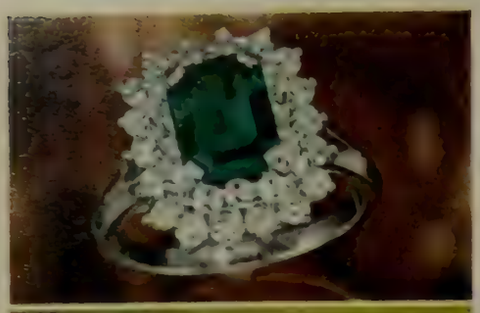

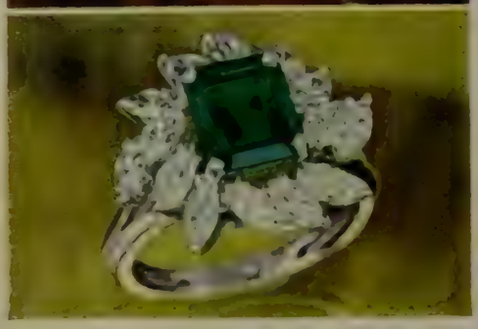

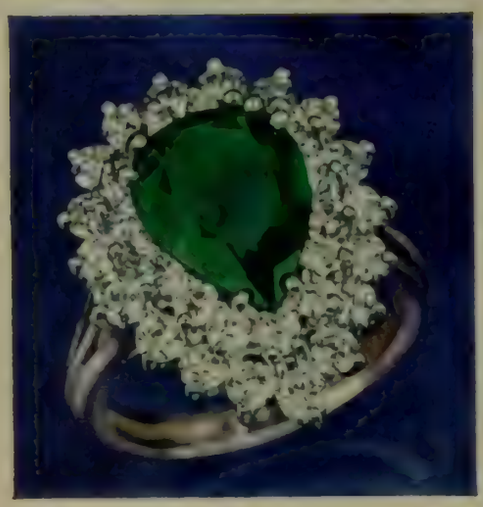

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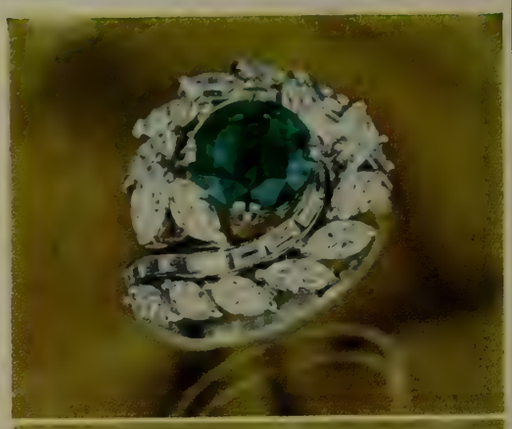

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New book on the bath

The bath
in a tran
period.
emphasis
more spa
vision of
bathroom
compartm
so that th
cilities ca
used by
than one person at a time, and a ga
feeling of sheer luxury."

These words are from the new S
book *Planning and Remodeling*
rooms (Lane Books, Menlo Park,
1969; $1.95). Until recently, the bath
has been the most overlooked roo
the house, for its design has changed
little in 40 years.

But now, as the new *Sunset* book
quite clear, there's a whole new app
to the bathroom, which may now in
such things as a health center with
cise equipment, or a sauna, or perh
garden room.

With about 115 photographs and
columns of text, the book covers the
room from planning through compl
New designs, developments and
rooms of the future are included.

Some older developments in baths
as well as new ones are noticeable
day's bathrooms. Oversized sunken
and tiled pools are becoming mor
cepted. Portable shower heads an
dets, used in Europe for years, are
in increasing numbers in American h

The book explains how to add a bath
ply. Although details vary among
types, instructions are specific enou
help you install a prefabricated ba

Whether building, remodeling, or
orating you should be able to find
many ideas that might be adapt
your own situation.

There are three major sections:

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needs for fixtures, master baths, g
bathrooms, children's baths, health
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OROWEAT

WHOLE GRAIN BREADS

DON NORMARK

vable island *acts as a baking center and keeps preparation out of adjacent ing area but lets the cook be part of family activities*

Move it where you want it

ooden *chopping block gets nt use in meal preparation. It's nough to accommodate a leg of r all the salad ingredients*

Extra working space when and where you need it is what a movable island can provide. And when you're through with it, you can just release the brakes on the casters and roll it to some out-of-the-way resting place.

The mobile unit shown above is a storage cabinet. One side has cupboards and shelves for tableware; the other, bins and drawers for storing baking supplies. The working surface is part marble, for easy pastry rolling, and part hardwood, for cutting and chopping. Barbara Davis Interiors and Marvin Witt, Jr., architect, designed this island for a house located near Portland.

The butcher's block at left is a convenient addition to a narrow galley-type kitchen where counter space is sometimes limited. It provides extra working areas for meal preparation and is easily rolled from cooking to cleaning center. E. J. Freck specified the design—a professional butcher's block on casters—for the Thomas Telfers of Bellevue, Washington.

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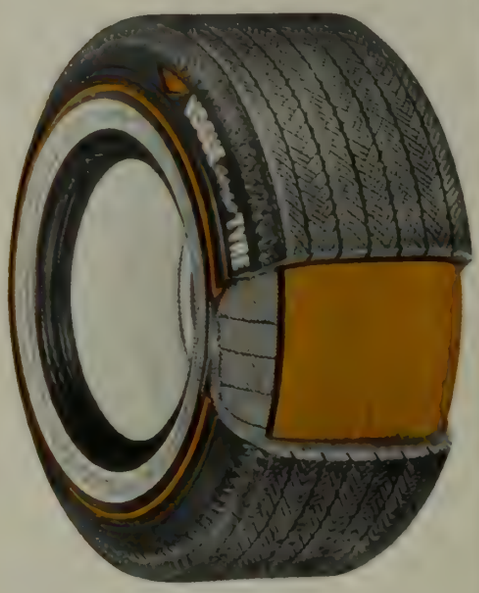

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Docile dragon *loves children clambering over him, is decorative element at la*

DON

A stockade *usually, but children sometimes imagine they're climbing a dinosa*

A dragon and a dinosaur's tail

Children seem to take to outdoor play equipment that's rugged, natural, and somewhat unusual.

Take, for example, the dragon that architect Robert C. Peterson of Palo Alto, California, designed and built for his youngsters: It doesn't roar or snort fire, but the kids think it's great to climb on and ride. And many an adult has rested on its long neck or stubby legs, cool drink in hand.

The dragon was carved from a long redwood 2 by 12. The legs a las fir 8 by 8's covered with coppe avoid weathering of the end g splinters. Toenails (which you very well in the photograph) are per. A brace and bit were used the mouth and eye.

The lower photograph shows a wall of logs that makes a stock large sandpile. The logs are set in the ground, ascending so the can climb them like a giant They learn to balance on the lo are wide enough that footing i carious.

When the stockade is attacked, can jump to safety in the deep c sand. This play area was desi Chaffee-Zumwalt, landscape arch Tacoma.

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And, we're furnishing cha tape measures so that you see just what you get fro body else.

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Plymouth salesman
om priced at $2,766.*

he first place.
ording to Automobile Man-
rer's Association figures, the
gives you 91.1 cubic feet of
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ives you 87.0; Belvedere, 84.9
evelle, 84.0.
he Rebel is way ahead there.
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legroom and headroom.
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ebel wins in 7 out of 8 AMA
or measurements, (5 out of 8
st Belvedere), and it wins in
all the important places. Which leads us to think that you can't find more room for your money than you get in a Rebel Wagon.

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Rebel Wagon

*Manufacturer's suggested retail price for Rebel 4-Door station wagon, federal taxes included. State and local taxes, if any, destination charges, white wall tires and other options extra.

Sunset's Kitchen Cabinet®

Autumn's cooler days may inspire you to do some baking. Two recipes worthy of the effort are featured this month, one a special coffee bread to show off at a morning kaffee-klatsch, the other a spicy, moist apple cake. For company dinner occasions suggest a shrimp appetizer spre crackers as a meal starter. Pork prunes is an impressive roast th easy to serve. Consider the jellied for your Thanksgiving menu.

Crunchy mixture of nuts and crumbs sprinkled through the balls of dough

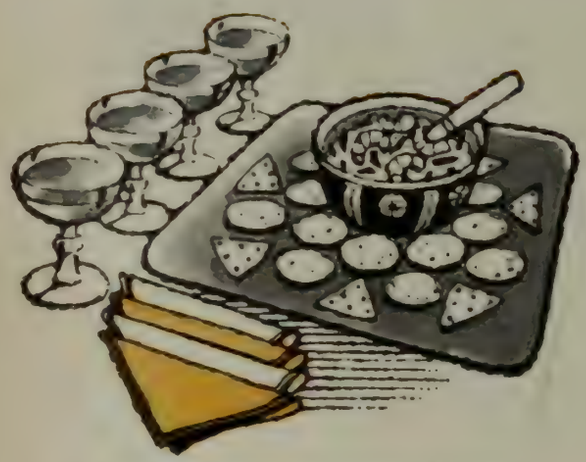
Nut Crumb Coffee Bread

For the nuts, take your pick of walnuts, filberts, almonds, or pecans.

- 2 packages active dry yeast
- ½ cup warm water
- 1 cup milk, scalded
- 1 cup sugar
- 1 teaspoon salt
- 2 eggs, lightly beaten
- ¾ cup butter or margarine, melted
- 5 cups unsifted regular all-purpose flour
- ⅓ cup graham cracker crumbs
- 1 cup chopped nuts
- 1 teaspoon *each* cinnamon and grated orange peel

Dissolve yeast in the warm water. In a large bowl, combine the milk, ⅔ cup of the sugar, and salt; cool to lukewarm. Stir in the yeast, eggs, ½ cup of the butter, and 2 cups of the beat until smooth. Beat in rem 3 cups flour until elastic. Cove let rise until doubled.

Mix together crumbs, nuts, cinn orange peel, and remaining ¼ sugar. Punch down dough; spoo walnut-sized pieces of dough; rol ball in remaining melted butte arrange in a 10-inch tube pan. ⅓ of balls are in pan, sprinkle w of crumbs; repeat twice, ending crumbs. Let rise until doubled; b a 350° oven for about 50 minute 10 minutes, then turn out o Serves 12.—*K. R., Seattle.*



You can spread creamy, curried shrimp on the crisp crackers or raw vegetables

Shrimp Appetizer Spread

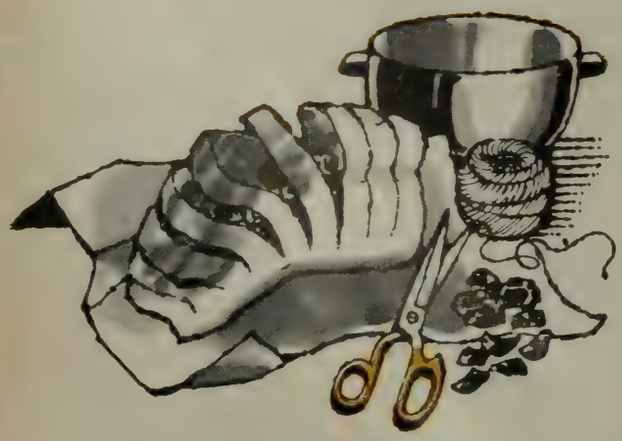
There's a lower-calorie version also, using cottage cheese blended smooth.

- 1 large package (8 oz.) cream cheese (at room temperature)
- 3 tablespoons dry Sherry
- 1 clove garlic, mashed
- 1 green onion (white part only), finely minced
- 1½ teaspoons curry powder
- ¼ cup milk
- 1 cup (about 6 oz.) cooked small shrimp, or 1 can (4½ oz.) shrimp
- Plain or onion-flavored crackers or raw vegetables

Mix the cream cheese and Sherry together until smoothly blended. Stir in the garlic, onion, curry powder, and milk, then lightly mix in the shrimp until evenly distributed. (If c shrimp is used, rinse with cold and drain well before adding.) and refrigerate at least 3 hou overnight to allow flavors to bl

Allow the shrimp mixture to st room temperature for about 30 utes before serving. Arrange cr or vegetables around the bo spread. Makes about 1½ cups.— *Mill Valley, Calif.*

To lower the calories, omit cheese and milk; instead whirl blender until smooth with the 1 pint cottage cheese. Add rem ingredients. Makes about 2½ c



Have pork loin roast cut into chops and tied; you add prunes and retie it

Pot-roasted Pork with Prunes

You can use apple juice instead of wine in this recipe, then omit the sugar.

- 3 to 4-pound loin pork roast, cut into chops and tied
- About 12 moist-pack dried prunes, halved and pitted
- ½ teaspoon salt
- 1 tablespoon sugar
- 1 teaspoon ground ginger
- ½ teaspoon pepper
- 2 beef bouillon cubes or 2 teaspoons beef stock base
- 1 cup boiling water
- 1 cup dry red wine
- 2 tablespoons flour blended with 2 tablespoons cold water

Untie the meat, distribute prunes evenly in the cuts, then retie roast. Combine the salt, sugar, ginge pepper; rub all over meat and int

Put meat into a Dutch oven w side down. Cook over mediu turning until browned on all Add the bouillon cubes, boiling and wine; reduce heat, cover, s mer gently until meat is tender, 2 hours. Remove meat to a war and keep warm. Skim any f pan juices. Stir in the flour b smooth with cold water; cook, until it boils and thickens. Serve in a bowl. Cut strings away fro before serving. Makes about servings.—*C. C., Lakewood, C*

e experimenting, you create an lly tasty new recipe, why not it to *Sunset* for testing in our s? Mail contributions to *Sunset ne*, Menlo Park, Calif. 94025. $10 for each recipe published.

Nut bread or apple cake . . . pork with prunes or seafood with vegetables

ood Potpourri

hellfish, and vegetables are sim- together into this tasty brew.

ablespoons butter or margarine
arge onion, chopped
reen peppers, seeded and chopped
an (1 lb. 12 oz.) tomatoes
ablespoon finely minced parsley
easpoon salt
easpoon *each* paprika and allspice
ound fillet of rockfish, lingcod, or halibut, cut in 1-inch squares
ound large (about 13 count) raw shrimp (peeled and deveined)
lams in shells
up dry Sherry or chicken broth
Hot cooked rice (optional)

he butter in a Dutch oven and he onions and peppers for about tes. Add the tomatoes and their liquid, breaking up tomatoes with a spoon; then add the parsley, salt, paprika, and allspice and stir to blend. Heat to simmering. Add the fish, then distribute the shrimp and clams evenly over the fish. Pour over the Sherry. Cover pan and adjust heat so it simmers gently just until the fish is cooked, 10 to 15 minutes. Ladle over rice in each serving bowl. Makes 6 to 8 servings.—*B. B., Claremont, Calif.*

You can vary the fish and shellfish in this recipe: Salmon might replace the other fish; instead of shrimp you can use 1 pound crab meat; and instead of clams, use 10-oz. jar Pacific oysters.

Serve this hearty soup over rice, if you wish, in large bowls or deep plates

berry Borscht Salad Ring

sparkling, brightly colored, d salad makes a handsome ad- to a Thanksgiving table.

can (1 lb.) sliced pickled beets
cup cold water
cups (1 pt.) bottled cranberry juice
teaspoon salt
teaspoon pepper
bay leaf
packages (3 oz. *each*) lemon-flavored gelatin
tablespoons lemon juice
tablespoons minced green onion
tablespoons finely diced celery
Lettuce or savoy cabbage leaves
Horseradish dressing (recipe follows)

liquid from the beets into a pan; eets and set aside. To the pan add water, cranberry juice, salt, pepper, and bay. Heat to boiling, remove from heat, and stir in gelatin until completely dissolved. Stir in lemon juice; discard bay leaf. Chill until the gelatin is syrupy, then stir in the onion, celery, and beets. Pour into an 8-cup salad mold and chill until set. Unmold onto a plate and garnish with the lettuce or savoy cabbage leaves. Serve with the horseradish dressing. Makes 10 to 12 servings.—*H. N., San Francisco.*

Horseradish Dressing. Combine 1 cup sour cream with 2 tablespoons milk, 1 tablespoon prepared horseradish, ¼ teaspoon salt, and 1 teaspoon sugar.

Pickled beets and cranberry juice combine to make this tangy-sweet salad

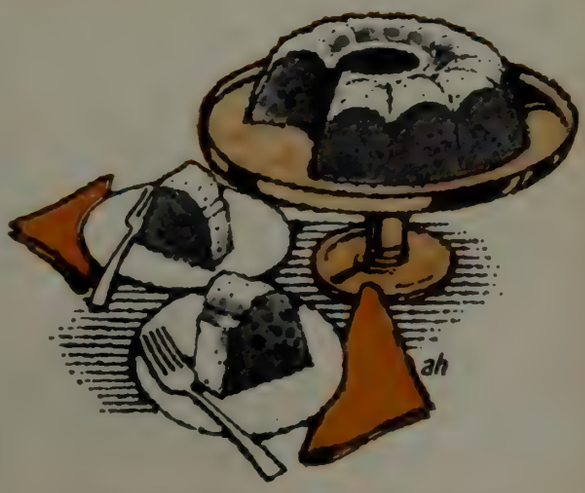
ed Apple Cake

moist, not-too-sweet cake goes ith coffee or milk any time.

cup butter or margarine
cup light brown sugar, firmly packed
eggs
teaspoon vanilla
cups unsifted regular all-purpose flour
teaspoons soda
teaspoon baking powder
teaspoon cinnamon
teaspoon salt
container (8 oz.) spiced apple yogurt
cup finely shredded, peeled apple
cup chopped walnuts or pecans
Powdered sugar

g an electric mixer, beat the but- nd sugar together until light and ny. Add the eggs and beat until fluffy; beat in vanilla. Combine the flour with the soda, baking powder, cinnamon and salt; sift into the creamed mixture. Add the yogurt and apple. Mix at lowest speed with mixer or with a spoon just until blended. Stir in the nuts. Pour into a greased and floured 2-quart tube mold or 5 by 9-inch loaf pan. Bake in a 350° oven until a pick inserted in center comes out clean (about 45 minutes for mold with a tube, 60 for loaf pan).

Cool in pan 10 minutes; turn out on a rack to cool. Sprinkle with powdered sugar before serving. Makes 10 to 12 servings.—*M. R., Belmont, Calif.*



For showy presentation, you can bake this cake in a fancy mold with a tube

Derek and Alexis make a tasty coffee spiral

1. *Derek vigorously mixes so with spoon after adding*

Children revel in the springy feel of yeast dough. They like handling it, and watching it balloon in size.

Because they clamor to shape dough and quickly devour the results, we developed this Danish-style coffee bread with them in mind. The rich golden bread is rippled throughout with either an almond paste or orange marmalade filling. The loaves are easy for children (about age 8 and up) to mix, shape, and bake with minimum supervision.

The fancy spiral of curlicues is achieved by following a simple Scandinavian baking technique: A rectangle of dough is spread with filling and rolled up jelly roll fashion; then it is slashed and alternate slices are pulled to the left and right and laid flat.

The brother and sister pictured here shared the steps of mixing, kneading, rolling, and shaping. Since one recipe makes two loaves, each had a piece of dough to shape.

DANISH COFFEE SPIRAL

- ½ cup (¼ lb.) butter or margarine
- ¾ cup half-and-half (light cream)
- 1 package dry yeast
- About 3¾ cups unsifted all-purpose flour
- ⅓ cup sugar
- ½ teaspoon salt
- 3 eggs
- 2 teaspoons grated lemon peel or ½ teaspoon ground cardamom
- Almond paste or orange marmalade filling (recipes follow)
- 2 tablespoons half-and-half (light cream)
- 3 tablespoons sugar
- ¼ cup sliced almonds

Place butter in a small saucepan, pour in the ¾ cup cream, and heat over low heat just until butter melts. Let cool until lukewarm (pan no longer feels hot to touch). In a large mixing bowl, place the yeast, ¾ cup of the flour, sugar, and salt. Pour in the lukewarm butter-cream mixture and mix well, using a wooden spoon. Add eggs, one at a time, and beat thoroughly. Add lemon peel or cardamom and gradually beat in 2½ cups of the flour. Dough will be very sticky.

Sprinkle remaining ½ cup flour on a board and with a rubber scraper turn out dough on it. Dip hands in the flour, coating well, and knead about 5 minutes or until smooth and springy, working in the flour on the board.

Place dough in bowl, cover, and let rise in a warm place until almost doubled in size, about 1½ hours.

Turn out on a lightly floured board and knead lightly. Cut dough in half. Roll out 1 piece of dough at a time into a 9 by 12-inch rectangle. Spread surface completely with half of the chosen filling. Using fingertips with the almond paste filling or a spatula with the orange marmalade filling, roll up and place seam side down on a buttered 10 by 15-inch baking sheet. Repeat with other piece of dough and remaining filling. Cut through roll to within ½ inch of the bottom at ¾ to 1-inch intervals and pull and twist each slice as shown in step 6. Cover and let rise until double, about 45 minutes to 1 hour.

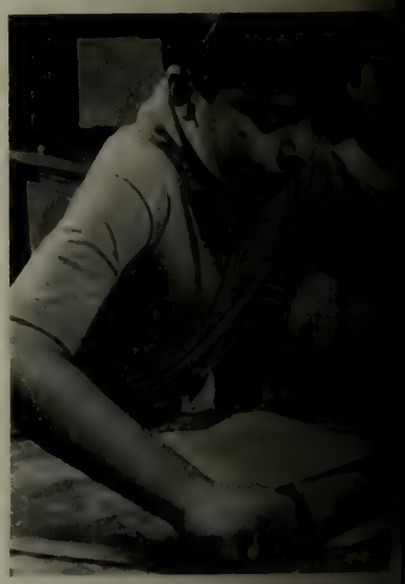
Using a pastry brush, lightly brush loaves all over top with the 2 tablespoons cream, then sprinkle with the 3 tablespoons sugar and the sliced almonds. Bake loaves in a 325° oven for 30 to 35 minutes, or until richly browned. Remove from oven and place on racks to cool slightly. Use spatula to remove from pans and transfer to a serving board. Serve warm, cut in 1-inch slices.

If desired, the loaves may be tightly foil-wrapped and frozen. To serve later, let thaw, then reheat on a baking sheet (uncovered) at 375° for 15 minutes.

Almond Paste Filling. Mix 1 can (8 oz.) almond paste with ⅓ cup soft butter or margarine, ¼ cup finely chopped almonds, and 1 egg, mixing with a spoon or fingertips until blended.

Orange Marmalade Filling. Mix together 2 tablespoons soft butter, ¾ cup orange marmalade, and ¼ cup coarsely chopped pecans.

2. *Alexis kneads dough by it with heels of hands, foldi*



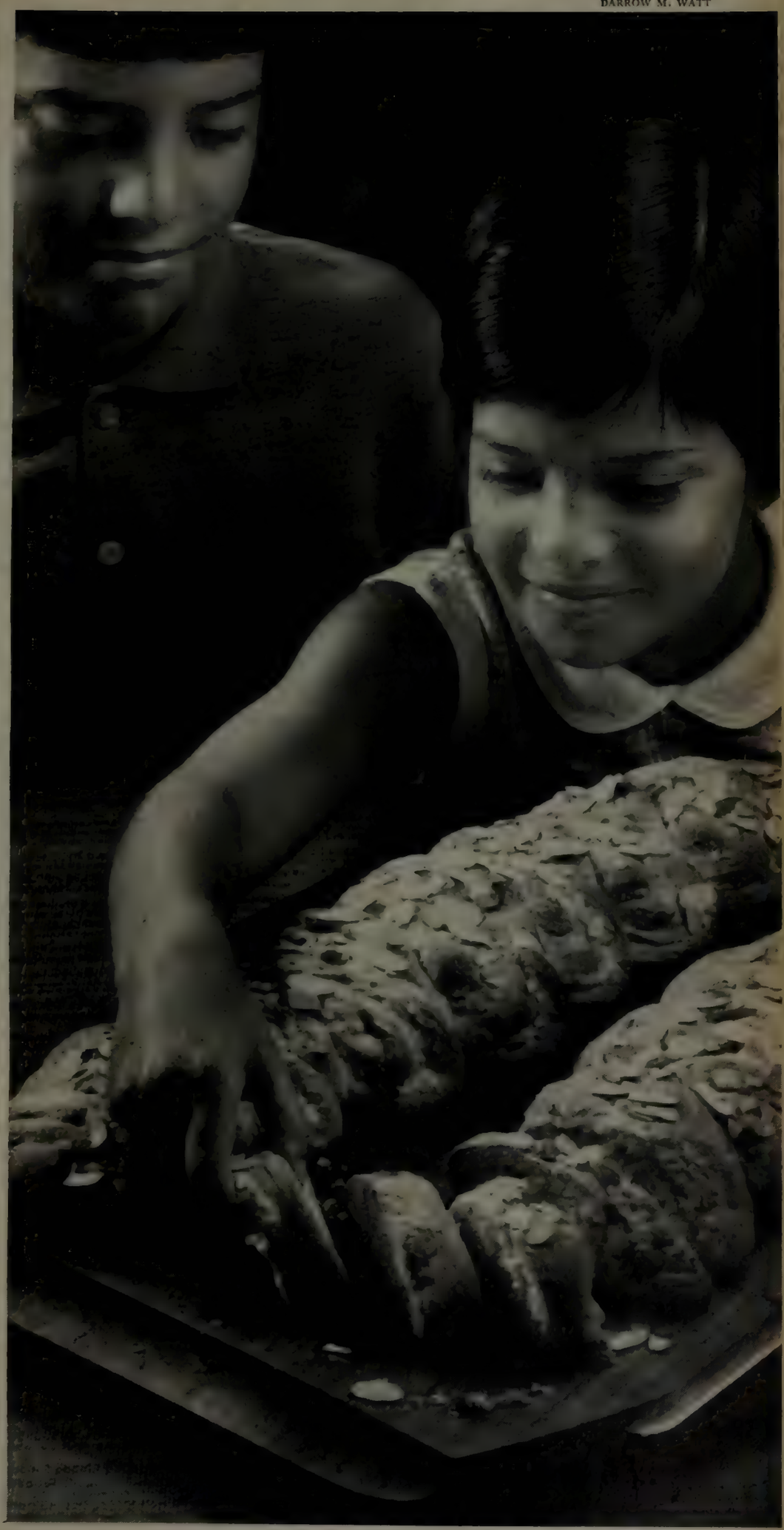
3. *Half of the dough is rolle rectangle on a well floure*

DARROW M. WATT

lmond paste filling is patted over ough (licking fingers is optional)

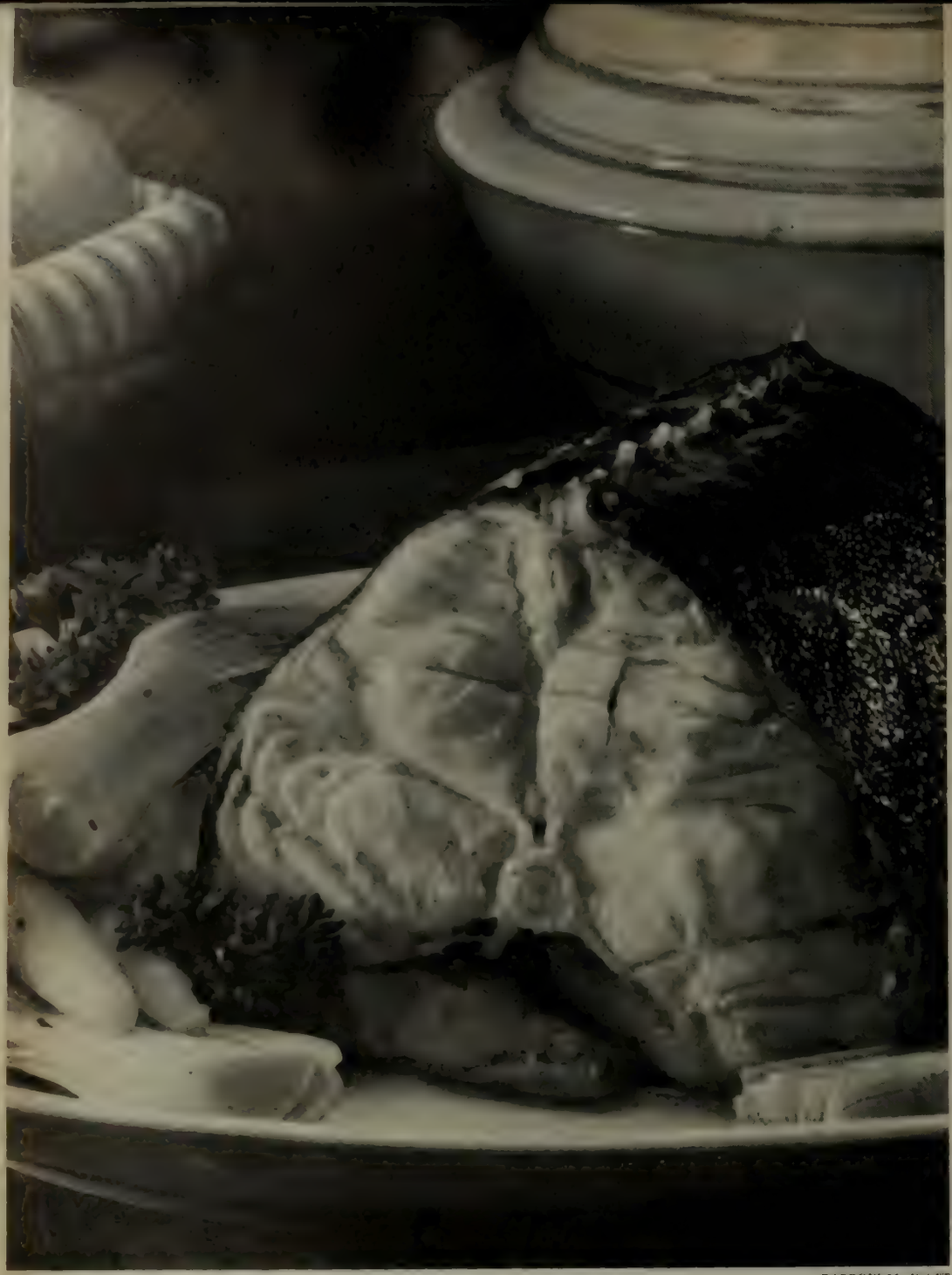
Filled roll is cut almost through at inch intervals with a sharp knife

Slices of dough are pulled first to one side, then the other, for design



Finale

Almond-crusted Danish coffee breads, still hot and fragrantly spicy, are cut into thick slices for sampling by young cooks



DARROW M. WATT

Lingcod *is colorfully presented with leeks, carrots, potatoes; soup and rolls accompany*

NOVEMBER MENUS

For entertaining: a French-style fish dinner, a weekend breakfast, an easygoing buffet

The fall of the year brings changeable weather and, for many, more frequent entertaining. November's menus are planned around both contingencies.

For guest occasions we suggest a weekend breakfast and a company dinner; both menus are basically French, streamlined for easy preparation.

A company fish dinner

The main course for this festive dinner comes from one rich simmering pot. You poach a delicate, white-fleshed fish with vegetables in a traditionally flavored stock, then make the stock into a rich broth to sip along with the main course.

Classic Fish Stockpot **Mushroo**
Sippable Stockpot Soup
Leafy Green Salad
Crusty Hard Rolls **Bu**
Orange Sherbet **Chocolate**

At a fresh fish market, select a piece of fish (one that will fit Dutch oven). If available, lingcod able; giant sea bass (also called bass or grouper bass) and Pacific are also good. Also ask for bony fish (heads and tails); you will ne to enrich and flavor the stock.

For the dinner you prepare the fi and cook the vegetables, then ke warm while fish is poached; rei to serve and stir together the al stant soup. While fish cooks, assem simple sauce. Then serve all at o let guests help themselves from

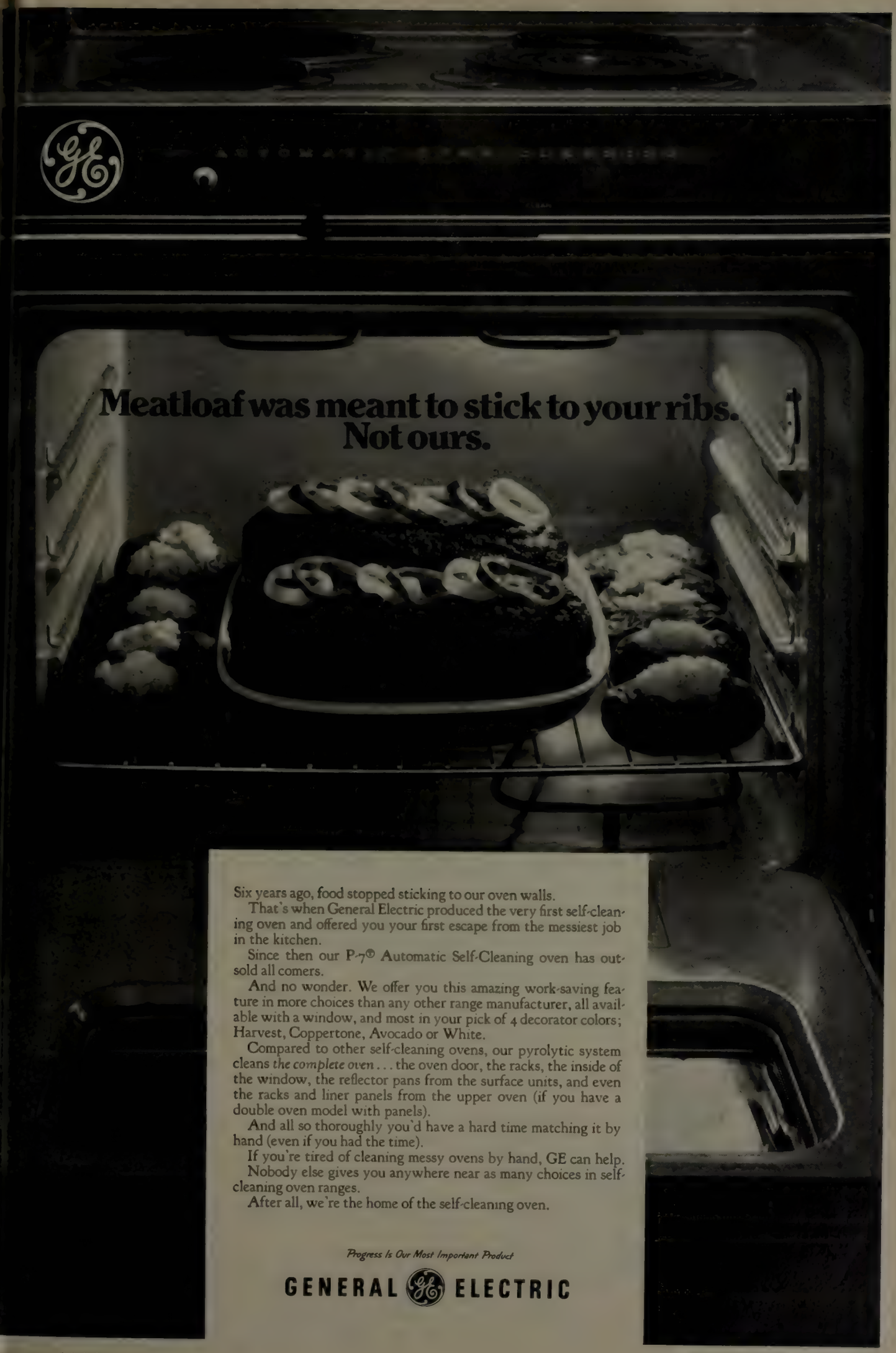
Crumble blue cheese into an oil egar dressing and pour over gree set out a basket of warm crusty r butter. Orange sherbet from the is nicely complemented with chocolate sauce.

CLASSIC FISH STOCKPOT

- 3 tablespoons butter or margarine
- 1 medium-sized onion, thinly sliced
- 1 large can (47 oz.) chicken broth
- 1½ pounds fish scraps (heads or tails)
- ½ teaspoon dried thyme
- 1 bay leaf
- ½ teaspoon dried basil
- 6 small-sized boiling potatoes, peele
- 6 carrots, peeled
- 3 leeks, split in half lengthwise and w
- 4-pound piece lingcod (or giant sea bass or Pacific halibut)
- 1 tablespoon lemon juice
- 1 cup whipping cream
- Mushroom sauce (recipe follows)

Melt butter in a Dutch oven; ad and cook, stirring frequently, until Pour in broth, rinse fish scraps to broth with thyme, bay leaf, an simmer together, covered, about utes. Then add potatoes and carro er and simmer 20 minutes; add le cook until all vegetables are ten still resistant to fork, about 10 more. Remove the vegetables to ing platter, cover with foil, and 200° oven. Strain the liquid to fish scraps; discard the scraps and liquid to pan.

If you choose lingcod, fold side skin into underside cavity of loosely with string, wrap loosely in cloth and, with back up, slowly i into broth, lapping ends of cloth If you choose a sea bass or halib ply wrap in cheesecloth before Simmer until fish tests flaky with (timing will vary: begin checking at 25 minutes, sea bass at 40 halibut at 10 minutes). When d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fish from liquid, remove cheesecloth and string if used, and arrange on platter with vegetables.

Immediately stir lemon juice into poaching liquid; then stir in cream. Serve in mugs to accompany fish and vegetables. Makes 8 servings.

Mushroom Sauce. Melt ½ cup butter in a frying pan; add ½ pound sliced mushrooms and sauté over medium heat until golden. Stir in 2 tablespoons lemon juice; serve to spoon over fish.

Breakfast for weekend guests

Consider this breakfast for visitors; the eggs will wait if guests are delayed.

Chilled Whole Persimmon with Lime
Quick Sweet-Nut Crescents Butter
Creamy Crab-Egg Scramble
Café au Lait

The crescents are quick to make because you use refrigerated rolls; mix filling and shape the rolls first. For each serving, chill 1 soft persimmon; then cut off top and place in a bowl or stemmed glass and serve with a lime wedge to squeeze over top. For café au lait, make one pitcher of strong coffee and one pitcher of hot milk; pour simultaneously into cups.

Sweet-Nut Crescents. Blend together ⅓ cup coarsely chopped almonds and 3 tablespoons brown sugar. Unroll 1 package (8 oz.) refrigerated crescent dinner rolls; pat down 1 tablespoon filling over wide end and down center of *each* roll (½ inch from edges); carefully roll up and place on ungreased baking sheet; bake in a 375° oven for about 14 minutes. Cool on racks. Makes 8 rolls.

Creamy Crab-Egg Scramble. Beat together with fork or wire whisk ½ cup milk, ¼ teaspoon pepper, and 1 can (6 oz.) white sauce; with a fork beat in 8 to 12 eggs, 3 at a time, until mixture is a smooth yellow. Melt ¼ cup butter in an electric or other frying pan over low heat. Pour in egg mixture; when mixture begins to set, lift it gently from pan with a spatula (avoid constant stirring).

While eggs are still fluid, stir in 1 package (3 oz.) cream cheese with chives, diced; cook until set but still quite moist. Reduce heat to warm setting or transfer to chafing dish set over hot water. Add 2 cups crab meat or 2 cans (about 7 oz. *each*) crab, drained; cover and warm 5 minutes. Eggs may be held about 20 minutes; serves 4 to 6.

A serve-anywhere buffet lunch

This lunch for 4 to 6 can be transported for service on the station wagon's tailgate before a football game or served at home, indoors or out. Serve the caper ham rolls with ingredients for the sandwiches fea-

DARROW

Spiraled *ham rolls served with* [illegible] *Swiss cheese for a help-yourself* [illegible]

turing two harmonious cheese [illegible] Greens are tucked inside the sand[illegible] a fruit selection and brownies foll[illegible]

Ham Roll Capers
Wedge of Swiss Cheese
Watercress Escarole
Tangy Cream Cheese Spread
Onion and Poppy Seed Rolls
Basket of Pears, Apples, and Cant[illegible]
Frosted Brownies
Orange-Pineapple Juice or Al[illegible]

Prepare ham rolls and creamy [illegible] ahead if you wish; cover and refr[illegible] up to 1 day. For 4 to 6 people, a 1½-pound wedge of Swiss chees[illegible] might choose Norwegian Jarlsberg[illegible] ish, or domestic Swiss). You'll [illegible] bunch *each* watercress and escaro[illegible] 6 *each* onion and poppy seed rolls.

To serve, arrange wedge of chees[illegible] rolls, pot of cream cheese sprea[illegible] bowl of greens on a board; acco[illegible] with a pitcher of orange-pineapp[illegible] mixed from frozen concentrate or [illegible] of ale. Follow with a basket of [illegible] pears, 4 apples, and 1 cantaloup[illegible] frosted brownies from the freezer c[illegible]

Ham Roll Capers. Mix together 1 c[illegible] cooked rice; 1 hard-cooked egg, ch[illegible] 1 can (about 4½ oz.) shrimp, d[illegible] and 1 teaspoon capers. Spread [illegible] spoons of mixture over surface [illegible] of 12 slices cooked ham (about [illegible] Roll up and cut each roll in half. Makes 24 rolls.

Tangy Cream Cheese Spread. Blen[illegible] a fork 1 large package (8 oz.) [illegible] cheese, softened; ¼ cup sour cream [illegible] spoon Dijon-style mustard; and [illegible] onions, chopped (including tops).

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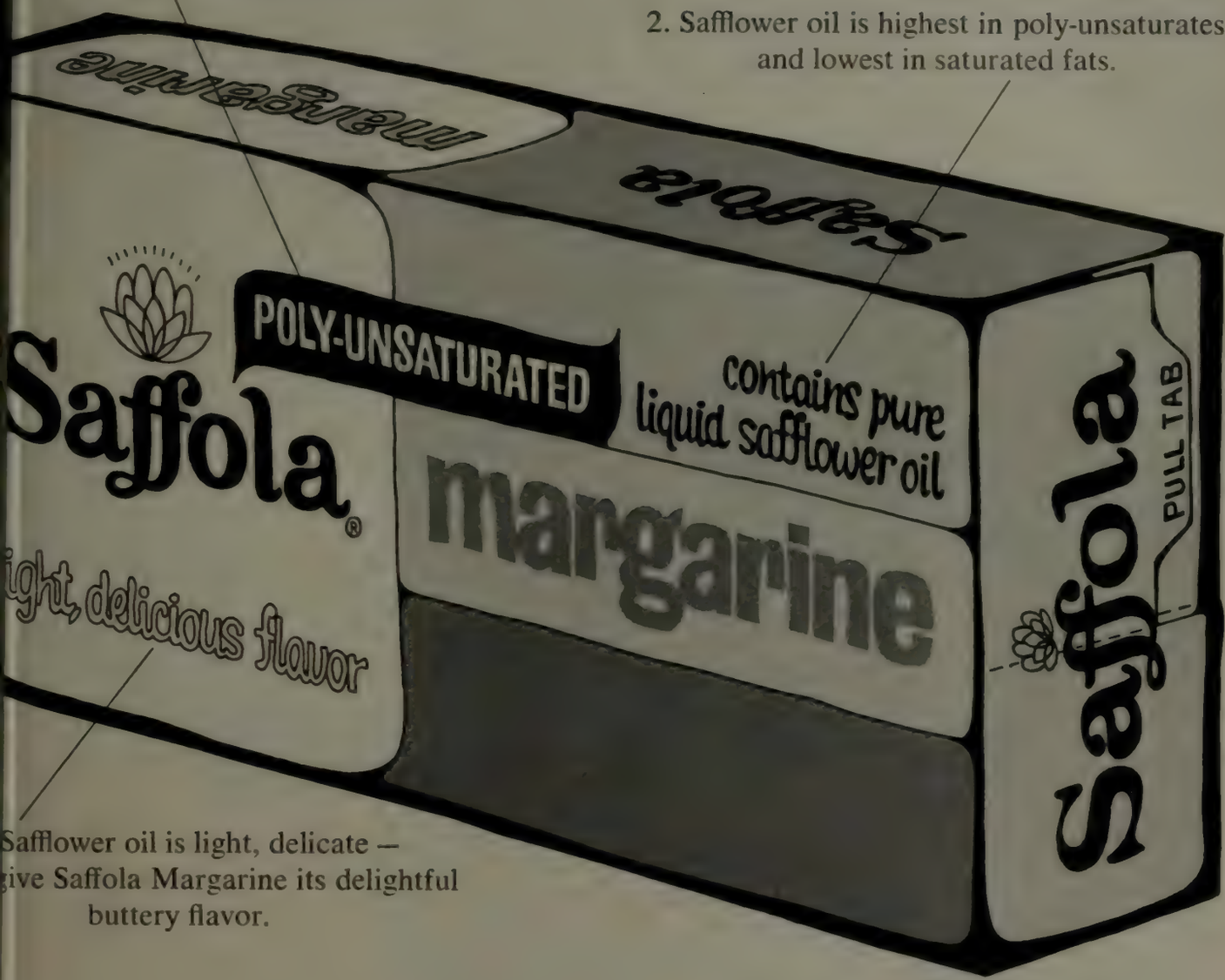
mends replacing saturated fats in the
diet with poly-unsaturates.

2. Safflower oil is highest in poly-unsaturates
and lowest in saturated fats.

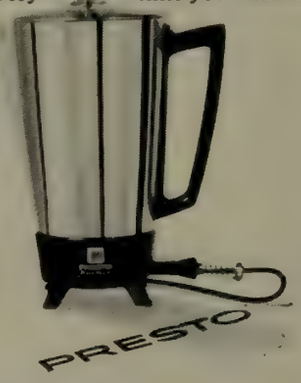


Safflower oil is light, delicate —
ive Saffola Margarine its delightful
buttery flavor.

3 more reasons:

Presto's dunkable coffeemaker.

Completely submersible stainless steel, extra wide spout for easier cleaning, better coffee. Because a clean pot is so important to good coffee, we made our stainless steel coffeemaker completely washable You can dunk it right into your sink. Or even your dishwasher! The extra wide spout is easy to clean. Can't trap stale coffee oils or old grounds (two things that ruin a pot of coffee!) That's why you get delicious coffee, cup after cup with the Presto Automatic Coffeemaker. Available in 9-cup or 12-cup sizes. You'll like it better every time you wash it!



There's more cooking at Presto pressure cookers. Fry Pans, Griddle, Can Opener/Knife Sharpener, Toaster-Broiler Servers, Corn Popper, Deep Fryers, Toasters, Spray-Steam Irons, Steam-Dry Irons, Cordless brushes, Hair Dryers, Portable Manicure Set, Heaters, Humidifiers. National Presto Industries, Eau Claire, Wis. 54701.

DARROW M. WATT

in wedges of moist plum pudding with brandy-flavored hard sauce

e grand finale plum pudding

plum pudding is a traditional Thanksgiving in many Western This one may be steamed well in . To store, wrap the pudding in moistened cheesecloth, and pack rtight container or freeze.

Y PLUM PUDDING

- ound beef suet
- ps raisins, chopped
- x (11 oz.) currants
- p mixed candied fruits (orange peel, lemon peel, and citron)
- p finely chopped blanched almonds
- p unsifted all-purpose flour
- p brown sugar, firmly packed
- p fine saltine cracker crumbs
- gs, slightly beaten
- p brandy or apple juice

t into strips and put through a opper using the fine blade. In a owl, combine ground suet, raisins, s, candied fruits, almonds, flour, altine crumbs, eggs, and brandy. ll to combine all ingredients.

ghly grease a 2-quart tube pud- old and its lid. (Or use a 2-pound an and a double thickness of foil d.) Pack fruit mixture into mold ure lid (or use string to tie foil over can). Place mold on rack boiling water in steamer. Steam g for 3 hours (3½ hours if a coffee used), adding more boiling water mer if needed. Cool 10 minutes, rn out pudding to cool completely. ard sauce in a bowl. Serves 12 to . *H., Seaside, Calif.*

y-flavored Hard Sauce. Cream to- ½ cup butter, 1⅔ cups sifted red sugar, ⅛ teaspoon salt, and 2 ons brandy until fluffy. Chill.

The two richest coffees in the world

(and less than ½¢ more per cup than other coffees)

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This is the superlative coffee from the Colombian Andes with the distinctively different, richer flavor. Luxurious? Yes. Extravagant? Not at this price!

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Golden Delicious Apples from Washington State

For recipes, see **Sunset**, February 1969

Airy swirls *of green and yellow m*
spinach roulade particularly ap

A soufflé mixt
rolled and fill

Soufflé roulade is a soufflé mixt
you roll up like a jelly roll—in
smooth savory filling. Here we
three quite different fillings, fe
spinach, caviar, and shrimp.

The roulade may be made up-to
in advance and kept warm in th
Serve it as an appetizer or first c

SOUFFLÉ ROULADE

- 1 tablespoon fine dry bread crumbs
- ¼ cup (⅛ lb.) butter or margarine
- 6 tablespoons flour
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 teaspoon sugar
- 2 cups milk, scalded and hot
- 4 eggs, separated
- Filling (3 recipes follow)

Lightly grease an 11 by 15-inch j
pan; line bottom with waxed pape
oughly grease the paper and du
flour; set aside. Lightly grease
sheet of waxed paper; sprinkle
crumbs over surface; set aside.

Melt butter in a pan over low h
in flour, salt, pepper, and sugar;
minute, stirring constantly. Remo
heat; gradually stir in hot milk. I
a boil, stirring constantly; boil 1

Remove from heat and thorough
in egg yolks, one at a time. Set
cool until just warm to touch, stir
casionally. Beat egg whites until
not dry; fold into slightly coole
sauce mixture and spread evenly
pared pan. Bake in a 325° oven
minutes or until lightly browned.
while, assemble one of the three
and have it ready.

Run knife around the edge of th
and immediately turn out hot soul

AYTAG COMPANY, NEWTON, IOWA WASHERS, DRYERS, PORTA-DRYERS, DISHWASHERS, DISPOSERS.

r. Cygan; Rick, 11; Doug, 6; Mrs. Cygan.

"My new dishwasher just had to be a Maytag," writes Mrs. Cygan.

"How could I pick anything but a new Maytag Dishwasher?"

"After all, my Maytag Washer and Dryer have worked 11 rugged years with only one repair between them."

husband and I didn't have to think twice t what kind of dishwasher to get," says Mrs. Cygan of Mundelein, Illinois. "Not after ay our dependable Maytag Washer and r have performed."

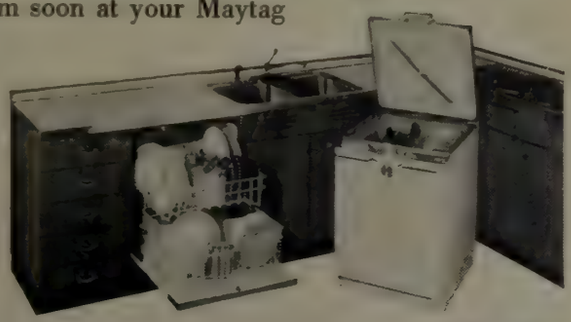
his Maytag Dishwasher of mine is such a saver," continues Mrs. Cygan. "I don't rinse the heavily-soiled dishes. I scrape off the big s, and in they go. You should see how clean come out."

ere's a reason a Maytag gets dishes cleaner ut pre-rinsing, Mrs. Cygan. Maytag's exclu- Micro-Mesh™ Filter keeps the water cleaner gh the whole cycle. And only Maytag has a ize spray arm *on top,* as well as one below. water action, from more sides, means more ing power!

nother nice Maytag convenience is huge capacity. A Maytag can do dinner dishes for a big family in one load. (For a small family, this means you only have to wash dishes once a day.)

Maytag gives you a choice of built-in or portable dishwashers in a variety of contemporary colors. The built-in also comes in stainless steel and with a Trim Kit that lets you decorate the front panel with your own fabric, wallpaper, or wood paneling. See them soon at your Maytag Dealer's. He's in the Yellow Pages.

Naturally, we don't say all Maytags will equal the record Mrs. Cygan wrote about. But dependability is what we try to build into every Maytag.



Maytag dependability now moves to the kitchen. For detailed brochures on Maytag Dishwashers and Maytag Food Waste Disposers, send 25¢ to The Maytag Company, Newton, Iowa 50208.

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Spread *the spinach filling caref quite quickly; as it cools it will*

Roll up *filled soufflé, then ge over onto serving dish; remov*

crumb-coated waxed paper and top paper. Spread the filling eve the surface. Starting with lengthw roll up like a jelly roll. Serve a cover tightly with foil and put i oven for up to 1 hour. To serve, wise slices 1 inch wide. Makes appetizer servings.

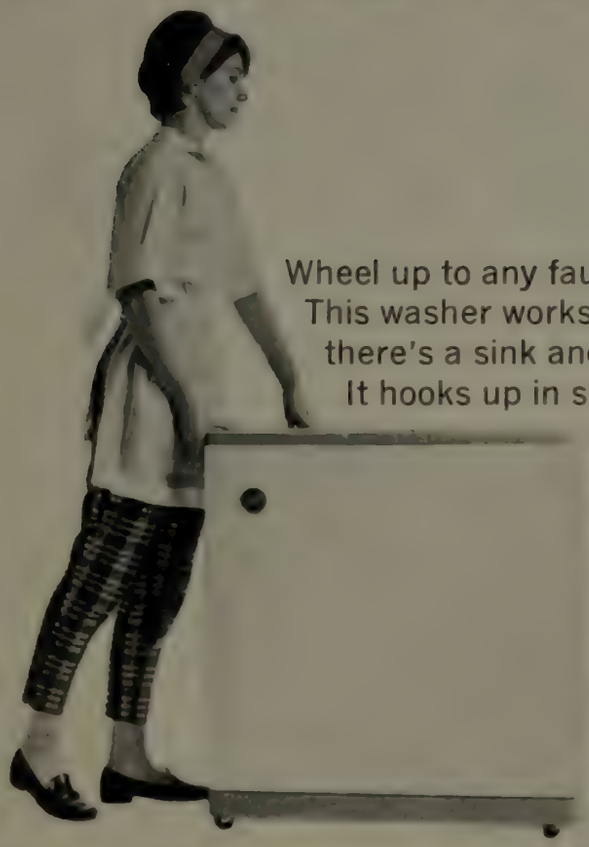
Spinach and Cheese Filling. In pan blend 1 package (10 oz.) frozen chopped spinach and ¼ c ping cream; boil over high heat constantly, until liquid evapor mixture thickens. Remove from stir in 1 cup (4 oz.) Swiss chee ded, until melted. Spread over r

Caviar and Cream Cheese Fillin together 2 packages (3 oz. *each)* cream cheese and 2 tablespoons in ¼ cup finely chopped green o cluding tops) and 1 tablespoo juice. Spread over roulade; ev with 2 ounces black or red cavia

Cheese and Shrimp Filling. S cup (4 oz.) shredded Swiss ch 1 can (4½ oz.) shrimp, drain roulade; roll as directed above. ately cover with foil and return oven for 5 minutes to melt che

Hoover's Wheelaway Washer.

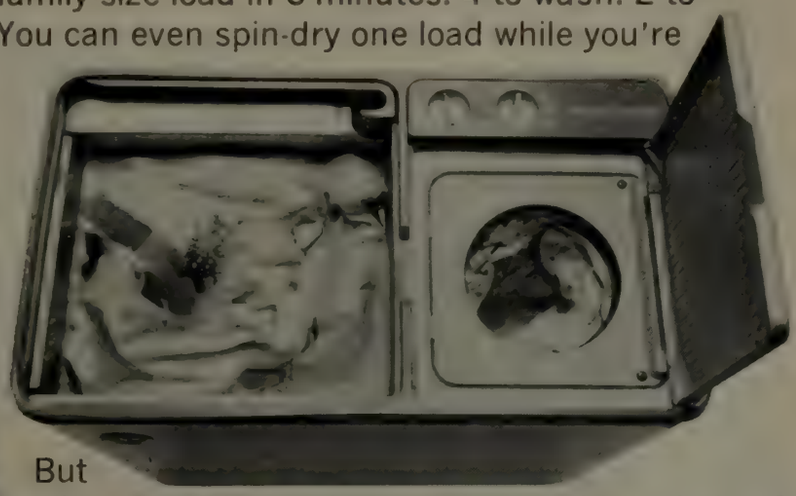
It's like a compact car. But for clothes.



Wheel up to any faucet. This washer works wherever there's a sink and an outlet. It hooks up in seconds. And hides away in a closet when company comes.

It's just 30″ wide by 17″ deep. Ideal for anyone who thought they didn't have room for a washer before. And it's fast.

It does a family-size load in 6 minutes. 4 to wash. 2 to spin dry. You can even spin-dry one load while you're washing another.



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e a demonstration of the Spin-Drying Washer your local dealer, below

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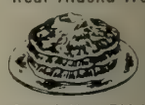

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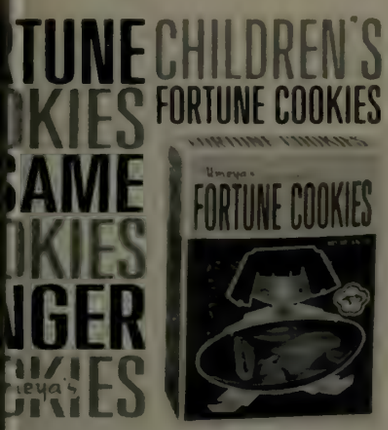

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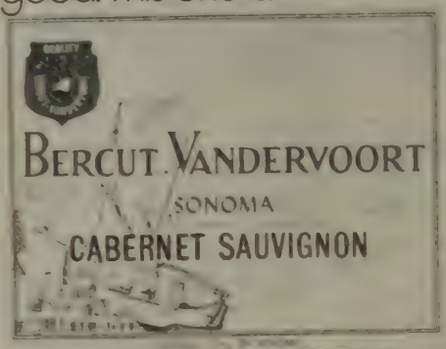

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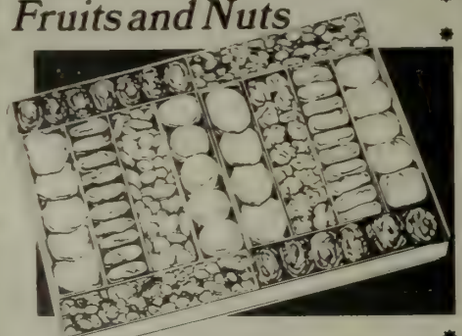

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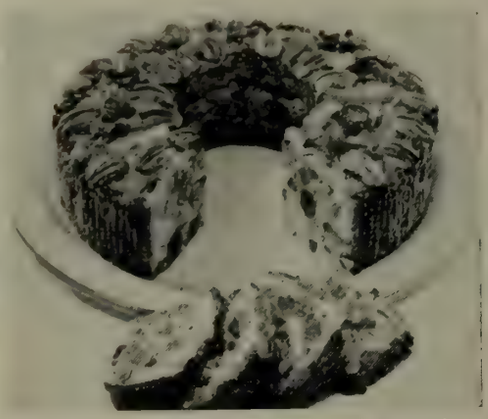

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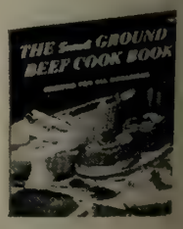

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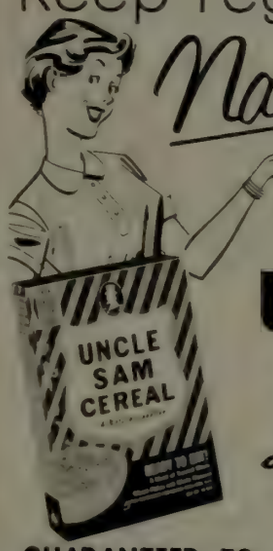

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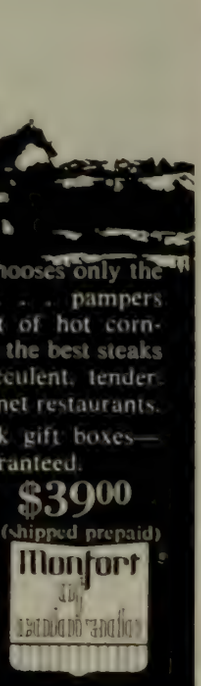

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City: _____ State: _____ Zip _____
(attach separate list of additional names)

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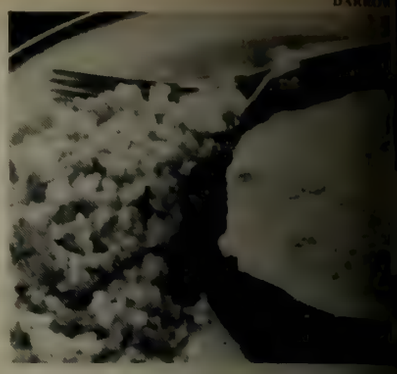

Purple eggplant skins *form shells with meat and cheese sauces for m*

Moussaka in eggplant shells

The classic Armenian eggplant c called Moussaka (moo-*sah*-kah) i some baked in individual servings sauces first, then assemble the ca

INDIVIDUAL MOUSSAKAS

4 large eggplants
½ cup olive or salad oil
Meat sauce (recipe follows)
Cheese sauce (recipe follows)

Quarter eggplant lengthwise an grapefruit knife to cut out eggpla ing a ¼-inch-thick shell. Cut e quarters crosswise into ½-inc slices. Divide the oil between tw 15-inch baking pans. Dip eggpla in oil to coat both sides, and lay Add sliced eggplant to pans, mak layers if necessary. Bake, uncover 425° oven for 25 minutes, turni or twice with a spatula.

Line 6 to 8 individual casseroles (or 1-pint size) with eggplant shel ing outer skins next to dishes. S layer of meat sauce (recipe foll layer of sliced eggplant, and anoth of meat sauce. Spoon over chees (recipe follows). Bake, uncovered, for 20 to 25 minutes, or until to Let cool 5 minutes, then lift out seroles onto plates. Serves 6 to 8.

Meat Sauce. Brown 2 pounds chuck or lean ground beef in spoons oil along with 2 chopped and ¼ pound chopped mushroo 4 tablespoons tomato paste, ¼ cu ped parsley, 2 teaspoons salt, ⅛ t cinnamon, and 1 cup red wine. Co simmer 30 minutes. Blend in spoons fine dry bread crumbs.

Cheese Sauce. Scald 1¾ cups m ¼ cup cold milk with ¼ cup co and blend in, stirring until thicke ¼ cup butter, ½ teaspoon salt, nutmeg. Beat 3 egg yolks; grad hot sauce and ½ cup shredded E cheese into yolks.

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The enchant white stag made most succulent ste

The word "deer" once meant "ani the cognate *Tier* still does in Germa no other beast was nearly as imp and the stags and roebucks took o word. The word "venison" ori meant simply the product of hunti since no other meat could compar stag's, he took over that word, too

King Arthur's knights hunted enc white stags, and Tristram taugh Mark the proper way to butcher as well as the complicated terms quette that once went with it.

There's even a patron saint of dee ing. Even now in France the hou riders assemble at dawn for St. H Mass, and the priest blesses the the sound of hunting horns bef hunters ride out.

Chef C. J. Anderson, of Pocatello, says, "Our family especially likes in stew, than which there is more delicious! The following rec prove that."

VENISON STEW

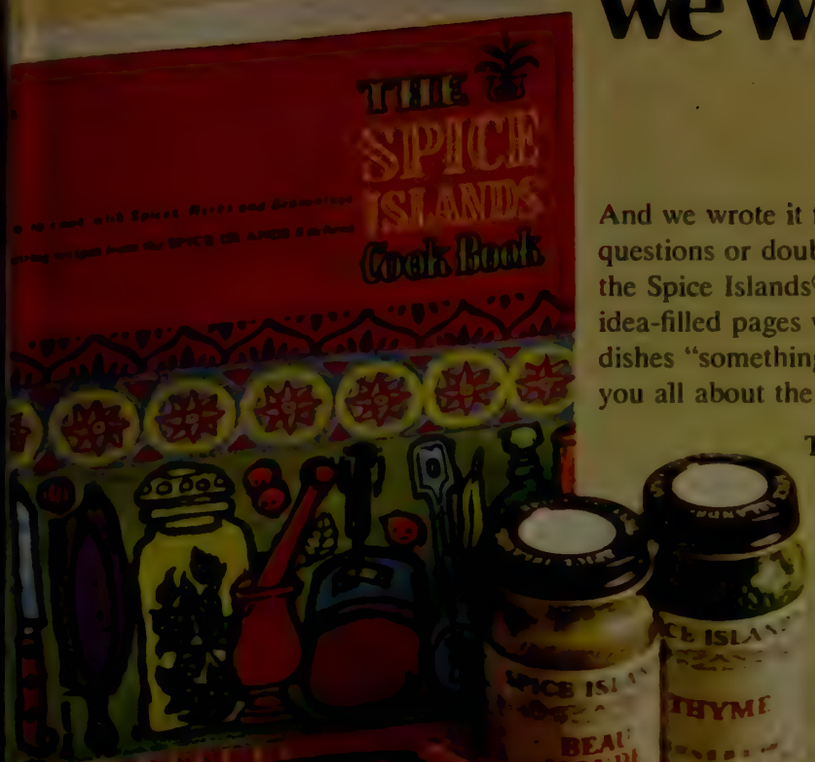
- 2 tablespoons bacon drippings or sal
- 2 pounds boneless venison, cut in small chunks
- 1 onion, chopped
- 2 cans (14 oz. *each*) regular strength beef broth
- 1 carrot, chopped fine
- 1 stalk celery, chopped fine
- 3 medium-sized potatoes, peeled and diced
- Pinch of cinnamon
- Pinch of ground clove
- 1 cup Port
- 1 ounce (2 tablespoons) bourbon
- 2 teaspoons sugar
- 2 tablespoons Worcestershire
- 1 cup water
- Shredded Parmesan cheese

Heat the drippings or oil in a Dut and brown the meat and then oni

Chefs of the W

The Art of Cooking . . . by men . . .

When it comes to spices, we wrote the book.



And we wrote it for *you*. If you've ever had any questions or doubts about cooking with spices and herbs, the Spice Islands® Cook Book has the answers. Over 200 idea-filled pages with easy recipes for making everyday dishes "something special". Plus a fascinating guide that tells you all about the many spices and herbs and how to use them.

Thyme, for instance. This rich, pungent herb just naturally "goes with" the flavor of meat—an affinity French chefs discovered ages ago. The thyme that we raise on Spice Islands' own herb farm is so zesty, you only need to use just a little (a pinch in most cases) to give a real flourish of flavor to stews, ground meat, pot roasts.

Try it. Start with that delicious Burgundy Beef Ragout Recipe. You'll find two hundred pages of ideas just as exciting in the Spice Islands Cook Book. There's no other cook book quite like it. Thousands sold in hard cover for $6.95. This handsome soft-cover version usually sells for $2.95. It's yours for only $1.50 if you send the coupon now.

Spice Islands Bay Leaf has a difference you can see: it's fresh and green, not grayish or tired looking. That's because it's California laurel, so rich in flavor you only have to use half as much as other bay leaves.

BURGUNDY BEEF RAGOUT

e and flavorful bay leaf join to make the delicious difference gout—elegant enough for company dinners.

ewing beef	1 can (15 oz.) tomato sauce
r	1 can (4 oz.) whole button mushrooms
slands Beau Monde®	
slands Thyme	1 cup burgundy or other dry red wine
Islands Bay Leaf	1 cup diagonally sliced carrots

butter in a large, heavy saucepan. Sprinkle with Beau Monde ing. Add Thyme, Bay Leaf, tomato sauce, liquid drained from d burgundy. Reserve mushrooms. Cover and simmer 2½ hours. mushrooms and carrots. Simmer covered ½ hour longer until der.

MAKES 6 SERVINGS

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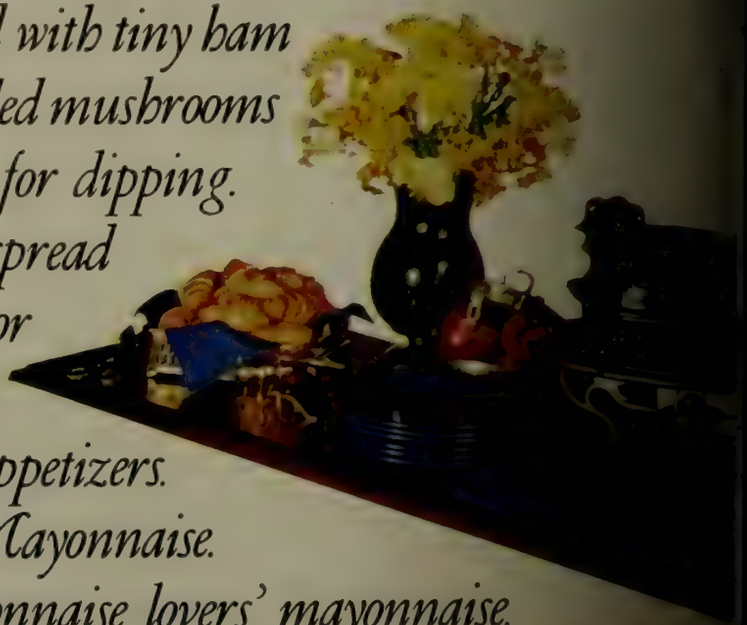
The Cocktail Pick

Lavish little offerings for the happy hour. Jancy and fast with the mayonnaise good cooks love. Kraft really fusses with mayonnaise-making. All you add are the finishing touches. Thoroughly combine 1 c. Kraft Mayonnaise, 1/2 c. dairy sour cream, 1/4 c. Kraft Grated Parmesan, 1 tsp. Kraft Prepared Mustard. Surround with tiny ham rolls, pickled mushrooms and beets for dipping. Excellent spread on bread or cucumber for posh appetizers. Kraft Mayonnaise. The mayonnaise lovers' mayonnaise.



h, carrot, celery, potato, cinna-
ve, Port, bourbon, sugar, Worces-
and water, and simmer for 2½ to
, or until tender. Serve in bowls
s the cheese to sprinkle over top.
bout 6 servings.

Pocatello, Idaho

asants are among the most beau-
ds. Even the relatively dull ring-
cock is worth a long look, and he
compare with his splendid cousin,
en pheasant.

e the lovely ring-neck is plucked,
e disappointing. He gets a lot of
and being killed probably fright-
, so he is often tough. The French
und this by letting a pheasant
til he develops the odor of ripe
but their palates have followed a
t course of development from
ours. Americans usually like to
p the bird in a marinade. *Chef*
verbeck of Pomona prepares ten-
sant and delicious gravy by start-
a wine marinade. Here are his
ions:

NT IN WINE

- easants cut into leg section, breast, and back
- ttle (⅘ qt.) dry red wine
- ps pheasant stock (directions follow)
- und salt pork
- p butter
- aspoon sugar
- all whole onions, peeled
- all whole mushrooms
- p brandy
- aspoon thyme
- y leaf
- blespoon chopped parsley
- blespoon butter
- blespoons flour
- ild rice with pine nuts (recipe follows)

g sections and breast pieces in a
owl and pour wine over them.
te two days in refrigerator, but re-
d drain several hours before cook-
e the marinade. Prepare a stock
e back pieces (directions follow).

e marinated pheasant pieces. Cut

"Americans usually like to soften up the bird . . ."

the salt pork into small cubes and put into a Dutch oven; cook, stirring until most of the fat is rendered out. Remove pork-pieces with a slotted spoon and drain on paper towels. Discard about half the rendered fat, add the ¼ cup butter to pan and brown the pheasant over medium high heat.

Remove the pheasant, add sugar and onions to fat and brown onions lightly. Add mushrooms, and return pheasant and salt pork to the mixture. Pour half the brandy over, heat the rest in a metal cup, ignite, and pour in. Add thyme, bay, parsley, wine marinade, and pheasant stock. Cover and simmer about 45 minutes, or until tender.

When pheasant is tender, remove it together with vegetables and pork to a serving dish and keep warm. Reduce broth to one half by boiling rapidly. In a small pan, melt the 1 tablespoon butter and mix in the flour. Stir over medium heat until flour is lightly browned, then add stock slowly, stirring to remove any lumps. Bring to a boil and cook 1 minute. Serve separately with pheasant and wild rice mixture. Makes 4 servings.

Pheasant Stock. Put backs and giblets, if available, in a large saucepan along with 1 onion, quartered, 1 carrot, cut in 1-inch lengths, 1 stalk celery, cut in 1-inch lengths, 2 sprigs parsley, 1 teaspoon salt, and ¼ teaspoon pepper. Add 2 cups water and simmer gently over low heat for about 2 hours.

Wild Rice with Pine Nuts. Prepare about ¾ cup wild rice according to instructions on the package, but substitute regular-strength chicken broth for the water and salt called for. When rice is cooked, lightly brown ¼ cup pine nuts in 1 tablespoon butter and stir into cooked rice.

Pomona, Calif.

A certain coterie among the *Chefs* likes to experiment with sauerkraut. This fermented cabbage turns up with some frequency paired with fat fowl. Just a year ago this month, *Chef* R. L. Norris gave us his Bulgarian Turkey. The following month, *Chef* John C. Martz suggested his Well Stuffed Duckling. Boyd C. Borrill of Santa Cruz, California, noticed and appreciated those dishes. Here is his variation of them:

DUCK AND KRAUT BORRILL

- 5 to 6-pound duckling, cut in quarters
- ½ cup diced onion
- 1 can (1 lb.) sauerkraut, drained
- 1 large tart cooking apple, cored and coarsely sliced (do not peel)
- 1 teaspoon caraway seed

In a Dutch oven over medium heat, brown the duck, with skin side down, cooking until the pieces give up most of their fat, about 45 minutes. Remove duck,

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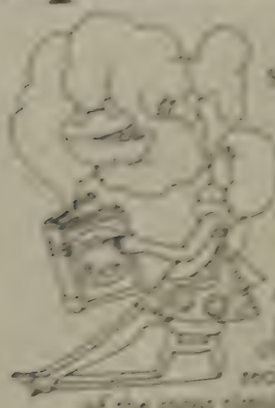
Don't let a recipe's reputation browbeat you



Some recipes are like famous people. You hear so much about them in advance, they scare you off. When you get to know them, you find they are really very easy to get along with! Let our new Betty Crocker Cookbook make the introductions.

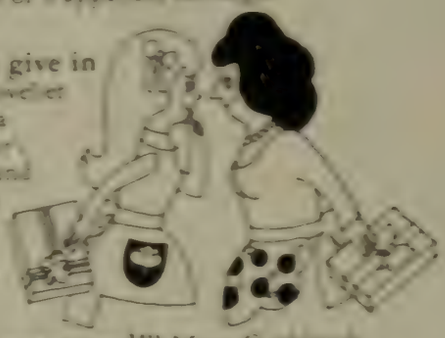
It's a bright, clever up-to-date version of our *Picture Cookbook*, and it premieres this month. We've filled it with color and photographs, step-by-step pictures, charts and tips. And we think its 1500 imaginative recipes will instill culinary courage in the hearts of the most timid cooks! For example:

What's so scary about Quiche Lorraine?
(Keesh-Lorain!) Only its name. Just think of it as custard pie! This continental classic is delightfully hearty—and so versatile it can be a main dish or an appetizer. But it's easy as pie when you start with our tender, flaky Pie Crust Mix!

- 1 package Betty Crocker Pie Crust Mix
- 12 slices bacon (about ½ pound), crisply fried and crumbled
- 1 cup shredded natural Swiss cheese (4 ounces)
- ⅓ cup minced onion
- 4 eggs
- 2 cups whipping cream or light cream (20%)
- ½ teaspoon salt
- ½ teaspoon sugar
- ⅛ teaspoon cayenne red pepper

Heat oven to 425°. Prepare pastry for 9-inch one-crust pie as directed on package. Sprinkle bacon, cheese and onion in pastry-lined pie pan. Beat eggs slightly; beat in remaining ingredients. Pour cream mixture into pie pan. Bake 15 minutes. Reduce oven temperature to 300° and bake 40 minutes longer or until knife inserted 1 inch from edge comes out clean. Let stand 10 minutes before cutting. Serve in wedges. Makes 6 main-dish servings or 8 appetizer servings.

The Christmas present you give in advance. There could be no loveliier gift for bride or gourmet than a bright new copy of *Betty Crocker Cookbook*. Give it to her early, and she might bake your Christmas "Thank you!" Look for our introductory offer on specially marked packages of Cheerios.



"I'd try any recipe—if I could see to read!" More Cookbook News—This for homemakers who are handicapped by limited vision. Cooking With Betty Crocker Mixes, *Large Type Edition*. It includes actual package directions—and it's FREE! If you know a "retired" cook who's lost her way to get back to her kitchen, write Betty Crocker of General Mills, Dept. 515D, Minneapolis, Minnesota 55440. Offer expires March 1, 1970.

Take courage! Don't be afraid to try any recipe. The worst that can happen is that you'll have to eat what you make!

Betty Crocker
OF GENERAL MILLS

Fermented cabbage paired w

pour off all but about 2 tables
drippings, then add onion an
caraway, stir, and lay duck
the mixture. Cover and co
heat until duck is tender, a
often. Remove duck to a se
and keep warm. Stir sauerkr
pan with a slotted spoon
around duck to serve. Mak

Boyd B.

Santa C

Hominy is not for everyone.
it is perhaps acquired, perha
you already like it or have
any, then try this interest
by *Chef* George Phillips. H
of a large mealy kernel maka
read quickly on.

Chef Phillips speaks of this a
an Oriental accent. So it
only at the ingredient list
flavor of the yellow hominy
at definite Mexican overtones.
to substitute white hominy
flavor and texture are not

HOMINY ORIENTAL

- 1 can (about 1 lb.) yellow hominy
- 6 dried Japanese forest mushrooms
- ½ cup finely chopped onion
- ½ cup finely chopped green pepper
- 2 tablespoons butter or margarine
- ⅛ teaspoon pepper
- ⅛ teaspoon monosodium glutamate
- 1 tablespoon soy sauce
- 1 tablespoon saké
- Salt

Pour hominy into colander and
to drain thoroughly. Soak and
mushrooms for use as directed
package; dice. Sauté onion, green
and mushrooms in butter until
Stir in hominy, pepper, monosodium
tamate, soy sauce, and salt; add
taste if needed. Stir over high heat
or 3 minutes, or until thoroughly
heated through. Serve immediately.
Makes about 4 servings.

Hugh

toge

If we put any more pumpkin in our pie it'd bubble all over your oven

w from Johnston's - 8 Frozen Tart Shells in a package, light and flaky as our famous Johnston's pie crusts.

Beef as served by famous California restaurants

SAN FRANCISCO COMMERCIAL CLUB
465 CALIFORNIA STREET
SAN FRANCISCO, CALIFORNIA

One of the oldest businessmen's clubs, founded in 1851, whose motto is "For the Good of Our City." Under the management of John W. Bennett, it is the focal point for civic meetings and superior luncheons. Many of the fine beef dishes are seldom served at home. To ensure their quality, the club consistently buys prize beef at livestock expositions. This year's Grand National Livestock Exposition will be held October 24 to November 2 in the Cow Palace, San Francisco.

BRAISED OXTAIL JOINTS BOURGEOISE

2 teaspoons salt
2 tablespoons flour
5 pounds oxtails cut in joints
5 tablespoons oil
1 medium size onion
1 small carrot
1 stalk celery
1 clove garlic
¾ cup burgundy
2 cups beef stock or water
½ bay leaf
½ teaspoon crushed black pepper

Salt and flour oxtail joints. Brown in hot oil in shallow pan. Add coarsely diced onion, carrot, celery and crushed garlic. Cook 5 minutes, then transfer into 5-quart pot. Pour off fat and add wine to drippings sticking to pan. Cook to reduce wine to half, then pour over oxtail. Add stock, bay leaf and pepper. Cover. Simmer 2 hours or until beef is tender. Remove oxtail. Cook sauce until right consistency. Season to taste, then strain over beef. Makes 6 servings.

Today Beef is Better

For More Beef Recipes Write to:
CALIFORNIA BEEF COUNCIL
463 Brewster Ave.
Redwood City, Calif. 94063

Slices *of home-dried persimmons make unusual, decorative, good-tasting c*

Your own dried persimmons

The drying of persimmons serves two purposes: First, if you have a persimmon tree, it effectively preserves some of the crop. Second, it provides you with a tasty confection for eating out of hand (and a unique addition to food gift packages for the holidays), or for cutting in small pieces and using as you would raisins or dates in such baked foods as cookies, quick breads, cakes, or muffins.

In flavor and texture, dried persimmons are totally unlike the fresh fruit. There is absolutely no astringency, and they taste like a composite of dried figs, prunes, and dates. The texture is slightly firm, slightly moist, and—althou—not sticky. The drying fruit t its golden color to a deep, redd brown color, and is a little fi denser than dates.

The technique of sun-drying pe though long familiar in the O never been common here, perhap we don't have a reliable stretch days after the fruit is ready. however, an alternative solut a simply constructed box equip two 100-watt light bulbs. In th can dry as many as two dozen simmons in about three days.

Peel off *the thin persimmon skin. Leave calyx in place; it supports the drying fruit*

Slip a noose *under calyx; draw hold firmly. Two fruits go on s*

YOU CAN BAKE GREAT DATE BREAD.

H YES YOU CAN!)

ou need is an egg. Water. And e help from our Pillsbury "Oh you can" quick bread mixes. en bake like you've never baked re. Great Date Bread. With that le homemade crack on the top. ler, moist Date Bread. With lots ump, fancy dates.

s the kind of bread you'll be d to put on the breakfast table. erve with coffee. Or send off in ch box.

the kind of bread that's so to bake you'll wonder why you r tried it before.

yes you will.

Or a great Date Holiday Fruit Cake

1 egg
1 cup water
1 package (17 oz.) Pillsbury Date Bread Mix
1½ cups chopped candied fruit
1 cup chopped pecans
½ cup raisins

Oven 350° 1 Fruit Cake

In a bowl, combine egg, water. Add dry bread mix, candied fruit, pecans, and raisins. Stir 50 to 75 strokes until combined. Turn into 1½ quart mold, generously greased and lightly floured on bottom only.

Bake at 350° for 80 to 90 minutes until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pan. Glaze with warm corn syrup and garnish with candied fruit, if desired. Cool before slicing.

Or great Banana Nut Rounds
(They make great gifts)

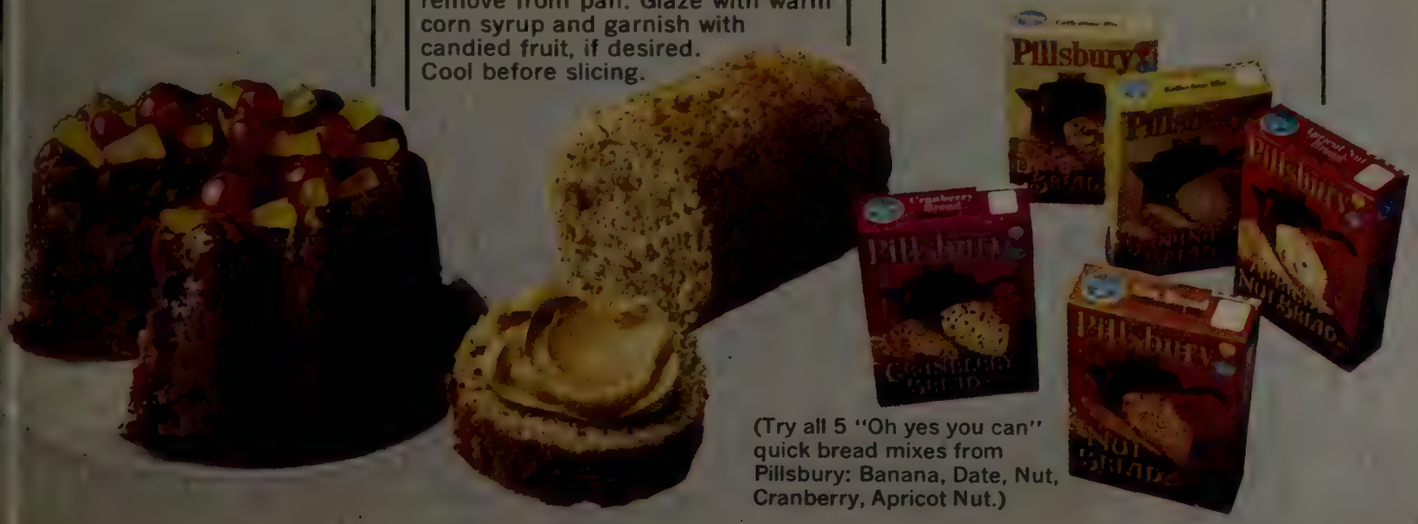
1 egg
1 cup water
1 package (15½ oz.) Pillsbury Banana Bread Mix
½ cup chopped peanuts, pecans, or walnuts

Oven 375° 4 Rounds

In a bowl, combine egg, water. Add dry bread mix and chopped nuts. Stir 50 to 75 strokes until moistened. Turn into 4 soup cans, greased and floured on bottom only.

Bake at 375° for 30 to 35 minutes until toothpick inserted in center comes out clean. Cool 10 minutes; remove from cans. Cool.

Serve with Peanut Butter-Honey Spread: combine ½ cup peanut butter with 3 Tbsp. honey.



(Try all 5 "Oh yes you can" quick bread mixes from Pillsbury: Banana, Date, Nut, Cranberry, Apricot Nut.)

Gift Pack #3 (shown) $7.50 postage paid

Send something unusual from California

This super deluxe gift pack of Lindsay Olives offers an assortment of the choicest, tastiest hand-picked olives available from California groves. Included are 8 cans of green & black pitted & unpitted juicy olives, 2 bottles of finest cocktail olives and an 8 oz. bottle of purest olive oil. Ideal for buffets, cocktails, snacks, salads and cooking. To order, send names, addresses and check or money order to **Consolidated Olive Growers, Dept. S, Lindsay, Calif. 93247.** Write for free catalog.

LINDSAY OLIVES

"Fed-up with "movie show" and "ball-park" type pop corn? Try crispy, fluffy, tender, **hulless** Jolly Time — the **different** pop corn that's **special for home popping.** The all-time favorite of real pop corn lovers. Try it. You'll LOVE it.

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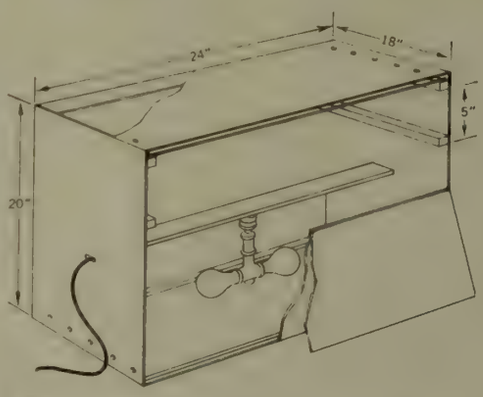
DARROW M. WATT

Loop *paired fruit over pole in drying box. Fruits should not touch. They shrink fast*

also need a thermometer that registers between 100° and 130°; some room thermometers and cooking thermometers cover this range.

THE BOX

Make the top of the box with ¼-inch plywood. Make the sides with the same or with just corrugated cardboard. You need no bottom—just place the box over a sheet of foil. The front side is cut in half, as shown, to give a door. You can



Two *electric light bulbs supply heat for drying persimmons in simple-to-make box*

hinge it with a strip of 1½-inch masking tape. Drill ½-inch holes in the sides and top where indicated.

Nail two 1 by 1's to each end, as shown, to support ⅜-inch hardwood dowels (for hanging fruit). Attach any simple ceiling light fixture that will hold two 100-watt bulbs to a 1 by 3 board; position this board in the box at a height where the light bulbs will be about 2 inches above the bottom.

THE FRUIT

Choose unbruised, fully colored Hachiya persimmons that are firm or just beginning to soften but not soft enough to eat. We used fruit 3 inches in but smaller fruits work as well.

With a small sharp knift (not ca because it discolors fruit), peel simmon thinly up to and sligh the calyx at the stem end of (see photograph at lower left, p The fruit is slippery.

Cut pieces of soft string about long; make a slip knot and loop end. Slip each loop over and calyx of a peeled fruit and gen up securely. Tie as many as 24 these pairs.

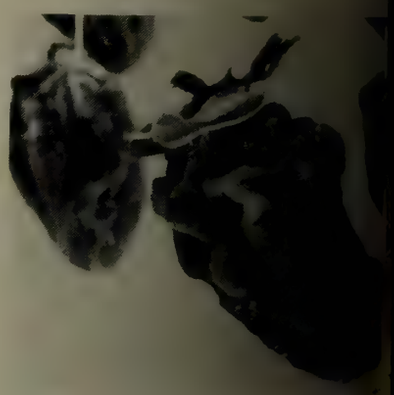
THE DRYING

Place drying box in the house o of foil or newspapers and away f tic temperature changes. Turn Hang each pair of fruit over pended from top rail of box; ha on each side of the light bulb Place one fruit higher than the o place pairs adjacent without touc inch separation).

Place thermometer on light bulb close box, then check in about To increase heat, block vent hol of box; or to decrease heat, ch bulb to 75 watts. You want to m temperature of 110° to 120°. Ch once or twice a day; and if n rotate fruit positions so those bulbs do not darken excessively.

After three days for large fruit to two and a half days for sma the persimmons should be shriv below), no longer feeling or lookin an even red-gold-brown color th (cut to test), and with a mild, d flavor. The fruit can scorch in so taste if you suspect this p and move fruit or reduce heat.

Remove strings from fruit, but calyx. Store in airtight plastic canisters in the refrigerator for months, or freeze. The fruit may room temperature. You can eat simmons now, or use them in foods. But if you let the fruit a refrigerator for six to eight week whiten attractively with a sur cumulation of natural sugars.



Dried *Hachiya persimmons are considerably in size. These are rea*

INTRODUCING: THE VERY DRESSY DRESSING.

Prepare two 6 oz. packages of Uncle Ben's® LONG GRAIN & WILD Rice, according to package directions, adding two chicken bouillon cubes to the cooking water.

Meanwhile, saute 1½ cups diced celery, ½ cup chopped onion, and liver from turkey (cut in small pieces) in 3 tablespoons butter.

Add to cooked rice mixture along with two 4 oz. jars drained button mushrooms. Makes about 8 cups dressing, enough for a 10 lb. turkey.

Uncle Ben's LONG GRAIN & WILD Rice. A one-of-a-kind blend of rices and spices.

UNCLE BEN'S

COOKING WITH Kellogg's

marshmallow treats

Make 'em crunchy with Kellogg's Rice Krispies —then collect 25¢ from Snap! Crackle! Pop!

Once again you're invited to make Marshmallow Treats and collect a quarter for your fun. Just send your name and address to: Marshmallow Treats, P.O. Box 1970, Marion, Ohio 43302; and include the refund form from specially-marked packages of Kellogg's® Rice Krispies® cereal (6-oz. or larger), and brand name and weight cut from a marshmallow package (6-oz. or larger), or label from a marshmallow creme jar. Your 25¢ will be mailed back promptly.

(Offer limited to one per family and expires May 31, 1970.) Each family's request must be mailed separately. All others will be returned. Sorry, we cannot honor multiple requests.

¼ cup regular margarine or butter
6-10 ounces regular marshmallows (about 40) or 4 cups miniature marshmallows
5 cups KELLOGG'S RICE KRISPIES cereal

1. Melt margarine in 3-quart saucepan. Add marshmallows and cook over low heat, stirring constantly, until marshmallows are melted and mixture is syrupy. Remove from heat.

2. Add Rice Krispies cereal and stir until well-coated.

3. Press warm mixture evenly and firmly into buttered 13 x 9 x 2-inch pan. Cut into squares when cool.

Yield: 24 squares, 2 x 2 inches

Note: About 2 cups marshmallow creme may be substituted for marshmallows. Add to melted margarine and cook over low heat about 5 minutes, stirring constantly. Proceed as directed in step number 2 above.

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Offer, subject to change or withdrawal, is good in the U. S. and in Puerto Rico, except where prohibited, licensed, regulated, or taxed.

Almond chick
with rice

Classically French in origin and
tion, this chicken dish has Chin
tones. Dried Oriental forest m
contribute a remarkably savory
flavor; crisp salted almonds ad
texture and handsome finish.

ALMOND CHICKEN WITH RICE

- 1 package (about ⅓ oz.) dried for
  mushrooms
- ⅔ cup warm water
- 1 large broiler-fryer chicken (about
  cut up
- ¼ cup flour
- 3 tablespoons salad oil
- 1 large onion, thinly sliced
- 1 clove garlic, minced or mashed
- 1 cup regular-strength chicken bro
- 1 medium-sized tomato, peeled an
- 1 tablespoon sugar
- 4 teaspoons soy sauce
- ⅛ teaspoon pepper
- 3½ ounces (⅔ cup) whole almonds,
- 1 egg white, slightly beaten
- 1 teaspoon coarse (kosher-style)
  or regular salt
- About 3 cups hot cooked rice

Rinse mushrooms and soak in
water for at least 20 minutes.
serve soaking water. Cut out
discard; slice mushroom caps in
strips; set aside.

Roll chicken in flour until coa
off excess flour and reserve. He
in large frying pan (one that
lid) and sauté chicken in oil ove
high heat until evenly brow
pieces to bowl as they are brow

Reduce heat to medium, add on
and cook, stirring occasionally,
limp and golden. Return chick
with garlic, broth, tomato, sug
rooms, soy sauce, and pepp
heat to low, cover pan, and sim
30 minutes, or until chicken i

Meanwhile stir almonds in eg
til thoroughly coated; remove w
spoon and arrange on a grea
baking pan in single layer. Spr
½ teaspoon of the salt and pla
inches from broiler unit un
browned on one side (about
Turn almonds over with a pan
and sprinkle with remaining
under broiler unit until brown
side; set aside.

To serve, spoon hot rice onto se
ter. Remove chicken and arr
rice; cover with foil and set
oven. Blend mushroom liqui
served flour; stir into pan ju
stirring, until mixture boils an
spoon over chicken. Sprinkle alm
all and serve. Makes 4 serving

Stouffer's could make
Macaroni and Cheese with only one
kind of cheese instead of two.

Or save a few cents by not aging
the Cheddar a full nine months.

Or use powdered milk.

Stouffer's doesn't do any of that.
Because then it wouldn't be Stouffer's
Frozen Macaroni and Cheese.

For the people you love,
Stouffer's plays it straight.

Stouffer's
Frozen Prepared Foods

COOKING WITH Kellogg's

marshmallow treats

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Almond chicken with rice

Classically French in origin and com tion, this chicken dish has Chinese u tones. Dried Oriental forest mushr contribute a remarkably savory scen flavor; crisp salted almonds add cru texture and handsome finish.

ALMOND CHICKEN WITH RICE

- 1 package (about ⅓ oz.) dried forest mushrooms
- ⅔ cup warm water
- 1 large broiler-fryer chicken (about 3 lb.) cut up
- ¼ cup flour
- 3 tablespoons salad oil
- 1 large onion, thinly sliced
- 1 clove garlic, minced or mashed
- 1 cup regular-strength chicken broth
- 1 medium-sized tomato, peeled and dice
- 1 tablespoon sugar
- 4 teaspoons soy sauce
- ⅛ teaspoon pepper
- 3½ ounces (⅔ cup) whole almonds, blanch
- 1 egg white, slightly beaten
- 1 teaspoon coarse (kosher-style) or regular salt
- About 3 cups hot cooked rice

Rinse mushrooms and soak in the w water for at least 20 minutes. Drain serve soaking water. Cut out stems discard; slice mushroom caps into ¼ strips; set aside.

Roll chicken in flour until coated; s off excess flour and reserve. Heat sala in large frying pan (one that has a lid) and sauté chicken in oil over med high heat until evenly brown; re pieces to bowl as they are browned.

Reduce heat to medium, add onion to and cook, stirring occasionally, until limp and golden. Return chicken to with garlic, broth, tomato, sugar, m rooms, soy sauce, and pepper. Re heat to low, cover pan, and simmer 30 minutes, or until chicken is tend

Meanwhile stir almonds in egg whi til thoroughly coated; remove with sl spoon and arrange on a greased sh baking pan in single layer. Sprinkle ½ teaspoon of the salt and place abo inches from broiler unit until ri browned on one side (about 4 minu Turn almonds over with a pancake tu and sprinkle with remaining salt; b under broiler unit until brown on se side; set aside.

To serve, spoon hot rice onto serving p ter. Remove chicken and arrange rice; cover with foil and set in a oven. Blend mushroom liquid with served flour; stir into pan juices. C stirring, until mixture boils and thick spoon over chicken. Sprinkle almonds all and serve. Makes 4 servings.

Stouffer's could make Macaroni and Cheese with only one kind of cheese instead of two.

Or save a few cents by not aging the Cheddar a full nine months.

Or use powdered milk.

Stouffer's doesn't do any of that. Because then it wouldn't be Stouffer's Frozen Macaroni and Cheese.

For the people you love, Stouffer's plays it straight.

Stouffer's

Frozen Prepared Foods

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Division of Litton Industr

New menu book is for meal planners and party planners ... breakfast to supper

Thanksgiving Dinner Buffet *menu suggests how to prepare this bountiful array*

GLENN CHRISTIANSEN

Much more than just a collection of ipes, the new *Sunset Menu Cook B* is a meal planning guide. In 208 pag describes menus and meal planning i for breakfasts and brunches, lunches, ners and suppers. These include fa meals and—especially—entertai either a few friends or a large group.

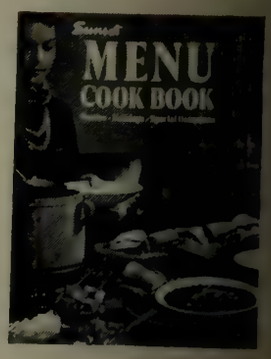
The book regroups party and di menus featured in *Sunset Magazin* recent years. Not only has each re been tested separately, but each n has been tested for compatibility flavors and overall workability. T menus range from suggestions for con nents going into a picnic basket to q elaborate recipes for an elegant di party. But almost all menus contain s saving ideas, suggestions for make-al preparations, and plans to organize t so dishes are ready simultaneously.

Most menus in the new *Sunset M Cook Book* are widely adaptable; a are very specific. Some, for instance, presented with one nationality in m Indian Buffet, German-American Tha giving, Greek Easter Barbecue; or f special occasion: Valentine's Day Lu con, Tea for Mother's Day, Fourt July Neighborhood Barbecue; or f meal to accompany a particular foo Dinner Featuring a Duck, Crab S Luncheon, Lamb Fondue.

Christmas Dinner Spanish Style is a t cal menu: Explicit recipes are given an appetizer, a salad, Seville Chicken, Rum Flan. The menu directions sug preparing the flan, salad greens, a tizers, and vegetables for the chicken eral hours before the meal; then roas the chicken in the oven while ser Sherry and appetizers. This dinner quires little last-minute preparation.

The new book winds up with a sectio The Big Party—how to entertain a cr with originality and minimum effort.

Sunset Menu Cook Book is publishe Lane Books, Menlo Park, California. cial advance price is $6.95; after Dec ber 31, $7.95.



Gourmet dishes start with Gourmet Spices from Schilling.

good cook hangs up her medals for all to see. ow upon row of Gourmet Herbs and Spices in show-off canter bottles. Why don't you add something exotic your Schilling collection next time you shop?

BOEUF LAFFITE

- 2 pounds top sirloin
- ½ cup flour
- 1 bunch green onions, cut into 1" pieces
- ½ pound fresh mushrooms, sliced
- 4 tablespoons butter
- 2 tablespoons oil
- 1 tablespoon Schilling Bon Appetit
- ½ teaspoon Schilling Garlic Powder
- ½ teaspoon Schilling Cracked Black Pepper
- 2 teaspoons Schilling Paprika
- 2 teaspoons Schilling Italian Seasoning
- Dash Schilling Nutmeg
- 1 teaspoon sugar
- 2 teaspoons Schilling Beef Flavor Base
- ¼ cup lemon juice
- ½ cup red table wine
- 1 green pepper, cut into large pieces
- 12 cherry tomatoes, cut in half
- ¼ cup brandy, heated

Cut meat into ½ x ½ x 2-in. strips; coat with flour. In large skillet, sauté onions and mushrooms in butter 2 min. Remove to plate. Add oil to skillet and sauté meat about 3 min. Combine the next 8 ingredients and sprinkle over meat. Add lemon juice, wine, sautéed vegetables, green pepper and tomatoes. Mix well. Cover and cook 10 min. When ready to serve, flame with heated brandy. Serve over noodles or rice. Serves 6.

Every good cook has a hang up.

Please send me mine—a beautiful, traditional satin-finish wood spice rack, designed especially to show off Schilling Gourmet Spices. 3 shelves (spices not included). 16" long x 2½" deep x 16½" high. Enclosed find $5 (check or money order). Offer void where prohibited by law.

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P. O. Box 335, Dept. TR
San Francisco, Calif. 94101

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Address _____

City & State _____ Zip _____

Schilling flavor makes all the difference in the world.

Marrow Spoon. *Slender tool, wider at one end, made of horn or metal. Use to dislodge and draw out succulent bits of marrow in bony dishes such as veal Osso Buco—or stew. Cost: $1 up*

Strawberry Huller. *Gouge small pincher beneath hull of clamp tight and pull. This gadget is easier and faster than a knife and gentler on the strawberries, too. From 1*

Citrus Peeler. *This hook is made of horn; others of metal may be incorporated in more elaborate knives, or in deluxe pocket knives. Breaks through peel; saves fingernails. Starts at 75 cents*

At 15 cents to $1, each makes you wonder how you did without it

These small tools are made to poke and pry with purpose, and even though their use is not always obvious, or the need for them frequent, they are helpful—as you can see. Prices vary considerably, and surprisingly so do styles of these simple gadgets. Look for them in fancy cookware shops or household sections of department or hardware stores.

DARROW M. WATT

Universal Key. *Did you ever buy a can of anchovies or sardines and find the key gone? This key, with slotted end, slips onto any twist opening; wind up, then pull key free. Many styles use the same principle. Begins at about 50 cents*

Napoleon was small, too.

The small delicate peas that rival
the French petits pois in flavor

and here's

...r and prevent scorching. In ...ch pie pan, mix hot coconut with ...ge peel and butter; press with a spoon ...n even layer over pan bottom and ... Cover; chill 4 hours or overnight. ...erse pan to rim in hottest tap water ...long enough to melt butter on pan ...ces, then slide coconut shell from ...to a serving dish. Pour in the orange ...n filling, lightly cover, and chill 3 ...s or longer, or until filling is set. Gar- ...with orange slices; cut with a sharp ... Makes 8 to 9 servings.

...ge Cream Filling. In the top of a ...le boiler stir together 1 envelope un- ...red gelatin, ⅓ cup sugar, ½ teaspoon ...d orange peel, 2 beaten eggs, and ...up orange juice. Cook, stirring, over ...ering water until thickened. Cool ...tly and add another ½ cup orange ... and 1 tablespoon lemon juice. Chill ... gelatin thickens slightly. Whip 1 cup ...y cream until stiff and stir into sauce. ...into coconut shell at once.

All America wants to cool it with color.

And Norcold's glad to oblige. With compact refrigerators in six smashing colors for smacky mixes or smoothing matches in family rooms, rec rooms, dens. Red, white, blue, of course; plus: harvest gold, avocado, walnut. Great decorators. Great entertainers. With plenty of storage to satisfy the snacketites of people from every station. Cold buffaloburgers anyone? Now that's the American way. See your local dealer, or write:

NORCOLD Dept. S-2
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A Subsidiary of the Stolle Corporation

Now a completely new Bisquick. Make biscuits even lighter, fluffier than scratch

Exactly what refrigerated biscuit bakers have been waiting for . . . . good scratch results with 3-minute ease.

As you can see below, New Bisquick biscuits proved lighter than scratch in actual weighings at Athens, Georgia. Lighter, fluffier, better eating—because they're made with a lighter flour and a livelier leavening stores don't sell.

Good as they are, New Bisquick biscuits are almost as easy as refrigerated. You just add water and 3 minutes fixing time.

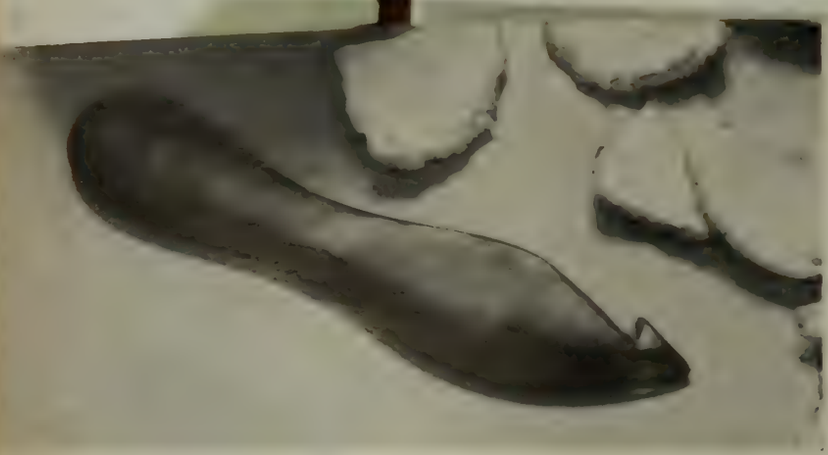
Why make biscuits any other way?

P.S. New Bisquick still makes delicious pancakes, waffles, shortcake and 276 other favorite bakings.

Shown right: New tear-tape package. It zips open . . . inner lining re-seals . . . lid re-closes tight.

them frequent, they are
can see. Prices vary considerably, and surprisingly so do styles of these simple gadgets. Look for them in fancy cookware shops or household sections of department or hardware stores.

DARROW M. W



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GLENN CHRISTIANSEN

ny orange mixture *fills coconut pie*

Mexican pie with coconut

ut fanciers will delight in the abun- of sweet toasted coconut flakes in this Mexican-style dessert. In co it is called a pudding, but it looks like a pie.

coconut, blended with butter, is d into a pie pan, making a thick When chilled, the butter makes the rigid enough for removal from the o more attractive service.

TED COCONUT PIE

package (7 oz.) flaked coconut
teaspoon grated orange peel
tablespoons melted butter
Orange cream filling (recipe follows)
Peeled fresh orange slices

d coconut on a large rimmed baking and lightly toast in a 350° oven for 15 minutes, stirring frequently to color even and prevent scorching. In ch pie pan, mix hot coconut with e peel and butter; press with a spoon even layer over pan bottom and Cover; chill 4 hours or overnight.

erse pan to rim in hottest tap water long enough to melt butter on pan ces, then slide coconut shell from o a serving dish. Pour in the orange filling, lightly cover, and chill 3 or longer, or until filling is set. Gar- with orange slices; cut with a sharp . Makes 8 to 9 servings.

ge Cream Filling. In the top of a le boiler stir together 1 envelope un- red gelatin, ⅓ cup sugar, ½ teaspoon d orange peel, 2 beaten eggs, and p orange juice. Cook, stirring, over ering water until thickened. Cool ly and add another ½ cup orange and 1 tablespoon lemon juice. Chill gelatin thickens slightly. Whip 1 cup y cream until stiff and stir into sauce. into coconut shell at once.

all about
FONDUE

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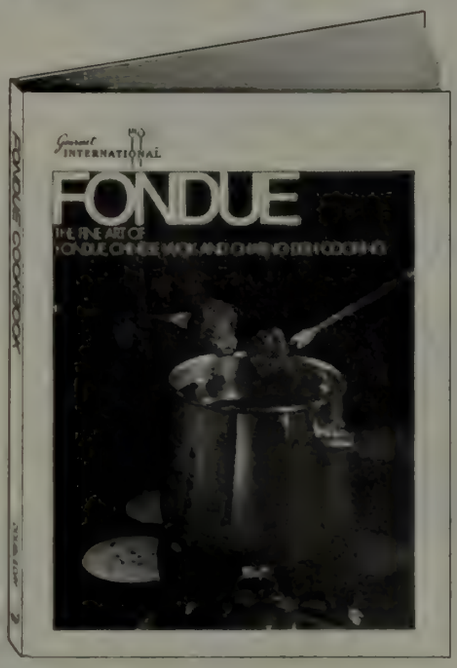

Gourmet Entertaining

This new full color, hard bound 7½" x 10¼" cookbook is just in time for holiday entertaining or gift giving. This beautiful new book covers:
Appetizers, soups and chowders, entrees, desserts, beverages, sauces, syrups, rice and pasta, crêpes, pancakes and blintzes—complete gourmet meals—sections on Chinese Wok and Chafing Dish Cooking. Become an expert in table top cooking.

Send $3.95 in Money Order or check to Gourmet International,
P.O. Box 48271, Niles, Illinois 60648
and receive your book by return mail.

All America wants to cool it with color.

And Norcold's glad to oblige. With compact refrigerators in six smashing colors for smacky mixes or smoothing matches in family rooms, rec rooms, dens. Red, white, blue, of course; plus: harvest gold, avocado, walnut. Great decorators. Great entertainers. With plenty of storage to satisfy the snacketites of people from every station. Cold buffaloburgers anyone? Now that's the American way. See your local dealer, or write:

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EARLY CALIFORNIA® OLIVES GOBBLE! GOBBLE! GOBBLE!

ALSO FROM EARLY CALIFORN

Gourmet Holiday Ideas By Edie Co

CHERRY SUNDAE An easy take-off on Pears Helene: arrange in dessert bowls sliced winter pears and chocolate ice cream balls. Top with Cherry Bowl Brand Maraschino Cherries, halved, and drizzle over cherry syrup.

DRAMATIC VEGETABLE PLATTER For Thanksgiving or festive dinners, place a hot cooked whole cauliflower on a serving dish and surround with hot Italian-style green beans. Pour over Girard's Original French Dressing and sprinkle with oregano and chopped parsley.

Toasted cabbage . . . just plain good

and simple dishes have a way of per- in the most complex cuisines just se they are good. The old Hungarian of "toasting" cabbage, for example, ound dull, but in fact the transfor- n of this humble vegetable through nd gentle sautéeing into a rich, sub- vored dish is a remarkable process.

ed cabbage is good just as it comes the pan, intended (traditionally and) to accompany various pork dishes e in the role of a relish than as a ntional vegetable. It is also the be- g of another quite interesting dish: d cabbage pancakes. The cabbage orporated into a thin crêpe batter. ancakes are filled with sour cream, l, and served much as you would a ble-starch dish.

the cabbage mixture and the pan- can be made several days ahead.

TED CABBAGE, HUNGARIAN STYLE

ve core from 1 large head (about 3 reen cabbage and finely chop the ge. Mix cabbage with 1 tablespoon nd let stand at room temperature least 30 minutes. Place cabbage in ander and rinse briefly under cold ng water, then squeeze out liquid.

½ cup (¼ lb.) butter in a wide fry- an and add cabbage. Cook, uncov- over medium low heat for about 30 es, stirring frequently. When cab- becomes limp and turns a brighter add 3 tablespoons sugar and about aspoon fresh ground pepper. Con- cooking until cabbage takes on an r color and a few particles begin to lightly and look crisp; frequently ently.

cabbage hot with mild flavored en- such as roast pork or chicken—or with scrambled eggs. If made ahead, and chill; reheat in a frying pan noderate heat; or use in the pancake that follows. Makes about 3½ cups o 8 servings.

TED CABBAGE PANCAKES

cups milk
eggs
teaspoon salt
tablespoons sugar
cup regular all-purpose flour
cup cold toasted cabbage
Butter
About 2 cups sour cream
Chopped parsley or dill weed

bine milk, eggs, salt, sugar, and flour lender; cover and whirl smooth. (Or the ingredients together with a wire or mixer until smooth.) Stir cabbage he batter.

To make each pancake, lightly rub a 6-inch crêpe pan or frying pan with butter and place over moderately low heat. Pour about 3 tablespoons of the batter into the pan, gently shaking and tilting to distribute batter and cabbage evenly. Cook until top surface looks set and dry.

Because these pancakes are quite fragile and tear easily, they need special care in turning: Run the edge of a wide spatula around edge of the pancake, then gently invert pan over inverted spatula, catching the pancake on the back of the spatula; slip uncooked surface of pancake back into pan and brown lightly. Turn cakes out of pan and stack as they are cooked. Wrap and chill. Makes about 16 pancakes.

To serve cabbage pancakes, allow 2 or 3 for a portion, and assemble as many as desired at one time by spooning 1 to 2 tablespoons sour cream down the center of each pancake; roll to enclose the filling. Place pancakes, seam down, side by side in a shallow baking dish. Cover and bake in a 400° oven for 20 minutes or until quite hot through. If you wish, spoon on additional sour cream as a garnish and sprinkle with parsley or dill weed.

For brunch or lunch, you might accompany the pancakes with crisp bacon and tomato wedges, or hot cooked sausages and dill pickles, or cold sliced poultry. For dinner, serve the pancakes with pork chops, pork roast, smoked pork chops, or roast chicken.

UNCANNY NUT PRICES

Introducing uncanned nuts from Circus. Good, fresh nuts that cost you less to buy, because the package costs us less to make.

You get the same amount of nuts, the same choice selected number one grade, without paying the price of a tin can.

And you get the freshest nuts in town. All Circus Nuts are vacuum packed at the peak of freshness in a special foil pouch. They stay fresh, because there's less air inside to make them stale. We think it would be the best package in town, even if it didn't cost less than a can.

Circus: for people who'd rather save money on good fresh nuts than spend it on a can.

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YOU PAY FOR THE NUTS, NOT FOR A CAN.

FLAV-R-PAC

Have a green and gold "happening" in minutes!

FLAV-R-PAC Frozen Broccoli Spears . . . one package

FLAV-R-PAC Corn . . . one package, one and one-half cups from poly bag defrosted, or one can drained.

Cook Broccoli and Corn according to package or can directions. Place on serving dish as pictured, topping with pimento. Serve hot.

YOU'LL SEE THIS U.S.D.A. GRADE A FANCY SHIELD ON FLAV-R-PAC

NORTH PACIFIC CANNERS & PACKERS, INC. Portland, Oregon 97202

DARROW M. WATT

The crisp rice *makes a cloud of steam when hot soup is poured over*

Singing rice . . . rehearse it first

ng rice adds the dimension of sound ning. The golden crisp-fried rice clus- sizzle and sing when hot soups or d foods are poured over them. We est you try it with a first course soup sweet-and-sour main dish for a small r party.

d China singing rice was prepared by g the dried crust left in rice pots. In updated version you simply cook the and dry it before frying.

ough it is easy to prepare, you must the singing rice at least a day ahead, plan a menu that allows you to de- a final 5 minutes to frying the rice finishing the soup or sauce dish. Have guests seated when you bring the g hot rice to the table; then pour the hot soup or seafood in sauce so 'll hear it sing.

You may want to rehearse by positioning fryer and basket, thermometer, serving vessels, and pot holders. Visualize to yourself how to transfer both the rice and its accompaniment from range to prewarmed serving dishes to table.

Here are instructions for the rice to be served with either Mandarin Mushroom Soup or Sweet-and-Sour Shrimp and Scallops (recipes follow).

To prepare singing fried rice: A day or more in advance, combine 1 cup long-grained rice, 4 cups water, and 2 teaspoons salt in a 2-quart saucepan. Let stand ½ hour. Bring to a boil, cover, and simmer 30 minutes. Drain; spread evenly on a heavily greased cooky sheet. Bake in a 250° oven for about 8 hours, opening the oven door occasionally and turning rice with a spatula. Break the crusty rice

Colonial is a Holiday Mood

Just to show you what we mean, try a beautiful *Floracandle* combination like this for your holiday decor — red or gold holder, green or red candle, and a life-like Cape Cod Holly ring — all in one package. It's our No. 2020C and it makes a perfect gift, yet sells for only $4.95.

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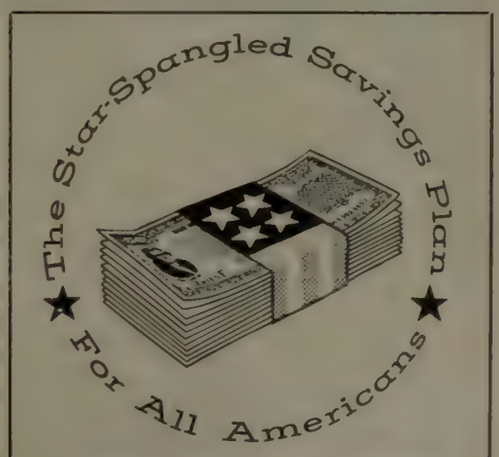

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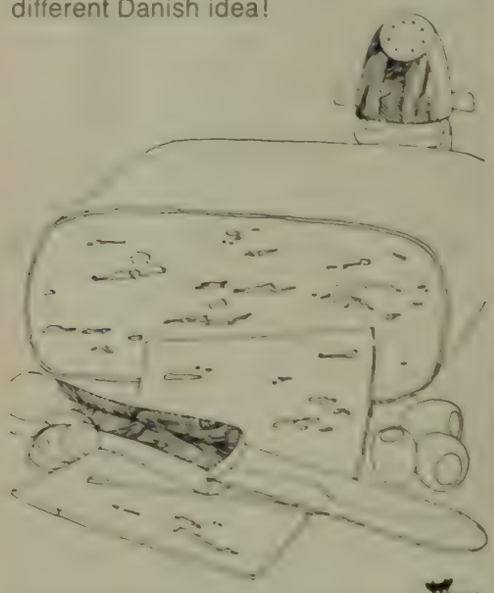

Cheeses from the Fairyland Dairyland of Denmark

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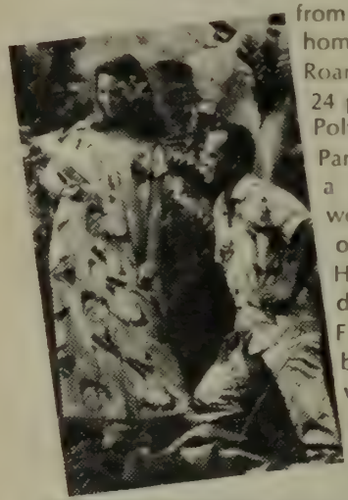

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into bite-sized pieces. You can store rice in airtight containers or bags in your refrigerator for several weeks.

Just before serving time, turn on oven to 250° and warm the serving platter or soup tureen; also heat a bowl or pitcher to bring the accompanying food to the table. Pour salad oil about 2 inches deep in a 6-quart saucepan or deep-fat fryer with a basket; heat to 425°. Fry rice (stirring with a slotted spoon) until it is golden brown, about 4 minutes. Drain briefly; transfer to warmed serving platter or soup bowl (see following recipes). Bring to the table, and immediately pour the hot soup or entrée over the rice.

MANDARIN MUSHROOM SOUP

- 2 cans (about 13 oz. *each*) regular strength chicken broth
- ⅓ pound lean pork, finely diced
- 1 garlic clove, crushed
- 1 tablespoon soy sauce
- ¼ cup *each* sliced fresh mushrooms, sliced water chestnuts, and frozen green peas
- 1 recipe singing fried rice

Pour chicken broth into a 1½-quart saucepan; add pork, garlic, and soy sauce and simmer for 10 minutes. Remove garlic and add mushrooms, water chestnuts, and peas. Simmer 2 minutes more. Turn into a warm heatproof pitcher or bowl with a pouring lip; keep hot. Fry the rice crust as directed above and turn half of it into a preheated 1½-quart serving bowl. Carry the soup and the tureen of rice to the table and quickly pour soup over the hot rice. Serve remaining fried rice in a small bowl as an accompaniment to the soup. Makes 4 to 6 servings.

To plan a small dinner party around this sweet-and-sour entrée you might with a creamy chicken soup; then a marinated cucumber salad wi main course.

SWEET-AND-SOUR SHRIMP AND SCALLOPS

- 1 cup sugar
- 3 tablespoons cornstarch
- 1 cup rice wine vinegar (or ⅔ cup whit wine vinegar with ⅓ cup chicken broth)
- ¼ cup soy sauce
- 1 teaspoon grated fresh ginger (or ¼ teaspoon ground ginger)
- 2 garlic cloves, finely minced or mashe
- ¼ cup shortening or salad oil
- 1 pound *each* fresh shrimp (shelled an deveined) and scallops (cut in halv
- 2 green peppers, seeded and diced
- 2 red bell peppers, seeded and diced (or 4-oz. can whole pimientos, dice
- 2 carrots, thinly sliced
- 2 bunches green onions, in 1-inch piece
- 1 can (8½ oz.) bamboo shoots, diced
- 1 recipe singing fried rice

Mix sugar, cornstarch, vinegar, so ger, and garlic; set aside. Heat shor or salad oil in a 12-inch frying pa high heat. Add shrimp and scallo and fry 3 minutes. Remove to a Add to frying pan the green and re pers, carrots, and white part of stir and fry 2 minutes. Stir vinega ture and pour into frying pan with s scallops, onion tops, and bamboo Stir until mixture boils and thicke

Turn into warm bowl, cover, and s warm oven.

Fry singing rice as directed above immediately onto the warm servin ter, and bring to table. Pour hot s and scallops over hot rice. Ma servings.

DARROW M. WATT

Quickly fry *the singing rice in deep fat, then serve at once*

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DARROW

Lavish-looking *pastry strip begins with purchased frozen dough; fruit and chees*

Dazzling Danish pastry . . . from frozen puff patties and fruit

Puff pastry combines a multitude of paper-thin layers in a crisp pastry that obviously requires hours of tedious labor—if you start from scratch. However, you can still make elaborate pastries, like the following Danish-type confections and eliminate the time-consuming preliminaries when you begin with frozen puff patty shells and add some very simple dried fruit and nut fillings.

PRUNE AND ALMOND DANISH PASTRY

- 1 package (10 oz.) frozen puff patty shells
- 1 cup pitted dried prunes, cut in halves
- 1 tablespoon sugar
- 3 tablespoons water
- ¾ cup blanched almonds, finely chopped
- ⅓ cup sugar
- ½ teaspoon almond extract
- Powdered sugar glaze (recipe follows)

On a large rimmed baking sheet place the frozen patties (either side up) in 2 rows side by side, touching, and let stand until thawed, about 20 minutes.

For the filling combine prunes, the 1 tablespoon sugar, and water in a small saucepan. Simmer, stirring occasionally, until liquid is mostly absorbed. Le

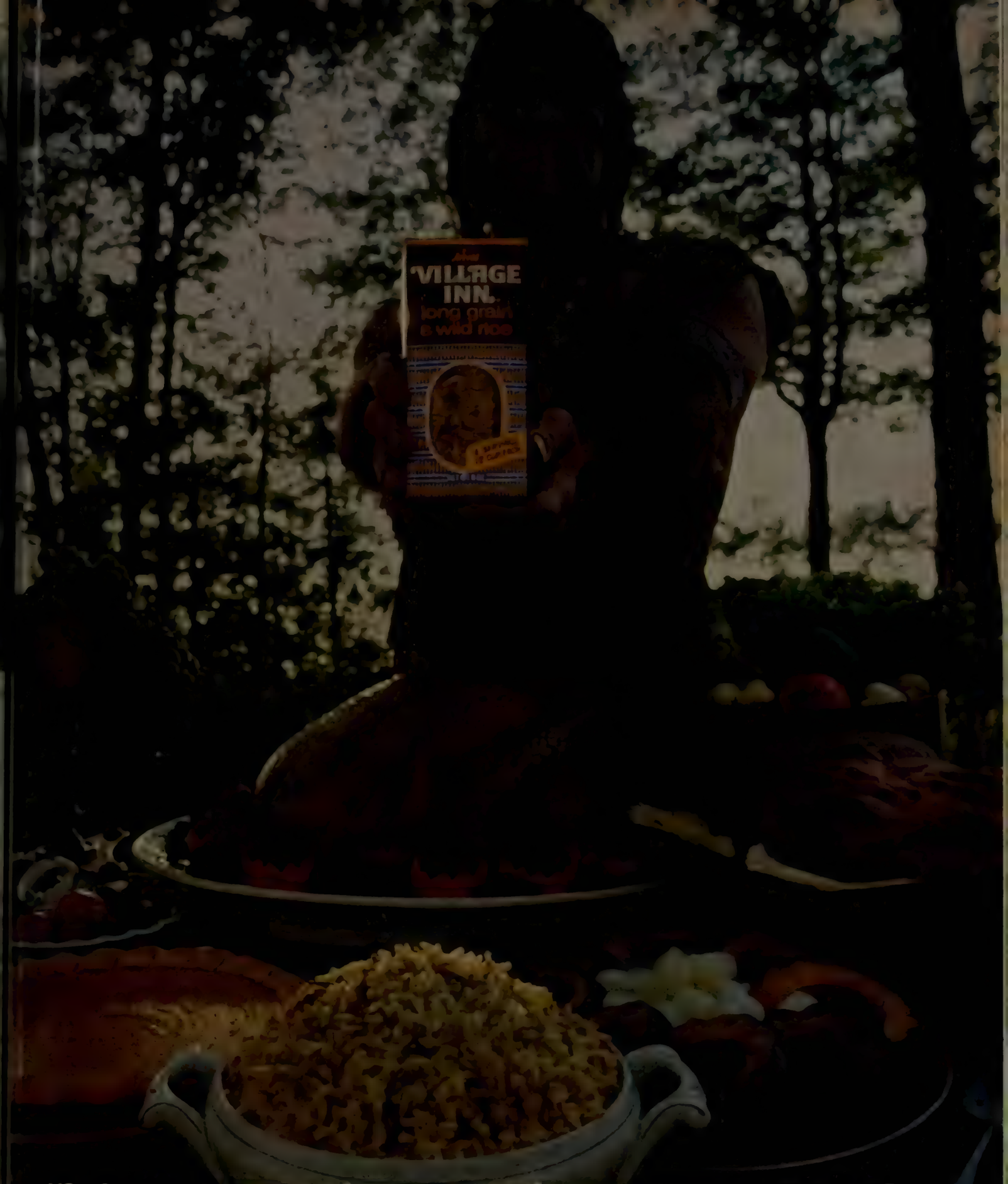
Mix the almonds, the ⅓ cup sug almond extract and set aside. L brush surface of patty shells wit (or dust a rolling pin cover with and roll out dough to about 10 by ches; the shape can be irregular.

Distribute about ⅔ of the almon ture down the 12-inch length of the within 2 inches of the long sides prunes up along each edge of the With the aid of a wide spatula, l edge of the pastry over the pru cover fruit. Strew the remaining a mixture down the center of the pa

Bake in a 450° oven for 18 to 20 m or until pastry is well browned; a or 3 times, pat up fat extruded by l pastry with paper towels to redu tendency to scorch or smoke.

Transfer hot pastry with wide spat a serving tray and drizzle with the dered sugar glaze. Serve hot or col in strips. Makes 8 servings.

Powdered sugar glaze. Mix ⅔ cup u



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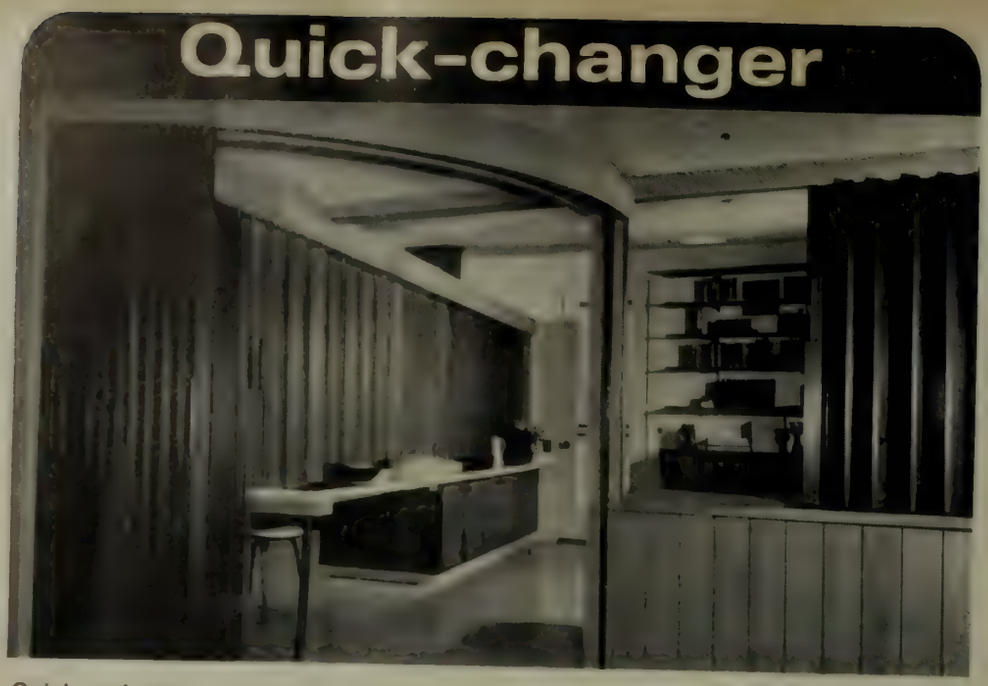
Take the Chief's advice: serve Village Inn Long Grain & Wild Rice at your tribe's next dinner or holiday get-together. Even your papooses will love it!

Quick-changer



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DARROW

Roll *thawed puff patties, placed cl gether, to make freely formed rec*

Enclose *fruit with pastry to protect baking heat; guide dough with s*

powdered sugar with about 3 teas water to make an icing to drizzle.

APRICOT AND CHEESE DANISH PA

Follow recipe for Prune and Al Danish Pastry, with these variation

Instead of prunes cook ¾ cup dried cots with 2 tablespoons sugar and tablespoons water until liquid is a absorbed.

In place of the almonds, combine 2 packages (3 oz. *each)* cream cheese the ⅓ cup sugar, reduce almond e to ¼ teaspoon, and add 3 tables flour and ½ teaspoon grated lemon Stir mixture until blended. Asse bake, glaze and serve.

DATE AND PECAN DANISH PASTRY

Shape the puff patty shells as direct the Prune and Almond Danish P Instead of the prune and almond f mix together 1 cup pecans, finely cho 1 cup prepared sugar-coated cho dates; ¼ cup sugar; ½ teaspoon g lemon peel; and 1 small package (cream cheese, diced. Spoon all the down the center of the pastry. Fold try edges over the sides of the fi Bake, glaze, and serve.

To fix this turkey and stuffing, you won't have to work like a Pilgrim.

NORBEST "Tender-Timed" Turkey with WILD RICE·A·RONI dressing.

Prepare 2 pkgs. Wild Rice-A-Roni as directed. You may add any 1 or 2 of the following: 1 large can sliced mushrooms, 1 cup finely chopped celery, ½ lb. browned sausage meat, 6 slices bacon, browned and crushed. Allow to cool. Stuff and truss 10-12 lb. Norbest Tender-Timed Turkey.

The Norbest *Tender-Timer* stem pops out . . . *tells you when it's done.* Thoroughly cooked, yet moist and tender! And even more delicious when you add *Wild Rice-A-Roni* dressing. Thanksgiving has come a long way since Plymouth Rock.

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Chocolate crust, *chocolate filling, shaved chocolate curls make this cheesecake d*

It's a less wicked cheesecake

Curiously, this lavish chocolate cheesecake is less rich than many of its cheesecake counterparts—sour cream is used here in an unusually high proportion, instead of cream cheese. The sour cream also contributes to the uniquely light, smooth, almost custardlike consistency and the cool, faintly piquant flavor.

You have a choice of making a large or small cake with the same recipe.

DOUBLE CHOCOLATE CHEESECAKE

- 4 eggs
- 1½ cups sugar
- 6 tablespoons cocoa
- 1 teaspoon vanilla
- 2 large packages (8 oz. size) cream cheese
- 4 cups (2 pts.) sour cream
- Chocolate crust (recipe follows)
- Cream topping (recipe follows)
- 1 or 2-ounce piece semisweet chocolate

In a blender combine eggs, sugar, cocoa, vanilla, and 1 package of cream cheese. Cover and whirl until very smooth; pour about half of the mixture into a bowl. Add remaining cream cheese to blender, cover, and whirl until smooth. Stir sour cream smoothly with cheese mixture in the bowl, then blend in remaining cheese mixture. (If using an electric mixer, beat cheese until smooth, then mix in sugar, cocoa, vanilla, and eggs—one at a time—then the sour cream.)

Pour chocolate batter into the chocolate crust in a cheesecake pan. Bake in a 350° oven for 1 hour and 20 minutes, or until edge is set and dull in color, while a about 4 inches in diameter in cen still glossy looking.

Cool, cover, and chill thoroughly.

Remove pan rim and set cake on a s dish. Pile the cream topping in the of the cake. Grate chocolate or shav a vegetable peeler and strew ove cream. Cut in wedges. Makes 12 servings.—*J. S., Monte Serrano, C*

Chocolate Crust. In a 9-inch chee pan (with removable bottom or s release sides) blend about 2 cups crushed chocolate wafer cooky c (an 8½-oz. package of cookies) w cup sugar, ¼ teaspoon cinnamon, tablespoons melted butter. With a s press crumbs over bottom and up 3 i around pan side.

Cream Topping. In the small bowl electric mixer, cream 1 small packa oz.) cream cheese until soft, then g ally add ½ cup whipping cream a at high speed until mixture is the co ency of stiffly whipped cream. Bl ¼ cup powdered sugar and 1 table creme de cacao or a coffee-flavored li such as Kahlúa. Cover and chill ready to use.

To make a half-size Double Cho Cheesecake, prepare half the filling half the crust; bake in a 9 by 1¼-in pan at 350° for 30 minutes. Chill, top with a full recipe of cream to and grated chocolate. Serves 6 to 8.

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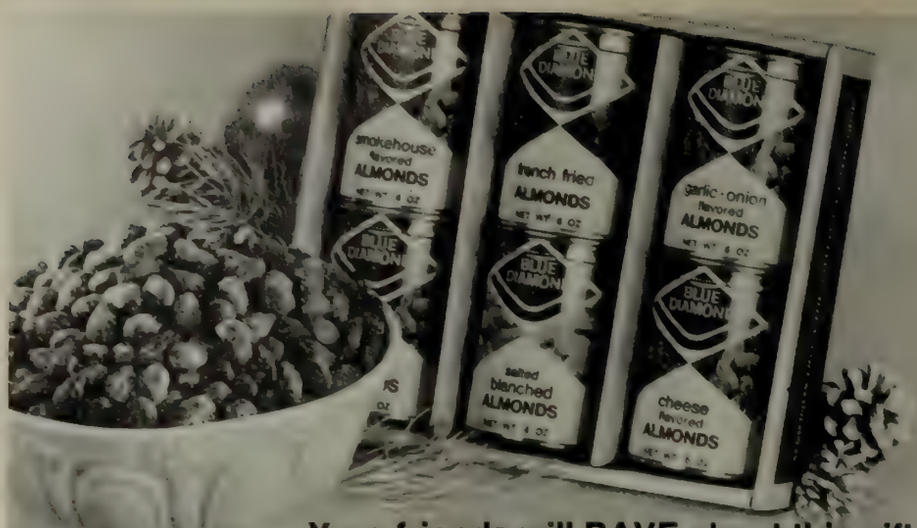

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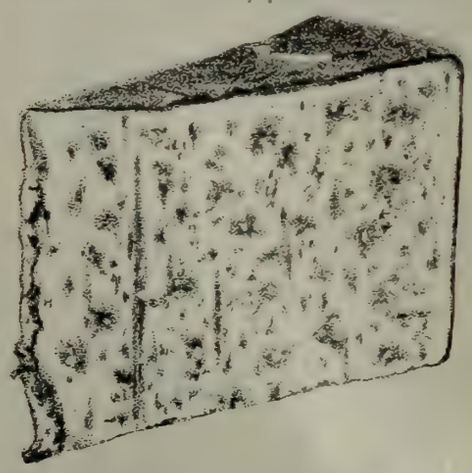

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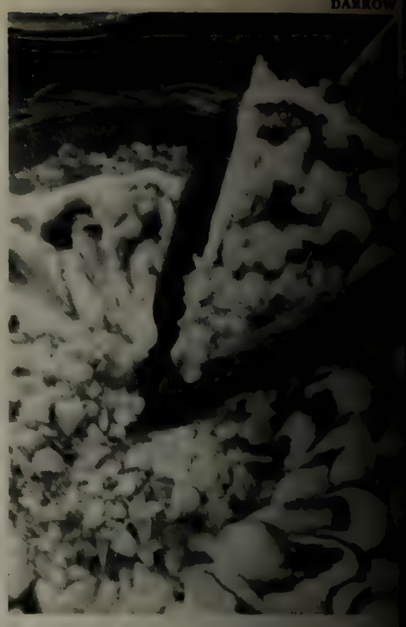

Bright red swirls *and chunky nuts* *handsome finish to this ice cream*

Let's end up w ice cream pie

Each of these four attractive ice pies has a distinctive character, b remarkably simple ingredients. quick to make and appropriate party dessert, each must be ass at least 4 hours before serving. the making, ice cream must be ju return it to freezer briefly if it m

Chopped macadamia nuts on top coconut crust contribute texture here; tropical fruit punch conc in bright ruby swirls extends t waiian influence.

FRUIT RIPPLE ICE CREAM PIE

Coconut pie crust (recipe follows)
1 quart vanilla ice cream, slightly softened
4 tablespoons red tropical fruit punch concentrate (thaw if frozen)
¼ cup chopped salted macadamia nut

Prepare the coconut crust and co oughly. Spoon about half of the ic evenly into shell; drizzle with spoons of the fruit punch conc With a knife, swirl the conc through the ice cream. Spoon re ice cream evenly into shell; dri swirl remaining fruit concentrate. and freeze in a 0° freezer until firm 4 hours. Just before serving, with macadamia nuts. Makes 8 s

Coconut Crust. Mix together un bined 1½ cups flaked coconut tablespoons melted butter or ma Press *lightly* and evenly against and sides of 8-inch pie pan. Ba

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oranges and spice

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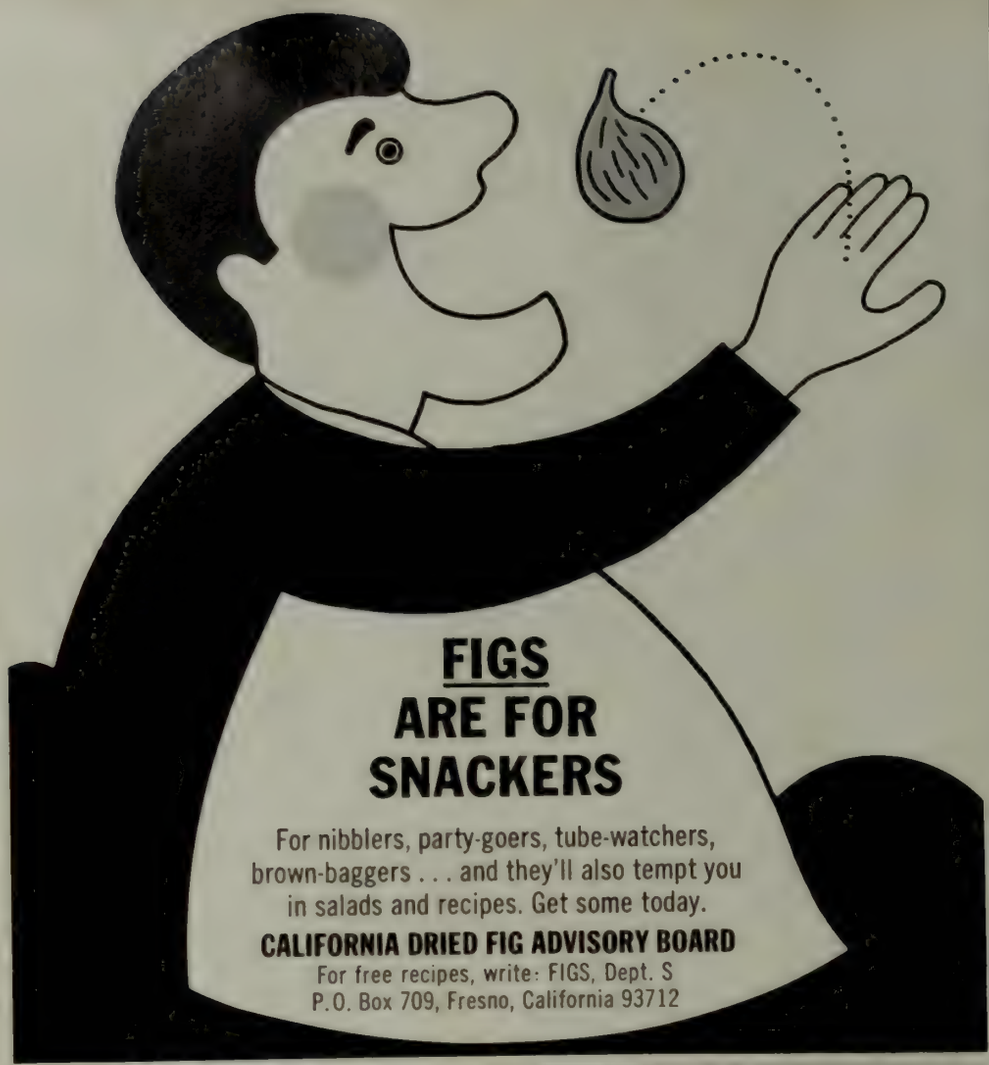

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325° oven until browned, ab
minutes.

The traditional pumpkin flavor g
with vanilla ice cream. Consider t
pie for Thanksgiving dinner.

PUMPKIN SUNDAE PIE

Graham cracker crumb crust
(recipe follows)
2 cups vanilla ice cream, slightly soft
½ pint (1 cup) whipping cream
1⅓ cups canned pumpkin pie mix
Prepared caramel sauce (optional)

Prepare crust and cool thoroughly
ice cream into crust; freeze until
hour). Whip cream until stiff and
pie mix; spoon over ice cream,
top. Cover and freeze until firm (
hours). Pass caramel sauce, if yo
Makes 8 servings.

Graham Cracker Crumb Crust. Bl
gether 1¼ cups graham cracker
and 2 tablespoons sugar; slowly st
cup melted butter. Press mixture
over bottom and sides of 9-inch p
bake in a 350° oven about 8 minut

Chocolate and peanut flavors ar
bined in this rich, crunchy pie.

PEANUT CREAM PIE

Graham cracker crumb crust
(recipe above)
½ cup chunk-style peanut butter
1 quart chocolate ice cream, slightly
softened
¼ cup chopped salted peanuts

Prepare crust and cool thoroughly
together peanut butter and ice
with electric mixer; spoon into
Cover and freeze until firm, a
hours. Sprinkle with peanuts befo
ing. Makes 8 servings.

Intriguingly spicy and appealing
ored with bright bits of candie
this pie is suitable for festive occa

SPICED JEWEL CREAM PIE

Ginger crumb crust (recipe follows)
½ pint (1 cup) whipping cream
⅛ teaspoon *each* ground cardamom,
ginger, and nutmeg
1 quart vanilla ice cream, slightly
softened
2 tablespoons diced candied cherries
2 tablespoons diced candied pineapp
1 tablespoon diced candied orange p
1 tablespoon finely diced candied cit
¼ cup crushed peppermint-stick candy

Prepare crust and cool well. In
bowl whip cream until stiff; fold in
mom, ginger, and nutmeg. In
chilled bowl stir ice cream with c
pineapple, orange peel and citron.
whipped cream mixture; spoon int
swirling top. Cover and freeze un
about 4 hours. Sprinkle with
candy before serving. Serves 8.

Ginger Crumb Crust. Blend toget
cups fine ginger cooky crumbs and
melted butter. Press lightly over
and sides of 9-inch pie pan; ba
300° oven until firm, about 10 mi

Fast and easy Coffeetime Idea:

Bake-'em-yourself Pastries from Pillsbury

Everything you need comes right in the package. Poppin' fresh pastry dough. Lots of chunky real-fruit filling. And creamy icing. All you add is fresh home baking. If you can make a pot of coffee, you can make Coffeetime pastries! Try Turnover Pastries and Coffeecake with streusel. Look for them where the fresh things are.

In the deli case.

Apple, Blueberry, and Cherry

Apple Cinnamon, and Cherry

Gingered Topping

Holiday pumpkin pie gains a dashing topping with chopped preserved ginger blended into Imo.

Stir 2 tablespoons finely chopped preserved ginger and 1 tablespoon ginger syrup into ½ cup Imo. Chill for flavors to blend. Then dollop gingered Imo over each wedge of pie.

There's only one IMO

Available in pint and ½ pint sizes. Contains no milk or milk fat solids. And it's made by Rod's, originators of refrigerated dressings. Look for it in the Deli or Milk case.

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IMO is Rod's trademark for its fine food dressing.

Jellies plain and fancy, *using Champagne, wine with pineapple, two wines, Rhi*

A gift from your kitchen: wine jel

Sparkling, jewel-colored wine jellies make festive small gifts for hostesses or neighborhood friends. Also you may want to keep a supply of these delicacies for your own use throughout the holiday season.

The mellow wine flavors of the jellies complement both meats and cheeses. They go well with lamb or pork roasts or poultry. For dessert or with evening coffee serve wine jellies with unsalted crackers and an appropriate cheese—try the Port wine jelly with sharp Cheddar; the Sangría with dry jack or semihard Asiago; and the Champagne and white wine jellies with creamy-textured dessert cheeses like Le Beau Pasteur or grape cheese, or with Bel Paese or Danish Camembert.

Recommended for long-term storage of jellies are the small canning jars with self-sealing lids that you can process in a boiling water bath. All the wine jellies described here can be processed this way except the two-toned Port and Champagne jellies.

Jellies you expect to use within a few months may be stored in other jelly glasses or in inexpensive wine or dessert glasses and sealed with paraffin. For gift-giving the glasses can be covered with clear plastic film, tied with ribbon, and adorned with a sprig of holly or a bow.

The best wines for making jelly are those with a full natural flavor and body, although any wine may be used. Here are some suggestions: For a deep re try a mellow Port such as Ruby Po robust red table wine such as Pin or Zinfandel. For a soft rose jelly, fruity rosé wine like Grenache Ros

To make jelly with the flavor of grapes, try one of the fortified wines, such as Muscat Frontignan vasia Bianca (not the table wine same name), or Black Muscat. Th table wines best for making jelly ar with a faintly sweet or fruity flav Folle Blanche, Malvasia Bianca Rhine or Moselle-type wine. Ber other fruit wines can also be used

Here is a basic recipe followed b fancier variations.

WINE JELLY

1¾ cups (⅘ pt.) wine
3 cups sugar
½ bottle liquid pectin

Mix wine and sugar in top of a boiler. Place over boiling water; st sugar is completely dissolved, a minutes. Remove from heat, bu jelly over hot water. At once stir tin. If foam forms on top, skim it a metal spoon. Pour jelly into sm ning jars or other glasses and seal i of the ways suggested below. Make 4 half-pints.

For long-term storage, fill clean, h ning jars, leaving ½-inch head Wipe top edge of jars clean, an

A tastier turkey, the easy modern way, with real old-time stuffing.

. Stuff your bird with perfectly-seasoned Kellogg's Croutettes Stuffing.

Here's real old-time stuffing that's even tastier than Grandma used to make. So easy to fix, too. You start with Kellogg's® Croutettes® Stuffing Herb Seasoned Crouton's, the modern croutons with the old-fashioned flavor of eight different seasonings. They're made from herb-seasoned bread baked especially for Kellogg's Croutettes, then neatly cubed and slowly oven-toasted. All you do is add liquids and the stuffing is ready to "pop" into your bird.

Festive Suggestion: Most families want more Croutettes Stuffing than their bird will hold, so satisfy 'em all by baking some foil-wrapped "Stuffin' Muffins", too. See easy recipe on Kellogg's Croutettes packages.

2. Roast it golden brown the easy, no-baste way under a "tent" of Reynolds Wrap.

Your turkey browns beautifully, stays moist and tender, when you roast it under a "tent" of Heavy Duty Reynolds Wrap. The foil eliminates the need for basting and prevents oven spattering. And, if you line your roasting pan with Heavy Duty Reynolds Wrap, you'll save yourself a scouring job. What could be easier?

Strong, tear-resistant Reynolds Wrap is Oven-Tempered for Flexible Strength.

Easy directions for stuffing and roasting on Kellogg's Croutettes packages.

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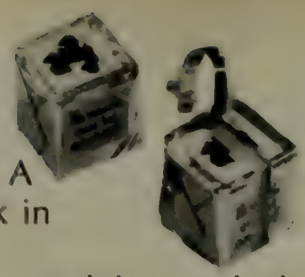

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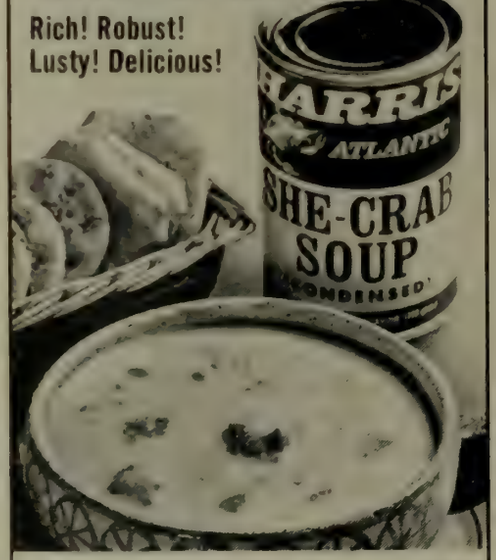

Close as canned-be to the legendary Charleston original. Authentically loaded with lots of the roe from Atlantic She-Crabs. Easy to serve as ordinary condensed soup, just add milk and heat. Four 5-oz. servings per 10½-oz. can.

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scalded self-sealing lids on jars wi
ing compound next to glass. Screw
on firmly. With tongs, lower jars
kettle of rapidly boiling water wit
on the bottom (water should com
above jar tops). Leave them for
utes after the water begins to bo
Cool on a non-metal rack or boar

For short-term storage, pour jelly
sterilized jars or glasses, leaving
½-inch space at top. Wipe jar
above surface of jelly. Cool to roo
perature, then cover with ⅛ inch
melted paraffin.

SANGRÍA JELLY

The Spanish wine cooler, Sangri
gested the name for this garnet-
jelly. You may use any red wine
robust Burgundy or fruity Zinfan
points up the orange flavoring.

Using a vegetable peeler, cut a
long spiral from the thin outer pe
of an orange. Follow recipe for wi
adding the orange peel to the re
before heating. Remove peel just
pouring jelly into jars. Process in a
water bath or seal with paraffin.

WHITE WINE JELLY WITH PINEAPPLE CRESCENTS

Clear white wines show off the e
colored bits of glacé pineapple
added to this jelly. Try a spicy T
or other full-bodied Rhine-type wi
as Sylvaner Riesling.

Make the crescents from 1 gree
pineapple slice, chilled. Slice th
apple horizontally into ⅛-inc
slices, then divide each slice into
Make wine jelly using one of th
wines suggested above; adding e
to wine while heating. Before
jelly, ladle 1 or 2 crescents in
glass. Process in a boiling water
seal with paraffin.

TWO-TONED PORT JELLY

Small slender glasses are best to
two-toned Port jelly, which is ma
two batches of jelly. First you
white wine jelly, adding glacé
and half fill the glasses. When th
layer has jelled, pour over the Po
jelly. Choose a rosy red Port to
ruby-colored jelly. The white
that best complement Port ar
(sweet) Sauternes like a sweet S

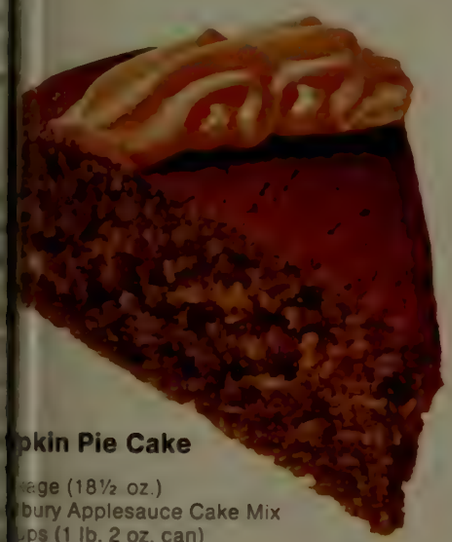
First make a batch of white wi
and while the wine is heating add
cherry for each glass you plan to fi
adding pectin, ladle 1 cherry and
jelly to cover it into the bottom
glass. Keep remaining jelly war
hot water. When jelly in glasses
firm surface (about 20 minutes), p
of jelly over it.

When white wine jelly holds its
glasses are tipped slightly (about
make Port wine jelly. Pour over

The cake mix that doesn't box you in.

bury Create-A-Cake Mix! first cake mix specially e to let you be creative smashing success. Now you can add just ut anything you can k of to Pillsbury batter cluding your favor- Pillsbury Frosting Mixes — to make every e you bake your own original creation.

It's easy. It's fun. (And on days when you don't feel like stirring up a storm, just follow basic package directions.) You'll find helpful suggestions on the package and on tear-off pads at your grocer's. Let yourself go with Pillsbury Create-A-Cake Mix. The mix that doesn't box you in.



pkin Pie Cake

age (18½ oz.)
bury Applesauce Cake Mix
ps (1 lb. 2 oz. can)
mpkin pie mix
water
s

cake mix, pumpkin pie mix, water and until moistened. Beat as directed on ge. Divide batter between two greased and d 9-inch pie pans or pour into one 13 x pan. Bake at 350°F. for 30-35 minutes or lone. Cool completely on wire rack.

f pumpkin pie mix is not available, sub- one can (1 lb.) solid-pack pumpkin, 2½ oons pumpkin pie spice and ½ cup firmly d brown sugar. Prepare as directed above, ing water to ¼ cup.

Poke & Pour Cake

1 package (18½ oz.) Pillsbury White Cake Mix
2 egg whites
1½ cups water
1 package (3 oz.) strawberry, cherry or raspberry gelatin
1 cup boiling water
1 cup cold water

Prepare cake mix following package directions with egg whites and 1½ cups water. Pour into greased and floured 13x9-inch pan. Bake according to package directions. Cool 15 minutes. Meanwhile, prepare gelatin following package directions. With tines of fork, poke holes to bottom of cake at ½-inch intervals. Gently pour gelatin evenly over cake. Refrigerate 3 to 4 hours before serving. Top with whipped cream.

Triple Tasty Fudge Bars

1 package (12½ oz.) Pillsbury Fudge Frosting Mix
1 package (17½ oz.) Pillsbury Fudge Cake Mix
¼ cup water
1 egg
½ cup dairy sour cream
1 package (6 oz.) or 1 cup semi-sweet chocolate pieces.

Prepare frosting mix as directed on package. Combine dry cake mix, ½ cup prepared frosting, water and egg. Stir by hand until cake mix is moistened. Mixture will be stiff. Pat into 13 x 9-inch pan, greased on bottom only. Beat sour cream into remaining frosting; spread over base. Sprinkle with chocolate pieces. Bake at 350°F. for 40-50 minutes. Cool and cut into bars.

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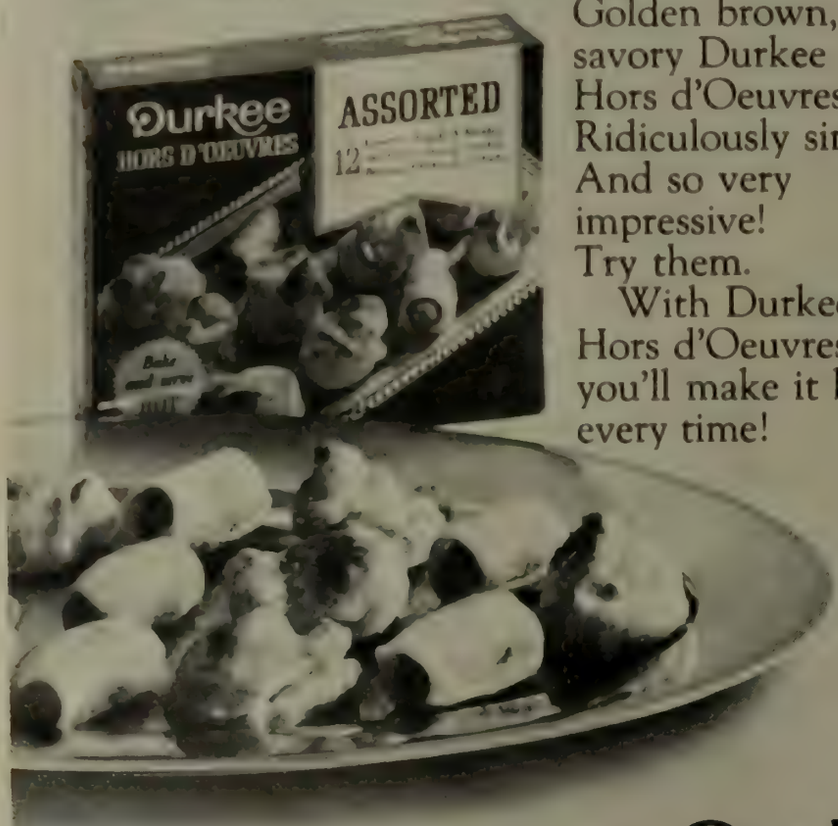
Little French puff pastries. What style... what fun! Picture it: While you dress, these frozen Durkee Hors d'Oeuvres thaw. When your guests arrive, the host fixes the drinks, pops the Hors d'Oeuvres into the oven. As he's serving, you follow regally with the gourmet pièce de résistance.



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Hostess Hint: Try Durkee's new frozen Petite Danish. Delightfully Danish! (And wickedly simple!)

glasses. Seal with paraffin; this jelly not be processed in boiling water.

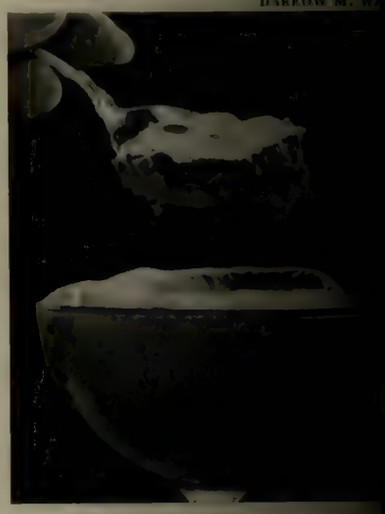
CHAMPAGNE JELLY

Effervescent Champagne makes an gant jelly. In this recipe you wait the jelly is almost firm, then stir b to form bubbles. Choose one of the Champagnes for full flavor.

Follow recipe for wine jelly, using C pagne for the wine. After the pec mixed into the jelly, remove it fro water, cover pan, and let stand at temperature.

It is important to know when the is ready to stir. To test for this wait 2 to 2½ hours, then tilt the p an angle. Pull away the top film fro pan side with a rubber spatula; je ready when it pulls away from si pan. Skim off any foam that has fo Stir vigorously for a couple of secon form bubbles. Pour into Champ glasses or other glasses. Seal with fin; this jelly cannot be processed in ing water. Serve chilled.

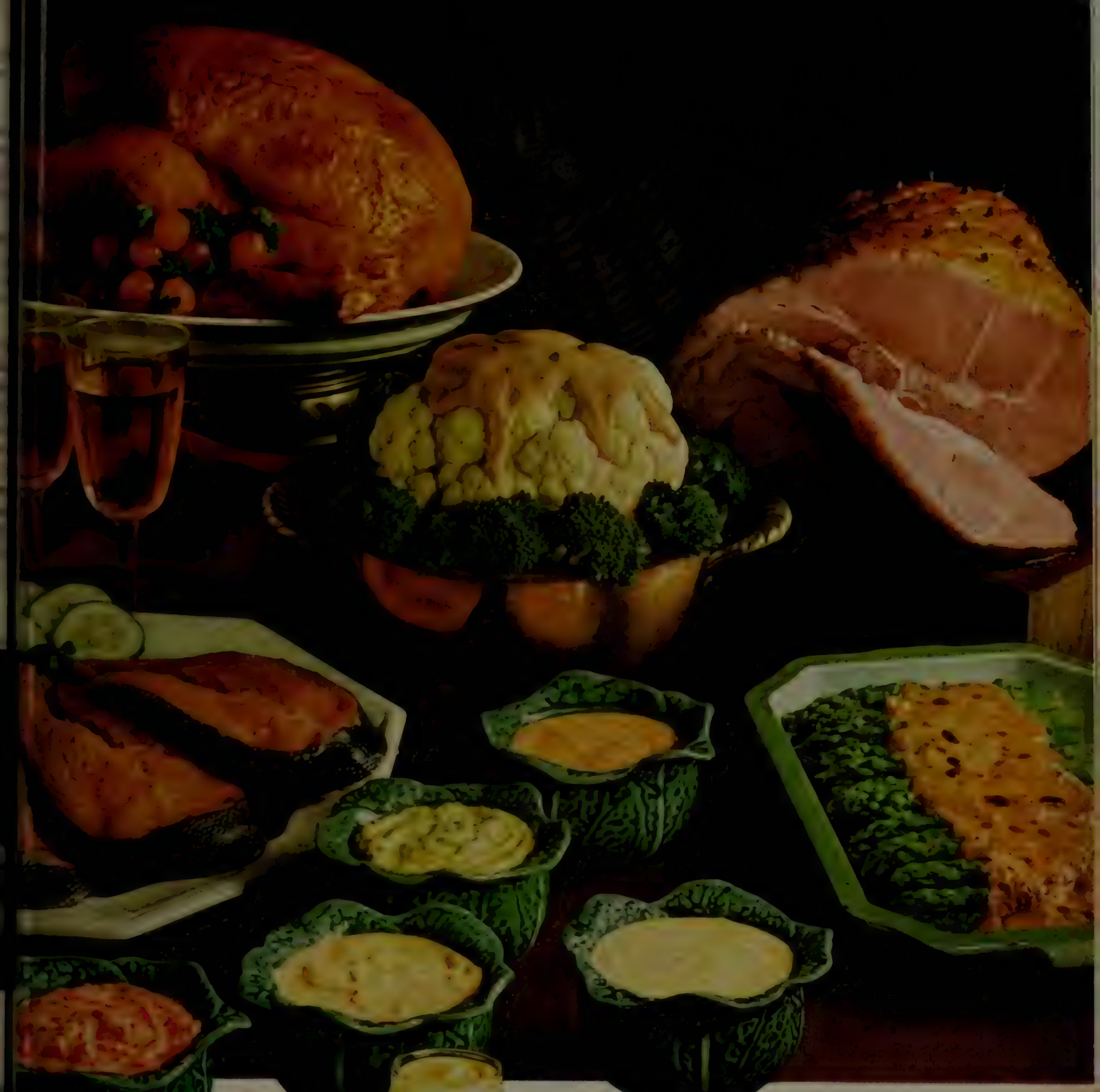
DARROW M. W



Chocolate whip

This frothy chocolate whip is easy prepare. Just allow at least 4 ho to chill before serving.

In the top of a double boiler co bine 3 cups marshmallows (ab 5 oz.), ½ cup milk, and 3 milk ch olate bars with almonds (1⅜ *each).* Stir over hot (not boili water until melted; cool to ro temperature. Whip 1 cup hea cream until stiff *or* whip ⅔ c (5⅓-oz. can) undiluted evapora milk that has been chilled in freezer until crystals form at edg Fold into the chocolate mixtu Pour into six small dessert dis or a prepared 9-inch grah cracker crumb crust. Cover a chill until set, at least 4 hou Makes 6 to 8 servings.—*C. L., V couver, Wash.*



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UM SAUCE

BEST FOODS®
Real Mayonnaise
dairy sour cream
chopped scallions
lespoons soy sauce
poons ground ginger
erve over vegetables.

QUICK GREEN SAUCE

1 cup BEST FOODS Real Mayonnaise
3 tablespoons minced spinach
2 teaspoons lemon juice
1 tablespoon chervil
1 tablespoon tarragon
Blend. Serve with fish.

TART BERRY SAUCE

1 cup BEST FOODS Real Mayonnaise
1/2 cup whole-berry cranberry sauce, crushed
1 teaspoon lemon juice
1/2 teaspoon grated orange rind
Blend. Serve with fowl.

EASY CHEESE SAUCE

1 cup BEST FOODS Real Mayonnaise
1/2 cup milk
1/2 cup shredded Cheddar cheese
1/2 teaspoon paprika
Blend. Warm *and serve over vegetables.

SMOKY MUSTARD SAUCE

1 cup BEST FOODS Real Mayonnaise
1/2 cup dairy sour cream
1/4 cup white wine vinegar
1 teaspoon smoked salt
2 tablespoons mustard with horseradish
Blend. Serve with ham.

*Note: To heat any of these sauces, warm over low heat, 2 to 3 minutes, stirring constantly.

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Roast beefier hash, from Mary Kitchen.
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Mary Kitchen makes hash from fresh roast beef. With all the juices. The way you'd mak it if you had all the time in the world.
FRESH ROASTED BEEF
Hormel

DARROW M. WATT

ary-coated *Danish Ballet cheese spread thinly on unsalted crackers*

Cream cheese with rosemary

ental cheese makers often ripen dessert cheeses in a blanket of to introduce an unusual flavor. they may use rosemary, bay leaves, d black peppers, or fine herbs, we rosemary particularly interesting. technique is one you can duplicate ase.

ubtedly the most difficult task will ling the right cheese. Go to a cheese lty shop and ask for any one of rich Danish, Swedish, or French s: Ballet, crème chantilly, boursin, nsault. All are very high in butter- 0 to 75 per cent). Because they are sive imported cheeses, your cheese may carry only one or two kinds. fy young and unripened cheese. cheese weighs about 5 ounces.

at the cheese, select fresh rosemary he garden (or dry rosemary will do).

SE WITH ROSEMARY

sprigs of fresh rosemary from the n, wash and pat dry, and pull h needles from the stem to make 3 poons (or use 1½ tablespoons dried ary). Pat the rosemary needles into rfaces of a cream dessert cheese (see stions above). Wrap in foil or clear film and refrigerate for one to two Remove from refrigerator and let room temperature half an hour be- erving. Serve on a board with un- crackers.

Turn ho-hum Pot Roast into a swinging supper

...And that goes for your hamburger, lamb stew, and meat loaf, too!

Turn on flavor with a splash of wine. Not just any wine – but Holland House cooking wine. Full-bodied, Imported wines specially selected and seasoned to give your food more wine flavor. Put in zip. Put in zing. Put Holland House cooking wine into a ho-hum dinner and make it swing.

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Western Kitchen

NEWS AND IDEAS

Ductless hoods with washable filters

If you're remodeling the kitchen where an exhaust fan to the outside is impossible, ductless hoods offer a low-cost solution. Now available are easily cleaned, two-speed-fan hoods with a pair of aluminum mesh filters to trap grease and odors. These new hoods eliminate the need for charcoal filters: When the aluminum filters are dirty, they are removed and rinsed in sudsy water, then sprayed with a filter coat adhesive to restore their effectiveness (the spray comes with the hood). The adhesive spray contains ingredients to reduce airborne bacteria and a built-in detergent for efficient coating that absorbs household odors and traps dust. The fans in the units draw air up and away from cabinet and cooking level. The hoods are available in metal finish or can be ordered to match other kitchen appliances. Standard lengths are 30, 36, and 42 inches. Prices start at about $38.

Roasting rack helps the cook

ting the turkey out of the roasting will be easier this Thanksgiving with use of a V-shaped roasting rack. The holds the bird off the surface of the to allow for even roasting. Available ardware stores and houseware depart- ts, such racks come in metal and non- fluorocarbon finish. Because they adjustable (by means of rods that fit notches at the base to prop open the the racks can accommodate chicken, ey, small game birds, or roasts. The s adjust to four positions for roast- or fold flat for broiling.

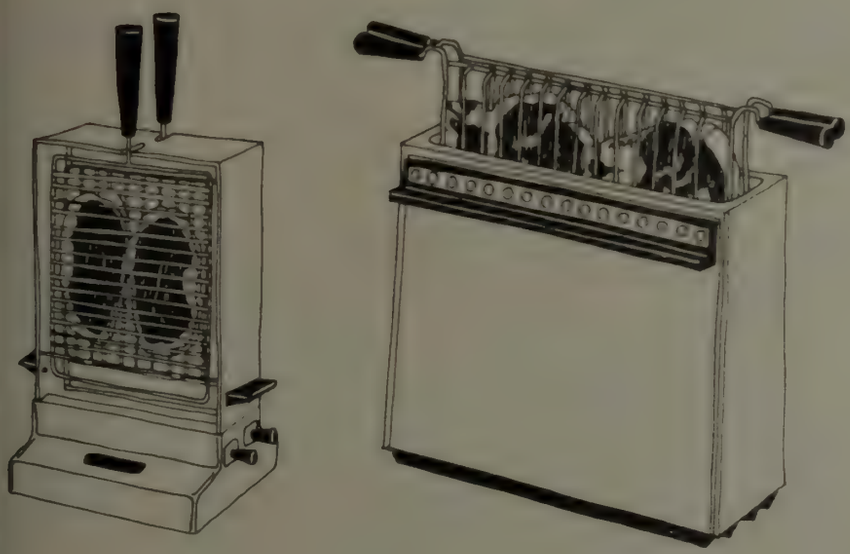
Sliding panels add storage space

Pull-out perforated hardboard panels can solve the problem of storing odd-sized kitchen equipment. The cabinet above the refrigerator provides a convenient and accessible area for platters and molds that are used only occasionally. The panels are mounted in slotted 1 by 1's for easy sliding and adjustable space. Mayta and Jensen were the designers for Mr. and Mrs. George Skou of San Francisco.

DARROW M. WATT

Utensil storage in sliding bin

This arrangement makes graters and strainers easy to reach in a deep drawer below counter level. A center partition gives twice as much hanging space for irregularly shaped equipment, and keeps the equipment close at hand. Mr. and Mrs. Jack Erickson of San Francisco are the owner-designers. Freestanding equipment could be housed in the base of the storage unit.

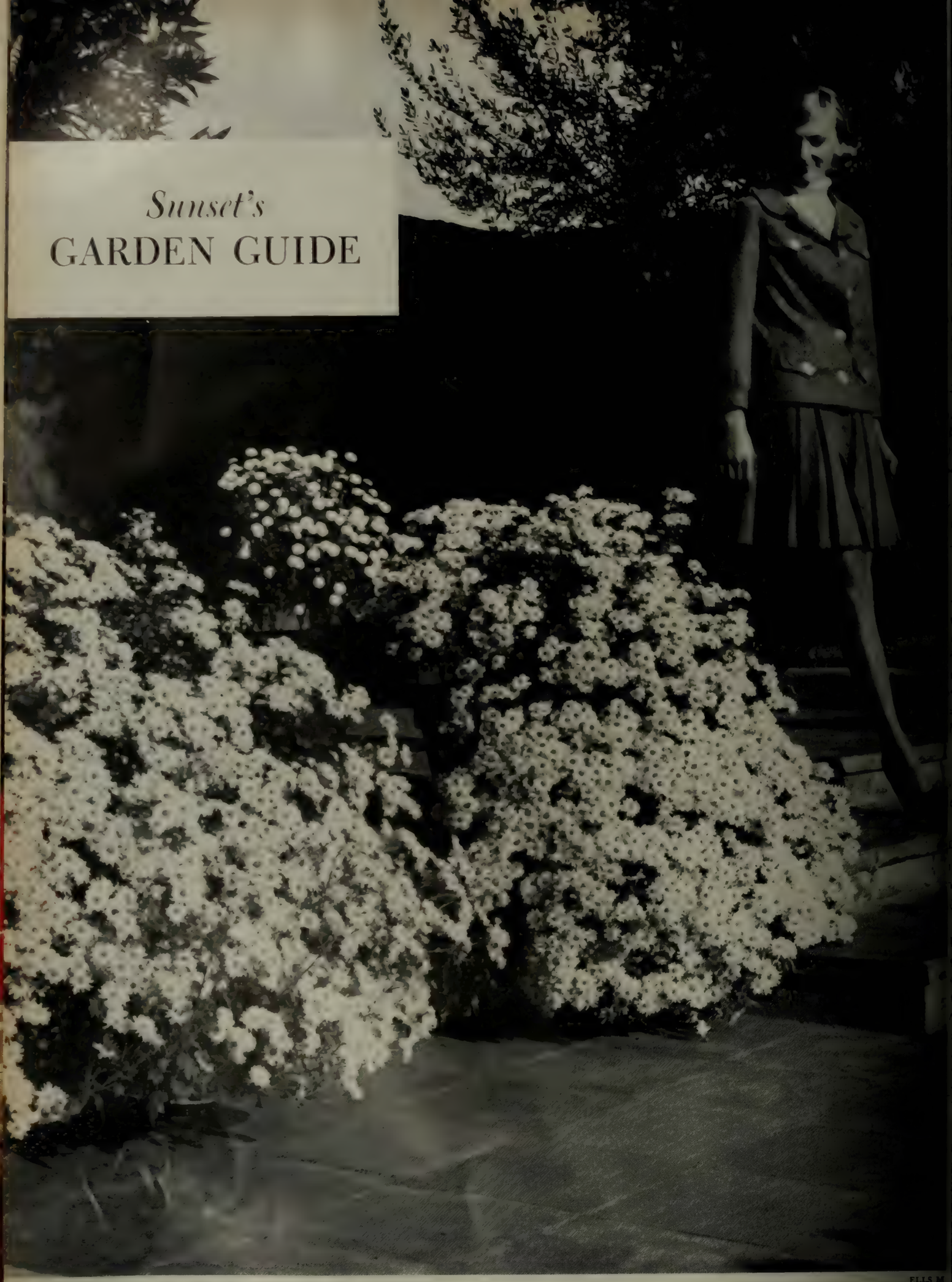


New vertical broilers

For countertop broiling, vertical units are a new development. Relatively smokeless and spatterless, these portable broilers feature grease-collecting drawers that are removed from the cooking elements for easy cleaning. One model operates on the principle of a toaster: Both sides of the meat are cooked at the same time, thus eliminating turning. Another model has twice the capacity but the meat has to be turned. In vertical broiling the meat, fish, or poultry is self-basting, and we've found they're tender and succulent. These portable units are lightweight (less than 15 pounds), compact, and easy to operate. They range in price from $20 to $50.

New containers prevent wilted relishes

An end to limp celery on family outings is in sight. Now there is a container especially designed with an airtight, snap-on lid that allows the celery (or carrots or pickles or green onions) to stand upright and stay fresh and crisp. The airtight lids seal in liquids and aromas. These dishwasher-safe plastic containers cost about 60 to 80 cents.



Sunset's GARDEN GUIDE

It's chrysanthemum time

ELLS M

Cascading chrysanthemums in yellow and white are the attraction at this entry in November. These plants were tra on wire many months before, but you can add color to home with regular mums—in good supply now at nurs

NOVEMBER IN YOUR GARDEN:

Work, for winter is coming . . . you can plan planting ahead

mber can be a puzzle—it's not quite nd not quite winter either. It can e of the pleasantest months of the or winter storms may arrive before e ready for them.

days will be cool, probably between nd 65°, so there should be many opnities for work outdoors unless rain eres. There's lots to do, too, with al garden cleanup heading the list. involves not only raking leaves and twigs but also cutting back perls, removing old flower clusters from s, and staking and tying trees and s to protect them from winter ns.

ou clean up, make a few notes on that need new plants. Nurseries will be receiving shipments of balled urlapped conifers and broad-leafed reens. You'll see pines and spruces make ideal outdoor Christmas trees. odendrons and deciduous azaleas n April will produce spectacular clusof orange, salmon, or yellow flowers. of these plants are easily obtainonly at this time of year.

ght color almost all year

zania ground cover will bloom almost ar if planted in full sun.

pical gazania is orange or yellow, a darker color (usually brown) at the of the petals, and a yellow cushion e center. You'll find flats at nurseries of the year, but this month is an ially good time to plant. Plants set ow will establish themselves and beo cover by next year. Besides yellow range, gazanias are available in red, white, and mixed colors.

nias shut their petals at night, in , or under an overcast sky. Plants y with minimum watering but do with an occasional deep watering.

ping types do not spread as much e trailing variety *(G. uniflora)*. Trailzanias are suited to banks or along ing walls. Plant them 18 to 24 inches plant clumping types 12 inches for best results.

now—plant later

though heavy rains and the resultet soil may delay planting, it's a good idea to buy bare-root plants and balled and burlapped plants just as soon as stocks become available. Just cover the roots with loose, damp soil or wet sawdust until the garden soil can be worked. Nurseries run out of some plants later in the dormant season, but you'll have your plants ready to set out when conditions are favorable.

If you happen to have stored some soil and kept it dry (see next page for one way), you can simply dig a hole in the soggy garden soil and refill around roots with your dry soil. Remember to soak the soil after planting.

Ranunculus for cut flowers

Californians of more than a few years' residence won't need reminding that it's time to plant ranunculus. Newcomers should get to know them: Few plants give so much bright color for so little investment, and few equal them for cutting. Large tubers of some of the newer strains can produce 50 to 75 long-stemmed flowers. Colors range from white and cream through yellow and pink to orange and red, and the semidouble or double flowers may be 3 or even 5 inches across.

Plant the tubers 1 to 2 inches deep and 6 to 8 inches apart: be sure the prongs are down. Principal dangers to plants are rotting of the tubers and bird damage to young shoots. Avoid the former by careful watering; soak planting bed thoroughly after planting, but don't water again until shoots show above ground.

(If weather is very hot and dry, you may have to give an additional watering.)

Use netting to protect shoots from birds; after plants are a few inches high they loose their palatability and birds lose interest in them. After blooming let plants dry out, then dig them, remove tops, and store tubers.

Time to think about roses

Although many roses are still in bloom in parts of California, bare-root season is almost here again. If you plan to add new roses to your garden, you should start preparing now.

Certain older varieties of roses are susceptible to mildew or are shy bloomers. If your garden has any of these, or if you're just tired of a particular variety, you may want to replace them. Start now by digging out those to be replaced so the ground will be ready for the new arrivals around late December or early January.

After pulling out the old rose, remove much of the old soil and replace it with fresh soil. Work in generous amounts of peat moss or soil conditioner to a depth of two feet, if possible. Do this when soil isn't soggy from rain, or you may only compact it instead of condition it.

Check with your nurseryman or rose catalogs for rose variety lists. If you place an order with your nurseryman now, you'll have a better chance of getting the kinds you want, when you want them.

Shrubs in tubs

For an easy and effective way to enhance a patio or deck, try a shrub in a large container or tub. Despite a trend toward more container planting, many gardeners still worry about the welfare of shrubs planted this way. Some are happier than others, it's true. Some will tolerate root confinement far longer than others. But most shrubs do well in containers for at least part of their life. Here are a few kinds that do particularly well:

Podocarpus. This makes a wonderful tub plant, particularly at an entrance or against a wall. It's not a pine, although it resembles one. *P. macrophyllus* is the one most often used in containers.

Pomegranate can be planted for its edible fruits in warmer parts of the West, and for its decorative value almost anywhere. The flowering varieties make good tub plants (no fruit), and the dwarf type is excellent in a smaller container.

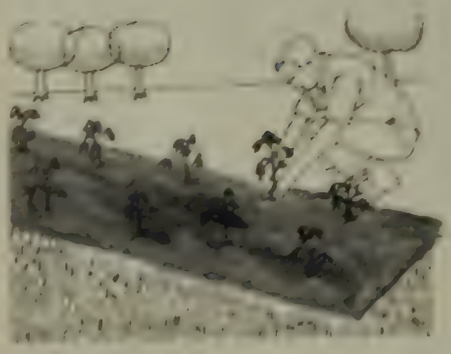
Citrus. Take your pick—orange, lemon, lime, mandarin. All make good container plants. You'll also be picking a crop of fruit before you know it. The glossy green foliage and fragrant white blossoms add to the plant's interest.

Dormant spraying saves time

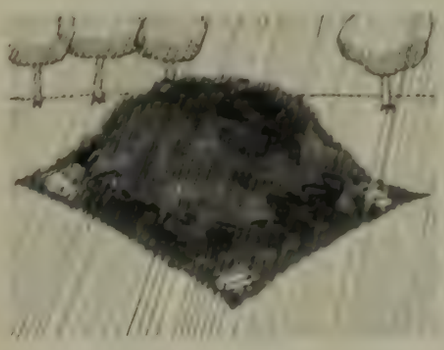
Late November is a good time to do dormant spraying. If you start now, you'll have less spraying next spring and summer—something you'll be grateful for once good weather returns.

Dormant sprays can be applied in far

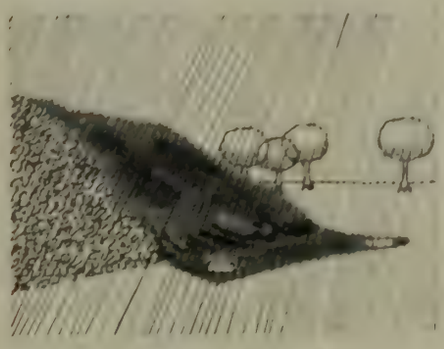
Sunset's GARDEN GUIDE



Ground insulation



Soil raincoat



Erosion control

Dropcloth

more concentrated solutions, with foliage gone (or nearly gone) from fruit trees, flowering and shade trees, rose bushes, grapevines, berry plants, and spring flowering shrubs. This makes them a lot more effective than the weaker solutions you must use when spraying plants in leaf.

Dormant sprays, usually containing copper oil, lime sulfur, or oils, or a combination of these, are designed to control insects and diseases when they are easiest to get at. Some sprays add various insecticides, but these are not really necessary and may contain such nondegradable chemicals as DDT.

What polyethylene sheets can do

Polyethylene sheets have so many garden uses that it's handy to keep some around all the time. They're inexpensive, easy to handle and store, and long lasting. Most useful thickness is 4-mil, available at many garden centers in 12-foot widths for about 20 cents a running foot.

Here are just a few ways you can put polyethylene sheets to good use in your garden this month:

Ground insulation. Lay sheets down around annuals and vegetables; cut slits for the plants to grow through. Polyethylene works like a mulch—keeping soil warm and moist, keeping weeds out.

Soil raincoat. Cover a pile of soil with polyethylene sheets to protect it from rain. That way you won't run out of dry, workable soil when rain has soaked the ground.

Temporary erosion control. Cover steep unplanted banks where rain may wash away topsoil.

Dropcloth. Lay a sheet flat on the ground, weight down the corners, and rake autumn leaves over into it. Pick it up like a bundle and carry it to where you dump the leaves.

The month for mums

Although you can buy forced plants in bloom all year around, November is still the month for chrysanthemums. Right now, when gardens need color most, they produce masses of perfect blooms in gold, yellow, white, scarlet, orchid, and russet.

If you have plenty of chrysanthemums blooming in your garden, all you have to do is to keep them watered, if there's no rain. You should also keep faded blooms clipped off and stake the taller plants so they don't bend under the weight of the flowers.

If you missed planting chrysanthemums earlier this year, you can still select blooming plants at your nursery. You can set them right in the ground, can and all, for instant color, or transfer them to a container for indoor or outdoor show.

Before plants stop flowering, be sure to label them so you'll know what color are next spring. You can decide where you want to place them p nently.

Perennial primer

Gardeners talk a great deal about an and perennials, but actually it's unf compare the two. Each has its uses, and well planned gardens mak use of both. In certain areas of th den, however, perennials have d advantages over annuals, since they have to be removed or replaced ear (on the other hand, they do not p the spectacular color show that an are bred to produce).

The kinds of perennials you'll find i or cans at your nursery this mon clude columbine, coral bells, con delphinium, dusty miller, margu primrose, and Shasta daisy. Plante they'll establish themselves this for next year's bloom and will co to bloom for many more years.

Since perennials are semipermanent have to prepare the soil well. Incor soil conditioner and a complete fe (according to label directions) to a of at least 1 foot.

You *can* take it with you

You can have a reserve of blooming that can be rushed into empty next spring if you plant bulbs i tainers. Or you can simply use th bring color to any part of your gar patio that needs brightening.

Daffodils are ready candidates fo tainers, if you reserve the large p 10, and 12 inches—for them. Even nursery cans can be used if you sink in the ground. A loose mixture of coarse sand and organic matter suit best. Place a piece of broken croc the drainage hole so the soil won't out, and then put in the soil m bulbs so they almost touch each with the tips level with the surface soil. Leave about an inch of space the rim for watering.

You can either bury pots in a tre cover with a thick layer of wood sh until tall shoots appear.

Remember hollyhocks?

Hollyhocks always seem relegated backs of people's gardens and Most gardeners don't realize that old-fashioned plants have gone t considerable changes. Improved v now available are shorter and mor pact—4 to 7 feet rather than th timers' ungainly 10 feet. Flowers, or semidouble instead of just singl in a range of colors way beyond miliar oxblood—pink, yellow, rose pastels.

But the new varieties also carry o

The Sunbeam® electric toothbrush can get your children's teeth 42% cleaner than ordinary hand brushing

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of the old hollyhock traditions. They're easy to grow, tall enough to make good background plants, and big enough so that you need only a few for a good display.

This fall you can buy hollyhocks in flats. Plant them as early as possible, since they need time to reach their considerable size. Planted in fall or early winter, they'll bloom by June. If you wait until spring, they may not bloom until the following year.

Plant in full sun in well drained soil. Stake plants that start to lean. Leaves are subject to rust; destroy infected leaves as soon as the disease appears.

A "heather" for mild winters

For winter bloom in mild winter climates, the family known as *Erica* can make a big contribution. Gardeners usually call them heathers (instead of heaths, which they are); the true Scotch heather is *Calluna vulgaris*. It grows well in the Northwest, but the ericas described below are far better adapted to gardens in California, and far easier to find in nurseries.

Erica canaliculata 'Rosea' is not only the showiest of the family but is also one of the easiest to grow. It's often sold as pink Scotch heather. Most heaths need an acid, peaty soil, but this one seems content with whatever you have (except excessive alkalinity). It's also drought-resistant.

Early to bloom, 'Rosea' is full of color by Christmas or sometimes before. It forms a 4 to 5-foot-high shrub bearing showy sprays of lavender-pink blooms tipped with black.

Somewhat later to bloom than the above is *Erica carnea* 'Ruby Glow,' a compact, spreading variety with tiny ruby-colored bells in late winter and early spring. Closely related are varieties 'Springwood' ('Springwood White') and 'Winter Beauty' (also sold as 'King George'), the former with white flowers, the latter with crimson bells. Both bloom shortly after New Year's.

Crimson *bell-shaped flowers cover 'Winter Beauty' during winter*

DON NORMARK

NOVEMBER CHECK LIST:

These are the important jobs

☐ **Begonias, tuberous.** Sepa begonia tubers from their s as the latter dry off (don't t them). Wash soil off tubers and in a dry place.

☐ **Bulbs and bulblike plants.** the last month to plant d dils. Ranunculus may be pla from now until January for a su sion of bloom. Lift and store d tubers and gladiolus bulbs.

☐ **Christmas trees.** You m want to shop now for a li Christmas tree while selectio good. To keep the tree healthy several Christmases, select an at tive container large enough fo ture growth.

☐ **Chrysanthemums.** Cut pl to about 3 inches above ground when they go out of bl Pick off faded flowers from bl ing plants.

☐ **Fuchsias.** Protect fuchsi the ground from frost in winter areas with a thick mul ground bark or peat moss ove root area and around the root cr Move potted fuchsias to a shel spot, perhaps under an overhang

☐ **Pests.** Snails and slugs cool, wet weather. Rain wash out bait, so be sure to k supply on hand.

☐ **Pruning.** Major pruning s wait until winter sets in. weak or dead growth can be rem from shrubs and trees this mon

☐ **Trees and shrubs.** Cam can be planted now and bloom in winter and spring. Thi evergreen trees and make sure r planted trees are staked against sible storm damage.

☐ **Water.** Remember that often don't reach plants ing next to the house under overhangs. Don't let them dry

☐ **Weed control.** How much need depends on wheth not fall rains arrive full force. ture will bring up weeds in a planted areas and in any open s between trees, shrubs, and gr covers. Hoe weeds while th small or get rid of them with weed killer.

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But you don't need a whole lot of space to put the Squareback into.

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ELLS MARUGG

Dwarf rhododendron *'Sapphire.' Nursery can conceals potential, but small leaves, twiggy habit indicate promise. Buds at ends of twigs open to lavender flowers. R. impeditum is very similar*

Instant bonsai . . . as Christmas gifts

PETE REDPATH

Mugho pines *(left) and dwarf Oriental arborvitaes (right) have the art of looking old before their time. Both are widely available, inexpensive, and hardy nearly everywhere. The object is to take out some baby fat and show the elegant bones. Trimmed pine has a look of the timberline, arborvitae a trimmer, more citified look*

If you start now, you can make up s of these instant bonsai as Christmas The subjects are ordinary nurse gallon plants—not old, potbound ples, and not pinched or pruned spe for bonsai work. The mix is an ord commercial planting mix. The pots imported, some domestic) are inc sive; none costs more than $6. techniques involved are simple—just ning, pruning, and very simple wir

We call them "instant bonsai" to tinguish them from true bonsai, are works of art slowly and patient veloped in accordance with elab rules and styles. Instant bonsai ma such claim; but they are handsome they afford practice in bonsai techn of potting, pruning, and wiring. give a novice the feel of working bonsai without the risk that inexper hands bring to a valuable collecte or a cherished gift from a bonsai e

And they can, with time and prop tention, grow into true bonsai.

Unlike most instant preparations, call for adding something, instant sai requires only that you take awa page 236 for simple directions and of plants to work with.

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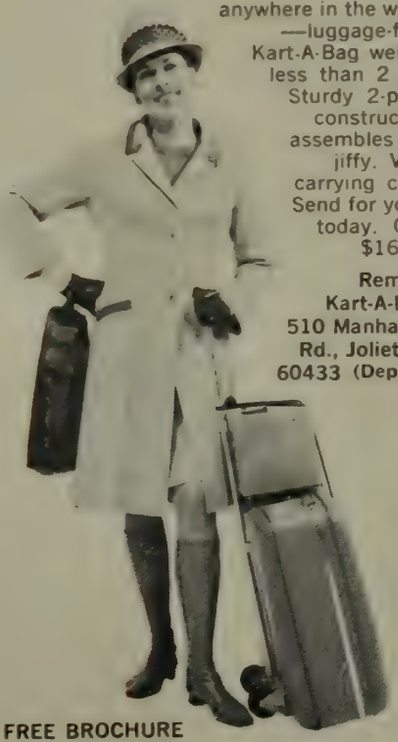

FREE BROCHURE

Pattern *of knobby branches and slender whips is result of pollarding—heavy*

Tree *has a full appearance o spring growth appears on*

Pollarding . . . it's drastic, but sometimes it's wise

Some people feel that the severe pruning done on many London plane trees at this time of year is heartless butchery. Certainly, if done poorly, this drastic pruning—called pollarding—can damage a tree. But done properly, in the few landscape situations where a tree must be kept a certain size, pollarding may be the best solution.

Pollard means to shear off the top of a tree so that it puts out a dense head of slender shoots. Sometimes people use the word *pleach* for this process, but pleach really means to interweave branches to form a hedge or arbor. Another confusing term is *dehorning:* Branches are cut down to stubs without regard for shape or form, or health of the tree.

Since the London plane tree ca heavier pruning than any other usually the chief candidate for pol But other trees may be pollarded cluding black locust, cottonwood and maples.

THE HAZARDS OF POLLARDING

Even though it may not harm t pollarding will affect its appearan

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stakes tickets, rich uncles and retirement checks just may not be worth the wait. Because life doesn't start Someday. It's going on right now. And the more you wait, the more you miss. Why miss any of it? We'll whisk m the West Coast to Australia any day you say. For less than you dreamed. A 16-day jaunt to Australia–Jets, els, sightseeing and more—goes for as little as $995. A 40-day junket to the whole South Pacific and Orient just $2028. And that's just a sample. We have a booklet about all our Holiday 500 tours. And the Australian Tourist Commission has another one all about Australia. For a free copy of both just write n Am®, care of this magazine, Box 2212, Boston, Mass. 02101. Or see a Pan Am Travel ent. Now. Because, while you're waiting for your ship to come in, you may miss the boat.

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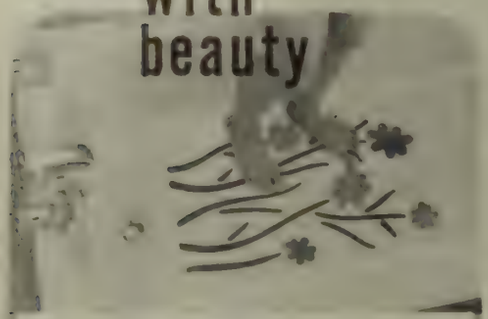

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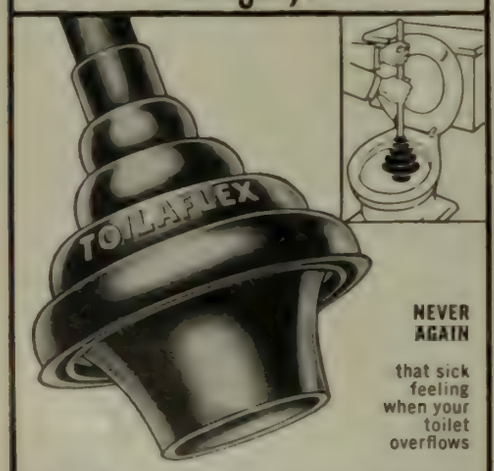

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result is often unsightly: thick trunks and branches, and unattractive new foliage tufts. And if the pruning has been done poorly, the broad cut surfaces expose the tree to pests and diseases, new branches may be weak, and the tree may die.

. . . AND THE BENEFITS

On the other hand, pollarding may be advisable in certain situations: for example, when shade trees bordering a sidewalk grow too large and interfere with utility wires. Pollarding can keep the tree's height in bounds, yet maintain a full appearance. Pollarding can help save a view, too. The plane trees in San Francisco's Golden Gate Park (pictured below) shade visitors, yet don't obstruct the vista of the park and nearby buildings.

The appearance of a well pollarded tree improves once branches begin to leaf out (see photographs below and on page 218). At this time you'll be able to tell whether or not the pruning was done correctly. It should give the look of a well rounded, established shade tree.

The best answer to "should I pollard?" is probably: don't, unless you have to. Pollarding is more a practical sort of pruning than a decorative one. Unless you must keep a tree to a certain size, there's little reason to pollard. If you are putting in a shade tree, it's preferable to use a small or slow growing kind, or to place the tree where its height won't be a nuisance, rather than to put in a tree that is sure to require heavy pruning each ye

One warning—don't attempt to poll tree yourself unless you are experi at pruning techniques. It's too ea damage a tree. To be safe, consult expert.

HOW TO POLLARD

A modified sort of pollarding (some called "heading") is often done to here in the West. When young tree duce trunks about 8 feet high, branches high enough to walk unde about the thickness of a man's wris the branches down to 2 to 5 feet lon let them callus over.

Each spring the tree will produce slender long branches. Each wint move these and let the cuts callus Eventually knobs at the ends of the branches will become very large.

Many gardeners allow their poll London plane trees to reach 20 to 2 in height. Left alone, the same tree grow 40 to 80 feet high.

Modified pollarding is often used wl old tree—valuable for historic or reasons—has been weakened by i or disease, environmental changes, tensive decay. Major portions of branches are pruned off to help th form a new crown which will hav wind resistance than the old crow which can be supported by a reduce system. This is definitely a prunii for experts.

DARROW M

Strollers *in Golden Gate Park's bandstand area are shaded by rows of pollarded*

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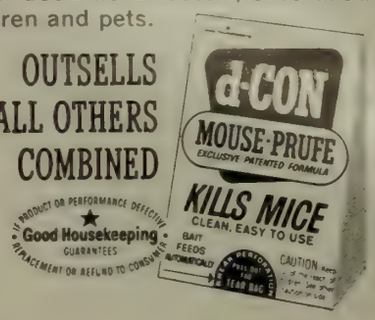

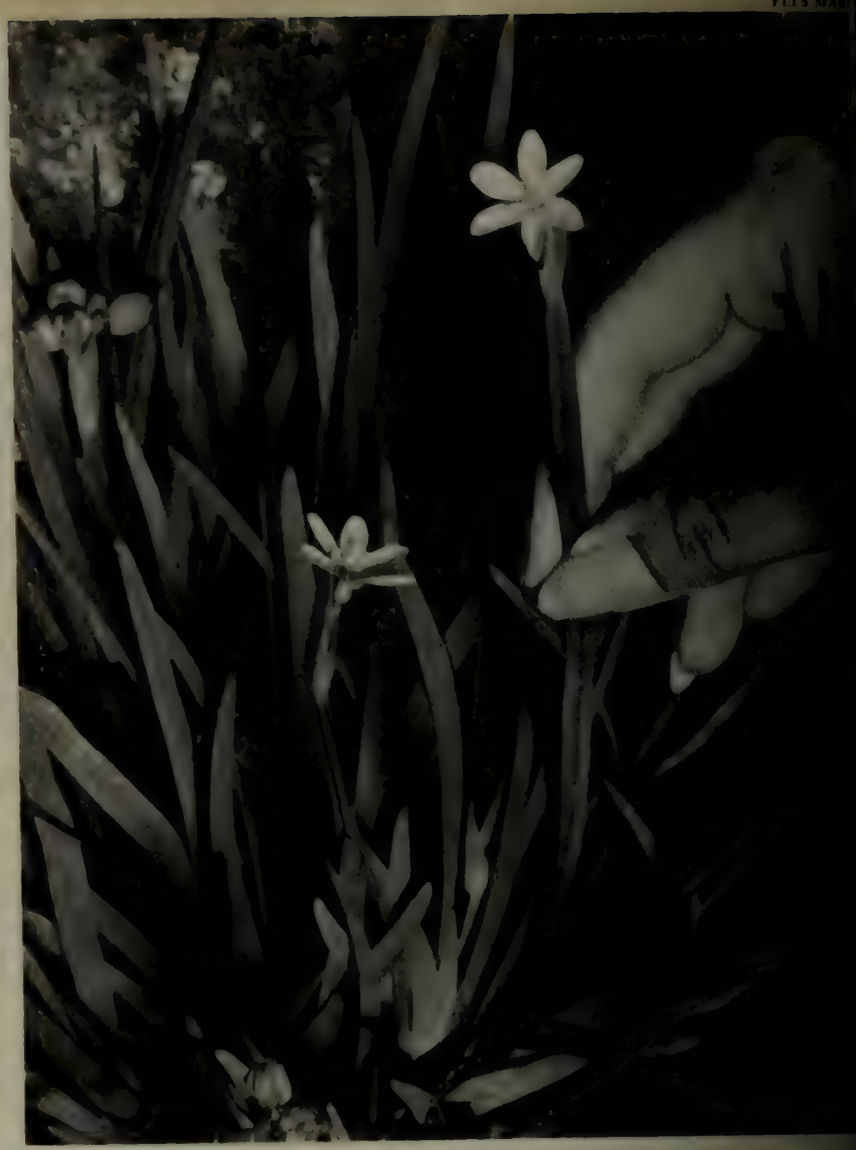

Yellow flowers, *grassy leaves of yellow-eyed grass. The stems may reach 2 f high. This is a single clump; you can grow many for a grassy meadow eff*

Yellow-eyed grass in the shade

The little native plant called yellow-eyed grass *(Sisyrinchium californicum)* is quite unusual. To grow it is worth the extra effort it might take to get seeds for sowing this month. (For a list of sources, write to Yellow-Eyed Grass, *Sunset Magazine*, Menlo Park, Calif. 94025 and enclose a stamped, addressed return envelope.)

Yellow-eyed grass will do well with scarcely any sun, and will also bloom in full sun. But it looks fresher in some shade (morning sun, afternoon shade is best). Native to coastal fresh-water marshes from Monterey to Oregon, it likes having wet feet. Poorly drained spots with light or moderately heavy soil are ideal.

If you sow seed now, the plants will quickly clump up and form tussocks of stiff, bluish green, grasslike leaves—the source of its common name. Then, you can expect a profusion of pretty, tiny, bright yellow flowers in May an As summer goes on, the profusion to just a few blooms a day. Dea mark the delicate petals.

You may get seeds or rhizomes fro flower specialists, or occasionally y even find plants in gallon-sized co at a nursery.

When you sow seeds, try to com between burying them too deep an ing them to the birds. You can br the seed in soil prepared as you w a lawn. A foolproof method of pla to make a furrow and let water i it until the soil is muddy, then dr right in the mud, and sprinkle pe lightly over the top. Either way, find sisyrinchium easy to grow fro

Once established it does not nee pampered, but it may benefit from ning the third year.

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Jumbo *pink, white, 11½-inch lily between Lilium speciosum, L. au*

For this flowe show, plant no

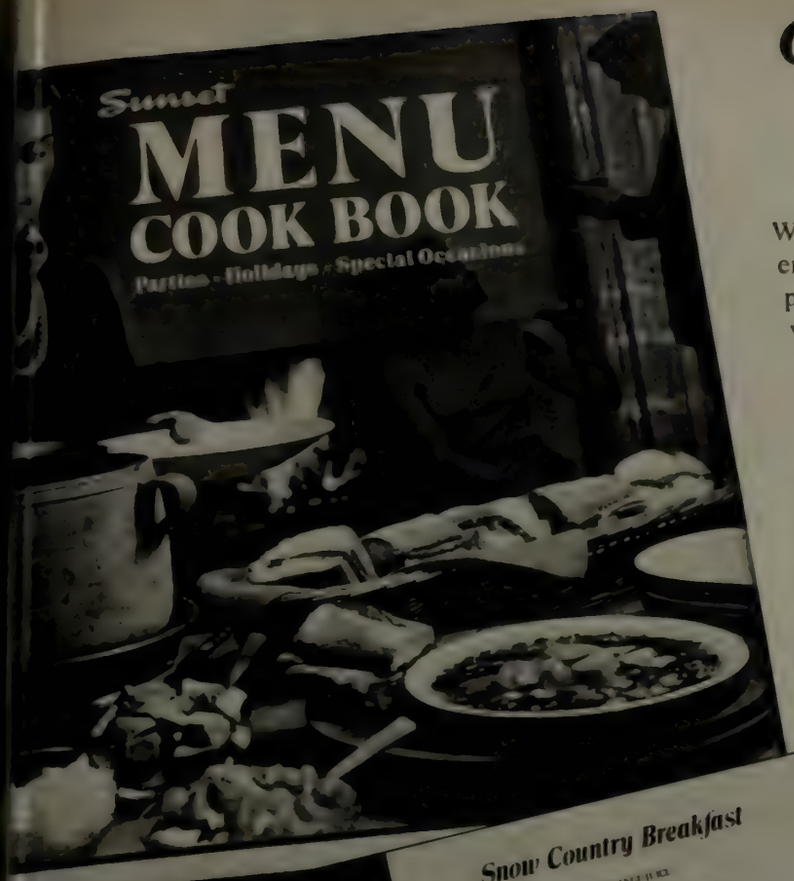
It's worth going to some trouble to plants with flowers as gorgeous as t above—from Fairyland Lily Ga Harbor, Oregon.

Ideally, lilies grow best in cool moist like the Pacific Northwest where th est commercial lily-growing fields cated. But you can also grow li warmer, drier climates; for exam large Southern California wholesale firm offers a wide selection of North grown lily bulbs.

Naturally, in less-than-ideal climat lilies you have to be more selective where you plant them and how you care of them. These are basic ments: deep, rich, porous, fast dr soil; constant moisture for bulbs never go completely dormant; sha the roots and filtered shade at the t the coastal fog belt they can take sun); and protection from wind.

If you have a garden situation that answer the above requirement all means plant lilies in the ground they can become established and and increase for several years. Othe grow them in containers.

A pot 12 inches deep and 12 to 14 in diameter is a good size for 3 to bulbs, depending on their size. Mos are stem-rooting and need plenty above the bulb as well as below (for roots). After setting the bulb on inches of soil mix, cover with 1 or 2 of mix, water thoroughly, and set t in a cool shaded place. As the stems add more soil mix to support their leave 1 to 1½ inches of space at t for watering. Feed monthly with plete fertilizer.



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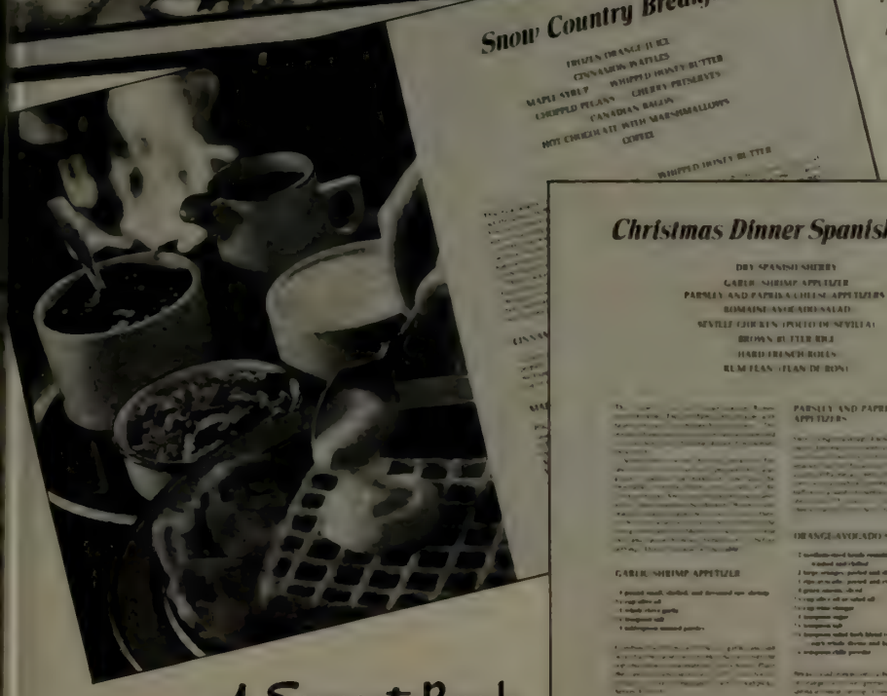
Written in response to many requests from *Sunset* readers, this book brings together more than 100 carefully planned and thoroughly tested menus suited to a wide variety of occasions. Although the emphasis is on informality, a few more elaborate menus are included for that very special party occasion. All are designed for easy, informal service with dishes that may be prepared in advance and tips on timing that assure a smooth presentation. The book is divided into five sections: Brunches and Lunches; Dinners and Suppers; Special Occasions and Themes; Holidays; and the Big Party. But this is a flexible book. Many of the menus are interchangeable. Most of those in the Special Occasions section, for instance, can be adapted to serve a large group. The recipes within the menus are also flexible. You'll find many ways to combine recipes into exciting new menu designs of your own. *These are meals that you can serve with confidence. Every menu has been carefully planned. Every party has been carried through to the last detail and is a proven success. Every recipe has been tested in* Sunset's *kitchen.*



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Gardening adventure... growing cardoon, comfrey, horseradish, and other witchy or ancient vegetables

Leeks, *onion relatives with special sweet-mild flavor, being lifted from soil in fall. About four to seven months, seed to harvest*

New Zealand spinach. *Pick the tender tip leaves; use in salads or steam-cook with little moisture*

Jerusalem artichoke *makes a rangy sunflower plant in summer. You dig and eat its roots in winter*

Some people feel adventurous wh
just buy an uncommon vegetable
market and prepare it for the fa
eat. But, if you plant, grow, harve
prepare such a vegetable, you c
doubly adventurous, a superhero.

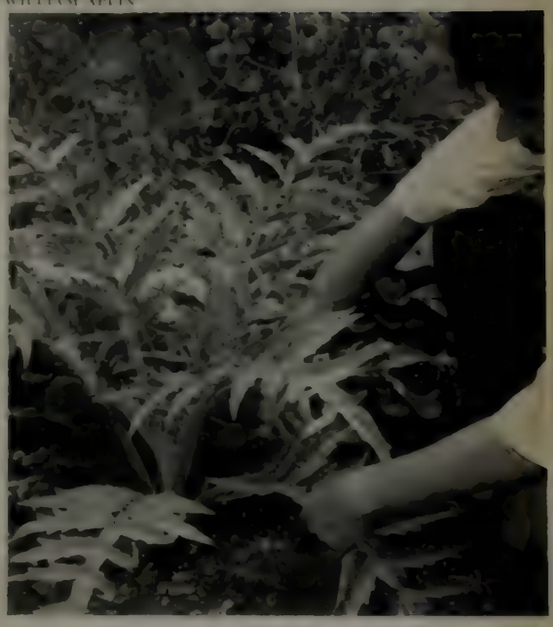
The odd crops shown here were gr
lady gardeners in Southern Calif
the New Zealand spinach by Mrs
Rodewald, Camarillo; the Jerusal
choke, comfrey, and cardoon b
Harold S. Masterson, Claremont;
leeks and horseradish by Mrs.
Hathaway, Encino.

Here are more details about eac
New Zealand spinach (*Tetragona*
has less-used common names t

DARROW M. WATT

Comfrey *was once used as a cure for wounds and broken bones. Still enjoys special witchy status. Attractive leaves. Fast*

WILLIAM APLIN



Cardoon *looks like artichoke (closely related) but you eat trimmed leaf stems, not flower buds*

Horseradish. *To get roots for fresh sauce, dig a few at a time, like this, fall to spring*

out it: "New Zealand ice plant"—
fleshy, brittle texture; and "ever-
spinach"—you can pick it even
the hot months when regular spin-
s. Grow from seed. It lives over
s where winters stay above 18°.

ible roots of Jerusalem artichoke—
n plant with a misleading name
described in *Cook's Discovery:*
m artichoke, on page 145 of the
y 1969 *Sunset*. The plant grows
et high. Flowers are yellow. Roots
and are dug like potatoes. Buy
nt roots.

re probably the least odd of the
suals shown here. A soft rich soil
main requirement. Draw soil up around the growing stems to make bottoms white and mild.

Comfrey barely makes it as a vegetable: mostly it's an herb from ancient times. When young leaves are cooked in water, they lose their hairiness and make good cooked greens, the books say. Mrs. Masterson found the leaves too fuzzy for a salad. She says it would be a good plant for goats. Grow from roots. It's invasive.

You grow cardoon for its leaf stems, and you cook them. Sow seeds in spring. Pull stems together and wrap with paper in fall to blanch. Harvest in winter or spring.

Plant horseradish roots or started plants in early spring 1 foot apart in rich, moist soil. You won't need many.

DARROW M. WATT

Wisteria *in a bottomless gallon can was placed where it was to grow; concrete patio was poured around its rim*

Plants will grow right in concrete . . . if you know how

These plants are surrounded by concrete. Some appear almost to grow from it.

The wisteria at left, and its surrounding concrete, had been placed six months before the photograph was taken. By now, a year after the photograph, it has doubled in girth and length. The hole in the patio is only about a foot from the edge of a lawn. It's in the garden of the Warren Rieneckers, Yuba City, California.

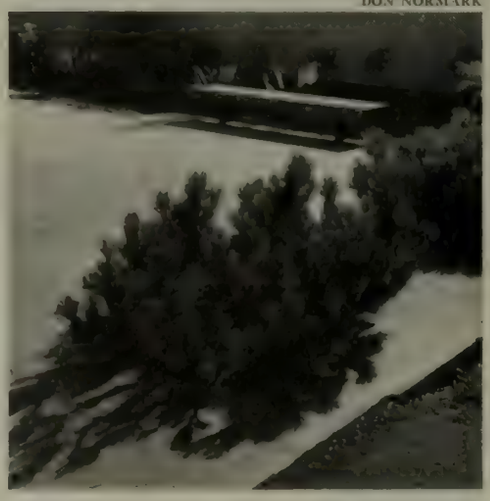
Likewise, the mugho pines in the center picture get more oxygen and water than you might think. It's only 2 feet from the panels to a planting area at far right. Dr. and Mrs. Alvin Pearl, Bellevue, Washington, are the owners; Jongejan & Gerrard, landscape architects.

That wall below with the Bo growing through it holds earth l up to about the level of the hol privacy wall from there on up. ming pool is on the far side. The see is along a public sidewalk.

Holes were knocked through the bricks for the vines to grow thro year's growth shows here. The gar Van Nuys, California. Design John Michael of Sid Galper & As

Roots of the festuca and viburnu mixed paving at bottom of the water and oxygen in their own pa in those filled with loose stones.

DON NORMARK



Here, mugho pines *grow from 2-foot-square open panels in a concrete entry terrace*

Vines *with no earth below. They gr other side through holes like one*

Festuca *(front) and Viburnum davidii (rear) grow in narro of open soil within a designed pattern of various paving*

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Seeds you can sow outdoors no

Here's another of those special Western gardening opportunities that surprise and please newcomers and often get overlooked by old-timers: In the mild-winter parts of the West, you can sow seeds now —in November, on open, cultivated ground—of many spring-flowering plants.

It's an easy kind of gardening because you do little more than prepare the soil (cultivate and then rake it smooth) and sow the seed on it. There is no real need for fertilizing; simply water the seedbed well after sowing. In California and Arizona, you may have to keep the seedbed watered for several weeks if no rains come. But once the rains do start, they will keep the seedbed moist—germinating the seed and keeping plants growing.

The kinds of plants that grow in this cycle are chiefly "unimproved" native annuals from California and other Mediterranean climates around the world. These are climates in which the ground is wet from late fall to late spring, and dry from late spring to late fall. It's only natural that the native annuals from such a climate would grow from seed to maturity during the wet season.

Generally speaking, the plants that you can sow on open ground now for bloom in spring are not robust flower factories like summer's dahlias and marigolds. Instead, they tend to be slender, small flowered, and maybe a little weedy looking.

But they do look like spring, and they are more than worth the cost and effort, which is very little.

The parts of the West where the opportunity exists are these: west of the Sierra-Cascades; Southern California; low and intermediate deserts of the Southwest.

Here, in alphabetical order, are the kinds of seed you can buy in packets for open-ground sowing this month.

African daisy *(Dimorphotheca)*. Makes plants about a foot high with many 1½-inch daisies on them—orange, yellow, white. Blooms February to April. For sunny spots only.

Baby-blue-eyes *(Nemophila)*. Makes 6-to-10-inch plants, branching from base, with cup-shaped, 1-inch, sky blue flowers with white centers. Can grow in some shade.

Baby's breath *(Gypsophila elegans)*. Airy plants with slender leaves and a profusion of small white, pink, or rose flowers. To 1½ feet high. Full sun.

Bachelor's button *(Centaurea cyanus)*. Plants 1 to 2½ feet high, with blue, pink, rose, or white flower heads, 1 ches wide. Needs full sun.

Calendula. Easy growing plants round-end leaves and heavy dai in orange and yellow. Plants take longer to bloom than pl flats but seem bigger, healthier.

California poppy *(Eschscholzia ca)*. Satiny yellow to orange inches across, on plants 8 to high. When flowers go to seed, go to straw and look messy.

Calliopsis *(Coreopsis tinctoria)* upright plants 1½ to 3 feet yellow to maroon daisy flowers

Candytuft *(Iberis amara)*. Pla inches high with fragrant whi in tight round clusters.

Clarkia *(C. unguiculata)*. One- ers, on slender stems to 4 feet semble white or pink powder p in partial shade.

Forget-me-nots *(Myosotis sy* Makes loose 6-to-10-inch plants hairy leaves and tiny blue, w flowers. Moist semishade is be

Godetia *(Clarkia amoena)*. Cu satiny flowers on branched pla 18 inches high. Best in cool, and semishade.

Larkspur *(Delphinium ajacis)*. to 5 feet tall, with 1-inch flower Easter colors. Best bloom in s early summer. Needs full sun.

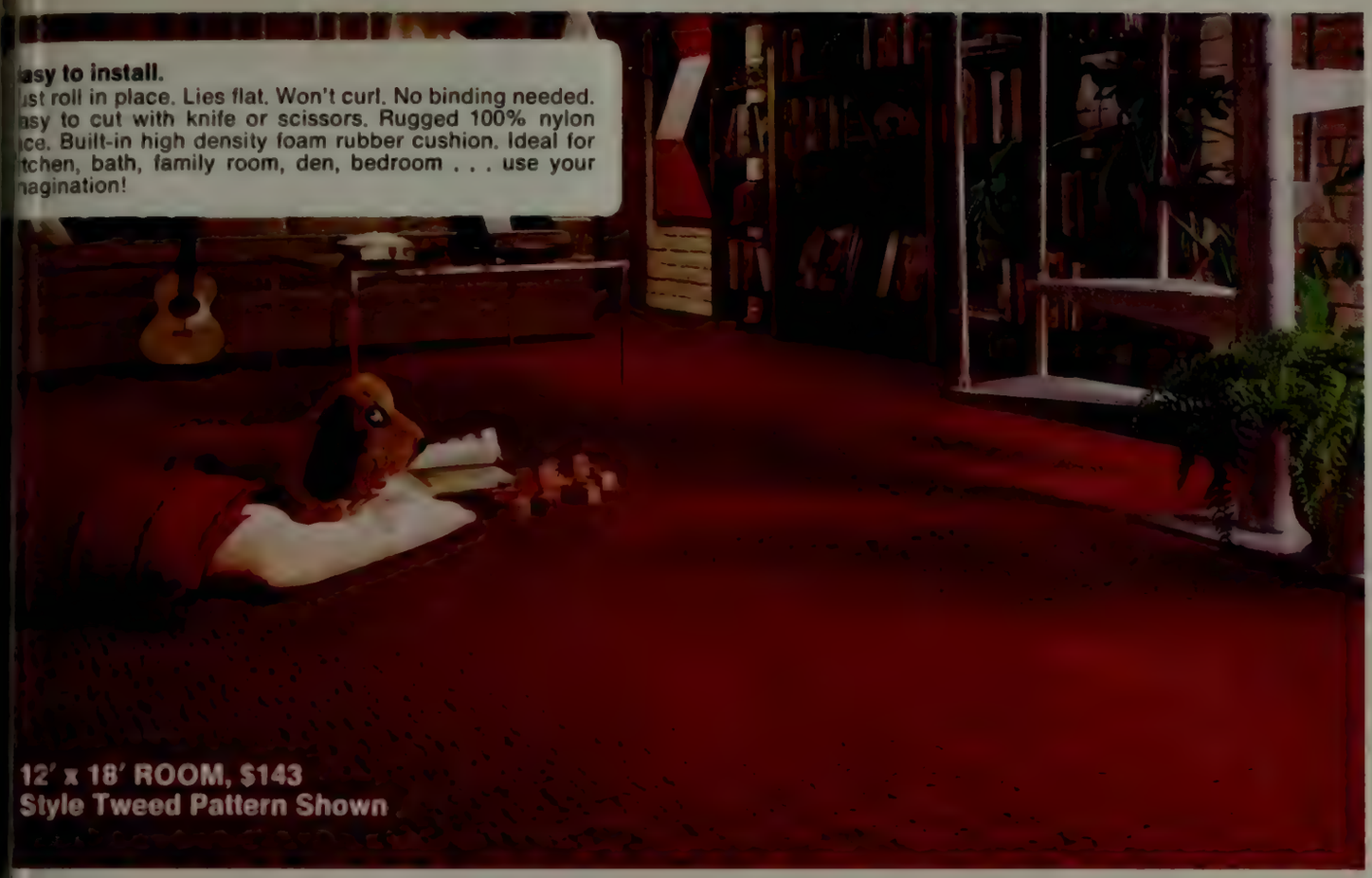
Linaria *(L. maroccana)*. Flower shades of red, blue, and purple. 1½ feet and needs to be sown in Full sun.

Lupine *(Lupinus nanus)*. Grow inches high, with flowers of marked white in April and M good drainage and cool winte to germinate.

Sweet alyssum *(Lobularia maritim* branching, trailing plant to a Tiny white flowers in clusters almost any soil; sun or light sh

Virginian stock *(Malcomia m* Dense, low (8 inches), rounded of white, light yellow, pink, flowers. Will make solid cover

Wildflower mixes. A package o wildflower seeds will give you m plants listed above—California quantity, for sure—and perh rarities not mentioned here.



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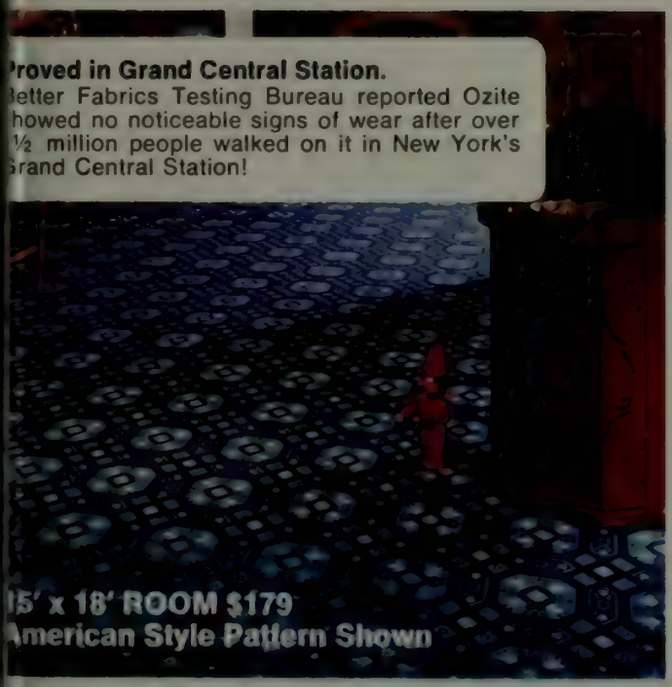

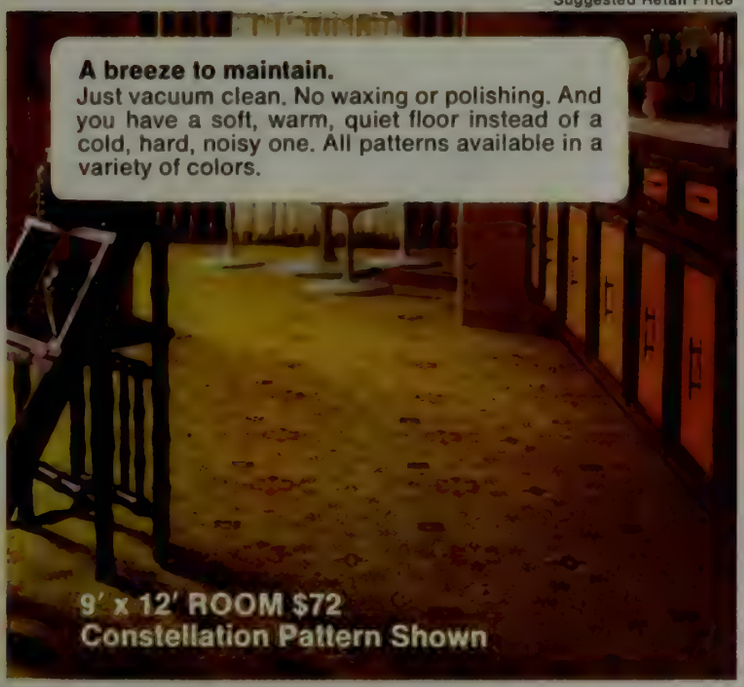

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wn redwood *on U. of Santa Clara npus thrives in well watered lawn*

FELIS MARUGO

Podocarpus nagi *has grown in pot 7 years with routine watering, feeding*

Not so well known conifers

ge group of plants loosely known fers includes some of the nursery most widely planted standbys—unipers, and spruces, to name only The same group also includes a of lesser known trees that ap-ow and then, attract a certain t of attention, then slip slowly scurity because there is no mass for them.

re three conifers that should, in inion (and in the opinions of a r of nurserymen and landscape cts), be better known and more distributed. None is really easy to ut all are grown by at least a few men in the West.

redwood *(Metasequoia glyptostro-*. Much like coast redwood in foli-d not much slower in growth, dawn d differs principally in wider range ate adaptability and in being de-s (dropping its leaves in winter). plenty of water it will grow rapidly symmetrical, cone-shaped tree. Pale oliage is soft to the touch and ten-der to salt-laden winds, strong sunlight in enclosed places, or cold winter winds. Leaves have coppery undertones in spring as they expand, then turn light bronze before dropping in the fall. Because it likes lots of water this is a good lawn tree. It is also charming when planted in groves or used as a bonsai subject. Plants are easy to propagate by seeds or cuttings of leafy or dormant shoots.

Podocarpus nagi. This Japanese tree has no common name in English. The Japanese, who call it *nagi* and consider it one of their most beautiful evergreen trees, plant it around shrines and temples. Outside Japan it is a "said to" plant; that is, every reference to it in garden literature avoids hard decisions by using the term, "it is said to . . . ."

Here is what we've learned about it from our own experience and the experiences of others: It thrives in deep shade and in bright sun, indoors or out, but its color is better in shade. The branches droop, giving plants a nearly columnar form; these trailing branches can be trained as

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You will be seeing the above Recommended Seal with greater frequency in the future, and we hope you will buy with increased confidence because of it.

Bill Lane

President and Publisher

China fir *needles (above) are larger than those of blue spruce (below), same*

espaliers. Cut branches last an extra long time in vases of water.

Its leaves, unlike those of most conifers are broad and leathery, 1 to 3 inches and half as wide. Since plants are slow growing and not likely to grow out of their allotted space they are fine for tainers or confined places—under or near entries, for instance. A grove you can find that (any plants) will a fine simulated grove of saplings.

It will not stand severe cold. Outside fornia it should be handled as a tr indoor-outdoor plant.

China fir *(Cunninghamia lanceol*
Leaves resemble needles of firs but much larger. Trees have whorled bra and drooping branchlets that give effect of an araucaria. Most that seen have the rich blue-gray color good Colorado spruce, but some are green or blue-green.

One fault is the dead foliage hang and is an unattractive brown. Prune this dead growth for best looks. The doesn't look its best in hot, dry, places and won't take temperatures 0° without severe damage.

But even severe damage is not rable; China fir can stump-sprout when tops freeze nearly to the grou

It has moderate growth to a probable feet high, 20 feet across. Best use a single showy tree in a big lawn. Y China firs make shaggy, picturesque tainer plants.

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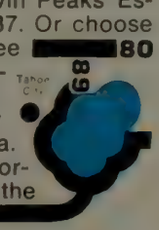

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titioner at a bonsai club. But i
curious about the subject and w
to get the feel of it without ta
whole plunge, start with inexpens
ery plants and inexpensive po
take pruning shears and—simpli

The ideal nursery plant is usual
and compact, laden with twigs a
and ready to make an impressi
garden. The bonsai, on the oth
has a structure in which trunk
and limbs are visible, distinct, y
scale with each other and with
tainer. To achieve this effect yo
to remove surplus growth to exp
cipal trunk (or trunks) and limb
clean cuts close to these trunks a
with sharp shears. Leave no stul

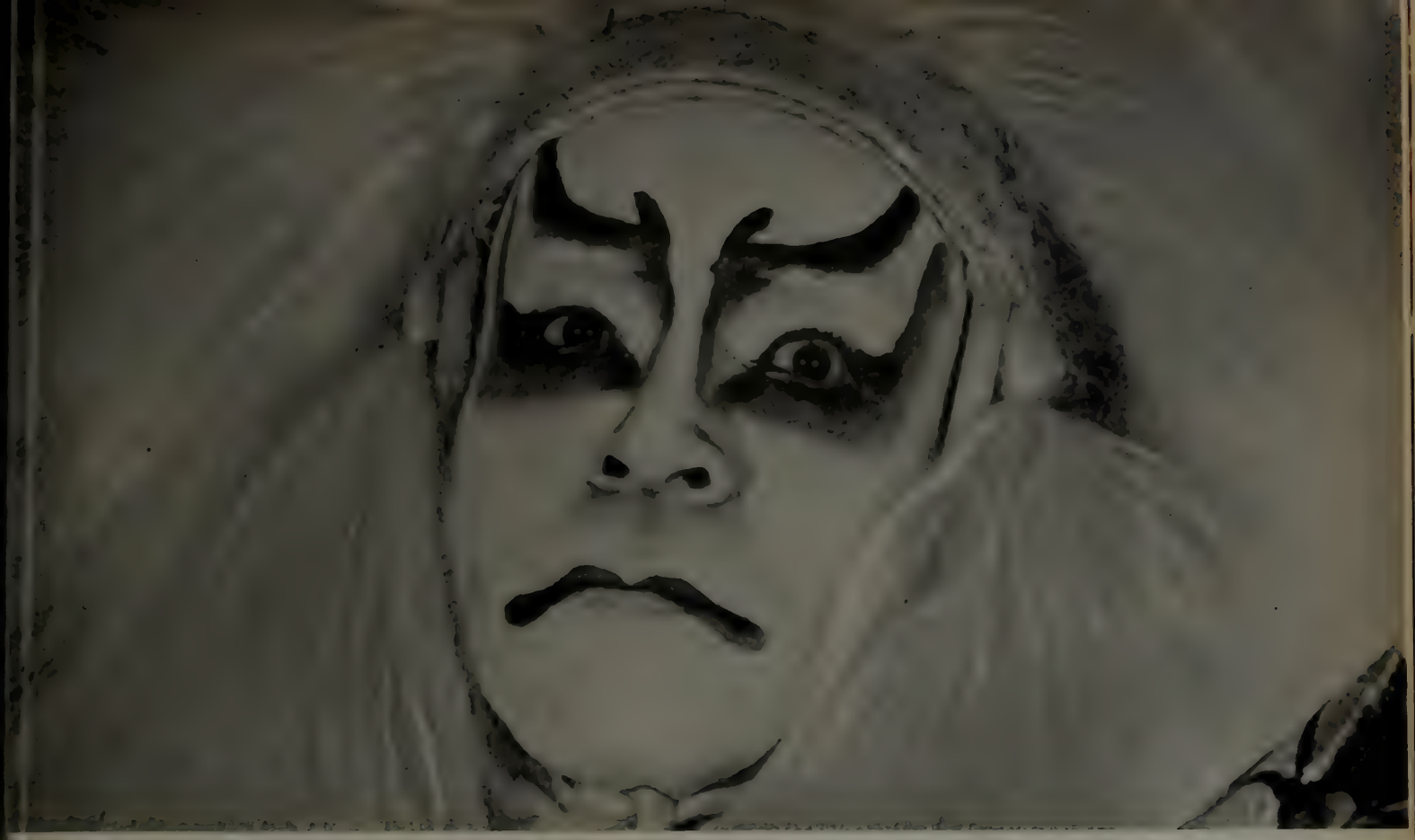
Study the plant. Let the plant su
form it is going to take. If th
strong central stem, consider n
single-stem upright or leaning
there are several stems (see the
pine on page 216), work toward
ing a multistemmed tree. To get
look at your plant's potential, r
from the can and set it on a work

Small-leafed plants give best in
fects; their leaves are in scale
plant's new dimensions. Sma
azaleas, dwarf or compact conife
neasters, junipers, and rhododend
all good choices.

Pot it up. For your plant, use a c
shallower than a gallon can. It's
to remove roots if you also remo
of the tops to balance the loss. Cle
off overlong roots and shorten o
a third. Cover drainage holes in
tainer to keep soil from sifting thr

Fill in around roots with potti
poking it down among the root
chopstick or similar instrument
ping the pot against the work
occasionally to settle soil. If you
wire branches or trunk, use soft
wire just heavy enough to hold
in position. Wrap it around the
trunk, then anchor in the soil or
the trunk. Hold plant firmly w
hand while wrapping, to prevent
ing it out of the potting mix.

Water the finished product eith
fine spray or by soaking in a tub



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RICHARD FISH

ue etched with dark blue, these Japanese iris measure about 7 inches across

Japanese iris likes it wet

ld call these amphibious plants.

Japanese iris *(I. kaempferi)*, and grow them in garden beds, con- -or in pots placed right in a gar- l.

the high-class standards of other, miliar iris, the flowers of Japanese big and colorful. Up to a foot they come in a rich selection of blues, pinks, and white. They nainly in early summer.

t to plant Japanese iris either in spring, but California nurseries sell root divisions only in early plant them with their tops about s below the surface of the ground. ay be able to find older plants in some nurseries.

e iris do not take very kindly to n, dry weather in most parts of nia, but with a little work you can m to grow. Southern California's and alkaline soil work particularly gainst them—although the splen- wers shown above were photo- d in Santa Monica. The owner, on M. Abell, is careful to satisfy sic demands: acid soil and constant re in the growing season.

e acid soil by mixing in ground eat moss, or other organic matter ting time. You can make sure that the soil stays acid by adding aluminum sulfate or iron sulfate a couple of times during the growing season (1 ounce to 2 gallons of water). Or you can fertilize with acid-type food.

Japanese iris *demand moisture—easily supplied by flooding the planting bed*

To insure that plants get all the moisture they need, plant them in a bed that can be flooded, as shown above. If you grow Japanese iris in pots, keep the pots—from spring through fall—in saucers filled with water, or submerge pots in a pool. During the winter, water plants just often enough to prevent their drying out.

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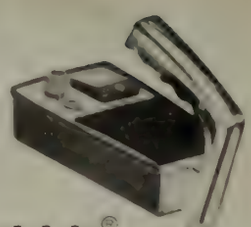

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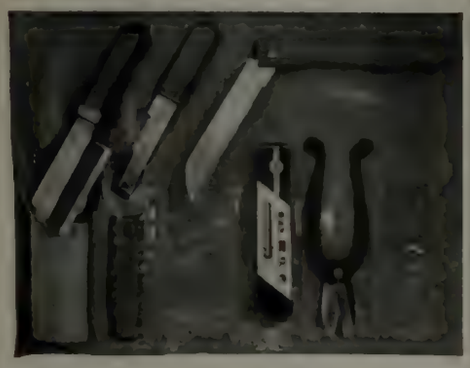

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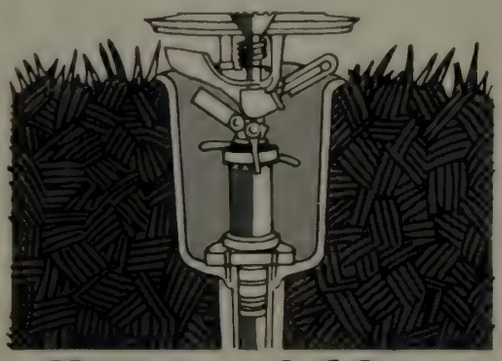

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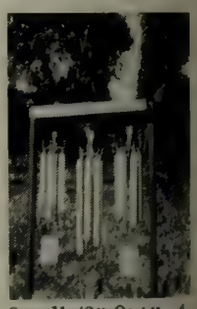

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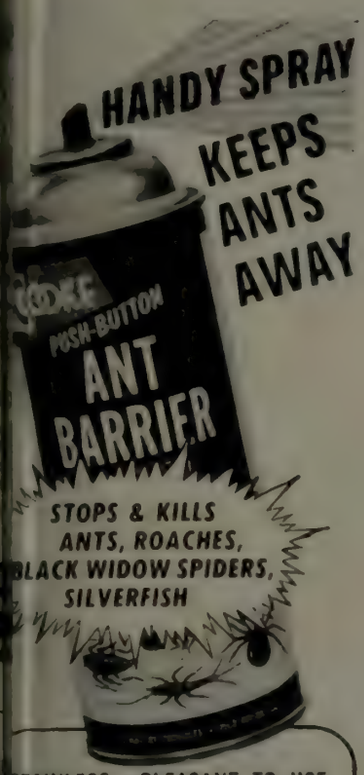

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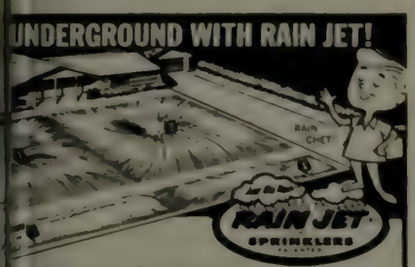

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grow some manzanitas, but your selection will be more limited and your job more challenging.

PLANT MANZANITAS NOW

Plant them in their permanent places this autumn, and they will send long taproots into the earth with the winter rains. Some natives, including many manzanitas, will not flower well unless subjected to summer droughts; and this, of course, makes them ideal for your hard-to-water areas.

Except for branch die-back caused by fungus growth *(Botryosphaeria)*, or root rot from an oversupply of water, you will encounter few problems in growing manzanitas. Leaves that become dry but do not fall are a sure sign that the branch is infected with branch die-back. No satisfactory control has been found. Overhead watering causes a rapid spread of the disease; water by basin irrigation if possible.

Once plants are deeply rooted and not overwatered, they do well. They tend to be touchy about watering the first two or three years.

The garden-tolerant varieties prefer good drainage and, if subsoil is well drained, actually do best in cuts or on banks where the topsoil has been removed. Plants in heavy, clayey, or alkaline soils tend to develop iron-deficiency chlorosis. You can help plants by acidifying the soil or by adding chelated iron. *A. hookeri*, a native of the marine sands of Monterey County, tolerates moderately alkaline soils and so may be your best choice near the coast and in basic soils generally.

WHERE DO YOU FIND THEM?

One of the most vexing problems about planting manzanitas is finding someone who sells them. A few of the most garden-tolerant kinds are usually available at any good-sized nursery; a few of the scarcer kinds may be available on special order or at nurseries that specialize in native plants. Sometimes you might find just what you want at sales or auctions conducted by botanical or horticultural societies.

If, however, you are still unable to find just the manzanita you want, you can root cuttings with relative ease. You should put off this project until April, May, or June, as the best results come from soft tip cuttings taken during these months. Because manzanita rooted cuttings are delicate, you will have more success if you raise them to gallon-can size before you set them out in fall.

Over the years many kinds have been grown and sold in nurseries. Most of these are superior plants selected in the wild, grown in botanic gardens, and propagated by cuttings so plants will be uniform and predictable. Seedlings can vary widely because the species hybridize so freely. A recent survey of Western nurseries turned up the following:

A. densiflora. Vine Hill manzanita. All have a heavy production of pink to white flowers. Most selections are low, dense, spreading growers. 'Harmony' grows 2 to 3 feet tall, 8 to 10 feet wide and has pink flowers. 'Howard McMinn' grows to 2½ feet tall and spreads to 7 feet wide in five years. Tip-pinching after the pink flowers fade will make plants dense and bushy. 'James West' is similar but lower growing. 'Sentinel,' the exception, grows upright to 6 feet tall, 8 feet wide.

A. edmundsii. The Little Sur manzanita grows 4 to 24 inches tall and up to 12 feet wide. Plants grow beautifully at the Rancho Santa Ana Botanic Garden in Claremont, but only one northern California grower lists plants for sale.

A. hookeri. Monterey manzanita grows into broad, dense, spreading mounds of bright green leaves. Two cutting-grown varieties are 'Monterey Carpet' (a foot tall, spreading by rooting branches to 12 feet in width), and 'Wayside' (to 3 feet tall, and available only in northern California).

A. manzanita. This, the common manzanita, is not so much a bank cover as a big shrub or small tree with purplish red bark on a picturesque, twisted trunk. It's sold only in northern California.

A. stanfordiana. Stanford manzanita is not as easy to grow as most of the others, requiring perfect drainage to prevent root rot. It is not currently being grown in Southern California, and supply in northern California may be spotty. Stems are red-brown and flowers are pink. Plants of the variety 'Fred Oehler' grow to 4 feet tall by 6 wide.

A variety named either *A. s.* 'Louis Edmunds' or *A. s. bakeri* 'Louis Edmunds' seems easier to grow under average garden conditions. It is upright in habit, to 6 feet tall, and has showy clusters of pink bloom. 'Trinity' has deep reddish purple flowers and is grown only in northern California.

A. uva-ursi. The bearberry or kinnikinnick is the lowest-growing of the manzanitas, the hardiest to cold, the most widely grown, and (for most purposes) the best ground cover. This one makes a mat a few inches deep and (in time) up to 15 feet wide. Glossy green leaves an inch long make a dense cover for the trailing branches; in intermountain areas or in high mountains leaves turn reddish in winter. White or pinkish flowers don't make much of a show among the leaves.

There are two cutting-grown varieties that have the advantage of being uniform and predictable in appearance. One, 'Point Reyes,' has dark green leaves, dense foliage, and practically no fruit. The other, 'Radiant,' has lighter green leaves somewhat more widely spaced on the stems, and a heavy crop of bright red berries.

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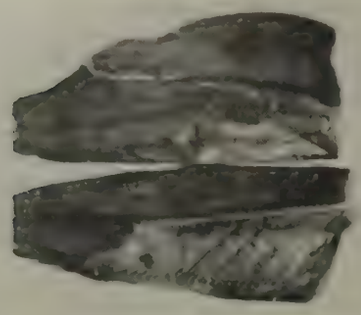

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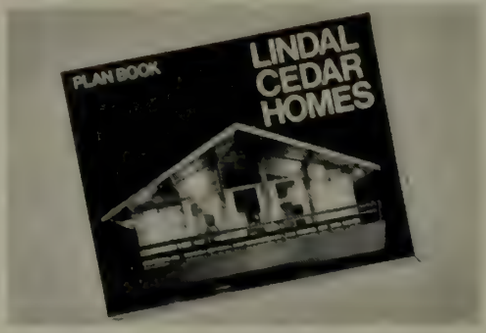

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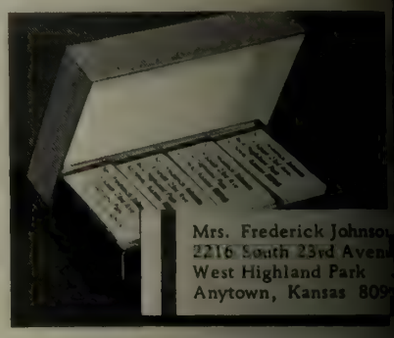

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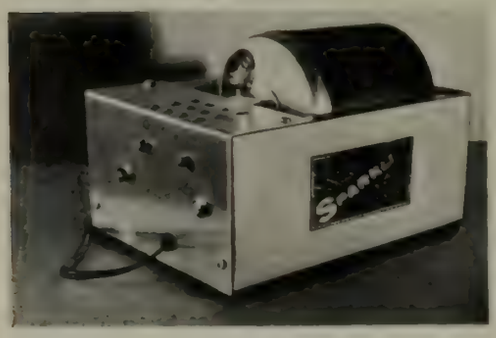

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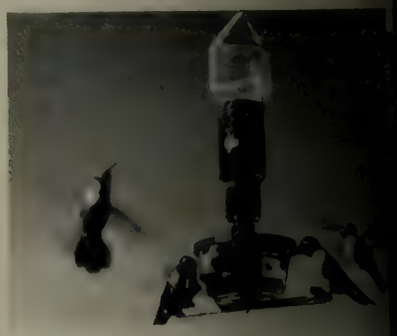

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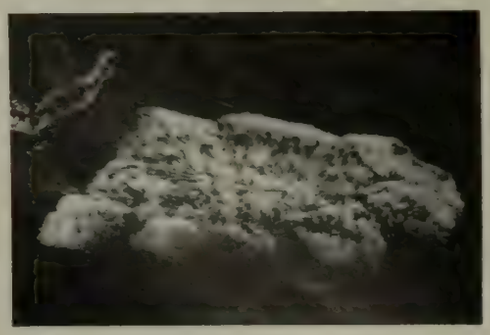

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A genuine New Zealand sheepskin rug can be yours for only $18.00. These world famous, natural white sheepskin rugs are expertly tanned to permit washing (instructions enclosed). Size 3′ x 2′6″. U.S. $18.00 (includes insurance and postage by surface mail. Approximately 6 weeks). Personal checks accepted. The Sheepskin Rug Co., 33 Queen St., Auckland, New Zealand. Bank reference:— Credit Department, Southern Region H. Q., Crocker Citizens National Bank, Los Angeles.

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They're warm, personal, inexpensive. Send your favorite Kodacolor negative. Choose "Season's Greetings", "Peace on Earth", "Merry Christmas" or "Greetings from our Home to Yours". We'll print your name free if ordered by Nov. 20. If later, add $3. 3½" x 5" cards from square negs. only: 50 for $9; 100 for $17, envelopes included. 3½" x 7" cards from any neg. or slide, 50 for $11, 100 for $20. Add tax. Order now. *Snapshot Photo Service*, P.O. Box 27007D, Los Angeles, Calif. 90027.

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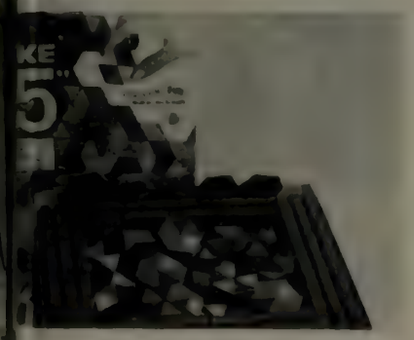

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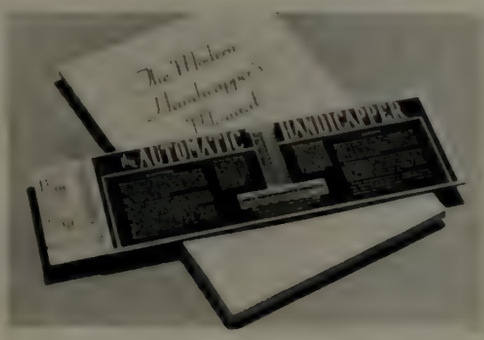

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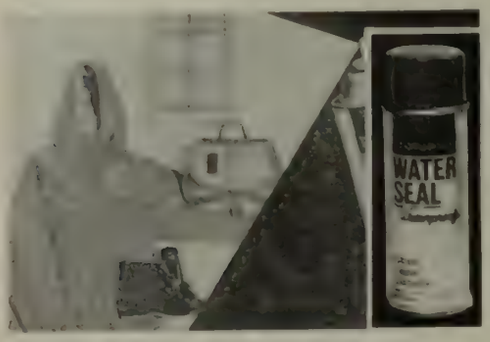

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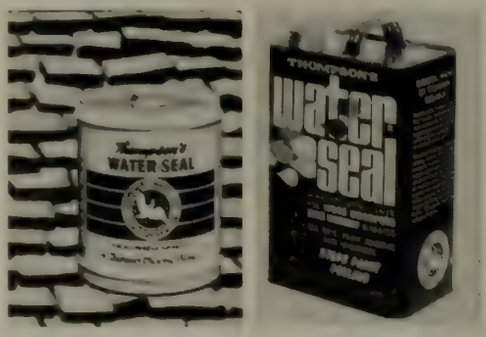
Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.



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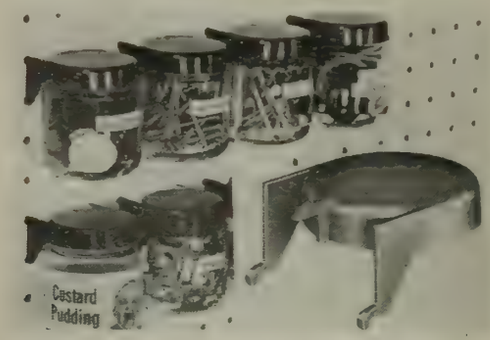

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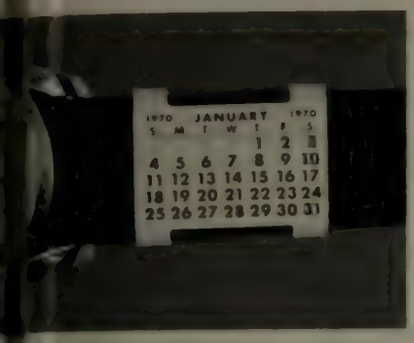

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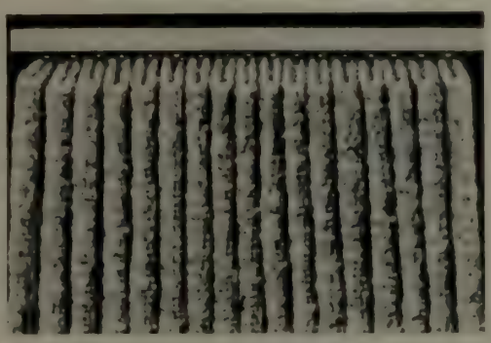

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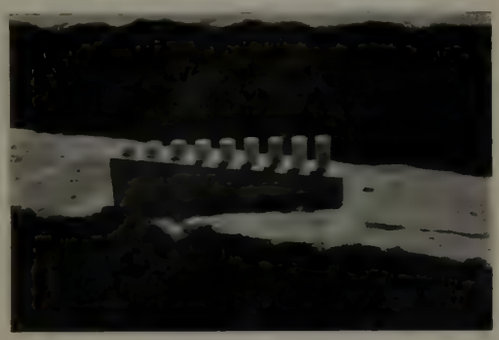

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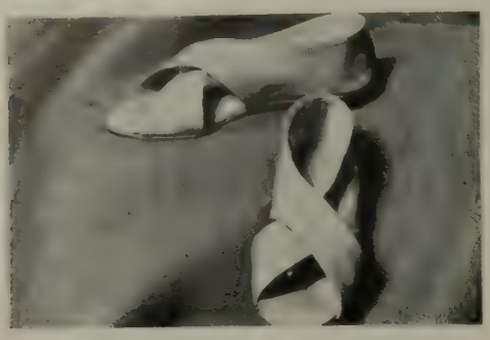

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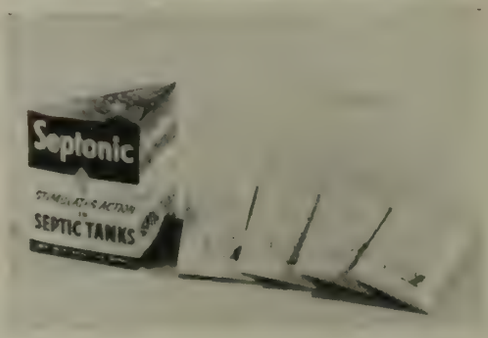

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Garden event in November

Walnut Creek. November 1 and show by the Northern California of the National Chrysanthemum Place: Recreation Center, 1445 C Hours: 10 A.M. to 7 P.M. Satur A.M. to 6 P.M. Sunday. Free.

Oakland. November 3 through 18th annual holiday decorations sponsored by the Oakland Park ment, Chamber of Commerce, Garden Clubs of the East Bay Oakland Auditorium, 10th and streets. Hours: 9 A.M. to 9 P.M. Tuesday, and Wednesday; 9 A.M P.M. Thursday. Free.

Decorated live Christmas trees feature; you can purchase dried for holiday arrangements.

San Francisco. November 4. Sessio dian plants sponsored by the Sa cisco Garden Club. Place: Hall of Ninth Ave. and Lincoln Way, Gate Park. Hours: noon to 3 P.M. box lunch; coffee will be served fr to 1 P.M. Lecture by Wayne F University of California horticul to 2 P.M. Tour of Strybing Ar from 2 to 3 P.M. to identify India Admission: free.

Paradise. November 5. Fall flow and tea presented by the Paradise Club. Place: Elks Club Hall, 68 Rd. Hours: 1:30 to 8:30 P.M. Fre

Berkeley. November 8. Annual sa California Native Plant Society Brazilian Room, Tilden Park. H A.M. to 3 P.M. No admission cha items include alpines, bonsai, ca fers, drought-resistant plants, fer ering shrubs, shade-loving pla succulents. Seeds for some nativ will also be sold.

Las Vegas. November 8 and 9 show cosponsored by the La Council of Garden Clubs and Department. Place: Convention Hall, 3150 S. Paradise Road. Ho to 9 P.M. Saturday; 10 A.M. to 6 day. Free.

Coalinga. November 12. Annu and chrysanthemum fete spon the Coalinga Woman's Club. P nith Hall, 154 W. Cedar St. Hou P.M. Free.

San Francisco. November 29 and er show presented by the Vista Garden Club. Place: Hall of Golden Gate Park. Hours: 1 to 5 urday; 10 A.M. to 5 P.M. Sunday.

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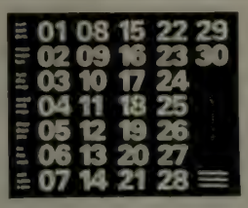

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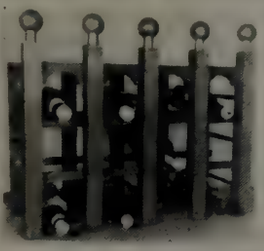

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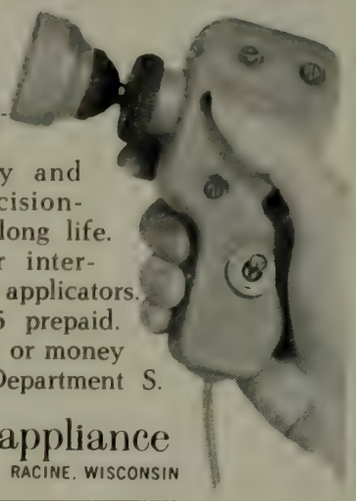

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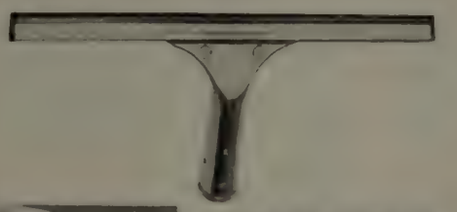

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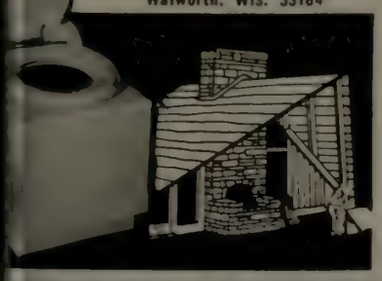

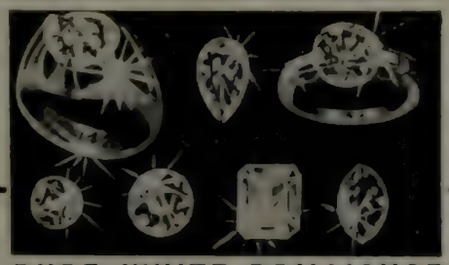

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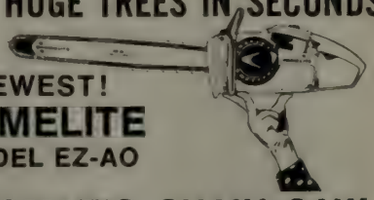

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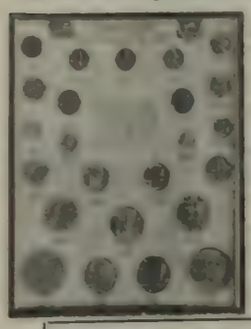

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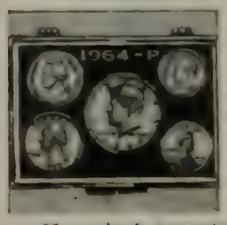

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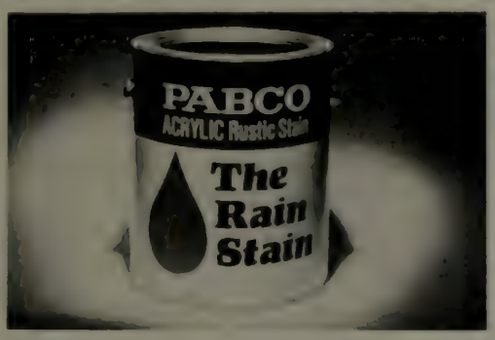

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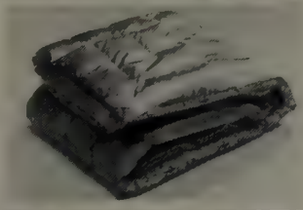

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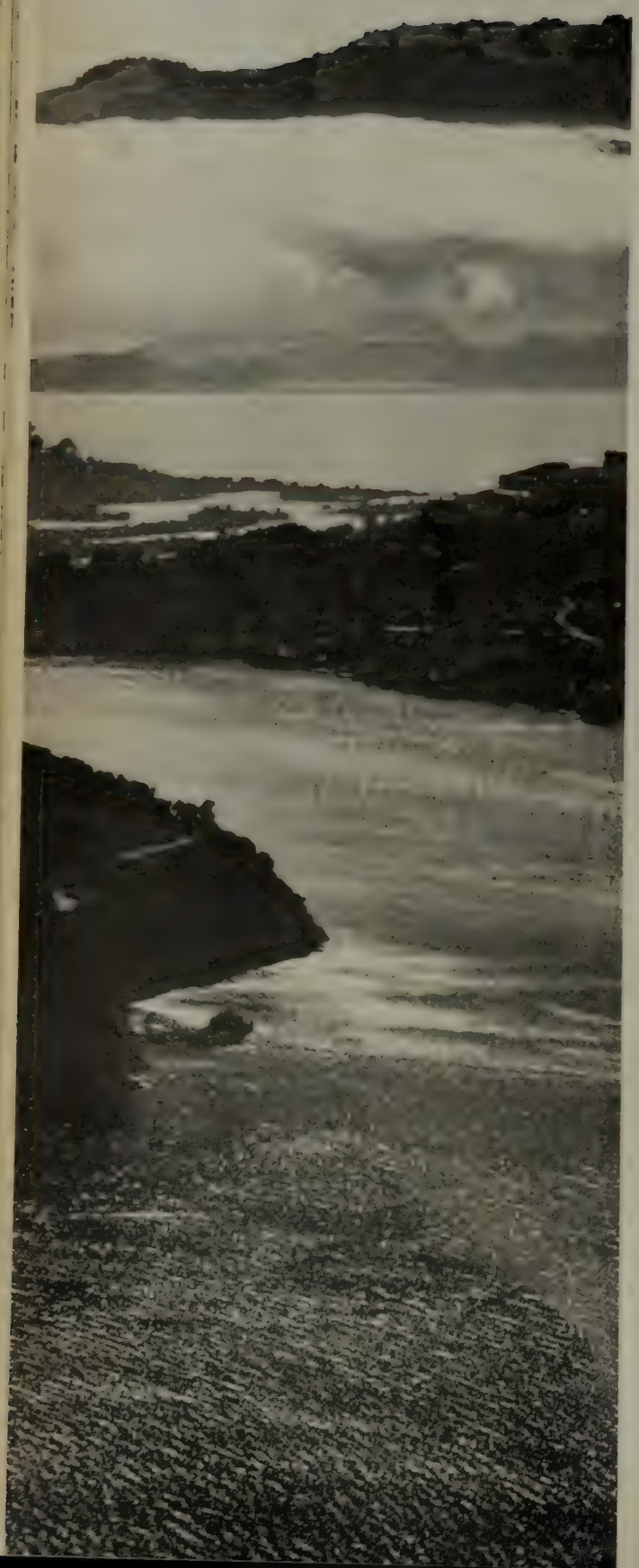


Our long watch on the Paci

This year a long expected bombshell burst in the air travel busin Civil Aeronautics Board and the President awarded nine airli routes to Hawaii and farther west in the Pacific. Some opera already, but almost half are newcomers at crossing the Pacific.

Within the last three months, two of those newcomer airlin brought their senior management and sales executives to *Sunset's* Park office for briefing sessions on their new Pacific territory planned and arranged by *Sunset*.

Why *Sunset?* Because *Sunset* is the one consumer magazine cl touch with travel and patterns of living on the Pacific Coast, whole Pacific area, and around the so-called Pacific Rim.

Sunset has been reporting on Hawaii and the Pacific ever si magazine was founded in 1898. In 1912 *Sunset* bought out a m called *The Pacific Monthly*, and every issue of *Sunset* since then ried that subtitle. But we took an even more decisive step in 195 we added Hawaii to our circulation territory, and established an e office in Honolulu.

When the Pacific Area Travel Association was formed in 1951 was a charter member and has since played an active role in its

In the 17 years since 1952, *Sunset* has averaged about two a month on travel to and around Hawaii and the Pacific. In a the *Sunset Books* now include a 10-volume series on the Paci built up title by title, starting with *Hawaii* in 1957; then *M* 1959; *Japan, Australia*, and *New Zealand* in 1964; *Hong Kong* i *Islands of the South Pacific* and *Alaska* in 1966; *Taiwan* and *So Asia* in 1968. Many are now in second to fourth editions. (In 1968 became United States publishers of *Peter McIntyre's Pacific.)*

The Pacific gateway will open wider in the 1970's. The first s the Boeing 747, will start service from California to Hawaii an early next year. The first world's fair ever in Asia, Expo 70, in Osaka, Japan's second city, next March 15. *Sunset's* reporte already been to Osaka for previews and will return to cover the c

WINDOW ON THE WEST: San Francisco Ba

The California State Legislature has passed and Governor Ron Reagan has signed a bill that sets up stiff regulations on shorel development of San Francisco Bay. Equally important, it makes p manent the Bay Conservation and Development Commission.

Here is one glimpse of what BCDC is pledged to preserve.

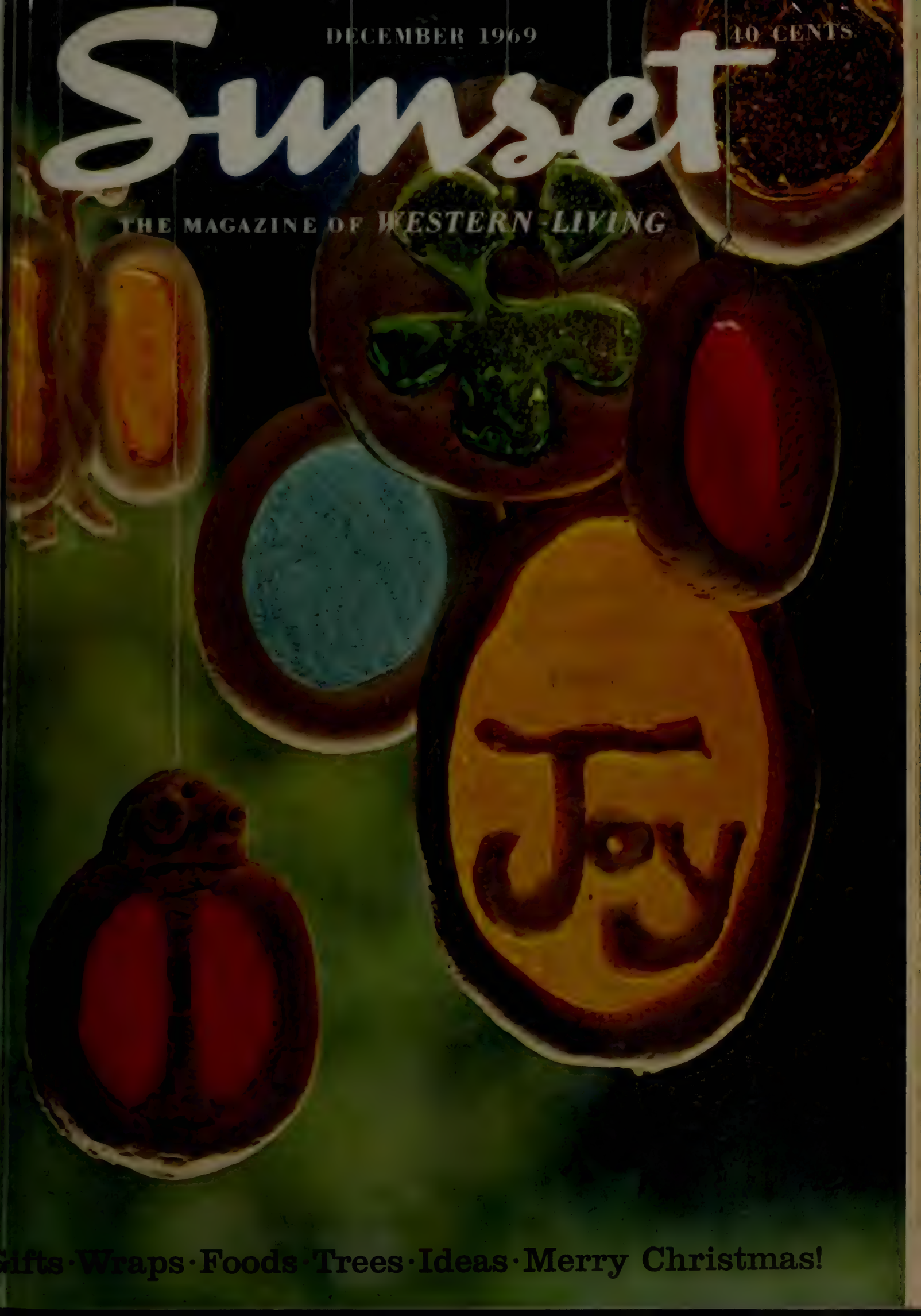
The photographer, in a blimp, aimed northwest past Angel Island (foreground) over Raccoon Strait to Tiburon. Belvedere Lagoon is visi over the ridge. Across more water is Strawberry Point; then Richard Bay, and finally the southern slopes of Mount Tamalpais.

"Save Our Bay" advocates have won one round but not the entire c test. All those in favor should be prepared to continue support.

DECEMBER 1969 40 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING



Gifts · Wraps · Foods · Trees · Ideas · Merry Christmas!

Lincoln Continental for 1970.

New dimensions in luxury, size, spaciousness. Still every inch a Contin

For 1970, America's most distinguished motorcar introduces a new measure of room and luxury.

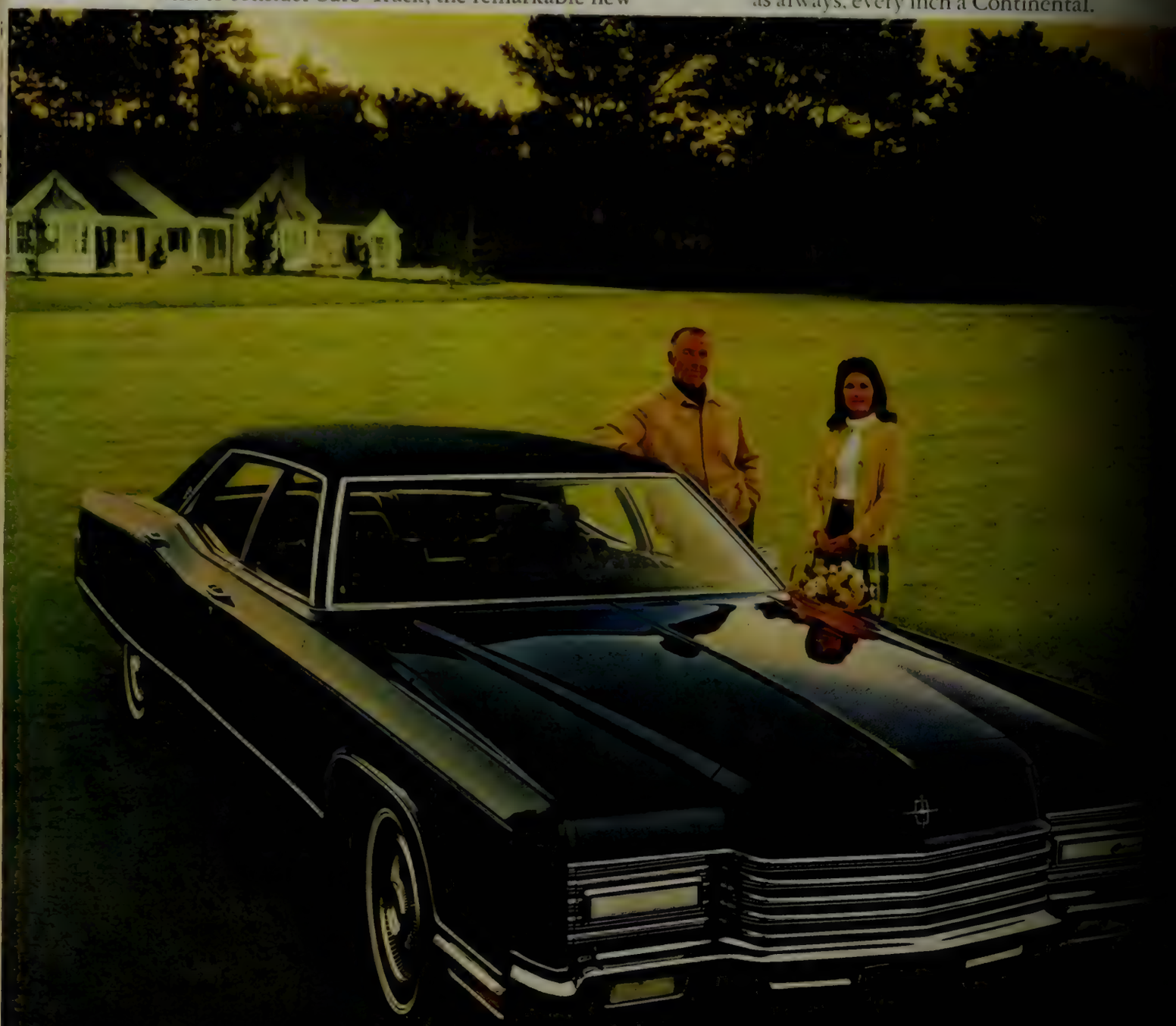
The new Lincoln Continental is unusual among luxury cars; the rear seat is as roomy as the front seat. The ride is smoother and more substantial because the wheelbase is longer and the stance is wider.

Power front disc brakes are standard. And you may wish to consider Sure-Track, the remarkable new computer-controlled anti-skid braking syste

Flow-Thru, a new ventilation system, circulates air through the car even with the windows cl

Yet for all its advances, Lincoln Continental retain uniquely individual qualities that have al distinguished this car from all other luxury

For 1970, the altogether new Lincoln Continent as always, every inch a Continental.



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Sunset*

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

Feature articles for December 1969

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The Cover Story

Candy ornaments glow like tiny stained glass windows in the afternoon sun. Tinted sugar candy is held in frames of baker's clay. Glenn Christiansen took the cover picture and photograph of eight variations on page 64

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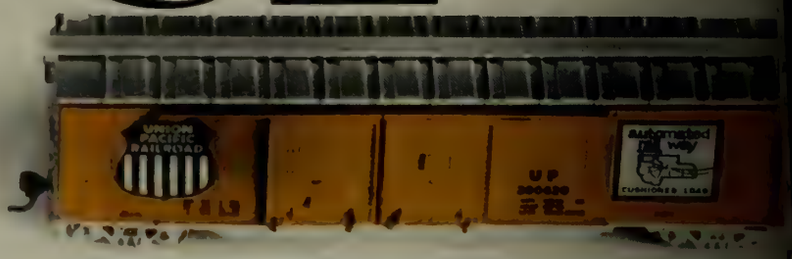
AMERICA'S MOST USEFUL CAR



Few facilities for transporting freight were more functionally designed than the familiar box car. Even back in the Golden Spike days of 1869 they moved more goods, faster and at lower cost, than any means before.

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GOLDEN SPIKE
1869 1969
CENTENNIAL

UNION PACIFIC

cember travel . . .
in and beyond the West

BARON WOLMAN

Guest *and paper figure share hopscotch at party*

ng a child's enthusiasm for the Christ- season is for many adults the princi- leasure of the holiday time.

dition to paying a call on Santa , children enjoy parties where there ood things to eat and games to play; s garlanded on houses, trees, and ts; and anything connected with the stmas tree (except perhaps the un- rating).

and on the following pages is a ling of Christmas activities in and nd San Francisco for children and adult friends:

seum party in n Francisco

evening a year in December, the rable M. H. de Young Museum (ex- for the Brundage exhibit wing) is ed over to children. Last year they ght an estimated 3,000 adults with n to admire Christmas tree decora- s, sculptures, and toys made by fall ion museum art classes. They drank ch (parents can opt for champagne), rd choral music, and saw puppet ws and wandering jesters.

eeds for the evening go toward art s scholarships.

s year's "Holiday Happening" is ned for Friday, December 12, from P.M. to 9 P.M. One of the highlights be the showing of a new movie *Tops* art and design innovator Charles nes; some fine examples of antique

Hand puppet *dragon entertains young audience*

Sunset

THE MAGAZINE OF WESTERN LIVING

December 1969

As his companions *gaze on, Jimmy helps assemble a whatzit*

Children help us test an idea

Does an industrial designer know how to design for children? In the case of Nelson Van Judah, yes.

We had already seen how he could transform a modest school play yard into imaginative climbs and mazes (page 76 of the September *Sunset*).

When we visited his studio in Portola Valley, California, the talk touched on how exciting it is to simplify something to bare essentials and then let children fill in with their imagination.

Thus the idea evolved of joining equilateral triangles.

We built 20 triangles to Mr. Judah's specifications and had a great time assembling them into small and large play structures. Our young assistants could hardly wait to get into them. To see what resulted, turn to page 56.

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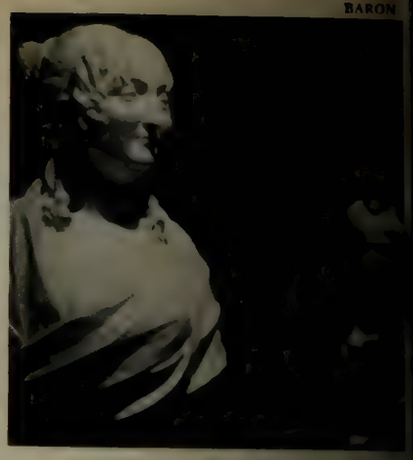
BARON



French lady *peers over caroler's sh at de Young Museum Christmas*

and modern tops will be on exhibit.

If you would like to donate food evening fund-raising effort, call (41 3108. Admission is $1 per adult. Cl 15 years or younger can enter free

An event calendar for chil

Bay Area parents stuck for an ans the perpetual question of "what today" can now turn to a calen lists day-by-day events and outi the Bay Area compiled by the la the Community Music Center Aux To include late-developing activiti pages are mailed out two month time. The pages slip into a paper heavy enough for hanging; it come the first month's order.

The calendar follows the school September through August. Subs through December will receive months; although out of date, the clude such general information as h visit an auto assembly plant and an airport, and when you can ri Super Skunk.

To subscribe, send $4.50 to the Co nity Music Center Auxiliary (a profit organization offering progran people of all ages interested in musi 544 Capp St., San Francisco 94110.

To pick a live Christmas tr

Tramping through the woods (unles own them) to cut a Christmas t against the law in California. The alternative is to visit a Christmas farm. You needn't drive to the m tains; there are "cut-your-own" tree in populous Alameda, San Mateo Contra Costa counties. However, are located in El Dorado, Santa Cru Sonoma counties.

When you decide on a favorite tre owner, if he isn't too busy, will help for you. It is best to come early i month while there are still trees in dance. The freshly cut tree will last past Christmas.

For a list of Christmas tree farms,

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GLENN CHRISTIANSEN

Pacific Grove. *From November 28 through January 5, colored lights will enliven Lighthouse, Central, and Forest streets*

to California Christmas Tree G
2855 Telegraph Ave., Berkeley 94

Christmas Events

Oakland. At Children's Fairyland
Merritt) on December 7, Mr. an
Santa Claus will arrive with Mrs
remaining on hand to bake cookies
will be given away on weekends u
cember 20, then daily through Jan
between 10 A.M. and 4:30 P.M. On
ber 6 and through the Holidays,
puppet show, *A Russian Tale*, will
formed at 11 A.M. and 2 and 4 P.
park is closed Christmas and New

San Francisco. Morrison Planetar
Golden Gate Park presents the
"Star of Wonder" program depict
sky at the birth of Christ with s
tion about the Christmas star. Th
showings from December 17 throu
uary 4: weekdays at 2 P.M., Satur
2 and 3:30 P.M., and Wednesday t
Sunday evenings at 8:30. There
show on Christmas Eve, Christma
or New Year's Day. Admission is
adults, 50 cents for children under

San Miguel. At Mission San Migu
angel, 8 miles north of Paso Roble
dren will re-enact the *Posada* rit
Mary and Joseph seeking lodgin
pageant is scheduled for 3 P.M.
cember 14. The mission is about h
between Los Angeles and San Fran

For travel planners, a December check list

Passion Play. One summer every 10 years, the people of Oberammergau, a small town in the Bavarian Alps, portray the story of the Passion of Christ in a renowned 6½-hour stage presentation. The 1970 version will run from May 18 through September 28. Most individual tickets have already been sold; however, many tour operators have made group bookings and include the play in some of their regular tours. For information, see your travel agent.

Western skiing. Daman Nelson Travel & Ski Shop, 115 Mission St., San Francisco 94105, has announced a variety of tours to ski areas in the West, including Aspen, Taos, Salt Lake ski areas, Jasper, and Squaw and Heavenly valleys. Rates range from $140 (dormitory accommodations) to $300 (single room), and most include round-trip transportation from San Francisco, lodging, and unlimited use of lifts; some also include most meals and lessons. For a free brochure, write to Daman Nelson, or see your travel agent.

South Pacific tours. A 17-day air tour of the South Pacific, leaving San Francisco at least once a month throughout 1970, will visit the Fiji Islands, Apia, Pago Pago, Tahiti, Bora Bora, and Mooréa. The tour is designed to allow travelers maximum freedom, yet activities are suggested for those who wish to participate. The cost of $1,042 includes all transportation, lodging, and some meals. Write to Trans Pacific Tours, 201 Marine Ave., Newport Beach, C
92662, or see your travel agent.

East African air safari. Nairobi, M
chison Falls, Treetops Hotel, and the N
rongoro Crater are only a few of the st
on the 22-day Wing Safari of East Afr
Travelers are transported between st
overs by air, allowing more time for
cursions. Tour cost of $1,600 includes
transportation from Nairobi (air fare
Nairobi is not included), lodging, and m
(except lunch and dinner in Nairobi). F
color brochures of the Lindblad Tra
Inc., East African Wing Safari, which
clude a list of the year-round depart
dates, are available at travel agents.

Mexico City information. A biling
(English and Spanish) telephone in
mation service in Mexico City can
reached by dialing 07. The six-opera
staff, on duty 24 hours a day, will ans
questions regarding public facilities,
taurants, sports, and tourist attractions

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Provide information on tours; reserve sp
on air, rail, bus, and steamship lines; m
hotel, ranch, and resort reservations; t
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and special events. Travel agencies do
charge for arranging transportation
package tours, but do charge for "custo
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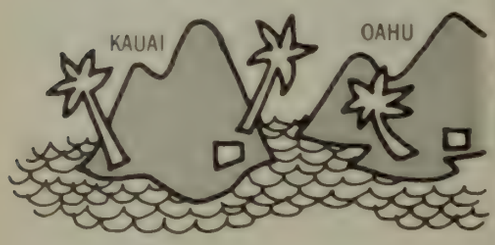

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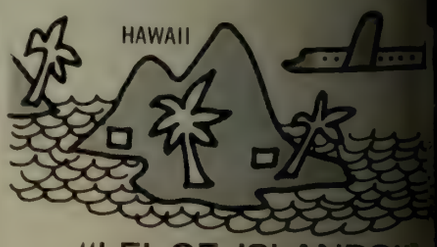

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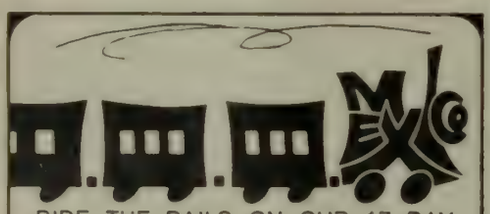

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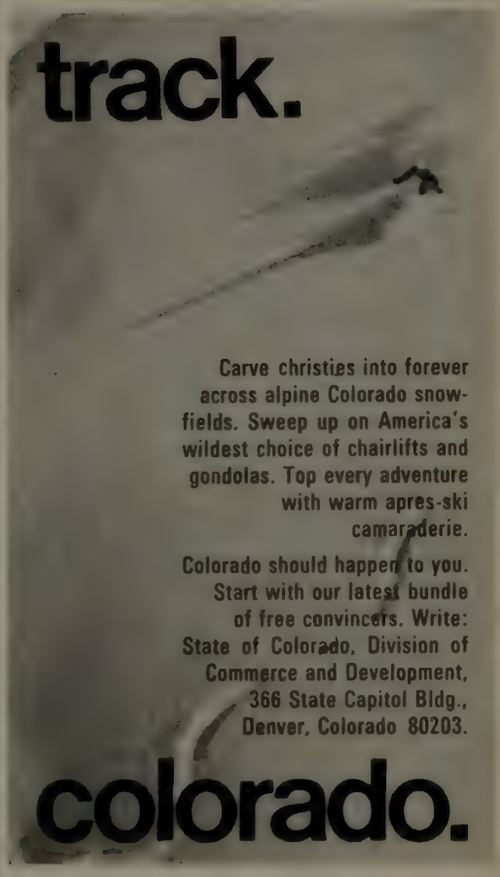

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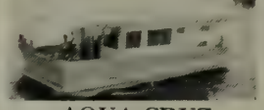

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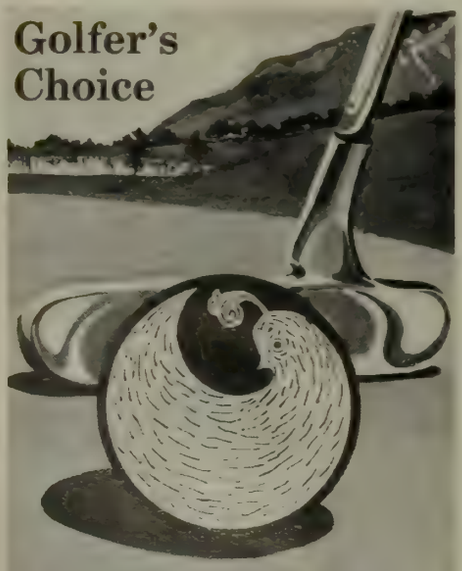

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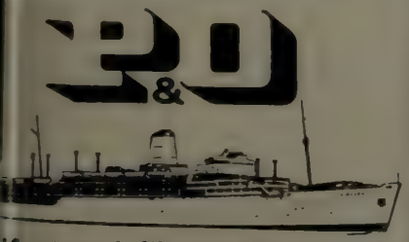

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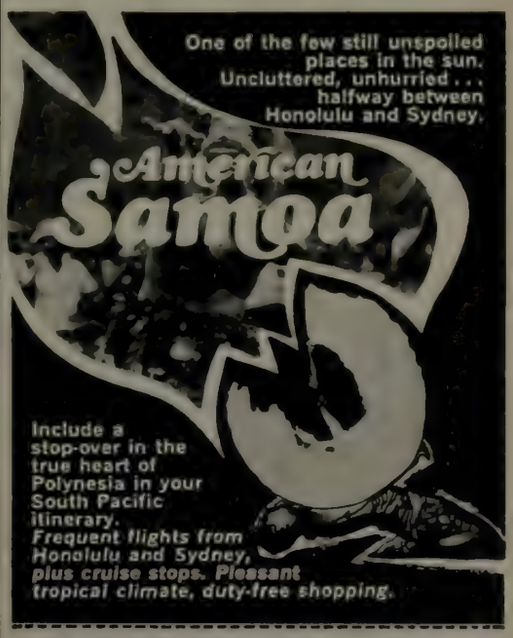

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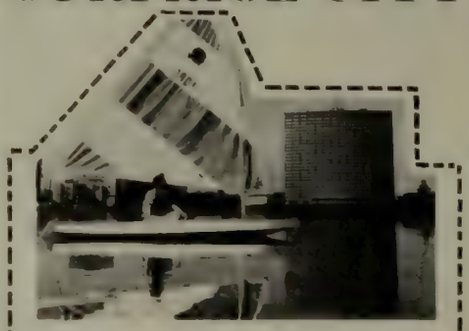

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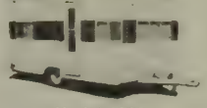
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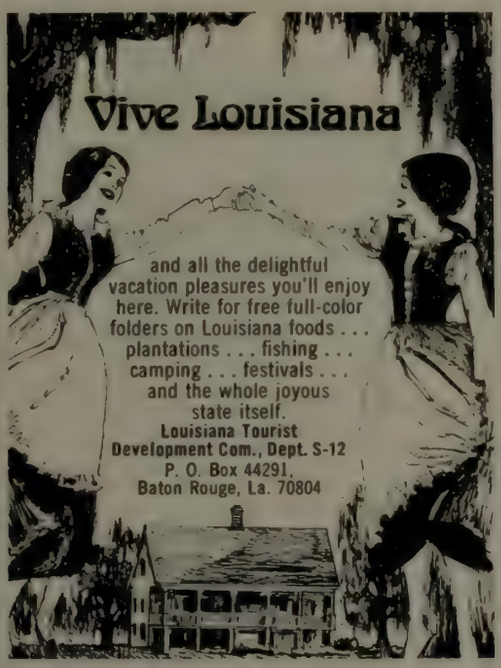

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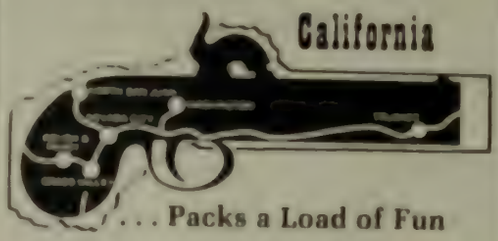

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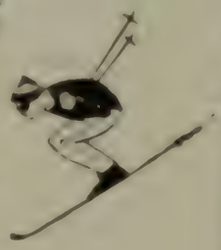

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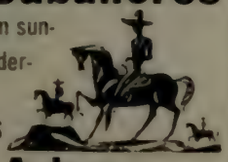

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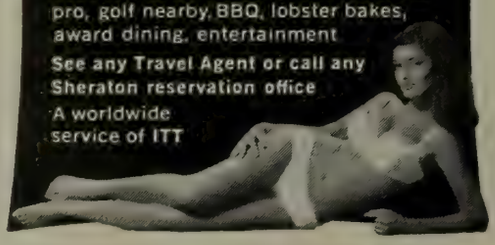

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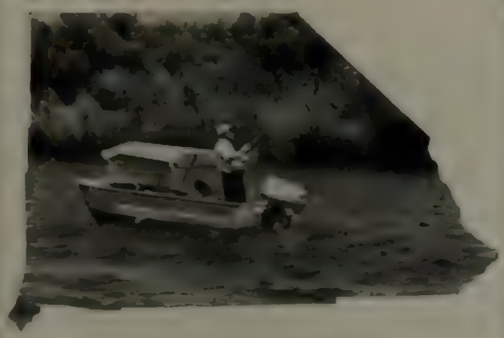

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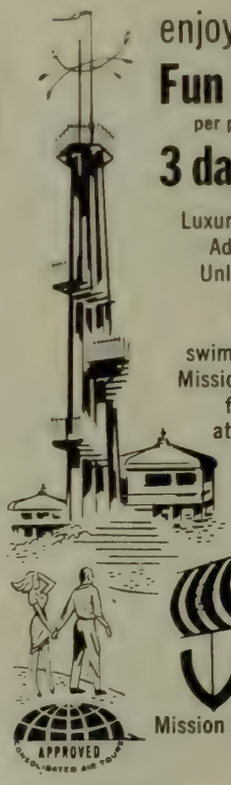

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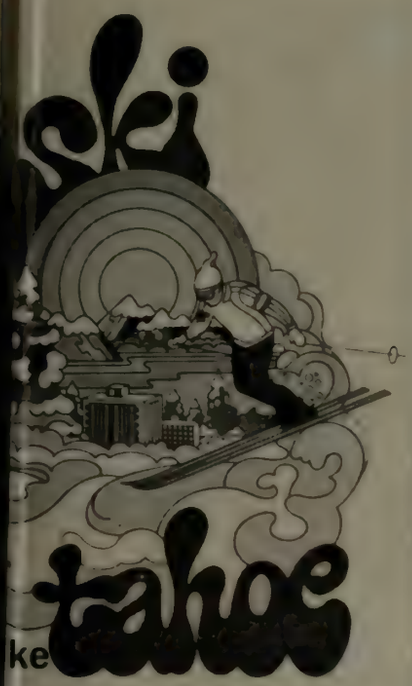

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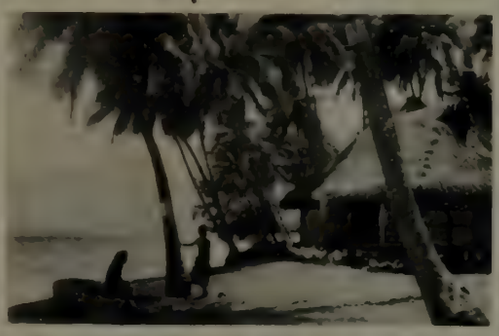

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Homemade net *scoops out herring*

To Sausalito fo the herring

Fishermen around Sausalito scan the tery winter skies over San Francisc for screeching, wheeling gulls, cormo and pelicans signaling that the herrin in. Moments later a score of opportu materialize along Bridgeway.

They come equipped with lines att to net-covered metal hoops which throw, let settle to the bottom, and a few moments (if they are in luck) in loaded with silvery Pacific herrin

Most years the fish first enter the around Christmastime to spawn alon rocky shoreline. Between then and M there are usually another four or five Only sport fishermen may catch along shore, and—in California—on San Francisco, San Pablo, and Ton bays. Nets, if used, must not exce feet in diameter. Most fishermen their own.

The herring come to shore with an in ing tide. When the tide changes they draw, returning in successively we runs on following high tides. Then may be an interval of days or week fore the next run. After the first some fishermen try their luck fly-cas with weighted lines using yellow-and-patterned flies on a number 6 hook. reward may be a fighting herring u 18 inches long—herring caught in usually run only 5 to 14 inches.

In addition to Sausalito, herring caught along the waterfronts of Be dere and Crockett, and at the en Garrard Boulevard in Richmond.

There is no way to predict when the ring will run. Reports of their acti are relayed by word of mouth and so times appear in newspapers.

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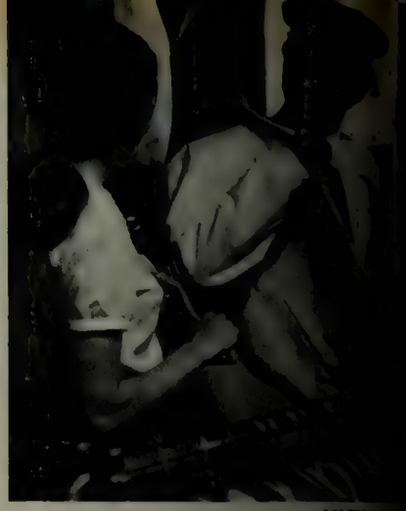

MICHAEL

Sunday sailor *tries yachting cap and floating jacket for size at a ship chandlery*

GLENN CHRISTIANSEN

From left: *water cask, $29; life vest for a dog, $8.50; old fid (tapered wood pin), $25; small cargo hammock, $4; brass foghorn, $5; clock, $85; rope belt, $7; model ship (or kits), $25 to $100; whisk broom, $4; bell pull, $8; book ends, $35; nautical books, various prices; bronze bell (top of picture), $46; oil lamp, $74; hat, $5; early diver's helmet, $350; candleholder, $14; canvas bucket, $6*

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ELLEN KADELBURG

Morning art classes *by Orozco monument are very informal; students don't seem to mind if you peer over their shoulders as they work*

unday in the park . . . in Guadalajara

ay strollers in Guadalajara might en- spending an entire day in Parque a Azul, the city's largest park.

attractions include a bird sanctuary picturesque flamingos and peacocks, all zoo, a secluded playground for lren, and shady picnic grounds. There usually free afternoon musical per- nances in the outdoor amphitheater— ood place to rest weary feet.

liant military macaws provide hints olor from their suspended perches the shady pathways. Vendors are al- s present with bright balloons, *chi- rrones* (crisp pork rind), ice cream, lly-sliced fruit, and juices.

main entrance to the park is on Cal- a Independencia Sur, next to one of adalajara's largest flower markets. No omobiles are allowed inside. Admis- is only 20 centavos (about 2 cents).

Little boy *is selling pinwheels stuck in stem of maguey plant*

Although the road to Chapala divides Parque Azul, overhead pedestrian bridges connect the two parts and also provide good views along the tree-lined highway.

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creation, the migrations that popu
them, life in ancient Hawaii, and e
since Captain James Cook's arriv
1778. The text is by Edward Joesting
O. A. Bushnell.

Shoal of Time, by Gavan Daws (
millan Company, New York, 1968; $9
is a lively, balanced account of Haw
history from Cook's discovery to
hood in 1959. The cast of character
cludes monarchs, missionaries, s
planters, foreign diplomats, and unio
ganizers. The author is a professor o
tory at the University of Hawaii.

Kauai and the Park Country of Ha
by Robert Wenkam (Sierra Club and
lantine Books, New York, 1969; $3.9
a smaller (6½ by 9½-inch), paper
version of a $25 book published in 19
part of the Sierra Club's Exhibit Fo
Series. The new edition retains the
ity of the original's sensitive color p
graphs of western Kauai. Photogra
conservationist Wenkam tells how
has tampered with this splendid
(including Kokee, Waimea Canyon,
kai Swamp, NaPali), and pleads
national park to protect what's left o
wilderness.

In observance of the 150th anniversa
the first missionaries' arrival, the
waiian Mission Children's Society of
olulu has published two new editions

Grapes of Canaan: Hawaii 1820, by
bertine Loomis (paperback; $1.50),
1951 documentary novel inspired by
nals of the author's great-grandpare
members of the pioneer company
young people who sailed from Bosto
the brig *Thaddeus* in 1819 to bring C
tianity, democracy, education, and f
ing methods to the Hawaiians. (El
Loomis was the printer who began tr
scribing Hawaiian sounds in the En
alphabet.)

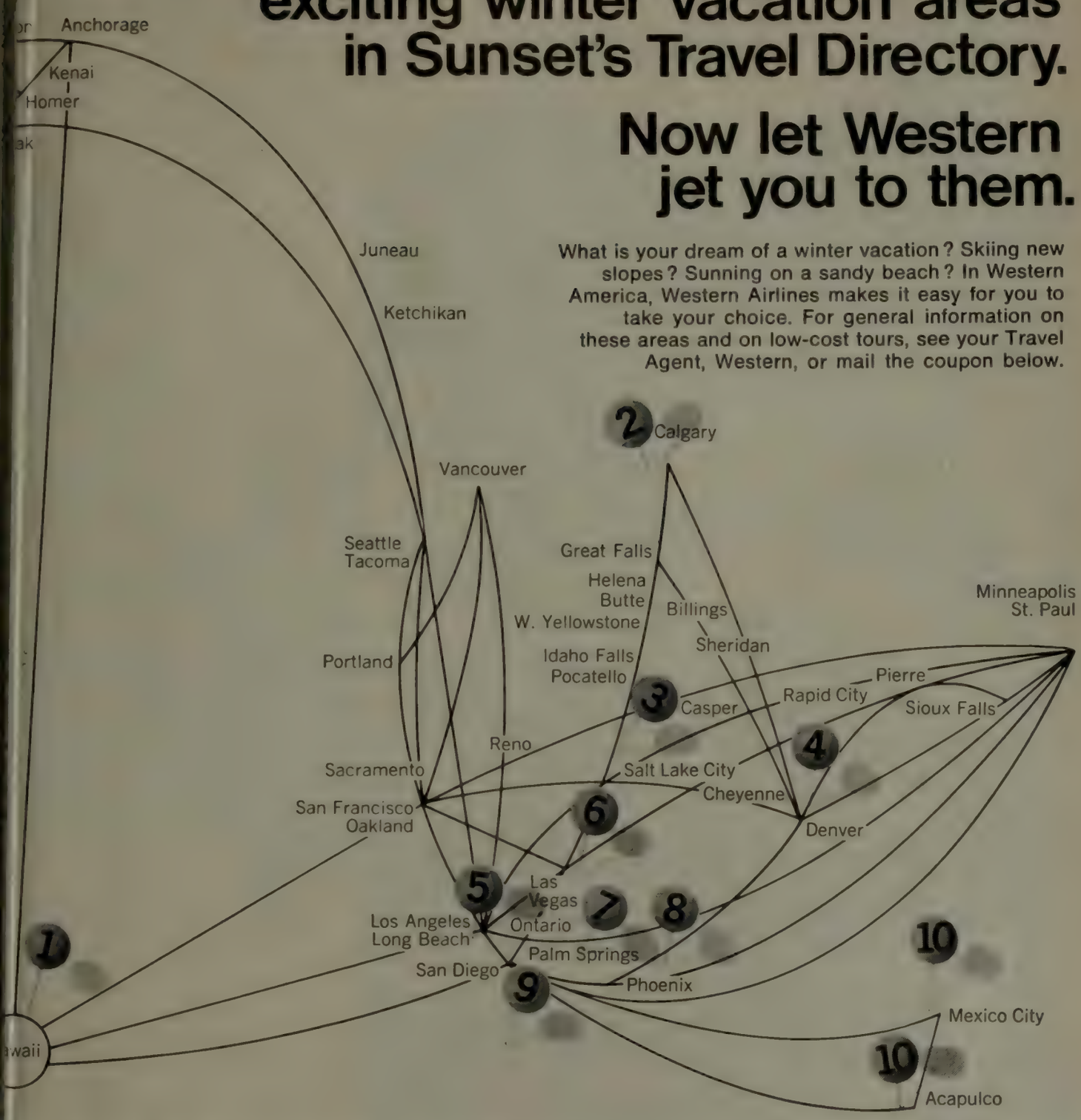
Missionary Album (clothbound; $10
an enlargement of 1901 and 1937
folios, with portraits and biographie
the missionaries of all 12 companies,
selected letters, reports, and sketche

Old Honolulu: A Guide to Oahu's
toric Buildings (Historic Buildings
Force, Honolulu, 1969; $1.95) pres

You've read about these exciting winter vacation areas in Sunset's Travel Directory.

Now let Western jet you to them.

What is your dream of a winter vacation? Skiing new slopes? Sunning on a sandy beach? In Western America, Western Airlines makes it easy for you to take your choice. For general information on these areas and on low-cost tours, see your Travel Agent, Western, or mail the coupon below.



1 HAWAII — Honolulu, Waikiki Beach, Diamond Head, Pearl Harbor, Polynesian Cultural Center, Neighbor Island tours, volcanoes, fishing and surfing.

2 CALGARY, ALBERTA — Skiing at Banff / Lake Louise, Mt. Norquay, Sunshine Village, Jasper and Marmot Basin.

3 SALT LAKE CITY — Temple Square, skiing at Alta, Brighton, Park City and Park City West.

4 DENVER — Skiing at Vail, Aspen, Snowmass and Aspen Highlands.

5 LOS ANGELES — Disneyland, Marineland, movie studio tours, Music Center, Farmers Market, major league sports.

6 LAS VEGAS — World-famous entertainment, casinos, luxury resorts, Hoover Dam, Lake Mead.

7 PALM SPRINGS — Salton Sea, Mt. San Jacinto, Aerial Tramway, spas, golf, horseback riding in the desert.

8 PHOENIX — Scottsdale, golf, historic Indian reservations, dude ranches.

9 SAN DIEGO — Sea World, Balboa Park Zoo, deep-sea fishing, golf.

10 MEXICO — Mexico City: Pyramids of Teotihuacan, Ballet Folklorico, bullfights; Acapulco: deep-sea fishing, luxury seaside hotels.

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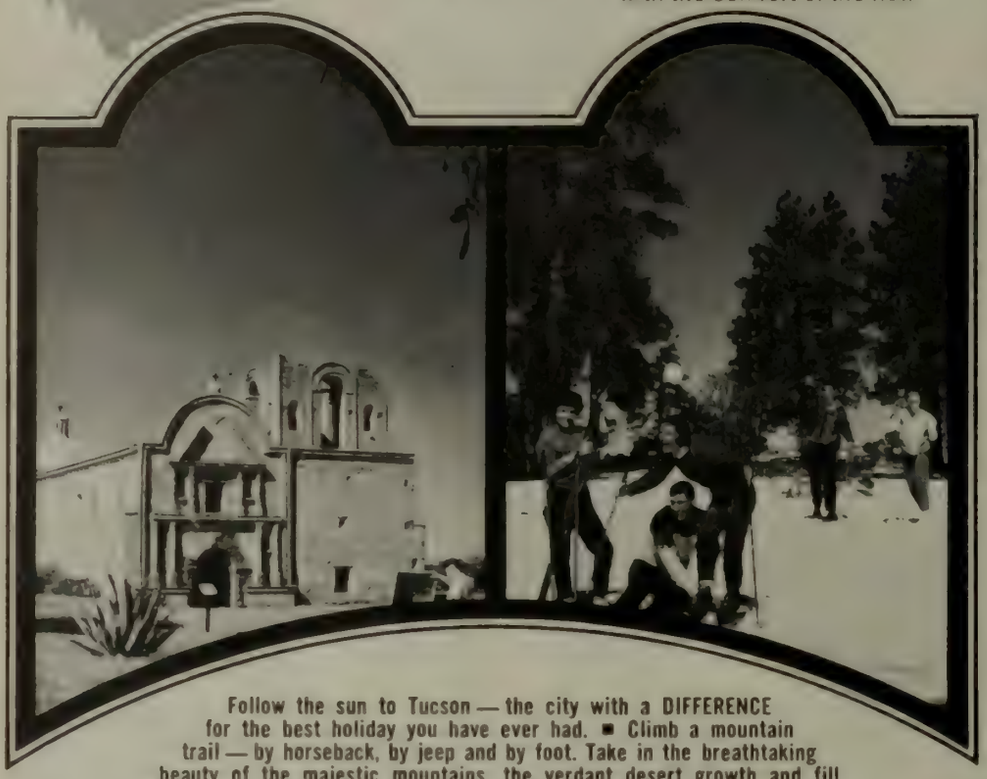

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photographs and descriptions of so homes and other buildings constr between 1821 and 1941. Several are national historic landmarks. The b maps locate the buildings and su walks in the Civic Center, Down and Chinatown.

Hawaii (Lane Books, Menlo Park, 1969; $1.95) is the fourth edition of that has helped visitors find their around the Islands since 1957. In years since the first edition appear has earned a reputation among authorities as the most thorough guide books presently covering the tourist attractions and facilities.

Those who rent a car and do thei driving have especially appreciate book's almost mile-by-mile precision detail is one reason for its freque visions. Throughout the current ed maps and text reflect changes in H since the last edition appeared in

Expert surfers ride off Oahu

Surfing experts still look to the lands for the biggest, most challen ing waves—particularly this mont when two top surfing competitio are scheduled on Oahu. At t beaches selected, less than an ho from Waikiki, the breakers tow 15 to 25 feet.

Sunset Beach is the site of t Duke Kahanamoku Invitation Surfing Championship, limited 24 big wave riders. Points a awarded for the surfer's position the wave when taking off and the amount of time he is able stay in the curl. Competition w begin December 13, or with the fi big surf thereafter. (Radio statio will announce the starting day a time.)

The International Surfing Cha pionship at Makaha Beach Park an open meet, with entries from United States, Peru, and Austral It will run from December through 28 (except Christmas Da and will include events for me women, and tandem or trick-ridi teams—two riders to a surfboard

Sunset Beach, on the north sho is reached by State Highway 8 Makaha is on the leeward coa on State 90. Be sure to take yo binoculars.

At Makaha, public swimming is pe mitted if the waves aren't too roug At Sunset, treacherous riptides ten make swimming hazardous.

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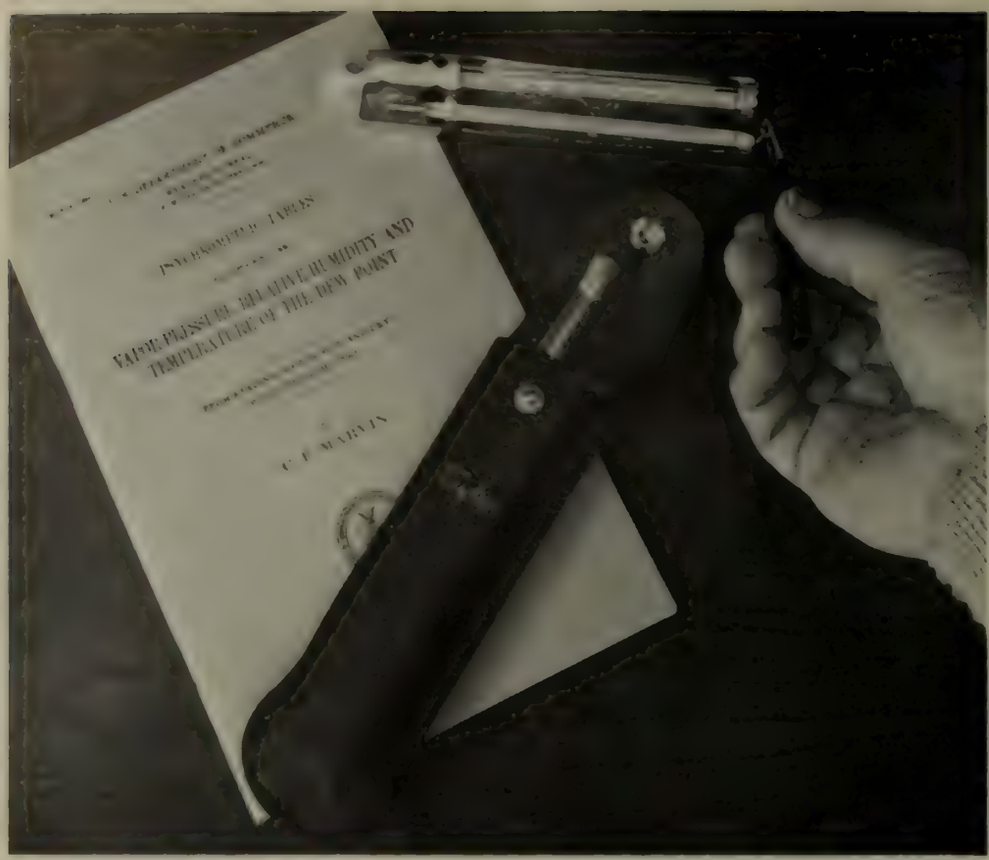


A sling psychrometer *($15 to $20) contains a wet and a dry thermometer, tells you accurately the relative humidity. Weather Bureau booklet tells you how to use it*

For Christmas . . . for son or husband

Start him off on a home weather station

Rain gauge *($5) tells you the amount of precipitation during the last 24 hours. Put it some handy place fully open to the sky*

Indoors, you can have *these compact instruments ($ They show the wind speed, wind direction, baro pressure, and (less important) indoor temperature, hu*

ELLS MARUGG

a sling psychrometer for a minute, then take a reading. Humidity level is one clue to chances of local fog, rain or icing

GLENN CHRISTIANSEN

Maybe this is the year to introduce your family to the satisfactions of weather forecasting.

You need just one instrument to start you off—a barometer. You can get a good one for $15 or less. Or you can go on to set up a quite sophisticated weather station costing anywhere from $50 to more than $200. The instruments for such stations are pictured and priced in this report.

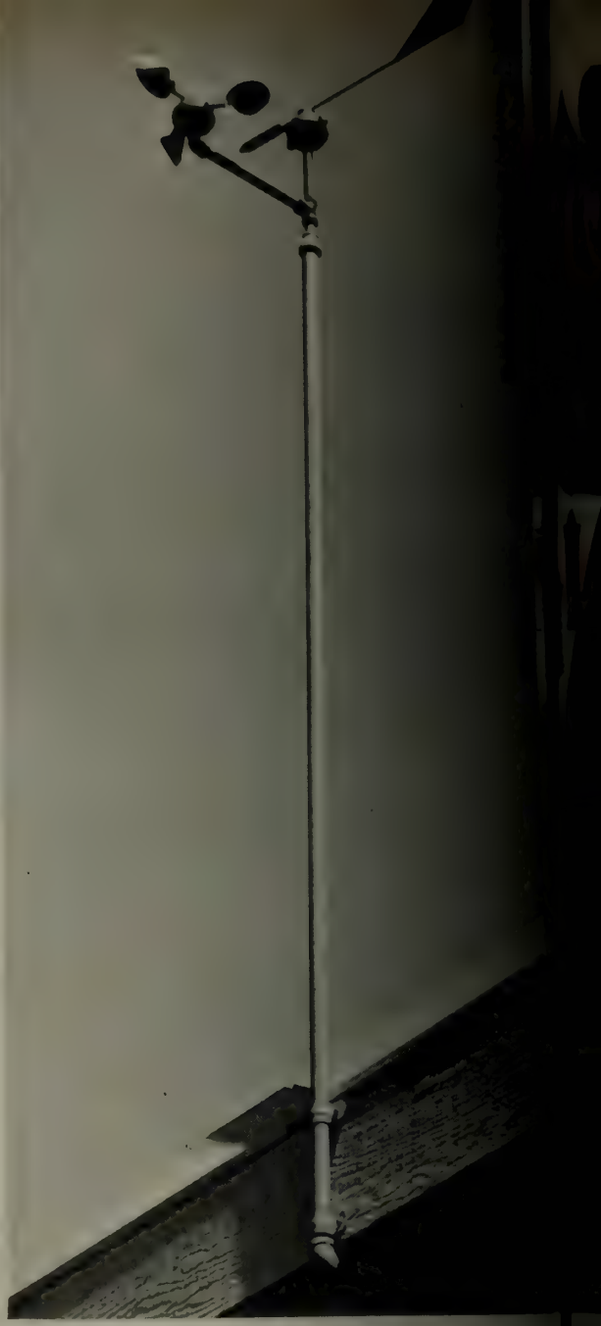
How interesting is weather-watching? And how accurately can you predict the weather?

To find out, three *Sunset* editors—one in Seattle, two in California—last year set up weather stations at home.

"One big surprise for me was how everybody exaggerates when he talks about weather. It was cold, but not that cold, wet but not that wet. I knew. I had checked the temperature and measured the rain."

"The wind gusts astonished me. The general blow might be 25

Pneumatic wind speed indicator *($27) attaches to your television antenna. Tubes from it go down to a gauge placed anywhere convenient inside the house*



Three half-spheres *on this wind gauge spin to gi wind speed. Pointer at right also electronicall you wind direction on a dial inside the house*

ELLIS MARUGG

Weather instruments *inside your house can be few, unobtrusive. One at left reads wind speed and direction. Right, a $15 barometer*

or 30 miles per hour, but I've seen gusts hit 100."

"The most fascinating thing was to compare my home climate with the weatherman's generalized reports. I got to know how *my* climate was different. In summer, for instance, I'd be as much as 5° cooler."

No matter how good you become at predicting—and you can get very good—still the weather sooner or later will fool you. And that's part of the fun.

Yet, with all its equipment, the U.S.

"The wind gusts astonished me"

reat ways to Hawaii and the Far East. ll Northwest!

you have a real choice of routes when fly Northwest across the Pacific. Our new es via Hawaii, added to the North Pacific es we've flown for 22 years, mean you fly out one Northwest way and fly home her Northwest way — a real round trip.

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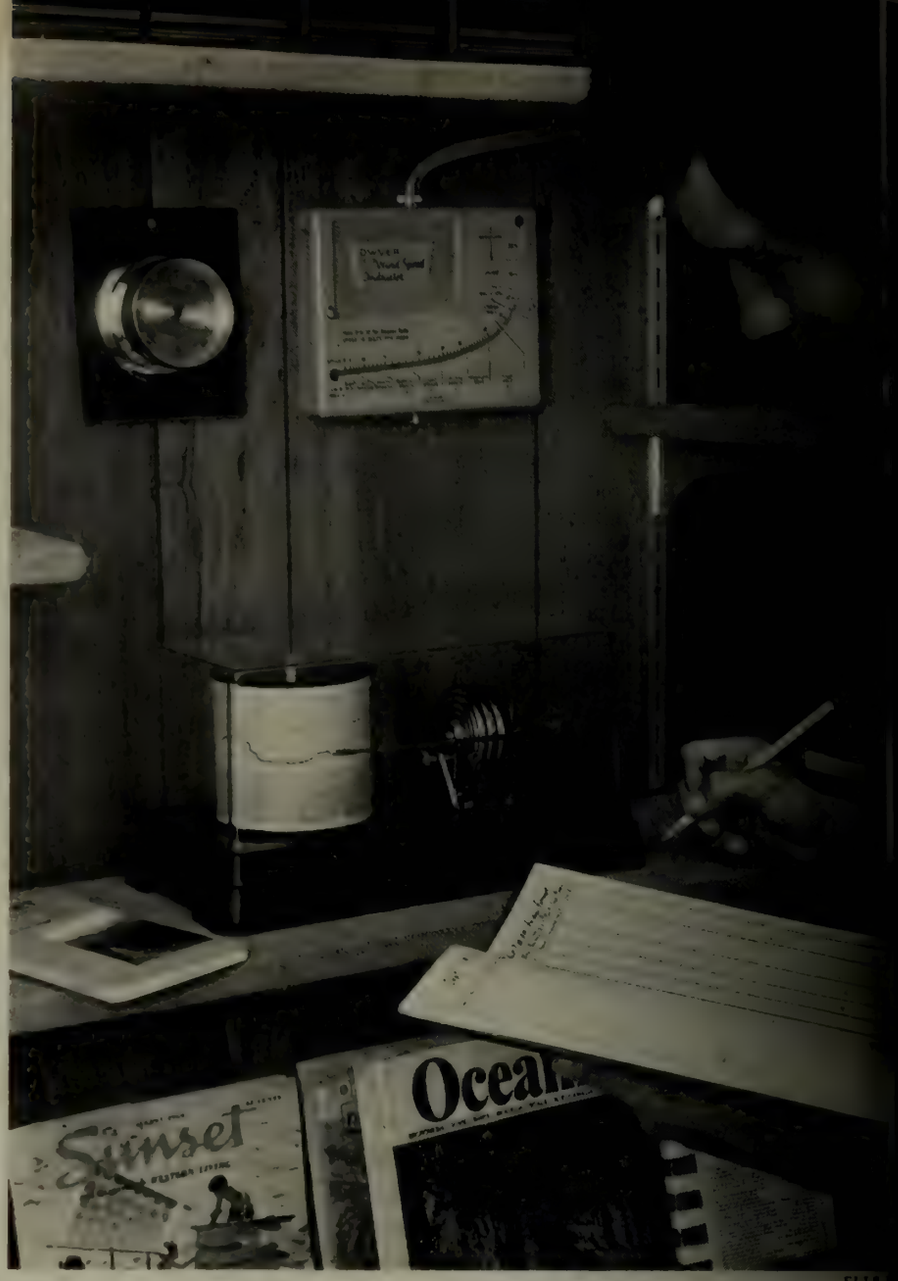
Weather Bureau has problems you will not have. One is the need to forecast 12 to 24 hours in advance for newspapers and other media. But you can just check your few instruments after breakfast, look at the sky, and have a more current local forecast for the day. This is particularly helpful in the West, because our weather data comes from the lonely, sparsely-reported Pacific Ocean.

There's also a psychological effect. People are usually grumpy when bad weather sets in, but anyone with a home weather station has reason to be pleased when the barometer falls, the clouds collect, the wind goes up: The stormier the weather, the more the action.

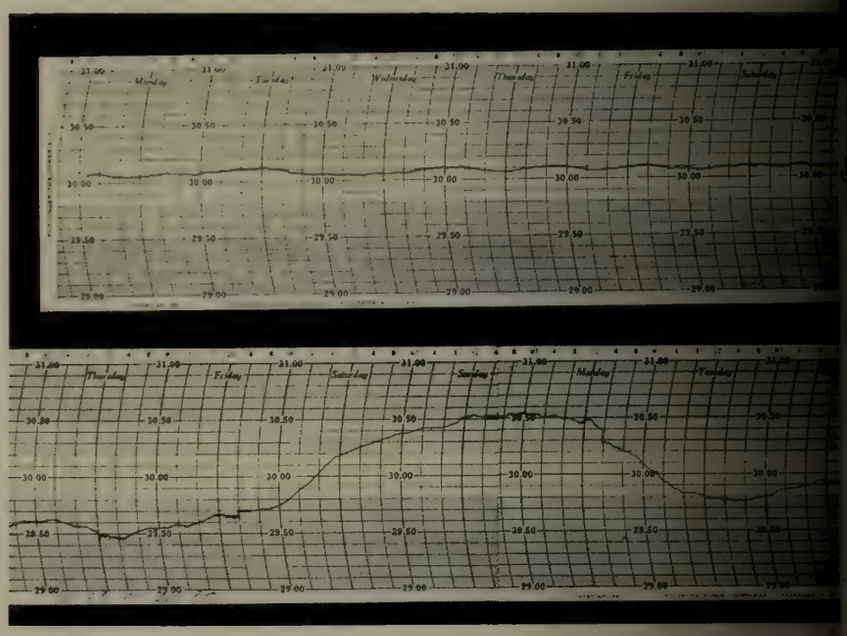
You can find good books on meteorology at hobby stores. For inexpensive pamphlets, write to the U. S. Government Printing Office, Washington, D.C. 20402.

"Sooner or later the weather will fool you"



This home station *has a thermometer, wind speed indicator (the $27 one on 36), and, in plastic case, a recording barometer ($70) that records for a full*

Outdoors is the place *for a high-low thermometer ($13) and relative humidity gauge ($12). Locate them where there's good air movement on unheated north wall or shaded post*



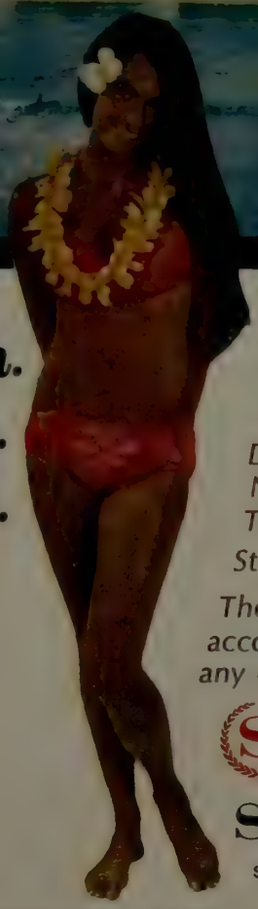
Barometer charts *are interesting. Upper one shows a week of last summer's weather near San Francisco. Below it, a snowy week in Seattle last w*

ROYAL HAWAIIAN

SURFRIDER

PRINCESS KAIULANI

MOANA



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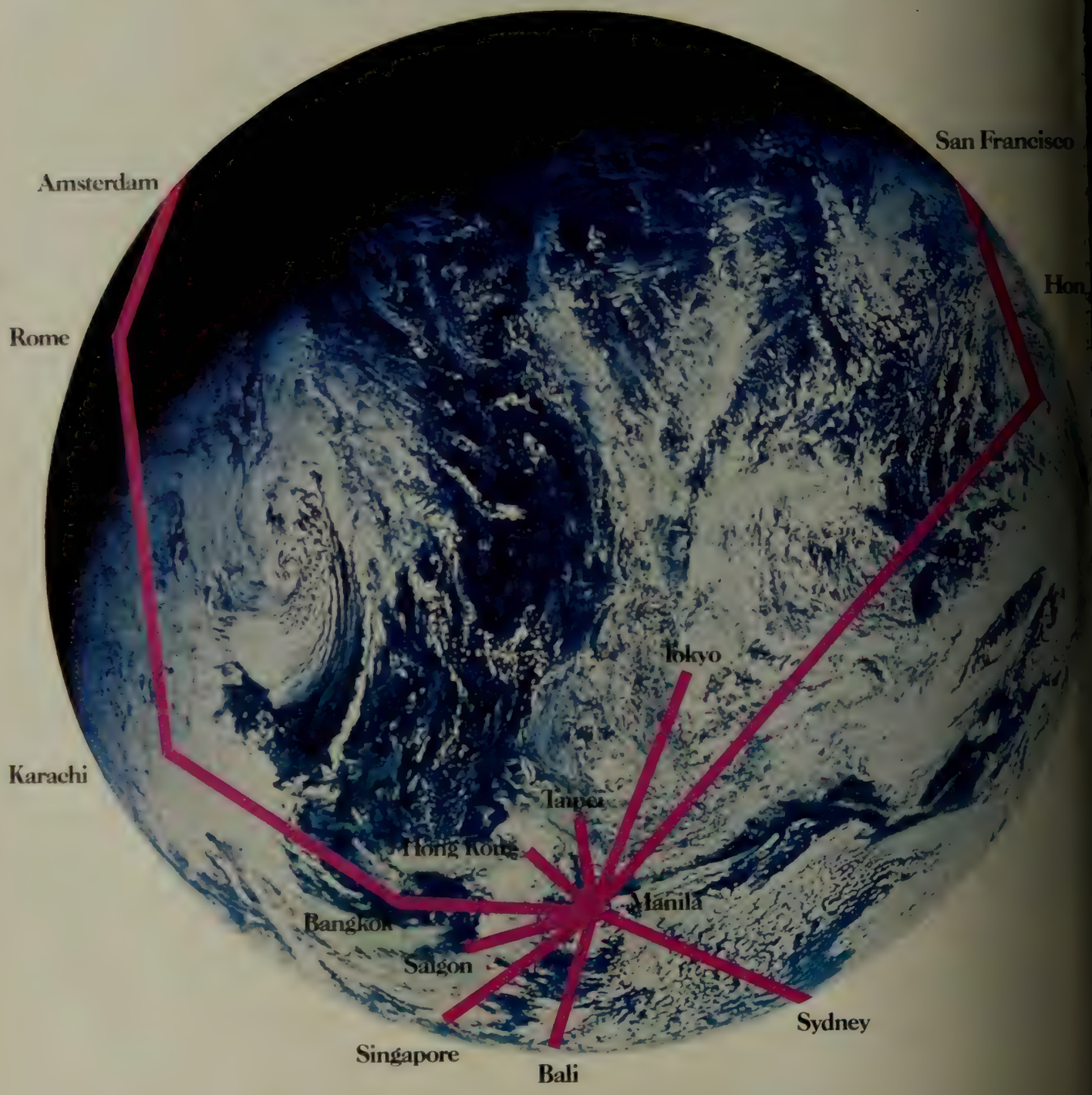

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Touring Service, Box 2149, Hous- exas 77001. All of the Shell maps e. A large touring map of Europe is ble, as well as individual maps stria, Belgium-Luxembourg, Den- Finland-Norway-Sweden, France, ny, Great Britain - Ireland, Greece- slavia, Italy, Netherlands, Portugal- . and Switzerland.

ican Automobile Association. Mem- an obtain European maps free from AAA office. However, if the office not have a foreign tour service, maps have to be ordered.

lin Tire Corporation, 2500 Marcus Box 467, Lake Success, New York). Michelin maps covering most Eu- n countries in detail are among the best of touring aids. The main maps of Great Britain, Germany- lux-Austria, Italy-Switerzland, e, and Spain-Portugal cost $1.30 the more detailed sectional maps, ring widely traveled parts of conti- al Europe, cost 75 cents to $1.30.

can buy Michelin maps, as well as elin Red or Green Guides, in some tern bookstores.

gn government tourist offices. In ad- n to maps, these offices can provide rmation on accommodations, attrac- s, and routing. Several European gov- nents have tourist offices in the larger s of the West; for a list, send a stamped, essed return envelope to the Travel artment, *Sunset Magazine,* Menlo , Calif. 94025.

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Margaret Elaine Huhta

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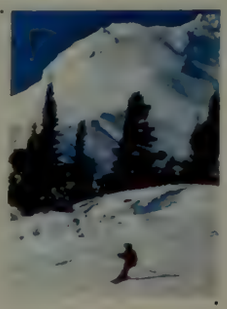

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What's your stereo type

You've got a room at the top. You want a complete stereo music system to put into it. You're an HP-580. A complete system of component quality with a pair of high-compliance 3-way speakers (8" woofer, 3" mid-range, 2" tweeter). It includes an all-silicon transistor amplifier with exceptionally high frequency response and low signal-to-noise ratio, a sensitive Sony FM stereo/FM-AM tuner and a Dual professional auto/manual turntable with Pickering moving magnet cartridge. The works, $419.95.*

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You're the man who has nothing. No turntable, no speakers, no amplifier, no tuner. And not much money. You're an HP-188: A tuner and amplifier with FET circuitry and solid state IF filters like every Sony, 4-speed BSR automatic turntable and two-way high-pliance speakers. $239.95.*

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*Mfr.'s suggested retail price.

DARROW M. WATT

blanket *pulls out of carrying case ich, when fully unzippered, becomes omfortable foam cushions; about $21*

Gift ideas for travelers

el gifts should be useful, easy to pack, weight, and durable. Pictured above ome suggestions.

r shelf from front to back: *Compact rellas.* Collapsible nylon umbrellas in ed zippered cases; for women, $16; men, $20. *Lighted pen.* Battery-op- d ballpoint pen; $2.50. *Pedometer- ass.* Two precision instruments in $10. *Travel shaver.* Battery rotary er (4¼ ounces) with case; $11. *Pass- wallet.* Compartments for credit s, tickets, currency, and passport; *Spot cleaning set.* Aerosol foam er and brush; $6. *Adaptor kit.* For- variations of plugs and outlets to t American appliances; $5. *Travel .* Transistorized unit combines clock radio in case; $16. *Wig stand.* Com- case holds easy to assemble inflata- ig head; $6.

shelf from front to back: *Mini-dryer.* se-sized powerful dryer works on 110/ for hair, nails, drip-dry clothing (and s); $22.50. *Binoculars.* Precision binoc- s (8 ounces) fit into palm or pocket, 5 power magnification; $26.50. *Travel hbrush* (three are shown). Operated lashlight battery, has three brushes fitted case; $10 (6 extra brushes, $2).

In Tahiti, hospitality is a way of life.

One taste of Tahitian hospitality and you're spoiled forever. First, there's the manner of the people themselves—warm, exuberant, engaging. To this, add the richly romantic French influence—artfully cooked foods and fine wines. For comfort, enjoy first-rate accommodations in a modern hotel. For fun, go to Polynesian feasts and wild discotheques. For relaxation, discover the sunny beaches and serene lagoons of Tahiti and her sister islands—Moorea, Bora Bora, Raiatea. You see, to Tahitians hospitality is a way of life. And they're happy to share it. With you.

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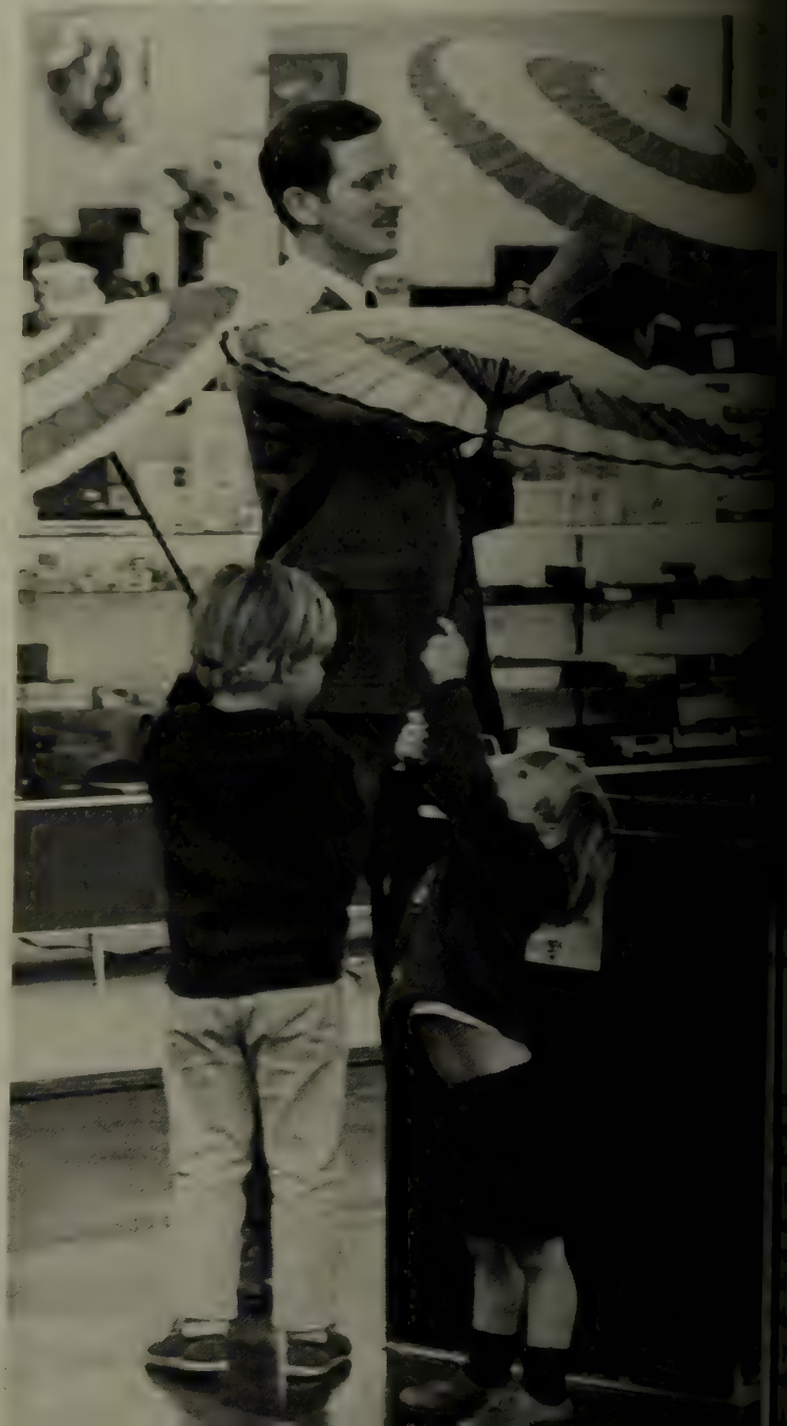
tahiti

Suehiro Restaurant *supplies forks, but with a pretty, kimono-clad teacher, chopsticks are more fun*

For Christmas shopping . . . or ju for a visit . . . here is the new Japan Center in San Francisco

Paper parasols, *on sale for 50 cents, tempt buyers in West Bu*



A shopping center built with a $15-million Japanese investment brings a bit of Tokyo's Ginza within easy shopping distance for San Francisco visitors and residents. The Japanese Cultural and Trade Center combines 5 acres of shops, restaurants, showrooms, banks, businesses and plazas. The buildings are air-conditioned and awash with the sound of piped-in music.

Shoppers will find many items similar to those sold on Chinatown's Grant Avenue. But while Grant Avenue also supplies the needs of a large Chinese population, the Japan Center is planned primarily for Caucasian visitors. Most of the Japanese community eats and shops in the Nihonmachi district across Post Street from the center.

The Japan Center includes six major buildings and a bridge arcade. It runs between Post Street and Geary Expressway from Laguna Street to Fillmore.

The easternmost building, at Laguna, is the Japanese Consulate. On the third floor, 16 traditionally styled rooms are connected by a passageway to 156 modern rooms, all part of the 14-story Miyako Hotel.

In the East Building at the foot of Buchanan, look for bonsai plants, ornamental fish, and wicker furniture. This building houses the store that does the

DARROW M. WATT

ht banners *in arcade of Kintetsu Building advertise companies holding exhibition space*

Good luck carp *would be good-looking additions to aquarium. They sell for $5 to $15,000*

Holes *cut in clay cups fill with glaze during the firing, leaving translucent design*

st business in the entire center, sell-souvenirs and gimcracks, many made Hong Kong and Taiwan.

Peace Plaza, paved in slate and punc-ed with reflecting ponds and a five-ered landmark pagoda, is at the cen-of the project.

he west in the Kintetsu Center Build-, you get a look at products of Japan's istrial muscle in the showrooms of Mitsubishi, Hitachi, and Nissan Motors. Also look for the Ikenobo Institute, a sort of graduate school for teachers of *ikebana* (flower arranging). Close by is a florist with the fixings for arrangements. At the Suehiro Restaurant the tables (at both Japanese and Western heights) are equipped with an electric coil for heating *sukiyaki*.

A disappointment in the center is the bridge of shops that arches gracefully above Webster Street between Kintetsu and West buildings. Inside there is no sense of crossing above the traffic; in one shop the owner has even painted out the windows. Future plans for the bridge include a series of small eating places.

In the West Building an attractively decorated large bookstore, Kinokuniya, has a number of books in English on Japan

Beds rest *on rush mat floor in limited number of traditional Japanese-styled rooms in Miyako Hotel. They cost a luxurious $30 to $60 a night*

DARROW M. WATT

BARON WO

Pagoda *of precast concrete and copper at center of project is nighttime landmark along redeveloped Geary Expressway*

Mask *of indefinite Oriental origin, with yin-yang motif on forehead, served as devil face last Halloween*

and the Orient. Radios, televisions, cameras, and other gadgetry are for sale at Tokyo Electronics (newly opened is another branch in the Kintetsu Building). The first floor is partly vacant.

The westernmost building at Fillmore Street opened last spring with a theater-restaurant offering Japanese-style entertainment; it is temporarily closed.

The Japan Center is the keystone of the almost completed Western Addition Area A-1 redevelopment program. The Western Addition survived the 1906 earthquake and fire only to be hopelessly crowded by the homeless. They were followed by groups of central European, Japanese, and Negro newcomers. Early in this decade a blighted section was razed to make way for the center, which opened in March, 1968. Architect was Minoru Yamasaki in association with Vanbourg-Nakamura & Associates.

There is parking for 800 cars beneath the center. Showrooms are open from 9 A.M. to 5 P.M. every day of the week, and stores from 10 A.M. to 6 or 8 P.M.

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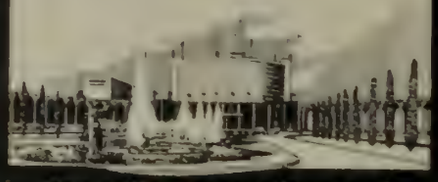

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There is new skiing east of Salt Lake City

Several ski areas in blue are also t

Skiers, snow bunnies, and tobogganists who flock to the powdery peaks of the Wasatch Mountains east of Salt Lake City this winter can choose from a handful of rapidly developing ski resorts. Besides the familiar runs at Alta, Park City, Brighton, Snow Basin, and Solitude, there are new ski complexes at Gorgoza and Park City West, and Sundance was recently reopened.

Snow conditions should be good to excellent this month, so if your skis are w here are the three resorts that hav cently opened:

Park City West, the newest of the ski areas, has runs to challenge th termediate and expert skier and se gentle slopes for beginners. Abou miles east of Salt Lake City on U.S. I way 40, the resort is just off the Park road in Synderville.

Four lifts and 22 runs will open up than 25 miles of slopes this season. F ties include a day lodge.

Gorgoza is one of the few family re that, in recognition that not ever skis, has developed a variety of n tional facilities for non-skiers. The r has one of the longest toboggan chut the country, an inner-tubing hill, sledding areas. There are also plan add a skating rink this winter. Tobog ing down the chute costs $2 for 5 r $5 for 15 rides. Other facilities inc free babysitting, a ski shop, and e ment rentals.

Skiing at Gorgoza is mainly for begin and students in the ski school. There two chair lifts, one of which is for to ganists only. Gorgoza is just off U.S about 6 miles before the turnoff for I City West.

Sundance ski resort recently reope under new management. There are p ently two double chair lifts and a Po lift that carry skiers up to an altitud 8,000 feet.

A new restaurant, small gift shop, and school complete the list of facilities. S dance is 15 miles northeast of Provo U.S. Highway 189.

Several other ski complexes near S Lake City are now under construct and should have some runs open this w ter. For complete information on ski in Utah, write to the Utah Travel Co cil, Council Hall, Capitol Hill, Salt L City 84114.

FRANK JENSEN

Excited children *scream with delight as their toboggan speeds past a tubing hill*

Picture this.

Your four-door family sedan with a body designed by Pininfarina. With the same flair, the same sleek treatment of contours that mark the Ferrari and Lancia.

Result? The kind of car that gathers a curbside crowd wherever you park it. The unrivaled Italian sporty look you've so often stopped to admire yourself.

The interior, the "soul" of the car, is elegantly French. The fully reclining bucket seats, the thick wall-to-wall carpeting, the built-in adjustable headrests and foldaway armrests—each feature, each detail reflecting that centuries-old French love of luxury.

And the bright warmth of sunlight—how the French love that. A solid steel sliding sunroof lets you enjoy it, too!

All these opulent interior components are standard equipment.

Standard equipment, too, is every engineering advance that gives this car its "international muscle". Each of the four wheels has its own independent suspension, its own power disc brake. A newly designed engine gives you as much as 25 miles to the gallon; lets you cruise at 90 mph all day. The entire body is built of .9 sheet steel—heavier, safer, longer-lasting than you've had before. It comes with Michelin radial tires. And four-speed syncromesh transmission. This is the car that's built to take any road, anywhere in the world.

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The Peugeot 504. Italian style, French soul, International muscle. All new, all yours, the complete car. Air conditioning and fully automatic transmission available, if you want them.

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Italian style, French soul, International muscle.

The New Peugeot 504

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GLENN CHRISTIA

Exuberant yet simple, *our tree of life in bright tissue paper holds in its branches a fat pink pig, a sun, a Garden-of-Edenish striped snake staring at a strawberry, Chanticler the C with his Pertilote, and an affectionate gingerbread*

The making of Christmas cheerful

You can start with paper. Paper snowflakes. Paper birds. Paper color. Or a grand crumpled tissue paper tree

g children in your family may rec-
ze the decorating technique shown
ur pictures. School art projects often
it, since it's easy and amusing, costs
, and produces striking results.

ou do is stick tissue paper rosettes to
avy paper backing, using liquid starch
ue. The tissue comes in a wide range
ood colors. You need only cut it into
es about 4 inches square, crumple
n into rosettes, dip the rosettes into
owl of starch, and place them on the
king. They dry firm in a few minutes,
if you intend hanging them it's best
ait overnight to be sure no wet starch
ft to rub off onto walls or furniture.

the decorations on the tree at left, we
ched simple outlines onto sheets of
king paper (choose a color that will
ppear against your wall), then stuck
tissue on it. When the starch was dry,
ut out the figures for hanging. The
lting decoration has something of the
of a Mexican tree of life with over-
s of the Garden of Eden.

tree itself is made of strips of tissue
backing; it is 9 feet tall and has pro-
ionately large decorations. However
your tree, let the ornaments fill most
he spaces between branches.

can extend this tissue paper project
several directions. The starch washes
glass easily, so you can stick the tissue
ctly to a large window instead of to
a paper backing. The idea lends itself to package decoration as well, provided you don't try too intricate a design. Fine detail is lost with the fluffy paper, so it is best to use geometry or abstract splashes of vivid color rather than trying to copy drawings.

Other papers also lend themselves to charming and simple decorations for Christmas. On the two pages following, you'll find projects using rice paper, Bristol board (a lightweight cardboard), and colored construction paper.

The rice paper snowflakes borrow the old fold-and-cut technique used for paper dolls or Valentine hearts. The geometric ornament is based on the same principle as the polyhedron playhouse a few pages farther on. The construction paper birds are especially easy to make.

DARROW M. WATT

Fluffy overlay *of tissue paper rosettes in simple patterns can be stuck to a gift box with liquid starch*

Translucent fluttery *tree ornaments are easy to make by folding rice paper, cutting with scissors*

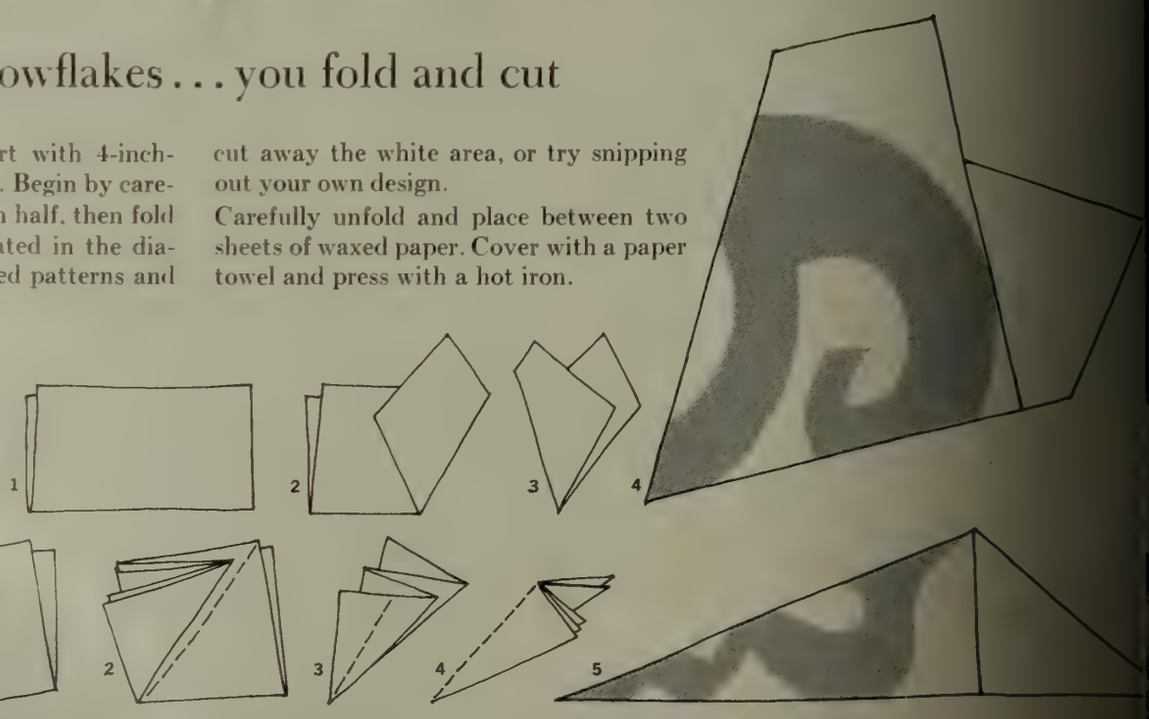
To make *simple Christmas cards, cut snowflakes from paper, glue to construction paper; fold, seal, and stam*

Paper snowflakes . . . you fold and cut

For these decorations, start with 4-inch-square pieces of rice paper. Begin by carefully folding the squares in half, then fold on the dotted lines indicated in the diagrams. Trace the illustrated patterns and cut away the white area, or try snipping out your own design.

Carefully unfold and place between two sheets of waxed paper. Cover with a paper towel and press with a hot iron.

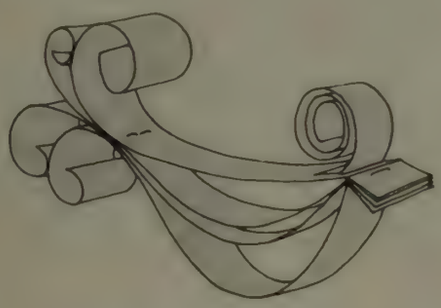
These patterns *give you two of the snowflakes in the big picture above*



Paper birds . . . they sit in the tree

Strips of bright construction paper are the only material you need to make these paper birds. Each bird takes four strips of two different colors.

Using 9-by-12-inch paper, cut 12 strips, 1 inch wide and 9 inches long. Staple four pieces together, ½ inch from the end. Bend the paper at the staple to form the beak. Curve the strips to make the body, then staple again, leaving enough room for the tail. Curl the uneven end pieces on a pencil. A ½-inch curled strip forms the top-knot.



Curled *construction paper, stapled front and back, makes graceful birds*

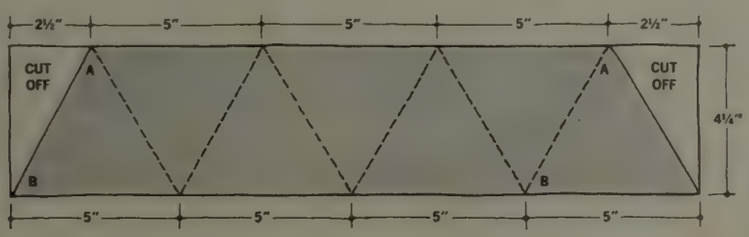
DARROW M. WATT

A flat strip *of paper folds to form this eight-sided hanging ornament*

Paper geometry . . . octahedrons

The form of this paper octahedron is interesting by itself but it can also inspire you to try your own hand at decorating. Felt pen designs, crayon drawings, or a selection of family photographs can be added to some of the faces of the paper ornament before it is glued together.

Use 2-ply, kid finish Bristol board from an art supply store. Draw the octahedron as shown below. Score the dashed lines lightly with a dull knife. Add decorations if you wish. Fold, overlap, and glue triangle points A to A and B to B. Attach thread for hanging.



Our beautiful Christmas bread. You just whack it into pieces

An unusual method produces the Christmas bread *pandoro* that comes from the Italian city of Verona. The golden dough is moistened almost entirely by eggs, then butter is folded and rolled into the dough.

The tender, aromatic loaf is shaped in a special way to create the characteristic "vertical" texture. This means that if the bread is pulled apart, the pieces strip off in fragile fibers from top to bottom.

Serve pandoro warm or cold, plain or buttered, with fancy coffees or sweet dessert wines for any holiday festivity, or present it as a gift from your kitchen.

PANDORO DI VERONA

- 1 package yeast, active dry or compressed
- 1/4 cup warm water (lukewarm for compressed yeast)
- 3 tablespoons sugar
- 1/4 teaspoon salt
- 1 tablespoon melted butter
- 3 whole eggs
- 3 egg yolks
- 2 teaspoons vanilla
- 1 teaspoon grated lemon peel
- About 2 1/2 cups unsifted regular all-purpose flour
- 1/2 cup (1/4 lb.) soft butter
- Powdered sugar

Mix yeast with water and let stand a few minutes until softened. In a large bowl beat together with a spoon the sugar, salt, melted butter, eggs, egg yolks, vanilla, and lemon peel. Mix in the yeast, then add 1 cup of the flour, beating until smoothly blended. Beat in another 1 cup flour until smoothy blended, then work in well another 1/2 cup flour (use 2 1/2 cups flour total). Scrape dough down into the bowl, cover, set in a warm place and let rise until more than doubled in volume; this takes about 2 1/2 hours.

Vigorously beat dough with spoon to remove all air bubbles. Pour soft dough onto a well floured pastry cloth, turning to coat sticky surfaces. Gingerly knead dough for 5 minutes or until quite velvety and springy; the dough is unusually soft but easy to handle if you take care not to puncture the surface with your fingers.

Wrap dough in flour-dusted clear plastic film and chill about 20 minutes to make dough easier to roll.

Cover rolling pin with a stockinet cover for easier handling, and roll out dough on the floured pastry cloth to make an 11 or 12-inch square. Gently spread the 1/2 cup soft butter evenly to within about 1 inch of the edges. Fold in overlapping thirds as shown below left, then roll out again to a 12-inch square.

Fold in overlapping thirds again, th folding the dough at right angles preceding fold. (Protect dough with flour as you work; dust off excess enclosing folds.) Roll to a 12-inch repeat this fold-and-roll procedu more times, crossing each fold a angles to the preceding one. Cove clear plastic film and chill about utes to firm dough slightly, then fo roll four more times.

Fold the 12-inch square in half, th up snugly from a narrow end a dough, a spiral end up (see below a heavily buttered, floured 3 to tall mold (plain or fancy).

Cover and let rise until dough fill about two-thirds full; this usually at least an hour in a warm place

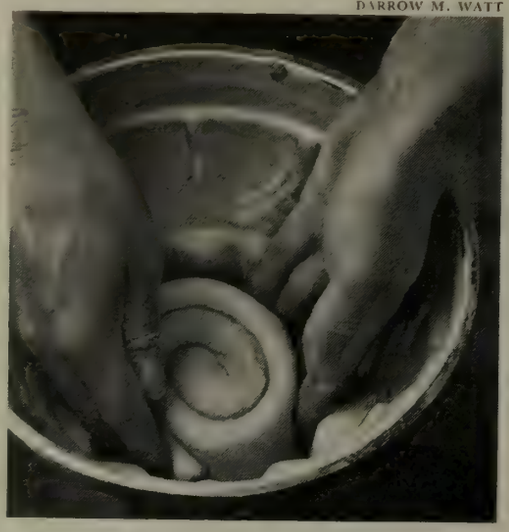
Place on a low rack in a 350° ove bake for 40 to 45 minutes or until is richly browned and a wooden inserted comes out clean. Invert over a wire rack, tapping to release leave bread upright, bracing, if n When the bread is cool enough to it may be necessary to trim a bit base to make it sit steady.

Serve the bread while still warm it cool. Wrap airtight and store a temperature for up to two days, o for longer storage. To reheat, wrap t bread in foil and place in a 350° ov about 20 minutes.

To serve, place pandoro on a platte with powdered sugar. Slice bread from the top, cutting at a 45° angl taking every other slice from the op side of the loaf. Makes 12 to 16 ser

Fold the soft *but elastic-feeling dough (spread with soft butter) in thirds; roll and fold repeatedly*

DARROW M. WATT



Fit snugly rolled *spiral of dough vertically into buttered, floured mold; the end of the loaf may unfurl somewhat as bread bakes*

Drifts of powdered *accentuate shape of pa a classic Italian Chri bread; use any tall m give*

GLENN CHRISTIAN

Above, *a moon ship or "Eagle" formed of 20 plywood triangles fascinates youngsters.*
At left *you see more proof of its sturdy construction*

Everyone *can have his own. Three triangles make a small tent, four a pyramid*

A polyhedron playhouse, *5 feet wide, without floor, requires 15 triangles. Adding five more makes it a ball*

ack of plywood triangles, some hinges, a bit of rope are all you need for the tical geometry shown on these pages. can go from the tetrahedron tepees e, to the moon ship at left, then let imagination guide you from there. may learn a bit about solid geom- Plato was the first to use the name hedron, and the big ball that results n you join all 20 triangles he called osahedron.

r children will be enthusiastic build- helpers before they take over the hed playshapes. We invited seven lren of various ages to help and play, it was hard to get them home to their ilies again.

designer of this toy, Nelson Van ah of Portola Valley, California, finds 20 equilateral triangles (requiring 4 by 8-foot sheets of plywood) give a

good range of possible shapes. Cut them as shown in the diagram, then cut 15-inch-diameter holes in some of the triangles with a saber saw or hole saw for "entrance ports." Cut seven 3-inch holes in others with a saber saw or hole bit in a drill. Keep them all within a centered 15-inch circle so they will not weaken edges. The small holes serve as windows and as footholds for climbing.

Connect four or five groups of three triangles together with hinges, as shown, using rivets or bolts with washers to hold them together securely. The hinged sections make it easier for children (and you) to assemble the playhouse in various ways.

Along the outer edges of these hinged sections and on all three sides of the others, drill ⅝-inch holes (1 inch back for strength) so they can be lashed together with short pieces of nylon rope.

Plato's platonic solids as giant toys

The idea goes back at least to 400 B.C. but it works fine for Christmas 1969

Winter holiday in Yosemite

Chances for snow are 50-50 . . . and chances for sleeping space are good

Sliding *down a snowy bank on a toboggan delights this family group*

Sculpture *on the valley floor goes well beyond ordinary snowmen*

An inner tube *and a snow-covered slope is all you need for this winter sport*

Yosemite Valley is unusually spler when snow covers it as well as the c and sentinel peaks around it.

Then the snow-mantled meadows rir by dark forest provide picture-book tings for sledding, sleigh rides, and o play activities against a backdro white-etched canyon walls and wate courses frosted by frozen mist.

And while the valley affords a q haven for the nonskiing snow enthusi skiers can be enjoying the facilitie Badger Pass only a 20-mile drive (or hour bus ride at $2 per round trip) f the family's choice of lodgings on the ley floor.

PETE REDPATH

can hear *the music of sleigh bells and the muffled clippety-clops of horses' hooves in Yosemite Valley these winter weekends*

Ahwahnee Hotel (closed from De-ber 1 through 21), Yosemite Lodge, ry Village, and the El Portal Motor can accommodate more than 2,000 tors each night throughout the winter. the hardy there are more than 200 ter campsites on the valley floor. cial winter vacation plans (including ing, use of ski facilities, and ski in-ction) begin at around $12 a day per son.

u can rent sleds and snow saucers at rry Village for 25 cents an hour. The ice skating rink (50 cents a person session) is open weekdays from 2 until P.M., and on weekends and holidays from 8 A.M. until 10 P.M. Rental skates are available at the rink for 50 cents a session.

You can also ride a "sleigh" (actually a rubber-tired wagon drawn by a team of bell-draped horses). The ride starts from Yosemite Lodge, circles Ahwahnee Meadows, calls at the Ahwahnee Hotel, then returns to Yosemite Lodge. The 1-hour tour operates only on weekends and holidays from 10 A.M. until 3 P.M., and costs $2 for adults, $1.50 for children under 12.

Except for temporary closures, all approach roads into Yosemite Valley from U.S. Highway 99, also the main Yosemite Valley loop road, and the road from the valley up to Badger Pass are maintained throughout the winter season. The fire that destroyed Glacier Point Hotel and Mountain House last summer has cancelled plans for winter activities up at Glacier Point this year, and the road will not be maintained beyond Badger Pass. You can rent snowshoes (50 cents an hour) at Badger Pass for treks beyond the road closure, but the popular snow tractor trips between Badger and Glacier Point have been discontinued.

Ski facilities at Badger Pass include a 3,400-foot double chair lift, a 3,000-foot T-bar, three 1,500-foot T-bars, day lodge and snack bar, and child care (75 cents

THE JAYS

an hour) at the Ski Tots Playhouse. An all-day lift ticket costs $6 for adults, $4 for children under 12. You can rent metal skis, boots, and poles for $6.50 a day.

Winter evenings in Yosemite Valley might include dinner and dancing at the Ahwahnee Hotel, an informal meal in the Yosemite Lodge cafeteria or restaurant, or perhaps a late pizza amidst the after-ski frivolity of Yosemite Village's La Cantina. Dinner at the Ahwahnee Hotel is a dressy affair (except for the ski buffets that take place at least twice weekly) and reservations are recommended. Casual dress and ski togs are appropr other dining areas. Additional c activities include ski movies and n ist talks.

From Merced, motor coaches of t semite Transportation System lea S.P. station daily at 1 and 3:30 drive into Yosemite Valley. Rou fares: $9, adults; $4.50, children un

For complete information on roon winter vacation plans, and reserv consult a travel agent or write to ite Park and Curry Co., Yosemi tional Park, Calif. 95389.

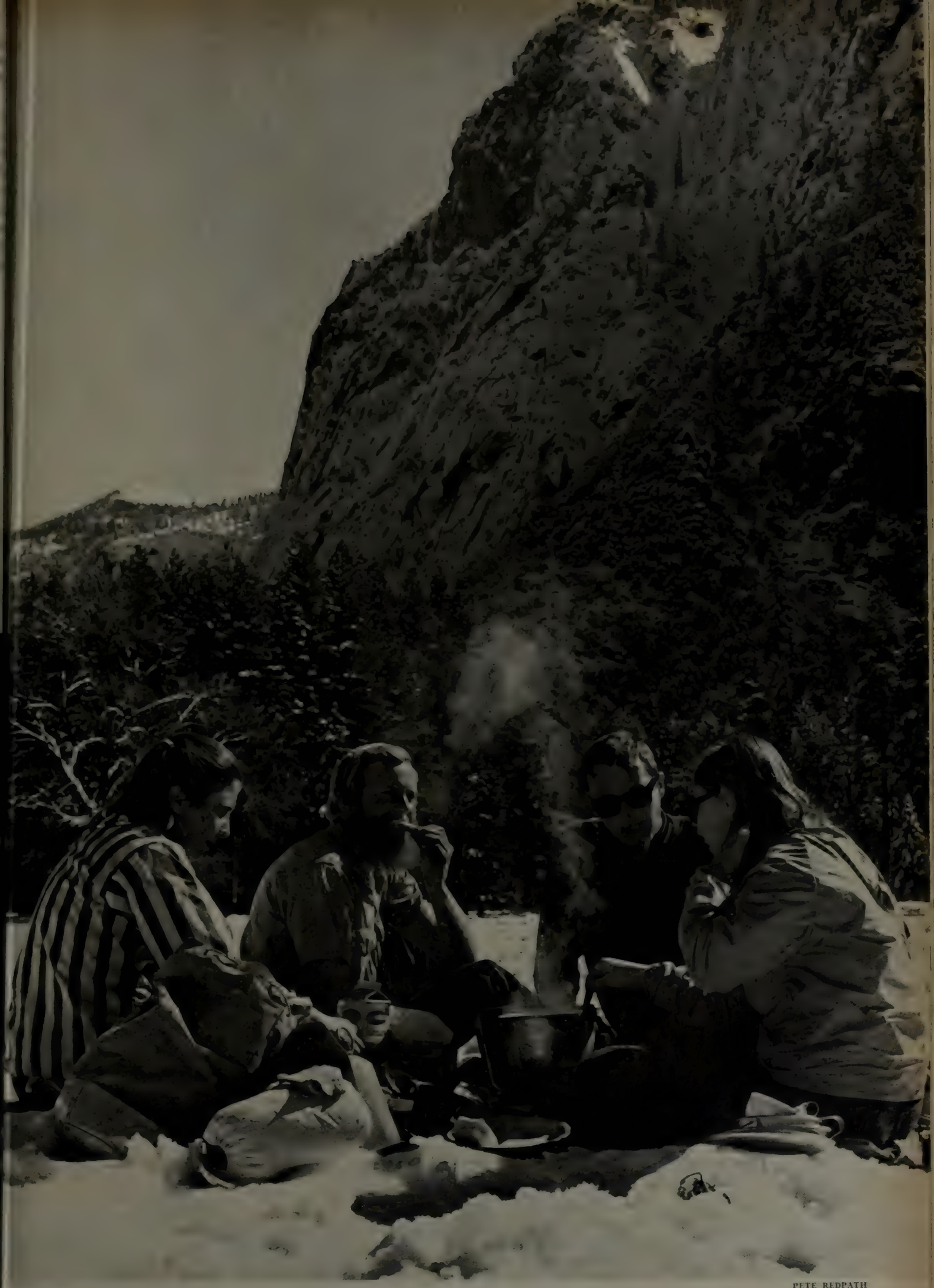
Not just skiing. You can ice skate, go snowshoeing, have a snow picnic

Outdoor *skating rink at Curry Village is open all through the winter*

Young skiers *can get professional instruction at Badger Pass for $2.50 an hour*

Winter hikers *can rent snowshoes at Badger Pass for snow trekking*

Dining *at the grand old Ahwahnee Hotel can be casual during ski buffets*



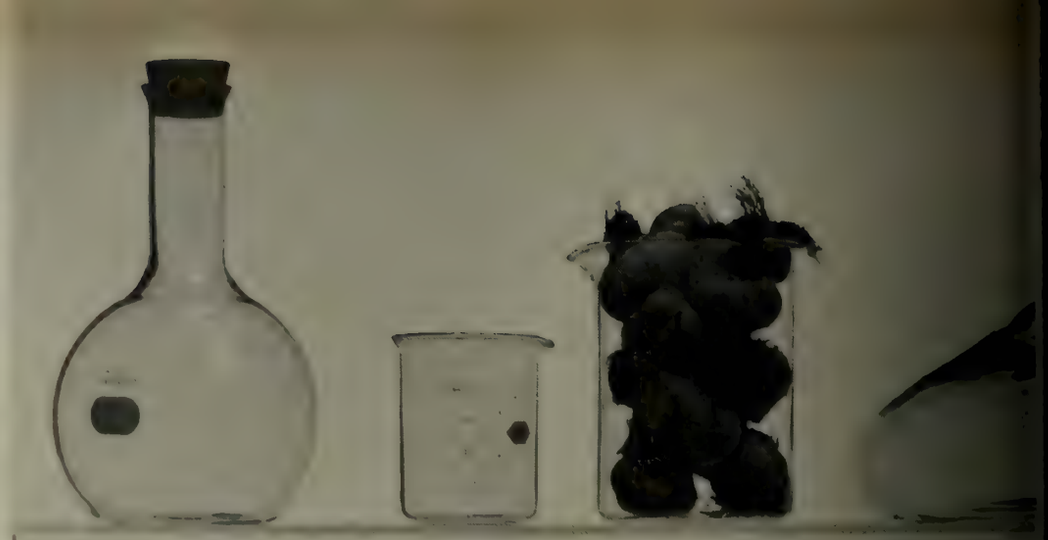
PETE REDPATH

soup *is main course for picnic-on-snow, with a wintry-white backdrop of forests and valley cliffs*

Boiling flask, *flat bottom, 1 liter, $1.75 to $2.75 without stopper (available 50 milliliters to 2¼ liters); hard glass, heats and serves coffee*

Beakers, *low form (or Griffin), 250 and 800 ml, about 80 cents and $1.85, hard glass. Other handy sizes for cooking, storing: 400, 600, 1,000 ml*

Culture flask, *low form, 2,500 ml only, $6.50 to $8.50, soft glass, serves hot or cold drinks*



Battery jar, *rectangular, 4 by 4 by 8 inches only (holds 3½ pints), $2.60 to $3.30, soft glass, serves punch or fruit. Taller cylindrical battery jars also available: 5 inches high (¼ gallon), 7 inches (½ gallon), 8 inches (1 gallon), 12 inches (3½ gallons)*

Storage dish, *glass lid, 3¾ inches wide, 3 inches high, about $2, hard glass, fine for cooking.*

Extraction flask, *creosote, 400 milliliter only, $1.80 to $2.45 without stopper, hard glass, for hot or cold sauces*

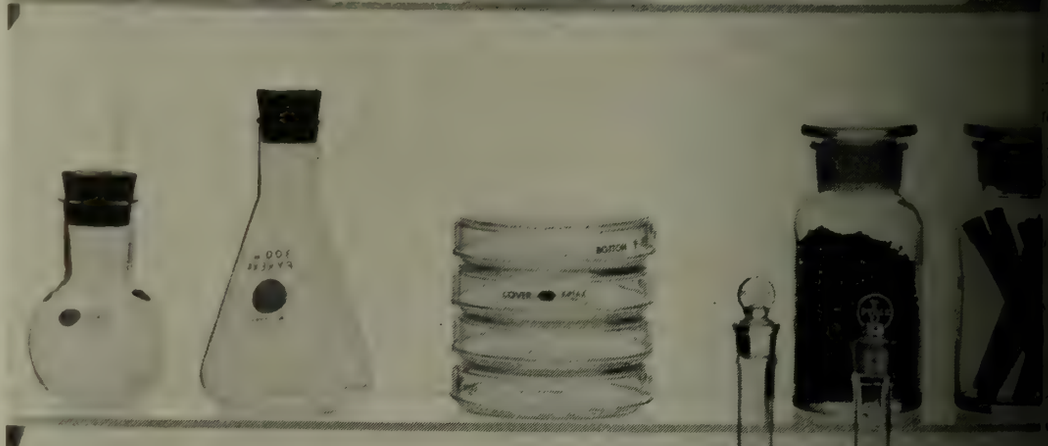
Volumetric flask, *unstoppered (we added rubber cork), 1 liter (13½ inches high) $5.00 to $7.50, soft glass. Many sizes, 10 to 2,000 ml*

Extraction flask, *flat bottom, wide neck, 150 milliliter, $1 to $1.30, hard glass. Also 250 and 500 ml*

Erlenmeyer flask, *narrow mouth, 300 ml, 70 cents to $1.30, holds 2 servings coffee. All sizes from 10 to 6,000 ml, for use over direct heat*

Culture dishes *(or Petri plates), 100 millimeters (about 3 inches) in diameter; use top or bottom alone, or both together, hard glass 75 cents to $1.00*

Bottles, *wide mouth (or salt mouth), with flat glass stoppers, 250 ml, $1.25 to $2.25, Soft glass. Sizes from 60 to 1,000 ml*



Crystallizing dish, *flat bottom, straight sides, 170 by 90 millimeter, holds 2 quarts, $3.50 to $5*

Small crystallizing dish *(far right), 80 by 40 mm (⅔ cup), $1.25 to $1.65. Other useful sizes: 90 by 50 mm (1¼ cups) and 190 by 100 mm (3 quarts); for cooking, baking, serving.*

Volumetric flasks *with ground glass stoppers, 250 milliliter, $4 to $7.40, hard glass. Other sizes: 100, 200, 500, 1,000, and 2,000 ml*

Christmas at the chemist's ... glass gifts in interesting shapes

ical glassware might delight some of ood cooks on your gift list. Its fragile ty belies its durability and usefulness e kitchen.

tific supply companies stock hun- of glass items for industry and sci- laboratories. Most aren't suitable for use. But among them are some ical and graceful containers like the pictured here.

u live near a fairly large city, you probably find at least one nearby e for such glassware. Look in the w pages of your telephone book r "Laboratory Equipment and Sup- " The firms listed may not all sell l in small quantities, or even carry ware, but those that mention "stu- or educational supplies" probably do.

k by telephone whether the firm has items you want, and whether you make a minimum purchase (some re that you buy at least $5 worth).

w firms have glassware on display, nost do not. Be prepared to give your r to a clerk, using the exact scientific s and sizes, usually expressed in mil- rs or millimeters. He will then get it ou from the stockroom. If you want pers or corks ask the salesman for to fit your glassware. This chart will you convert milliliters to cups. (An- r helpful reminder: 1 inch is about 25 imeters.)

liters ml)	Liters (L)	Approximate volume
00	——	*slightly under ½ cup*
00	——	*almost 1 cup*
00	——	*about 1¼ cups*
00	½	*just over 2 cups*
000	1	*about 4¼ cups*
500	1½	*about 6⅓ cups*

nical glass varies in hardness, and determines how it may be used. The hard glass may be used for cooking on top of the range or in the oven. Foods refrigerated in these containers may be heated immediately; foods frozen in the glass, if allowed to thaw about ½ hour, may be placed in a cold oven, then heated.

Because the glass transmits heat quickly, use low or medium heat on top of the range; stir to avoid burning. Reduce oven temperatures about 25° below usual.

Soft glass containers shouldn't be used for cooking, but if placed in warm water, they may be heated gradually.

Low form beaker *used over direct heat for making soup; store, reheat in same glass*

DARROW M. WATT

Egg *bakes in Petri dish bottom or top. Use both together for covered baking and storing*

Souffle *bakes in crystallizing dish; its hard glass can take freezer to oven temperatures*

Soft light *from a garden window makes these candy-filled ornaments glow with rich tones of yellow, orange, red, blue, and g*

GLENN CHRISTIANSEN

Art from the kitchen . . . baked candy ornaments

These ornaments are true kitchen art—just flour, salt, and water for the frames, with colored candy as the "stained glass."

To make the frame you use the flour-salt dough known as baker's clay (directions follow). You can make the baker's clay frames with cooky cutters, cut shapes freehand, or use jar rims. For more elaborate designs you can join frames together. Score the edges where you want them to join, brush with water, press firmly together, then bake.

The candy part of the ornaments may absorb moisture from the air; if the humidity is very high it may even start to dissolve and drip, so it's wise to protect furniture and floors underneath.

BAKER'S CLAY FRAMES

Stir together 4 cups unsifted regular all-purpose flour, 1 cup salt, and 1½ cups cold water until ingredients are blended. Turn dough out onto a lightly floured board and knead vigorously for about 5 minutes until a smooth, pliable, nonsticky dough is formed; add flour to board if necessary to prevent sticking in the early stages of kneading. The finished dough should not be sticky.

Break off dough in small portions as you use it, keeping the remainder in a plastic bag to prevent drying.

Roll out dough and transfer to cooky sheet. The dough should be baked within 4 or 5 hours for consistent color in the finished frames.

At this point, prepare a hole for the string that will support the ornament by piercing the frame with skewer or ice pick.

Bake frames in a 350° oven for 50 to 60 minutes or until they feel solid and are ivory to light brown in color. Cool. Place on foil to fill with candy windows.

STAINED CANDY WINDOWS

To make the candy, mix 2 cups sugar, 1 cup light corn syrup, and ½ cup water in a medium-sized saucepan. Stir to blend well, and then cook over highest heat until a candy thermometer registers 300°. Remove at once from heat.

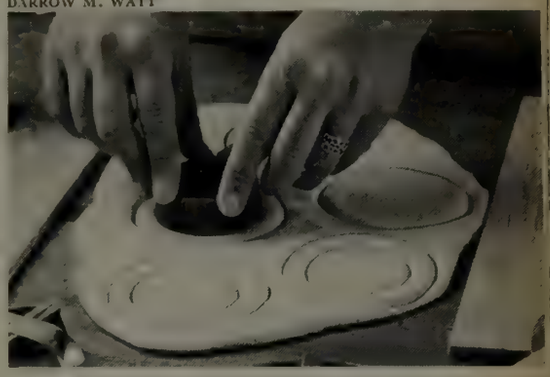
Have a small pan and stirrer ready for each different basic color you plan to use. Pour some syrup into a small pan and add liquid food coloring drop by drop. Start with red, yellow, and blue, then vary the hues as desired by following food coloring package directions. Stir as little as possible while blending—trapped air bubbles can make the candy opaque.

To maintain pouring consistency, you will need to rewarm the syrup occasionally over moderate heat, stirring gently. (However, you can set aside the syrup for a few hours, then return to the project.) The very hot syrup may be too thin; let it stand a few minutes to thicken.

Pour syrup into frames as pictured. The candy hardens in about 15 minutes.

Roll dough *with each end of pin on ⅜-inch plywood strip for even thickness. Bake on ungreased pan*

DARROW M. WATT



Pour steadily *to fill frames with candy. Spoon catches drips; crinkled foil makes faceted back*

This is moon watch year. Give him a telescope . . . or the makings of one

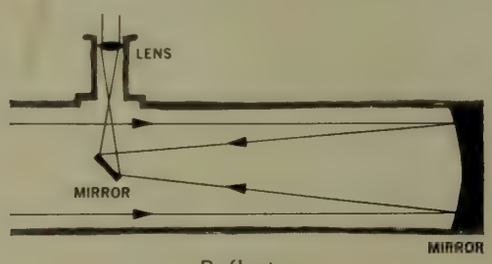
You can spend as much as you like, of course, but buying an astronomical telescope doesn't necessarily require a large outlay. An adequate one that will define surface features of the moon, distinguish planets, and enlarge distant stars can be purchased for less than $30. If you don't mind devoting time to the project, you can build an excellent telescope inexpensively by grinding your own mirrors. This is not difficult, but it is tediously slow.

Finished mirrors and lenses are also available; they require nothing more than installation in a tube which you can buy separately or salvage.

MORE POWER THE BETTER?

It does not necessarily follow that the more magnifying power a telescope has, the better it is. More important is the quality of the lenses and mirrors, if any. A fuzzy, greatly magnified image is not as desirable as a smaller, sharp image. Moreover, the light-gathering ability of a telescope is as important as its power. A telescope's ability to gather light is indicated by the diameter of the front of the scope: the bigger the diameter, the more light-gathering power.

Extremely powerful telescopes require



Reflector

sophisticated—and correspondingly expensive—mounts to hold them steady.

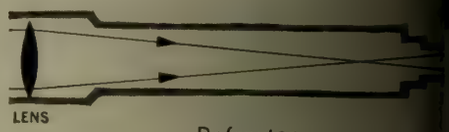
REFRACTOR VERSUS REFLECTOR

Telescopes are of two general kinds, refractors and reflectors. Many, but by no means all, astronomical telescopes are the reflector type. Light is gathered by mirror and reflected through a magnifying lens by a second smaller mirror. Reflectors are easy to construct, so most home-made telescopes are of this type.

Refractor telescopes are perhaps easier to use and are more compact than reflectors. They have a front light-gathering lens and a rear magnifying lens.

BUYING OR BUILDING A TELESCOPE

Decide first whether it will be used only as an astronomical instrument, or whether it will be desirable to have a more versatile (and possibly smaller) scope. All good astronomical telescopes (whether constructed or purchased ready-made) are designed to use a variety of eyepieces of varying magnifying power.



Refractor

Before deciding upon size, style, and cost, examine several telescopes at hobby and scientific supply stores. Also, look at copies of several natural history and science-hobby magazines in which telescopes and telescope-making supplies are often advertised. These advertisements are informative and helpful in making a decision; perhaps the best single source of such ads is *Sky and Telescope* magazine, published monthly and available at science-hobby stores.

The telescopes illustrated here cost between $30 and $210 (including mounts, extra eyepieces, etc.). One of the scopes was homemade from less than $40 worth of equipment. In magnifying and light-gathering power it is comparable to instruments costing $100 or more.

Yes, it is *a piece of stovepipe. With mirrors and a lens purchased from a mail-order scientific supply firm, the result is a 6-inch reflector telescope of 300 power*

PETE REDPATH

ment for students *to study the sun. This 3-inch refracting telescope (50X to 500X) costs $130, with accessories*

ch reflector telescope. *Heavy base is equipped with equa- mount and time clock which automatically keep the tracking the subject (stars constantly move). Cost: $210*

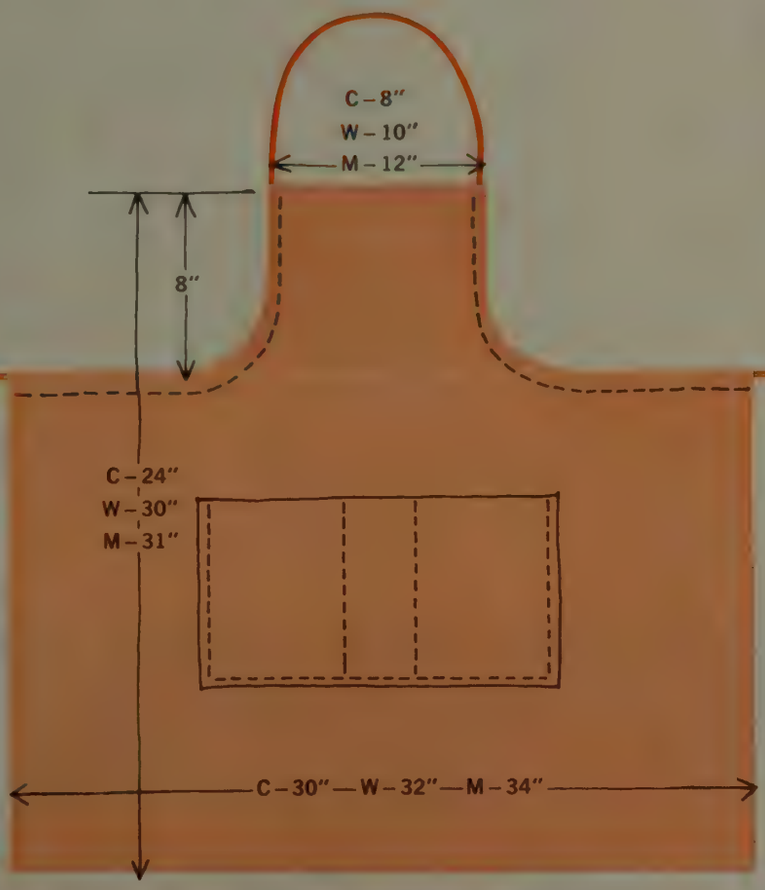
Small, unsophisticated *refracting telescope is a very good choice for the beginning or casual astronomer. This telescope comes equipped with 15X, 30X, 45X, and 60X eyepieces; it costs $30*

DARROW

Stripes, prints, *or polka dots can brighten up a good basic apron pattern imported straight from the restaurant kitchens o*

Give your own version of the French chef's apron

It has pockets in front. It is very easy to make in patterns, in colors, or in original chef's white



C — CHILD W — WOMAN M — MAN

cheerful trio at left are ring colorful versions of rofessional French chef's on. The originals, as purised in Paris last summer, sturdy cotton aprons in ite or severe blue. The n is well tried and serviceble. We added only an adtable neck cord to the deh, then cut the aprons in a iety of bright cottons and yl-coated fabrics.

make one, first cut a paper tern in the size you wish make (the sketch gives diensions for the ones worn our photograph). Next, ect the material (1¼ yards for the ult size, 1 yard for the child, in 36-inchlth fabric). Buy more material if you nt enough leeway for matching a patrn, or less if the material is wider than inches.

t out the fabric, leaving some for a cket (9 by 20 inches for the adult size, by 17 inches for the child's pocket). m edges all around except under the ns, where you sew on a bias tape channel for the tie cord. Leave the ends open for the cord to slip through. Run 3 yards of cotton cord (2⅓ yards for child's size) through the channels; even up and knot the ends.

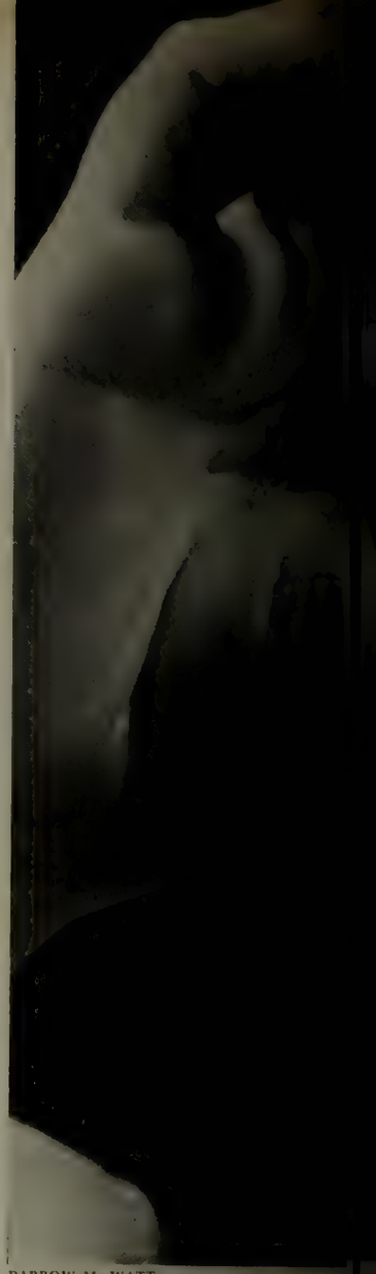
Center the pocket—actually three pockets in one piece of material—on the apron (5 inches below underarm on adult size; up one inch or more on child size) and stitch around each section. For extra strength make double rows of stitching. The slim pocket channel in the middle, 4 inches wide, keeps the rest of the pocket flat and tight. Use the sections for potholders, spoons, towels, etc.

Note on vinyl materials: The vinyl-coated materials are fun to use and can be wiped off rather than laundered. Be sure to get the type with fabric backing; it is strong, and when sewn, the stitches won't pull out. To keep such material from creasing, roll or hang it straight. Keep it away from hot stove burners.

To sew it on a machine, use size 50 mercerized thread (or one of the new synthetic threads), number 16 needle, and adjust for a long stitch. Test-sew a small scrap first.

Some heavier vinyl-coated fabrics will not need hemming (see our polka dot example). However, this slightly stretchable material does require a temporary, transparent paper layer on its surface during stitching. Sew right through paper and fabric and then tear away the paper; the finished product will be slick and smooth.

All I want for Christmas are those fruit-nut things



DARROW M. WATT

Bold, bright, and basic, these uncooked Western marzipan creations feature dried fruits and nuts. The technique of making them is so elemental that it can be mastered even by the toothless young confectioner at right.

You begin with almond paste; it is readily available canned in many supermarkets and food specialty shops, and in bulk in nut shops and candy stores. The nut paste blended to a pleasant smooth marzipan with butter and sugar, can be colored or flavored if you like.

The shaping and assembling is the most fun. Try the ideas pictured below, or branch out with your own notions. Take a small bit of marzipan, roll it between your palms, and shape in a smooth ball, log, or oval, then combine with prunes, apricots, dates, colored sugars, nuts, or chocolate shot, according to your fancy.

MODELING MARZIPAN

- ½ pound (about 1 cup) almond paste
- ½ cup (¼ lb.) soft butter
- 3 cups unsifted powdered sugar
- Flavorings (optional)
- Food coloring (optional)

Beat almond paste, butter, and sugar until smoothly blended; flavor or color if desired, and shape, or cover and chill until

Chopped pistachios, plain or brandy-flavored marzipan

Apricot halves, vanilla or orange liqueur-flavored marzipan

Green-colored, vanilla-flavored marzipan

Pitted prunes, orange liqueur-flavored marzipan

Sugar cryst
vanilla-
fla-

*"**See!** You just squish them together like this and they stick. You can roll this white stuff in colored sugar, too."*

ready to use.

To flavor, add to each ½ cup marzipan ¼ teaspoon vanilla or ½ teaspoon liqueur such as Cointreau, rum, Kahlúa, brandy, cognac, kirsch; work in well.

To color, add food coloring a drop or two at a time to the quantity of marzipan you want to tint; work it in smoothly.

To store, wrap finished candies well; refrigerate up to a month. At serving time, they can stand at room temperature 1 or 2 days.

The recipe given makes 2⅓ cups or enough for about 100 confections made with 1 teaspoon each of the marzipan.

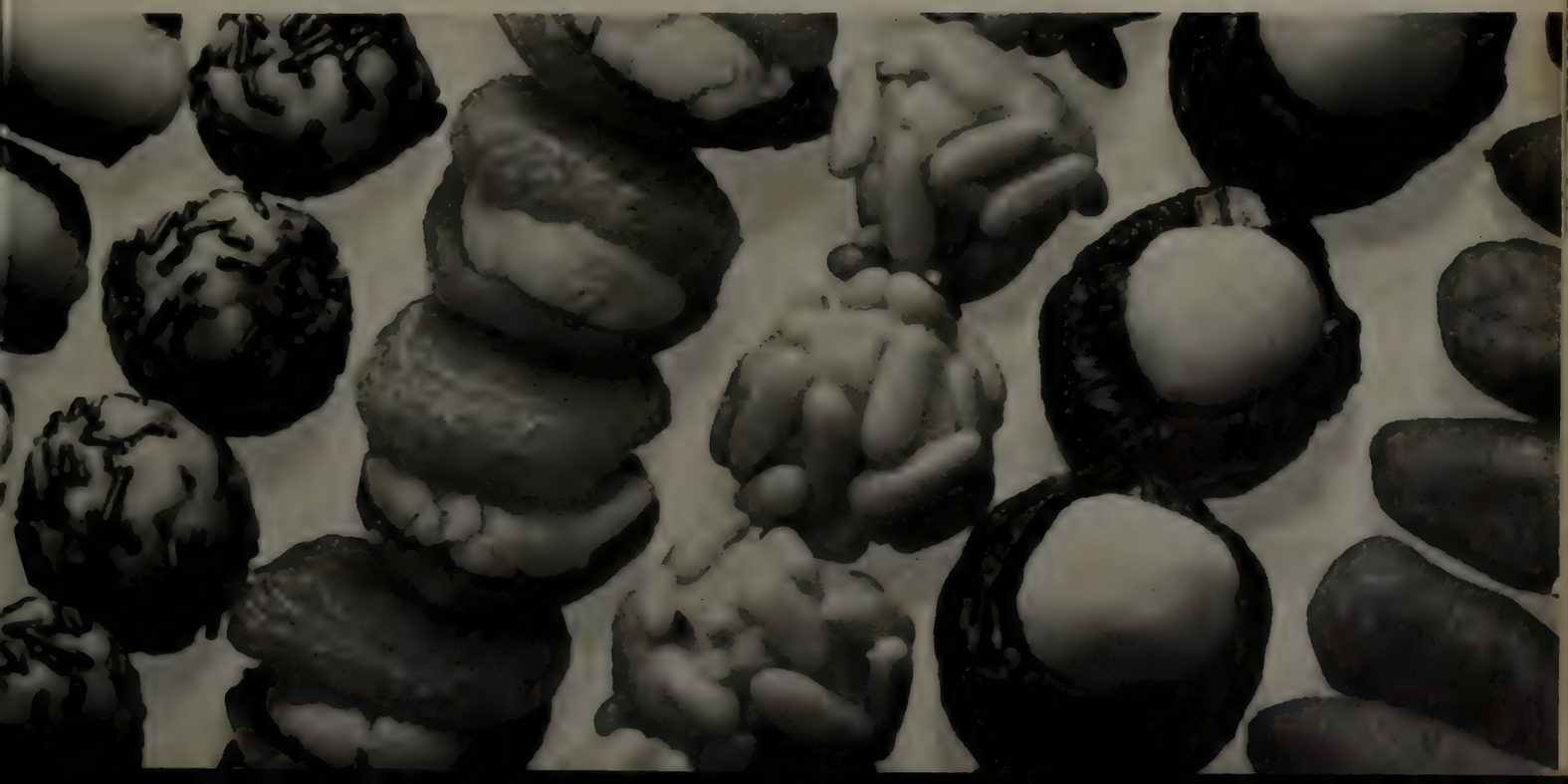
dates, nilla or orange liqueur-flavored marzipan

Chocolate shot, coffee liqueur or chocolate liqueur-flavored marzipan

Apricot halves, plain or orange liqueur-flavored marzipan

Pine nuts, vanilla or rum-flavored marzipan

Pitted prunes, vanilla-flavored marzipan



GLENN CHRIS

Long branches *of 6-foot ponderosa pine make strong pattern outside on terrace, make perches for bright paper birds indoors*

Living trees can come indoors and take it

Here's a report on six that came in out of the rain

Nurseryman *helps buyer with an Austrian black pine. The big trees at left are ponderosa pines (see above, left)*

Table-top *tree is a 3-foot Austrian black pine. The paper ornaments are described on page 52*

Three-foot *dwarf Alberta spruce makes a good buffet tree, will live for many years in pot this big*

Shapely *5-foot Monterey pine from a 5-gallon can costs about $6*

a live Christmas tree wrenched from the sun, wind, and of its native field find happiness confined in a pot or box ors? It can—and you can light it, decorate it, and keep nside just as long as a cut tree. After the holidays, just ndle it out to adorn the landscape until next Christmas.

can say this with complete confidence because we tried it it worked. A year ago we bought six live trees of various kinds and planted them in pots or boxes. We then took them around to the homes of various employees who decorated them, enjoyed them over the holidays, and then took them out into their gardens. Every one of the trees is alive and well today, and ready to repeat its performance. (Incidentally, not one of these employees was a gardening expert; all maintenance was strictly at the amateur level.)

DARROW M. WATT

We had planned to keep some trees in pots and set others directly in the ground after displaying them over Christmas in makeshift containers. Everyone decided, though, to hold his tree over for another season; some are now looking beyond a second Christmas to a third.

Such a long useful life helps justify the cost, which can be considerable. And when your tree gets too big to be a Christmas-time house pet it can start a second career as a landscape tree.

Selecting the tree. Keep this second career in mind when you select a living Christmas tree; pick one that will thrive in your garden climate and do a good landscape job for you. Your local nurseryman can advise you. Ask him searching questions and listen carefully to the answers. If you have space for it, buy a large-growing tree—a deodar cedar, fir, pine, or spruce. If you don't, try to get one of the smaller or slower-growing conifers, or keep your tree in its pot or tub, which will restrict its growth rate. Modified bonsai culture—careful pruning, feeding, and occasional root pruning and transplanting—can keep a tree small for a long time.

There is work involved; trees do need feeding and watering, and they are heavy. Nevertheless, moving them and caring for them are well within the reach of the average gardener. All our people have been happy with their trees (except, perhaps, during the short time it takes to move one in or out).

Potting suggestions. It's a good idea to shop for a pot or box at

DARROW M. WATT

Informal *grafted blue spruce grows in a black-stained tub. Ornaments are tissue-paper bows*

Two weeks or so indoors . . . then out on the terrace

the same time you get your tree. It's not always easy to a pot big enough to accommodate the root balls of the la trees. Remember that the pot usually tapers downward the top, while the root ball is either uniform in width (in tainer plants) or widest somewhat below the top (in balle burlapped trees). You'll have to be sure that the root will fit the pot and still leave enough headroom for wat Boxes pose less of a problem at planting time, but the fin product is heavier and bulkier than a potted tree.

Best and easiest way to plant a big tree in a container have the nurseryman do it for you. He has the planting and the know-how to do a good planting job and the to deliver and place the plant where you want it. He wi that the container has adequate drainage and he can (if absolutely necessary) shave the root ball of the tree to to your container. If you want to do this yourself, be c not to break the root ball. Support the tree from under while lifting or moving it; never lift it by the trunk.

Never let the root ball dry out. If it does, it will shed w and the only way to get water to the roots is a long, slow or an injection from a subsoil irrigator.

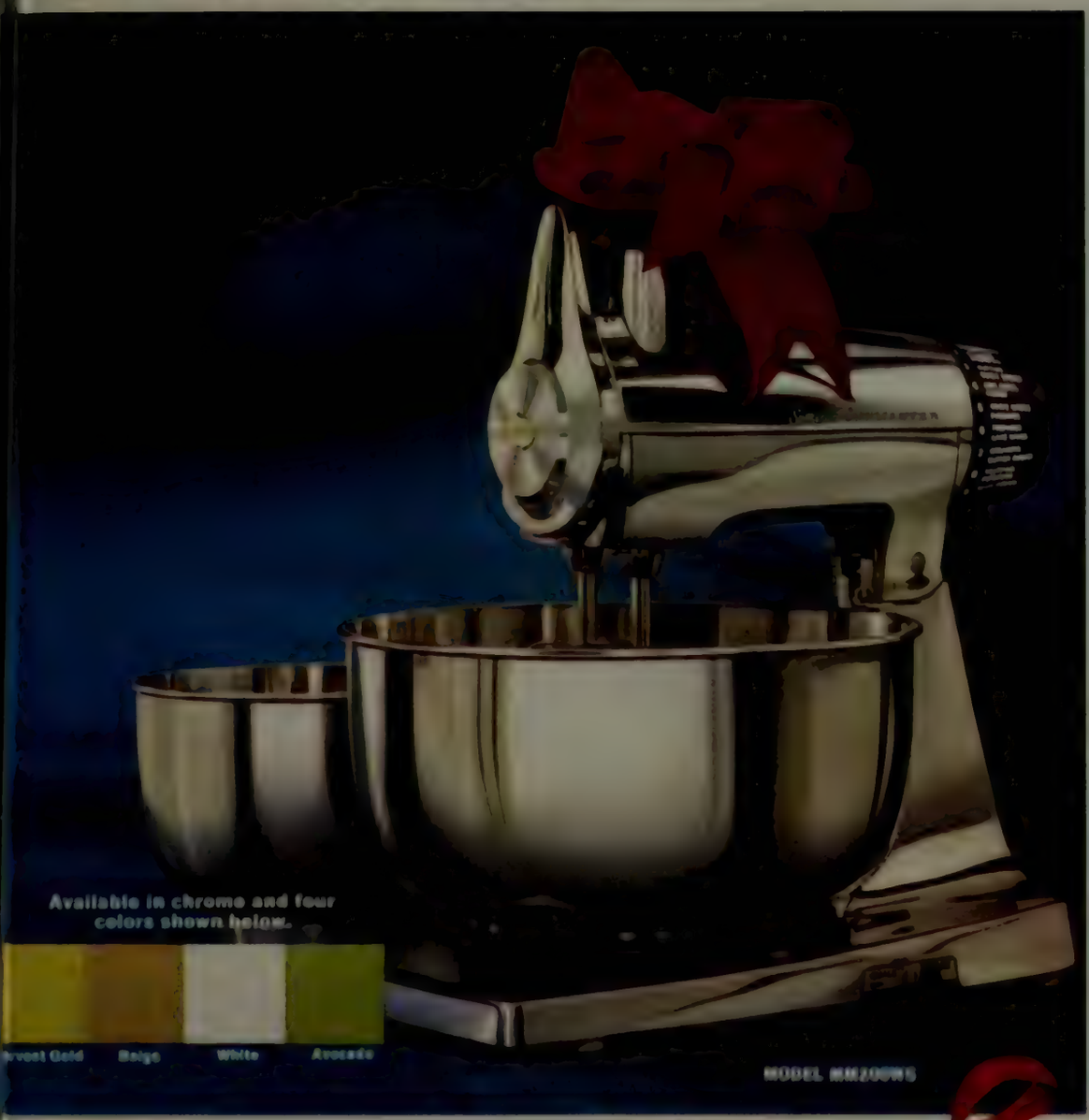
Drainage is of great importance, but you can fudge a litt a very brief time. The big ponderosa pine on page 72 sit rectly on a polished floor without a saucer. Its home- planter had no drainage holes for the few days the plant indoors. As soon as it moved outside, the owner tilted the and drilled five well spaced inch-wide holes.

Seven-foot *Colorado spruce holds a heavy garlanding of pretties indoors, does summer growing on a sunny terrace outside*

GLENN CHRISTIANSEN

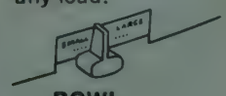
ny woman who loves to cook serves her own Sunbeam ixmaster mixer.

n't now the time?

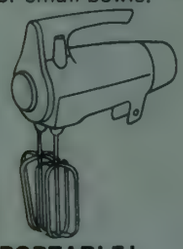


BOWL-FIT BEATERS
make sure every bit of batter is evenly mixed for higher, lighter cakes.

12-SPEED MIX-FINDER DIAL
eliminates guesswork. Governor Controlled Motor insures full power under any load.

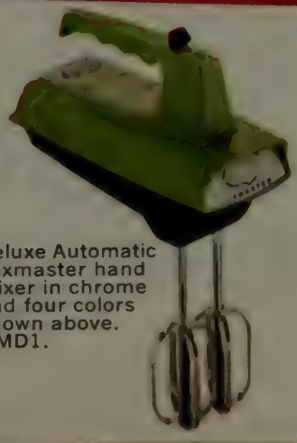


BOWL SHIFT LEVER
accommodates large or small bowls.

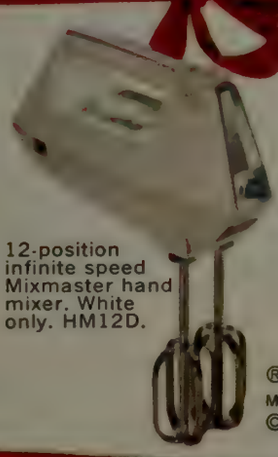


PORTABLE!
Unit lifts off stand at a touch of a button for use as hand mixer.

And Sunbeam is also the number one name in hand mixers!



Deluxe Automatic Mixmaster hand mixer in chrome and four colors shown above. HMD1.



12-position infinite speed Mixmaster hand mixer. White only. HM12D.

Sunbeam

built with integrity— backed by service

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Ask for the gift of time.

A Kindness Instant Hairsetter saves hours in curlers and keeps you beautiful twenty-three hours and fifty-five minutes a day.

Stop and think about it. You're not what you'd call a lady of leisure, right? You spend a busy day running a household. Handling a job, Stretching a budget. Juggling a schedule. Work that leaves you little time—for yourself or your appearance.

You'll have this time—if you get a Kindness Instant Hairsetter for Christmas. It puts an end to the hours it used to take—in those awful curlers—to get a decent set.

A Kindness works in minutes. All you do is plug it in and let it heat. Then set your hair on the exclusive rollers. When the last one is in, the first one is ready to come out. No wetting, no waiting, no sleeping in unfriendly curlers. Gentle, controlled heat sets curls firm in just five minutes. There couldn't be a faster way to get a set that lasts all day. (Or a nicer way to keep your pretty face pretty!)

This Christmas, ask your husband for a Kindness Instant Hairsetter. Ask for the gift of time. Time to take up tennis. Learn a language. Read best sellers. Pick a pants suit. Time to be beautiful. For him and for you.

At drug, cosmetic and beauty appliance counters. Six models from under $15.

Kindness

America's number one instant hairsetters

From Clairol

*TM © Clairol Inc. 1

dma called them hassocks, ottomans, ufs, and there was always one in of the fireplace. The children spent s rolling around on them. They dis- ared in the earlier part of this cen- but a good thing dies hard.

's a modern version you can make case (or buy in many parts of the if you don't sew). Unlike pillows purchase, these have a removable g to allow for cleaning.

ic selection is the most important when making these pillows. Choose se-weave fabric with a bold design. ound some good buys at the remnant ter of fabric stores. Pillows can vary ze. Between three to four yards of r 45 or 54-inch-wide fabric works To judge the approximate size of a w, hold up a piece of fabric (double kness).

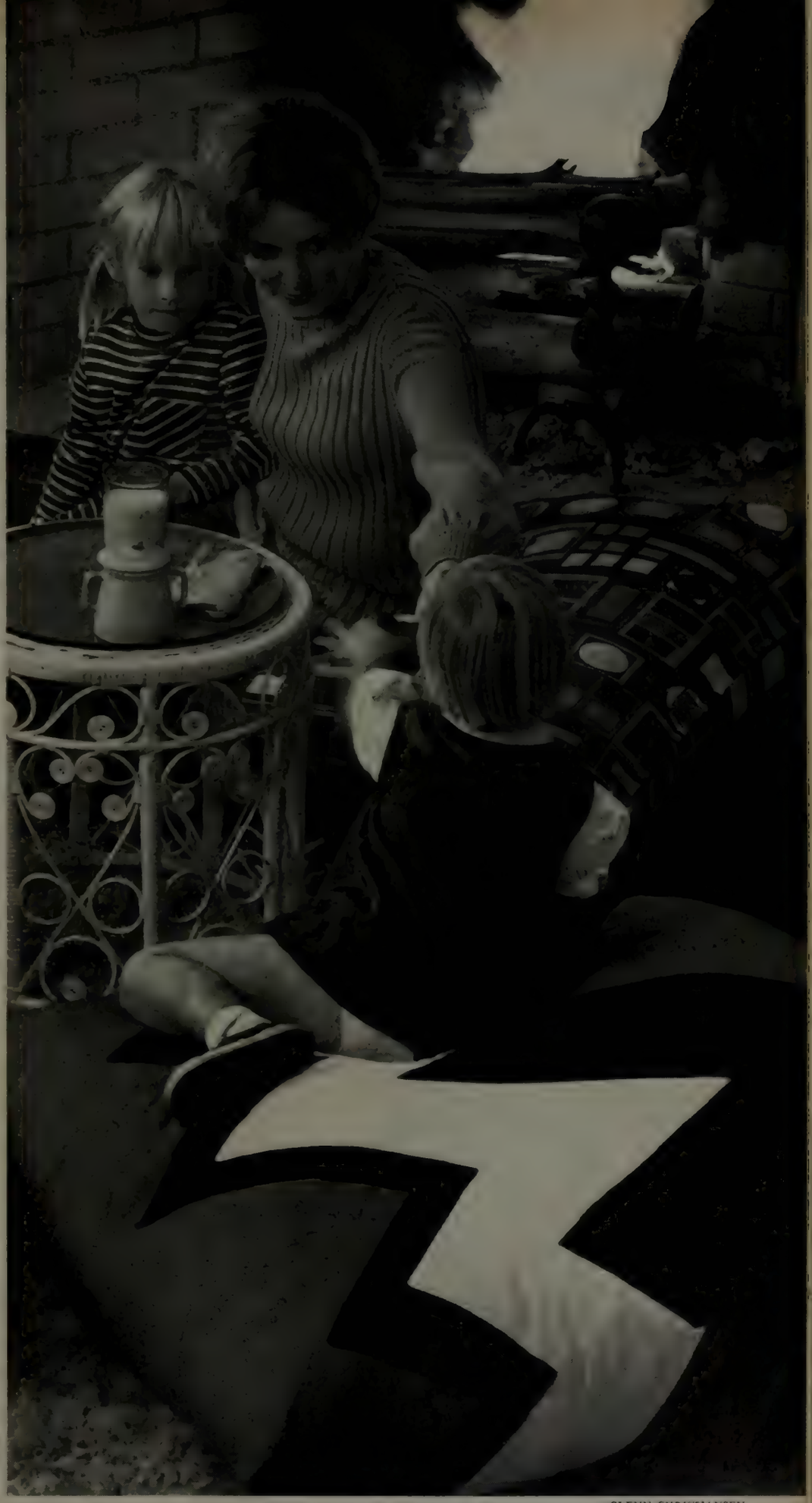
purchase a piece of muslin the same th and width as your fabric, a dress zipper at least 36 inches long, and dded foam. (A 36 by 48-inch pillow need about 9 pounds of foam; it costs t 60 cents a pound.)

assemble the inner pillow, fold the lin in two and cut along the fold erwise the pillow stuffs unevenly). hine stitch muslin together ⅝ inch the edges leaving at least a 24-inch ning on one side. Trim corners and right side out.

stuff the pillows, tear the cellophane of shredded foam along one side and e inside the muslin covering before tying the bag. It is wise to fill the w outdoors because the foam tends tick to furniture and rugs. Wear old hes. When pillows are full and firm, e the opening with a blind stitch.

the casing, fold the fabric in two and along the fold. With right sides to- her, stitch together one side and put the zipper on this seam following in- uctions on the zipper package. With zipper open, stitch up the other three es. Trim corners and turn right side through the zipper opening.

ff the muslin pillow in the case and se the zipper. If the pillow becomes ted, just remove the case and clean.



Big, bold *stripes (front) and solid geometrical designs (rear) make inviting floor pillows*

GLENN CHRISTIANSEN

SUPER PILLOW

It's grandma's hassock up to date

put yourself in this picture . . . ask your Remington Chain Saw dealer for a demonstration and information about our special free case offer.

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Park Forest, Illinois 60466

☐ Please send name of nearest Remington Chain Saw dealer.

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ADDRESS:_____
CITY_____STATE_____ZIP_____

DARROW M. WATT

Peppermint steps *tempt young kibitzer even before the house is completed*

A candy house built of boxes

An old-fashioned candy house, built with cardboard boxes, can fascinate children whether they construct it themselves or simply add the finishing touches.

It makes a delightful decoration for a holiday table and offers countless tasty treats to nibble on.

Start with a piece of plywood about 18 inches square for the base. You also need a number of different-sized small boxes (we used five); you can make each by taping six square pieces of heavy cardboard together with masking tape.

Stack boxes on the plywood base so you'll have three roof levels, with the largest box as the central part. Tape boxes together, and secure the whole structure to the plywood base with tape.

Cut roofs of heavy cardboard, allowing 1-inch overhang; fold in half. To attach securely, make two or three 1-inch cuts with a knife through the roofs on each side, just above where the walls will meet them. Set roofs in place. Slide a table knife up through each cut; stick masking tape to knife end. Pull knife back; j off tape end and stick it to wall. P other tape end to roof. These taped jo hold roofs firm when frosting and ca are added.

Working quickly, *spread the frosting one surface at a time with a flat k*

Frost the house as you would a ca decorate with hard candy pressed fir into frosting. Materials for the house tured here (which includes some 5 pou of candy) cost about $10.

Frosting: Beat 2 egg whites until s Add ½ teaspoon cream of tartar an pound confectioner's sugar. Beat u frosting is stiff enough to hold its peak

We used a computer to separate the men from the boys.

RCA's new Computer Crafted Stereo Tuners are designed to separate crammed-together-on-the-dial stations.

There you are. Listening blissfully to a fugue by Bach while trying to ignore the overlapping beat of some East Village group

But when you try to get the fugue alone, the overlap may linger on.

With a lot of stations crammed together on the dial, both you and your tuner have trouble trying to figure which one to listen to.

So RCA engineers used computers to develop tuners that are especially designed to keep crowded stations apart. And pull in hard-to-get FM Stereo ones, too.

Tuners that are so sensitive and so strong, they set new RCA standards of performance

On the production line, for example, computers test each part against performance standards stored in their memory banks *before* the part goes into the tuner.

And, if the part doesn't measure up to the engineer's original design, the computer lights up and rejects the part

No ands, ifs, buts or excuses.

560 computer tests later—7 times as many as before the computer—the *entire* tuner is tested for optimum performance.

So the tuner you get not only separates stations better but also pulls in stations from farther away. Even out in the hinterlands.

Test-listen an RCA stereo with a Computer Crafted Tuner at your RCA dealer—one station at a time.

Hearing is believing

RCA

mmm... so soft and comfy...

GOOSE DOWN COMFORTERS by Eddie Bauer

From fall to summer, for many years to come, she'll slumber in the luxury of your Christmas thoughtfulness with the beautiful Comforter with 100% New Premium Quality Bauer Goose Down. Silky smooth non-slip quilting is specially loomed from long fiber cotton to stay on the bed . . . can't slip or slide as satin does.

LIGHTWEIGHT: A little over a pound of famous Bauer premium quality goose down provides warmth without weight . . . an invitation to a cozy, comfortable and restful sleep every night.

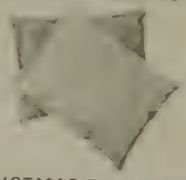
PREMIUM QUALITY: Comforters are plumply filled with 100% new premium quality Bauer goose down with stitching firmly held by fur felt strips to eliminate down shifting or lumping. Comforter is crafted with the traditional Bauer Quality standards.

GUARANTEE: You must be completely satisfied or your purchase price and postage will be promptly refunded.

COLORS: Rose Pink, Lavender Blue, Apple Green.

Twin Size	68" x 80"	$59.50
Double Size	76" x 86"	$69.50
King Size	96" x 96"	$89.50

GOOSE DOWN PILLOWS, TOO!
Soft, buoyant and plump matching 100% New Premium Quality Bauer Goose Down Pillows $19.95.



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☐ DOUBLE 76"x86" ☐ LAVENDER BLUE
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☐ MATCHING PILLOWS QUANTITY____

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Catapult, *ammunition carrier, and truck—all held in line by magnetic cabinet latches*

Catapult . . . for storming a castle

A worn hacksaw blade neatly wrapped in adhesive tape provides the launch power for this toy catapult. Complete with ammunition carrier and tow truck, the toy can be put together in an evening or two by a home craftsman with a power saw.

You'll need a short length of 2 by 4 for the truck; about 3 feet of 1 by 4 to make the two bases, carrier enclosure, and triangular catapult blocks; 2½ feet of 3/16-inch wood doweling; a dozen 1⅛-inch or longer screw eyes; the hacksaw blade; and a small screw and bolt.

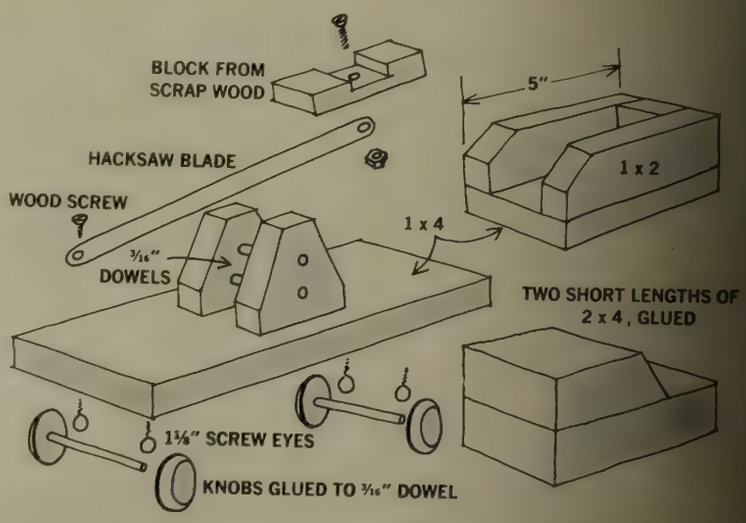
The units roll on wood wheels—knobs, drawer pulls, spools, or short lengths of 1⅜-inch dowel drilled to accept the 3/16-inch dowel axles.

For the catapult mechanism, drill holes 5/16 inch apart in two triangular wood blocks and insert short 3/16-inch dowels. Glue the triangles to the base. B U-shaped piece of scrap wood to on of the tape-covered hacksaw blade, the blade's hole; then slide the blad tween the dowels and wood-screw other end to the base, as pictured. springy blade provides good propuls

To provide easy in-line towing, c notch with a power saw or chisel i back of the truck and ammunition c to hold a standard cabinet magnet l affix the metal strike plates to the of carrier and catapult.

Before gluing the second wheel on axle, slide the axle through screw positioned below each base.

A varnish or enamel finish is opti Then load up the ammunition carrier wood chunks, and place all beneath Christmas tree.



Let someone else fight the freeways.

Turn off. Pack up. Flake out. Chances are, you need it more than you think. And right now, it's easier than you thought. Take Hawaii. It's as little as $170 round trip on one of our new Thrift tickets from the West Coast. And you don't have to join a group or take a tour or anything. It's just you and Hawaii and the laziest time you never had. Of course, if you're looking for a tour, we've got 'em– starting as low as $56 for a week's worth of hotel, sightseeing and more. Get all the details from any Pan Am® Travel Agent. He can have you off the freeway and on the flyway in 24 hours or less. Scuba doo. **Pan Am makes the going great.**

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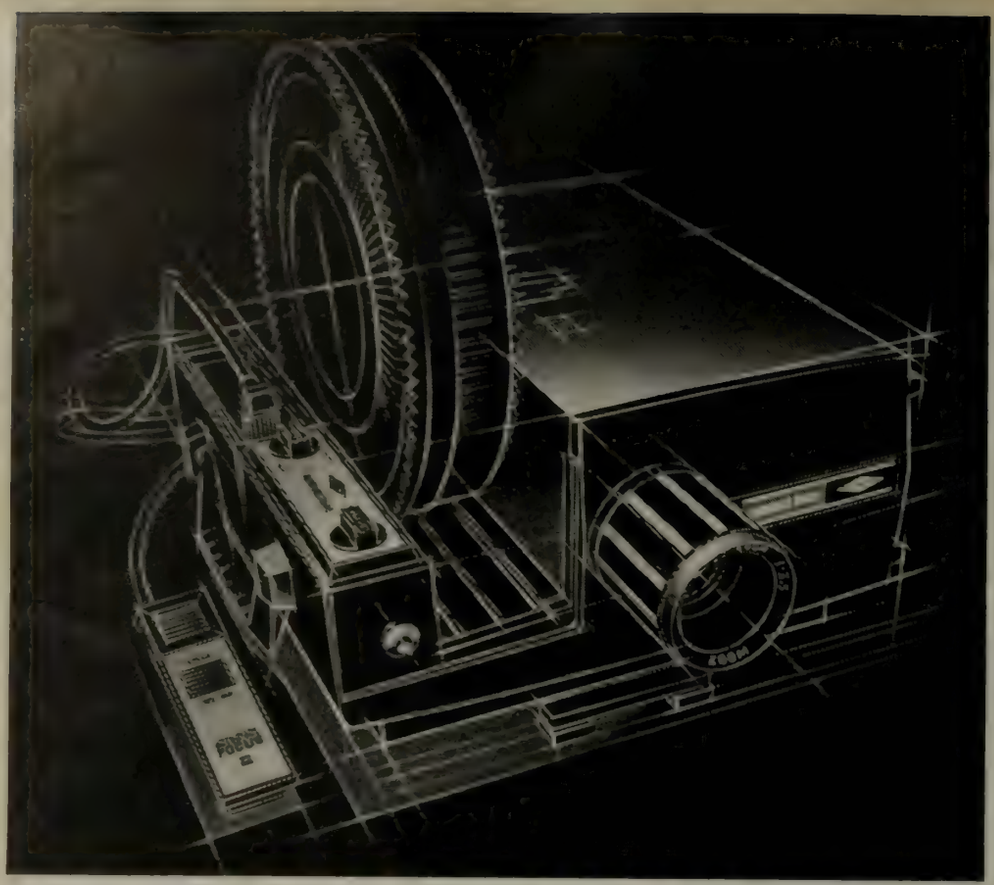


SAWYER'S SLIDE PROJECTORS.
WE'VE BUILT IN EVERYTHING BUT OBSOLESCENCE.

You buy a new slide projector and pretty soon it doesn't seem so new.

Now Sawyer's has one that won't soon become old or obsolete. Sawyer's® Rotomatic 747AQZ slide projector.

It won't become old because it's solidly designed and built. And it won't become obsolete because it has features that will be new ten years from now.

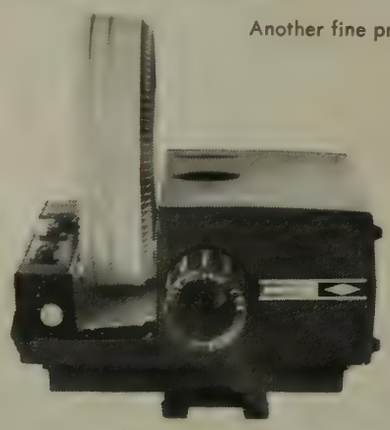
A 4"-6" zoom lens. Automatic focusing. A 500-watt Quartz Halogen lamp. Five slide handling systems including Sawyer's Rototray® slide tray that holds 100 slides.

Other features include a preview editor, forward and reverse remote control, automatic timer, brighter f/2.8 lens, a new lighted control panel, patented title viewer, and a power cord reel.

The suggested retail price of the Rotomatic 747AQZ is $199.50. There are ten other durable, versatile Sawyer's Slide Projector models priced from $59.95.

Make sure you choose the model you really want. You're going to have it for a long, long time.

Another fine product from gaf®



SAWYER'S SLIDE PROJECTORS.
140 West 51st Street, N.Y., N.Y. 10020

Christmas mobil is cards on yar

Last year's Christmas cards, an embro hoop, colorful fat yarn, large glass b and construction paper are combin make this bright holiday mobile.

Cut the yarn into four different len Tie a knot at the end of each piece slide a large glass bead (from cra import stores) down until it rest the knot. Continue knotting the and stringing beads at irregular inter Tie the four pieces to the embroi hoop; tie a tuft of yarn over each

For each picture you'll need two e sized pieces of bright construction p cut out pictures from old Christmas c and glue to the paper. Glue the pict back-to-back with yarn in between.

Attach four 12-inch lengths of yarn t hoop and tie together; tie one longer p to these and hang from ceiling.

PETE REDPA

Colorful *mobile hangs from ceiling. spins slowly with movement of air*

Our cure for the kitchen carpet cop-out

Un-typical kitchen carpets by Masland

So you went art deco in the dining room. Bold in the bedroom. Daring in the den. And cowardly in the kitchen.

What a shame.

Because Masland makes a kitchen shag that's something spectacular. It's called "Sorcery" and it is guaranteed to make your kitchen as beautiful as this one, no matter which of the 17 gorgeous colors you use. These colors will make your kitchen someplace you want to be. Not just a place to cook in.

Because "Sorcery" is made of Du Pont nylon and is certified 501*, it is easy to care for and long lasting. Exactly what you wanted in a kitchen carpet.

Make your kitchen creative. Or make it capricious. But make sure your kitchen shag is "Sorcery".

We ask you: in a kitchen like this, would it matter if you couldn't cook?

*Du Pont certification mark

Masland creates the un-typical kitchen carpets. They're practically elegant. Look for this label.

"For real? Cinerama in the hotel business in Waikiki? What do they call a room for two...a double feature?"

CINERAMA HOTELS

No. We speak the regular hotel-type language. Even though we don't have regular-type hotels. Come see our full-scale productions for yourself.

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Please Print Clearly

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Alopecia of the lawn, commonly known as "lawn baldness", can be cured now with Turf Builder.

SCOTTS, the lawn people

Mushroom-shaped *lamp is easily pu gether. It can be made for about $6 o*

How to make a mushroom light

This attractive lamp is assembled fro antique glass globe, a light wood cani and a few inexpensive supplies fro lighting shop.

Buy the frosted globe first at an anti or used furniture store (or you can s for a new globe at a lighting shop). Pr vary from about $1 to $3. At an imp shop, choose a canister of the right s and of a dimension to fit the globe; it cost about $2.50.

Purchase 8 feet of cord, one electric p a cord switch, a porcelain light socke plastic bushing, and a 40-watt light b Total cost of these should be less than

We glued a block of wood (about inches square) onto the bottom of canister to raise the socket and bulb the globe for better illumination.

Wood canister *holds fixture and lig bulb; an antique frosted globe covers*

ANFF SPRINGS HOTEL
berta, Canada.

the Rocky Mountains.
kiing. Skating. Snowmobiling.
eigh-riding. Swimming. Dancing.
ocializing.
ood food. Good drink. Good company.
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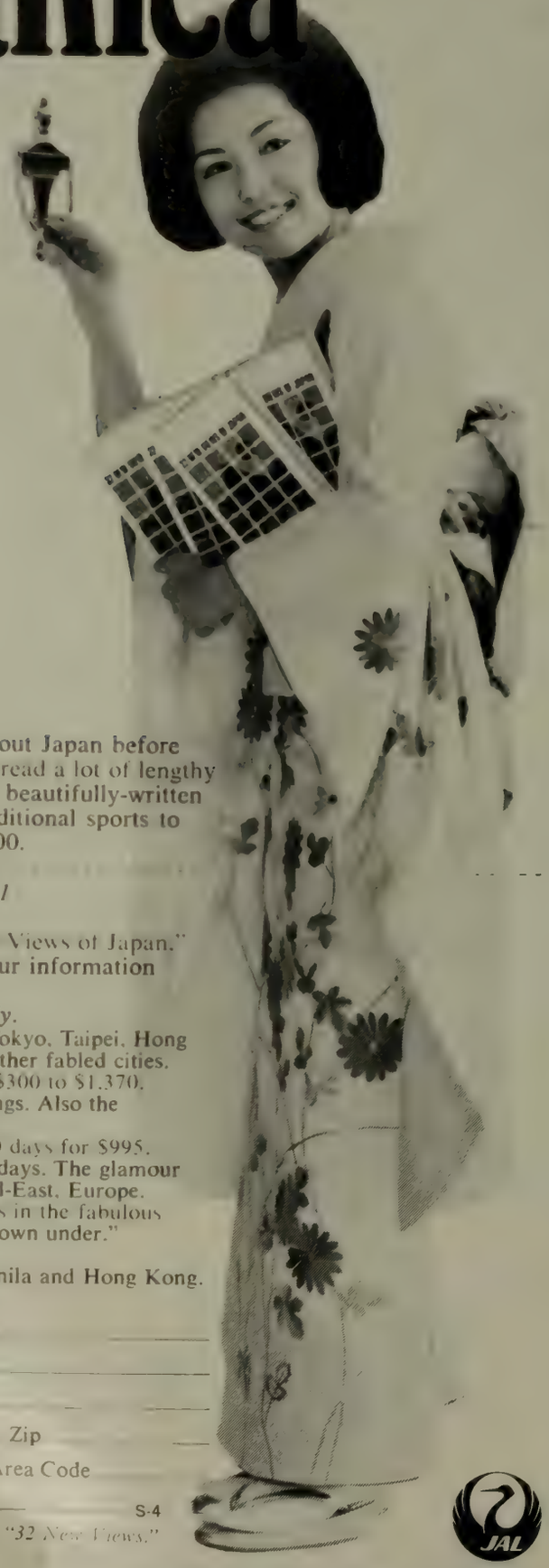
Encyclopedia Japanica



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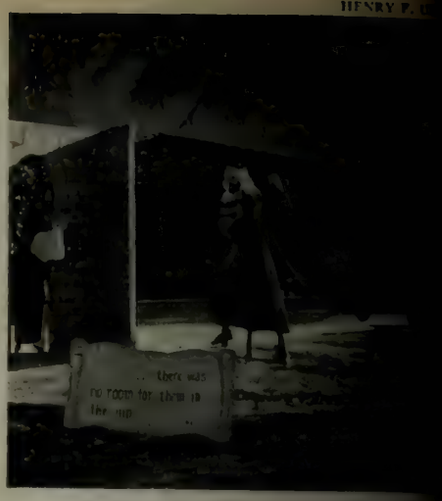

Sturdy, *realistically painted cutouts these re-create scenes from the Nati*

Fourteen front yards in a row

Christmas light watchers who drive d Calle del Paisano in Phoenix can wit a brightly lit example of community tion. Fourteen families along the st have built a frontyard Christmas tabl entitled "Journey of Bethlehem"—a se of painted plywood cutouts of Bib scenes that tell passersby the step-step story of Christmas.

The project began when Mrs. Ra Koerner invited neighbors to her ho and suggested a neighborhood tabl Response was enthusiastic, and the Ko ner home soon became a clearing-ho for ideas. To ensure good, non-commer designs—a point on which such proje often fall short—the group decided base figures on Bible paintings and signed one to each family. Some 24 ad and 15 children participated.

A neighbor, Reese Dunaway, enlarged pictures on tracing paper and cut the p wood. His workshop served as constr tion headquarters. Adults hammered sawed on weekends while the child sanded and painted after school. finished products were sprayed wit durable plastic coating. Artist John Wa lettered explanatory scrolls for each s and a direction sign for sightseers.

This year as last, 10 days before Chr mas each family will erect a cutout in front yard, complete with illuminati For better nighttime viewing, the fami douse all other outside lights from to 10:30 P.M.

Total cost for the project the first y was a little more than $100, and reuse most materials lowered the sum to last Christmas. The project has won fi prize in the Valley of the Sun Christm lighting competition.

The Aspen, portable color TV model C-7A. 18 inch diagonal screen (Simulated Picture)

Let us color your choice.

You understand our advice is biased of course.

But one fact you can't argue: nobody builds portable olor TV the way Toshiba builds portable color TV. Rugged. ough. As much like a tank as a TV.

The cabinets, for instance: "crash proofed" to protect the sides from jolts and jars. And the insides...are built like the outsides. Virtually indestructible olid state circuitry. And—of all things—a steel band bonded right to the picture tube for extra-rdinary rigidity. This makes it "Portabuilt".

When you turn the knob to "on"...there's a color picture instantly...superior to any and all thers! It's a product of 21,500 volts of picture power; Tintmaster color control; balanced color onvergence, two-year warranty*...and all that technical jazz.

Needless to say Toshiba does what the others do...but a little better and a whole lot longer. ee one at your dealer...or write us for his name. We're Toshiba America, Inc., 477 Madison Ave., ew York, N.Y. 10022.

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EXPO'70
3-PT-4

*Toshiba warrants the color picture tube on its color TV sets for two full years to the original owner. Toshiba will supply a replacement tube, warranted for the unexpired portion of the original two-year warranty, in exchange for any defective tube without charge.

Toshiba warranty is valid under normal use when completed warranty card is returned within 10 days of purchase and product is delivered for repairs at an authorized Toshiba Service Center. Warranty limited to original purchaser. Product specifications and warranty subject to change without notice. All warranties subject to conditions enclosed with specific product purchased.

How to be a feudal king (without losing your humility)

Sound the trumpets to arms! That's the battle cry of Feudal—an exciting new 3M Bookshelf Game of legendary kingdoms.

Suddenly you become a feudal King waging a medieval war with your friends. With military tactics and chess-like maneuvers you battle to the death.

Each army is secretly deployed, making every battle a new challenge to outwit the enemy and lay seige to the castle.

Feudal is but one of the many ways to

enjoy a "play-in" with 3M Brand B shelf Games. Designed for thinking and alert youngsters, each game is of skill and strategy. And each come compact leather-like case. Together make a handsome set of volumes for bookshelf. Look for the complete at gift and department stores.

P.S. Play like a pro without losing amateur standing. Choose from the line-up of 3M Brand Sports Game

If you've got a bookshelf . . . you've got a game room. 3M

Bold cutouts for cards

cutout letters spell the Christmas ngs on the simple, attractive cards ed below. The cards are easy to although each word must be cut a single piece of paper.

an turn out the cards fairly quickly the help of a pattern. First, decide e size you want each card to be. "peace" card shown below measures 10 inches folded, so each letter is 4 s high and about 2 inches wide.) h the letters in simple lines, using a as a guide, then fill them out so the of a letter P, for example, is about h wide.

letter must join the next. You'll to decide where, but the photograph shows you how this was done with different words.

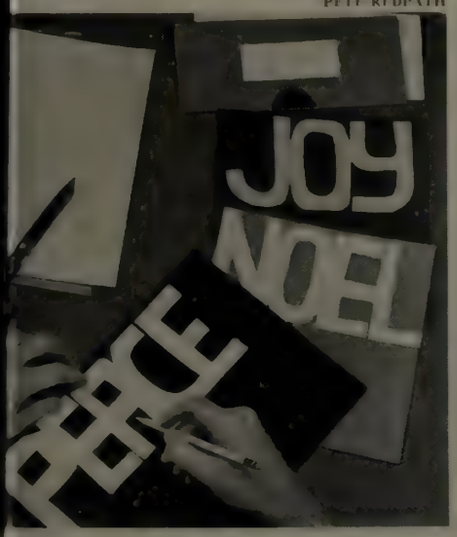
you have the pattern drawn, cut it with small, sharp scissors. Use it to the word onto colored paper.

card itself is made of construction r (or other heavy colored paper) and les as envelope.

cutout words look best when they xactly on one-half of the folded card, ng the rest for your signature and message. You can either make the to fit the word, or the word to fit card, although the first method is r, since the pattern tends to change nsions slightly as you cut it out.

r you sign your name on the inside, the card, seal with a notarial seal ilable in stationery stores), and ad- s it. Like all greeting cards, this one t carry first-class postage (6 cents).

PETE REDPATH



ristmas message *is cut from single piece paper; folded card becomes envelope*

SUMMER ISN'T GONE. IT'S JUST STAYING AT A NICER PLACE.

Summer knows a good thing when it sees it. Why should it hang around a place that's all grey and cold, when it can be out here?

Here, with golf courses and swimming pools. Tennis. Hiking. Horseback riding. A spectacular Aerial Tramway.

Here, where fresh, dry desert air makes you all frisky and frolicksome. Where sunshine turns you bronze and sends you home with that gold-all-over feeling.

Flying here is easier than ever. And our 200 hotels with over 6,200 rooms make it easier than ever to get the rate and accommodation you want.

So don't just sit there, waiting for summer to come back to you. Join it. We'll tell you how. Just write us.

PALM SPRINGS CALIFORNIA

Convention and Visitors Bureau, Dept. SUN 65
Palm Springs, Calif. 92262. Or call "Sunny". In San Francisco, 982-0220.

Creating a better impression

Cross Desk Sets — single or double base with 12 Kt. Gold Filled or Sterling Writing Instruments. From twenty-five to seventy-five dollars each. At Better Stores Worldwide.

CROSS SINCE 1846

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Wollensak delivers everything but the hair

Whether you're recording your own rock or listening to it, Wollensak is where it's at.

Just snap any cassette into this Wollensak 4310 portable recorder. Press a control button. And go wild.

You can record directly from its AM-FM radio. The built-in telescoping antenna brings in superior radio reception.

Wollensak solid state design always delivers a dependable performance. It operates on batteries or your household current.

An Automatic Record Level system assures a perfect recording and true sound.

In fact, Wollensak delivers a full line of stereo and monaural tape recorders. Some with separate speakers. Some with handy cassettes. Nobody knows more about sound-on-tape or has more experience in tape recording than 3M Company. No wonder you can expect the best from the bold new world of Wollensak sound.

But Wollensak can not deliver the hair.

You'll have to grow your own.

Wollensak 3M COMPANY
TAPE RECORDERS

DON M

Wooden *hanger in Anchorage hold place equipment in out-of-the-way*

DARROW

Heavy strap iron *hanger in Portola V California, painted black to match*

Hanging the too

It's often neater to hang fireplace on a wall near the fireplace than to them in a stand on the floor or hear

The wall hanger we show at top wa signed by Dr. Theodore Shohl and of hardwood. It consists of three hooks glued into slots in a ¾-inch back, which is attached to the pl wall with two lag screws.

The one in the lower photograph is inch length of ¼ by 1¼-inch black strap, bent out slightly at the right en holes were drilled through the strap: small ones for the screws that atta to the wall, and three larger ones were tapped (threaded) to receive ¼- bolts. Three ¼-inch carriage bolts 1-inch shanks were screwed tightly the smaller holes and any portions truding through the strap were cu with a hacksaw. Then the heads o bolts were sawed off and the ends rounded with a file to become sm sturdy pins to hold fireplace tools.

We recently received a letter of complaint

Box 255
New Galilee
Pennsylvania

the President
Radio Corporation
Illinois

Dear Sir:

On September 5, 1957 I purchased a new Zenith television. I have spent approximately $10.00 in repair on this set. I have two teenage daughters and they use the set continuously. Several times it has been left on overnight. The picture tube still has good contrast.

This letter is a form of complaint. Our family has been wanting a color television, but I have said as long as our present black and white works as well as it does, I will not buy one. Can't you make them so they will wear out a little bit sooner?

Very truly yours
Joseph C. Kershbaumer

P.S. Mr. Kershbaumer did get his color TV. And his black and white set is still working—in an upstairs bedroom. Every Zenith Handcrafted portable, from the largest to the smallest, is built better to last longer. When you buy TV...why not get the best.

Set shown: The Saratoga, model A2010, 19" diag. Super Screen Portable.

ZENITH

The quality goes in before the name goes on

Simulated TV reception

* Suggested retail price. Ronson Corp., Woodbridge, N.J. Made in U.S.A. Also available in Canada.

The light that turns you on!

New Ronson Bu-t-lite

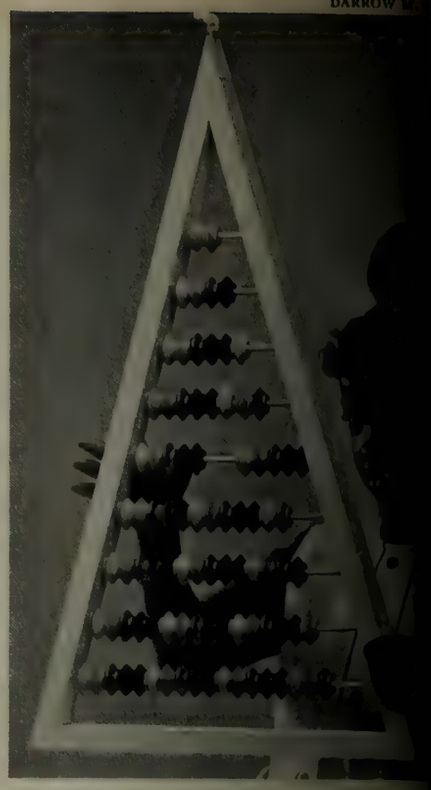
- A portable patio light for indoors and out.
- Operates on clean, safe butane fuel from a Ronson Multi-Fill® Fuel Injector, available everywhere.
- Flame adjusts from high to low. No smoke. No mess.
- Burns up to 50 hours (with one inch flame) on single 250 gram Multi-Fill.
- Heavy-duty, heat-resistant glass shade.
- Smartly styled base holds Ronson 150 or 250 gram Multi-Fill fuel injector.

The new Ronson Varaflame® Bu-t-lite, complete with 250 gram Multi-Fill ... $11.95*

RONSON®

The people who keep improving flame.

DARROW M.



Colorful triangle *can hang from ceili be affixed to wall. The disks are pa to divide visually into groups of*

She's counting o her counting to

A child's sense of the meaning of nu can benefit from a simple counting d like this—a plaything, a teaching and a decoration, too.

In this triangular version, the rows 2, 4, 6, 8, 10, 12, 14, 16, and 18 c painted before assembly in yellow, or red, blue, and black.

To make such a toy, first get the d We used billiard score counters, bo for $5 a set at a department store. Th consists of 90 wood disks strung on with a number-stamped clapper at e tenth place; we used the disks, disca the clappers. Instead, you could empty sewing spools or large wood b from a hobby shop.

We widened the disks' holes to just 3/16 inch with a power drill, so they w slide freely on 3/16-inch wood dowelin

Size the frame to suit the counters, a ing 1 to 1½-inch sliding space on row. Drill shallow 3/16-inch holes in sides to accept the dowels. The frame tured is 14 inches wide, 25 inches h the rows are 2 inches apart. It requ about 70 inches of doweling.

Assemble everything but one long then slide on the counters, fit the side over the dowel ends, and glue corners.

Our Strictly Plush carpet.
For people who like to put on the dog.

KODEL

No matter how many parties you give or how many dogs you have, our Strictly Plush Carpet can take it.

You see we made this carpet with several important features that protect it from the social whirl.

First off, it's 100% Kodel polyester. Hence, easy to clean, durable, extremely resilient, and highly resistant to chemicals.

Even spilled drinks won't ruin its complexion.

But a carpet like this can't be too defensive. It's meant for outgoing people, so it has to be impressive as well as safe.

That's why we tufted it in a heavy, dense, plush pile (when you walk on Strictly Plush, you know you're walking on a carpet).

What's more, it's available in 18 of our newest 1970 colors.

And it doesn't cost a fortune.

So if you want a carpet that's meant for the good life, visit a dealer and ask to see Strictly Plush.

It can save you many headaches.

Especially on the morning after.

WALTER CARPET MILLS

A Component of Ludlow Corporation
P.O. Box 1252, City of Industry, California 91747

"The right carpets for the right people."

A guide for

Some people buy Chevrolet trucks just to make money. Plumbers, builders, farmers and like that. But more and more people are buying our trucks just to play around. Camping types, hunters, even weekend artists. You could be next. Thus, our little essay for people who want to know how to buy a truck—without nuts and bolts or other technicalities.

How to tell a pickup from a chassis-cab.

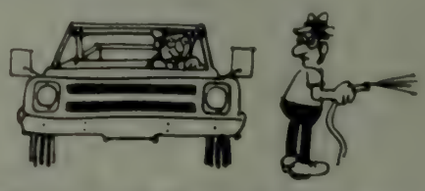
Pickups are very popular camper vehicles. Slide the camper body on and you're ready to start adventuring.

Of course, Chevrolet gives you a big choice of pickups from basic economy to dashingly sporty.

Our Longhorn model was camper-designed from the beginning. With a long, easy-riding wheelbase and a box that's 8½ ft. long to handle the largest camper bodies.

A pickup without a cargo box is a chassis-cab. Once mounted, your camper body stays put. Some big, luxurious campers are built this way.

Now, all this is merely a starter. Your Chevrolet dealer can tell you about El Camino, the passenger car-pickup. Suburban, the super station wagon. Sportvan. And Blazer, Chevy's new go-anywhere car/truck combination. There's a chassis made especially for self-contained motor homes, too.



What would the neighbors say if you bought a pickup truck?

"Beautiful."

A while back, owning a pickup meant you were either in business or had a farm.

Then came shopping centers, ranch homes and superhighways. And the new mobile life-style.

We understand the once lowly pickup is now something of a status symbol as a practical second car.

(Take a look at our 1970 Chevrolet pickups. You'll understand why. Better yet, park one in your driveway and see how many neighbors stop by to admire it.)

By now, you've probably lost the chance to be the first pickup owner in your neighborhood. But why be the last?

Chevrolet has stopped all talk about "riding like a t once and for all.

If you still think a pickup has hard, uncomfortable ride, we've for you.

Chevy pickups ride as smooth passenger cars. (Wives are p fussy about things like this.)

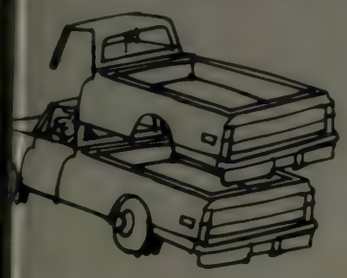
Reason is, we use coil springs and rear on most Chevy pickups- own special independent front s design. We call it our Bump Ext Computers helped us figure out ride-strength combination.

The Longhorn pickup, designed for camping enthusiasts, has c independent suspension in front springs in back. That's to take weight of a constant load like body. (You can just imagine vacationers pile campers.)

Chevrolets riders. But

st-time truck buyer

you how smoothly they go.
hevrolet dealer, of course, will be
demonstrate. So you can answer
ion for yourself—once and for all.



**hevy Fleetside pickup has
s and two cargo boxes.**

side and one outside. It's what we
le-wall construction.
ouldn't mention it at all, except
ne way Chevrolet makes pickups
to last longer.
hey really do. Truck scrappage
re lower for Chevrolet than for
kes, year after year.
first-time truck buyer, there are
oints you should consider. For
not all pickups have special pro-
ners built inside the front fenders.
ct as self-washing shields against
road guck.) And not all pickups
ch the high-strength steel used in
ames.
things, and more, are why we call
he Mover—and ordinary trucks,

For men only.

Let's face it. The practical part of buying a pickup is man's work.

Performance, for example. You'll decide on a Six or V8 powerplant. (Five are available, up to 310 hp in the 400 V8. And they use money-saving regular gas.)

But if the wife wants her say on things like power steering and air conditioning, give a little. You can afford to make woman's work a little easier.

You'll like the view from our picture windows.

At least there will be more of it to enjoy. Chevy pickups have a larger expanse of glass than any other popular pickup.

Our interior decor extends from discreetly simple to out and out elegant.

Deep pile carpeting. Chrome-rimmed controls. Deep foam bucket seats with center console.

(Yes, we're still talking about our pickup trucks.)

And, of course, you'll have an extra measure of protection in Chevrolet's many safety items like safety door locks and a dual braking system. They help make the outlook even better.

How to sound like an expert when you visit your Chevrolet dealer's.

Walk right in and ask for a Chevy truck specialist.

Tell him what you have in mind: A second car that's as much fun at the beach as it is practical in the mountains, a worker for weekend errands that's always ready for skiing, hunting and fishing trips when you slip on a camper body.

You really don't have to be a truck expert yourself to get just what you want. Because your Chevrolet dealer is. Putting you first, keeps us first.

CHEVROLET

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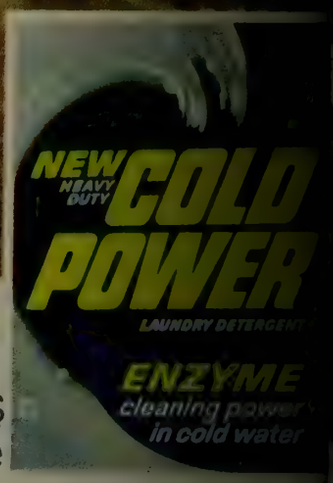
So we did.

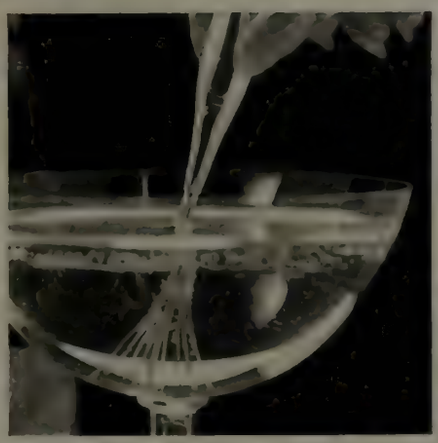
Now Cold Power has Enzymes
to get out the
worst kind of dirt in cold wate



DARROW M. WATT

d in the family? Comb and h kit from England especially ned to keep whiskers groomed

Brushes . . . seful, whimsical



How can *you manage without one? Silver filaments swirl up champagne bubbles*

Selection *of handsome and fanciful brushes suggests highly serviceable Christmas gifts*

These brushes are all just a little special and most are thoroughly practical as well. Horse-head clothes brush for a boy's dresser is available at department stores ($3.50). Wood and stainless steel table crumber is found at cookware shops ($3.50). Clothes brush is flat for easy packing; look for it in leather goods or travel specialty stores for $1. Big suede brush with shoehorn handle is available at leather goods or department stores ($4.50). Zippered grooming kit neatly holds shaving supplies, nail file, toothbrush and paste; it's sold at leather goods or department stores ($4.50). Gaily colored whisking broom can be found at cookware shops (50 cents).

Pictured above, the mustache set is available at leather goods or men's stores ($5). Silver champagne stirrer with retractable filaments is at jewelry or specialty stores (a bargain at $17.50?).

Weibel Brut. Fit for a king. If there's still one around.

The demise of royalty does leave a little more Weibel Brut for the rest of us. But not too much more!

Unfortunately, the reticence of the precious, demure and shy-bearing white Chardonnay grape (and our insistence on choosing as we're picking them) limits the availability of Weibel Brut Champagne.

If you haven't found a bottle for yourself, please keep trying. History is on your side.

Weibel Champagne

From the Masters of Champagne and Wines of California

let her know that there is indeed a Santa Claus

Order Her New Westinghouse Portable Dishwasher Now And We Guarantee Christmas-Tree Delivery... Completely Gift-Wrapped.

That's right . . . order a new Westinghouse Dishwasher for her anytime from now through December 23rd and we guarantee to deliver it promptly . . . completely gift-wrapped in cellophane with a big red Christmas bow on top. Give her the gift she'll remember and appreciate all year 'round — a new Westinghouse Filter-Clean Dishwasher.

Model SFK6A Westinghouse Filter Clean Front-Loading Portable Dishwasher

• 6 pushbutton cycle selections—a cycle for every dishwashing need • Westinghouse sanitizer—assures 145° hot wash and rinse • Maple, lift-off cutting board top • White porcelain-on-steel tub (not plastic) • Dual detergent dispensers

For Best Performance In Your Westinghouse Dishwasher, Use A Special Dishwasher Detergent Like Cascade. Cascade samples included with every Westinghouse Dishwasher and a portion of the cost of this advertising supplied by Cascade pursuant to agreement with the appliance manufacturer.

SEE OUR COMPLETE SELECTION OF WESTINGHOUSE DISHWASHERS INCLUDING: • FRONT LOADING PORTABLES • CONVERTIBLES THAT ARE PORTABLE TODAY . . . BUILT-IN TOMORROW • BUILT-IN UNDERCOUNTER MODELS — Look for the Westinghouse display where you buy your dishwasher. There's a special bonus gift there for you with the purchase of any Westinghouse Dishwasher from now through December 23rd.

Special Notice to Mrs. Homemaker:

MAKE SURE YOUR SANTA CLAUS KNOWS ABOUT THE SPECIAL WESTINGHOUSE DISHWASHER VALUES NOW AVAILABLE. CUT OUT THE ENTIRE LIST OF FINE WESTINGHOUSE DEALERS ON THE OPPOSITE PAGE AND PUT IT WHERE HE'S SURE TO SEE IT.

(Best Bets are on His Dinner Plate or on His Shaving Mirror.)

We Guarantee Delivery For Christmas
ny Westinghouse ortable Dishwasher urchased Between ow And Dec. 23rd

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DARROW M. WATT

Castles *of edible dough surround small votive candles in this centerpiece*

Lights flicker inside this tasty castle

Cut out *triangles and circles to create a pattern of tiny windows in the stout slab walls of this cooky castle*

When candles are hidden behind these castles, they cast flickering lights over your holiday table. To make them, we borrowed design patterns from medieval times and the slab construction technique of today's builders.

The geometric cutouts can be improvised as you go along. Frosting is used as plaster to join the sides.

CASTLE DOUGH

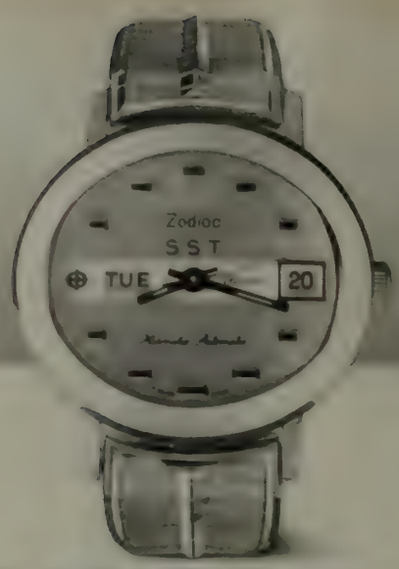
- 1½ cups brown sugar, firmly packed
- 1 cup (½ lb.) margarine
- 1 teaspoon vanilla
- 2 teaspoons red food coloring
- 1½ teaspoons green food coloring
- 3 cups regular all-purpose flour

Cream sugar and margarine. Add vanilla and food colorings. Gradually mix in flour. Shape into a smooth ball and roll out on an ungreased cooky sheet to about ⅛-inch thickness.

Make a paper pattern approximately 3 by 7 inches to use as a guide for cutting castle walls. Using a melon ball cutter and a small sharp knife, cut out circles and triangles on slabs, removing extra dough from the cutouts and along the sides.

Reform the surplus dough to make another castle; you can make two to three depending on how you vary the size of the walls. Or use the leftover dough to make cookies.

Bake castle slabs at 300° for about 1 hour



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STAR-SPANGLED SAVINGS PLAN FOR ALL AMERICANS

or until firm and dry (length of tim pends upon thickness of dough). Re pans from oven and place on rack cool 2 minutes.

While the dough is still on the sheet, trim edges with a sharp-po knife using a ruler as a guide so tha frosting joints will be even. If the bend at all when you remove them the sheet, return them to the ove further baking.

CASTLE FROSTING

About 2/3 cup unsifted powdered suga
1 egg white
1/4 teaspoon red food coloring
1/4 teaspoon green food coloring

Mix powdered sugar with egg whit food coloring, adding enough sug make a thick frosting. Apply the fro to slab edges and join sides. Fast string around the castle to hold it in while the frosting dries.

Place a votive candle or any other candle in the center of the castle. S castle on a board to catch the c drippings, and surround it with evergreen cuttings.

DARROW M. WA

Holly place cards

Sprigs of holly make colorful plac cards for the Christmas dinne table. After each guest has foun his seat, the place card can be wor as a corsage or boutonniere.

To print the names on the holly leaves, use a lettering pen with broad-tipped point or a small brus and opaque white ink.

The large-leafed English hollie *(Ilex aquifolium)* make the mos decorative place cards; use eithe the plain green one or variegate kinds ('Argentea Marginata' an 'Golden Queen,' for instance). O substitute any other well formed holly leaves.—*Mrs. R. K. B., Pasadena, Calif.*

k) **Give beautiful coffee** with West Bend's
o automatic in elegant stainless. Under $20.

(Above) **Hospitable gift.** West Bend's 11" buffet skillet. Porcelain-clad, with Fired-on Teflon II*. Under $25.

ool **gift has warm heart.** Country Inn Elec-trivet makes
y pot or casserole a keep-warm server. Under $6.

(Back) **Give the favorite.** Country Inn Cook 'n serveware. 10" skillet, Avocado or Harvest porcelain, under $14.

Great family gift. West Bend's 4 qt. automatic corn popper with no-stick Teflon lining. Under $12.

(Back) **Give the "Happy Medium".** West Bend's 18 cup party perk in stainless steel. Under $25.

Hot gift idea! Country Inn tea kettle. 2½ qt. Under $13.

(Above) **More favorites.** Country Inn 2½ qt. hi-boy saucepot, under $12. 2½ qt. casserole, under $12. Avocado or Harvest porcelain, with Fired-on Teflon II.

The great gifts come from West Bend Country...where craftsmen still care.®

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Unhampered Elegance

Madera Hamper.
About $25.95

Madera Wastebasket.
About $9.95

Here's a new touch of elegance for your bath—or for other rooms in your home! New Madera hamper, of classic Mediterranean design, has the appearance and appeal of highly finished fine furniture. Hard to distinguish from genuine hardwood, it adds style and elegance to any room. Also makes an inexpensive nightstand, hall credenza, or telephone table! Matching Madera wastebasket has all-round-the-home usefulness. In Fruitwood, Antique Green, Parchment, Gold Leaf—plus Slate Lid model in Fruitwood.
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Counselor

THE BREARLEY COMPANY • ROCKFORD, ILLINOIS 61105

DARROW M.

Patchwork dog *of 3½-inch squares; larger version, increase size of sq*

Patchwork dog for Christmas

With 76 equal-sized squares of fabric can assemble this patchwork versio man's best friend. Cut the squares size (but all the same size), using printed and two coordinating solid-col fabrics.

Assemble squares for each side of the separately following the pattern in photograph: 6 squares for the head for the body, 2 for each of the legs, 1 for the tail. Stagger the squares so two of the same color are not nex each other. *Be sure to reverse the pat for the opposite side, so that squ match exactly when placed back to b* Sew the squares together for each sid the body, using ¼-inch seams.

For the piece to connect the two si join 30 squares with ¼-inch seam one long strip. For each ear, sew squares together on three sides; turn r side out and press.

With right sides together, sew the around one side of the toy, matc seams and inserting ear in the appropr part of the seam between the two r sides. Then sew on the other side, ins ing the ear, but leave a 7-inch open along the lower part of the body.

Clip all the corners; turn the toy r side out. Fill with shredded foam or ot stuffing you may have on hand. T sew up the opening with a blind sti

Tack the left top corner of each ear d to the head about ½ inch in from seam to form a triangle. For the e cut two pieces of felt in a daisy patt and glue onto the appropriate spot each side. Then sew on a button in middle of each piece of felt.

You'll taste a lot
of the good things of life
in The Christian Brothers
Napa Valley Cabernet Sauvignon:
Pedigreed grapes of French
ancestry; long leisurely
years in cask and bottle in our quiet
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home here, it's ready to add
pleasure to your finest fare.

Brother Timothy F.S.C.
Cellarmaster

Photographed at The Christian Brothers Winery, Mont La Salle, Napa Valley, California

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Gift-Boxed for Gourmets. Simple, hand-crafted lead crystal wine glasses. Thin-stemmed. Good-sized. Everything a glass should be to showcase the wine. Five glamorous shapes: four-of-a-kind in a handsome box. With Fostoria's "Bit About Wine" booklet in each. Superb to give. Superb to own—enhancing any stemware pattern. Open stock, also. Look for The Sommelier Collection at fine stores. Fostoria Glass Company, Moundsville, W.Va. 26041.

DARROW M. WATT

Delicate *wood shaving designs decorate a windowpane for holidays*

You make them with wood shavings

In their simplicity these wood shavin ornaments may remind you of Scand navian furniture design. We left the woo natural (but sprayed on a thin coat varnish for a slight sheen and protection you could spray on a color to blend wit other decorations.

The shavings are pliable enough aft brief soaking in water to form curls an circles; use your imagination to vary th designs. The smaller ornaments are goo tree decorations; the large ones combine variety of smaller elements.

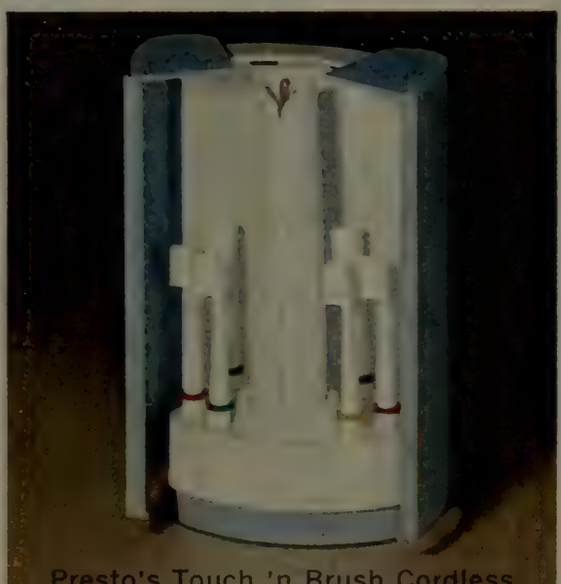
Use a plane *to shave thin strips off inch-thick boards. Important: Use straight-grained white pine or similar soft wood*

Soak shavings *in water for 15 minute form designs and hold with bobby pins t dry; then remove pins and secure with glu*

Presto continues **The Hinting Season.** So make your home a happy hinting ground.

Presto's jumbo fry pan cooks dinner for eight, automatically. Control Master is detachable so fry pan washes completely under water. With or without Presto's Hard Surface Teflon® for no-stick cooking, easier cleaning. In Harvest, Avocado or natural aluminum.

Presto's Vertical Broiler works like a toaster—broils both sides at once. Steaks, chops, chicken, bacon broil faster, juicier, tastier. No smoking or spattering. Easy to clean.



Presto's Touch 'n Brush Cordless Toothbrush turns itself on when it touches your teeth. You brush with correct pressure, up-and-down action.

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ut out the Presto gift you want most and leave it where it can't be missed.

ese are just three hints for holiday giving. Presto offers dozens of other practical gift ideas: toasters, irons, coffee-kers, hair dryers, electric curlers, automatic can opener/knife sharpeners, broiler-ovens, griddles. Something for rybody in the family. There's more cooking at Presto than pressure cookers. So clip a gift. And happy hinting.

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A well-built Swede for every need.

And they're all named SAAB. The roomy SAAB 95 station wagon. The famous SAAB 96 sedan. The SAAB Sonett, playmate of the year. And at the far right is the latest addition to the SAAB line, the sleek new SAAB 99.

Oh, yes. That fast-looking job next to the SAAB 99 is the SAAB 35, one of the most advanced jets in the sky today. What we learned building her went into building our cars. Like aerodynamic design for less air drag. Dual diagonal braking systems. Built in roll bars. And a lot more.

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SAAB
The well-built Swede

The only car in the world made by a manufacturer of advanced jet aircraft.

Unlike almost anything else on the market today, the Scott stereo console is built to endure. Solid, weighty, rigidly braced cabinetry is combined with Scott's finest component electronics to give you a level of performance and long-lived reliability that no other console can approach.

Also unapproachable is the extra measure of bass response made possible by Scott's air-suspension speaker systems and the patented Isomount® suspension system which shields turntable and tone arm from powerful bass speaker vibrations. Whatever your listening choice, AM, FM stereo, records, or tape, you'll hear at least one more octave of undistorted bass than with any other console.

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DARROW

Felt squares, *buttons, fringe—quick sembled and stitched to make these*

Foolish cases for sunglasses

Whimsical sunglass holders make de ful stocking stuffers for teen-agers wear huge sunshades. These colorful are quick and easy to sew with felt. felt doesn't ravel, there's no hem just cut and stitch.

The cases are about 4½ by 9 inches measure the glasses to assure prope Materials for each will cost abo cents. You'll need felt squares, bu fringe, scissors, and needle and thre

Draw and cut out a simple shape (a fruit, etc.) on a piece of heavy using this for a pattern, make two tical shapes. We backed ours with iron-on interfacing to give body and bility. Machine-stitch the two se together with a ¼-inch seam allow leaving space for an opening. To the glasses in the case, add a 2-inc of hook and pile tape, and stitch curely to the felt. Two pieces of thi pressed together adhere readily; the apart just as easily.

The mouse has a face of contrasting felt which lifts for opening. Trim i buttons for eyes and felt for no tail; reinforce ears with interfacin

The lion's face is drawn on the felt an indelible marking pen. Two bu are added for eyes and brightly co fringe for the mane. The glasses slip hind the lion's ears.

The watermelon is of three colors with a few black felt seeds sprinkl and hand-stitched in place. It ope the straight side.

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en you fly aboard a 707, 720, or 737, you fly with Boeing, the d's most experienced builder etliners. Over 1600 Boeing jets now in service. That's more than e been built by all other manu-urers combined.

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Dry-Hards are tough-to-clean foods—like eggs, fruit pie, oatmeal, meat fats, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. Electrasol, fortified with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.

Test proves fortified Electrasol's superiority against Dry-Hards. Egg cup with Dry-Hard paste of egg, oatmeal and blueberry pie baked on for ten minutes at 330°F came out looking this way when washed in another leading dishwasher detergent.

Identical Dry-Hard egg cup—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.

IF PRODUCT OR PERFORMANCE DEFECTIVE
Good Housekeeping GUARANTEES
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ECONOMICS LABORATORY INC. St. Paul, Minn.

RICCO-MAZZUCHI

In this kitchen, *the second sink is handy to both the house and patio*

A second sink for the kitchen

A pass-through *behind this sink opens to the dining room. Note bright light under cabinet*

econd sink in the kitchen may seem ex-vagant, but it's a useful addition.

show here two popular kinds: small inless-steel sinks with high spouts that be tucked in a small space away from main cooking area. You can use such ink for a wet-bar when you have company and for thirsty children who converge on the kitchen.

The one at top was designed by Janean of San Francisco for Dr. Edward Free of Oakland; the one below by Don A. Hayton for Mr. and Mrs. E. F. Rye of Palo Alto, California.

PAUL MASSON CALIFORNIA CHAMPAGNE, SARATOGA, CALIFORNIA © 1969

Sunset's Kitchen Cabinet®

December makes two quite different demands on the kitchen: for party foods to back up what is often the biggest annual splurge of entertaining, and for family meals that are good and especially quick in preparation.

We suggest a Holiday Cheese B serve before a company dinner or house. The gelatin salad, crab c role, and fruit compote adapt to or small groups and can be made a Meanwhile the family can fea

The cheese has a green coat of parsley; spread it on apple slices or crackers

Holiday Cheese Ball

A ball of flavorful cheese makes an easy-to-serve appetizer.

- 1 package (8 oz.) cream cheese
- 3 cups (about 12 oz.) shredded sharp Cheddar cheese
- 2 tablespoons chopped green pepper
- 2 tablespoons finely chopped green onion
- 2 teaspoons Worcestershire
- 1 teaspoon *each* lemon juice and prepared mustard
- Dash cayenne
- ⅛ teaspoon salt
- About 1 cup chopped parsley
- Assorted crackers or apple slices

Allow the cream cheese and Cheddar cheese to come to room temperature. In an electric mixer beat the cheeses together until light and fluffy. the green pepper, onion, Worce shire, lemon juice, mustard, cay and salt. Cover and chill until enough to handle, about 2 hours Using your hands, shape the c mixture into a round ball; ro chopped parsley to completely the ball. Wrap well and refrig overnight or as long as 5 days To serve, allow the cheese b stand at room temperature for 30 minutes. Place on a tray and round with crackers or apple s Makes 1 ball, about 5 inches in eter.—*J. W., Everett, Wash.*

Crumbly bits of carrot, pineapple, and celery are in this creamy orange salad

Buffet Orange Salad Mold

Yogurt makes it creamy, but not rich; a squeeze of orange is the dressing.

- 1 package (3 oz.) orange-flavored gelatin
- 1 cup boiling water
- 2 tablespoons lemon juice
- ½ cup finely shredded carrot
- ½ cup well drained canned crushed pineapple
- 2 tablespoons finely chopped celery
- 1 tablespoon minced green onion (white part only)
- 1 tablespoon finely minced fresh mint (optional)
- 1 cup unflavored yogurt
- Lettuce leaves or mint sprigs
- 1 orange, cut in 6 wedges (optional)

Combine the gelatin and boiling water, and stir until gelatin is completely dissolved. Add the lemon juice and until it becomes thick and sy Stir in the carrot, pineapple, c green onion, and mint, if used. mix in the yogurt until well ble Pour into a 1-quart mold and until firm.

Unmold onto a serving plate and nish with the lettuce or mint. I wish, surround the salad with w of orange to squeeze over each se instead of another dressing. Mak servings.—*H. N., San Francisco.*

For a company buffet, you can d or triple this recipe to fit into a 3-quart mold, or large ring mold.

There's lots of fresh crab meat in this casserole that you can make ahead

Deviled Crab Huntington

You can bake it in a shallow casserole or in individual baking dishes.

- 4 tablespoons butter or margarine
- ¼ pound mushrooms, sliced
- ¼ cup diced green pepper or celery
- 4 tablespoons flour
- ¼ teaspoon salt
- Dash *each* pepper and allspice
- 2 cups milk
- 2 tablespoons lemon juice
- ¼ cup dry white wine or milk
- 2 eggs, slightly beaten
- ½ cup mayonnaise
- 1 cup cooked rice
- 2 to 3 cups crab meat
- 1 tablespoon chopped parsley
- Crumb topping (recipe follows)

Heat the butter in a pan and sauté mushrooms and green pepper about 5 minutes. Sprinkle in flour, salt, pe and allspice; cook, stirring, until bly. Remove from heat and grad stir in milk; cook, stirring, until t ened. Remove from heat and mi lemon juice, wine, eggs, mayonn rice, crab meat, and parsley. Turn a shallow baking dish (2-quart siz 6 ramekins. Sprinkle with topping bake in a 400° oven until browned bubbly, about 20 minutes (15 t minutes for ramekins). Serves *M. G., Huntington Beach, Calif.*

For topping, melt ¼ cup butter in ½ cup fine dry bread crumbs ¼ cup grated Parmesan cheese.

-glazed chicken or beef stew; ishes are oven browned.

ite recipe contributions. Send o *Sunset Magazine*, Menlo Park, 94025. We pay $10 for each published.

This is the month to make things ahead . . . and to make things simply

-simmered Beef Stew

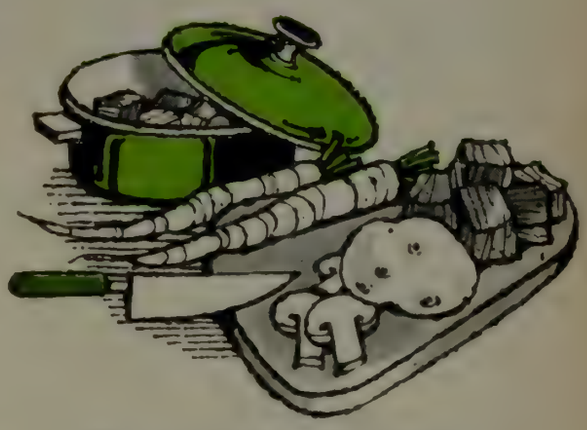
icity is the keynote in this flavor- at and vegetable combination.

- pounds boneless beef chuck, cut into 1-inch cubes
- package (the amount for 4 to 6 servings) dry onion soup mix
- package (about ¾ oz.) mushroom gravy mix
- teaspoon pepper
- cup dry red wine or apple juice
- cup water
- carrots, peeled and cut into ¾-inch pieces
- medium-sized potatoes, peeled and cut in 1-inch cubes
- pound mushrooms, sliced
- Chopped parsley, optional

the beef cubes in a 3-quart ole (one with a tight-fitting lid). In a small bowl, combine the onion soup mix, mushroom gravy mix, pepper, wine or apple juice, and water. Pour over the meat. Cover the casserole and bake in a 350° oven for about 1 hour.

Remove casserole from oven and stir in the carrots, potatoes, and mushrooms. Cover and return to the oven for about 1½ hours more, or until meat and vegetables are tender when pierced with a fork.

Remove from oven and sprinkle chopped parsley over the top before serving, if you wish. Makes about 4 servings.—*J. A., Sacramento.*



The meat browns and develops a robust gravy as it simmers in the oven

ney-glazed Baked Chicken

might garnish this dish with the e, used earlier for grated peel: off all white membrane, slice the e, and arrange over chicken.

- large broiler-fryer chicken (3 to 3½ lb.), cut up
- tablespoons butter or margarine
- cup honey
- teaspoon grated orange peel
- teaspoon salt
- teaspoon garlic powder
- teaspoon dry mustard
- teaspoon pepper

n chicken pieces and pat dry; set e breasts. Arrange remaining s, skin sides up, in a shallow bak- pan. Bake in a 450° oven for 30 minutes, or until it begins to brown. Meanwhile, melt the butter in a small saucepan. Stir in the honey, orange peel, salt, garlic powder, mustard, and pepper. Remove chicken from the oven and reduce oven temperature to 375°.

Fit the chicken breasts into the pan and generously brush all the chicken pieces with the honey-butter mixture, using it all. Return the pan to oven and continue baking, uncovered, until the chicken is fork tender, about 25 minutes longer. Remove chicken pieces to a warm serving dish; pour over the pan drippings, if you wish. Makes 4 servings.—*T. B., Ventura, Calif.*

Honey-orange butter gives fruity flavor and crisp crust to chicken entrée

edish Fruit Compote

a colorful combination of dried and n winter fruits, lightly spiced.

- 6 cups water
- 1 pound (about 2 cups) pitted dried prunes
- 1 cup dried apricots
- 1 cup raisins
- 1 cup sugar
- ¼ cup quick-cooking tapioca
- 1 stick whole cinnamon
- Dash salt
- 3 apples
- 2 or 3 large oranges
- Whipping cream (optional)

nbine in a large pan (about 2-quart) the water, prunes, apricots, rai- s, sugar, tapioca, cinnamon, and . Bring to boiling, stirring until the sugar is dissolved. Lower heat, cover, and simmer gently until the dried fruits are tender, but not cooked apart, about 20 minutes. Remove from heat, cool, then chill thoroughly.

Shortly before serving, core and dice or thinly slice the apples (leave on the peel or not, as you prefer). Cut the peel and all the white membrane off the oranges, then slice about ⅛ inch thick, and cut slices in half. Lightly mix in with the other fruits. Serve in a large bowl to ladle into dessert bowls. Offer heavy cream in a pitcher or whipped cream, if you prefer. Makes about 12 servings.—*G. W., Phoenix.*

Serve this company fruit dessert with heavy cream to pour, or whipped cream

Beef as served by famous California restaurants

KNOTT'S BERRY FARM & GHOST TOWN

BUENA PARK, CALIFORNIA 90620

The world-famous STEAK HOUSE serves juicy, select char-broiled steaks. Or, if you prefer real cowboy fare, you may enjoy beef stew. Inspired by Mrs. Knott, it is filled with garden vegetables and cooked in the manner of the 49'ers. Food service at the Walter Knott family-owned Monument to the Old West is managed by son-in-law Andy Anderson. **A special December event is the Covered Wagon Circle steak barbecue planned for the California Cattlemen's Association during their 53rd Annual Convention.**

PIONEER BEEF STEW

- 3 pounds boneless beef chuck
- ¼ cup flour
- 2 teaspoons salt
- ¼ teaspoon pepper
- 1 pint diced tomatoes
- 1 pint water
- 1 small onion, diced
- ½ cup diced carrot
- ½ cup diced celery or turnip
- 1 quart diced potatoes

Cut beef into ½-inch cubes, removing fat. Heat beef trimmings in large skillet until fried out; discard. Dredge beef cubes in flour mixed with salt and pepper. Brown beef in drippings, stirring constantly. Add tomatoes and water. Cover and simmer about 1 hour, until beef is almost tender. Add remaining vegetables, cover and cook about 30 minutes longer, until beef and vegetables are tender. Makes 6 servings.

Today Beef is Better

For More Beef Recipes Write to:
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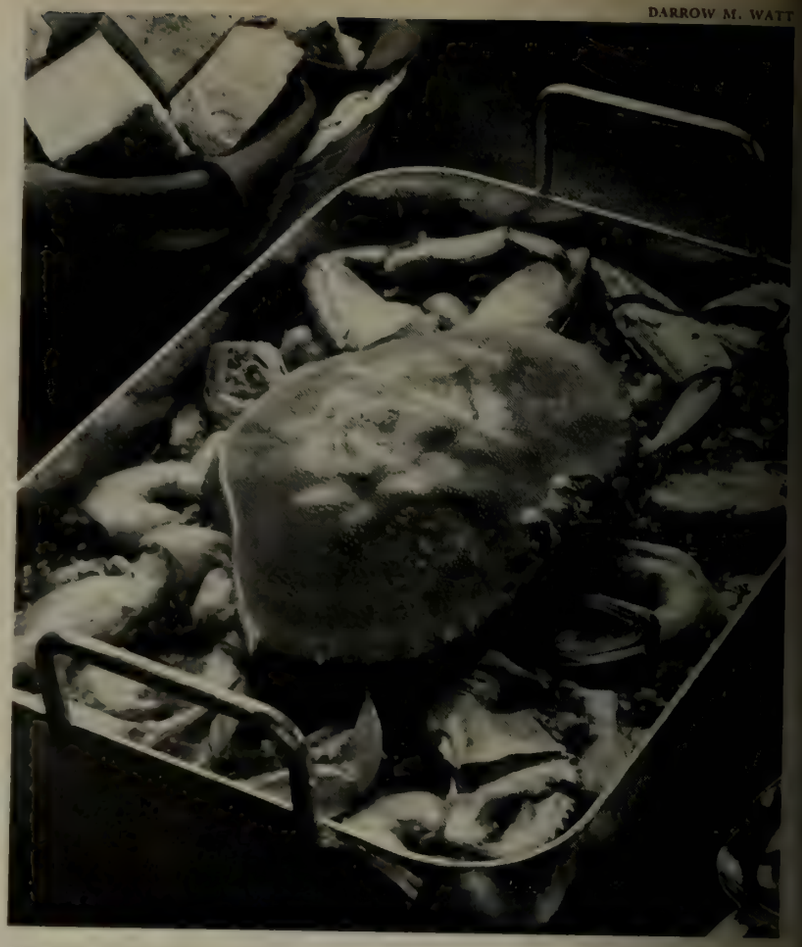
Redwood City, Calif. 94063

DARROW M. WATT



Use *oven-to-table container for dramatic make-ahead company meal*

It's paella with a crab on top

This simplified, colorful version of paella —the classic Spanish potpourri of saffron-flavored rice cooked with a variety of meats, fish, and vegetables—provides a flavorsome entrée you might feature at a small dinner party during the holidays. The Spanish prepare paella (it's pronounced pah-*ey*-yuh) in a special wide frying pan, but you bake this one.

WESTERN PAELLA CASSEROLE

- 2 tablespoons olive oil or salad oil
- 3 whole chicken breasts (2½ to 3 lbs.), skinned, boned, and cut in bite-sized pieces
- 4 medium-sized (about 10 oz.) mildly seasoned chorizos
- 2 medium-sized onions, chopped
- 1 cup long grain white rice
- ⅛ teaspoon saffron
- 1 can (1 lb. 12 oz.) pear-shaped tomatoes
- 3 cups regular-strength chicken broth
- 1 pound large (about 13 count) raw shrimp, shelled and deveined
- 1 package (8 oz.) frozen artichoke hearts, thawed
- 1 can (4 oz.) sliced pimientos, drained
- 1 package (10 oz.) frozen peas, thawed
- 1 large cooked crab, cleaned and cracked (save the shell)

Heat the olive oil in a large frying pan over medium-high heat. Add the chicken pieces and brown them quickly o sides. Using a slotted spoon, transf browned chicken to a 10 by 15-inch ity baking pan or a 5-quart cass Remove casings from chorizos, cr meat into the frying pan, and brown With a slotted spoon, lift chorizos the frying pan and add to the chick

Pour off all but 2 tablespoons of the sage drippings. Add the onions and and cook, stirring, until golden b stir in saffron and turn rice mixture the pan with the browned meats. tomatoes and liquid over rice, bre up tomatoes with a fork. (This muc be done ahead; cover and refrigerat

Heat broth to boiling; blend into mixture. Cover pan well with foil; in a 350° oven for 30 minutes. Stir i shrimp and artichokes, cover, and ba minutes more. Mix in the pimiento peas. Break crab body into 4 pieces: on top of rice and arrange crab leg from body pieces, as pictured. Top red shell. Bake, covered, for 10 more utes, or until rice and artichokes are der. To serve, spoon some crab piece rice mixture onto each plate. Makes 8 servings.

Hot fresh Pillsbury Rolls help you add festivity to holiday feasts.

What holiday dinner is complete without a basketful of fragrant, glistening-hot homemade rolls? And now Pillsbury poppin' fresh dough makes festive, fancy rolls so easy to bake.

Pillsbury Crescent Rolls. Light and flaky 'cause they're layered like fine pastry. They look like you fussed a lot more than you did.

Pillsbury Parkerhouse Rolls. Serve 'em proudly with your fanciest dinner. Afterward, use 'em to add festivity to the leftovers. (They're great for turkey à la king!)

Pillsbury Butterflake Rolls. These will earn you compliments right along with the turkey and trimmings. They're layered with real butter to bake up light and tender.

They're in the deli case.

DECEMBER MENUS

We offer a family brunch, a big Christmas dinner, and an intimate supper beside the fire

DARROW M. WATT

Christmas brunch *is laid out on a coffee table for dining after the exchange of gifts*

Holiday season cooking ideally in swift simple menus with occasional touches to honor the season.

Here we outline a family bru Christmas dinner with the relative an intimate fireside supper.

Holiday brunch

Amidst the bustle of Christmas mo a make-ahead menu with brief last ute preparation is welcome. The S navian sweet bread can be bak advance using a new rapid meth combining yeast with dry ingred and then frozen. You'll need 10 minutes to organize the other items bottled combination juice can be a around starter while opening gifts.

Cranberry - Apple Juice
Canadian Bacon and Glazed Apple
Julekage
Coffee
Hot Chocolate
Whipped Cream

Oven-heat the coffee bread if you Make the coffee, and hot chocolat the children; whip some cream to them both.

Canadian Bacon and Glazed Apple Place ¾ pound sliced Canadian baco a baking pan and bake in a 375° ove 10 minutes, or until hot through. M while, cut 3 unpeeled Golden Deli apples into ⅜-inch-thick slices; then out center cores. Heat 3 tablesp butter, 1 tablespoon brown sugar, broken cinnamon sticks in a large f pan. Add apple rings and sauté medium heat until tender, turning.

JULEKAGE

- ½ cup (¼ lb.) butter or margarine
- 1⅓ cups milk
- 2 packages active dry yeast
- ½ cup sugar
- ½ teaspoon salt
- 1 teaspoon ground cardamom
- About 4¾ cups unsifted all-purpose flour
- 3 eggs
- ½ cup golden raisins
- ½ cup chopped blanched almonds
- ⅓ cup chopped citron (optional)
- Orange frosting glaze (recipe follows)
- 2 dozen toasted blanched whole almonds

Heat butter and milk in a saucepan low heat until milk is warm (butter not need to melt completely). Place large mixing bowl the yeast, sugar, and cardamom. Mix in 1½ cups d flour. Pour in the warm butter and mixture and beat thoroughly on me speed of a heavy-duty electric mixe beat by hand with a wooden spoon) Add eggs one at a time, beating well

ose luscious Ripe Olives from Lindsay

grown under the California sun, then hand-picked and processed to perfection. Lindsay Ripe s—America's leading brand—have the full, rich flavor which holds up in cooking, as you'll see you try our Chicken Marengo, a recipe first created for Napoleon. (Send for the Lindsay cas- in the photo and serve this recipe in splendid fashion. See special price offer in coupon below.)

cken Marengo

e pieces frying ken, about 3 lb.
Lindsay Olive Oil
poon salt
.) can tomatoes
espoon tomato paste
dry sherry
2 cups sliced mushrooms
½ bay leaf
1 clove garlic, crushed
1 (8 oz.) can small whole onions
1 can Pitted Lindsay Ripe Olives (about 6 oz.)

chicken slowly in oil. Sprinkle with salt. Add toma- mato paste, sherry, mushrooms, bay leaf and garlic. and simmer 15 to 20 minutes, until chicken is tender. r, add drained onions and ripe olives, and simmer until sauce is thickened, about 5 minutes. Makes servings.

thought: A medium-size Lindsay olive is less than ies. You can enjoy them often in recipes and as a without weight worries.

SS-1

Beautiful Regal Teflon Casserole—2½ quart size only $4.00 and 2 Lindsay Ripe Olive labels.

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Now the big green country boy has made good with rice–

7 jolly frozen ways!

The Giant's taken fluffy long-grain rice, fixed it up fancy with his choicest vegetables and othe good things, and made 7 jolly frozen rice dishes. Like Rice Pilaf, a delicious recipe with rice simmered in chicken broth, the Giant's own onio and delicate mushrooms. What's more, he's frozen all his rice dishes in his convenient cookin pouches. All you have to do is put the pouch in boiling water—and you'll serve the fanciest rice dish ever. Try all seven of the Giant's frozen rice recipes. If a big green country boy can make goo with them, think what you can do. Ho, ho.

© Green Giant Company

ıldition. Gradually add 3 cups of ıur, beating well about 5 minutes . Mix in the raisins, almonds, and Sprinkle the remaining ¼ cup flour board and turn out dough on it. l lightly to work in flour. Place in a cover, and let rise in a warm place loubled in size, about 1½ hours.

out on a lightly floured board and dough in half. Shape each piece of into a round loaf by turning under m a smooth ball on top and place ased baking sheets. Bake in a 350° for 30 to 35 minutes or until nicely ed. Let cool on racks.

ired, wrap securely and freeze. Let and reheat in a 375° oven for 10 to nutes. Let cool slightly. Frost with e frosting and decorate with whole ds. Makes 2 loaves.—*N. S., Cor- Ore.*

e Frosting. Place 2 cups unsifted ered sugar in a bowl and beat in 1 spoon undiluted frozen orange juice ntrate and about 2 tablespoons heavy for good spreading consistency.

Christmas dinner

ling rib roast is the mainstay of this ay meal. The accompanying dishes ght—a welcomed break during a sea- ch with treats.

nmon, Grapefruit, and Avocado Salad
Buttered Parsnips Broccoli
Prime Ribs with Madeira Sauce
Ice Cream Mold
Danish Butter Cookies

may pack several flavors of ice cream as cherry, chocolate, and pistachio gnog) into a fancy mold and freeze al days in advance. Or you might a special frozen mold from an ice n store. Serve homemade Christmas ies or packaged Danish butter cook- The balance of the menu is easy to nble as you roast the meat.

mmon, Grapefruit, and Avocado Salad. a shallow wide salad bowl with ine leaves and make a bed of torn ine in the center. Peel and segment ite grapefruit, discarding membrane. lengthwise a persimmon (or substi- a red-skinned apple). Peel and slice vocado and dip the slices in lemon . Arrange a pinwheel of grapefruit, immon, and avocado on the greens. together ¼ cup olive oil, 2 table- ns white wine vinegar, ½ teaspoon ⅛ teaspoon pepper, and 1 teaspoon ed lemon peel. Pour over the dressing before serving. Serves 8.

e Ribs with Madeira Sauce. Buy a 2 or roast (about 6 to 8 pounds) to serve 10. Rub the surface of the roast with aspoon salt and freshly ground pepper aste. Insert a meat thermometer into kest part (not touching bone) and e on a rack in a roasting pan. Roast

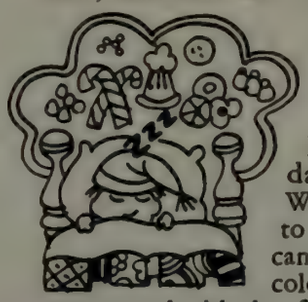
Start your Christmas dinner in November!

Ah, merry *merry* Christmas—family to visit, friends dropping by, and parties to give in the holiday spirit! Ah, so many people to *feed!* Team up with your freezer *now* for gracious giving and entertaining later. When the time comes, your house will be filled with the warm smells of Christmas baking. And you'll have time to enjoy the season.

Dinner waits to be baked—with Jingle-Bells on! Desserts, appetizers and casseroles are among the easiest things to freeze. But did you know you can also freeze dinner rolls you bake ahead, cranberry relish, even your Christmasy sweet potatoes? We have a Yuletide gift for you—our booklet, *Holiday Parties on Ice.* It's filled with festive recipes, ideas and secrets of frozen success. For your free copy, write General Mills, Inc., Dept. 233D, Mpls., Minn. 55440*.

An up-to-*date* twist with traditional mincemeat. Christmas is a season for our time-honored favorite foods. But it's fun to innovate, too. Try these moist 'n spicy ICED MINCEMEAT AND DATE BARS:

Heat oven to 400°. Grease oblong pan, 13x9x2 inches. Mix date filling and crumbly mix from one package Betty Crocker Date Bar Mix, 1 cup prepared mincemeat, 1 egg, ½ cup chopped nuts and ¼ cup hot water. Spread in pan. Bake 20 to 25 minutes. Cool; freeze. To serve, thaw; then frost with a simple confectioners' sugar icing.

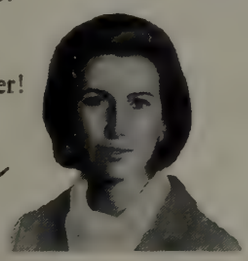


Merry Christmas to Dallas! We've just opened a new Betty Crocker Tree House Restaurant in Dallas. (Something *new* for us!) Watch for one in your part of the country.

If visions of sugarplums dance—in their tummies! When vitamins have to compete with candy, try serving colorful, fruit-flavored KABOOM cereal with that freezer staple—ice cream! KABOOM is the new "Big G" cereal that actually contains 100% of the minimum daily adult requirement of vitamins and iron.

I'm dreaming of a *pink* Christmas? Why not? General Mills' jolly SNO*FLOK makes it easy to deck your halls with holiday decorations that are color coordinated to your home or apartment. You can use ordinary food coloring to tint our snow-white flocking. Or, sparkle it with the new SNO*FLOK GIANT HOLIDAY GLITTER KIT. Look for it at your variety store.

Happy Holidays! Now relax and enjoy your "top secret" projects . . . Christmas is in the freezer!



Betty Crocker
OF GENERAL MILLS

*Offer expires April 1, 1970

The entertaining ryes

We had the art of entertaining in mind when we developed the recipe for Oroweat Buffet Rye and its little sister, Petite Rye Slices. We wanted a rye that would be a good companion to the foods that grace the buffet and the hors d'oeuvre tray — a rye to give zest to the mildest cheese, yet carry itself with a spicy and unrestrained ragout.

In these ryes we introduce the elusive tang of a bit of sour rye and a little more salt and caraway than in the mellower ryes. You'll note, too, an unusually high glaze and chewiness in the crust, where the piquant flavor of these ryes is accentuated.

OROWEAT

Oroweat Baking Co. of S. F.

.5° oven, allowing about 20 minutes
pound for rare meat.

ve, place meat on a carving board.
e roasting pan to pour the fat from
n, reserving the crusty drippings.
1 can (10½ oz.) condensed con-
e and ¼ cup Madeira (optional)
e pan and bring to a boil, scraping
ippings. Add 1 tablespoon butter
nal) and heat to melt. Pour into a
dish and pass at the table to spoon
eat. Serves 8 to 10.

Fireside supper for two

pecial intimate dinner must be com-
prepared at the last minute; it's
after a day of gift shopping or holi-
aking. It is easy to double or triple
rtions if you're expecting guests or
larger family.

Smoked Oyster Salad Plate
al Piccatta **Artichoke Hearts**
Hot Rolls **Butter**
Comice Pears with
Chocolate Whipped Cream

arrange the salad plates, heat rolls,
whip the cream. Then cook frozen
oke hearts and sauté the veal.

ed Oyster Salad. For each serving,
a salad plate with romaine. Arrange
3 or 4 cherry tomatoes, 4 slices
cucumber, and 3 or 4 smoked oys-
Dress with oil and vinegar dressing.

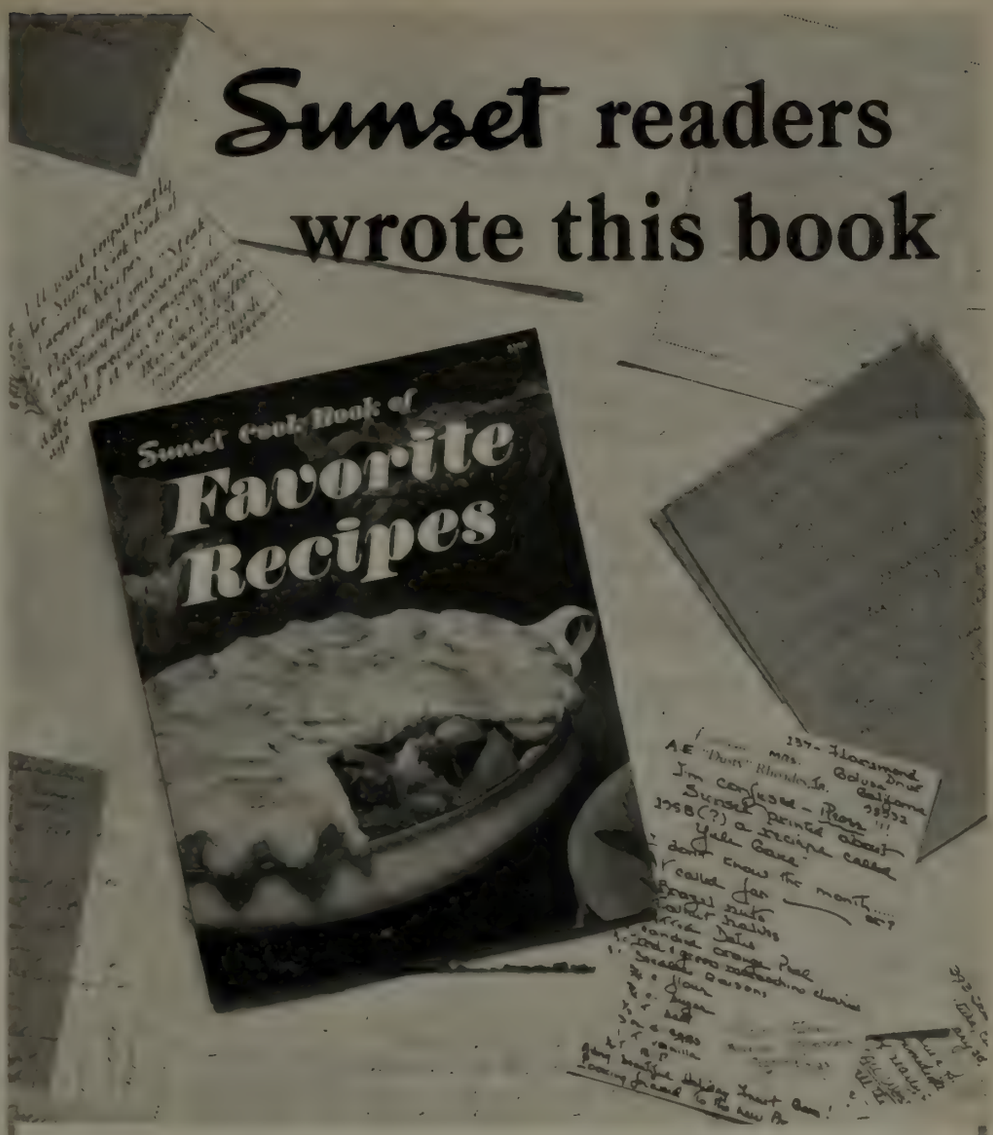
Piccatta. Buy ¾ pound of veal cutlet,
4 inch thick as for veal scaloppine.
meat between 2 sheets of waxed
and pound with the smooth side of
llet until meat is ⅛ inch thick. Cut
into strips about 1½ inches wide
3 inches long. Remove any outer
brane. Lightly dust meat with 1 ta-
oon flour seasoned with ½ teaspoon
nd ⅛ teaspoon pepper. Melt 2 table-
ns butter in a large frying pan over
um high heat, add meat, and sauté
dy, turning to brown both sides. (It
about 4 minutes.)

ove to a hot platter. Pour ⅓ cup dry
e wine into the drippings and bring
boil, scraping them up. Grate 1 tea-
n lemon peel from ½ a lemon and
the other half thinly for garnish. Add
n peel to the pan along with 1 table-
n butter and heat until melted. Spoon
e over veal and serve with lemon
s. Serves 2.

ice Pears with Chocolate Whipped
m. In a bowl combine ½ cup whip-
cream, 4 teaspoons ground sweet
olate, and 1½ teaspoons *each* pow-
d sugar and orange-flavored liqueur
ndiluted frozen orange juice concen-
e (thawed). Beat until stiff. Cover and
until serving time.

before serving, peel, slice, and core 2
ice pears. Place in dessert bowls with
pointing out and fill centers with
m. Serves 2.

Sunset readers wrote this book



In the February 1969 issue, *Sunset Magazine* asked its readers to send a letter or card mentioning their favorite *Sunset* recipes. The response was overwhelming. Several staff members spent weeks tabulating the recipe "votes" and still more time locating the actual recipes which were leading contenders. Then the winners were selected, with the primary objective of presenting as useful a cook book as possible. The result is an amazing variety of recipes. Nearly all the popular kinds and cuts of meat, poultry, and seafood are represented. Recipes for nearly all of the vegetables and fruits commonly sold are here. A wide choice of basic sauces, salad dressings, basic breads, and popular desserts is included. Yet most of the recipes incorporate some new twist or bit of originality. This book is meant to be used daily for both family meals and informal entertaining. As a matter of fact, this may well become the most tattered and splattered book in your kitchen.

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This **luxurious buffet** requires only the time it takes to arrange the food. The secret is in the shopping. You buy a selection of ready-to-eat Scandinavian delicacies that you can find in supermarkets, delicatessens, and specialty food stores throughout most of the West. The result is an elegant, effortless smörgåsbord.

If you choose to make a few of the dishes yourself, we offer recipes for meatballs and salads on page 147, lefse on page 153.

In Sweden, the country of its origin, the smörgåsbord (which translates loosely as a "sandwich table") is a lavish feast composed of regional delicacies. Weeks of cooking may go into its preparation instead of the short time needed for the streamlined version at right. Even so, the cooking is simple; it smacks of the sea and fresh-water lakes and the meadows and forest that provide the various ingredients.

Scandinavians in the West favor a party buffet like this one, because it suits so many occasions, from brunch through dinner or late supper, and any number of guests, be they families with children or adults exclusively.

Western smörgåsbord

This menu offers a guide to the variety and amounts to serve 24 guests.

FISH: *Herring in Spices, Herring in Sour Cream, Anchovy Sprats, Smoked Salmon with Egg and Onion, Shrimp Pyramid*

MEATS: *Meatballs, Baked Ham with Crab Apples, and/or Assorted Cold Cuts*

SALADS: *Pickled Fresh Cucumbers, Coleslaw with Apple*

CHEESES: *Swedish Svea-ost, Norwegian Jarlsberg, Danish Blue*

BREADS: *Knacke Bread and Lefse*

CONDIMENTS: *Lingonberries, Mustards*

DESSERT: *Coffee, Cookies, Apples*

Serving buffet style is customary, although you may set up tables for sit-down dining. Later you may offer the coffee and dessert from a buffet.

The Swedes use a different plate for each course; we suggest a smörgåsbord sampler with everything on one plate.

FOR THE FISH. Buy 1 jar (about 12 oz.) *each* herring in spices and herring in sour cream, and 1 can (8 oz.) anchovy sprats. You need about 1 pound thinly sliced smoked salmon (lox). Next to it arrange mounds of finely chopped onion and sieved hard-cooked egg yolks and whites. Guests pile the onion and egg on a salmon slice and then roll it up.

For the shrimp pyramid, buy 2 pounds large shrimp, cooked, shelled, and deveined. Fill a tall salad mold with water; freeze until solid. Unmold it on a rimmed plate. Pat a ¾-inch layer of crushed ice onto the ice mold. Then skewer shrimp with toothpicks and poke into shaved ice.

FOR MEATS. Buy 6 cans (15 oz. *each*) meatballs. Heat meatballs in their own gravy and transfer them to a chafing dish. Blend 1 cup sour cream into gravy; heat, and spoon over meatballs. Buy a 6-pound or larger canned ham or whole or half a ham. Bake as the package directs, a day in advance if you wish. Serve warm or cold. Instead or also include assorted cold cuts such as 24 slices Danish salami, 12 slices head cheese, 24 slices smoked beef.

FOR SALADS. Figure on buying 1 quart pickled fresh cucumbers and 2 quarts coleslaw; at serving time, garnish coleslaw with sliced red-skinned apple.

FOR CHEESES. Purchase 2 pounds *each* of Swedish svea-ost and Norwegian Jarlsberg and 1 pound of Danish blue.

FOR BREADS. Buy 2 packages (about 1 lb. *each*) crisp round knäckebröd and 2 packages (13 oz. *each*) lefse.

FOR DESSERT. You need 3 packages (8 oz. *each*) Danish butter cookies and a basket filled with about 2 dozen apples.

Candlelit *smörgåsbord table offers a bounteous selection of cheeses, fish, breads, meats, and salads*

GLENN CHRISTIANSEN

The effortless holiday smörgåsbor

..you shop and bring it all home

When the elves come trooping to the table, it helps to have main dishes on hand

The household elves are hard at work these days as Christmas draws nearer. You can hear machines whirring and needles clicking in the sewing room, the saws buzzing in the workshop, and they're fussing with scissors and paste and paint and printing and who knows what in the hobby room. Yet at mealtimes, dropping everything, they troop to the table the same as always: hungry.

Hero medals are occasionally awarded to the person who produces food to match the special needs of the last days before Christmas. Fancy holiday fare is fine—for parties. But to keep the household happy, it's better to have a good supply of main dishes.

That's the ticket for *Chefs of the West* who keynote this month's meeting.

There's a fine fresh taste and also fresh look to the Veal Zucchini proposed by candidate John Miscovich, of Oakland. The bright red tomatoes and green vegetables with the meat and seasonings make a dish that might very well appeal to guests as well as to your family.

VEAL ZUCCHINI

- 2 tablespoons butter
- 2 pounds veal chops or cutlets
- 2 medium-sized onions, chopped
- 1 clove garlic
- 1 can (1 lb.) whole tomatoes
- ½ cup dry white wine
- ½ teaspoon chopped fresh oregano (or ¼ teaspoon dried)
- ½ teaspoon Italian seasoning mix
- ½ teaspoon savory
- Salt and pepper to taste
- 2 beef bouillon cubes
- 4 medium-sized zucchini, thinly sliced
- 1 bunch fresh spinach, coarsely chopped
- Hot cooked rice or noodles

Heat butter in a large frying pan over medium high heat. Quickly brown the veal and remove from pan; set aside. In the same pan, sauté the onions and garlic until soft, adding more butter if ne sary. Add tomatoes to the frying crush slightly, and add wine, oreg Italian seasoning, savory, salt, pepper, bouillon cubes. Cover and simmer 30 utes; remove lid, turn heat to high, reduce about half the liquid in the pa

Reduce heat to simmer, add zucchini veal, including any meat juices, cover simmer 7 minutes, or until zucchin tender. Add spinach, cover, and coo more minutes. Turn into a heated s ing dish.

Serve with rice or noodles. Makes 4 servings.

John M. Miscovich

Oaklan

"Although conventional Chinese fare me Walnut Chicken is a succulent d full of sentiment," says Rae Mitchell, Seattle, in an eloquent introduction to recipe for same. "The only time I've s it featured on the menu, here and abro was at a good-sized restaurant in Osa the site of Expo 70.

"Osaka is noted for its gluttony. nearby Kyoto, the ancient capital Japan, the inhabitants would starve if they didn't have the right clothes. the merchants and lively natives of Osa

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World Famous Sherries From Spain

WILLIAMS & HUMBERT

DRY SACK

Produced and bottled by WILLIAMS & HUMBERT SHERRY and BRANDY IMPORTED FROM SPAIN

Perfumes WILE NEW YORK

are happy as long as they have the kind of food and plenty of it.

Here is my version of Walnut C[illegible] derived after almost setting the [illegible] fire with burnt walnuts. The [illegible] their split-second immersion [illegible]

"My version of Walnut C[illegible]

Said one of our taste testers, "It [illegible] a Chinese dish for meat eaters."

WALNUT CHICKEN

- 3 large dried forest mushrooms
- 2 large whole chicken breasts [illegible] 2 lbs.)
- ½ teaspoon garlic powder
- ½ cup Sake or Sherry
- 1 chicken bouillon cube
- 1 tablespoon soy sauce
- 1 cup water
- 1 cup walnut halves
- Salad oil
- 1 small can (5 oz.) water chestnuts, drained and sliced
- 1 green pepper, seeded and cut in bite-sized pieces
- 1 medium-sized onion, sliced lengthwise
- Salt to taste
- 1 tablespoon cornstarch mixed with 1 tablespoon cold water
- Red pickled ginger

Cover the mushrooms with hot wa[illegible] let soak at least ½ hour; drain, [illegible] stems and slice the caps. Bone [illegible] chicken breasts, reserving bone [illegible] cut meat into bite-sized pieces. [illegible] meat with garlic powder and [illegible] Sake for 1 hour or longer. M[illegible] make stock by combining chicken [illegible] skin, bouillon cube, soy sauce, [illegible] Cover and simmer 30 to 40 m[illegible] Strain, discarding bones and [illegible] stock aside.

Put walnuts into a dip net or wire [illegible] and immerse in several inches o[illegible] oil heated to 400°. Cook 30 to 40 [illegible] Drain on paper towels. Set aside [illegible] chicken pieces, reserving Sake.

In a large frying pan over hea[illegible] lightly brown chicken in 3 table[illegible] salad oil. Remove from pan: add [illegible] rooms, water chestnuts, green pepp[illegible] onions; cook, stirring, until pepp[illegible] bright green. Lift from pan: set a[illegible]

In the same pan stir together the [illegible] stock, Sake, salt, and cornstarch [illegible] cook, stirring, until thickened. [illegible] chicken and vegetables, mix gent[illegible] turn into heated serving dish. [illegible] with fried walnuts and accompa[illegible]

Win a Beautiful ELECTRICAL Christmas Gift

54 winners in Northern & Central California

So useful, So beautiful, Electrical
CHRISTMAS GIFTS
Hard to part with once you buy them . . . this Christmas, buy one **just** for yourself!

CONTEST INFORMATION

You may win one of these beautiful gifts shown on this page. **It's easy to enter!** Cut out the coupon. Take it along while shopping. Have it validated at any Northern or Central California participating dealer who sells any of the wonderful items shown here. Mail the coupon to the Electric & Gas Industries Association. Entries must be postmarked no later than midnight January 6, 1970. Drawing will be held January 12, 1970. Winners will be notified immediately. No purchase necessary.

BLACK ANGUS

Malibu Deluxe Rotisserie ...rolls, it bakes, it grills. Push ...on controls, timer and pilot ...t.

...udes ...plate, ...rack ...spit, ...nter ...

KitchenAid

HOME MIXER

Food Preparer pulls through heavy batters even bread dough

Precision-built, power plus K45 takes on all food preparation chores, operates over a dozen whips and attachments

DAIRY BAR ELECTRIC DRINK MIXER — **IONA**

The kids will love making real milk shakes and sodas at home. Non-breakable plastic container, powerful motor and mixing paddle aerates ingredients for smooth tasty drinks

Intermatic TIME-ALL

NOW appliance ...turns ...rything on, ...off, and ...ts itself ...OMATICALLY!

- New Finger-tip Control
- Easy Angle Visibility
- New Mini-Size
- Dependable Protection

LADY Norelco

Deluxe Instant Hair Set Won't Burn Your Fingers

Style your hair in minutes the easy way! 20 heat at once curlers—Jumbo, Medium, Small. Light, easy to use and nothing hot to touch. Salon mirror, beautiful gold and green vanity case

DAZEY SEAL-A-MEAL

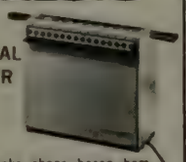
NOW

COOK ONLY ONCE A WEEK

Cook ahead, save work and clutter. Dazey's Heat Seal freezer bags preserve complete meals, to heat and serve in minutes

PRESTO

VERTICAL BROILER



Broils steaks, chops, bacon, hamburger and chicken toaster-style, both sides at once. Grease drips into lower pan, away from heating elements. Portable, fast, smokeless—disassembles for easy cleaning in sink or dishwasher

New Pollenex Deep Heat

Back Massager

Penetrating INFRA-RED heat and soothing massage, eases back strains and tension. Finger tip control. Use on chair, bed, or floor

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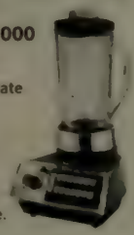
FUTURA 1000 BLENDER



New solid state 14-speed blender with automatic timer, cloverleaf jar, built-in cord storage.

Hairsetter

High Style Ivory Vinyl Carry and Storage Case

Restores entire hair set or "spot curls" for quick primping. 18 nylon rollers in three sizes, with uniform heating.

featherock BROILER

Fast-working, handy Featherock vertical broiler, 1500 watts smokeless and spatterless. The secret is in the rock

lifelong

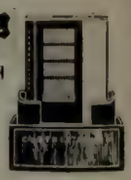
PROCTOR SILEX PERC

Coffee Tastes Better When Made In Glass!

Proctor Silex . . automatic "see-thru" clear glass percolator with "lift-out" bowl for easy cleaning. Makes up to 11 cups, tastefully

UNIVERSAL BY GENERAL ELECTRIC

CLOTHES BRUSH



Lightweight, easy to use! Cleans off dirt, lint or hair from clothing.

Cordless—may be used for more than 12 hours with regular use when fully charged.

CORNING WARE

Electromatic skillet—cooks, stores and serves. All-method cooker goes to table, then to dishwasher.

DOMINION

Beauty Maker

. . . Miniature salon offers complete hair dress and makeup kit, all at one sitting. Rollers, 3-position mirror, makeup lights, hidden cord, storage compartments.

Oster

ELECTRIC FONDUE

Elegant new Electric Fondue Maker thermostatically controls heat with selective settings. No more scorching. Aluminum bowl is Teflon-lined for non-stick serving. Includes six stainless steel forks and colorful fondue cookbook.

Westinghouse

Steam Iron uses plain tap water

Fabricscope Steam 'N Dry iron takes guesswork out of temperature selection. All-fabric guide, settings for steam or dry ironing. Sprinkles evenly, irons easier.

NORELCO TRIPLEHEADER

New Microgroove Floating Heads
- Pop-Out Trimmer
- Flip-Top Cleaning
- Voltage Selector Switch
- On-Off Switch

Famous flip-top shaver now has Tripleheader feature. Trimmer pops out when needed. Rechargeable model also available.

All 54 prizes will be awarded. You may obtain a list of prize winners by mailing a self-addressed stamped envelope to the . . . Electric & Gas Industries Association, 1355 Market Street, San Francisco, CA 94103

CUT HERE

NO PURCHASE REQUIRED

Please enter my name in the EGIA Christmas Gift Contest:
(Void unless printed or typed)

Name: _____

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Mail to: **ELECTRIC & GAS INDUSTRIES ASSOCIATION**
1355 Market Street • San Francisco, CA 94103

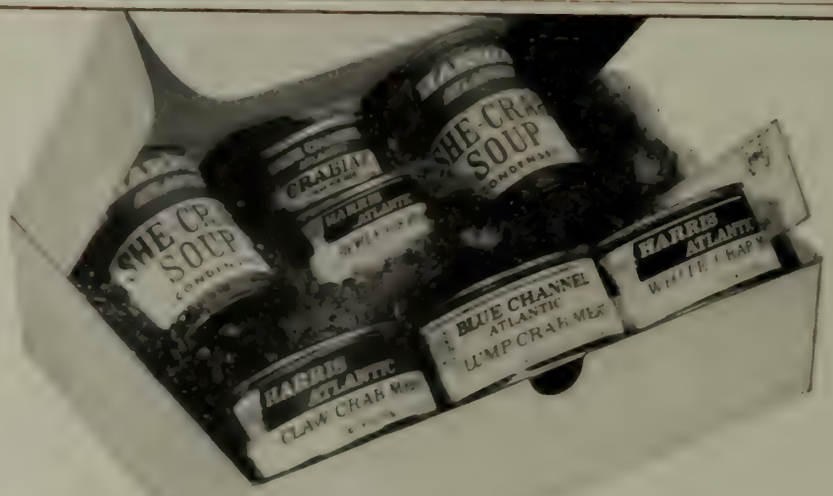
SLIPPED HIM "SOMETHING ELSE" IN PLACE OF ROQUEFORT?

Hmmmmmm? Thought he wouldn't know, just pay up and go —leaving a fat tip behind him. HAH!

In Salad Dressings as elsewhere, Roquefort means Roquefort Cheese. Made of sheep's milk. Ripened in the Roquefort Caverns. Not "something like it." Definitely not bovine blue cheese. Better restaurants are proud to show they serve the real thing. Ask to see Roquefort on the label of the portion or loaf. Like the label on a vintage wine.

ROQUEFORT FRANCE

Roquefort Association, Inc., 41 E. 42 St., N.Y., N.Y. 10017



In Excellent Taste...

For all your friends who thought they had everything: the sweet flavor and delicate texture of Atlantic Crab Meat in six exciting forms! Blue Channel's exclusive Gift Assortment contains: 1 3-oz Crabiar (Crab Roe Paté), 1 3-oz Deviled Crab Spread, 1 6-oz Cocktail Lump Crab (new!), 1 6½-oz White Crab Meat, 1 6½-oz Claw Crab Meat, 2 10½-oz She Crab Soup. In festive packaging, gift card enclosed or send your own with check or money order for just

$8.25 (prepaid delivery anywhere in USA, including Alaska and Hawaii)

Order now, we'll time shipments for appropriate delivery.

BLUE CHANNEL CORPORATION

Dept. S, Port Royal, South Carolina 29935

sliced pickled ginger. Makes 8 to servings.

Seattle

We tend to think of goulash as stri Hungarian, but *Chef* George Nyklicek San Francisco, reminds us that there Czechoslovakian version. "It is a tra tional Czech dish my mother used serve often, and I believe it is somew unusual." One main difference is its of three kinds of meat.

"My mother used to serve it often"

CIKANSKY GULAS
(Gypsy Goulash)

- 1 pound *each* boneless beef chuck, boneless veal, and lean boneless pork
- ⅓ cup all-purpose flour
- 1 teaspoon salt
- ⅛ teaspoon pepper
- 2 teaspoons whole marjoram, crushed
- 5 tablespoons salad oil
- 2 large onions, chopped
- 3 tablespoons paprika
- 1 can (14 oz.) regular strength beef broth
- 1 large green pepper, seeded and diced
- 2 teaspoons caraway seed
- ¾ cup sour cream

Remove any fat from meat and cut m into about 1½-inch cubes. Combine flo salt, pepper, and marjoram in a paper plastic bag. Shake meat pieces until ev ly coated, using all the seasoned flour Heat 3 tablespoons of the oil in a la pan or Dutch oven over medium hi heat; brown meat, a few pieces at a tir removing them as they are browned. A remaining 2 tablespoons oil, onions, a paprika, and cook until onions are lin Stir in the beef broth, green pepper, ca way seed; return meat to sauce, cov and simmer over low heat for 1½ hou or until meats are tender when pierc with a fork. Just before serving, stir sour cream; heat through but don't bo Serve with potato dumplings, noodles, spaetzle. Serves 6.

George Nyklicek

San Francisco

the "Big Dipper"

ar of a hostess. Make the "Big r" this year's welcome for who drop in to say: "Sea-Greetings". Your favorite fruit and four tasty dips you can n a twinkling with Kraft Sauce vy Mixes.

Dipper No. 1

. pkgs. Philadelphia
nd Cream Cheese
milk
. Kraft Italian Style
ghetti Sauce Mix

ne softened cream cheese and milk; til well blended. Stir in sauce mix. 2¼ cups.

Dipper No. 2

. pkgs. Philadelphia
nd Cream Cheese
milk
. Kraft Chili Seasoning Mix

ne softened cream cheese and nix until well blended. Stir soning mix. 2¼ cups.

Little Dipper No. 3

1 pkg. Kraft White Sauce Mix
¼ cup Miracle Whip Salad Dressing
3 hard-cooked eggs, chopped
2 teaspoons capers, drained
⅛ teaspoon onion salt
Dash of pepper

Prepare sauce mix as directed on package, except decreasing milk to ¾ cup. Gradually add to salad dressing; mix well. Cool. Fold in remaining ingredients. Chill 1⅔ cups.

Little Dipper No. 4

¼ cup lemon juice
¼ cup water
1 pkg. Kraft Barbecue Sauce Mix
½ cup chili sauce
½ cup Kraft Mayonnaise

Gradually add lemon juice and water to sauce mix. Bring to a boil; cook over low heat 1 min. Cool. Stir in remaining ingredients. Chill. 1⅔ cups.

KRAFT

...for good food and good food ideas.

Cut the star from easy-to-handle styrofoam. Deck with curly endive or other greens. Decorate as shown ...or add your own touch.

This disposer won't work topless.

The KitchenAid Superba disposer was built to work with a top. The advantages? Quieter operation and protection against silverware falling in accidentally. No exposed switches to corrode. And talk about convenience! Just put the garbage in. Then drop the Magnestart® Cover Control in place and the disposer starts. Take it out and the disposer stops. No twisting, no fussing.

Our exclusive Magnestart Cover Control is just one of the reasons why the KitchenAid Superba Disposer is so service-free. For more reasons, see your KitchenAid dealer. (He's in the Yellow Pages under "Dishwashers".)

Or write KitchenAid Disposers, Dept.9GG-12, The Hobart Manufacturing Company, Troy, Ohio 45373.

KitchenAid

Dishwashers and Disposers

Products of The Hobart Manufacturing Company

MAY CO.

Wine books fo your gift list

The excuse for another wine book i emphatically by the editors of *Wisdom . . . & Whimsy:*

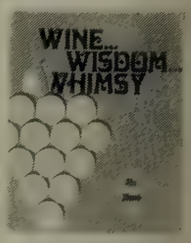
"Another book about wine? . . . own conviction that not enoug have been written about wine. survey of your friends' libraries w convince you . . . that works on th subject are in about the same pos Yolanda Zulee in an alphabetical —last and, too often, least."

All three of the following books pu in the West within the last year o especially appropriate for a *Sunse* er's library—or gift list.

Guide to California Wines, by Joh ville, new and revised edition by Je Morgan (Nourse Publishing Co San Carlos, Calif. $4.95 casebound paperback) is th edition of a boo published in 195 still the most co hensive book fo general reader useful reference o fornia's wineries and winemaking)

California Wine Country, a *Sunset* Book (Lane Books, Menlo Park, 1968; $1.95, paperback) is *the* bo have in hand when you go to visi wineries. It co much of the sam of background ma as the previous but it's unique i phasis on maps, directions, and th cidental sightseein picnicking you n do in wine countr

Wine . . . Wisdom . . . & Whimsy, e by Sidney B. Taylor (Winepress Pub ing Co., Portland, 1969; $6.95 thr 1969, $7.95 thereafter, casebound) compilation of the eight volumes of tle now-and-then azine called *The P Thumb*, aimed at wine makers and o fascinated with al pects of wine. Cont range from quite ary to explicit how do-it directions on wine and comment food to go with it. The book is not lim to wines and grapes of California, they tend to dominate.



The Second Great Temptation

Ocean Spray will give you eight cents off just to tempt you to try a bottle of Cranapple. The crazy-mixed-up drink that's not quite apple. Not quite cranberry. We took the forbidden fruit. Added a jolt of cranberries. And came up with a fruit drink that some people swear is made in paradise. (Actually, it's made in a place called Hanson, Massachusetts.) Give new Ocean Spray Cranapple a try. We'll bet you eight cents you won't be able to resist it.

CAP-51-1269

8¢ Off

CAP-51-1269

STORE COUPON

This coupon is worth eight cents off on purchase of any size bottle of Cranapple Drink.

Mr. Grocer: Ocean Spray Cranberries will redeem this coupon for eight cents plus 3¢ for handling if you receive and handle it strictly in accordance with the terms of this offer and if, upon request, you submit evidence thereof satisfactory to Ocean Spray Cranberries. Coupon may not be assigned or transferred. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Good only in U.S.A., cash value: 1/20¢. For redemption of properly received and handled coupon mail to Ocean Spray Cranberries, P.O. Box 1364, Clinton, Iowa 52732. This offer expires July 30, 1970.

HOW TO UPSTAGE A STEAK

Prepare one 6 oz. package of Uncle Ben's® LONG GRAIN & WILD Rice according to package directions, (substituting 1 cup beef bouillon and 1½ cups water for the 2½ cups water called for.)

Combine cooked rice with ¼ lb. sliced fresh mushrooms which have been sautéed in a little butter.

Serve to four or [illegible] people. Then, halfway through the meal, remind them their steak is getting cold.

Uncle Ben's LONG GRAIN & WILD Rice. A one-of-a-kind blend of rices and spices.

UNCLE BEN'S

DARROW M. WATT

late log cake serves one elegantly; candied fruit suggests Christmas

And to each a Christmas log

French Yule log cake (*buche de noël*) the inspiration for these little indi- l log cakes; this version is sufficiently lified that accomplished young cooks make them.

you do is bake ordinary cake-mix r in single-serving-size juice cans: w out the cakes and fill them; then and decorate with candied fruit.

VIDUAL CHRISTMAS LOGS

mble 14 of the 6-ounce metal cans. ove one end from each; wash and then grease and dust with flour. nge an inch apart on a baking sheet.

are batter from 1 package (about 1 oz.) regular chocolate cake mix as ted. Pour into prepared cans, filling way. Bake in a 350° oven for 35 min- or until a pick comes out clean.

cakes 10 minutes; slip knife around and remove cakes to racks; cool oughly. Then hollow out a ½-inch- eter core through center of each cake: a grapefruit knife to cut halfway ugh from one end and then the other.

the filling, whip 1 cup heavy cream l stiff and stir in ⅓ cup sifted pow- d sugar; transfer to pastry bag. Force m into cakes from each end. Frost thwise with mocha buttercream (rec- follows): score with fork. Decorate cake with half a candied cherry and of green candied pineapple. Cover chill up to 1 day. Serves 14.

cha Buttercream Frosting. Mix to- ier ½ cup soft butter, 3 cups sifted dered sugar, 2 teaspoons instant cof- powder, 3 tablespoons sweet ground colate, and 1 tablespoon milk; beat il smooth and fluffy.

At your supermarket:

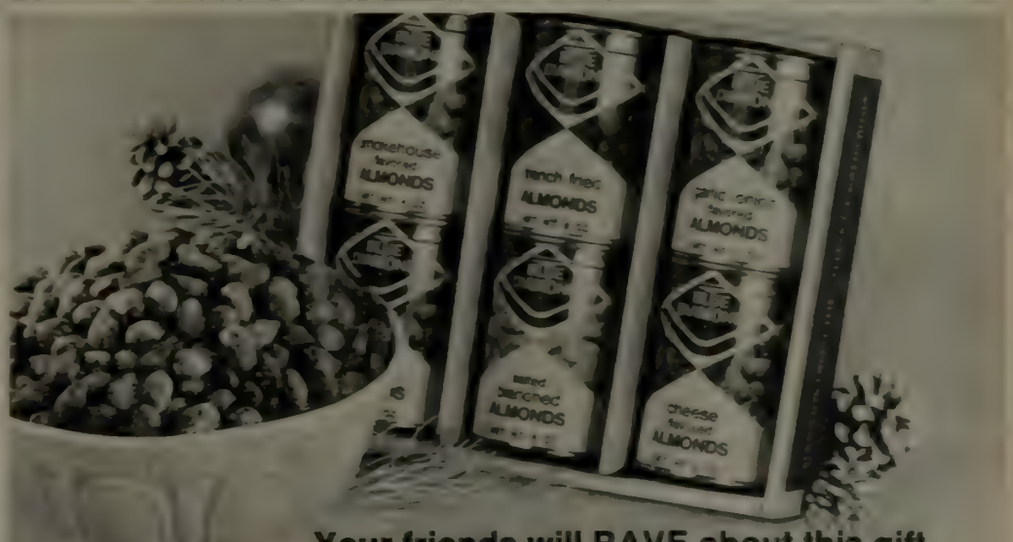
Bonbel. Mild, semi-soft imported cheese. Flavor that pleases the most discriminating palate. Gourmet Magazine said "it seems destined to a rare success."

But you don't have to be a gourmet to appreciate Bonbel. Kids love it in sandwiches. Everybody loves it in salads. On crackers. With wine. With fruit. It's a most versatile cheese, perfect for mealtime and snacktime.

Go get some Bonbel. It's at your supermarket.

Imported by N. Dorman & Co., Inc., 73 Hudson Street, New York, N.Y. 10013.

A gourmet's cheese for everybody.



Your friends will RAVE about this gift

Salted Almonds

from California

Wait till your friends taste these crisp, crunchy almonds—the nicest gift you've ever sent. Just right for holiday entertaining!

These are choice Blue Diamond nuts from California, the salted almonds selected by leading airlines to serve at cocktail time. The gift pack shown features six 6-ounce tins, one each of our famous French Fried, Smokehouse, Barbecue, Cheese, Blanched Salted and Garlic Onion flavors. All are great served as snacks or with a favorite beverage. Tins come packed in handsome gift box. Price includes shipping. Satisfaction guaranteed. Send your list—we do the rest. (And don't forget to order for yourself!)

Gift Pack #22 (shown above). $4.75 postage paid

Send for free catalog of over 40 deluxe almond gifts for Christmas giving.

BLUE DIAMOND

Send order with your name, address, check or money order to Dept. 44, **California Almond Growers Exchange,** P.O. Box 1768, Sacramento, California 95808.

Arvin AM Clock Radios

Solid state, instant-play. Wake to music or alarm, catch 40 extra winks without oversleeping. Slim upright. 57R62 or twin-pedestal, 57R02. Your Choice, ea. **16.88**

Arvin Solid State Stereo

4-Speed Automatic Changer plays 18 records, shuts itself off. Long-life amplifier, dust cover. 50P33-18. 64.88 Deluxe 3-Way Speakers, for above. Acoustically balanced. AD1, ea. 18.88

Oster Imperial Work-S

10-Speed blender. 3 Pulse-Ma tings process food for salad, roles, entrees. 7 continuous for every blending job. 658-01. Can Opener/Ice Crusher. 576-0

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OVER 2050 INDEPENDENT HARDWARE STORES IN 49 STATES

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Black & Decker Power Tool Kits

Jig Saw cuts wood, metal, plastic. 11-pcs. include 6 blades. $23.63 value. ¼" Drill. 26 pcs. to sand, polish, grind, drill. $26.95 value. Your Choice **19.99**

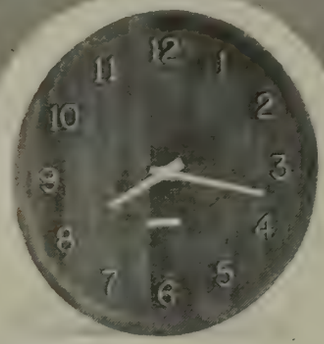
Century Hi-Speed Drill Sets

14-Pc. set has 13 drills, 1/16" to ½", center punch for wood or metal. Wall or bench rack, accessory tray . . . 9.95
13-Pc. set has 12 drills, 1/16" to ½", center punch and plastic case . . . 4.95

Rockwell Portable

MANUFACTURING COMPANY

⅜" Drill. Trigger-control, v 0-1000 rpm. 2.7 amp. motor . . . 7½" Circular Saw cuts 2⅜" 1 13/16" at 45°. 10 amp. 4500 rpm blade clutch, guard . . . . . .



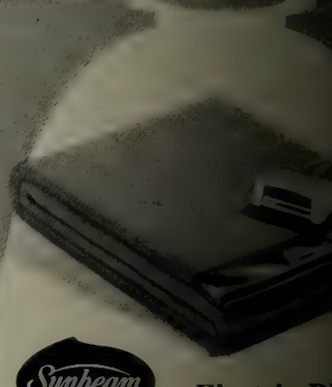
WESTCLOX Cordless Clock

Handsome "Camden" has gold-color numerals on satin-finished solid walnut face. Fully transistorized movement operates up to a year on 1 "C" cell. 12" dia. **19.88**

QUALITY SERVESS PRODUCTS

31-Piece Drill Kit

¼" Drill has Life-Weld burnout-protected motor. 12 sandpapers, rubber backing pad, lambswool polisher, adapter set, paint mixer, 13 assorted drill bits. **14.88**



Sunbeam Electric Bla

Feather-light 100% Acrylic with binding, machine washable. L thermostat control. Blue, green Twin size... 19.99 Double size Double size with dual controls.

COTTER & COMPANY, Warehouse Distributors, 100% Dealer Owned, Chicago; Cleveland; Dallas, Philadelphia; Los Angeles serving "True Value" and "Value and Service" Hardware Dealers who own their stores, set their prices and reserve the right to limit quan

TMASTER 4-Slice Toaster

or the family! Dual controls ght and 2 dark at once. 1 or uses only half wattage. Has crumb tray for leaning. D111 **28.88**

TOASTMASTER Broiler-Oven

Top heat element broils, bottom element bakes! Single compact unit has thermostat-control for infinite oven temp., 3-heat broiler. Easy to clean. 5240 **29.95**

Sunbeam The Vista Mixmaster

Powerful, governor-controlled motor for constant speed on all 12 settings. Large bowl-fit beaters, thumb-tip eject. Removes from stand for portable use. 2 bowls. **39.94**

Values
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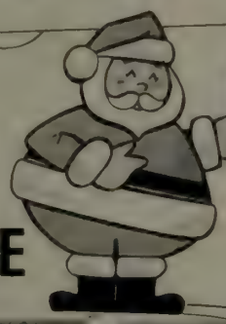
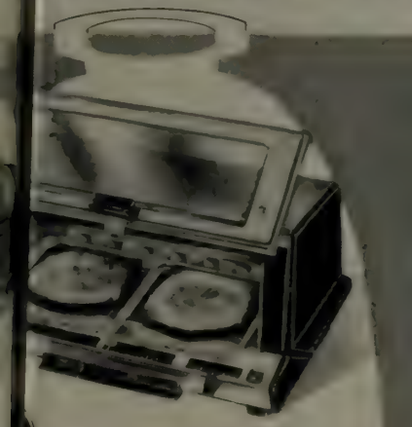


Capitol "Happy Holidays" 1969

Christmas songs, limited edition LP stereo. With: Nat King Cole, Ella Fitzgerald, Tennessee Ernie Ford, Hollywood Bowl Symphony Orchestra, The Lettermen, Al Martino, Sandler & Young, Dinah Shore, Voices of Christmas, Roger Wagner Chorale, Fred Waring and the Pennsylvanians 33⅓ rpm Vol. V. $4.79 value. **1.00**



Deluxe Toast-R-Oven

appliance toasts, bakes, top er activates top element only for sandwiches, hot hors d'oeuvres. ut crumb tray, eat guides. T93 **28.88**

WARING Blend at 8 Speeds

8 push-buttons give the perfect speed for each job. Solid state. 5-cup heat-resistant jar, 2-oz. measure cap. Famous Waring Cook Book included. AV8 **18.88**

EKCO Gourmet Omelet Pan

The 10" professional! Special 3-ply construction, sealed-in heat core between layers of stainless steel, for even heat. Guaranteed 15 yrs. $12.95 value. **9.99**

Clairol Beautiful Gifts

-To-Light," the only honest make- irror. Dial day, office or evening for always perfect look...22.88 ness Hairsetter. 20 rollers heat ce for instant, lasting set...18.88

West Bend Porcelain Finish

6-8 Cup Automatic Perc. Serve-light, warm element. Avocado, gold...12.99 12" Country Skillet. Tough Teflon II inside, easy-to-clean porcelain outside. Immersible. Avocado or gold 29.95

HAMILTON BEACH Electric Hairset

Create any style with 20 rollers in 3 sizes. Double thermostat for double safety, on/off switch, double indicator light. Smart oval case with mirror. **24.95**

bject to change without notice. Space may prevent some stores from featuring all items. Most famous name brands illustrated are also available at many other good hardware stores. For honest values and better service ... shop at your hardware store.

try the improved oatmeal!

Once you've tried the tiny, tender oat flakes teamed up with wheat germ in Instant Cream of Oats you'll agree . . . you just can't buy a more flavor-filled breakfast that cooks so fast and creamy right in the bowl. Open a pouch, pour it in a bowl, add boiling water and stir! If you like oatmeal, you'll love the flavor and convenience of Instant Cream of Oats!

. . . and here is another gourmet oatmeal! It takes a little more time but you'll savor the flavor of sun-ripened oats and nourishing wheat germ.

National Oats Company, Inc.,
Cedar Rapids, Iowa 52402

The pleasure *of cassoulet is the great variety of meats, duck, and sausages min*

The grand bean-meat stew of southern France

Cassoulet (pronounced cas-oo-lay) is a country-style bean and meat stew from southern France.

The traditional recipe can be traced to the days when the Romans occupied that land and savored rich concoctions of goose or duck, pork or mutton, plus sausage and white beans. The word comes from the earthenware utensil, *cassole d'Issel,* formerly used in cooking.

Connoisseurs disagree on what should compose this famous dish. Basic essentials are white beans and either pork or lamb. It may be this simple or quite complex. Certain French towns add such things to the dish as Toulouse sausage, preserved goose, or a golden brown crumb crust topping.

Here we give two Western adaptatio suit varied situations. The first is a tiful party dish, combining juicy s lent duck, lamb, pork, and sausage tender Great Northern beans.

The second is an uncomplicated, st family dish, calling on readily avai ingredients.

A cassoulet is ideal to prepare in adv (as much as 2 days ahead is fine). Re ing further blends its flavors. The pany version does require a particu large Dutch oven or soup pot (5 quart size) and 2 generous casseroles 4-quart size) for baking and serving you may use a single 6-quart cass if you have one that large.)

If you feel adventurous, you may

ions for the meat suggested in owing recipe. Instead of the nks you may use 2 ham hocks or 2 veal shanks (each with acked in 4 places). Instead of the arlic sausages *(salsicce speciale)* y use either Polish sausage or garlic sausages. Neither of these needs precooking. If you use ausage, arrange the whole sau- top of the casserole for the final tes of oven baking. If you use usages, add them to the bean pot the last 10 minutes of baking.

following large-scale recipe, the duck is optional. It is especially include it if you are serving a f 16 or so. Without it the entrée round a dozen guests.

RN CASSOULET (party size)

arts water
blespoons beef stock base or
bouillon cubes
ps Great Northern dried beans (about 1⅓ lbs.)
ck (4 to 5 lbs.), quartered (optional)
lt
blespoons butter or margarine
blespoons olive oil or salad oil
mb shanks, bones cracked
ounds boneless pork loin, cut in 1½-inch chunks
edium-sized onions, chopped
ices uncooked bacon, cut-up
loves garlic, minced
ay leaves
easpoons thyme
up dry Vermouth or dry white wine
blespoons canned tomato paste
ound beef salami
talian-style garlic sausages (optional)
Vater

he 2 quarts water to a boil in a overed Dutch oven or soup pot at can go in the oven, about 6- ize). Add the beef stock (or bouil- es) and beans and boil for 2 min- Remove from heat and let stand, l, 1 hour.

intend to cook a duck, that is the tep. Sprinkle the outer surface of ck with 1 teaspoon salt and place de down on a rack in a broiling ot with the butter and broil about es from the heat for 15 minutes, or browned. Turn and repeat until side is browned, about 15 minutes. place on middle rack of oven and t 375° for 1 hour longer, or until . Remove from pan and let cool. pan drippings into a bowl and ol; skim off fat and reserve the ngs. When duck is cool enough to e, use poultry shears to cut into g size pieces.

2 tablespoons of the oil in a large pan and brown the lamb shanks ork stew, turning to brown all sides. fer meat to the pot of beans and . Add 2 more tablespoons oil to pan he chopped onions; sauté until gold- own. Transfer to pan with beans. bacon, garlic, bay leaves, thyme, Vermouth, and tomato paste. Cover and bake in a 350° oven for about 2 hours, or until the meat is fork tender. Remove from the oven.

At this point you may refrigerate beans and liquid and meats separately, if preparing a day or two ahead.

To serve, transfer beans and liquid to 2 large casseroles (about 4-quart size). Remove bones from lamb shanks, if you wish. If including the Italian-style garlic sausages, place them in a pan of simmering water (1 inch deep) and let cook, covered, for 20 minutes; then drain. Place lamb, pork, and duck (if included) on the beans and pour the reserved drippings from the duck over all. Slice beef salami on the diagonal into ½-inch slices and arrange on top along with the precooked Italian sausages, poking them down into the beans.

There should be enough liquid to come halfway up the beans; if they appear dry add additional water. (Beans vary in the amount of water they absorb.)

Bake, uncovered, in a 350° oven for 40 minutes, or until hot through. Serve directly from the casserole. Without the duck, the entrée serves about 12 persons; with it, about 16.

This simplified version of cassoulet is ideal to make ahead for a family dinner and quite appropriate to carry on a weekend outing.

COUNTRY CASSOULET

6 cups water
2 tablespoons chicken or beef stock base
1 pound Great Northern dried beans or small white navy beans
2 cloves garlic, minced
1 bay leaf
½ teaspoon thyme
2 tablespoons canned tomato paste
2 tablespoons olive oil or salad oil
2 pounds boneless lean lamb stew meat
2 medium-sized onions, chopped
1 pound beef salami
1 pound kielbasa (Polish sausage)

Bring the water to a boil in a large covered Dutch oven or soup pot (about 3-quart size). Add the chicken or beef stock and beans and boil for 2 minutes. Remove from heat and let stand, covered, 1 hour. Add garlic, bay leaf, thyme, and tomato paste; then transfer to a 3-quart casserole. Heat the oil in a large frying pan, add lamb, and brown on all sides; add to casserole.

Add onions to the pan and sauté until golden brown, adding more oil, if necessary; add to bean-meat mixture in casserole. Check the amount of liquid and if necessary add more water. Place in a 350° oven, covered, and bake for 2 hours, or until meat is fork tender. Slice salami on the diagonal into ½-inch slices and arrange on top along with whole Polish sausage.

Bake, uncovered, at 350° for 30 to 35 minutes longer. Makes 6 to 8 servings.

Grandmother's Secret
Waconia
Sorghum Recipes

Waconia Pumpkin Pie

2 eggs slightly beaten
2 cups strained or canned pumpkin
½ cup sugar
½ cup WACONIA SORGHUM
½ teaspoon salt
1 teaspoon cinnamon
½ teaspoon ginger
¼ teaspoon cloves
1⅔ cups evaporated milk, top milk or light cream

Mix ingredients in order given. Pour into 9-inch unbaked pastry shell. Bake in hot oven, 425 degrees, for 15 minutes. Reduce temperature to moderate 350 degrees, and continue baking 45 minutes, or until knife inserted in center comes out clean.

Chocolate Chip Cookies

1 cup sugar
⅓ cup shortening
1 egg
⅓ cup WACONIA SORGHUM
2 cups sifted flour
1 teaspoon salt
1½ teaspoons soda
1 teaspoon vanilla
1 cup quick cooking rolled oats
1 package (6 oz.) chocolate chips

Cream sugar and shortening. Add egg and WACONIA SORGHUM; beat well. Add sifted dry ingredients; mix well. Add vanilla. Stir in rolled oats and chocolate chips. Drop from teaspoon onto greased baking sheet. Bake at 375 degrees for about 12 minutes.

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A cook book from Sunset reader

With the help of hundreds of readers who responded to our request (in the February 1969 issue) for nominations of their most treasured *Sunset* recipes, we now have a new cook book that brings together the most popular recipes from 40 years of publishing.

After nominations were tabulated, approximately 800 top-rated recipes were selected for the new *Sunset Cook Book of Favorite Recipes* (Lane Books, Menlo Park, Calif. 1969; $4.95).

It was evident from the letters we received that those who wrote had given a great deal of thought to their decisions. Some listed as many as 30 dishes that they make repeatedly for their families. Many explained just how they use a certain recipe, and why it has become such a favorite. Often the whole recipe was written out to make sure there would be no mistake in identifying it.

The recipes spanned the decades; some still in frequent use are from well worn pages of *Sunset's Host and Hostess Cook Book*, *All-Western Foods Cook Book*, *Kitchen Cabinet Recipes*, the original *Cook Book of Favorite Recipes*, and other cook books now out of print. B among the top vote-getters were that have appeared recently in th of *Sunset Magazine*.

In making the final selections, the sought to make this as practical a ful a cook book as possible. All k recipes are included, from appeti preserves, soups to punches. You recipes for most of the fruits, vege and meat cuts families common Most of the recipes are uncompl the kind you return to for family and informal entertaining.

DARROW

Home economics staff *and cook book editor study recipe nominations from our re*

Season's Best from S and W

This colorful buffet menu is S&W's way of wishing you the best for the holiday season. And the extra quality that goes into all S&W foods is S&W's way of bringing you the best in food values the year around.

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S&W Marinated Mixed Bean Salad.
S&W Fresh Cucumber Sliced Pickles.
S&W Ripe Large Pitted Olives and S&W Green Olives.

Unusual Entrée

Slices of baked ham and roast turkey attractively arranged on a platter served with exotic curried S&W Fruit Cocktail sauce.*

Holiday Vegetables

S&W Very Young Small Whole Onions in your own cream sauce.
S&W Small Whole Yams heated in butter and served in scooped out orange shells.

Decorative Dessert

S&W Hawaiian Summer Pack Pineapple Spears soaked in green Creme de Menthe and decorated with S&W Red Maraschino Cherries and fresh mint leaves.

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Premium Blend, Colombian or Kona.

*Recipe for Curried Fruit Cocktail Sauce

1 1 lb. 1 oz. can (approx. 2 cups) S&W Fruit Cocktail
1 Tbsp. butter
1 Tbsp. cornstarch
1 tsp. curry powder
¼ tsp. powdered ginger

DRAIN liquid from fruit cocktail into measuring cup.
Add water to make one cup.
MELT butter in saucepan.
MIX in cornstarch, curry powder and ginger.
POUR liquid from fruit cocktail gradually into cornstarch mixture and cook until thickened.
Add fruit and simmer until thoroughly heated.
SERVE over ham and turkey slices.

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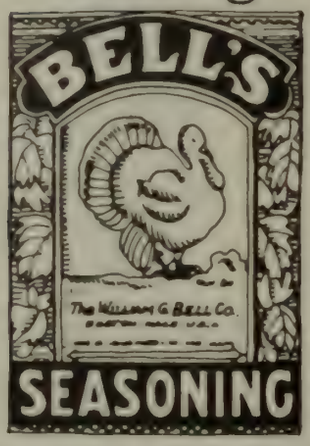

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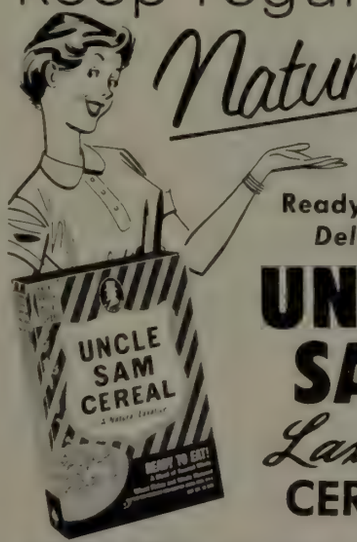

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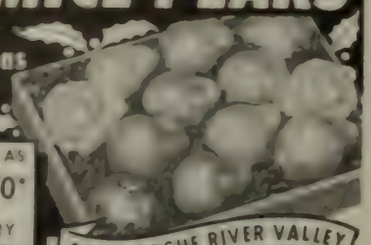

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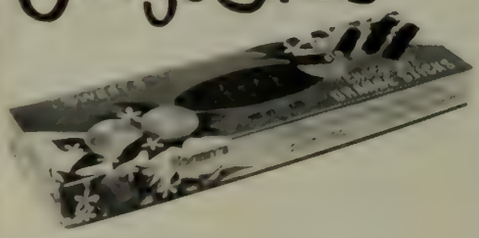

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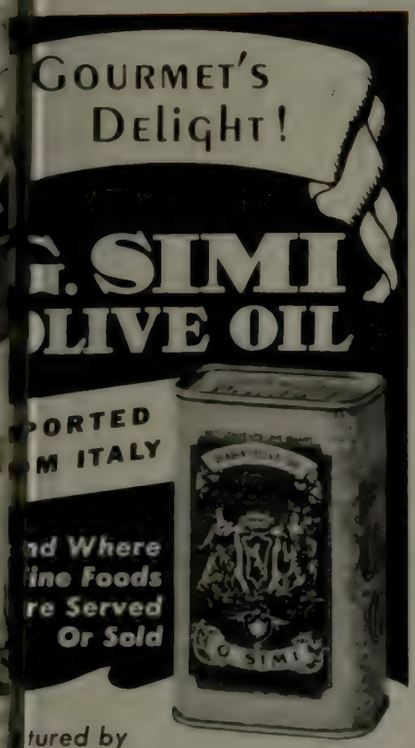

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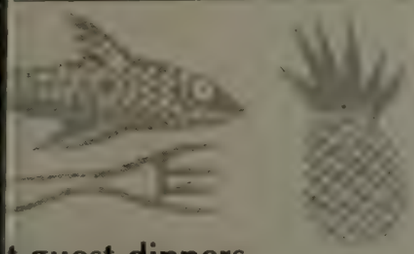

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DARROW M. WATT

Steaming *apple juice blends with spices*

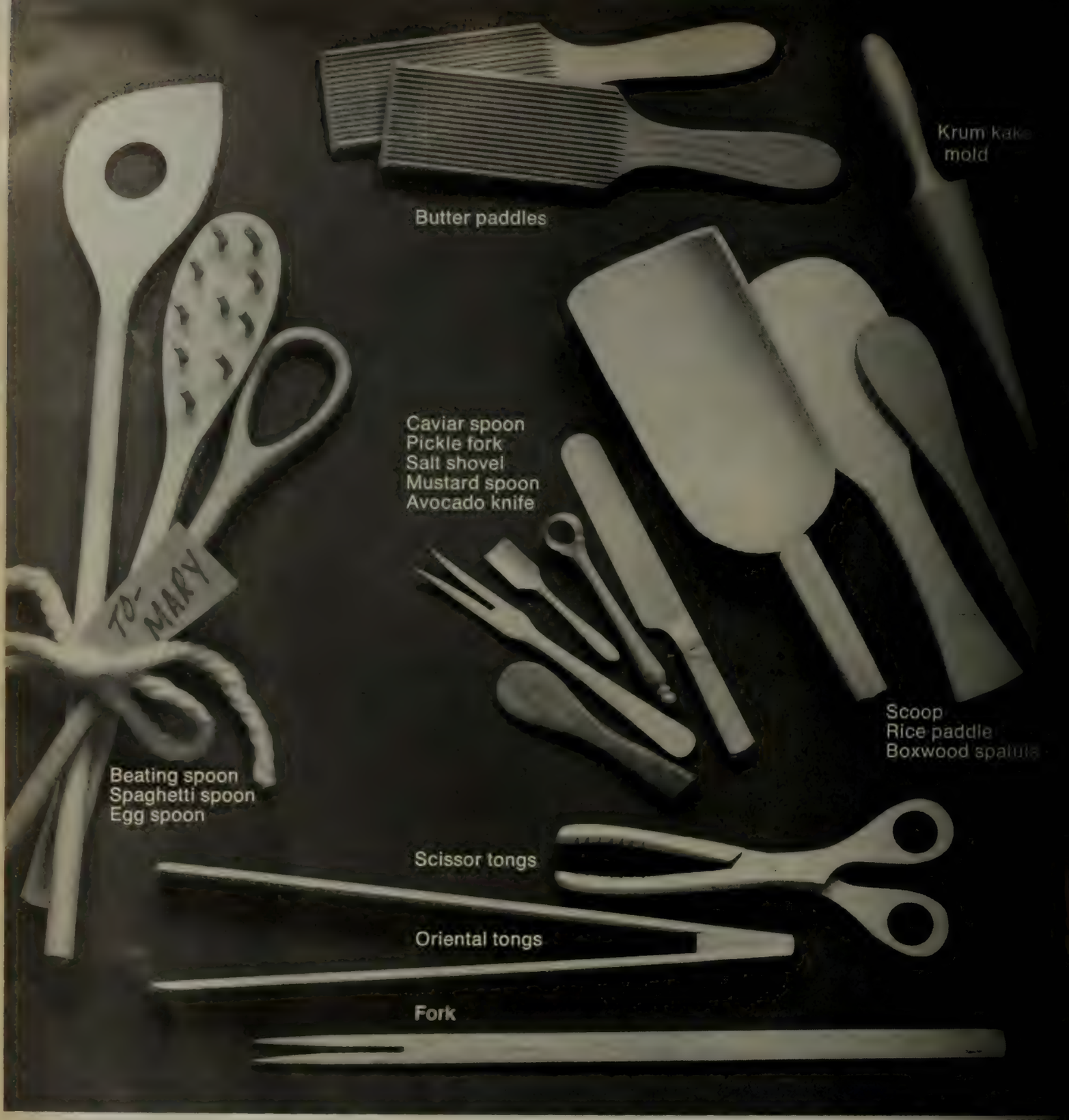
Hot buttered and aromatic

Cups filled with spicily aromatic hot beverages and smoothed in flavor by a pat of butter can be delightful winter refreshments—and they're quickly improvised. Here are two fruit juice punches and a milk punch; each is brewed individually in its mug or cup.

Hot Buttered Cider. Cut a crosswise slice from a large orange and a lemon. Into each serving cup (¾-cup size or larger) drop ¼ of the orange slice, ½ of the lemon slice, a 1 or 2-inch-long cinnamon stick, and about 1 teaspoon butter. Heat apple juice or apple cider to boiling; pour into cup, filling. Let stand until cool enough to sip, then serve. Makes 1 serving.

Hot Buttered Cranberry Cup. In each serving cup (¾-cup size or larger) crush slightly with a spoon 4 or 5 coriander seeds. Add a 1 or 2-inch strip of orange zest (pared with a vegetable peeler), and about 1 teaspoon *each* honey and butter. Fill cup full with boiling hot cranberry juice cocktail. Let stand until cool enough to sip, then serve. Makes 1 serving.

Hot Buttered Milk Punch. Into each serving cup (¾-cup size or larger) place about 1 teaspoon *each* sugar and butter, a 1 or 2-inch cinnamon stick, and ¼ teaspoon vanilla. Add ½ teaspoon rum flavoring or 1 to 2 tablespoons light or dark rum. Heat milk to scalding and fill cup almost full. Grate nutmeg lightly over the top of the milk (or sprinkle lightly with ground nutmeg). Let stand until cool enough to sip, then serve. Makes 1 serving.—*A. D., Palos Verdes Estates, Calif.*



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THE
Western Kitchen
NEWS AND IDEAS

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8 1/2-ounce) can crushed pineapple, drained
nd all ingredients. ll. Makes about 2 cups.

HAM SPREAD WITH CLOVES

2 cups ground cooked ham or SPAM
1/2 cup BEST FOODS Real Mayonnaise
2 hard-cooked eggs, ground
1/4 cup pickle relish
2 Tbsps. chopped onion
Dash ground cloves

Blend all ingredients. Chill. Makes about 2 cups.

CHEDDAR CHEESE SPREAD WITH SHERRY

8 ounces Cheddar cheese, finely shredded (about 2 cups)
1/3 cup BEST FOODS® Real Mayonnaise
2 tablespoons sherry
Dash salt
Dash pepper

Blend all ingredients. Chill. Makes about 1-1/3 cups. Make bird's tail out of Fritos corn chips.

S NO PLACE FOR "SECOND BEST"...BRING OUT THE BEST WITH BEST FOODS REAL MAYONNAISE

We baked our Christmas tree cakes in kitchen funnels

Cake bakes *in metal funnel supported by empty can*

Ordinary funnels mold these cheerful Christmas tree cakes full of fruits and nuts. Bake small trees for individual servings, or larger ones to slice in wedges.

Look for metal funnels in stores that sell housewares. We baked cakes successfully in funnels that held as much as 4 cups and as little as ¼ cup. To measure volume, plug the tip of the funnel with a cork or crushed foil and fill with water to ½ inch from the top (¼ inch from the top for a funnel smaller than 1 cup).

Each recipe we give here specifies the amount of batter it makes, so you can plan the number and sizes of funnels you need.

BAKING FRUITCAKES IN FUNNELS

In addition to the funnels, you'll need an empty can of appropriate size to hold each funnel steady while baking. Punch three or four holes near the top of each can with a beverage can opener. Grease well inside each funnel. Cut a square of wrapping paper, fold it in quarters, then set in funnel to form a pocket. Trim edge even with top, then grease paper well.

Spoon the fruitcake batter into prepared funnels, filling them to within ½ inch of the top (or ¼ inch if less than 1 cup). Smooth surface to make it slightly concave. Cover with foil. Set funnels, supported by the cans, in a large shallow pan containing ½ inch of hot water.

Approximate baking times for funnel cakes

Volume (in cups)		Spicy Dark Fruitcake	Almond White Fruitcake
¼	275° oven	1 hour	45 minutes
½	275° oven	1¼ hours	1 hour
¾	275° oven	1¾ hours	1½ hours
2	250° oven	3 hours	3 hours
4	250° oven	4 hours	4 hours

Because the fruit cakes bake at a low temperature and many ovens are somewhat inaccurate when set low, we recommend checking your oven temperature with a good mercury thermometer.

Test the cakes by inserting a toothpick or bamboo skewer into the center: when they're done it should come out clean.

Remove cakes from oven, invert on racks to cool, and remove funnels. Cool cakes well, then remove paper; wrap and store.

Either of these cakes can be served plain, dusted with powdered sugar, or drizzled with icing. The icing hardens in 3 to 4 hours, so the cakes can be gift-wrapped.

Icing. Mix smooth 2 cups sifted powdered sugar and 3 tablespoons Cointreau, other orange-flavored liqueur, or milk.

Dark, moist, and rich, this cake is best after it has aged 3 or 4 weeks. Wrapped tightly in clear plastic film or in a cloth kept moist with brandy, it can be stored at room temperature for several months. It ages well in the freezer, too.

SPICY DARK FRUITCAKE

- 1 package *each* (about 15 oz.) raisins and golden raisins
- 1 package (11 oz.) currants
- 1 package (8 oz.) pitted dates
- 8 ounces *each* glacé whole cherries, diced glacé pineapple, diced candied citron
- 1 pound (4 cups) walnut halves
- 1 pound (2¾ cups) blanched whole almonds
- 4 cups regular all-purpose flour
- 1 tablespoon *each* nutmeg and cinnamon
- ½ teaspoon ground cloves
- 1 cup *each* sugar and butter or margarine
- ½ teaspoon almond extract
- 7 eggs, separated
- ½ cup dark molasses
- ½ teaspoon soda
- 1 cup strawberry jam
- Icing or powdered sugar (optional)

In a large bowl combine raisins, currants, dates, cherries, pineapple, citron, walnuts, and almonds. Sift the flour before measuring, then add 1 cup of the flour to fruit, mixing to coat well. Sift remaining 3 cups flour again with the nutmeg, cinnamon, and cloves; set aside. Beat the sugar and butter together until creamy; bea mond extract and egg yolks. Stir t molasses and soda until foamy, the into the creamed mixture. Mix i then the flour mixture, half at a ti Whip egg whites until they for peaks and fold into cake batter. Po ter over floured fruits; mix thoro Spoon batter into prepared funnel as directed. Decorate with icing o dered sugar just before serving. Ma cups batter, 9 pounds fruitcake.

This white cake is easiest to cut slices if cold; refrigerate before s If kept tightly wrapped, it can be at room temperature up to a Freeze for longer storage.

ALMOND WHITE FRUITCAKE

- 1 package (about 15 oz.) golden raisins
- 4 ounces *each* diced candied citron, whol glacé cherries, diced glacé pineappl
- 1 pound (2¾ cups) blanched whole almonds
- 2½ cups regular all-purpose flour (unsift
- 1 cup butter or margarine
- 2 cups sugar
- ½ teaspoon almond extract
- 1 teaspoon vanilla
- 2 teaspoons baking powder
- 1 cup milk
- 1½ cups (4 oz.) shredded coconut
- 7 egg whites, whipped until soft peaks form
- Icing or powdered sugar (optional)

In a large bowl combine the raisin ron, cherries, pineapple, and almond ½ cup of the flour; mix until fr coated with flour. Beat the butte sugar together until creamy. Add al extract and vanilla. Sift remaining 2 flour with baking powder; alternate to the creamed mixture with the Stir in coconut, then fold in egg w Pour the batter over floured fruit nuts and stir just until blended. the batter into prepared funnels and as directed. Makes 9 cups batter, 6 p fruitcake.—*E. P., Walnut Creek, Ca*

DARROW M. WATT

A forest *of fruitcake Christmas trees makes a festive centerpiece-dessert for the holiday table, arranged on a board with evergreen garnish. To make them into cheery gifts, wrap the cakes in clear plastic film*

If we put any more fruit in our pie it'd bubble all over your oven

And our light, flaky crusts live up to all 18 of our luscious fillings-including our wild Blackbe

Holiday dishes you make ahead

buffets call for make-ahead dishes these special Norwegian meat- l the sliced cucumber salad and leslaw on the following page.

them pictured on the smörgås- le on page 120, but they are not exclusively to a Scandinavian u might include one or all in any ty buffet. The recipes serve 12 it's easy to cut ingredient quan- half if you plan to serve these a family dinner.

cy meatballs are exceptionally d light, undoubtedly due to the binding ingredients: mashed po- nd rolled oats.

RBOR MEATBALLS

- stant mashed potatoes
- unds ground beef chuck
- velope (about 1⅜ oz.) dehydrated onion soup mix (enough for 4 servings)
- gs
- p-milk
- p quick-cooking rolled oats
- p finely chopped parsley
- aspoon nutmeg
- p each butter or margarine and flour
- nt (2 cups) milk or half-and-half (light cream)
- aspoon salt
- nt sour cream

enough instant mashed potatoes e 1 cup, adding water, milk, and gs as directed on the package. If e a heavy-duty electric mixer, use rwise use your hands for mixing wing in a large bowl: ground beef dehydrated soup mix, eggs, milk, s, rolled oats, parsley, and ½ tea- f the nutmeg. Mix until smoothly l. Shape into 1¼-inch balls and inch apart on shallow baking pans. n a 450° oven for 10 minutes, or ell browned. Transfer to a serving le, reserving the pan drippings.

ur cream gravy, melt butter in a n until bubbly and blend in flour; few minutes until flour mixture olden brown. Stir in milk and, stir- nstantly, cook until thickened. Add d drippings, salt, remaining ¼ n nutmeg, and sour cream, stir- blend.

sauce over meatballs. At this point ay let cool to room temperature, and refrigerate until serving time g as a day ahead). Or bake imme- without cooling. Bake in a 350° uncovered, for about 25 minutes nutes if refrigerated), or until hot

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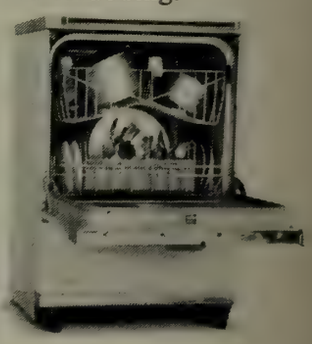

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Gig Harbor, Wash.

note: If you like, you can make tballs ahead and freeze them with- sauce. Package the drippings and hem also. To serve, let meatballs ppings thaw. Then make the sauce e drippings, spoon over meatballs, eat in a 350° oven for 35 minutes.

andinavians' technique of pickling ucumbers in seasoned vinegar is responsible for this piquant rie salad. They make their cucum- d considerably sweeter, but this was kept on the tart side to make pleasing to Western tastes.

IBERS IN DILL

ucumbers
ablespoon salt
up tarragon-flavored wine vinegar
up water
ablespoons sugar
easpoon freshly ground pepper
easpoon dill weed
ablespoons finely chopped parsley

cucumbers unpeeled and score with or peel them. Slice very thin (you have 8 cups) and layer into a sprinkling each layer with part of lt. Cover and chill 2 to 3 hours: rain and rinse thoroughly with cold and drain again. Mix together the r, water, sugar, pepper, dill, and . Pour over the sliced cucumbers ix well. Chill until serving time an make it a day in advance). 12 servings.

ly grated apple adds a pleasing ess to this sour cream coleslaw. If ke a slaw on the sweet side, include nned pineapple also.

COLESLAW

large head cabbage
red-skinned apples (Winesap or Delicious)
cup whipping cream
pint sour cream
cup white wine vinegar
tablespoons sugar
teaspoon salt
Freshly ground pepper
can (13½ oz.) pineapple tidbits, drained (optional)
Juice of ½ lemon

shred enough cabbage to make 2 s. Without peeling the apples, ly shred 2 of them and add to the ge.

he dressing, mix together the whip- cream, sour cream, vinegar, sugar, and pepper to taste, and pour over bbage mixture. If a sweet coleslaw ired, add the pineapple tidbits.

in a serving bowl, cover, and chill serving time (up to 12 hours). Just e serving, slice remaining apple (un- l), remove core, and brush the cut es with lemon juice. Arrange apple in a pinwheel in the center of the . Makes 12 servings.

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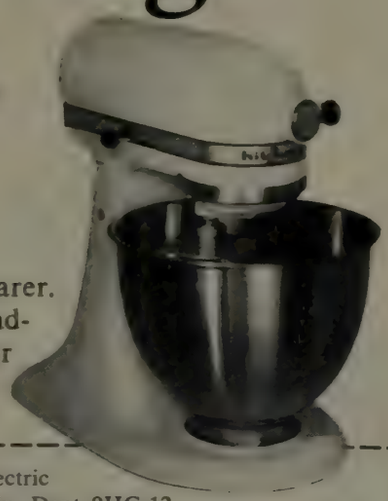

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Lace cookies an buttery spritz

Oatmeal lace cookies and buttery spritz, both Scandinavian, make treats to pass with coffee.

To shape these cookies, use a broo handle covered with foil and p across 2 pans placed on the count

NORWEGIAN LACE COOKIES

- ½ cup (¼ lb.) butter or margarine
- 1½ cups regular rolled oats
- 1 egg
- ⅔ cup sugar
- 1 teaspoon baking powder
- 1 tablespoon all-purpose flour

Melt the butter in a small saucep pour over the oatmeal, placed in Beat egg until light and beat in the Mix together the baking powder an and stir into the egg mixture along the oatmeal mixture. Drop level spoonfuls of batter onto a grease floured baking sheet, 2 to 3 inches a Bake in a 375° oven for 10 minut until golden brown. Place baking sh rack to cool about 1 minute (c should still be hot and flexible). Q lift cookies with a spatula; drape ov covered broom handle; press gentl saddle shape. When cool, lift off. about 2 dozen.—*M. K., Bellevue,*

If you don't have a cooky press to this dough, bake the almond var

SWEDISH SPRITZ

- 1 cup (½ lb.) butter or margarine
- ¾ cup sugar
- 3 egg yolks
- 2½ cups unsifted all-purpose flour
- ½ teaspoon baking powder
- ¼ teaspoon almond extract
- 1 teaspoon vanilla

Beat the butter until creamy. Grad add sugar, beating until fluffy. Ad yolks, one at a time, and beat smooth. Sift flour with baking p and gradually add to the creamed ture, mixing until well blended. Ad mond extract and vanilla; mix well. Place in a cooky press and push dough on greased baking sheets, m small rings. Bake in a 350° oven 12 utes or until light brown. Remove co when hot; cool on rack. Makes 5 d

Almond Cooky Rounds. Follow direc above except reduce flour to 2 cups. verize 3 ounces blanched almonds blender (should have ½ cup ground and add to dough with flour. Shape ¾-inch balls. Press down on a gre baking sheet with bottom of juice dipped in sugar. Bake as directed ab

ARLY ALIFORNIA® LIVES AKE A UM-YUM REE!

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It's thin, flat, quick, foldable

n lefse is a thin, flat quick bread ally tastes more like a yeast bread. y different recipes for lefse, we his one made with buttermilk and our. It has slightly sweet and nut- or, with a tang reminiscent of gh.

reshly made or reheated, lefse is nd can be rolled or folded around preserves, or cinnamon sugar. Or toast it lightly in the oven to crisp bread.

u mix the dough and chill it for , or overnight. Then you roll out cakes and bake them on a griddle g pan. The cooking takes about 3 , just about the time it takes to next cake. Once made, the lefse served right away, wrapped and rm in the oven, or stored on the in the freezer to be reheated be- ving.

ps regular all-purpose flour
aspoons baking powder
aspoon salt
up sugar
aspoons soda
ps buttermilk
Oil for frying

e flour, measure 2½ cups, and sift the baking powder, salt, and sugar e large bowl of an electric mixer (or bowl). Mix soda and buttermilk oamy and add to flour mixture. t medium speed for 5 minutes until the batter is satiny and smooth. Measure remaining 1 cup flour and mix into batter, using a dough hook or wooden spoon, until it becomes smoothly mixed.

Cover bowl tightly and refrigerate for at least 1 hour. (If dough is to be refrigerated more than 2 or 3 hours, turn it onto a strip of clear plastic film generously dusted with flour; wrap tightly.)

To cook lefse, preheat an electric griddle or frying pan to 375°, or use a griddle or large frying pan over medium heat. Spread a pastry cloth or a dish towel on a board and flour it; also cover your rolling pin with stockinet, if possible, and flour it well. Remove half of the dough at a time from the refrigerator, form it into a cylinder, then divide into 16 pieces of equal size.

With floured hands, shape each piece of dough into a ball, flatten it to an even circle on the cloth, flour dough well on both sides, then roll out to about 6 inches

Soft, *chewy lefse, buttered, sprinkled with cinnamon-sugar, folded into a pocket*

DARROW M. WATT

Oven-crisp *lefse, broken in uneven pieces, makes a fine bread for any meal; serve with butter*

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Lefse *for brunch, rolled with sour* [illegible] *fruit preserves; serve with bacon,*

in diameter, keeping cloth well flour[illegible]

Lightly grease the griddle, usi[illegible] crumpled paper towel dipped in sal[illegible] Shake excess flour off each cake an[illegible] onto griddle. It should start to b[illegible] immediately; bake until the bubbl[illegible] lightly browned, about 1½ minutes[illegible] and brown other side. Repeat rollin[illegible] baking until all are done.

If you plan to serve the lefse right [illegible] stack the cakes as they are baked, [illegible] in foil and place in a 200° oven to [illegible] warm. To use later, cool each cake a[illegible] baked, and stack the cooled cakes. [illegible] well, and store at room temperature [illegible] about 1 week, or freeze. Makes 32.

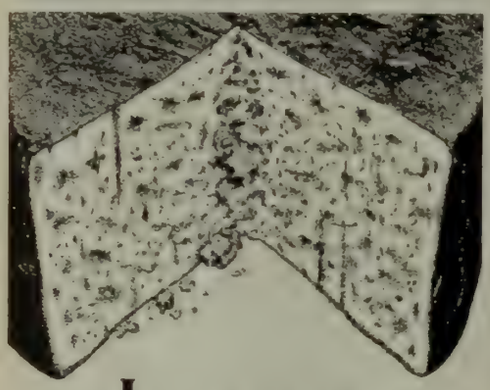
For crisp lefse: Spread out on large [illegible] sheets and bake in a 425° oven for [illegible] 5 minutes. Or you can toast lefse 4 i[illegible] from heat, about ½ minute on each [illegible]

Serve the crisp lefse rounds (or irreg[illegible] broken pieces) in a basket with but[illegible]

For soft lefse: Sprinkle each cake w[illegible] little water, as if sprinkling cloth[illegible] ironing. Then stack about 16 lefse, [illegible] tightly in foil, and heat in a 300° ov[illegible] 10 to 15 minutes.

Wrap the stack of soft lefse in a n[illegible] to keep warm and pliable for servi[illegible] the table. Try lefse spread with butte[illegible] wrapped around fingers of sharp Ch[illegible] cheese or Gjetost, the Norwegian [illegible] made from goat milk. Or spread th[illegible] lefse with sour cream, sprinkle with b[illegible] sugar, then fold into a pocket to eat [illegible] hand. Or spread it with soft butter, [illegible] sprinkle with cinnamon-flavored g[illegible] lated sugar before folding.

For a brunch or supper entrée o[illegible] dessert, spread soft lefse with sour c[illegible] then lingonberry preserves or other [illegible] preserves; roll up to eat with a fork



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DARROW M. WATT

ted sesame seed in golden hard candy

A gift of brittle sesame toffee

ealing additions to a holiday confec- dish or gift box are sesame seed and lower seed toffees.

r toasting the seeds, to bring out their like flavor and crisp texture, you l them in a quickly cooked butter- r-syrup mixture. The result is a brit- buttery candy. Wrapped airtight, it s hard and tastes fresh indefinitely.

AME SEED TOFFEE

- 1 cup (about 5 oz.) sesame seed
- ¼ cup (⅛ lb.) butter
- ½ cup light corn syrup
- 1 cup sugar
- ½ teaspoon vanilla
- ¼ teaspoon salt

ead sesame seed out on a large, rimmed ing sheet and toast in a 350° oven for ut 10 minutes or until a pale golden r; stir frequently.

lt butter in a saucepan (about 2-quart); mix in corn syrup and sugar and k over highest heat, stirring frequent- until a candy thermometer registers °. Remove at once from heat and kly pour in toasted sesame seed, va- a, and salt; stir quickly to blend and r immediately onto a buttered, large, med baking sheet. Shake gently to ead candy evenly. Let stand until cool l hard, then break in bite-sized pieces. re airtight until ready to serve. Makes out 1 pound candy.

nflower Seed Toffee. Follow directions r making sesame seed toffee, toasting elled sunflower seed in the same way ou need about 5 oz.). If the sunflower eds are salted, pour the toasted seeds to a muslin cloth and roll about to re- ove as much salt as possible, then lift eds from cloth and discard salt; omit e ¼ teaspoon salt from the candy.

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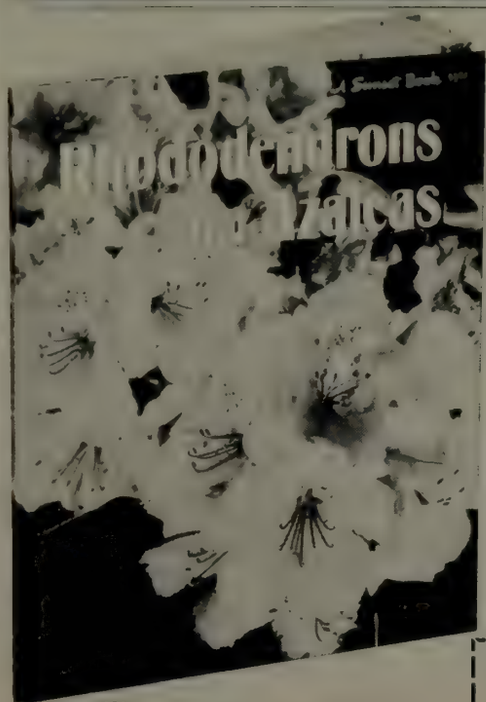

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Nuts in candy overcoats

Adding a flavorful candy coating to fr toasted nuts quickly transforms th into a holiday gift from your kitchen. Unsalted cashews mentioned in the f recipe are sold in health food stores.

CANDIED ALMONDS AND CASHEWS

Spread 4 cups (about 1½ lbs.) blanc whole almonds or unsalted cashews 2 cups of each) in a large shallow bak pan. Toast in a 350° oven for 15 to minutes, until browned. Stir often. C

In a pan, combine 1 cup sugar and cup undiluted evaporated milk. Heat o medium heat, stirring, until it boils; 2 minutes without stirring. Remove fr heat; stir in 1 teaspoon vanilla and teaspoon salt. Cool 3 to 5 minutes, t pour evenly over nuts; using a spat quickly mix until nuts are well coat Spread nuts evenly in the pan to for several hours or overnight. Lift n with a spatula and break apart. Pack airtight containers. Makes 4 cups.

SUGARED WALNUTS AND PECANS

Spread 4 cups (about 1 lb.) walnut pecan halves (or 2 cups of each) in a la shallow baking pan. Toast in a 350° o for about 5 minutes. Cool.

In a pan, combine ¾ cup firmly pac brown sugar, ⅓ cup undiluted evapora milk, ½ teaspoon *each* cinnamon grated orange peel, and ¼ teaspoon n meg. Heat over medium heat, unti boils; boil 2 minutes without stirring. move from heat; cool 3 to 5 minutes, t pour evenly over nuts. Mix quickly u nuts are well coated. Spread nuts eve in the pan to dry for several hours; t lift with a spatula and break apart. St airtight. Makes 4 cups.

DARROW M. S

Use spatula *to quickly mix nuts and sy*

5 Festive Treats to merry-up your Holidays

Colorful confections for tree or table, made quick 'n easy with Kellogg's Rice Krispies.

You start with this famous "Marshmallow Treats" recipe:

¼ cup regular margarine or butter
6-10 ounces regular marshmallows (about 40)
or 4 cups miniature marshmallows
5 cups KELLOGG'S® RICE KRISPIES® cereal

Melt margarine in 3-quart saucepan. Add marshmallows and cook over low heat, stirring constantly, until marshmallows are melted and mixture is syrupy. Remove from heat. Add Rice Krispies cereal and stir until well-coated. Shape with buttered hands into Clown Pops, Snowmen, Toy Animals, and other "Festive Treats" pictured above. See recipes at right.

COOKING WITH Kellogg's

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CLOWN POPS—Shape warm Rice Krispies cereal mixture to form 12 flat-bottomed ovals; insert wooden skewers. When cool, decorate with frosting, raisins, nuts or cooky decorations to make clown faces.

SURPRISE BALLS—Shape warm Rice Krispies cereal mixture into 24 balls around surprise center of a gumdrop, raisins, walnut half, pitted date or candied cherry. Roll in colored sugar or flaked coconut; cool.

PUDDIN' TART SHELLS—Press thin layer of warm Rice Krispies cereal mixture into buttered muffin-pan cups or custard cups to form tart shells. Let stand until firm; remove from pans. Just before serving fill with pudding, sweetened whipped cream, ice cream, or fresh fruit.

SNOWMEN—Shape warm Rice Krispies cereal mixture to form 3 balls of decreasing size for each snowman; roll in flaked coconut. When cool, put balls together with thick confectioners sugar frosting to make snowmen; decorate with raisins, cinnamon candies and gumdrops.

TOY ANIMALS—Press warm Rice Krispies cereal mixture into buttered shallow pans in a layer about ½-inch thick. When slightly cooled, cut into assorted shapes with buttered animal cooky cutters. Frost or decorate as desired.

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Sometimes a chef *simmers* a turkey

oking secret employed by many res- ant chefs is to simmer a whole turkey n they want an abundant supply of t, tender meat. It's an idea you can to provide the makings for some -to-prepare meals.

t you simmer the turkey and chill it night. The next day, cut the meat off bones and simmer stock into a rich l. Refrigerate or freeze both meat broth for later servings.

ering the turkey. You will need a kettle—about a 12-quart size for a 14-pound turkey. Or have the tur- ut into quarters and divide meat and mering liquid between 2 kettles.

ove giblets and rinse turkey. Place arge kettle with giblets (except liver). l 12 cups (3 qts.) water; 1 large carrot, p; 1 onion, quartered; 1 stalk celery, d; 3 sprigs parsley; 6 whole black ers; and 1 tablespoon salt. Cover and mer for 12 to 14 minutes per pound ntil thighs are tender (add liver dur- last 10 minutes). Cool turkey in the th, cover, and refrigerate overnight.

t turkey from broth and remove skin. t each side of breast from the bone and off the whole sections of white meat. t in thin slices and set aside.

t all remaining meat away from the es in large chunks or cubes and set e. Gather up all the turkey bones and skin and return to the cooking kettle. 12 to 14-pound turkey will yield 2 to pounds of sliced white meat and ut 8 cups of the cubed meat. The ite meat is enough for 6 to 8 servings en used for a cold meat platter, sand- hes, salads, or a casserole. The dark at is enough for 8 to 12 servings when ted to soups, made into turkey pie, or de into creamed or curried dishes using e turkey stock for sauces or gravy. The oked giblets may be diced and added dark meat or stored separately to add turkey gravy.

ckage the meat to suit your plans for ving it; wrap and refrigerate or freeze. me recipe suggestions follow.

ith all the turkey skin and bones back the cooking stock, cover the kettle, at to boiling, then reduce heat, and mmer for 2 hours. Cool, strain, and ill the broth; discard bones and season- g vegetables. When the broth is cold, it off solidified fat and discard it. You hould have about 10 cups concentrated, ouncy, gelled stock. Turn into freezer ontainers, cover, label, and freeze.

SLICED TURKEY AND GRAVY CASSEROLE

- ¼ cup butter or margarine
- ¼ cup flour
- 2 cups concentrated turkey stock
- Salt and pepper to taste
- 1 to 1¼ pounds cooked sliced turkey

Melt the butter over medium heat; stir in flour and cook until bubbly. Remove from heat; slowly add the stock. Return to heat and cook, stirring, until thickened. Add salt and pepper to taste. Arrange turkey in a shallow casserole; spoon over the sauce. Bake, uncovered, in a 325° oven for 15 to 20 minutes. Serves 4 to 6.

TURKEY VEGETABLE SOUP

- 6 cups concentrated turkey stock
- 3 tablespoons uncooked long grain rice
- 2 medium-sized carrots, peeled and cut in 1-inch pieces
- ½ package (10-oz. size) frozen peas
- ½ package (10-oz. size) frozen corn
- 2 cups cooked cubed turkey

In a large pan or Dutch oven, heat the turkey stock to boiling. Stir in the rice and carrots; cover, reduce heat, and simmer for 20 minutes. Add the peas, corn, and turkey, and simmer, covered, for 10 more minutes, or until rice and vegetables are tender. Makes 4 main-dish servings.

TURKEY DIVAN

- 1 large bunch (about 1½ lbs.) broccoli
- Salted water
- 1 cup shredded Parmesan cheese
- 4 cups cubed cooked turkey (or 1 to 1¼ lbs. cooked white meat slices)
- 6 tablespoons butter or margarine
- ½ cup flour
- 2 cups concentrated turkey stock
- Salt and pepper to taste
- ½ cup whipping cream

Wash broccoli and separate into spears. Cook in boiling, salted water until just tender, about 10 to 12 minutes. Drain and arrange in a shallow 1½-quart casserole or six individual ramekins. Sprinkle with ½ cup of the cheese. Distribute the cooked turkey over the broccoli.

In a saucepan melt the butter over medium heat. Stir in the flour and cook until bubbly. Remove from heat and gradually stir in the turkey stock. Return to heat and cook, stirring, until thickened. Season with salt and pepper to taste. Cover and set aside. In a small bowl whip the cream: fold into the sauce mixture and spoon over turkey. Use fork to distribute sauce down through mixture. Sprinkle with remaining cheese.

Bake, uncovered, in a 400° oven for 15 minutes. Put under broiler about 5 inches from heat; broil until mixture is bubbly and lightly browned. Makes 6 servings.

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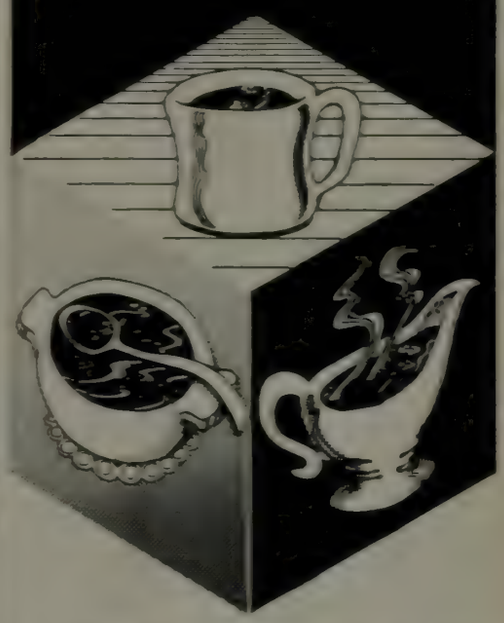

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Sunset's GARDEN GUIDE

A green gift at the door

A gaily wrapped house plant is a thoughtful gift to take a when you visit family or friends this Christmas. Nurseries t many varieties; most are inexpensive. This boy is carryin angel wing begonia, with pink-tinged leaves mottled with s

CEMBER IN YOUR GARDEN:

Cleanup, nursery shopping; but nothing urgent

stmas comes but once a year"—the saying express disappointment ef? Certainly with all the shopping, g, entertaining, and holiday prepa- crowded into December one might ther way.

nately December poses few garden so urgent that they can't be put off next month, although you may want some cleaning up in the garden if expecting guests.

overlook the nursery during the tmas rush. Not only will you find gift ideas for gardening friends, but fine time to check on the stock of root and balled and burlapped plants ourself.

years of gift ideas

the past 10 years, *Sunset's Garden* has featured many different gift stions for gardeners. Many of these are still worth considering; here are of the best:

gauge or recording thermometer.

growing pine planted in an attrac- ontainer. Best bets: bristlecone pine *aristata)*, shore or beach pine *(P. orta)*, Japanese red pine *(P. densi- a)*, Scotch pine *(P. sylvestris)*, and Jap- e black pine *(P. thunbergii)*.

kets (from an import store) for garden up, flower gathering, arranging.

set garden books, including: *Western den Book* ($5.95); *Gardening in Con- ers, House Plants, Roses, Vegetable dening, Rhododendrons and Azaleas* 95 each).

culents, single plants or a collection in rge, low container.

s in different sizes and shapes for er arranging.

tainers—especially unusual ones— n garden or import stores. Large ones shrubs and large plants, smaller ones bonsai enthusiasts.

nd tools, from trowels and cultivators pecial tools such as a crabgrass weed- Also knee pads, hose guides, nozzles all types, pruning shears, and power ls—mowers, edgers, hedge clippers.

ft certificate from the recipient's favor- nursery.

nts in bloom: camellias, chrysanthe- ms, florist's cyclamen.

Preventive medicine for Christmas trees

After buying your Christmas tree, don't make the mistake of loading it on top of your car just as it is. Instead, wrap something around it for protection from the 40 to 50-mile-an-hour winds that will whip it on the way home.

Once home, apply an antitranspirant spray to prevent needles from drying out too rapidly (your garden center should have this). Then cut off several inches from the base of the tree to remove resin that has hardened over the original cut. Make a slanted cut to expose more of the trunk to water.

Many people do not use a tree stand that holds water. Failing to do so dooms the tree to a brief life indoors and means you'll be sweeping up more fallen needles than you should have to. Use either a commercial stand that holds water or a large water-tight container to which sand or gravel is added to support the tree. Add fresh water once a week.

The tree will stay fresher—and more fire resistant—if you keep it away from heaters, fireplaces, candles, and direct rays of the sun.

Time to prune wisteria

Any side branches that grew out this year should be cut to within two buds of the main stem. If your wisteria covers a trellis, keep three or four long runners to replace some of the old ones. Pull the runners up over the trellis and attach them so they are parallel to the existing stems. In this way you can be sure of retaining your pattern in case one of the established stems dies back. Use some of the other runners to fill in blank spaces or change direction of the vine.

After pruning, feed the vine with a well balanced fertilizer. Growers don't recommend feeding in the spring because it induces too much leaf growth at the expense of bloom.

If you're decorating outdoors

When placing spotlights outside, be sure they point so they won't blind visitors entering or leaving your home.

Be sure to use only outdoor lighting fixtures: Indoor lights used outside may pose a serious shock hazard.

If you decorate a tree or shrub with lights, particularly a broad-leafed evergreen, be sure hot bulbs don't touch foliage. Tiny white lights are attractive and don't produce enough heat to damage plants.

Dwarf citrus (with fruit) in containers make handsome decorations when placed on either side of the doorway. Or buy one in a can and decorate it like the tree in the photograph above. You can set it out after the holidays.

Conifers are traditional favorites for decoration, but deciduous trees can be very striking, too. Twine tiny white lights up the bare branches to outline the tree's winter form. The effect is truly beautiful.

ELLS MARUGG

Dwarf tangerine, *still in nursery can, decorates a patio during the holidays*

Sunset's GARDEN GUIDE

The holly and the ivy

About the only mention these days of holly and ivy used in combination as a Christmas decoration is in the carol, "The Holly and the Ivy." But there's no reason Western families can't revive this tradition.

If you plan to make a table decoration using the two, it's best to use ivy planted in small containers, for cut ivy wilts rapidly. Arrange several small pots in a circle with the ivy extending outward. Place a large colorful candle in the center and weave in holly branches to complete the centerpiece.

PETE REDPATH

Holly and ivy *centerpiece recreates an ancient European tradition of Christmas*

New way to plant roses

At least one rose grower will be offering bare-root stock in plantable boxes this season. You dig a large enough hole for the box, then zip off the top of the box and plant rose, box and all.

Each rose is pre-packed in the box with soil mix and a slow-release fertilizer. The box disintegrates in the ground and reduces the possibility of transplant shock. You can also keep the boxed plants around much longer than used to be possible before planting them, since the rose grows inside the box.

You lose one advantage of orthodox bare-root planting: the uniformity of soil profile around the roots. With regular bare-root planting, the soil is uniform. With this method (as with planting from cans) you force roots and irrigation water to pass through two soils, which is sometimes troublesome.

Rose *(box and all) goes into ground*

December garden events in northern California

Palo Alto. December 3. Demonstration of Christmas arrangements following luncheon sponsored by the Atherton Garden Guild. Place: Cabana Hyatt House, 4290 El Camino Real. Hours: 12:30 to 3:30 P.M. Reservations, $7; mail to Mrs. Robert Duncan, 87 Laburnum Rd., Atherton 94025, before November 28.

San Jose. December 5. Demonstration of flower arranging for Christmas sponsored by the Las Jardineras Garden Club. Place: Calvary United Methodist Church, Naglee and Morse avenues. Hours: 1 to 3 P.M. Admission: $3.

Saratoga. December 6 and 7. Fall color festival presented by the Saratoga Horticultural Foundation. Place: Saratoga High School, Herriman Avenue and Saratoga-Sunnyvale Road. Hours: 10 A.M. to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

Displays will include foliage and floral decorations, bonsai, and succulents.

Hillsborough. December 12 and 13. Four-home tour presented by the Garden Study Club of the Peninsula. Boutique and tea at the Hillsborough Racquet Club, 252 El Cerrito Ave. Hours: 1 to 5 P.M. Donation: $3.50. For tickets, mail request with check to Mrs. Earl Kelly, Box 1764, Burlingame 94010.

Ross. December 12, 13, and 14. Christmas greens and decorations sale by the Decorations Guild. Place: Marin Art and Garden Center, Sir Francis Drake Blvd. Hours: 10 A.M. to 4 P.M. Free.

DECEMBER CHECK L

The tasks for this month

☐ **Azaleas.** Belgian Indica ties flower this month. set in a protected, sunny spo flower by Christmas.

☐ **Bulbs, bulblike plants.** A lis, anemones, callas, lilie ranunculus are available for D ber planting, and gladiolus sho by Christmas. Plant lilies soon you buy them. The rest can b for a month.

☐ **Camellias.** Sasanqua an ponica varieties bloom month, so it's a good time t one for planting. Both grow b partial shade.

☐ **Frost protection.** Last brought freezing-cold we Get frames ready now for bur other covers to protect bougain citrus, or other tender plants.

☐ **Gift plant care.** Remov from potted plants, or a hole in the bottom so wate drain properly. Place in well l spot—not direct sunlight—and out of drafts. Azaleas and cyc bloom longer on a shady porch in a warm, dry room.

☐ **Grooming.** Keep fallen raked off the lawn. Ra trash from beds and borders to inate hiding places for pests dead stems from perennials; location if you remove tops en

☐ **Lawns.** Feed if you r growth slowing down. I planted earlier in fall probably fertilizer by now.

☐ **Pest, disease control.** D ous fruit trees and roses dormant spraying this winter mant strength oils smother in mites, and their eggs. Bait for and slugs.

☐ **Pruning.** It's a good ti prune shrubs and trees most pressing job is cutting long branches and thinning growth to reduce any damag winter storms.

☐ **Rhododendrons.** Most nur now have in stock plants plenty of flower buds.

☐ **Roses.** Bare-root plant available now. Well wr plants can be stored in a cool for about four weeks before pla

Great gift to trim a tree with.

Why not? It's McCulloch's Power Mac 6, the best selling chain saw in America. The only one in the 6-pound*class! More power than some saws twice its size. And more features than most saws any size. Zips through an 8-inch log in 6 seconds. Cuts a winter's worth of firewood quick and easy. And now the world's lightest chain saw comes with automatic oiling too. Just ask for new Power Mac 6 Automatic. Either way you get a special lightweight bar and fast cutting McCulloch chain. So let your McCulloch dealer play Santa Claus. He's not at the North Pole. You'll find him in the Yellow Pages under "saws".

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*less cutting attachments

WILLIAM A

Ventura, California. *In a south-facing exposure (very sunny), nandina as an entry screen. Residence of the Morris J. Schech*

It's good looking and well behaved. It's nandina

DON NORMARK

The bamboolike shrub called nandina *domestica)* has just about everything ing for it: It has graceful linear fo delicately patterned foliage that cha from soft to dark green to brilliant c son; airy pyramidal clusters of sr pinkish white flowers in summer and and red berries in winter. It looks d and neat all year. It lives for decades

On top of all that, it can grow almost where. Photographs here show it in sun in Southern California and in sh in the Northwest. It could have been other way around, too. And for fur proof of its adaptable nature we also have shown it in sun or shad California's Central Valley. Only in where winter temperatures regularly below 5° is nandina hopeless.

Little wonder that nandina is one of three or four best-selling broad-le evergreen shrubs in nurseries all over

Seattle. *In a mostly shaded place, nandina (with sword fern) as a living ornament beside a bench*

SUN

f nandina, *low, compact, with broader s than the regular one. Nice in pots*

. Heavenly bamboo and sacred bam- are supposed to be common names , but most people everywhere simply t nandina.

omestica grows at a moderate rate to t 6 feet tall. To keep it lower, cut out older canes to the base, leaving lower g ones. Don't cut back canes part you'll lose the foliage at the top, ing a stiff, bare stick. Buds will even- y break below the cut, but the re- ng upward growth will not duplicate original slender, straight cane. In any , it's a good idea to thin out older s occasionally, particularly if you t a silhouette effect or an attractive low pattern.

't crowd nandinas in tight groups; e enough space between them to show their handsome stems and leaves. In ntal gardens nandina is often planted ly—on the side of a gate or entry, at orner, or beside a large rock. It is tly enhanced by night lighting.

ndina is an excellent choice for narrow s against walls or fences, between es and paths, and in parkways. In situations it's preferable to bamboo ch has invasive roots and drops leaves stantly.

the best fall color, give it full sun or t filtered shade; in the desert, plant it north or east exposure with protec- from the hottest summer sun. Once blished, nandina gets along with mod- e watering, but looks better with gen- s amounts.

dwarf variety, *N. d.* 'Nana,' often sold Nana Compacta,' grows only 12 to 18 hes high, and has broader leaflets than regular form. Use it as a ground cover limited space, as in a rock garden or at base of a picturesque tree such as panese, red, or tanyosho pine. It makes attractive container plant (see above).

DARROW M. WATT

Regular nandina *makes an attractive, open, slender foliage plant in a container. This one is displayed with a stone sculpture by Janice Windsor*

Lights in a tree that's higher than you are? You hire a rig

When and if you are seized by the urge to put Christmas lights or decorations in a tree in your garden, you will find that you can hang them only as high as a step-ladder or orchard ladder can take you. Extension ladders must lean upon husky inner branches and you can't reach the outside from there.

Enter the modern machinery that can solve the dilemma: either the ladder truck, shown on this page, or the "cherry picker," not shown, a truck-borne rig on which a man in a big bucket moves himself about at the end of a long, elbow-hinged boom.

PETE R

Hired ladder truck *and two operators (one on ground, one on ladder) put Chri tree lights on 30-foot tree at entrance to Sunset's headquarters, Menlo Park,*

Man on ladder *hung all branches he could reach, then his partner moved it for him*

In many Western communities, you can hire such rigs, with operators, for from $17 to $25 an hour, an average of $20 an hour.

That's a lot of money to spend for Christmas decorating. But some individual families and some neighborhoods acting collectively find the show of lights in a notable tree to be worth the cost.

To hire such a rig and operator, call a tree service firm, listed under that heading in the phone book classified section. Not all such firms have "cherry pickers" or ladder trucks—but we found that at least one in each of the 10 communities we telephone-sampled does hire out rigs for this purpose.

Do your calling early. Most firms su that you reserve a date from one t weeks in advance.

Your tree should not be more th feet from the street or drive. The t have to stand on hard paving and 3 is about as far as they can reach.

At *Sunset*, it took 5 hours to put up on the 30-foot-high, 25-foot-wide lyptus tree. And after the holidays, it 2 hours to take them down. If the are inconspicuous in daytime, you leave them up in the tree all year. the big rigs are needed only to re burned-out bulbs. You'll need strings. Big trees seem to gobble the

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Easy to make *and care for: miniature landscapes in apothecary jars, brandy snifters*

cactus and succulents.

A sterile soil mix is the best defe against weeds and insect pests. You c buy it or you can make your own: Spre a 50-50 mixture of soil and sand or cooky sheet and bake for 2 hours at 2 Arrange plenty of kitchen ventilatio baking soil stinks.

As a base for the soil, add a layer filter charcoal (sold for aquariums) at bottom of the container to keep soil sw

You can spoon the soil directly into container or through a funnel made paper. Make the surface slope upw from front to back for easier viewi Use a chopstick, bamboo skewer, or l spoon to help position the plants, co ing the roots well. Then finish the la scape with small stones, crushed gra moss, or other ground cover.

Although these miniature landsca show off best in a windowsill, never p them in direct sunlight—it might c the plants. Diffused or reflected ligh best. Condensation inside containe normal; take off the lid occasionally let in fresh air.

Water only when soil looks dry. Pla in covered containers need very li water; plants in uncovered contain

PETE REDPA

Cover *soil with crushed rock, mo or creeping plants. Add large ston*

A miniature garden . . . as a gift or for yourself

A miniature garden in a glass container has a special fascination for most viewers. You might like to make one for yourself or as a gift for someone else. Although it may look delicate, it needs less watering than most house plants because the container keeps humidity high. Even a preoccupied youngster can keep one alive and growing.

You can use an open container such as a brandy snifter or glass bowl, or one with a top, such as an apothecary jar. Most small, slow-growing plants that thrive in humid conditions flourish in a closed container. Baby's tears, *Selaginella,* small ferns, mosses, and miniature African violets are good choices.

Open containers are best for plants requiring normal humidity. Most small house plants work well, including small

Chopstick *or other long tool helps when you position the plants and rocks inside*

somewhat more. In both cases, the la drainage makes overwatering a haz

Few plants stay small forever. There come a time when plants must be pru A pair of long scissors should do the Eventually plants may outgrow their tainers, but most miniature gardens give pleasure for a year or more.

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A beautiful Christmas ornament card announces your gift of SUNSET. And every month for an entire year, you can share the enjoyment you have received from The Magazine of Western Living. For you know SUNSET is more than a magazine—it's a way of life.

You can give the gift that includes an entire garden coming into bloom, the experience of traveling and seeing something for the first time, the satisfaction of a delicious meal well prepared and enjoyed with compliments, and the pleasure of building something yourself that comes out looking right.

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Outdoor tree with Christmas edibles for the birds

edibles are what bring the birds to outdoor Christmas tree; the colorful ties merely enhance the decorative t. And if you use a variety of food rations on the tree, you can attract y different kinds of birds.

could be a living tree already in your en (a tree no taller than 6 feet is st to decorate) or a cut tree that you . Some of the inexpensive or lopsided you might hesitate to use indoors fine for this project.

tree pictured here includes food for seed and insect eaters. Sprays of et, hung from the branches with yarn, e up the main offering; be sure to g them so birds that perch on nearby nches can reach the seeds. Since most he foods used on the tree are neutral olor, you'll have to rely on the bright ties to provide seasonal color; make bows on each food ornament and elsere on the branches for a festive tree.

umber of other bird-attracting foods also be "packaged" for display:

cones stuffed with raisins, peanuts, sunflower seeds are easy to hang up.

corn and cranberries or pyracantha ies strung on thread make a colorful ition to the tree (use thread instead tring, since a greedy bird might choke the string).

id bright, shiny ornaments; they may hten birds away. Some birds will not ch on the tree but will come readily ups of seed around the base. Cracked n on the ground will attract quail in al areas. Peanuts and raisins will at- t jays, but some people find them sy and undesirable; a tree decorated y with millet, birdseed, and suet is less likely to appeal to them.

ELLS MARUGG

Fox sparrow, *at top, on his own Christmas tree. There's a spray of millet beside him and a suet-stuffed fir cone nearby*

Many migratory birds are insect eaters, and won't touch seeds. Beef suet—the hard fat near the kidneys—can be hung for them. Be sure to hang the flaky side up, not the skin side. Large cones stuffed with suet are a more attractive way of providing this treat, and insect eaters seem to enjoy pecking at them.

Another decoration you can hang on the tree appeals to both seed and insect eaters. Fill a small aluminum measuring cup with bird seed, then pour melted suet to the top. When melting suet, be careful not to overheat, or it may produce a very unpleasant odor. Let solidify (your refrigerator will speed the process), then run warm water over the outside of the cup to loosen the suet-seed cake. Wrap wire around the cake to make a hanger, then attach with yarn to the tree.

If the tree attracts many birds, of course, you will have to replenish the edibles from time to time. And heavy winds or rains may dislodge the ornaments, making a second or third tree-decorating session necessary.

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Florists have it blooming ahead of schedule for Christmas

DARROW M. WATT

Kalanchoe *has plump leaves, 2-inch-wide puffs of bright scarlet flowers*

Many people have bought and enjoyed the little plant you see in the picture without ever learning its name. To them it is just a succulent plant that blooms at Christmas. Its name, *Kalanchoe blossfeldiana*, is far less well known than the plant itself, being hard to pronounce and hard to remember. Actually, kalanchoe is pronounced just about as it looks; *choe* is just *Chloe* without the "l".

It's a Christmas succulent as much for its bright red and green color scheme as for its bloom season. In fact, left to go its own way it would bloom in January or February. Florists can hasten its flowering by giving it artificially short days, and you can now buy plants in bloom from late September on, with Christmas a favorite season.

In addition to being exceptionally bright and crisp in appearance, kalanchoe has the virtue of lasting a long time in flower. In a room that isn't too bright or too hot and dry, blooms can last a month or even longer. Water the plant only when soil dries out at the surface. If the pot is in a foil wrapping, pierce foil at the bottom to allow free drainage, and don't let the pot stand in water in its saucer.

After bloom take cuttings of side shoots for next year's plants. The kalanchoe you have is a perennial, but older plants are never as shapely or productive as young ones. Cuttings root easily in sand, sand and peat moss, or well drained soil. Tip-pinch young plants to make them bushy, and expect bloom in about a year—unless you can hasten flowering by giving plants the short-day treatment mentioned above.

To do this you'll have to convince the plant that the sun sets about 5 P.M. and rises about 7 A.M. Florists do this by shading plants with black cloth. You can make a light-tight chamber of cloth, or merely put plants into a light-tight case or closet between 5 and 7. But remember that you must follow the same routine every day during the process. And don't let late afternoon or early morning sun overheat the shading chamber and damage the plants.

Plants shaded from mid-July to mid-September will bloom in October; plants shaded from mid-August until October 1 will bloom in December. If shading is too much trouble and you want plants Christmas bloom, just get new ones year from a florist or nursery. They not expensive at all.

Best plants come from seed sown year, and practically all florist's pl are grown this way. Sow tiny seed February to have blooming plants a later. One good mail-order source for is the George W. Park Seed Comp Box 31, Greenwood, South Carolina 29 Seed strains come in a range of hei (many grow 8 to 18 inches tall) and co (most bear scarlet flowers, but thos 'Yellow Tom Thumb' are yellow).

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JEANNETTE GROSSMAN

Tall-growing *white rhododendron with tulips, forget-me-nots, and English daisies—a photograph in the landscaping chapter*

GLENN CHRISTIANSEN

White *evergreen azalea trained as a standard; it's shown in the container chapter*

A NEW SUNSET BOOK:

For rhododendron-azalea keepers . . . or paper experts

We see two kinds of readers for the new *Sunset* book *Rhododendrons and Azaleas*.

Lacking any knowledge of these plants, you could begin this book at the front, read straight through it, and finish as an expert (that is, a paper expert).

Or, as the keeper of a garden full of glorious rhododendrons and azaleas, you could use the book regularly as a practical information source.

That's the way the book works. It takes you from an explanation of the rhododendron clan (which includes all azaleas), to the places around the world where the various species came from, to a discussion of native environments that reveal basic cultural needs, to a long and informative chapter on planting and culture.

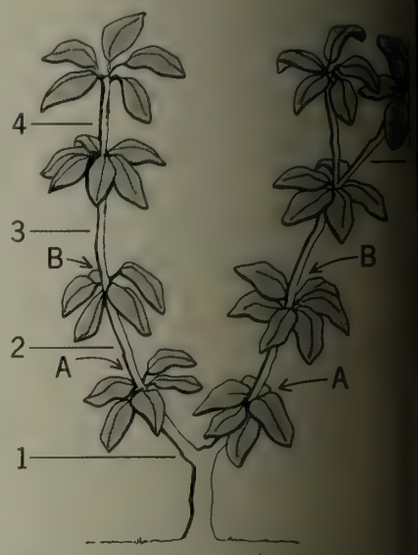
In the native environments section and in the culture and planting chapter, the book sets out the five cardinal requirements of rhododendrons and azaleas:

1. Aerated soil (structure loose enough that air can enter spaces between particles as water drains out).
2. Acid soil.
3. Cool, moist soil (but well drained).
4. Shelter from wind and excessive sun.
5. Cool and humid atmosphere.

After the culture chapter comes a big one on trouble-shooting insect and disease problems. It lives up to a promise made by *Sunset* in its August 1969 issue: that chlorinated hydrocarbon insecticides (DDT type) will be omitted from future *Sunset* books. New controls are given for three rhododendron and azalea pests that used to be controlled with chlorinated hydrocarbons (chlordane, dieldrin, lindane, and DDT): poisoned apple bait for root weevil adults; diazinon for root weevil grubs; and malathion or diazinon fo miners.

After the pests chapter, the book n into landscaping to show you ho make use of both the attractive fo and the pretty flowers that come in son. That's followed by a chapter on tainers—these two groups (especiall evergreen azaleas) making outstan container plants.

The chapter on pruning and training and shows how to manipulate the growth habits to make them tak forms you'd like. Then comes a ch



Four growth cycles *in a young rhod dron—each began and ended with cluster. If any terminal bud had pinched out just before a growth began, several branches would formed there and the plant would b leggy. Don't pinch out round, fat buds. (In pruning and training cha*

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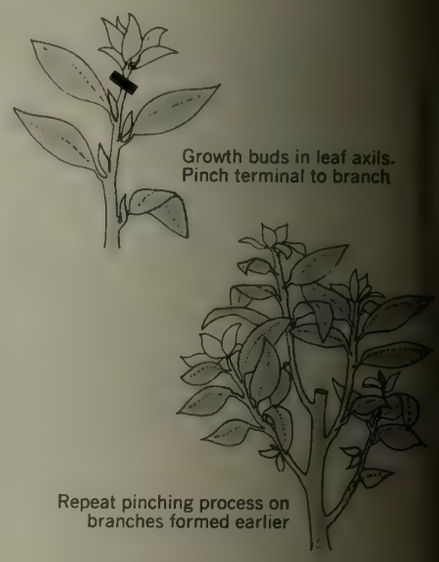
Rhododendron's *year of growth: winter wilt through spring flowers to new growth and buds. (Planting and culture chapter)*



Result, from second pinch,
is full, bushy plant

Azaleas *have growth buds all along the stems, just under the bark surface. As a result new growth will originate close to any cut you make. These sketches, from pruning and training chapter, show how to force bushiness by removing tip bud*

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DARROW M.

Little raftsman *is being placed in a saikei (miniature landscape left side has drainage hole for good plant growth, while right side is undr glazed to hold water. Small pots hold miniature E*

Versatile gift . . . a bonsai pot

A bonsai pot deserves a good bonsai like the juniper in the round, matte-glazed brown pot (B, at right). But it doesn't absolutely need one. The classically simple shapes, rich earthy colors, and subtle glazes make bonsai pots desirable to those who love plants or to those who appreciate the pots themselves for their decorative effect. Anyone lucky enough to receive one for Christmas should be able to find a use for it.

Here are a few suggestions for using some of the basic bonsai pots in larger sizes (see photograph at right): Shallow oval bowls (A and F), normally used for formal upright bonsai, are also good for displaying dried arrangements of weeds, grasses, or branches. Use a few pebbles to camouflage the flower frog or other holder.

The long, shallow tray (C), desig hold grove plantings of maples or fers, can also hold dried arrangeme a pyramid of fruit.

Deeper containers (B, D, E, G) are for growing and displaying choice either indoors or on deck or terrac tall pot (D) is especially good fo playing indoor-outdoor plants su miniature cymbidiums and bamboo

The flat tray (H), with a fraction inch of water in it, forms the "s rock-and-water island miniature scapes *(suiseki)* or bonsai planted rocks. The tray can also form a han base for a vase or a piece of scul or use it to display stemless or stemmed flowers such as camellia hellebores.

Round pots *(B, D, E) and square, footed pot (G) have depth to accommodate a wide range of plants. Use shallower pots (A, C display single bonsai trees, groves, or hold fruit or dry arrange The tray (H) can hold a rock landscape (suiseki) or a bonsai planted on*

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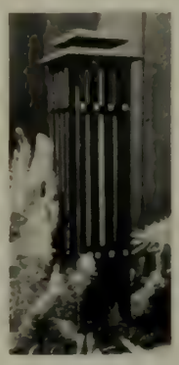

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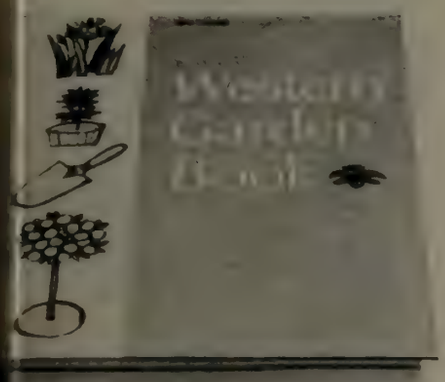

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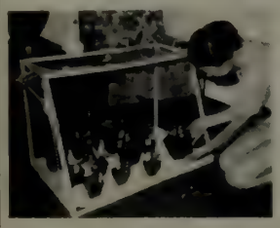

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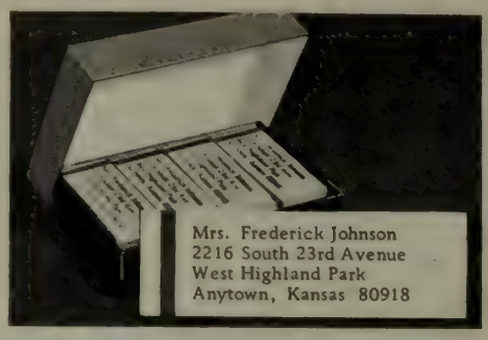

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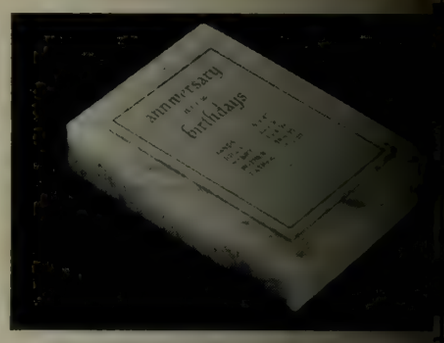

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A paperweight to help him remember important dates throughout the year. H some metal Plate with as many as 15 names and birthdays, plus his annive date. Mounted on imported polished I Marble—2½ x 3½ x ¾—$4.95 plus 80¢ ping and handling (California add 25¢ Send names and dates with check, mone der, Master Charge, or BankAmericard N ber to Gage Company, Box #251, La H California 90631. Christmas deadline De

Park-A-Bike

At last a low cost system of parking bicycles neatly and accessibly. Made of black stained interlocking pieces of exterior ¾" plywood. Parks bikes with 1¾" front tire or smaller. With free connectors, set-ups can be made to park any number of bikes. *Send for free literature* or $13.50 for each 2-bike unit ($19.95 for 3-bike unit), plus 5% tax in California, to Osborn Mfg. Co., 275 Center St., San Rafael, CA. 94901. Satisfaction guaranteed or money back. Freight is prepaid. (Pat. Pend.)

Christmas Idea! TV Bed Glasses

Precision-made optical prisms are the greatest invention since the periscope. Lie flat and look straight up to read or watch TV. No more stiff necks or aching backs. Can be worn over regular glasses. Light, sturdy, and habit-forming. Terrific present for hospital patients, as well as for Mom, Dad, and the kids. Magnification: Approx. 2X. Satisfaction guaranteed. Send $9.95 plus 35¢ postage (check or M.O.) to *Small World*, Box 5464, San Mateo, Calif. 94402. (Calif. add 5% sales tax.)

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Creates extra space anywhere in your hom office. Folds down when not in use. Assem ready for installation. Four DecraGuard ishes: Danish Walnut, Colonial Fruitw White with Gold Flecks, and Harvest Burn, stain and mar resistant. Three 16" x 24"—$11.50, 16" x 32"—$12.50, 48"—$18.50. Add $1.50 shpg. & hdlg. chg each table ordered. Send check or M.O Lolo Company, P. O. Box 271, Lolo, Mon 59847. Specify quantity, size and finish de

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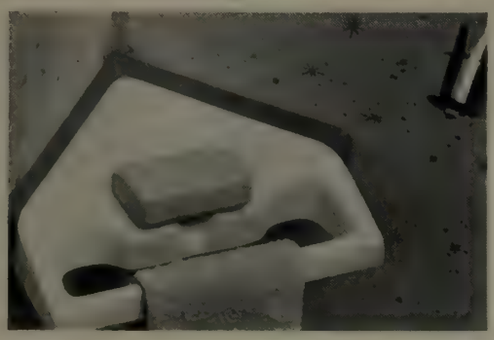

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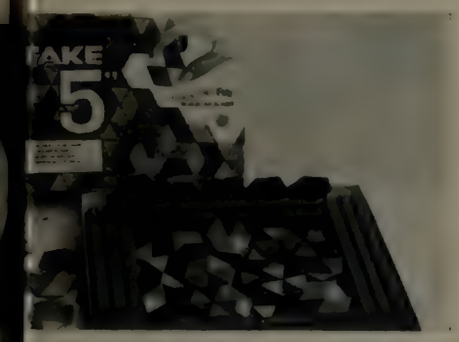

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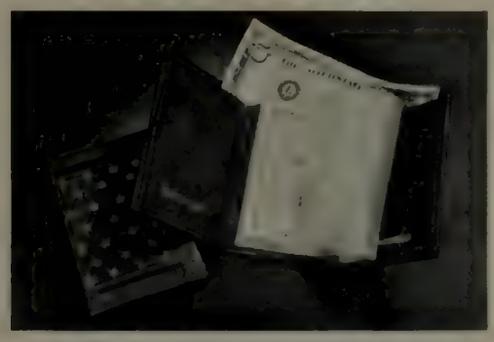
ness of observation, not sharpness of ory, will help you win at "Take 5," which for dominoes what color does for pho- phy. From one to eight people can play. perb blend of skill and chance. Ideal for sed executives, shut-ins, grandparents left the grandchildren while mom and dad way. Satisfaction guaranteed or money At stores or direct. Send $3.98 ppd. f. res. add 20¢ tax) to L. H. Kentfield, 207-2nd Ave., San Mateo, CA 94401.



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Handmade in Morocco of luxurious, buttersoft leather is this slim little beauty, a threefold wallet for "He" and "She" that fits any standard size credit and business card, driver's license, etc. Available from us only, in bright red and antique brown, personalized with your full name in 24K gold print on request. $3.95 plus 25¢ postage (personalized 75¢ extra). Send check or money order to: *Inter Trade*, P.O. Box 801, San Francisco, Calif. 94101 (Department W-1).

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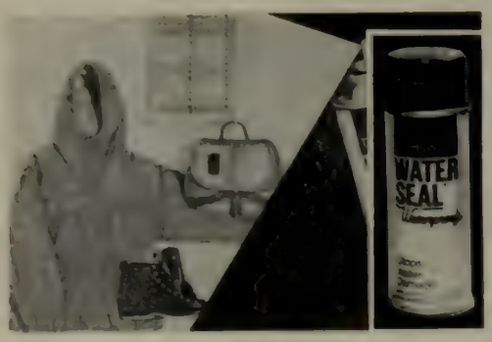

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Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, stucco and concrete. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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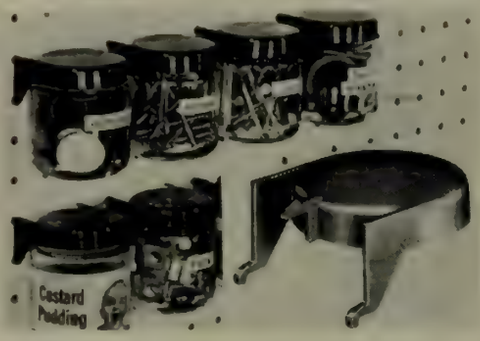

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Handy Dandys are plastic caps that hook into ⅛" pegboard and hold quarter-twist glass jars such as used for baby foods and which usually can be gotten *free*. Nothing better for storing supplies, parts, small tools or buttons, pins, household needs. Keeps things clean, organized, handy. Sample order 10 for $1 — 36 for $3.50 — 72 for $6 — 144 for $11.50. Caps only. No jars. Postpaid U.S.A. No. C.O.D.'s Wickliffe Industries, Box 286-SS-12, Wickliffe, Ohio 44092.

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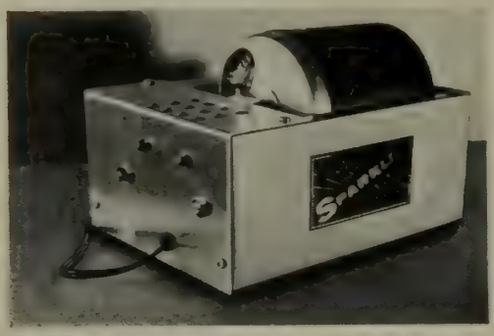

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Unique year 'round gift. Each month member receives rare, unusual plant or bulb sent postpaid. Many imported. Complete growing instructions. Replacement Guaranteed if any selection fails to grow. Different selection each month. Gift card sent in your name. Ten-month membership includes 64-page Dell Book of House Plants, $13.95. Five-months $7.95. The original club; 20 years of satisfaction. Write Plant of the Month Club, Department 906, 546 31st Street, Des Moines, Iowa 50312.

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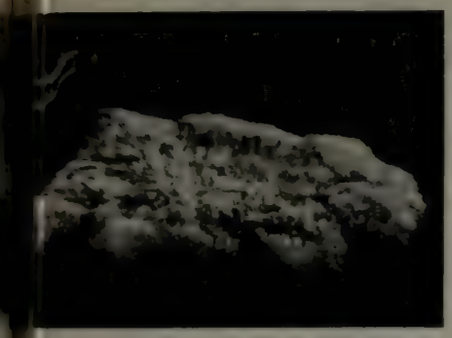

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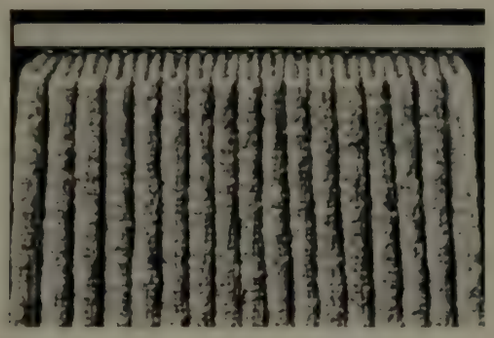

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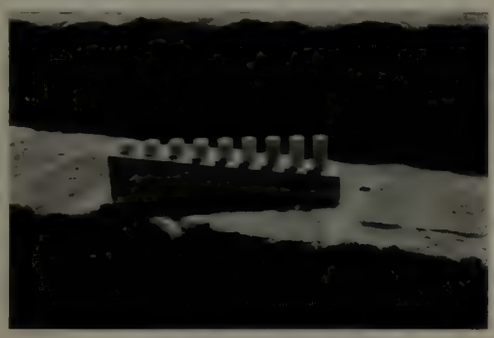

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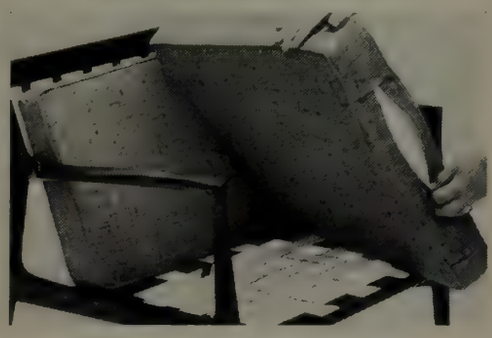

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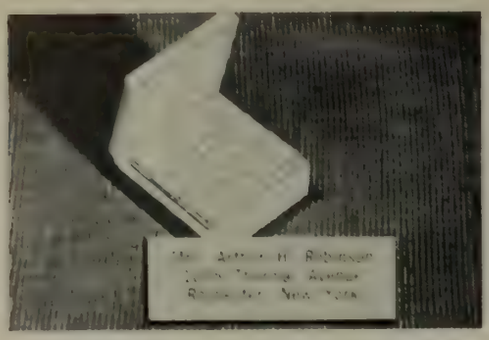

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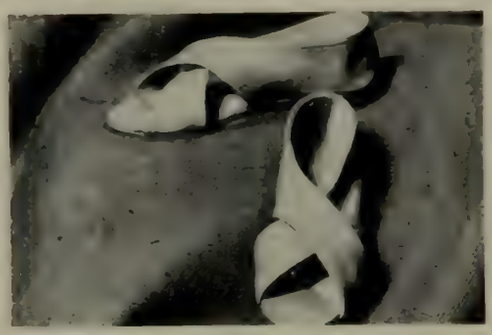

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Soft yellow-green *of roadside fence and gate is enhanced by oak, plants in raise*

For roadside privacy, they built this handsome fence

This bold fence forms the front boundary of a suburban property along a private roadway shared by several home owners. Between 5 and 6 feet tall, depending on the grade, it replaces a large hedge that had grown 5 feet wide, usurped too much garden space, excluded considerable light, and was costly to maintain. The fence had offset its initial cost with reduced maintenance and a more airy garden.

The fence is built of 1 by 10 vertical boards spaced about an inch ap nailed to 2 by 4 horizontal membe ported by 4 by 4 posts. Set directly upright boards is a 1 by 6 cap; that, with a 6-inch space between by 4 horizontal member.

Bays planted with nandina (see pa break the monotony of the fence dina's foliage offers a lacy textur trast to the tailored structure.

Roy Rydell, landscape architect, d the garden for Margaret Hanc Santa Cruz, California.

Recessed section *of 1 by 2's, planted with nandina, adds interest to both sides*

Inside the gate *is partially shaded Trained ivy grows in a pot; Chois nata nearer camera. Rhododendro*

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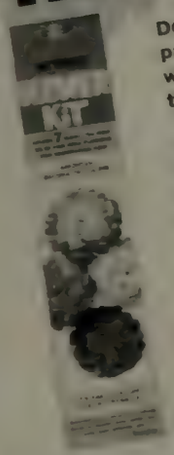

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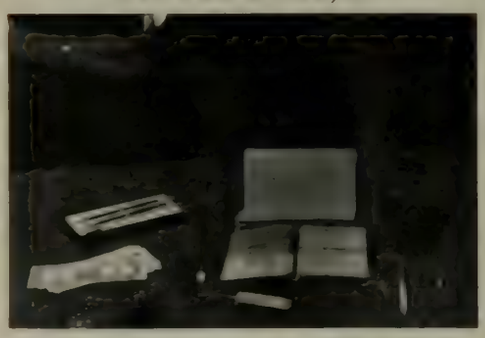

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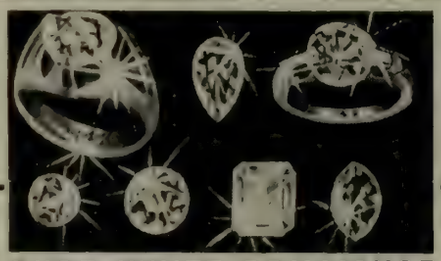

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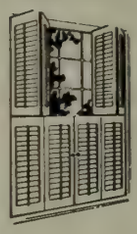

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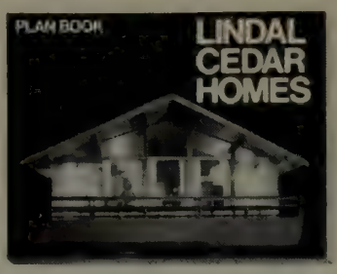

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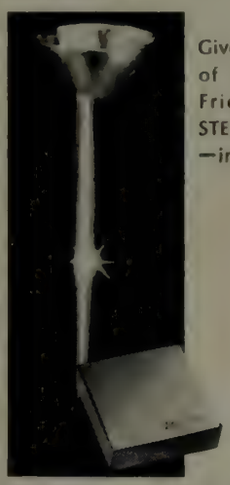

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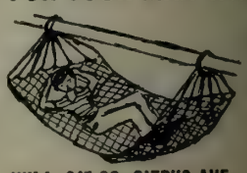

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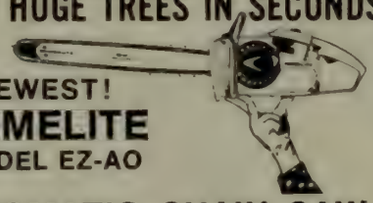

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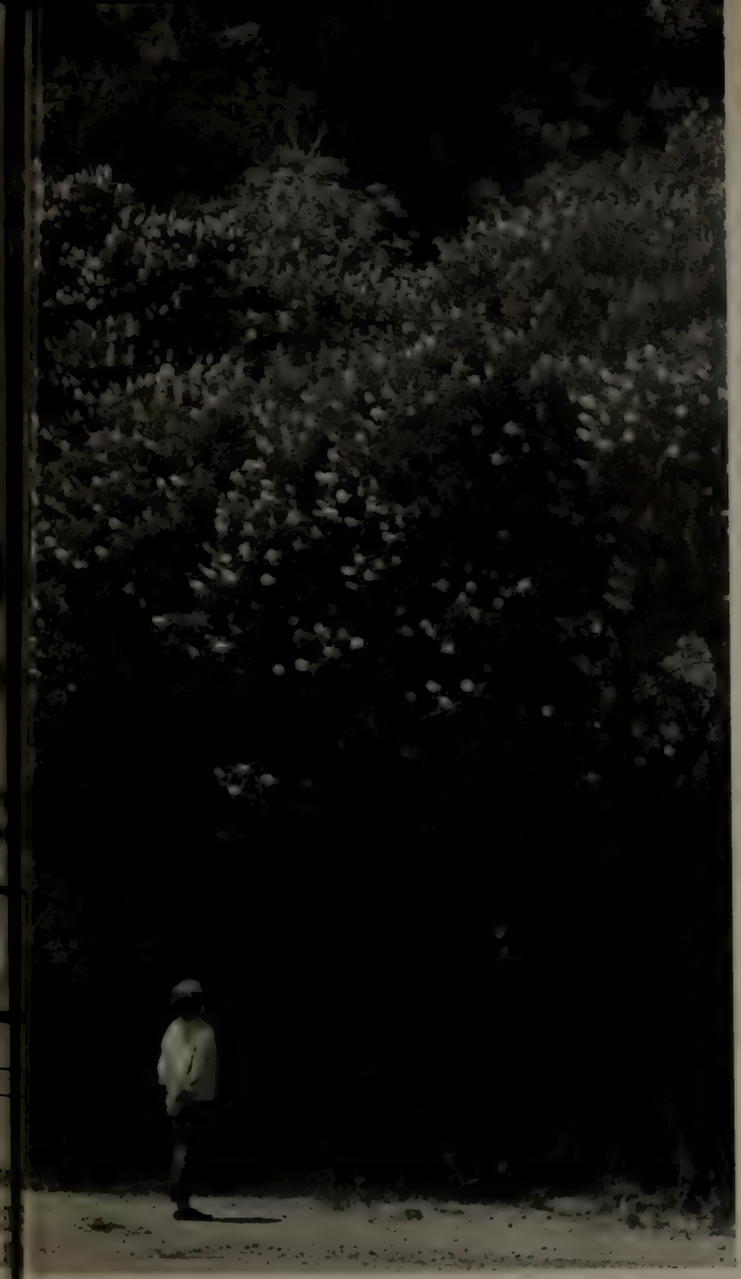

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The buckeye as a bonsai

California buckeye *(Aesculus califor-* makes a handsome, quite different of bonsai. It's easy to grow from big, brown seeds that are yours for icking from trees growing wild along ides in California's northern and l coast ranges, in the Sierra Nevada 4,000 feet, and sometimes as far as the Tehachapi Mountains.

t five years ago, Mrs. Jeannette An- n of Palo Alto, California, planted a ted buckeye seed in a ceramic bon- t 3 inches deep and 8 inches across. photographed in late May (see e) it was 26 inches tall from the base e tip of the 6-inch-long, spikelike cluster of white flowers. After the first blooms faded, the plant put out two more slightly smaller clusters.

Like Mrs. Anderson's other bonsai, the buckeye is watered once a day in summer. Watering keeps leaves green longer than is the case on dry field and roadside trees, whose foliage turns brown as early as July. In fall, leaves on Mrs. Anderson's plant display tinges of red.

Plant several seeds (say three, five, or seven) in a larger bonsai container to create the effect of a grove of trees. To one side, or among the trees, you might place a weathered rock.

One way to start a buckeye is to plant the seed in a 3-inch pot and set out the plant in the garden or a container after it has grown several inches tall. If you should plant a buckeye in your garden, give it plenty of room; mature trees, as you see in the photograph above left, can get very large.

LETTER FROM *Sunset*

The Christmas Sunset

Every August, when most of our readers are thinking about vacatio the upcoming Labor Day weekend or the return to school, it sud is Christmas in *Sunset's* editorial offices, workshops, and photog studio. From then through October, during some of the warmest, su days of the year, much of our attention is focused on the great festival of midwinter.

A December *Sunset* is a special project, significantly different fro other 11 issues of the year. Christmas takes over our magazine jus does most households, and in this month's *Sunset* we emphasize the of imagination and creativity that can increase holiday pleasures usual ways for our nearly 3 million readers.

We approach this special project in a special way. Within our ed staff we form a task force that sparks our Christmas efforts and mo and exploits the talents of all our other editors.

The ideas that are the issue's raw material come from many so brainstorming, scouting, and field reporting of our editors; conce professional designers and inspirations of ingenious hobbyists; proven successes of readers. All these come under discussion, testin adaptation by the *Sunset* staff; the best become subjects of our Chri articles.

Some are part of a continued story: Several of the suggestions pub each December have been under development for a year or more, new adaptations of ideas and techniques we have reported before.

Many of the greatest joys of Christmas come through creating the the packages, the greetings, the decorations, and the foods that much a part of this holiday. In this sense, as in others, Christmas a day but a season: of all the year, perhaps the most memorable for the whole family.

We hope the contents of the December 1969 *Sunset* will make this season even brighter in your home.

WINDOW ON THE WEST: The Torrey pines

The pines in the photograph at left are among the rarest trees in th world. The species *Pinus torreyana* grows only in two groves on th Southern California coast and one small stand on Santa Rosa Islan (near Santa Barbara). One of the mainland groves is protected in Torre Pines State Reserve, at the northwest corner of San Diego; the other on bluffs just across a valley.

The Torrey Pines Association (Box 104, La Jolla 92037) is leading campaign to acquire the second grove as an annex to the state reserv Whether it is successful will soon be determined; the grove is schedule for real estate development in January unless the acquisition price is me by then.

DARROW M. WATT